

We love
STYLE

Sweetheart **DRESS**

Make this comfy and easy-to-fit sundress now and you'll thank yourself later when the temperatures soar!

Project **FREYA GILBERT & SARAH WADEY**
from **Crafty Sew & So** (www.craftysewandso.com)

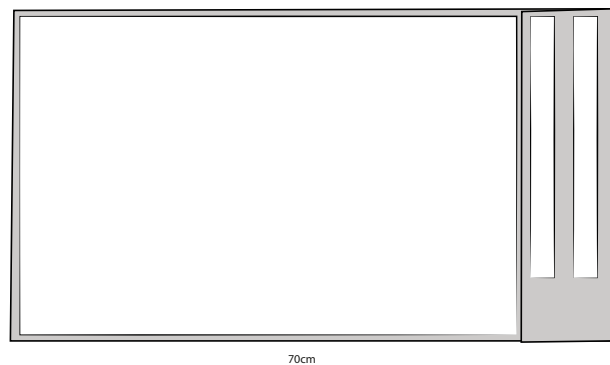
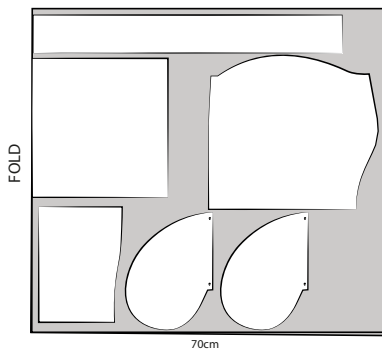


Freya and Sarah co-own Crafty Sew & So, a Leicester-based fabric shop and sewing studio. They launched their pattern range, My Handmade Wardrobe Patterns, in January 2018 and design modern sewing patterns that everyone can sew. Visit www.craftysewandso.com for more!





LAYPLAN:



SIZE CHART:

Size	1	2	3	4	5	6	7	8
Bust	82	87	92	97	102	107	114	126
Waist	66	71	76	81	87	93	99	109
Hip	90	95	100	105	110	115	120	130

MATERIALS & TOOLS:

- 140cm of 150cm/60"-wide fabric
- 1 reel of sheering elastic
- 1m of 6mm-wide elastic
- templates downloaded from www.craftworld.com/cms/love-sewing

NOTES:

All seam allowances are 1.5cm unless otherwise stated
We recommend using an overlocker or zigzag stitch on a sewing machine to finish the edges before constructing and then using a straight stitch on the sewing machine to join the seams. All fabrics are placed RST before sewing, unless stated otherwise

HOW TO MAKE:

- 1 Make the four straps. Sew along the edge and one of the open short ends, leaving one end open. Trim the SA to 5mm and use a loop turner to turn the right way out. Press.
- 2 Sew darts in front bodice outer and lining panels. (See Pic A.)
- 3 Join fronts at CF for outer and lining. (See Pic B.)
- 4 Join side backs to fronts at the side seams for outer and lining. (See Pic C.)
- 5 Fold the neckline frill in half with WST and press.
- 6 Sew two rows of gathering stitches along the bottom edge of the frill within the

seam allowance and, aligning the raw edges, gather to fit the neckline. Pin and baste stitch in place with a 1.2cm seam allowance. (See pics D and E.)

- 7 Position the straps where marked, aligning the raw edges. Stitch to secure. (See Pics F.)
- 8 With RST sandwiching the frill between the outer and lining, join the outer bodice to the lining at the neckline edge only.
- 9 Turn the right way out and top-stitch close to the neckline edge. (See Pic G.)
- 10 Finish the raw edge of the top of the back panel which will be Shirred.
- 11 Shir the back panel. (See pics H and I.) Hand-wind shirring elastic onto the bobbin only, extend your stitch length to 4mm and practice on scrap fabric to perfect the shirring. The

panel should gather to approximately 60% of its original size.

- Start stitching 7cm down from the top edge. Stitch rows of shirring spaced 1cm apart.
- Your final row of stitching should be no less than 2cm from the bottom edge.

- 12 Fold the top edge of the Shirred panel into the inside to create a 3cm hem. Baste to hold in place.

Size	Elastic length (cm)
1	17
2	18
3	19
4	20
5	21
6	22
7	24
8	27

- 13 Cut back neck elastic as follows:

Mark 2cm in at each end. Use these markings to align with the edges of the panel and pin elastic 2.5cm down from the now folded top edge of the Shirred panel and stitch in place with a long zigzag stitch, stretching to fit and gather the fabric.

- 14 Aligning the raw edges of the bodice side back panel outer and lining and the Shirred panel, stitch from top



SHIRRING GUIDE (CM):

Size	Total elastic length	1st mark	2nd mark Centre back	3rd mark
1	37	10	18.5	27
2	38	10.5	19	27.5
3	39	11	19.5	28
4	40	11.5	20	28.5
5	41	12	20.5	29
6	43	13	21.5	30
7	45	14	22.5	31
8	48	15.5	24	32.5



Shopping list

Aqua Joanne Floral Wide Craft
Cotton, £8 per metre
www.craftysewandso.com

to bottom to join all the layers. (See Pic J.)

15 Finish the raw edges of all the layers together. If overlocking, thread in your overlocked ends for a neat finish. (See Pic K.)

16 Press towards the side seams and top-stitch close to the joining seam to hold the seam allowances on the side back panel.

17 With WST, baste the lining and outer bodice together at the waist. (See Pic L.)

18 Apply the pockets to the skirt – lay one pocket bag RS down on the side seam of the skirt, matching the notches and aligning the raw edges. Stitch with a 1.2cm SA from edge to edge of the pocket bag. (See Pic M.) Repeat to attach all four pocket bags to the skirt.

19 Press the pocket bags away from the skirt.

20 Place the front and back skirts together, aligning the pocket bags, and stitch the side seams, pivoting at the dot at the pocket opening and sewing around the pocket bag edge to join. Pivot at the second dot to continue sewing the skirt side seams. (See Pic N.)

21 Finish the edge of the pocket bags.

22 Sew two rows of gathering

stitches at the top (waist) edge of the front skirt only. (See Pic O.)

23 Mark the waist elastic at 2cm then as follows for each size as below:

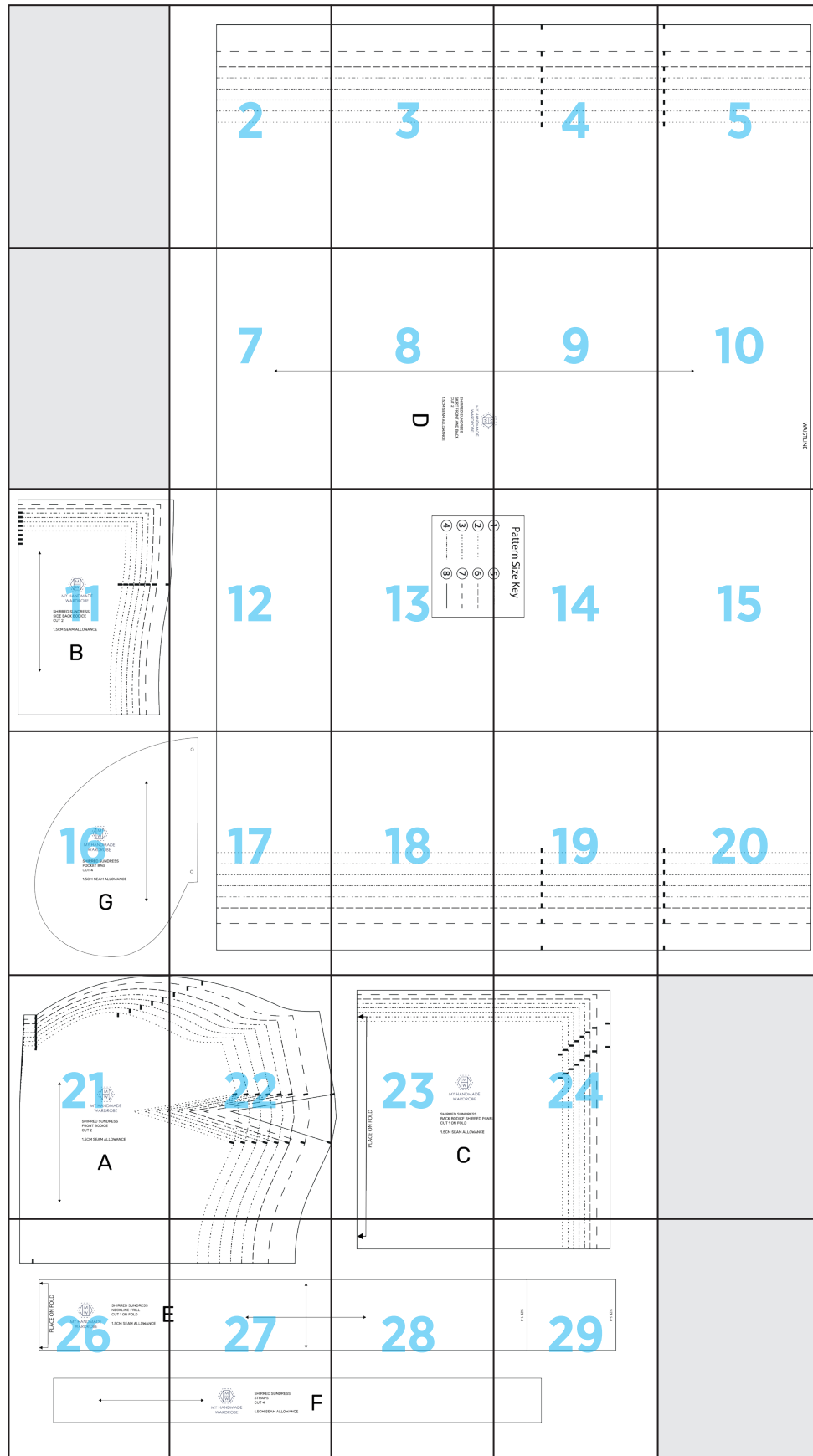
24 Also mark 2cm in at each end. Use these markings to align with the edges of the panel and align the other markings with the three notches at the waistline edge of the back skirt panel. Pin elastic 1.2cm down from the edge on the WS of the fabric – you might wish to mark a line to follow on the fabric. (See Pic P.)

25 Stitch in place with a very long zigzag stitch, stretching to fit and gather the fabric. (See Pic Q.)

26 Join the skirt to the bodice. Match the side seams, match the notches at front and back. Stitch making sure you keep all gathering stitching and elastic attachment stitching inside the seam allowances. When stitching the back shirred panel to the skirt make sure to pull the fabrics out flat keeping the edges aligned. This will maintain the stretch in the back waist to enable the dress to be taken off and put on. (See Pic R.)

27 Finish the waist edges together with an overlocker or zigzag stitch.

Sweetheart Sundress



1



A large rectangular area containing a series of horizontal lines for tracing. The lines are arranged in a stack, starting with a solid line at the top, followed by a dashed line, and then several more dashed lines. The lines are evenly spaced and extend across the width of the rectangle.

2



3



4



5





MY HANDMADE
WARDROBE

SHIRRED SUNDRESS
SKIRT FRONT AND BACK
CUT 2

1.5CM SEAM ALLOWANCE

D



8



WAISTLINE



9



MY HANDMADE
WARDROBE

SHIRRED SUNDRESS
SIDE BACK BODICE
CUT 2

1.5CM SEAM ALLOWANCE

B





1		5	
2		6	-----
3		7	- - - -
4		8	————







MY HANDMADE
WARDROBE

SHIRRED SUNDRESS
POCKET BAG
CUT 4

1.5CM SEAM ALLOWANCE

G



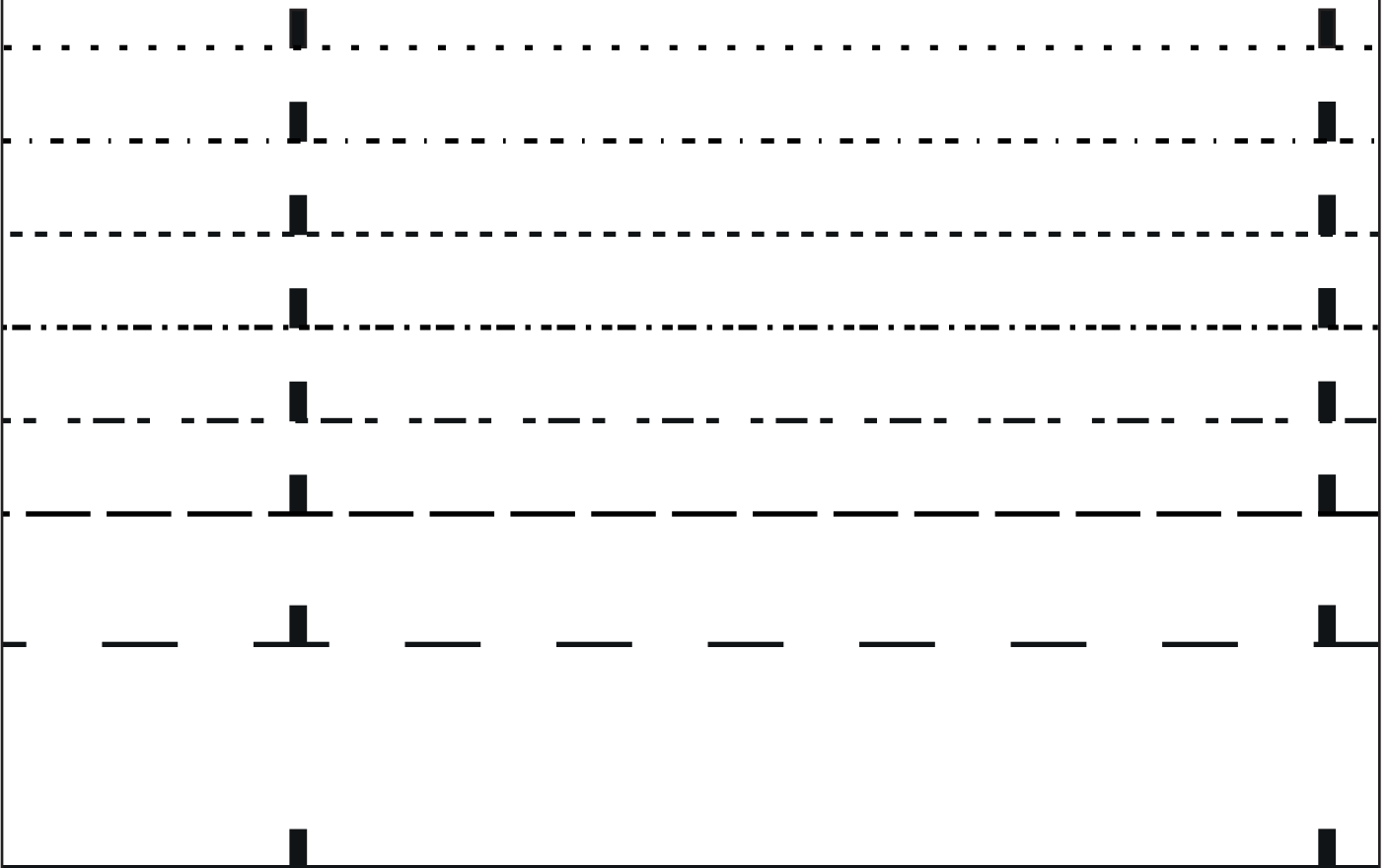
15



Handwriting practice lines consisting of six sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line. The first set is positioned higher than the others, while the remaining five sets are aligned at the bottom of the page.

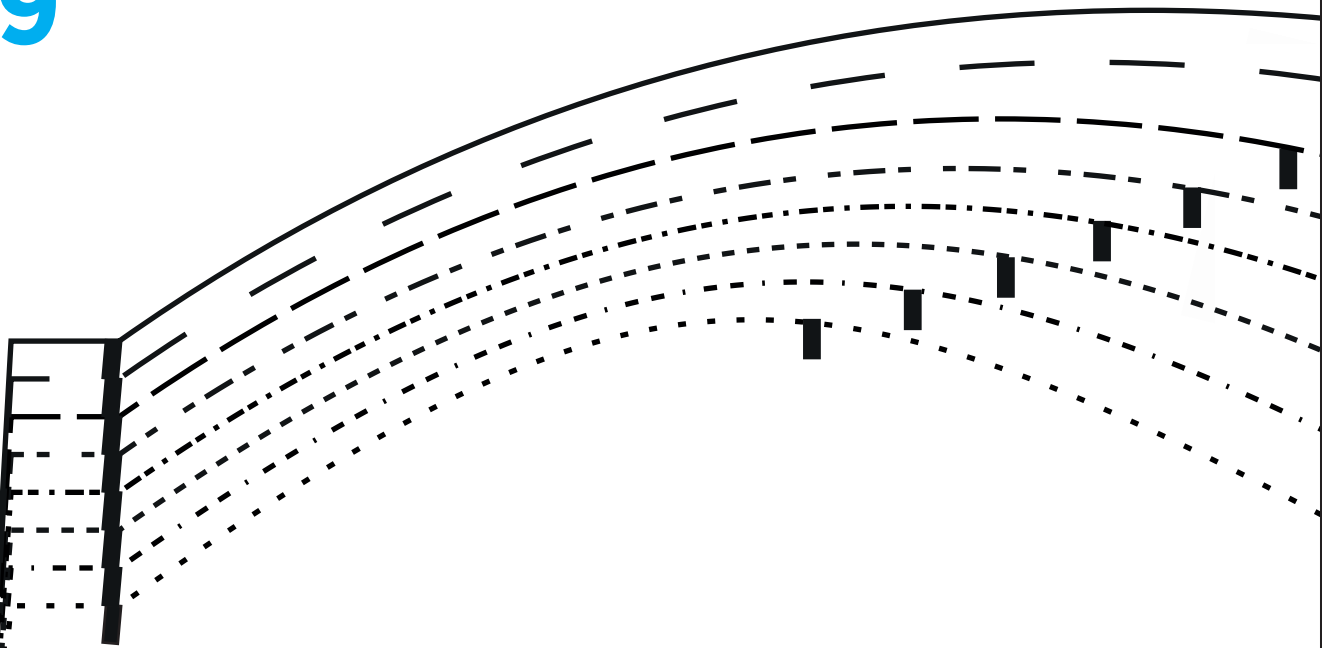


Handwriting practice lines consisting of multiple rows of dashed lines for tracing and solid lines for writing.





A series of seven horizontal dashed lines spanning the width of the page, intended for handwriting practice. The lines are evenly spaced and extend from the left margin to the right margin.

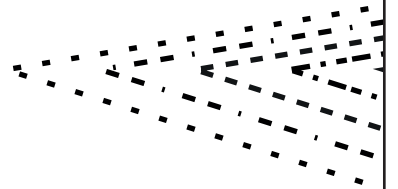


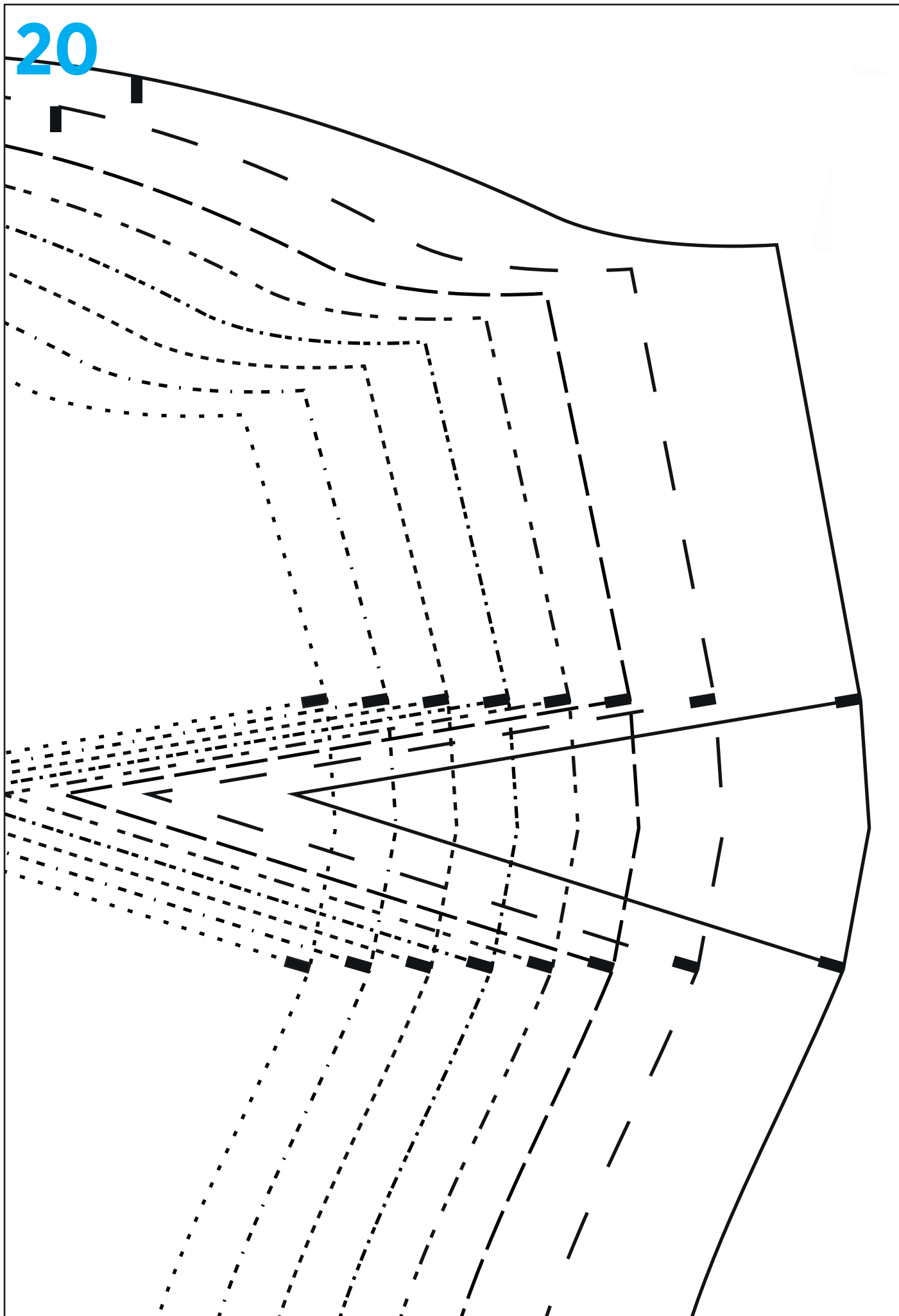
MY HANDMADE
WARDROBE

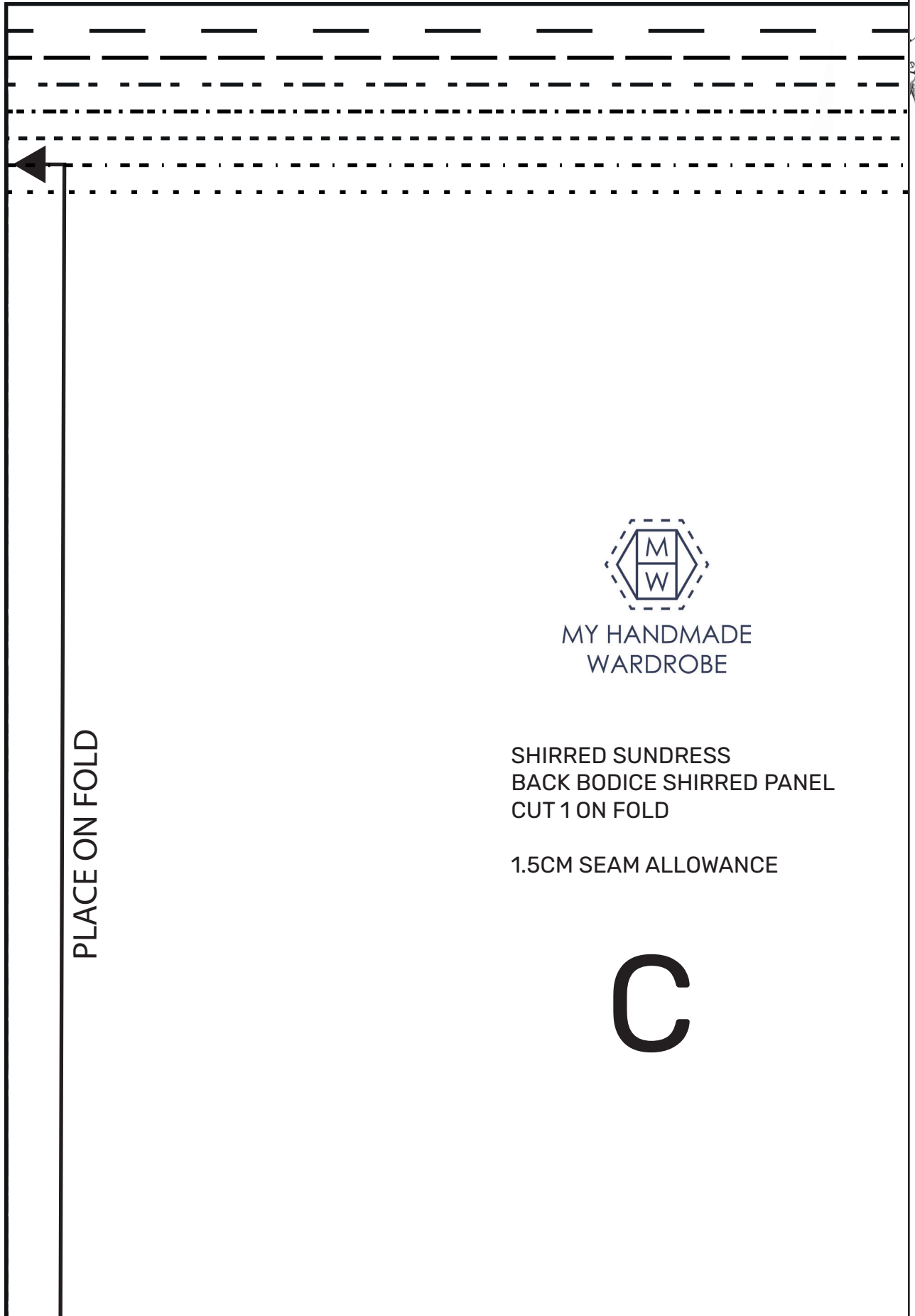
SHIRRED SUNDRESS
FRONT BODICE
CUT 2

1.5CM SEAM ALLOWANCE

A







PLACE ON FOLD

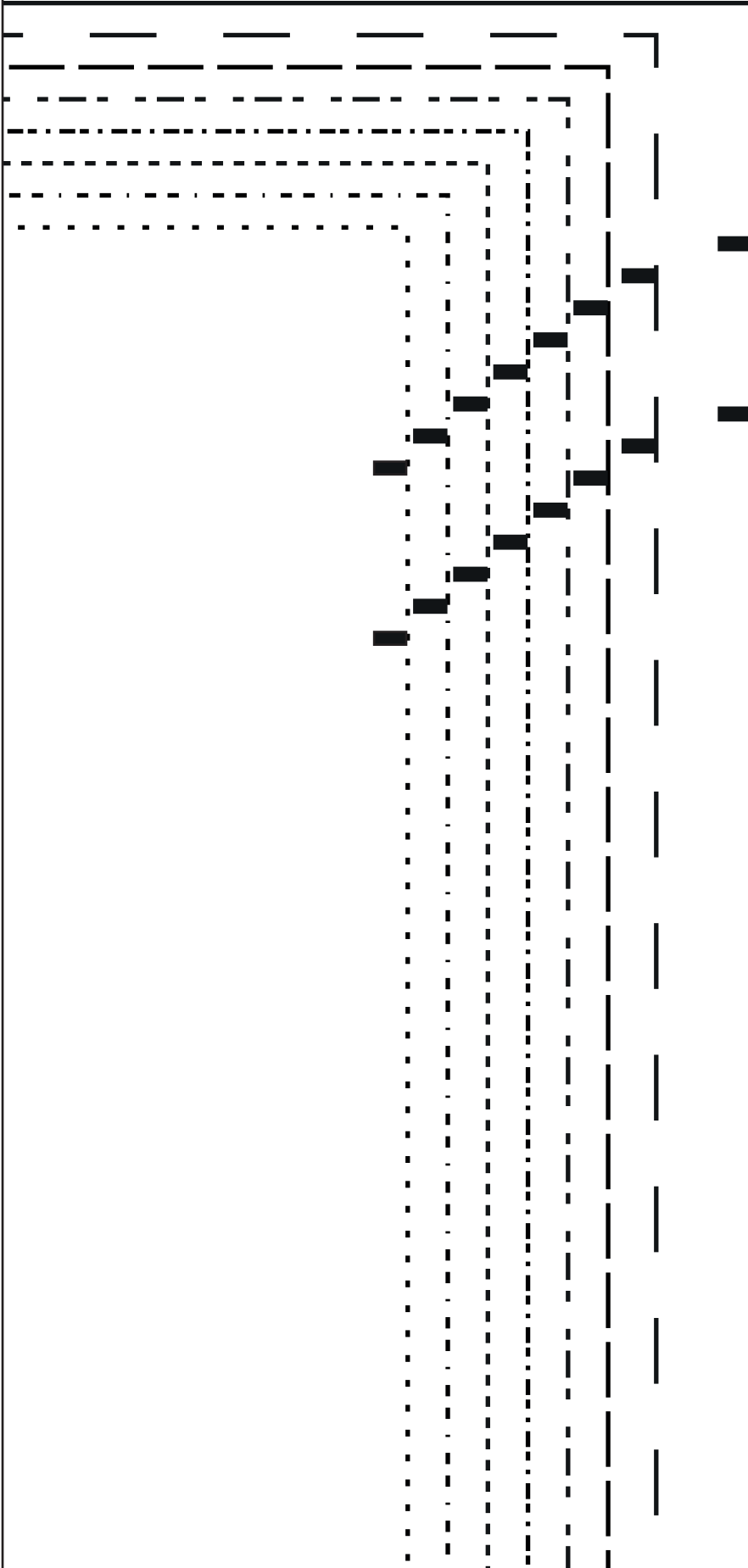


MY HANDMADE
WARDROBE

SHIRRED SUNDRESS
BACK BODICE SHIRRED PANEL
CUT 1 ON FOLD

1.5CM SEAM ALLOWANCE

C







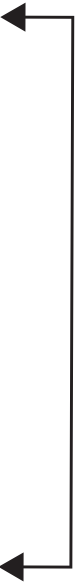
MY HANDMADE
WARDROBE

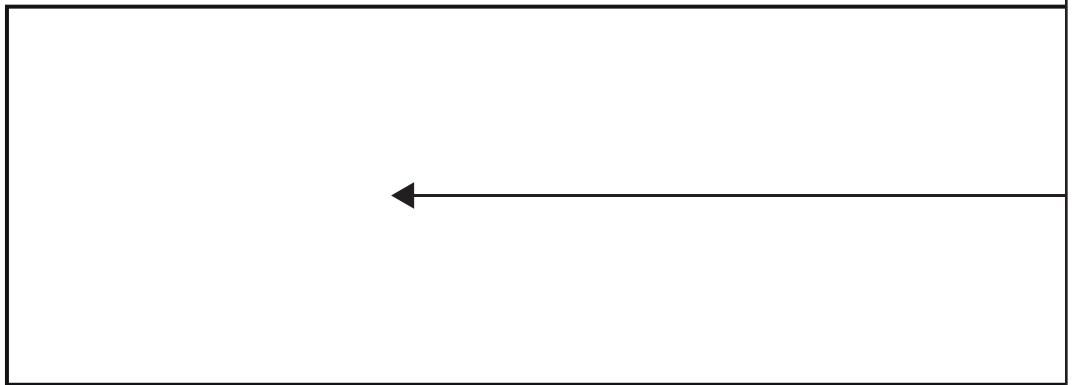
SHIRRED SUNDRESS
NECKLINE FRILL
CUT 1 ON FOLD

1.5CM SEAM ALLOWANCE

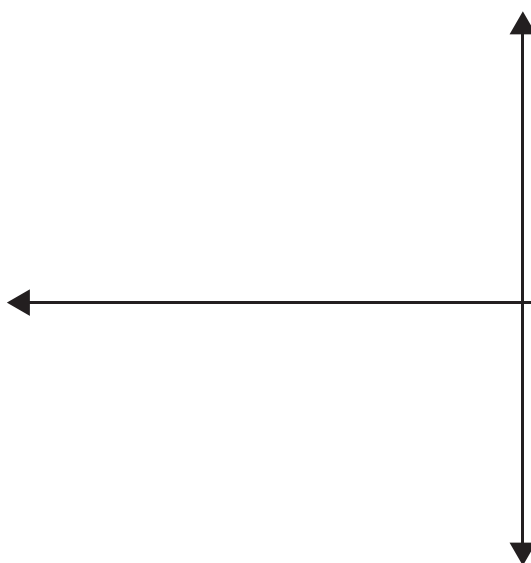
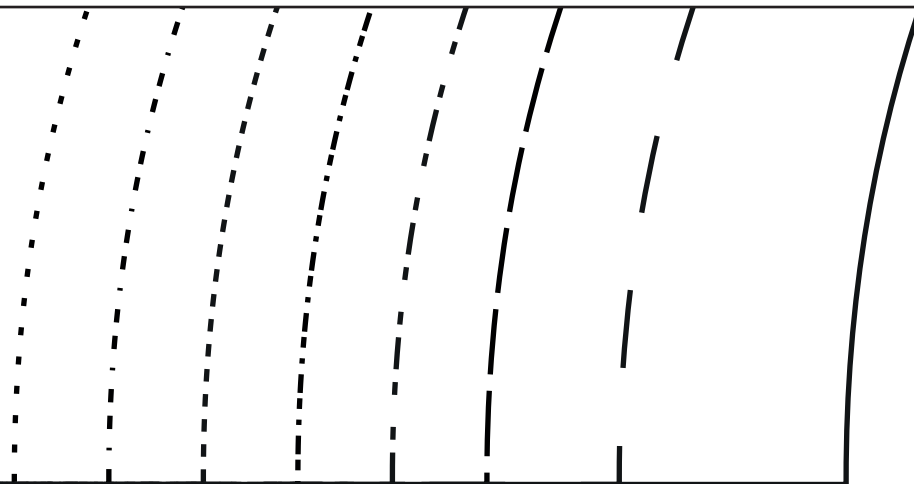
E

PLACE ON FOLD





24



MY HANDMADE
WARDROBE

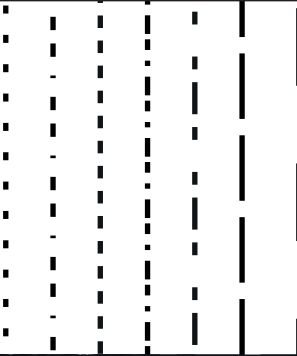
SHIRRED SUNDRESS
STRAPS
CUT 4

1.5CM SEAM ALLOWANCE

F

25





SIZE 5-8

SIZE 1-4

