

SEW NEWS

The Trusted Sewing Source

PENROSE PEASANT BLOUSE

BY KIMBERLY PAYNE OF
STRAIGHT STITCH DESIGNS



sewdaily.com

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PENROSE PEASANT *blouse*

BY KIMBERLY PAYNE

Combine chic style with an easy-wearing silhouette and you've got the Penrose Peasant Blouse pattern. With an on-trend square neckline and easy bust gathers, the Penrose packs in the dramatic volume while remaining practical for every day.



Skill Level: Beginner

SUPPLIES

- ¼ yard of fusible interfacing
- Fabric (according to the chart)
- All-purpose thread
- Serger (optional)

PREPARE

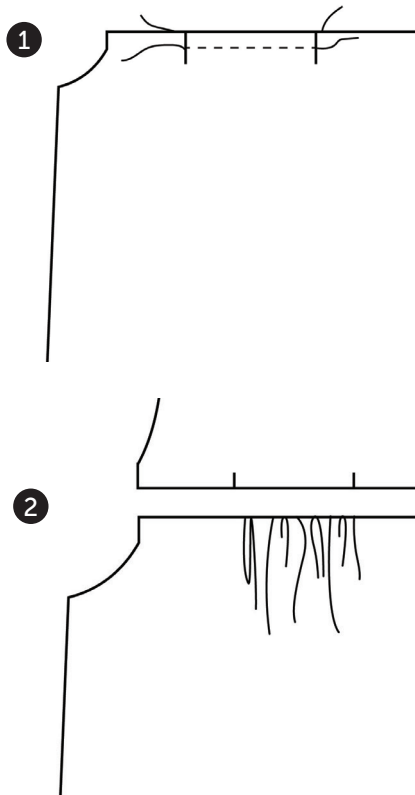
Print out and assemble the full-size pattern PDF. Cut the pieces as directed, transferring the pattern markings to the fleece with tailor's chalk.

Apply interfacing to the facing wrong sides.

CONSTRUCT

Use ⅝" seam allowances unless otherwise noted.

Sew a gathering stitch ¼" from the top edge of the front lower piece between the two notches. **(1)**. Gather until the notches match the notches on the front upper piece **(2)**. Repeat for other side of the front lower piece.



FINISHED MEASUREMENTS

	0	2	4	6	8	10	12	14	16
Bust	41½"	46"	47½"	49¼"	50¾"	52¼"	53¾"	55¼"	56¾"
Waist/ Hips	50¼"	51¾"	53¼"	54¾"	56¼"	57¾"	59¼"	60¾"	60¼"
	18	20	22	24	26	28	30	32	34
Bust	58¼"	59¾"	61¼"	62¾"	64¼"	65¾"	67¼"	68¾"	70¼"
Waist/ Hips	63¾"	65¼"	66¾"	68½"	70"	71½"	73"	74½"	76"

* Length is 23" for all sizes

FABRIC YARDAGE

	SIZE 0 - 16	SIZE 18 - 34
44" Wide	2⅛ yards/200cm	Doesn't fit with the grain
54" Wide	1⅝ yards/150cm	2 yards/180cm
60" Wide	1½ yards/140cm	1¾ yards/160cm



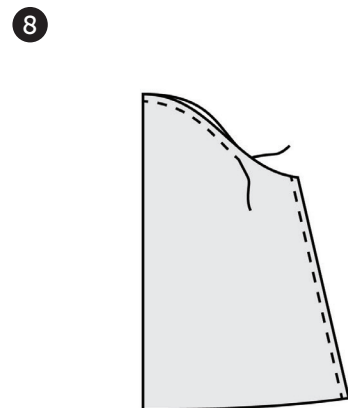
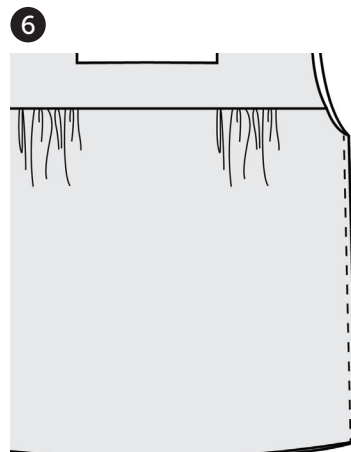
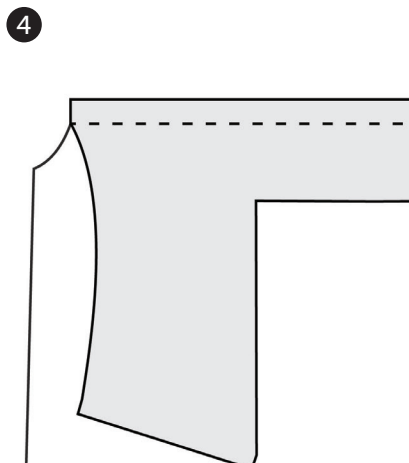
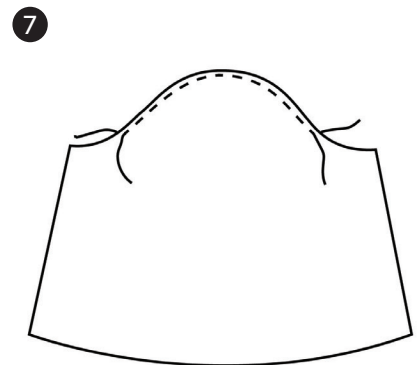
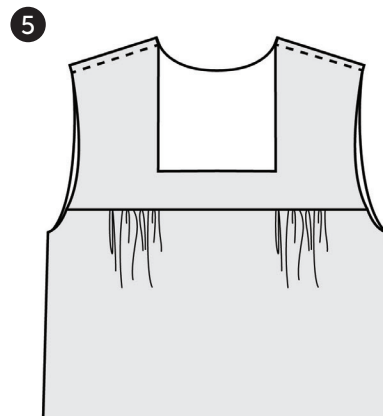
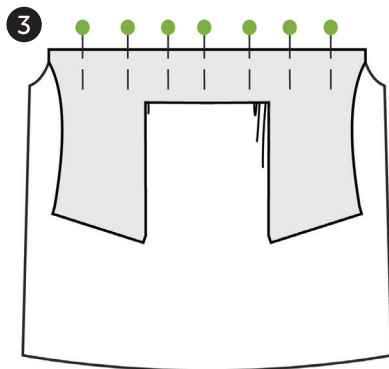
With right sides facing, match the front lower and front upper pieces along the side seam and notches. Pin in place **(3)**.

Sew the pieces together with a $\frac{5}{8}$ " seam allowance and finish the raw edge with either a zigzag stitch or serger **(4)**.

With right sides facing, stitch the front and back pieces together along the shoulder seams **(5)**. Repeat for both side seams **(6)**. Finish the seams.

Sew a gathering stitch $\frac{1}{4}$ " from the top edge of the sleeve between the two notches **(7)**. Repeat with second sleeve.

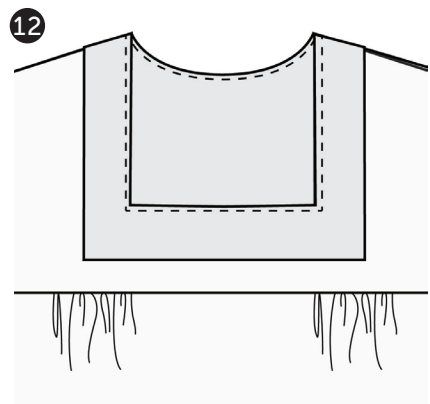
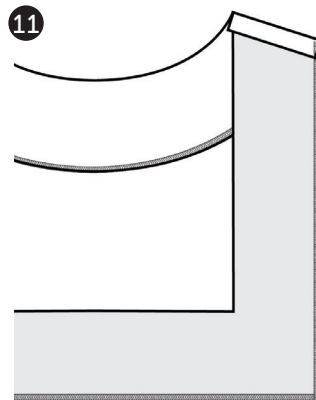
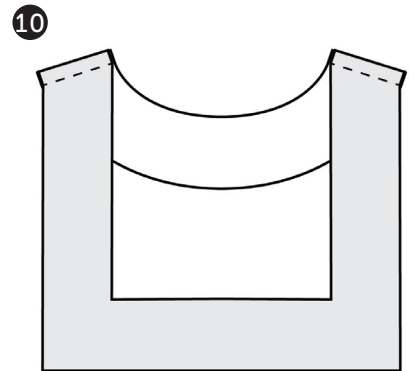
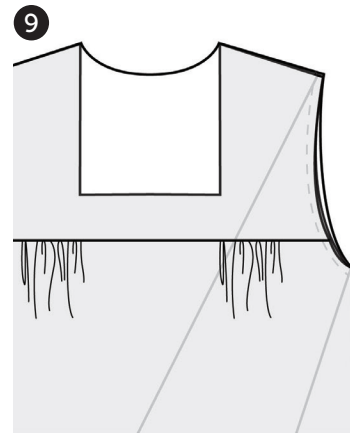
With right sides facing, sew the sleeve together from the underarm point to the sleeve hem and finish the seams **(8)**. Turn both sleeves right side out.



With the blouse wrong side out, slip the sleeve into the armhole opening. Match up the underarm point, front and back notches, and shoulder point. Gather the sleeve cap to fit between the notches on the front and back of the blouse. Starting at the underarm point, sew the sleeve to the armhole (9). Repeat with second sleeve.

With right sides facing, stitch the front and back facing pieces together along the shoulder seam (10).

Press the seam allowance open and finish the outside side edge of the facing with either a zigzag stitch or a serger (11).

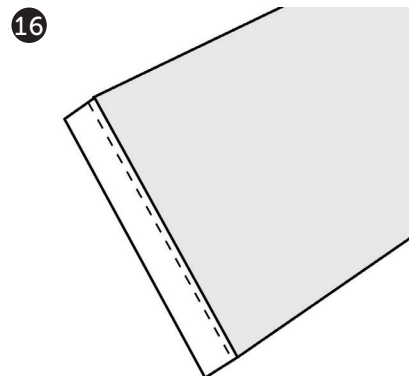
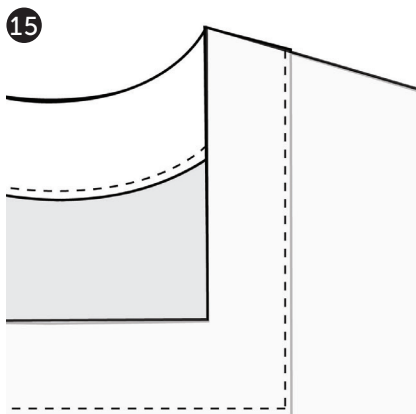
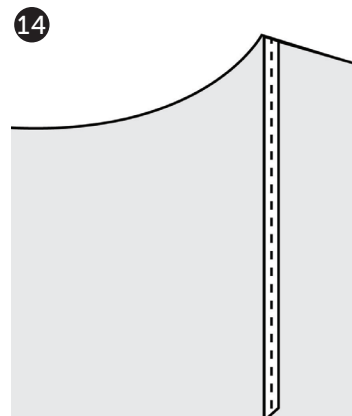
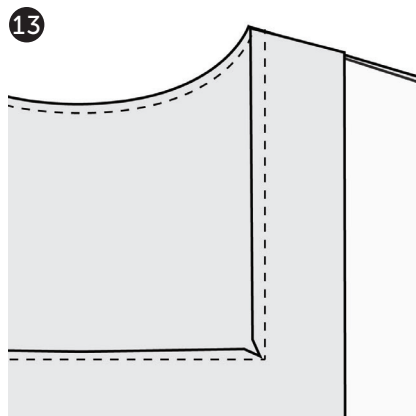


Trim the seam allowance down to 1/4" and clip up to but not through the stitching line at the front square edges. This will allow for a crisp point in the front neckline **(13)**.

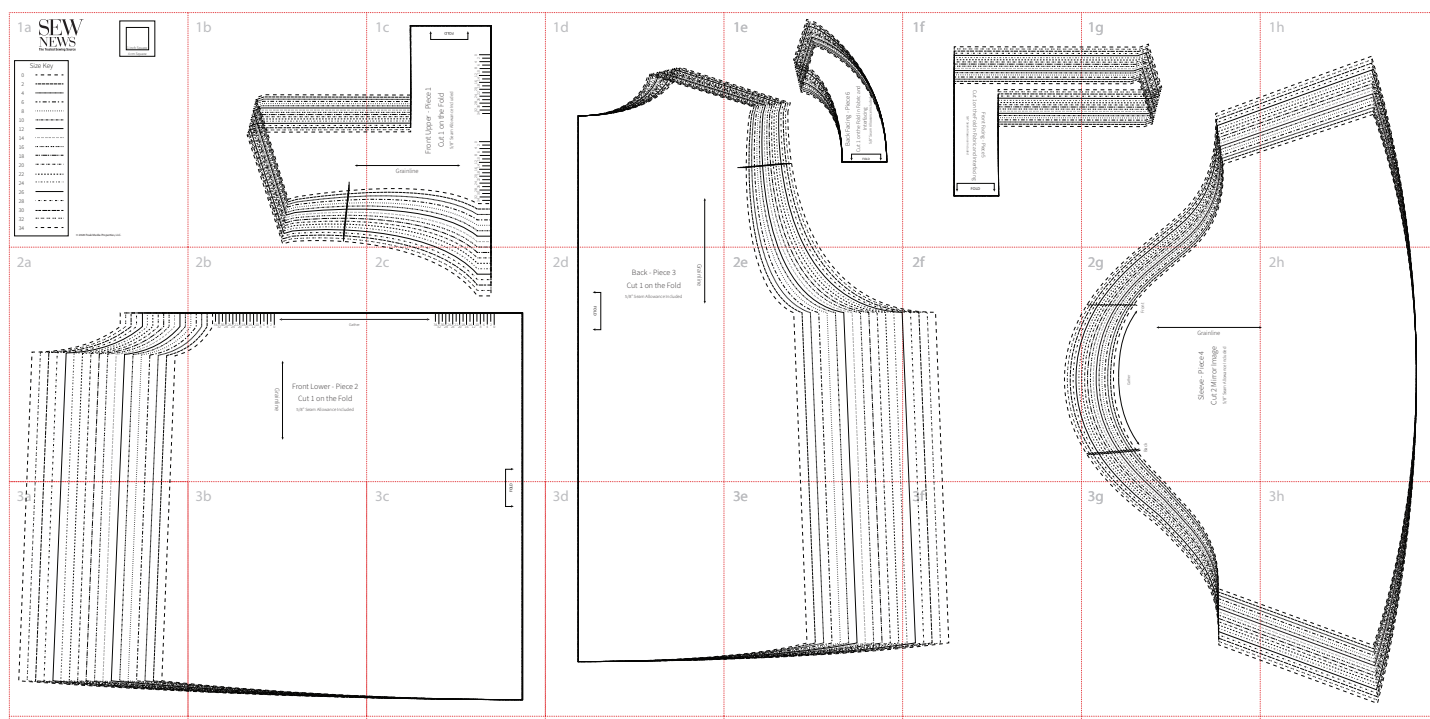
Press the seam allowance towards the facing and understitch in place. Make sure to pull the blouse out of the way so it doesn't get caught in the stitching **(14)**.

Fold the facing inside the blouse and press well. Topstitch the facing in place 1/4" from the facing edge **(15)**.

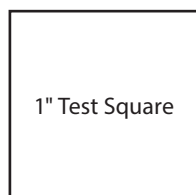
To hem the sleeves, fold the sleeve towards the wrong side 1/4" and press. Fold the sleeve another 1" and press well. Stitch the hem 1/8" away from the inside folded edge **(16)**. Repeat with the second sleeve and blouse hem.



PENROSE PEASANT BLOUSE



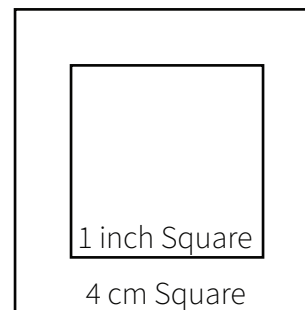
Template overview



1" Test Square

24 pages: 1a–3h

Print this page first at 100%, then measure the 1" test square before printing full pattern.



Size Key

0	-----
2	-----
4	-----
6	-----
8	-----
10	-----
12	-----
14	-----
16	-----
18	-----
20	-----
22	-----
24	-----
26	-----
28	-----
30	-----
32	-----
34	-----

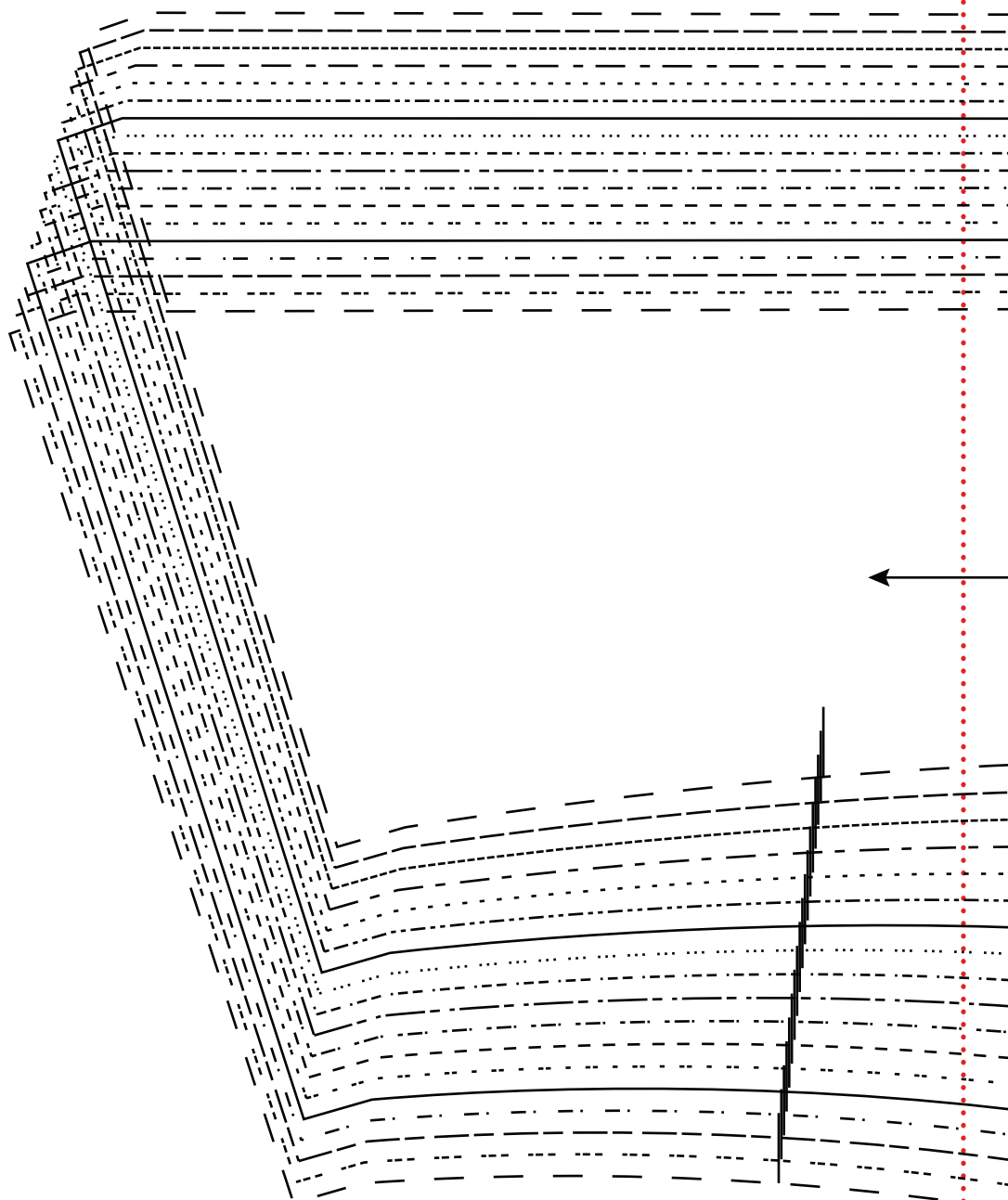
PENROSE PEASANT BLOUSE

SIZE CHART - IMPERIAL (IN.) / METRIC (CM.)

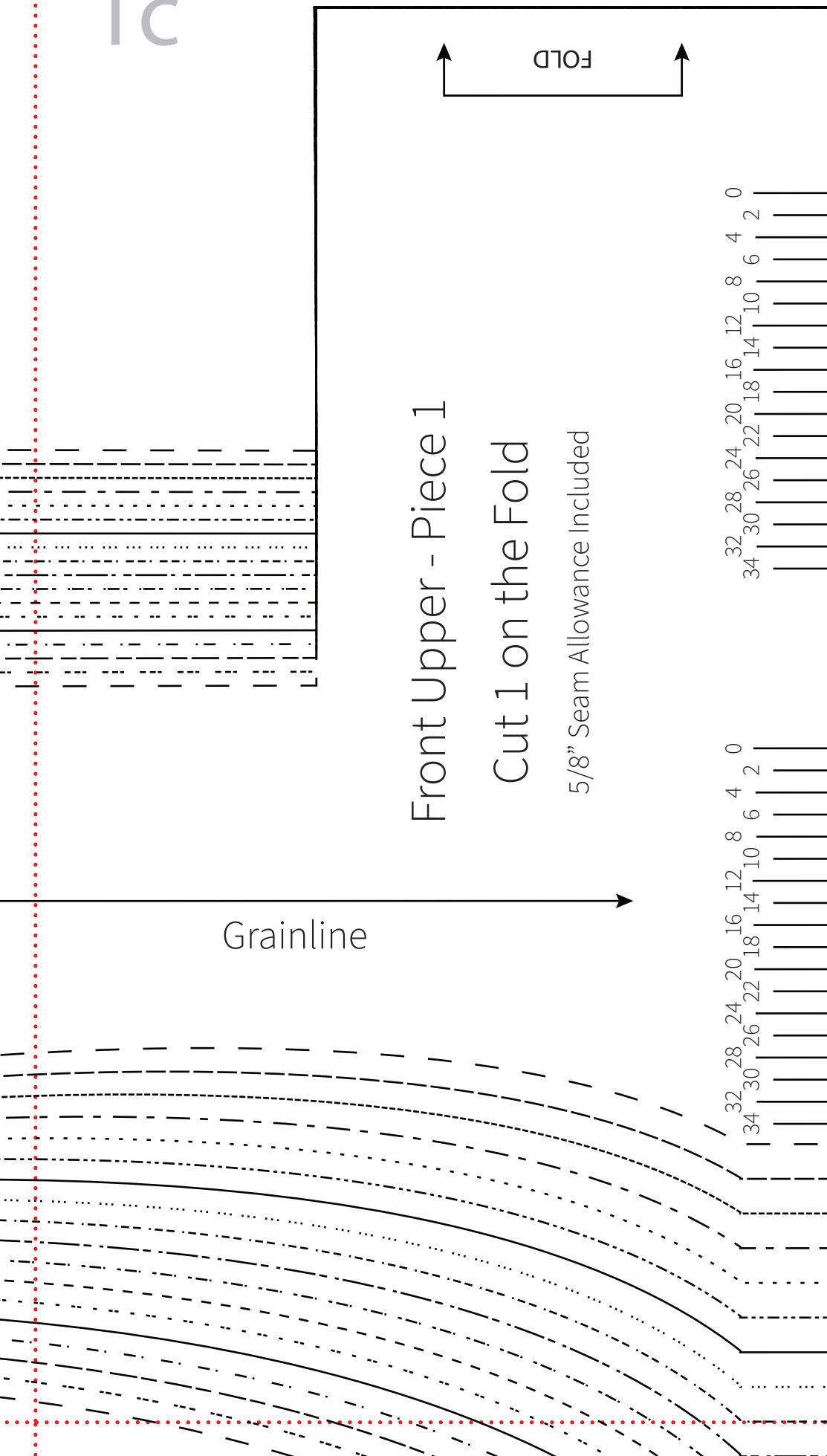
Size	0	2	4	6	8	10	12	14	16
Upper Bust	30/ 77	31.5/ 80.75	33/ 84.5	34.5/ 88.5	36/ 92.25	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75
Full Bust B Cup Size	32/ 82	33.5/ 86	35/ 89.75	36.5/ 93.75	38/ 97.5	39.5/ 101.25	41/ 105.25	42.5/ 109	44/ 112.75
Waist	24/ 61.5	25.5/ 65.5	27/ 69.25	28.5/ 73	30/ 77	31.5/ 80.75	33/ 84.5	34.5/ 88.5	36/ 92.25
Hip	34.5/ 88.5	36/ 92.25	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75	43.5/ 111.5	45/ 115.5	46.5/ 119.25

Size	18	20	22	24	26	28	30	32	34
Upper Bust	43.5/ 111.5	45/ 115.5	46.5/ 119.25	48/ 123	49.5/ 127	51/ 130.75	52.5/ 134.5	54/ 138.5	55.5/ 142.25
Full Bust B Cup Size	45.5/ 116.75	47/ 120.5	48.5/ 124.25	50/ 128.25	51.5/ 132	53/ 136	54.5/ 139.75	56/ 143.5	57.5/ 147.5
Waist	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75	43.5/ 111.5	45/ 115.5	46.5/ 119.25	48/ 123	49.5/ 127
Hip	48/ 123	49.5/ 127	51/ 130.75	52.5/ 134.5	54/ 138.5	55.5/ 142.25	57/ 146.25	58.5/ 150	60/ 153.75

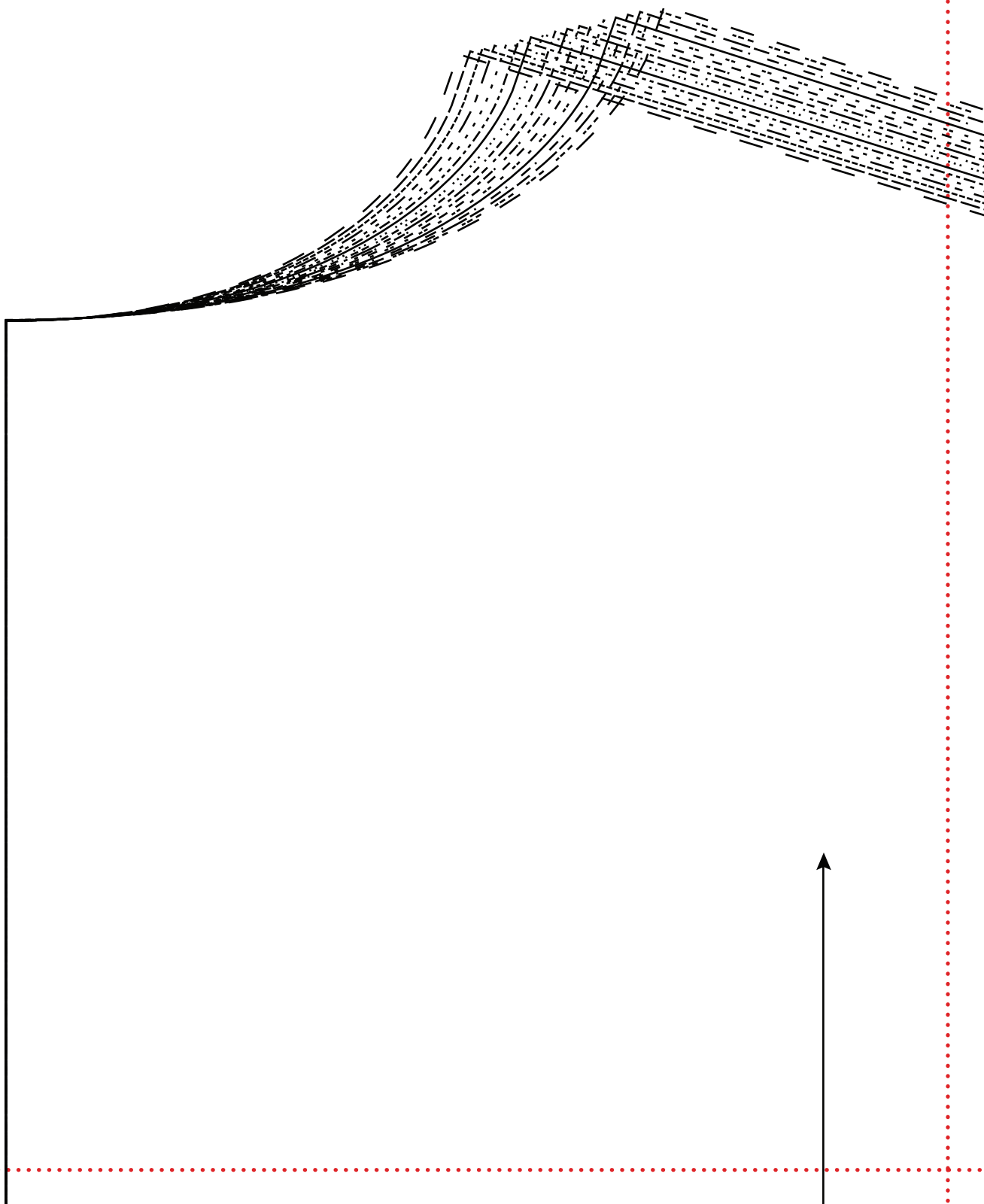
1b



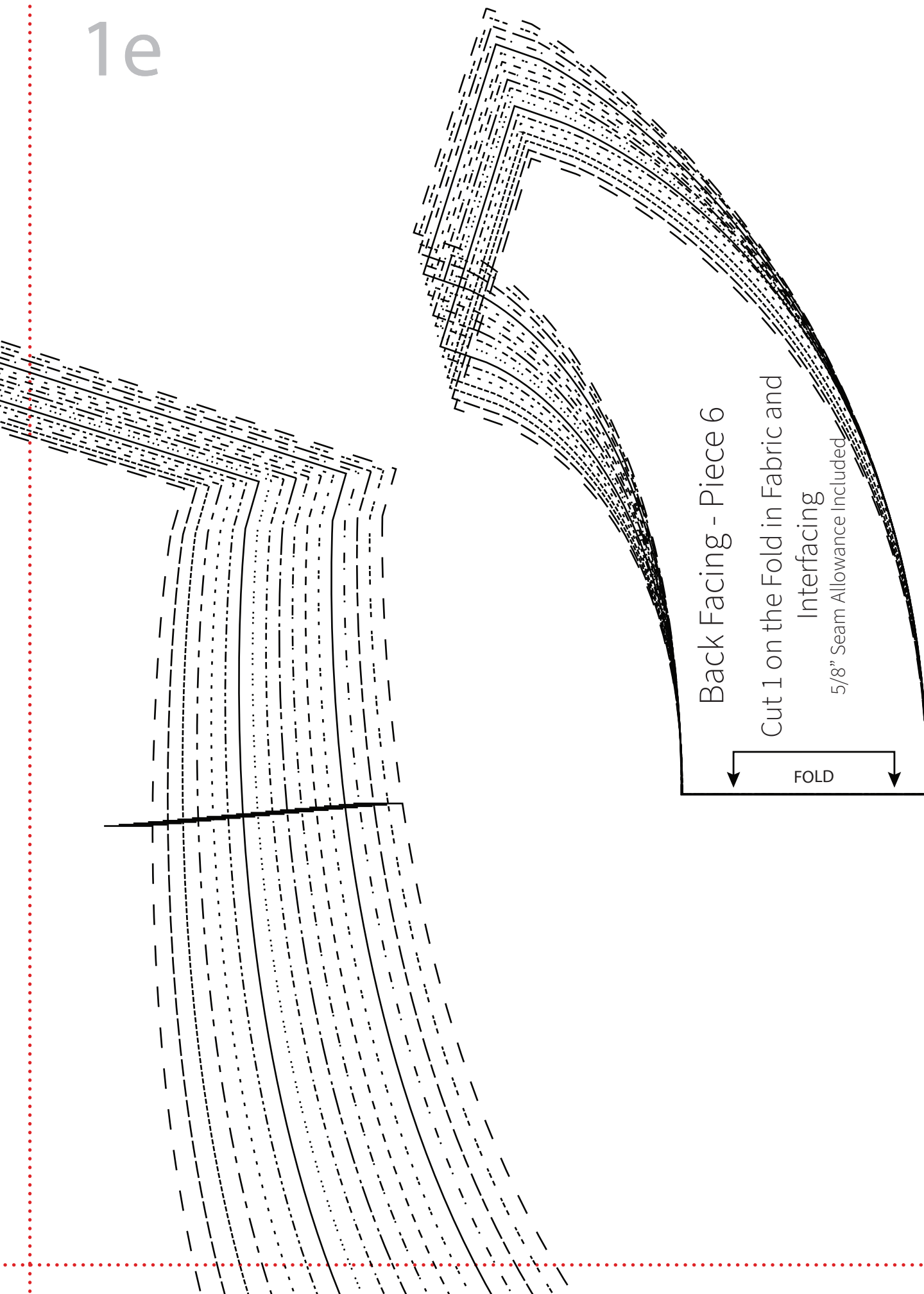
1c



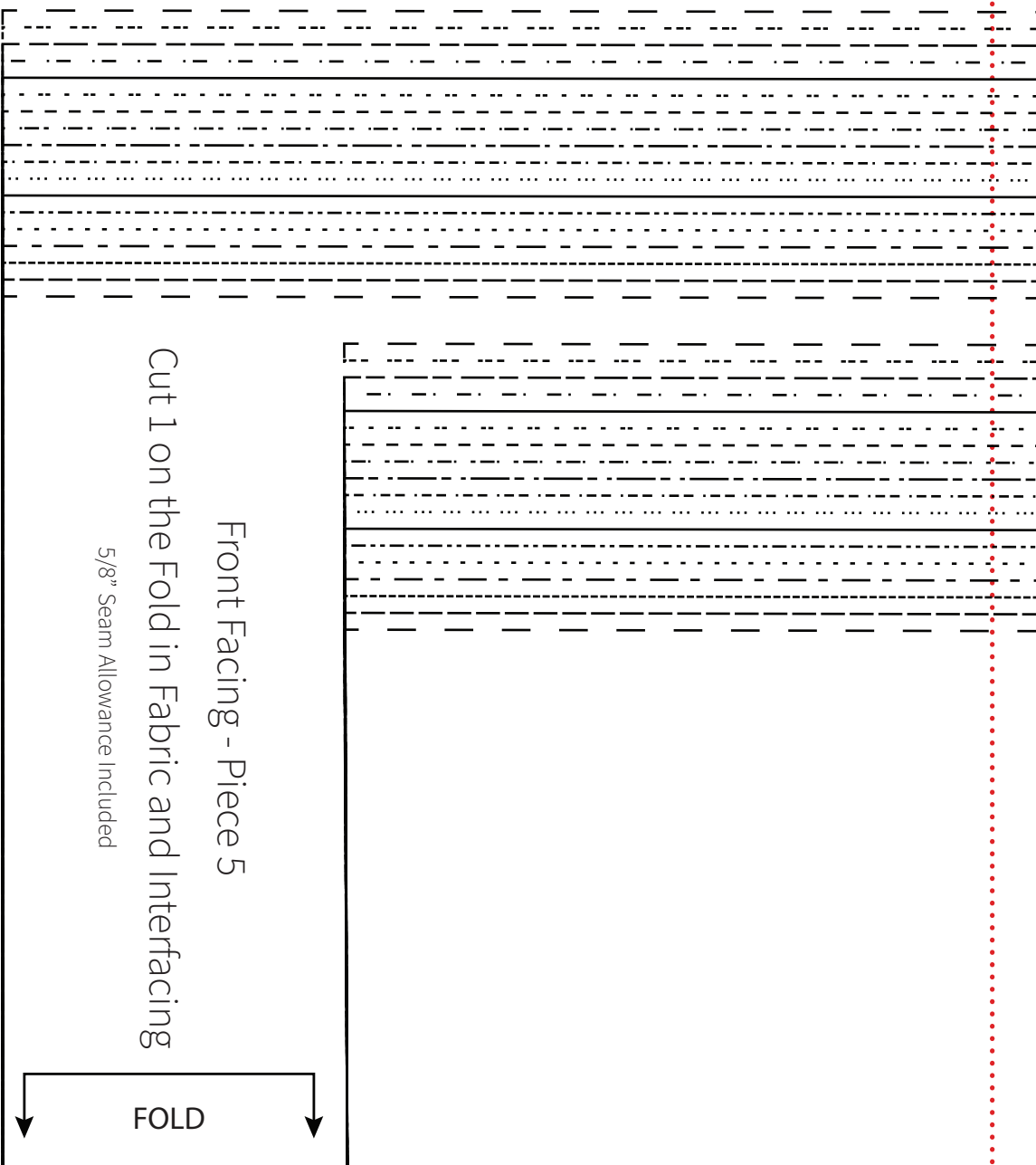
1d



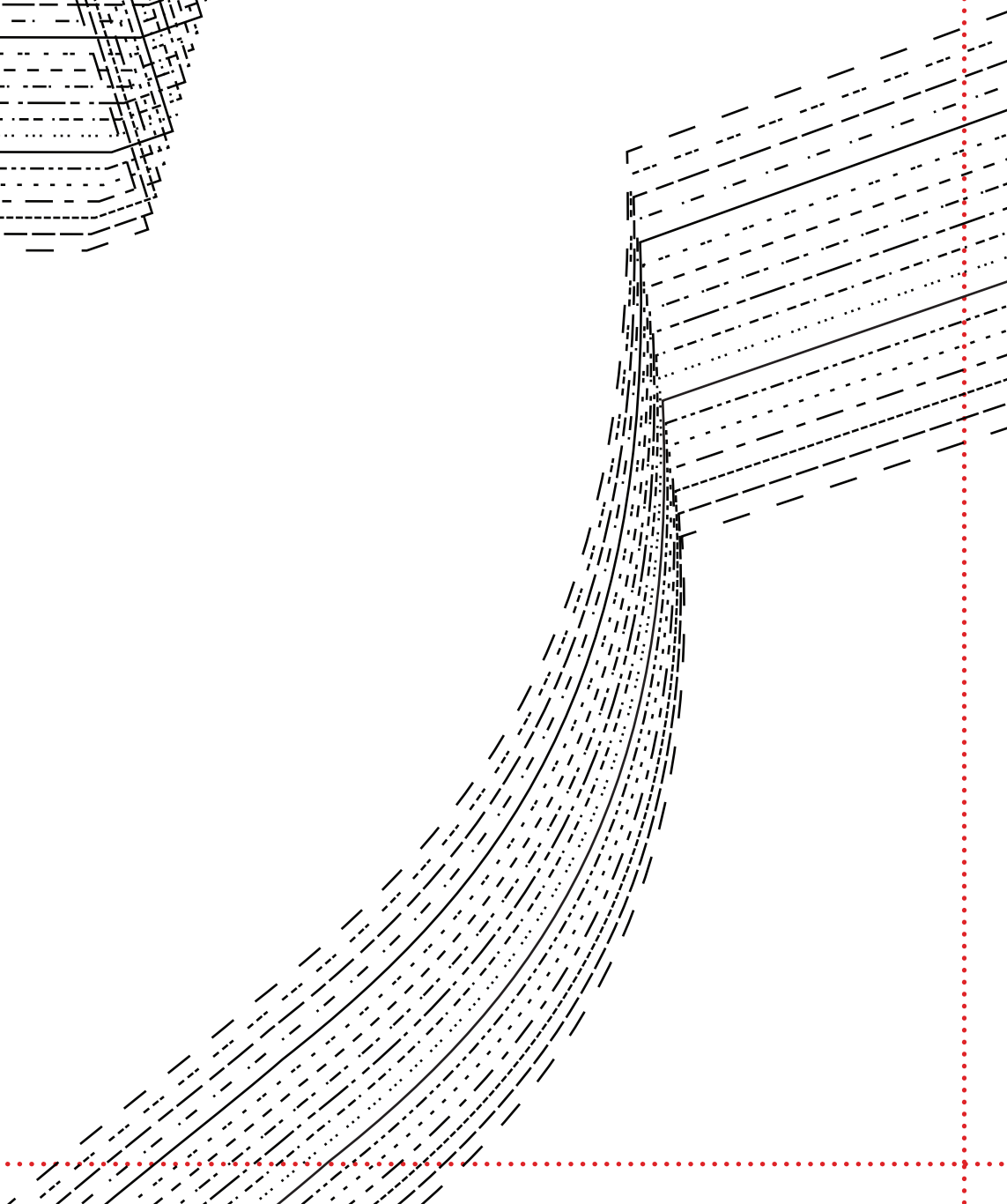
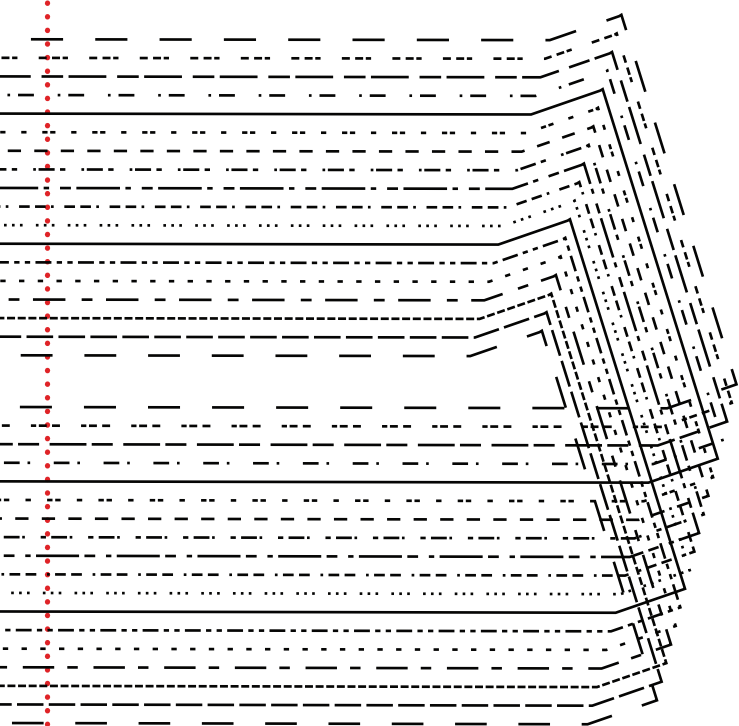
1e



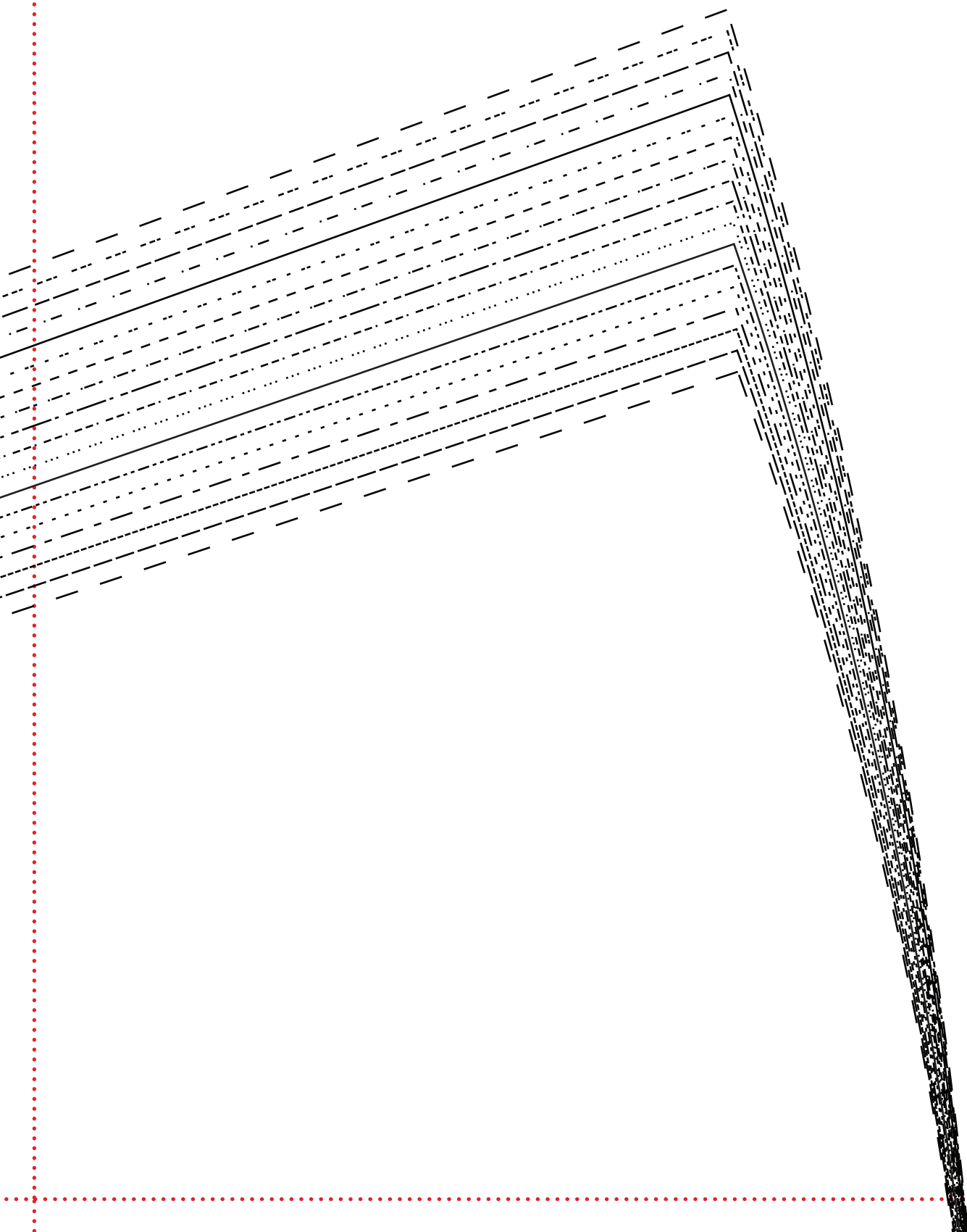
1f



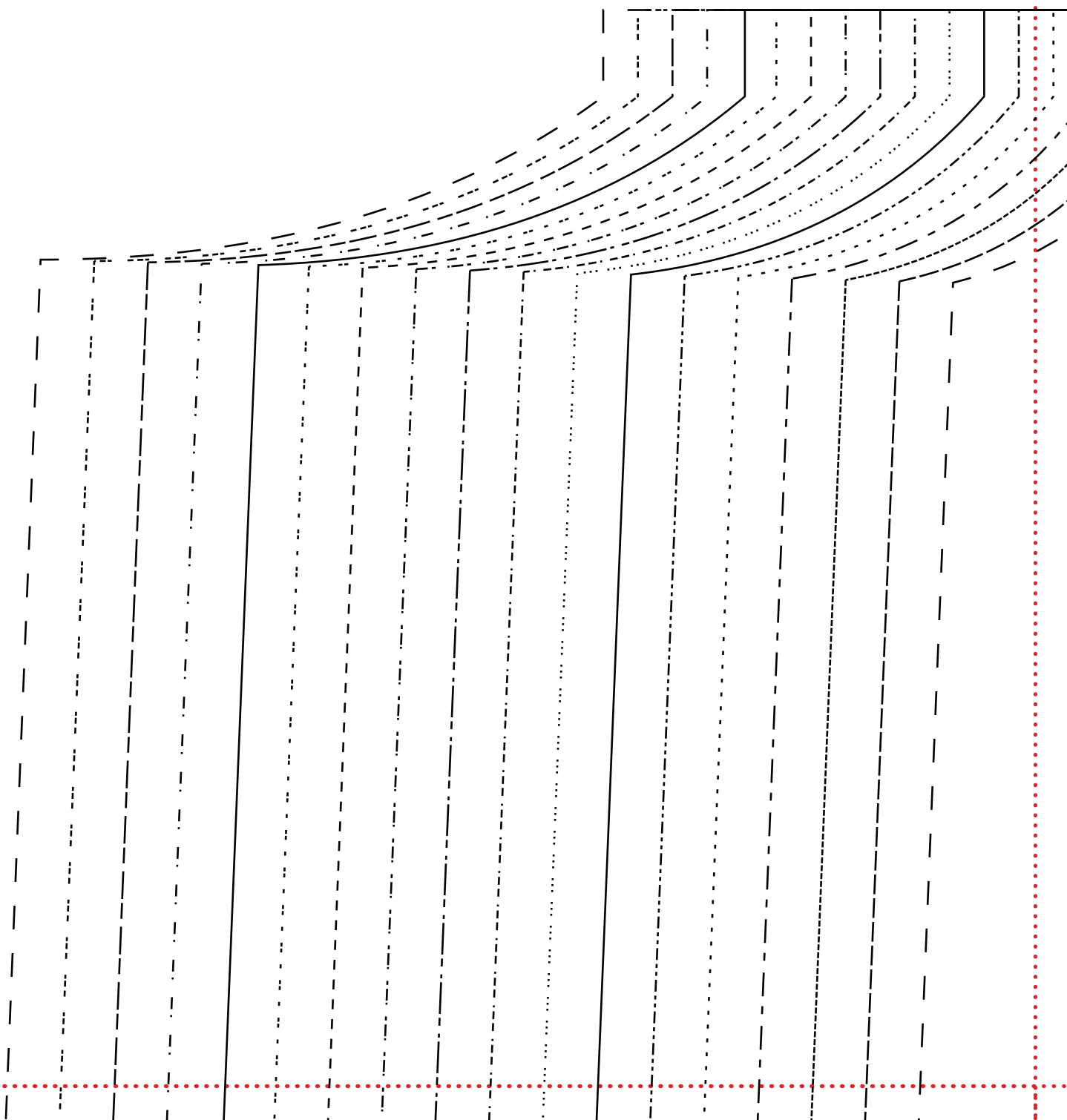
1g



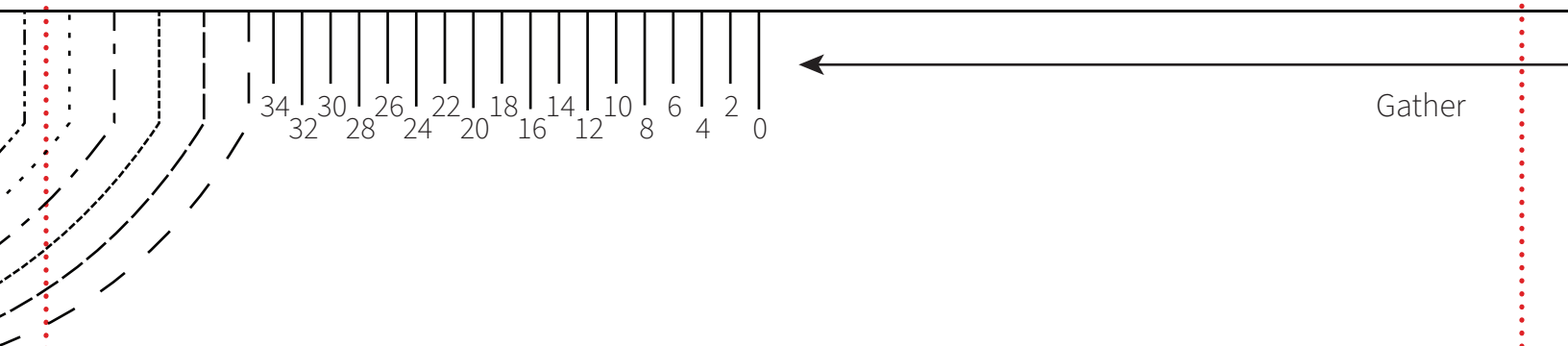
1h



2a



2b

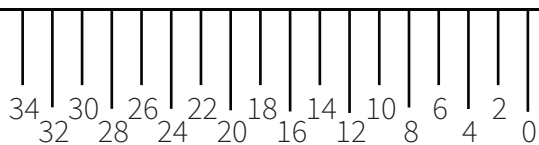


Front Lower - Piece 2

Cut 1 on the Fold

5/8" Seam Allowance Included

2c



D

2d

Back - Piece 3

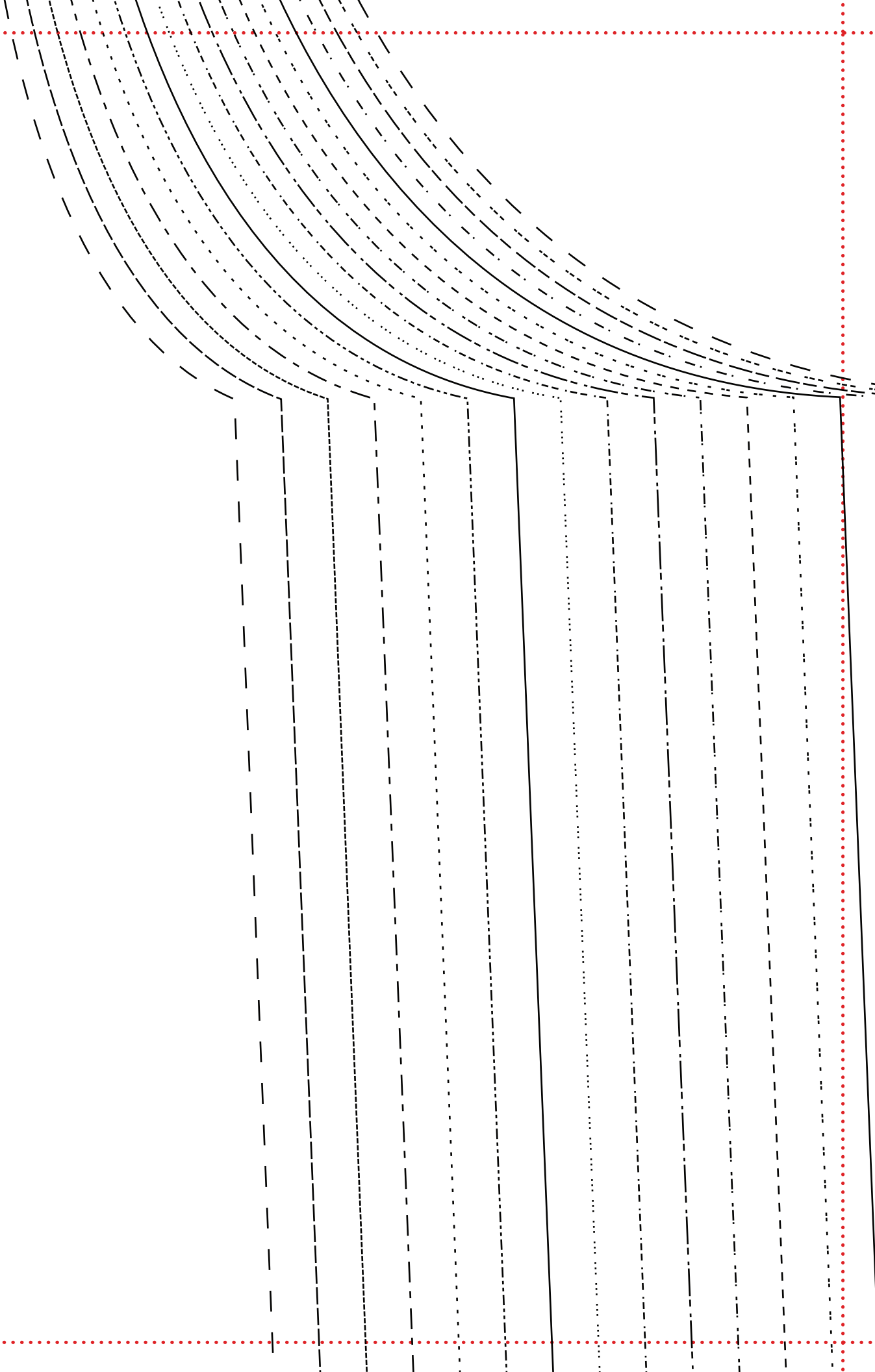
Cut 1 on the Fold

5/8" Seam Allowance Included

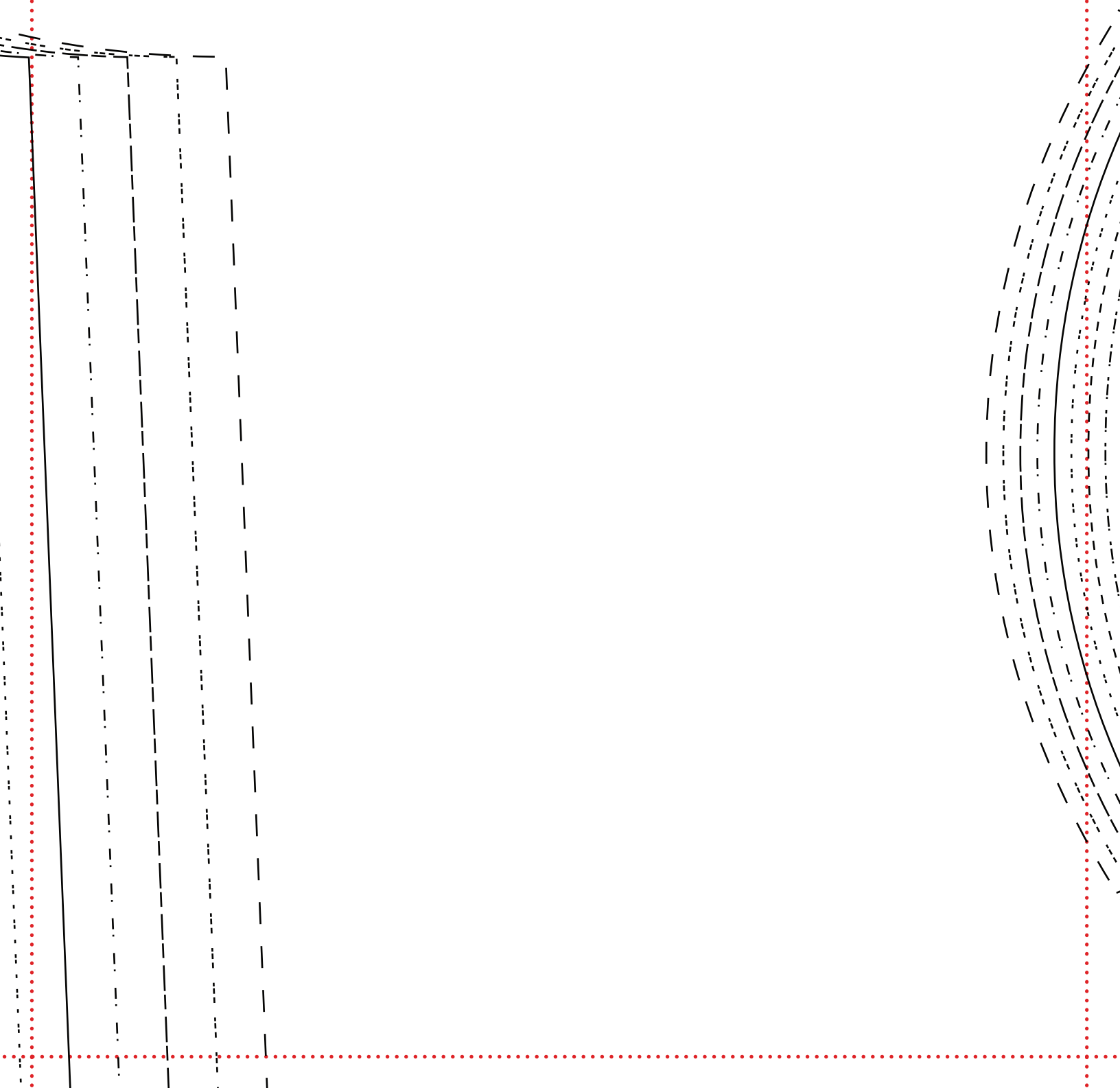
Grainline

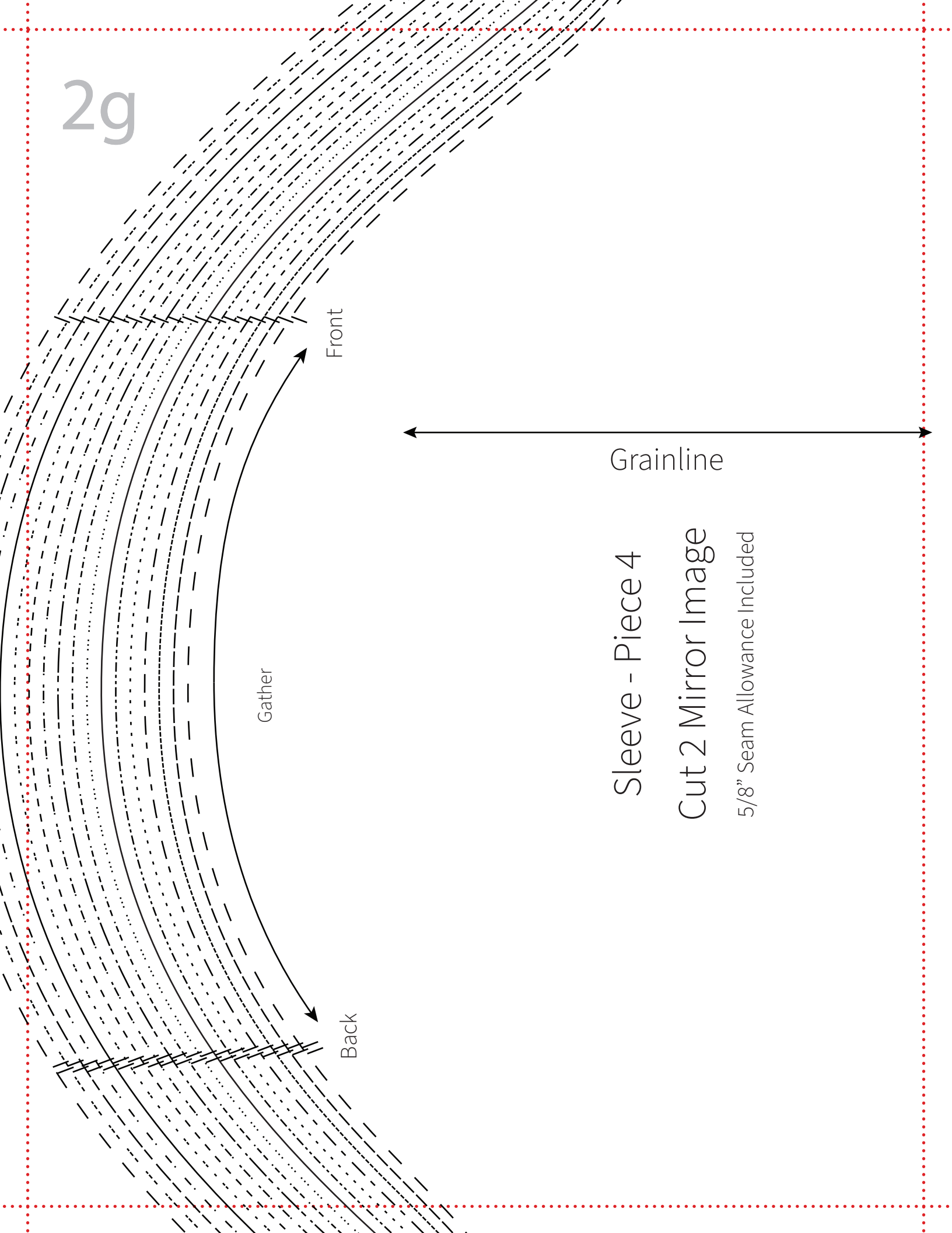


2e



2f





2g

Front

Grainline

Gather

Back

Sleeve - Piece 4

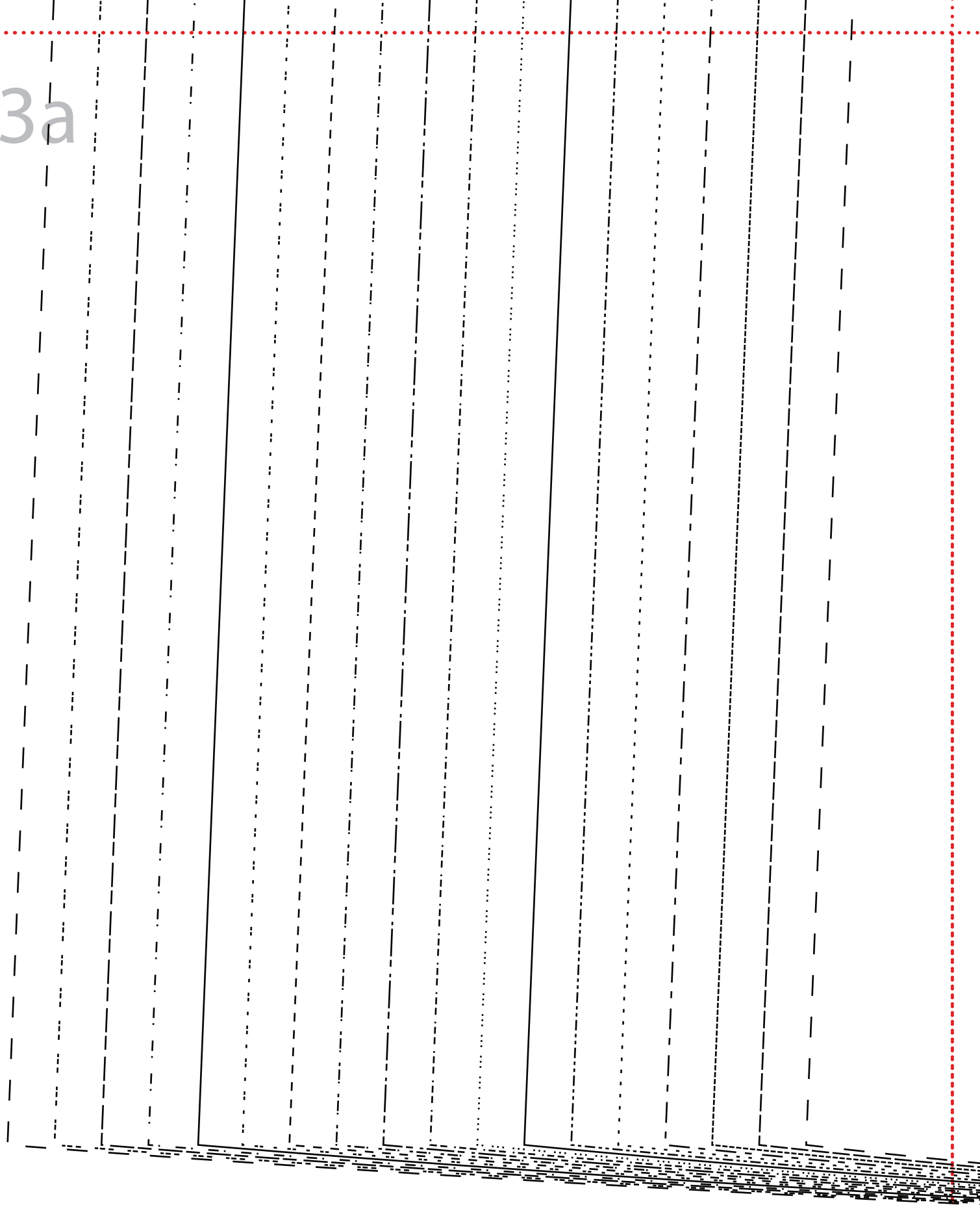
Cut 2 Mirror Image

5/8" Seam Allowance Included

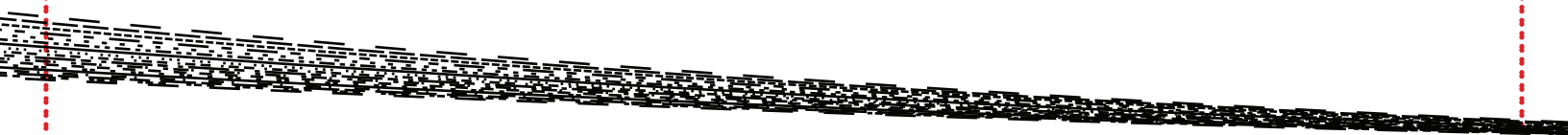
2h



3a



3b

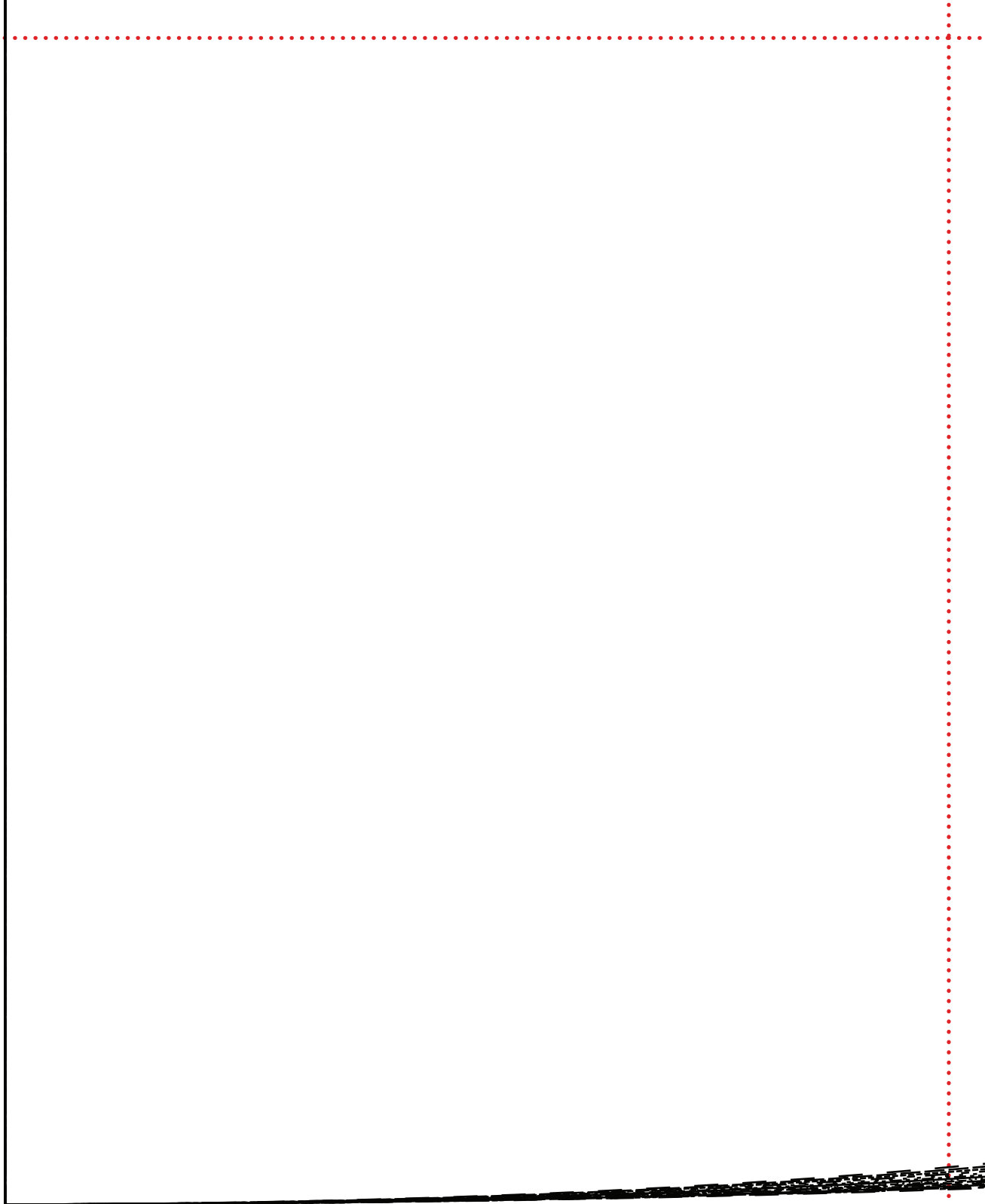


3c

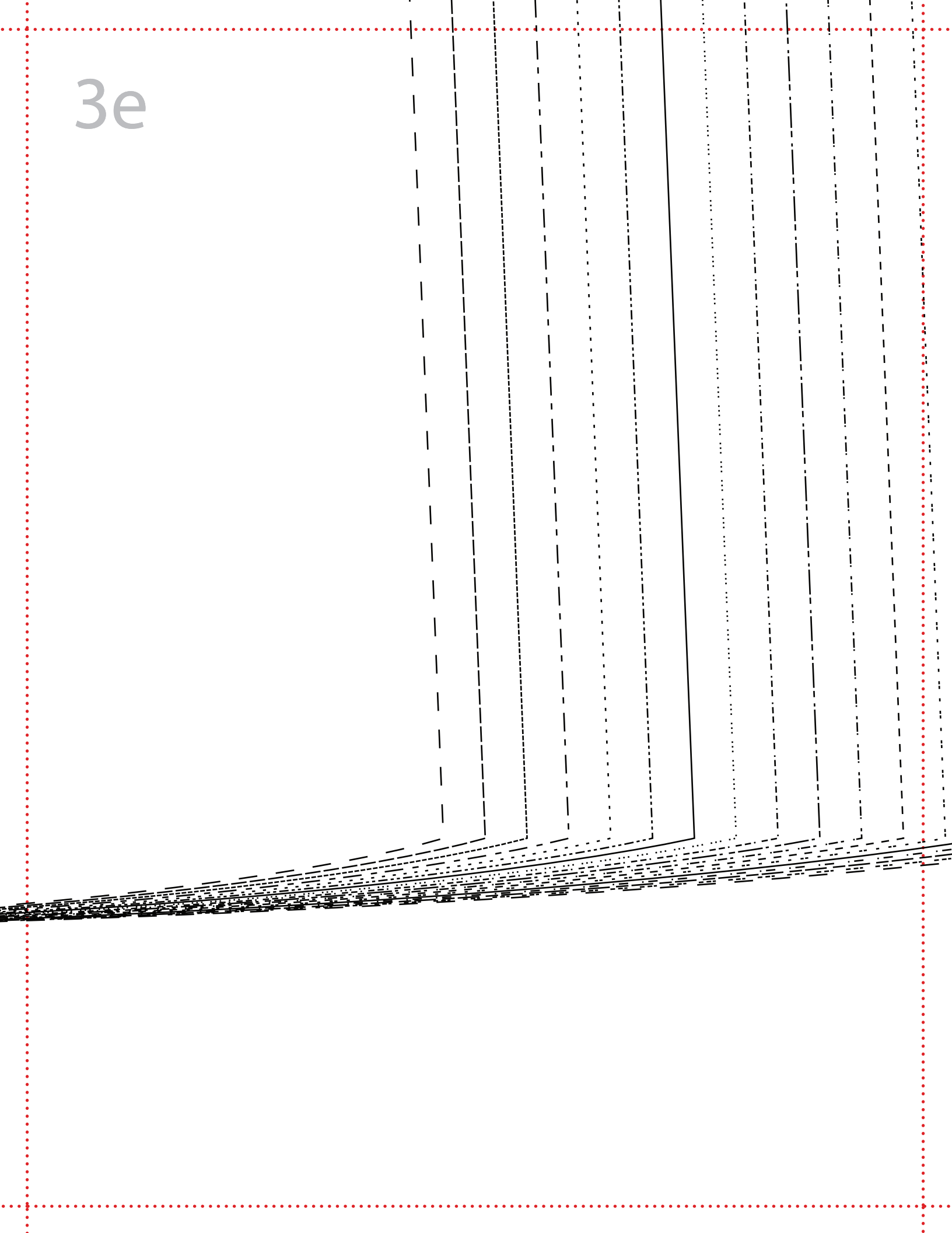
FOLD



3d

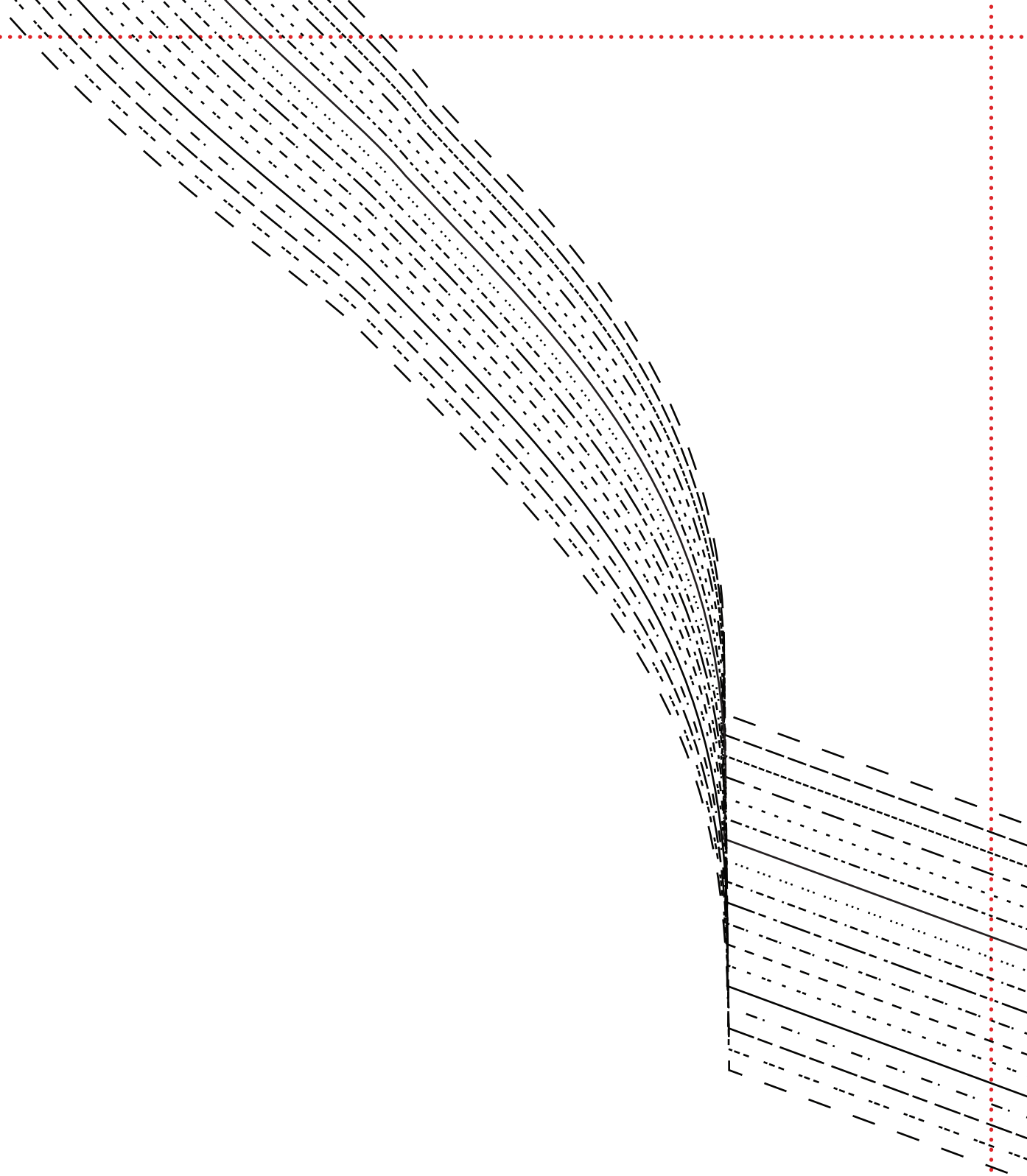


3e



3f

3g



3h

