

Wrap tunic with open-shoulder sleeves b64 AIRLOCK

Size 36 – 46



Materials

1.2 m Romanit-Knit, 150 cm wide (Sizes 36/38) (1 1/3 yd, 60" wide)

1.8 m Romanit-Knit, 150 cm wide (Sizes 40 - 46) (2 yrd, 60" wide)

Overlock thread, 4 spools (matching colors)

Overlock thread, 1 spool, black for the decor seam (Flatlock/Coverstitch)

bernette overlocker/serger

bernette coverstitch machine (option 1)

bernette sewing machine (option 2)

Tips

Wash the fabric prior to cutting, as fabrics can shrink or lose color.

Transfer all the markings from the pattern onto the fabric

Seam allowances

Seam allowances are not included in pattern pieces, add seam allowance by using the numbers in circles (cm) on the pattern.

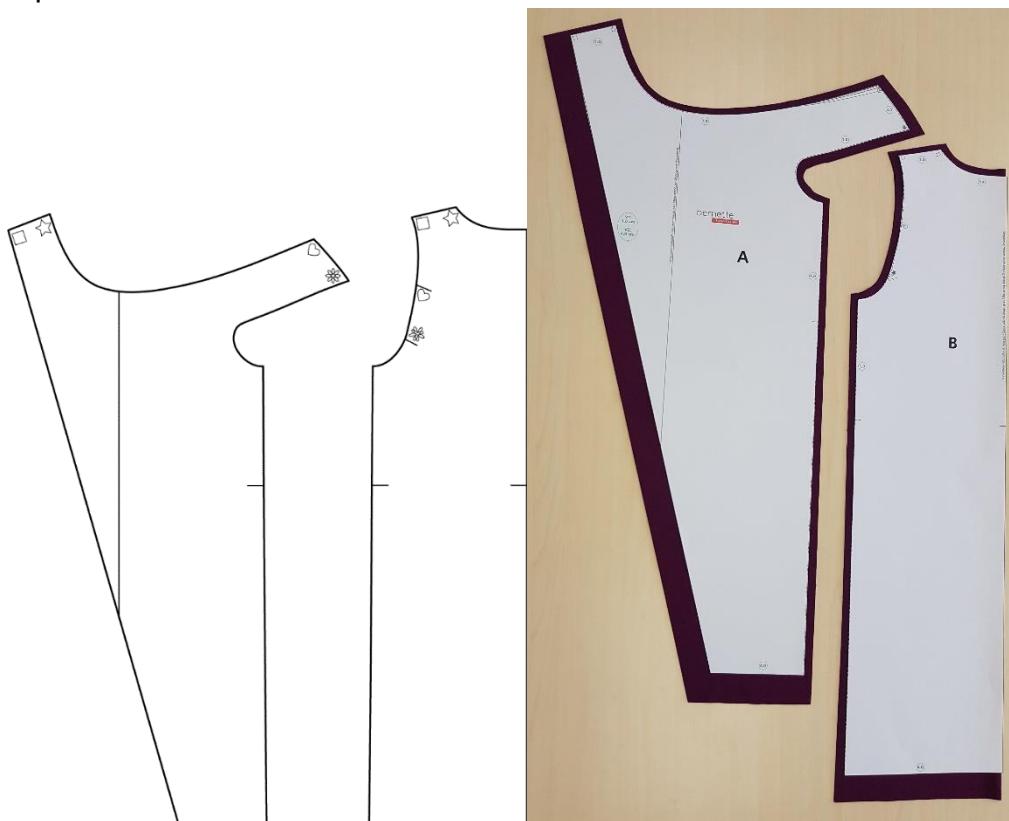
Seam allowance of the front edge depends on the decorative stitch:

- When choosing a coverstitch, seam allowance A: 1 cm
- When choosing a flatlock, seam allowance B: 2 cm

Cutting

A 2 x Front piece

B 1 x Back piece on the fold



Stitches for decor, seams, hems and neatening

Seams: 4-thread overlock, default settings, stitch length 2.5

Neatening edges: 3-thread overlock wide (left needle) stitch length 3

Decor stitches: 3-thread flatlock, default settings, stitch length 2.5, decorative thread black. Alternatively, a coverstitch seam, with looper side up and decorative yarn in the looper can be used.

Hems: 4-thread coverstitch, stitch length 3.5. or with the sewing machine with straight stitch or the twin needle.

Handling tips

Iron each seam after sewing, this fixes the seam and makes the next step easier.

Instructions

Preparations

Decor flatlock: when the decorative seam is a flatlock, mark on the right side of the right front fabric a line with 5 cm (2") distance to the front edge.



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Decor coverstitch: when the decorative seam is a coverstitch, mark on the wrong side of the right front fabric a line with 5 cm (2") distance to the front edge.



Decor seam

Decor flatlock: thread the machine with 3-thread flatlock wide (left needle). Decorative yarn in the upper looper. It is sewn along the fold, whereas the fold is cut off. The seam allowance is calculated that the fold can easily be guided in the middle of the rolled hem lever. It is recommended to make a sewing test on spare fabric to check if the seam can be pulled flat, otherwise the needle thread tension can be reduced. Depending on the decorative thread in the upper looper, also optimize (decrease) the upper looper tension.

To sew, fold the right front fabric wrong sides together at the marked line. Sew the flatlock by guiding the fold in the middle of the rolled hem lever.



After sewing pull the seam flat and press.



On the left front fabric, the front edge seam allowance can be trimmed by 1 cm (3/8"), respectively be aligned to the right front fabric.

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Decor Coverstitch: Thread the machine with 4-thread coverstitch. Decorative thread in the chain looper. Make a sewing test on spare fabric and check if the looper thread tension needs to be adjusted (loosened) for the decorative thread. Place the right front fabric with wrong side up under the presser foot and sew along the marked line the coverstitch decor seam. Press.



Side seams

Place both front fabrics right on right side onto the back fabric and pin. Pins with clearly visible head or fabric clips are ideal for sewing on the overlock machine.

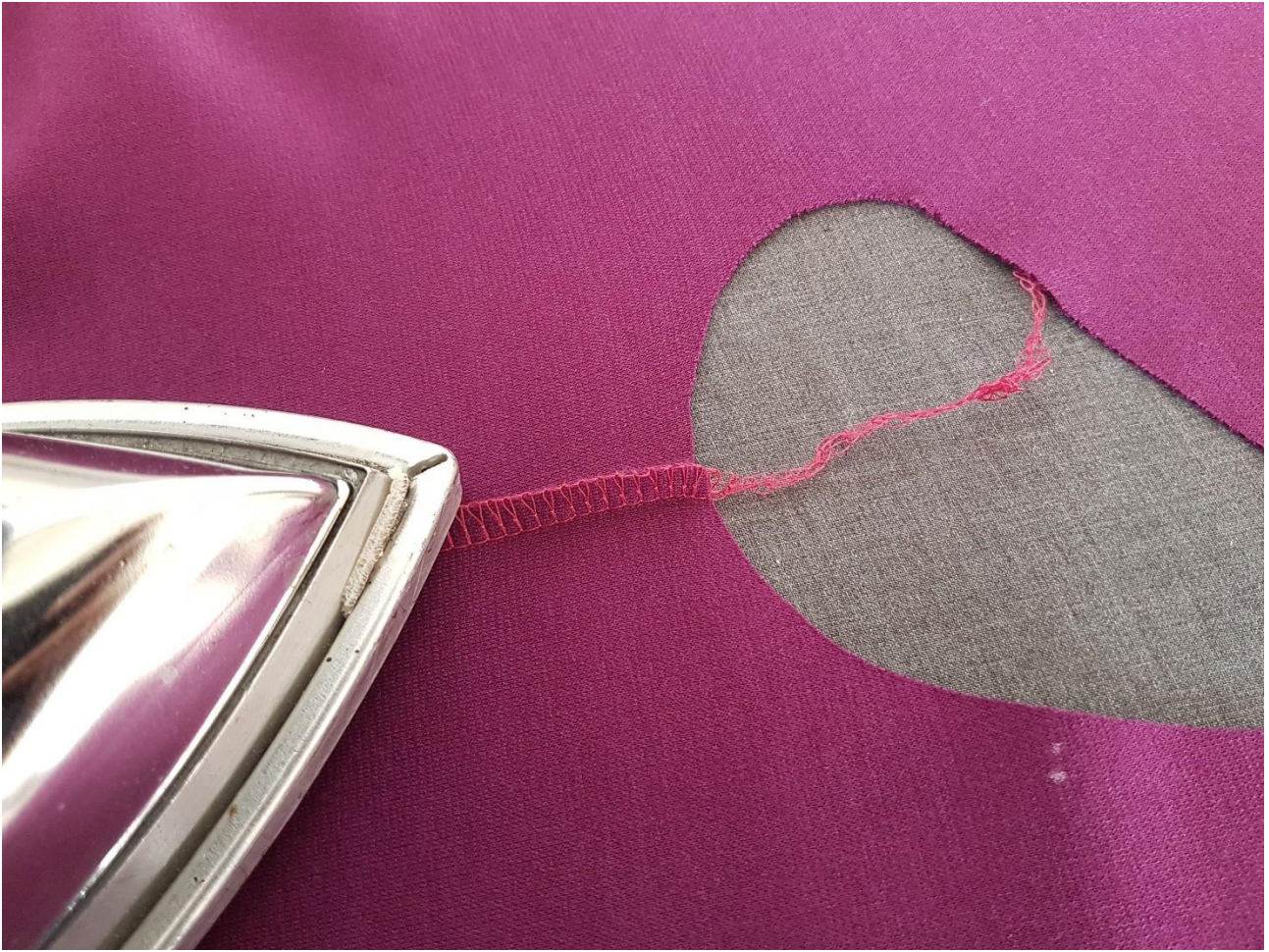


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Sew the side seams with 4-thread overlock and remember to always remove the pins in front of the presser foot. Having a stitch width of 6 mm, 4 mm seam allowance can be trimmed, for ease of use, guide the fabric edges along the right edge of the rolled hem lever.



Press the seams towards the front fabric.



Shoulder seams

Place the right front fabric right on right on the back fabric, while aligning the right shoulder seam onto the left shoulder seam of the back fabric, pin together. Place left front piece across the right front fabric, shoulder seam onto right shoulder seam of back fabric, pin together.



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Sew both shoulder seams with 4-thread overlock. Then press the seam allowance towards the front fabrics.



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Hem

Mark 4 cm (1 ½") seam allowance and press.



Pin the hem in place by having the side seam allowance face away from each other to reduce bulk at the side seam.



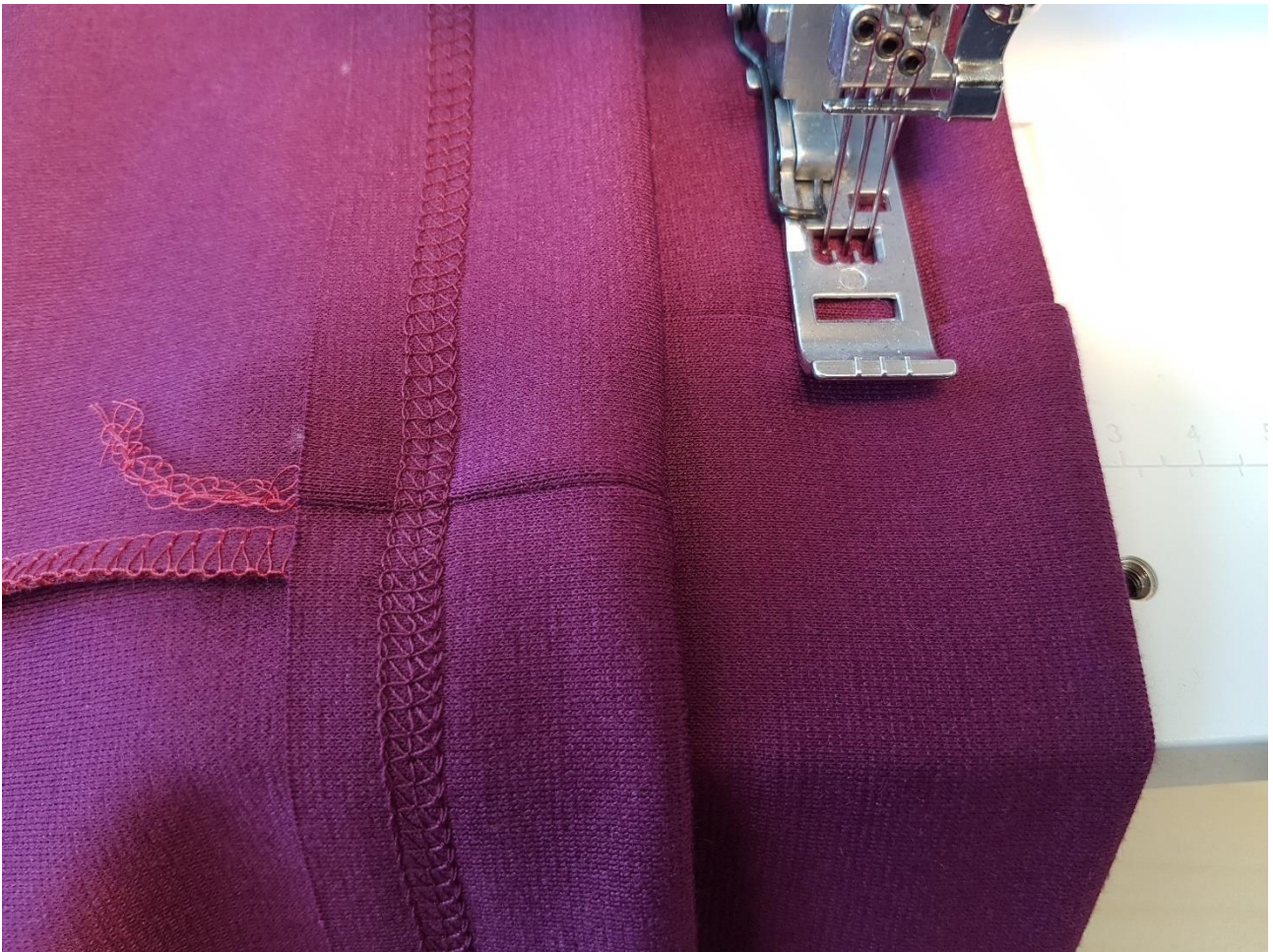
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Tip: At seam begin of the coverstitch hem, place a folded spare fabric under the presser foot as height compensation, that eases fabric feed at the fabric edge of the wrap.



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Sew the seam right side up, 3 cm (1 ¼") from the edge with 4-thread coverstitch, while removing the pins in front of the presser foot. Assure to have the seam allowance facing away from each other.



The marks on the coverstitch cover ease guiding a precise seam width.

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Press. Trim excess fabric with appliqué scissors, if necessary.



Alternatively, the hem can be sewn with the sewing machine using a straight stitch or a twin needle.

Neatening edges

Neaten the three long edges: front fabrics and neckline, with a wide 3-thread overlock stitch (left needle), stitch length 3, sew fabric right side up. Cut-off is 2 - 3 mm (1/8"). To ease guiding the edge, use the middle of the rolled hem lever as reference.



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When approaching the curves, make sure to place the fabric straight in front of the knife. It is recommended to reduce the sewing speed slightly.



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Press the neatened edges. This stabilizes the edges so that they can be folded under easier while being top stitched.



Top stitching edges

Tip: also, when topstitching the edge it is recommended to use a folded spare piece of fabric as height compensation at seam begin to support fabric feed where edge and hem join. At seam begin leave a thread tail of approx. 15 cm (6").



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Fold the edges the width of the neatening stitch under and topstitch with 4-thread coverstitch, along the edge. As guiding aid use the marks on the tip of the presser foot and guide the folded edge 2 mm right of the right coverstitch needle.



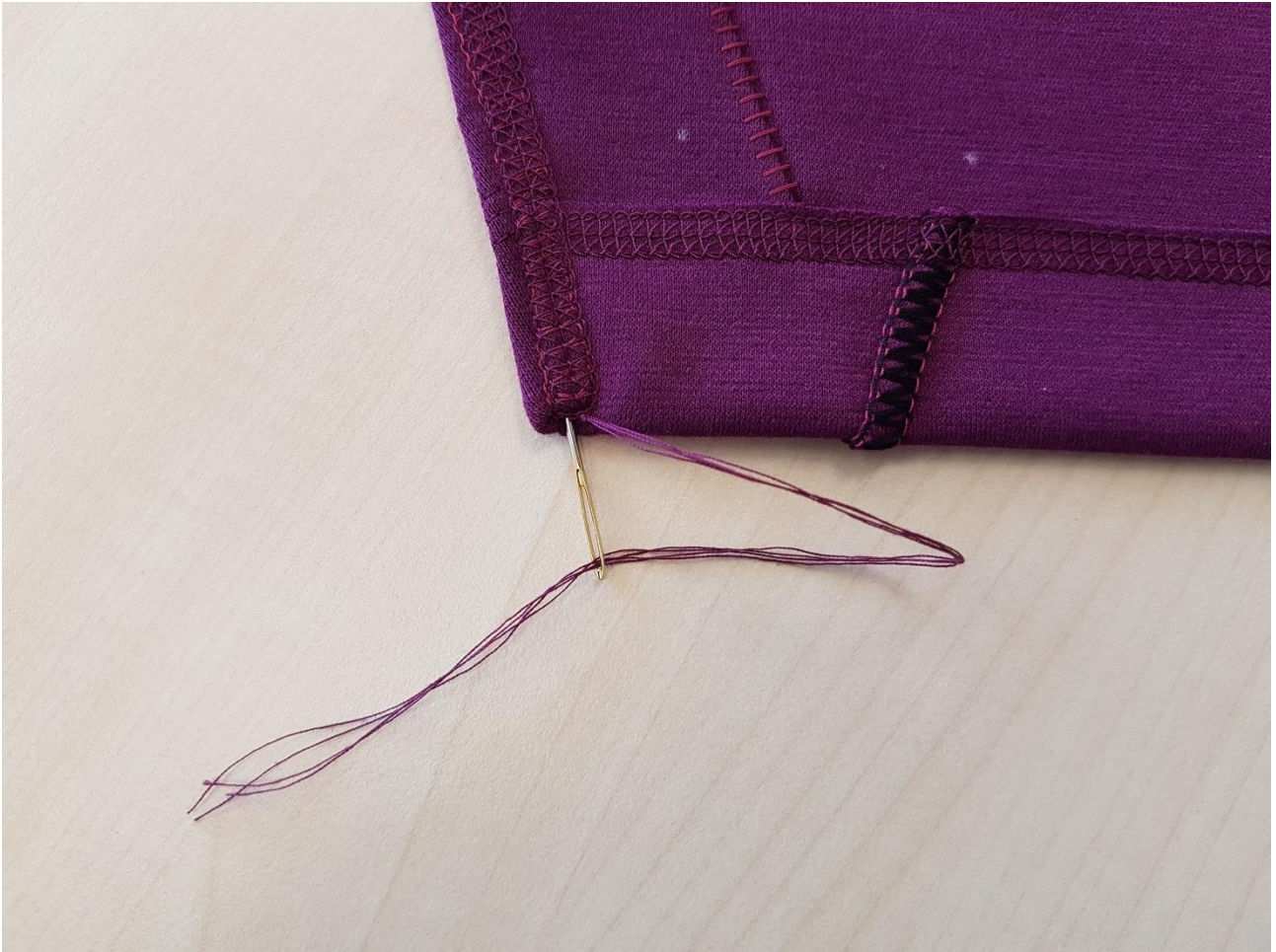
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When coverstitching in a curve, place the edge always straight in front of the presser foot.



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Press the edges. To secure the seam, use a tapestry needle to pull the threads of seam begin and end between the fabric layers.



Alternatively, these edges can be topstitched with a sewing machine using straight stitch or a twin needle.

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So far, so good.



Open-shoulder sleeves / finish

Place the open-shoulder sleeves with 2 cm (3/4") seam allowance inside the back fabric at the marks, pin.



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At this stage we recommend a try. If required, fitting of the open-shoulder sleeves can be customized, i.e. if needed used with a 1 cm seam allowance, or angled as required, so that the fabric falls nicely without a fold. Not later than the try, place the pins on the right side of the fabric, for easier removal while sewing.



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Then stitch the open-shoulder sleeves with coverstitch in place over the pre-stitched edges. The needle marks on the tip of the presser foot ease guiding precisely. Start sewing approx. 3 cm (1 ¼") before the sleeve edge and finish ca 3 cm (1 ¼") after, since this seam will be stressed quite often.



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Secure the threads, press, and if required, cut back excess seam allowance with appliqué scissors.



Alternatively, the open-shoulder sleeves can also be stitched in place with the sewing machine using a straight stitch or a twin needle.

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