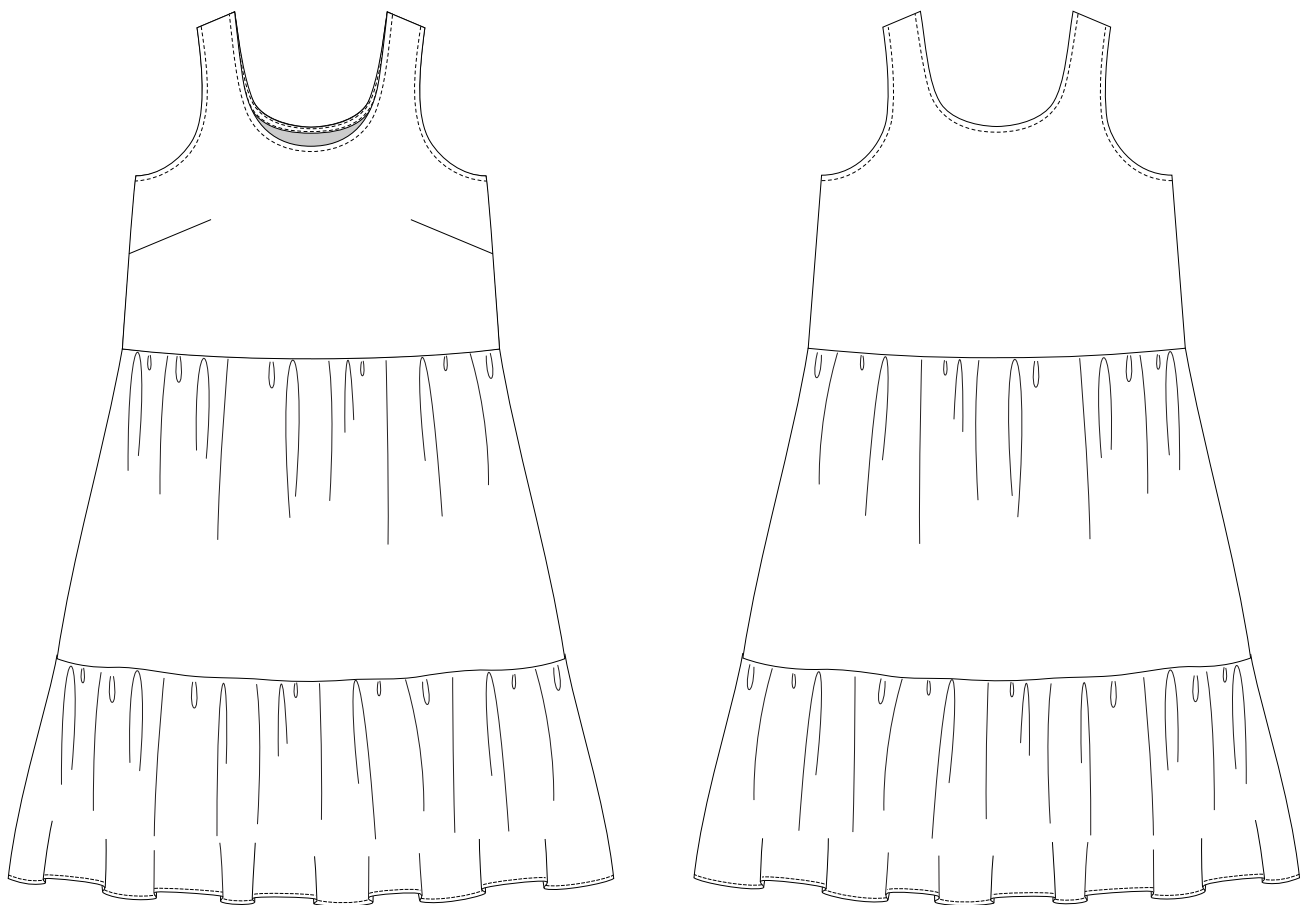


Peppermint

The Bardon Dress

A free sewing pattern from *Peppermint Magazine*, created in collaboration with:



This pattern has been created in partnership with Spoonflower! The world's largest marketplace of independent designs from global artists, Spoonflower is leading the way in custom, sustainable textile printing. Their on-demand process significantly reduces materials, energy and water, with inks that meet Oeko-Tex 100 requirements and fabrics – including a Certified Organic range – that are ethically sourced. Pop over to spoonflower.com for inspiration for your next me-made project!

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Peppermint Patterns

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The Peppermint Bardon Dress is an easy to wear, throw on style, featuring a semi fitted bodice and a tiered skirt.

This pattern is suitable for advanced beginners and above. You will use techniques such as gathering, binding and inserting in-seam pockets.

SIZE CHART

	A	B	C	D	E	F	G	H	I	J	K	L
HIGH BUST	74cm 29in	79cm 31in	84cm 33in	89cm 35in	94cm 37in	99cm 39in	104cm 41in	109cm 43in	114cm 45in	119cm 47in	124cm 49in	129cm 51in
BUST	79cm 31in	84cm 33in	89cm 35in	94cm 37in	99cm 39in	104cm 41in	109cm 43in	114cm 45in	119cm 47in	124cm 49in	129cm 51in	134cm 53in
WAIST	62cm 24.4in	67cm 26.4in	72cm 28.3in	77cm 30.3in	82cm 32.2in	87cm 34.2in	92cm 36.2in	97cm 38.2in	102cm 40.1in	107cm 42.1in	112cm 44.1in	117cm 46in
HIP	88cm 34.6in	93cm 36.6in	98cm 38.5in	103cm 40.5in	108cm 42.5in	113cm 44.4in	118cm 46.4in	123cm 48.4in	128cm 50.4in	133cm 52.4in	138cm 54.4in	143cm 56.3in

FINISHED GARMENT MEASUREMENTS

	A	B	C	D	E	F	G	H	I	J	K	L
BUST	89cm 35in	94cm 37in	99cm 39in	104cm 41in	109cm 43in	114cm 45in	119cm 47in	124cm 49in	129cm 51in	134cm 53in	139cm 55in	144cm 57in
WAIST	90cm 35.4in	95cm 37.4in	100cm 39.3in	105cm 41.3in	110cm 43.3in	115cm 45.2in	120cm 47.2in	125cm 49.2in	130cm 51.1in	135cm 53.1in	140cm 55.1in	145cm 57in
HIP	134cm 53in	140cm 55in	146cm 57.5in	151cm 59.5in	156cm 61.5in	162cm 64in	168cm 66in	173cm 68in	178cm 70in	184cm 72.5in	190cm 74.8in	196cm 77in

FITTING NOTES

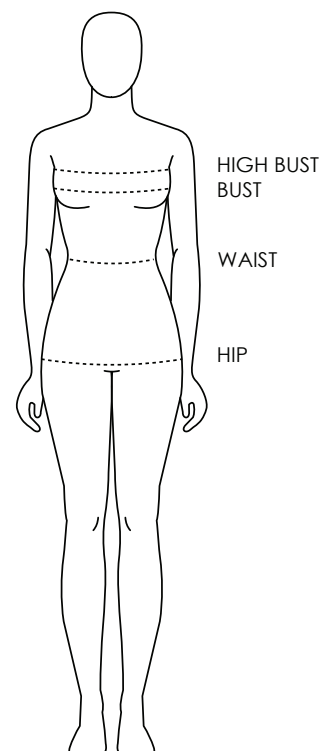
This pattern has been drafted for a height of 5'7. The hem is designed to finish below the knee.

This pattern has been drafted for a B cup.

If the difference between your high bust measurement and bust measurement is more or less than 2 inches (5cm), you may like to do a full bust adjustment, or small bust adjustment. The bodice has 4 inches (10cm) of ease around the bust though, so there is a bit of leeway with differing cup sizes.

When choosing a size, focus on the high bust and bust measurement, as this is the where the garment is sitting closest to the body. The waist and hip have a fair bit of wearable ease.

It's recommended to make a toile first in an inexpensive fabric to work out any fitting alterations you may need, before cutting into your chosen fabric.



SUGGESTED FABRICS

Light to medium weight woven fabrics with good drape : Soft cotton, washed linen, cheese cloth, double gauze, silk noil, silk crepe de chine, rayon/viscose.

Please note: If you're using a patterned fabric with a repeat that you'd like to match, you may need more fabric than what is suggested above. Use your discretion.

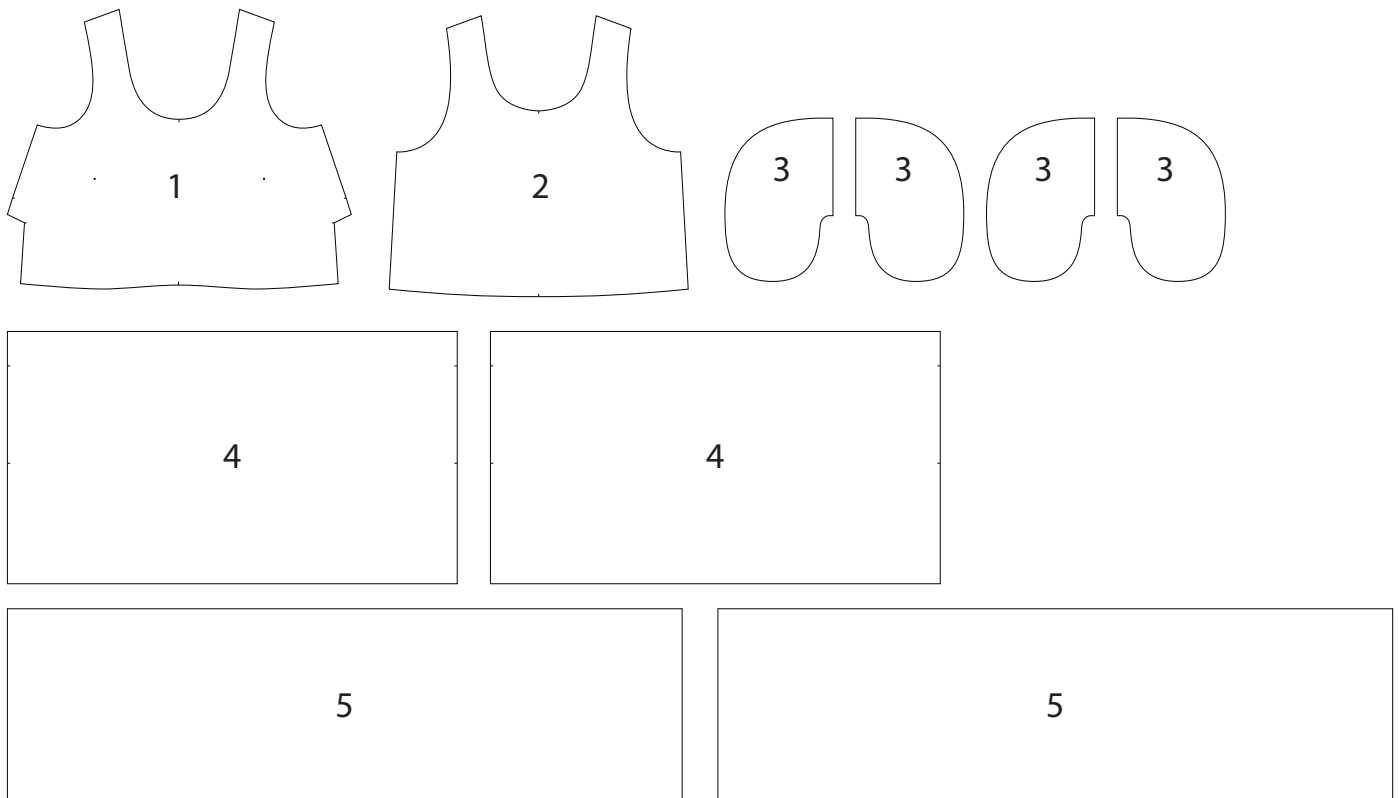
Ensure your fabric is washed and pre-shrunk before cutting.

NOTIONS

- Matching thread to your fabric.
- 220cm to 240cm of bias binding. If you are making your own, I would recommend cutting the strips 2.5cm / 1 inch wide.

Please consider cutting your bias binding out from existing fabric offcuts and scraps to save on fabric. Shorter strips can be joined together at a 45 degree angle to reduce bulk.

PATTERN PIECE INVENTORY



- 1: Front: 1 cut on fold
- 2: Back: 1 cut on fold
- 3: Pockets: cut 2 pairs
- 4: Skirt Tier 1: 2 cut on fold
- 5: Skirt Tier 2: 2 cut on fold

FABRIC CONSUMPTION

Bias binding has not been factored into the fabric usage. It's recommended to cut strips where you can between the other pattern pieces and join these together, if need be. Otherwise have a dig through your fabric stash for other offcuts in a similar or lighter weight that may be suitable. Try to use what you have on hand!

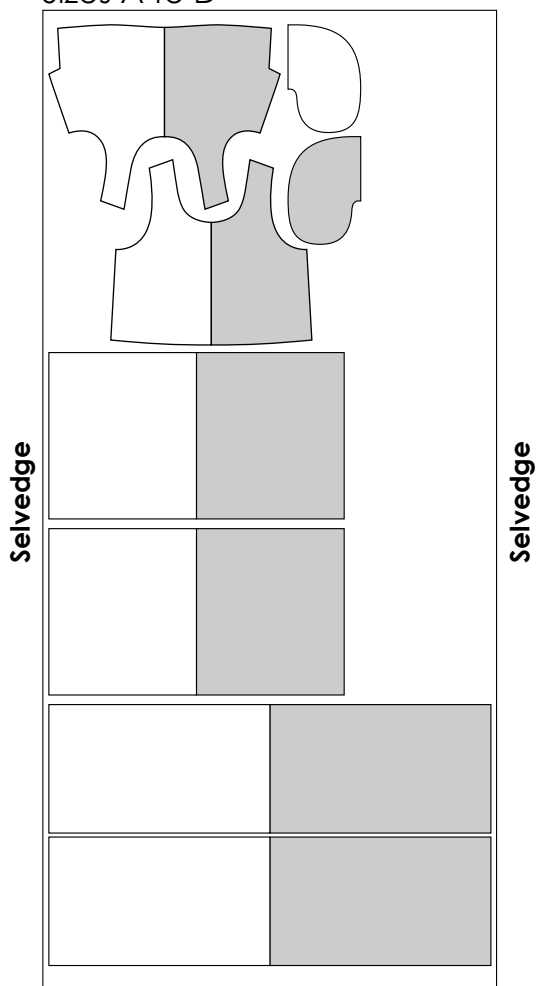
	A	B	C	D	E	F	G	H	I	J	K	L
120cm	260cm	260cm	260cm	260cm	*	*	*	*	*	*	*	*
1.3yds	2.8yds	2.8yds	2.8yds	2.8yds	*	*	*	*	*	*	*	*
150cm	220cm	220cm	220cm	220cm	230cm	230cm	230cm	230cm	230cm	230cm	230cm	230cm
1.6yds	2.4yds	2.4yds	2.4yds	2.4yds	2.5yds	2.5yds	2.5yds	2.5yds	2.5yds	2.5yds	2.5yds	2.5yds

* Fabric width not suitable for this size, unless you are willing to cut Skirt Tier 2 with a centre front and centre back seam, instead of the piece being on the fold.

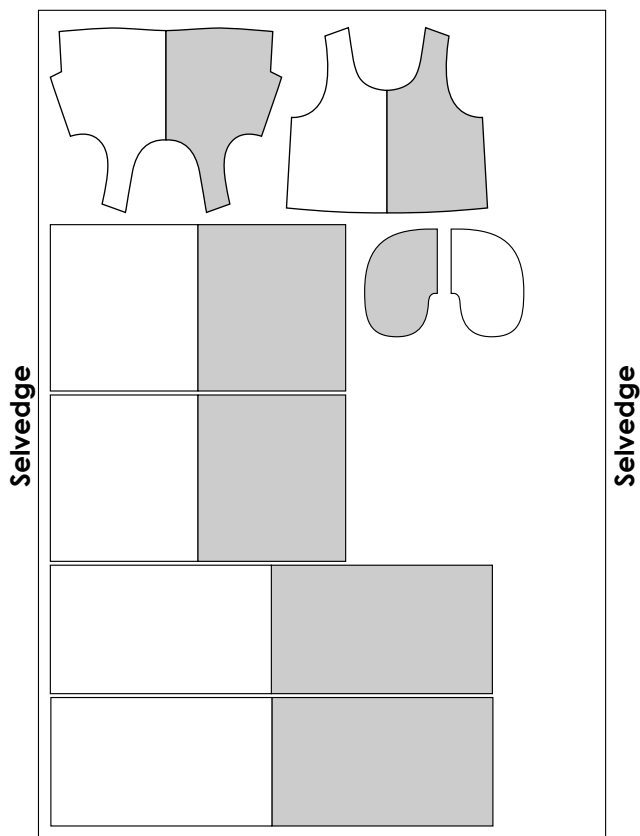
CUTTING LAYOUT - Shown on a single layer

These are a suggestion only. Feel free to play a bit of pattern piece tetris before buying fabric to see if you can reduce fabric waste.

120cm wide fabric -
Sizes A to D



150cm wide fabric



GLOSSARY:

Right and wrong side of the fabric: The right side will be the side that shows on the outside of the garment and the wrong side will be on the inside.

Seam allowance: The distance between the line of stitching and the raw edge.

Baste: Basting stitches are long stitches done by hand or machine that temporarily hold fabric in place before the final line of stitching.

Finish: To finish a seam means to neaten the raw edge. This can be done in a number of ways – overlocking/serging the edges. If you don't have access to an overlocker, you can use the zig zag stitch on your machine. You can also use pinking shears along the raw edge to prevent fraying.

Top stitching A row of visible stitching on the right side of the fabric, running parallel to the seam. Secures the seam allowance in place.

Under stitching Stitching the seam allowance to the facing, to prevent the facing from rolling towards the right side of the garment.

Stay stitching: A row of machine stitching done on a single layer of fabric just inside the seam line to prevent stretching and distortion of curved or angled pieces.

Back tack: Used to secure a line of stitching. Done by sewing backwards over previous stitches at the beginning and end of the line of stitching.

Gathering: A process of drawing fullness into a smaller area to create soft, even folds.

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PRINTING AND ASSEMBLING INSTRUCTIONS

Printing: Download and save your pattern on a desktop or laptop computer. Open in a PDF reader, such as Adobe Acrobat.

Please note: These patterns are designed for A4 and Letter size paper. There is an A0 PDF file options to take to a printer if you prefer.

Before printing, confirm your size option is set to 'Actual Size'. This is a very important step to ensure accuracy in sizing. Do not check the 'Fit to Page' option.

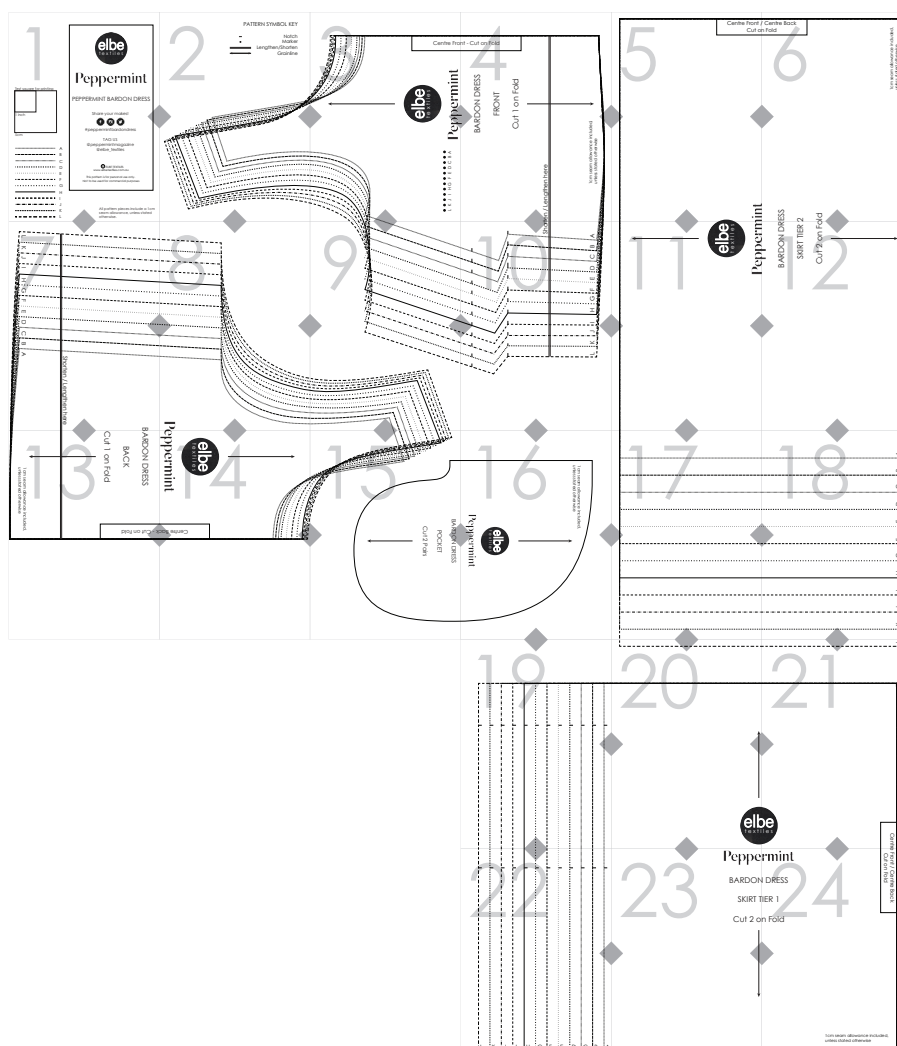
To check the pattern is printing to scale, there is a test square measuring 1 inch by 1 inch and 5cm by 5cm on the first page of every pattern. Print this first page only to check the scale. Once you've checked this is correct you can print the rest of the pattern pages.

Assembling: Cut along the outside edge of the right hand side border and bottom border of each page. Overlap your pages so the borders are matching at the corners and the squares align. Tape or glue in place.

Once your pages are all taped/glued together, cut out the pattern pieces as you would with a standard pattern.

Pattern Printout Guide for A4/Letter

x 24 pages



SEWING INSTRUCTIONS



Right side of fabric

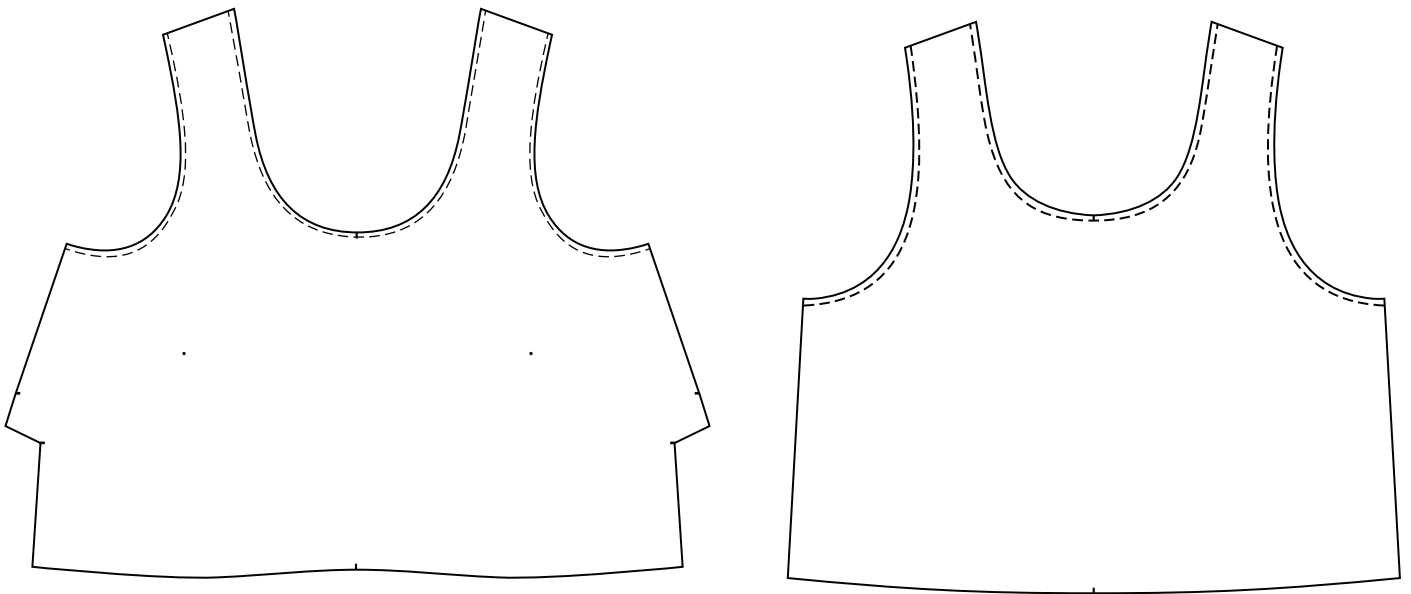


Wrong side of fabric

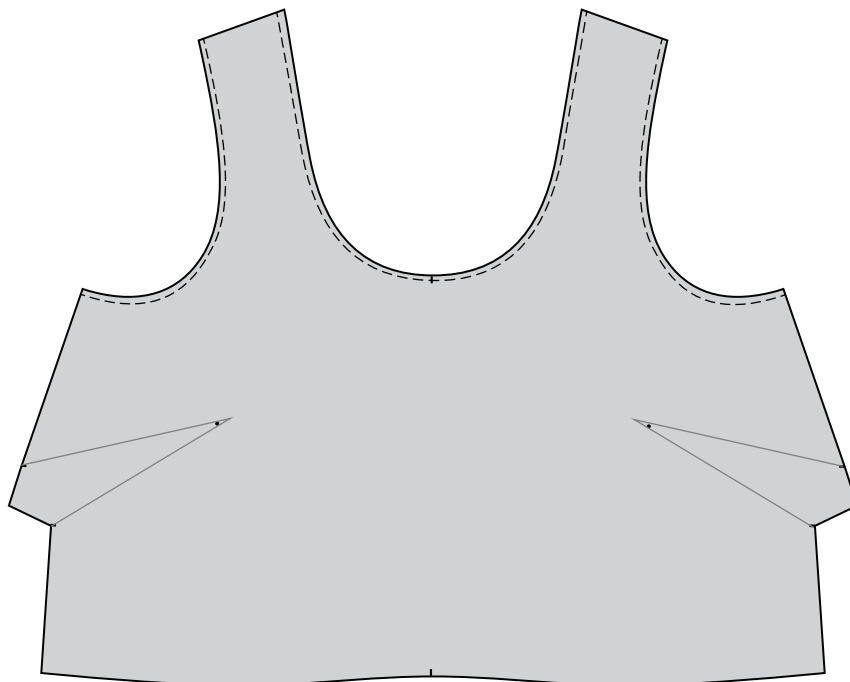
Cut out all the required pattern pieces, ensuring the notches are marked with small snips into the seam allowance, or marked with a fabric pen or chalk.

Please note: All seam allowances are 1cm, unless stated otherwise.

- 1 Stay stitch around the neck and arm holes of the front and back pieces, 0.4cm from the edge. This is to prevent the shape of the neck and arm holes stretching and distorting.



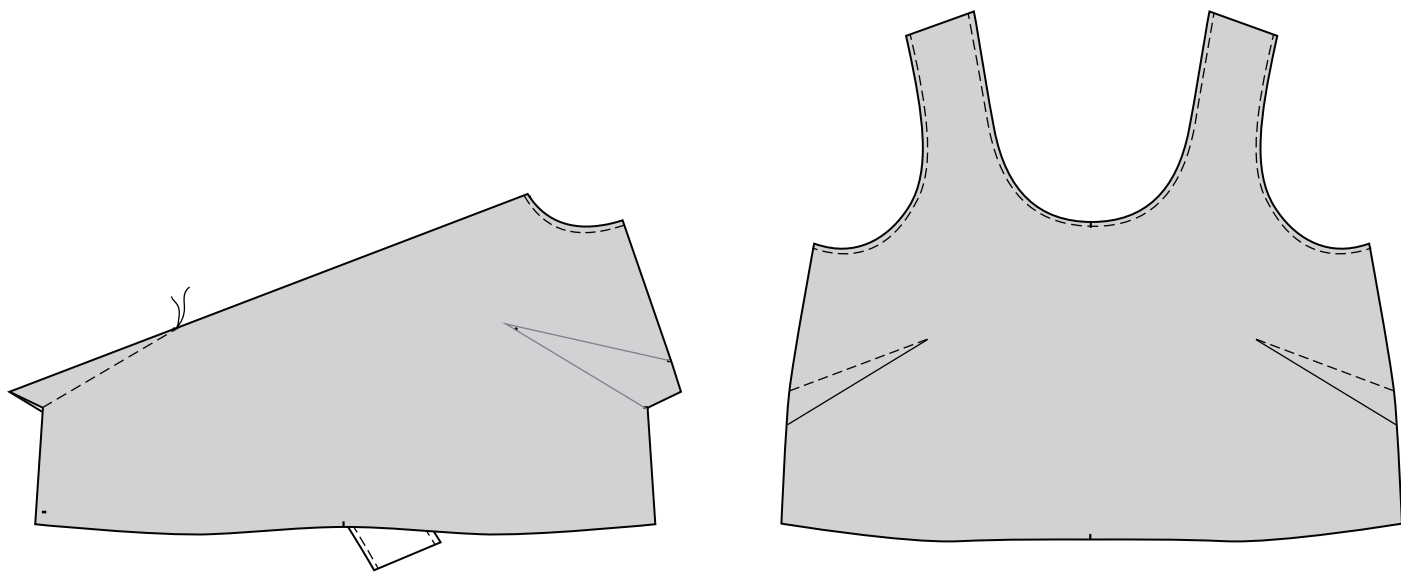
- 2 Mark the drill hole of the dart on the wrong side of the fabric. You may like to use a ruler to draw in the straight lines of the dart with chalk or fabric pen for added accuracy while sewing.



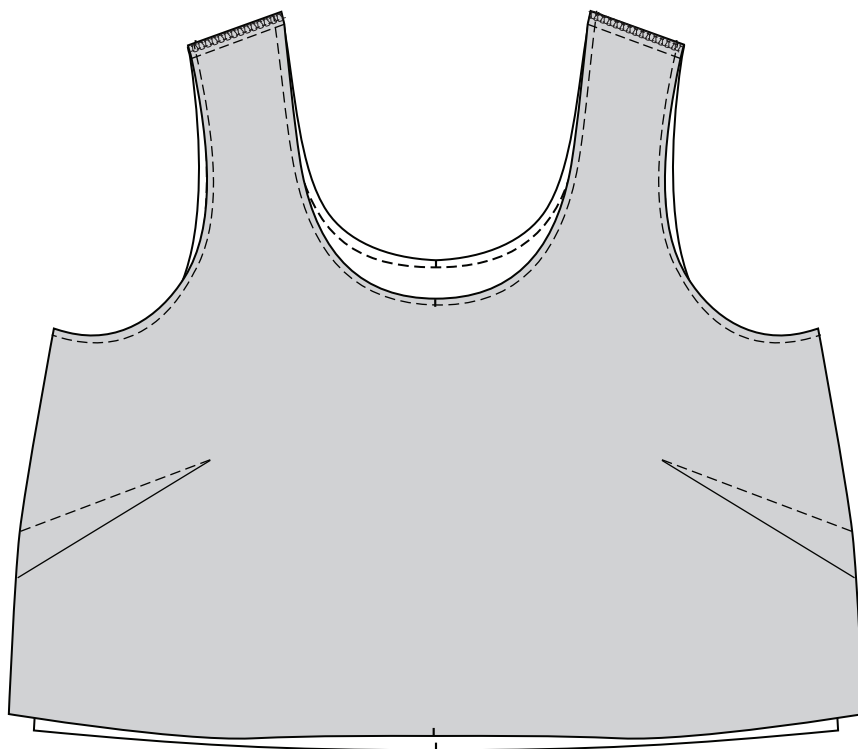
Fold the dart, so the right sides of the fabric are facing together and the dart notches are aligned.

This line of stitching will slightly extend past the drill hole so the mark is contained within the dart.

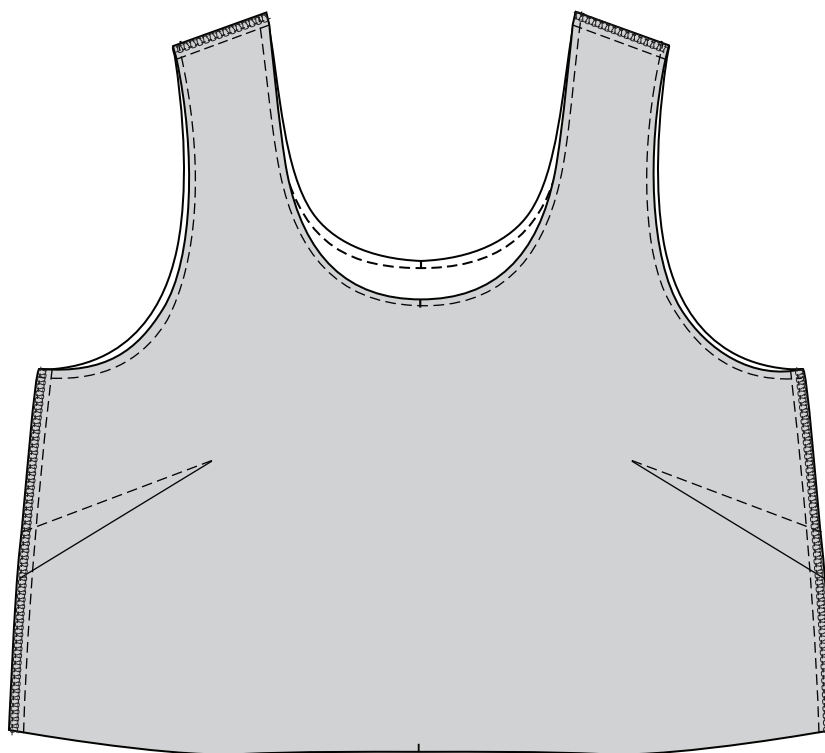
Stitch the darts in place and press them downwards.



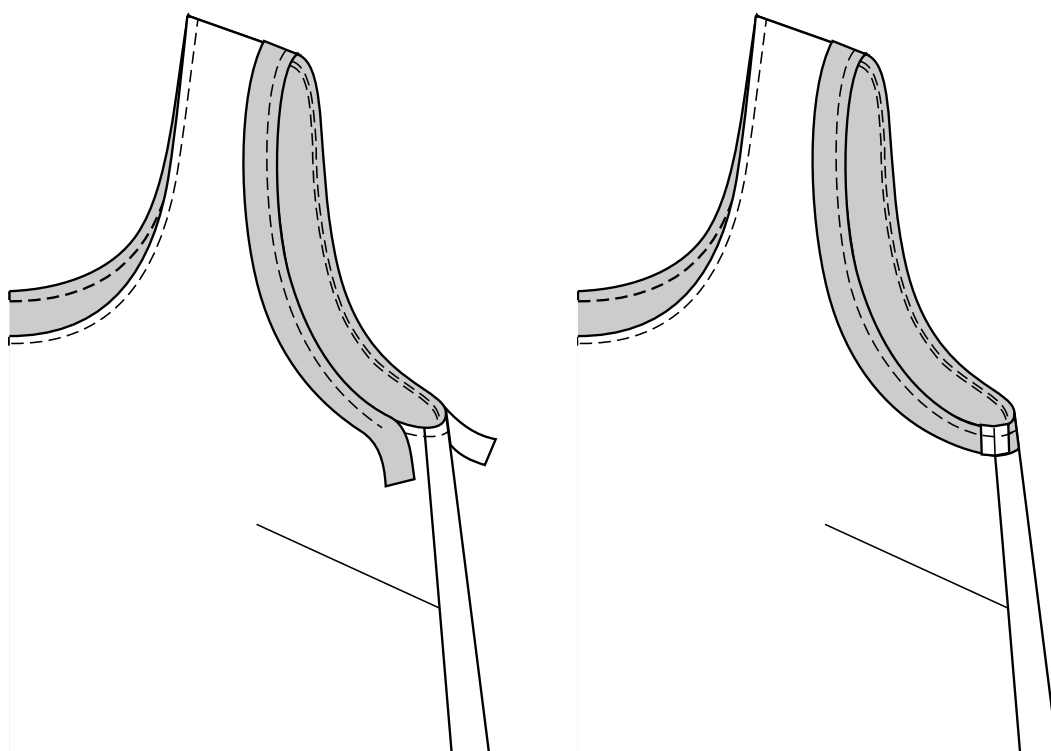
3 Place the front and back pieces together, right sides facing. Line up the shoulder seams and stitch together using a 1 cm seam allowance. Finish the seam and press towards the back.



- 4** Align the side seams and stitch together using a 1cm seam allowance. Finish the seam and press towards the back.

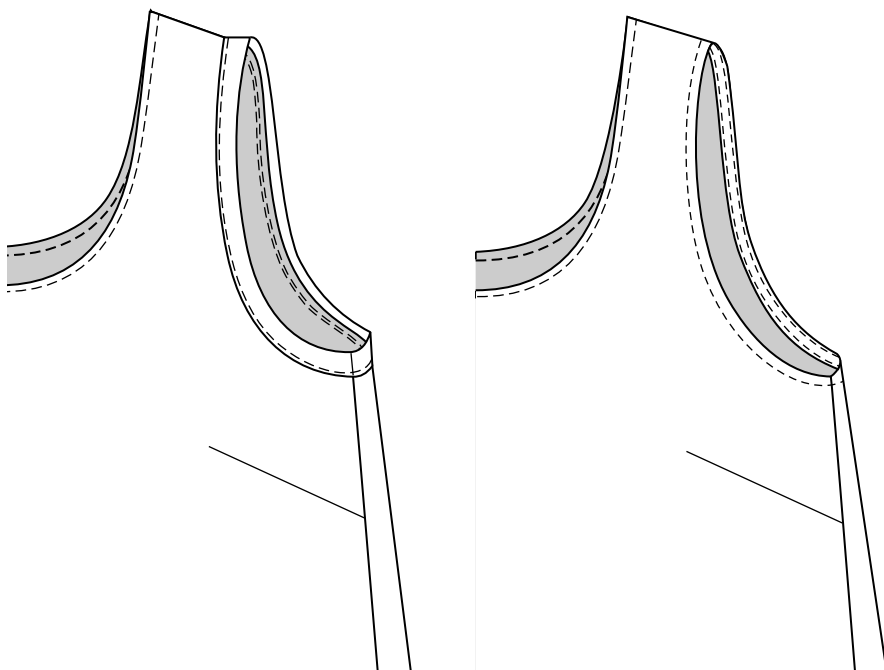


- 5** Bind the neck and armholes. Use a 0.5cm seam allowance. Place the right side of the bias binding against the right side of armhole of the garment, so the edges are aligned. Leave a tail of binding and start sewing an inch away from the end. Stop sewing an inch from the other end. Pinch the ends of binding and sew these together, right sides facing. Trim the seam and finger press open. Sew around the remainder of the armhole.

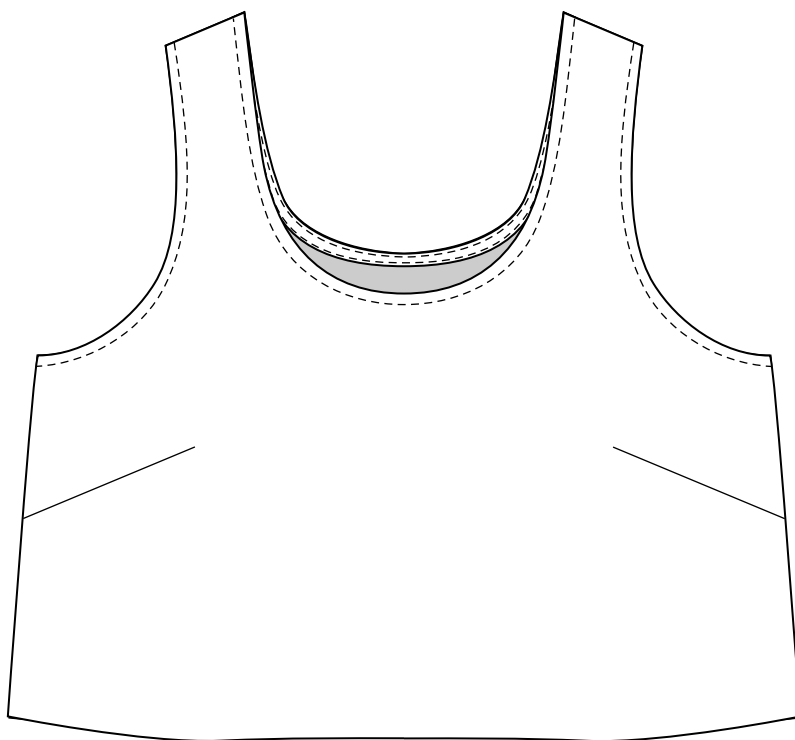


Trim the seam down a couple of millimetres. Press the seam allowance and the binding away from the bodice. Under stitch along the edge, joining the seam allowance to the binding.

Fold the raw edge of the binding inwards, so the wrong sides are facing. Fold the binding inwards again, so it isn't visible from the right side of the bodice and all raw edges are enclosed. Sew along the folded edge of the binding to secure in place.

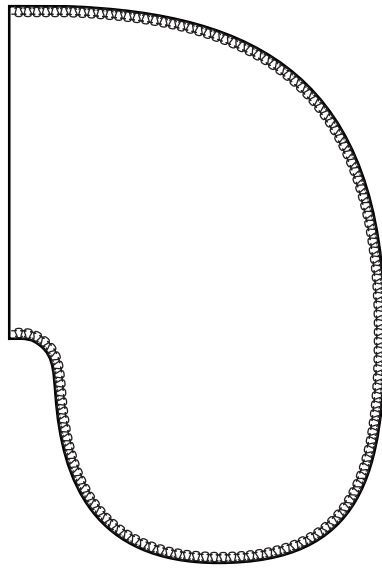


Complete this process for the remaining arm and neck. Press well with steam.



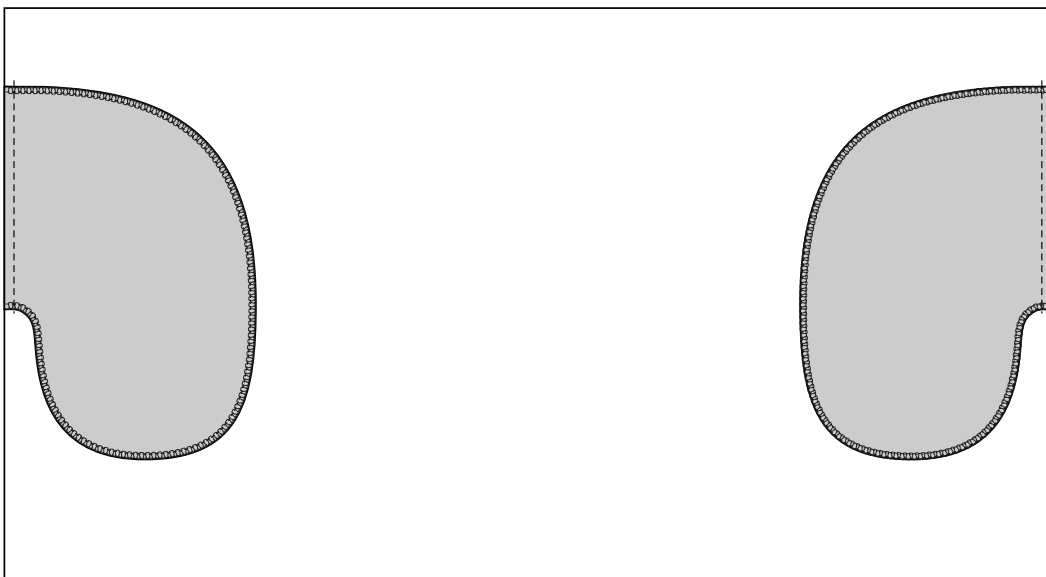
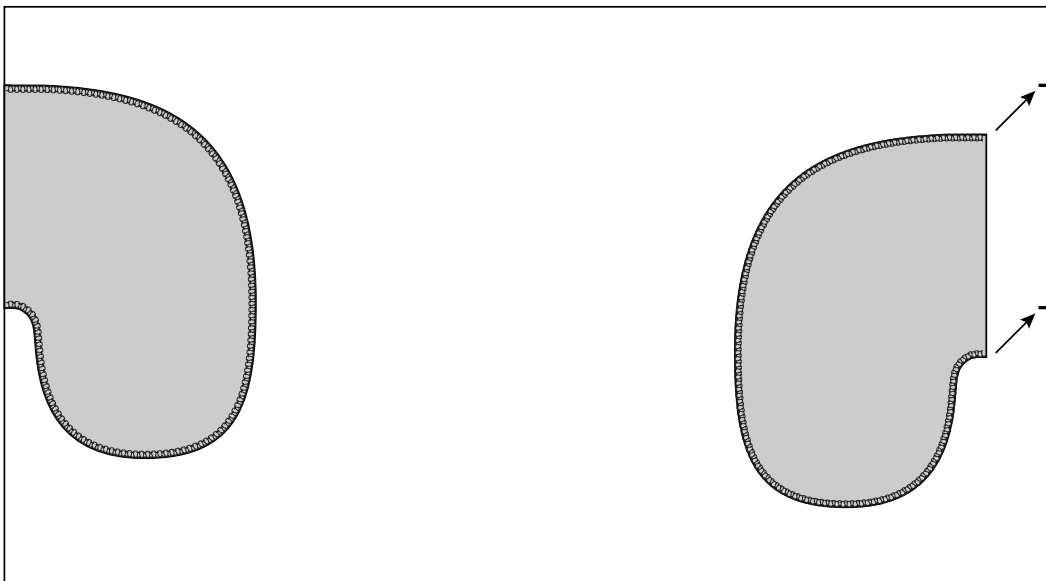
6

Overlock/finish the curved edge of the pocket pieces.



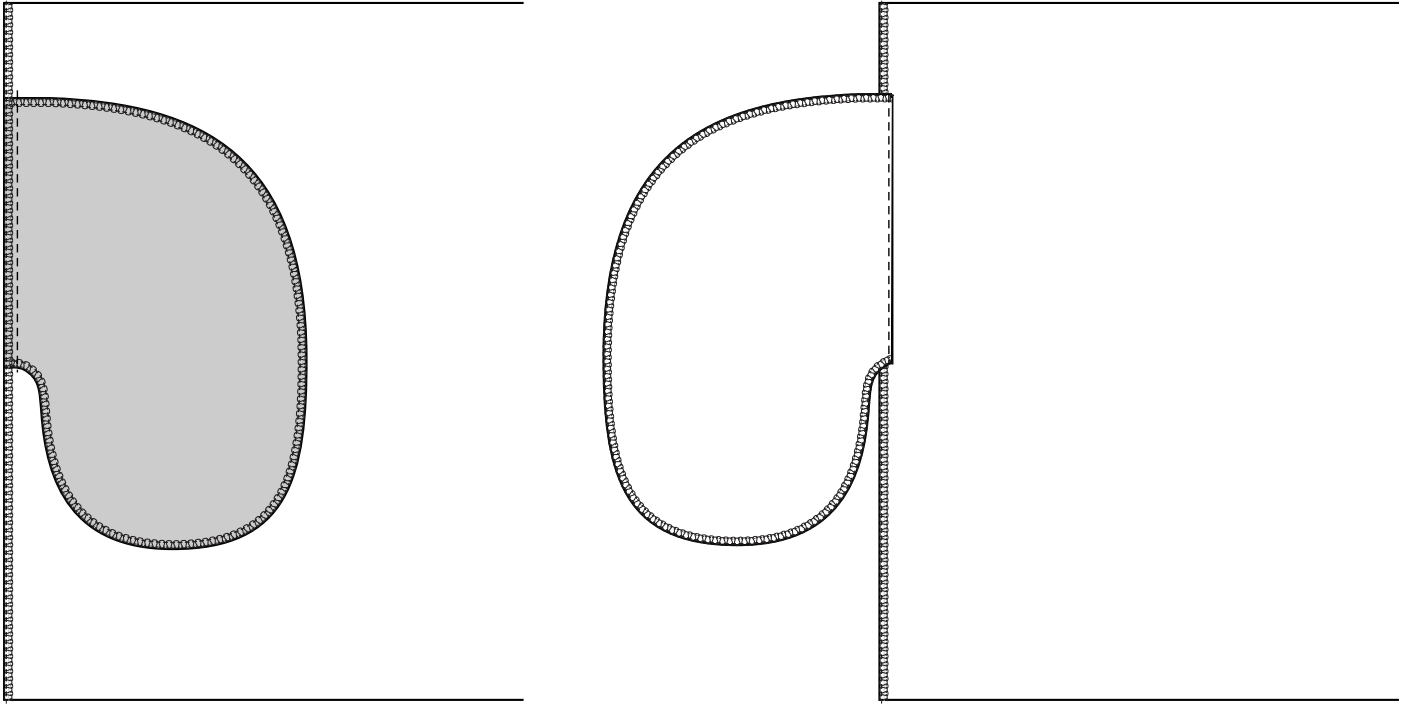
Place the pockets against the notches on skirt tier 1, right sides of the fabric facing together.

Sew the edge of the pocket to the skirt, using a 0.7cm seam allowance.

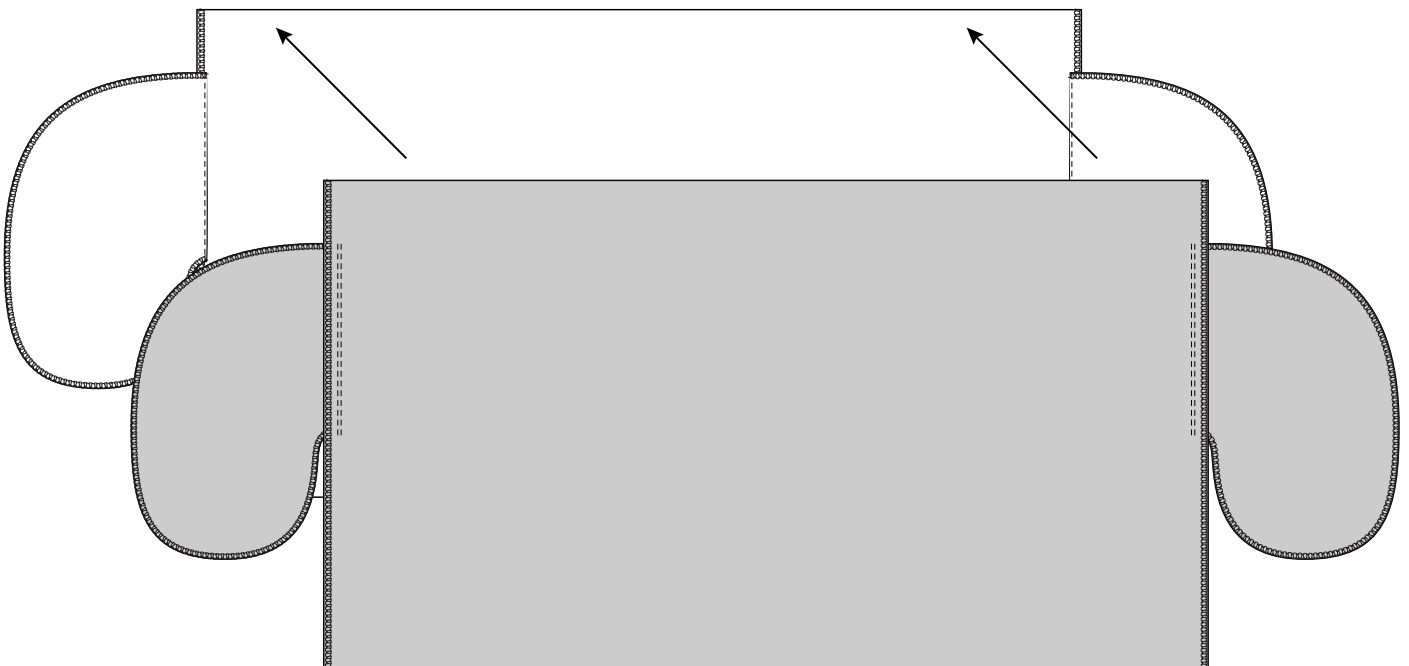


Overlock/finish the side seams.

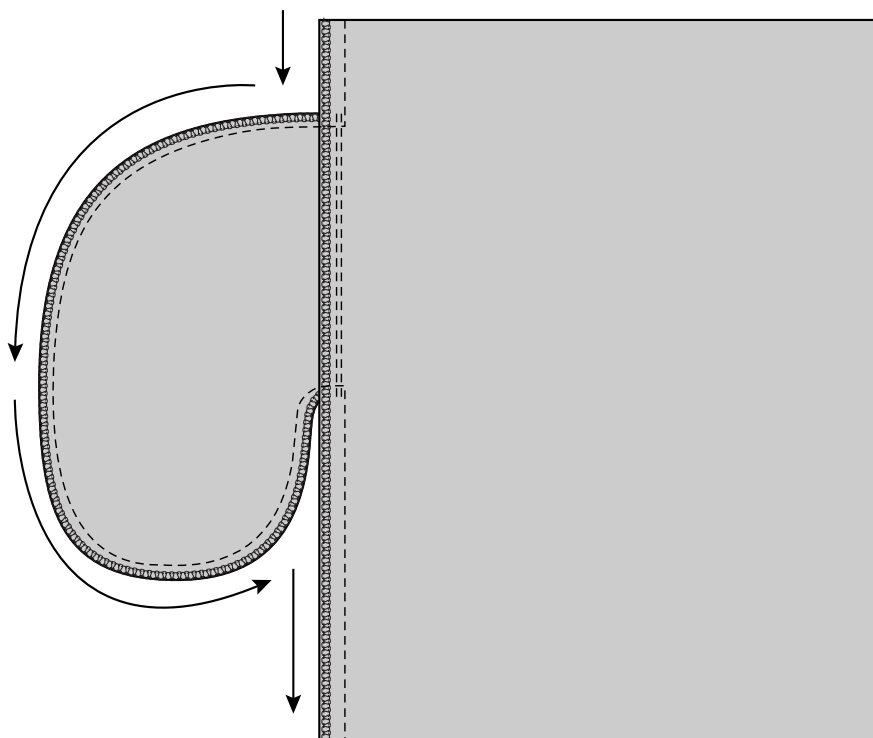
Press the pockets outwards and under stitch along the pocket edge. Repeat this process for all the pockets.



Place the skirt tiers against each other, right sides facing together, with the pockets lined up.

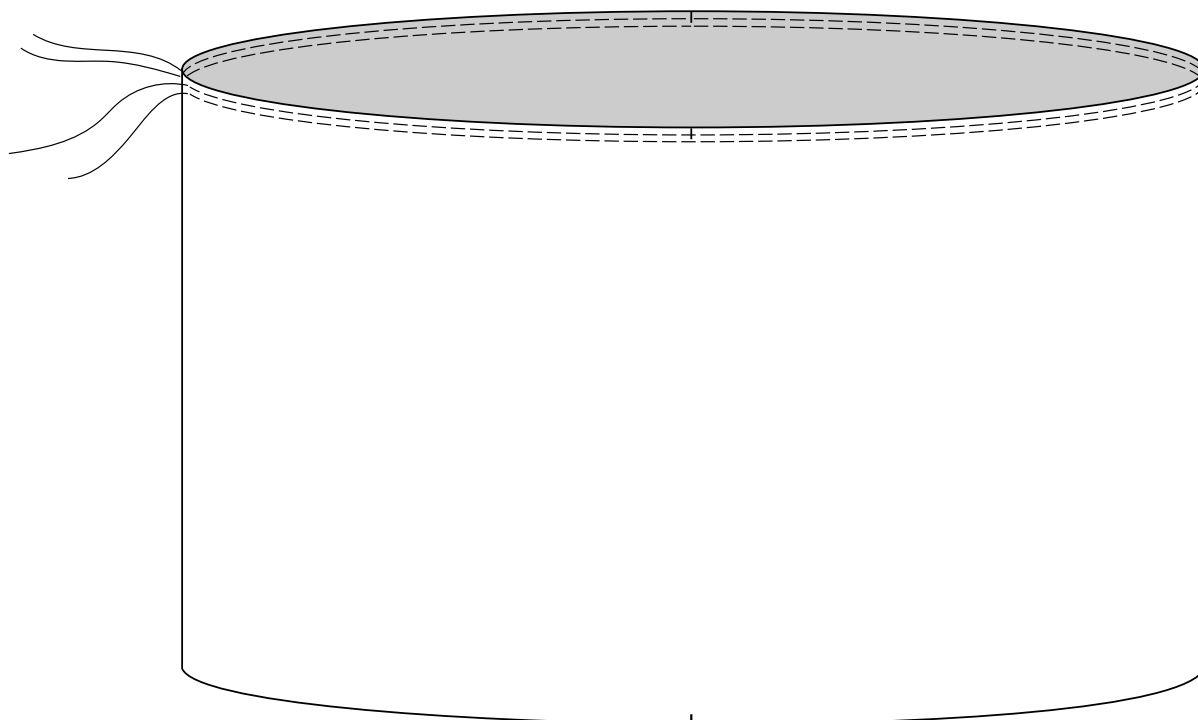


Using a 1cm seam allowance, sew down the side seams until you reach the top of the pocket. Keep the needle in the fabric, lift the machine foot, and pivot the fabric around so you can continue to sew around the curved edge of the pocket. Pivot again when you reach the side seam and continue sewing down the side seam of the skirt. Repeat on the other side.



Press the seam allowance and pockets all in one direction. This will be the front of the skirt. Turn everything out to the right side.

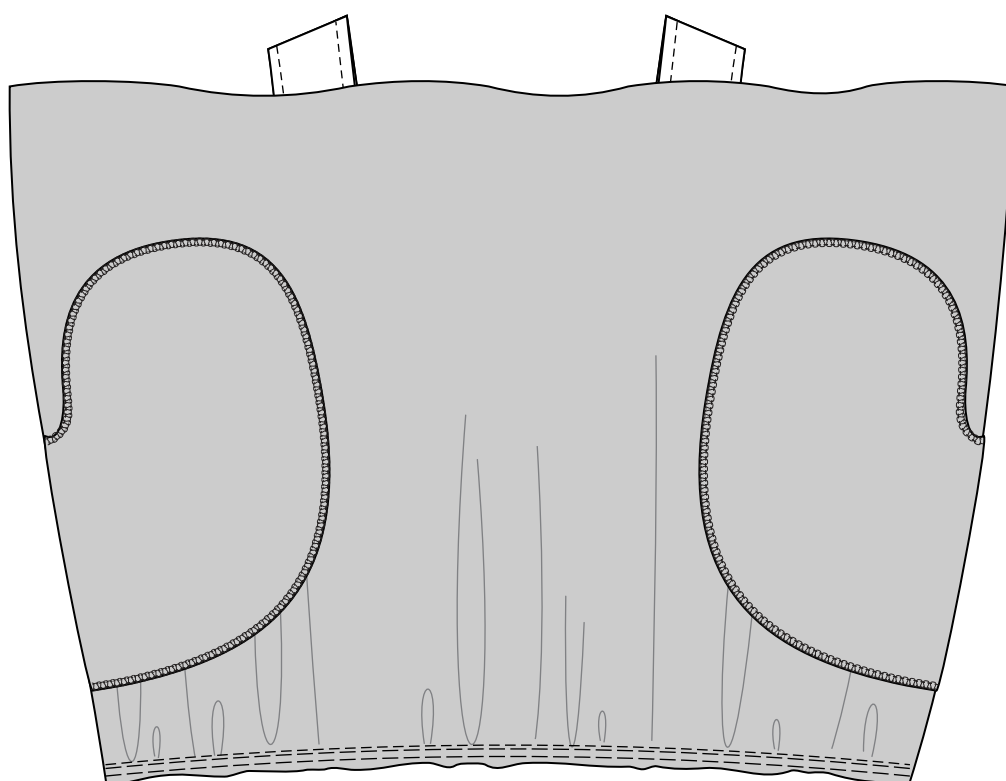
- 7** Mark the centre back and centre front of the top and bottom of skirt tier 1 with a fabric marker or by snipping small notches. Set your sewing machine stitch length to its longest setting. Starting at one of the side seams, sew two parallel lines of stitching around the top edge of skirt tier 1, ensuring that these lines of stitching are within the 1 cm seam allowance. Leave long tails of thread at the beginning and end of the stitching and do not back tack.



Hold onto the top threads and pull these gently to begin gathering the fabric. Keep pulling the threads until the width of the skirt matches the width of the top hem. Distribute the gathers evenly across the skirt.

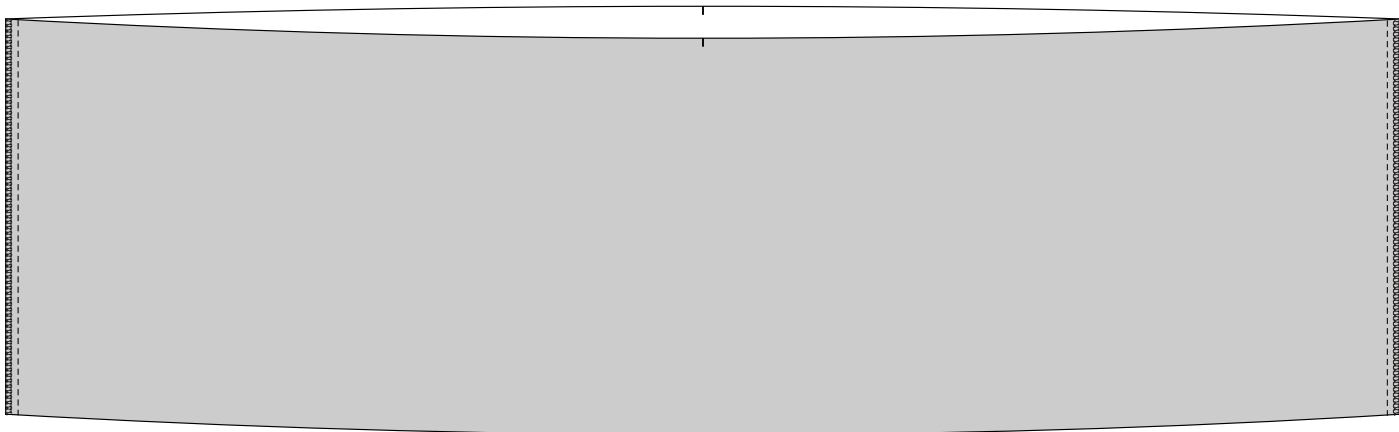


With right sides facing together, pin the skirt in place against the top so the side seams, centre front and centre back notches are matching. Sew together using a 1 cm seam allowance. (Remember to put your stitch length back to a smaller setting.) Finish the seam and press the seam allowance upwards.



8

Place both skirt tier 2 pieces together right sides facing. Sew along the side seams using a 1cm seam allowance. Finish and press the seams back. Mark the centre front and centre back of the skirt.



Use the technique outlined in step 7 to gather this section of skirt to the same width as skirt tier 1. Place them together right sides facing, so the side seams, centre front and centre back are aligned. Sew together using a 1cm seam allowance. Finish the seam and press upwards.

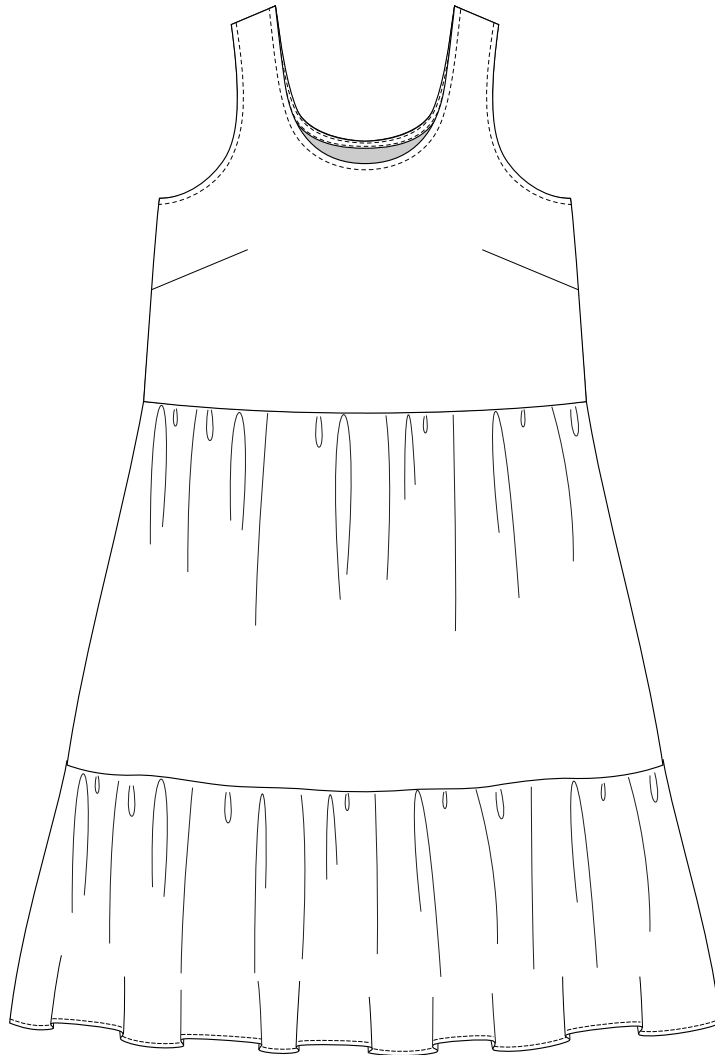


9

Turn the hem of the skirt up to the wrong side of the fabric by 6mm (1/4in). Fold it up again by 6mm to enclose the raw edge, creating a double turned hem. Sew along the edge.



Give everything a good press and you're all done! Huzzah.



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