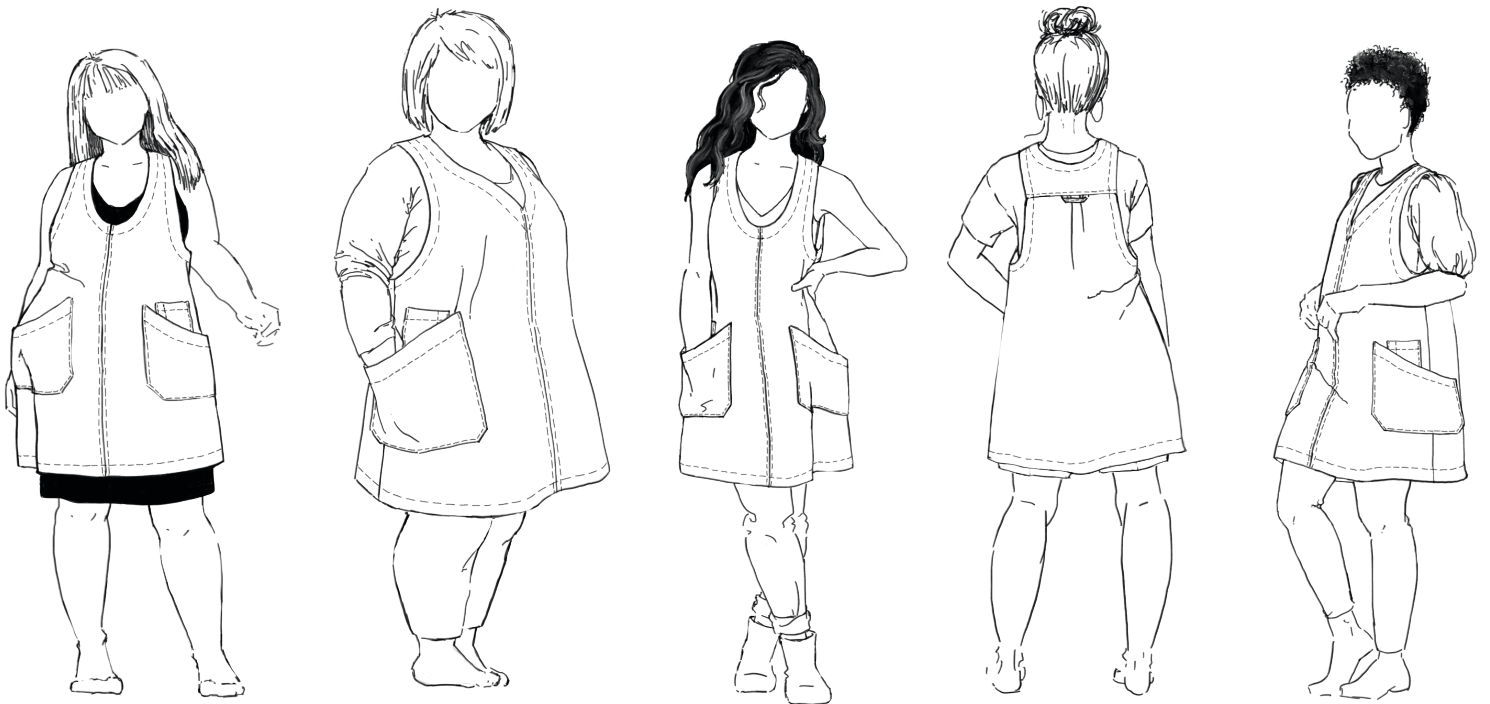


STUDIO TUNIC



SEW
LIBERATED

STUDIO TUNIC INSTRUCTIONS

We hope you enjoy making and wearing your Studio Tunic. If you want to improve your sewing, we have created a [companion Beyond Sewing Basics course](#). This course, part of our carefully-designed “Learn to Sew Your Clothes” learning path, uses this pattern to teach confident beginners more advanced skills, including working with different kinds of interfacing, grading between sizes, and several finishing techniques.

If you have used a PDF pattern before, this pattern will feel similar. This document contains the instructions. There are separate pattern piece files that you can either print at “HOME” on letter- or A4-paper or print at a commercial print-shop on full-scale A0-size pages.

For tips, including recommended print shops, see [sewliberated.com/using-digital-patterns](#). We also offer a [pattern piece printing service for the Studio Tunic](#) if you want us to ship full-size pattern pieces to your door.

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Here is a suggested workflow.

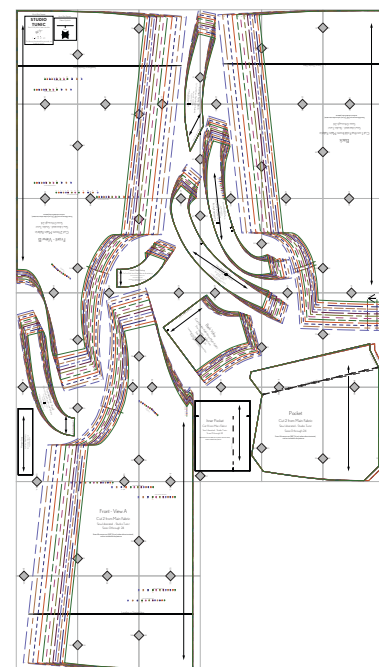
1. Print this PDF file, the instructions, starting with page 2. (Or just read it on a screen.)
2. If printing at a commercial print shop, send them the large size “SHOP” PDF (2 A0-size sheets for sizes 0-24 and 3 sheets for sizes 22-34) and skip to step 6. For recommended print shops, see [sewliberated.com/using-digital-patterns](#).
3. If printing at home, calibrate your printer with the test box on page 1 of the HOME PDF.

*This is an important step to avoid errors when printing the pattern tiles. Print this page at 100% with **no page scaling**, and measure the test box. If it is not the right size, adjust your printer settings, in particular being sure that ‘Page Scaling’ is set to ‘None’.*

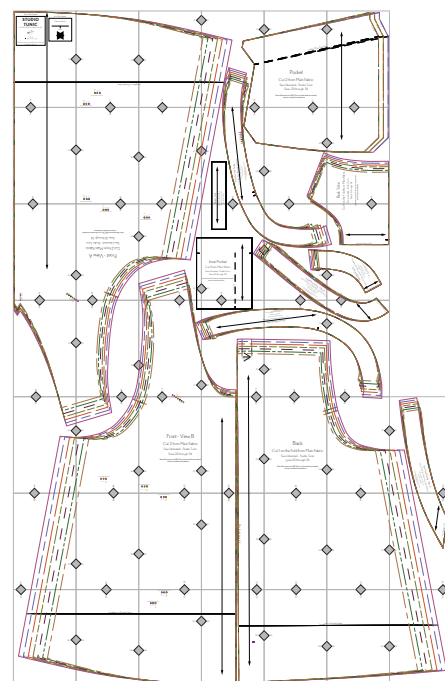
4. Print the rest of the HOME PDF. (Again, see [sewliberated.com/using-digital-patterns](#) for tips.)



Print at Home Tiles, Sizes 0-24



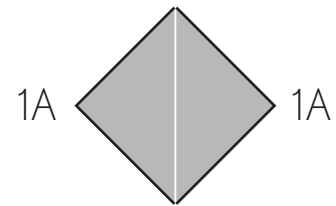
Print at Home Tiles, Sizes 22-34





5. Assemble the pattern piece tiles.

To assemble, line up the labeled diamonds: Fold back or cut one page's margin and slide the other page behind it. You can tape them. Your assembled pattern sheet should look like a big version of one of the diagrams to the right:



6. Trace and cut out the pattern pieces (with your tracing paper).
7. Follow the instructions to make your Studio Tunic.
8. Wear and enjoy!

Please take a picture and share your work with us on social media, using the hashtags #SewLiberated and #StudioTunic. If we made a mistake or could have made this creative experience smoother for you, let us know: support@sewliberated.com.

We have other sewing patterns and courses available at [SewLiberated.com](https://sewliberated.com).

Thanks for supporting indie designers!

Our Team

Design: Meg McElwee and Judith Henrikson

Grading: Stacey East

Layout: Alicia Carvalho

Instructions: Judith Henrikson and Meg McElwee

Illustrations: Judith Henrikson

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Not intended for commercial production.

Please support Sew Liberated's continued existence by not sharing this PDF. :)



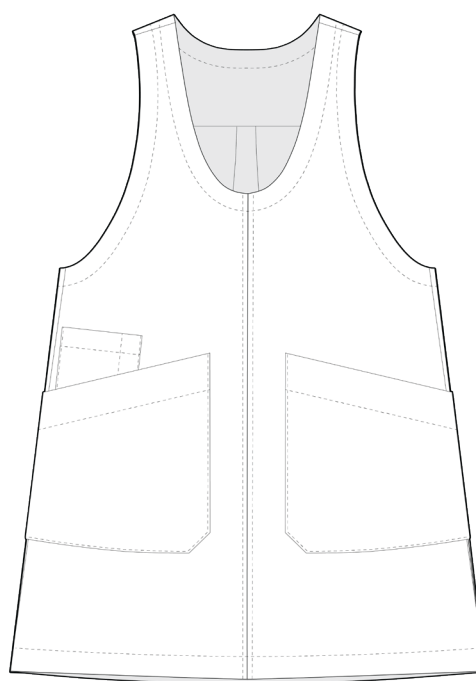
STUDIO TUNIC INSTRUCTIONS



The Studio Tunic is a pinafore-style tunic that takes layering to a whole new level. The utilitarian stitching makes for a durable, wear everywhere answer to your art-teacher-vibes dreams. With roomy pockets for all of the treasures and tools that you might need in your day in the kitchen, studio, garden or on the hiking trail, you'll be hands free and ready for adventure. The deeper neckline and low armholes make layering over all types of tops, in all seasons, a breeze. It's easy to layer over jeans, leggings, dresses, and skirts with the easy A-line silhouette, and the hem falls to mid thigh.



View A has a V-neckline.



View B has a deep rounded neckline.

The Studio Tunic is suitable for beginner sewists. You'll learn how to sew French seams, apply shaped facings, and create patch pockets.



Fabric and materials recommendations:

We recommend a mid-weight woven fabric. Some wonderful choices are mid-weight linen and chambray, cotton twill, Essex linen or light canvas, in solids or prints. The drape or hand of the fabric will significantly impact the look and fit of the final garment - softer fabrics like washed linen will fall gently for a relaxed, garden vibe, and more sturdy fabrics like light canvas or twill will enhance the oversized, utility look and the A-line silhouette. (If you choose a heavier weight fabric, you might want to use a lighter fabric for your facings to reduce bulk.) More confident sewists might choose a viscose-linen blend for a really luxurious texture.

STUDIO TUNIC



View A



View B



Both Views, Back

Your Measurements (Drafted for a height of 5'5" (165 cm) and a C-cup)

INCHES																		
SIZE	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34
HIGH BUST	28	29	30	31	32	33	34.5	36	37.5	39.5	41.5	43.5	45.5	47.5	49.5	51.5	53.5	55.5
BUST	31	32	33	34	35	36	37.5	39	40.5	42.5	44.5	46.5	48.5	50.5	52.5	54.5	56.5	58.5
WAIST	25	26	27	28	29	30	31.5	33	34.5	36.5	38.5	40.5	42.5	44.5	46.5	48.5	50.5	52.5
HIP	33.5	34.5	35.5	36.5	37.5	38.5	40	41.5	43	45	47	49	51	53	55	57	59	61

CENTIMETERS																		
SIZE	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34
HIGH BUST	71	74	76	79	81	84	88	91	95	100	105	110	116	121	126	131	136	141
BUST	79	81	84	86	89	91	94	98	102	107	112	117	122	127	132	137	142	147
WAIST	64	66	69	71	74	77	81	84	87	93	98	103	108	113	118	123	128	133
HIP	85	88	90	93	95	98	102	106	109	114	120	125	130	135	140	145	150	155

Finished Garment Measurements

Measurements taken with the garment on a flat surface. Size 22 and 24 finished measurements are taken on the 22-34 nest.

INCHES																		
SIZE	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34
WAIST CIRCUMFERENCE*	40	41	42	43	44	45	46.5	48	49.5	51.5	53.5	57.25	59.25	61.25	63.25	65.25	67.25	69.25
FRONT LENGTH**	36.1	36.4	36.75	37.1	37.4	37.7	38	38.3	38.6	38.9	39.25	40.7	41	41.3	41.6	41.9	42.25	42.6
BACK LENGTH**	36.6	36.9	37.25	37.6	37.9	38.2	38.5	38.8	39.1	39.4	39.75	40.2	40.5	40.8	41.1	41.4	41.75	42.1
HEM CIRCUMFERENCE	49.5	50.5	51.5	52.5	53.5	54.5	56.0	57.5	59.0	61.0	63.0	73.5	75.5	77.5	79.5	81.5	83.5	85.5

CENTIMETERS																		
SIZE	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34
WAIST CIRCUMFERENCE*	101.6	104.1	106.7	109.2	111.8	114.3	118.1	121.9	125.7	130.8	135.9	145.4	150.5	155.6	160.7	165.7	170.8	175.9
FRONT LENGTH**	91.8	92.6	93.3	94.1	94.9	95.7	96.5	97.3	98.1	98.9	99.7	103.3	104.1	104.9	105.7	106.5	107.3	108.1
BACK LENGTH**	93.0	93.8	94.6	95.4	96.2	97.0	97.8	98.6	99.4	100.2	101.0	102.1	102.9	103.7	104.5	105.3	106.0	106.8
HEM CIRCUMFERENCE	125.7	128.3	130.8	133.4	135.9	138.4	142.2	146.1	149.9	154.9	160.0	186.7	191.8	196.9	201.9	207.0	212.1	217.2

* measured 1" (2.5 cm) below the armhole

** from high point shoulder to hem

*** finished garment bust measurements are not included because the Studio Tunic is open at the sides and the fabric circumference doesn't complete at the full bust level. See "Fitting" for more detail.

Fabric Requirements

	SIZES 0-22	SIZES 24-28	SIZES 30-34
45" (114 CM) WIDE WOVEN FABRIC	2.75 YD (2.5 M)	3.1 YD (2.8 M)	TOO NARROW
54" (137 CM) WIDE WOVEN FABRIC	2.2 YD (2 M)	2.7 YD (2.4 M)	2.7 YD (2.4 M)

Notions

- 0.75 yd (0.7 m) of lightweight fusible interfacing, either woven or non-woven. (An average width of interfacing is 20" (0.5 m).)

Fitting

The pattern is drafted for a height of 5'5" (165 cm) and a C-cup.

The bodice is designed to fit quite loosely and layer easily, with plenty of positive design ease through the bust, waist and hip. There is no bust fitting, since the style skims over the shoulders and bust, with low, wide armholes and neckline. You can blend sizes through the hip if needed, but if there's only a one size jump between your bust and hip, you probably don't need to. Finished garment bust measurements are not included in the chart because the Studio Tunic is open at the sides through the deep armholes, and the fabric circumference doesn't complete at the full bust level. Let your bust size determine your starting point if you're between sizes, and check the finished measurements of the waist and hip to confirm if you want to blend sizes from there.

Judith prepared [a free video tutorial to help you fit your Studio Tunic.](#)

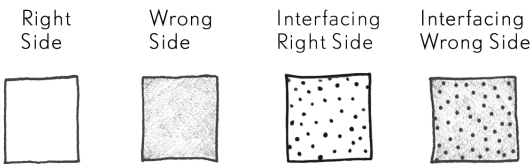
Prepare your fabric

Wash, dry, and press your fabric. If you are cutting on the fold, fold the fabric in half lengthwise, making sure the folded edge is on-grain. If you are cutting a single layer, lay the fabric out on a large surface, checking that the fabric's grain is straight.

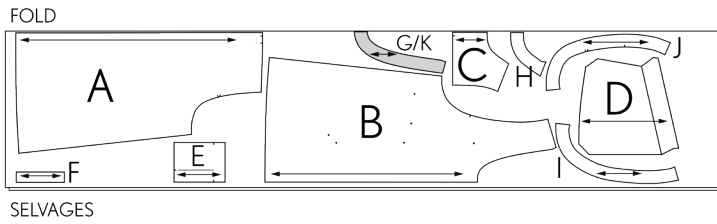
X x X X x X x X x X x X X x X x X x X x X x X x X

Mark right and wrong sides if working with solid color fabric

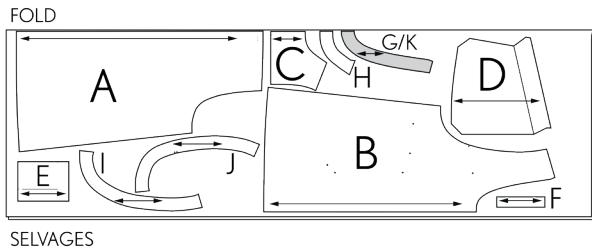
When working with linen, solid rayon, wool, silk, and tencel, it is often difficult to distinguish between the right and wrong sides of the fabric. Save yourself some frustration and seam-ripping by marking the right side of each fabric piece with a small piece of masking tape. (If you feel comfortable using chalk or a disappearing marker, that works too.)



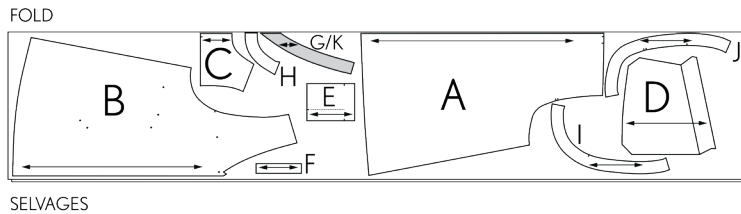
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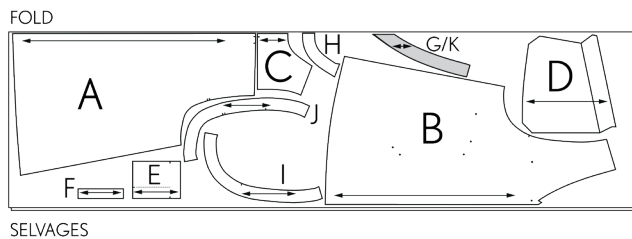
45" (114 CM) wide fabric
Sizes 0 - 22



54" (137 CM) wide fabric
Sizes 0 - 22



45" (114 CM) wide fabric
Sizes 24 - 28



54" (137 CM) wide fabric
Sizes 24 - 34



For View A from Main fabric:

- 1 Back on fold (A)
- 2 Fronts (B)
- 1 Back Yoke on fold (C)
- 2 Pockets (D)
- 1 Inner Pocket (E)
- 1 Hanger Loop (F)
- 1 Front Neck Facing A (G)
- 1 Back Neck Facing (H)
- 2 Front Armhole Facings (I)
- 2 Back Armhole Facings (J)

from fusible interfacing:

- 1 Front Neck Facing A (G)
- 1 Back Neck Facing (H)
- 2 Front Armhole Facings (I)
- 2 Back Armhole Facings (J)
- 2 strips measuring 2" x 15" (5 x 38 cm)

For View B from Main fabric:

- 1 Back on fold (A)
- 2 Fronts (B)
- 1 Back Yoke on fold (C)
- 2 Pockets (D)
- 1 Inner Pocket (E)
- 1 Hanger Loop (F)
- 1 Front Neck Facing B (K)
- 1 Back Neck Facing (H)
- 2 Front Armhole Facings (I)
- 2 Back Armhole Facings (J)

from fusible interfacing:

- 1 Front Neck Facing B (K)
- 1 Back Neck Facing (H)
- 2 Front Armhole Facings (I)
- 2 Back Armhole Facings (J)
- 2 strips measuring 2" x 15" (5 x 38 cm)

The pockets are applied quite far into the project, and it's easy for markings to disappear in the handling of the pieces. Make sure that your drill marks for the pocket placement are marked with either tailor's tacks or a method that won't disappear too easily.



All seams are 5/8" (1.6 cm) and are included in the pattern pieces.

For the best results, read the instructions completely before beginning your project.

1. Prepare the Facings

(You'll be clean-fining your facing edges by sewing them before turning and fusing the interfacing into place. If your fabric is either too bulky or too soft for this method, you may choose an alternative facing finish, fuse your interfacing as usual, and skip to Step 2.)

- Arrange all of the Facings right side up on your working surface. Place the interfacing pieces right side down (non-adhesive side down) on top of their matching facing pieces, aligning the edges. Do NOT fuse the interfacing yet! **Fig 1a**

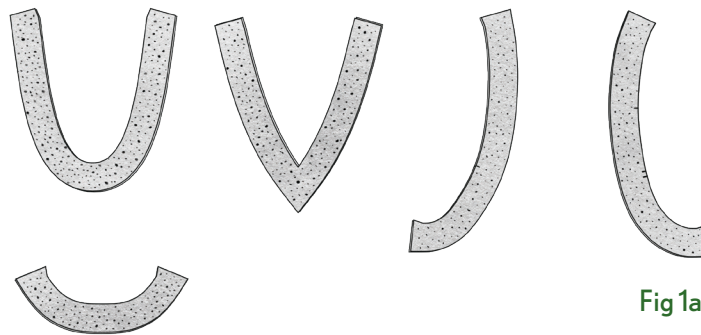


Fig 1a

- On the long edge that will not be sewn to the neckline or armhole, sew the interfacing to each accompanying Facing piece, with a 1/4" (6 mm) seam allowance. **Fig 1b**

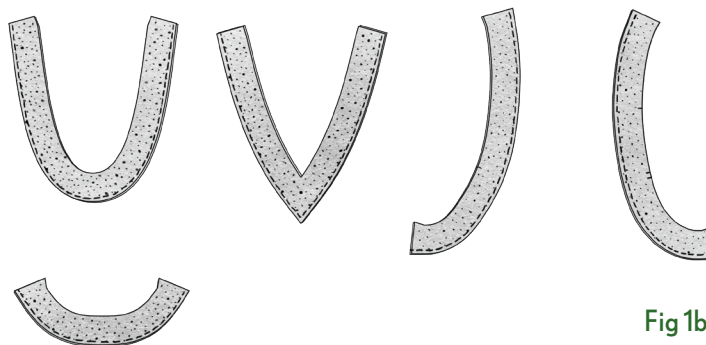


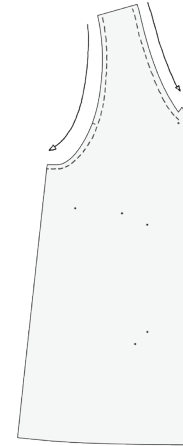
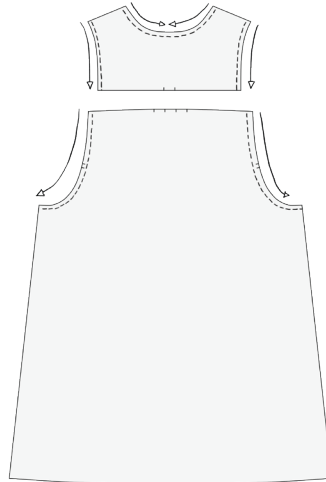
Fig 1b

- Turn the facings right side out. The glue side of the interfacing will now be against the wrong side of the facing, and the tiny seam that you just sewed creates a really tidy edge finish for the Facings on the inside of the garment. Carefully align the cut edges of the main fabric pieces with the interfacing edges, and fuse the interfacing in place.

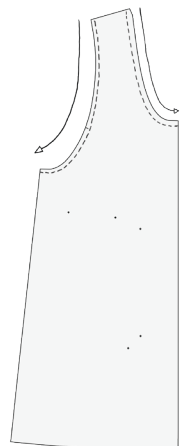


2. Stay Stitching

- Stay stitch the neckline edges and the armhole edges of the Fronts, Back, and Back Yoke, using a $\frac{1}{2}$ " (1.3 cm) seam allowance. **Fig 2a**
(Note that the stay stitching will not be shown in the diagrams following this step, for clarity.)



View A



View B

Fig 2a

3. Prepare the Pockets and Hanger Loop

- Apply the interfacing strips $\frac{5}{8}$ " (1.6 cm) away from the hem edge on the wrong side of the Pockets, trimming down the length if required. Turn the top edge of the Pocket towards the wrong side $\frac{5}{8}$ " (1.3 cm) and press. **Fig 3a** Turn the edge towards the wrong side again, this time by 2" (5 cm). The notches on the side of the pocket pieces will guide your fold lines. Turn the hem edge of the Pocket towards the right side, on the second fold line, so the raw edges line up on the sides of the pocket. Sew along the side edges of the hem allowance, using a $\frac{5}{8}$ " (1.6 cm) seam allowance, to enclose the top corners of the Pocket Hem neatly. **Fig 3b** Flip the hem right side out. Press and edgestitch the hem to secure. **Fig 3c** Repeat this step for the second Pocket.

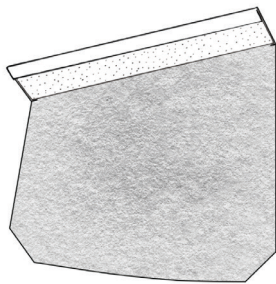


Fig 3a

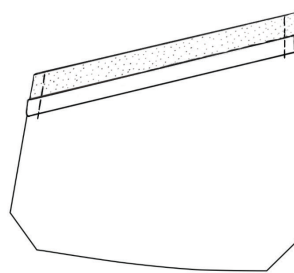


Fig 3b

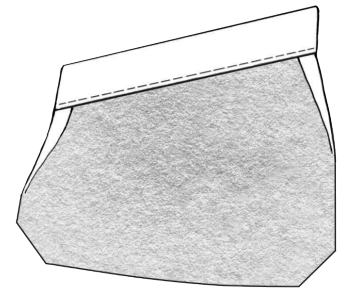


Fig 3c

- Turn the remaining raw edges of the Pockets towards the wrong side by $\frac{5}{8}$ " (1.6 cm) and press. **Fig 3d** If you're struggling to get an even turn, or your fabric is really soft, sew a line of stitching around the raw edges with a scant $\frac{5}{8}$ " (1.6 cm) seam allowance. The line of stitching can act as your guide, and convinces the fabric to turn more neatly.

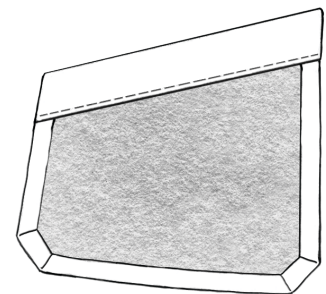


Fig 3d



- c. Turn the top edge of the Inside Pocket towards the wrong side $5/8"$ (1.6 cm) and press. Turn the edge towards the wrong side again, this time by $1"$ (2.5 cm), and press. The notches on the side of the pocket pieces will guide your fold lines. Turn the hem edge of the Pocket towards the right side, on the second fold line, so the raw edges line up on the sides of the pocket. Sew along the side edges of the hem allowance, using a $5/8"$ (1.6 cm) seam allowance, to enclose the top corners of the Pocket Hem neatly. **Fig 3e** Turn the pocket hem right side out. Press and edgestitch to secure the hem. **Fig 3f**

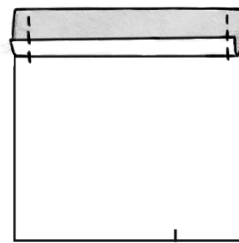


Fig 3e

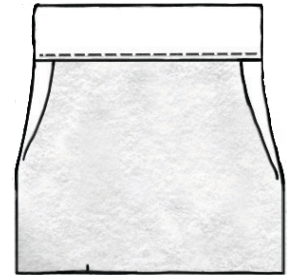


Fig 3f

- d. Turn the remaining raw edges of the Inside Pocket towards the wrong side by $5/8"$ (1.6 cm) and press. **Fig 3g** If you're struggling to get an even turn, or your fabric is really soft, sew a line of stitching around the raw edges with a scant $5/8"$ (1.6 cm) seam allowance. The line of stitching can act as your guide, and convinces the fabric to turn more neatly.
- e. Fold the Hanger Loop piece in half lengthwise and press. Open up the piece and tuck the raw edges inside, lining them up right against the centre fold. Press well. **Fig 3h** Edge stitch along both long edges of the hanger loop, enclosing the raw edges. The Hanger loop is intentionally too long, and you'll trim it to length later, so don't worry if you have a few messy stitches on the end!

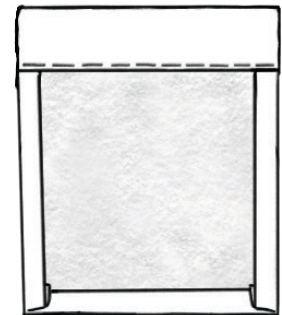


Fig 3g

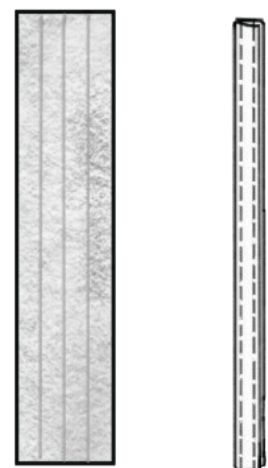


Fig 3h



4. Sew the Yoke Seam

- a. On the top edge of the Back, match up the notches on each side of the center and fold the intake towards the center back. From the wrong side, you'll see two folds meeting at the center back, and from the right side, you'll see the folds spaced 1" (2.5 cm) apart. Baste the pleat in place using a 1/2" (1.3 cm) seam allowance. **Fig 4a**
- b. To pre-shape the hanger loop, measure 5/8" (1.6 cm) on each side of the center of the piece. Place a pin at the marking, and fold the end of the loop piece up so it's 90 degrees from the center. Repeat for the second side of the loop. Press well. **Fig 4b**
- c. Position the Hanger Loop on top of the box pleat, with the inside edge of the horizontal center portion 7/8" (2.2 cm) from the top raw edge of the Back. With the pin heads out, towards the yoke seam, pin the Hanger Loop in place. **Fig 4c**

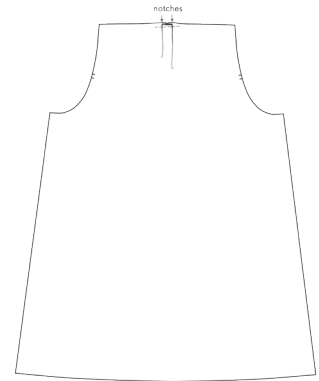


Fig 4a

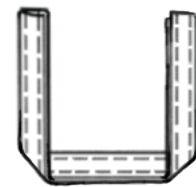


Fig 4b

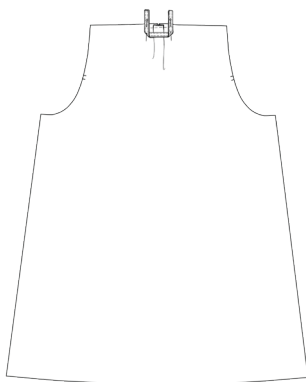


Fig 4c



Fig 4d



Fig 4e

- d. With the wrong sides together, pin the Back Yoke to the Back at the yoke seam. Sew with a 1/4" (6 mm) seam allowance. **Fig 4d** Press the seam allowance open. (Pressing the seam allowances open will help keep the finished French seams really tidy and flat.) Trim the ends of the Hanger loop a little shorter than the seam allowance, about 1/8" (3 mm) from the seam line. Trim any errant threads - this is important! They'll stick out through the seam on the right side if you don't neaten up the edges right now.
- e. Flip the Yoke around so the right sides of the Back Yoke and the Back are facing, and the first seam is right on the edge. Sew the yoke seam again, this time with a 3/8" (1 cm) seam allowance. **Fig 4e** You'll be enclosing the raw edges in the seam, forming a French seam.



- f. Press the seam allowance up, and make sure the hanger loop is below the Yoke. Optional: topstitch the seam allowance in place, with one or two lines of stitching. **Fig 4f**



This assembly is now referred to as the Back

5. Sew the Center Front Seam

- a. With the right sides together, pin the two Front pieces together at the center front seam. Sew with a $5/8$ " (1.6 cm) seam allowance: for View A, sew from the drill mark (the little circle) to the hem, and for View B, sew the entire seam. **Fig 5a** Press the seam allowances open.
- b. Tuck the raw edge of one seam allowance under (towards the wrong side of the fabric) so that the raw edge meets the seam that you just sewed, and is hidden by the folded seam allowance. The folded seam allowance will measure just over $1/4$ " (6 mm) wide. Press, and pin in place. **Fig 5b** Tuck the raw edge of the second seam allowance under in the same manner, also pressing and pinning in place. Now you have both seam allowances of the center front seam prepared for the edges to be enclosed by a line of stitching.
- c. Edgestitch each seam allowance in place. **Fig 5c** Sew from the wrong side to use an edgestitch foot along the fold.

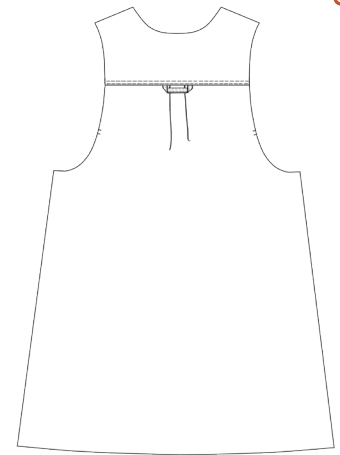


Fig 4f

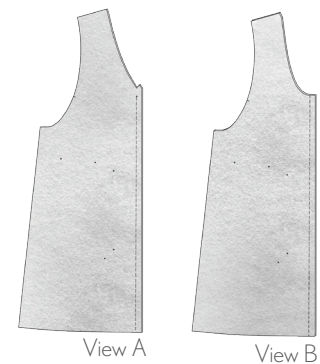


Fig 5a

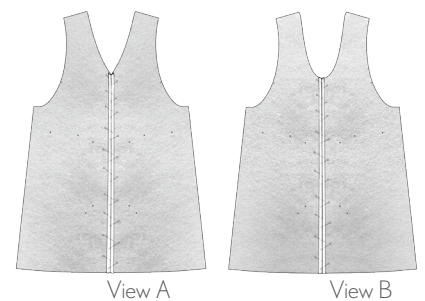


Fig 5b

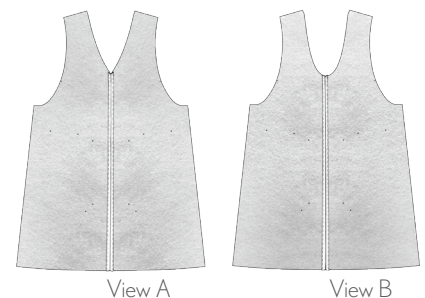


Fig 5c



6. Sew the Front to the Back at the Shoulder Seams

- With the wrong sides together, pin the Back to the Front at the shoulder seams. Sew with a $\frac{1}{4}$ " (6 mm) seam allowance. **Fig 6a** Press the seam allowances open. Trim any errant threads - this is important! They'll stick out through the seam on the right side if you don't neaten up the edges right now.

- Flip the Back around so the right sides of the Back and the Front are facing, and the first seam is right on the edge. Sew the shoulder seam again, this time with a $\frac{3}{8}$ " (1 cm) seam allowance, enclosing the raw edges in the seam. **Fig 6b**

- Press the seam allowances towards the Front.

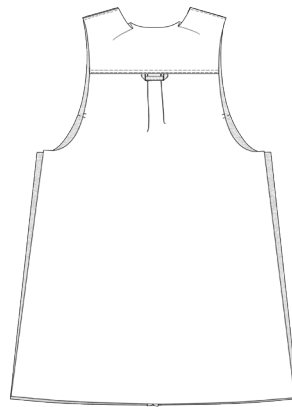


Fig 6a



Fig 6b

7. Sew the Front to the Back at the Side Seams

- With the wrong sides together, pin the Back to the Front at the side seams. Sew with a $\frac{1}{4}$ " (6 mm) seam allowance. **Fig 7a** Press the seam allowances open and neaten up the cut edges by trimming any stray threads.

- Turn wrong side out, so the right sides of the Back and the Front are facing, and the first seam is right on the edge. Sew the side seam again, this time with a $\frac{3}{8}$ " (1 cm) seam allowance, enclosing the raw edges in the seam.

Fig 7b

- Press the seam allowances towards the Front.

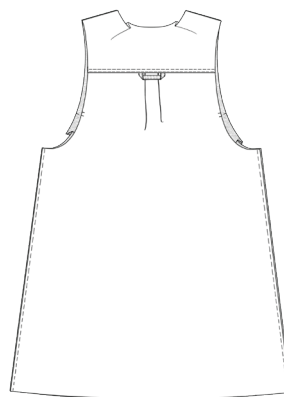


Fig 7a



Fig 7b





8. Apply the Facings

- a. Pin the Front Neck Facing to the Back Neck Facing at the shoulder seams with right sides facing - line up the seam lines. The corners will jog a little, but will line up when the seam is pressed open! Sew. **Fig 8a** Press the seam allowances open. **Fig 8b** This is now referred to as the Neck Facing.

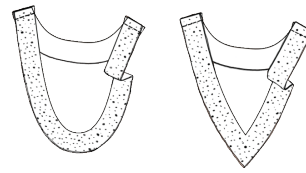


Fig 8a

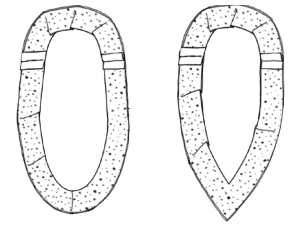


Fig 8b

- b. Pin a Front Armhole Facing to a Back Armhole Facing at the shoulder seams and side seams with right sides facing. Sew. Press the seam allowances open. **Fig 8c** These are now referred to as Armhole Facings.

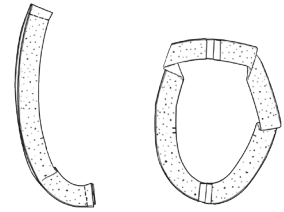


Fig 8c

- c. With the right side of the Neck Facing against the right side of the tunic neckline, pin the raw edges together. Sew around the neckline, securing the facing to the neck edge with a 5/8" (1.6 cm) seam allowance. For View A, pivot at the drill mark at the center front to form the point at the bottom of the V neck. For both views, use a slightly shorter stitch length around the seam to make it easier to sew around the curves. **Fig 8d** Trim the seam allowance back to 1/4" (6 mm) and press the seam allowances towards

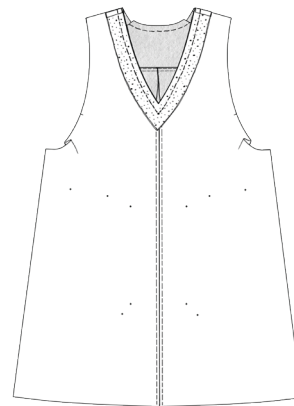


Fig 8d

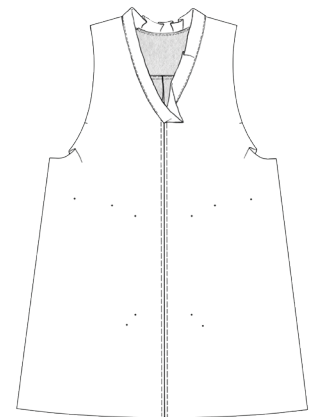


Fig 8e

- the facing. For View A, you'll also need to snip to, but not through, the point of the V. Understitch the seam allowances in place. **Fig 8e** Turn the facing to the inside of the garment and press.

- d. With the right side of an Armhole Facing against the right side of one of the tunic's armholes, pin the raw edges together. Make sure that you're paying attention to the notches as you pin, so that you can make sure you're matching the correct facing to the correct side! Sew around the armhole, securing the facing to the armhole edge with a 5/8" (1.6 cm) seam allowance. **Fig 8f** Trim the seam allowance back to 1/4" (6 mm) and press the seam allowances towards the facing. Understitch the seam allowances in place. Turn the facing to the inside of the garment and press.

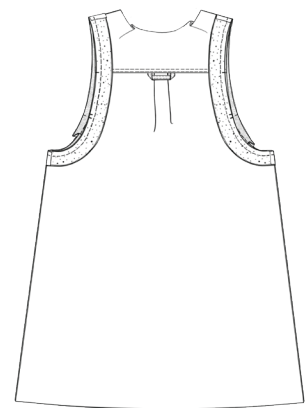


Fig 8f



- e. Repeat step **8d** to apply the second Armhole Facing.
- f. Now that all three facings are inside of the Studio Tunic, make sure that they're pressed neatly and lying smoothly. Pin them in place so the inner edges don't shift, or hand-baste them if you prefer. Topstitch the facings in place with a 3/4" (2 cm) distance from the finished edge of the garment.

Fig 8g If you're feeling unsure about your steadiness for these lines of topstitching, try using your fabric marking tool (like chalk or fabric marker) to mark the stitching lines while your tunic is on the ironing board or work surface. It's sometimes easier to mark the lines before you're at the machine.

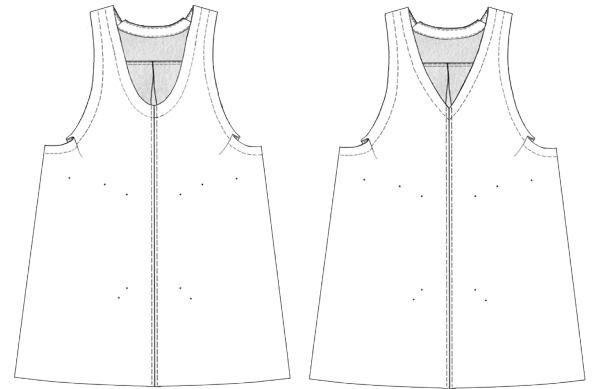


Fig 8g

9. Apply the Pockets

- a. Using the drill marks, place the Inner Pocket on the tunic front. There's only one inner pocket, so you can choose whether to place it on the right or the left, depending on your dominant hand. Pin the Inner Pocket in place. **Fig 9a** Edgestitch the Inner Pocket to the Front, using an edge stitch foot if desired.
- b. (OPTIONAL: This step creates a narrower "pencil" pocket.) Following the dashed line on the pattern, add the additional line of stitching 1-1/8" (2.8 cm) from the inside edge. **Fig 9b**

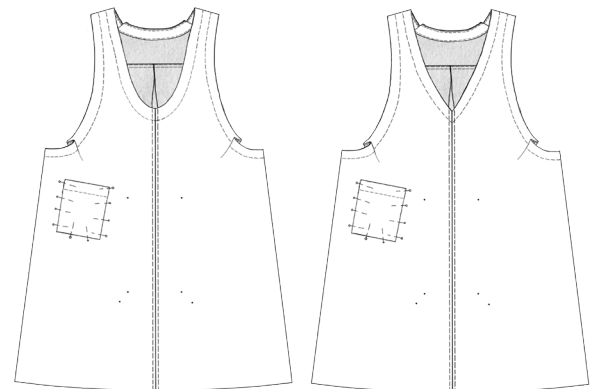


Fig 9a

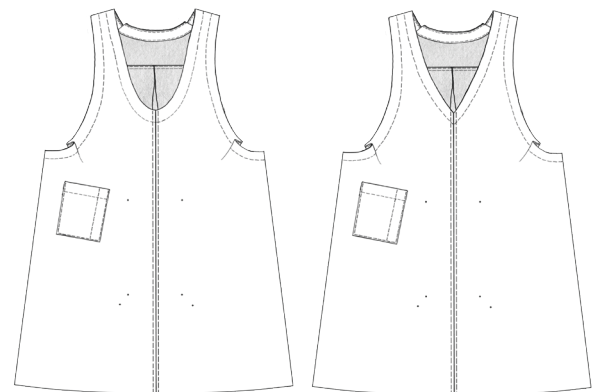


Fig 9b



- c. Using the drill marks, place the Pockets on the tunic. NOTE: They may overlap the side seam, depending on the size that you're making. Pin the Pockets in place.

Fig 9c Edgestitch the Pockets to secure, using an edge stitch foot if desired. **Fig 9d**



Fig 9c



Fig 9d

10. Hem

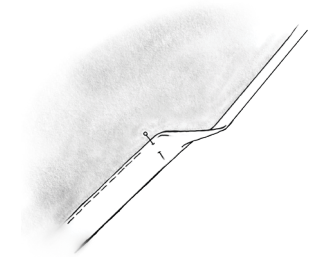
- a. Turn the edge of the hem towards the wrong side 5/8" (1.3 cm) and press. Turn the edge towards the wrong side again, this time by 1-1/2" (3.8 cm). Press. Edgestitch the hem to secure. **Fig 10a** Press well.

X X X X X X X X X X X X

You did it! Your Studio Tunic is complete and finished beautifully, inside and out. Now go fill those pockets with a ball of yarn and maybe a snack.

X X X X X X X X X X X X

Fig 10a



We'd love to see a picture! To share on social media, use the hashtag #Studio Tunic

We are here to accompany you in your sewing journey. After the [companion course for this pattern](#), the next step in our carefully-designed Learn to Sew Your Clothes course path is [Fit and Sew Bodices](#), which uses our Hinterland Dress to show you how to fit any bodice to YOUR body.

You can also make your Studio Tunic part of a capsule wardrobe. Learn how by enrolling in Meg's Mindful Wardrobe online course at MindfulWardrobe.com