

THE STELLAN TEE

A free pattern



BEGINNER // SIZES XXS - XXL

A modern take on the basic T-shirt, the Stellan Tee has a boxy, slightly cropped fit, proportionally long sleeves (super cute when rolled-up) and a subtly curved hemline. The perfect length for tucking-in to all your favourite high-waisted pants, the Stellan Tee is a versatile addition to any handmade wardrobe.

frenchnavy
PATTERNS

SIZE CHARTS & FINISHED MEASUREMENTS

SIZE GUIDE		XXS	XS	S	M	L	XL	XXL
UK SIZE		6	8	10	12	14	16	18
US SIZE		4	6	8	10	12	14	16
EUROPEAN		34	36	38	40	42	44	46
BUST	32"	34"	35"	37"	38.5"	40"	42"	
	82cm	86cm	90cm	94cm	98cm	102cm	107cm	
WAIST	24"	26"	28"	29.5"	31"	33"	35"	
	63cm	67cm	71cm	75cm	79cm	83cm	88cm	
HIPS	34"	36"	37.5"	39"	40.5"	42"	44"	
	87cm	91cm	95cm	99cm	103cm	107cm	112cm	

FINISHED GARMENT MEASUREMENTS		XXS	XS	S	M	L	XL	XXL
BUST	38"	40"	41.3"	43"	44.5"	46.3"	48"	
	97cm	101.5cm	105cm	108.5cm	113cm	117.5cm	122cm	
WAIST	34"	35.4"	37"	38.5"	40"	42"	45"	
	86cm	90cm	94cm	98cm	102cm	107cm	114cm	
SLEEVE CIRCUMFERENCE	12"	13"	13.8"	14.6"	15.4"	16"	17"	
	31cm	33cm	35cm	37cm	39cm	41cm	43cm	
BACK LENGTH	21"	21.6"	22"	22.3"	22.7"	23"	23.4"	
	54cm	54.9cm	55.8cm	56.7cm	57.6cm	58.5cm	59.4cm	

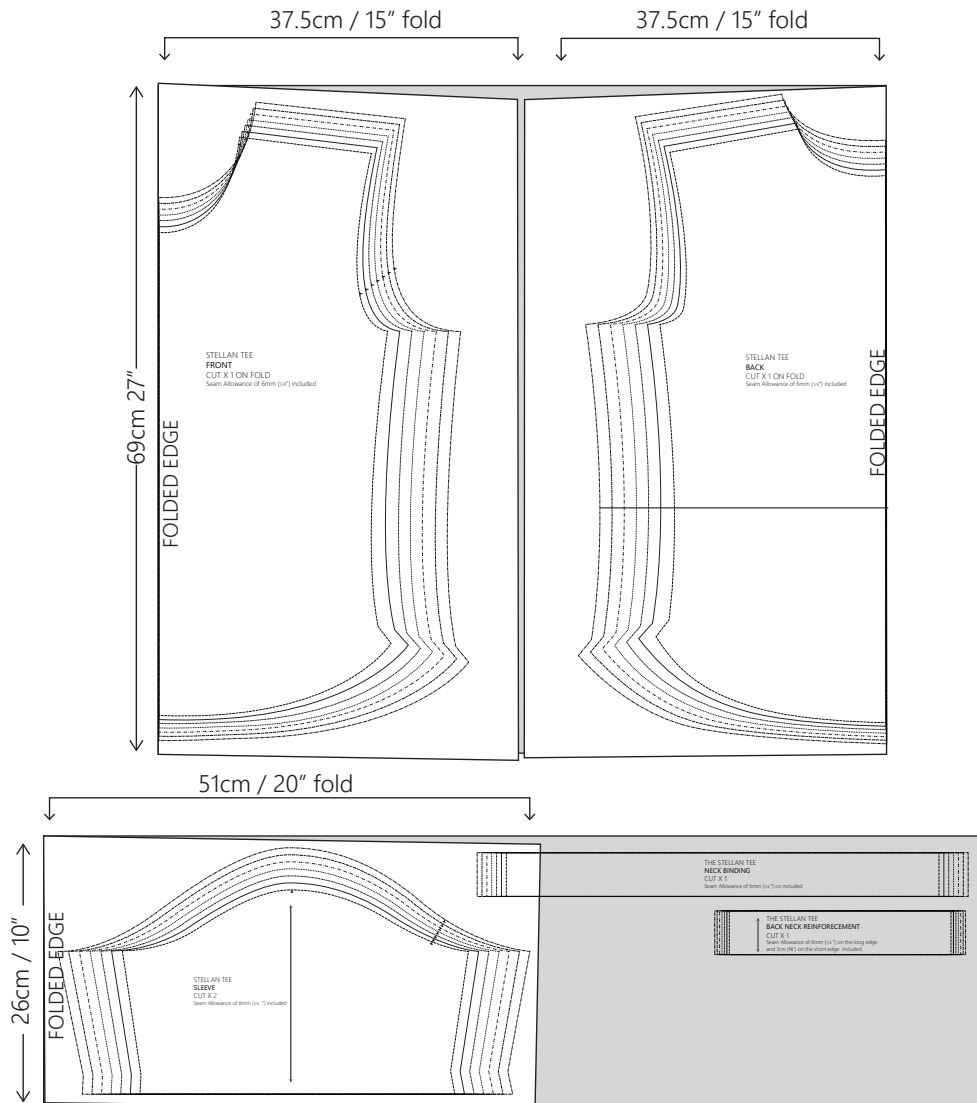
RECOMMENDED FABRICS:

Light to medium weight knits with moderate stretch.

FABRIC REQUIREMENTS:

The Stellan T-shirt requires 90cm / 1 Yard of fabric that is 150cm / 60" wide if adhering to the suggested cutting layout on the next page. More fabric will be required if your fabric is narrower.

SUGGESTED CUTTING LAYOUT FOR FABRIC 150cm / 60" WIDE



NOTIONS & SUPPLIES:

STRETCH / BALLPOINT NEEDLES: Ballpoint needles have a round tip that is especially designed for sewing knits. Without this needle you may pierce holes in your fabric and/ or have your machine behave unpredictably.

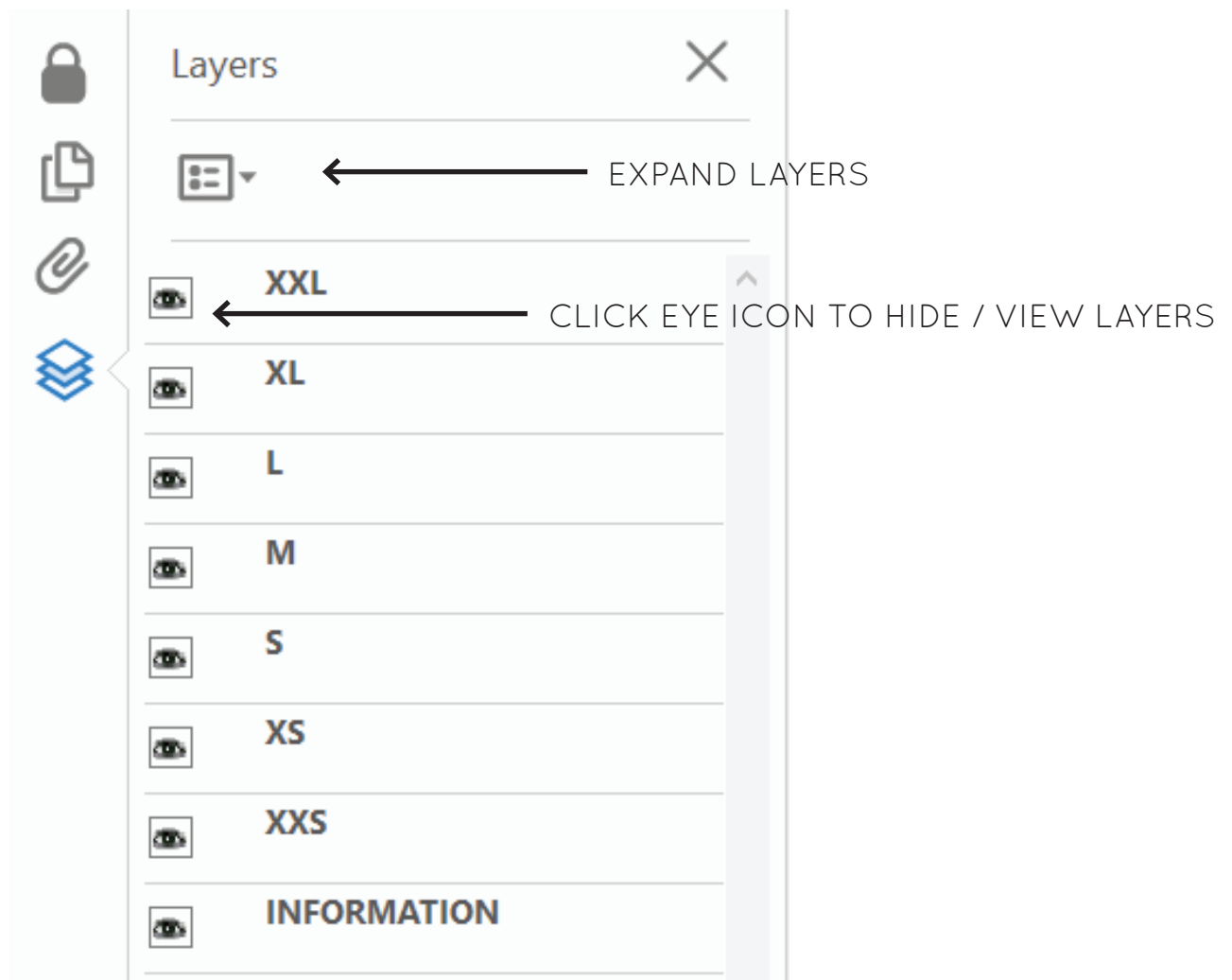
SEWING THREAD: 1-6 spools depending on machine/ s used for construction.

BALLPOINT TWIN NEEDLE (optional): for sewing the hems.

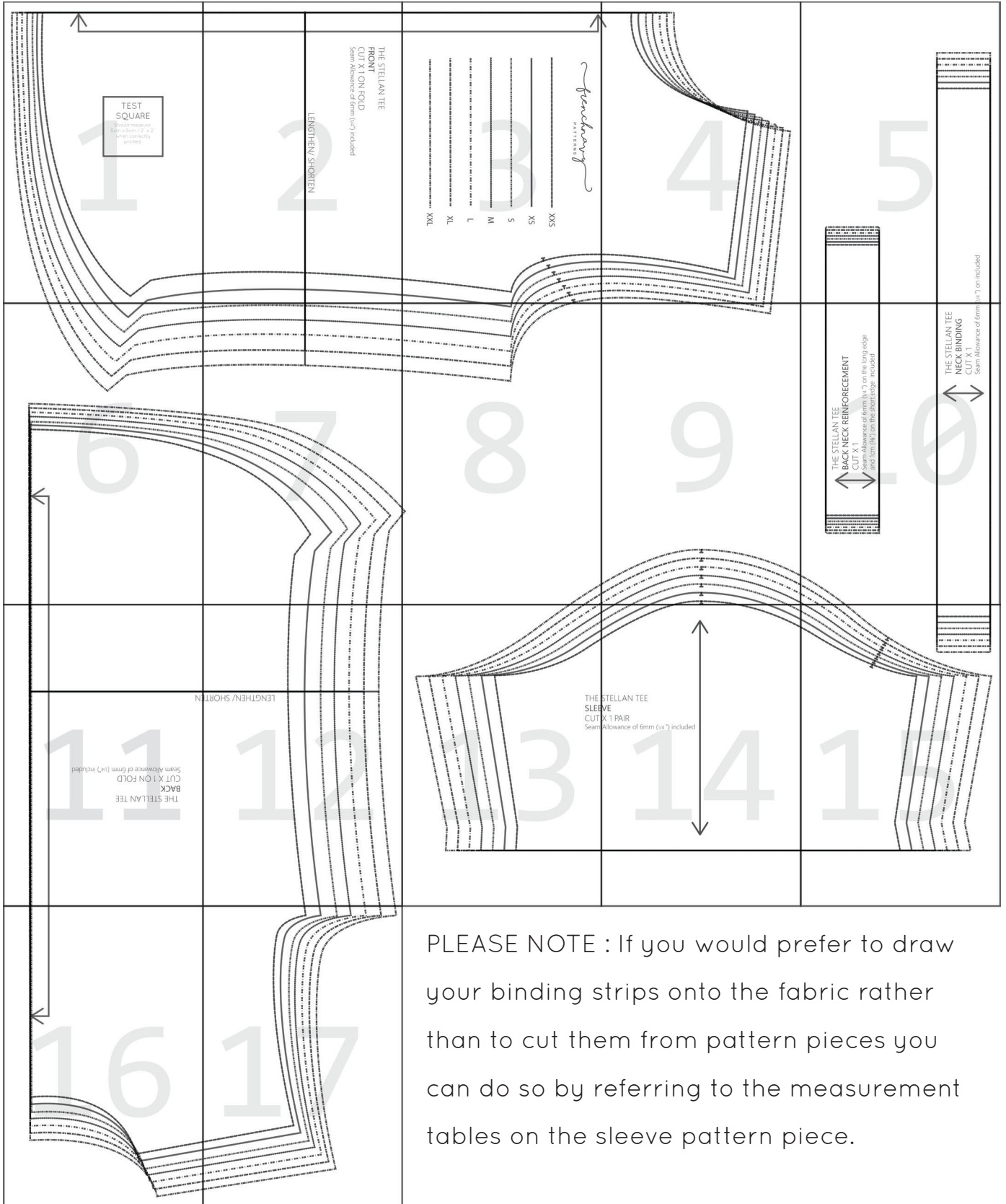
FUSIBLE KNIT / STRETCH STAY TAPE: for reinforcing shoulder seams.

PRINTING YOUR PATTERN

This pattern has embedded layers which means that you are able to print / view selected sizes only. This not only saves ink, and sometimes paper, but also makes tracing / cutting your pattern a lot less confusing. In order to do this you will need to open the pattern in Adobe Reader (you can download it for free) and click on the layers icon on the top left hand panel. This will expand the panel into the different size layers as well as the 'INFORMATION' layer. You can hide the layers that you do not need by clicking the eye icon next to each layer. Make sure to keep the 'INFORMATION' layer visible for all sizes.



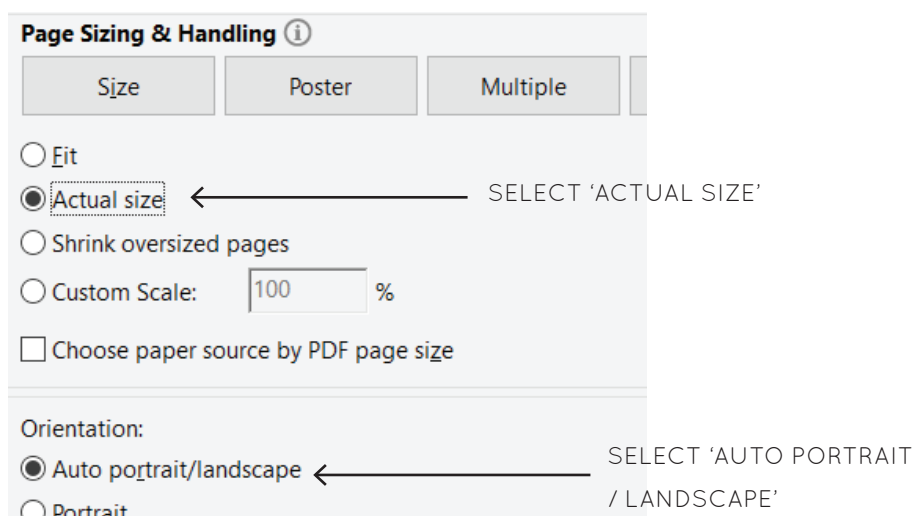
PRINTING LAYOUT



PLEASE NOTE : If you would prefer to draw your binding strips onto the fabric rather than to cut them from pattern pieces you can do so by referring to the measurement tables on the sleeve pattern piece.

PRINTING YOUR PATTERN AT HOME

The print at home pattern is compatible with both A4 and US Letter Paper. Before printing the whole file, print the first page of the pattern by itself in order to confirm that your printer is printing at the correct scale, using the “test square” dimensions as a guide. Set your printer to ‘no scaling’/ ‘actual size’ or ‘100%’ to ensure that it doesn’t resize your pattern. Although this may vary according to different versions of Adobe Reader, it is generally best to choose the ‘auto rotate and center’ or ‘auto portrait/landscape’ option. Cut the borders off one long edge and one short edge of each page and assemble as per the PRINTING LAYOUT pictured on previous page.



COPY SHOP PRINTING

If you would like to save time by not having to paste your pattern tiles together then you can take the ‘COPY SHOP’ version of your pattern to a Copy Shop to be printed on a large scale printer. Just save the ‘COPY SHOP’ file to a flash-drive, burn to a disk, or email to yourself (so that you can access and download the file via email at the copy shop). Tell the person assisting you that you would like the file printed on lightweight, inexpensive paper that is A0 (841mm / 33.1”) in width, and that it must not be scaled - the size must be printed as is. They should also be able to help you in selecting only specific size layers to print, so let them know which size (s) that you would like.

SEWING WITH KNITS

You will note in the instructions that the seams are sewn together with an overlocker / serger. Although this is the preferred method for sewing knits, it is not essential to have an overlocker, and you can absolutely construct this (or any) t-shirt with a regular sewing machine alone. You will however need to use a stretch stitch or a simple narrow zig-zag stitch. Before sewing your T-shirt, it is a good idea to first experiment on some fabric scraps to figure out what stitch length and tension settings are going to yield the best result.

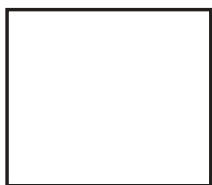
Twin needles are inexpensive and give a professional appearance when hemming knits. If it is your first time using a twin needle then it is again advisable to experiment with tension and stitch length settings before sewing your hems. Note that you cannot reverse / backstitch with a twin needle as it will break! If you do not have access to a twin needle then you can sew your hems with a zig-zag stitch.

BEFORE GETTING STARTED

PLEASE NOTE that, unless otherwise specified, the included seam allowance is 6mm (1/4"). Hem allowances are 2cm (3/4") and are also included.

DON'T FORGET to prewash your fabric!

ILLUSTRATION LEGEND



RIGHT SIDE



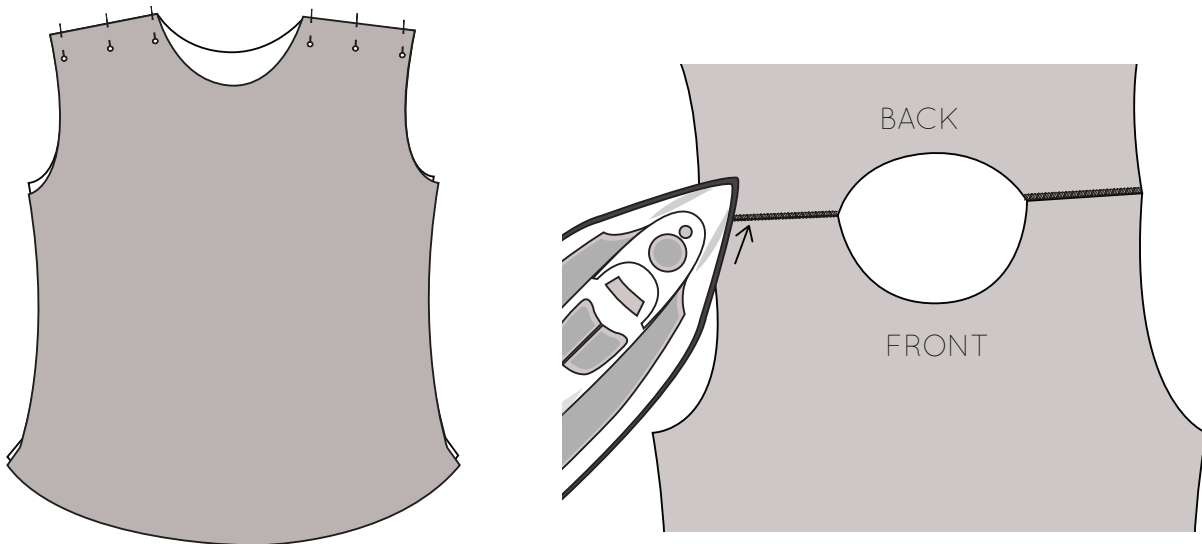
WRONG SIDE

Step 1:

Mark all notches and centre front and centre back necklines.

Step 2:

With right sides facing, pin shoulder seams of front and back pieces together and stitch. Reinforce shoulder seams by your preferred method. Press seams toward the back.

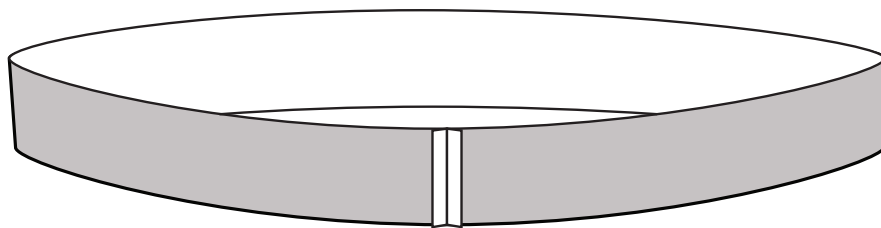


Step 3: (OPTIONAL)

Topstitch shoulder seams.

Step 4:

With right sides facing each other pin the short ends of the binding strip together. Seam can either be stitched together with a sewing machine (using a zigzag stitch) or sewn with an overlocker. I prefer to stitch the seam instead of overlocking it so that it can be pressed open thereby creating less bulk when it is folded in half. If overlocking together, press seam to one side.



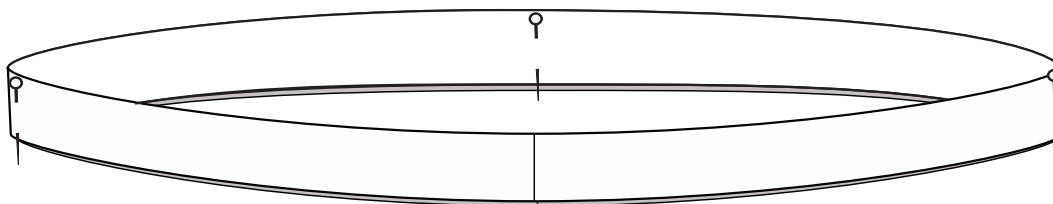
Step 5:

With wrong sides together fold binding in half along its length and press.



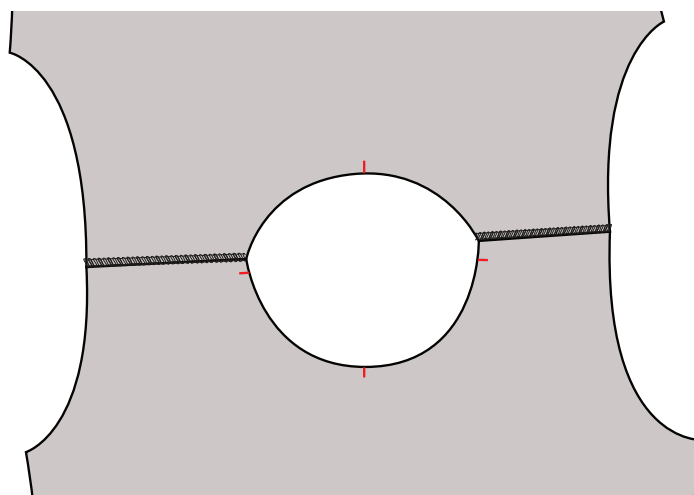
Step 6:

Divide binding into quarters and mark these divisions with pins, a marking pen or shallow notches.



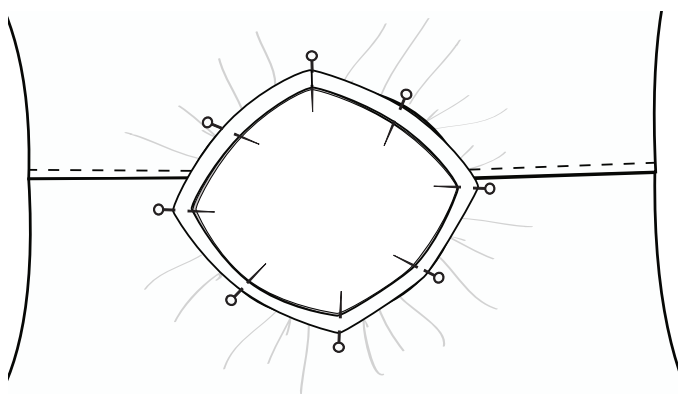
Step 7:

Divide the neckline edge into four by bringing the centre front (CF) and centre back (CB) notches to meet and marking the halfway points between CF and CB by your preferred method.



Step 8:

Working from the right side of the garment, with raw edges together, pin the folded binding to the neckline edge. Match centre back neckline to centre back binding seam, and continue by matching centre fronts and the mid-way marks / notches created in Steps 6 & 7. Due to the fact that the binding is shorter than the neck edge you will find that there is excess fabric in the neckline. Try to evenly distribute this as you pin the rest of the binding to the neckline.



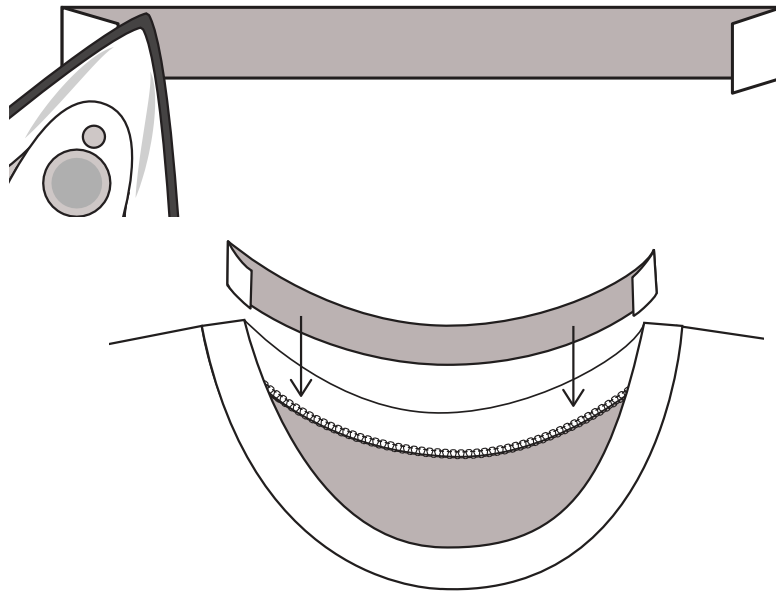
Step 9:

Attach the binding to the neckline, stretching it slightly as you sew so that it conforms to the neckline edge.

NOTE: Steps 10 - 12 are optional.

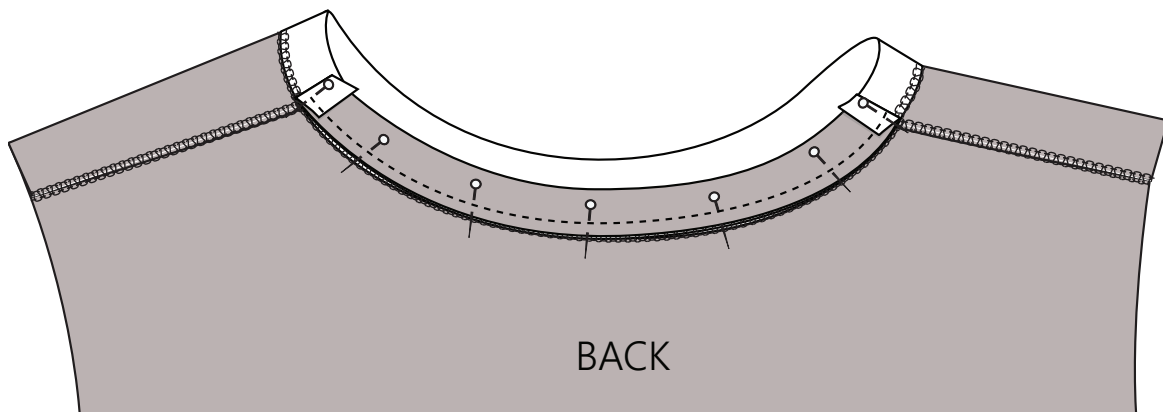
Step 10:

On the short ends of the back neck reinforcement strip, fold the seam allowance (1cm / $\frac{3}{8}$ ") toward the wrong side of the strip and press in place. This strip will encase the back neckline seam giving a more professional finish.



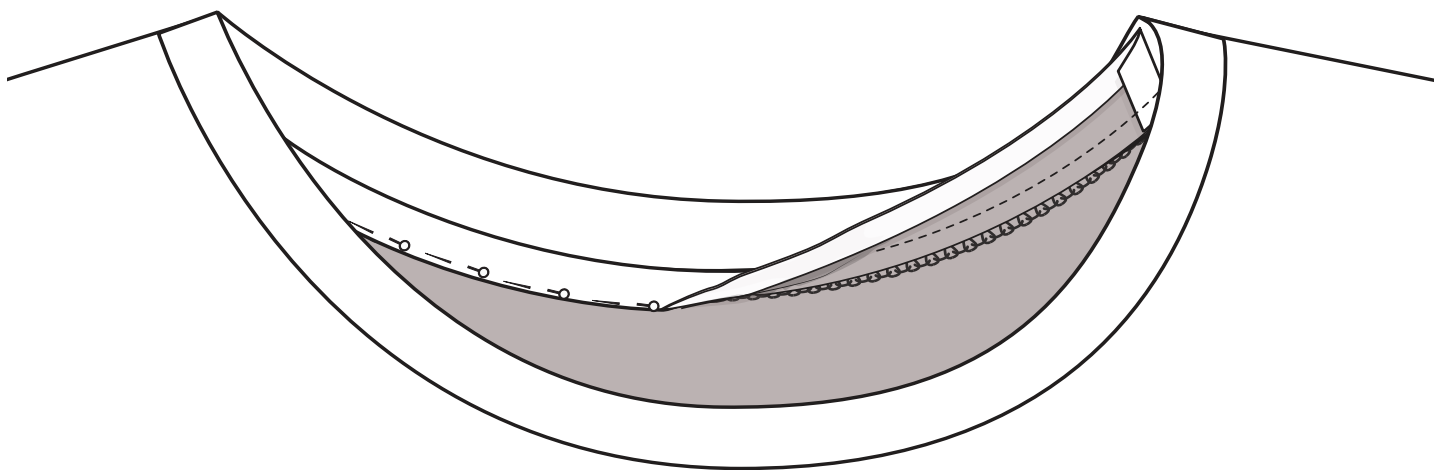
Step 11:

With right sides together, pin the back neck reinforcement strip to the back neck binding seam between the shoulder seams. The bottom edge of the strip must align with the bottom of neck binding attachment seam. Stitch with your sewing machine using a 6mm / ($\frac{1}{4}$ ") seam allowance. I like to use a straight stitch for this step and have never had a problem with stitches breaking over time.



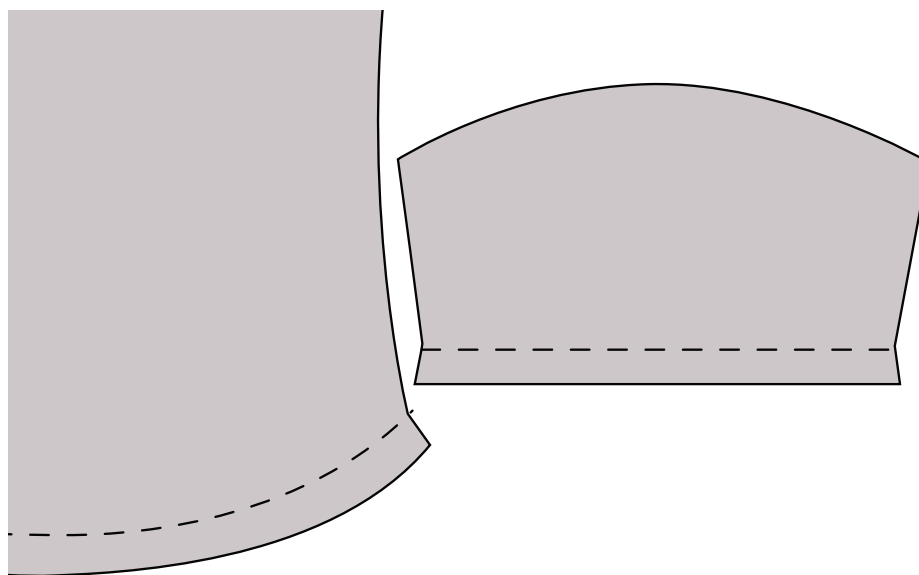
Step 12:

Press the back neck reinforcement strip away from the garment and press the seam toward the strip. Fold the unattached long edge over along its length so that it encases the seam in between the reinforcement strip and the back of the t-shirt. Pin through all layers, securing the reinforcement strip to the t-shirt back. Edge stitch using a straight stitch.



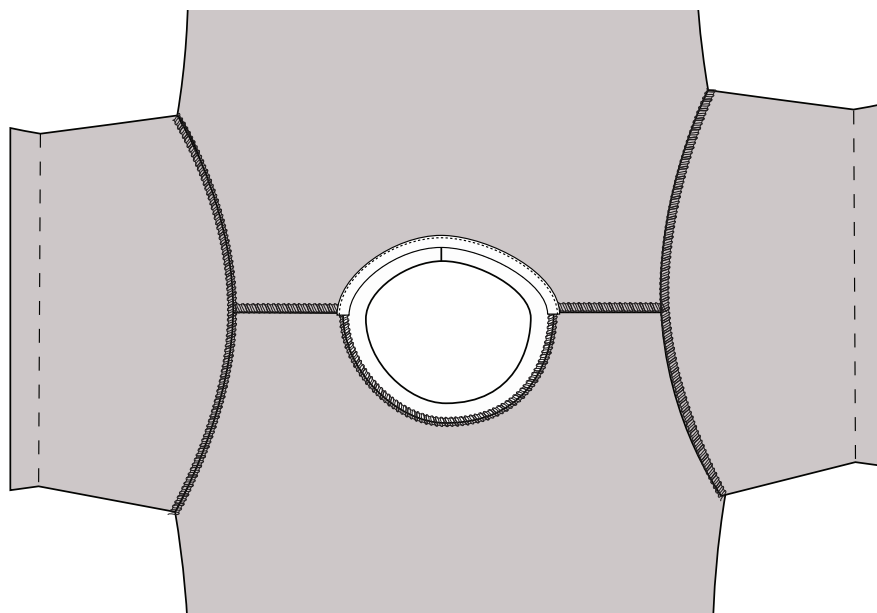
Step 13:

Stitch a row of basting stitches 2cm (3/4") from the hem edges on the front, back and sleeve pieces. Overlock hem edges (optional) for a more professional finish.



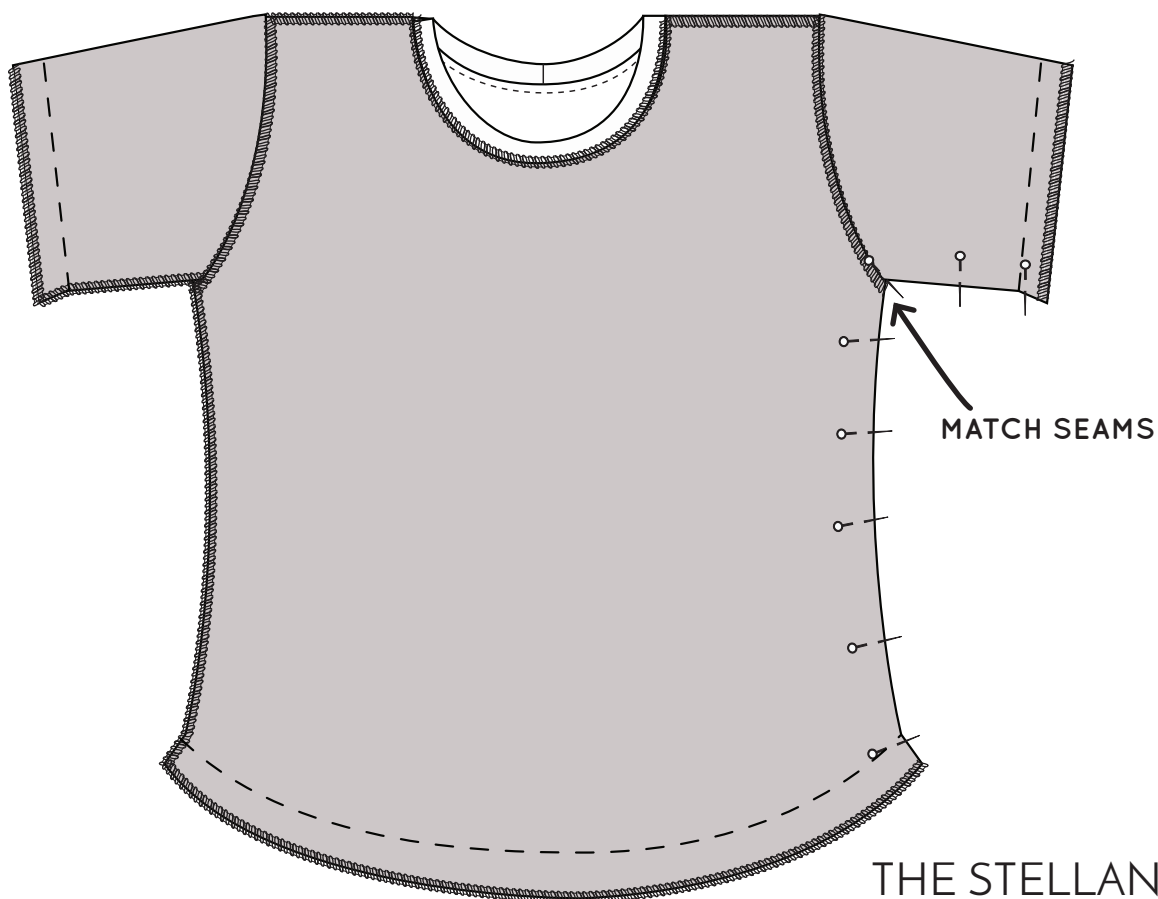
Step 14:

Pin the sleeves to the body, matching front sleeve notches and the shoulder notches to the shoulder seams. Stitch. Press seams toward the sleeves.



Step 15:

Pin the back and front side seams together matching sleeve seams. Stitch and press seams toward the back.

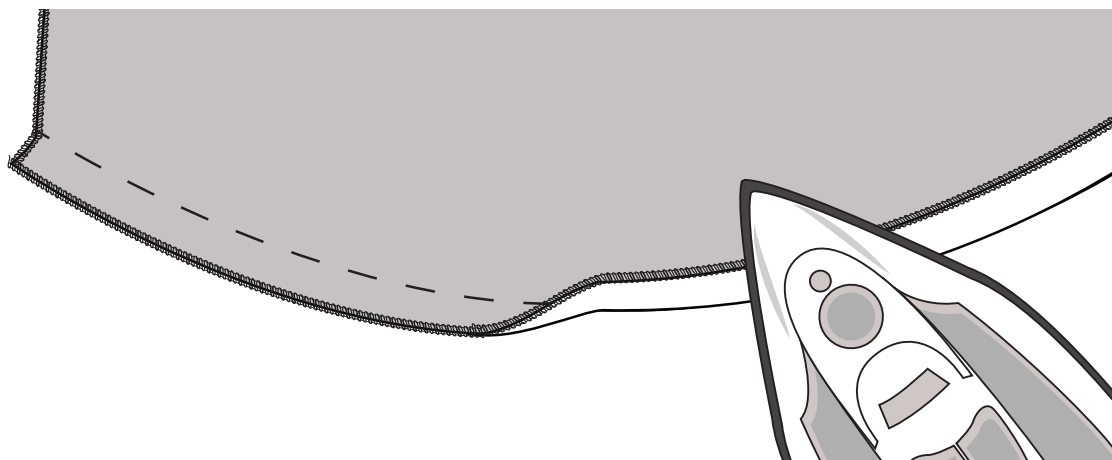


THE STELLAN TEE

//FRENCH NAVY PATTERNS

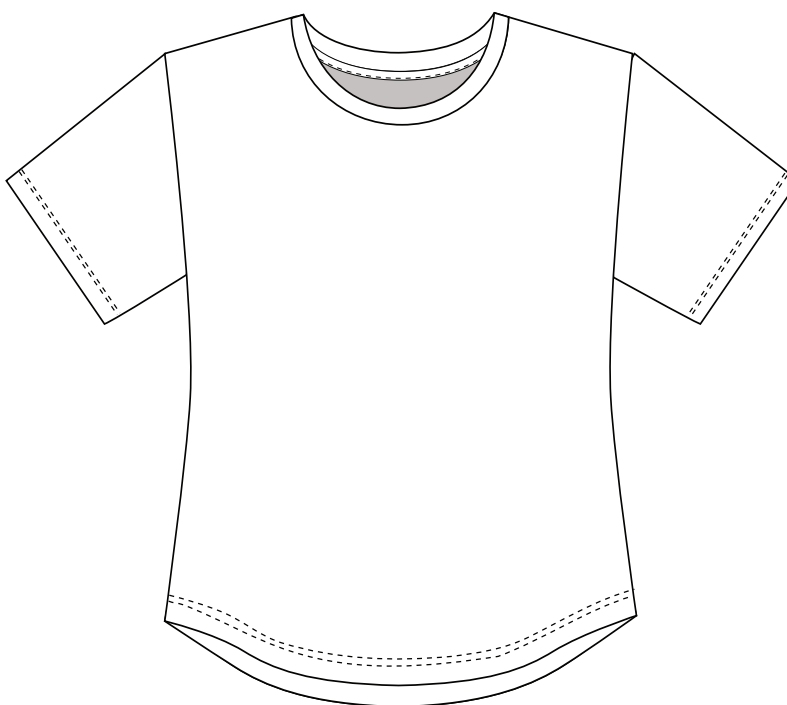
Step 16:

Press up the hem allowances up using the basting stitches as a guide. Use the steam of your iron to shrink the curved edges so that they lay flat.



Step 17:

Sew the hems from the right side of garment using a double needle. Remove basting stitches and give your t-shirt a final press.



I WOULD LOVE TO SEE YOUR VERSION OF THE STELLAN TEE. IF YOU SHARE ON INSTAGRAM PLEASE TAG ME AND USE THE HASHTAG **#THESTELLANTEE** SO THAT I CAN FIND YOUR MAKE AND YOU.

THE STELLAN TEE

//FRENCH NAVY PATTERNS