

# Tilly T-SHIRT

*The Tilly T-shirt is the perfect go-to top for casual wear. Sew it out from lightweight knit for a flowing, easy-to-wear tee that will go with practically anything in your wardrobe!*

Project **CAROLINE HULSE**

DOWNLOAD  
YOUR  
**FREE**  
TEMPLATE



**SKILL LEVEL:** + + + +

**MATERIALS:**

- 1 yard 137cm-wide jersey
- free template from [www.sewnowmag.co.uk](http://www.sewnowmag.co.uk)

**FABRIC TYPES:**

Light to medium-weight knit such as jersey, rayon, polyester or other lightweight blends with at least 40% stretch

**HOW TO MAKE:**

**1** Align the front and back bodices along the shoulders with right sides facing. Pin and stitch the shoulder seams. Lay the bodice flat with the right side facing up and the bodice pieces not touching.

**2** With right sides together, align the centre notch on the sleeve with the shoulder seam of the bodice pieces and the other two notches with their matching partners. The double notch goes at the back and the single notch goes at the front. Stitch the sleeve to the armhole opening. Repeat steps 2 and 3 for the other sleeve.

**3** Turn the top to the wrong side and align the sides. Starting at the hem of the sleeve, pin and stitch the sleeve and sides. (See Pic A.)

**4** Cut a straight strip of knit fabric from selvedge to selvedge that is 2" wide, using the pattern piece with the stretchiest part of the knit running lengthwise along the strip. (See Pic B.)

"A USEFUL TIP IS TO USE SPRAY STARCH TO PRESS YOUR KNIT NECKLINE IN HALF AND HOLD ITS SHAPE"



Jenny

**5** Fold the strip in half lengthwise and press. (See Pic C.)

**6** Align the two short ends with right sides facing. Stitch together with a ¼" seam allowance. Finger-press the seam allowance open and fold the neckband back the way it was pressed. (See Pic D.)

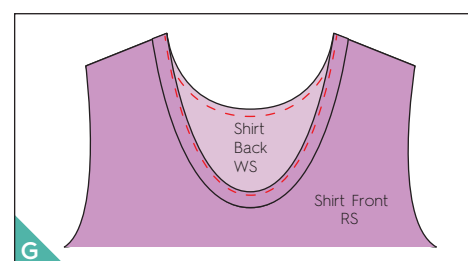
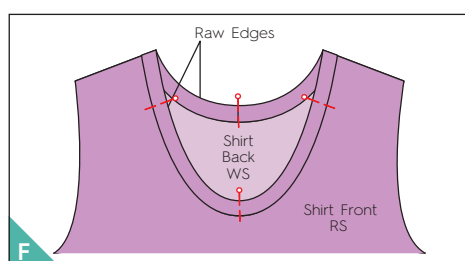
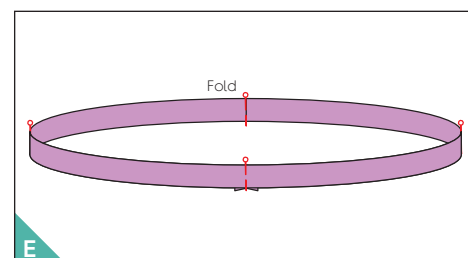
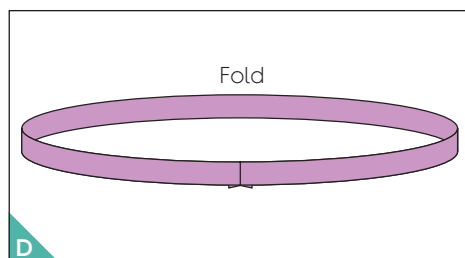
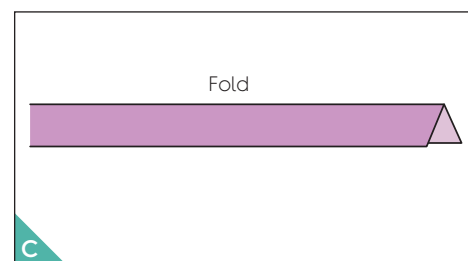
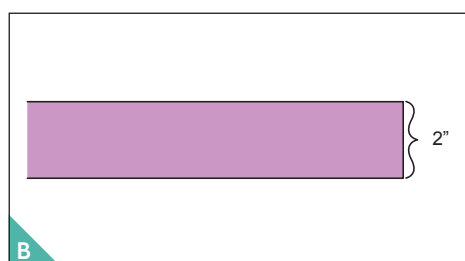
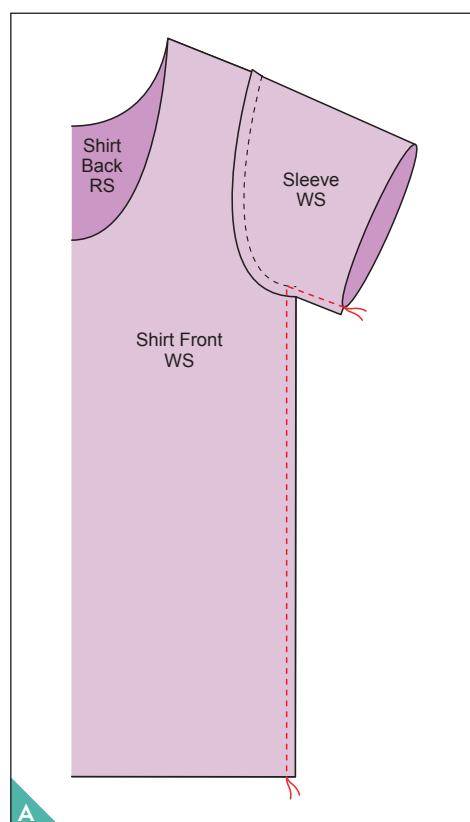
**7** Find the four 'corners' of the neckband by placing a pin in the centre back (the seam), in the centre front, and on each side. (See Pic E.) Do the same for the neckline of the garment. Note that the sides of the neckline are NOT typically at the shoulder seams.

**8** Place the neckband on the outside of your garment and align the three raw edges (two from the neckband and one from the garment) at the pins. Pin the neckband in place to the garment (See Pic F). The neckband will be smaller than the neckline.

**MEASUREMENTS**

Choose your size for the Tilly T-shirt based on your bust measurement

|       | X small | Small | Medium | Large | X large | XX large |
|-------|---------|-------|--------|-------|---------|----------|
| Bust  | 31"     | 33¾"  | 36½"   | 39½"  | 42"     | 44¾"     |
|       | 78cm    | 85cm  | 92cm   | 100cm | 107cm   | 114cm    |
| Waist | 24½"    | 27½"  | 30"    | 32¾"  | 35½"    | 38¾"     |
|       | 62cm    | 69cm  | 76cm   | 84cm  | 91cm    | 98cm     |
| Hips  | 34"     | 36¾"  | 39½"   | 42¼"  | 45"     | 47¾"     |
|       | 86cm    | 93cm  | 100cm  | 108cm | 115cm   | 122cm    |



**9** Using your overlocker or sewing machine, stitch the neckband to the neckline by stretching the neckband evenly between each pin (See Pic G). Be careful not to stretch the neckline of the garment while doing so.

**10** When finished, press the neckband away from the garment. Using your sewing machine, top-stitch the seam allowance to the garment for a nice, professional finish (See Pic H).

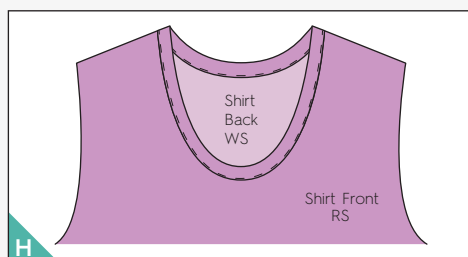
**11** Hem the sleeves by pressing the raw edge toward the wrong side at  $\frac{3}{8}$ " and stitching them in place using a zigzag stitch. Hem the bottom by pressing the raw edge toward the wrong side at  $\frac{1}{4}$ " and again at  $\frac{1}{2}$ ". Top-stitch it in place using a zigzag stitch. (See Pic I). ➡

## SEWING NECKLINES

Some patterns will give you the correct length and width of fabric needed to sew a T-shirt neckband, and some patterns, like the Tilly T-shirt, include the neckband as a pattern piece. However, if you want to add this technique to a garment that doesn't use it, here are the general instructions. Measure the length of the

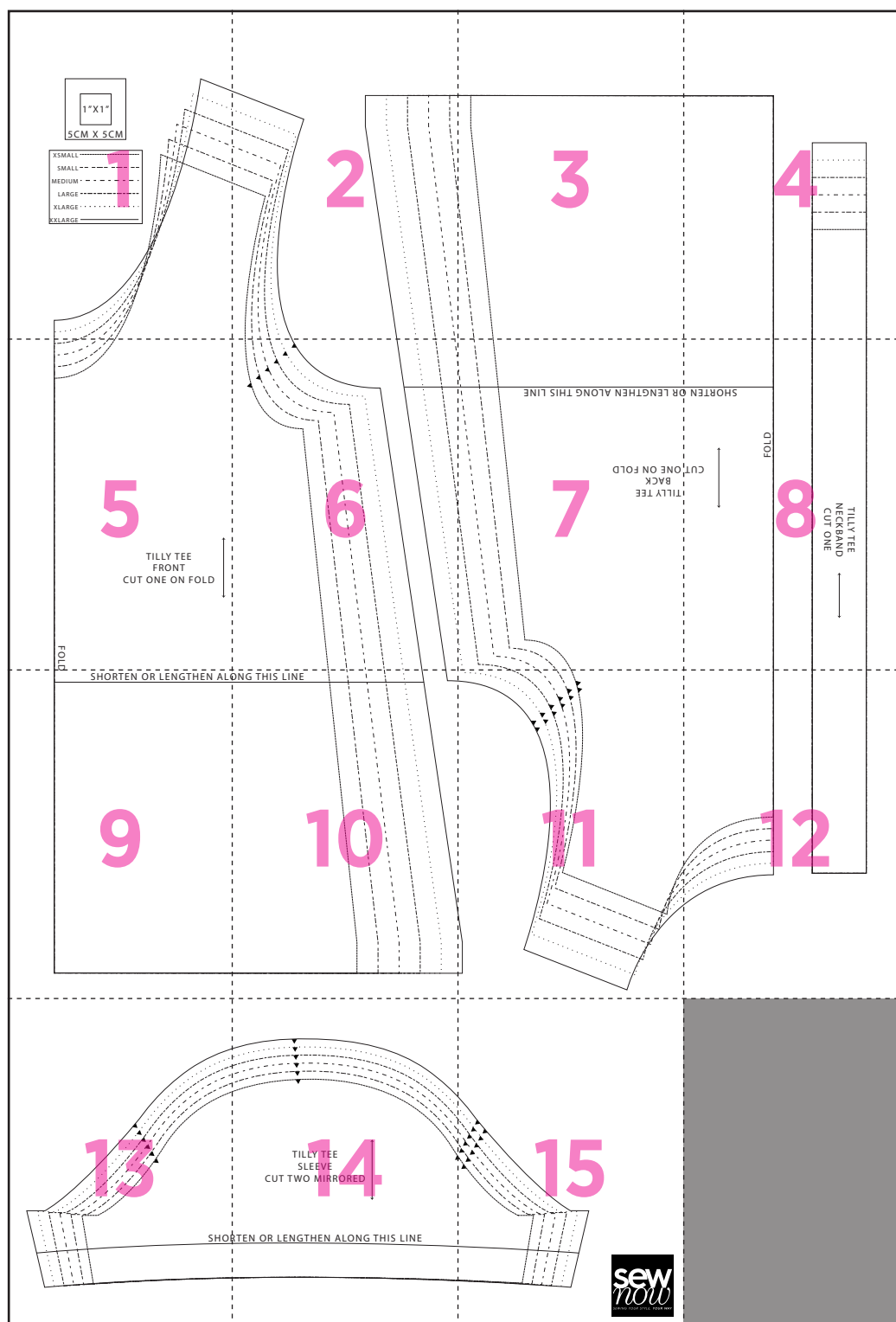
neckline you're working with, and then multiply that measurement by 85%. This will give you the length measurement needed for this neckband. The length varies a bit depending on how stretchy your fabric is, but this is a good rule of thumb. You want to be stretching the neckband as you go.

*Choose a vibrant floral print ready for summer!*

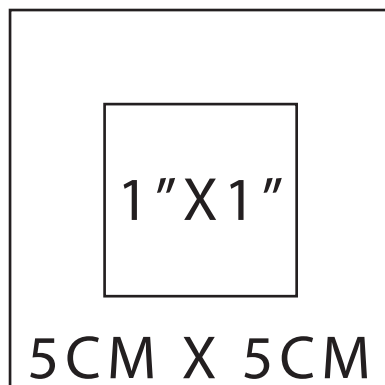


**Sew Caroline  
Weekend Style is  
published by Fons  
& Porter, £18.99**

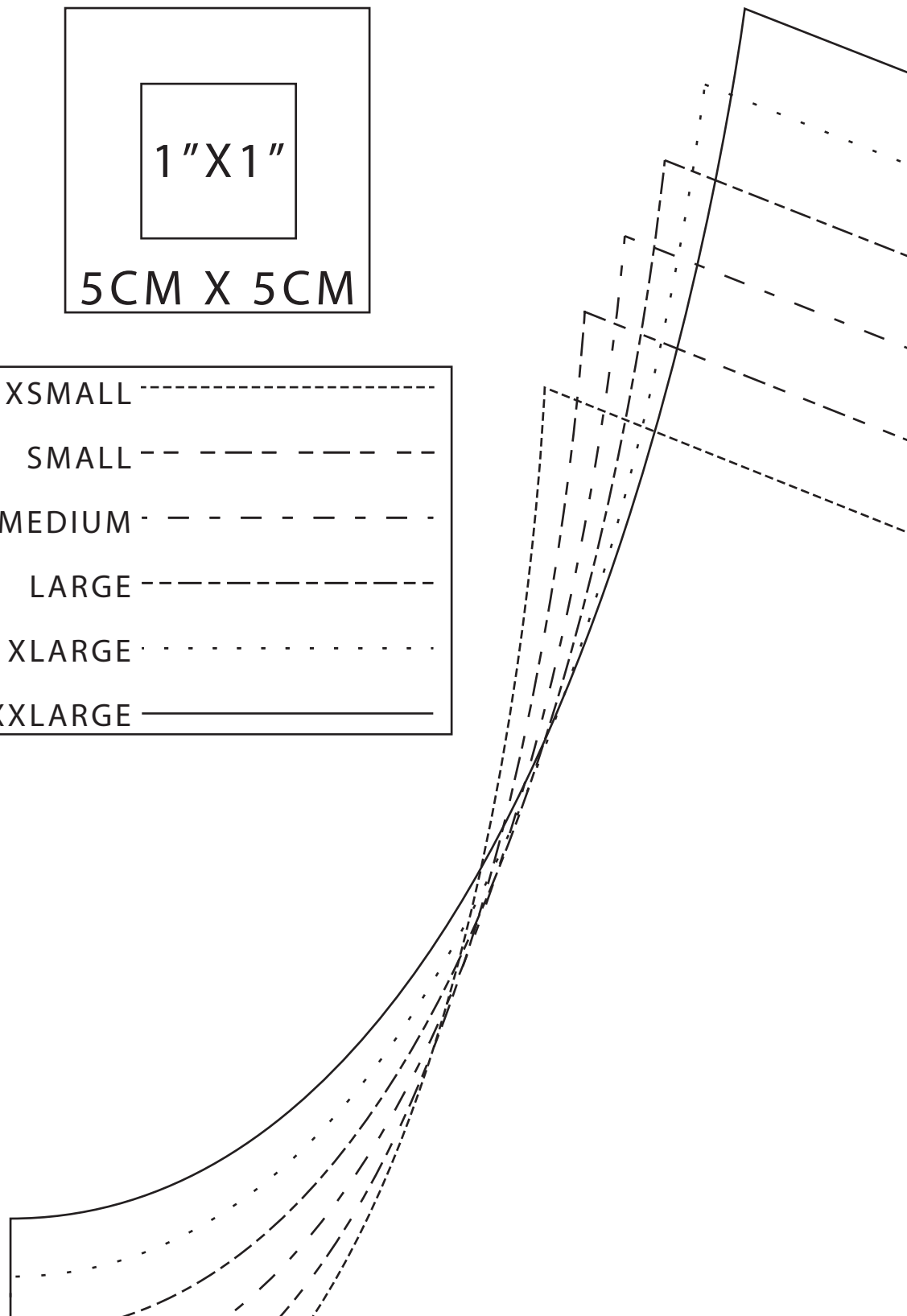
# TILLY T-SHIRT



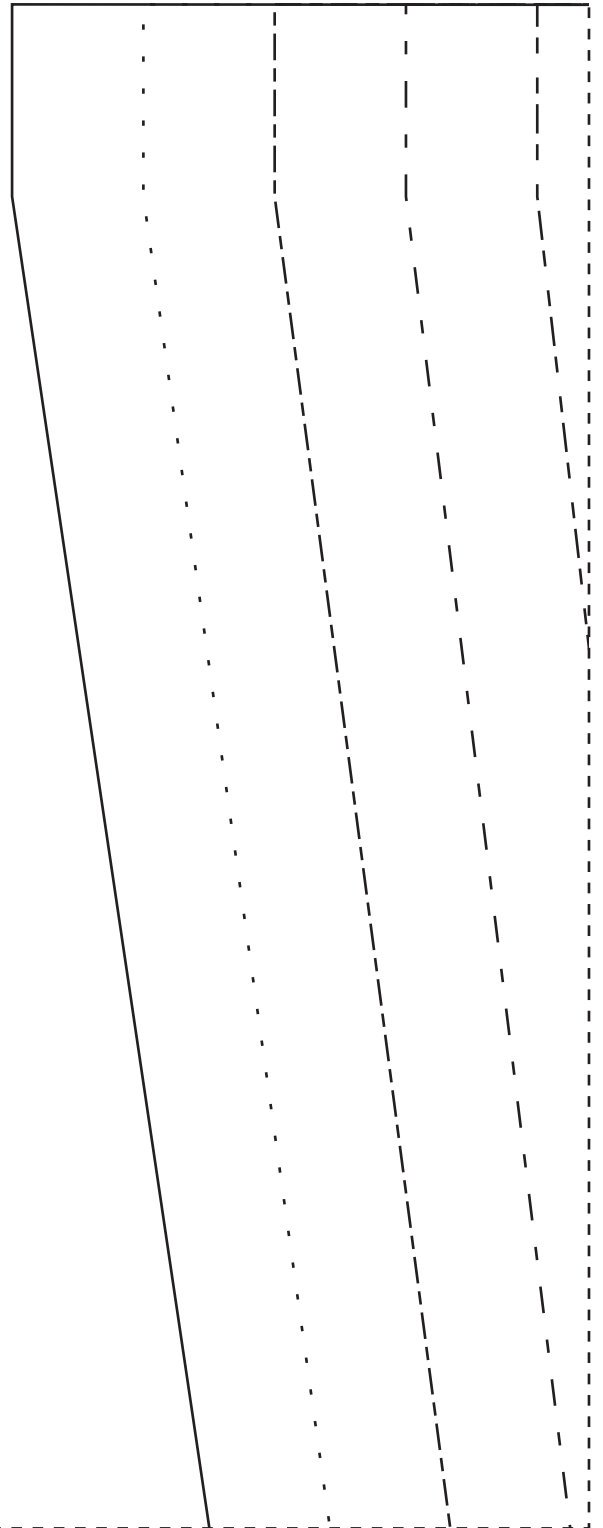
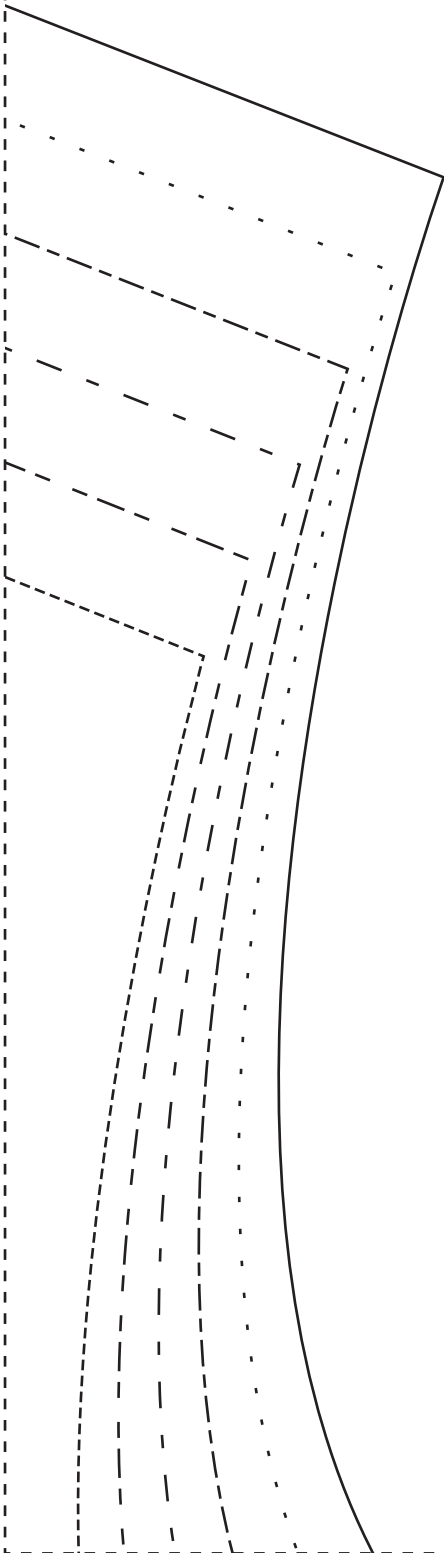
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|         |           |
|---------|-----------|
| XSMALL  | -----     |
| SMALL   | - - - - - |
| MEDIUM  | · - - - - |
| LARGE   | - - - - - |
| XLARGE  | · · · · · |
| XXLARGE | —————     |



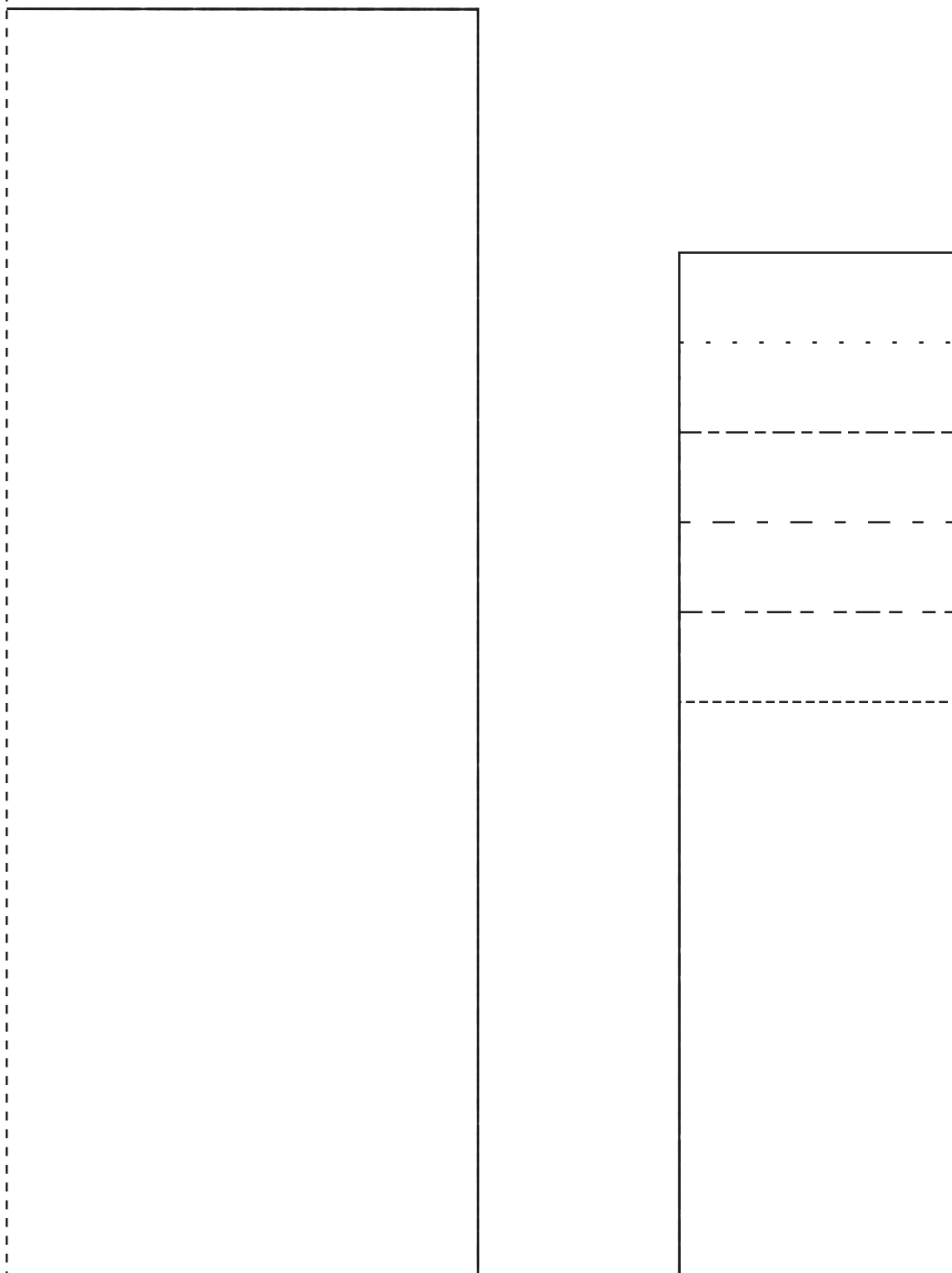
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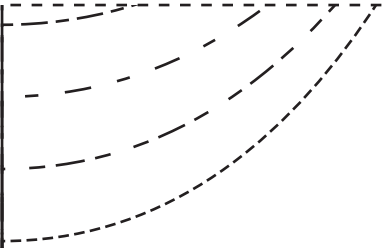
3



4



5



TILLY TEE  
FRONT  
CUT ONE ON FOLD



FOLD

6



7

OR LENGTHEN ALONG THIS LINE

TILLY TEE  
BACK  
ONE ON FOLD





TILLY TEE  
NECKBAND  
CUT ONE



FOLD



CUT

SHORTEN G

8

9

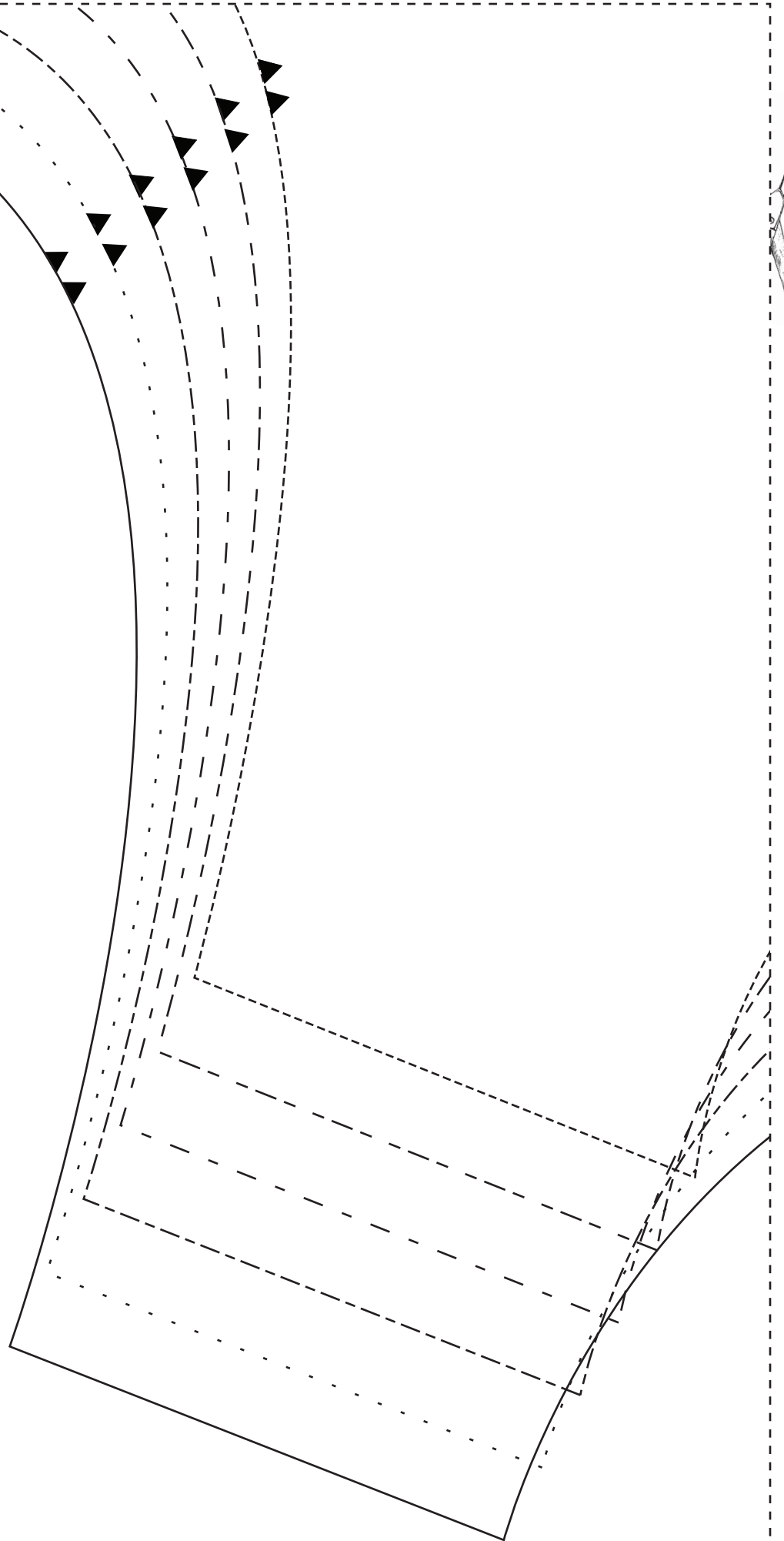
SHORTEN OR LENGTHEN ALSO



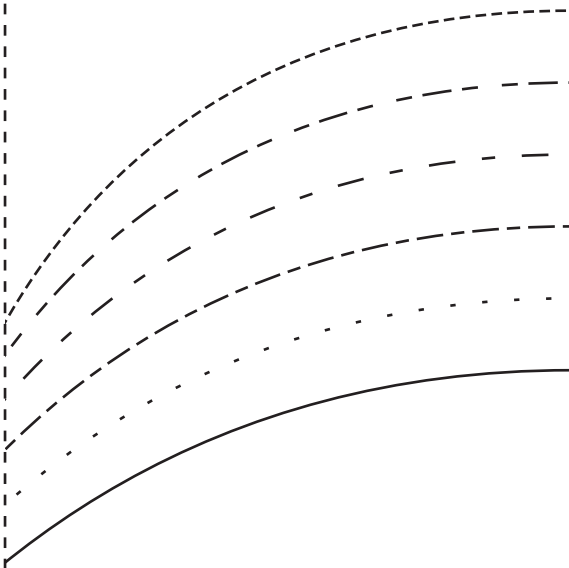
10 CUTTING THIS LINE



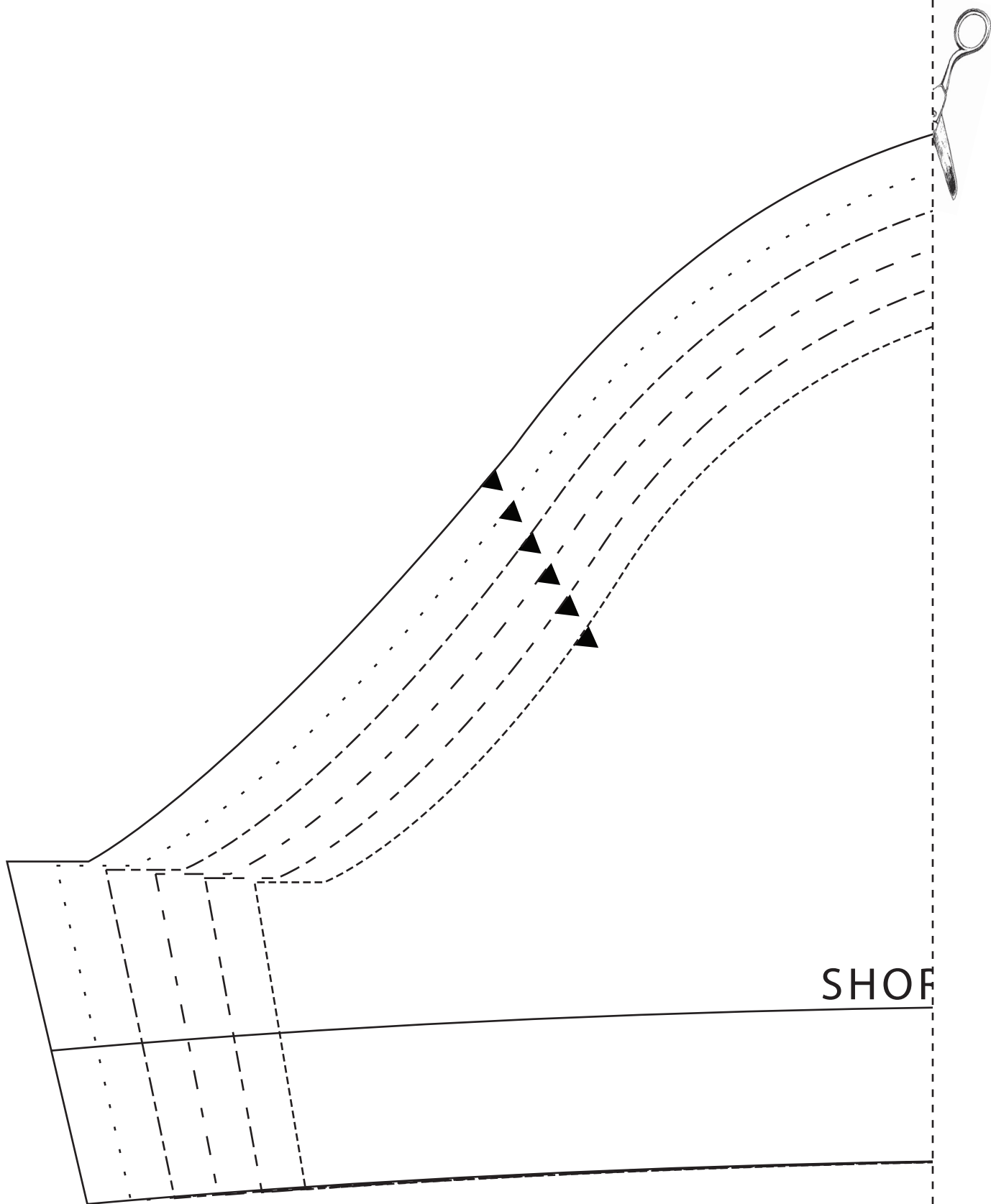
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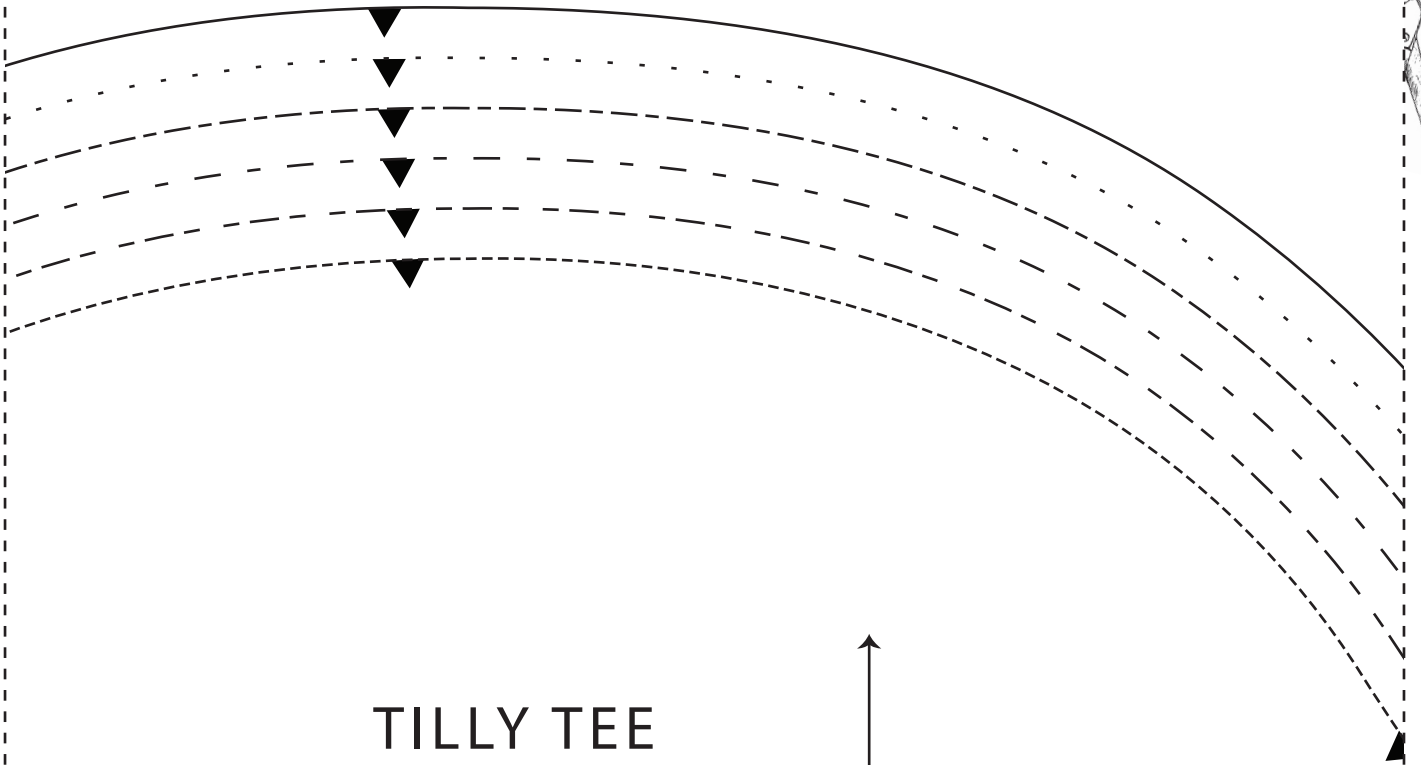
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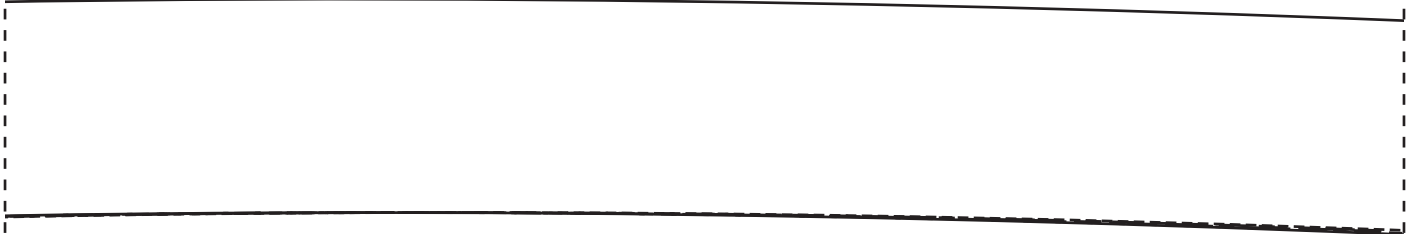
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TILLY TEE  
SLEEVE  
CUT TWO MIRRORED



WIDEN OR LENGTHEN ALONG THIS LINE



15

