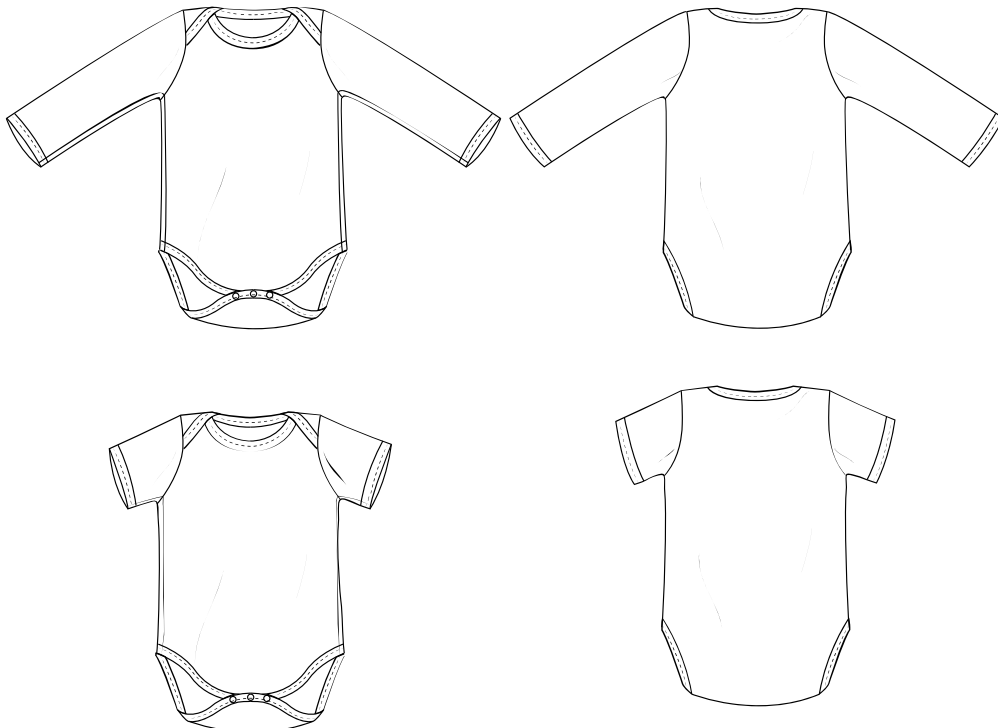


Brindille & Twig sewing pattern and tutorial

9 bodysuit



BODY MEASUREMENTS: INCHES AND (CM):

SIZE	WAIST	CHEST	HEIGHT	INSEAM	HEAD
Preemie (44)	14" (35.5cm)	13.75 (35)	17.5 (44)	5 (13)	13.75 (35)
Newborn (52)	16 (40.75)	15.5 (39.25)	20.5 (52)	6.75 (17)	15 (38)
0-3 (62)	17.5 (44.5)	17 (43.25)	24 (62)	8.5 (21.50)	16.5 (42.25)
3-6 (68)	18.5 (47)	18 (45.75)	27 (68)	10 (25.75)	17.5 (44.75)
6-9 (74)	19 (48.25)	18.5 (47)	29 (74)	11.25 (28.5)	18 (46)
9-12 (78)	19.5 (49.5)	19 (48.25)	30.5 (78)	12 (30.5)	18.5 (47.25)
12-18 (84)	20.25 (51.5)	19.75 (50.25)	33 (84)	13.5 (34)	19 (48.5)
18-24 (90)	21 (53.25)	20.5 (52)	35 (90)	14 (35.5)	20 (50.75)
2-3 (96)	21.5 (54.75)	21 (53.25)	38 (96)	15.5 (39.75)	20.25 (51.5)

FINISHED GARMENT MEASUREMENTS: INCHES AND (CM):

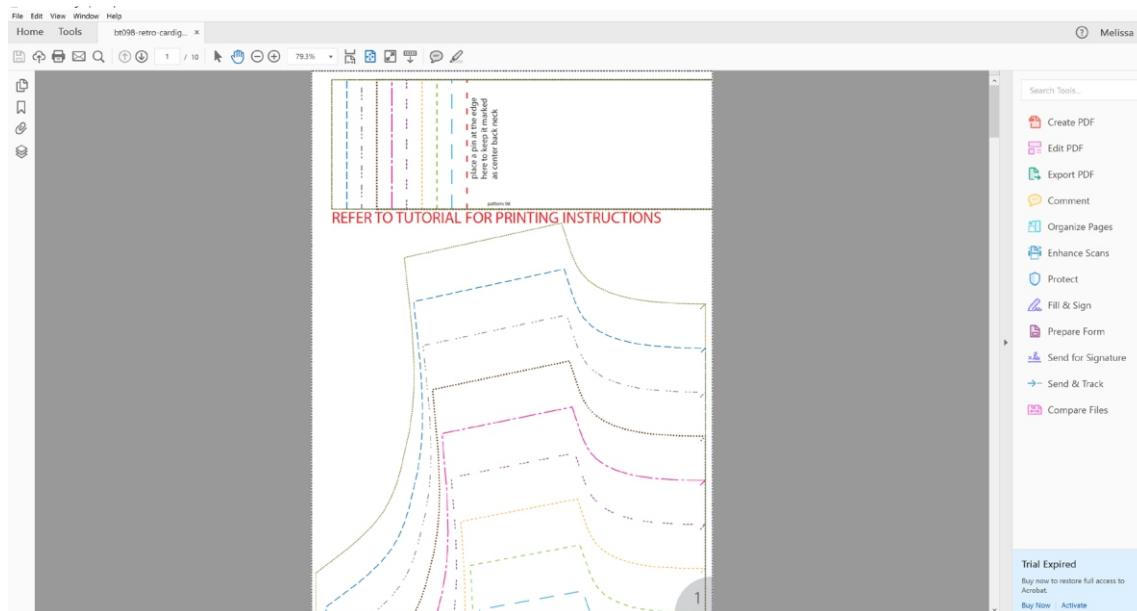
SIZE	ACROSS CHEST	SIDE SEAM	LONG SLEEVE (from shoulder)
Preemie (44)	6.7 (17)	4.6 (11.7)	5.8 (14.7)
Newborn (52)	7.3 (18.5)	5 (12.7)	6.9 (17.5)
0-3 (62)	7.9 (20)	5.5 (14)	8 (20.3)
3-6 (68)	8.3 (21.1)	6 (15.2)	8.8 (22.4)
6-9 (74)	8.7 (22.1)	6.5 (16.5)	9.5 (24.1)
9-12 (78)	9.1 (23.1)	7 (17.8)	10.3 (26.2)
12-18 (84)	9.5 (24.1)	7.6 (19.3)	11.1 (28.2)
18-24 (90)	9.9 (25.1)	8.1 (20.6)	11.9 (30.2)
2-3 (96)	10.3 (26.2)	8.6 (21.8)	12.7 (32.3)

BINDING MEASUREMENTS: INCHES AND (CM):

SIZE	FRONT NECK - cut 1	BACK NECK - cut 1	LONG SLEEVE - cut 2	SHORT SLEEVE - cut 2	BACK HEM - cut 1	FRONT HEM - cut 1
Preemie (44)	8.1 (20.6)	5.5 (14)	4.3 (10.9)	5 (12.7)	11.3 (28.7)	7.5 (19)
Newborn (52)	8.7 (22.1)	6.1 (15.5)	4.5 (11.4)	5.3 (13.5)	12.6 (32)	8.3 (21.1)
0-3 (62)	9.7 (24.6)	6.8 (17.3)	4.6 (11.7)	5.6 (14.2)	14 (35.6)	9.1 (23.1)
3-6 (68)	10 (25.4)	7.2 (18.5)	4.8 (12.2)	5.9 (15)	14.4 (36.6)	9.5 (24.1)
6-9 (74)	10.5 (26.7)	7.6 (19.3)	4.9 (12.5)	6.2 (15.8)	14.8 (37.6)	9.9 (25.1)
9-12 (78)	10.9 (27.7)	7.9 (20)	5 (12.7)	6.5 (16.5)	15.1 (39.4)	10.3 (26.2)
12-18 (84)	11.3 (28.7)	8.3 (21.1)	5.2 (13.2)	6.8 (17.3)	15.5 (39.4)	10.6 (26.9)
18-24 (90)	11.6 (29.5)	8.6 (21.8)	5.3 (13.5)	7.1 (18)	15.8 (40.1)	11 (27.9)
2-3 (96)	12 (33)	9 (22.9)	5.5 (14)	7.4 (18.8)	16.2 (41.2)	11.4 (29)

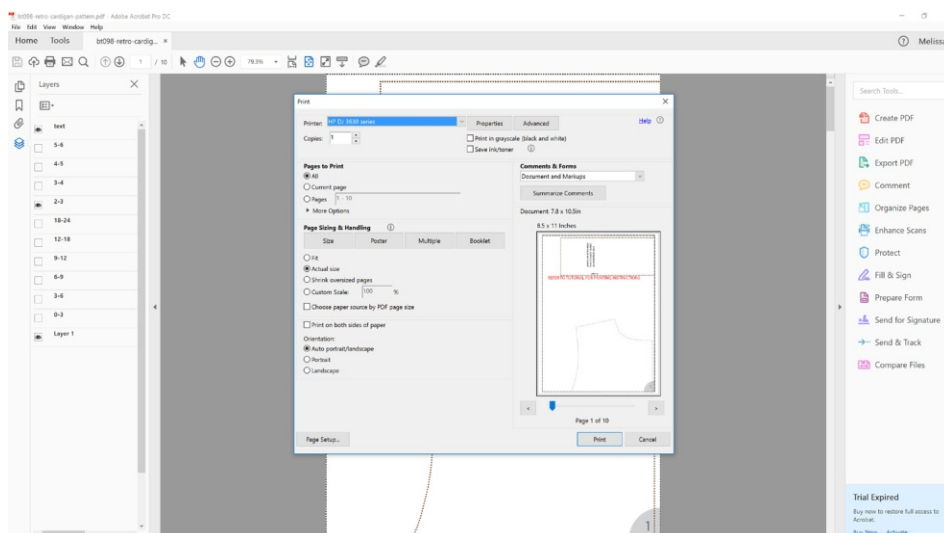
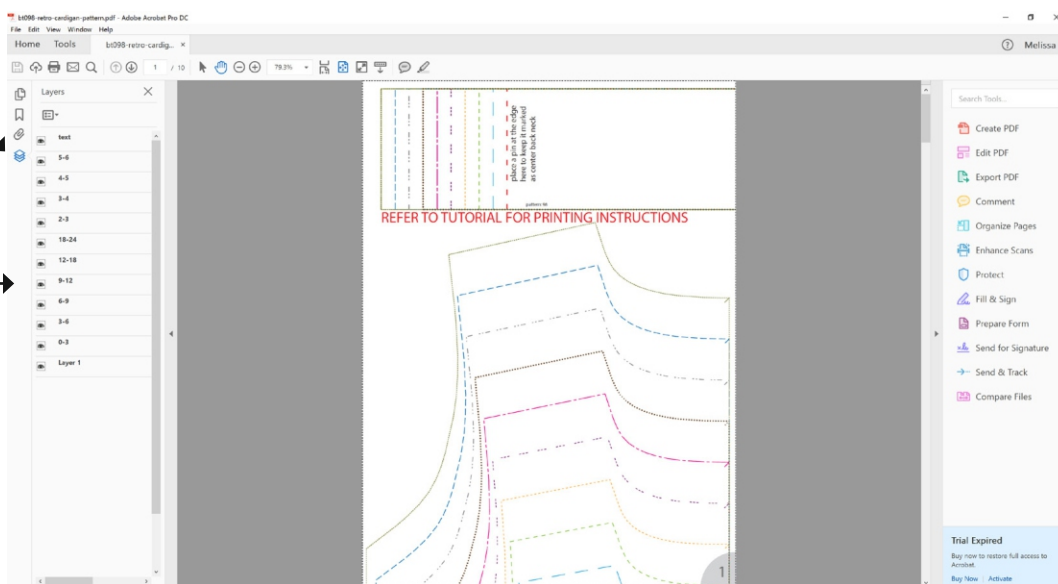
These are pattern pieces for the binding in the pattern. If you would rather use a ruler, here are the measurements for each piece. They should be 1.25" (3.2cm) wide.

- Follow photos to print pattern (these photos are just an example and may not represent your pattern)
Open the pattern file in Adobe Acrobat Reader (free program you [can get](#) if you don't have it yet)



Click the layers icon
to the left of the page

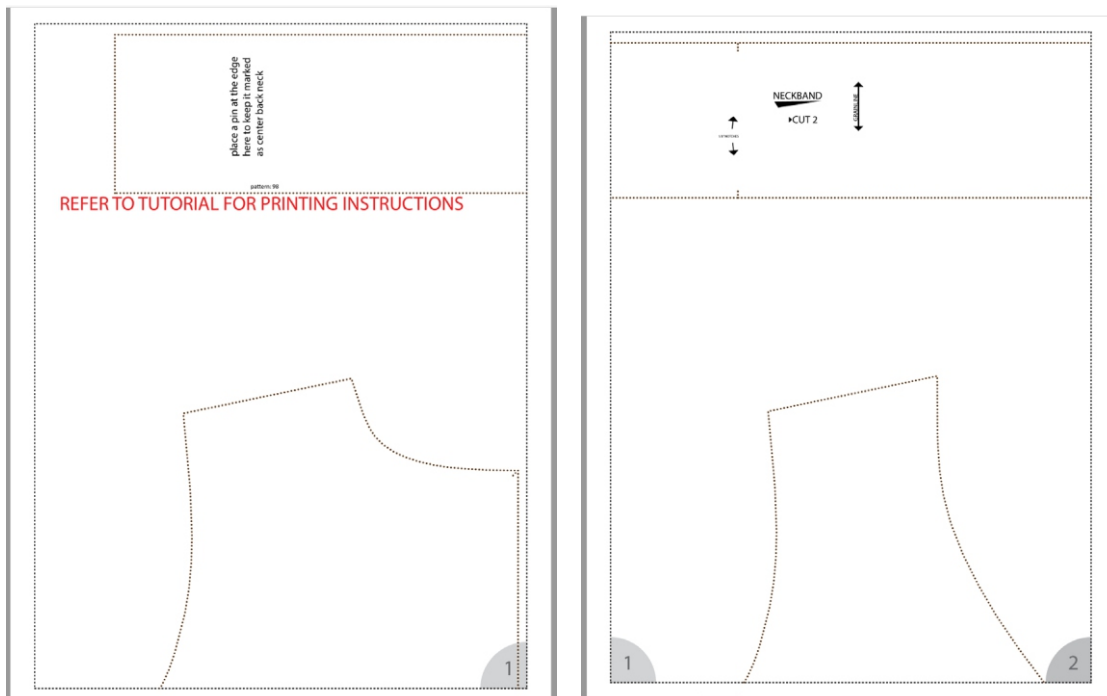
Deselect any sizes
you don't want to
print by clicking the
'eye' icon



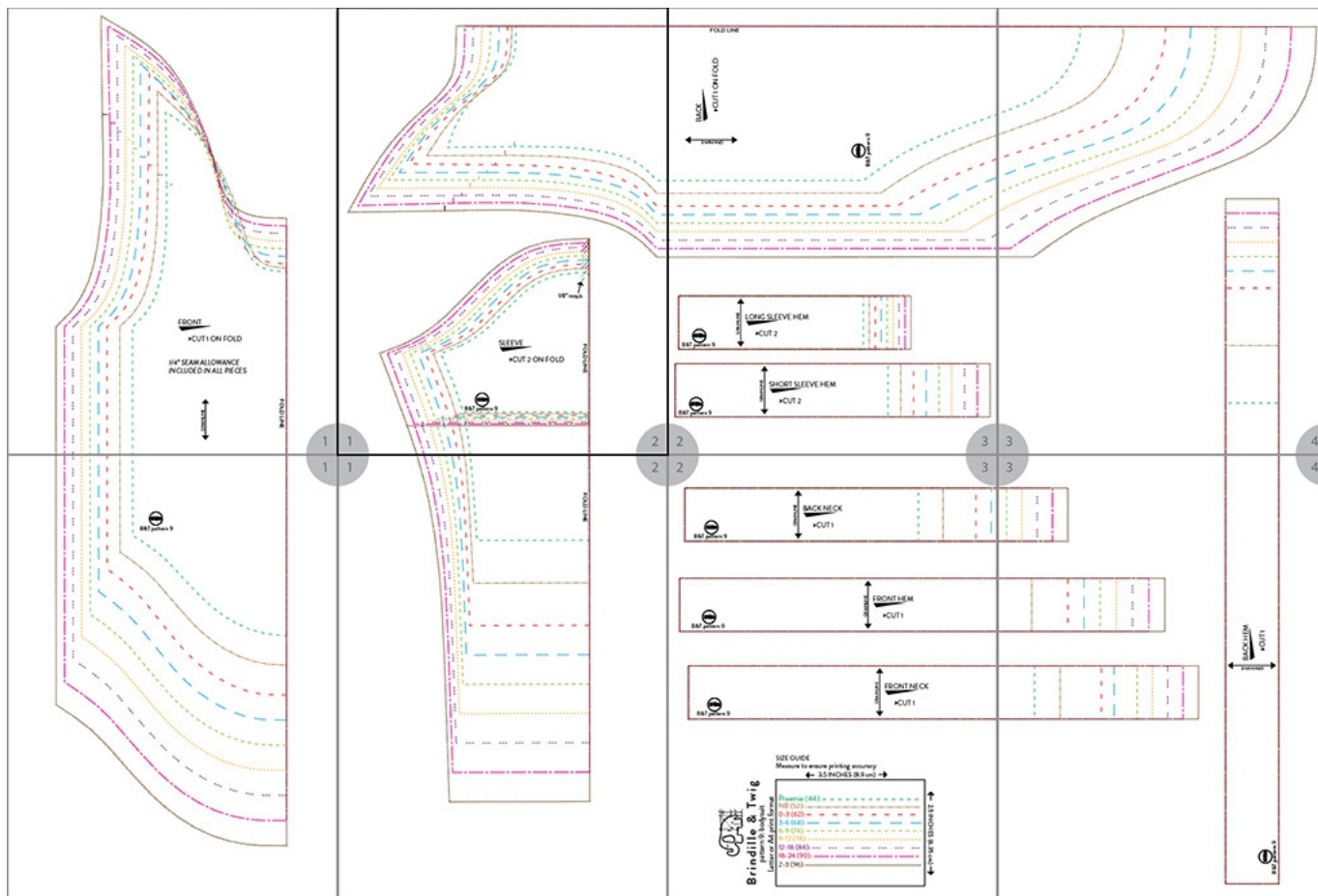
Go to 'file' then 'print' to
open the print dialog.
Select actual size.
You can print on letter or A4
paper

Print the pattern- the pages should look similar to the ones below

Cut around the black outlining boxes of each page and tape them together based on the numbered circles in the corners



This is what pattern 9 will look like after being taped together



→ Become familiar with some sewing terms (these are examples and may not apply to your pattern)

Cut on fold: Place the labeled 'fold line' along the folded edge of the fabric. Cut out the pattern piece through both layers of fabric and open to get the full piece



After being cut out



folded edge

Notch: Needs to be clipped when cutting the pieces out. It will be indicated by a small line at the place that needs to be marked. Examples: Center of a pants waist or center neck of a shirt piece. Mostly used when a piece is cut on the fold. Although, may be used at other times as well. You will make a 1/8" (2mm) cut into the fabric at that point. It will be used to match pieces later.



Full piece opened after being cut out

Cut opposites: For some pieces, a right and a left side need to be cut. Example: Hoods, some pants and some sleeves.

To get the opposite pieces, cut 1 with the pattern facing up like the first photo and 1 with the pattern facing down like the second photo. You can also cut once on a piece of fabric that has been folded over to get 2 layers

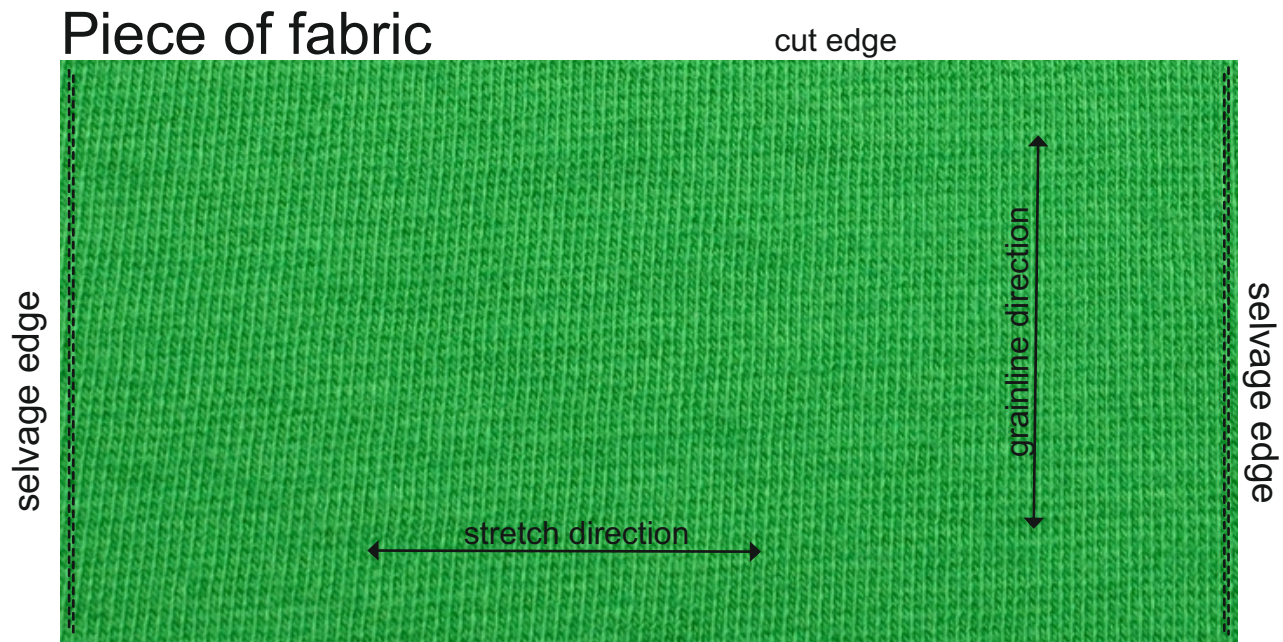


Grainline Grainline is very important because it affects the way your fabric stretches.

If the grainline is vertical, the stretch is horizontal.

In most cases the stretch should be horizontal 'going around the body' so the grainline should be vertical.

If the grainline isn't easily visible you can stretch the fabric to see it better.



The selvage edge will usually be a little stiff with some holes in it from the manufacturing process.

The grainline runs parallel to the selvage edge

cut edge

Right sides together meaning, the right sides of the fabric will be laying together.

This is the way most seams are sewn so the seam is only visible on the wrong side (inside) of fabric.

Assume that the fabrics will always be right-side-together unless otherwise specified.

FABRIC / MACHINE / NOTION REQUIREMENTS FOR THIS TUTORIAL



BASED ON FABRIC 58" (147CM) WIDE

- Knit fabric - many different types will work.
 - 1/2 YARDS (METER) FOR SIZES PREEMIE and NB
 - 3/4 YARDS (METER) FOR SIZES 0-3 to 2-3T
 - Knit fabric for binding. - lightweight ribbing or jersey fabric will work.
 - 1/8 YARD (METER) FOR ALL SIZES
 - 3 sets of snaps and a snap setter. Size 14 aka: 5/16": 8mm is recommended
 - Sewing machine
 - Serger (if you don't have one you can use a small zig-zag stitch in place of all serged seams)
 - Scissors or rotary cutter
 - Pins and safety pins
-

→ Begin!

1/4" (6mm) seam allowance
included in all pieces

- ① From your fabric cut:
- 1 front
 - 1 back
 - 2 sleeves
 - all Bindings

Optional: a woven piece
of fabric or interfacing for
the area on the hem that
will have snaps placed.



For the folded over binding technique:

- ② Place the corresponding piece of binding along the edge to be finished. I start with the sleeve.



- ③ Evenly stretch the binding to fit the edge while you serge it on.



- ④ To sew on top of the bindings, make sure seam is laying down toward the binding. Fold binding over the seam.



NOTE - I have a video of me sewing on my [YouTube Channel](#)



- ⑤ Now sew a zig-zag stitch across the top on top of the serged seam. The binding will be about 1/4" (6mm) in width. Make sure there's no pressure on the foot to prevent stretching.



For the band binding technique:

- ③ Fold the piece of binding in half with wrong sides of fabric together and lay along the edge to be finished.



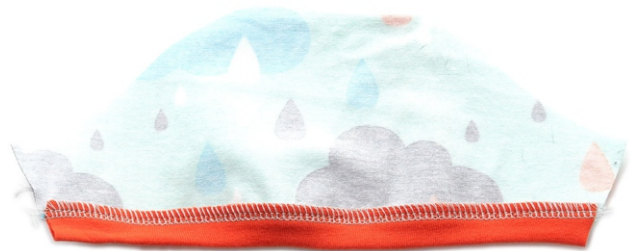
- ④ Serge the band on while evenly stretching it to fit the edge.



- ⑤ Fold the band down and top stitch the serged seam.



- ⑥ With whichever technique you used finish the rest of the edges that need binding: necks and hems.



OPTIONAL:

You can place a piece of interfacing or stabilizing woven fabric at the center of the hems for the snaps, before you serge on the binding.



- ④ Overlap the back neck over front, matching notches. Pin in place.



- ⑤ Match sleeve cap notch with the notch on armholes. Right sides of fabric together. Pin in place.



- ⑥ Serge the sleeve cap to the armhole, catching neck bindings in the seam. Do the same for the other sleeve.



- ⑤ Fold bodysuit right sides together so side seams are lined up. Serge the side seams together. Make sure the binding on the sleeve and bottom edges line up evenly.

Turn right side out.



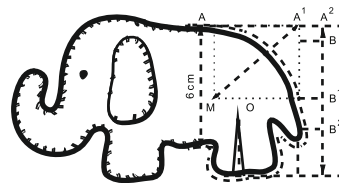
- ⑥ Lock stitch the sleeve and hem bindings. On both sides.



- ⑦ Set your snaps at the bottom hem. Place the male halves first. Place the middle one then the 2 others about 1/2" (13mm) from the middle. Fold the back hem on top of them to find placement for the female halves.



☉ Iron to complete!



Brindille & Twig
[ON THE WEB]

Official website BrindilleandTwig.com

Official Facebook page [Facebook.com/brindilleandtwigpatterns](https://www.facebook.com/brindilleandtwigpatterns)

Best place to interact with other sewers, ask questions and show off your creations [Facebook.com/groups/brindilleandtwig](https://www.facebook.com/groups/brindilleandtwig)

Property of Brindille and Twig 2014
This pattern may not be published on the internet or other
wise, it may not be copied, duplicated or distributed in any
form. This pattern is protected under copyright



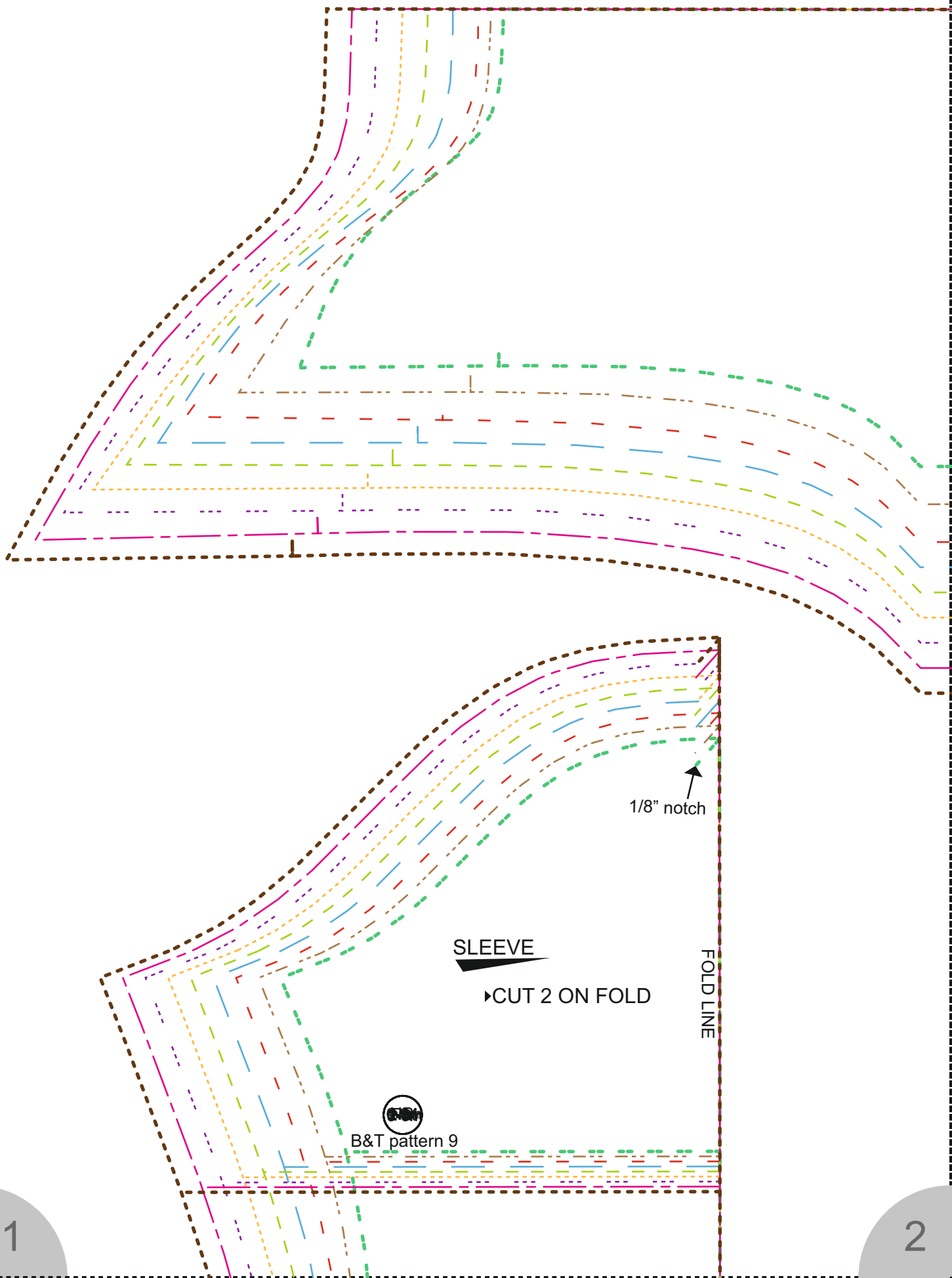
FRONT

►CUT 1 ON FOLD

*1/4" SEAM ALLOWANCE
INCLUDED IN ALL PIECES*



FOLD LINE



BACK

▶ CUT 1 ON FOLD

GRAINLINE

B&T pattern 9

FOLD LINE

GRAINLINE

LONG SLEEVE HEM

▶ CUT 2

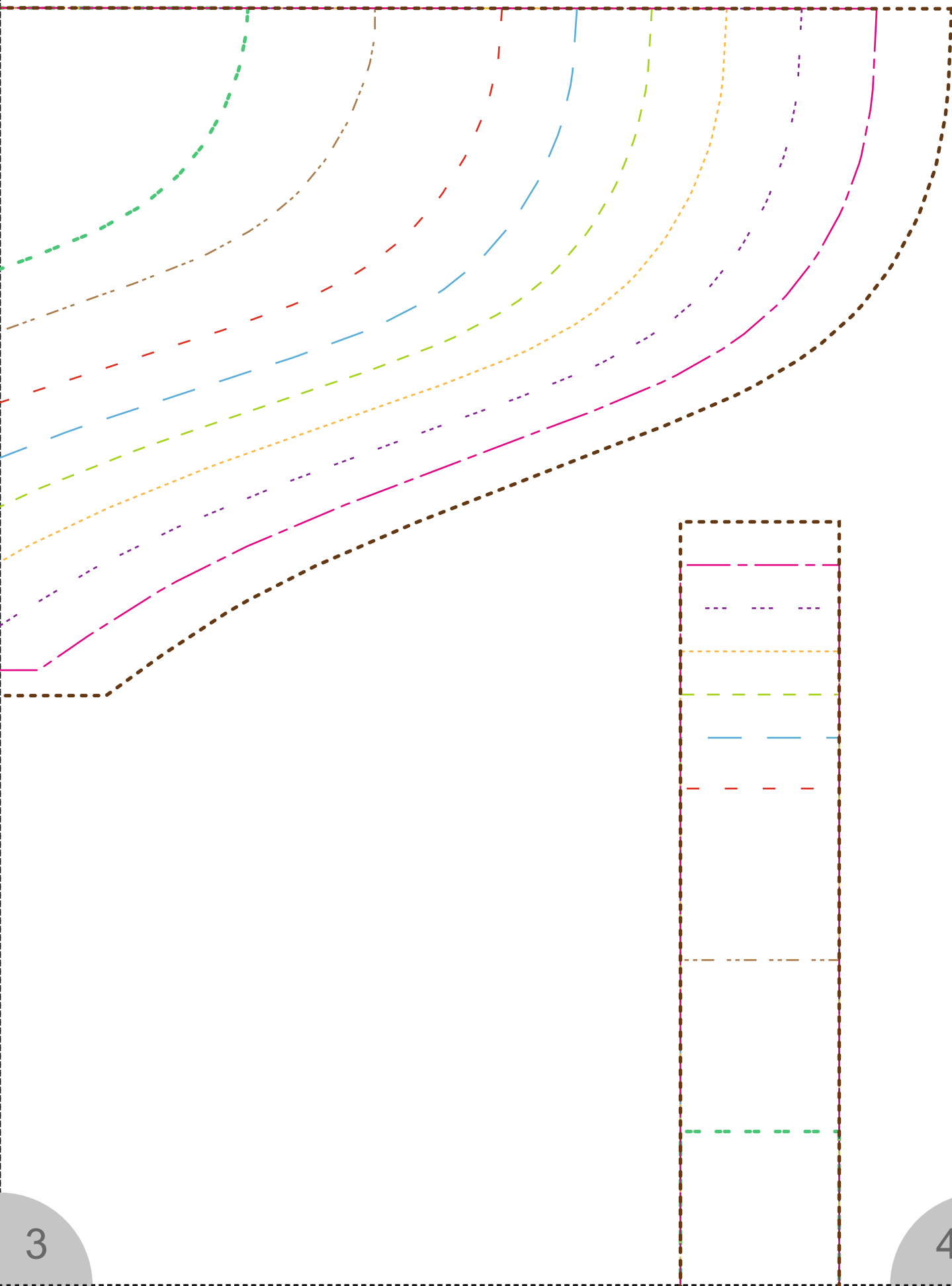
B&T pattern 9

GRAINLINE

SHORT SLEEVE HEM

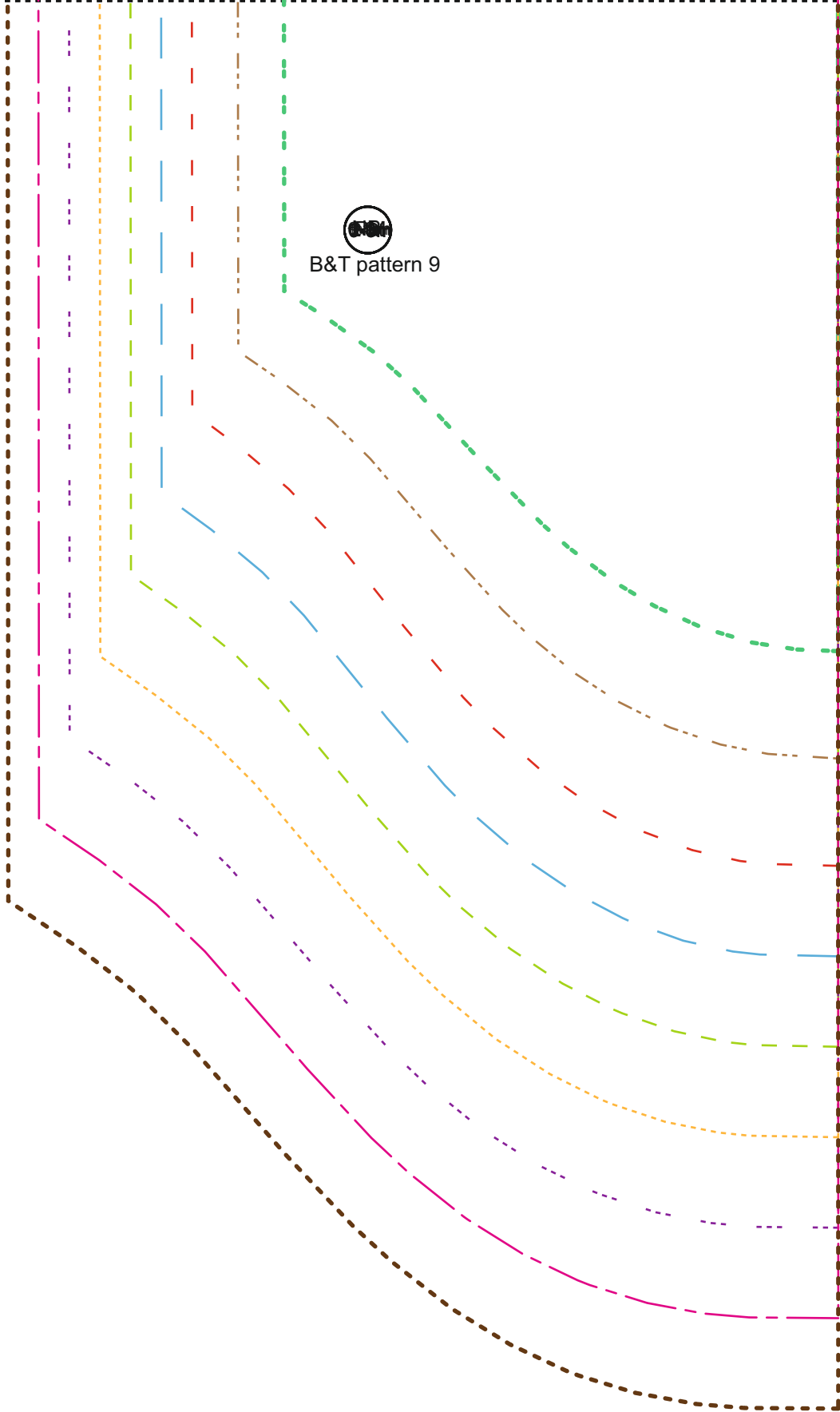
▶ CUT 2

B&T pattern 9

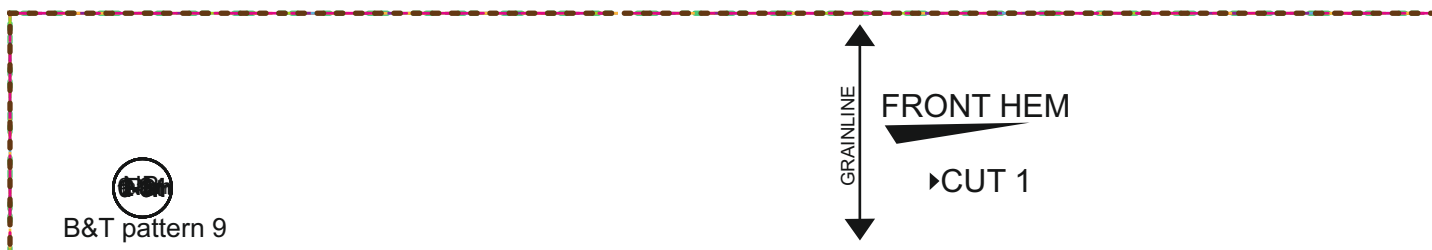




B&T pattern 9



[illegible]



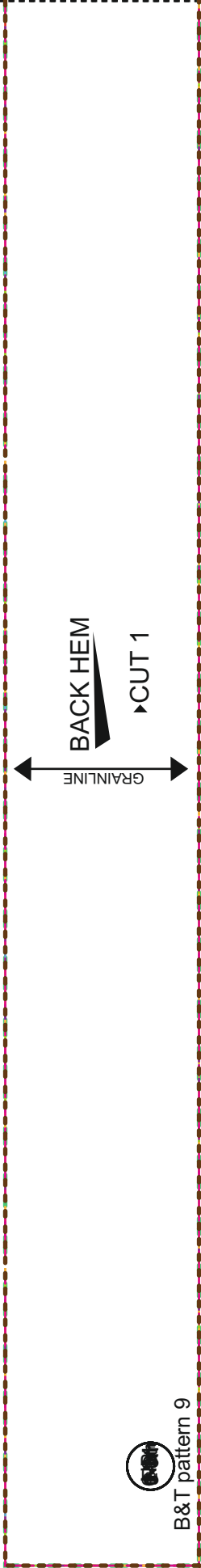
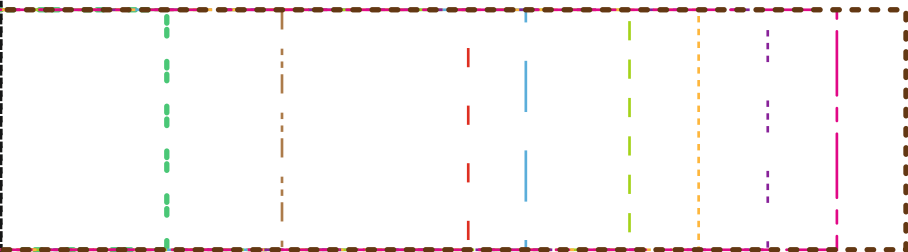
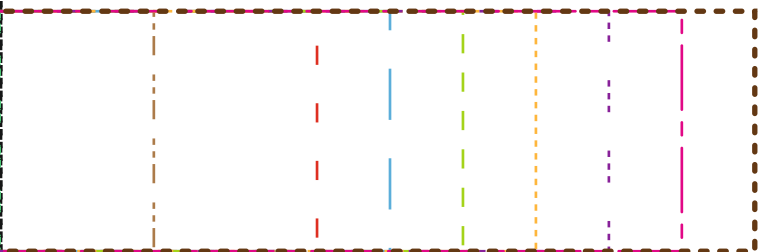
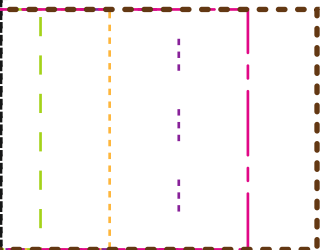
SIZE GUIDE

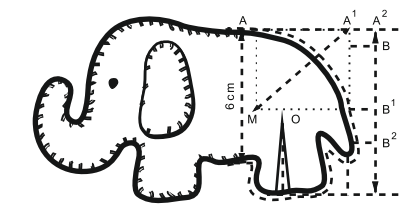
Measure to ensure printing accuracy

← 3.5 INCHES (8.9 cm) →

Brindle & Twig
pattern 9: bodysuit
Letter or A4 print format

Preemie (44):	---	2.5 INCHES (6.35 cm)
NB (52):	---	
0-3 (62):	---	
3-6 (68):	---	
6-9 (74):	---	
9-12 (78):	---	
12-18 (84):	---	
18-24 (90):	---	
2-3 (96):	---	





Brindille & Twig

pattern 9: bodysuit
A0 print format

SIZE GUIDE
Measure to ensure printing accuracy
← 3.5 INCHES (8.9 cm) →

← 2.5 INCHES (6.35 cm) →
Preemie (44): - - - - -
NB (52): - - - - -
0-3 (62): - - - - -
3-6 (68): - - - - -
6-9 (74): - - - - -
9-12 (78): - - - - -
12-18 (84): - - - - -
18-24 (90): - - - - -
2-3 (96): - - - - -

