

sew

ISSUE 163 JUNE 2022

PATTERN DOWNLOAD

CUT OUT & KEEP

ELEANOR DUO
Designer: Jane Bolsolver
Magazine page: 15



IN YOUR PRINT MENU, UNDER SIZE OPTIONS, BE SURE TO
SELECT '**ACTUAL SIZE/100%**', INSTEAD OF 'FIT TO PAGE'

© ACEVILLE PUBLICATIONS LTD | SEWMAG.CO.UK

All projects, templates and patterns are for personal home use only and cannot be sold or used for commercial purposes.



Kids can celebrate
the Platinum
Jubilee in our

Eleanor Duo

This gorgeous baby's dress and bloomers set is a challenging project, which pulls together many essential dressmaking techniques, such as smocking, attaching collars and sleeves, making elastic casing and much more. The perfect outfit for a special occasion, it will be well worth the effort when your precious little one is admired wearing your beautiful handiwork!

ESSENTIALS

Fabric, 1.5m (150cm)
Soft braided piping cord, 60cm
Lightweight fusible interfacing, 20cm
Embroidery thread
Smocking dots, 6mm, one sheet
Wide elastic, 6mm
Buttons, 10mm, two
Sew-on snaps, three

SUGGESTED FABRICS

Lightweight wovens, such as cottons, poly-cottons, chambray or gingham

SIZES

6-12 months
43-48cm finished length

CUTTING GUIDE

Front skirt: cut one on the fold

Back skirt: cut two, cut two in interfacing (shaded area only)

Front yoke: cut two on the fold

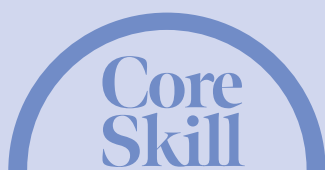
Back yoke: cut four, cut two in interfacing (shaded area only)

Collar: cut four, cut two in interfacing

Sleeves: cut two

Bloomers: cut two

1cm seam allowance used throughout, unless otherwise stated.



ATTACHING COLLARS

With right sides together and raw edges even, pin and tack the top collar to the under collar, leaving the neck edge open. Machine stitch the pieces together around the outer edge, reverse stitching at the start and finish to secure. Remove the tacking, then trim and grade the seam allowances, snipping across any corners and notching curved seam allowances. Turn the collar right side out and tease out any corners. Press the collar, rolling the seam slightly to the underside, then pin and tack the collar neck edges together, matching notches.



1 Download the pattern at sewmag.co.uk, then print out and follow the cutting guide. Using the smocking dots, sew 15 rows of gathering stitches on the skirt front and back at the positions marked, and work the smocking design using three strands of embroidery thread.

2 Iron interfacing to the wrong side of one collar piece in each pair. Apply piping cord to the outer edges of the collars, sandwiching it between the interfaced and the non-interfaced piece for each pair. Tack the notched neckline edges of each pair together and topstitch close to the piped edges.

3 Iron the interfacing pieces to the wrong side of one left and one right yoke back, as indicated on the pattern. Sew one set of yoke backs to each yoke front at the shoulders and press the seams open. To complete and attach the collar to the neckline edge of the interfaced set of joined yokes, follow the Core Skill panel, then working from the right side and with raw edges even, pin and tack the collar to the neckline edge, matching the notches to shoulder seams and the ends of the collar to the centre-front neckline seam. Treat the non-interfaced set of yokes as the facings forming the top layer, so that the collar is sandwiched between the two sets of yokes.

4 Apply interfacing to the wrong side of each skirt back extension, as indicated on the pattern. With right sides together, seam the skirt backs together from

the first set of matched dots to the hem edge, reverse stitching at each end to secure. Finish the seam allowances separately and the edges of the skirt extensions. To form the skirt placket, fold 3cm to the wrong side of the right back extension along the edge of the interfacing, matching notches at the top edge. Tack the top edges together.

5 Working with the wrong side of the left skirt back on top, stitch across the bottom of the interfaced section from the inner matched dots to the finished edge, reverse sewing at each end to secure. To complete the skirt placket, fold the left back over so that the right side of the fabric is on top. With notches matched at the top edge, press a fold along the



For a speedier version of the dress, replace the smocked areas with machine shirring

opening, above the stitching only, creating a tuck beneath it. Tack the top edges of the left back together.

6 On the lower edge of the non-interfaced yoke backs, turn and press the seam allowance to the wrong side and tack in place. Repeat for the corresponding yoke front. With right sides together, stitch the centre-back edge of the left-back yoke together as shown, from the dot at the collar edge to the pressed lower edge, pivoting the work at the corner and reverse stitching at each end to secure. Repeat for the right yoke back. Trim seams, clip corners, and turn right side out; press flat.

7 Pin the lower edge of an interfaced yoke back to the top edge of the corresponding skirt back, with right sides together, raw edges even, notches matching, and finished ends of the yoke even with the ends of the placket. Machine stitch in place, reverse stitching at the ends to secure, and press the seam allowances toward the yoke. Repeat with the remaining back yoke and the front yoke.

8 Remove the top line of smocking gathering stitches. Bring the loose, tacked lower edges of the yokes down in line with the machine stitches and pin in place. Slip hem the edges in place along the entire length of each yoke. Tack the armhole edges of the yokes together, matching the shoulder seams.

9 Set in the sleeves, working the gathers across the top of each sleeve head between the notches; finish the lower edge of each sleeve with an elasticised casing. To complete the dress, hand sew a deep double hem along the lower edge and make two buttonholes at the positions marked on the pattern. Attach the buttons to correspond and stitch on one snap at the top corner of the back opening and the remaining two down the skirt opening.

10 To make the bloomers, sew the centre-front and centre-back crotch seams, with right sides together. To reinforce the seams, sew over the first line of stitching and finish the seam allowances separately. Stitch the inside leg seam with right sides together; finish the seam allowances separately, clip the curves, and press open. To finish, make a fold-down casing for the elastic around each leg and the waist edge.



FREE
TEMPLATE
DOWNLOAD
[sewmag.co.uk](http://sewmag.co.uk/templates)
/templates

This pattern is
available to
download
in ages

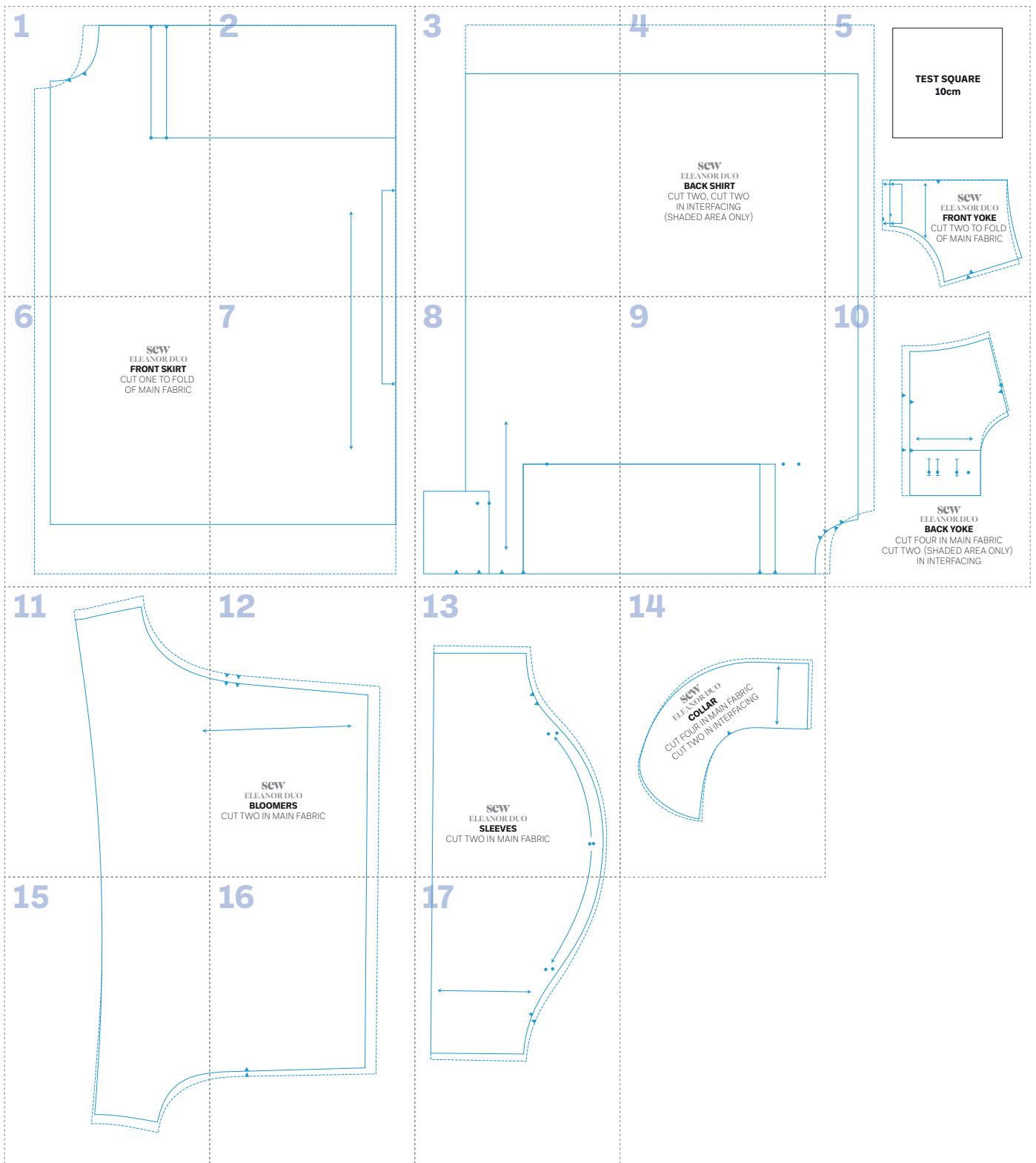
6-12mths

Get the Book

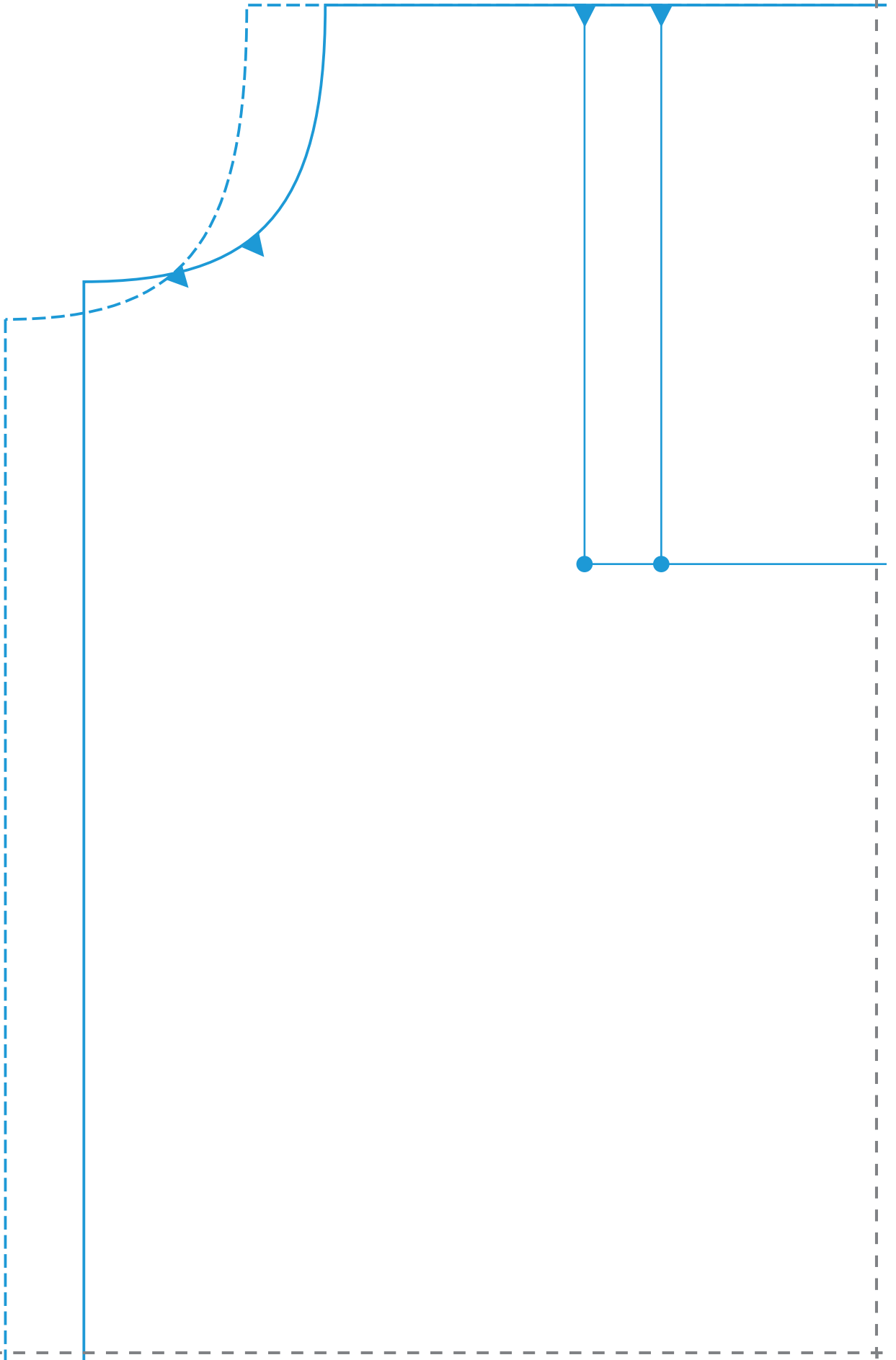
You will adore the simplicity of *A Beginner's Guide to Sewing by Hand and Machine* by Jane Bolsover, published by CICO Books (£16.99). Photography by Caroline Arber & Penny Wincer © CICO Books



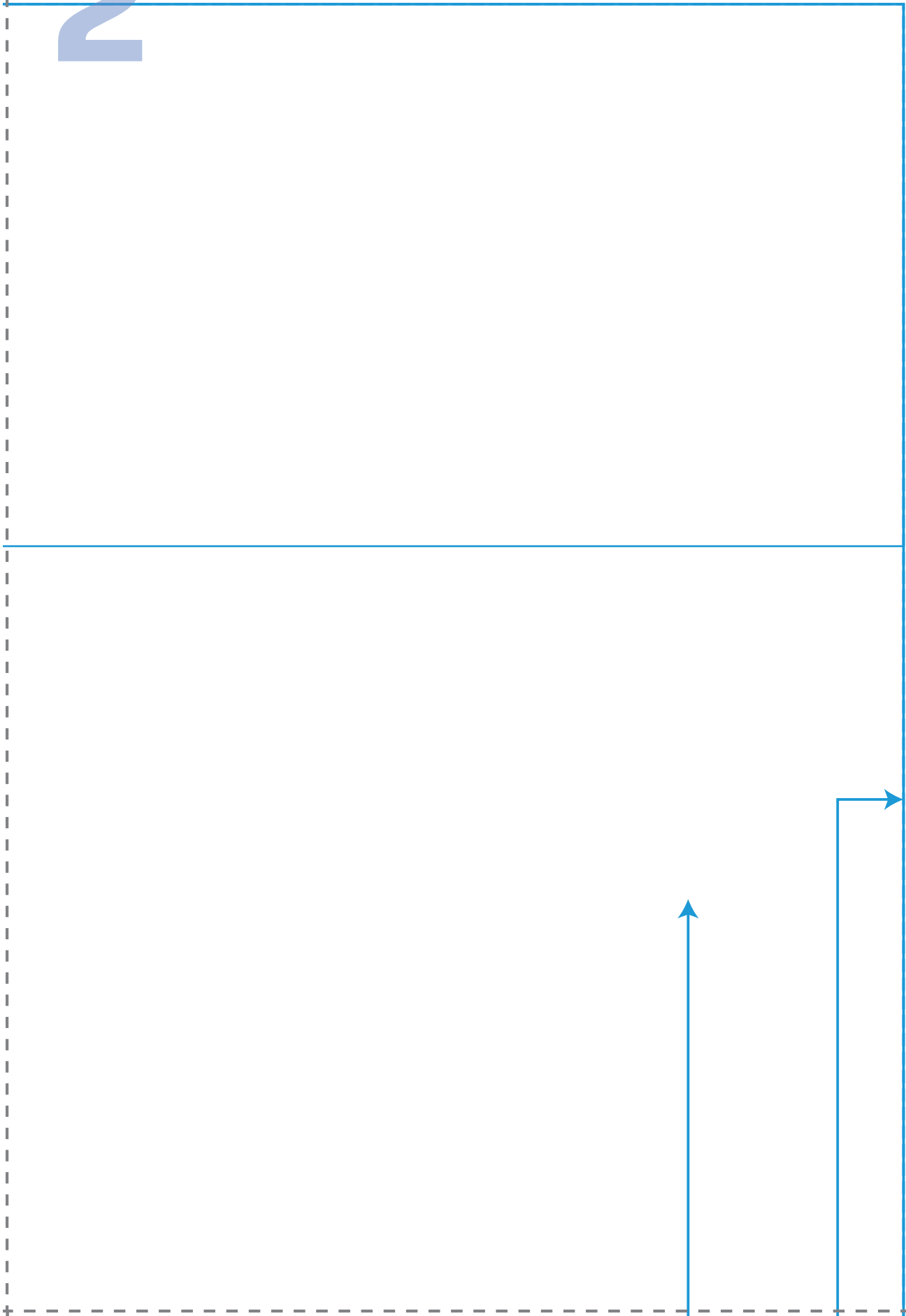
PATTERN LAYOUT



1



2



3

4

sew
ELEANOR DUO
BACK SHIRT
CUT TWO, CUT TWO
IN INTERFACING
(SHADED AREA ONLY)

5

TEST SQUARE
10cm

sew
ELEANOR DUO
FRONT YOKE
CUT TWO TO FOLD
OF MAIN FABRIC

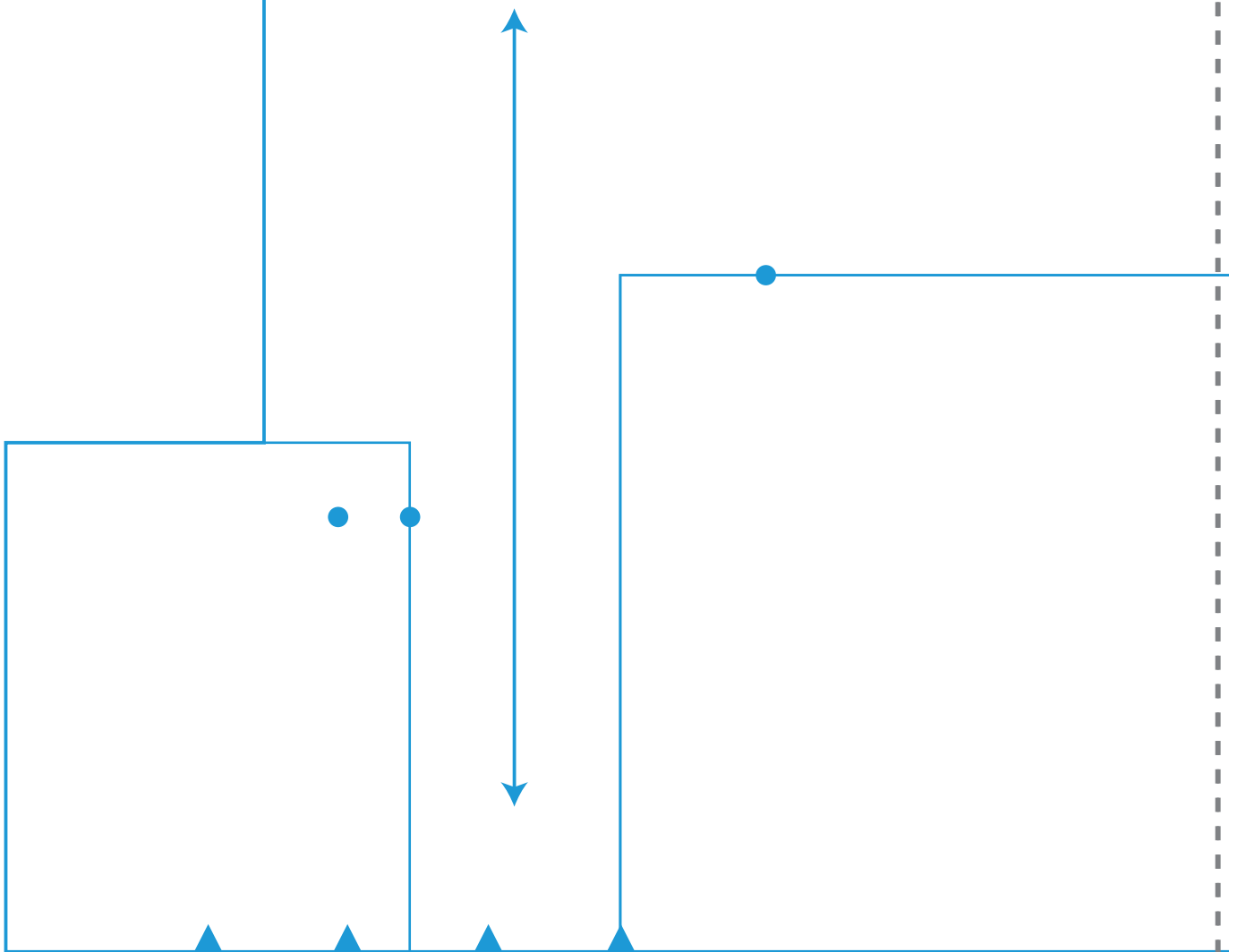
6

sew
ELEANOR DUO
FRONT SKIRT
CUT ONE TO FOLD
OF MAIN FABRIC

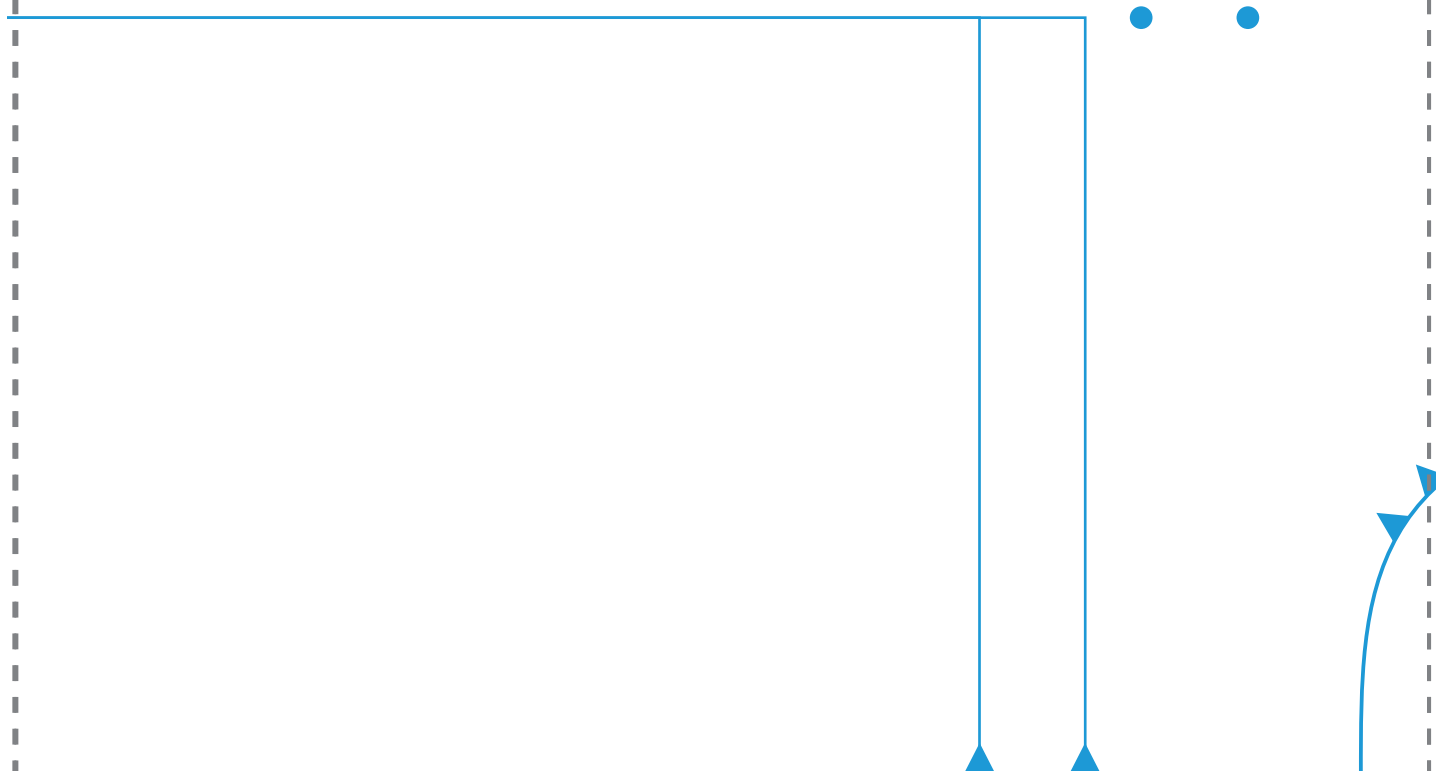
7



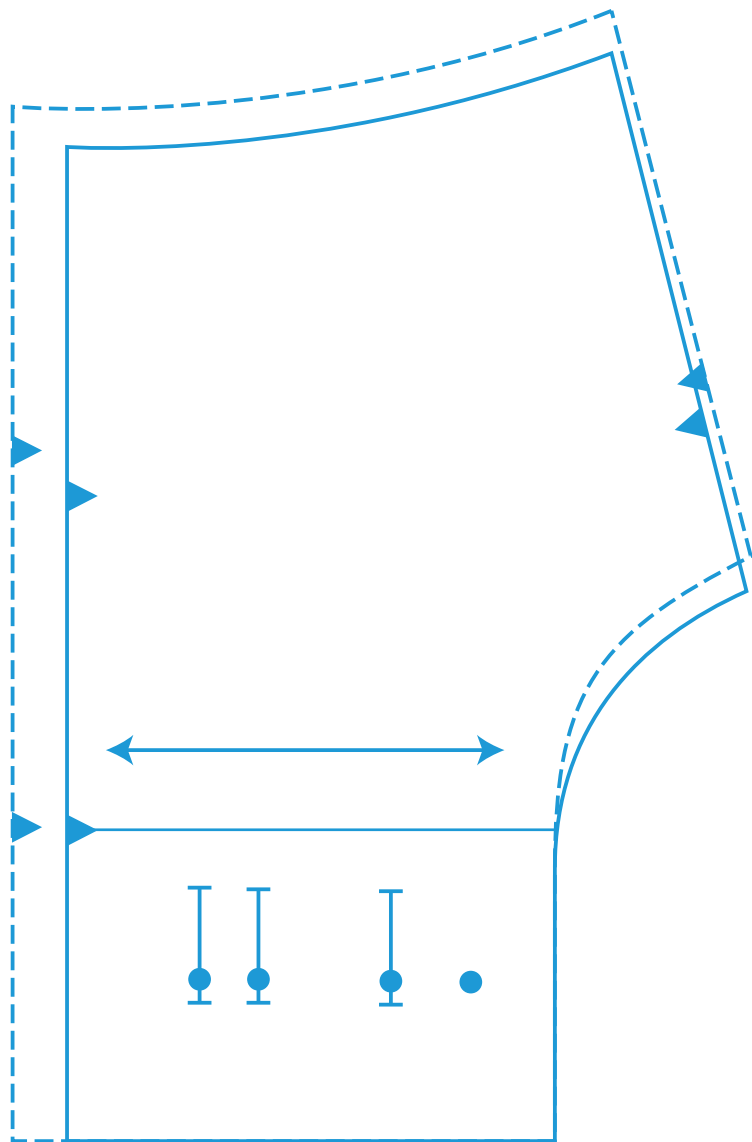
8



9



10



sew
ELEANOR DUO

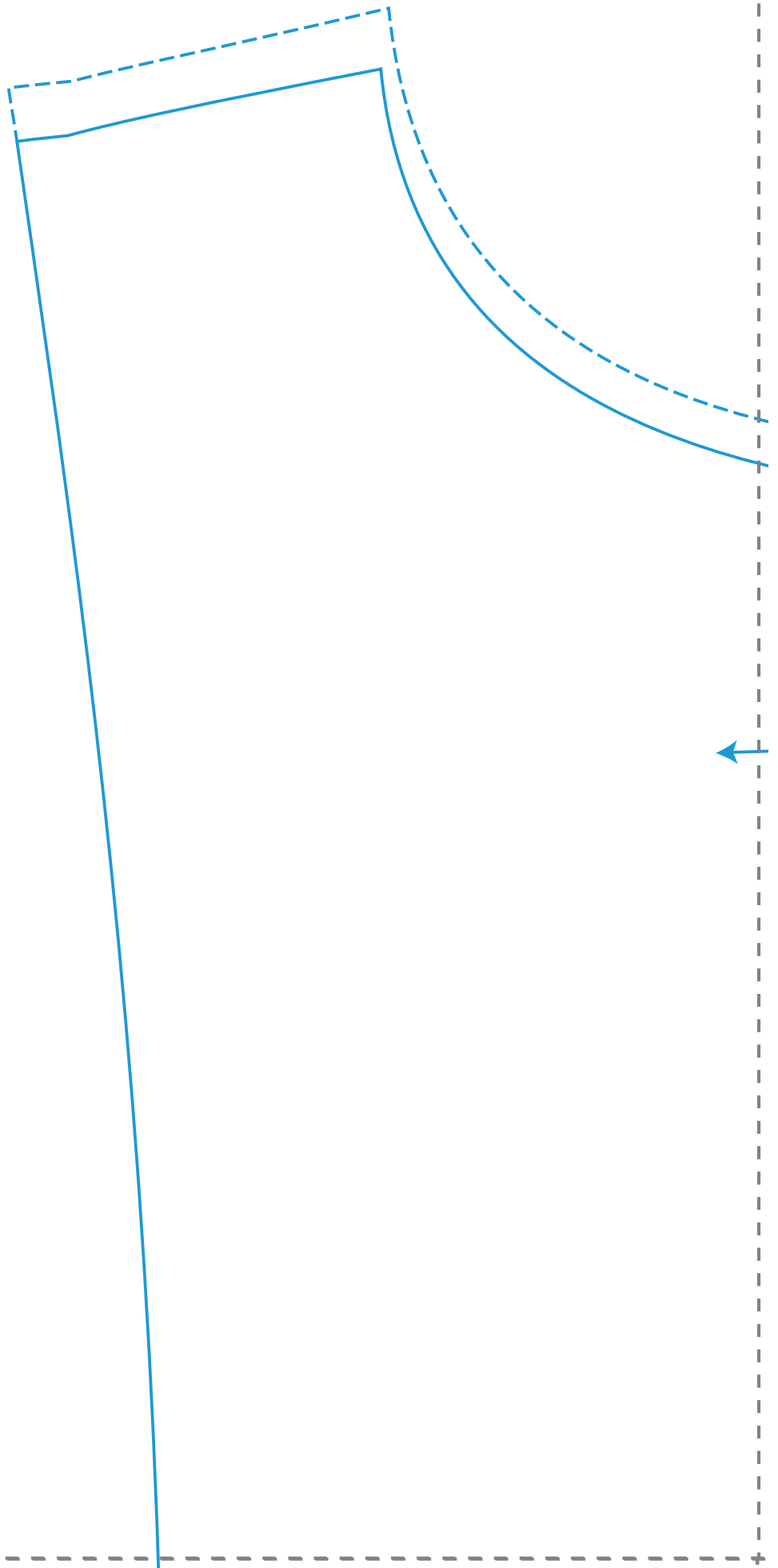
BACK YOKE

CUT FOUR IN MAIN FABRIC
CUT TWO (SHADED AREA ONLY)
IN INTERFACING

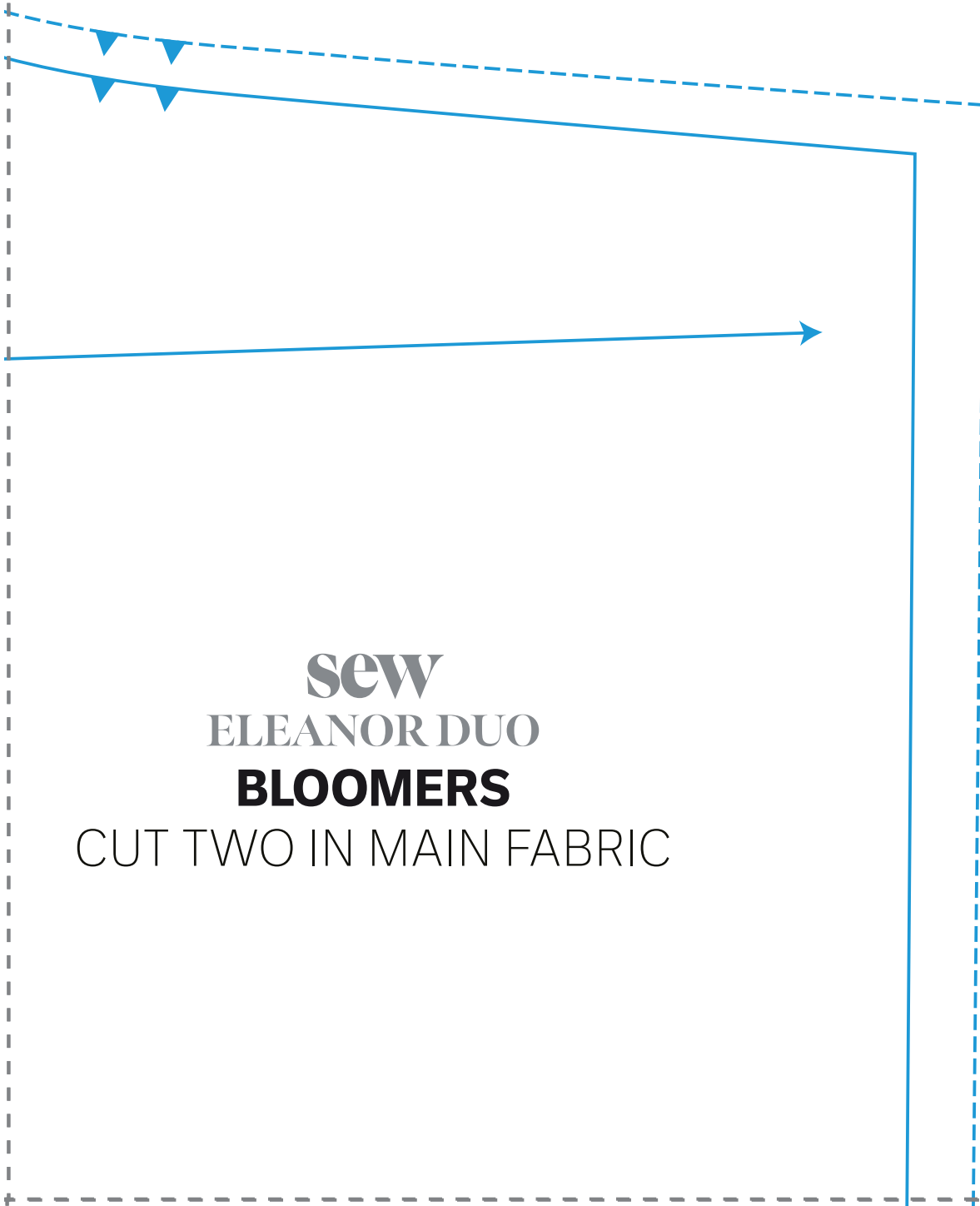
sew

sewmag.co.uk

11

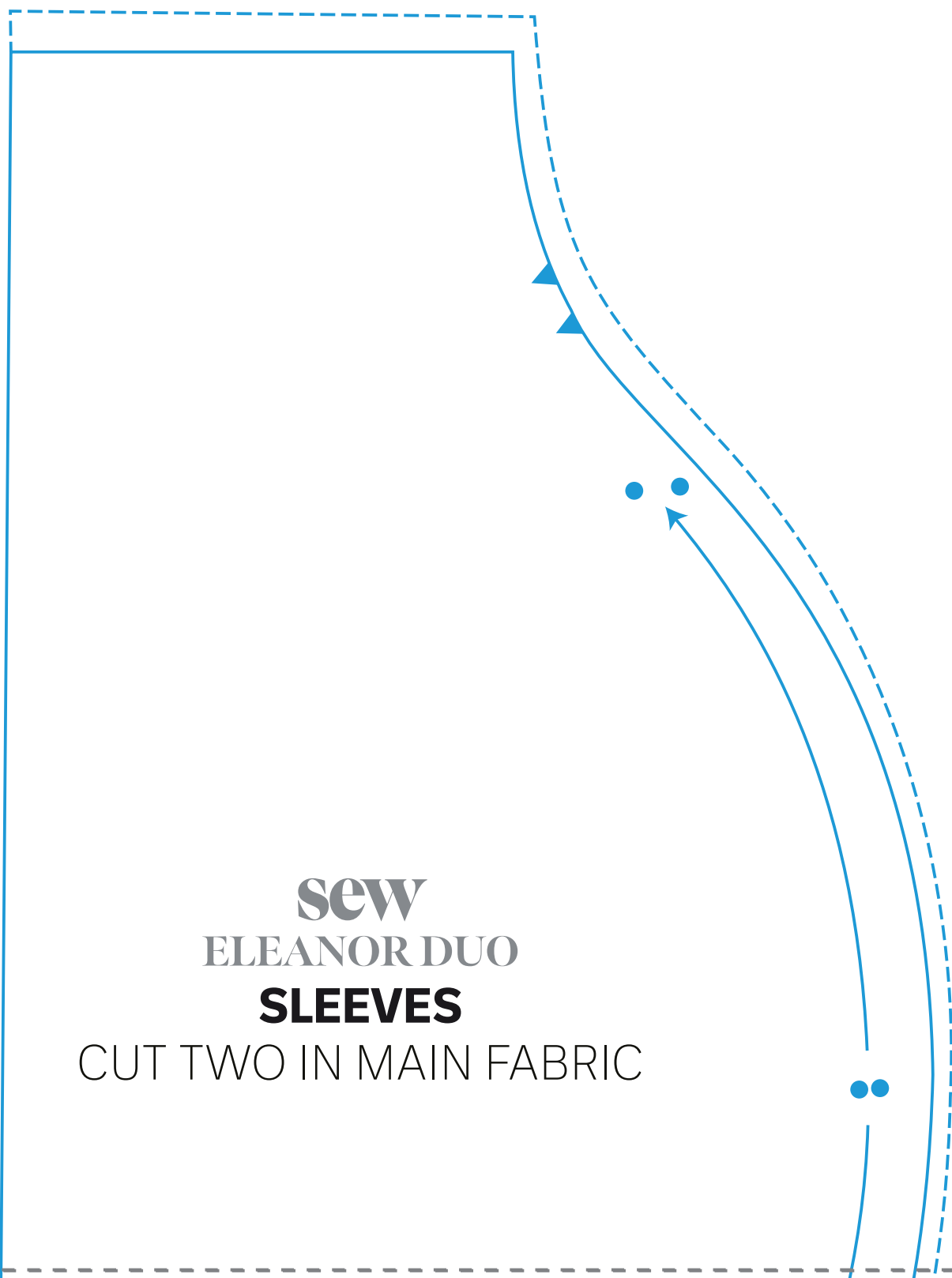


12



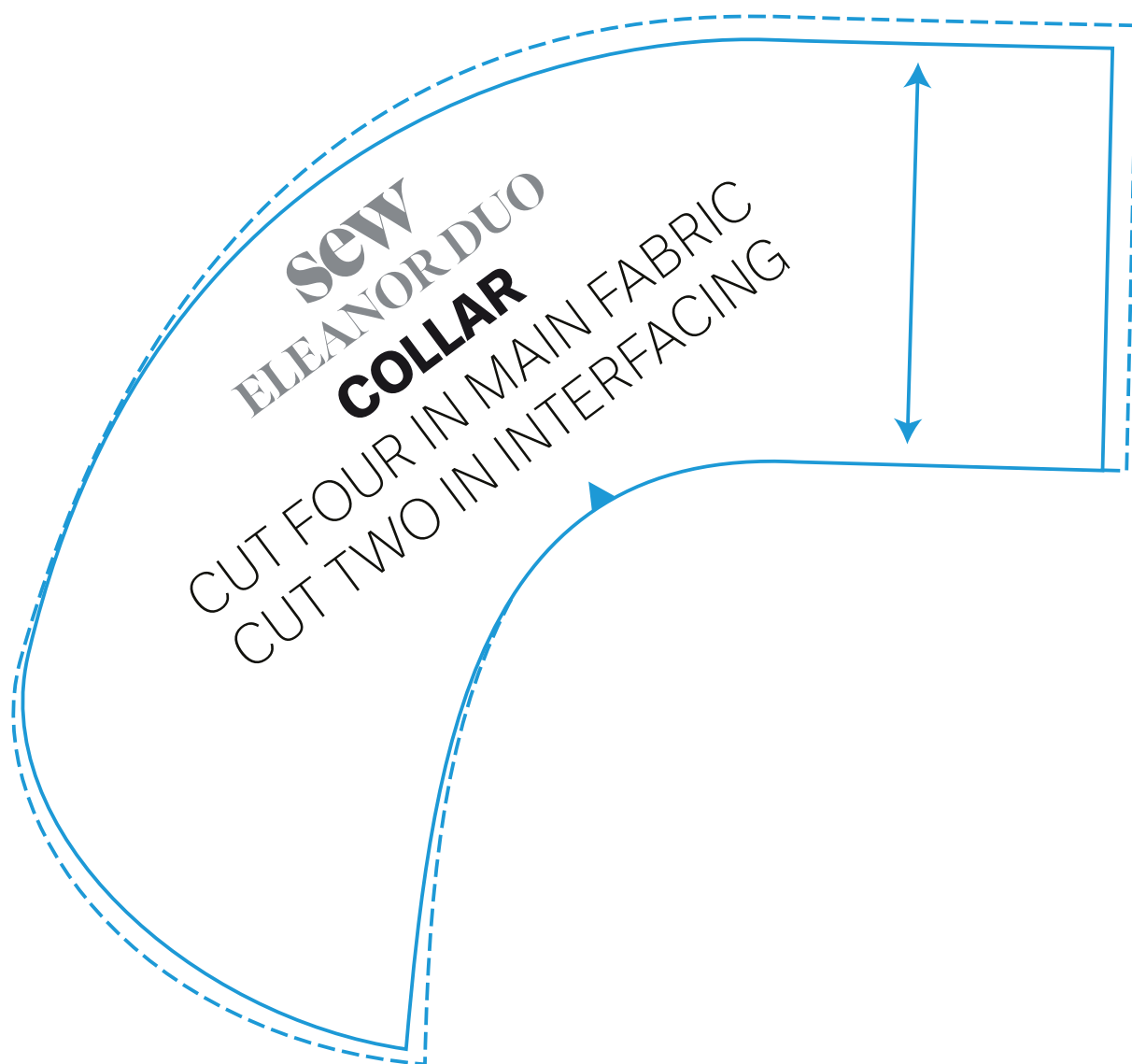
sew
ELEANOR DUO
BLOOMERS
CUT TWO IN MAIN FABRIC

13

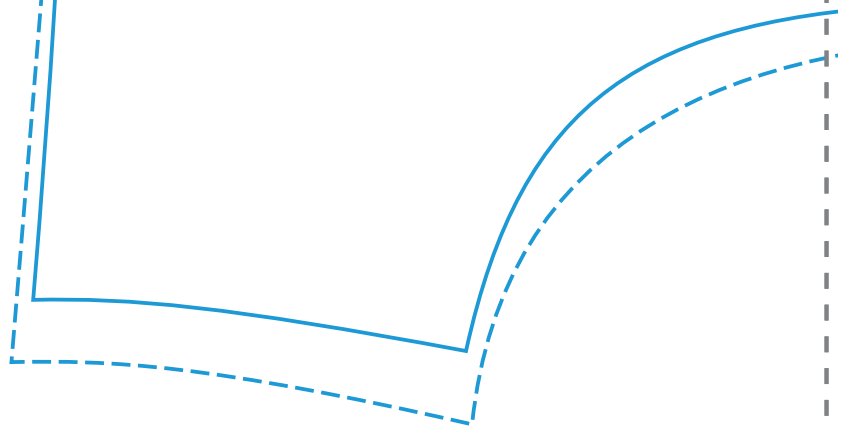


sew
ELEANOR DUO
SLEEVES
CUT TWO IN MAIN FABRIC

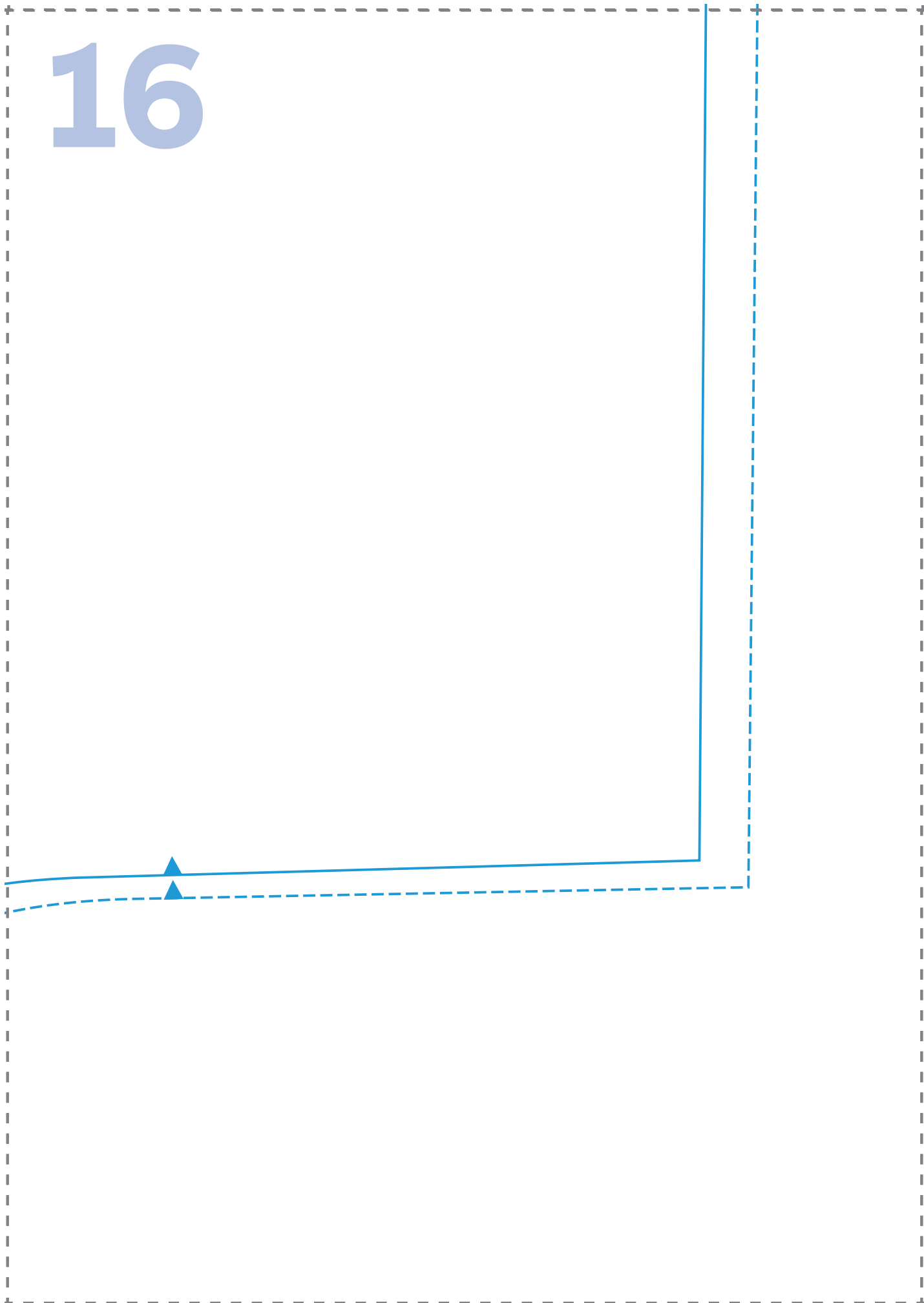
14



15



16



17

