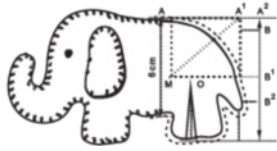


Brindille & Twig sewing pattern and tutorial



#45



flutter sleeve dress



Size range: 0-3M to 5-6T : 62 to 118

Supply list

Fabric

Knit fabric for dress.

Cotton/lycra jersey in the photo examples
.75 yards(meters) for all sizes

Stiffer will produce a fuller sleeve and bottom
Soft will allow sleeve and bottom to fall flat

Machines

Sewing machine,
Sergger

Tools

Scissors,
Pins

Putting together a Brindille & Twig pattern:

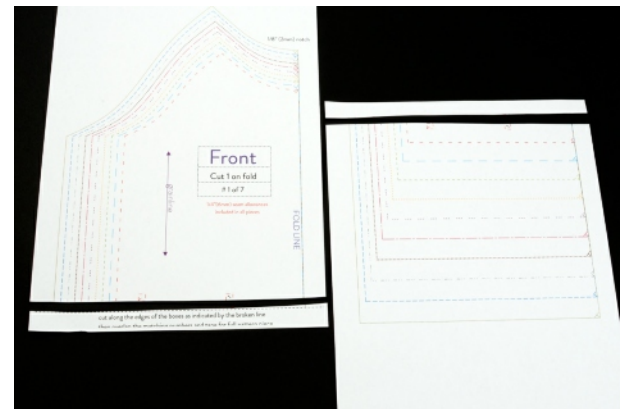
- Print the pattern pages at 100%- No scaling or fitting to page.
(I suggest only printing the pattern and reading instructions off the computer, if you have Internet access.)
- Follow the photo examples to tape your pattern together.



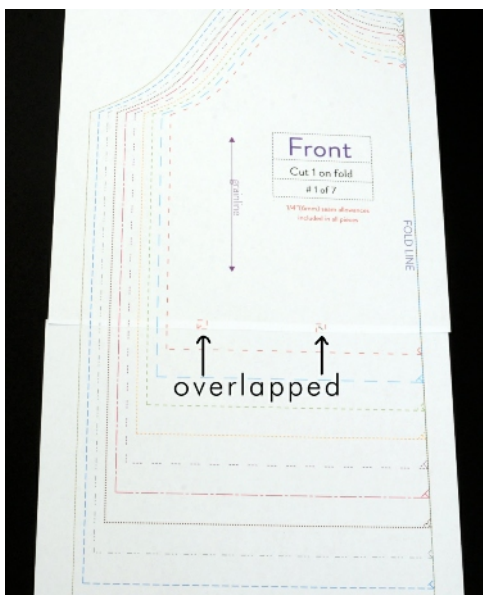
Pattern printed out.



Measure the 1"x1" square to make sure it printed accurately.



Cut along the edges of the indication boxes to cut the extra white paper off. It makes it easier to line them up.



Overlap those boxes with the matching number and tape together at that seam.



Cut out the size that works best based on the measurement chart.

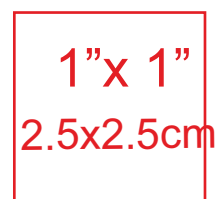
Measurement chart: Units in Inches and (cm) :::

Size	Waist	Chest	Total height	Inseam- without diaper	Head
Preemie (44)	14" (35.5cm)	13.75 (35)	17.5 (44)	5 (13)	13.75 (35)
Newborn (52)	16 (40.75)	15.5 (39.25)	20.5 (52)	6.75 (17)	15 (38)
0-3 (62)	17.5 (44.5)	17 (43.25)	24 (62)	8.5 (21.5)	16.5 (42.25)
3-6 (68)	18.5 (47)	18 (45.75)	27 (68)	10 (25.75)	17.5 (44.75)
6-9 (74)	19 (48.25)	18.5 (47)	29 (74)	11.25 (28.5)	18 (46)
9-12 (78)	19.5 (49.5)	19 (48.25)	30.5 (78)	12 (30.5)	18.5 (47.25)
12-18 (84)	20.25 (51.5)	19.75 (50.25)	33 (84)	13.5 (34)	19 (48.5)
18-24 (90)	21 (53.25)	20.5 (52)	35 (90)	14 (35.5)	20 (50.75)
2-3 (96)	21.5 (54.75)	21 (53.25)	38 (96)	15.5 (39.75)	20.25 (51.5)
3-4 (104)	22 (56)	22 (56)	41 (104)	17 (43.5)	20.5 (52)
4-5 (110)	22.5 (57.25)	23 (58.5)	44 (110)	18.75 (47.5)	20.75 (52.75)
5-6 (118)	23 (58.5)	24 (61)	46.5 (118)	20.25 (51.5)	21 (53.25)

Cutting guide lines:::::::::

Preemie (44):	
NB (52):	-----
0-3 (62):	- - - - -
3-6 (68):	— — — — —
6-9 (74):	- - - - -
9-12 (78):	-----
12-18 (84):	--- --- ---
18-24 (90):	-----
2-3 (96):	
3-4 (104):	- - - - -
4-5 (110):	-----
5-6 (118):	-----

IMPORTANT:
Make sure you don't
scale or fit-to-page
when you print the pattern



Measure to make
sure pattern
printed accurately

1"x 1"
2.5x2.5cm

Measure to make
sure pattern
printed accurately

Front #45

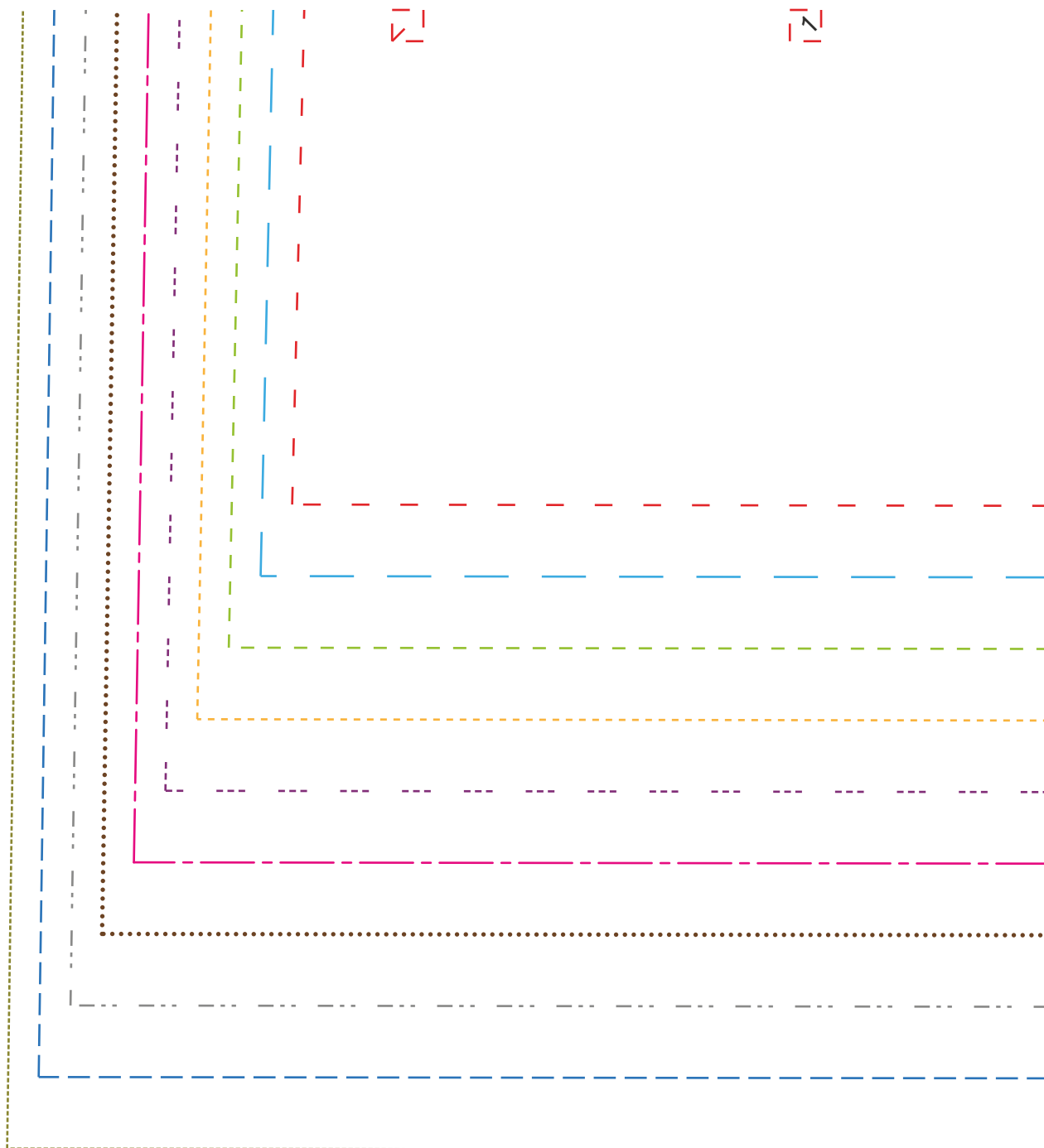
Cut 1 on fold
piece 1 of 5

1/4"(6mm) seam allowances
included in all pieces

grainline

FOLD LINE

cut along the edges of the boxes as indicated by the broken line
then overlap the matching numbers and tape for full pattern piece.



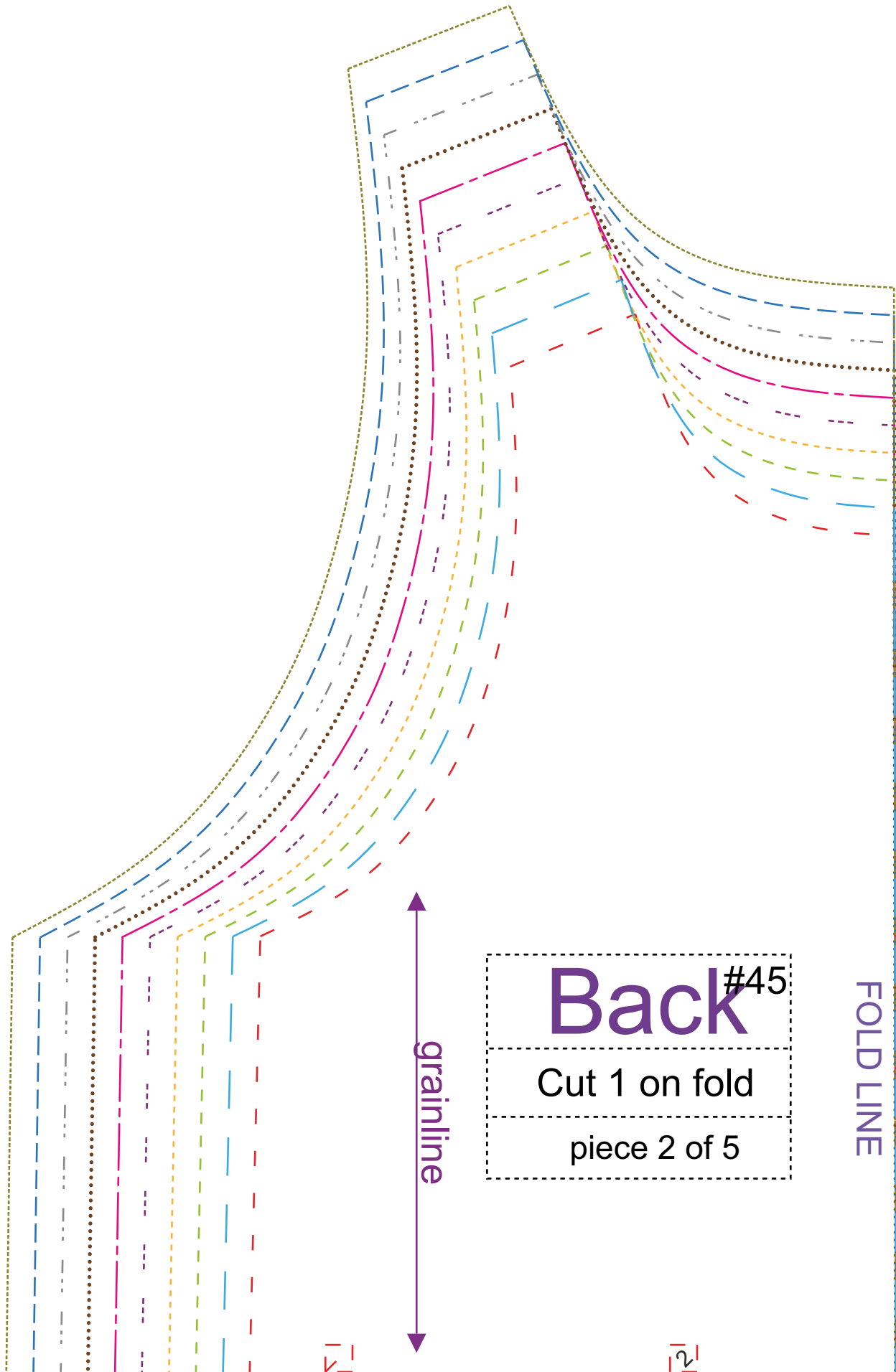
FOLD LINE

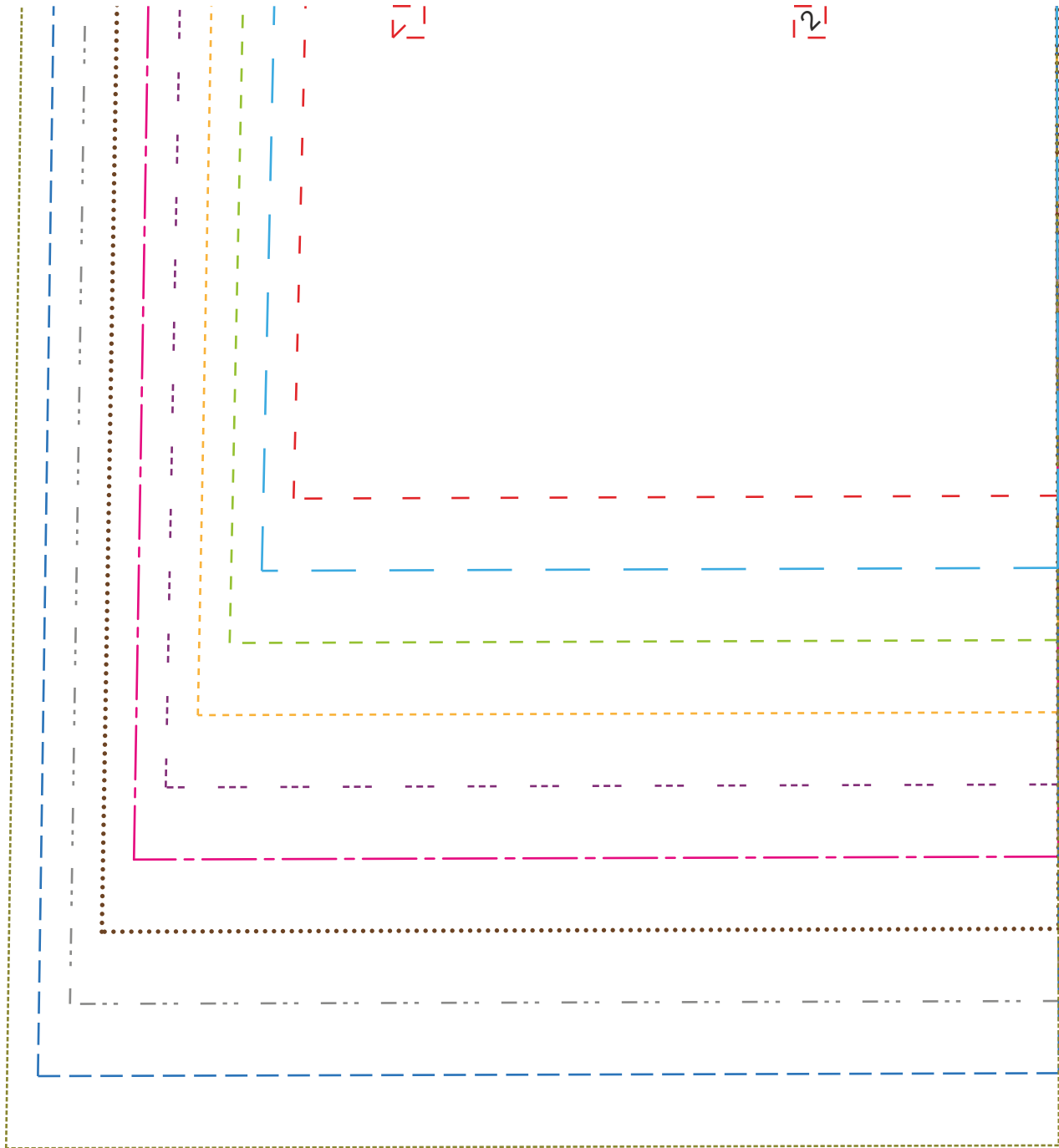
Back^{#45}

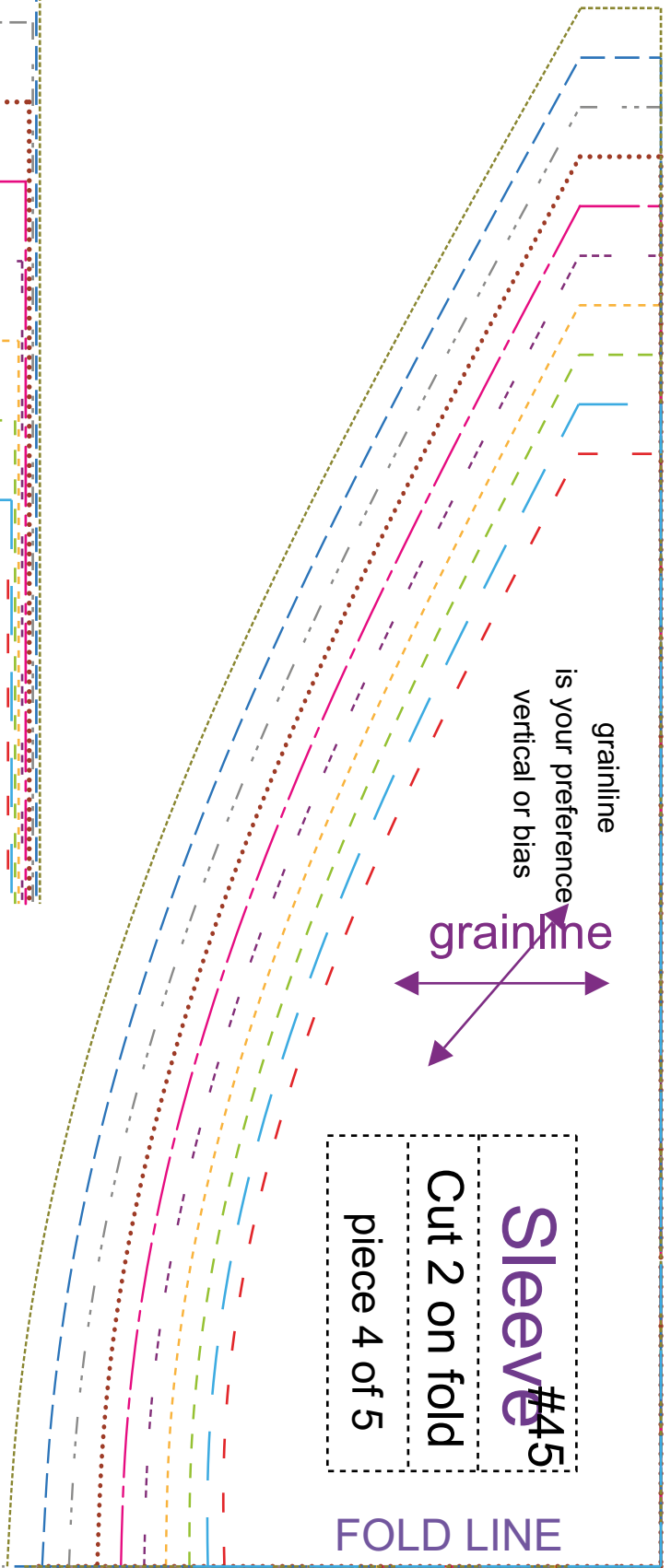
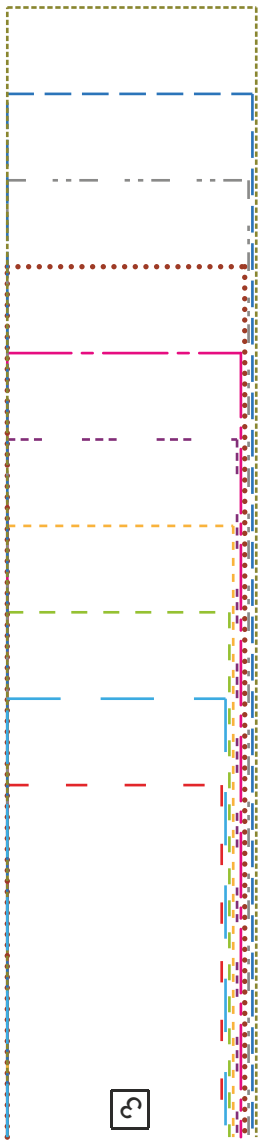
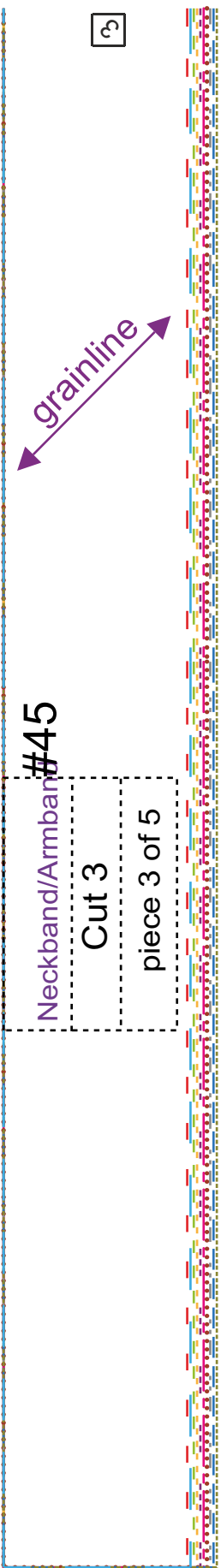
Cut 1 on fold

piece 2 of 5

grainline





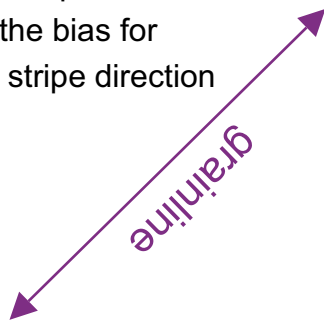


A large rectangular area defined by a dotted blue border, intended for drawing or writing.





I typically do vertical grainline except when I do stripes I will cut on the bias for the stripe direction



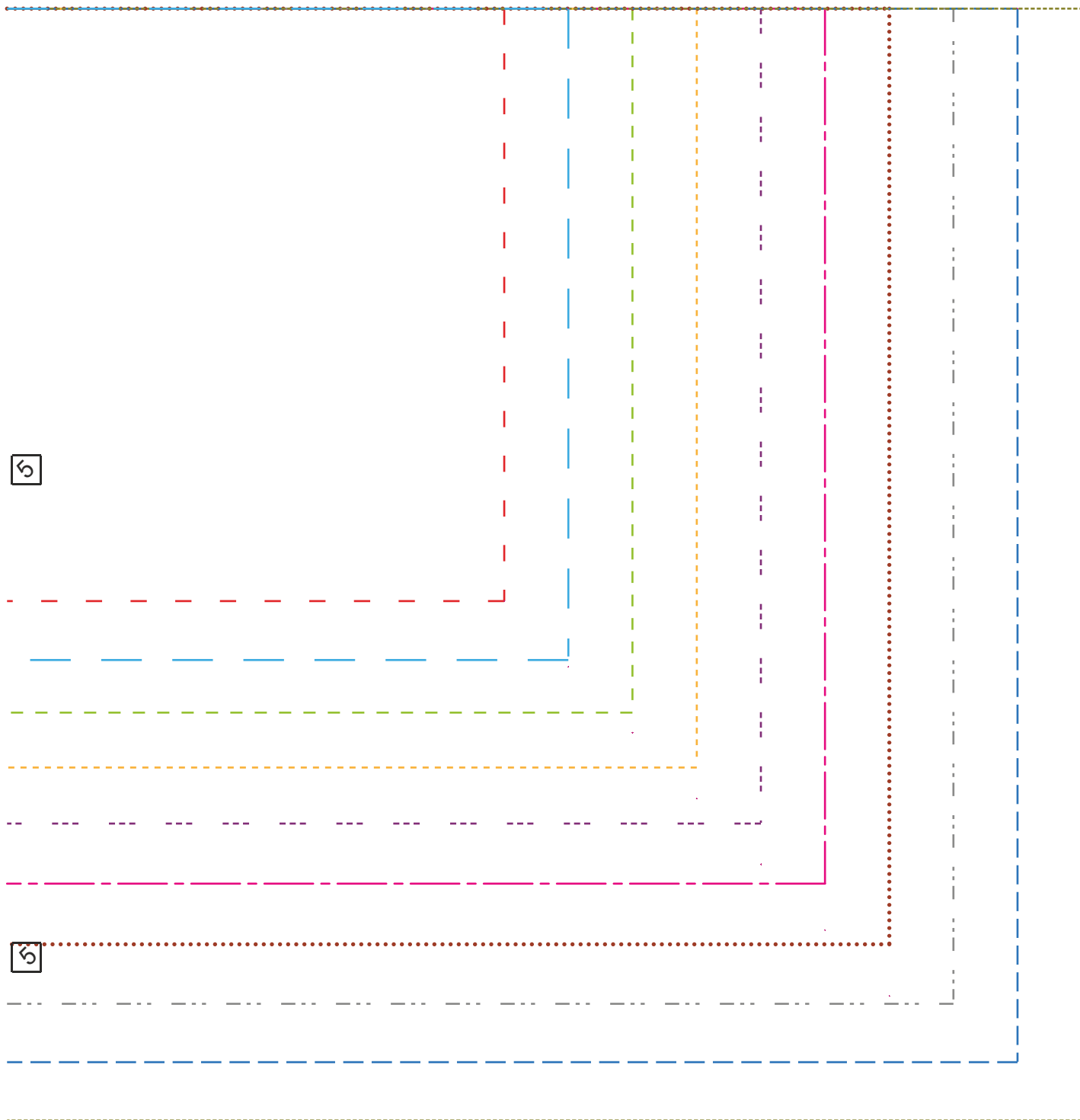
#45

Bottom ruffle

Cut 2

piece 5 of 5





6

6

Common instructions:

Cut on fold: Place the labeled 'fold line' along the folded edge of the fabric. Cut out the pattern piece through both layers of fabric and open to get a full piece

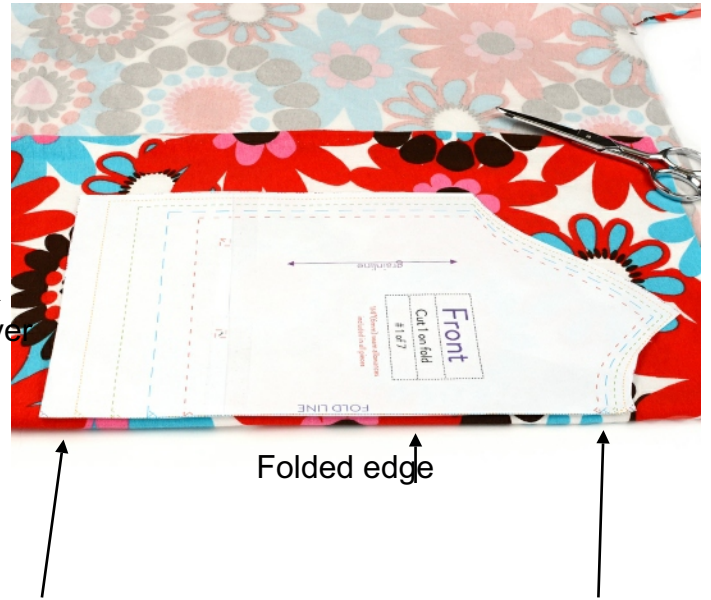


After being cut out



Full piece opened after being cut

Fabric folded over



Folded edge

Notch: Needs to be clipped when cutting the pieces out. It will be indicated by a small line at the place that it needs to be marked. Example: center of a pants waist or center neck of a front piece. Mostly used when a piece is cut on the fold. Although, may be used at other times as well. You will make a 1/8" (2mm) cut into the fabric at that point. It will be used to match pieces later.

Cut opposites: For some pieces, a right and a left side need to be cut. Example: Hoods, some pants and some sleeves. To get the opposite pieces, cut 1 with the pattern facing up like the first photo and 1 with the pattern facing down like the second photo. You can also cut once on a piece of fabric that's been folded over to get 2 layers.

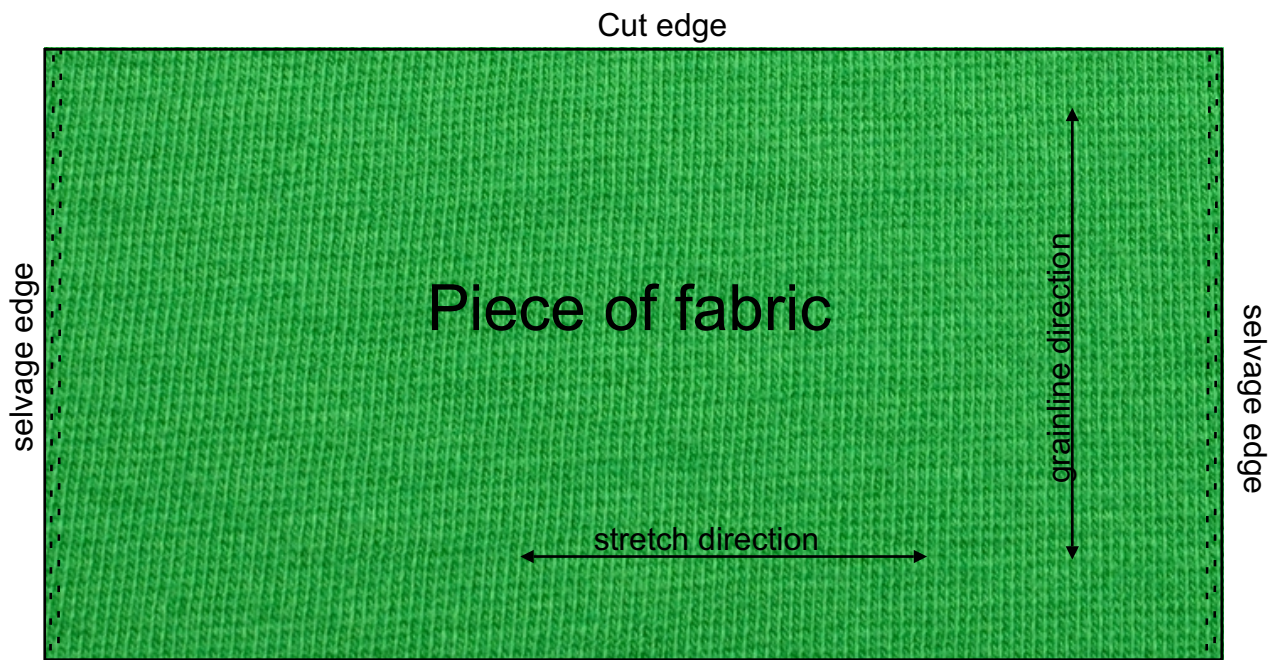


Grainline: Grainline is very important because it affects the way your fabric stretches.

If the grainline is vertical, the stretch is horizontal.

In most cases the stretch should be horizontal 'going around the body' so the grainline should be vertical.

If the grainline isn't easily visible you can see it better when you stretch the fabric .



The selvage edge will usually be kind of stiff with some holes in it from the manufacturing process.

The grainline runs parallel to the selvage edge.

Right sides together: Meaning, the right sides of the fabric will be laying together. This is the way most seams are sewn so the seam is on the wrong side of the fabric. Assume that the fabrics will always be right-side-together unless otherwise specified.

Begin sewing

Step one:



- Cut out all your pieces.
1 front and 1 back, 2 flutters (if using)
1 skirt and 3 ribbings.



Step two:



- Line up the raw edges of the shoulder seams with right sides of fabric together.



- Serge the shoulder seams together.



Step three:



- Fold the neckband in half, meeting the short ends.
Right sides of fabric together.



- Serge the edges together.



- Fold the band in half so the wrong sides of fabric are together and the seam is hidden.
There should be notches at the center front, opposite the back seam.





-With the garment inside out, place neck band inside the neck area, lining up the raw edges. Match band seam with neck center back and band notches with neck center front. Pin in place. If you have difficulties with this, you can pin at the middle points between the front and back as well.



-Serge the band to the neck, evenly stretching it to fit as you go. The foot should be positioned inside the neck while you sew. (as pictured)



Step four:

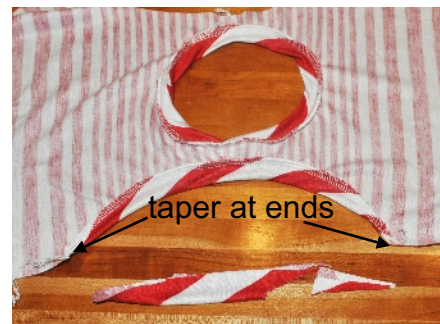


-Fold armbands in half widthwise.



-I cut the beginning of the arm band to a taper and start serging it on from the top at the side seam. Stretch slightly while sewing. Taper off at the end again so the band ends right before the other side seam.

the band will be longer than you need



Step five:

Follow this step if you are doing flutters.

- Sew a basting stitch across the straight edge of the sleeves about 0.5" (13mm) down from the top.

I don't hem the sleeves but if you want to, this is when you should.

- Tie a knot at one end. Gather the sleeve in to about 4" (10cm) or more if you prefer. Tie a knot at the other end. Both ends should be tied off.

- Match the center of the sleeve to the edge of the shoulder seam, on top of the armband seam. Pin from the top of the fabric.

- Pin sleeve edge along the arm. Use a lot of pins to hold the ruffles in the right spots. You will be pinning the sleeve and armband seam together.



seam will be folded in



after pinning

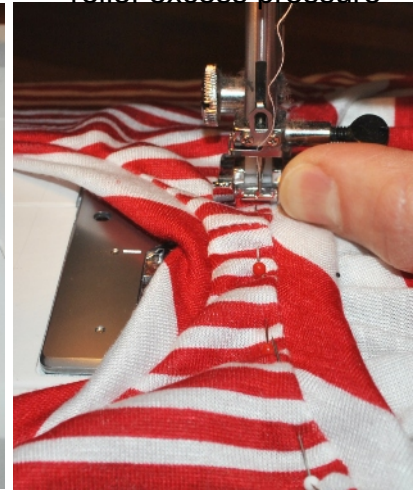


the sleeve will stop before the side seams

lift foot with thumb to
relief excess pressure

-If doing without sleeves, this is the only
direction to follow for step five:

-Sew a straight stitch from the top on the e
of the shoulder. You will be sewing on top
of the armband seam and the sleeve.



-You should be able to see the gathering stitch
after sewing the sleeve on. You can remove that.



Step six:

-Line up raw edges of side seams and serg
with right sides of fabric together.



-Sew the side seam to the band at the armpit
to secure the seam.



Step seven:



-Line up raw edges of ruffle pieces and sew together at both sides.

I don't hem my dress but if you want to, this is when you should.



-Sew a basting stitch around the top about 3/4" (2cm) down and tie off the end of the seam.



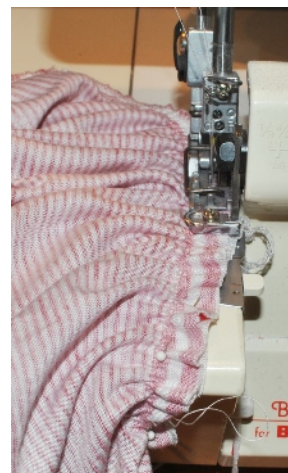
-Pull the top string to gather the ruffle. Gather to match the width of the dress waist. Knot the beginning of the seam so both the start and end of the seam are knotted. Distribute ruffles evenly.



-With right sides together, line up the top of the ruffle with the dress waist. Match side seams together and pin around the whole waist. I use a lot of pins here!



-Serge ruffle and waist together. You will need to help the ruffles stay in place as you go around. Take your time.





-You should be able to see the gather stitch, you may remove it after serging.



Step eight:



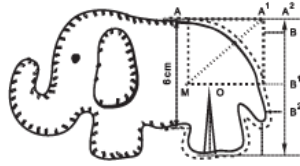
-Sew a triple stitch at the bottom of the side seams so it doesn't unravel.



-Iron or steam dress,

Then you're done!





Brindille & Twig

[ON THE WEB]

Official website:

Brindilletwig.com

Official Facebook page:

Facebook.com/brindilleandtwigpatterns

If you would like to show off your creations or ask questions of other people using our patterns, join our forums!!

Discuss.brindilletwig.com

I hope you enjoyed the process and outcome. If you have any questions or suggestions you can contact me on our website OR at:

Melissa@brindilletwig.com

Property of Brindille and Twig 2014

This pattern may not be published on the internet or otherwise, it may not be copied, duplicated or distributed in any form.

This pattern is protected under copyright.

Sales of items made with this pattern are allowed up to 200 items per year with a credit to Brindille & Twig patterns in your listing or on your tag. If you want to use this pattern to sell over 200 items per year, contact me for a licensing agreement.