



Crossroads Vest

SIZES PREMIE -14

Keep them bundled up, wherever their imagination may take them.

Twig + Tale





Website

twigandtale.com

Pattern Modifications & Inspiration

Click on *Pathfinder Vest* on the Twig + Tale blog menu for posts about this pattern.



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We'd love to see your creations!

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Small home-based handmade businesses selling items on Etsy or similar are welcome to sell products made from this pattern, but I do kindly ask that you reference Twig + Tale somewhere within your product description.

Photo Credits

Many thanks to the wonderful group of ladies who helped make this pattern fantastic: Cathie, Gabrielle, Miranda, Sarah, Amanda, Renia, Bec, Meahd, Olesya, Amanda, Rebecka, Justine, Sarah, Dida, Kirsten, Hannah, Ness, Lauren, Brooke, Danielle, Lauren, Louana, Melissa, Cristalle, Tone, Lizzie.

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Before you Begin

The Crossroads Vest pattern is an expansion of the PATHFINDER VEST pattern and is not a stand-alone pattern. You need to own the Pathfinder Vest pattern in order to use this Add-on.

You will find it here: <http://www.twigandtale.com/collections/girls/products/pathfinder-vest-1>

Icons



Helpful tips.



Click on the **bold green** word, to navigate directly to the page indicated.

Save a Tree!

This tutorial is designed to be viewed on an electronic reading device such as an iPad or phone while sewing.

I recommend reading this pattern through entirely to begin with. This add-on references your original Pathfinder Vest pattern so do have a read through to familiarise yourself. Better to have everything organised before you start!

Print Only What You Need

Use the layers feature to select only the size you need, and print only the pages you require for your desired option. This is further explained in the Printing Instructions.

Seam Allowance

Seam allowance is 3/8" (1cm) unless otherwise stated.

Navigation Bar & Quick Links

The "Quick Link" section of the navigation bar at the bottom of each page helps you easily navigate to the most used sections of the tutorial. For example if you wish to go to the contents page, simply hover over the word " CONTENTS" until you see the little hand appear - click on it, and there you are!

On the right-hand side you will see the Pattern Name. When you click on this, it will take you to the Twig + Tale blog, where you can view all blog posts written about this pattern.



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Gather Supplies

Suggested Fabrics

Exterior: I like to use vintage woolen blankets, but you can use any warm fabric such as wool, wool blends, corduroy or velvet. Fleece and wind-pro are also suitable fabrics. You could also use quilting cottons for a spring weight vest.

Lining: Cotton, linen, flannel or other soft breathable fabric.

Other Supplies & Notions

- Spool of coordinating thread
- 3 Buttons or 4 sets of snaps
- Small scraps of iron-on interfacing to re-inforce area where button holes or snaps are placed
- Regular sewing supplies
- If using a heavyweight fabric, you might benefit from using a walking foot.

Fabric Requirement Chart

You will need the amounts listed in the chart below for both lining and exterior fabrics (44"/115cm wide).

Size	Prem	Nb	0-3m	3-6m	6-9m	9-12m
	00000	0000	000	00	0	1
Main Vest (Back & Front)	3/8y 30cm	3/8y 30cm	3/8y 35cm	3/8y 35cm	3/8y 40cm	3/8y 40cm
Hood/Collar <i>add an extra</i>	2" 5cm	2" 5cm	4" 10cm	4" 10cm	8" 20cm	8" 10cm
Curved Dropped Back	Allow an extra 4" / 10cm					

Size	1	2	3	4	5	6	7	8	9	10	12	14
Main Vest (Back & Front)	1/2y / 50cm			7/8y / 80cm			1y / 90cm			1 1/8y / 1m		
Curved Dropped Back	Allow an extra 3" / 7cm											
Flutter Sleeve	Allow an additional 1/8y / 1 0cm - sleeves may be able to be cut from scraps in certain sizes											



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Crossroads Vest

Crossroads Vest Size Chart

Size & Measurements Chart

Size	Prem 00000	NB 0000	0-3 000	3-6 00	6-9 0	9-12 1
Child's Chest	15 ½" 39.3cm	16" 40.5cm	16 ½" 41.9cm	17 ½" 44.4cm	18" 45.7cm	18 ½" 47cm
Finished Vest Chest Measurement (no button stand)	18.9" 48cm	20.5" 52cm	21.7" 55cm	22.8" 58cm	23.6" 60cm	24.4" 62cm
Finished Classic Vest Length (add 2" for Extended Length)	7.9" 20cm	8.7" 22cm	9.25" 23.5cm	10" 25.5cm	10.8" 27.5cm	11.6" 29.5cm
Add an additional 2.5" (6-7cm) for Curved Dropped Back						

Size	1	2	3	4	5	6	7	8	9	10	12	14
Child's Chest	19.5" 48cm	20" 51cm	21" 54cm	22" 56cm	23 ½" 59cm	25" 61cm	26" 66cm	27" 69cm	28" 71cm	28 ½" 72.5cm	30" 76cm	31 ½" 80cm
Finished Vest Chest Measurement	26 ½" 67cm	27" 69cm	28" 71cm	29" 73cm	29 ½" 75cm	30 ½" 77cm	31" 79cm	32" 81cm	32 ½" 83cm	34" 87cm	36" 91cm	37 ½" 95cm
Finished Classic Vest Length (add 2" for Extended Length)	12 ½" 31.5cm	13 ½" 34cm	14 ½" 36.5cm	15 ½" 39cm	16" 40.5cm	16.5" 42cm	17" 43.5cm	18" 45cm	18 ½" 46.5cm	19" 48cm	20" 51cm	21" 54cm
Add an additional 3" for Curved Drop Back												

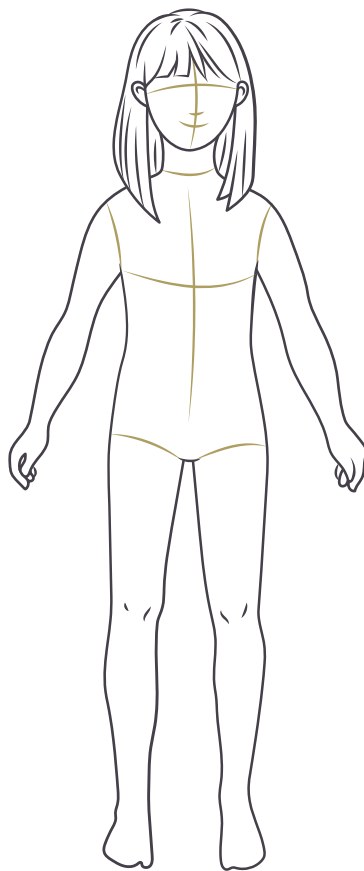


Measuring for a Good Fit

Have your children stand up straight with their arms by their sides. They should not hold their breath while being measured.

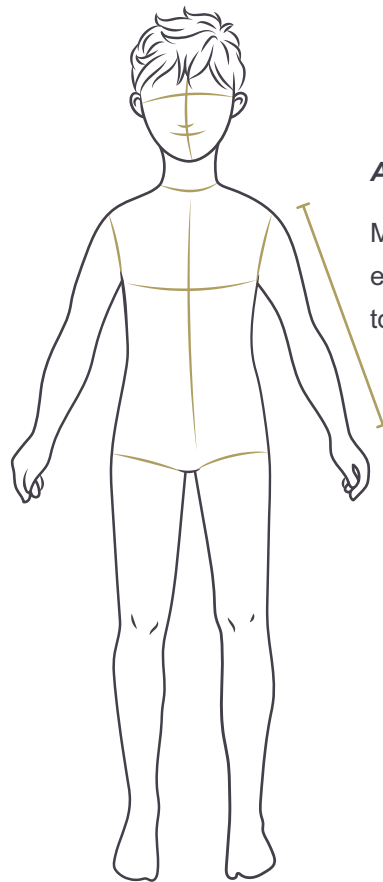
Chest

Measure directly under the arms at the fullest part of the chest. This is usually right at the level of the armpits.



Height

Stand the child against a wall with bare feet and heels flat. Mark the top of the head, then measure from the mark to the floor.



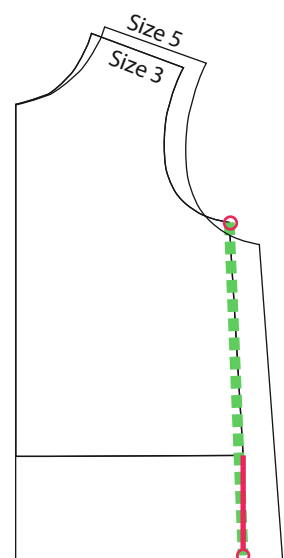
Arm Length

Measure from the edge of the shoulder to the wrist.

How to Blend Sizes for a Custom Fit

If your child's chest and desired garment length measurements fall in different sizes, you can blend sizes for a custom fit.

1. Select the size which best fits the child's chest measurement from the size chart (for this example size 3). Select the second size which best fits the length you wish to achieve (for example size 5).
2. Draw a vertical line (red) from the bottom outside corner of the correct chest measurement piece (size 3) down to desired length (size 5).
3. Draw a line (green) between the two red circles to create your new cutting line.



Upcycle Guide

Making a Garment from Recycled Materials

Did you know? All Twig + Tale patterns are designed to be made from upcycled materials!

Here at Twig + Tale HQ, we are proudly passionate about recycling, starting as a small boutique making one-of-a-kind garments from upcycled materials under the name of Big Little.

We hope to encourage and inspire you to enjoy that same satisfaction of making something truly exquisite from discarded textiles. Here are some ideas on how to make your garment from upcycled materials - saving the planet and your pocket.



100% Pure wool blanket. Blankets make wonderfully warm vests. Look for those with holes or stains as you can cut around them, leaving still-pristine blankets for use on beds! Use the stitched selvedge edge for a feature on the tops of pockets.

Mother-of-Pearl buttons rescued off an old garment.
\$Free

Yarn can be used to embroider some flowers onto the vest. 50c a ball



Tar tan/plaid wool pants for a classic waistcoat look. \$1

Handmade wooden buttons made from native tree branches which came down in the storm. Tutorial can be found here: <http://twigandtale.com/blogs/twig-and-tale-blog/handmade-wooden-buttons>

Fabric remnant (new) found at thrift store for lining. \$1



100% Pure wool blanket. Use the stitched selvedge edge for a feature on the tops of pockets.

Woolen sweater. Give it a hot wash and machine dry to begin the felting process. This means it won't unravel when you cut it, and will be warmer. The garment must be at least 80% natural fibre in order to felt and cannot be a "superwash" or "machine washable wool" garment. \$5

Corduroy pants make great Autumn/Fall vests. \$1-\$3

Selection of wooden and vintage leather buttons. Entire jarful. \$5

Print + Assemble Pattern

Paper Sizes

You can print out the pattern pieces on your home printer using either US Letter paper (8 ½ x 11") or A4 paper.



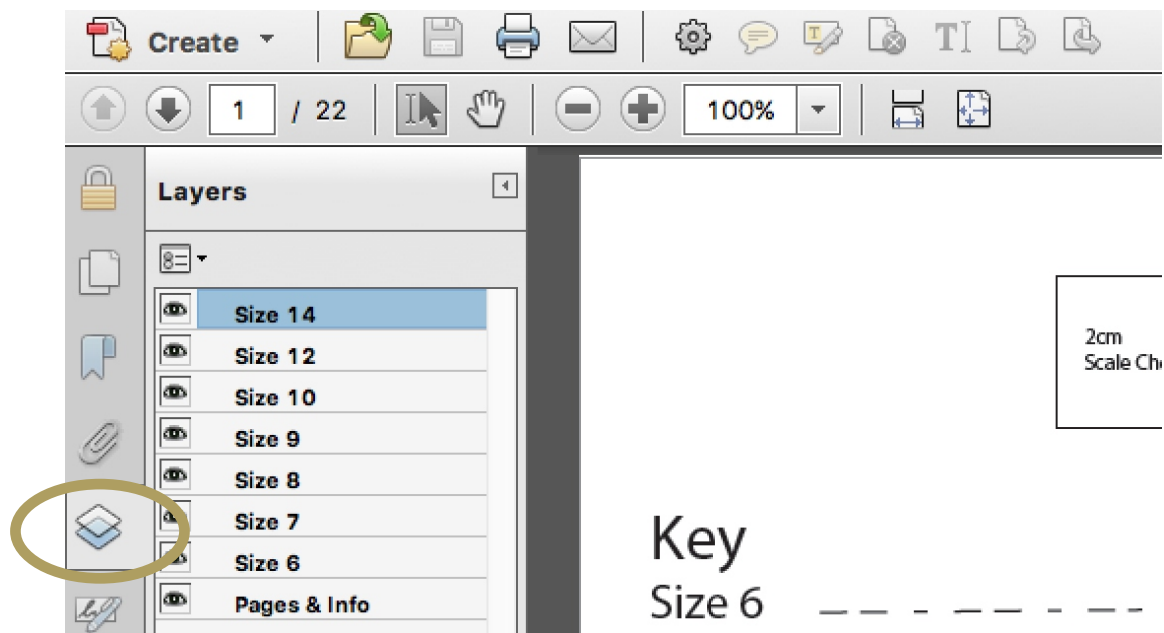
You will need the latest version of Adobe Acrobat Reader. If you do not have it, you can download it free here:

<https://get.adobe.com/reader/othersversions/>

Using Layers

This pattern includes LAYERED pattern pieces, which allows you to choose only the sizes you wish to print. In ACROBAT READER, click on the layers icon (highlighted with circle in image below) while the file is open. Click on the eyeballs to turn size layers on or off. Be sure to leave the bottom layer "Pages & Info" turned on.

Print the first page of the PATTERN PIECES and ensure the 1" or 2cm square scale check boxes are correct before printing the remainder of the pattern pages.

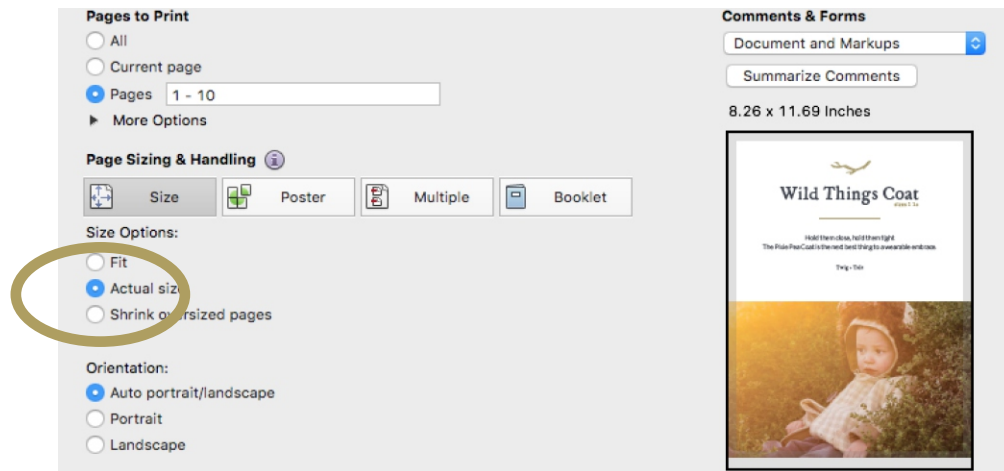


Key

Size 6 _ _ _ _ _

Printer Settings

Your printer needs to be set on “Actual Size” to prevent it from scaling the pages incorrectly. You do not need to print the entire document - select only the pages you require from the chart below.



Troubleshooting

Most issues resolve themselves by printing from a desktop or laptop. Printing from an iPad or mobile device can produce irregular results.

Layers not showing up?

1. Check you are looking at the ACROBAT print menu, not the default print menu that pops up on your computer.
2. On a Mac, sometimes the file can get “flattened” when you save it to your desktop. Simply go to your downloads folder and open it from there.

Which Pages to Print

These are based on cutting the largest size, so if making a smaller size, you might find that certain pieces don't reach every page listed.

	Page to Print
Tutorial	1-19
Front Pattern Piece Child Sizes	20-23
Front Pattern Piece Child Sizes	24-32

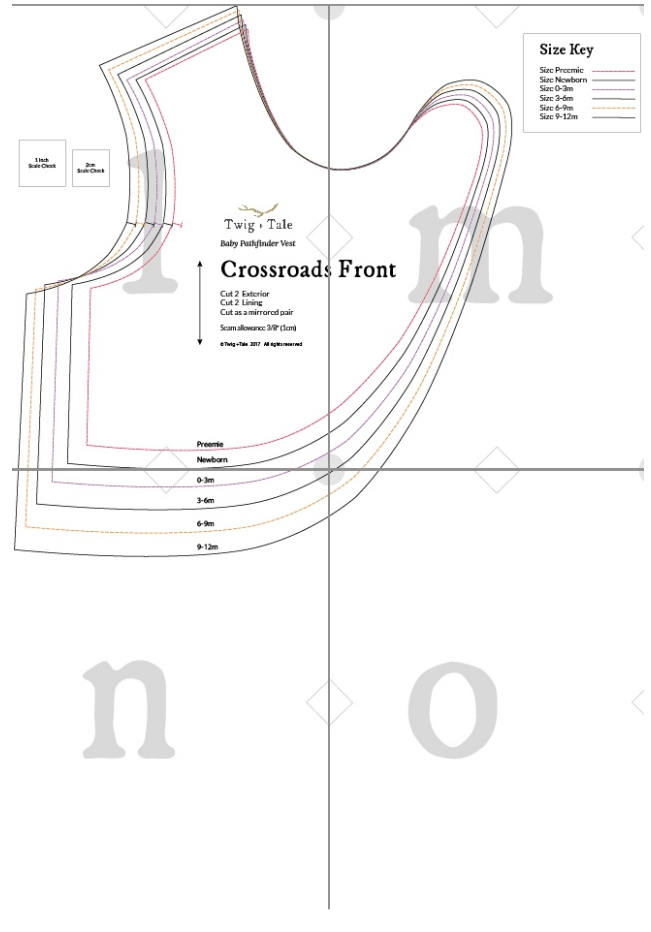
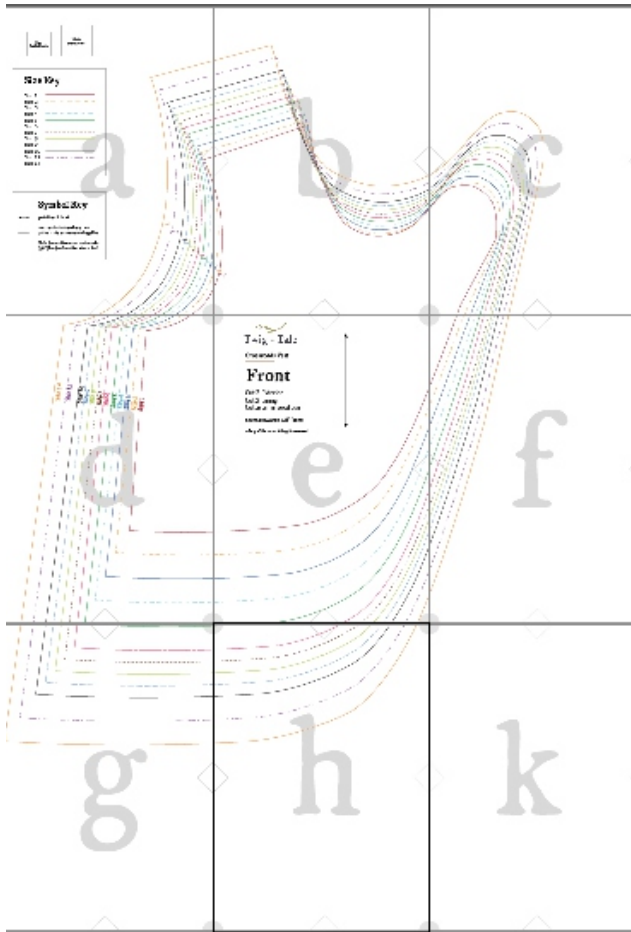
Assembling Pattern Pieces

Cut around the outer page rectangles (some people prefer to simply cut off the bottom edge and right-hand edge of the rectangles in order to overlap the pages), and then using the Page Assembly Diagram on the following page as a guide, arrange your pages, aligning the diamonds and corner circles. Tape the pages together, and then cut out your pattern pieces.

Page Assembly Diagrams

BABY SIZES

CHILD SIZES



Sewing Instructions

Welcome!

The majority of the Crossroads Vest is sewn as per the Pathfinder Vest, so this tutorial references that tutorial and mainly covers the new sections.

Before we start - did you know there is a [Twig + Tale Community Sewing Group on Facebook](#)? It is a great place to ask questions if you need help along the way, and of course show off pics of your finished items. We look forward to seeing you there! Link above not working?

Copy and paste this instead: <https://www.facebook.com/groups/522332691240127/>



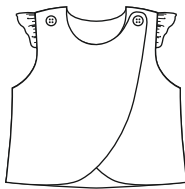
Front



Back



Pleated Back



Flutter Sleeve



Curved Dropped Back



Round Hood



Pixie Hood

The particular options listed below from the Pathfinder Vest can be used with the Crossroads Vest.

Front Cut 2 Exterior & Lining, MirrorED

Back Cut 1 Exterior & Lining on fold. The Extended length does NOT work with the Crossroads.

OR

Pleated Back

Substitute the exterior back piece for:

Yoke Cut 1 Exterior on fold

Pleated back Cut 1 Exterior on fold

The Curved Dropped Back piece CAN be added to the Pleated Back if desired.

Choose any of the following add-ons:

Flutter Sleeve Cut 2 Exterior on fold
 Cut 2 Lining on fold

Curved Dropped Back Tape paper pattern piece onto the BACK paper pattern piece. Cut as per the regular back instructions

Pockets Pockets can be made as "feature" exterior pockets, or "secret" pockets in the lining, and can be made in either fabric depending on the desired position.

Rounded Pocket Cut 1 or 2 Exterior or Lining
 Cut 1 or 2 Lining

Pixie Hood Cut 2 Exterior & Lining mirror

Round Hood
Hood Cut 2 Exterior & Lining, mirror
Center Panel Cut 1 Exterior & Lining



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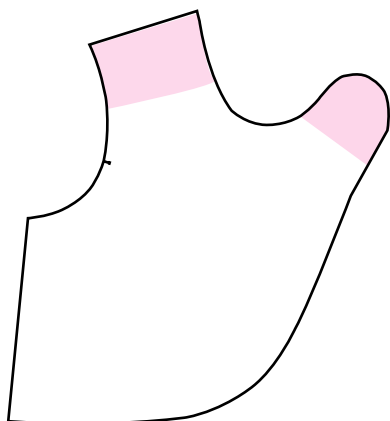
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Crossroads Vest

1



The majority of the Crossroads Vest is sewn as per the Pathfinder Vest, so this tutorial only covers the new sections.

Add iron on interfacing to the wrong side of the lining in the areas shaded in pink. This creates a reinforced area for snaps or button holes.

2



Construct the exterior and lining of the Crossroads vest in the same fashion as the Pathfinder Vest up to Step 12 in the Pathfinder Vest tutorial.

3



This is the time to add any of the following options from the Pathfinder Vest:

- Rounded Pocket (steps 4-5)
- Classic Hood (steps 22 to 28)
- Pixie Hood (steps 25 to 28)
- Flutter Sleeves (steps 30 to 33)

This pic shows the pleat back version with flutter sleeves.

4



Lay the lining right side down on top of your exterior, (sandwiching the hood and/or sleeves if doing those versions) in between.

Continue as per Pathfinder Vest tutorial for steps 35-47.

5



If using snaps to fasten your Crossroads Vest skip to step 8.

If using buttons to fasten your Crossroads Vest
Sew buttonholes where indicated by the black lines.

6



Sew button where shown.

Sew an additional "hidden" button where indicated by the arrow.

7



Lastly sew the "fake button" onto the outside of the vest as indicated by arrow. This button is not required, but it does help make the vest look more balanced.



8



If using snaps to close your Crossroads Vest

Apply snaps as shown. The following steps provide a closer look.

Make sure you line the snaps up really nicely and if you wish you can always hide the back of the snaps on the outer crossover with pretty buttons.

9



Attach the male sides of the snaps to the outer crossover (the left side as you look at it) as shown.

The neutral or back of the snap will be on the outer fabric and will be visible when the vest is worn.

10



Attach the female sides of the snaps to the inner crossover (the right side as you look at it) as shown.

The neutral or back of the snap will be on the lining of this inner crossover.



Yay! You now have a lovely Crossroads Vest. Now it is time to show it off - join the **Twig + Tale Community Sewing Group on Facebook** and share it with us!

If the link above is not working, copy and paste this instead. <https://www.facebook.com/groups/522332691240127/>



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Crossroads Vest

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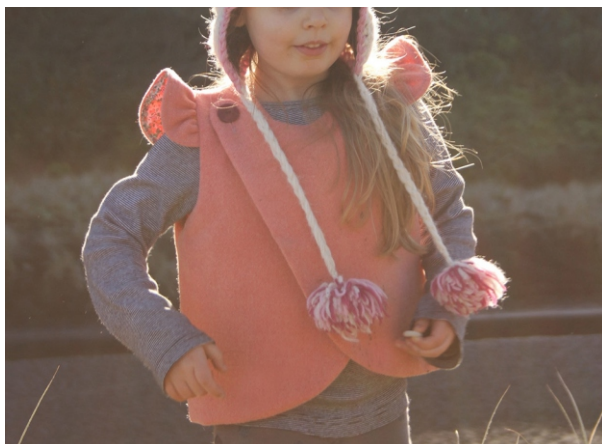
Inspiration

#pathfindervest #twigandtale



Inspiration

#pathfindervest #twigandtale



Glossary of Sewing Terms

Backstitch/Back tack

Used at the beginning and end of a machine-sewn seam to anchor the seam in place; it involves a couple of extra stitches back and forth.

Bar tack

A group of closely sewn stitches (back and forth from side to side a la zig zag) that is used to tack a belt loop or similar item in place. Sometimes used in the point of a V to reinforce.

Baste/basting

Temporary stitching used to hold a sewing project in place and is removed when the permanent sewing is done. Basting can be done by hand or by machine using a long stitch length without backstitching.

Blind hem stitch

Sewing stitch that is not meant to be seen on the right side of the fabric, usually accomplished by picking up one thread of the fabric at a time rather than going through the full fabric to make a stitch. The best finish is done by hand, but many sewing machines come with a blind hem attachment, and the manual is the best guide for how to use it to produce virtually invisible hems.

Casing

Fabric envelope of sorts for en" casing" elastic, a drawstring, or similar material, usually along a waistline, cuff or hem.

Clip (curve)

An outside curve needs to be clipped to within a breath of the seam line. For an inside curve, you can either clip or cut very small notches (V shape) out of the curve itself in order to have it lay flat and not make bunches when the project or garment is done.

Dart

A V shaped, tapered adjustment (usually a fold on the inside of the piece) to a pattern to allow for more fullness in the bust area or less fullness in other areas (waist).

Ease

A way of sewing a length of fabric into a bit of a smaller space without resulting in gathers or puckers.

Edgestitch

A stitch done a scant 1/8" from the folded or seamed edge.

Facing

Fabric sewn on the raw edge of a garment piece that is turned under and serves as a finish for the edge as well.

Finish (an edge)

Turn under 1/4" and stitch, serge/overlock the edge, or other method of finishing the edge so it doesn't unravel or cause a bulk problem.

Fold line

Many pattern pieces are placed on the fold of a piece of fabric. This is the actual fold of the fabric off the bolt or a fold of your own creation; the goal is to have a pattern piece that is cut out without a centre seam.

Gather

Gathering allows for making a long piece of fabric to fit with a shorter piece of fabric and also is a method of easing a seam to allow insertion of sleeves and other rounded pattern pieces.

Continues on next page...



To gather a seam, two parallel lines are sewn on the right side of the fabric, a scant 1/4" apart. Long tails of thread are left for gathering. The bobbin threads (on the wrong side of the fabric) are held on either end of the seam and gently tugged, gathering the fabric evenly on the threads.

Grain

Direction of the fabric that runs parallel to the selvage. Patterns have an arrow on them <-----> indicating direction of the grain to assist in laying out the pattern pieces correctly.

Hem

Fabric that is turned up on the lower edge of a garment or sleeve to provide a finished edge. Often extra fabric is left in the hem with children's clothing to allow for growth (especially skirts and trousers).

Inseam

Seam inside the leg of pants that runs from the crotch to the hem.

Interfacing

Fabric used between layers of fabric to provide stabilization and form. Usually used in collars, cuffs, plackets, some waistbands and pockets, and facings.

Notch

Usually, the notch is shown on Twig + Tale patterns with a T shape and should be matched on seams when joining for sewing.

Pivot

To leave the needle in fabric, raise the presserfoot and turn the fabric at an angle. Then lower the presserfoot and start sewing.

Placket

A V-shaped opening that is finished with a bias strip.

Pleat

A fold in fabric that is either inverted or folded outward, is not sewn except on the top edge (as in a skirt or slacks waistband), and provides decorative or functional fullness.

Stay stitch

A line of stitching just inside the intended permanent stitching line (seam line) on curved edges that stabilizes and keeps the curve from distorting.

Stitch in the ditch

Stitching in the ditch is sometimes used as a method of understitching by stitching in the seam itself (the ditch) in order to hold it down.

Tack

A temporary stitch to hold pieces together, usually removed after final stitching.

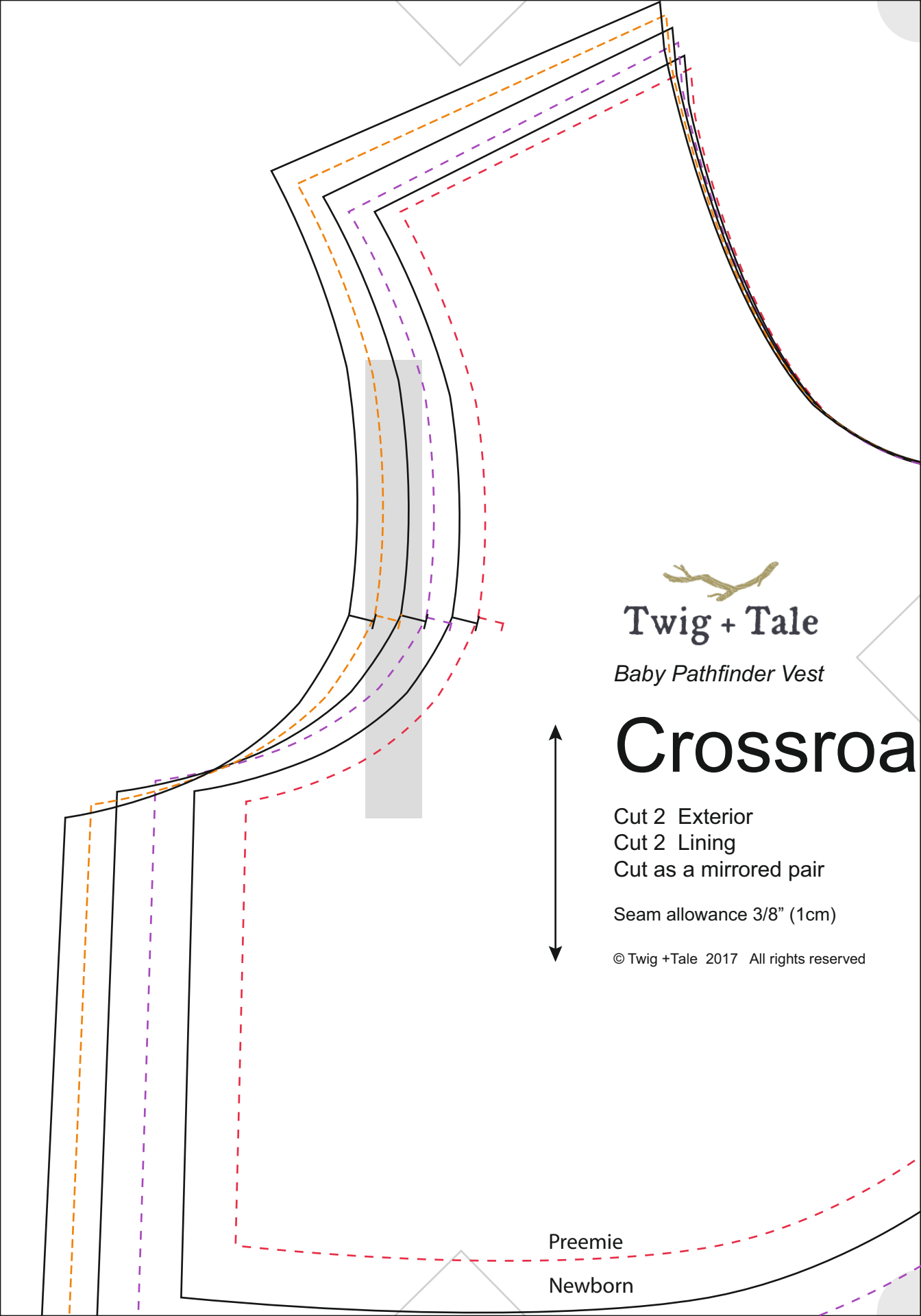
Top-stitch

A sometimes decorative, sometimes functional stitch that is usually 1/4" from the edge of a seam. It is visible because it is done on the top of the item.

Understitch

Keeps a facing or lining from rolling onto the right side of a garment. After pressing the seam allowance and facing away from the garment, stitch through both a scant 1/8" from the seam. Some people grade the seam allowance and facing/lining prior to stitching to eliminate bulk.

Glossary adapted from thesewingdictionary.com



Twig + Tale

Baby Pathfinder Vest

Crossroad

Cut 2 Exterior

Cut 2 Lining

Cut as a mirrored pair

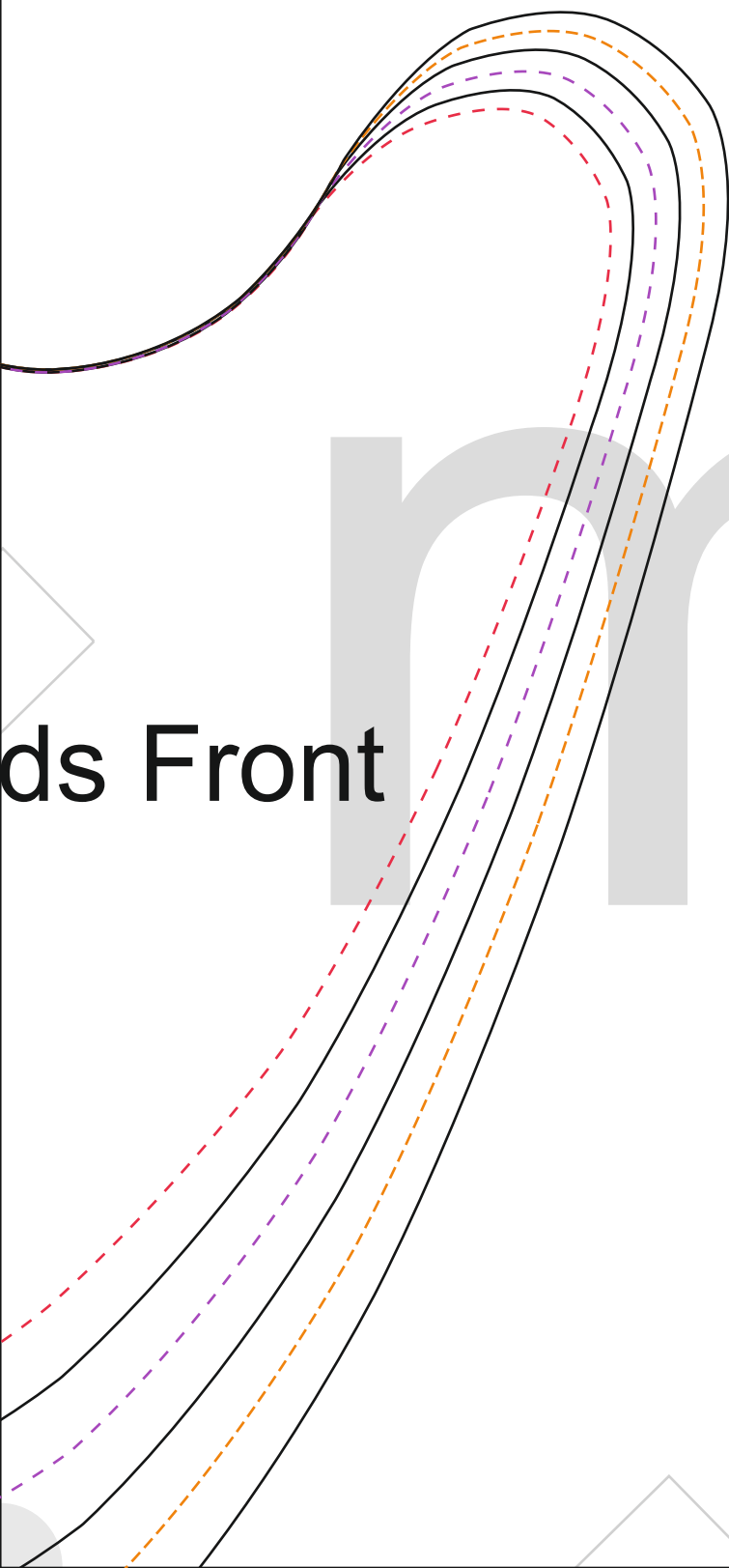
Seam allowance 3/8" (1cm)

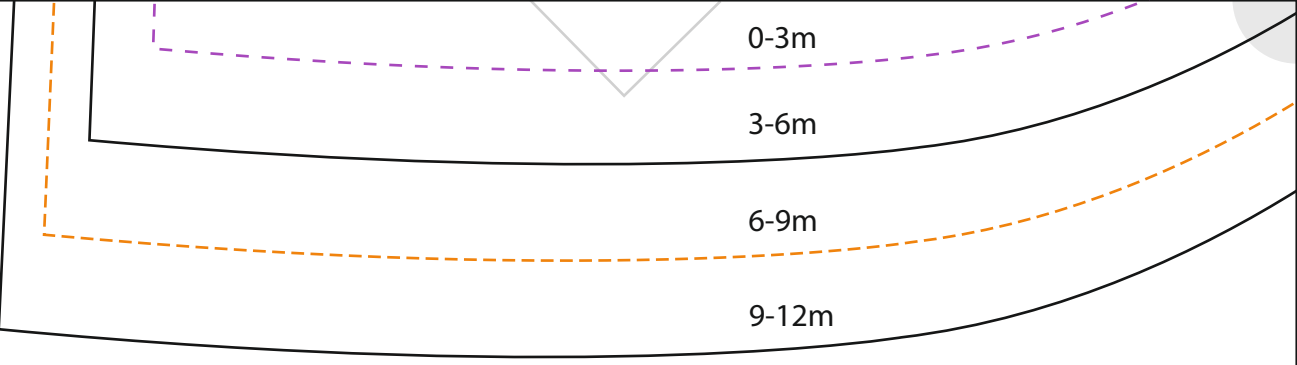
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Preemie

Newborn

ds Front





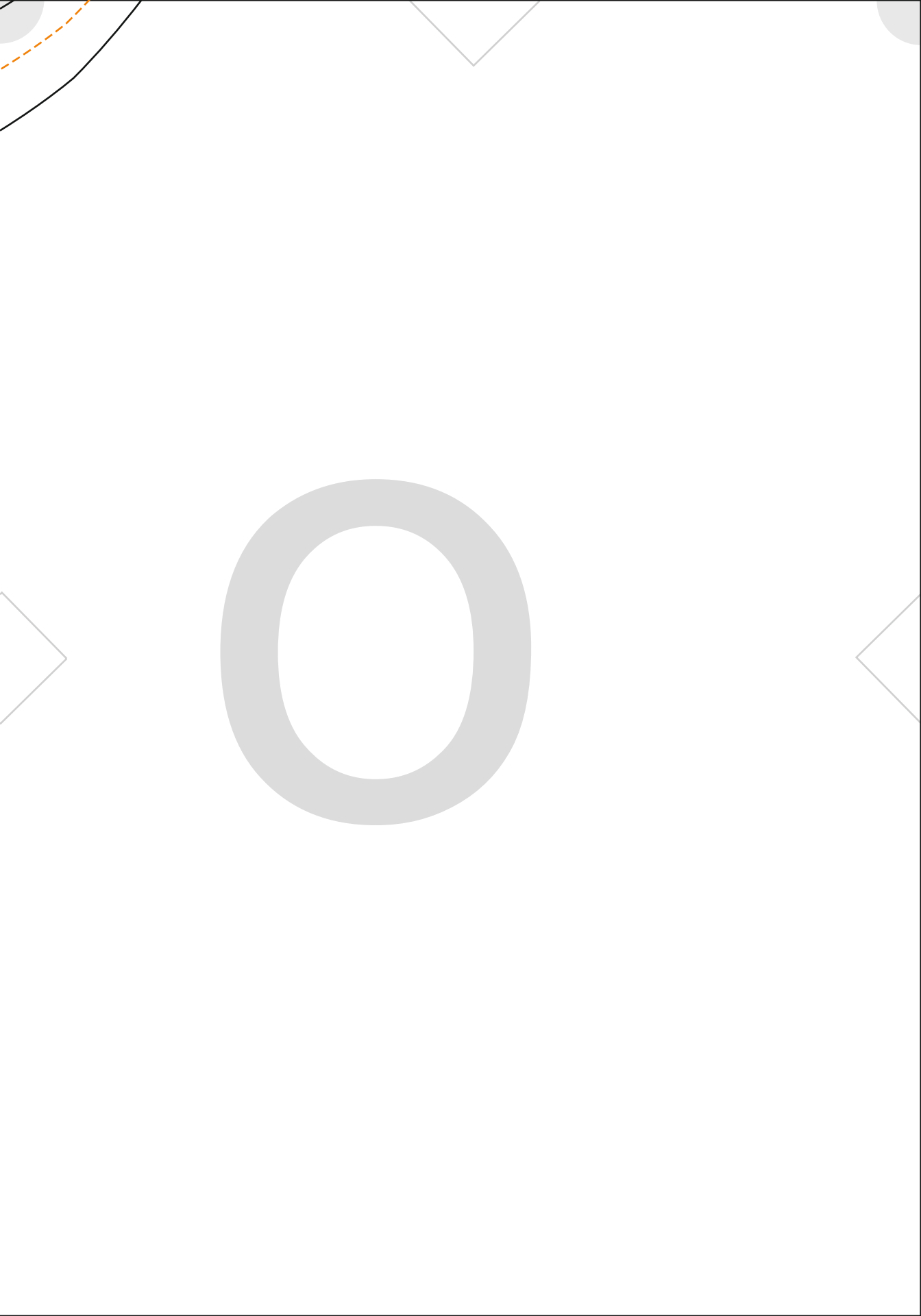
0-3m

3-6m

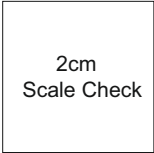
6-9m

9-12m

n



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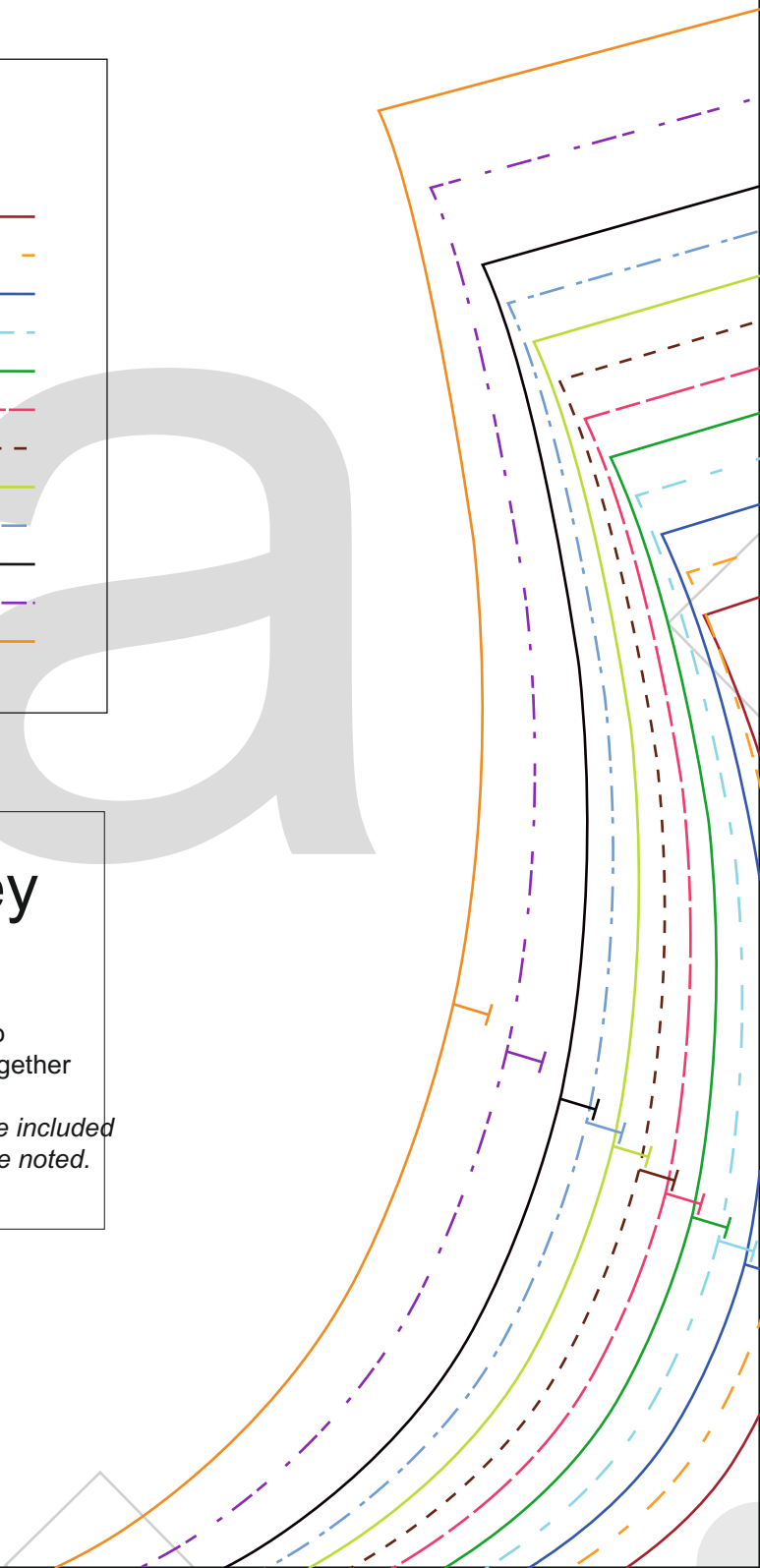
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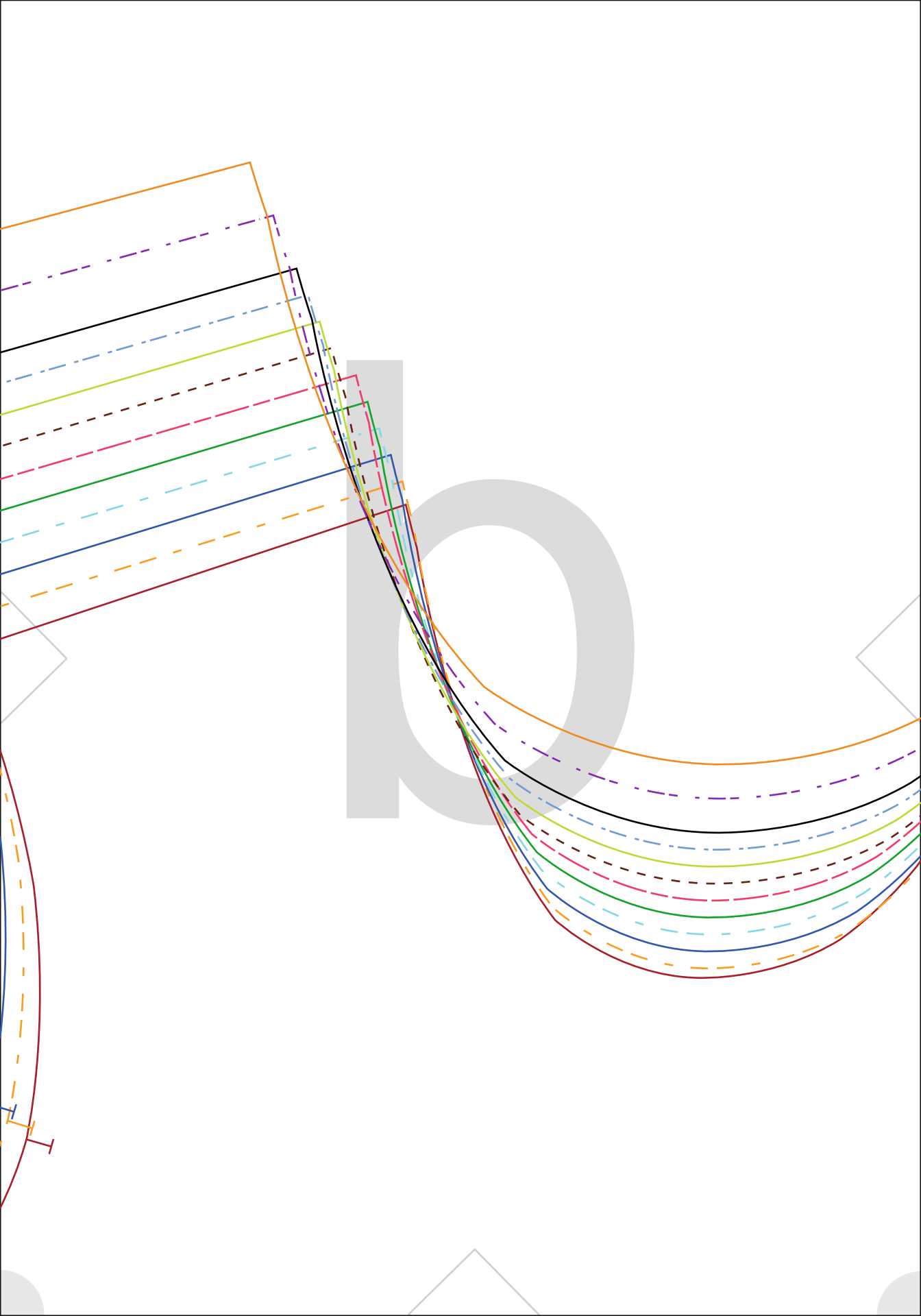
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Size 12	
Size 14	

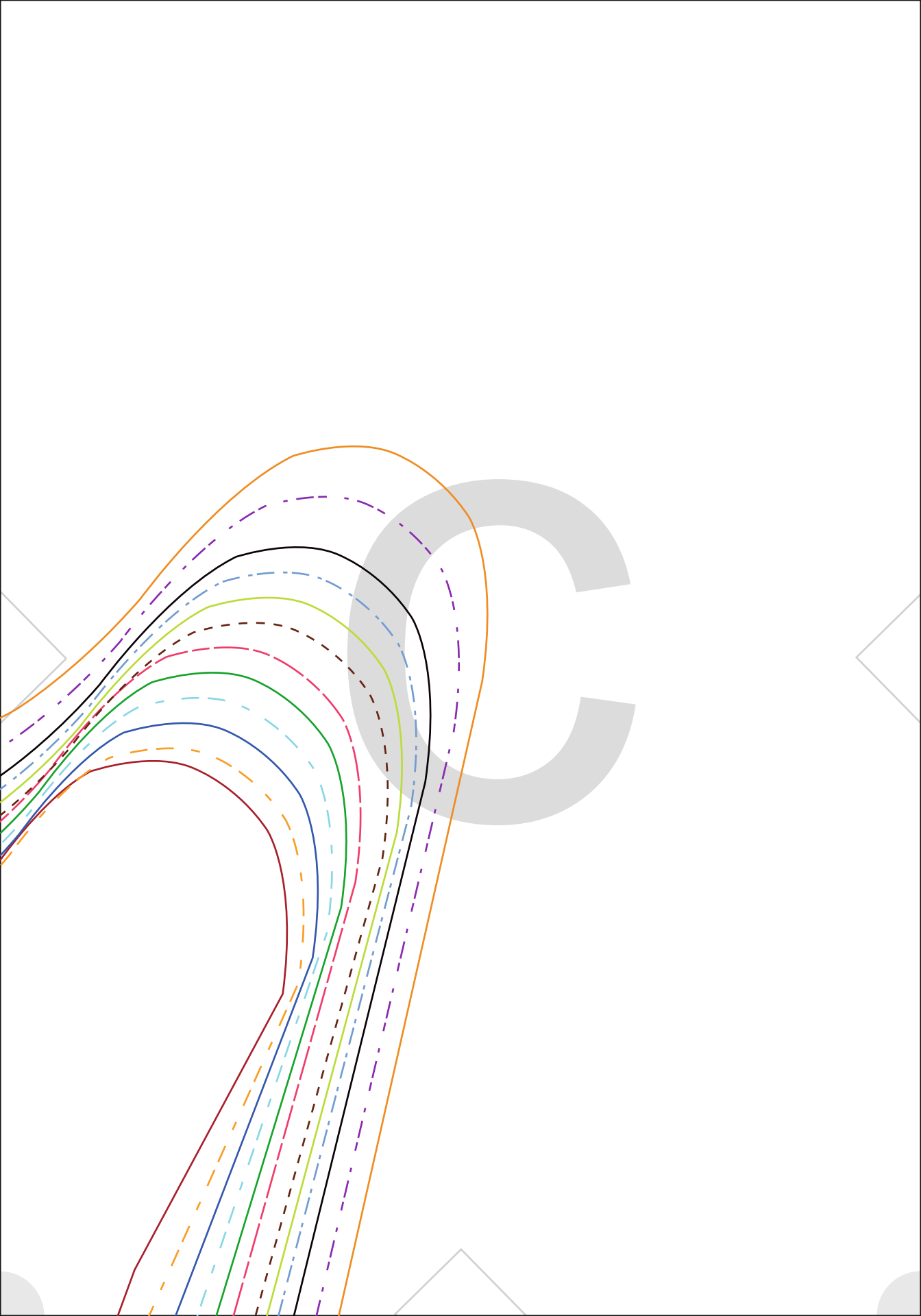
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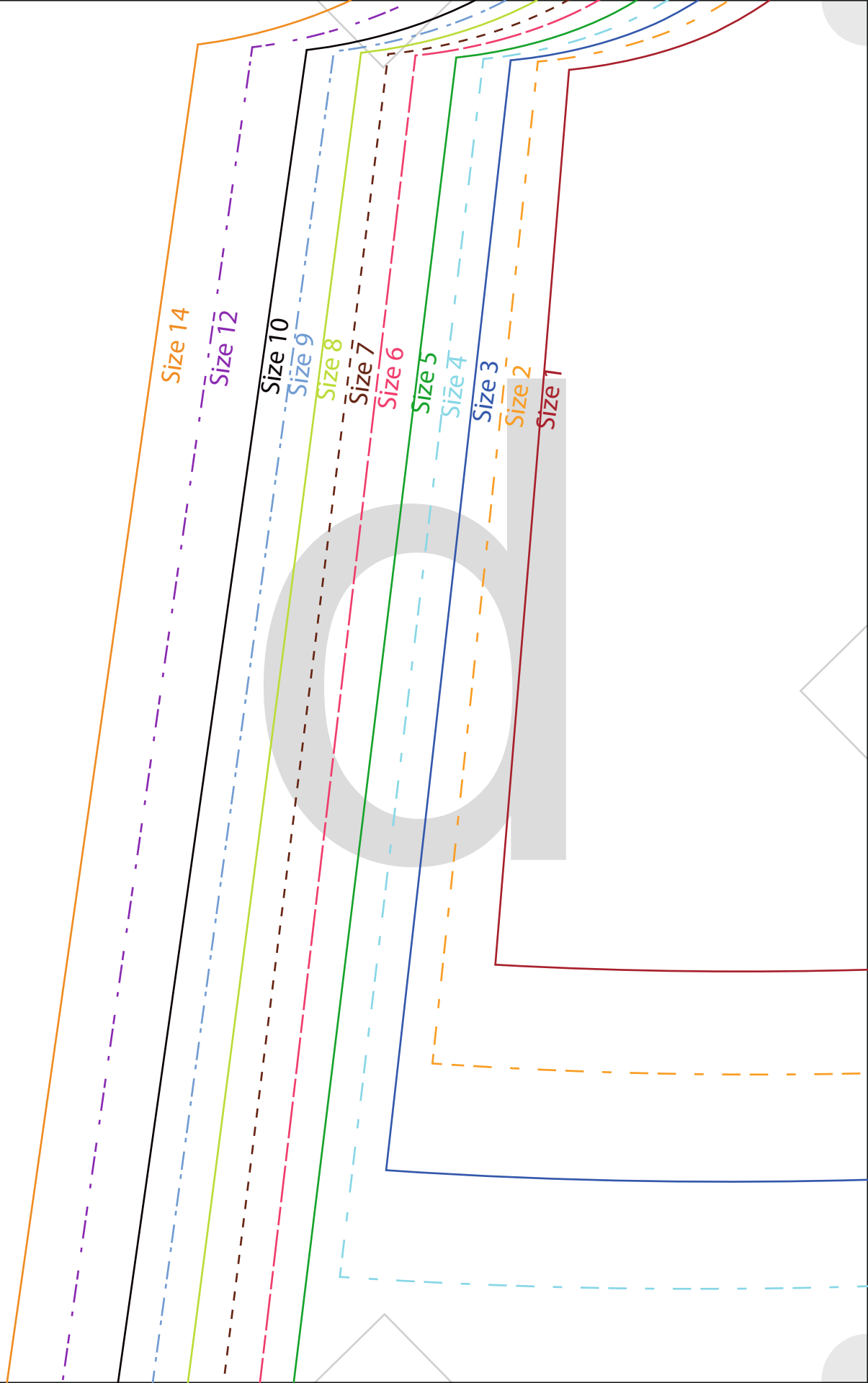
- grainline of fabric
- notches indicate where two pattern pieces are sewn together

Note: Seam allowances are included 3/8" (1cm) unless otherwise noted.











Twig + Tale

Crossroads Vest

Front

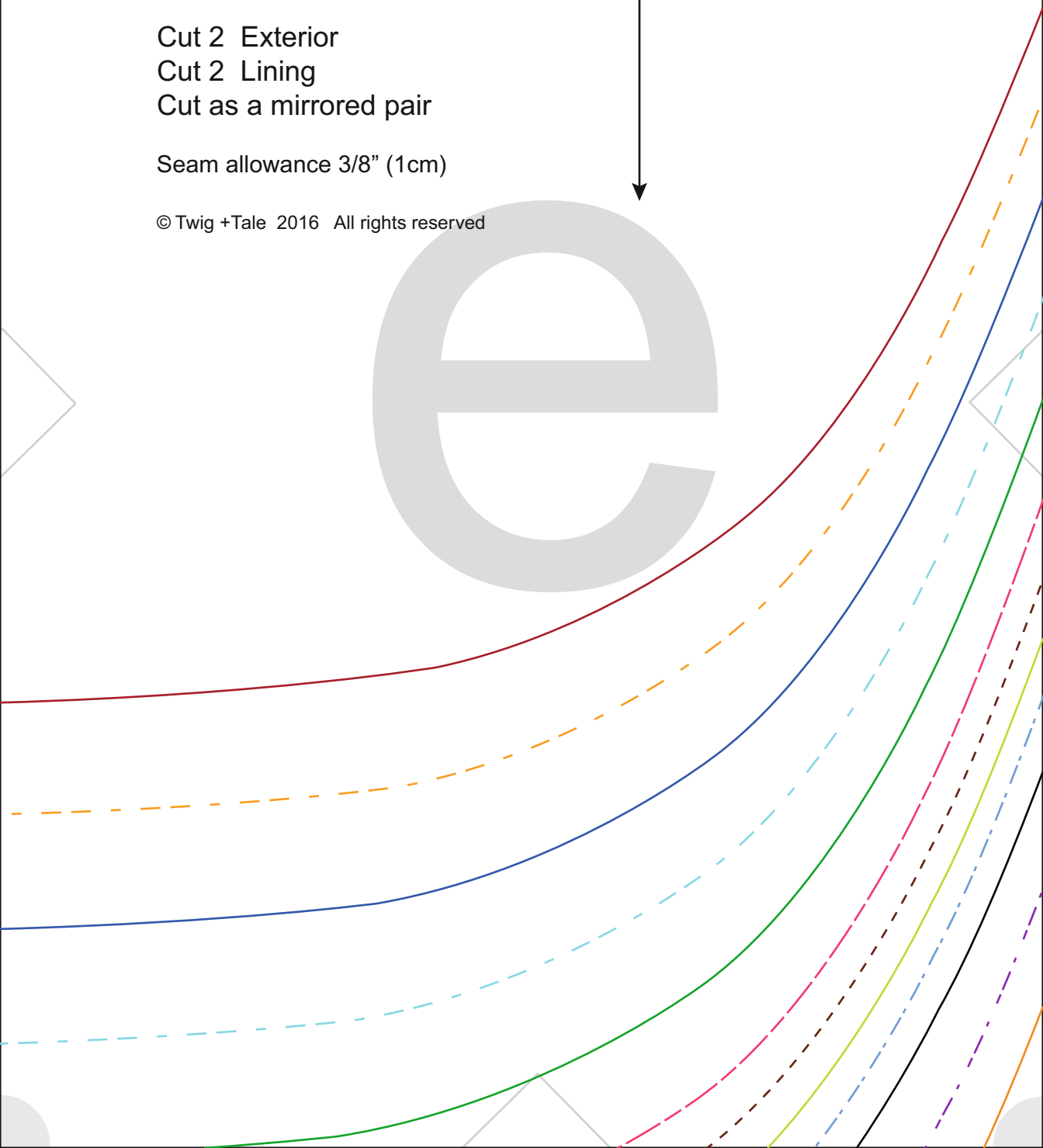
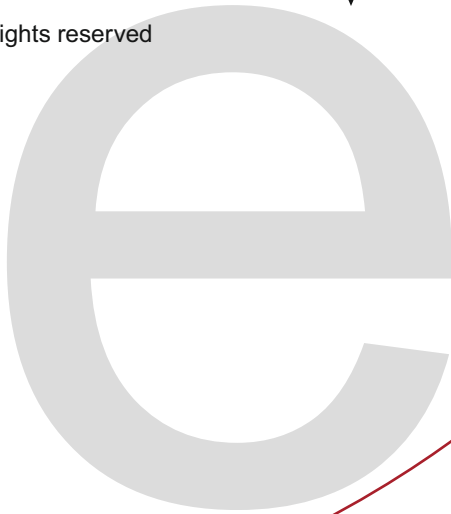
Cut 2 Exterior

Cut 2 Lining

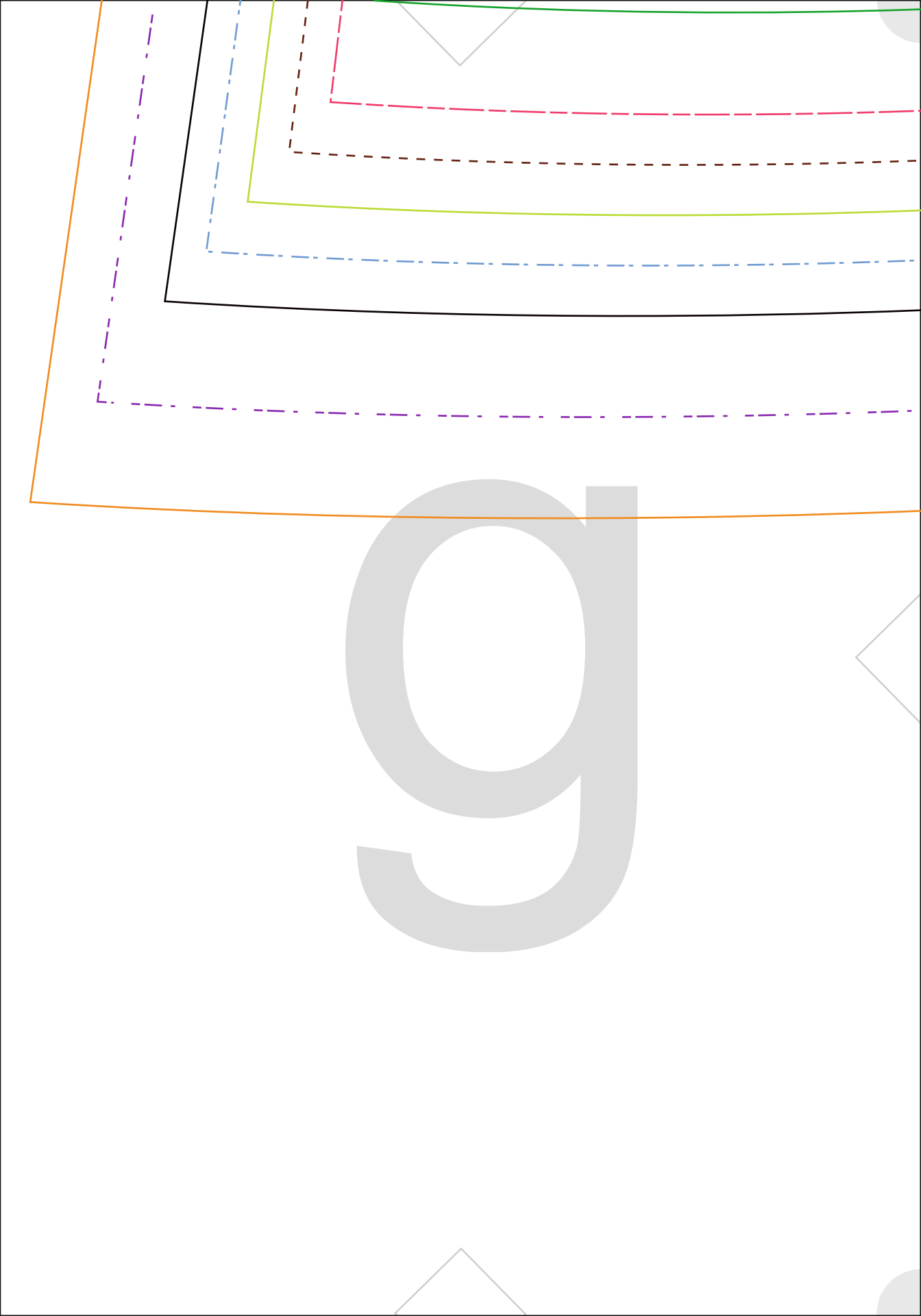
Cut as a mirrored pair

Seam allowance 3/8" (1cm)

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