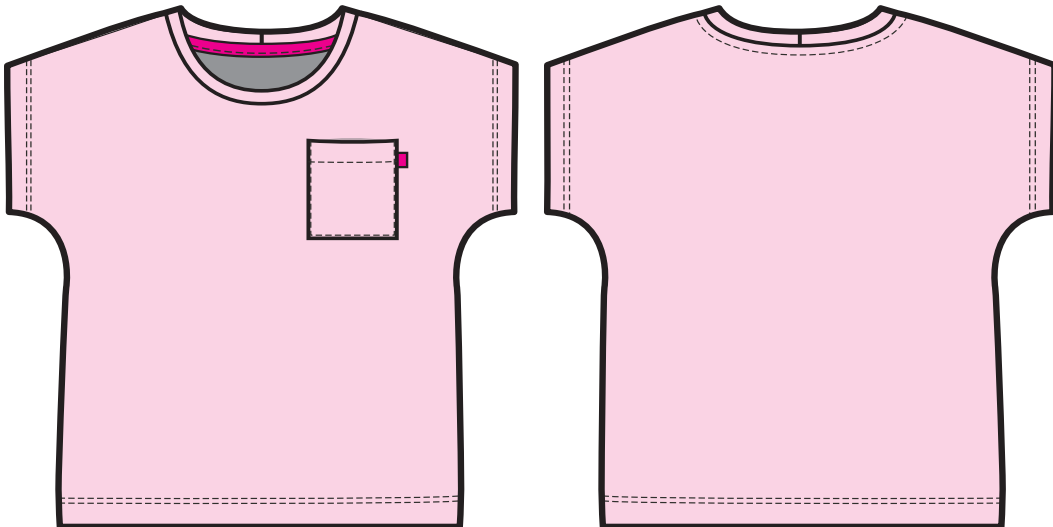
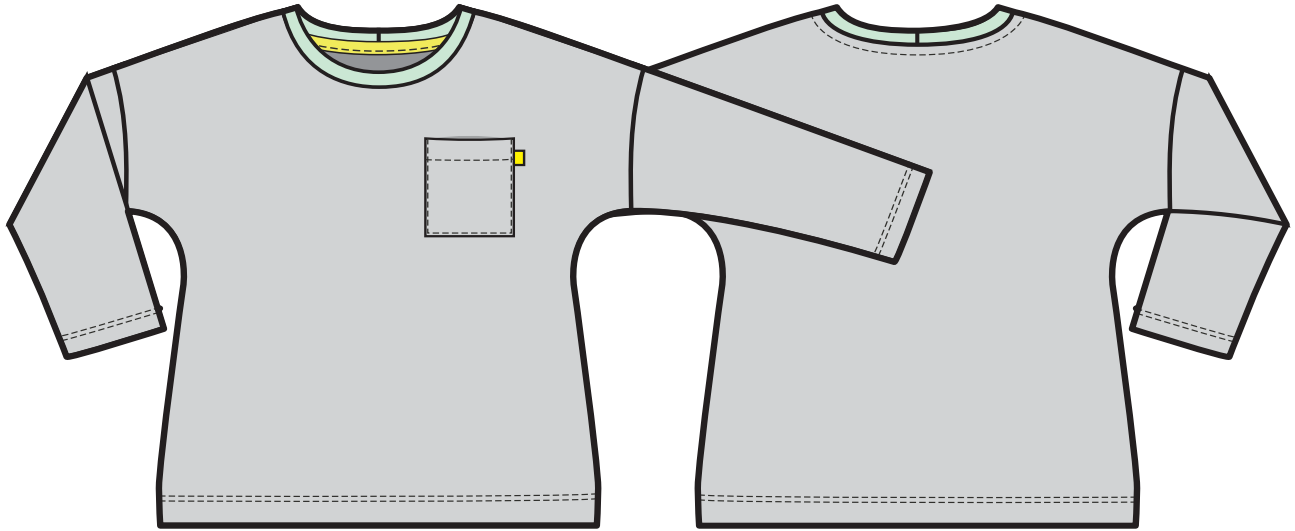




MISUSU

— PATTERNS —



ROWAN TEE

Style 202201 | Size 62-164 | Beginner

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GENERAL INFO

CONTACT INFORMATION

Thank you for downloading a Misusu Pattern and supporting my work as an indie designer! If you have any questions regarding this pattern and tutorial, feel free to contact me:

hello@misusu.co

Join our Misusu Patterns Sew & Tell Facebook group to showcase your makes & share your experience with the community: <https://www.facebook.com/groups/1560008617635521/>

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TERMS OF USE

You are welcome to sell garments in small quantities from these patterns; crediting Misusu Patterns in your listings would be much appreciated! Copying and distribution of this pattern in any form is prohibited.

A BIG THANK YOU

Goes out to all the lovely ladies that have helped me in perfecting this pattern and tutorial - your input and hard work was invaluable!

THANK YOU TEAM ROWAN TEE!

Miep | Nancy | Sam | Fleur | Heather | Kim | Floor | Caroline | Miranda

SIZE CHART & BODY MEASUREMENTS

		BODY MEASUREMENTS CM				BODY MEASUREMENTS INCH			
SIZE	AGE	CHEST	WAIST	HIP	HEIGHT	CHEST	WAIST	HIP	HEIGHT
62	0-3M	44	43,5	46	62	17,3	17,3	18	24,4
68	3-6M	46	45	48	68	18	17,7	18,9	26,8
74	6-9M	48	47	50	74	18,9	18,5	19,5	29
80	9-12M	50	48	52	80	19,5	19	20,5	31,5
86	12-18M	52	50	54	86	20,5	19,5	21,25	33,75
92	18-24M	54	51	55	92	21,25	20	21,5	36,25
98	2-3Y	55	52	57	98	21,75	20,5	22,5	38,5
104	3-4Y	56,5	53,5	59	104	22,25	21	23,25	41
110	4-5Y	58	55	61	110	22,75	21,5	24	43,25
116	5-6Y	60	57	64	116	23,5	22,5	25,25	45,5
122	6-7Y	62,5	58,5	67	122	24,5	23	26,5	48
128	7-8Y	65	60	70	128	25,5	23,5	27,5	50,5
134	8-9Y	67,5	61,5	73	134	26,5	24,25	28,75	52,75
140	9-10Y	70	63	76	140	27,5	24,75	30	55
146	10-11Y	73	64	79	146	28,75	25,25	31	57,5
152	11-12Y	76	66	82	152	30	26	32,25	59,75
158	12-13Y	79	68	85	158	31	26,75	33,5	62,25
164	13-14Y	82	70	88	164	32,25	27,5	34,75	64,5

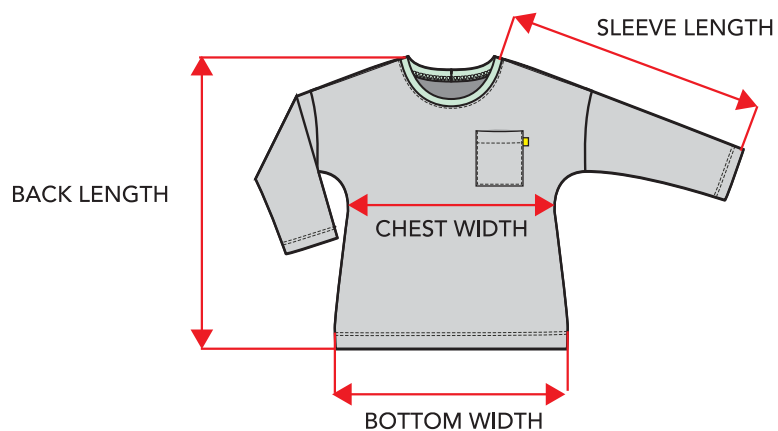
Start with the size that fits your child's chest measurement best and if needed, grade to a different size that fits your child's hip & body height measurements best, by following the [size blending instructions](#). Also check the [finished garment measurements chart](#) on the next page for more info. It's recommended to make a muslin/sample garment.

FINISHED GARMENT MEASUREMENTS CHART

The Rowan Tee is an oversized tee with an dolman style sleeve. The pattern is drafted with an 5cm (2") ease around the chest in size 62/0-3M going up to 10cm (4") ease around the chest in size 164/13-14Y. The slight A-line version of the Rowan Tee is drafted with with a 6cm (2,25") ease around the hip in size 62/0-3M going up to 8cm (3,25") ease around the hips in size 164/13-14Y. The straight version of the Rowan Tee is drafted with an 4cm (1,5") ease around the hip for all sizes.

Please note that the metric measurements are rounded towards the nearest 0,5cm and the imperial measurements are rounded towards the nearest 0,25".

FINISHED MEASUREMENTS IN CM						
SIZE	AGE	LENGTH	CHEST WIDTH	STRAIGHT BOTTOM WIDTH	BOTTOM WIDTH A-LINE	SLEEVE LENGTH
62	0-3M	30,5	50	50	53	25
68	3-6M	32,5	52	52	55	27,5
74	6-9M	34,5	54	54	57	30
80	9-12M	36,5	56,5	56,5	60,5	33
86	12-18M	38,5	59	59	63	35,5
92	18-24M	40,5	61	61	65	38
98	2-3Y	42,5	63	63	67	40,5
104	3-4Y	44,5	65	65	69	43,5
110	4-5Y	46	67,5	67,5	71,5	46
116	5-6Y	48	70	70	74	49
122	6-7Y	50	72,5	72,5	76,5	51,5
128	7-8Y	52	75	75	79	54
134	8-9Y	54	78	78	82	57
140	9-10Y	56	81	81	85	59,5
146	10-11Y	57,5	84	84	89	62
152	11-12Y	59,5	87	87	91	65
158	12-13Y	61,5	89,5	89,5	93,5	67,5
164	13-14Y	63,5	92	92	96	70



FINISHED MEASUREMENTS IN INCH

SIZE	AGE	LENGTH	CHEST WIDTH	STRAIGHT BOTTOM WIDTH	BOTTOM WIDTH A-LINE	SLEEVE LENGTH
62	0-3M	12	19,5	19,5	20,75	9,75
68	3-6M	12,75	20,5	20,5	21,75	10,75
74	6-9M	13,5	21,25	21,25	22,75	11,75
80	9-12M	14,5	22,25	22,25	23,75	13
86	12-18M	15,25	23,5	23,5	24,5	14
92	18-24M	16	24	24	25,5	15
98	2-3Y	16,75	25	25	26,25	16
104	3-4Y	17,5	25,75	25,75	27,25	17
110	4-5Y	18,25	26,5	26,5	28,25	18
116	5-6Y	19	27,5	27,5	29,25	19,25
122	6-7Y	19,75	28,5	28,5	30,25	20,25
128	7-8Y	20,5	29,5	29,5	31,25	21,25
134	8-9Y	21,25	30,75	30,75	32,5	22,25
140	9-10Y	22	32	32	33,5	23,25
146	10-11Y	22,75	33	33	34,5	24,25
152	11-12Y	23,5	34	34	35,5	25,25
158	12-13Y	24,25	35	35	36,5	26,25
164	13-14Y	25	36	36	37,75	27,5

FITTING NOTES

SIZING Sizing is different in a lot of countries and stores - the ready-to-wear sizes your child normally wears may be different from the measurements in our size chart. So it's very important to go by your child's own measurements. To ensure the best fit, it's highly recommended to take accurate recent measurements.

INTENDED FIT The Rowan Tee is an oversized tee with a dolman style sleeve. The pattern is drafted with an 5cm (2") ease around the chest in size 62/0-3M going up to 10cm (4") ease around the chest in size 164/13-14Y. The slight A-line version of the Rowan Tee is drafted with with a 6cm (2,25") ease around the hip in size 62/0-3M going up to 8cm (3,25") ease around the hips in size 164/13-14Y. The straight version of the Rowan Tee is drafted with an 4cm (1,5") ease around the hip for all sizes.

SELECTING YOUR SIZE In selecting your size, the most important measurements to base your pattern size on are your child's chest, hip and body height measurements. Alternatively, you can compare the chest width of a good fitting shirt/sweater you already own, with our [finished garment measurements chart](#).

SIZE BLENDING When your your child's measurements place him/her in different pattern sizes, it's advised to blend between sizes in width and length, by following the [size blending instructions](#). Because of the oversized fit of the Rowan Tee, when in between sizes, it's advised to size down.

OPTIONS The Rowan Tee comes with 2 neckline options: a lower & wider scoop neck line and a classic crew neckline, a short and long sleeve option and a straight and slight A-line option. For all options, please follow the [pattern preperation](#) instructions to adjust your pattern accordingly.

NECKBANDS The neck bands come in 2 different versions: versions A for rib knit fabric and versions B for jersey knit/main fabric. Depending on the stretch and recovery of your fabric, you might need to adjust the length of your neckbands.

MUSLIN It's recommended to make a muslin/sample garment and make adjustments in fit to your own personal taste.

FITTING HELP If you get stuck with fitting, come on over to our [Sew & Tell Facebook group](#). and ask your questions there.

FABRIC & SUPPLIES

SUPPLIES

- thread
- ballpoint sewing needle
- pins
- scissors
- twin needle (optional)

RECOMMENDED FABRICS

Main: Light to medium weight jersey knits, cotton jersey, summer sweat or french terry with at least 30% stretch (lycra or elastane).

Neckbands: there are 2 sets of neckbands pattern pieces. All versions A are drafted for the use of rib knit fabric, all versions B are drafted for the use of jersey lycra fabric. These are standard measurements, but depending on the stretch and recovery of your fabric, you might need to adjust the length of your bands.

Inside neck binding: light weight jersey knit. Using a heavier weight knit fabric for the binding could cause bulky seams.

Pre-wash all your fabrics. Knit fabrics especially, can shrink up to 5%.

METERS OF FABRIC REQUIRED BASED ON A FABRIC WIDTH OF 140CM

SIZE	AGE	SHORT SLEEVE ROWAN	LONG SLEEVE ROWAN
62	0-3M	0,40M	0,40M
68	3-6M	0,40M	0,40M
74	6-9M	0,40M	0,40M
80	9-12M	0,50M	0,50M
86	12-18M	0,55M	0,55M
92	18-24M	0,55M	0,55M
98	2-3Y	0,60M	0,85M
104	3-4Y	0,60M	0,90M
110	4-5Y	0,65M	1M
116	5-6Y	0,65M	1M
122	6-7Y	0,70M	1,10M
128	7-8Y	0,70M	1,10M
134	8-9Y	0,70M	1,20M
140	9-10Y	0,70M	1,20M
146	10-11Y	0,75M	1,20M
152	11-12Y	0,75M	1,20M
158	12-13Y	0,80M	1,30M
164	13-14Y	0,80M	1,30M

YARDS OF FABRIC REQUIRED BASED ON A FABRIC WIDTH OF 140CM

SIZE	AGE	SHORT SLEEVE ROWAN	LONG SLEEVE ROWAN
62	0-3M	0,45Y	0,45Y
68	3-6M	0,45Y	0,45Y
74	6-9M	0,45Y	0,45Y
80	9-12M	0,55Y	0,55Y
86	12-18M	0,60Y	0,60Y
92	18-24M	0,60Y	0,60Y
98	2-3Y	0,65Y	0,90Y
104	3-4Y	0,65Y	0,95v
110	4-5Y	0,70Y	1,05Y
116	5-6Y	0,70Y	1,05Y
122	6-7Y	0,75Y	1,15Y
128	7-8Y	0,75Y	1,15Y
134	8-9Y	0,75Y	1,25Y
140	9-10Y	0,75Y	1,25Y
146	10-11Y	0,80Y	1,25Y
152	11-12Y	0,80Y	1,25Y
158	12-13Y	0,85Y	1,35Y
164	13-14Y	0,85Y	1,35Y

PRINTING

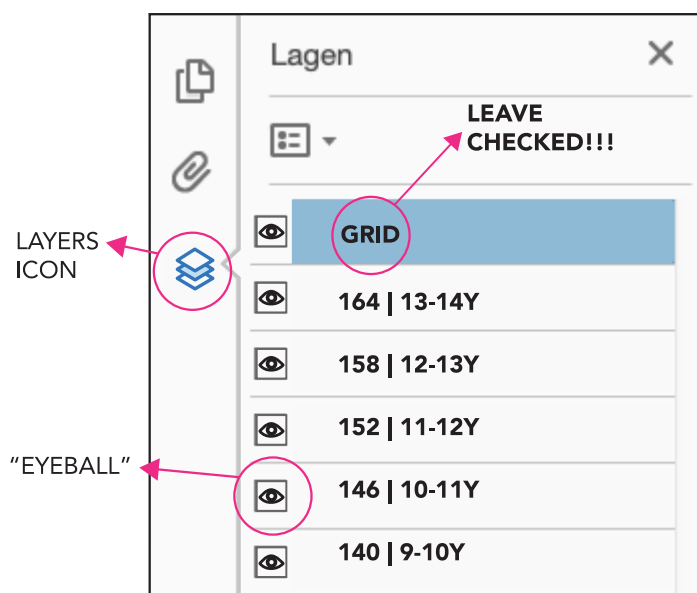
Download and store your pattern in a (cloud) folder on your computer. We recommend opening your pattern with Adobe Acrobat Reader. You can download Adobe Acrobat Reader for free: <http://get.adobe.com/reader/> Patterns are designed to print on both US letter paper as well as A4 paper.

Set your printer to: Print at 100%, Actual size or No scaling.

Print the FIRST page of the tiled pattern and measure the test squares to confirm the printing scale is correct. Proceed to print the pages for your desired options using the layers function and by following the page printing chart.

LAYERS PRINTING OPTIONS

1. In Adobe Acrobat Reader, click on the layers icon.
2. Click the "eyeball" to select the size or sizes you wish to print.
3. Make sure to leave the layers marked "LEAVE CHECKED!" checked.



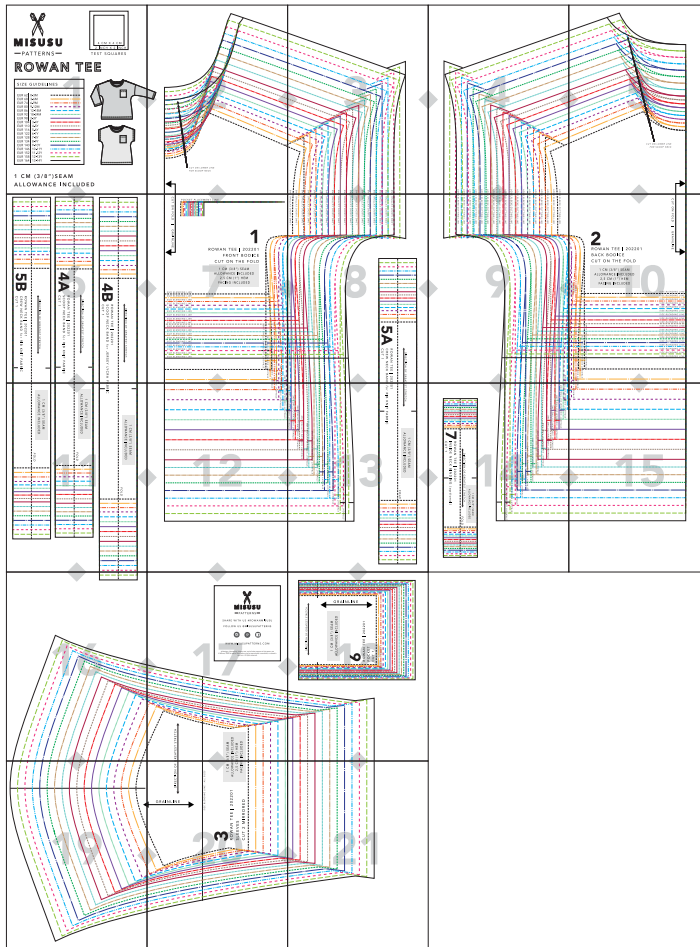
PAGE PRINTING CHART

To save paper and time, determine which size/version you want to make and write down the pages you need to print for that size/version. In selecting the options belonging to your desired size/version, some page numbers could be doubled. You only have to print those pages once.

PAGE PRINTING CHART	
	PAGES
FRONT & BACK BODICE - SIZES 62-68	2-5, 7-10
FRONT & BACK BODICE - SIZES 74-164	2-5, 7-10, 12-15
LONG SLEEVES - SIZES 62-80	16-17, 19-20
LONG SLEEVES - SIZES 86-164	16-18, 19-21
SCOOP NECK BAND for RIB KNIT FABRIC (4A) - ALL SIZES	6,11
SCOOP NECK BAND for JERSEY LYCRA FABRIC (4B) - ALL SIZES	6,11
CREW NECK BAND for RIB KNIT FABRIC (5A) - ALL SIZES	6,11
CREW NECK BAND for JERSEY LYCRA FABRIC (5B) - ALL SIZES	8,13
POCKET - ALL SIZES	18
INSIDE NECK BINDING	14

TAPING

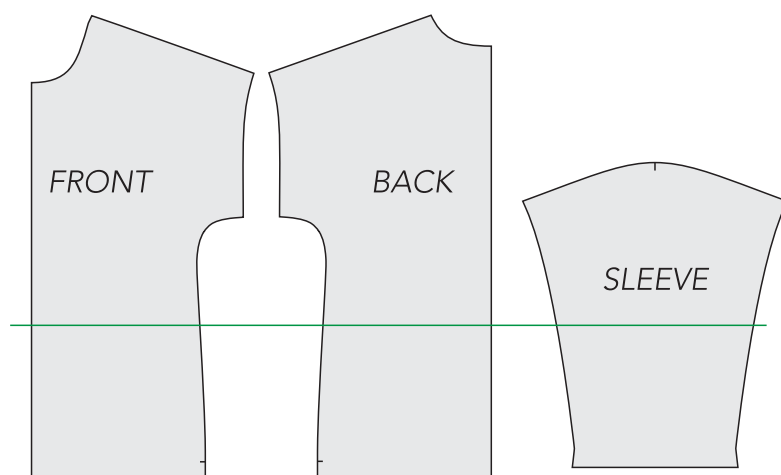
Tiles print vertically and run 5 pages across for rows 1-3 and 3 pages across for rows 4-5, 21 pages in total. Follow the big numbers on the pages and match the grey squares. Trim the bottom and right sides of the page border.



BLENDING SIZES

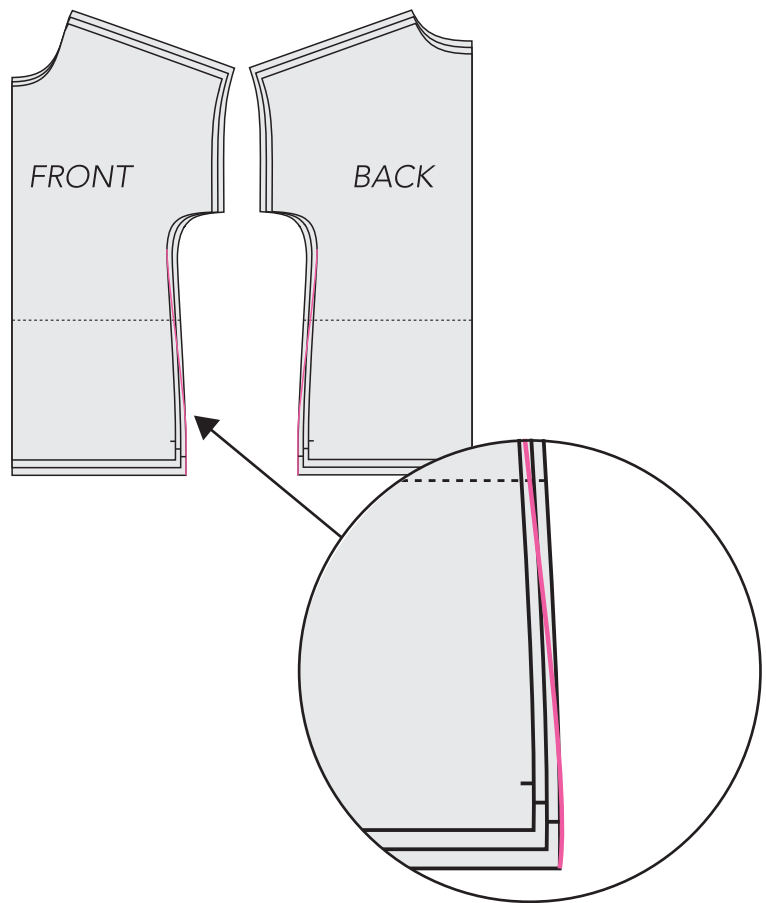
Sizing is different in a lot of countries and stores - the ready-to-wear sizes your child normally wears may be different from the measurements in our size chart. So it's very important to measure your child before picking your size.

When your child's chest, hip and height measurements place him/her in different pattern sizes, it's advised to blend between those sizes to ensure a fitting outcome. To help you through this process, pattern pieces - front (1), back (2) and sleeves (3)- come with a "size blending line" (indicated here with a green line). This line can be used to adjust the pattern pieces.

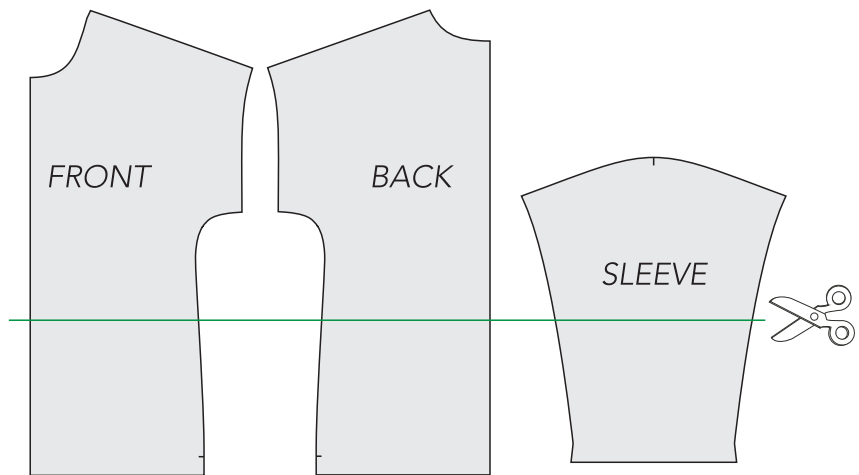


If you need to adjust your pattern pieces in width and length, always start with making adjustments in **WIDTH** first. Start with the pattern size that fits your child's chest measurement best. Also determine the pattern size that fits your child's hip measurement best - these are the pattern sizes you're going to blend. TIP: print the patterns in the sizes you're going to blend, using the layers option.

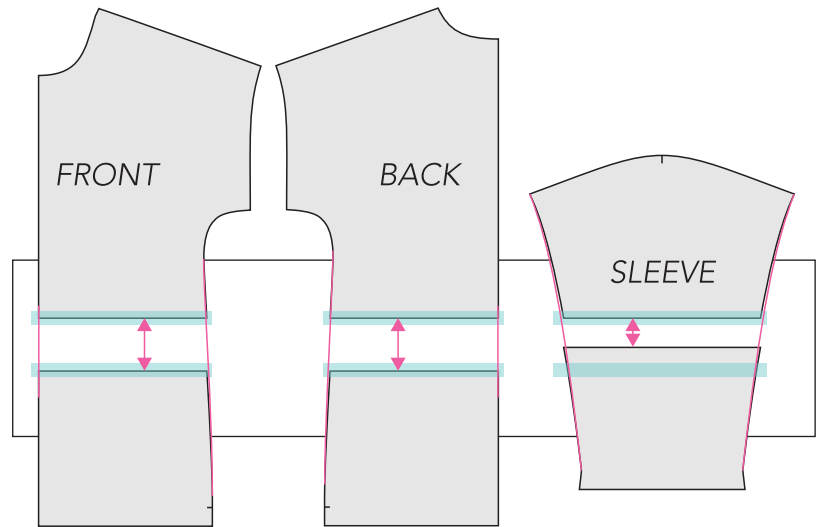
ADJUSTING THE WIDTH Take the front bodice and back bodice pattern pieces. Start at the smallest part of the side seam of the front bodice, below the sleeves. Start and follow the line in the pattern size that fits your child's chest width best and gradually blend into the pattern size line that fits your child's hip width best. When grading from a bigger size at the chest towards a smaller size for the hip, the new line will automatically be more straight. Repeat for the back bodice.



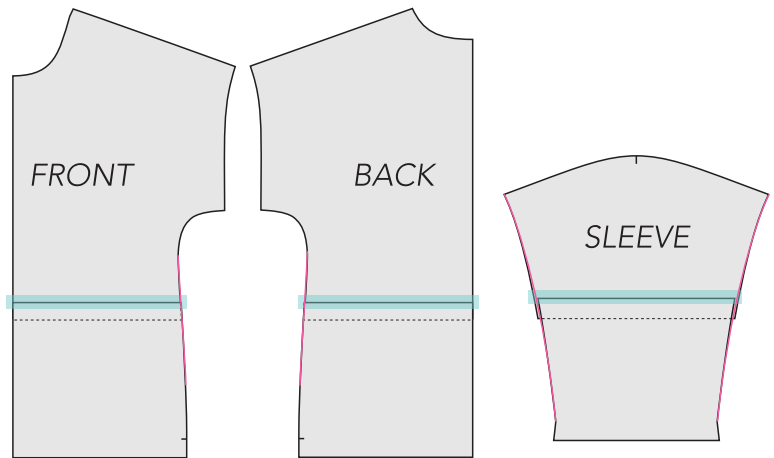
LENGTHENING/SHORTENING Cut the front bodice, back bodice and sleeves, horizontally over the size blending line on your pattern pieces. Check the [finished garment measurements chart](#) and determine the amount you want to lengthen or shorten your bodices and sleeves, by comparing the difference in length between the pattern size based on your child's chest width and the pattern size based on your child's body height.



TO LENGTHEN Place a piece of paper behind the pattern pieces, extending beyond the entire side seams. Lengthen your pattern pieces by adding the desired amount between the upper and lower pattern pieces. Tape in place and redraw the side seams from the top to the hem. Cut along the new side seam line.

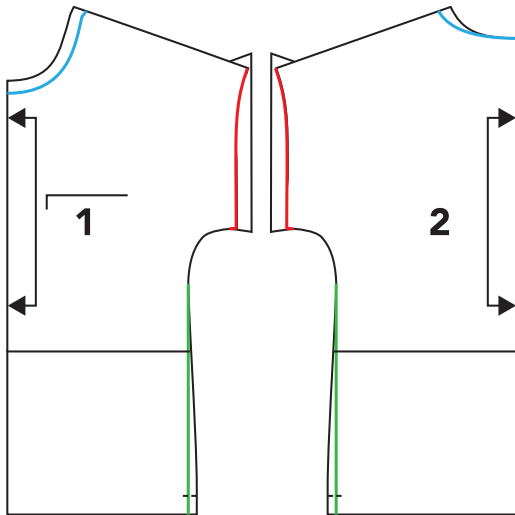


TO SHORTEN Overlap the top and bottom pieces the desired amount and tape together. Tape some extra paper behind your pattern pieces at the side seam. Redraw the side seam from the top to the hem.



PATTERN PREPARATION

Before cutting your fabric, you need to prepare the bodice pattern pieces for your desired style options, following the indicated cutting lines on your pattern pieces.



When you want to make the **ROWAN TEE WITH LONG SLEEVES**, cut along the "long sleeves cutting line" indicated on your front and back pattern pieces, indicated here by a red line. Discard the cut off.

When you want to make the **ROWAN TEE WITH A SCOOP NECK LINE**, cut along the "scoop neck cutting line" indicated on your front and back pattern pieces, indicated here by a blue line. Discard the cut off. Make sure to use the scoop neckbands (4A or 4B, depending on your fabric).

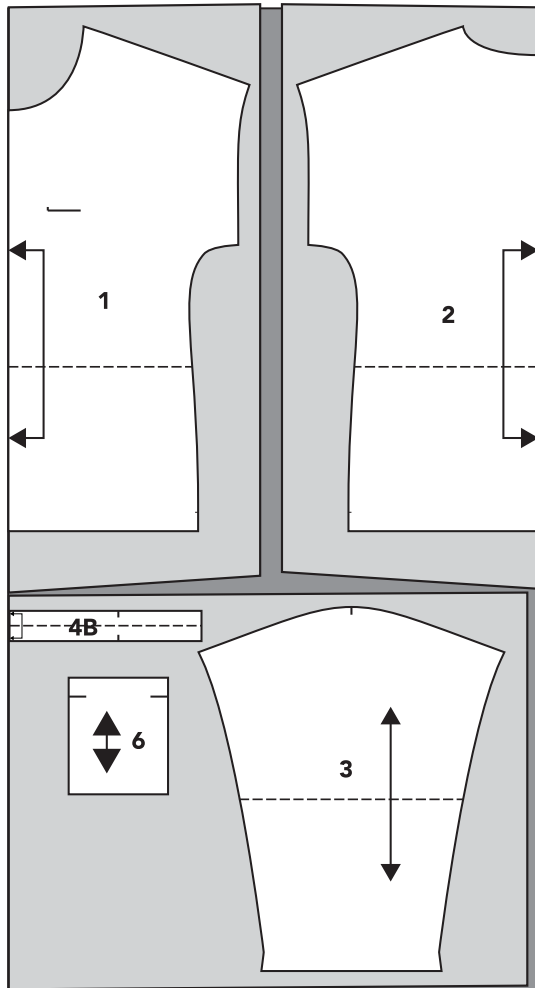
When you want to make the **ROWAN TEE WITH A STRAIGHT SIDE SEAM**, cut along the "straight side seam cutting line" indicated on your front and back pattern pieces, indicated here by a green line. Discard the cut off.

CUTTING LAYOUT: ROWAN TEE WITH SCOOP NECK AND LONG SLEEVES.

MAIN FABRIC LAYOUT

140CM - 55" FABRIC WIDTH

create 2 fabric folds when necessary



RIB KNIT OR CONTRAST FABRIC LAYOUT

140CM - 55" FABRIC WIDTH

optional for neckband

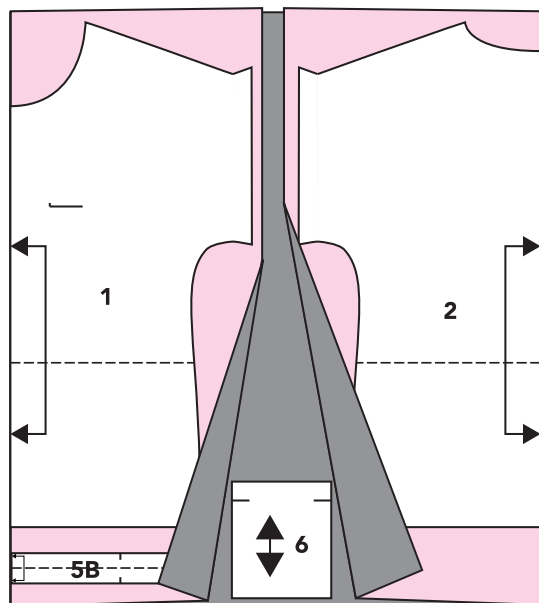


CUTTING LAYOUT: ROWAN TEE WITH CREW NECK AND SHORT SLEEVES.

MAIN FABRIC LAYOUT

140CM - 55" FABRIC WIDTH

create 2 fabric folds when necessary



RIB KNIT OR CONTRAST FABRIC LAYOUT

140CM - 55" FABRIC WIDTH

optional for neckband



SEWING WITH KNITS

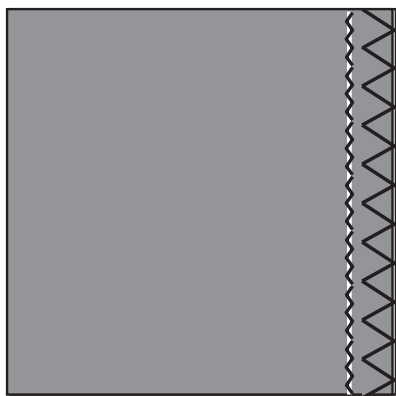
A serger is ideal for finishing knits - it automatically makes a stretchable finished seam. But if you don't own a serger, a normal sewing machine will do just fine!

When using a sewing machine, always start with a double layered test swatch to try and find the perfect stitch setting for your selected fabric. For the main seams, use a knit stitch (check your machine manual) or a narrow zigzag stitch. When using a zigzag, start by setting the width and length very low (approx. width 1,5 and length 1).

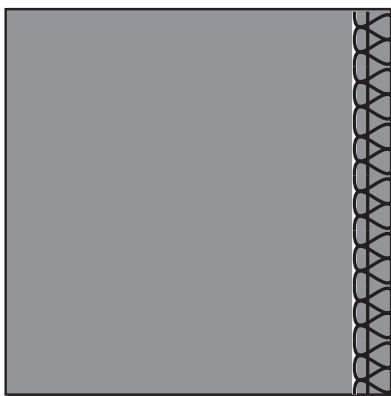
Make a row of stitches on your test swatch and give it a pull. If the thread breaks, the seam is not giving enough tolerance for the fabric to stretch. Adjust the length of the stitch (bigger means more stretch). You can also try and lower the tension of the upper thread.

To minimize wavy seams, make sure not to pull the fabric, only gently guide it along. If your seam is a bit stretched out by stitching, ironing the seam can help to flatten it out. Alternatively, you could consider investing in a walking foot - a walking foot helps move knit fabrics evenly so they don't stretch out of shape.

Finish the seams with a big zigzag stitch.

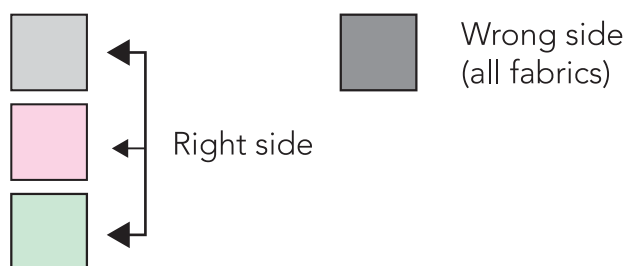


*seam closed with a small zigzag
and raw edge finished with a
big zigzag*



seam finished with a serger

FABRIC ILLUSTRATION KEY



PLEASE NOTE!

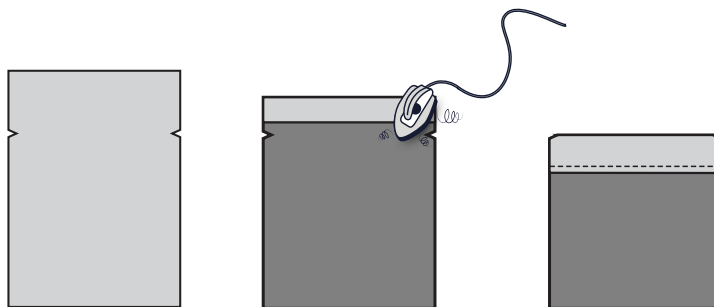
A seam allowance of 1 cm ($\frac{3}{8}$ ") is included.

BEFORE YOU BEGIN

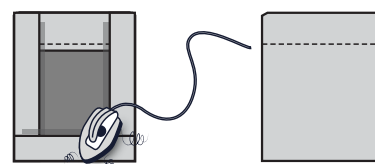
Make sure you've transferred all the necessary notches and added notches to all center front and center back pattern pieces. If you're making a Rowan Tee with long sleeves, double check you've adjusted the front and back pattern pieces, by cutting along the indicated cutting lines.

SEWING TUTORIAL - POCKET (OPTIONAL)

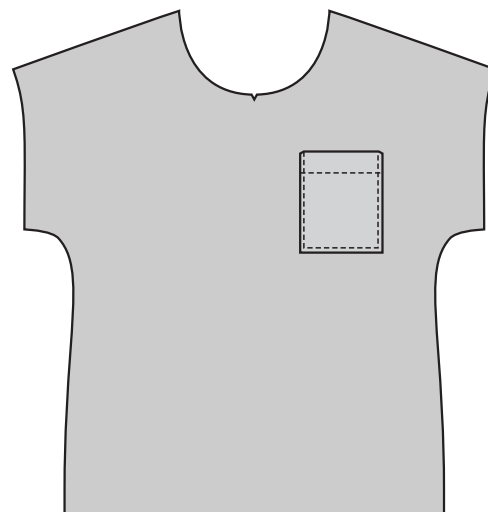
STEP 1A Collect your pocket. Fold the top 1cm (3/8) seam allowance down. Press the fold. Fold the pocket facing down along the notches. Press the fold. Topstitch close to the edge of the pocket facing to close the seam.



STEP 1B Fold the seam allowance at the sides and bottom under, then press.

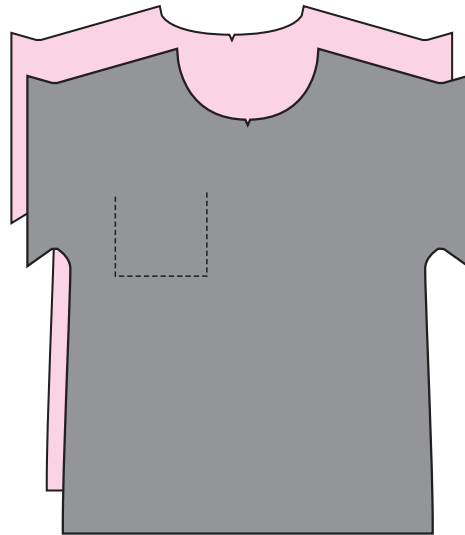


STEP 1C Pin the pocket to the front, following the pocket placement line on the pattern piece. Stitch the pocket to the front around the folded edges, close to the edge of the fold. Give the pocket a final press.

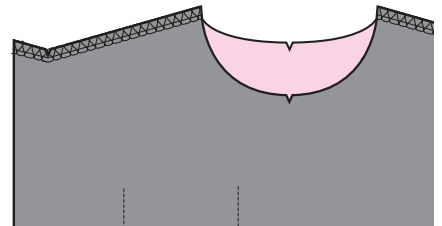


SHOULDER SEAMS

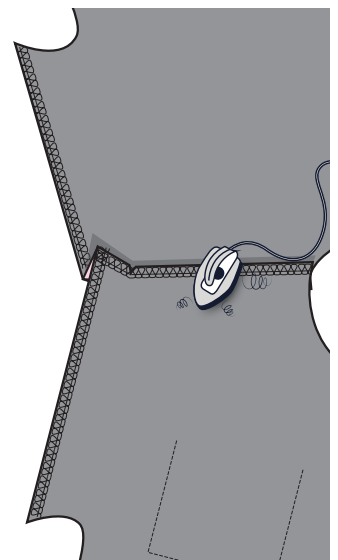
STEP 2A Take the front and back pattern piece. With the right sides together, line up the shoulders.



STEP 2B Serge the shoulders together. Sewing machine: use a knit stitch or small zigzag to stitch the seam. Finish the raw edge with a big zigzag.

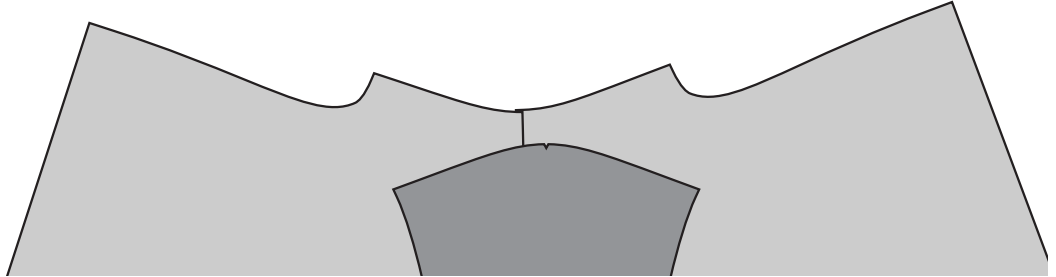


STEP 2C Press the seam towards the back.

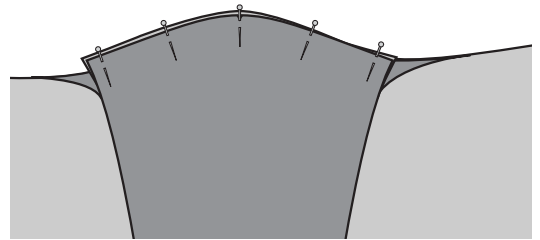


LONG SLEEVES

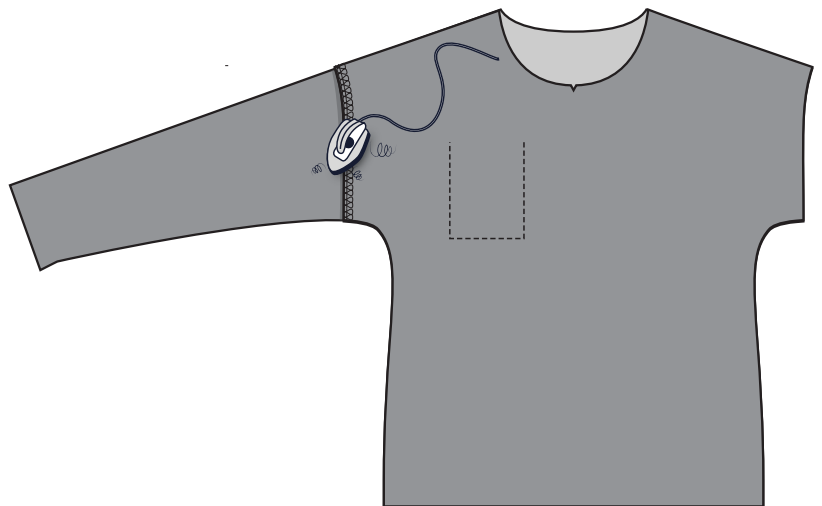
STEP 3A Place the bodice with the right side up. Take one of the sleeves. With the right sides together, line up the sleeve cap notch with the shoulder seam.



STEP 3B Pin the sleeve in place.

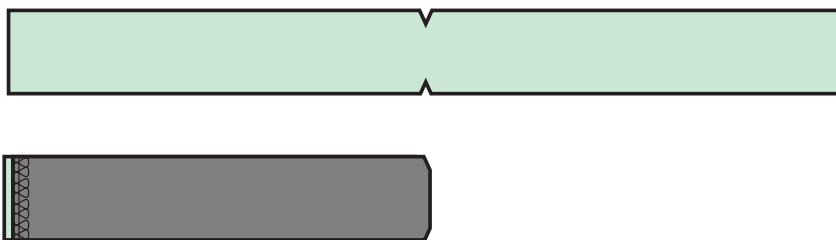


STEP 3C Serge the sleeve to the shirt. Sewing machine: use a knit stitch or small zigzag to stitch the seam. Finish the raw edge with a big zigzag. Press the sleeve towards the sleeve. Repeat for the other side.

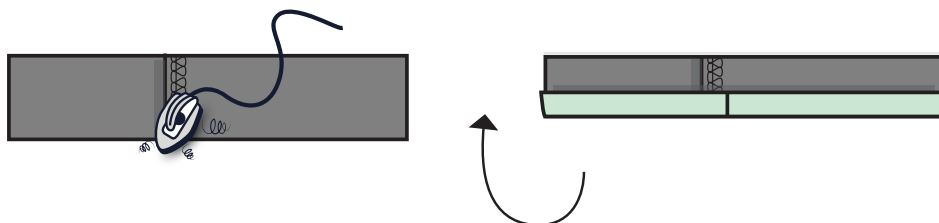


NECKBAND (WITH OPTIONAL INSIDE NECK BINDING)

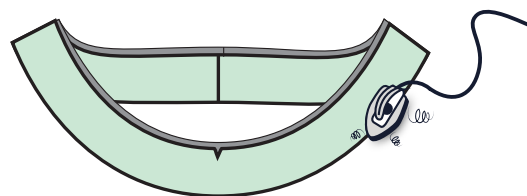
STEP 4A Take the neckband pattern piece. With the **RIGHT** sides together, fold in half. Serge the ends together or use a small zigzag stitch.



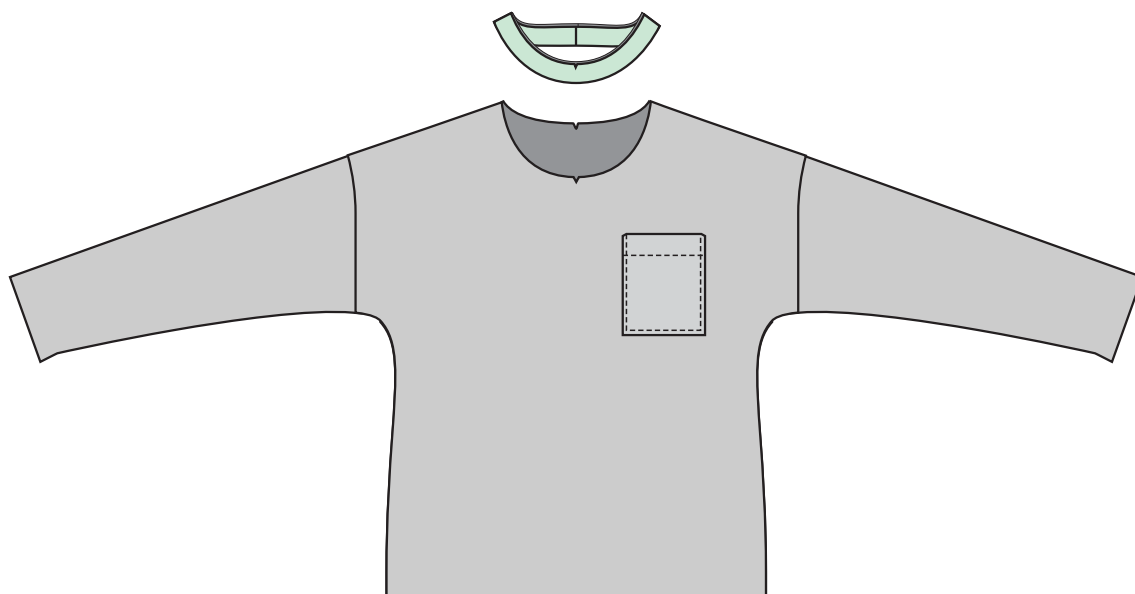
STEP 4B Press the seam. With the **WRONG** sides together, fold the neckband in half. The seam should be hidden.



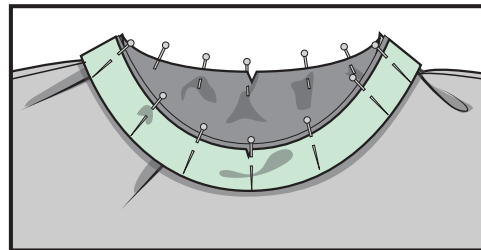
STEP 4C Press the neckband.



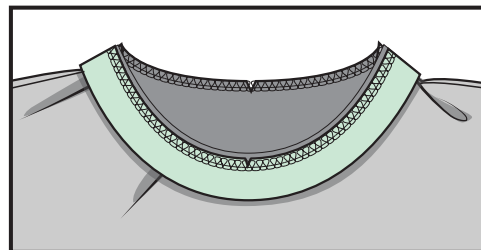
STEP 4D
Take the shirt and the neckband.



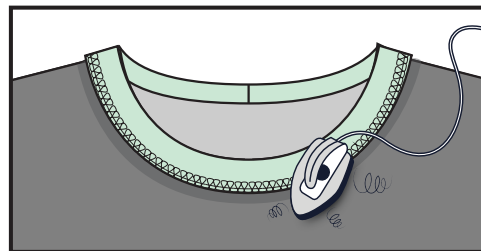
STEP 4E With the right sides together, place the neckband over the neck area of the shirt, lining up the raw edges. Line up the neckband notch with the center front notch of the shirt. Line up the seam of the neckband with the center back notch of the shirt. Pin in place. Divide the neckband width evenly over the neck width of the shirt.



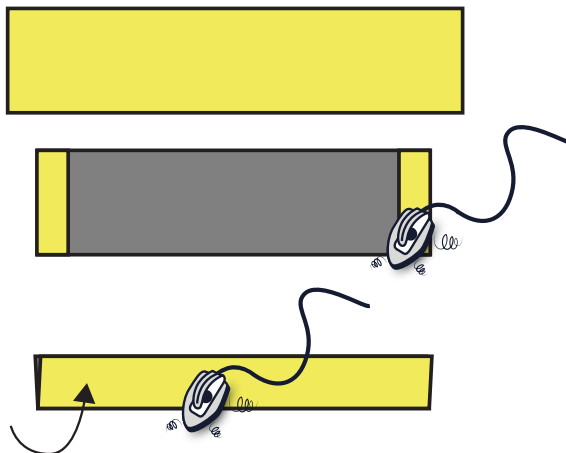
STEP 4F Serge the neckband to the neck area, evenly stretching it to fit as you go. Sewing machine: use a knit stitch or a small zigzag to stitch the neckband to the neck area, evenly stretching it to fit as you go. Finish the raw edge with a big zigzag.



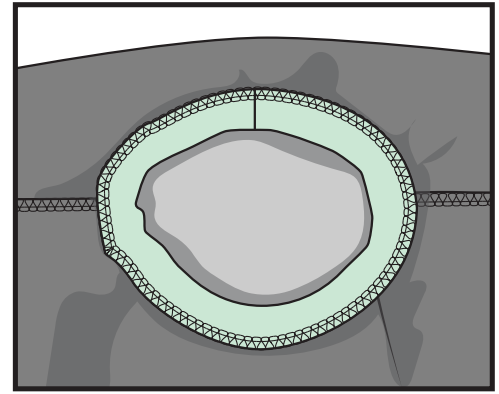
STEP 4G Turn the shirt inside out. Press the seam down. If at this point, you're not going to attach an inside neckband, you could optionally topstitch below the neckband seam with a knit stitch, a small zigzag stitch or with a twin needle.



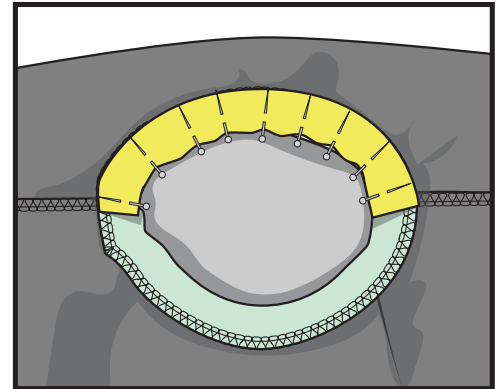
STEP 4H Optional: collect the inside neck binding. With the wrong side up, press the short 1cm (3/8") seams towards the inside. With the wrong sides together, press the inside neck binding in half.



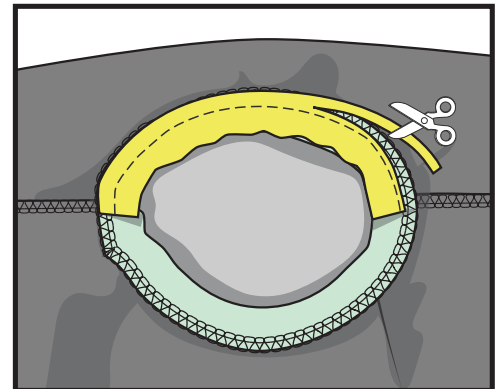
STEP 4I With the shirt inside out, place the inside of the neckband up.



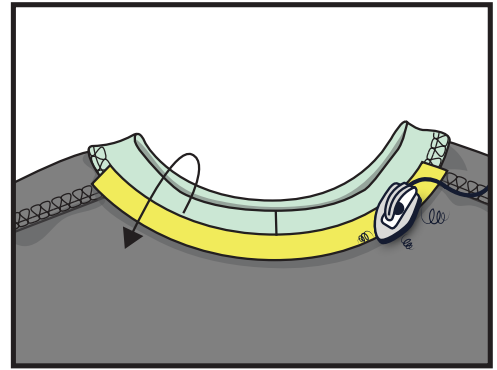
STEP 4J Starting at one of the shoulder seams, place the inside neck binding over the back side of the neckband, ending at the other shoulder seam. Line up the raw edges of the inside neck binding with the finished edge of the neckband. Pin in place.



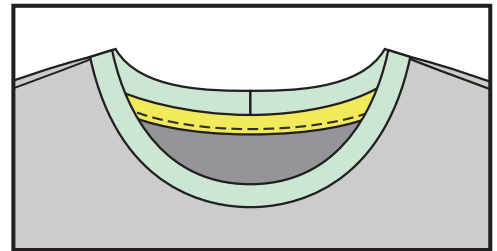
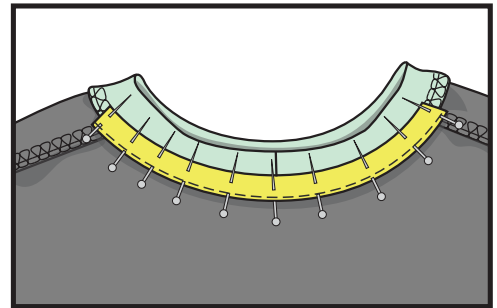
STEP 4K Use a knit stitch or a small zigzag to stitch the inside neck binding to the back side of the neckband, evenly stretching it to fit as you go. Trim the seam of the inside neck binding down to avoid bulk.



STEP 4L Press the inside neck binding down, over the seam allowances (this way covering them) towards the back bodice.

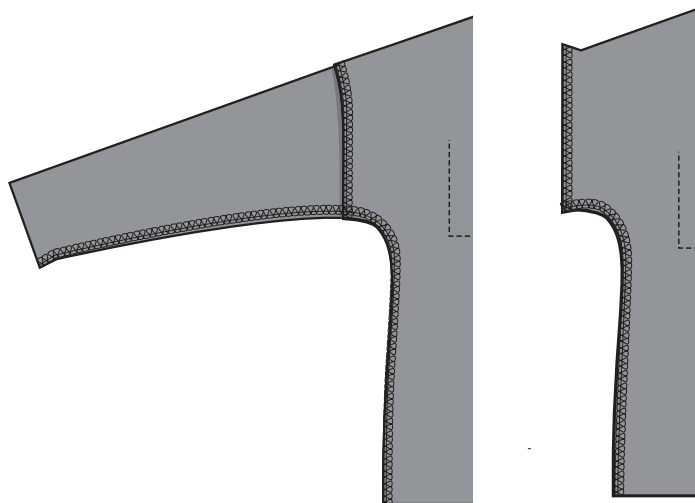


STEP 4M Pin in place. Stitch the inside neck binding close to the edge, using a knit stitch or a small zigzag stitch.



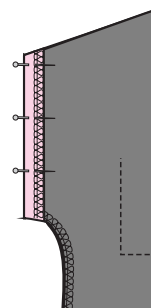
SIDE SEAM

STEP 5 Turn the shirt inside out. With the right sides together, line up the raw edges of the side seams. Serge together. Sewing machine: use a knit stitch or small zigzag to stitch the seam. Finish the raw edge with a big zigzag. Press the seam to the back.

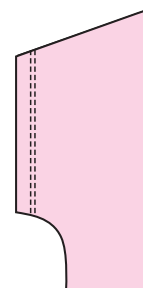


HEMMING: SHORT SLEEVES

STEP 6A Finish the raw edge of the sleeve hem with a serger or a big zigzag stitch. Fold the sleeve hem up towards the inside by 2,5cm (1"). Pin in place.

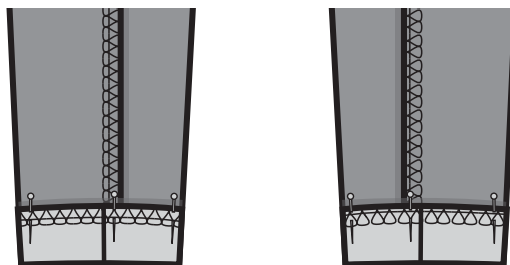


STEP 6B Topstitch the hem 2cm (3/4") from the folded edge of the short sleeve hem with a knit stitch, a small zigzag stitch or a twin needle.

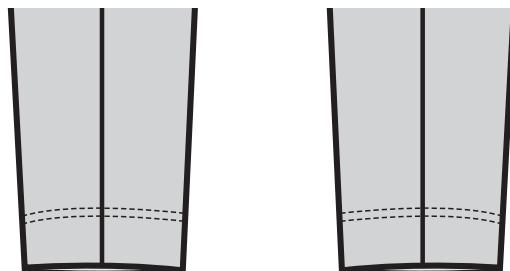


HEMMING: LONG SLEEVES

STEP 7A Finish the raw edge of the sleeve hem with a serger or a big zigzag stitch. Fold the sleeve hem up towards the inside by 2,5cm (1"). Pin in place.

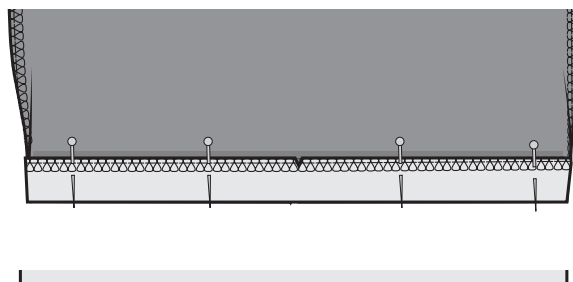


STEP 7B Topstitch the hem 2cm (3/4") from the folded edge with a knit stitch, a small zigzag stitch or a twin needle.

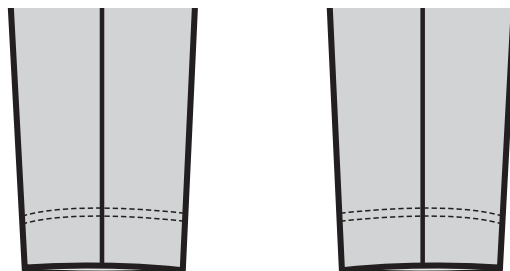


HEMMING: THE BOTTOM HEM

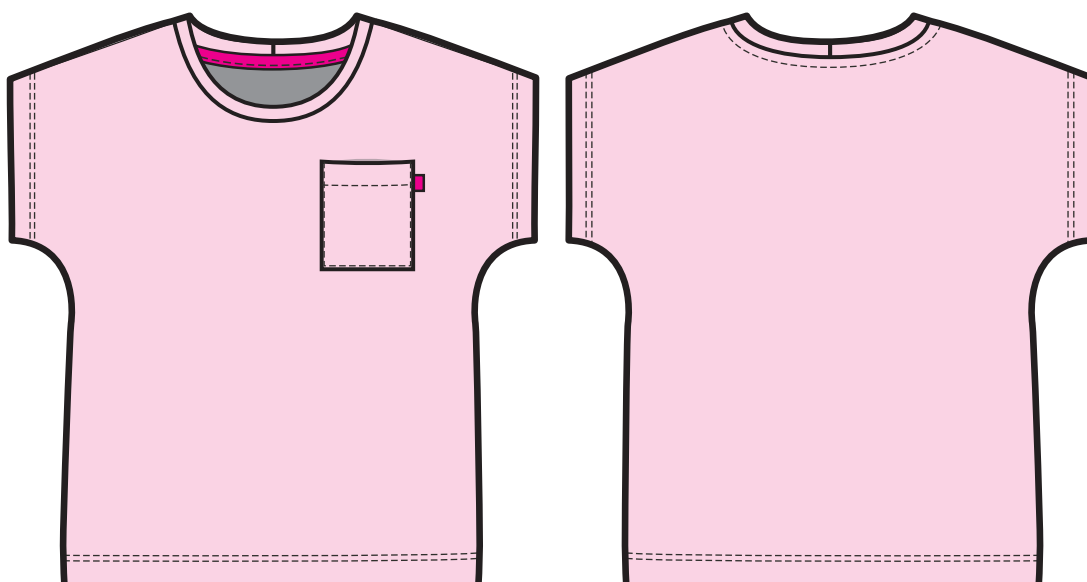
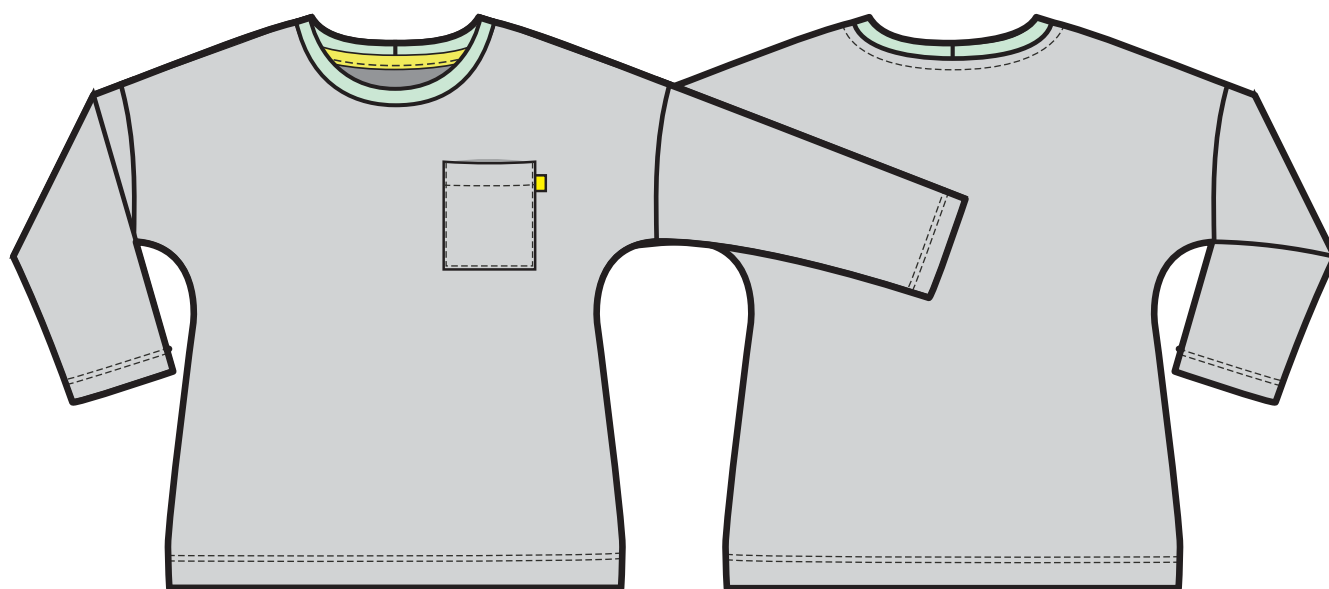
STEP 8A Finish the raw edge of the bottom hem with a serger or a big zigzag stitch. Fold the bottom hem up towards the inside by 2,5cm (1"). Pin in place.



STEP 8B Topstitch the bottom hem 2cm (3/4") from the folded edge with a knit stitch, a small zigzag stitch or a twin needle.



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