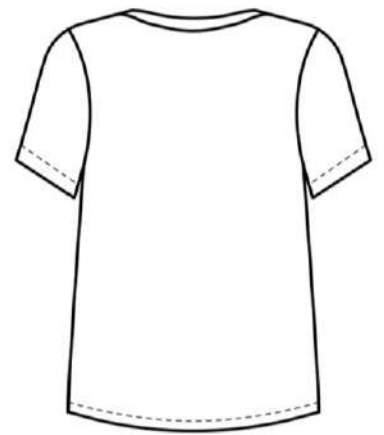


REBECCA PAGE

XXS - 5XL

BEGINNER



Toronto Tee

What's Inside

Getting Started	3
Printing Your Pattern	4
Settings	4
Printing the Instructions	4
Toronto Tee	5
Size Chart	5
Finished Garment Measurements (in INCHES)	6
Materials & Tools	7
Cutting Instructions	8
Fabric Tips	9
Tips for Sewing with Knit Fabrics	9
Quick-Glance Cheat Sheet	10
Sewing Instructions	11
Preparation	11
STEP 1 – OPTIONAL Pocket	11
STEP 2 – Shoulders	14
STEP 3 – Sleeves	15
STEP 4 – Memory Hems	17
STEP 5 – Neckband	17
STEP 6 – Side Seams	20
STEP 7 – Hem	21

REBECCA PAGE

Product Sales & Licensing Information

This pattern is copyrighted 2021 to Rebecca Page by rebecca-page.com.

Please feel free to make garments from this pattern to sell. If you do, we would love you to include a credit to rebecca-page.com as the pattern designer, but it is up to you.

The finished product may only be sold by crafters. It may not be mass produced. You can only sell the finished product; you cannot sell the pattern or these instructions.

Best of luck and happy sewing!

Getting Started

Need help? Have a question? Connect with us.



Page



Group



@rebeccajpage



Our Facebook group is a great place to get help, share your tips and creations! We are a friendly bunch, and we love to help and see what you have made.

Please read the full instructions before getting started.

Wash, dry, and press your fabric before starting your project. A bit of prep now prevents shrinking and means your garment will stay the same size you made it.

Never leave a child or baby unattended or allow to sleep in a garment made from one of our patterns with ties, snaps, buttons, or anything they could remove, choke on, or get caught on. Always use caution if you are unsure. We love our patterns, but we love your bundles of joy more!

Printing Your Pattern

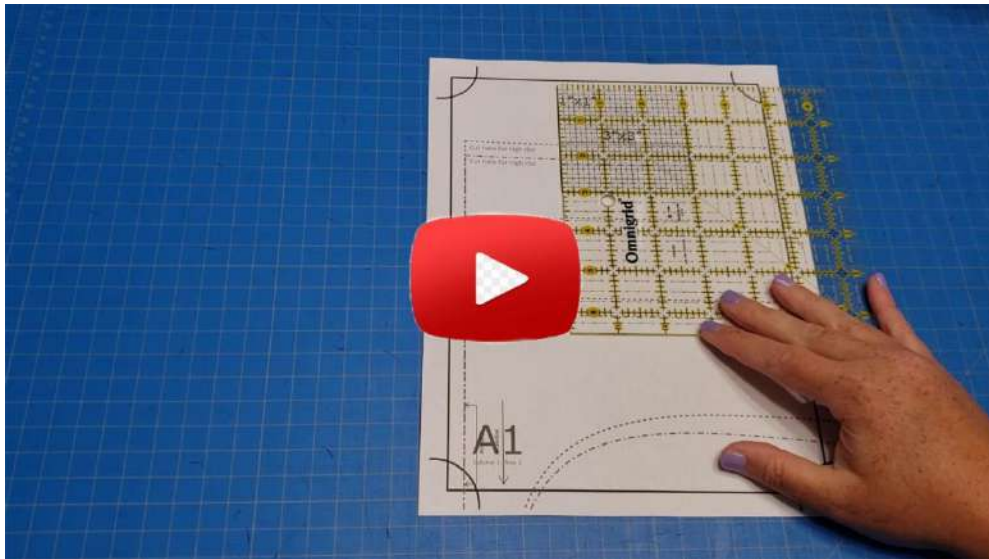
Settings

The pattern is a separate download. Choose either the US letter paper, A4 paper, or A0 paper. Print at **100%**.

On the second page, you will find a **1-inch** and a **3-inch square test box**. Print this page first, on its own, and measure these squares.

Once you are happy that the test box is accurate, print the rest of the pattern pages.

Please follow [this video](#) for information and assistance on assembling this pattern.



Printing the Instructions

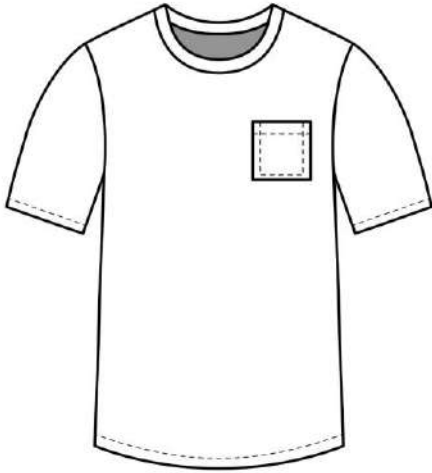
The instructions are designed for everyone from beginner upwards, so there are a LOT of pictures throughout the instructions. For this reason, some people do not print these in full (however you can if you wish!).

If, however, you want to print a one page **quick-glance cheat sheet** (no photos, intermediate / advanced level instructions), you will find this on **page 10**.

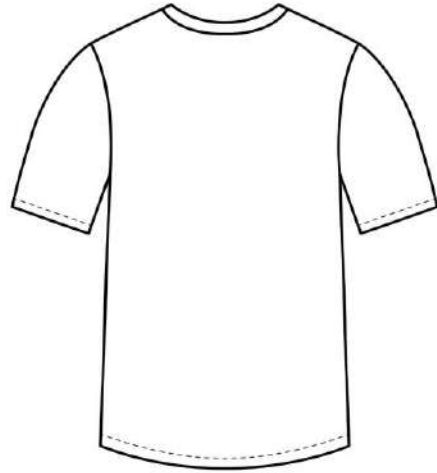
Toronto Tee

Difficulty Level = Beginner

This super comfy and flattering boxy tee is loose fitting, sitting at the hip line. It has a round neck and loose fitting inset sleeves. Add the optional pocket for a little something extra. Dress it up or down, this will be the perfect boyfriend tee to add to your closet.



Front - with Optional Pocket



Back

Size Chart

This pattern is drafted to the sizes listed below. If you are between sizes, choose the larger size and adjust the pattern to remove the extra width to achieve the intended fit.

	Chest		Waist		Hips	
	Inches	CM	Inches	CM	Inches	CM
XXS	31.0	79.0	25.0	63.5	34.0	86.0
XS	33.0	84.0	27.0	68.5	36.0	91.5
S	35.0	89.0	28.0	71.0	38.0	96.5
M	37.0	94.0	30.0	76.0	40.0	101.5
L	39.0	99.0	32.0	81.0	42.0	106.5
XL	42.0	106.5	35.0	89.0	45.0	114.0
XXL	45.0	114.0	38.0	96.5	48.0	122.0
3XL	48.0	122.0	42.0	106.5	51.0	129.5
4XL	51.0	129.5	46.0	117.0	54.0	137.0
5XL	54.0	137.0	50.0	127.0	57.0	145.0

Finished Garment Measurements (in INCHES)

	Chest	Waist	Hip	Bicep	Sleeve length	Center back to hem length
XXS	38.6	39.6	41.2	12.3	5.7	21.5
XS	40.2	41.6	44.0	13.2	5.9	21.7
S	42.2	43.6	45.0	14.0	6.2	22.0
M	44.2	45.6	47.0	15.0	6.5	22.0
L	46.4	48.0	50.0	16.0	7.0	22.2
XL	49.2	50.4	53.0	16.7	7.0	22.6
XXL	52.2	54.0	56.0	17.5	7.2	23.0
3XL	55.2	57.2	59.0	18.4	7.4	24.0
4XL	58.2	60.0	62.0	19.3	7.5	24.4
5XL	61.0	63.0	66.0	20.0	8.0	25.0

Fitting Notes:

This tee is loose fitting with a boxy shape from the chest, through waist to hip.

- **Sizing** – Sizing is different in different countries and stores, so please measure your model before picking a size. The ready-to-wear size your model normally fits into may be different from our size chart.
- **Picking your size** – When picking your size, if you fall between sizes, go for the size with the correct chest measurement. That way the shoulders, arms, and upper back are likely to fit well. Then, grade out or in to the correct waist size.
- **Grading** – You may notice on some pattern pieces that there is a slight shape difference. This is to ensure that, with such a wide size range, the pattern can still offer a great fit. Just measure and print the size/s you require. You'll still need to add any personal adjustments you know suit your body best (such as a full bust adjustment or bicep adjustment), and for this we highly recommend making a muslin.
- This tee is designed for a **sewing C cup** (approximately a ready-to-wear B cup), and a **height of 5 foot 6 inches**.
 - If your bust size is above a D cup, you may need to do an FBA (full bust adjustment). However, as it's fairly loose fitting, please use the finished garment measurements above before deciding how to proceed.
 - If your height is above or below 5 foot 6, [use this tutorial](#) as a guide for making height adjustments to your bodice and sleeve.
- **Bicep** – Check your measurement against the finished garment measurement above. If your measurement is larger, you may need to adjust the sleeve opening at the hem.
- To ensure you get the best fit, **sew a muslin** first. This is how I would recommend you muslin this tee:
 - Use an inexpensive knit fabric similar in weight to the final fabric you plan to use.
 - Cut out all pieces. Label each with tailors chalk or a fabric pen
 - Baste these together using a $\frac{3}{8}$ inch seam allowance
 - Try on. If you are happy with the fit, continue to your final garment.

- If you feel the fit needs adjusting for your personal shape, turn the muslin inside out and try on again. Adjust the seams with pins until you are happy.
- Trim your new seam allowances to $\frac{3}{8}$ inch and pull out your basting stitches.
- Use these bits of fabric as your pattern pieces instead of the original pattern pieces. Continue on to sewing your final garment.
- Make sure to keep your adjusted pattern pieces.... It's like having a tailor-made garment so they're a valuable addition to your pattern library in case you wish to make more!
- If you get stuck with fitting, see our favorite resources on our [Pinterest Sewing Fitting Advice board](#).

Materials & Tools

- Your fabric needs to be a **stretch/knit fabric**. It can be any weight; however, best results and fit will be achieved with a light or medium weight fabric such as jersey, silk satin with elastane, silk jersey with elastane, double brushed poly, rayon spandex, bamboo spandex, modal etc.
- Your fabric will need to have at least **40% stretch** to get the fit as it's designed. To check how much stretch your fabric has, take a piece of fabric, and pull along its stretch. I.e. A 2-inch piece of fabric (unstretched) should be able to be stretched to 2.8 inches.
- The stretch recovery of your fabric is just as important as the stretch percentage. This will ensure your tee maintains its shape and fit for as long as possible and not become baggy. To test the stretch recovery (elasticity), simply check that when you stretch your piece of fabric it returns to its original size.
- A fabric with 4-way stretch (stretches in all directions) will give more drape than a 2-way stretch (only stretches in one direction).
- Generally, knit/stretch fabrics are heavier than wovens. You may find you need to hem your garment slightly higher if it stretches out in length while wearing it.

Fabric Requirements 60 inch / 150cm wide fabric (in **YARDS**)

	Tee
XXS	0.75
XS – XL	1.00
XXL – 3XL	1.25
4XL	1.50
5XL	1.75

** If you are using a narrower fabric, a directional print, or a fabric with nap you may need more.*

*** Make sure to wash, dry, and press all fabrics before cutting out in case they shrink.*

You will also need:

- Thread to match

Tools needed are a sewing machine, optional twin needle, pins/clips, tailors chalk/fabric pen, scissors, tape measure, and a ruler. A serger/overlocker is optional but not required.

Cutting Instructions

Cut each of the pieces according to the directions on the pattern piece. Seam allowances are all included so just cut them as is.

Cutting Charts – All pattern pieces are included, however if you prefer to cut using a cutting chart, the dimensions for the rectangular pieces (in INCHES) are below:

	Pocket (cut 1)		Neckband (cut 1)	
	Width	Length	Width	Length
XXS	4.7	5.1	9.2	2.2
XS	4.7	5.1	9.5	2.2
S	4.7	5.1	10.0	2.2
M	4.7	5.1	10.1	2.2
L	4.7	5.1	10.5	2.2
XL	4.7	5.1	11.0	2.2
XXL	4.7	5.1	11.1	2.2
3XL	4.7	5.1	11.4	2.2
4XL	4.7	5.1	11.7	2.2
5XL	4.7	5.1	12.0	2.2

Cutting Checklist:

- Front – Cut 1 on fold
- Back – Cut 1 on fold
- Sleeves – Cut 2 on fold
- Neckband – Cut 1 on fold
- Pocket – Cut 1



NOTE – To cut fabric on the fold, fold your fabric over parallel to the selvage edges. Align the pattern piece so it is on the fold of the fabric. Cut around the edges, leaving the fold. If you have folded your fabric correctly the fold will be parallel to the two edges of the fabric that are finished. The raw edges (e.g. the ones you could pick at and threads would come off) will be at a right angle to your fold.

Fabric Tips

Tips for Sewing with Knit Fabrics

Using a serger is not a necessity to sew with knit fabrics! Here are a few tips to get the best results on a regular sewing machine:

- Use a ball point needle of a size appropriate to your fabric when working with knits – The ball point needle has a slightly rounded tip and will prevent from damaging the fibre. Use ball point pins or clips and, if you can't, use regular pins into the seam allowance and you should be just fine.
- Use a stretch stitch – You can use either a short and narrow zigzag or a stretch stitch (lightning bolt stitch) for construction. Test on a scrap of fabric to find which stitch and tension settings work best for you. You don't want the fabric to pucker under your stitches.
- Your machine might have many fancy stretch stitches and you are welcome to play with them, but often the basic zigzag or stretch stitch are just right.
- Use a walking foot – Using a walking-foot is not a necessity but it is highly recommended when working on a stretchy knit. The walking-foot helps to prevent one layer of fabric from stretching out while sewing. Both layers of fabrics are fed at the same time under your needle.
- Reduce your presser foot tension – Some machines will allow you to change your presser foot tension. Check your manual to see how to reduce your presser foot tension. Reducing tension will prevent your fabric from stretching while it goes through the machine.
- Use a ball point twin-needle (double needle) for top stitching – Using a twin-needle will give you a regular double line of straight stitches on the right side and a short and stretchy zigzag on the wrong side. Alternately, if you don't own a twin needle, you can use a medium size zigzag stitch for hemming and topstitching. I like to lengthen my stitch a little when top stitching with the twin needle. Test on a scrap of fabric to find what works best for you.
- Finishing the seams – Because knits don't fray, it isn't strictly necessary to finish your seams. That being said, you will achieve a more polished and durable look if you do an overcasting or zigzag stitch on your raw edges.



Here is an example of some of the stitches you could use.

From left to right: Ballpoint twin-needle, narrow zigzag, stretch stitch (lightning bolt), overcasting.

Quick-Glance Cheat Sheet

(full step-by-step tutorial starts on next page)

⅜ inch seam allowance included - Top stitching ⅛ inch

Preparation –

1. **PATTERN MARKINGS** – Transfer all pattern markings.

Sewing –

1. **OPTIONAL POCKET** – Fold the bottom of the pocket ⅜ inch to the wrong side. Press. Repeat for both side edges of the pocket. Press the top edge of the pocket ½ inch to the wrong side. Topstitch top edge of the pocket. Align pocket with pattern markings. Topstitch along both sides and the bottom of the pocket.
2. **SHOULDERS** – Right sides together, sew front to back at shoulders. Press the seam to the back.
3. **SLEEVES** – Mark the midpoint of the sleeve. Aligning the sleeve midpoint with the shoulder seam, pin sleeve to shirt, right sides together. Stitch sleeve to shirt. Press the seam toward the sleeve. Repeat for second sleeve.
4. **MEMORY HEMS** – Press the hem of front, back, and both sleeves ½ inch to the wrong side.
5. **NECKBAND** – Wrong sides together, press the neckband in half along the long edge. Align the short raw edges and stitch. Press seam open. Refold memory press. Quarter the neckband and the neckline of the shirt. Match quarter points. Stitch in place, stretching the neckband to match the shirt. Do not stretch the shirt. Press the seam down toward the bodice. **OPTIONAL** – Topstitch.
6. **SIDE SEAMS** – Align front to back along the side seam from the hem of the sleeve all the way down to the bottom hem. Stitch. Repeat for second side seam.
7. **HEM** – Refold memory hem along bottom hem. Topstitch in place. Repeat for both sleeves.

Sewing Instructions

¾ inch seam allowance included - Top stitching ½ inch

Preparation

Pattern Markings - Transfer all pattern markings from the pattern pieces to your fabric using tailors chalk or a disappearing ink marker.

STEP 1 – OPTIONAL Pocket

If you are not adding a Pocket, skip to step 2.



- 1.1** Fold the bottom of the Pocket to the wrong side ¾ inch and press.



- 1.2** Fold the side of the Pocket to the wrong side ¾ inch and press.



- 1.3** Fold the other side of the Pocket to the wrong side ¾ inch and press.



- 1.4 Fold the top of the Pocket to the wrong side ½ inch and press. Pin in place.



- 1.5 Stitch close to the raw edge of the top of the Pocket using a stretch stitch.

OPTIONAL – You can use a twin needle or coverstitch for hemming.



- 1.6 Lay the Front right side up on your ironing board.

Place the pattern piece on top, lining it up accurately with your fabric. Place a pin directly through each of the four corner points of the Pocket, making sure it goes firmly into the ironing board.



- 1.7 Lift the pattern piece slightly, being careful to keep your pins in place.



- 1.8** Holding the pattern up out of the way, place a pin under the pattern piece into the fabric where each of the four pins are. As you place the new pin in, remove the old pin. You should now be able to lift the pattern piece out of the way and still have four pins marking each of the corner points of the Pocket.



- 1.9** Place your Pocket in between the corner points. Keep the four pins in the fabric at the corner points.



- 1.10** Pin the Pocket to the Front Bodice. Remove the four pins at the corner points.



- 1.11** Topstitch down the side, across the bottom, and up the other side of the Pocket using a $\frac{1}{8}$ inch seam allowance.

STEP 2 – Shoulders



- 2.1 With the right sides together, pin the Front to the Back at the shoulders.

NOTE – As patterns go through a revision and testing process to fine tune design and fit, we have added a flattering slightly curved hem after the tutorial was created. The construction method is the same.



- 2.2 Using a stretch stitch, sew the shoulders using a $\frac{3}{8}$ inch seam allowance.



- 2.3 Press the seam allowance to the back.



STEP 3 – Sleeves



3.1 Fold the Sleeve in half and mark the midpoint with a pin.



3.2 Lay the tee flat, with the right sides up.



3.3 With the right sides together, match the pin at the midpoint of the Sleeve with the shoulder seam, and pin together.



3.4 Pin the ends of the Sleeve to the ends of the armhole.



3.5 Continue pinning the Sleeve to the armhole.



3.6 Stitch using a $\frac{3}{8}$ inch seam allowance and a stretch stitch.



3.7 Press the seam allowance toward the Sleeve and away from the tee.



3.8 Repeat steps 3.1 to 3.7 to attach the other Sleeve.

STEP 4 – Memory Hems



- 4.1 Fold the bottom of the Sleeve to the wrong side $\frac{1}{2}$ inch and press. This will create a memory hem.

NOTE - A memory hem is where you fold and press your hem, but do not actually stitch it yet. We do this so that fold lines are pressed into the garment. It's much easier to do this now, than to try and press the hem later when the Sleeve is stitched into a circle. Some fabrics hold a memory hem better than others. If your fabric doesn't hold it well, that is ok. It is still helpful to do this now.



- 4.2 Repeat step 4.1 for the other Sleeve, as well as the hem at the bottom of the Front, and the bottom of the Back Bodice pieces.

STEP 5 – Neckband



- 5.1 Fold the Neckband in half, with the wrong sides together and press.



- 5.2 Open out the Neckband, and then fold it with the right sides together. Match up the short edges and pin together.



- 5.3 Stitch using a $\frac{3}{8}$ inch seam allowance and a stretch stitch.



- 5.4** Press open the seam allowance if you are using a stretch stitch. Press the seam allowance to the side if you have serged.

TIP- Using a stretch stitch and pressing the seam open will allow your neckband to lay flat.



- 5.5** Use pins to mark the quarter points of the raw edge of the Neckband and neckline.



- 5.6** Working from the RIGHT side of the neckline, place the Neckband around the neckline so that the raw edges meet. Align the seam of the Neckband with the center back of the neckline and pin together. Match the rest of the quarter points and pin.



- 5.7** Continue pinning, stretching the Neckband slightly to match the neckline.



5.8 Stitch using a $\frac{3}{8}$ inch seam allowance.

TIP – To prevent waviness, stretch only the band and not the neckline.



5.9 Press the seam allowance down, toward the tee.



5.10 OPTIONAL – From the right side, topstitch around the neckline with a twin needle, coverstitch, or stretch stitch.

STEP 6 – Side Seams



6.1 With the right sides together, pin the Front to the Back along the side seam.



6.2 Stitch using a $\frac{3}{8}$ inch seam allowance and a stretch stitch.



6.3 Repeat steps 6.1 to 6.2 for the other side seam.

STEP 7 – Hem



7.1 Refold the memory hem from step 4 and pin.



7.2 Stitch along the hem, close to the raw edge, using a stretch stitch.

OPTIONAL – You can use a twin needle or coverstitch for hemming.



7.3 Repeat steps 7.1 to 7.2 to hem each of the Sleeves.





Congratulations, your **Toronto Tee** is done. Enjoy!

We would love to hear how you got on and see photos of your finished project!

Join us at our **Facebook Group**, tag us on **Instagram**, or use the hashtag **#rptorontotee**.

Thank you for using a **REBECCA PAGE** pattern.

© Copyright 2021
All Rights Reserved