

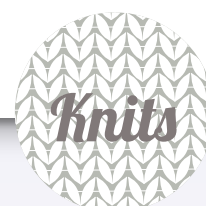
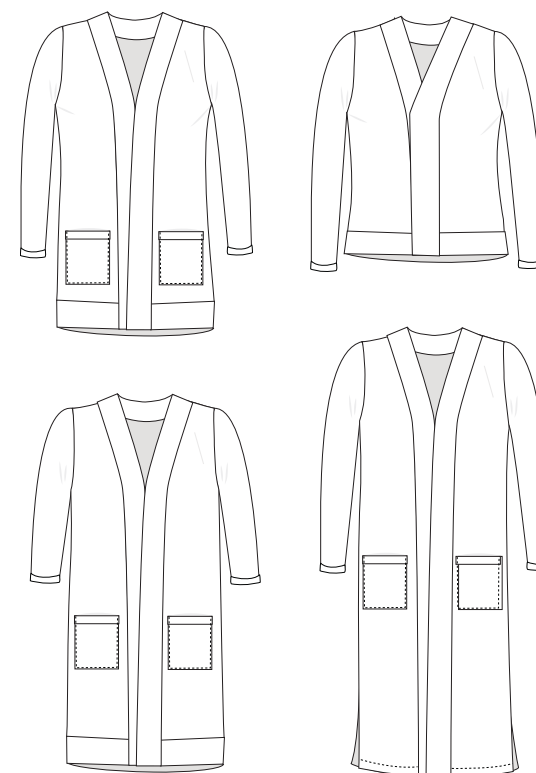


#sewharper

Sinclair Patterns

**Harper classic knit cardigan or
duster for women**

Step by step sewing tutorial





Quick reference guide

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Step by step sewing guide

- 1 - (optional) Prepare the pockets
- 2 - (optional) Attach the pockets
- 3 - Stabilize and finish shoulder seams
- 4 - Attach sleeves (all sleeves option)
- 5 - Finish side seams
- 6 - (Cropped, classic and long cardigan) Finish bottom band
- 7 - (Duster) Finish side split hems
- 8 - Prepare the Front band
- 9 - Attach the front band (Part 1)
- 10 - Attach the front band (Part 2)
- 11 - Finish sleeves with bands/cuffs
- 12, 13 - Final steps

Variations

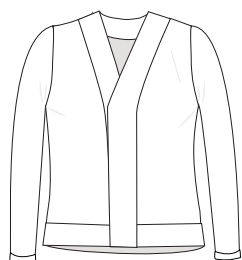


Cropped cardigan with short sleeves

US04 PETITE - BUST 34in

Fabric: ribbed knit

Photo credit: Joanne

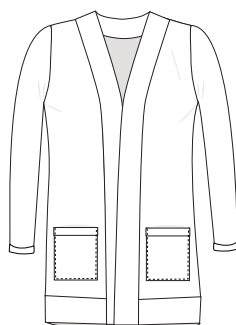


Classic cardigan with long sleeves

US06 TALL - BUST 35.5 in

Fabric: Jersey knit with French Terry bands

Photo credit: Karen

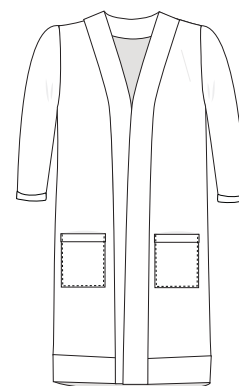


Longline cardigan with 3/4 sleeves

US10 PETITE - BUST 38 in

Fabric: sweater knit

Photo credit: Nicole

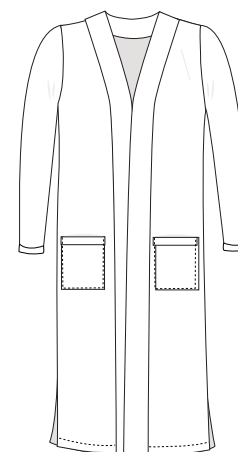


Duster with long sleeves and patch pockets

US08 TALL - BUST 36.5 in

Fabric: medium weight brushed rib sweater knit

Photo credit: Amanda





Variations

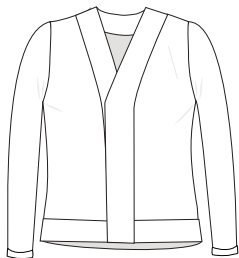


Cropped cardigan with long sleeves

US4 REG - BUST 33 in

Fabric: Sweater knit

Photo credit: Jody

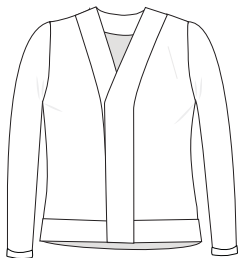


Cropped cardigan with 3/4 sleeves

US16 PETITE - BUST42 in

Fabric: Double brushed poly

Photo credit: Terri

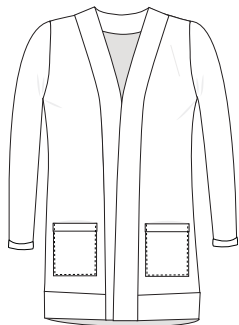


Classic cardigan with 3/4 sleeves and pockets

US14 REG - BUST 42

Cotton French Terry

Photo credit: Synthia

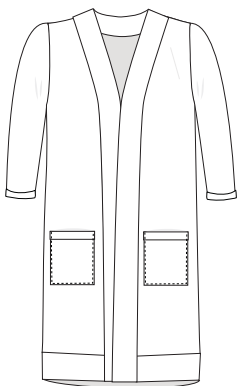


Longline cardigan with 3/4 sleeves

US06 TALL - BUST 35.5 in

Fabric: Double brushed poly

Photo credit: Karen

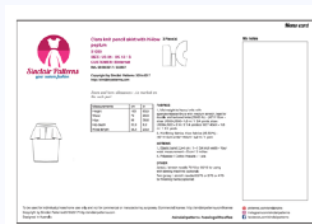




Fabric choice and styling options

- For this cardigan choose light to medium weight knit fabric with at least 50% horizontal stretch. Your first choice of fabric may be all types of French Terry and sweater knits (both loose and stable). Your second choice of fabric would be Ponte, Double knits, Double and Single brushed poly.
- It is not recommend to use very light weight fabric that do not hold the shape well and can stretch under its weight like rayon/bamboo/viscose spandex, slinky knits. The cardigan/duster might not have enough body to it if made of light weight t-shirt fabrics (like Interlock, Tri-blend, Cotton Lycra/Spandex/Elastane, combed cotton).
- Heavier fabrics like Fleece, heavy weight French Terry might require to size up from your base size.
- For the sleeve cuffs/bands and bottom/front bands it is recommended to use a fabric with good recovery and at least 50% horizontal and vertical stretch.
- Use lighter fabric to create a spring/summer layering cardigan or duster.
- Create your own unique look by mixing and matching main fabric (bodice) and accent fabric for the cuffs, bands and pockets.
- With so many length and sleeve options offered can match almost any style and occasion.

Fabric and supplies requirements are also listed on the MEMO card. MEMO card is located next to the pattern file (same folder). Use MEMO card as a reference in your patterns binder.



Supplies and notions

Main fabric

Light to medium weight knit fabric with at least 50 % horizontal stretch

140cm / 55in	CROPPED CARDIGAN - 0.7 m / 3/4 yards
	CLASSIC CARDIGAN - 0.9 m / 1 yard
	LONG CARDIGAN - 1.3 m / 1 1/2 yards
	DUSTER - 1.5 m / 1 3/4 yards
	LONG SLEEVE 0.9 m / 1 yard
	3/4 SLEEVE 0.7 m / 3/4 yard
	SHORT SLEEVE 0.4 m / 1/2 yard

Other notions

1. **Shoulder seam stabiliser - twill tape, clear elastic or selvages from woven fabrics - 30 cm / 12 inches**
2. **Matching polyester / Cotton threads**
3. **(optional) Matching overlocker threads**

For your Sewing machine you'll need

1. **Jersey needle 70/10 or 80/12**

This needle prevents snags on knit fabrics when stitching

2. **Twin jersey/stretch needle 3-4/70-80 (optional)**

This needle is required if you want to have decorative twin stitch on your neckline/armholes bindings and on the bottom hem.

Works only with sewing machines that have zig zag stitch.





Sizing

Clothing sizes may vary, so it is essential you pick the right size based on your measurements and sizing chart.

This pattern comes in 3 heights, 16 different sizes from US0 to US30.

Base measurement

- **Basic fit:** semi fitted at the bust, relaxed at the waist and hips cardigan and duster. Has cropped, classic (hip length), longline or duster length options. Duster length is finished with a split hem. Offered with short, 3/4 or long sleeves finished with bands/cuffs. Features 2 optional patch pockets.
- **This pattern is designed for medium stretch fabrics.** For this pattern please pick the size, closest to your: **bust measurement according to the sizing chart** (see the next page). Adjust the pattern to your waist or hips if required (page 9).

Ease of the garment

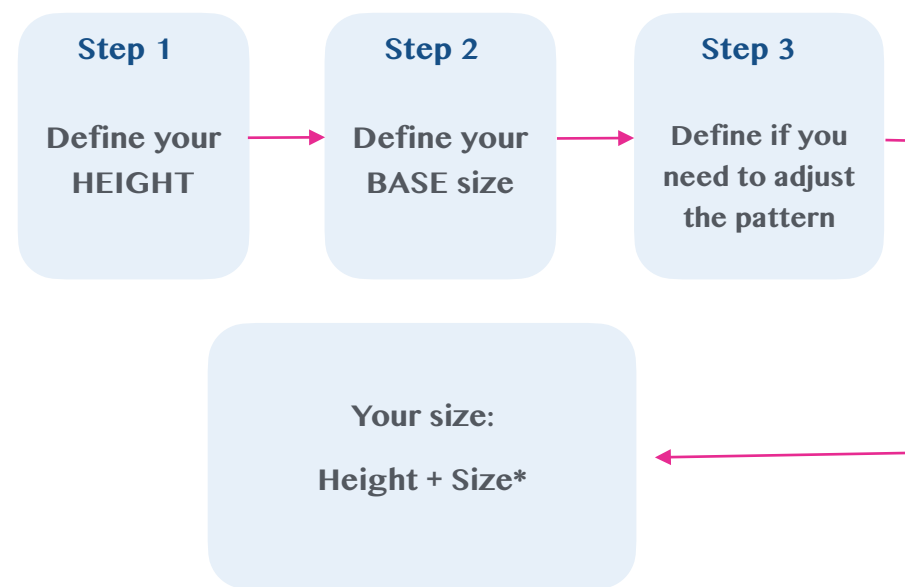
Bust - (zero) - size measurement 0 cm / 0 in

Back width (negative) - 2 cm / - 3/4 in

Waist - (positive) - size measurement + 15 cm / 6 in

Hips - (zero) - size measurement 0 cm / 0 in

HOW TO CHOOSE MY SIZE?



* If you need to adjust the pattern (blending sizes), then you will have one base size and additional size (sizes) in order to blend between sizes

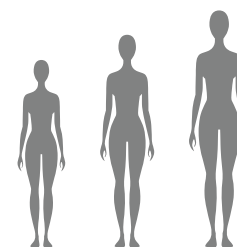
Defining your pattern height

This garment is designed for 3 heights and it affects the final fit for the garment at all vertical measurements (not only length of the garment).

152-160 cm / 5'1" - 5'3" (PETITE)

162-170 cm / 5'4" - 5'6" (REGULAR)

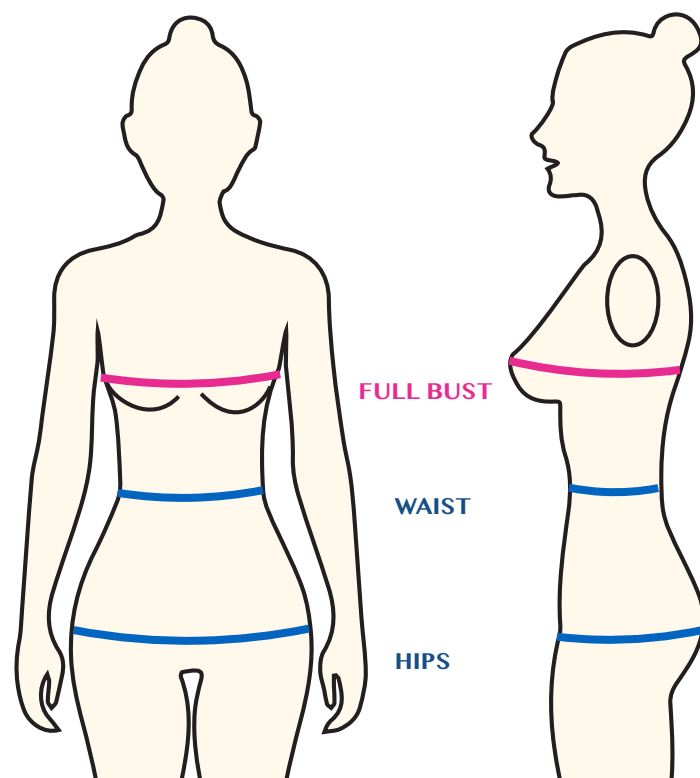
170-178 cm / 5'7" - 5'9" (TALL)



If you're somewhere on the boundaries of the heights follow these recommendations:

1. If you have a long torso - choose the next height.
2. If you have long legs - choose the smaller height.
3. If your torso and legs are proportional - choose the next height.

TAKING YOUR MEASUREMENTS



* Take your measurements wearing your regular underwear.

Sizing guide, inch*

US	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
	XXS	XS	S	S	M	M	L	L	XL	XL	XXL	XXL	3XL	3XL	4XL	4XL
Bust	31.5	33.1	34.6	36.2	37.8	38.6	39.4	40.9	43.3	45.7	48.0	50.4	52.8	55.1	57.5	59.8
Waist	23.6	25.2	26.8	28.3	29.9	31.5	33.1	34.6	37.0	39.4	41.7	44.1	46.1	48.0	50.0	52.4
Hips	33.9	35.4	37.0	38.6	40.2	40.9	42.5	44.1	46.5	48.8	51.2	53.5	55.9	58.3	60.6	63.0
Cup	B/C	B/C	B/C	B/C	B/C	C/D	C/D	C/D	C/D	C/D	D/E	D/E	E	E	E	E

Sizing guide, cm*

US	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
	XXS	XS	S	S	M	M	L	L	XL	XL	XXL	XXL	3XL	3XL	4XL	4XL
Bust	80	84	88	92	96	98	100	104	110	116	122	128	134	140	146	152
Waist	60	64	68	72	76	80	84	88	94	100	106	112	117	122	127	133
Hips	86	90	94	98	102	104	108	112	118	124	130	136	142	148	154	160
Cup	B/C	B/C	B/C	B/C	B/C	C/D	C/D	C/D	C/D	C/D	D/E	D/E	E	E	E	E

MEASUREMENTS

FULL BUST - measure around your bust, through the bust apex. Find your size according to the Bust measurement in the Sizing guide. If in between sizes - go smaller size. **That is your base size.**

WAIST - measure your waist at the narrowest part, approximately under your last rib.

HIPS - measure your hips at the widest part.

Adjust the pattern to your waist/hip measurement (see page 9).



FINAL MEASUREMENTS, IN

PETITE 152-160 cm / 5'1" - 5'3"

US size	US0	US2	US4	US6	US8	US10	US12	US14	US16	US18	US20	US22	US24	US26	US28	US30
Cropped cardigan	20	20.3	20.5	20.7	21.1	21.4	21.7	21.9	22.3	22.7	23.1	23.5	23.9	24.4	24.8	25.2
Classic cardigan	26.5	26.9	27.4	27.9	28.4	28.8	29.2	29.7	30.5	31.2	32	32.7	33.5	34.4	35.2	35.9
Longline cardigan	32.4	32.7	33	33.3	33.8	34.2	34.5	34.9	35.4	35.8	36.3	36.7	37.3	37.8	38.3	38.9
Duster	38.5	38.9	39.3	39.7	40.2	40.7	41.1	41.5	42	42.5	43	43.6	44.2	44.8	45.4	45.9

REG 162-170 cm / 5'4" - 5'6"

US size	US0	US2	US4	US6	US8	US10	US12	US14	US16	US18	US20	US22	US24	US26	US28	US30
Cropped cardigan	21.1	21.3	21.6	21.8	22.2	22.5	22.7	23	23.3	23.7	24.1	24.5	25	25.4	25.9	26.3
Classic cardigan	27.7	28.1	28.6	29.1	29.7	30	30.4	30.9	31.7	32.4	33.2	33.9	34.8	35.6	36.4	37.2
Longline cardigan	34.1	34.4	34.7	35.1	35.5	35.9	36.3	36.6	37.1	37.6	38	38.5	39	39.6	40.1	40.6
Duster	40.6	40.9	41.4	41.8	42.3	42.8	43.1	43.6	44.1	44.6	45.1	45.6	46.3	46.9	47.4	48

TALL 170-178 cm / 5'7" - 5'9"

US size	US0	US2	US4	US6	US8	US10	US12	US14	US16	US18	US20	US22	US24	US26	US28	US30
Cropped cardigan	22.1	22.4	22.6	22.8	23.2	23.5	23.7	24	24.4	24.8	25.2	25.5	26	26.5	26.9	27.3
Classic cardigan	28.9	29.4	29.8	30.3	30.9	31.2	31.6	32.2	32.9	33.7	34.4	35.2	36	36.8	37.6	38.4
Longline cardigan	35.8	36.1	36.5	36.8	37.2	37.6	38	38.3	38.8	39.3	39.7	40.2	40.7	41.3	41.8	42.3
Duster	42.7	43.1	43.5	43.9	44.4	44.8	45.2	45.7	46.2	46.7	47.2	47.7	48.3	48.9	49.5	50.1

FINAL MEASUREMENTS, CM

PETITE 152-160 cm / 5'1" - 5'3"

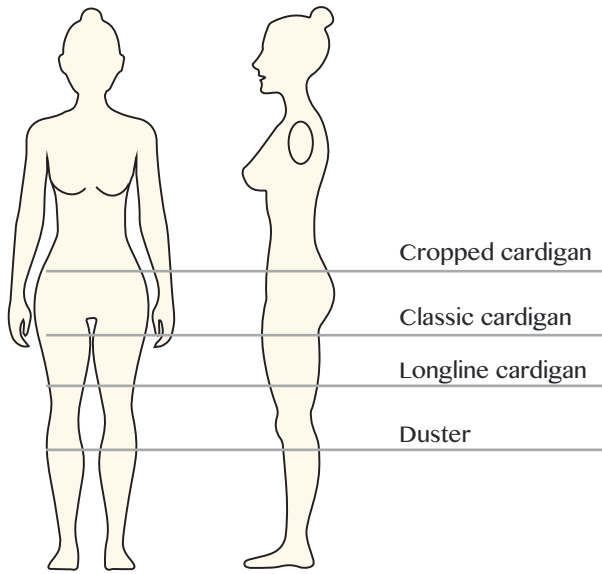
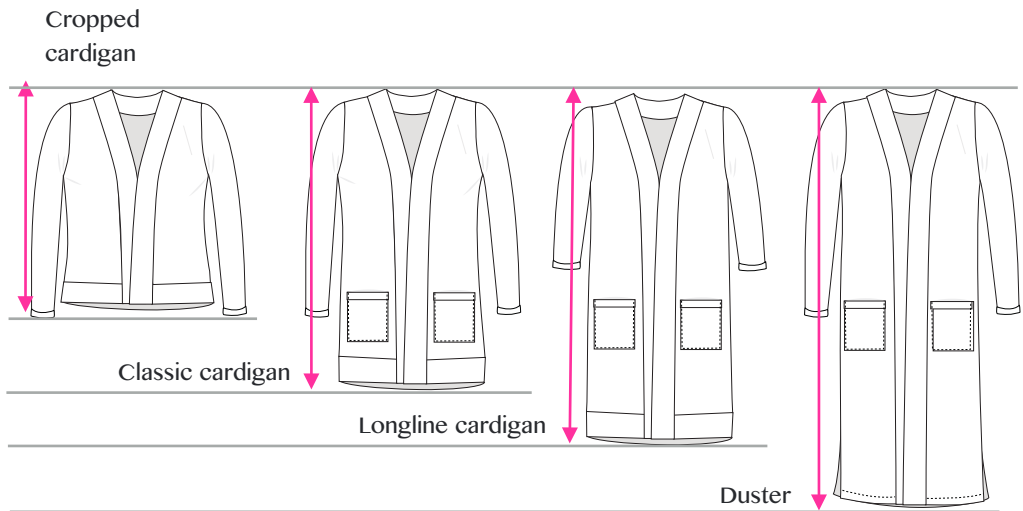
US size	US0	US2	US4	US6	US8	US10	US12	US14	US16	US18	US20	US22	US24	US26	US28	US30
Cropped cardigan	50.9	51.5	52.1	52.7	53.7	54.4	55	55.7	56.7	57.6	58.6	59.6	60.8	61.9	63	64.1
Classic cardigan	67.2	68.4	69.6	70.8	72.2	73.1	74.1	75.5	77.4	79.3	81.2	83.1	85.2	87.3	89.3	91.3
Longline cardigan	82.2	83	83.9	84.7	85.8	86.8	87.7	88.6	89.8	91	92.1	93.3	94.7	96.1	97.4	98.7
Duster	97.9	98.9	99.9	100.8	102.1	103.3	104.3	105.4	106.7	108	109.3	110.7	112.2	113.7	115.2	116.7

REG 162-170 cm / 5'4" - 5'6"

US size	US0	US2	US4	US6	US8	US10	US12	US14	US16	US18	US20	US22	US24	US26	US28	US30
Cropped cardigan	53.6	54	54.8	55.4	56.4	57.1	57.6	58.3	59.3	60.3	61.2	62.2	63.4	64.5	65.7	66.8
Classic cardigan	70.3	71.3	72.7	73.9	75.4	76.2	77.2	78.6	80.5	82.4	84.3	86.2	88.3	90.4	92.4	94.5
Longline cardigan	86.6	87.3	88.2	89.1	90.2	91.2	92.1	93	94.2	95.4	96.5	97.7	99.1	100.5	101.8	103.1
Duster	103.2	104	105.1	106.1	107.4	108.6	109.6	110.7	112	113.3	114.6	115.9	117.5	119	120.5	121.9

TALL 170-178 cm / 5'7" - 5'9"

US size	US0	US2	US4	US6	US8	US10	US12	US14	US16	US18	US20	US22	US24	US26	US28	US30
Cropped cardigan	56.2	56.8	57.4	58	59	59.7	60.2	61	62	62.9	63.9	64.8	66	67.2	68.3	69.4
Classic cardigan	73.4	74.6	75.8	77	78.5	79.3	80.3	81.7	83.6	85.5	87.4	89.3	91.4	93.5	95.5	97.6
Longline cardigan	91	91.8	92.6	93.4	94.6	95.6	96.5	97.4	98.6	99.8	100.9	102.1	103.5	104.8	106.2	107.5
Duster	108.5	109.5	110.4	111.4	112.7	113.9	114.9	116	117.3	118.6	119.9	121.2	122.8	124.3	125.8	127.2





Adjusting the pattern to your size

If according to the measurement guide and sizing recommendations you need to adjust your pattern at the waist or hips, please follow the guide below. Make sure that you measure your natural waist that is located right below your last rib and your hips - at the widest part.

To grade your waist / hips

1. At least 2 sizes should be printed (selected as visible layers).
2. Find the corresponding pattern lines. - your base size and the size of your waist/hips
3. Draw a new seam line starting from the corresponding size at the armhole curving it down to the waist/hips size. Make sure, that the new curve is similar in shape to the the original one.

IMPORTANT! The waist ease is 6 inches which allows you not to grade your pattern at the waist to at least 2 sizes up. However if you need to adjust the hips as well you might need to blend your sizes properly as it is shown in the picture.

Example #1

According to the sizing chart :

Bust (base size) US14

Waist US14

Hips US10

The pattern may be adjusted from the bust/waist to the hips from US14 to US10.

Example #2

According to the sizing chart :

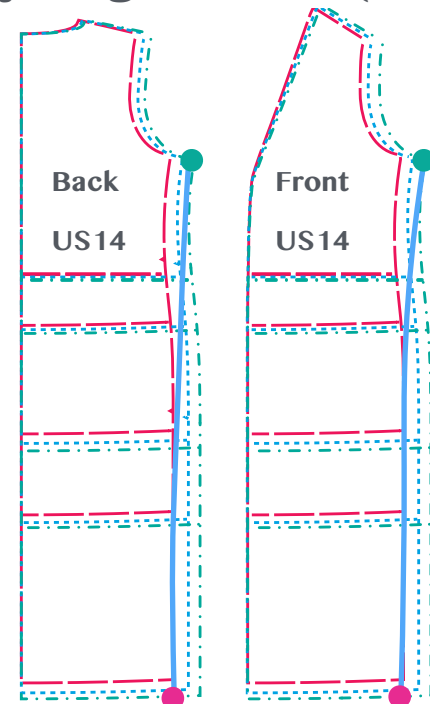
Bust (base size) US10

Waist US14

Hips US14

The pattern needs to be adjusted from the bust to the waist/hips from US10 to US14.

Adjusting bust/waist (US14) to hips (US10)



Your waistline is located at the Lengthen/Shorten line

Use Bottom band

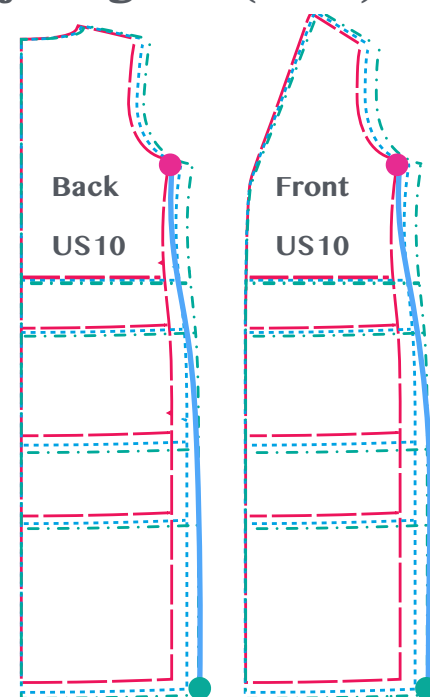
For cropped cardigan: US12

For classic/long cardigan: US10

Use Front band

For all versions: US14

Adjusting bust (US10) to waist/hips (US14)



Your waistline is located at the Lengthen/Shorten line

Use Bottom band

For cropped cardigan: US12

For classic/long cardigan: US14

Use Front band

For all versions: US10



Printing the pattern



PRINTING GUIDE IS ON THE NEXT PAGE

Use printing guide to print only pages you need

This pattern comes in 3 different formats:

A4 and Letter multisized layered version (contains all sizes US0-US30). Each height option is grouped in a separate file. Designed for European paper standard (A4) and American paper standard (Letter).

A0/Copyshop multisized layered version (contains all sizes US0-US30). Each height option is grouped in a separate file. Designed for European paper standard (A0) and American paper standard (Copyshop/Super A0).

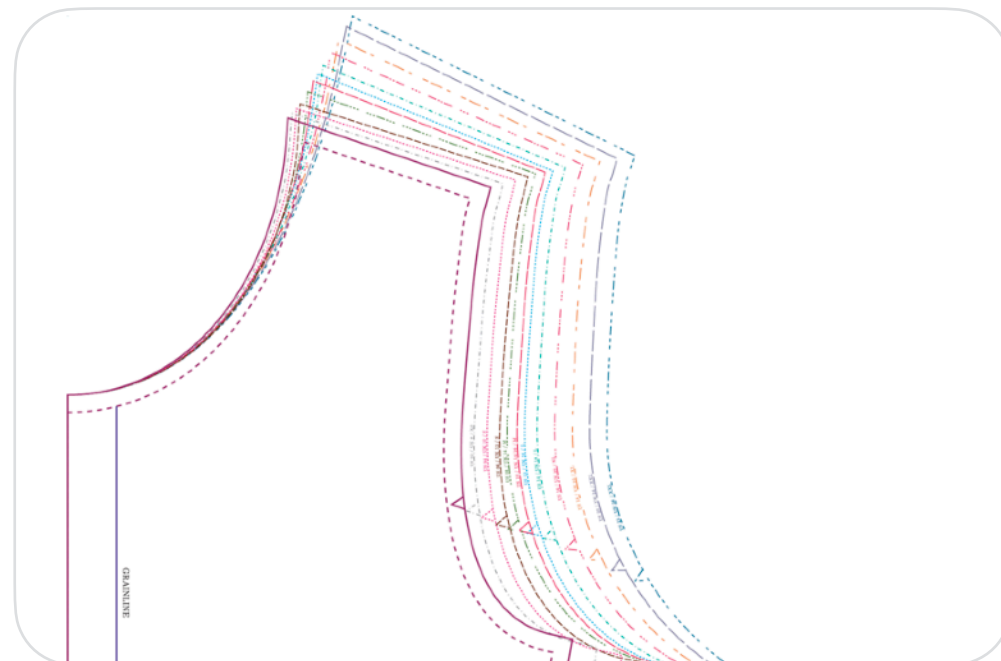
What is a layered pattern?

This pattern has separate layers for each size, and you can select which sizes to print.

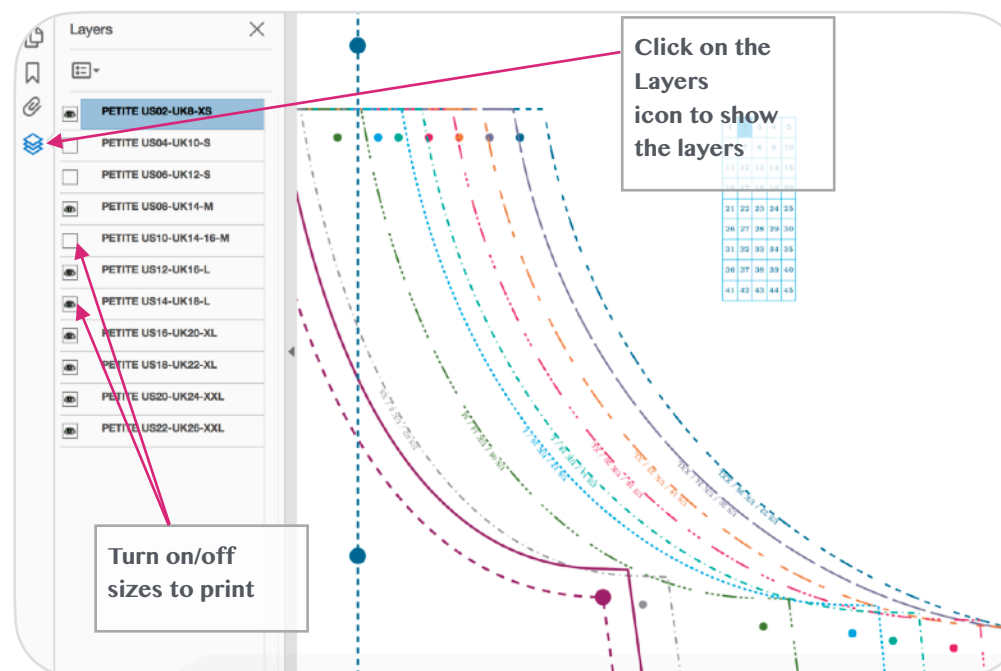
How to select sizes/layers to print?

1. Open the pattern file with a required height option (PETITE(SHORT)/REG/TALL) in Acrobat Reader.
2. Click on the layers icon on the left vertical toolbar or select from the menu View >> Show/Hide >> Navigation panes>>Layers.
3. Deselect or select sizes that you want to print. Follow the instructions on the next page on how to print and tape the pattern together.

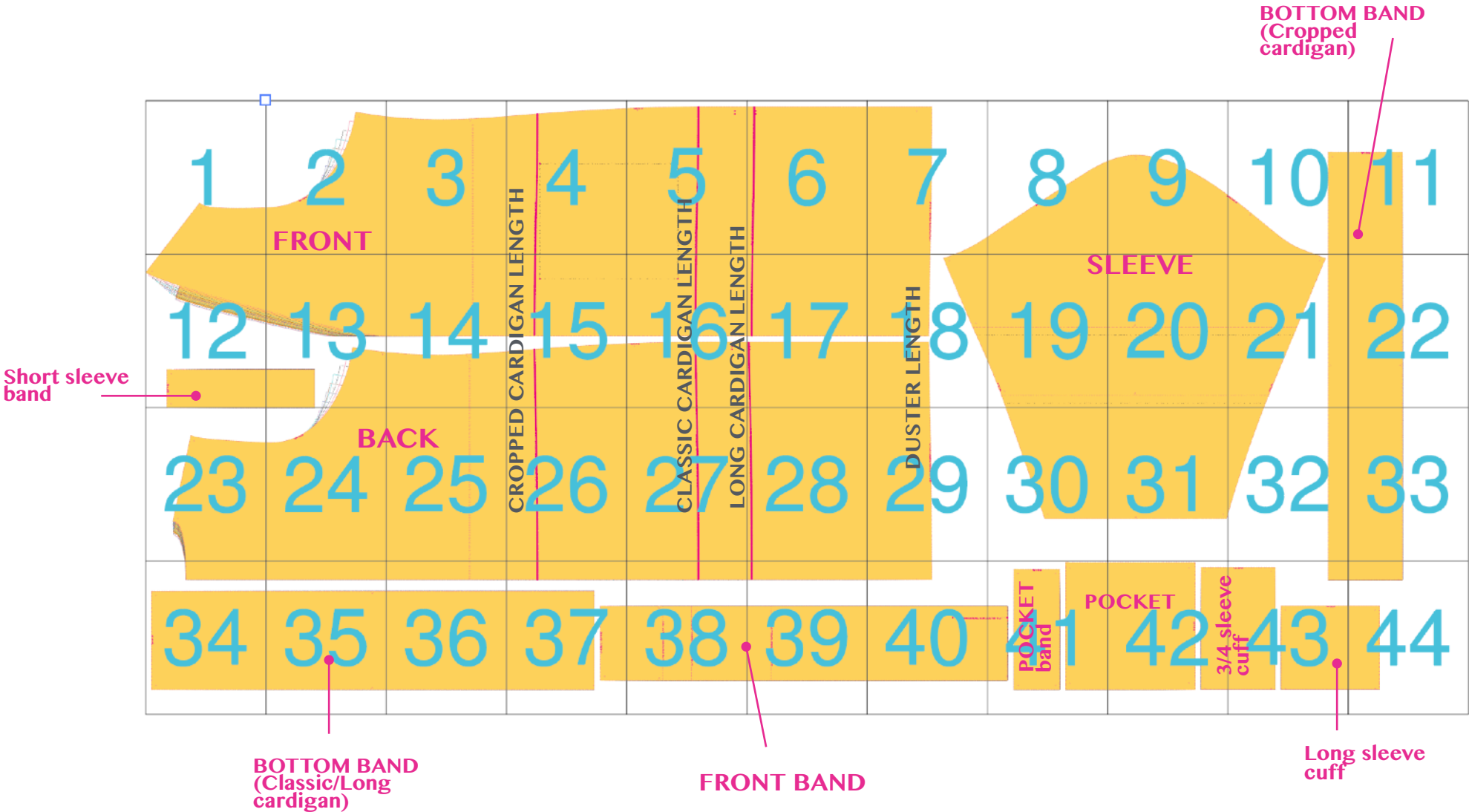
Multisized layered version (contains all sizes US0-US22, grouped by height in separate files)



Turn on/off pdf layers in the Acrobat Reader to print only required sizes.



PRINTING LAYOUT - TALL (LETTER)



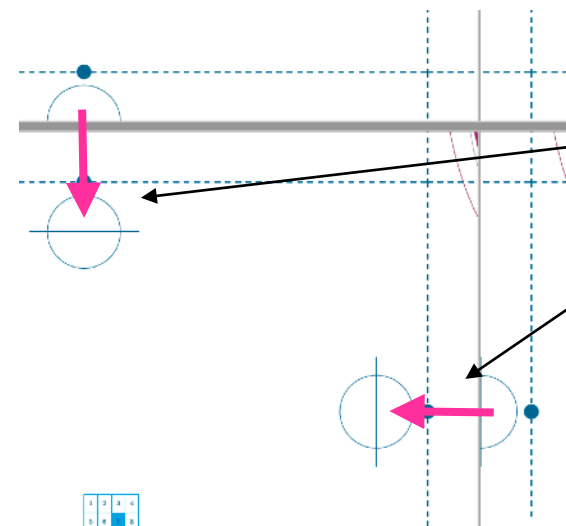
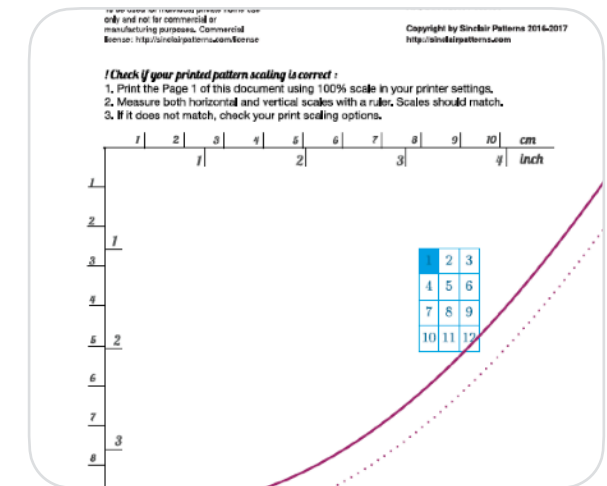
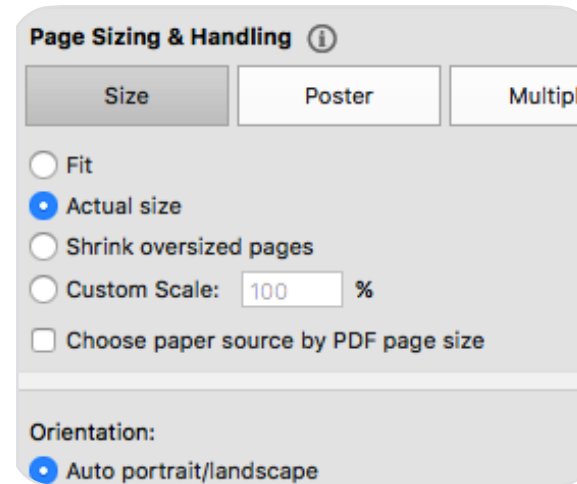


Print, tape and cut the pattern (TRIMLESS ASSEMBLY)



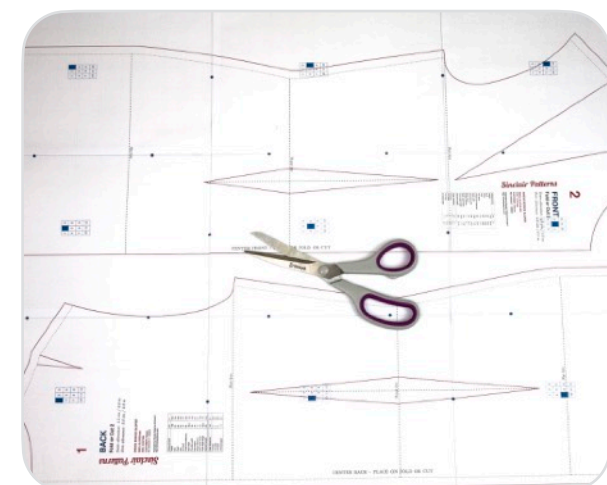
1. Open the pattern file in Adobe Acrobat reader (default pdf opener) and click print and select on the print menu 'Actual size'. Print Page 1 and check the scaling on the page with a ruler according to the instructions given above the scale.
2. If the scaling is right print rest of the sheets
3. Make a layout of sheets on a big surface according to the pictogram on the each sheet
4. This pattern is TRIMLESS, just overlap the sheets from the right to the left / top to the bottom and match big circles on the short and long sides.
5. Glue sheets together using a glue stick or invisible tape trying to match circles perfectly. I recommend to glue it in the page number order, row by row (1, 2, 3 etc.).
6. Adjust pattern to your measurements before cutting out the pattern parts if needed.

TIP: using a glue stick or a glue pen to glue the sheets together significantly reduces the time spent on the pattern assembly.



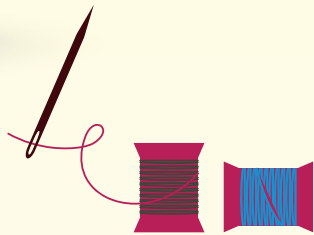
Overlap the sheets
(right to left, then top
to bottom), match big
circles and glue the
sheets together

4





Hem and seam allowances



The pattern already has all seam allowances needed.
The seam allowance information is stated on each part of the pattern unless otherwise stated right on the curve.

Pay attention to the armhole, neckline, lining seam allowances - they are usually less than the standard ones.

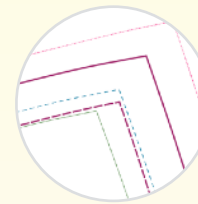
ALL SEAM AND HEM ALLOWANCES ARE INCLUDED

SEAM: 7 mm - 1/4 in
unless marked different on the pattern part

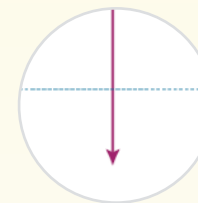
HEM: 25 mm / 1 in
(duster version only)



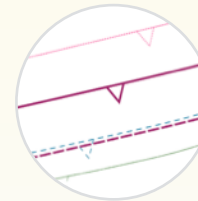
Pattern definitions



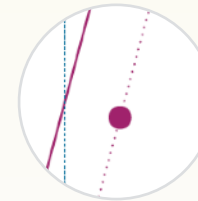
Solid/Dashed line - Cut lines
Faint lines - Stitch lines



Grainline - shows a longwise direction of a fabric



Notch - a mark to match pattern pieces together.
Transfer them onto fabric before sewing.



Marking dot - used for a reference, for example as a pocket opening guide. Transfer them onto fabric before sewing.



Pattern part number and name - used as a reference in the tutorial



Techniques for sewing knits

Knits are very exciting to make as you can be very creative.

Depending on your equipment and taste, you can choose what kind of finish you want to use for stitching seams, bindings, bands and hems.

Modern sewing machines make neat and professional stitching for knits without using a serger and cover stitch machine.

If you have both a serger and a sewing machine you may combine sewing techniques listed below to your liking.



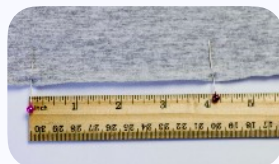
How to test if the knit fabric is two way stretch:

It stretches in lengthwise and crosswise directions. Usually two way stretch fabric has spandex.

How to test knit fabrics stretch %:

25% stretch means that 10 cm / 4 inches of fabric easily stretches to 12.5 cm / 5 inches and recovers well after stretching.

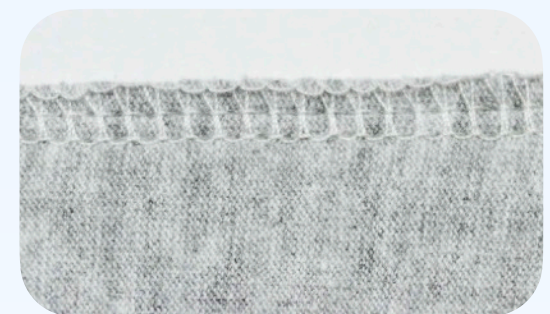
When stretching the fabric make sure it looks the way you expect it to look in a garment. This is especially important for fitted styles, for example a tank top, fitted dress or leggings/yoga pants.



Sewing knits with a serger/overlocker

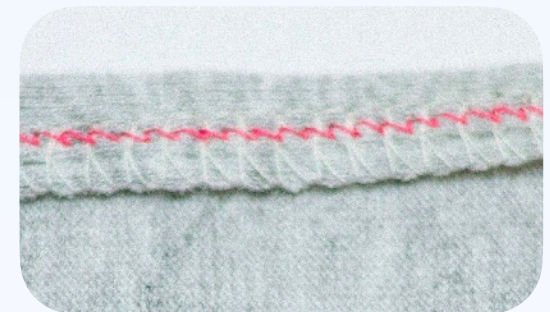
Seams

Seams with a serger using 4-thread overlock. Serge trimming away any seam allowance in excess of 7 mm (1/4 inch)



Hems

Overlock edges, then fold and finish hems using sewing machine.



Topstitching

Topstitching is usually made using a sewing machine.



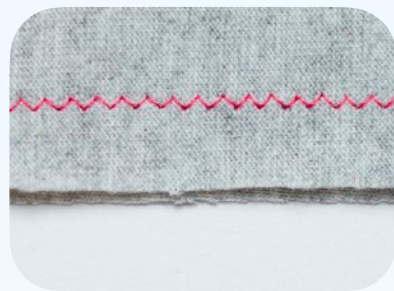
SEAMS and OVERCASTING

Sewing knits with a sewing machine

Always test seams on a sample piece of fabric !

Short Zig zag

Adjust your sewing machine for a zigzag with stitch width set at 0.5 mm and stitch length 1.5-2 mm.



Special stretch stitch

Your sewing machine may have a special stretch stitch that looks like a very narrow zigzag stitch. That's the best option for seams.



Overcasting

Use wide zigzag for overcasting edges together.



Some machines have overlock/serger imitation stitch. Test the stitch for elasticity using a sample and use it for overcasting knits if appropriate.

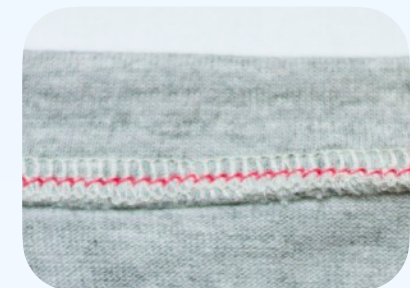


TOPSTITCHING

Sewing knits with a sewing machine

Topstitching is widely used for neckline and armhole bindings. It can be done using Short Zigzag stitch, Special stretch stitch (Seams section) or twin needle stitch.

Short zig zag or stretch stitch



Twin needle stitch

1. Replace your regular needle with a twin needle.
2. Make sure that the needle doesn't hit the presser foot or the plate.
3. Thread the needles with 2 bobbins. At this step, please refer to your sewing machine user's manual on how to thread a twin needle.
4. Set up straight stitch 2.5-3 mm (15-25 spi), place the sample knit fabric under the presser foot and start stitching. Always make sure to secure the stitch with backstitch and to tie the ends of the threads in a knot.
5. Test the elasticity of the seam - stretch the fabric and check if the seam stretches and threads are not breaking. Otherwise it means that the seam doesn't have enough elasticity. Decrease your upper bobbin tension to get more elasticity.





HEMMING

Sewing knits with a sewing machine

Always test seams on a sample piece of fabric !

Single hem

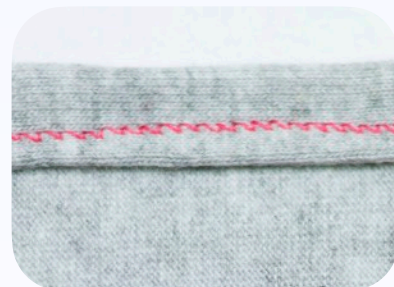
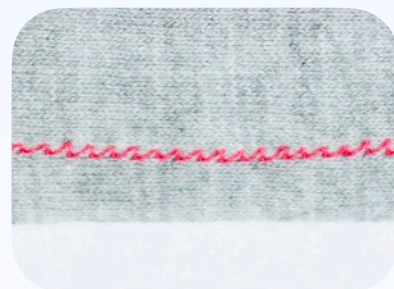
If the fabric's edge is stable enough you can turn the hem under only once. Alternatively before hemming you can overcast the edge with overlock using a serger or zigzag with a sewing machine.

Double hem

You can choose to turn the hem under twice to hide the raw edge of the fabric when hemming a garment. This technique gives a nice and neat look and suitable for thin knits.

Finishing the hem

For finishing the hem you can choose a zigzag, special stretch stitch or twin needle stitch.



TIPS AND HINTS

Sewing knits with a sewing machine

Stabilizing knits when sewing

Place a strip of a tissue paper under the fabric, then place it both together under the presser foot and stitch. That will help to enhance the sewing outcome and eliminate excessive stretching while sewing. Tear away the strip after the seam is finished.

You can use special stabilizers for sewing, such as: fusible elastic interfacing, fabric stay spray, knit stay tape and others.



Decrease the presser foot pressure to the min setting

The presser foot pressure can be usually set to one of 3-4 levels. The larger the setting, the stronger the pressure. Use setting 1 or 2 for knit fabrics.

Use appropriate needles for the weight of the fabric

For thinner knits and knits use 70/10, for mid weight knits 80/12, for heavy weight 90/14 jersey needles.

Use walking foot on your machine

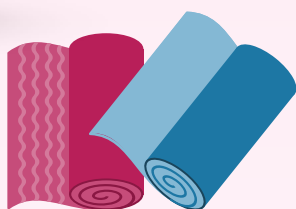
If you have a walking foot, use it to get flat seams and hems, instead of wavy ones.

Press

Press your seams using steam iron. It might help to bring back stretched fabric to its original state.



Fabric preparation



Prepare your fabric: pre wash and steam iron it.

It's essential to prepare all fabric before sewing especially fabrics made of natural fibers. Cotton, Linen, Rayon and Silk can have a dramatic shrinkage after washing or steaming.

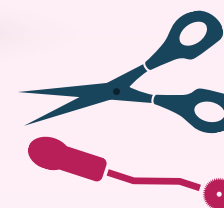
I usually wash all fabrics at 40-50 C degrees in my washing machine, tumble dry and steam iron it after.

When washing I put a small piece of white cotton to make sure that the fabric's color is not running.

Sometimes it happens! Add some salt and soak the fabric to stop the color running.



Cut the fabric



1. Fold and place the fabric on the flat surface, place the pattern on top of it following the grain lines, nap and print direction. Pin the pattern to the fabric, or alternatively, use weights to keep the paper pattern in the place.
2. If you are using printed fabric, match the print on underarm, waist or bottom hem lines.
3. Using rotary cutter (preferable for knit fabrics) or scissors, cut the fabric.
4. Transfer all the markings from the pattern to the fabric.

(see next page for Cutting list)



Cutting list

- ▶ Back (1) - Cut 1 on FOLD - cropped, classic, longline or duster length
- ▶ Front (2) - Cut 2 MIRRORED - cropped, classic, longline or duster length
- ▶ Front band (4) - Cut 2 on FOLD at cropped, classic, longline or duster (full) length
- ▶ Pocket (7) - Cut 2
- ▶ Pocket band (8) - Cut 2

For cropped cardigan:

- ▶ Bottom band (5) - Cut 1 on FOLD

For classic or longline cardigan:

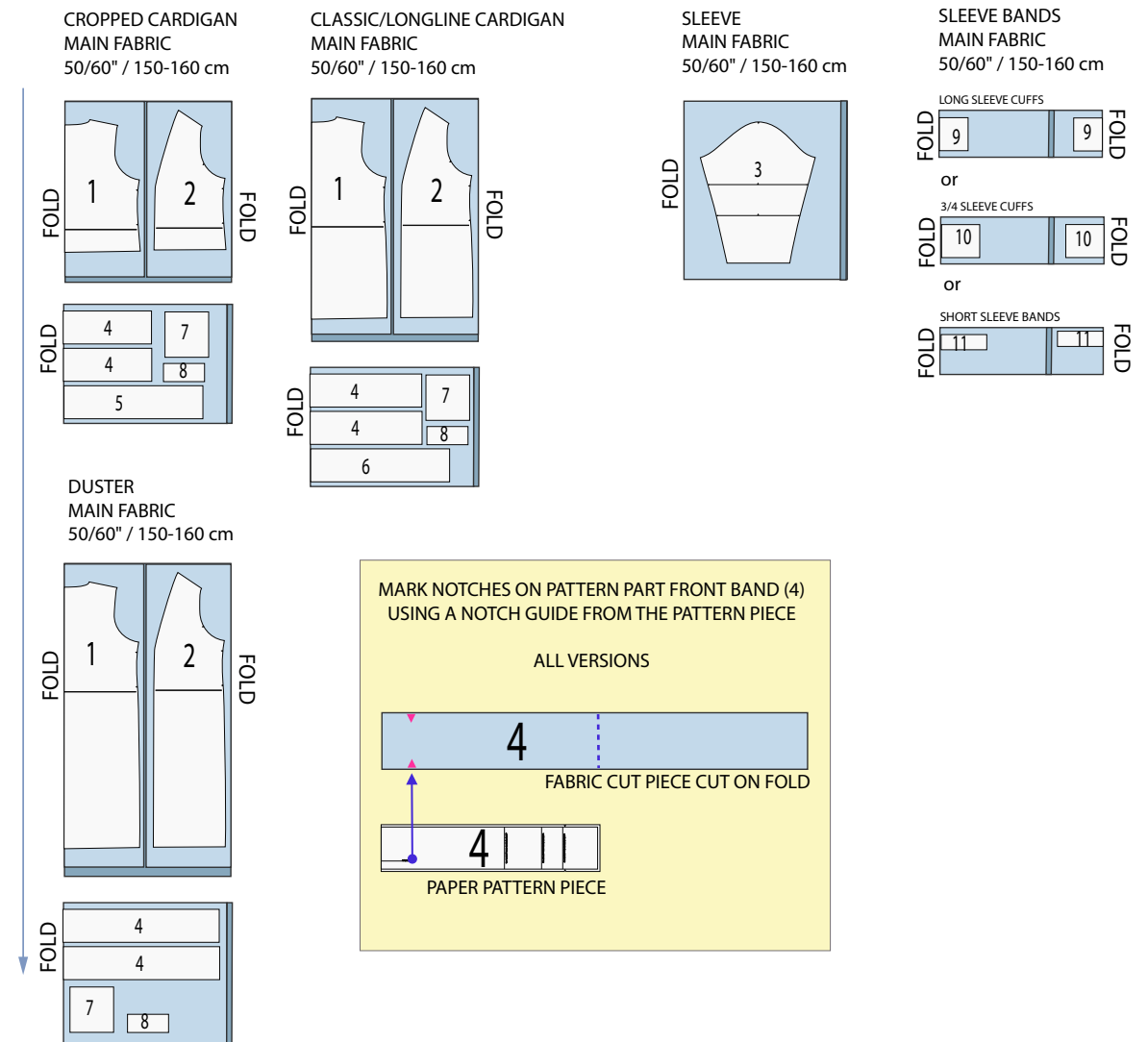
- ▶ Bottom band (6) - Cut 1 on FOLD

Choose your sleeve length:

- ▶ LONG SLEEVE (3) - Cut 2 mirrored - long option and
- ▶ Long sleeve cuff (9) - Cut 2 on FOLD
- or
- ▶ THREE QUARTERS SLEEVE (3) - Cut 2 mirrored - 3/4 option and
- ▶ Three quarters sleeve cuff (10) - Cut 2 on FOLD
- or
- ▶ SHORT SLEEVE (3) - Cut 2 mirrored - short option and
- ▶ Short sleeve band (11) - Cut 2 on FOLD

Marking the pattern parts

- * Mark all the notches on the Back (1), Front (2), Sleeves (3), Bands (4-6, 9-11).
- * Mark Center Fold on the Back (1), Front (1), Bands (4-6, 9-11)
- * **IMPORTANT! Transfer neckline notch to the Front Band (4) using a notch guide on the paper pattern piece (4) as demonstrated in the cutting layout picture.**
- * Transfer pocket markings to the Front (2)
- * Transfer all the markings to the sleeves, mark what side goes to the Front and what goes to the Back.
- * If you have a fabric without definite right and wrong sides, mark your wrong side with a tailor's chalk, for example.





1

(optional) Prepare the pockets



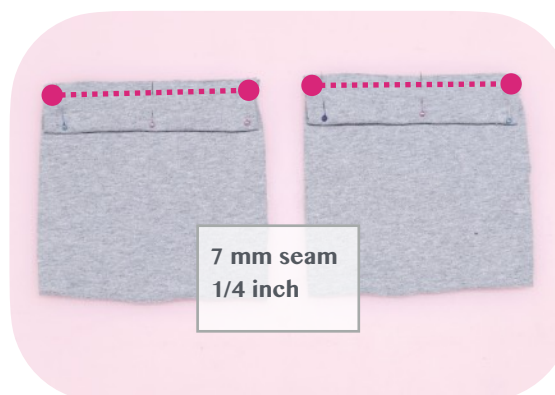
1. Fold the Pocket bands (9) in half lengthwise.
2. Match the Pocket bands raw edges with top edge of the Pockets (8) with the right sides together and pin. The bands are a bit shorter (97%) than the pocket to provide additional stability to the pocket opening. Stretch the bands if needed.
3. Stitch or serge the bands to the pockets, at 7 mm / 1/4 inch, using zigzag or stretch seam (sewing machine) or 4-threads overlock seam (serger). If using sewing machine in the step above, overcast edges together, using zigzag or overlock imitation stitch.
4. Turn the bands to the wrong side and press well.
5. Topstitch with a twin needle or with a zig zag / stretch stitch through the seam allowance and the pocket.
6. Overcast the raw edges of the pockets, using zigzag or overlock imitation stitch (sewing machine) or using a 3 or 4-threads overlock seam (serger). Leave the raw edge if the fabric is stable enough.
7. Press the seam allowance at the all raw edges of the pocket at 10 mm / 3/8 in.
8. Press the pocket.



Step 1-1



Step 1-2



Step 1-3



Step 1-5



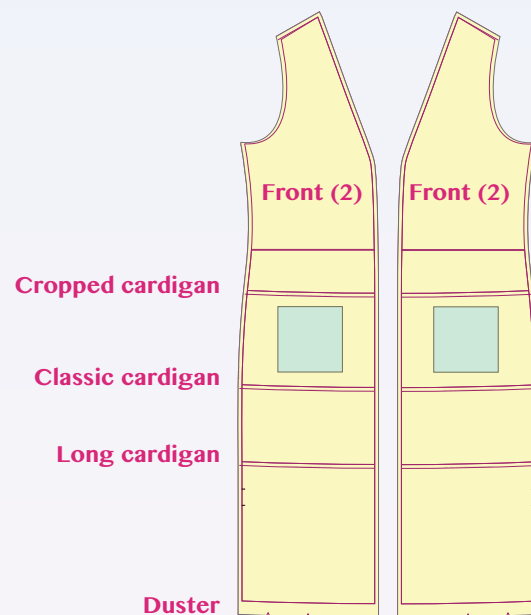
Step 1-7

2

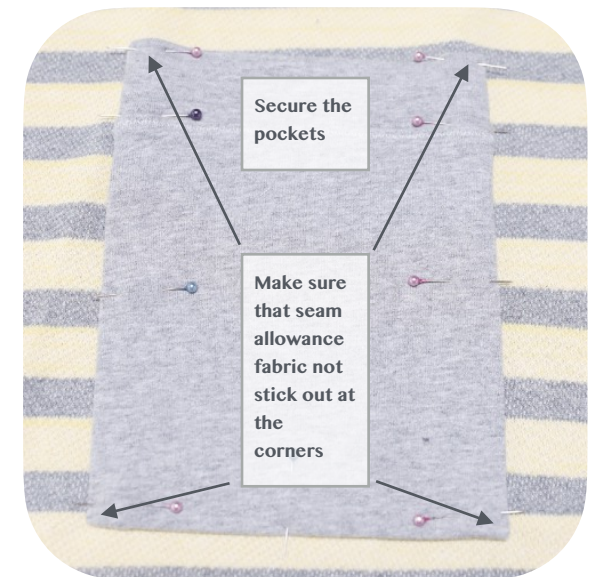
(optional) Attach the pockets



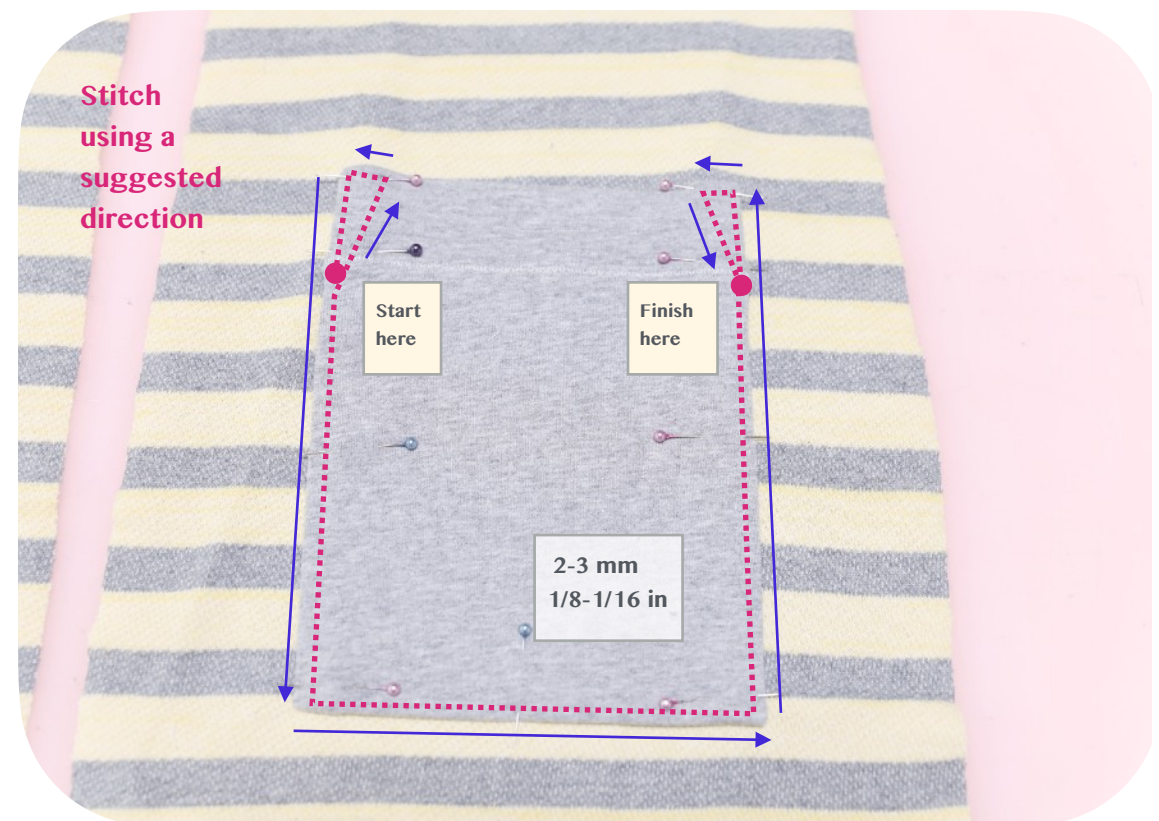
1. Position the pockets at the pocket markings or at your desired position at the Front (2) from the right side of fabric.
2. Secure the Pockets properly by pinning it at the sides. For better results hand baste the Pockets to the Front prior to topstitching.
3. Stitch the pockets at 2-4 mm / 1/12-1/8 inch at the pressed edges of the pockets to the Front, using straight, zigzag or stretch seam (sewing machine). Use stitching direction as it is shown in the picture. When stitching the pocket to the Front make sure there's not extra fabric is sticking out at the corners.
4. Press the pocket.



Step 2-1



Step 2-2



Step 2-3

3

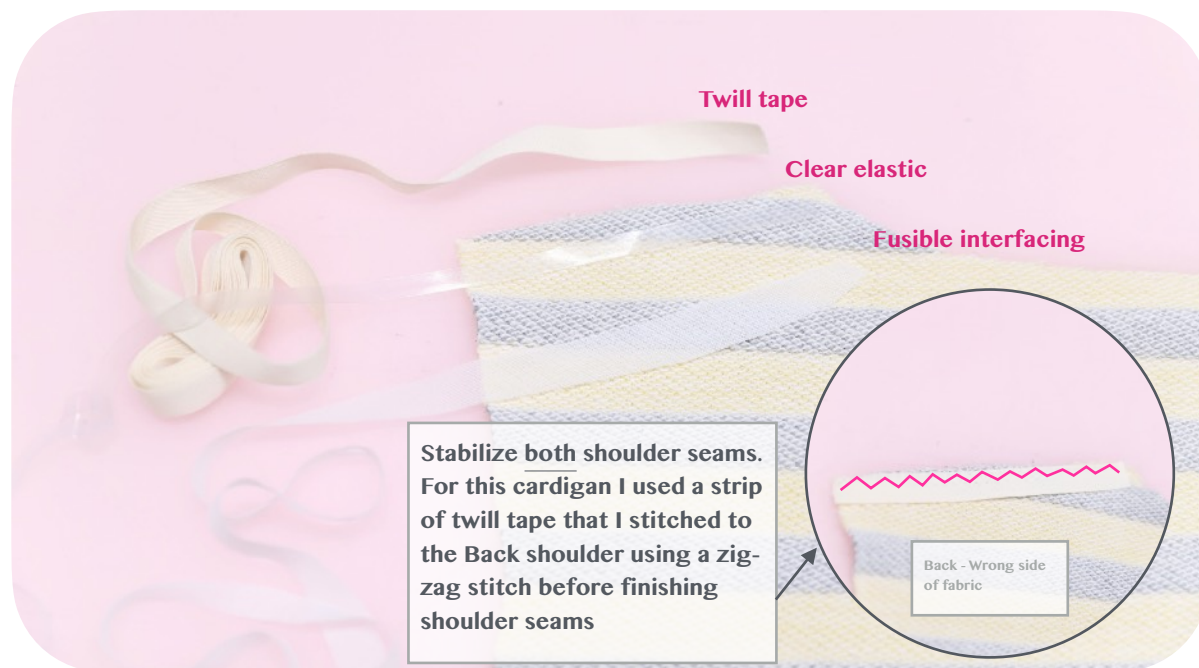
Stabilize and finish shoulder seams



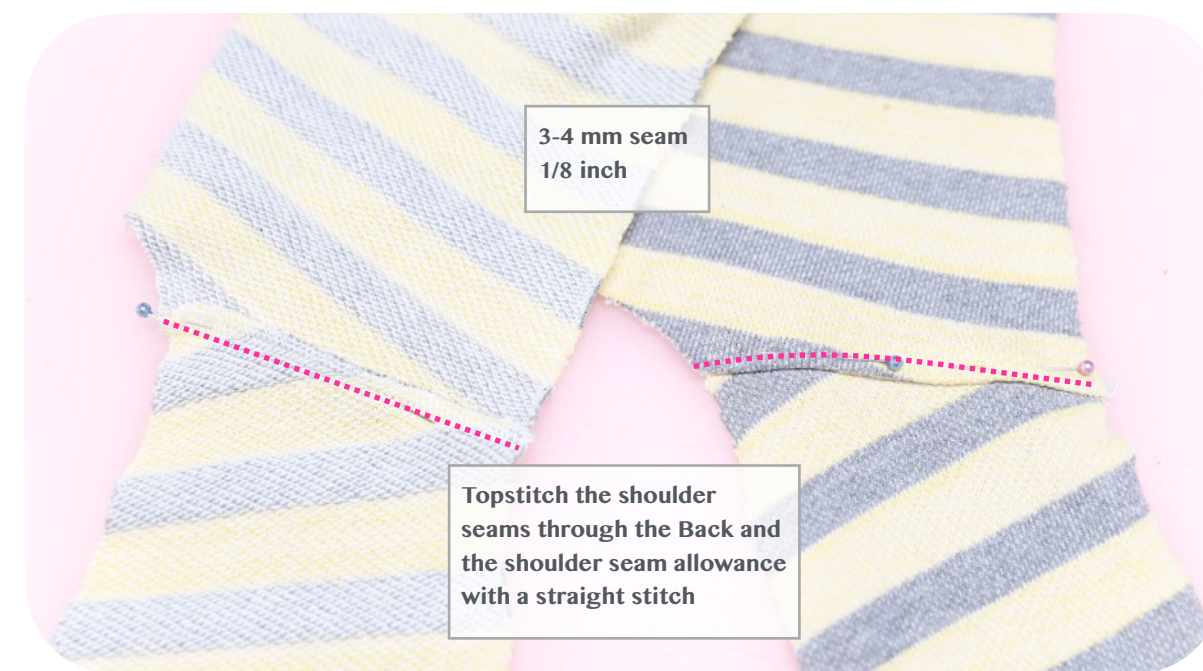
1. Stabilise shoulder seams by stitching a clear elastic or a cotton tape to the wrong side of the Back shoulder seams. For this cardigan I decided to reinforce the shoulder seams with a strip twill tape.
2. With the right sides together, pin and stitch at shoulder seams Back (1) and Front (2) at 0.7 mm / 1/4 inch seam allowance / using: zig-zag or stretch seam (sewing machine) or 4-threads overlock seam (serger). If using sewing machine in the step above, overcast edges together, using zig-zag or overlock imitation stitch.
3. (optional) Press the seams toward the Back and topstitch the seam from the right side of fabric through the Back and seam allowance at 3-4 mm / 1/8 in using a straight stitch with your sewing machine.



Step 3-2 Stitch Back and Front together at the shoulder seams



Step 3-1



Step 3-3 Topstitch the shoulder seams

4

Attach sleeves (all sleeves option)



1. This step describes how to attach the sleeves to the cardigan. Position the sleeve correctly so its Front matches the Front bodice armhole. With the right sides together, pin the top center of the sleeve to the shoulder seam. Pin the edges of the sleeve to the Back and Front armhole. Pin the rest of the sleeve to the armhole, matching the edges.
2. Stitch or serge the sleeves to the armholes, at 7 mm / 1/4 inch, using zig-zag or stretch stitch (sewing machine) or 4-threads overlock stitch (serger). If using sewing machine in the step above, overcast edges together, using zig-zag or overlock imitation stitch.
3. Press the seams toward the sleeves.



Step 4-2



Step 4-2



Step 4-3

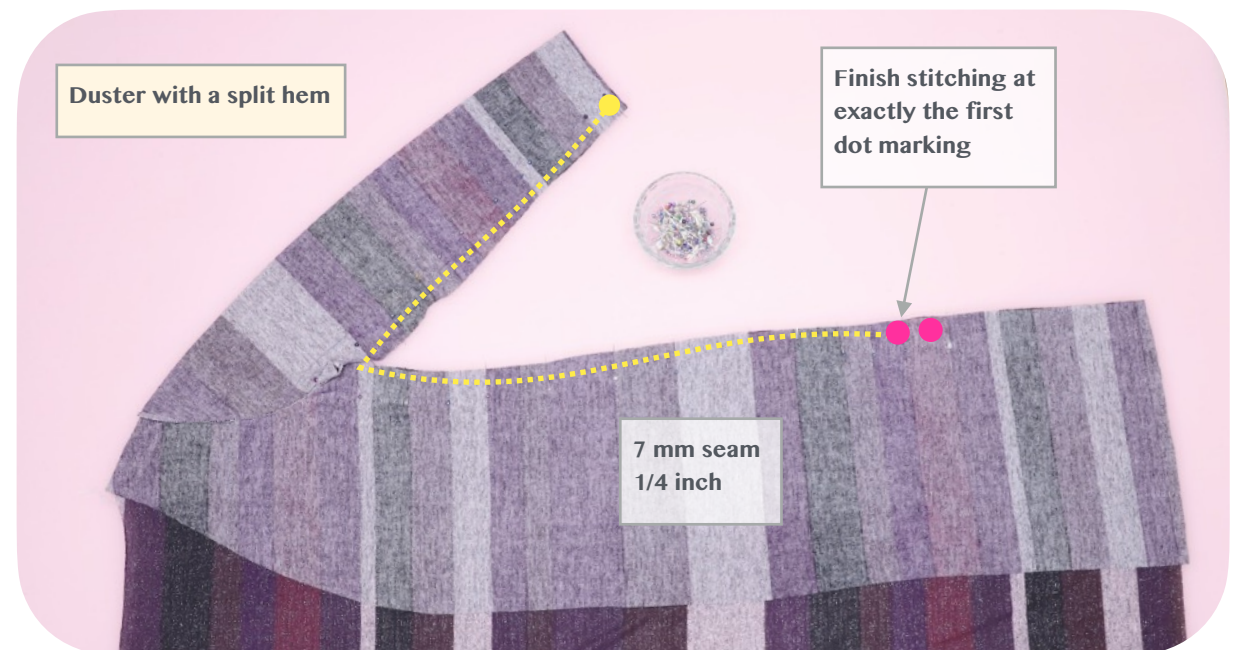


5

Finish side seams



1. With the right side together match notches and pin Front (2) and Back parts(1) starting from the sleeves, all the way down to the bottom hem (cropped, classic, and long versions) or to the first dot marking at the side seam (duster length).
2. Stitch side seams from the sleeve to the hem / first dot marking at the bottom hem at 7 mm / 1/4 inch seam allowance / using:
 - zigzag or stretch seam (sewing machine) or
 - 4-thread overlock seam (serger)
3. If using sewing machine in the step above, overcast edges together, using zigzag or overlock imitation stitch.
4. Press the seams.



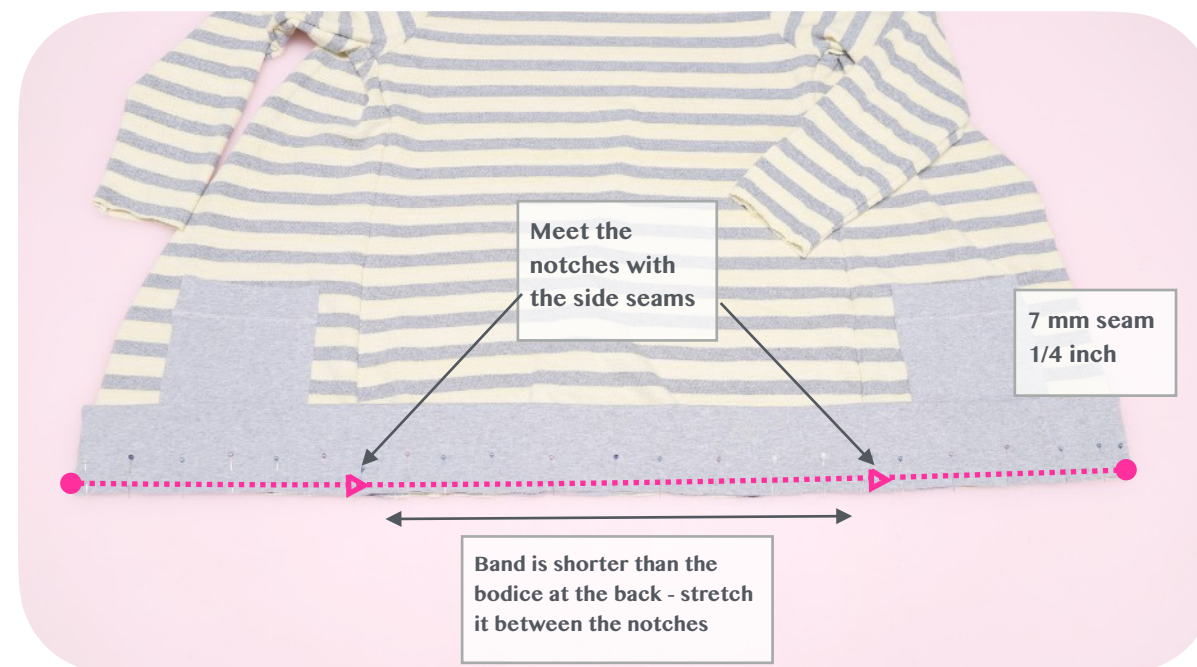
Step 5-1

6

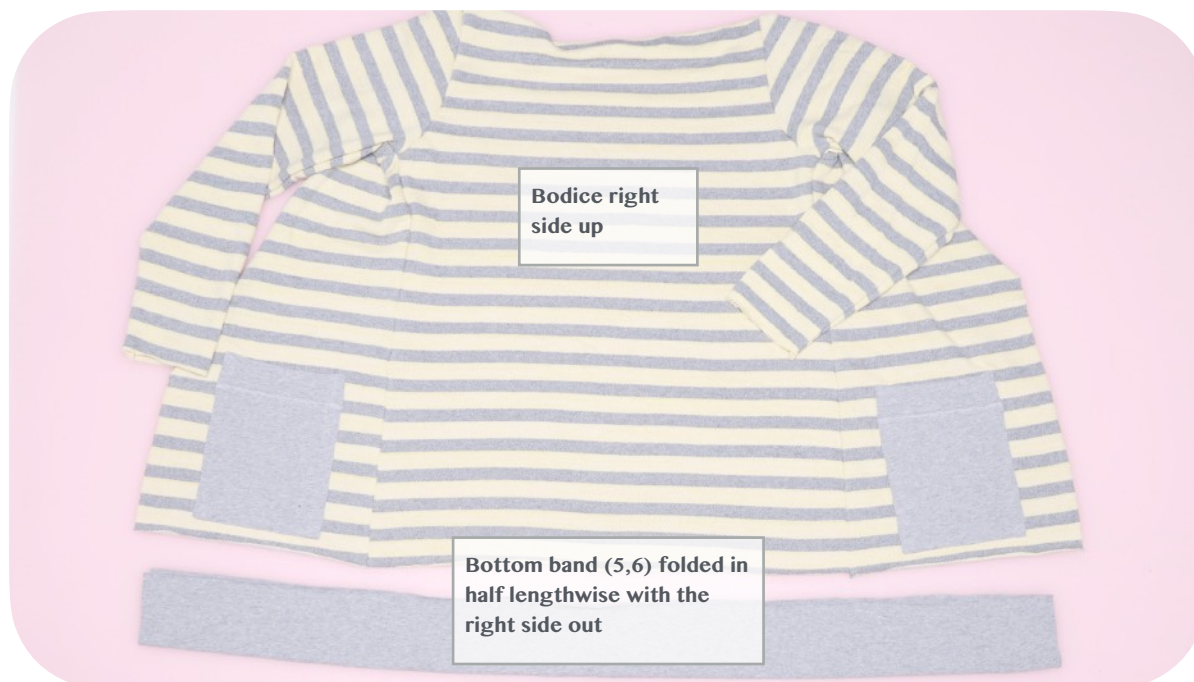
(Cropped, classic and long cardigan) Finish bottom band



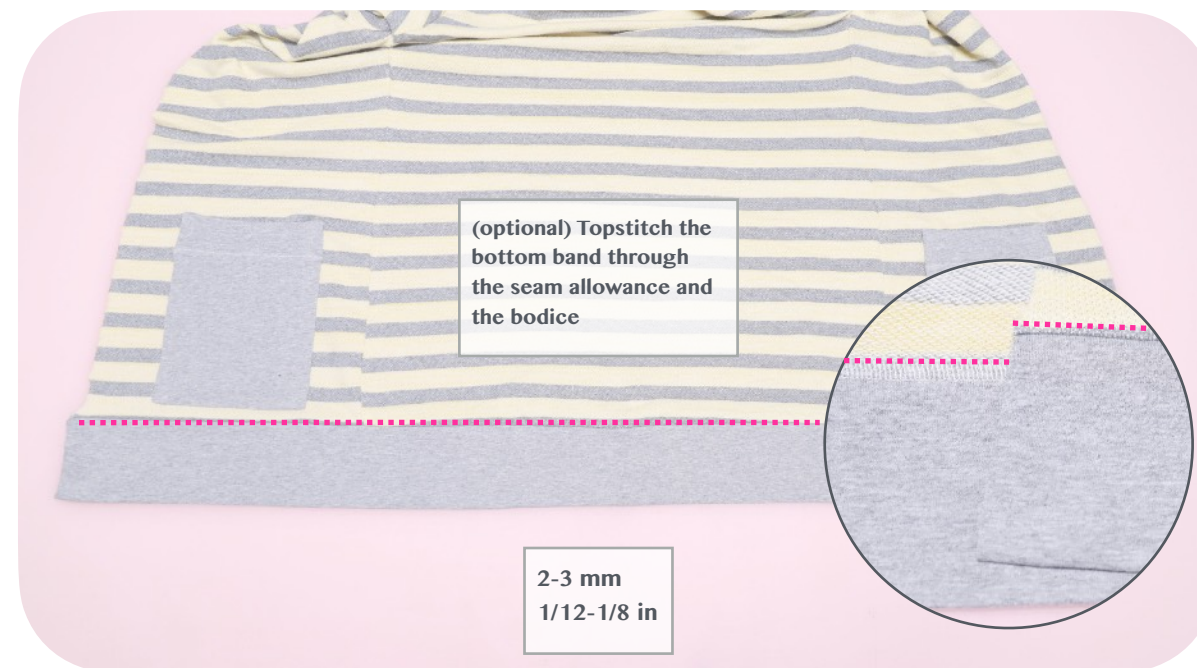
1. Layout the bodice right side up as it is shown in the picture. Fold the Bottom band (5 - Cropped cardigan, 6 - Classic/Long cardigan) in half lengthwise, right side out and align with the bottom hem of the bodice.
2. With the right sides together, meet the raw edges of the band and the bottom hem of the bodice, meet the notches with the side seams and pin. Distribute the band between notches and pin to the bottom hem.
3. Stitch or serge the band to the hem, at 7 mm / 1/4 inch, using zigzag or stretch seam (sewing machine) or 4-threads overlock seam (serger). If using sewing machine, overcast edges together, using zigzag or overlock imitation stitch.
4. Turn the band to the right side and press well.
5. (Optional) Topstitch with a twin needle or with a zig zag / stretch stitch through the seam allowance and the bodice. Use tear-away or wash away stabiliser to eliminate wavy band after topstitching.



Step 6-2, 6-3 Pin and stitch the bottom band



Step 6-1 Layout the bottom band



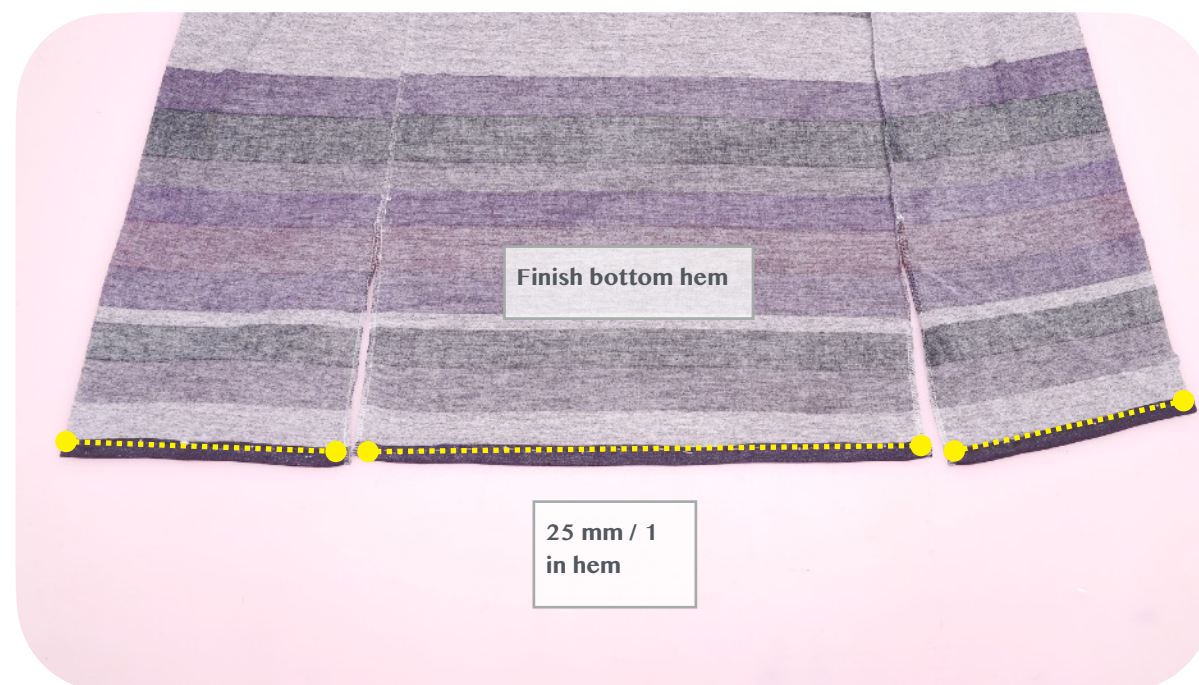
Step 6-4, 6-5 Press and topstitch the band (optional)

7

(Duster) Finish side split hems



1. Open the bottom split and overcast it using a serger or your sewing machine as one continuous seam. Stitch from the Front to the Back to make sure that the side seam will be pushed toward the Back.
2. Using your sewing machine and a short straight stitch secure the split through all the layers approx at the seam allowance starting at 2.5 cm / 1 in above the first marking dot and finishing at the second marking dot. Backstitch several times.
3. Choose any of the techniques from the Hemming section. Fold the bodice hem to the wrong side of fabric once or twice at the total 2.5 cm / 1 in hem allowance and stitch using a zig-zag, stretch or twin needle stitch. Press the hem well.
4. Fold, press and stitch the slit sides as it is shown in the picture, approx at 4-5 mm / 1/6 in from the folded edge with a straight stitch using your sewing machine. Backstitch several times at the top and bottom of the split.



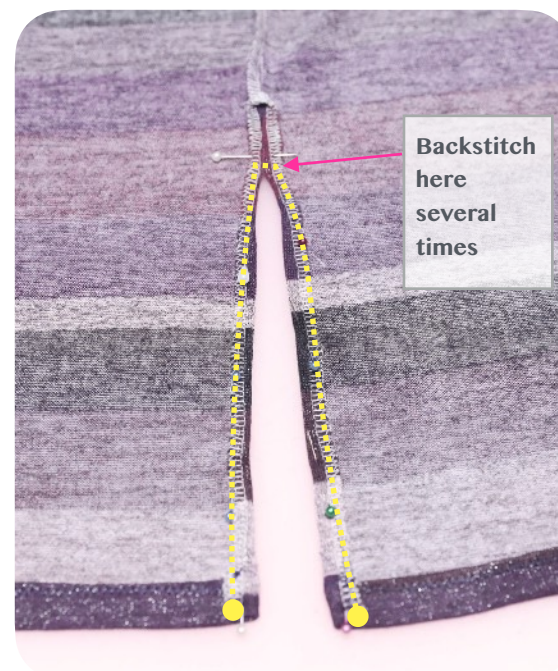
Step 7-3 Finish bottom hem



Step 7-1



Step 7-2



Step 7-4 Finish the split



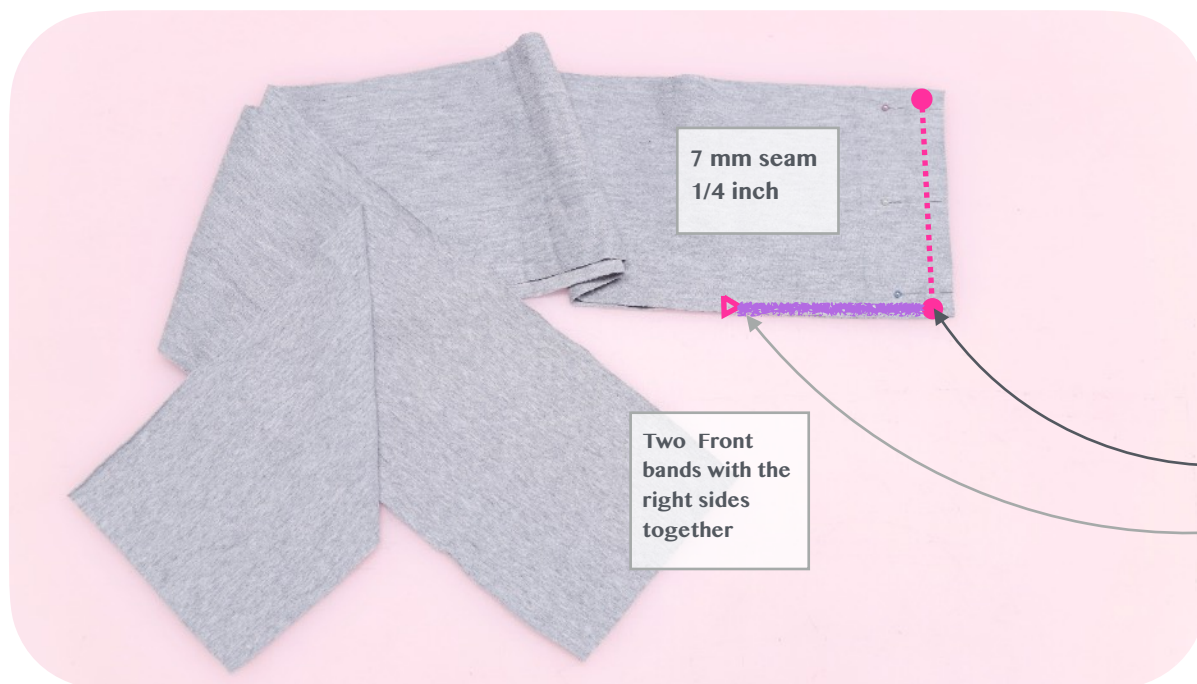
Final look

8

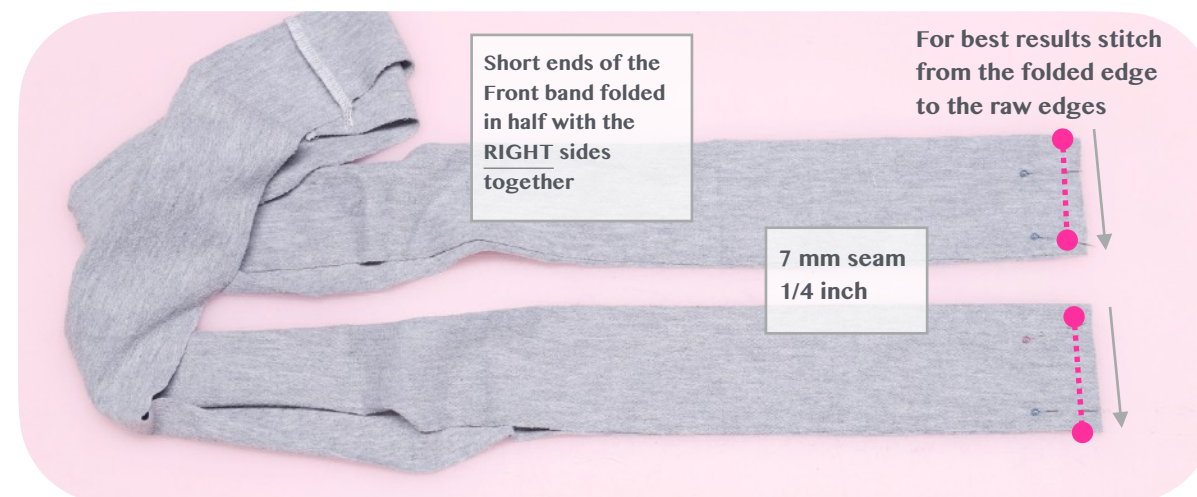
Prepare the Front band



1. With the right sides together stitch the short ends of the two Front bands (4) at 7 mm / 1/4 in using zigzag or stretch seam (sewing machine) or 4-threads overlock seam (serger) to form a one continuous band.
2. Fold the short ends of the band in half with the right sides together and stitch at 7 mm / 1/4 inch, using zigzag or stretch seam (sewing machine) or 4-threads overlock seam (serger). Make sure that the band is not twisted. I recommend to stitch the ends from the folded edge as it is shown in the picture.
3. Turn the ends of the bands to the right side. Push the corners out with a pointy tool and press well.
4. If you haven't transferred the notches to the band it's time to do it now.. Transfer the notch at the joining seam to the left and to the right using a notch guide from the pattern piece.



Step 8-1 Join the short sides of the two Front bands

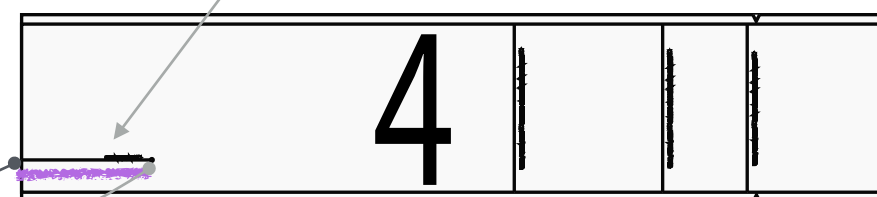


Step 8-2 Finish short ends of the bands



Step 8-3

NOTCH GUIDE IS LOCATED IN THE MIDDLE OF THE PAPER PATTERN PIECE FRONT BAND (4)



PAPER PATTERN PIECE

Step 8-4 Transfer the neckline notches to the band

9

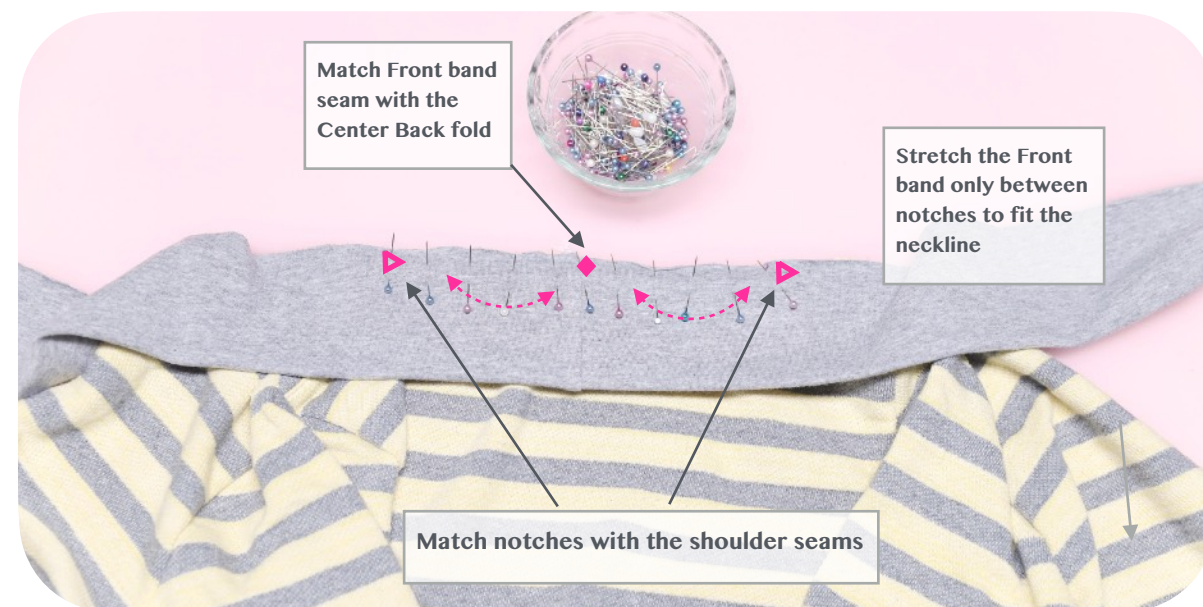
Attach the front band (Part 1)



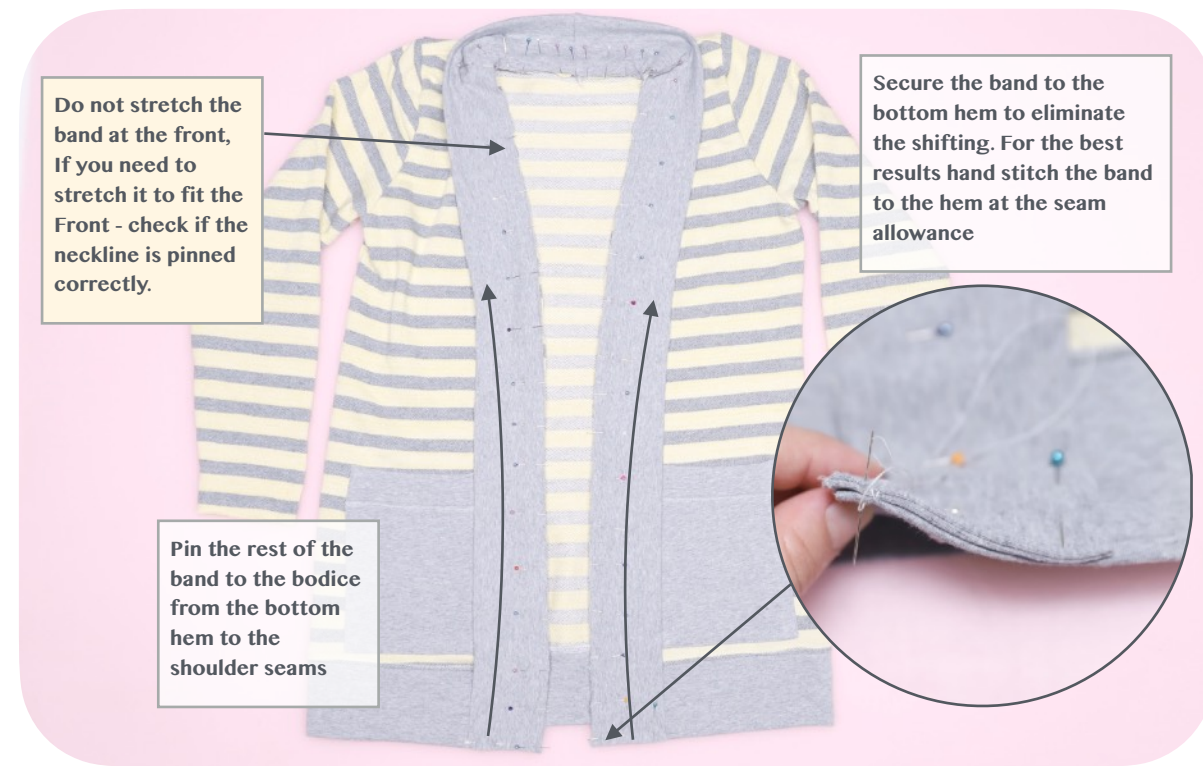
1. Place the bodice right side up. The picture shows how the band will be attached.
2. With the right sides together, meeting the raw edges match the Front band center seam with the Center Back. Match the Front Band notches with the shoulder seam. The band is shorter than the neckline in the back. Stretch the band to fit the neckline and pin. Make sure to use the notches - that will guarantee nice fit at the neckline.
3. Pin the rest of the band to the Front starting from the bottom hem all the way up to the shoulder seams. Do not stretch the band - it should be the same length as the Front opening.
4. (optional) To eliminate shifting of the band at the bottom hem, where it connects with the bottom band or the hem (for the duster version), secure the band to the hem by hand stitching it at the seam allowance.



Step 9-1 Layout the bodice and the Front band



Step 9-2 Pin the Front band to the neckline



Step 9-3 Pin the rest of the band to the bodice, Step 9-4 Secure the band to the bottom hem

10

Attach the front band (Part 2)



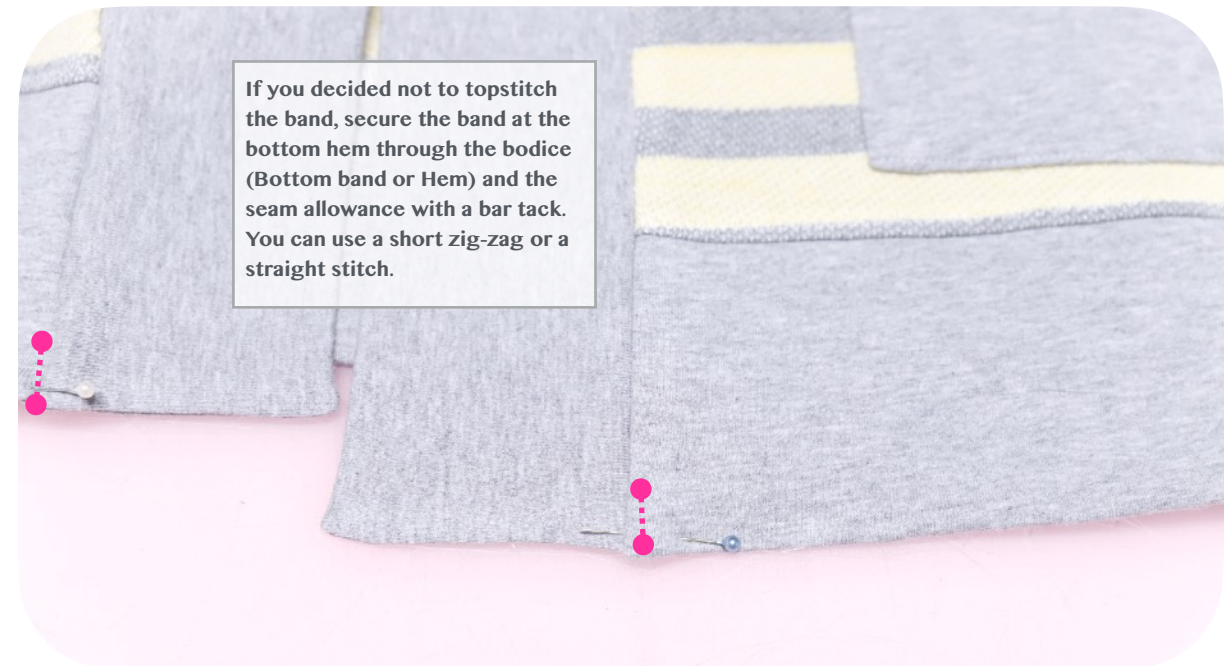
1. Stitch or serge the band to the bodice, at 7 mm / 1/4 inch, using zigzag or stretch seam (sewing machine) or 4-threads overlock seam (serger). If using sewing machine, overcast edges together, using zigzag or overlock imitation stitch.
2. Turn the band to the right side and press well.
3. (Optional) Topstitch with a twin needle or with a zig zag / stretch stitch through the seam allowance and the pocket. Use tear-away or wash away stabiliser to eliminate wavy band after topstitching.
4. (Optional) If you decided not to topstitch the band in the step above, secure the band at the bottom hem through the bodice (Bottom band or Hem) and the seam allowance with a bar tack. You can use a short zig-zag or a straight stitch.



Step 10-3 (Optional) Topstitch the band through the bodice and seam allowance



Step 10-1 Stitch the band to the bodice



Step 10-4 (Optional) Secure the band with a bar tack at the bottom hem

11

Finish sleeves with bands/cuffs (Short/Three quarters and long sleeve)



1. **IMPORTANT!** Make sure you are using the right cuffs/bands for the chosen sleeve length! This step describes how to finish sleeves with bands or cuffs.
2. With the right sides together, join short ends of the Bands/Cuffs (7, 8 or 9) and stitch with a 7 mm (1/4 inch) seam, using zigzag or stretch seam (sewing machine). Press the seam open.
3. Fold the bands/cuffs in half lengthwise wrong sides together, meeting cut edges. Press.
4. Position the band/cuff seam to the sleeve seam on the right side of fabric. Match the center fold of the band/cuff with the notch on the sleeve.
5. Distribute the band/cuff to the sleeve hem evenly with the right sides together and pin. Stretch the bands/cuffs when pinning if needed.
6. Stitch or serge the bands/cuffs to the sleeves, at 7 mm / 1/4 inch, using zigzag or stretch seam (sewing machine) or 4-threads overlock seam (serger). If using sewing machine in the step above, overcast edges together, using zigzag or overlock imitation stitch.
7. Turn the bands/cuffs to the right side.
8. Press well.



Step 11-2



Step 11-3



Step 11-4



Step 11-5



Step 11-6



Step 11-7

12

Press press press!



1. Press all the seams
2. Better you press, better look you get. Use pressers tools for best results

13

Enjoy!



1. Try it on, make an Instagram post, share your experience on the FB group
2. Hang your garment and give it a rest
3. Enjoy yourself! You've done a great job!



Final look



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