

----- Madalynne Intimates

SIZES
XS-5X

ROSEMARY

BRA TOP, PANTY + SKIRT



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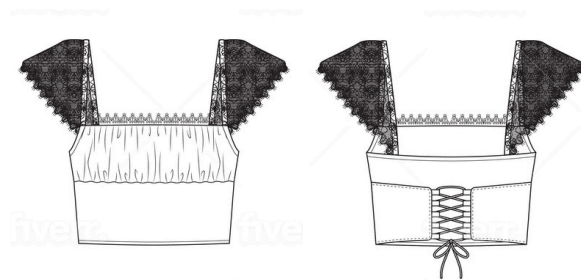
Pattern *Design*

Rosemary is a 3-in-1 style that includes:

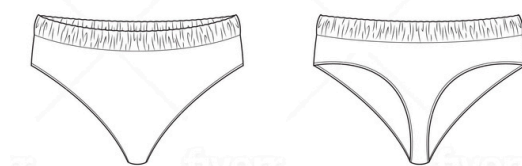
VIEW A: Bra top with square neckline, ruched bust, lace sleeves, and lace up back.

VIEW B: Mid-rise thong panty with ruched waistband to match bra top and skirt.

VIEW C: Mid-rise bodycon skirt with ruched waistband to match bra top and panty.



View A



View B



View C

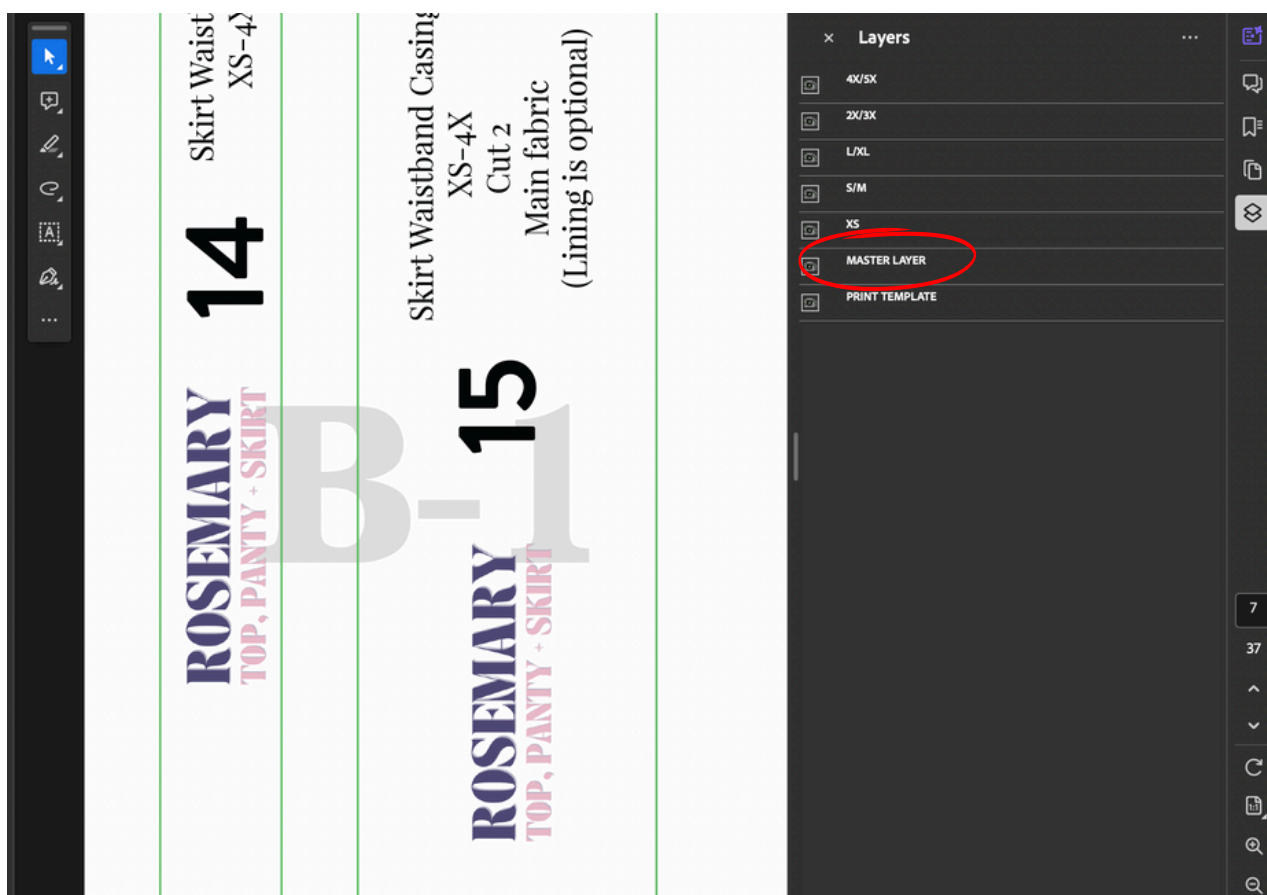


Printing *Instructions*

This PDF pattern is designed to be printed on **Letter** (8.5 x 11 inch) paper. When printing your pattern, set your **scale to 100%** and paper size to **Letter Borderless**. This will ensure your pattern is printed at the correct size.

This PDF features selectable layers that gives the option of choosing which size(s) to print. In your PDF reader, such as Acrobat Reader, open the **Layers** tool. All sizes are selected by default. De-select the size(s) you do **not** wish to print. However, always print the base layer as indicated by the **MASTER LAYER**, which is circled in red in image below.

Once your pattern is printed, cut along black lines. Butt the pages together so that they are in order. Tape together and then cut out your pattern.



Materials + Supplies

Fabrics + Notions

MAIN FABRIC: 3/4 yard lycra, stretch mesh, stretch all over lace, jersey, ITY, knit
**skirt requires an additional 1.5 yards*

LINING FABRIC: 3/4 yard stretch mesh or powernet
**skirt requires an additional 1.5 yards*

COMBO FABRIC: 1/4 yard stretch mesh

LACE: 1 3/4 yards stretch or non stretch galloon lace that is at least 6" wide

PICOT ELASTIC: 5 yards, 3/8" or 1/2" wide

FLAT/KNITTED ELASTIC: 2.5 yards, 1" wide

LACING: 1.5 yards string, ribbon or any non stretch tie

LACING LOOPS: 1 yard piping, string, fold over elastic, 1/8" - 3/8" wide

STABILIZER: 1/8 yard fusible non woven, tricot, or sheer cup lining

GUSSET: Swatch (6" x 6") of cotton jersey

Additional Supplies

REQUIRED: Sewing machine with straight and zig zag stitch, polyester thread, microtex or stretch needle (size depends on fabric).

OPTIONAL: 28mm rotary cutter, OdiP's 505 spray adhesive



Sizing ≠ Measuring

BRA TOP					
SIZE	XS	S/M	L/XL	2X/3X	4X/5X
FULL BUST	28-30" 71,12- 76,2 cm	30-34" 76,2- 86,4 cm	34-39" 86,4- 99,1 cm	39-45" 99,1 -114,3 cm	45-53" 114,3 134,2 cm
PANTY + SKIRT					
	XS	S/M	L/XL	2X/3X	4X/5X
WAIST	25-27" 63,5- 68,5 cm	27-31" 68,5- 79 cm	31-36" 79-88,9 cm	36-42" 88,9-106,6 cm	42-49" 106,6 - 124,4 cm
HIP	35-37" 89-94 cm	37-41" 94-104cm	41-46" 104- 117 cm	46-52" 117 - 132 cm	52-59" 132-149,8 cm

BUST: Measure around your full bust, which is the fullest part of your bust, using a soft measuring tape. You can wear a seamless, lightly lined, or sports bra while measuring. Do not wear a bra with padding. Ensure that the measuring tape is level and snug all the way around. It should be tight enough that it stays in place, but isn't digging into your skin.

WAIST: For many people, natural waist is the smallest part of the torso, but it may not be. To find natural waist, stand straight and bend side to side and find where your body creases. Then wrap the measuring tape straight across so that it is taught and level all the way away around your body.

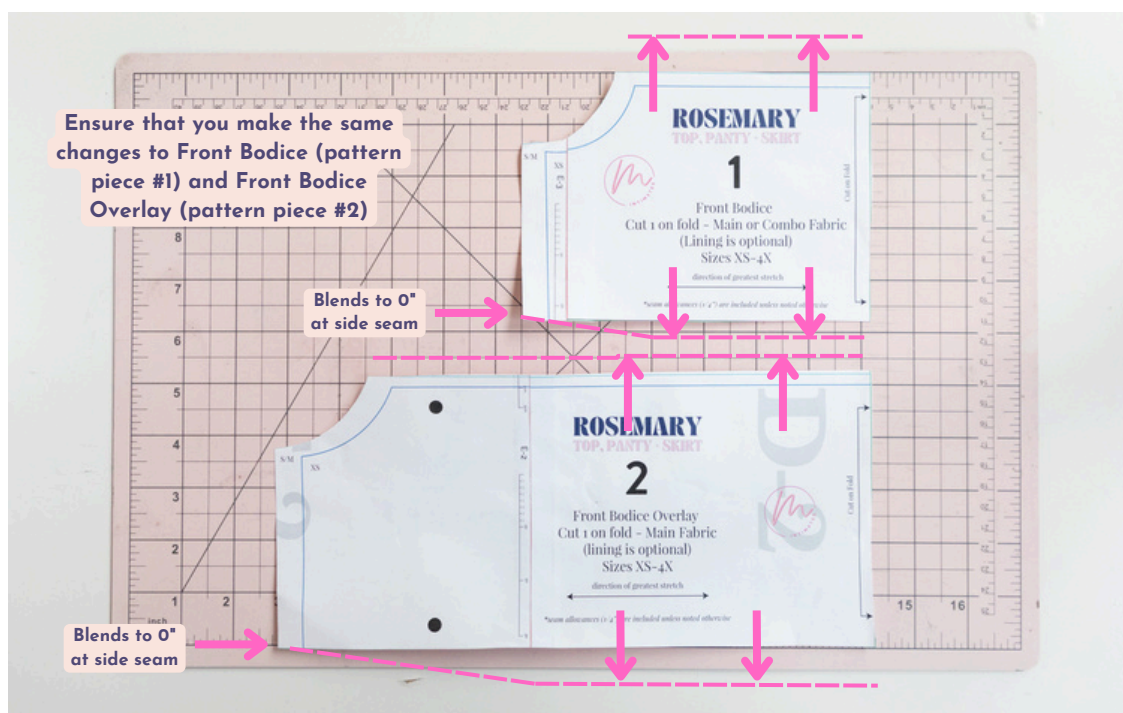
HIP: For many people hip is usually about 7" below the natural waist, but again, it may not be. For an accurate hip measurement, make sure your feet are straight below your hips and not sprawled apart. Then wrap the measuring tape around the widest part of the hip, making sure the measuring tape is taught and straight across the body.

Bonus

Rosemary for full busts

Rosemary was drafted for A-D/DD cups. The neckline, which is a balconette style, was designed to give a little cleavage. If you are full busted, which means there is a 5" or more difference between your ribcage and your full bust measurement, or you would prefer more coverage so there is less cleavage, I recommend using one or both of the following techniques.

1. Cut the front pattern pieces (#1-3,7) the size you measure for the full bust and to cut 1-2 sizes smaller (or the size your ribcage measures for the ribcage) for the back pattern piece (#4-5). This will give you enough coverage for your chest, but also fit around your ribcage. [Click here](#) to read more about this technique.
2. Add height to the top **and** bottom of the **Front Bodice** and **Front Bodice Overlay**. How much will depend on what cup size you are and how much more coverage you want. As always, I recommend making a quick muslin. It doesn't have to be fancy, and can take less than an hour.

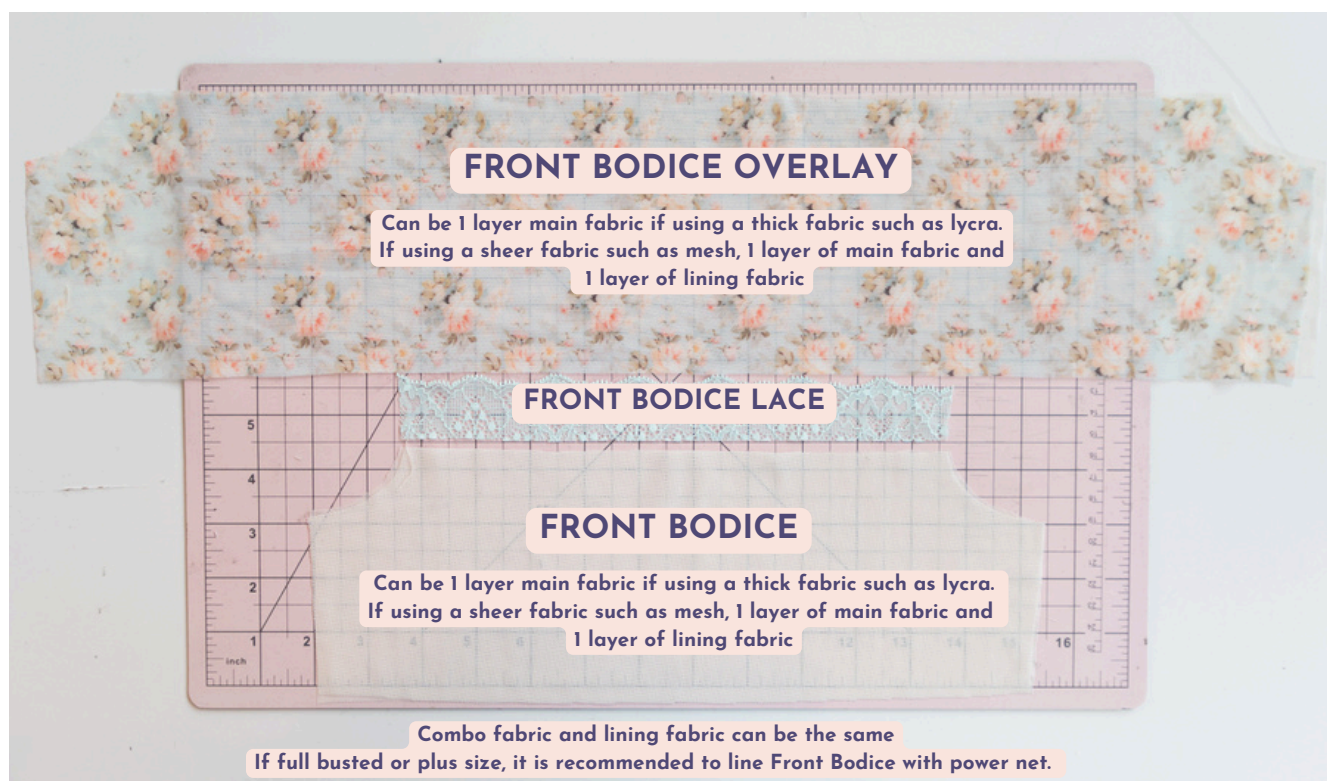


Cutting Guide

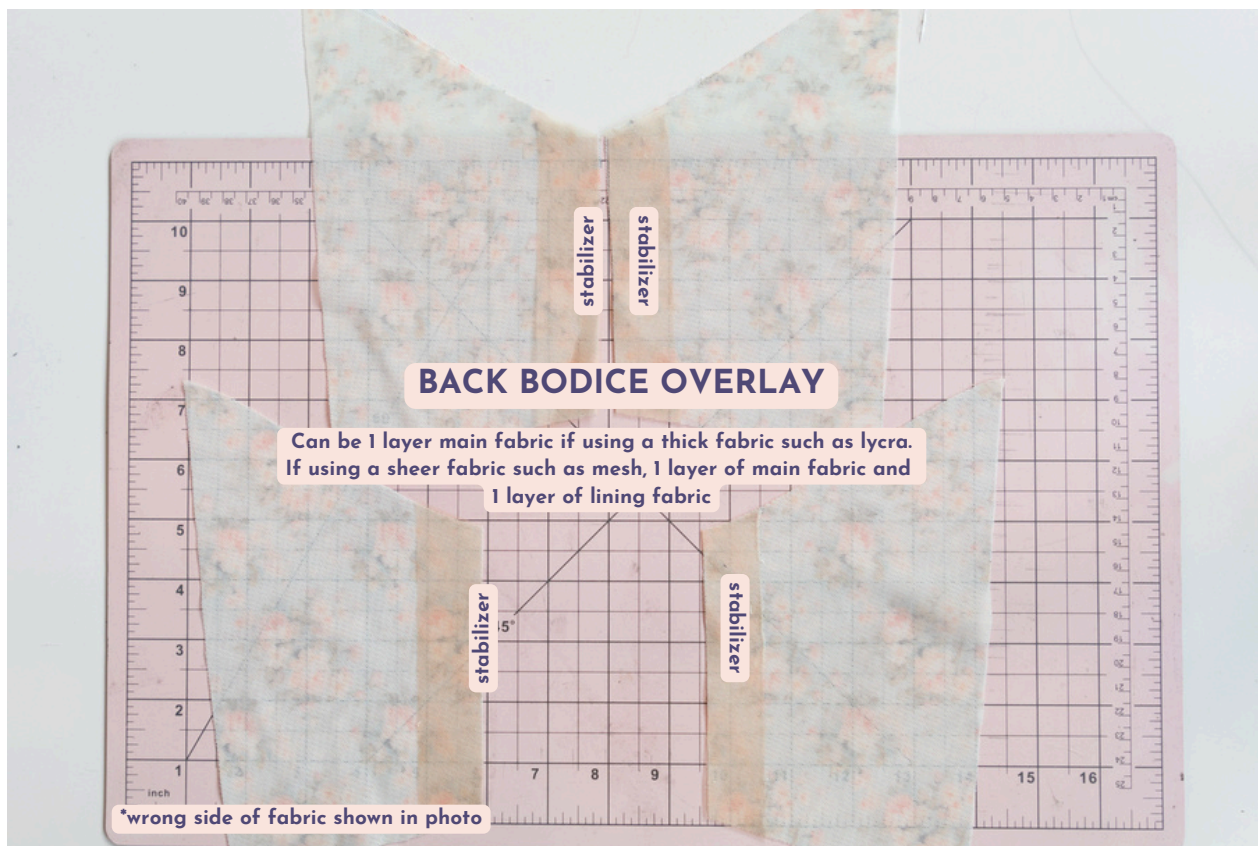
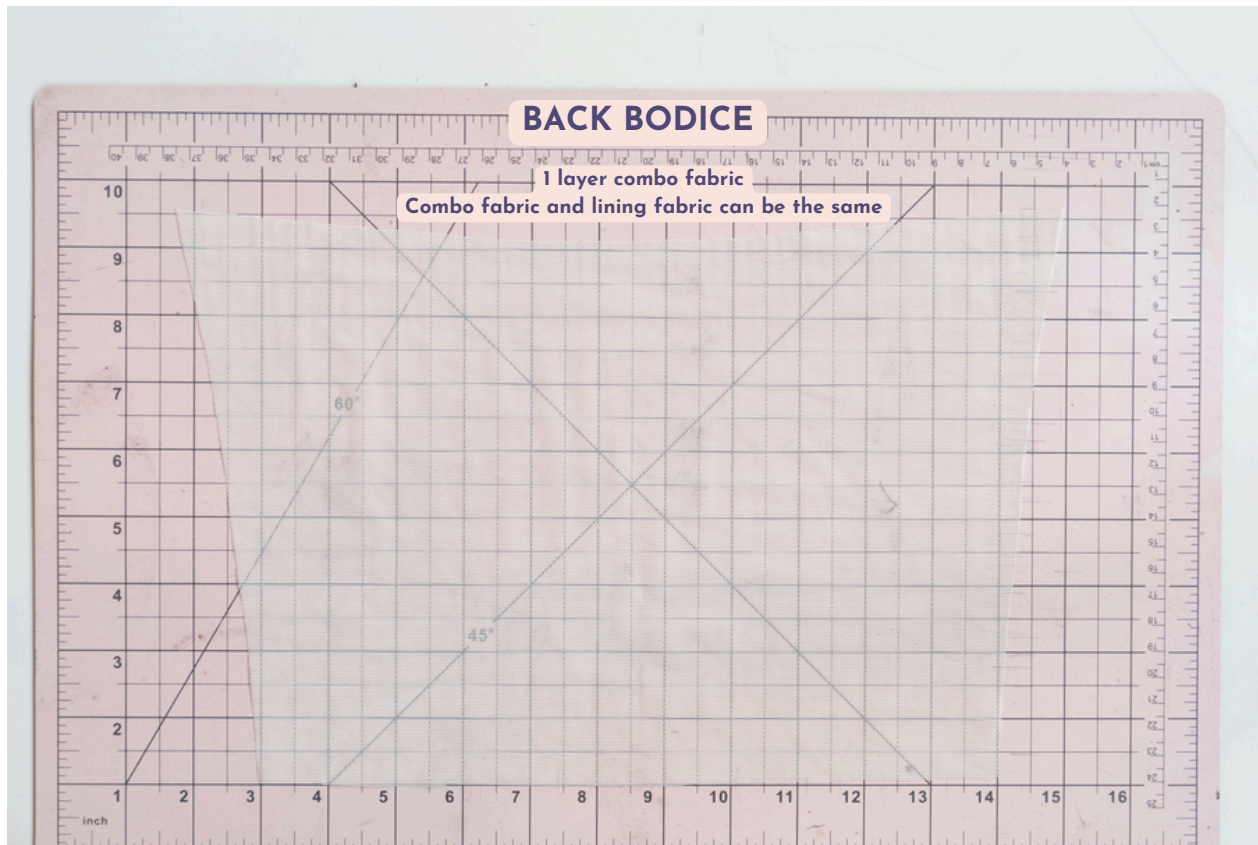
Suggested cutting guide with recommendations for full bust and plus size.

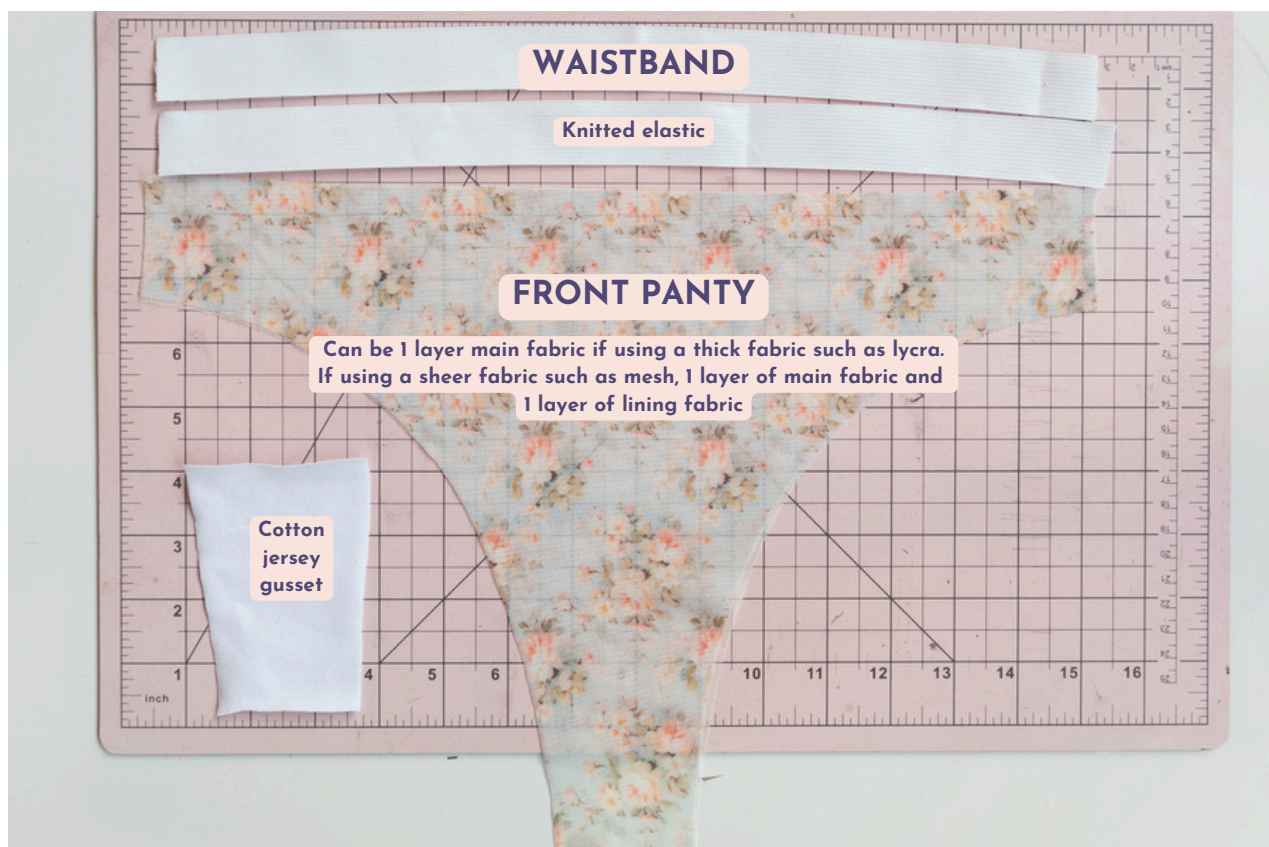
For the cleanest cut, it is recommended to use a rotary cutter.

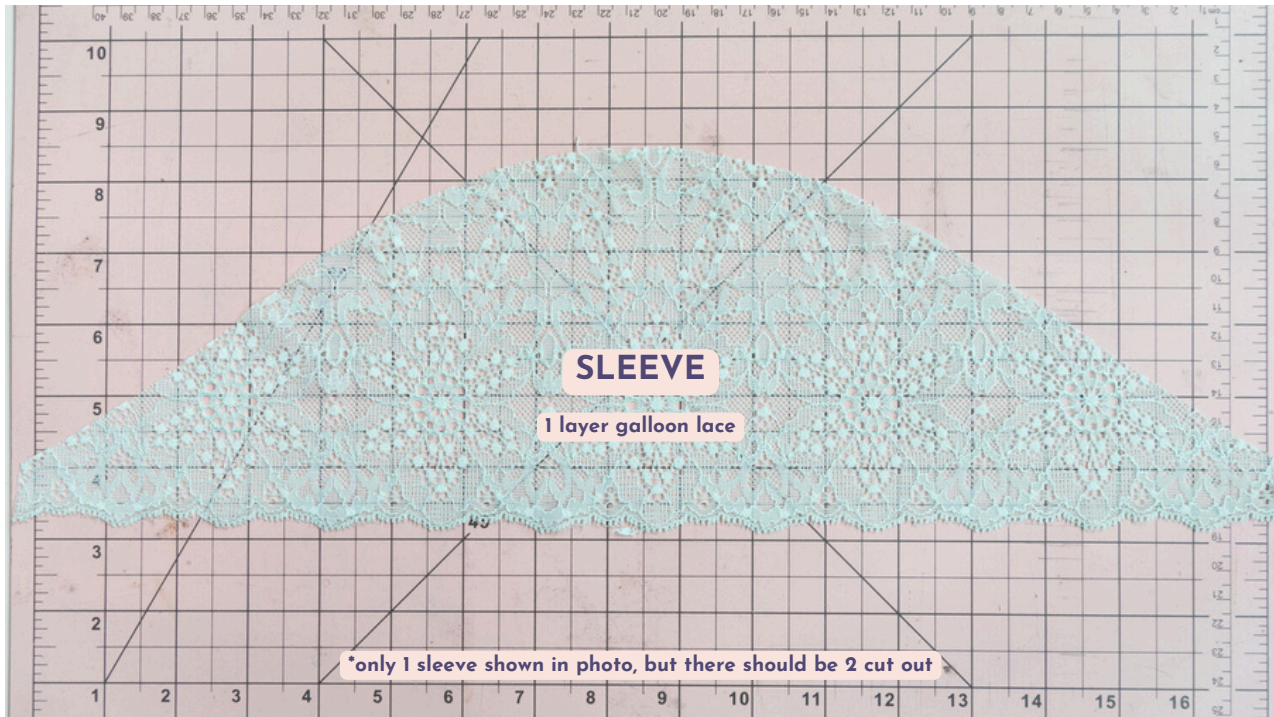
For pieces that are lined, it is recommended to spray baste main fabric and lining fabric together with a temporary spray adhesive such as Odif's 505 prior to cutting pattern pieces out.











Let's Start *Sewing!*

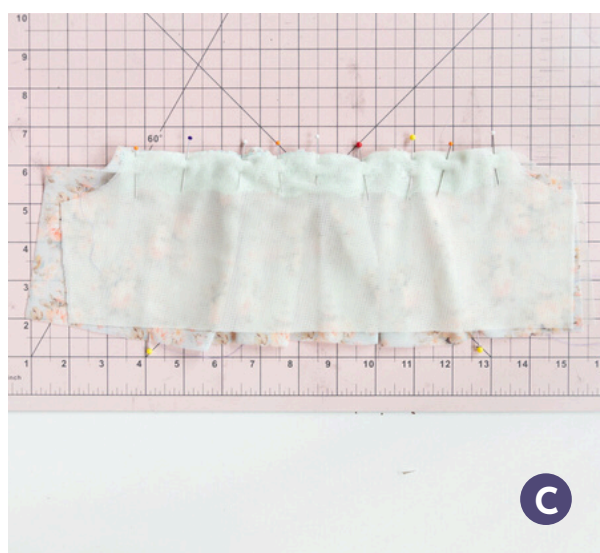
Assemble Front Bodice

Sew a basting stitch at top and bottom of **Front Bodice Overlay** 5/16" away from edge and in between notches. Gather top edge **only** until the length of the top edge of the **Front Bodice Overlay** is the same length as the top edge of the **Front Bodice**. (A)

Lay **Front Bodice Lace** on top of **Front Bodice Overlay**. Right sides should be facing and scallop edge of lace should be facing down (towards **Front Bodice Overlay**). Pin together. (B)

With right sides facing, lay **Front Bodice** on top of **Front Bodice Lace** and **Front Bodice Overlay**. **Front Bodice Lace** should be in between **Front Bodice** and **Front Bodice Overlay**. Repin along top edge. (C)

Gather bottom of **Front Bodice Overlay** until the length of the bottom edge of **Front Bodice Overlay** is the same length as the bottom edge of **Front Bodice**. Pin together with **Front Bodice Bottom Band** in between and folded in half along fold line. Then sew through all layers with a straight stitch along **top and bottom edges**. Backstitch at beginning and end.





Turn front bodice right side out. (D, E)

With wrong side of front bodice facing up, smooth fabric near armhole curve. If there is any excess fabric from **Front Bodice Overlay** extending past **Front Bodice**, trim away. (F, G)

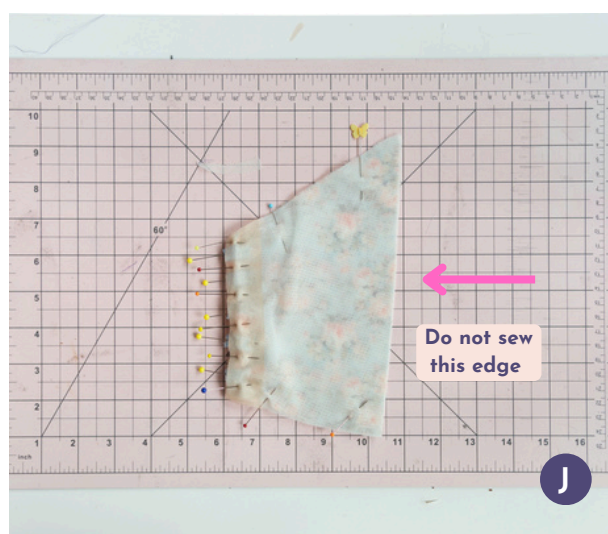
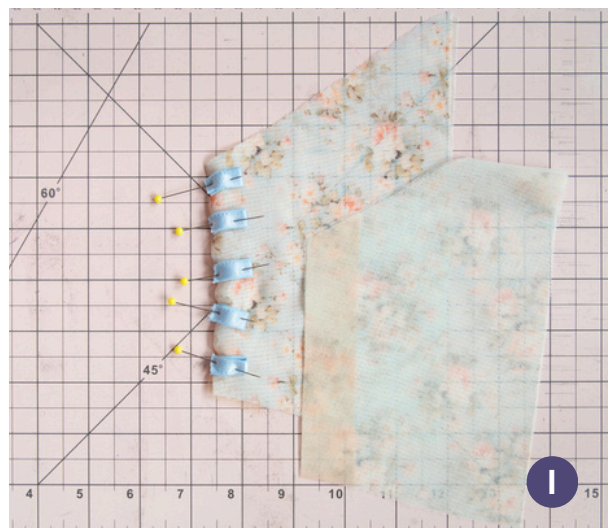
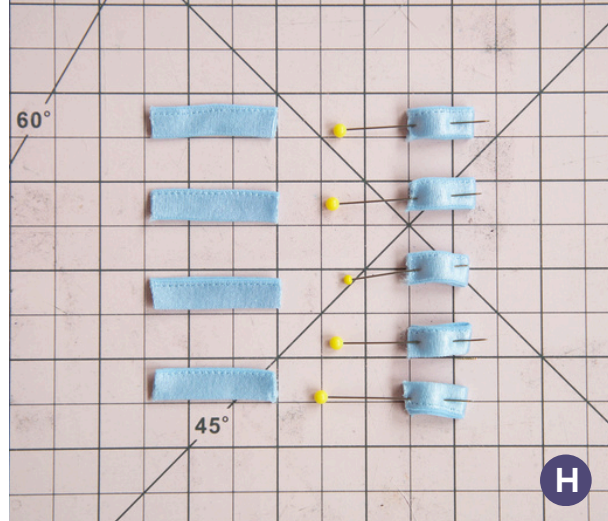


Assemble Back Band Overlay

Cut 10 strips of lacing loops that are 1.5" long. Fold in half and pin. (H)

Mark placement of lacing loops on **one** left side and **one** right side of **Back Band Overlay** (so one left side and one right side will not be marked). Refer to notches on pattern for placement of lacing loops. Then pin lacing loops in place. (I)

Lay unmarked **Back Band Overlay** pieces on top of marked **Back Band Overlay** pieces. Right sides should be facing. Pin together. Then sew top edge, center back edge and bottom edge. Do not sew the side seam edge - the longest edge indicated by an arrow in photo. Turn right side out and press with an iron on a synthetic setting. (J, K)





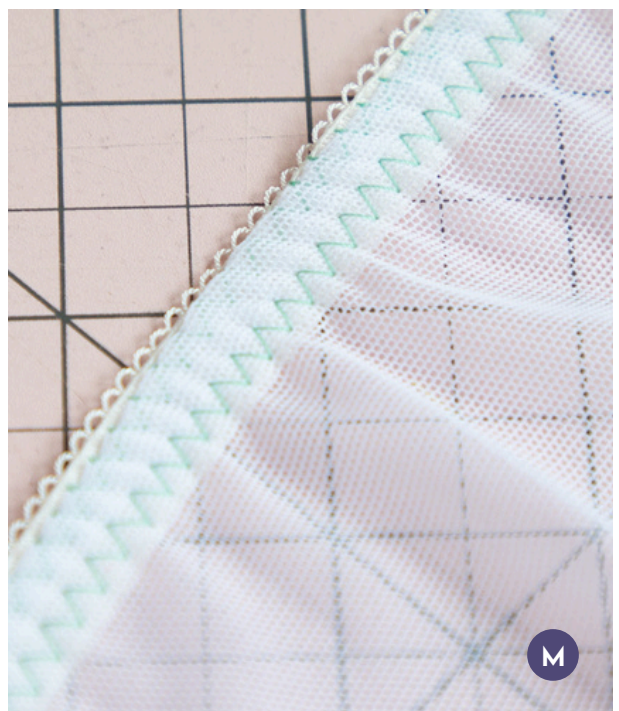
Assemble Back Band

With the right side of the **Back Band** facing up, place picot elastic on top of **bottom edge (narrower edge)** with the flat edge of the elastic aligned with the edge of the fabric. The picot edge should face inwards towards the fabric and the plush side should face up.

Sew along the picot edge of the elastic with a zigzag stitch that is approximately $\frac{1}{4}$ " wide. Zigzag stitches should be as close to the picot edge as possible. (L)

Flip the picot elastic to the inside and sew along the flat edge of the elastic with a zigzag stitch that is approximately $\frac{1}{4}$ " wide. Zigzag stitches should be as close to the flat edge as possible. (M)

Sew front bodice to **Back Bodice** and **Back Bodice Overlay** at side seam. Back Bodice Overlay should be **in between** front bodice to **Back Bodice**. Use a straight stitch and backstitch at beginning and end. Serge (overlock) side seam. If you do not have a serger, you can skip this step and leave the edges unfinished or you can sew the edge with a zigzag stitch that is $\frac{1}{4}$ " wide. (N)



Sew Picot Elastic to Top Edge of Bodice + Assemble Sleeve

Sew picot elastic to top edge of bodice - from strap point to strap point - using the same method as in previous step. At strap point, the picot elastic should extend past top edge of bodice 16". (O)

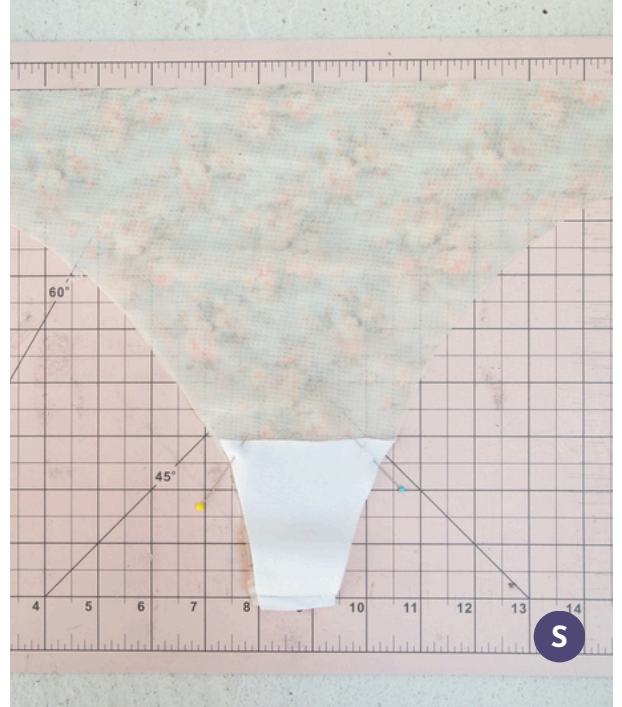
Sew a basting stitch $\frac{5}{16}$ " away from edge and between notches on **Sleeve**.

Lay sleeve cap on top of plush side of picot elastic. **The flat edge of the lace (non scallop side) should align with the picot edge of the elastic.** Gather the **Sleeve** until the length of the **Sleeve** measures the length of the picot elastic. Sew down with a zigzag stitch that is approximately $\frac{1}{4}$ " wide and close to the picot edge. (P)

Flip the **Sleeve** around the picot elastic and sew down with a zig zag stitch that is approximately $\frac{3}{8}$ " wide (or the width of the picot elastic). At strap point, tuck the sleeve cap behind the neckline lace and sew down with a straight stitch back and forth 3-4 times. (Q)

With **back bodice face up**, lay picot elastic underneath top edge about $\frac{1}{2}$ ". See notches on **Back Bodice** for placement. Stitch back and forth 3-4 times with a straight stitch approximately $\frac{1}{4}$ " from the top edge. If there is any elastic hanging below the stitch, trim it close to stitching. (R)





Assemble Panty + Skirt

Serge (overlock) top (wider) edge of gusset. If you do not have a serger, you can skip this step and leave the edges unfinished or you can sew the edge with a zigzag stitch that is $\frac{1}{4}$ " wide. With the wrong side of the gusset facing the wrong side of the **Front Panty**, pin in place. (S)

With right sides facing, sew **Front Panty** to **Back Panty** at side seam and gusset seam. Use a straight stitch and backstitch at beginning and end. Then sew picot elastic to leg openings using same method as in previous step.

With right sides facing, sew **Front Skirt** to **Back Skirt** at side seam and center back seam. Use a straight stitch and backstitch at beginning and end. Serge (overlock) seam allowances **and** bottom edge of skirt. If you do not have a serger, you can skip this step and leave the edges unfinished or you can sew the edge with a zigzag stitch that is $\frac{1}{4}$ " wide. (T)

Turn kick-pleat and bottom edge to wrong side $\frac{1}{4}$ ". Sew down with a straight stitch or zig zag stitch that is approximately $\frac{1}{4}$ ". (U)



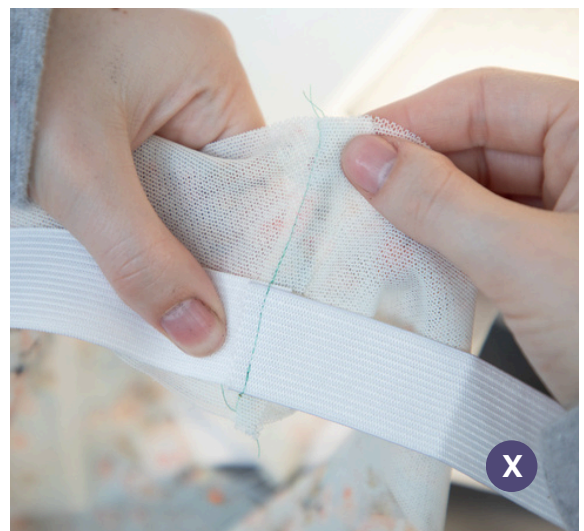
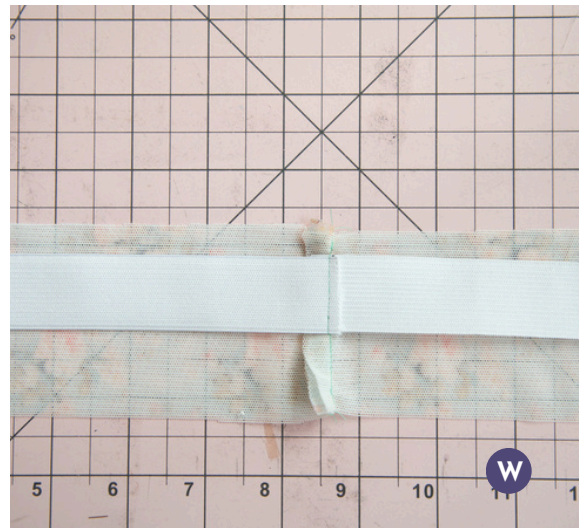
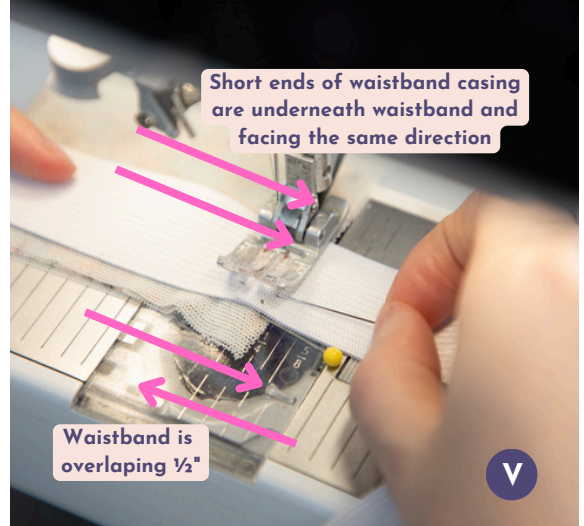
Attach Gathered Waistbands to Panty + Skirt

Lay **short ends** of **Waistband Casing** together. Then lay one end of **Waistband** (knitted elastic) on top, and after, lay the other end of **Waistband (knitted elastic)** on top. **Waistbands should overlap ½"**. Sew through all layers with a straight stitch and backstitch at beginning and end. (V, W)

Fold casing over knitted elastic. (X)

Sew **long ends** of **Waistband Casing** together with a straight stitch. Stitches should be right next to **Waistband (knitted elastic)** all the way around as if you were stitching in the ditch. **Pull the Waistband (knitted elastic)** as you are sewing so you can sew all the way around the circle. [Click here](#) to watch video tutorial.

Pin **Waistband and Waistband Casing** to top edge of panty and skirt. Sew together with a zig zag stitch that is ¼" wide or a lightning stitch. Serge (overlock) seam allowance. If you do not have a serger, you can skip this step and leave the edges unfinished or you can sew the edge with a zigzag stitch that is ¼" wide.



More Madalynne



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Transform your top drawer with size-inclusive lingerie, swimwear, and activewear. Sew Lingerie celebrates body positivity by teaching makers to create undergarments that shape and support many different types of bodies.


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What's Included

Introduction, Getting to Know Lingerie (types of lingerie, lingerie terms, tools, fabrics, elastics, notions, and more), Techniques (measurements, sizing, adjusting patterns for cup sizing, working with delicate fabrics, toiles, evaluating fit, cutting, sewing elastics, stitch length, seam techniques, piecing lace together, and more), Adjusting Patterns (pattern making terms, common alterations, and more)

Projects

3 bralettes, 3 panties, 2 swimsuits, 1 underwire bra, 1 sports bralette, 1 bodysuit

**All patterns are included with purchase of a book. There are QR codes that readers can download the PDF patterns and print from home or copy shop.*

Sizing

Alpha sizes: XS-5X

Band sizes: 28-44

Cup sizes: A-J

Published by C&T Publishing

About *Madalynne*

Maddie Kulig is the founder, lead designer, sewist, and driving force behind Madalynne Intimates. As a designer, sewing teacher, and influencer, she offers DIY lingerie kits, online tutorials, workshops, and sewing patterns.



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