

sew

ISSUE 161 APRIL 2022

PATTERN DOWNLOAD

CUT OUT & KEEP

CLARA BLOUSE
Designer: Amanda Walker
Magazine page: 15

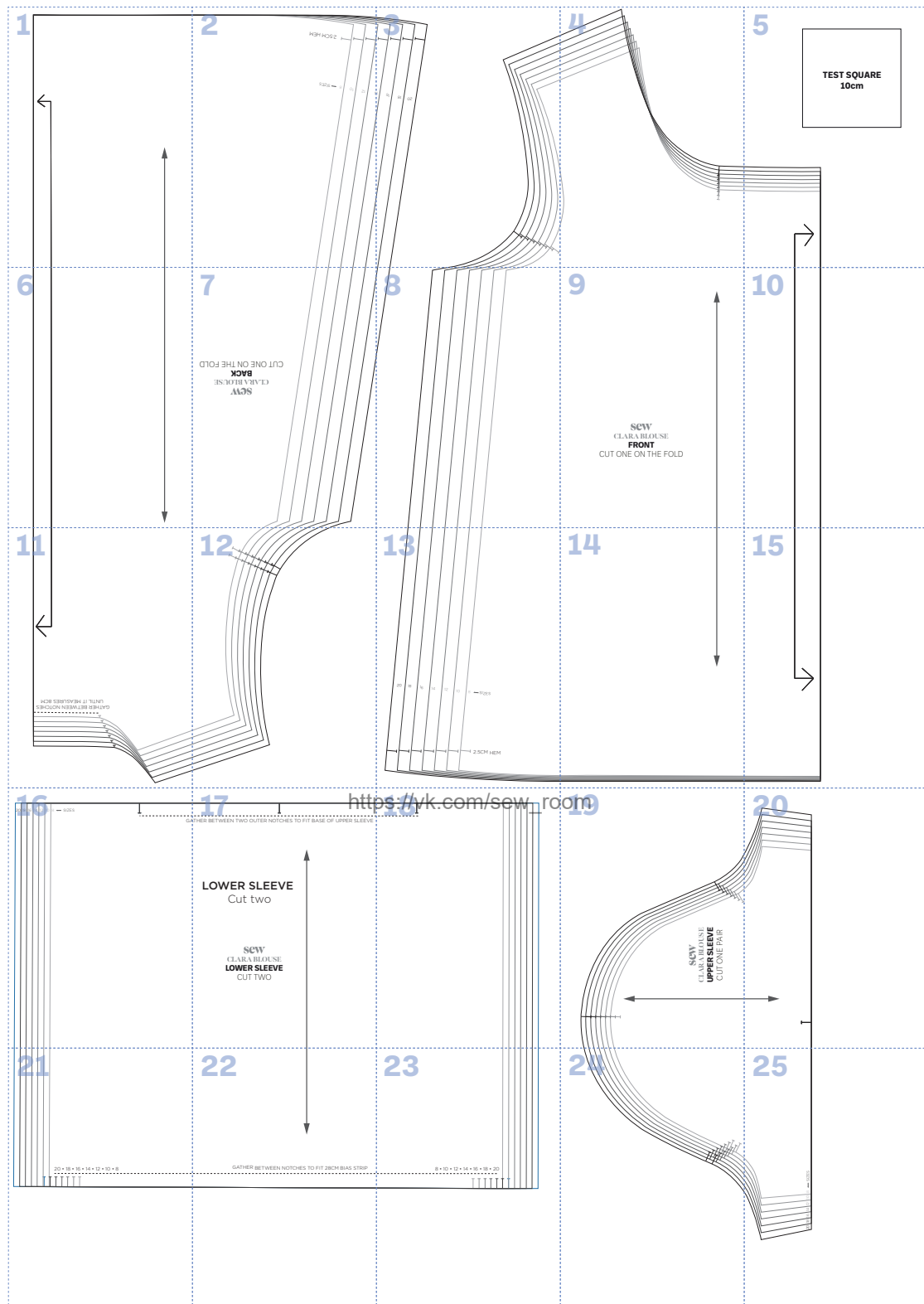


IN YOUR PRINT MENU, UNDER SIZE OPTIONS, BE SURE TO
SELECT '**ACTUAL SIZE/100%**', INSTEAD OF 'FIT TO PAGE'

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PATTERN LAYOUT



YOUR SIZING CHART

Once you have your body measurements, choose the closest size from the chart below. Remember, there will be variations depending on which fabric and pattern you choose, so always make a toile first.

	8	10	12	14	16	18	20
Bust cm	78	83	88	93	98	103	108
Waist cm	59	64	69	74	79	84	89
Hip cm	85	88	93	98	103	108	113
Back neck to waist	39	40	41	42	43	44	45

1



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2

2.5CM HEM

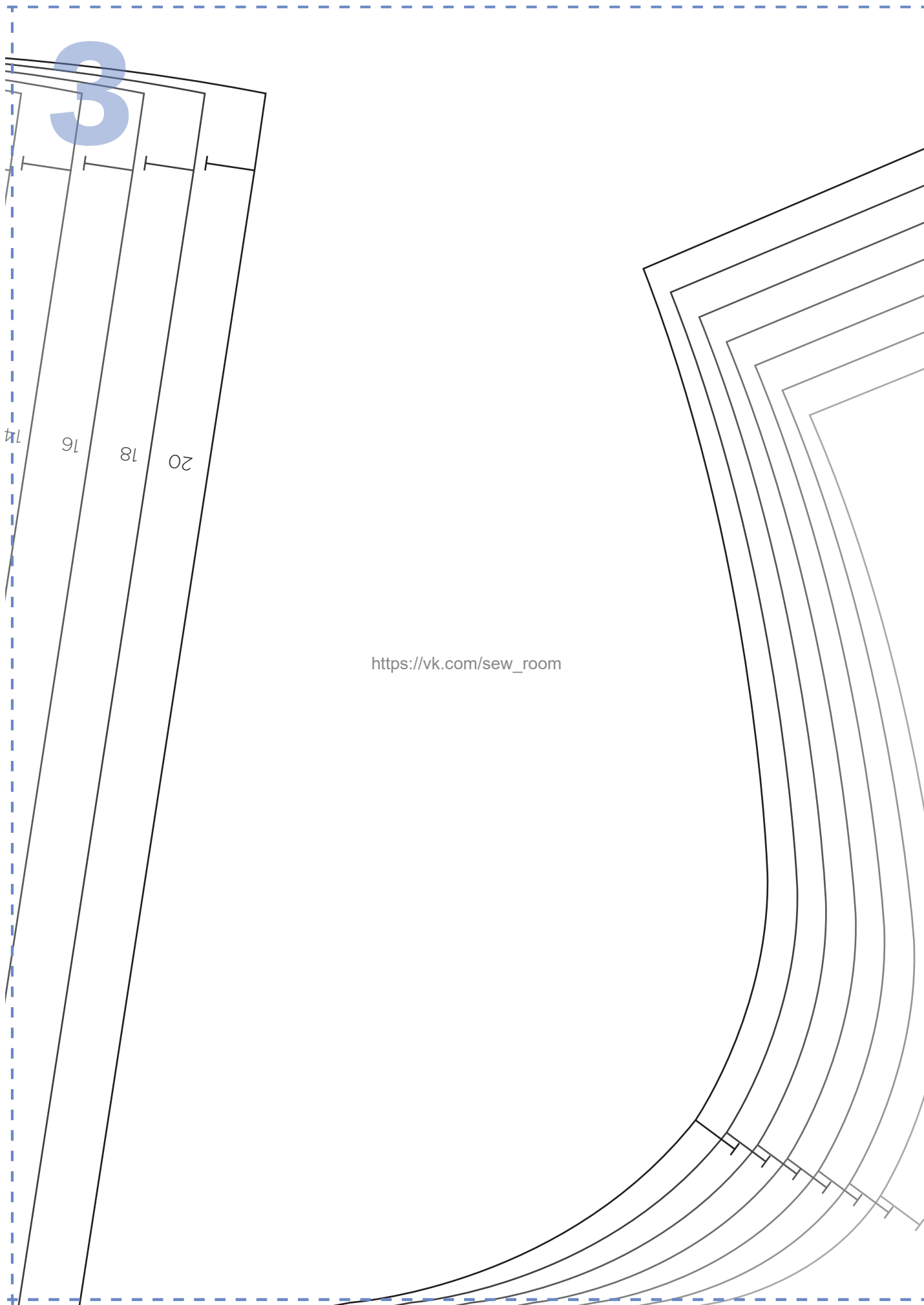
→ SIZES 8

10

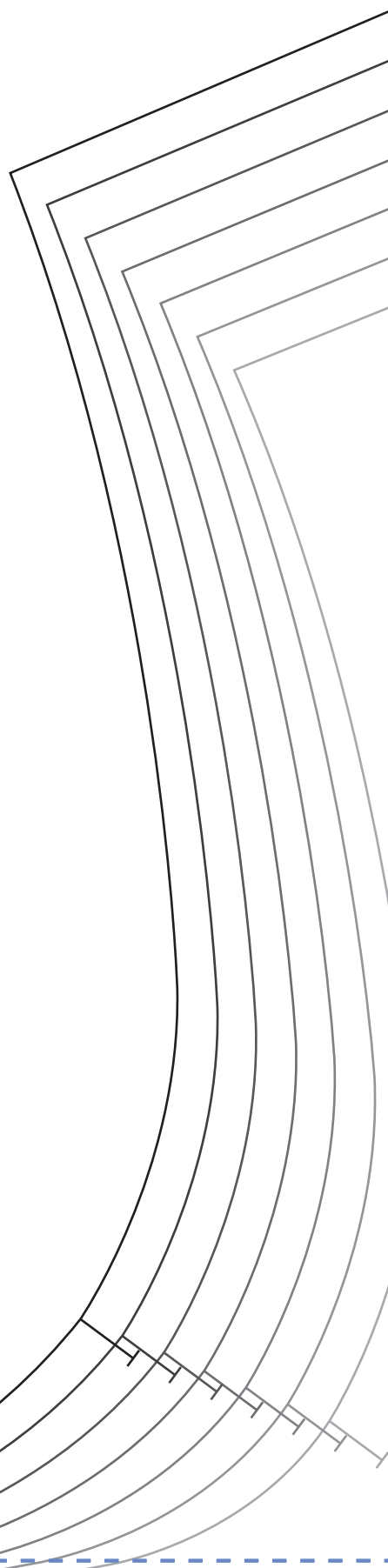
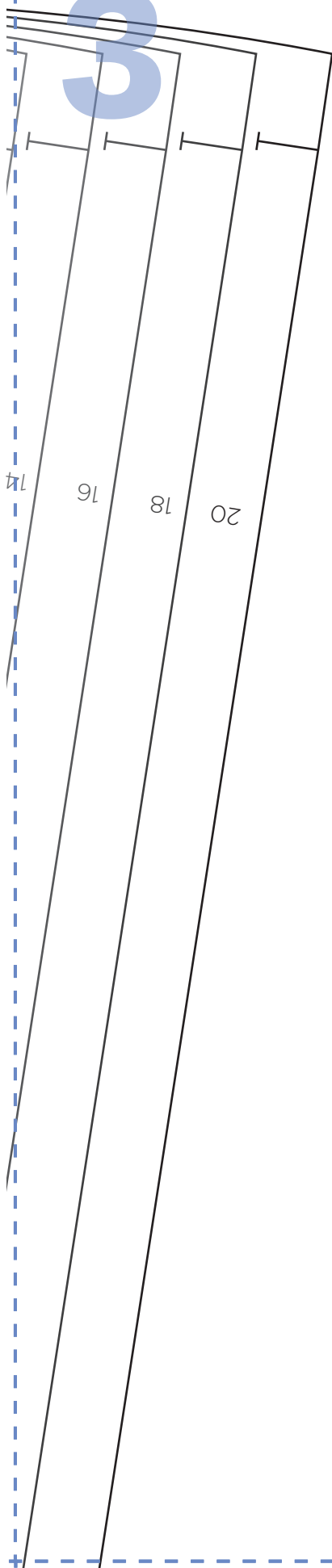
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14

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3



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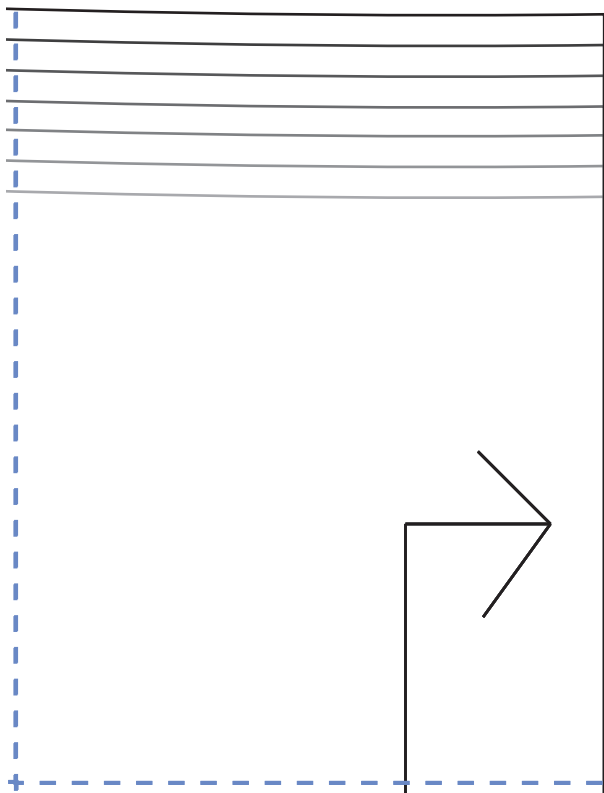
4

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5

TEST SQUARE
10cm

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6

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7

CUT ONE ON THE FOLD

sew
CLARA BLOUSE
BACK

https://vk.com/sew_room

8

https://vk.com/sew_room

9

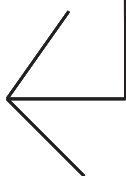
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CLARA BLOUSE
FRONT
CUT ONE ON THE FOLD

10

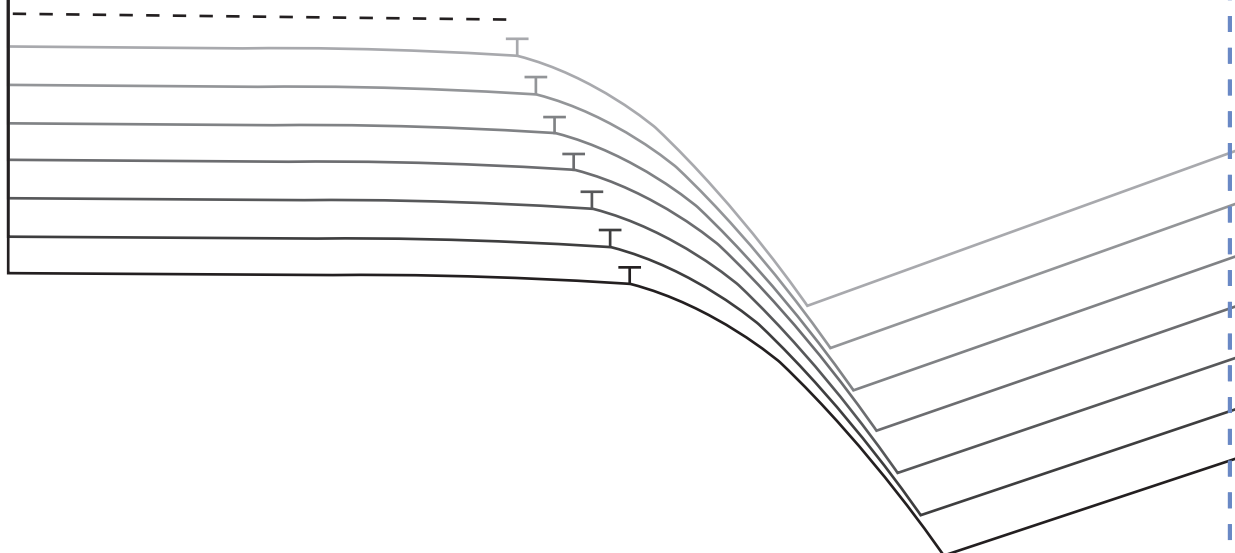
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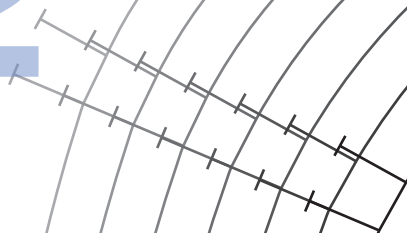


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GATHER BETWEEN NOTCHES
UNTIL IT MEASURES 8CM

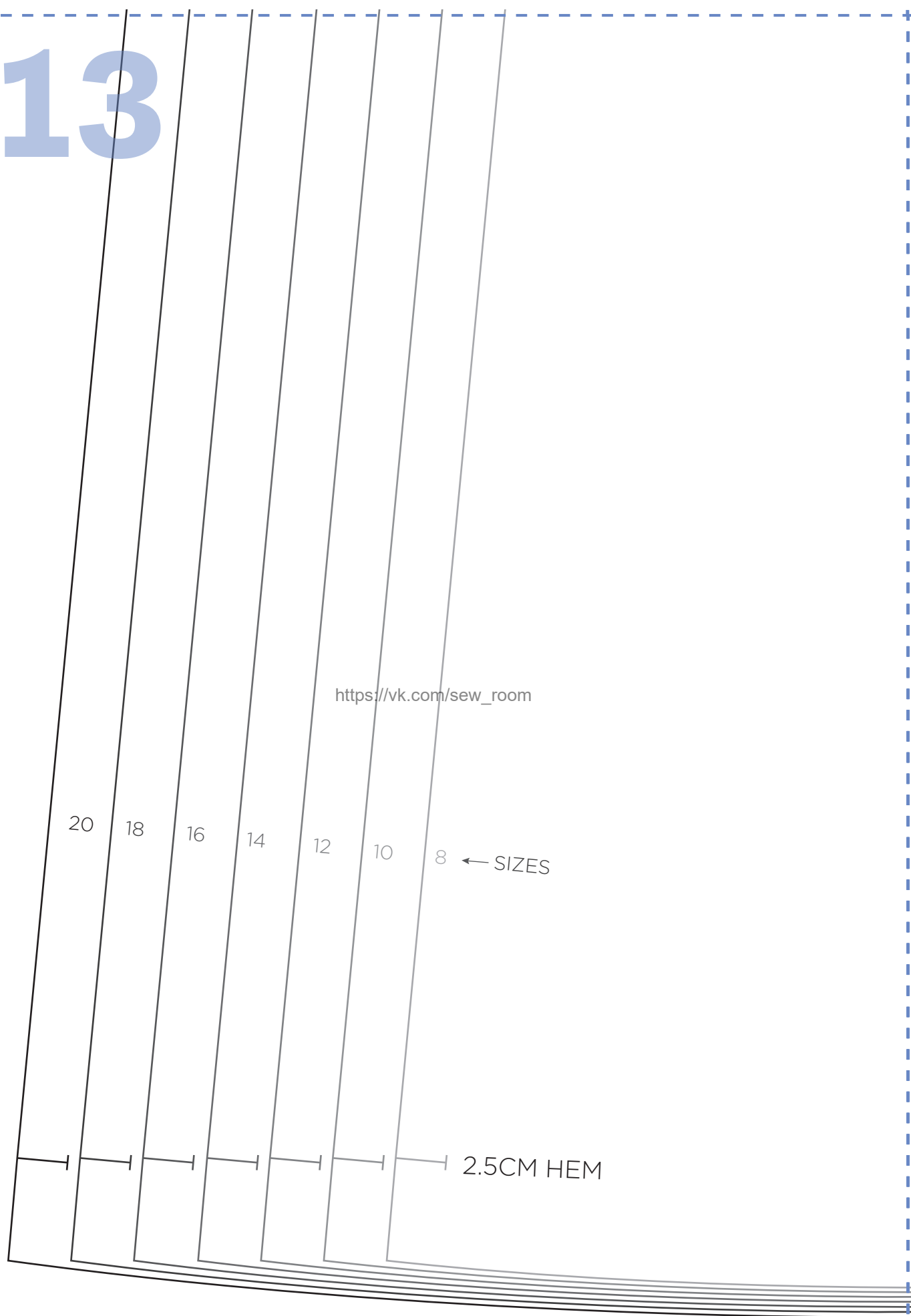


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13



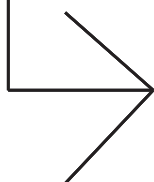
14

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15

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16

20 18 16 14 12 10 8 ← SIZES

GA

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17



ATHER BETWEEN TWO OUTER NOTCHES TO FIT BASE OF UPPER SLEEVE

LOWER SLEEVE

Cut two

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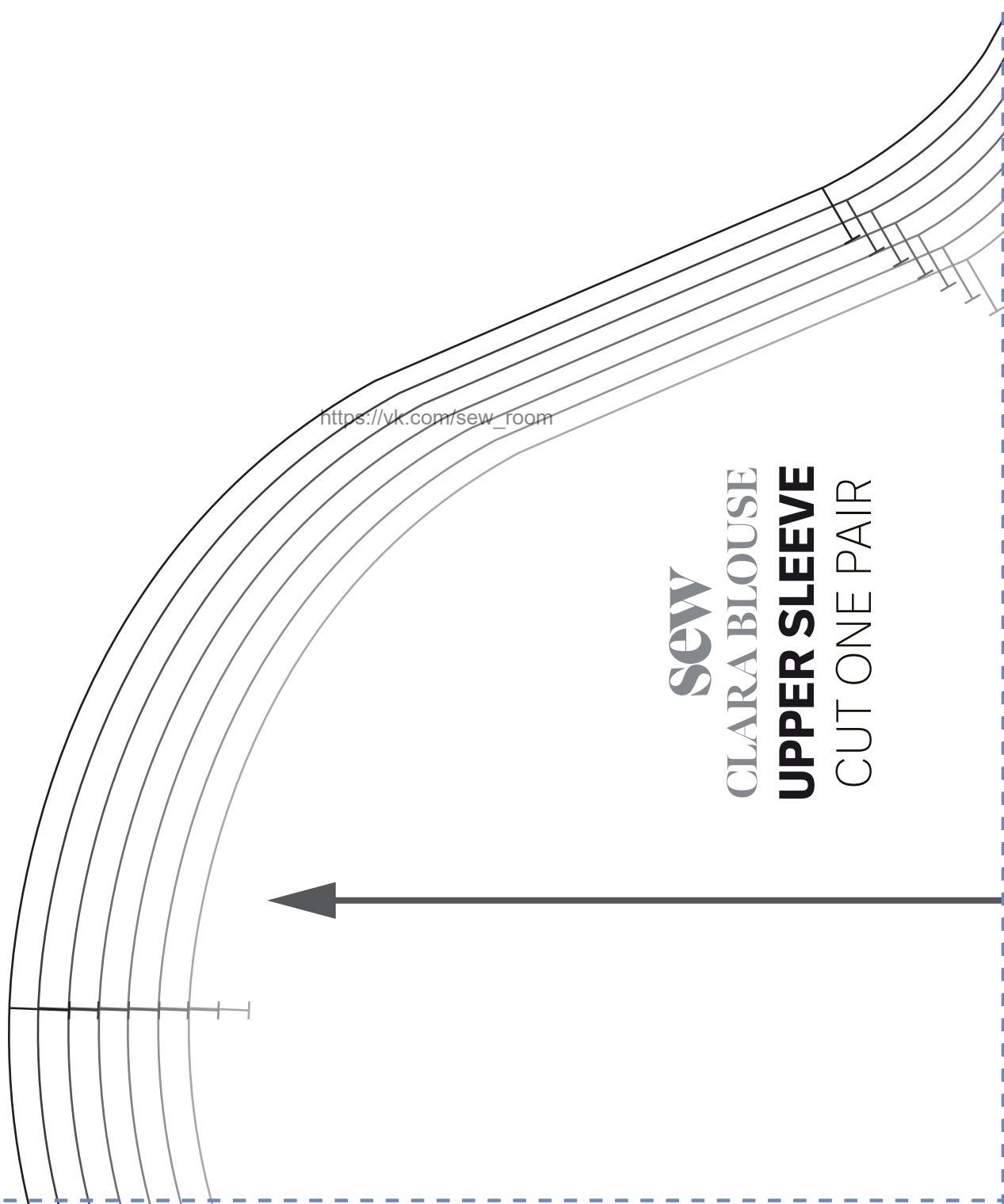
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CLARA BLOUSE
LOWER SLEEVE
CUT TWO



18

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19



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CLARA BLOUSE
UPPER SLEEVE
CUT ONE PAIR

20



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21

20 • 18 • 16 • 14 • 12 • 10 • 8

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22



GATHER BETWEEN NOTCHES TO FIT 28CM BIAS STRIP

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23

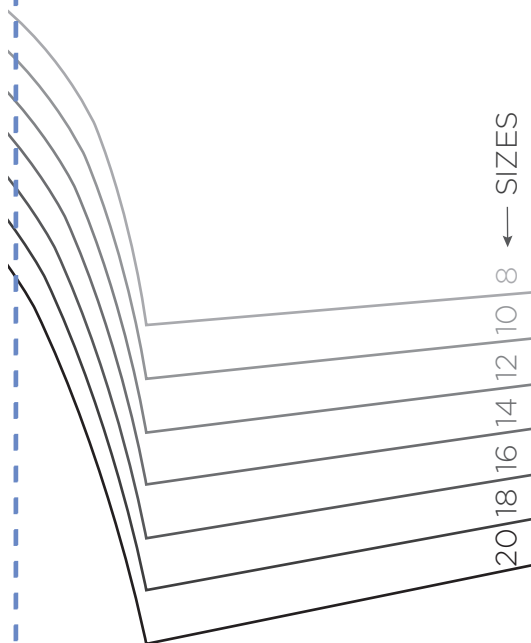
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Drift away with our bohemian Clara Blouse

A staple that will never go out of style, this floaty garment from **Amanda Walker** is the perfect addition to your spring wardrobe. It features a stunning watercolour fabric with a classic round neckline, three-quarter sleeves and delicate drape to flatter any figure. You can fashion it from a plain lawn material or statement print. Why not make a whole clothes rail full of them? It's a classic, after all!

Блузка Клара, размеры 8-20



sew EXCLUSIVE

ESSENTIALS

Fabric, 2.5m (150cm)

SUGGESTED FABRICS

Lightweight woven fabrics, such as cotton lawn, challis, voile or batiste

SIZES

8-20

CUTTING GUIDE:

Front: cut one on the fold

Back: cut one on the fold

Upper sleeve: cut one pair

Lower sleeve: cut two

Neck band: cut a bias strip, 4.5cm x 75cm

Cuff bands: cut two bias strips, 4.5cm x 28cm

1.5cm seam allowance used throughout, except for the neckline and cuffs where a 1cm seam allowance is used.

We made this floaty blouse with Aqua Watercolours Cotton Lawn fabric, £12.90 per metre, dragonflyfabrics.co.uk

Remember to use a water soluble marker to ensure that marks can be easily removed

1 Download and print the template from sewmag.co.uk and follow the cutting guide. Set your machine to the largest stitch and sew two parallel rows within the seam allowance between the two notches marked on the front neckline. Gather to measure 8cm and neaten the shoulder seam edges on the back and front. With right sides together, match both across the shoulder edges and pin, then stitch one of the shoulder seams and press open.

2 Press 1cm on either side of the strip or use a bias binding folder. Open one side and position it around the neckline from each end of the open shoulder. Pin, then sew along the line pressed into the strip. Fold onto the wrong side of the neckline and position the remaining folded edge over the stitching line. Pin and edgestitch in place, sandwiching the raw edge inside the bias binding. Trim away any excess.

3 Sew the remaining shoulder edges, then press the seam open. Fold the two ends of the binding under into an arrow head

shape and stitch in place. Match the side seams, right sides together. Pin and stitch, then neaten the seam allowances and press towards the back of the top.

4 Adjust the stitch length to number 5, then sew a line around the head of the upper sleeves, starting from the front notch and finishing at the back notches indicated. Make two parallel rows of stitching within the seam allowance between the two notches marked on the lower sleeves, at both the top and base.

5 Pull up the threads on the top edge of the lower sleeve to match the base of the upper one. Distribute the gathers evenly, then set the machine back to its normal stitch length. Sew the lower sleeve to the upper, then neaten and press the seam towards the top. Pull the threads at the base of the sleeves to fit the 28cm cuff bias strips.

6 Open one side of the strips and position along the gathered base edge. Pin in place, then stitch along the fold line pressed into the bias strip. Turn the

FREE
TEMPLATE
DOWNLOAD
sewmag.co.uk/templates

This exclusive pattern is available to download in sizes

8-20

strip onto the wrong side of the sleeves and position the remaining folded edge over the stitching line, then edgestitch in place. Neaten the edges, then pin and sew the two edges on both sleeves. Fold the ends of the cuff bindings under into an arrow head shape and stitch in place. Pull the threads up around the head of the sleeve and place into the armholes, matching the notches. Position the side and underarm seams of the sleeves, then sew in place. Neaten around the seam allowances of the armholes. Fold and press 1cm around the base, then another 1cm, before edgestitching the hem in place.



Core Skill

FINISHING OFF SEAMS

If you're new to using an overlocker, it can seem a little daunting at first as any excess seam allowance will be trimmed off. However, once you've mastered the machine it will provide you with a neat finish. You can use one with our Clara blouse, but we'd recommend testing it out on a double-layered scrap piece of fabric first. Alternatively, if you don't own an overlocker, you can finish off the seams using a zig zag stitch.

AMANDA SAYS...



“As the side seams are cut across the grain of the fabric they will have a tendency to stretch, use plenty of pins and don’t put any tension on the seams as you stitch”



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EXCLUSIVE

ESSENTIALS

Fabric, 1.2m (150cm)
Elastic, 2.5cm wide
Hemming web

SUGGESTED FABRICS

Double knit fabrics, such as Ponte Roma or scuba jersey

SIZES

Custom sized

CUTTING GUIDE

Main skirt: Measure your waist and hips. Cut out rectangles, the width being a quarter of your hip measurement, and the length to your personal preference, plus 3cm for the hem and 3cm for the elastic at the top. Repeat for the back.

A beginner number that anyone can create, it's the Natalie Skirt

Isn't it fantastic to have that one garment in your wardrobe which you can rely on for any occasion? That's exactly what designer **Amanda Walker** has created with this comfortable and sophisticated jersey number. Smarten it up with a polished blazer or pair with a little vest for warmer days – you can just slip it on and go! If you've never stitched a skirt before, this is a great starter project as it requires just two rectangles of fabric.

1 Download and cut out the guide from sewmag.co.uk. Follow the guide for your fabric width and garment size. Open out the two pieces of fabric and lay them on top of each other, right sides together.

Pin and sew down each side by either overlocking or setting your machine to a stretch stitch.

2 Cut elastic to your waist measurement, plus 2cm. Lap the two ends over each other

and stitch, making a circle. Position the elastic inside the top of the skirt, 5mm away from the edge and pin.

3 Overlock the elastic to the skirt. The machine needs to pierce the 5mm of the skirt but not the elastic, but will stitch through the elastic. Fold the top of the skirt inside, on the edge of the elastic, and make a few over-stitches on the side seams to hold in place.

4 Neaten around the base of the skirt, then fold and press a 3cm hem and stick in place with hemming web. Attach a twin needle to your machine and stitch, working from the right side of the skirt, on top of the overlocked neaten edge of the hem.



Use hemming web to stabilise the stretch fabrics



KNIT KNOW-HOW

Ponte Roma is a double knit fabric which looks the same on both sides and comes in a variety of weights and fibre contents. The fabric used for this skirt has a two-way stretch, but still retains a fairly structured feel, which is why it's brilliant for A-line shapes. A woven fabric would not be suitable for this kind of garment.