

# *Quick-sew* **BEACH DRESS**

Pop on this pretty trimmed dress for a trip to the beach, lunch by the poolside or simply for sipping something refreshing in the garden!

Project **FREYA GILBERT & SARAH WADEY**  
from **Crafty Sew & So**  
[www.craftysewandso.com](http://www.craftysewandso.com)



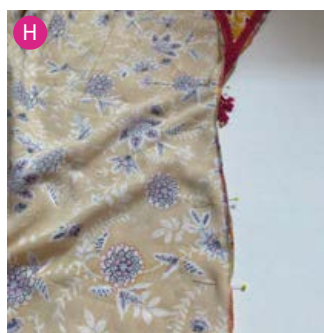
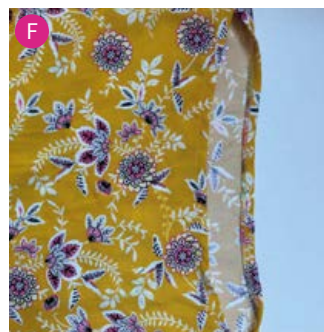
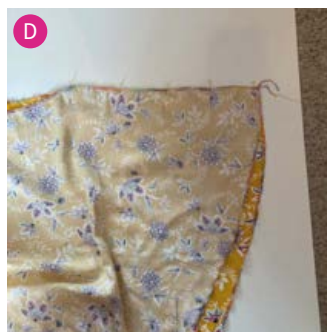
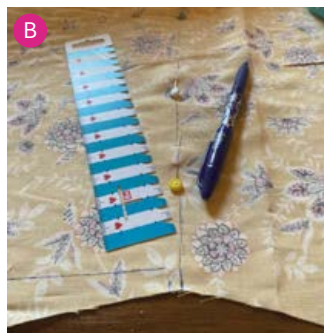
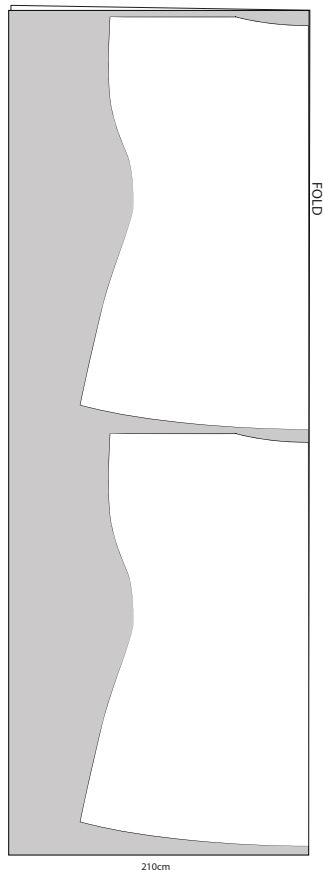
**MY HANDMADE  
WARDROBE**

Freya and Sarah co-own Crafty Sew & So, a Leicester-based fabric shop and sewing studio. They launched their pattern range, My Handmade Wardrobe Patterns, in 2017 and design modern sewing patterns that everyone can sew. Visit [www.craftysewandso.com](http://www.craftysewandso.com) for more!



## LAYPLAN

Fabric  
110cm/45ins wide size XS-XL only  
150cm/60ins wide



## MATERIALS & TOOLS:

- 210cm of 110cm/45" wide fabric (sizes XS-XL ONLY) or 150cm/60" wide fabric (ALL sizes) for the main body
- 3m of fancy trim
- your waist measurement in 1cm-wide elastic
- pattern downloaded from [www.craftworld.com/cms/love-sewing](http://www.craftworld.com/cms/love-sewing)

## NOTES:

All seam allowances are 1.5cm unless stated otherwise

## PREPARATION:

- 1 Mark topstitching lines on the outside of front and back panels. Mark elastic sewing lines on the inside of front and back panels. (See pics A & B.)

- 2 Finish the raw edges of both sides of the front and back and front and back neck. (See Pic C.)

## HOW TO MAKE:

- 3 With RST, join the front and back panels at the shoulder seams, stitching between the notches and leaving a gap open at the centre. Backstitch at each notch. (See Pic D.)
- 4 Press the seam open and topstitch around the neck, opening the edge approximately 1cm from the edge. (See pics E & F.)
- 5 Matching the trim edge with the raw edge of the fabric, baste trim to the outside edge of sleeve

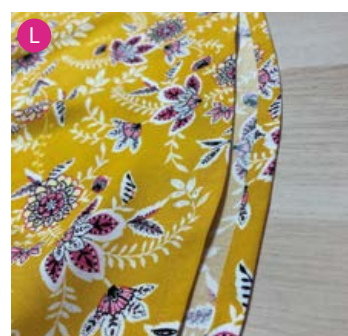
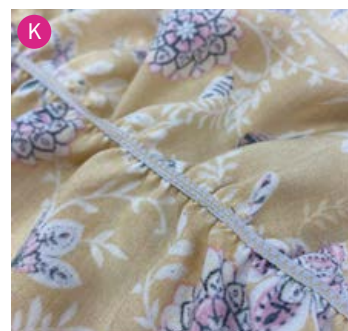


## SIZE CHART:

| Size  | XS   | S     | M     | L     | XL    | XXL   |
|-------|------|-------|-------|-------|-------|-------|
| Bust  | 82cm | 92cm  | 102cm | 114cm | 126cm | 138cm |
| Waist | 66cm | 76cm  | 86cm  | 99cm  | 109cm | 120cm |
| Hip   | 90cm | 100cm | 110cm | 120cm | 130cm | 140cm |

## Shopping list

Yellow Leona Floral Viscose Poplin, £7 per metre from [www.craftysewandso.com](http://www.craftysewandso.com)  
Pink mini pompom trim, £0.89 per metre from [www.myfabrics.co.uk](http://www.myfabrics.co.uk)



opening, starting and ending just beyond side seam notches.

(See Pic G.)

**6** With RST, sew the front to the back at the side seams from the first notch to the hem. (See Pic H.)

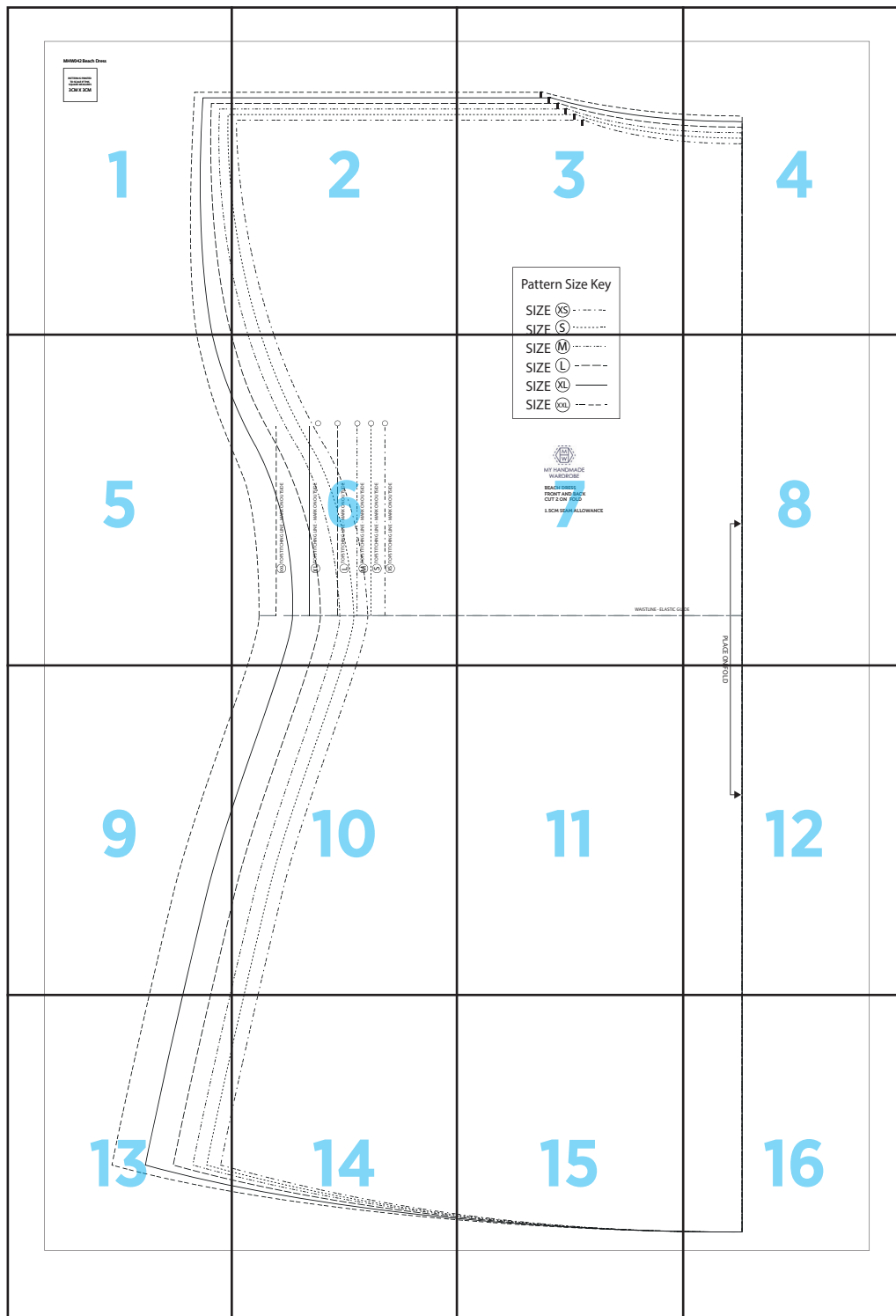
**7** Fold basted edge of the trim to the inside of the armhole opening and press. Topstitch to secure. (See Pic I.)

**8** Fold elastic into quarters and mark the quarter points. Join the elastic to form a loop. (See Pic J.)

**9** On the inside of the dress, align elastic with the waistline, matching marked quarter points to side seams and centre front and back. Using a long and wide zigzag stitch, stitch elastic to the garment, aligning it with the waistline-marked line at all times and stretching out the elastic as you sew. (See Pic K.)

**10** Turn the right side out and topstitch from the dot to the notch at the side seam. Turn and stitch a 7mm double-turned hem to finish. (See Pic L.)

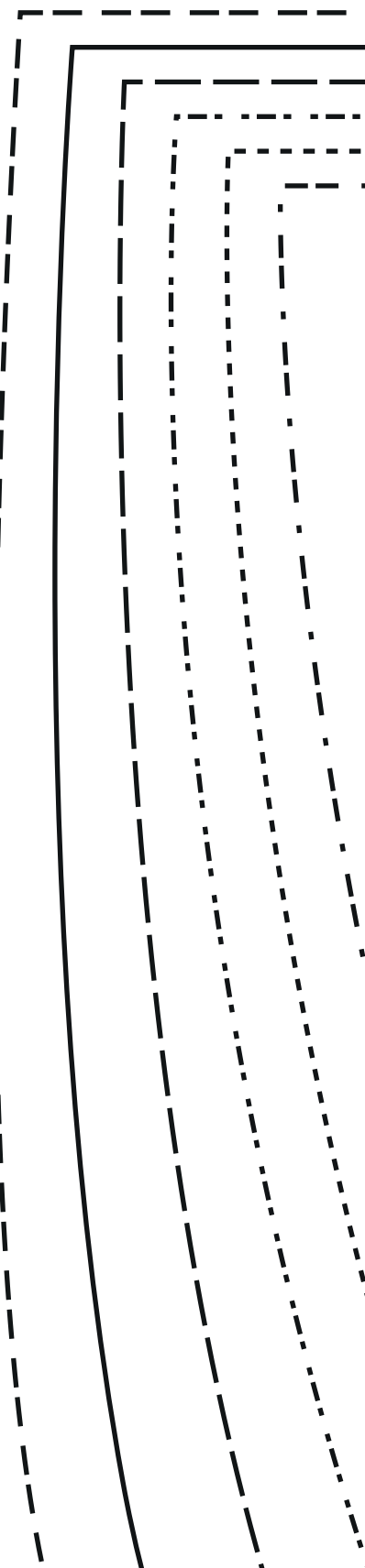
# Pom-pom trimmed beach dress



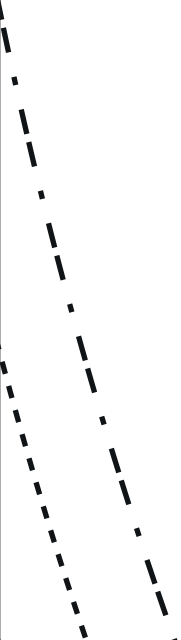
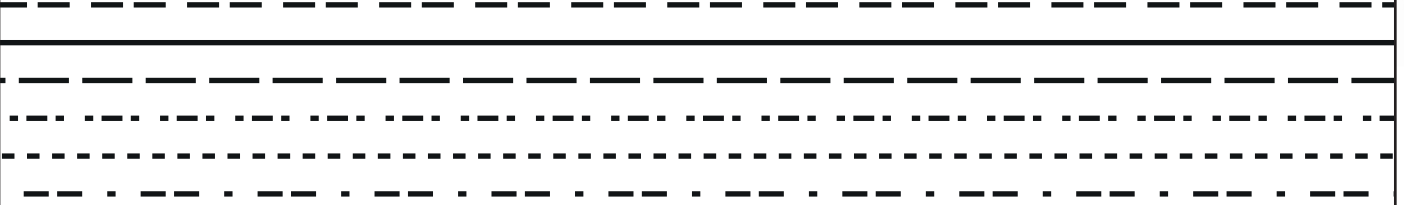
1

## MHW042 Beach Dress

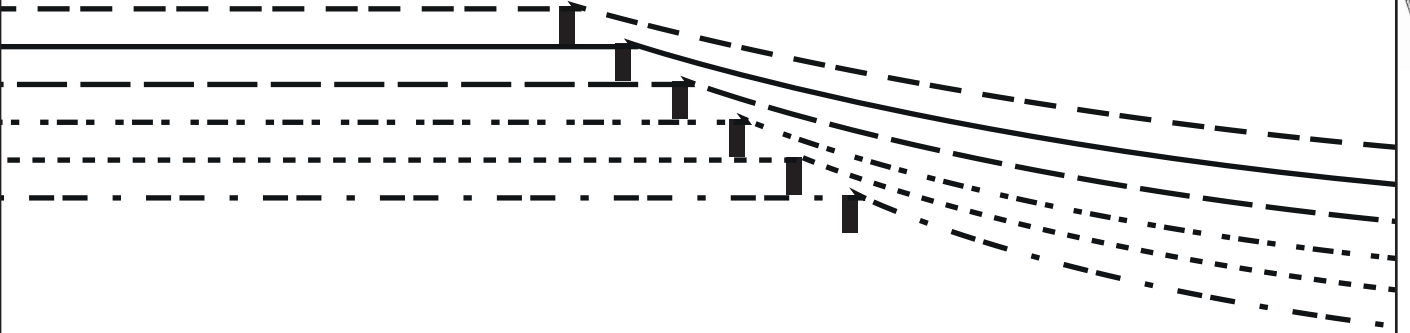
PATTERN IS PRINTED  
TO SCALE IF THIS  
SQUARE MEASURES  
3CM X 3CM



2



3



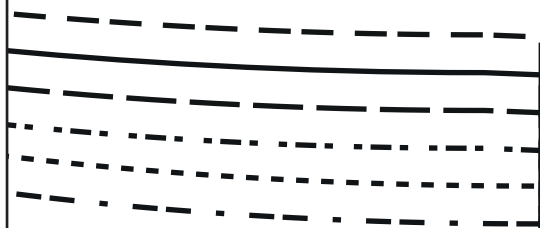
## Pattern Size Key

SIZE XS - - - - -

SIZE S - - - - -



4



5



6

XXL TOPSTITCHING LINE - MARK ON OUTSIDE

XL TOPSTITCHING LINE - MARK ON OUTSIDE

L TOPSTITCHING LINE - MARK ON OUTSIDE

M TOPSTITCHING LINE - MARK ON OUTSIDE

S TOPSTITCHING LINE - MARK ON OUTSIDE

XS TOPSTITCHING LINE - MARK ON OUTSIDE



7

SIZE (M) - - - - -

SIZE (L) - - - - -

SIZE (XL) - - - - -

SIZE (XXL) - - - - -



MY HANDMADE  
WARDROBE

**BEACH DRESS  
FRONT AND BACK  
CUT 2 ON FOLD**

**1.5CM SEAM ALLOWANCE**

WAISTLINE - E

8



ELASTIC GUIDE

PLA



10

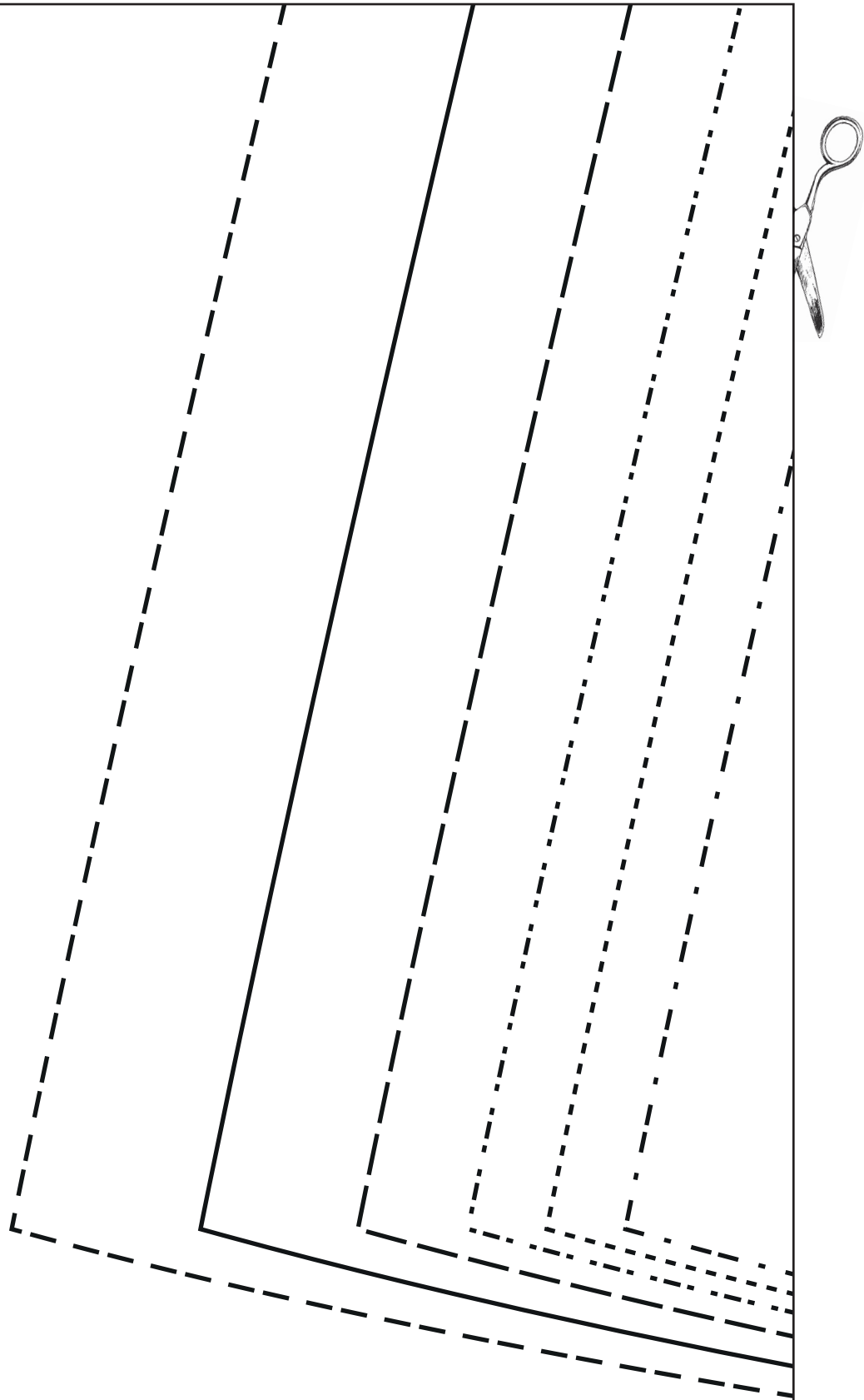




12

CE ON FOLD





14

