



Metropolitan Dress



luxe collection

#metropolitandress

Pattern sized for girls 18m-8

Gorgeous and stylish dress fit for every occasion!

The shoulder cut outs are right on trend while the high neckline gives a modest look. The curved hemline on the skirt adds a unique detail to this airy dress.

The Metropolitan Dress is a couture piece that can be sewn surprisingly quick and easy. With two ways of finishing the sleeve, this dress can be sewn by adventurous beginners to experienced seamstresses.

Glossary

Baste stitch-A long length, temporary stitch made by hand or machine.

Bias-Cut at 45 angle from the selvage of fabric. The bias of fabric allows more stretch. Make bias tape to cover armhole, leg, or neckline openings.

Casing-A tunnel made by two fabric pieces with an opening to pull fabric, elastic, or drawstrings through.

Clipping curved seams-trim seam allowances by snipping a triangular notch into the fabric. This will help your fabric lay flat when turned right side out.

Finish-Create a clean raw edge to prevent fray with pinking shears, zig zag stitch, or serged edge done with a serger/overlock machine.

Gathering stitch-Sew baste stitches along one edge of fabric. The fabric will form small folds by pulling threads. Two parallel lines of gathering stitches will give you more even gathering.

Notches-Marks on your pattern indicating match points.

Pivot-Point where your garment meets at an angle. To sew around pivot point, make sure your needle is lowered into your fabric, lift presser foot, turn fabric, lower your presser foot and continue sewing.

Press-Use an Iron to press your seam flat against your garment.

Tack stitch-Use to hold multiple layers together at a seam. Very closely to existing seam, sew through all layers by sewing three stitches forward and three stitches backward.

Top stitch-A stitch sewn on the right side of your garment, usually 1/8"-1/4" from the finished edge.

Understitch-Understitching is a line of stitching sewn just beyond the seam line between two pieces that have been sewn together to create a seam along an edge. Essentially, you stitch the seam allowance to your underside fabric in order to prevent your underside fabric from rolling to the front side along the edge seam.

Staystitch-A row of stitching applied to a single layer of fabric with a 2.0mm or less stitch length. It is commonly used on collars and other support areas to prevent your garment from stretching out of shape.

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Choosing a Size

size chart

	18m	2t	3t	4t	5t	6x	7	8
Chest	20"	21"	22"	23"	24"	25"	26"	28"
	51cm	53cm	56cm	58cm	61cm	64cm	66cm	71cm
Height	31"-32.5"	33"-35.5"	36"-38.5"	39"-41.5"	42"-44.5"	45"-47.5"	48"-50.5"	51"-53"
	79-82.5cm	84-90cm	91-98cm	99-105cm	107-113cm	114-121cm	122-128cm	129-135cm

finished sizes

	18m	2t	3t	4t	5t	6x	7	8
Chest	22"	23"	24"	25"	26"	27"	28"	30"
	56cm	58cm	61cm	64cm	66cm	68cm	71cm	76cm
Shoulder-hem	19"	21"	22.5"	23"	25"	26.5"	28"	30"
	48cm	53cm	57cm	58cm	64cm	67cm	71cm	76cm

Size chart is based on average sizes using standard US ASTM size measurements. Choose a size based on your **CHILD'S CHEST**. Use your best judgement if your child is between sizes, when in doubt, size up. Reference finished sizes- measurements are approximate. Length is easily altered by following the customize instructions below.

customize

Choose a bodice size based on your models chest, length is easily altered by adding or subtracting from the recommended skirt measurements. Measure your model from shoulder to desired length and adjust skirt length. May we suggest making a blouse length?!

Pattern Preparation

Sewing level - adventurous beginner

fabric requirements

	18m	2t	3t	4t	5t	6x	7	8
Bodice Main/Lining	3/8yd	1/2yd	1/2yd	1/2yd	1/2yd	1/2yd	1/2yd	5/8yd
	40cm	40cm	40cm	40cm	45cm	50cm	50cm	55cm
2 Skirt panels L x W	14"x30"	16"x32"	17"x33"	17.5"x34"	19"x35"	20.5"x36"	22.5"x38"	23.5"x40"
	35x76cm	41x81cm	43x84cm	44x86cm	48x89cm	52x91cm	57x97cm	60x102cm

Before cutting your pattern pieces, preshrink your fabric by washing & drying all fabric to be used in project.

Read all instructions for this tutorial before beginning. All **SEAM ALLOWANCES** are **3/8" (1cm)** unless otherwise noted.

Recommended Fabrics:

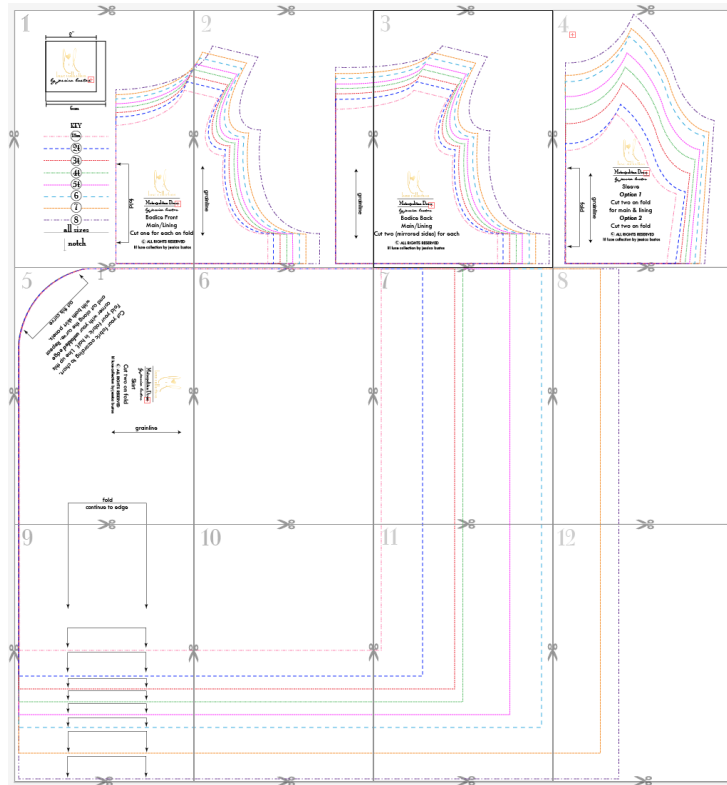
Light to Medium Weight Woven fabrics:
Linen, calico, quilters cotton, shirting,
voile, rayon, poplin.

Notions:

Button
Ribbon or Elastic for Button loop

****Remember to account for fabric shrinkage when choosing fabric.**** Yardage is based on 44" width fabric. You may need more or less depending on if you use one main fabric for all pieces or if you choose to do short sleeves. Remember to add the amount of fabric you'll need for the skirt.

Printing, tiling & cutting your pattern



***Only print pages 1-5 if you don't want to print*
all of the pages for the skirt panel.**

**Use the measurements on the fabric requirements
page for skirt dimensions and follow the
instructions on the pattern for cutting the corner.**

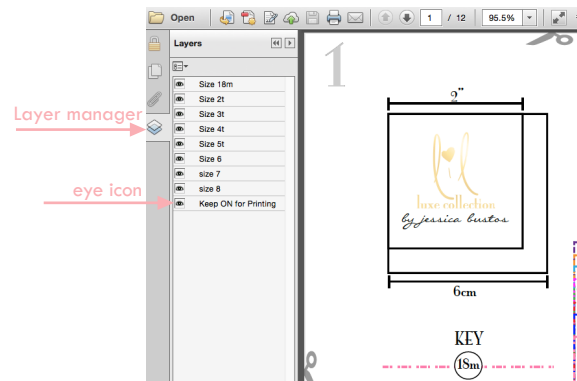
Tiling pattern pieces:

When preparing paper pattern pieces be sure to follow pattern symbols & cutting instructions. Your pattern will print on multiple pages and will lie in numerical order, starting with 1, reading left to right.

Printing pattern pieces:

For your convenience, pattern sizes have been set on layers. This option simply **reduces the amount of lines and the common confusion of which curve or line to follow** for your selected size. You will still be **printing all of the pattern pages**. Use the layer manager on the left side of your pdf to select your size, hide all other sizes by pressing the “eye” icon. To minimize paper waste, scroll through the pattern and make note of which pages **DO** have pattern lines, then print only your noted pattern pages. **Note** - you do not have the “print layer option” on your tablet, please use your computer for this printing option.

No Scaling is required - be sure to print your pattern pieces at 100%. After printing, measure your 2"x2" (or 5.08 cm x 5.08 cm) tile to ensure your pattern has printed accurately.



Key

Stitch

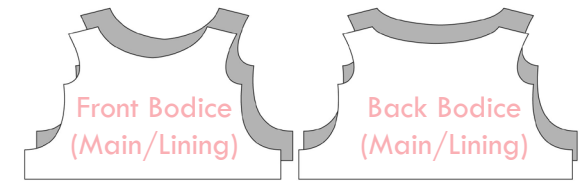
Back stitch at end of seam

Right Side

Wrong Side

Transparency

Cut List



Skirt Panels

See fabric requirements for skirt lengths
Finish the edges of your skirt panels by
serger or zig zag stitch

Option 1
Sleeve with full lining

Sleeves
Main/Lining



Option 2
Sleeve with bias

Sleeves
Main



Two bias strips
1" wide by 12-15" long



Bodice Construction

Illustration 1



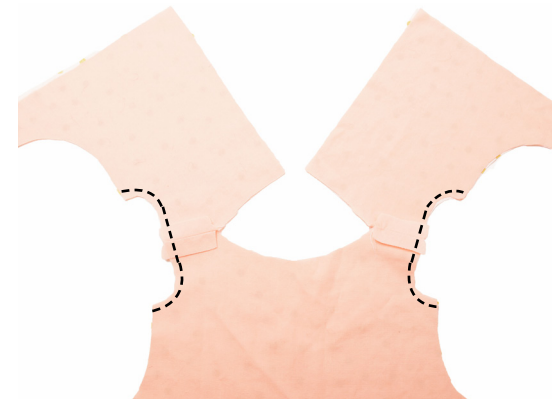
With right sides together, lay your back bodice main over your front bodice main. Pin and sew the shoulder seams. Press your seams open. Repeat with lining.

Illustration 2



With right sides together, lay your bodice lining over your bodice main. Make a loop with your ribbon or elastic and pin it in between your layers 1/2" from the top of one of your back sides. Continue pinning your bodice and sew from the back, around the neckline and down the back again. Clip notches into the curves of your neckline. *I like to use my daughters' baby hair ties for my button loops :)

Illustration 3



Sew the first curve on the bodice shoulder with a 1/4" seam allowance. Clip notches into the curves.

Illustration 4



Attach a safety pin to one of the back lining panels and use it to guide your fabric through the shoulder casing. Repeat with other side. Once your bodice is right side out, iron out any wrinkles and press along the curves.

Continue to page 6 for sleeve
Option 1 - fully lined sleeve



Continue to page 7 for sleeve
Option 2 - bias sleeve



Option 1 – fully lined sleeve

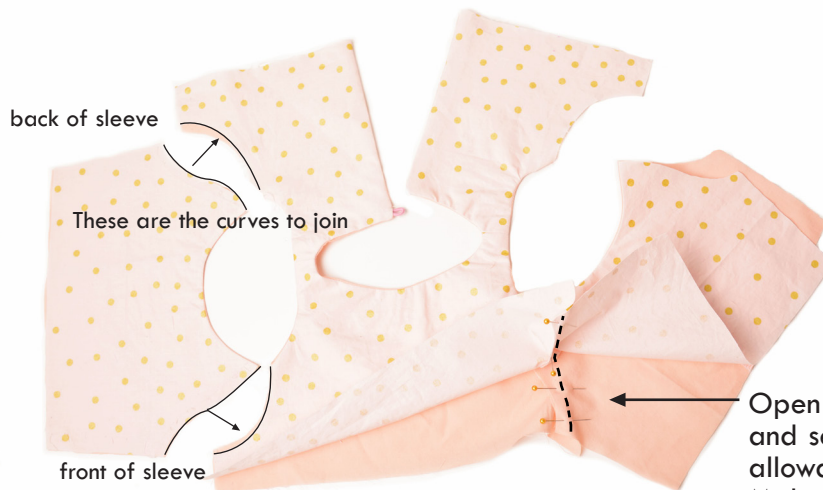
Illustration 1



With right sides together, lay your sleeve main over your sleeve lining. Pin and sew with a 1/4" seam allowance along the curve. Clip notches into the curve and flip right side out, press. Repeat with other sleeve.

Illustration 2

Line up your sleeve with your bodice. You will be attaching the right sides of the sleeve main/lining to the right sides of the bodice main/lining separately along the designated curves.



Open up your layers, line up your center seam, pin and sew the front of your sleeve. Trim your seam allowance. Repeat with the back of your sleeve. Make sure your sleeve is not twisted!!

Illustration 3



Pull your lining away from your main. With right sides together, align your center seam, pin and sew your main bodice sleeve. Repeat with lining.

With your sleeve main right side out, pull your sleeve lining through the main sleeve so it lays on the inside. Baste stitch your sleeve layers together. Repeat illustrations 1-3 for your other sleeve side.

Illustration 4



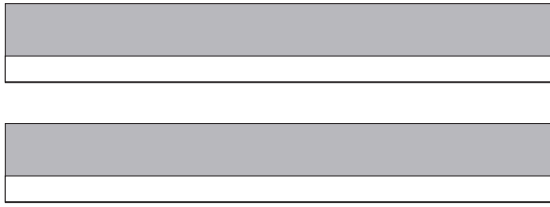
Hem your sleeves by folding the main and lining together toward the inside of the sleeve by 3/8" followed by another 1/2" fold. Baste stitch your bodice together along the bottom making sure your back panels line up evenly and are centered but not overlapping. Add your button to the opposite side of your button loop.

*Optional - Top stitch around your neckline.

Continue to page 8 for skirt construction.

Option 2 – bias sleeve

Illustration 1



For both of your bias strips, fold the length of one side $\frac{1}{4}$ " and press.

Illustration 2



With right sides together, pin and sew the raw edge of your bias (not the side you just folded) onto the curve of your sleeve using a $\frac{1}{4}$ " seam allowance. Trim down your seam allowance or clip notches into your curve.

Illustration 3



Fold your bias onto the wrong side of your sleeve, keeping your folded edge folded, pin and top stitch around the curve. Press. Repeat {il. 2-3} with other sleeve.

Illustration 4



These are the curves to join

Line up your sleeve with your bodice. You will be sandwiching your sleeve between your main & lining. With right sides together, lay your sleeve over your bodice. Flip the right side of your lining onto your sleeve by folding at the seam. Pin and sew. Repeat with other sleeve side. Make sure your sleeve is not twisted!!



Make sure your sleeve is butt up against the seam



Outside view



Inside view

Illustration 5



With right sides together, align your center seam, pin and sew along your sleeve and bodice side. Finish your edge. Repeat {il. 4-5} with other sleeve.

Illustration 6



Hem your sleeves by folding toward the inside of the sleeve by $\frac{3}{8}$ " followed by another $\frac{1}{2}$ " fold. Baste stitch your bodice together along the bottom making sure your back panels line up evenly and are centered but not overlapping. Continue the top stitch from your sleeve around the shoulder opening.

Add your button to the opposite side of your button loop.

*Optional - Top stitch around your neckline

Continue to page 8 for skirt construction.

Skirt Construction

Illustration 1



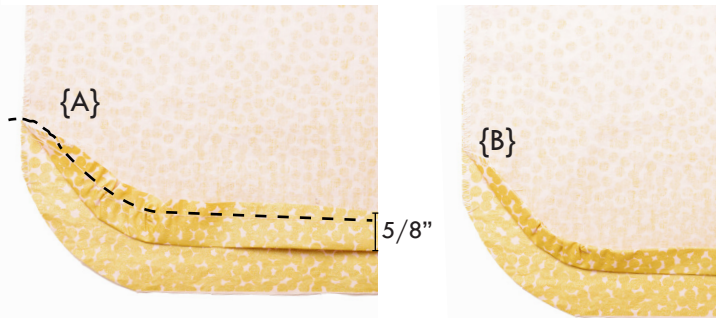
With right sides together, sew your skirt panels along the sides, stopping 5/8" before the skirt tail curve.

Illustration 2



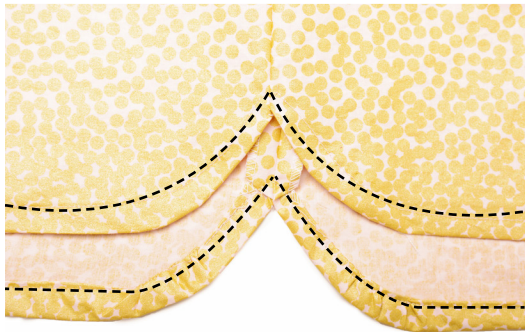
Sew a basting stitch 1/4" from the raw edge of ONE of your skirt panels being careful not to sew through both layers of your skirt.

Illustration 3



{A} Fold & press your basted panel 5/8" onto the wrong side of your skirt. When you get to the curve, gently pull the basting thread to help ease the curve. {B} Fold your raw edge toward the wrong side of your fabric along the basted stitch to finish your hem. Repeat illustrations 2-3 for your other skirt panel.

Illustration 4



Detail view of hem lines. Note that I press my skirt seams open and include them in the hem stitches.

Illustration 5



Sew a set of gathering stitches along the top of your skirt. Gently pull the threads so that the width of your skirt matches the width of your bodice.

Illustration 6



Slip your bodice over your skirt so that right sides are together. Line up your side seams and make sure your gathers are evenly spread. Pin and sew. Finish your seam by zig zag stitch or serger.