

Common instructions:

Cut on fold: Place the labeled 'fold line' along the folded edge of the fabric. Cut out the pattern piece through both layers of fabric and open to get a full piece



After being cut out



Full piece opened after being cut out



Notch: Needs to be clipped when cutting the pieces out. It will be indicated by a small line at the place that it needs to be marked. Example: center of a pants waist or center neck of a front piece. Mostly used when a piece is cut on the fold. Although, may be used at other times as well. You will make a 1/8" (2mm) cut into the fabric at that point. It will be used to match pieces later.

Cut opposites: For some pieces, a right and a left side need to be cut. Example: Hoods, some pants and some sleeves.

To get the opposite pieces, cut 1 with the pattern facing up like the first photo and 1 with the pattern facing down like the second photo. You can also cut once on a piece of fabric that's been folded over to get 2 layers.

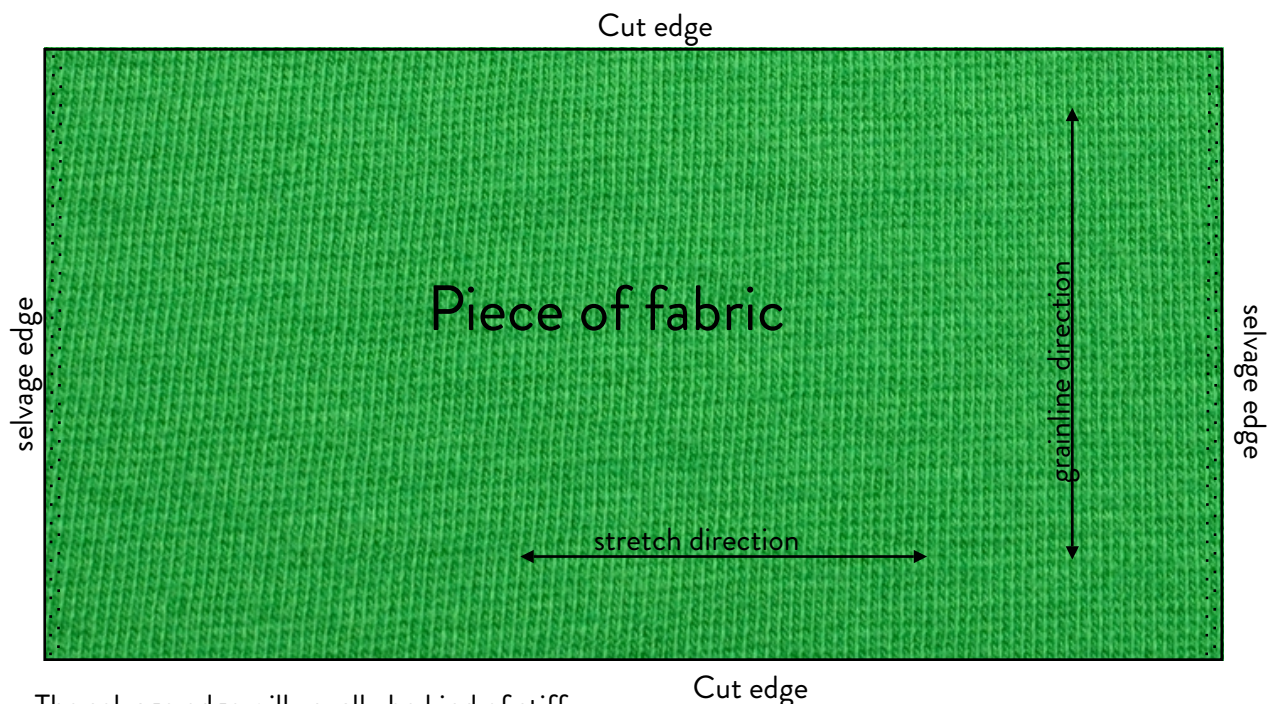


Grainline: Grainline is very important because it affects the way your fabric stretches.

If the grainline is vertical, the stretch is horizontal.

In most cases the stretch should be horizontal 'going around the body' so the grainline should be vertical.

If the grainline isn't easily visible you can see it better when you stretch the fabric .



The selvage edge will usually be kind of stiff with some holes in it from the manufacturing process.

The grainline runs parallel to the selvage edge.

Right sides together: Meaning, the right sides of the fabric will be laying together. This is the way most seams are sewn so the seam is on the wrong side of the fabric. Assume that the fabrics will always be right-side-together unless otherwise specified.

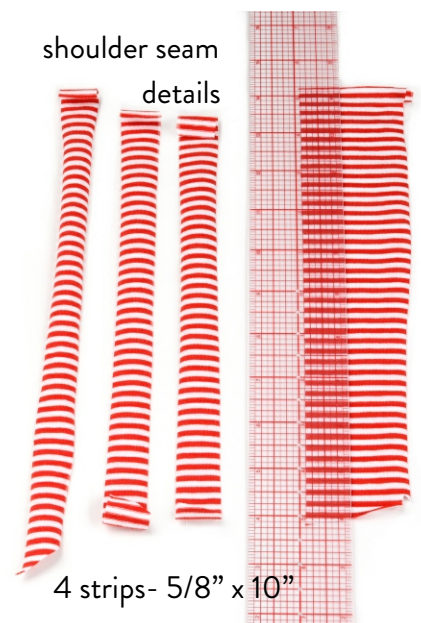
Begin sewing

Step one:

-  -From your main fabric:
- Cut out the front, back and 1 pocket piece on the fold.
 - Cut out 2 hood pieces and 2 sleeves.
 - (opposites by cutting 1 with the pattern facing up and 1 with the pattern facing down)

From the contrasting fabric:

- Cut out the waistband and 1 pocket piece on the fold.
- Cut 2 wrist cuffs
- and 2 hood pieces. (1 right and 1 left)
- Optional is the arm seam edging detail.
- I cut mine 5/8" (1.6cm) wide and about 10" (25cm) long to have plenty of length.



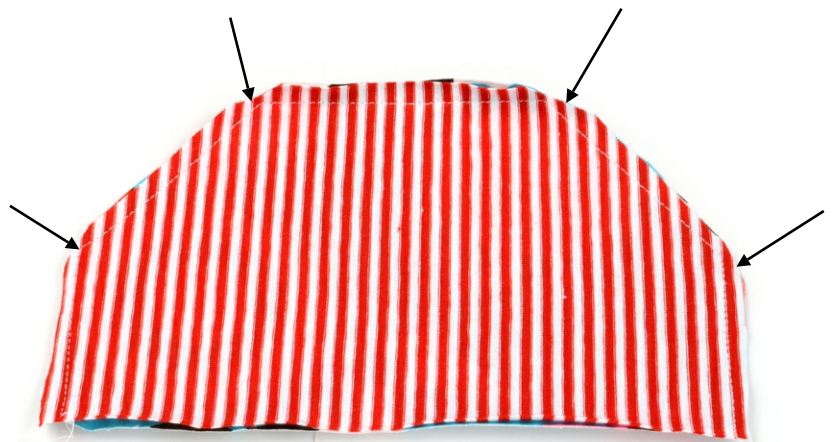
Step two:



-Start with the 2 pocket layers.
Place them together with the
right sides of the fabric laying
together. The wrong side of
the fabric will be
showing on both sides.
Sew them together
leaving the bottom seam open.



-Trim the corners of the seam
allowance down to 1/8" (2mm)
or a little smaller.



-Turn pocket right side out and
sew along the the slanted
edges to keep pocket flat.
Sew right along the edge.





-Lay the pocket on the front of the sweatshirt so the bottom edge is pointing toward the top.

Lay it 1.25" (3.2cm) up from the waist and pin in place.

Center it by using the notches as guides. The right side of the pocket will be face down against the right side of the sweatshirt front.



-Sew it to the front along the bottom edge of the pocket. 1/4" (6mm) in from the edge.



-Fold the pocket up onto the sweatshirt and pin at the top and both sides.





-Sew pocket to the sweatshirt by sewing along the sides bottom and top.
LEAVE the slanted edges open!



Step three:



-For the (optional) shoulder seam detail, take one of the strips of fabric you cut out, fold it in half width-wise so you have a folded edge running the length of the binding. Sew it along one of the front arm seam edges. Make sure the folded edge is laying toward the center and the raw edges are lined up with the raw arm seam edge.
Sew about 1/8" (2mm) in from the edge.

Do the same to the front and back arm seam edges. 4 total.



Step four:



- Locate the sleeve front edge. The front edge of the sleeve is lower than the back edge.



- Lay it on top of the sweatshirt matching the arm seams. Right sides of fabric together!



- Serge the sleeve to the sweatshirt



- Open to see the binding exposed along the seam.



- Locate the opposite sleeve front edge and serge it on the same way.



- It should look like this. Now locate the back side of the sweatshirt.

- Sew the back arm edges to the back edges of the sleeves.



Step five:



- Fold the sweatshirt on itself to line up the side seams.



- Sew both side seams closed.



- If you did the arm seam detailing, I recommend paying attention to the direction the arm seam lays. You will run into it at the armpit while sewing the side seams. I like to face them all in the same direction so the binding lays in the same direction on the outside.

Step six:



- Serge your wrist cuffs and waistband closed, parallel to the grainline.



- Place the wrist cuffs inside the sleeve so all raw edges are matched up. The folded edge will be inside the sleeve.



- Fold them in half so the wrong side is folded onto itself and it forms a cuff.



- Place the waistband inside the waist.
Pin waistband seam to center back notch.
Pin waistband notch to center front notch.

- Sew the cuffs and the waistband to the sweatshirt by stretching them to fit and sewing in a complete circle. They will look like this when completed and pulled out

Step seven:



- Sew both hood layers together by laying them right sides together and sewing along the head curve.



- Turn one layer right side out.



- Place the right-side-out layer inside the other layer so the right sides are hidden.



- Sew the layers together around the front curve.



- Match the pieces at the center of the neck, so they are right side together.



- Sew them together.



-Turn hood right side out by folding the inside layer into the outside layer.



-The center of the neck should look like this. The bottom of the hood will be open still.



-Place the hood inside the neck of the sweatshirt so all raw edges are lined up. Pin the center back seam to the center back notch. Pin the center neck seam to the center front notch.

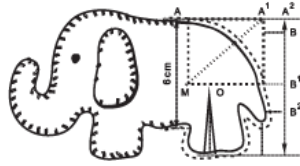


-Sew the hood on, all the way around the neck. Pay attention to the arm seam directions here too!! I make sure they are laying in the same direction as they are at the armpit.



-Pull the hood out to look like this. Turn sweatshirt right side out and you are done!!!





Brindille & Twig

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Official website:

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If you would like to show off your creations or ask questions of other people using our patterns, join our sew and tell group!!

Facebook.com/groups/Brindilleandtwig

I hope you enjoyed the process and outcome. If you have any questions or suggestions you can contact me on our website OR at:

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