

Petite Eye Mask a PDF pattern for Dolls, Kids, & Adults

Get some shut eye with this sweet sleep mask!

FREEBIE Collection

By: Ashley Riley

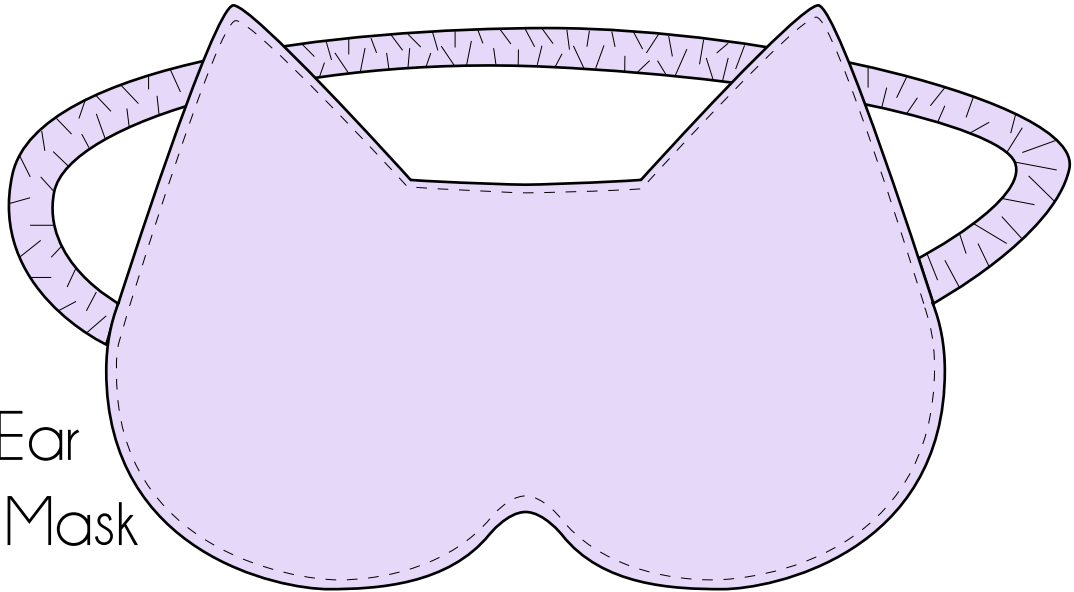


Petite Stitchery

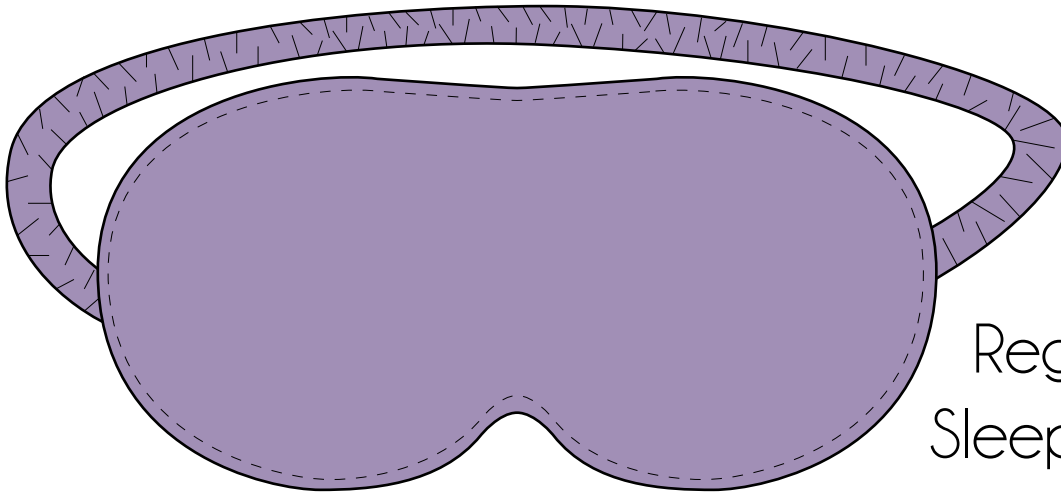
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Petite Sleep Mask

In Dolls, Kids, & Adult Sizes



Cat Ear
Sleep Mask



Regular
Sleep Mask

Petite Stitchery

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Getting Started

- * Read the entire pattern before beginning.
- * All seam allowances are 3/8" unless otherwise stated.
- * Finish seams with a serger or zigzag stitch to reduce fray.
- * Pre-wash fabric, particularly knit, to prevent shrinkage.
- * When instructed, topstitch your garment to lock seams in place. To topstitch, increase the stitch length to 3.0. Stitch 1/8" away from the folded edge and directly over the seam.
- * Optional topstitching will always be specified.
- * To gather, increase the sewing machine tension and stitch length to the highest settings. Leave a 5" to 10" thread tail and stitch 1/4" from the raw edge. Do not backstitch at the end, but instead leave another 5" to 10" tail. Adjust the gathers.

Recommended Fabrics:

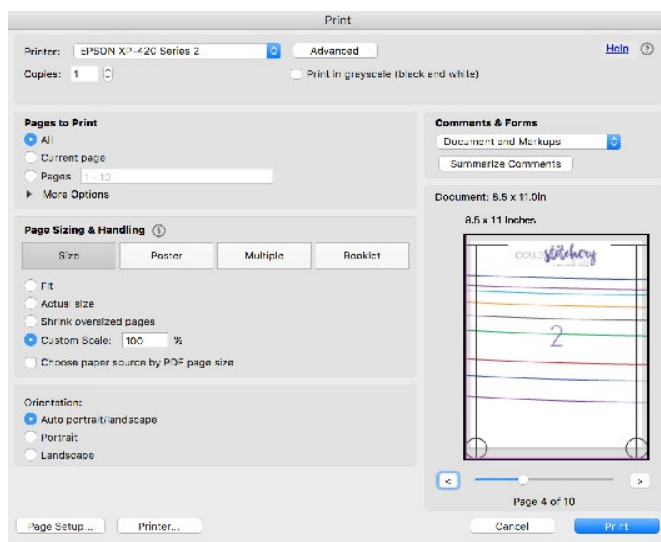
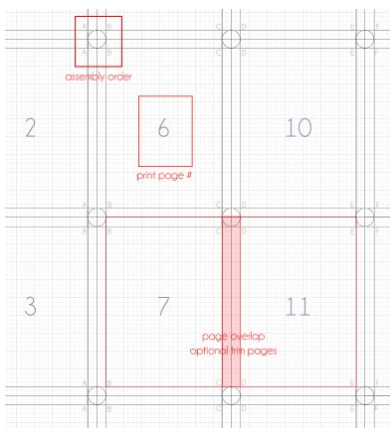
- * Woven fabrics for Main and Lining. Fleece or Batting.

Notions & Supplies

- * Sewing supplies: Sewing machine, thread, needles, scissors or rotary blade, and threader.
- * 1/4"-3/8" Elastic

Pattern Pieces Printing, Cutting & Assembly Instructions

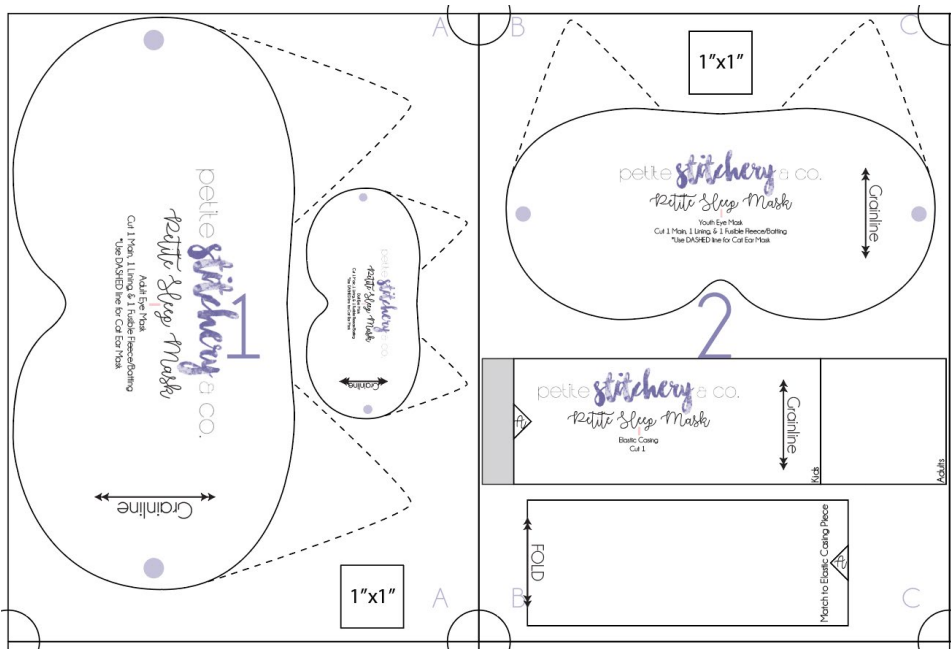
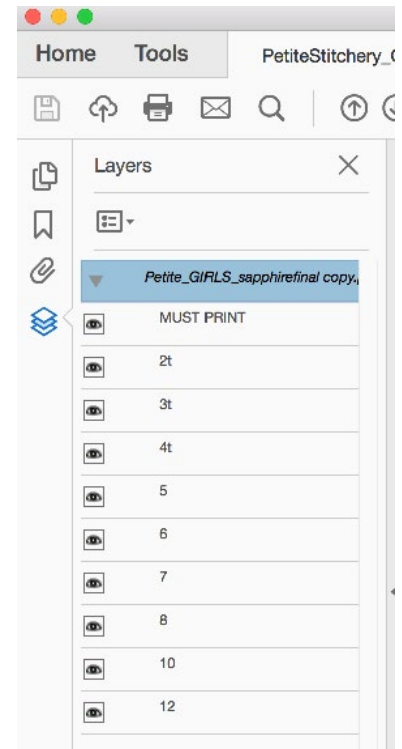
- * PS&C patterns are layered, providing the option to print one or more sizes at once.
- * When printing, make sure to select Auto portrait/landscape and 100% scale boxes.
- * Select the pattern pages to print.
- * Once printed, match up symbols and tape pattern pieces together. A visual depiction of the pattern layout will be provided with the cutting instructions.
- * Pages can be trimmed to black border or used without trimming
- * Page numbers are numerical from top to bottom
- * Page letters are matched alphabetically from left to right
- * Pages meet to make complete circles



Printing specific pattern sizes

- * Open the pdf pattern.
- * On the far left side of the screen is a layers button (two diamond shapes layered on top of each other). Click this button.
- * Every size will have a black oval in the box. This means all sizes will print. De-select the sizes that are not needed by clicking the box.

Do not de-select the "Must Print" box.



Printing & Pattern Assembly

All Sizes	Page Numbers
Adult/Doll	11
Kid/Elastic Casing	12

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Size Chart

Imperial	
Size	Head Circumference
Doll	12-13"
Kids	18-21"
Teen/Adult	21-24"

Metric	
Size	Head Circumference
Doll	30.5-33
Kids	45.75-53.25
Teen/Adult	53.25-61

Fabric Requirements

Imperial	
Doll	1/8
Kids	1/4
Teen/Adult	1/2

Metric	
Doll	.114
Kids	.228
Teen/Adult	.228

*Needed in each Main, Lining, & Batting

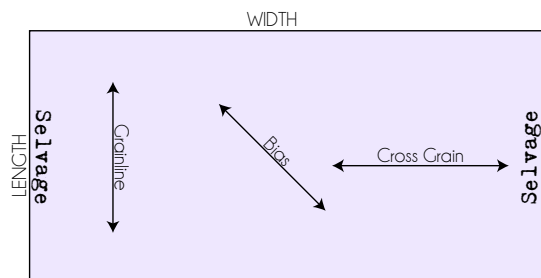
Cut Chart

Imperial		
	Casing	Elastic
Doll	N/A	8.5"
Kids	2 x 20	12"
Teen/Adult	2 x 24	14"

Metric		
	Casing	Elastic
Doll	N/A	21.5
Kids	5 x 50.75	30.5
Teen/Adult	5 x 61	35.5

Helpful Tips & Tricks

Understanding Your Fabric



Selvage Edge: Factory finished edges of your fabric

Width: Width of your fabric from selvage to selvage

Length: Length of fabric along the selvage edge, usually measured in yards or meters

Grainline: The long, vertical threads of your fabric also known as warps. These are sometimes visible with close inspection and run parallel to the selvage edge

Bias: The true bias of the fabric is at a 45 degree angle from the selvage and most often holds more stretch.

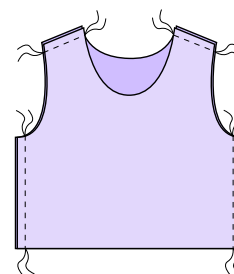
Stretch/Cross Grain: Horizontal threads known as wefts run selvage to selvage and make up the cross grain of your fabric. In knits, this is referred to as horizontal stretch.

Common Abbreviations

WOF	Width of Fabric
SA	Seam Allowance
CF/CB	Center Front/ Center Back
RST	Right Sides Together
WST	Wrong Sides Together



All PS&Co Patterns have a 3/8" Seam Allowance included unless otherwise stated.



Tips for Sewing with Wovens

*Selecting the right fabric for your project is essential! It is important to consider drape and weight when sewing wovens.

*Pre-washing your fabric is important to prevent shrinkage.

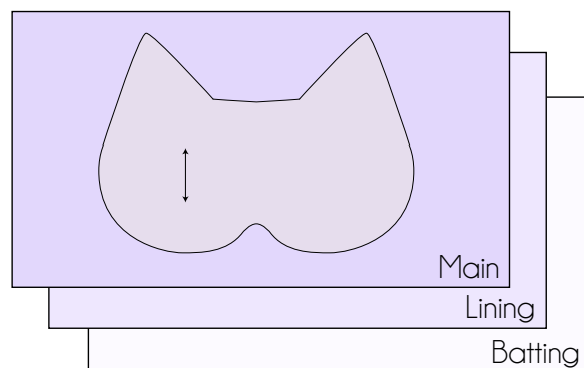
*Choose the right needle for your project! There are heavyweight needles for sewing denim and canvas, regular needles for most cottons, and sharps for leather and light weight fabrics.

*Avoid sewing from the very edge of the fabric- this can cause the fabric to get pulled into the feed dogs. Instead, start 3/8" from the edge and backstitch to the edge.

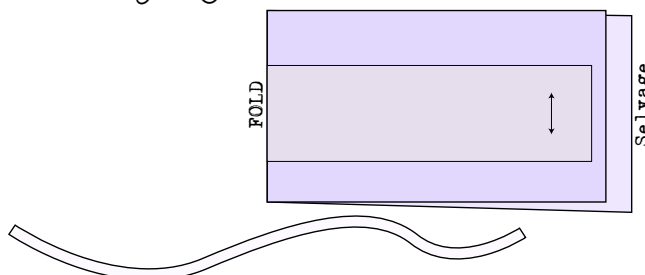
*If your machine has a walking foot, these are best for sewing slippery fabrics like satin.

*Pressing is such an important part of sewing wovens! It really helps to sharpen up your edges and makes stitching- especially topstitching- so much easier!

Petite Eye Mask Cutting Guide



*Cut 3 pieces of fabric just slightly larger than your mask. DO NOT cut the mask shape from the fabric



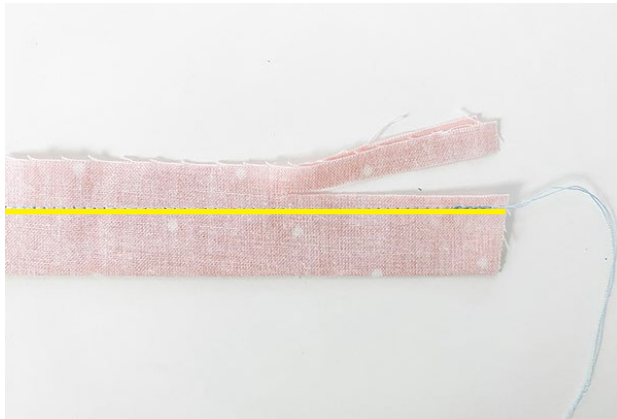
*Cut 1 Elastic Casing on the FOLD for Kids and Adults

*Cut 1 piece of 1/4-3/8" Elastic for Doll, Kids, and Adult using the measurements in the cut chart

Sewing Instructions

Sewing the Elastic Casing

Skip to Step 4 for Doll Version



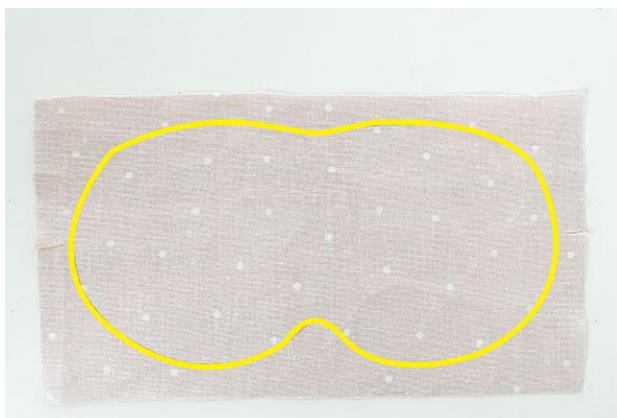
Step 1: Fold your casing in half, right sides together, and sew to form a tube. Trim the seam allowance down to 1/8" and turn right side out.



Step 2: Using a safety pin, thread your elastic through the casing and tack at one end.



Step 3: Pull the elastic all the way through and tack the other end. Stretch a few times to distribute the gathers evenly.



Sewing the Mask

Step 4: Trace your mask shape onto the wrong side of your fabric.



Step 5: Turn your piece over and using the purple dots from your pattern piece, place the elastic against the right side of the mask. Double check to make sure your elastic is going reach the edge of your mask and that it's pinned correctly. Pin the center out of the way. If you are skipping the casing, just add your elastic of choice here.



Step 6: Place the fabric in this order:

Batting/Fleece
Lining Right Side Up
Main Fabric Right Side Down

Pin in place making sure your elastic is out of the way.



Step 7: Sew over the lines you traced in Step 4. Leave a 1-1.5" gap in the top of the mask for turning. You can go over the sides where the elastic is for extra stability.



Step 8: Trim the edges down to 1/8" except for the open section, leave 1/2" there to tuck in. Place small snips anywhere there are sharp curves, like the nose and the car ears.



Step 9: Turn right side out, smoothing all edges. Press.



Step 10: Topstitch 1/8" all around the edges of the mask and that's it!



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A

A

1"x1"



petite stitching & co.
petite sleep mask
Cut 1 Main, 1 Lining & 1 Fusible Fleece/Batting
*Use DASHED line for Cat Ear Mask

Grainline

B

C

1"x1"

petite *stitchery* & co.

Petite Sleep Mask

Youth Eye Mask

Cut 1 Main, 1 Lining, & 1 Fusible Fleece/Batting

*Use DASHED line for Cat Ear Mask

Grainline

2

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Petite Sleep Mask

Elastic Casing
Cut 1

Grainline

Kids

Adults

FOLD

B

C

Match to Elastic Casing Piece

A