

Easy peasy LEMON squeezy

Have you ever tried a Tilly and the Buttons pattern? The easy-to-follow step-by-step instructions will lead you straight to sewing success!

Project **TILLY WALNES** Tilly and the Buttons
Fashion photography **ELLIE SMITH**
Step photography **FANNI WILLIAMS**

Wow!

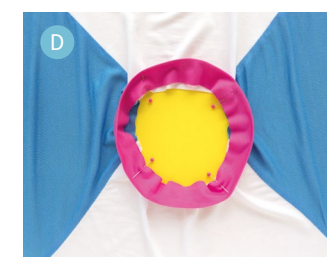
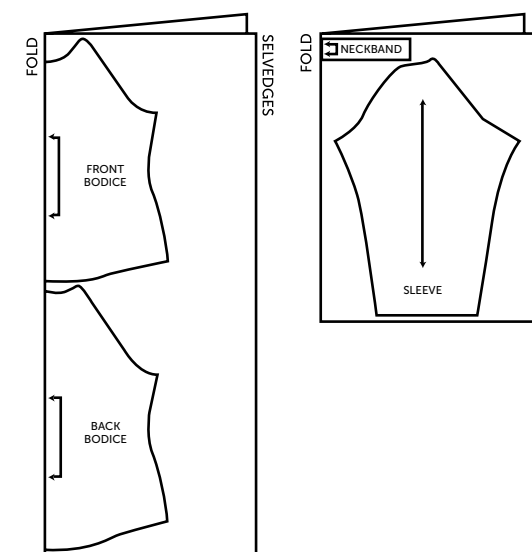
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SIZING:

	BUST	WAIST	HIP	FINISHED BUST	FINISHED WAIST	FINISHED HIP	NAPE TO HEM
1	76cm (30")	61cm (24")	84cm (33")	80cm (31½")	72cm (28¼")	88cm (34½")	67cm (26")
2	81cm (32")	66cm (26")	89cm (35")	85cm (33½")	77cm (30¼")	93cm (36½")	67.5cm (26¼")
3	86.5cm (34")	71cm (28")	94cm (37")	90cm (35½")	82cm (32¼")	98cm (38½")	68cm (26½")
4	91.5cm (36")	76cm (30")	99cm (39")	95cm (37½")	87cm (34¼")	103cm (40½")	68.5cm (27")
5	96.5cm (38")	81cm (32")	104cm (41")	100cm (39½")	92cm (36¼")	108cm (42½")	69cm (27¼")
6	101.5cm (40")	86.5cm (34")	109cm (43")	105cm (41½")	97cm (38¼")	113cm (44½")	69.5cm (27½")
7	106.5cm (42")	91.5cm (36")	114cm (45")	110cm (43½")	102cm (40¼")	118cm (46½")	70cm (27¾")
8	112cm (44")	96.5cm (38")	119.5cm (47")	115cm (45½")	107cm (42¼")	123cm (48½")	70.5cm (28")

CUTTING:

115cm-wide with contrast sleeves



you didn't overlock them. Press the seam allowances towards the sleeve.

4 Lay the front bodice RS up on the table and fold the sleeves away from the bodice. Position the back bodice and stitch as before. (See pics A and B.)

5 Fold the neckband in half widthways, RST, and pin the short ends. Trim the seam allowances and press them open or to one side.

6 Fold the neckband in half lengthways, RST, and press.

7 Fold the neckband in half at the seam line and mark the halfway point with a pin. Fold it in half again and mark each quarter point with a pin. (See Pic C.)

8 Lay the bodice out flat. Measure the bodice neckline with the tape measure standing on its side, then divide this measurement by four. Mark each quarter point with a

pin, starting at one of the back raglan seam lines.

9 Pin the neckband to the bodice, aligning the neckband seam with the back raglan seam and matching up the pins. Pin the rest of the neckband to the bodice, stretching the neckband to fit the neckline between the pins.

10 Tack the neckband to the bodice neckline with a long zigzag stitch (4-5mm long by 1.5-2mm wide) and a 10mm seam allowance – gently stretch the neckband to fit between each pin, without stretching the bodice neckline.

11 Once you're happy with how the neckband is sitting, stitch or overlock it to the bodice neckline.

12 Trim the seam allowances if you didn't overlock them. Press the seam allowances to the inside of the bodice and press the neckband up away from the bodice.

MATERIALS & TOOLS:

- 0.75m 150cm-wide OR 1.5m 115cm-wide fabric for bodice
- 0.75m for long sleeves OR 0.6m length of fabric for ¾-length sleeves, all widths
- 7cm length of fabric for neckband, all widths
- co-ordinating thread
- ballpoint or stretch needles
- Vlieseline Bondaweb
- templates downloaded from www.lovesewingmag.co.uk

NOTES:

Finish the raw edges with a machine zigzag stitch or overlocker
Use a 1.5cm seam allowance unless otherwise instructed

Join seams with a narrow zigzag stitch, 2-2.4mm long by 1-1.5mm wide, back-tacking at each end, unless otherwise stated

HOW TO MAKE:

1 Lay the front bodice and sleeves out flat on the table, RS up. To work out which sleeve goes with which side of the armhole, check the notches on the raglan seams: the front bodice and front of the sleeve have single notches, the back bodice and back of the sleeve have double notches.

2 With RST pin the front raglan seams together, matching corners and notches.

3 Stitch or overlock in place. Trim the seam allowances if



Tilly Walnes

We're chatting to pattern designer, author and creative force Tilly on page 14. Why not say hello on social media and see more inspiring and colourful creations. Just follow @TillyButtons

13 On the RS top-stitch the seam allowances to the bodice close to the seam line using a 2x2mm or 2.5x2.5mm zigzag or a twin needle. Take your time and keep the topstitching an even distance from the neckline seam. (See Pic E.)

14 Give the neckband a good, steamy press; if it's stretched out, this will help it shrink back down to size so it sits nice and flat.

15 Lay the bodices RST. Pin together the underarm and side seams. Start at the seam point, then match the notches. Stitch or overlock the seam in one continuous line starting at the sleeve

Top tip
Choose a single knit jersey with at least 10% crosswise stretch like a stable cotton interlock

hem. Trim the seam allowances if necessary, then press open or to the back.

16 Finish the raw edge of the hem and each sleeve hem on an overlocker, or leave them unfinished. Fold the bodice hem 2cm to the inside of the garment, press and pin in place. Top-stitch the hem using a 15mm allowance and either a 2x2mm or 2.5x2.5mm zigzag, or a twin needle.

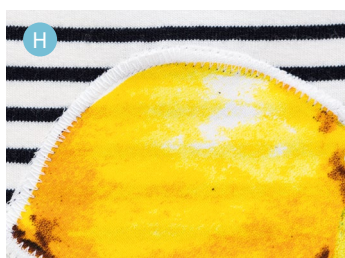
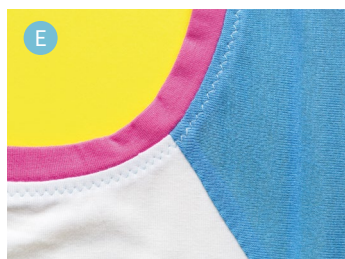
17 Repeat for the sleeve hems, taking care not to stretch them out as you sew. Give the sleeve and top hems a good, steamy press to set the stitches and smooth out any wrinkles.

18 Top-stitch the sleeve hems inside the loop of the sleeve, rather than wrapping the sleeve around the sewing machine. They're less likely to stretch out this way. Press the sleeve hems and pop on your new top!

ABOUT THE BOOK



Tilly and the Buttons: Stretch!
By Tilly Walnes, £22.50
from Quadrille



MASTERCLASS EASY APPLIQUÉ

1 Use a good-quality medium-weight jersey – too lightweight and it may get chewed up under the stitching.

2 For your appliqué fabric, try a medium-weight woven cotton. Double-sided adhesive, such as Bondaweb, will hold the motif in place before stitching.

3 Stitch the motifs onto the top before the underarm and side seams have been stitched, while you can lay the fabric flat.

4 Give your appliqué fabric a press to smooth out any wrinkles.

5 Cut the adhesive to roughly the same shape and size and place the shiny side against the WS of the fabric (check the instructions on the packet). Hold a hot, dry iron on top for a few seconds to fuse

in place. Be careful not to get adhesive on your iron or ironing board – it can leave a mess!

6 Cut around the motifs, leaving space at the sides for the stitching, and avoid creating sharp curves. (See Pic F.)

7 Peel off the backing paper and place on the RS of the garment. Hold a hot, dry iron on top for a few seconds to fuse them in place. (See Pic G.)

8 It's time to stitch the motifs in place! Use a 1mm long by 4-5mm wide zigzag stitch. Most of the zigzag should fall on the appliqué piece, with one side overlapping the edge a teeny bit. Take your time to carefully navigate the curves, and pivot with the needle down as needed.

9 Remember to wash your appliquéd top by hand!