



GreenStyle

Green Tee

www.greenstylecreations.com

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General Instructions

Fabric Choices

You will need any knit fabric like cotton Lycra, brushed poly, ITY, rayon blends etc. Check to make sure you have at least 50% 2-way stretch, 4-way stretch is preferred. Make sure you pre-wash the fabric.

Stretch	←————— 4" —————→		
20%	←———— 4" of knit should stretch to here —————→		
25%	←———— 4" of knit should stretch to here —————→		
50%	←———— 4" of knit should stretch to here —————→		

Size Chart

This is a semi-fitted t-shirt. For a fuller fit, size up one size from the measured size.

Size	Your Bust Measurement (inches)	Your Waist Measurements (inches)	Your Hip Measurement (inches)
XXS	32 - 33	24-25	34-35
XS	34 - 35	26-27	35-36
S	36 - 37	28-29	37-38
M	38 - 39	29-30	39-40
L	40 - 41	31-32	41-42
XL	42 - 43	33-34	43-44
2XL	44 - 45	35-36	45-47
3XL	46 - 47	37-38	48-50

Fabric Requirements

NOTE: These estimates are based on 54" to 60" wide fabric. **Extra fabric may be needed to match stripes, for directional prints, and to allow for fabric shrinkage or if you need additional length.**

Option	Fabric Needed (Yards)
XXS-S	1
M-3XL	1 1/4

Notions and Supplies

- Thread
- Ball point needle or stretch needle
- You will also need an iron, ironing board, scissors, pins, and a sewing machine.

Seam Allowance

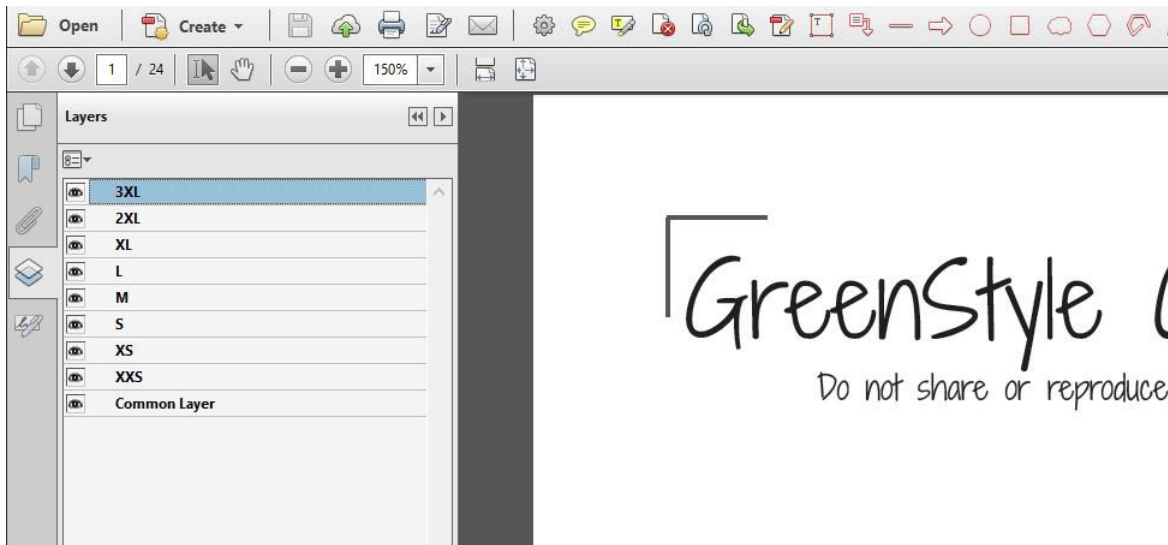
The seam allowance is included and is 3/8" unless otherwise stated in the pattern.

File Layers

This pattern has size layers so you have the option to print all the sizes or only the one(s) you want to print. To see the layers, click on the icon on the left side that looks like this:



Then, the layers will show in the left Layers menu as seen here. There will be “eyes” in the boxes to correspond to the layers that are visible. For example, if you are making the Medium and only want to print the Medium, click on the Layers symbol on the left side, and then make sure the “eye” is checked next to the M box and the “eye” is unchecked in the other size boxes. **You will always print the layer titled Common Layer.**



Printing the Pattern

Make sure the “page scaling” is set to “none” or “actual size”. Pattern pieces print on regular 8.5” x 11” paper **or A4 Paper if you have requested or downloaded the A4 version**. There is a 1” x 1” test square for reference on Page 12. Print page 12 first and check the 1” x 1” square before printing the remainder of the pattern pages.

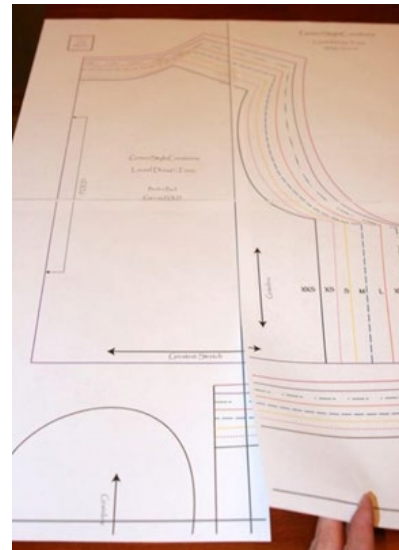
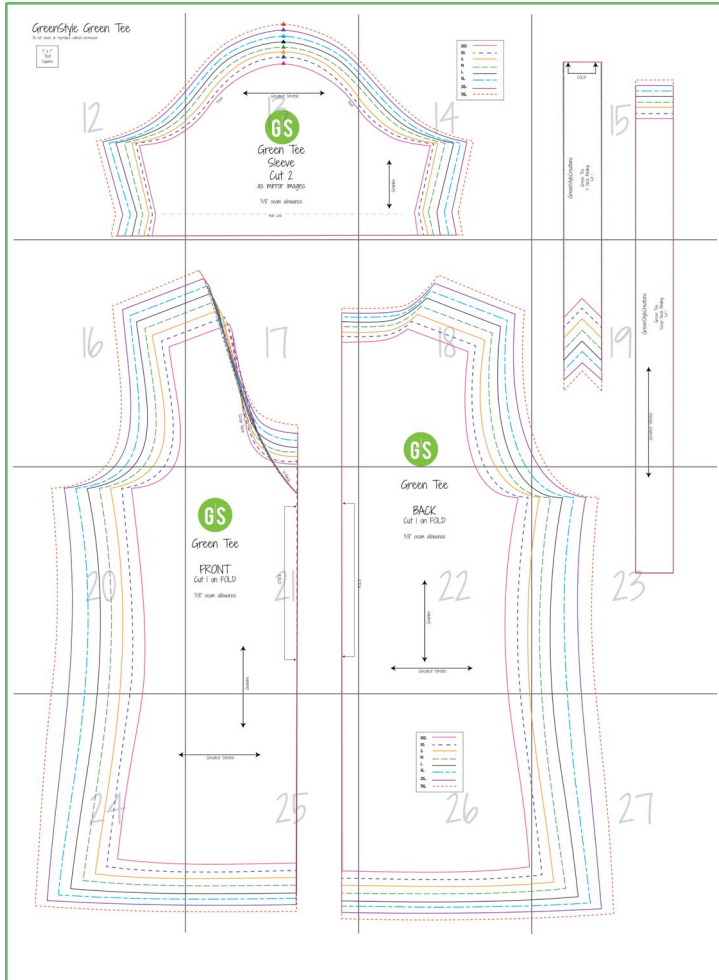
Assembling the Pattern

After printing the multi-page pattern, overlap the pages as shown in the picture with pages 12 to 15 on the first row, and 16 to 19 on the second row, and so on. There is no need to trim the pages. Tape the pages together and trace pattern onto tissue paper or interfacing. Cut to your desired size.

:::Printing Tip::: Make sure your printer's paper guides are snug against the paper and the paper is stacked in the printer evenly. Some printers pull each page inconsistently, and this can cause some misalignment.

NO TRIMMING NEEDED!

The pattern will only have a border on the bottom and right side. You line up page 13 on top of page 12 and overlap the page by 1/2" and tape into place and continue on. Match up the edge of the right page to the right edge of the gray line on the left page.

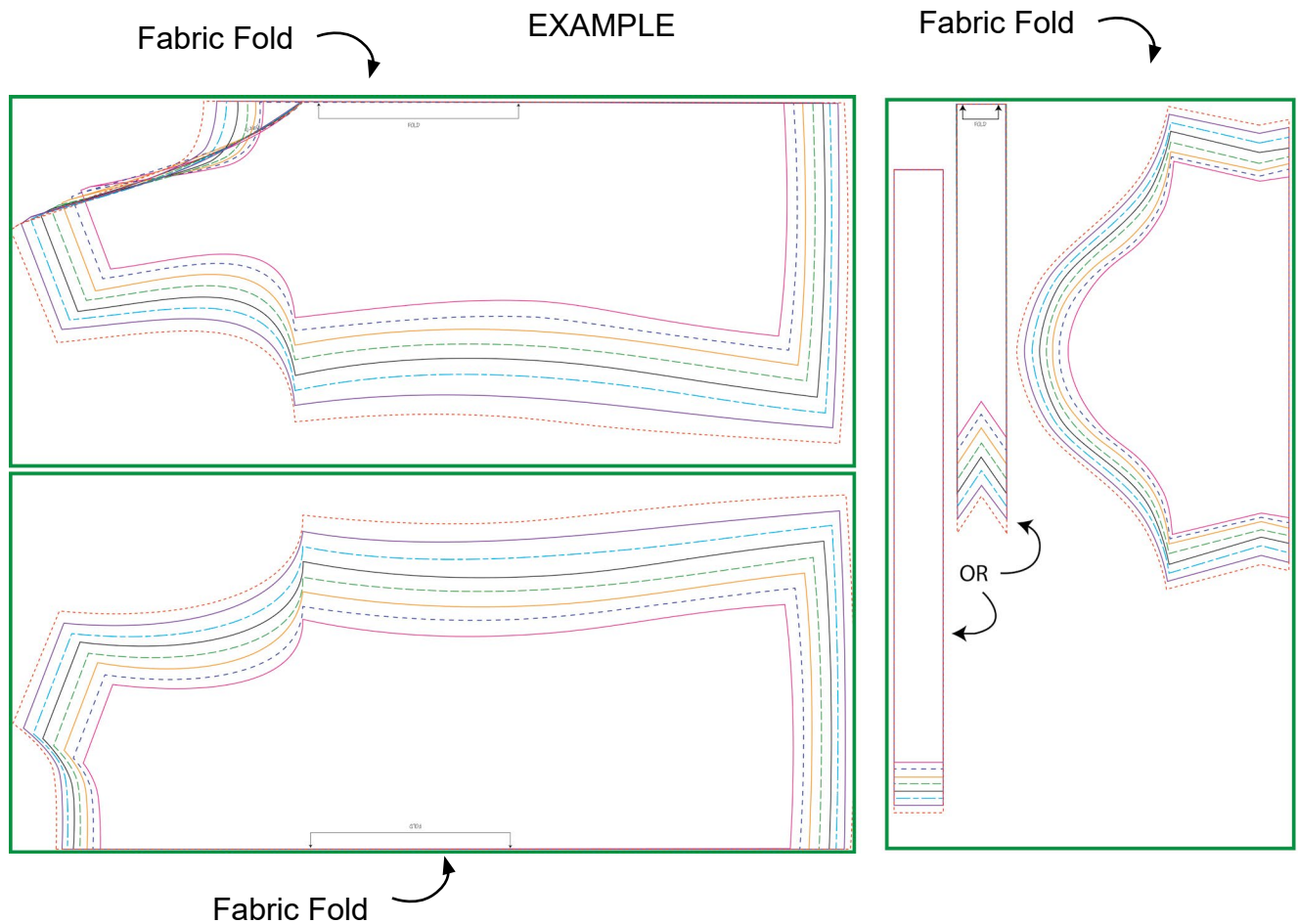


As you overlap there will be a small piece of the line that won't print, just cut as normal or you can take a pen and fill them in.

Cutting the Pieces

FABRIC:

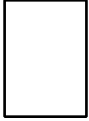
1. Cut 1 of the Front on the FOLD. (Choose either the Scoop Neck or the V Neck option.)
2. Cut 1 of the Back on the FOLD.
3. Cut 1 of the optional Scoop Neck Binding.
or
4. Cut 1 of the optional V Neck Binding on the FOLD.



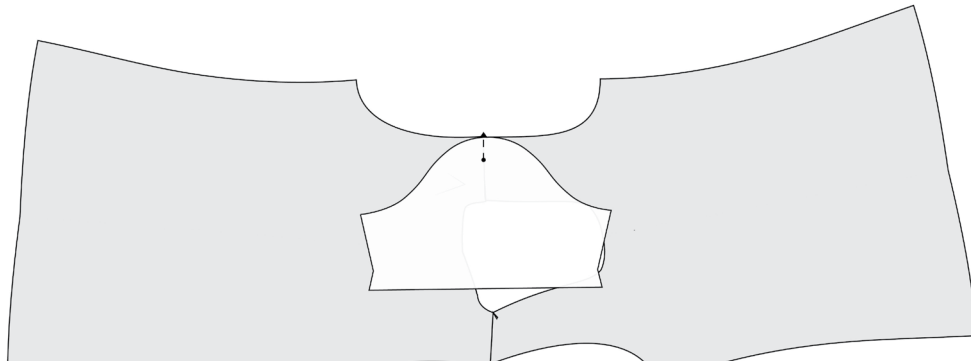
Sewing Steps

1. With right sides together, pin and stitch the Front to the Back at the shoulders. If your fabric is stretchy or heavy, you may want to add clear flat elastic or twill tape to the shoulder seams to help stabilize the seam.

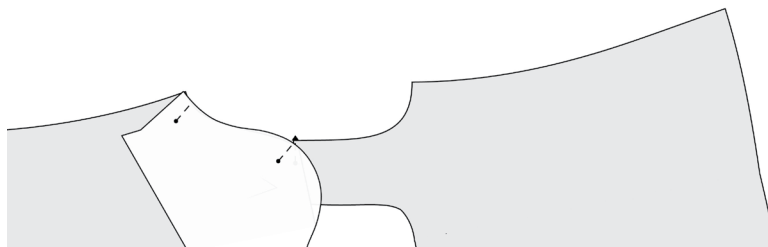
Right Side Wrong Side



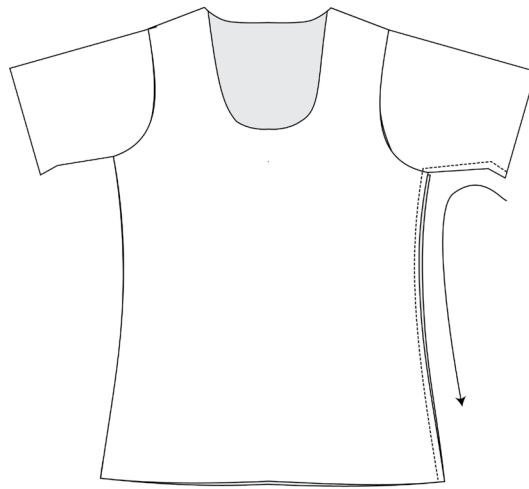
2. Place the Sleeve onto the armhole with right sides together lining up the center notch of the Sleeve with the shoulder seam. Pin into place.



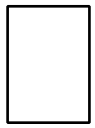
3. Rotate the Sleeve to the Back edge and pin. Continue to pin around to the Front edge. Stitch into place. Repeat Steps 2 and 3 for the other sleeve.



4. With right sides together, pin and stitch the side seams starting at the hemline of the sleeve. Back tack at the start and end of the seam. Repeat for the remaining side.



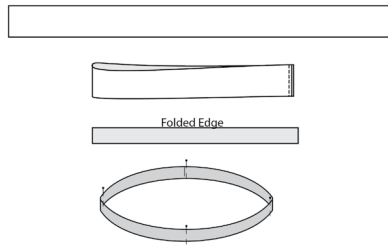
Right Side Wrong Side



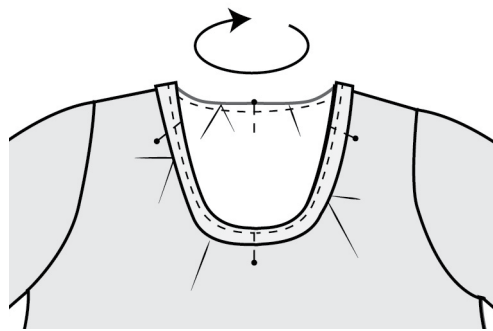
5. Section the neckline opening into four equal sections for the scoop neck option and mark the center back for the V-neck option. Set the shirt aside.



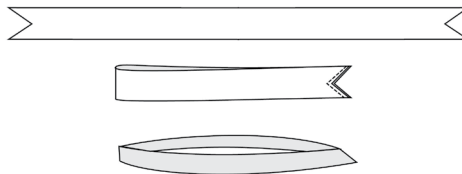
6. If you are making the V-Neck option skip to Step 8. If you are making the Scoop Neck option, stitch the short ends of the neck binding together with right sides together. Press the seam allowance open. Fold the band in half lengthwise with wrong sides together and press. Divide the band into 4 equal sections and mark with pins or disappearing ink.



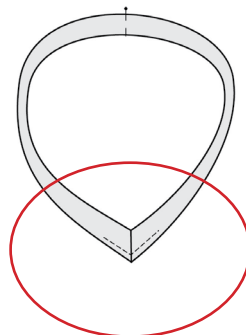
7. Pin the Neckband to the shirt matching up the 4 equal sections marked in the previous steps. Stitch with a stretch stitch or serger stretching the neck band to fit as you sew. Press the seam allowance toward the shirt. Top stitch if desired.



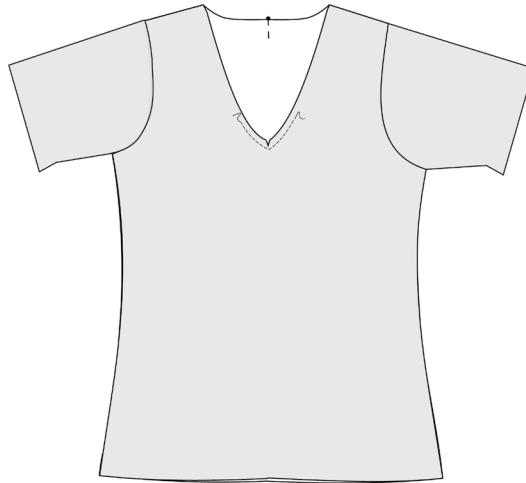
8. If you are making the V-Neck option. Stitch the short v ends together and clip the inside corner. Press the seam allowance open. Fold the band in half lengthwise and press.



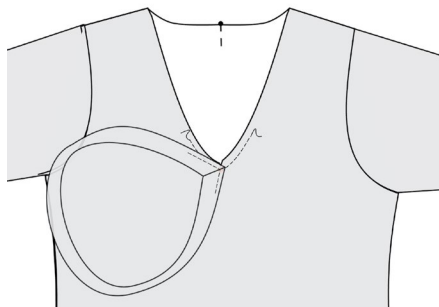
9. Baste the bottom of the lower edge of the V-neck band 1/4" from the raw edge. Start 1" before the center front seam, pivot at the seam and back up 1" beyond the center front.



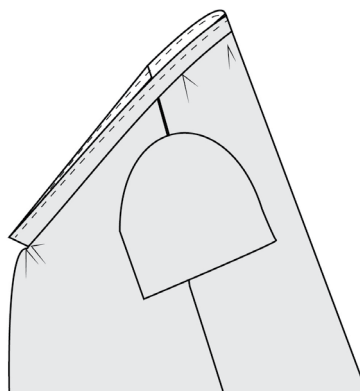
10. Repeat the basting stitch on the center front of the V-Neck. Sew a basting stitch 1/4" from the raw edge starting about 1" above the bottom corner pivot at the bottom and back up an additional 1". CLIP the bottom corner up to the basting stitch being careful not to clip the basting stitch.



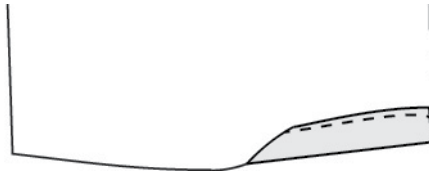
9. Place the V-Neckband on the shirt front. Carefully pin the center point where the band meets the shirt at the "V" point. Then pivot the band up to the left and pin. Sew just outside the basting stitches down 1", pivot at the center point and sew back up the remaining 1".



10. Pin the center back of the neck binding to the center back of the shirt. Stretch the neckband to fit the opening and pin in a few additional locations. Continue to sew the neckband to the shirt. Press the seam allowance toward the shirt.



11. Hem the bottom by turning under 1" and stitching. Hem both Sleeves by turning under 1" and stitch with a stretch stitch or coverstitch. Press all three hems and you are done!

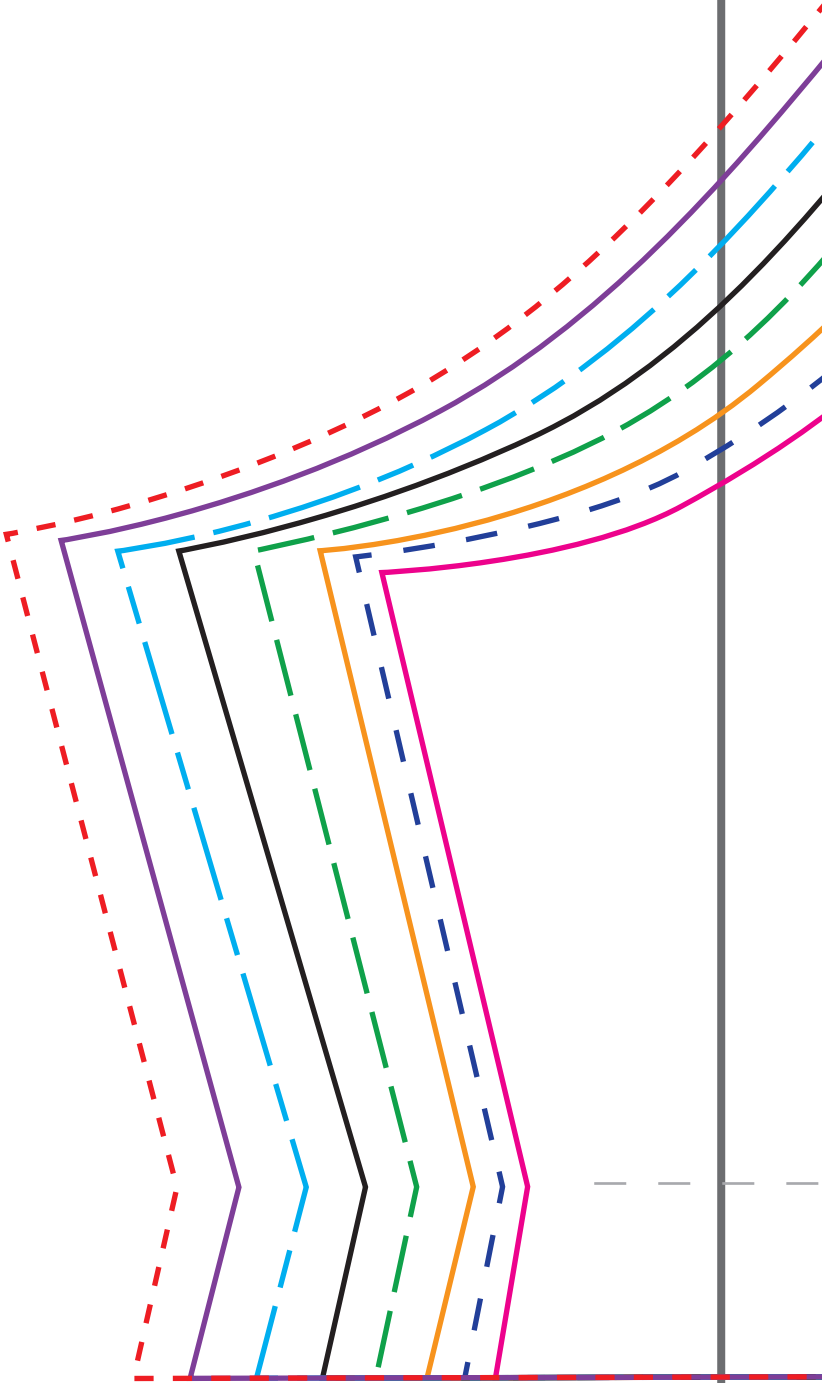


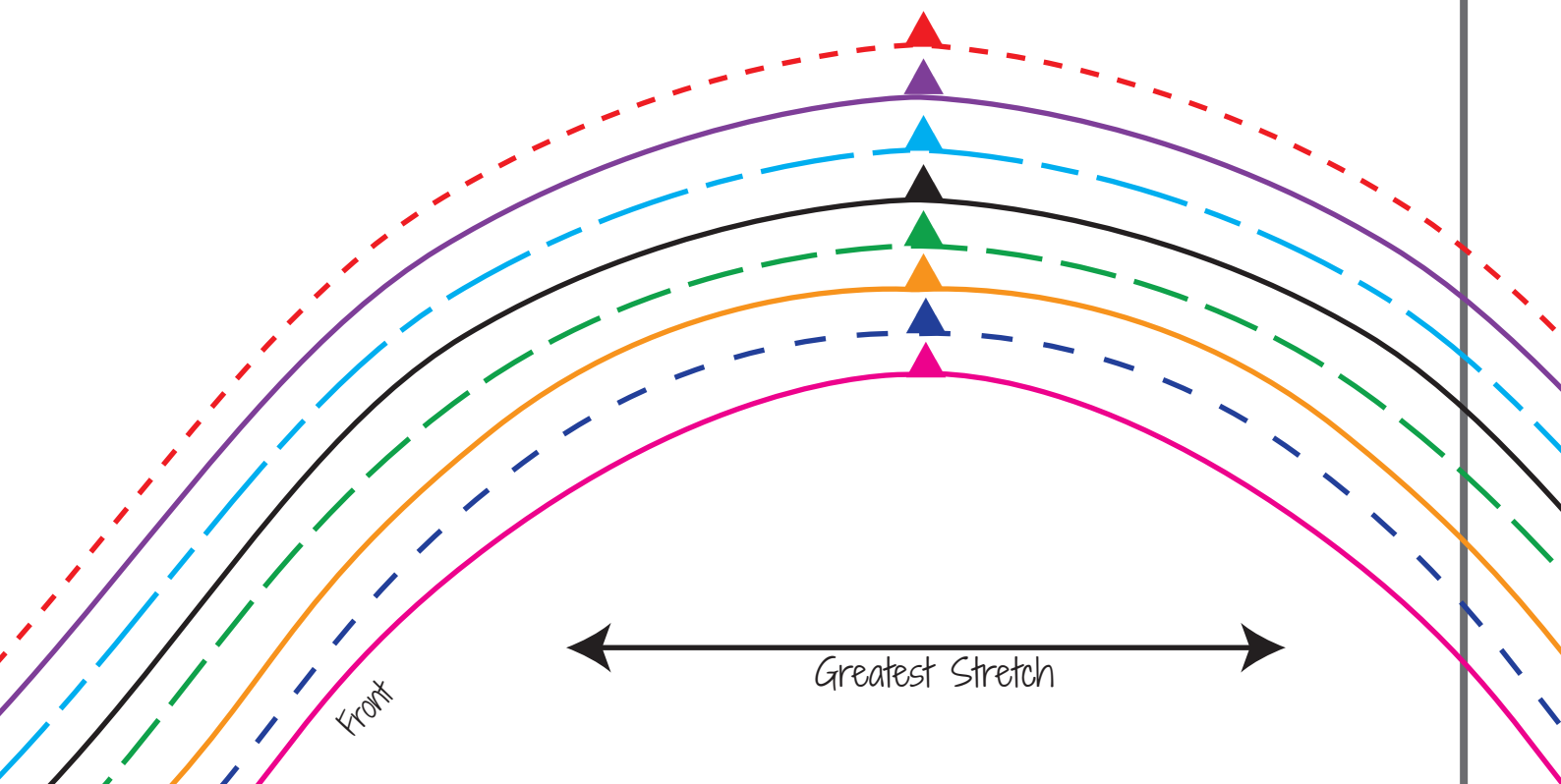
GreenStyle Green Tee

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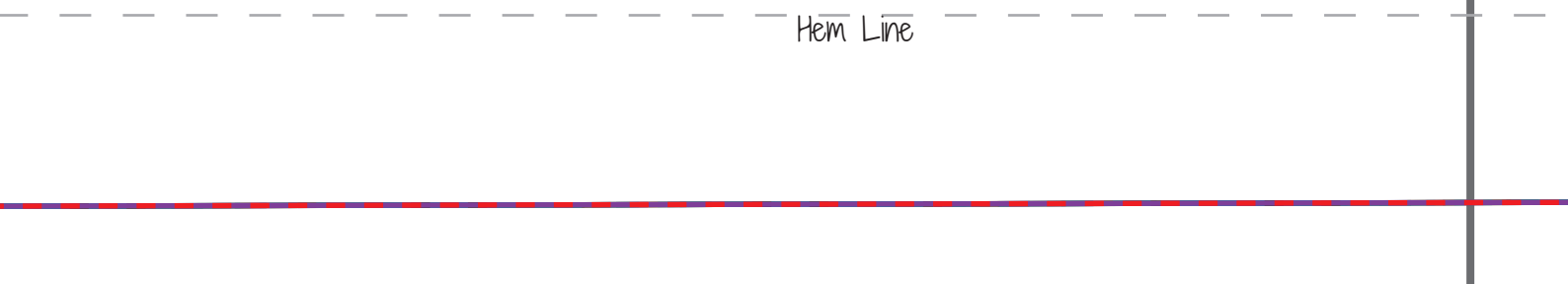


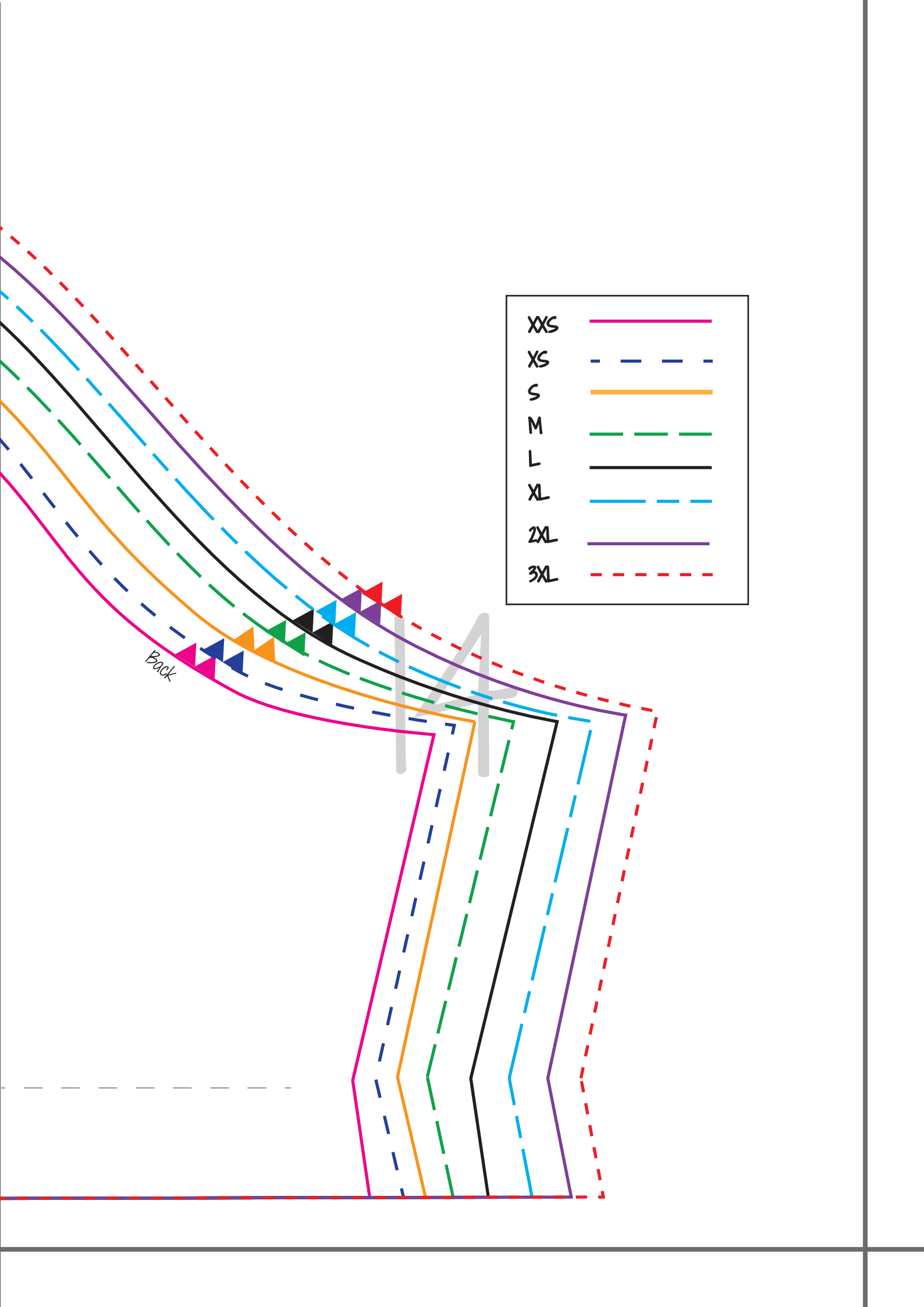


12 GS
Green Tee
Sleeve
Cut 2
as mirror images

3/8" seam allowance

Hem Line



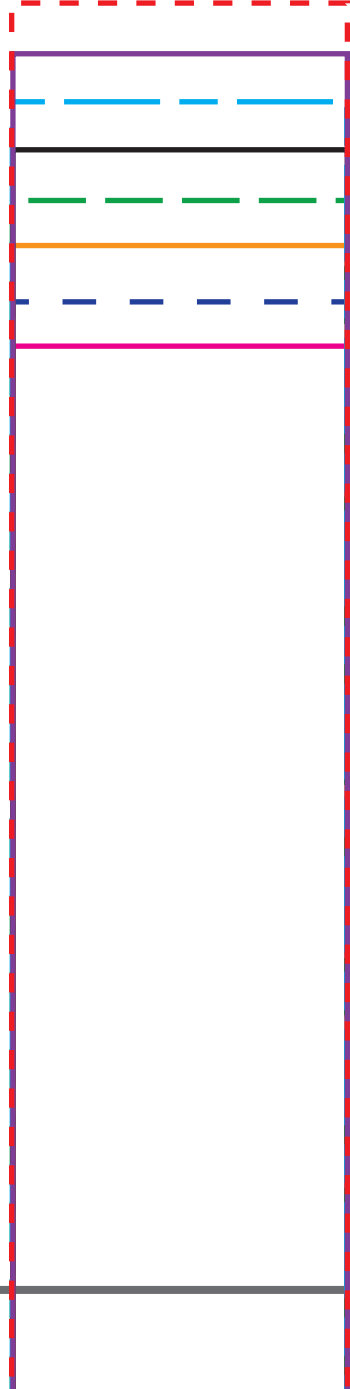


GreenStyleCreations

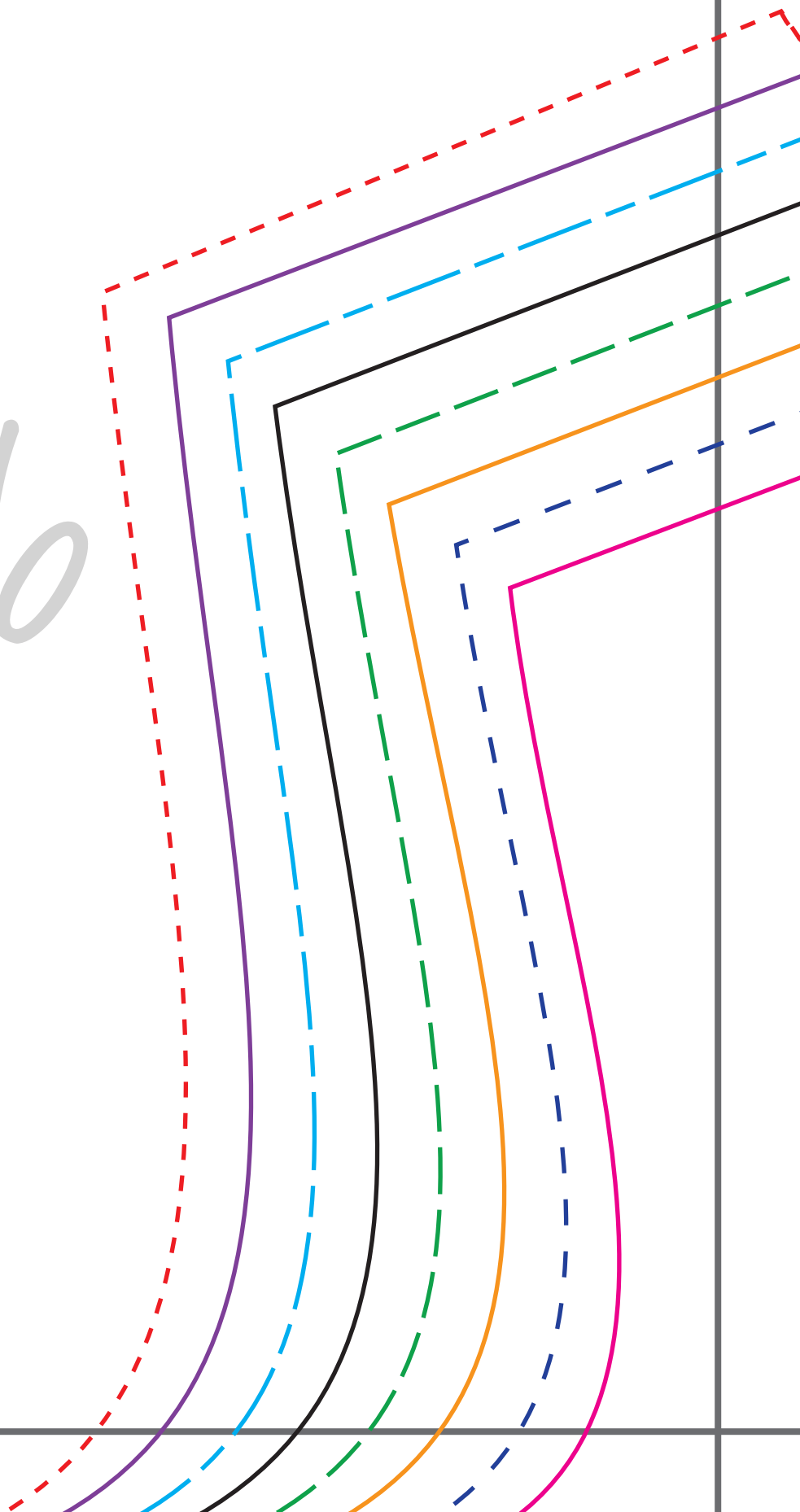
Green Tee
V-Neck Binding
Cut 1 on FOLD

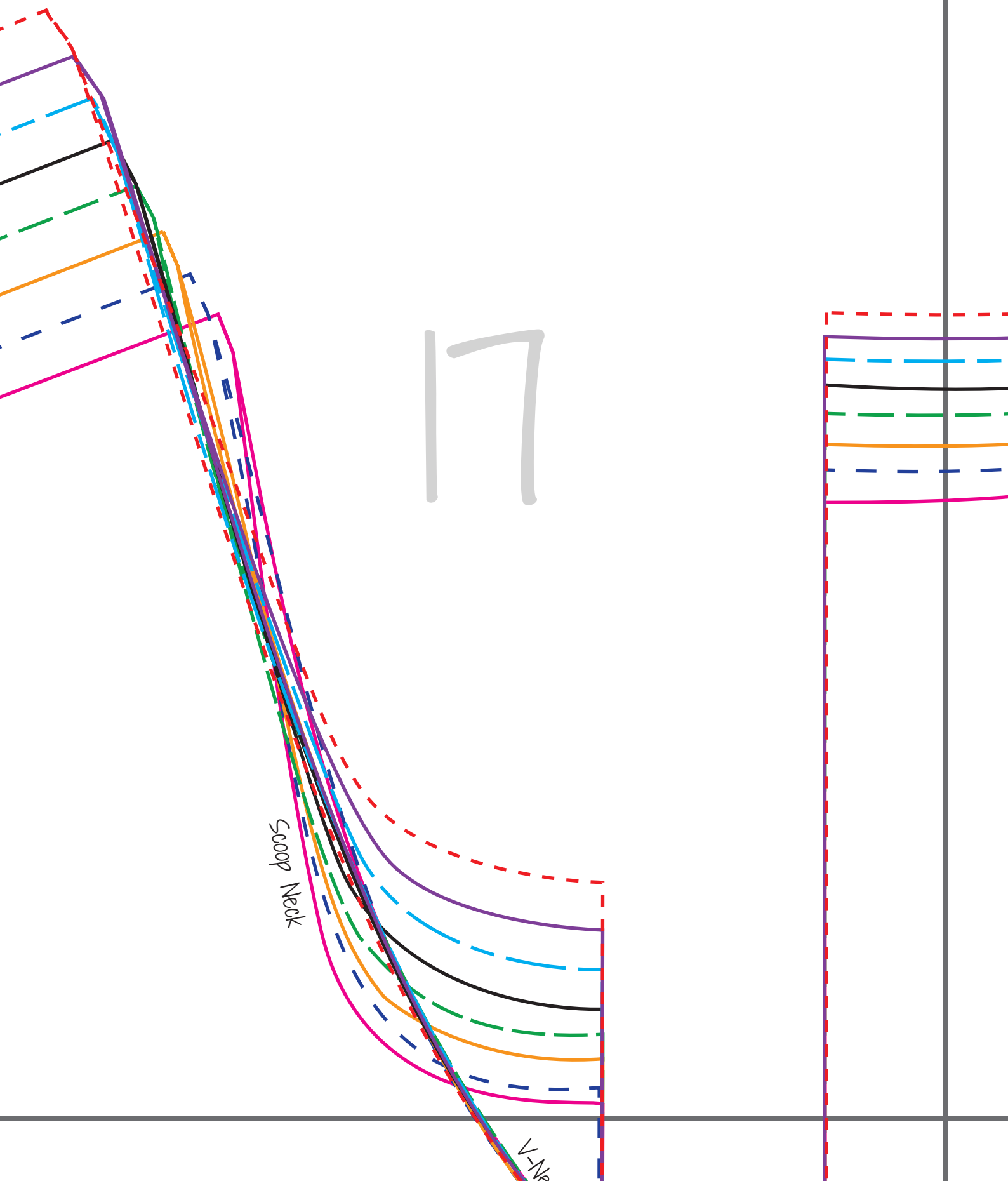
FOLD

15



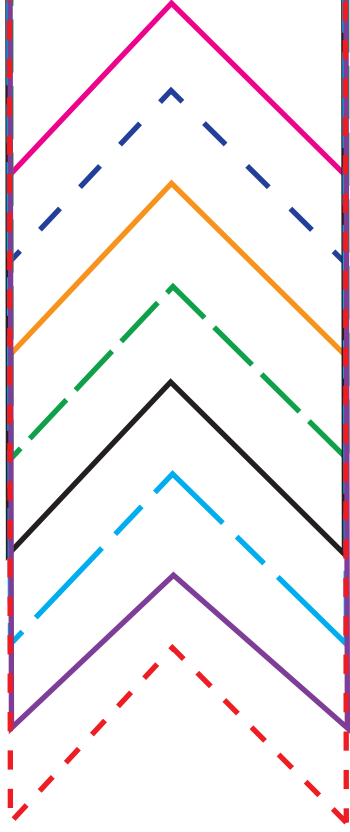
16





18





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GreenStyleCreations



Greatest Stretch

Green Tee
Scoop Neck Binding
Cut 1

20



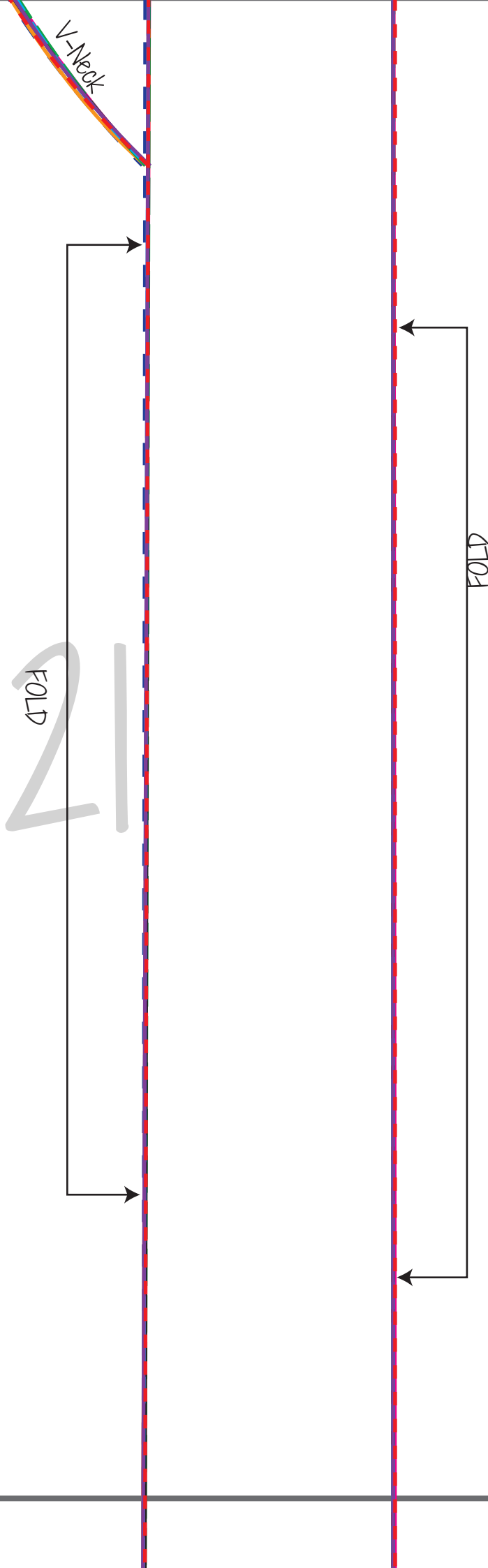
Green Tee

FRONT
Cut 1 on FOLD

3/8" seam allowance



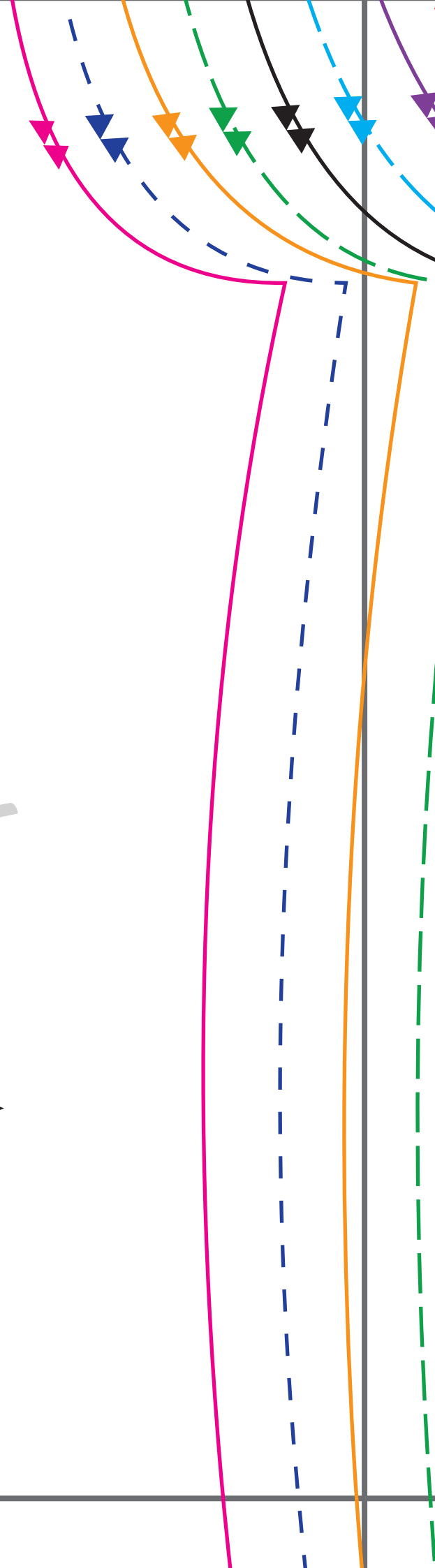
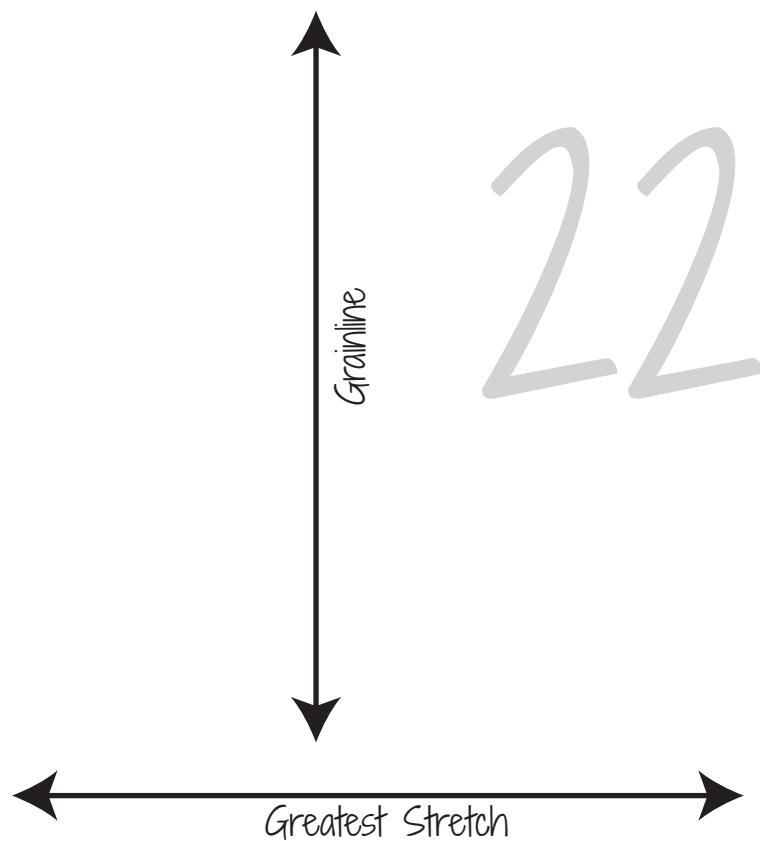
Grainline

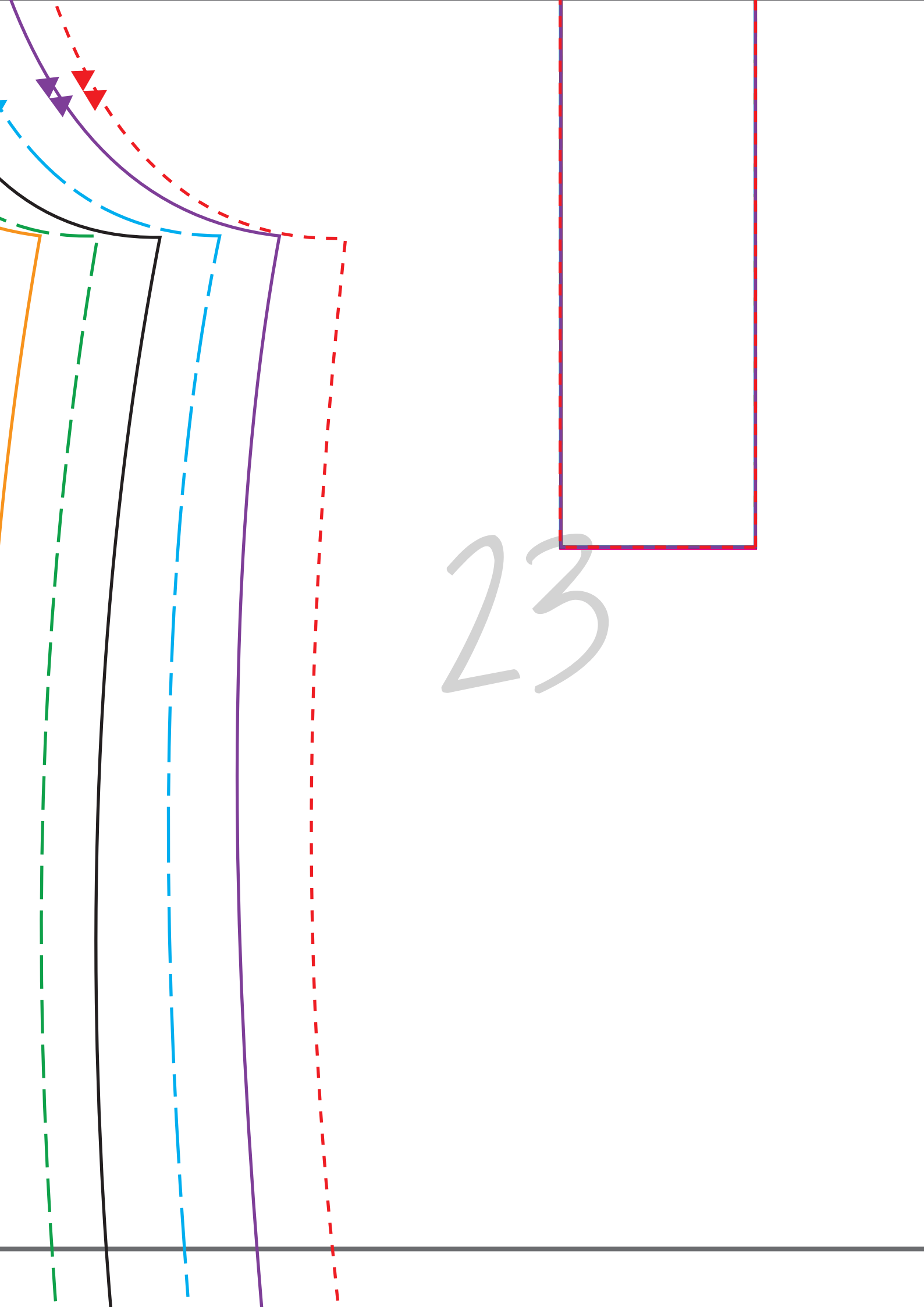


Green Tee

BACK
Cut 1 on FOLD

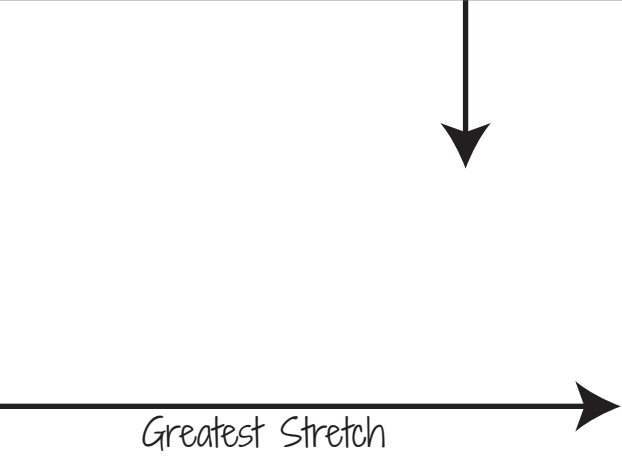
3/8" seam allowance



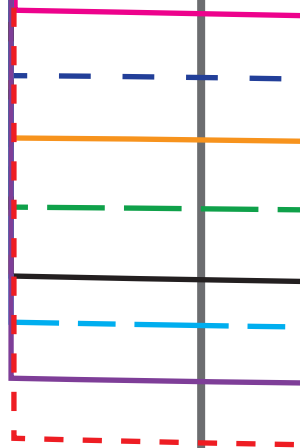
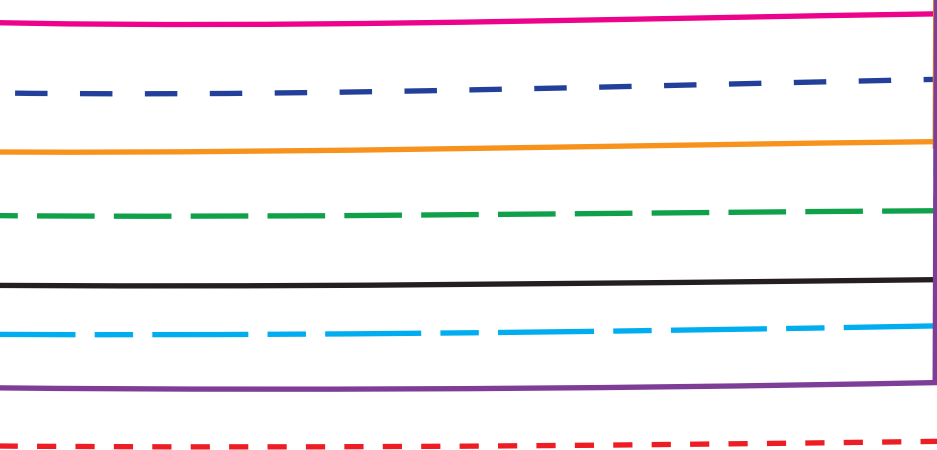


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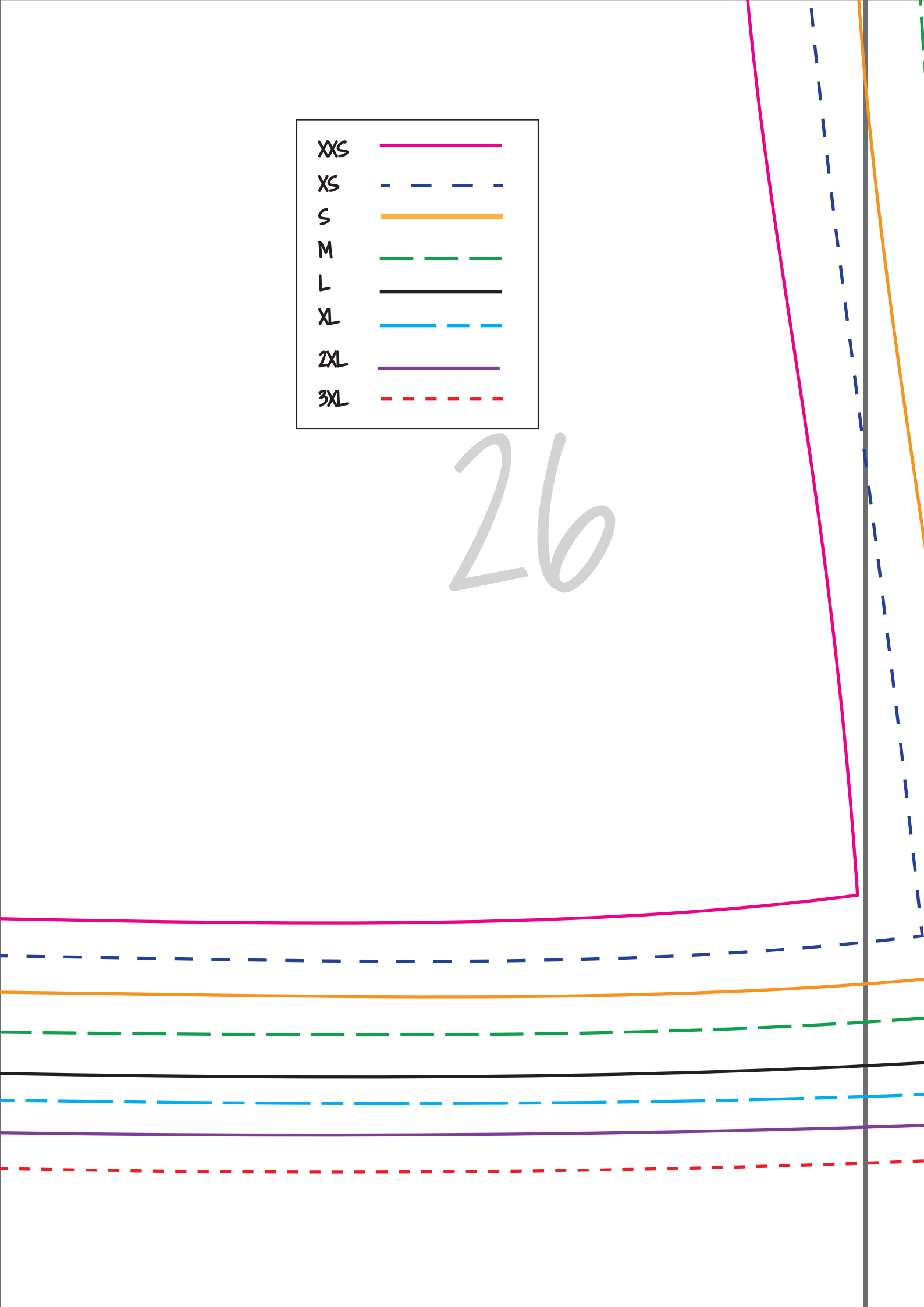


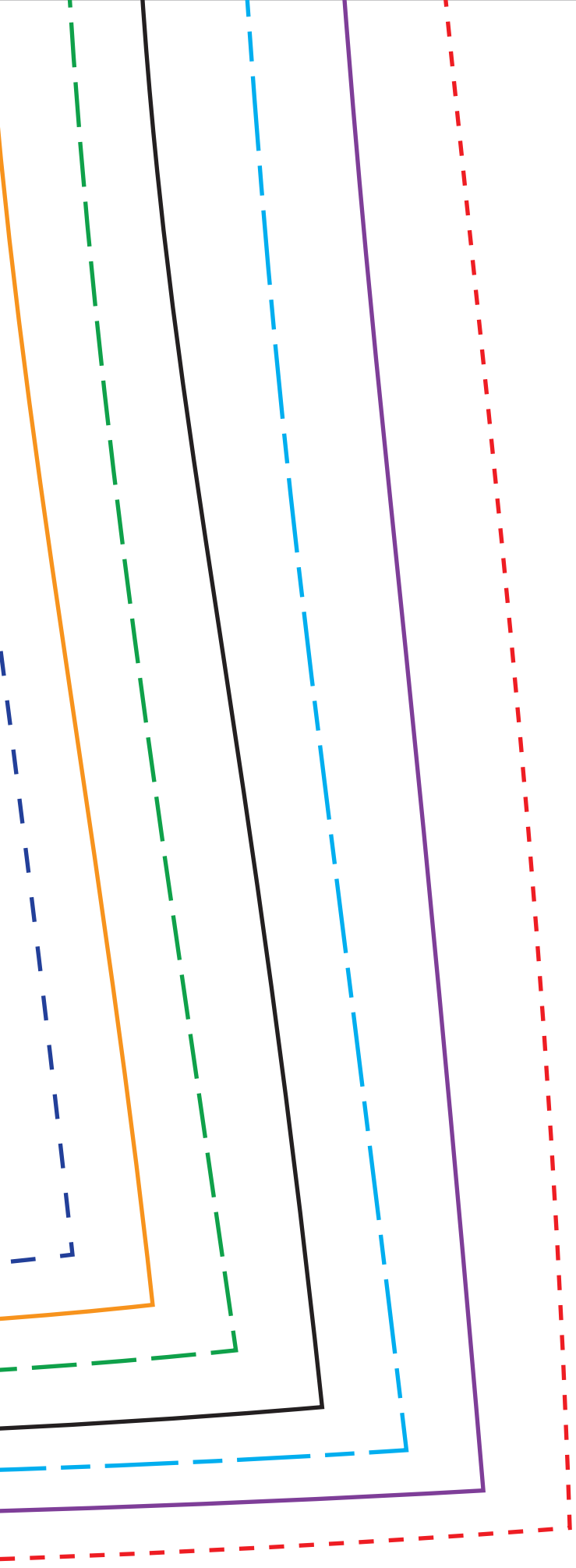
25



XXS	
XS	
S	
M	
L	
XL	
2XL	
3XL	

26





27