

START HERE.

1. Select your Cup Size based on your HH measurement
2. Select your Band based on your Cup size then underbust measurement.

Check out our blog for more info on bra fit and alterations.

www.lilypadesigns.com/blog

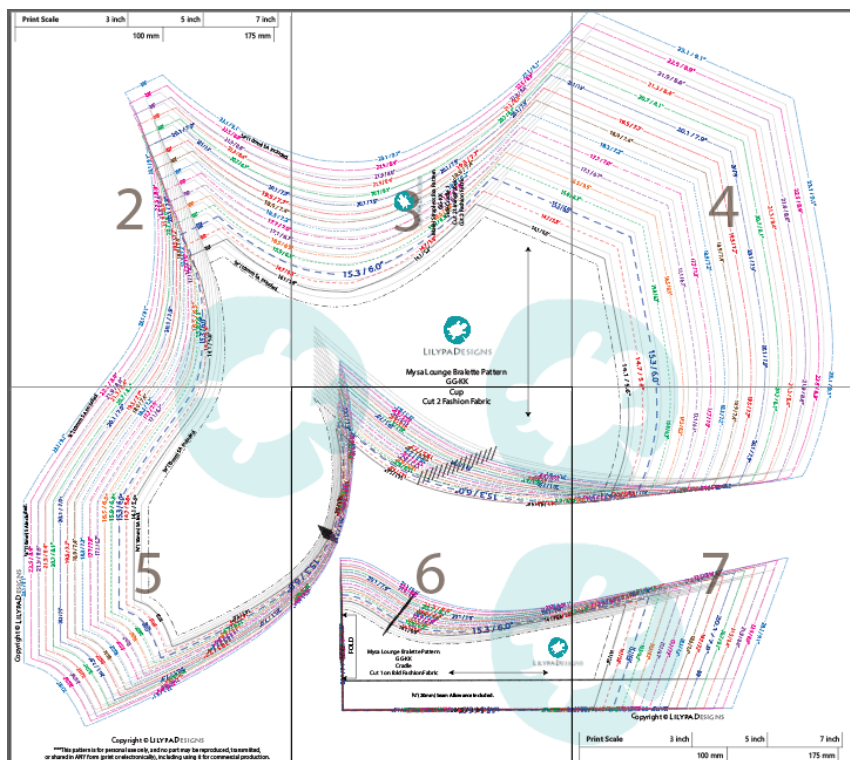
For BEGINNERS, we recommend using the HH size WITHOUT any optional steps and pin/clip the cups to fit at the muslin stage instead of grading. Grading instructions are on the blog and FB Group.

Additional Fitting Resources available:

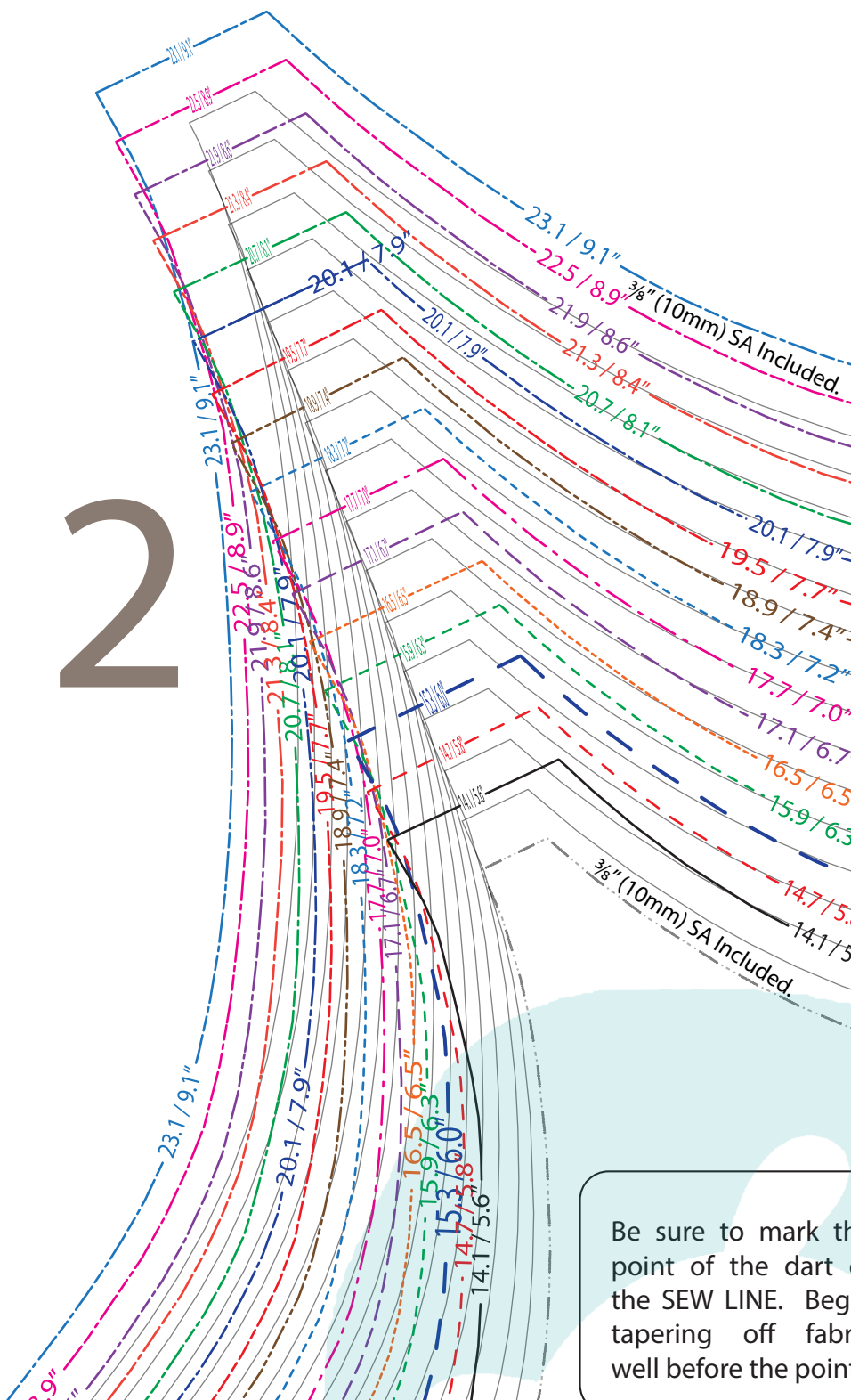
<https://www.lilypadesigns.com/beginners-guide>

<https://www.lilypadesigns.com/sizing-suggestion>

<https://www.lilypadesigns.com/blog/mysa-lounge-bcd-alteration>



2



Be sure to mark the point of the dart on the SEW LINE. Begin tapering off fabric well before the point



GG-KK

Side Cradle 1

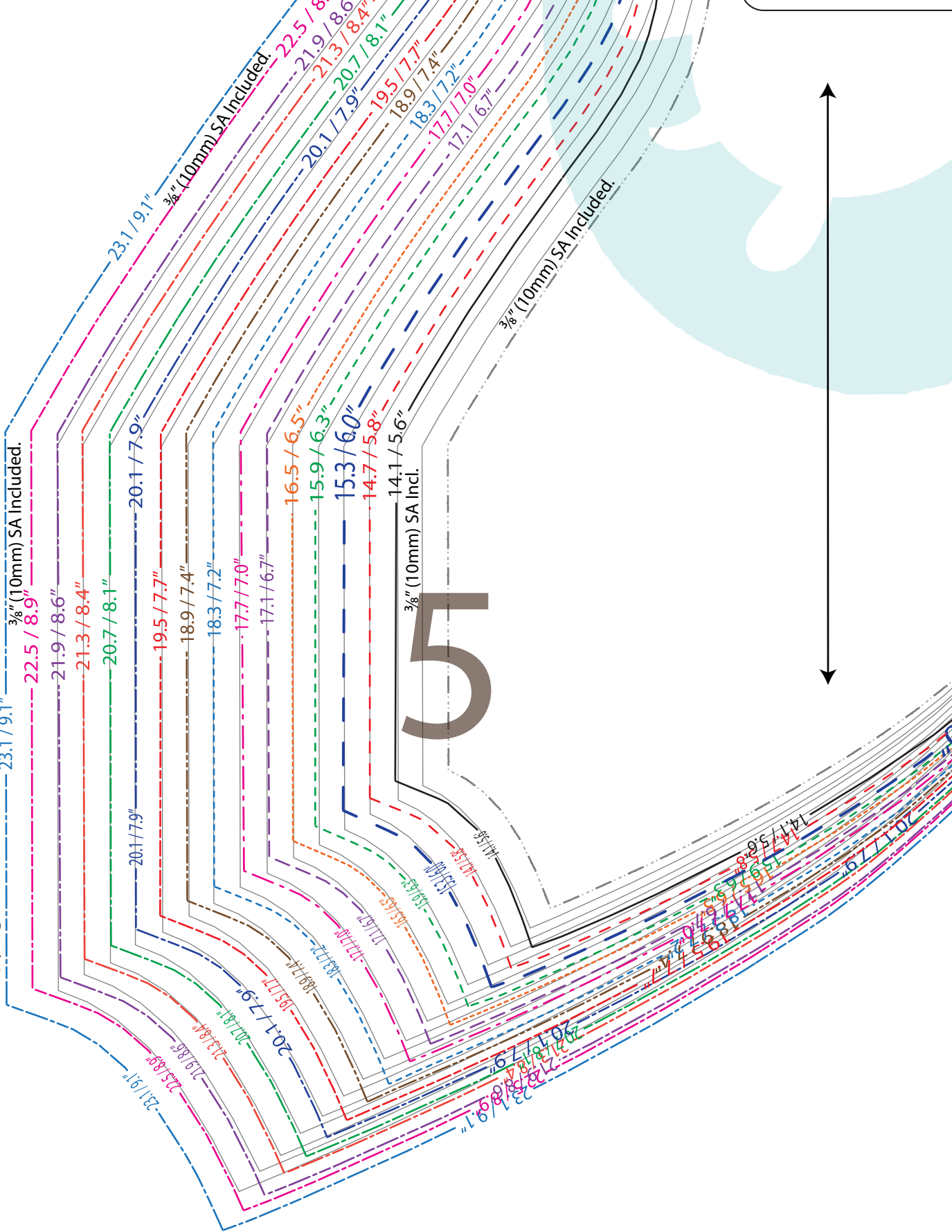
Cut 2 Lining Fabric

Cut 2 Fashion Fabric

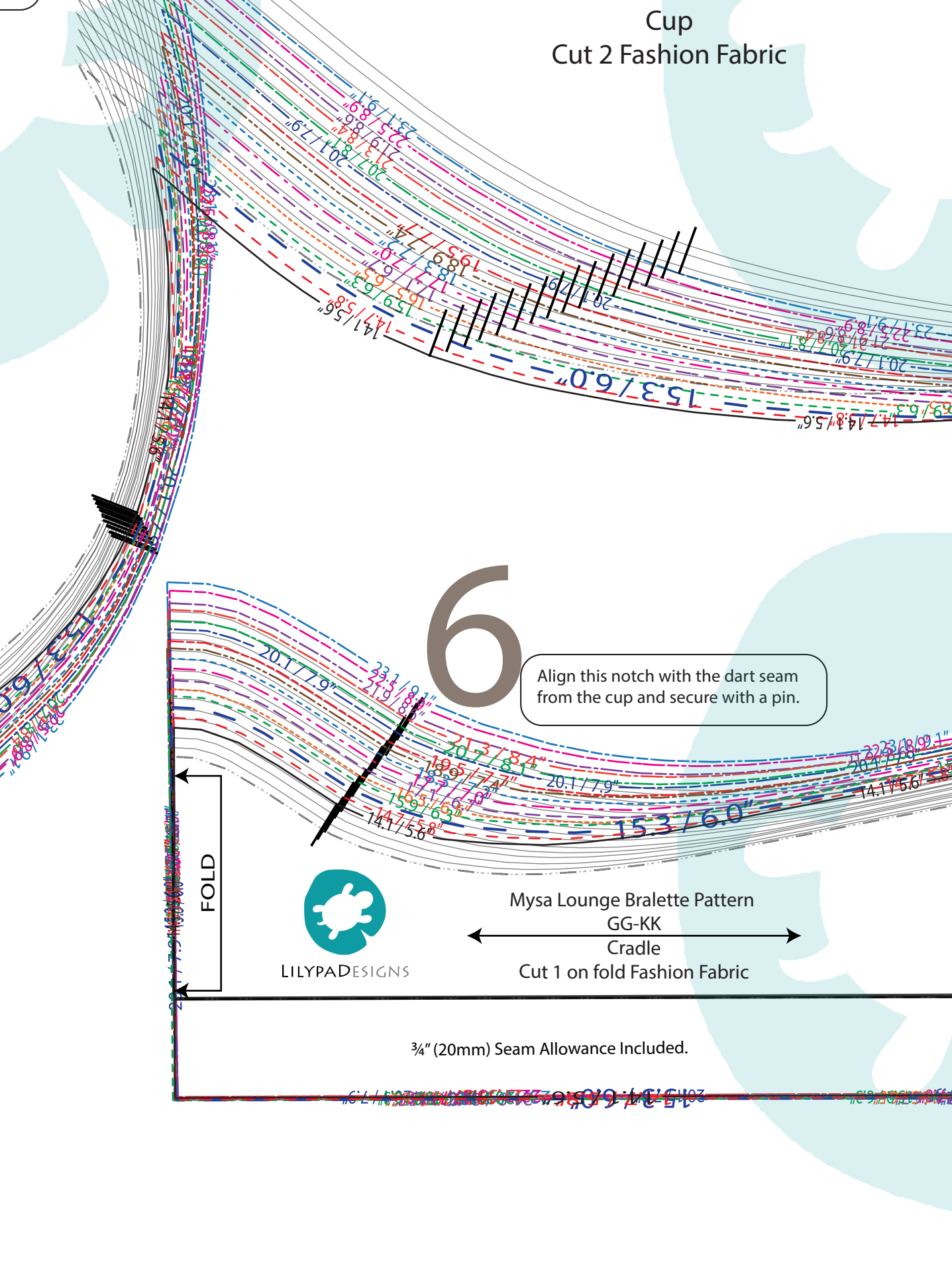


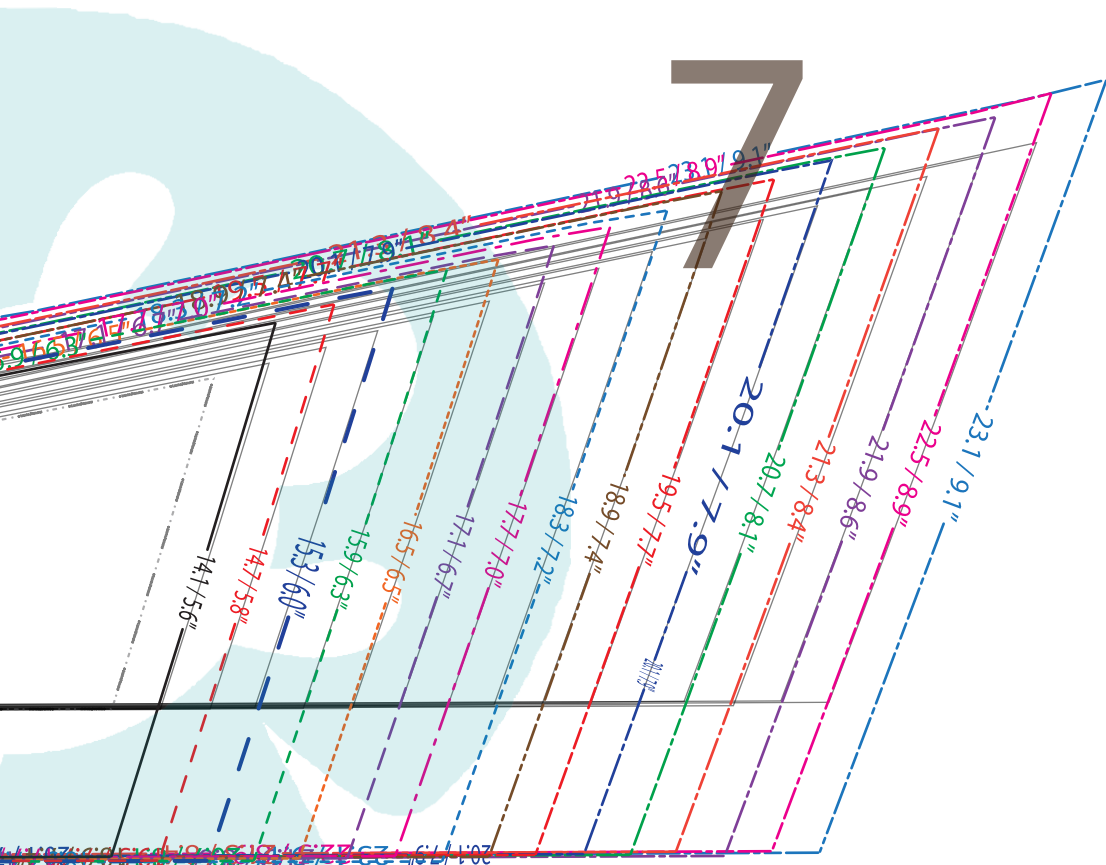
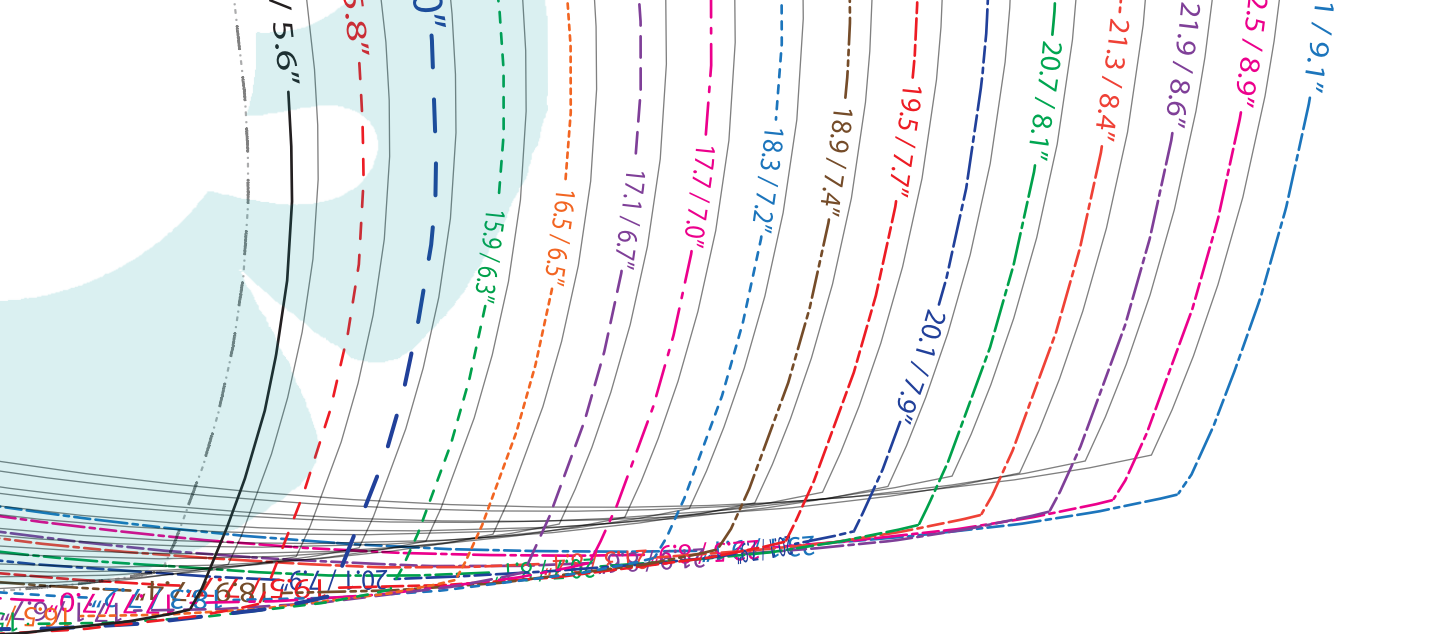
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Cup Cut 2 Fashion Fabric





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Print Scale		3 inch	5 inch	7 inch
		100 mm		175 mm