

# SINCLAIR

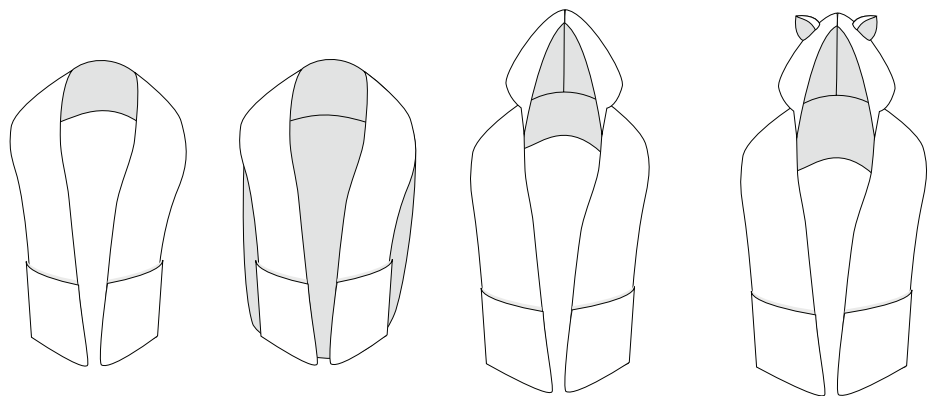
Mojo cozy scarf with a hood,  
a cape and pockets

**Step by step sewing tutorial**

SIZES: XS-3XXL (US0-US30)  
HEIGHT: PETITE/REG/TALL  
DIFFICULTY: 2/10 (BEGINNER)  
REF: S5004

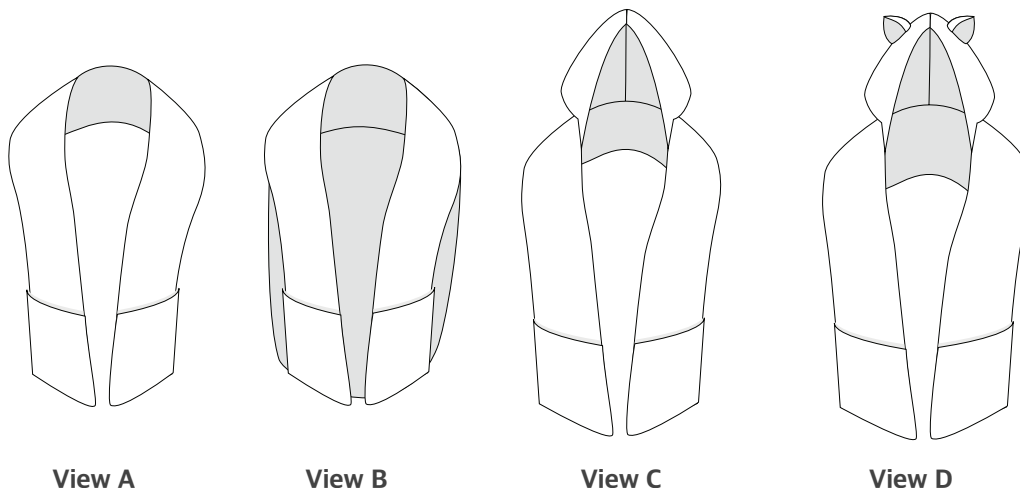
#mojoscarf

#sinclairmojo



## Table of contents

|                                                  |          |
|--------------------------------------------------|----------|
| <b>General information .....</b>                 | <b>1</b> |
| Basic fit .....                                  | 1        |
| Fabric choice and styling options .....          | 2        |
| Tools and equipment .....                        | 3        |
| Fabric requirements* and notions .....           | 3        |
| Sizing guide, inch* .....                        | 4        |
| Sizing guide, cm* .....                          | 4        |
| <b>Sizing / height options .....</b>             | <b>4</b> |
| Intended fit of the garment .....                | 4        |
| <b>Printing and assembling the pattern .....</b> | <b>5</b> |
| Printing the pattern .....                       | 5        |
| Assembling the pattern .....                     | 5        |
| Paper formats and layers .....                   | 5        |
| Hem and seam allowances .....                    | 5        |
| <b>Cutting list and cutting layout .....</b>     | <b>6</b> |
| (all versions) Prepare scarf .....               | 7        |
| (all versions) Prepare the pockets .....         | 7        |
| (Cape version) Prepare cape .....                | 8        |
| (Hood version) Prepare the hood .....            | 8        |
| (Ears version) Prepare ears .....                | 9        |
| (Ears version) Prepare hood for ears I .....     | 9        |
| (Ears version) Prepare hood for ears II .....    | 10       |
| (Hood version) Finish the hood .....             | 10       |
| Attach the hood, cape and pockets .....          | 11       |
| Finish the scarf .....                           | 12       |
| Finishing touches .....                          | 13       |
| Press the garment .....                          | 14       |
| Enjoy .....                                      | 14       |



## Mojo cozy scarf with a hood, a cape and pockets

### General information

**SIZES:** XS-3XXL (US0-US30)  
**HEIGHT:** PETITE/REG/TALL  
**DIFFICULTY:** 2/10 (BEGINNER)  
**REF:** S5004

#mojoscarf  
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Pattern is provided in the following formats:

A4: print and tape at home  
 US Letter: print and tape at home  
 A0/Copyshop: print at copy shop  
 Projector: cut with projector

You can always download your pattern in your preferred format at: <https://sinclairpatterns.com> >> My account

### Basic fit

A lower hip length scarf in regular and wide widths designed for knit or woven fabrics. Fully reversible. Can have optional pockets, hood with or without ears and a cape to keep your back warm.

The pattern offers the following options:

**View A** - regular reversible scarf with pockets  
**View B** - regular reversible scarf with pockets and a cape  
**View C** - wide reversible scarf with pockets and a hood  
**View D** - wide reversible scarf with pockets and a hood and ears

This pattern is designed for **knit fabrics but can be made with woven fabrics as well.**

The **sizing** of the pattern is **based on the full bust measurement.** **This measurement defines the length and the width of the scarf, the cape and the hood.**

## i

## Fabric choice and styling options

- For this scarf choose soft and nice to your skin light to medium weight knit or woven fabrics. Make preference towards fabrics with a nice drape and good recovery to eliminate excessive stretching of the scarf. We recommend to use knit well draping fabric for the wider scarf so it hugs your shoulders better. Your first choice of fabrics would be: French Terry, sweater knits, brushed knits, Cotton Lycra, soft Ponte or double knits, Interlock.
- We recommend to use knit fabrics for the hood for more flexibility and comfort. The scarf itself can be made with knit or woven fabrics in this case.
- For decorative ears choose more stable and sturdy fabric if you want them to hold the shape. You can also add an extra layer inside the ears made of felt, foam stabilizers or any other sturdy material.
- Wear it as a regular scarf, or as a modified cape and it will keep you warm through the cooler days.



Narrow scarf with a hood and ears

Photo credit: Ashley



Wide scarf with a cape and a hood

Photo credit: Katie



Wide scarf with a cape

Photo credit: Deanna



Narrow scarf with a hood

Photo credit: Lindsey



Wide scarf with hood and ears

Photo credit: Cara



Narrow scarf with a hood

Photo credit: Kristi



Wide scarf with a hood and ears

Photo credit: Rachael



Narrow scarf with a hood and ears

Photo credit: Nicole



## Tools and equipment

1. Sewing machine with a straight stitch (for woven fabrics) or zig-zag/ stretch stitch (for stretch fabrics).
2. Universal needle 70/10 (woven fabrics) or Jersey needle 70/10 or 80/12 (for stretch fabrics).
3. (optional) Serger/Overlocker.



## Definitions

### What is foam interfacing and why do I need it?

Foam interfacing is used in bag and toys production to add a bit more structure to the sewn pieces. In this pattern we have very small ears and medium weight fabrics like Cotton Lycra will likely hold the shape of the ears nicely. However if you use softer fabrics, like sweater knits you need to add a bit more structure to support the ears and eliminate flopping.

Alternatively you can use:

- felt
- canvas
- cotton duck/upholstery fabrics

You may also like to have more floppy ears and in this case do not use any padding.



## Fabric requirements\* and notions

\* Fabric yardage listed below is approximate and based on the largest size for TALL height option. Depending on your size, width, nap and print of your fabric you may need more or less fabric than stated below.

### Main fabric

Light to medium soft knit of woven fabrics that is soft and nice to your skin.

**50/60" / 140-160 cm**

#### Narrow scarf with pockets

0.7 m / 3/4 yards for Side-1

0.7 m / 3/4 yards for Side-2

#### Wide scarf with pockets

0.6 m / 5/8 yards for Side-1

0.6 m / 5/8 yards for Side-2

\* If you have fabric more than 170 cm / 70 in width you can cut scarf pieces on Double fold. In this case you will need half of the amount of the stated below for the main scarf and then additional scrap pieces 0.35 m / 3/8 yards for Side-1 and Side-2 pockets.

#### Cape (fully lined)

0.7 m / 3/4 yards for Side-1/Side-2

#### Hood (fully lined)

0.45 m / 1/2 yards for Side-1

0.45 m / 1/2 yard for Side-2

## Other notions

1. (optional) A 65 cm / 3/4 yards piece of cotton twill tape / clear elastic / salvages from woven fabrics for reinforcing pocket openings
2. (very optional) a 10x20 cm / 4x8 in foam interfacing or felt for ears
3. (optional) Polyester / Cotton threads

Fabric and supplies requirements are also listed on the MEMO card. MEMO card is located next to the pattern file (same folder). Use MEMO card as a reference in your patterns binder.



## Sizing / height options

Clothing sizes may vary, so it is essential you pick the right size based on your measurements and sizing chart.

**Do not pick your size based on your store bought clothing. Always remeasure yourself to make sure your measurements are up to date.**

This pattern comes in 3 heights, 16 different sizes from US0 to US30. Size defines

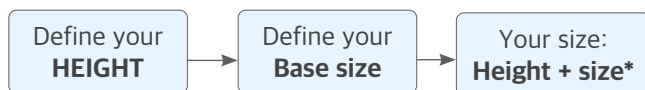
**152-160 cm / 5'1" - 5'3" (PETITE)**

**162-170 cm / 5'4" - 5'6" (REGULAR)**

**170-178 cm / 5'7" - 5'9" (TALL)**

**For this scarf size and height define the length of the scarf/hood/cape and depth of the pockets.**

As a general rule choose your size based of the height range above. If you on the boundaries - choose the smaller height.

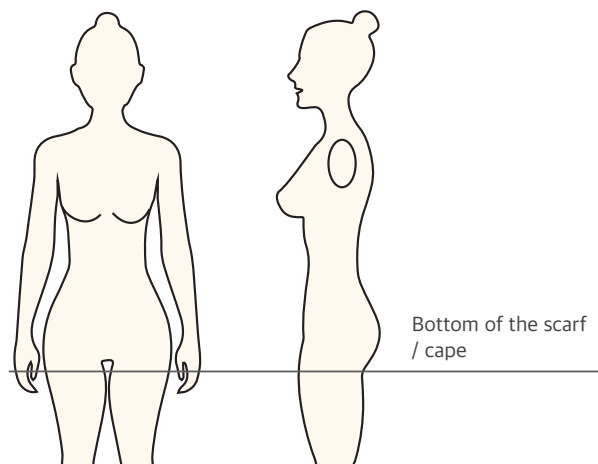


**Bust** - measure your **full bust at the widest part**. Although the shorts have medium rise the base measurement should be defined at the natural waist.



## Intended fit of the garment

You can check the intended fit of the garment in the drawing (length). Make note that the intended fit may very depending on the body proportions and your choice of fabric.



## Sizing guide, inch\*

| US    | 0    | 2    | 4    | 6    | 8    | 10   | 12   | 14   | 16   | 18   | 20   | 22   | 24   | 26   | 28   | 30   |
|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
|       | XXS  | XS   | S    | S    | M    | M    | L    | L    | XL   | XL   | XXL  | XXL  | 3XL  | 3XL  | 4XL  | 4XL  |
| Bust  | 31.5 | 33.1 | 34.6 | 36.2 | 37.8 | 38.6 | 39.4 | 40.9 | 43.3 | 45.7 | 48.0 | 50.4 | 52.8 | 55.1 | 57.5 | 59.8 |
| Waist | 23.6 | 25.2 | 26.8 | 28.3 | 29.9 | 31.5 | 33.1 | 34.6 | 37.0 | 39.4 | 41.7 | 44.1 | 46.1 | 48.0 | 50.0 | 52.4 |

## Sizing guide, cm\*

| US    | 0   | 2  | 4  | 6  | 8  | 10 | 12  | 14  | 16  | 18  | 20  | 22  | 24  | 26  | 28  | 30  |
|-------|-----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|       | XXS | XS | S  | S  | M  | M  | L   | L   | XL  | XL  | XXL | XXL | 3XL | 3XL | 4XL | 4XL |
| Bust  | 80  | 84 | 88 | 92 | 96 | 98 | 100 | 104 | 110 | 116 | 122 | 128 | 134 | 140 | 146 | 152 |
| Waist | 60  | 64 | 68 | 72 | 76 | 80 | 84  | 88  | 94  | 100 | 106 | 112 | 117 | 122 | 127 | 133 |

\* Sizing guide Ver Jan 2020



## Printing and assembling the pattern

This pattern comes in PDF file 4 different formats:

**A4** Designed for European paper standard.

**US Letter** Designed for American paper standard.

**A0/Copy shop** Designed for European paper standard (A0) and American paper standard (Copy shop/Super A0).

**Projector** Designed for use with projectors (paperless).

### LAYERS



The pattern is **layered** which means you can **print/project only sizes that you need**. You need to use **Adobe Acrobat Reader (free)** to use this pattern feature. Each height option is grouped in a separate file.

### How to select sizes/layers to print?

1. **Open the pattern** file with a required height option (PETITE(SHORT)/REG/TALL) in **Acrobat Reader**.
2. Click on the layers icon on the left vertical toolbar or select from the menu **View >> Show/Hide >> Navigation panes >> Layers**.
3. **Deselect or select sizes** that you want to print.

You can find more information on layers here: <https://blog.sinclairpatterns.com/what-is-a-layered-pdf-pattern-and-how-to-use-it/>



## Printing the pattern

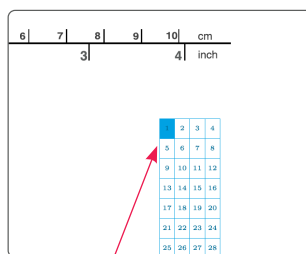
1. Open the pattern file in Adobe Acrobat reader (default pdf opener) and click print.
2. Select on the print menu 'Actual size'.
3. Print Page number 1 of the document.
4. Check the scaling on the page with a ruler according to the instructions given above the scale.
5. If the scaling is right print the rest of the sheets with the same settings.

You can find more information and troubleshooting on printing the pattern here: <https://blog.sinclairpatterns.com/how-to-print-your-pdf-pattern-and-troubleshooting-guide/>

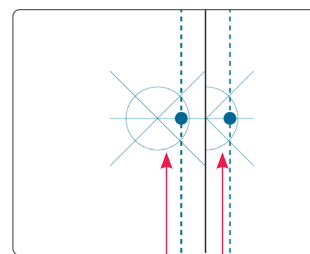


## Assembling the pattern

1. Make a layout of sheets on a big surface according to the pictogram on the each sheet
2. This pattern is **TRIMLESS**, just overlap the sheets from the right to the left / top to the bottom and match big circles on the short and long sides.
3. Glue sheets together using a glue stick or invisible tape trying to match circles perfectly. I recommend to glue it in the page number order, row by row (1, 2, 3 etc.).
4. Adjust pattern to your measurements before cutting out the pattern parts if needed.



Pictogram is showing the pattern pages layout. Highlighted number is your current page.



Overlap and match the circles and tape/glue the sheets together



## Hem and seam allowances

The **pattern** already **has all seam allowances** needed. The seam allowance information is stated on each part of the pattern unless otherwise stated right on the curve.

### ALL SEAM AND HEM ALLOWANCES ARE INCLUDED

**SEAM: 10 mm - 3/8 in** Unless marked differently on the pattern part

**HEM: NOT APPLICABLE**



## Cutting list and cutting layout

**This scarf is fully reversible. In the cutting layout we refer to the sides of the scarf as Side-1 and Side-2 instead of referring to them as Main fabric/Lining.**

### **Scarf (1)**

CUT 2 ON FOLD SIDE-1 and  
CUT 2 ON FOLD SIDE-2

### **Pockets (2)**

CUT 2 SIDE-1 and  
CUT 2 SIDE-2

### **Hood (3) without ears**

CUT 2 MIRRORED SIDE-1 and  
CUT 2 MIRRORED SIDE-2

### **Hood (3) with ears**

**CUT THE PATTERN PIECE AT THE 'EARS CUTTING LINE' - YOU WILL GET FRONT AND BACK OF THE HOOD**

**ADD 10 mm / 3/8 in SEAM ALLOWANCE TO THE CUTTING LINE**

CUT 2 MIRRORED SIDE-1 front and back pieces and  
CUT 2 MIRRORED SIDE-2 front and back pieces

### **Cape (4)**

CUT 1 ON FOLD SIDE-1 and  
CUT 1 ON FOLD SIDE-2

### **Ears (5)**

CUT 2 MAIN FABRIC and  
CUT 2 ACCENT FABRIC

## 1

### (all versions) Prepare scarf

1. This scarf is fully reversible and it has Side-1 and Side-2.
2. Each side consists of 2 parts joined with a seam at the center back.
2. With the right sides together **stitch Scarf (1) parts of the Side-1 and Side-2 separately at one of the short ends at 10 mm / 3/8 in** using:

- zigzag or stretch seam (sewing machine) or 4-thread overlock seam (serger)
- medium length (2-2.5 mm) straight stitch for woven fabrics

If using a sewing machine in the step above and your fabric unravels/frays, overcast edges together.



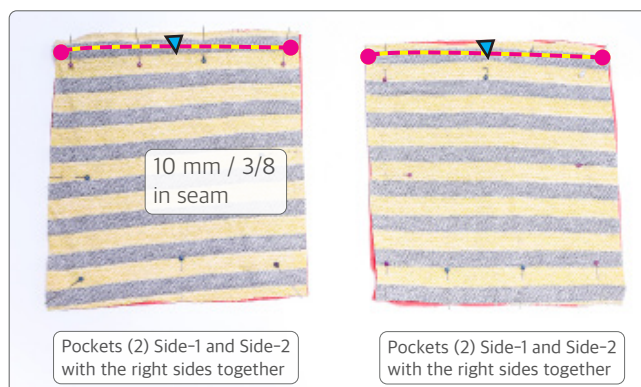
3. **Press the seam closed** to one of the sides.
4. **(optional) Topstitch the seams** through the scarf and the seam allowance using a short zig-zag, stretch stitch (recommended for knit fabrics) or with a simple medium length stitch (recommended for woven fabrics).

## 2

### (all versions) Prepare the pockets

1. Depending on your choice of fabric you may want to reinforce the pocket openings with a twill tape or clear elastic. This might not be necessary for stable knits and woven fabrics, but might be beneficial for sweater knits and jersey fabrics without Spandex/Lycra component.
2. With the right sides together **stitch 2 pairs of Pockets (1) Side-1 and Side-2 together at the notched (one notch edge) at 10 mm / 3/8 in** using:

- zigzag or stretch seam (sewing machine) or 4-thread overlock seam (serger)
- medium length (2-2.5 mm) straight stitch for woven fabrics



3. Turn the pockets to the right side and press well at the seam.



4. Fold the pockets at the seam with wrong sides together. (optional) Topstitch the top seam of the pockets through all the layers with a regular straight stitch, stretch stitch or zig-zag at 7 mm / 1/4 in.



## 3

### (Cape version) Prepare cape

1. With the right sides together **stitch Cape (4) Side-1 and Side-2 together at the curved edge at 10 mm / 3/8 in** using:

- zigzag or stretch seam (sewing machine) or 4-thread overlock seam (serger)
- medium length (2-2.5 mm) straight stitch for woven fabrics

If using a sewing machine in the step above and your fabric unravels/frays, overcast edges together.



2. **Turn the cape to the right side and press the seam well.**

3. **(optional)** Topstitch the seam through all the layers with a regular straight stitch, stretch stitch or zig-zag at 7 mm / 1/4 in.

## 4

### (Hood version) Prepare the hood

1. If you are making a simple hood (without ears) you need to repeat this step for Side-1 and Side-2 of the hood. For the hood with ears follow this step only for the side that doesn't have ears.

2. With the right sides together **stitch Hood (3) parts together at the long curved edge at 10 mm / 3/8 in** using:

- zigzag or stretch seam (sewing machine) or 4-thread overlock seam (serger)
- medium length (2-2.5 mm) straight stitch for woven fabrics

If using a sewing machine in the step above and your fabric unravels/frays, overcast edges together.



**IMPORTANT!** For the version without ears follow this step for the Side-1 and Side-2 of the hood.

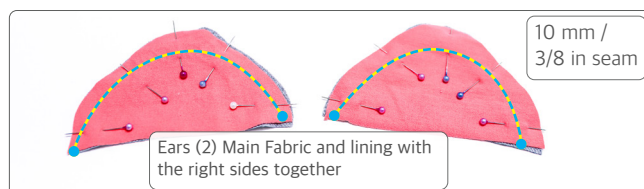
3. Turn the hood to the right side of fabric and press the seam well.

4. **(optional)** Topstitch the seam through the hood and the seam allowance with a medium length straight stitch with your sewing machine.

## 5

### (Ears version) Prepare ears

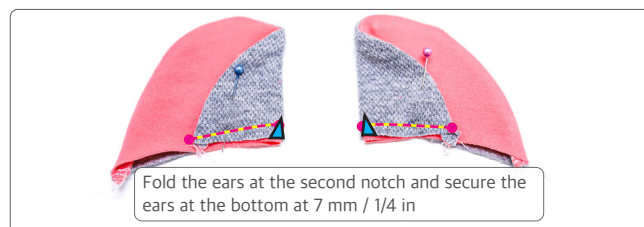
1. If you want to have more structure for the ears you might want to sandwich additional layer of foam interfacing or felt inside the ears. If you decided to do so, cut 2 pieces of Ears (5) and sew them together with the layers in the next step.
2. With the right sides together **stitch 2 pairs of Ears (5) main fabric and lining together at the curved edge at 10 mm / 3/8 in** using: 4-thread overlock seam (serger) or medium length (2-2.5 mm) straight stitch (sewing machine).



3. Turn the ears to the right side of fabric and press well.



4. Fold the ears at the second notch and pin. Secure the bottom of the ears with a simple straight stitch at 6-7 mm / 1/4 in using your sewing machine.



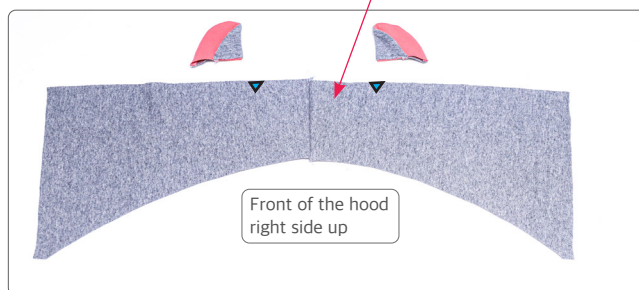
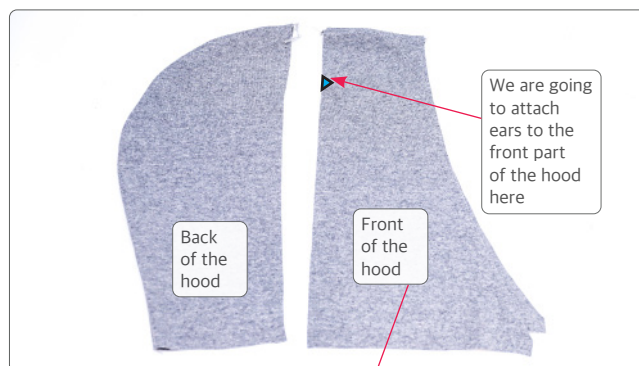
## 6

### (Ears version) Prepare hood for ears I

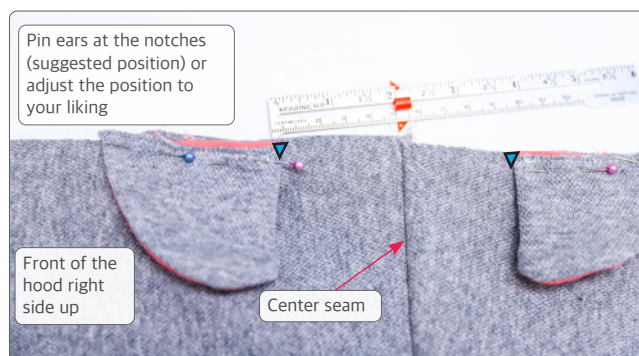
1. Make sure that you added 10 mm / 1/4 in seam allowance to the seam on the hood.
2. With the right sides together **stitch back and front parts of the hood separately at the center seam at 10 mm / 3/8 in** using: 4-thread overlock seam (serger) or medium length (2-2.5 mm) straight stitch (sewing machine).



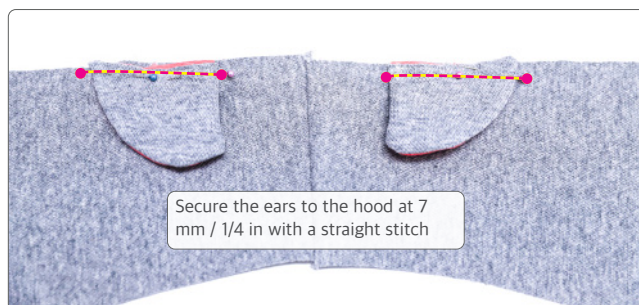
3. Turn the hood parts to the right side of fabric and press well. We are going to attach ears to the front part of the hood.



4. On the right side of the hood with the ears facing down, match the raw edges of the hood and ears, match the notch with the inner side of the ear and pin. We put the notch 45 mm / 1 3/4 in away from the center seam. You can pin them, try it on and move to find the best position.



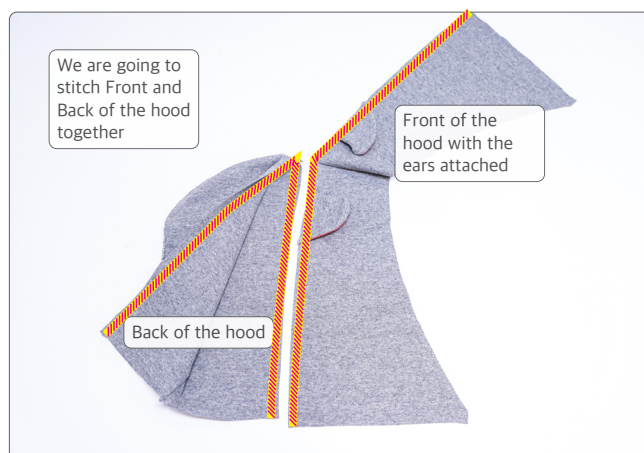
5. Secure the ears to the front of the hood with a simple straight stitch at 6-7 mm / 1/4 in using your sewing machine.



## 7

### (Ears version) Prepare hood for ears II

1. With the right sides together **stitch front and back parts of the hood together (with the ears attached) at 10 mm / 3/8 in** using: 4-thread overlock seam (serger) or medium length (2-2.5 mm) straight stitch (sewing machine).



2. Press the seam towards the front of the hood.
3. Topstitch the seam through the seam and the front of the hood with a simple straight stitch using your sewing machine.



## 8

### (Hood version) Finish the hood

1. With the right sides together **stitch Side-1 and Side-2 of the hood at the face seam at 10 mm / 3/8 in** using: 4-thread overlock seam (serger) or medium length (2-2.5 mm) straight stitch (sewing machine).



2. Press the seam well.
3. (optional) Topstitch the seam through on of the sides and the seam allowance with a medium length straight stitch using your sewing machine.



4. Hood is now ready to be attached



## 9 Attach the hood, cape and pockets

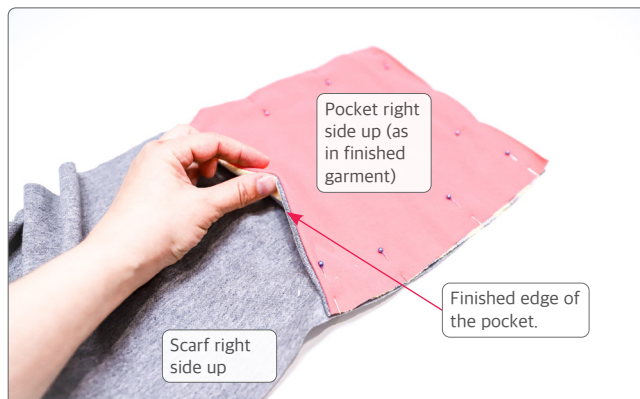
1. In this step we are going to attach and **secure all the elements to the one side of the scarf (gray side)**.
2. With the right sides of the same side of the scarf (in this case gray side to gray side) match the center back seam of the scarf and center back seam of the hood and pin. Match the raw edges of the hood and the scarf further away from the seam and pin. Pin both layers of the hood. Secure the hood to the scarf at 7 mm / 1/4 in using a simple straight stitch.



3. (cape version) With the right sides of the same side of the scarf match the center fold mark of the cape with center back seam of the scarf and pin. Match the raw edges of the cape and the scarf and pin. Pin both layers of the cape. Secure the cape to the scarf at 7 mm / 1/4 in using a simple straight stitch.



4. Place and pin the pockets on the ends of the right side of the scarf with the final side up. Pockets should be placed as they should look in the finished garment. Make sure to pin only raw edges, leaving the finished edge at the pocket opening.



7. At this point with almost all elements attached and the pockets being pinned **try the scarf on and check the length**. In some cases knit fabrics may stretch too much and you might need to shorten the scarf a bit from the ends. If you do so, don't forget to shorten the other side of the scarf as well by the same amount.

5. Secure the pockets to the scarf around all 3 edges at 7 mm / 1/4 in using a simple straight stitch.



6. The scarf is now ready for the final assembly.



## 10 Finish the scarf

1. In this step we are going to attach our second layer of the scarf.

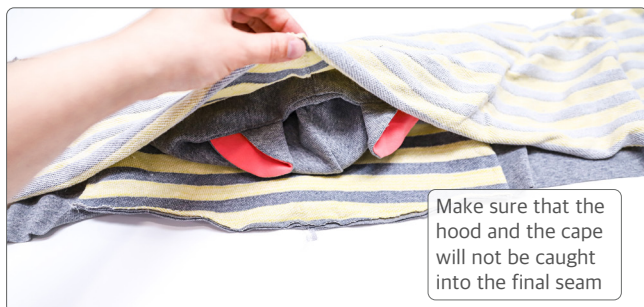
2. Place your assembled side of the scarf right side up.



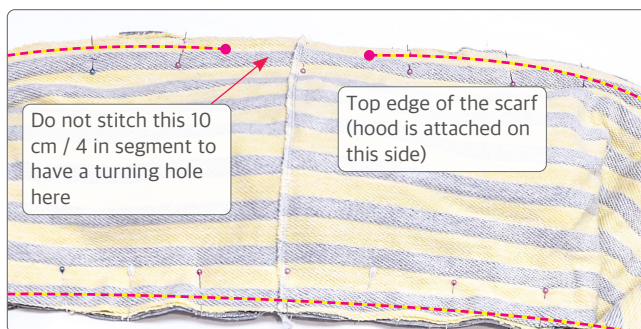
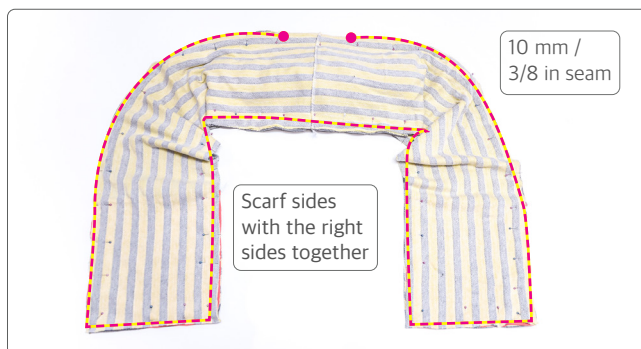
3. Roll the hood and the cape to the middle of the scarf. Pin to make sure that they don't get caught into the seam when attaching the other side of the scarf.



4. Place the other side of the scarf on top with the right side down. Match scarf at the center back seam. Match all the edges and pin.



5. With the right sides together **stitch Side-1 and Side-2 of the scarf together leaving a 10 cm / 4 in turning hole at the top edge. Stitch at 10 mm / 3/8 in using: 4-thread overlock seam (serger) or medium length (2-2.5 mm) straight stitch (sewing machine).**



6. Press the seams well.

7. Now we are ready to turn the scarf to the right side of fabric through the turning hole.

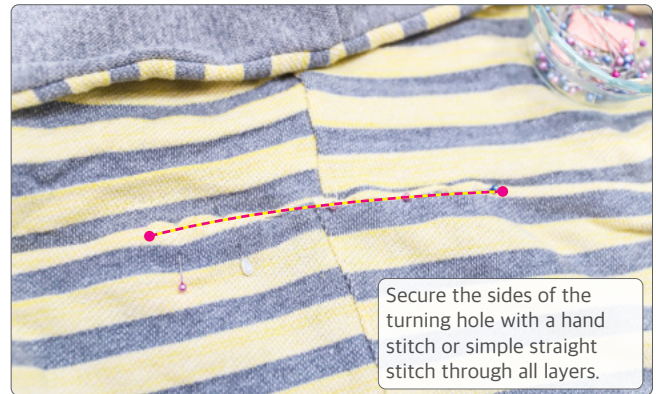
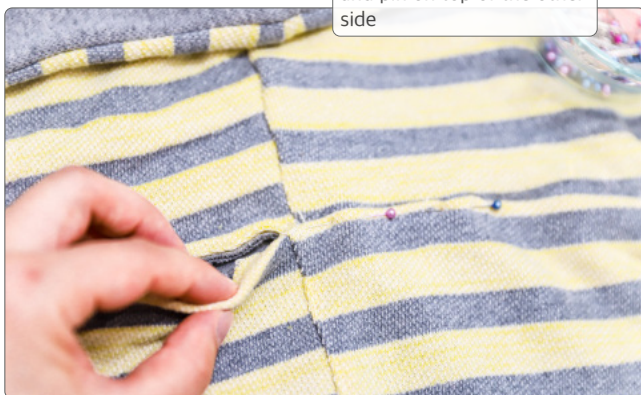


## 11 Finishing touches

1. Turn the scarf to the right side of fabric through the turning hole.
2. Push the corners out with a pointy object (like pencil or scissors with blunt ends). Press well.



3. Turn the bottom edge of the turning hole under once at 10 mm / 3/8 in and pin on top of the other side of the turning hole.
4. Secure the edges of the turning hole with a hand stitch or pin through the scarf and topstitch with a straight stitch using your sewing machine through all the layers. Use matching color thread.



5. The scarf is now ready. It is fully reversible, including the pockets, that you just need to turn to the other side for a different look.

## 12 Press the garment

1. Press all the seams.
2. The better you press, the better look you get. Use pressers tools for the best results.

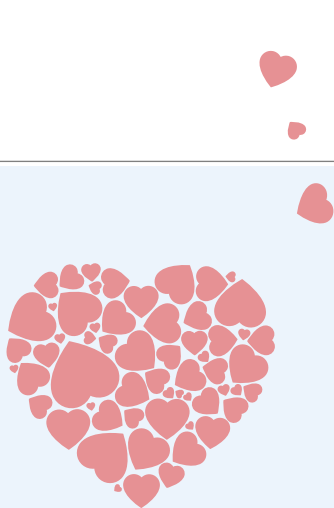
## 13 Enjoy

1. Try it on, make an Instagram post and tag #sinclair-patterns, share your experience on the FB group.
2. Hang your garment and give it a rest.
3. Enjoy yourself! You've done a great job!



Finished garment

#mojoscarf  
#sinclairmojo



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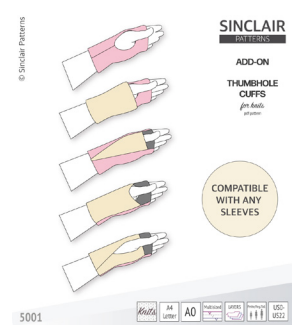
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