

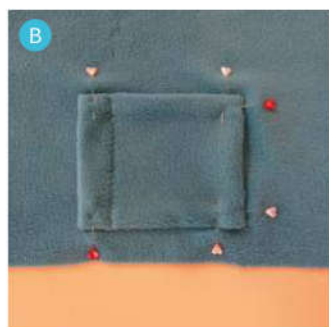
Sweet **DREAMS**

Sew up this snugly fleece dressing gown in time for Christmas – and why not make a matching miniature version for little ones too?

Project **FREYA GILBERT & SARAH WADEY**
from Crafty Sew & So (www.craftysewandso.com)
My Handmade Wardrobe Patterns

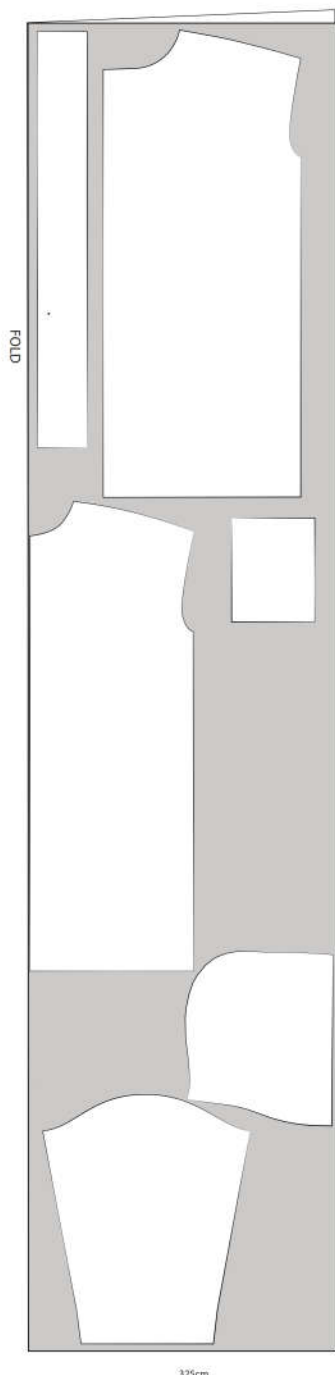
Shopping list

Teal polar fleece, £9 per metre
www.craftysewandso.com



LAYPLAN

Fabric 150cm/60" wide



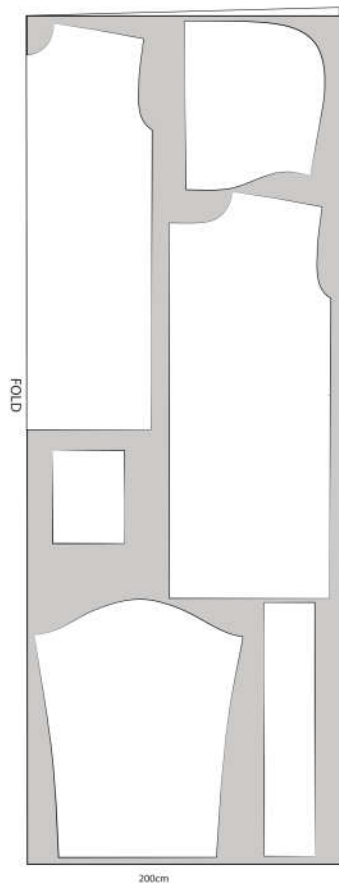
MATERIALS & TOOLS:

- 3.25m of 150cm/60"-wide fabric (adults)
- 2m of 150cm/60"-wide fabric (kids)
- 3.5m of 2.5cm-wide bias binding
- 90 weight Ballpoint needle for knitted/jersey fabrics
- templates downloaded from www.craftworld/cms/love-sewing

NOTES:

All seam allowances are 1.5cm unless stated otherwise

Fabric 150cm/60" wide



HOW TO MAKE:

- 1 Begin by making the pockets. Using the notch as a guide, turn the 4cm pocket top hem to the outside of the pocket. Stitch along the side seams to the bottom of this section only. Turn to the wrong side. (See Pic A.)
- 2 Rolling the seams to the inside, stitch across the top hem to secure using a three-step zigzag stitch. (See Pic B.)
- 3 Turn 1.5cm in at the sides and base of the pocket and pin your patch pocket onto the front panel using the pattern placement markings as a guide.
- 4 Using a straight stitch, lengthened slightly, and back stitching at the start and end for strength, stitch all around the sides, base and other side of the pocket to attach it.
- 5 Next, it's time to make and attach the hood. Join the front gown and back gown panels at the shoulder seams. (See Pic C.)
- 6 Join the two hood panels at the centre seam. (See Pic D.)
- 7 Matching the hood notches

Masterclass SEWING WITH FLEECE

Ensure your cutting tools are nice and sharp before you start, as it can be more difficult to get a clean cut with thicker fabric like fleece.

We recommend using an overlocker or a stretch or narrow zigzag stitch on a sewing machine with a walking foot for thick fabrics and using a three-step zigzag stitch to finish the hems to prevent fraying or messy edges. A ballpoint needle specifically designed for knit fabrics is very useful as it has a rounded tip which can slide between the loops that make up the knit fabric without tearing them which can cause snags and tears.

Fleece fabric does not press well but you can still press as you go or at the end using an iron on a low heat with steam.

to the shoulder seams, pin the hood to the neckline. (See Pic E.)

8 Stitch to attach the hood to the main garment. The raw edges at the front should align. (See Pic F.)

9 Lay the sleeve opening flat in front of you. (See Pic G.)

10 Lay the sleeve on top with RST and match the sleeve

SIZES/MEASUREMENTS: ADULTS SIZE CHART (IN CM):

Size	XS	S	M	L	XL
Bust	82	92	102	114	126
Waist	66	76	86	99	109
Hip	90	100	110	120	130

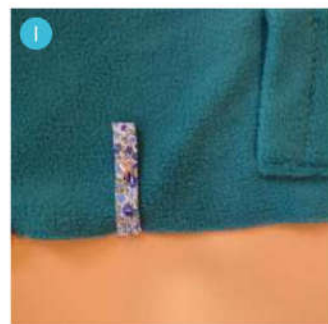
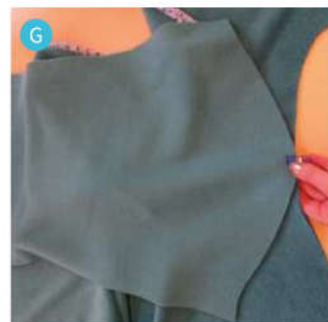
CHILD'S SIZE CHART (IN CM):

Size	1-2	3-4	5-6	7-8	9-10
Height	90	104	116	122	140
Chest	52	56	60	66	72
Waist	50	54	56	59	63
Hip	52	58	64	69	75



MY HANDMADE
WARDROBE

Freya and Sarah co-own Crafty Sew & So, a Leicester-based fabric shop and sewing studio. They launched their pattern range, My Handmade Wardrobe Patterns, in January 2018 and design modern sewing patterns that everyone can sew. Visit www.craftysewandso.com for more!



notch to the shoulder seam and pin. (See Pic H.)

11 Match the underarm points of the sleeve and armhole and pin. Continue to match the raw edges and pin.

12 Sew the sleeve into the armhole, easing any fullness as you sew.

13 For the belt loops, cut a 12cm piece of single-fold bias binding. Fold in half and stitch along the loose edge close to the edge.

14 Fold in half lengthwise and pin onto the front panel at the waist notch, facing in toward the centre front, with the raw edges aligned. (See Pic I.)

15 Stitch in place inside the seam allowance approx. 1cm from the edge. (See Pic J.)

16 Join the front and back at the side seams. Pin and stitch all along the side seams from the sleeve to the hem, using the notches as a guide and

taking care to align the seams at the underarm. (See Pic K.)

17 Apply binding to cover the raw edge all around the hood and the front opening. (See Pic L.)

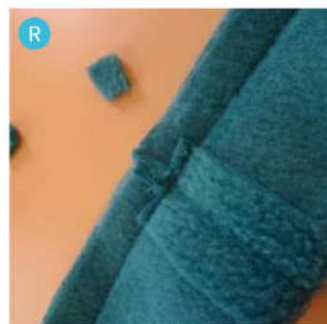
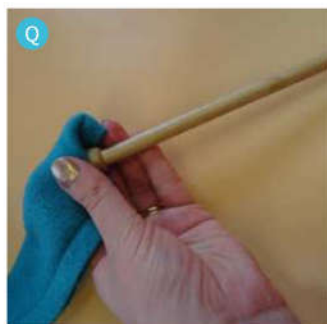
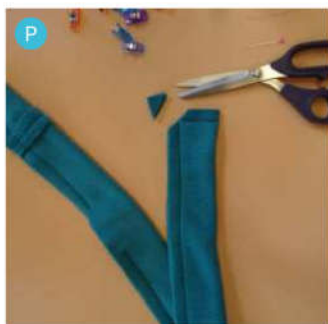
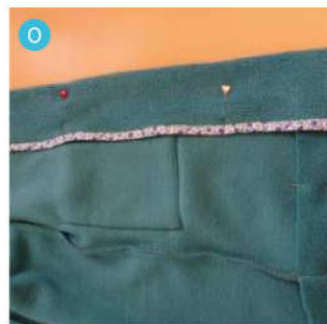
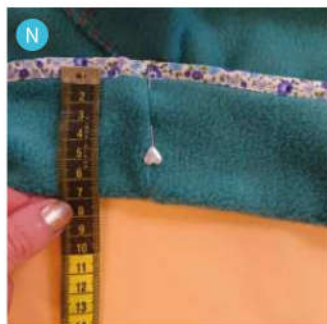
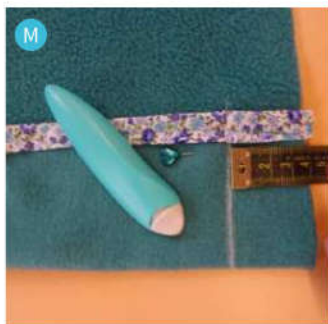
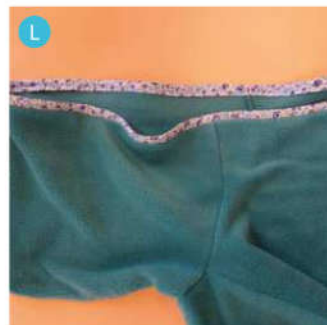
18 Turn 7cm of the front opening to the outside.

19 Stitch 4cm from the folded edge to the edge of the binding. (See Pic M.)

20 Turn to the inside. Measure, turn and pin 7cm of the front opening to the inside. (See Pic N.)

21 Top-stitch all around the opening, just to the side of the bias binding, maintaining an even distance. You might like to tack this first or mark your sewing machine with a tape guide to keep your stitching straight and even.

22 Hem the main body and sleeves. Begin by measuring, turning and pinning a 4cm hem to the inside. (See Pic O.)



23 Top-stitch to secure using a 3-step zig zag stitch. We used a length of 2mm and a width of 5mm for this thick fabric. Test your stitches on a scrap until you are happy with the look of the stitching.

24 To make the belt, join the two belt panels at one short edge.

25 Fold the belt in half width-wise and stitch a 1.5cm seam around the whole edge leaving a gap for turning somewhere along the top edge – not at the seam as this is a very bulky area.

26 Clip the corners. (See Pic P.)

27 Turn the belt the right way out. (See Pic Q.)

28 Hand-stitch the opening closed. (See Pic R.)

29 Thread through the belt loops to finish your dressing gown!



Why not TRY?



Cream Sherpa fleece,
£6 per half metre



Pineapple fleece-backed sweat,
£6 per half metre



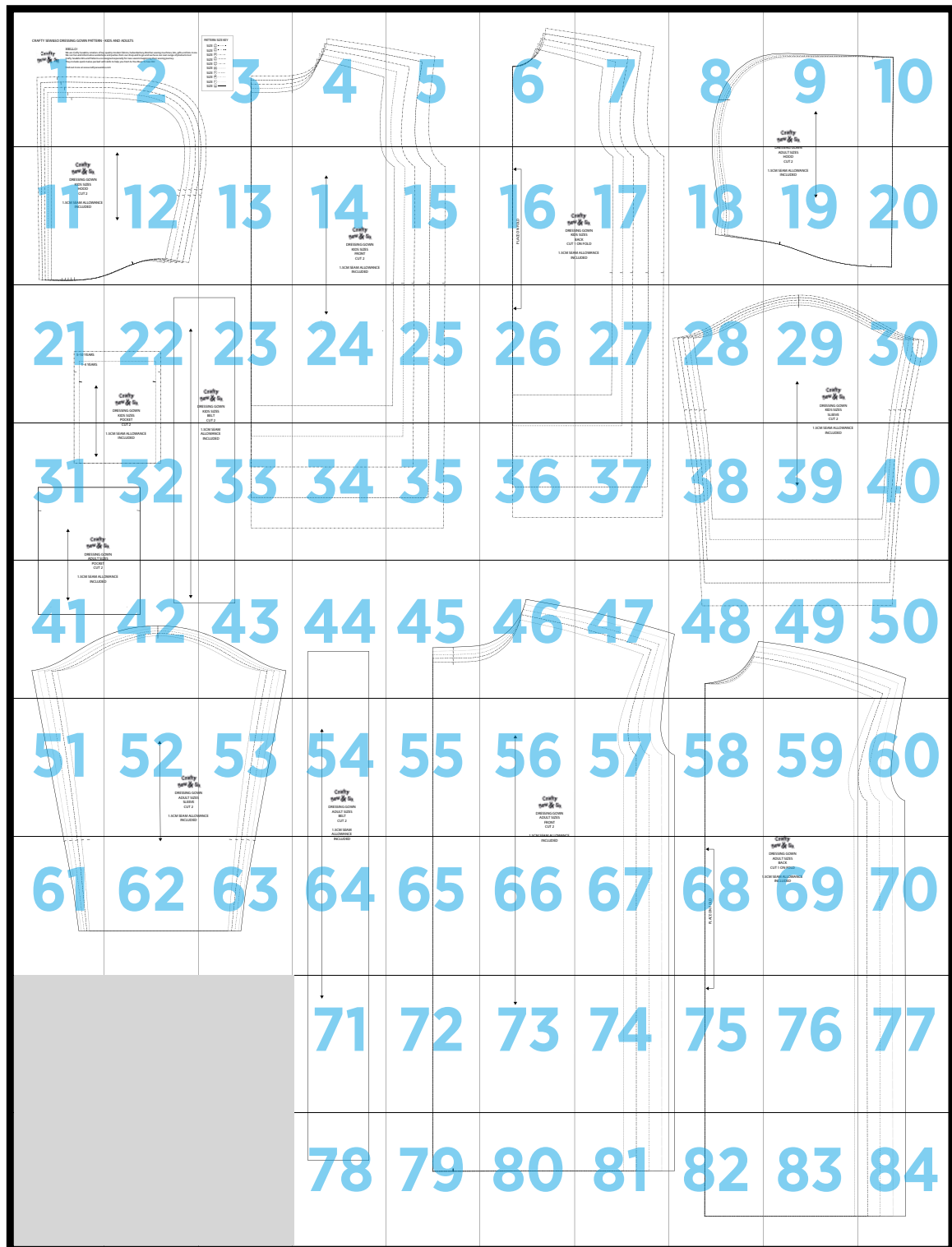
Grey stars polar fleece,
£4 per half metre



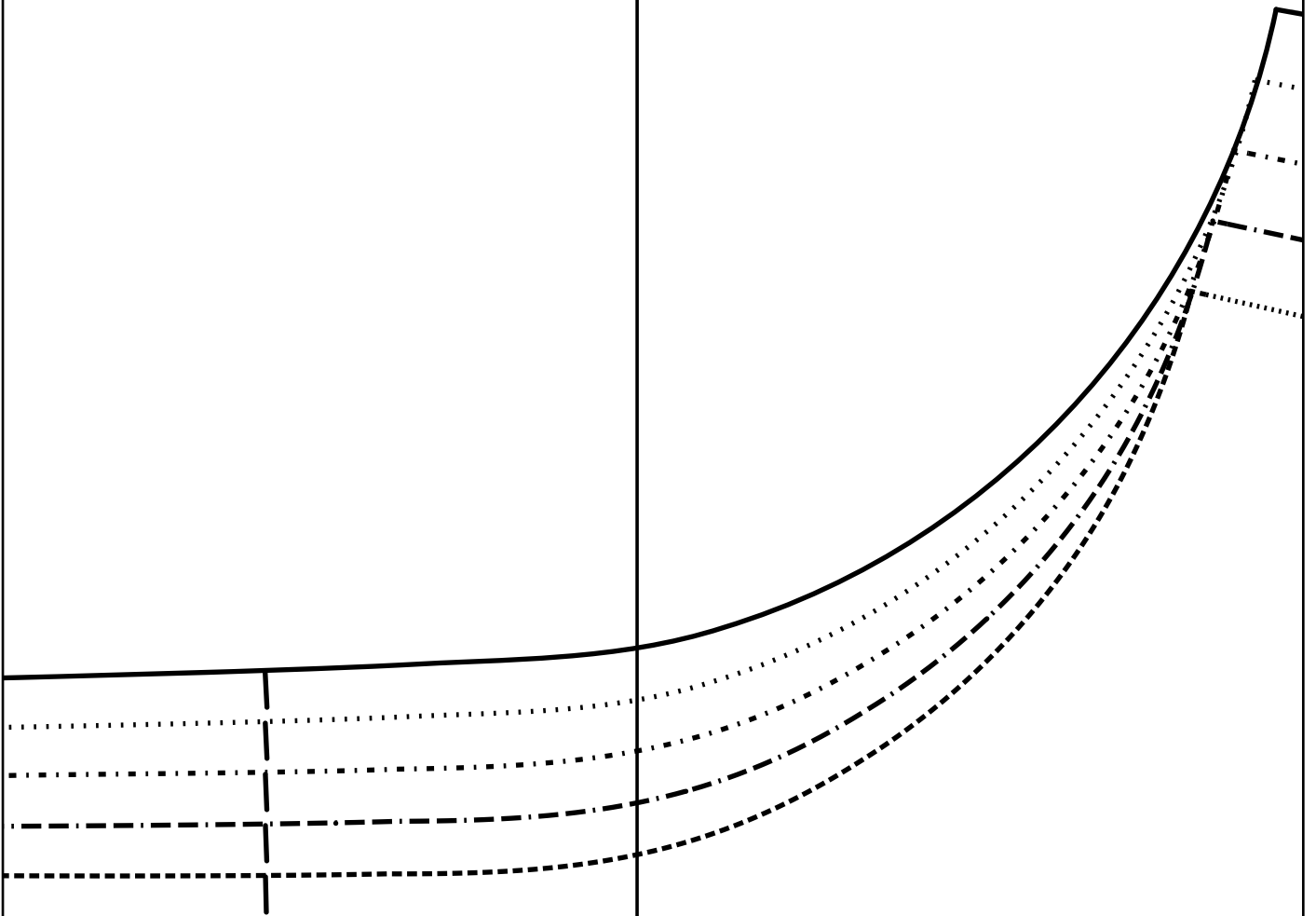
Camel true knit jersey,
£6 per half metre

All fabric available from
www.craftysewandso.com

Dressing Gown



1

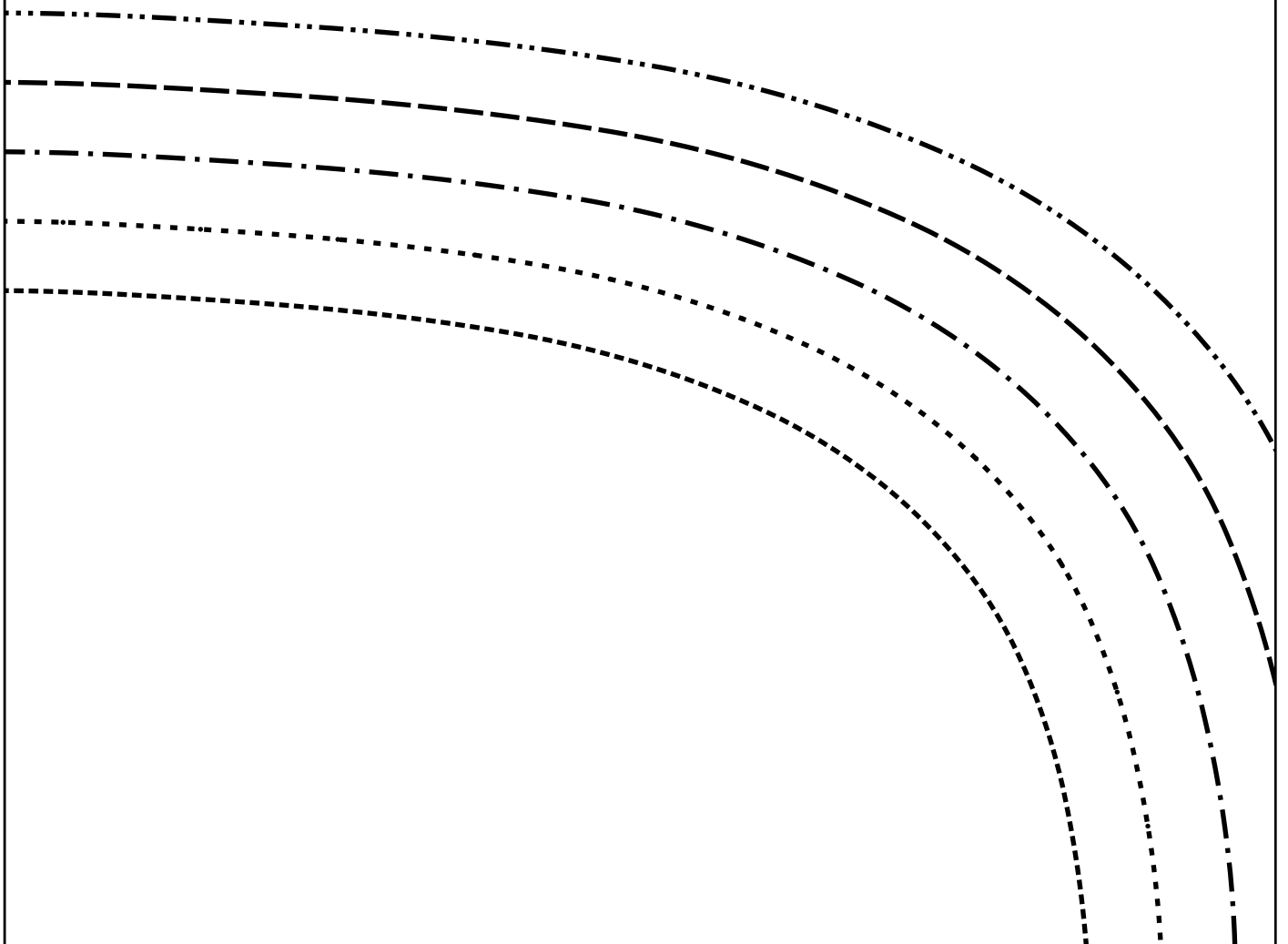




KIDS AND ADULTS

quality modern fabrics, haberdashery, Brother sewing machines, kits, gifts and lots more.
s and parties from our shop and to go and we have our own range of products too!
esigned especially for new sewists beginning their sewing journey.
h skills to help you Start As You Mean To Sew On!

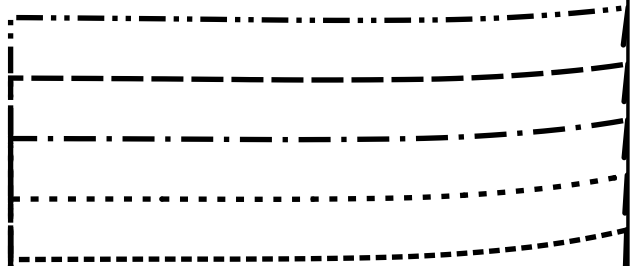
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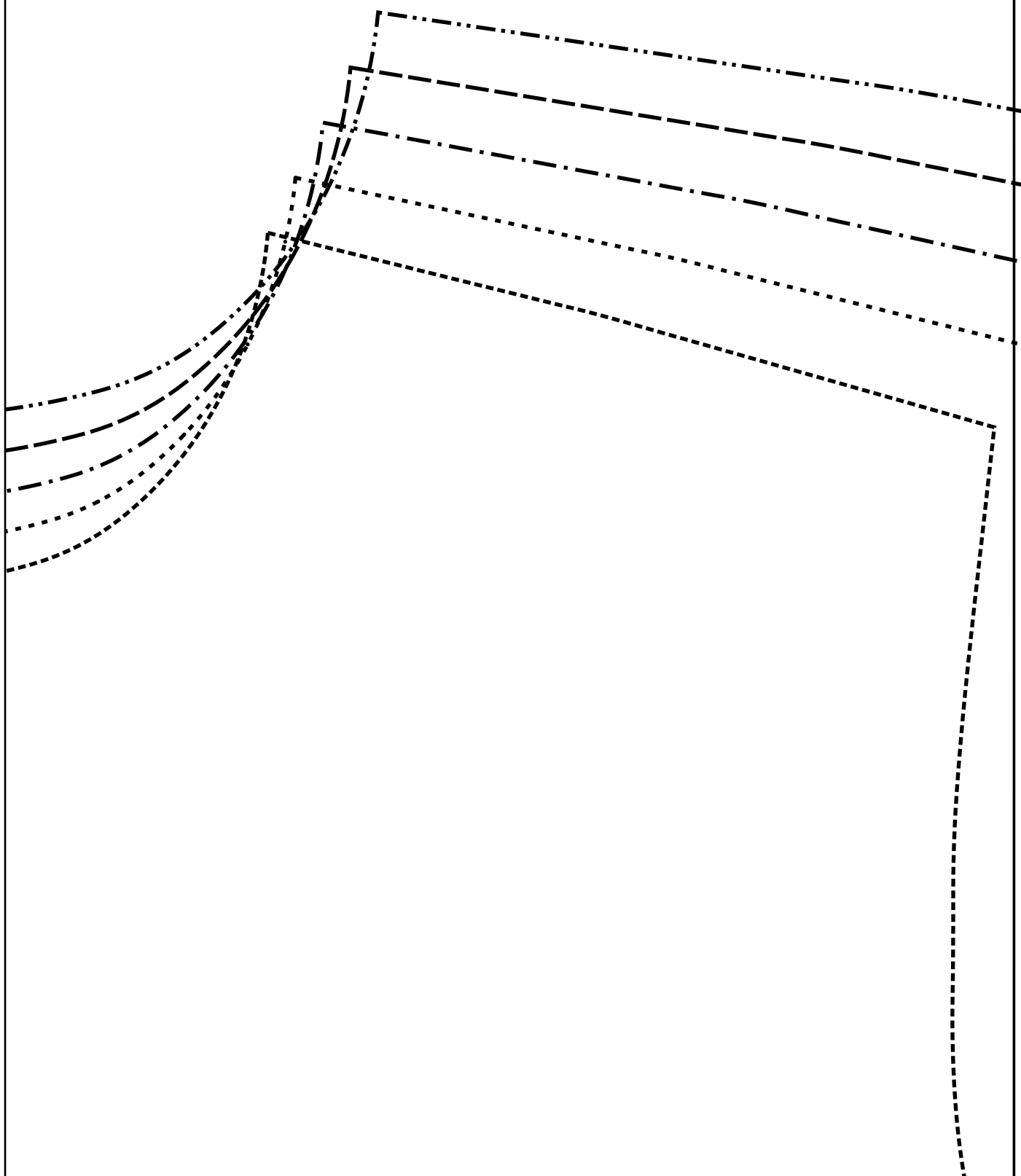


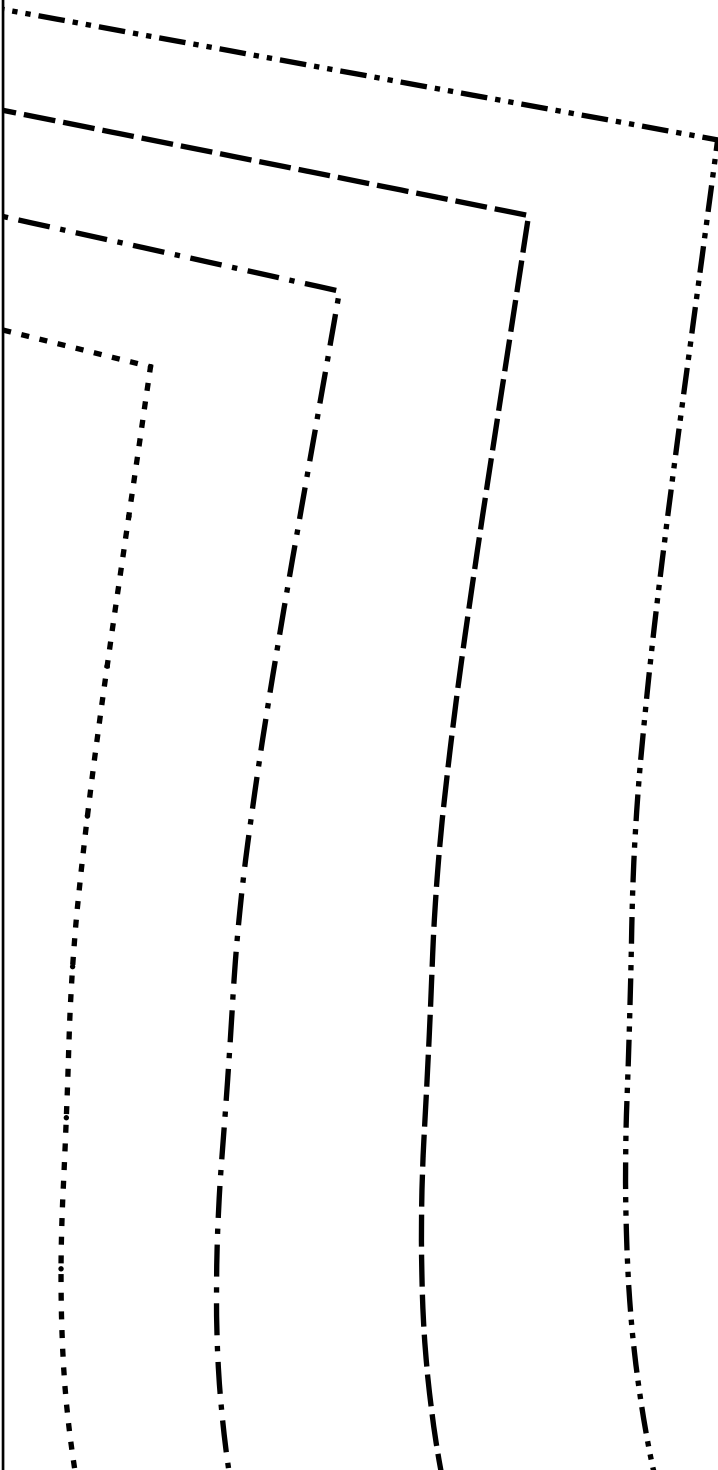
PATTERN SIZE KEY

- SIZE (1-2 YRS) -----
- SIZE (3-4 YRS) -----
- SIZE (5-6 YRS) . - - - -
- SIZE (7-8 YRS) - - - - -
- SIZE (9-10 YRS) - . - - - .
- SIZE (XS)
- SIZE (S) - . - - - .
- SIZE (M) - . - - - .
- SIZE (L)
- SIZE (XL) ————

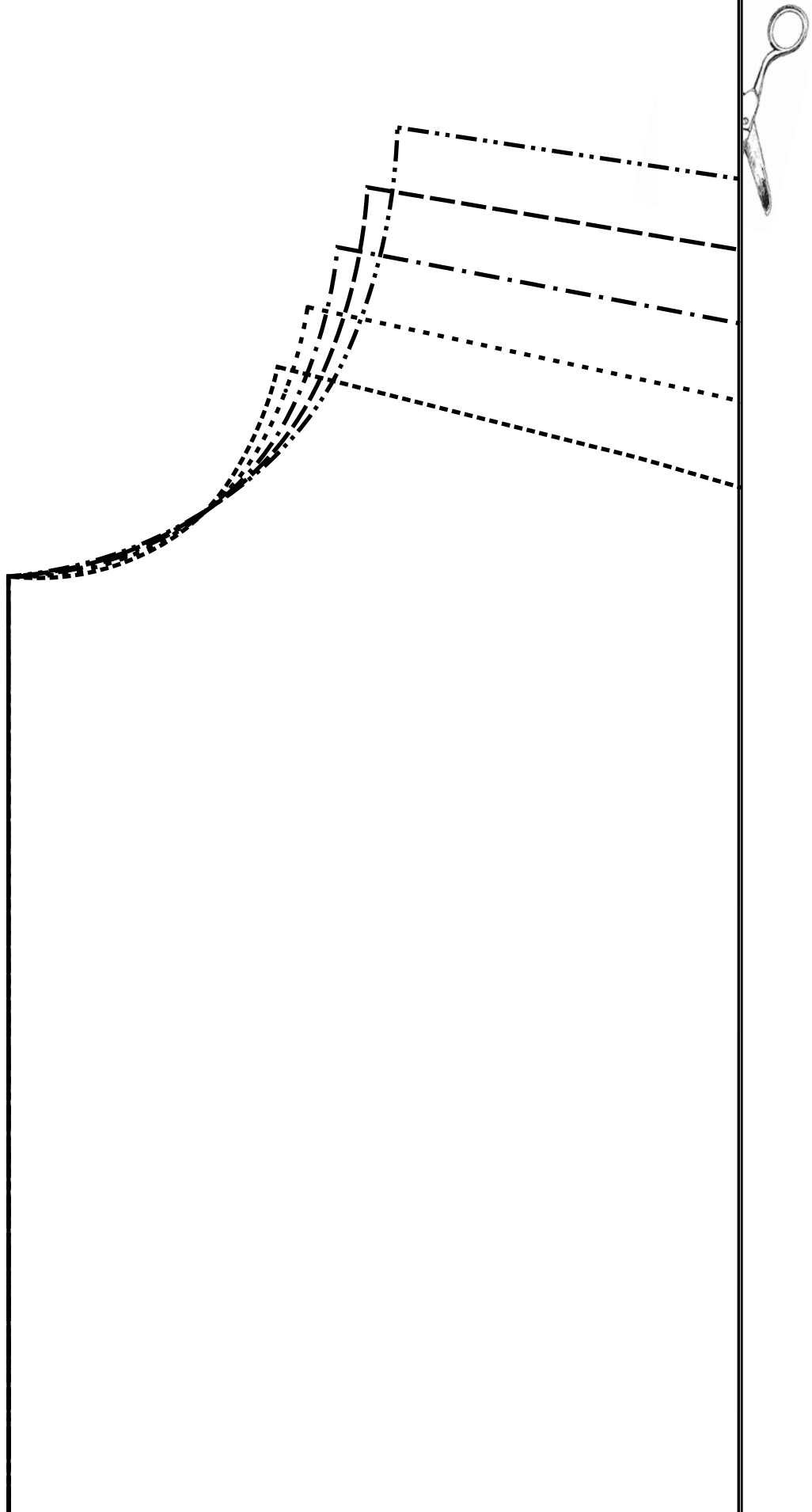


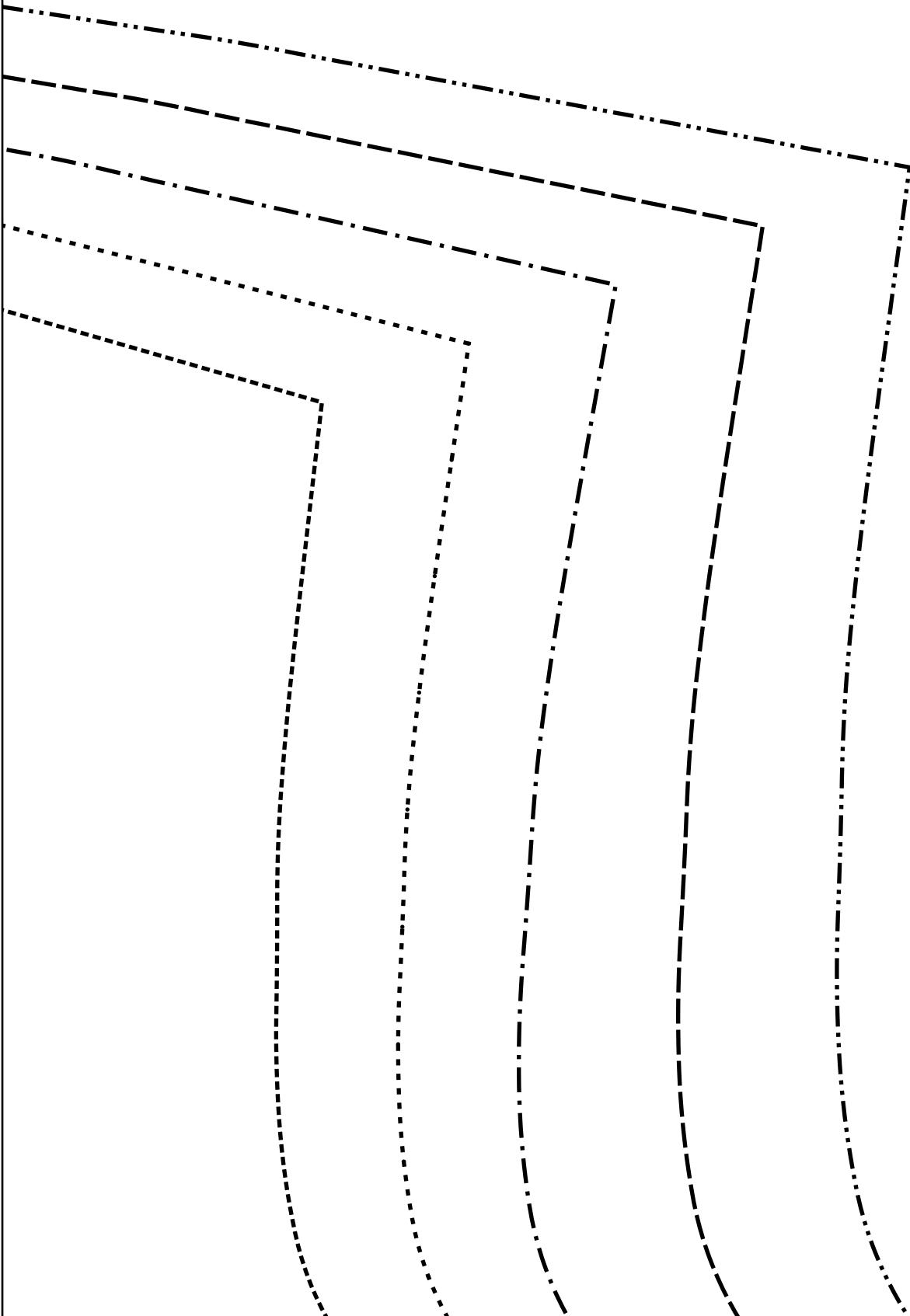
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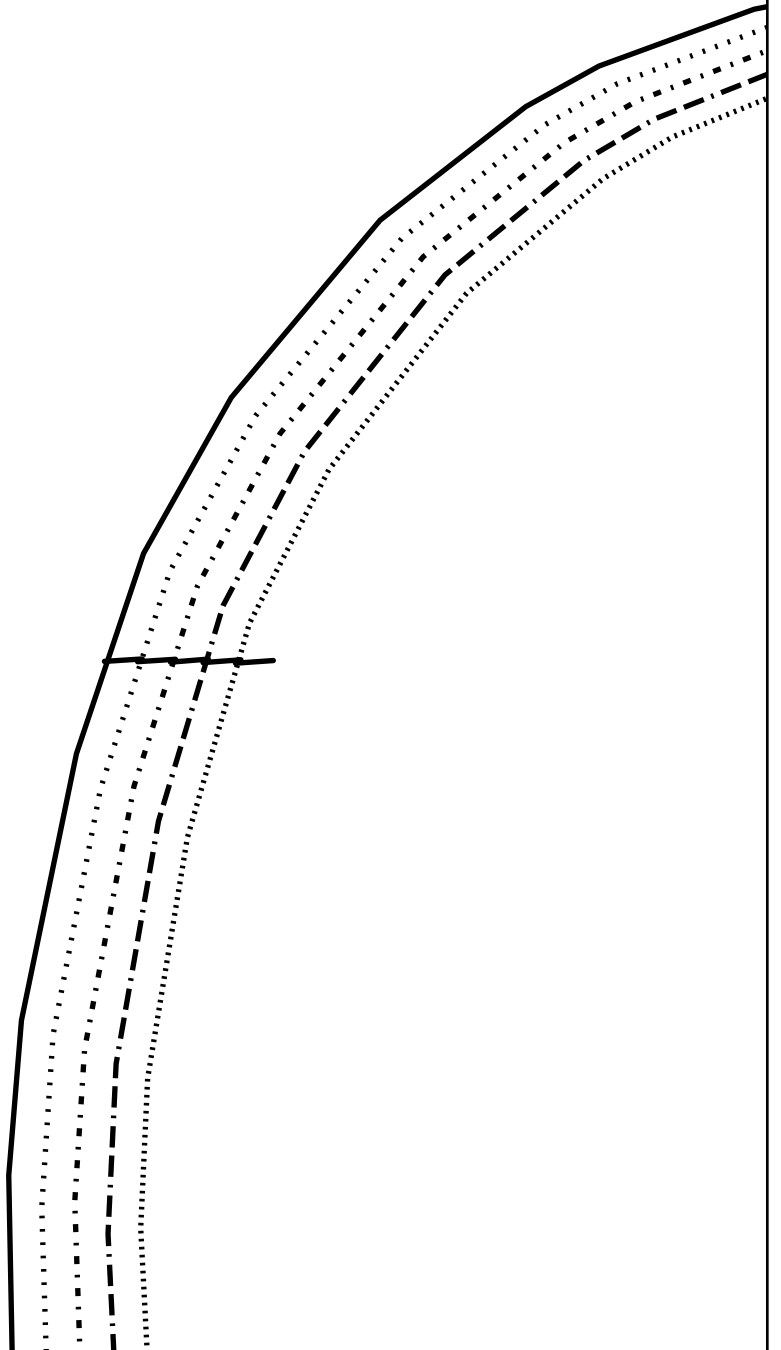


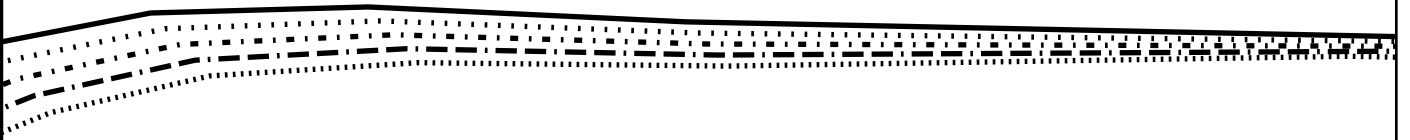


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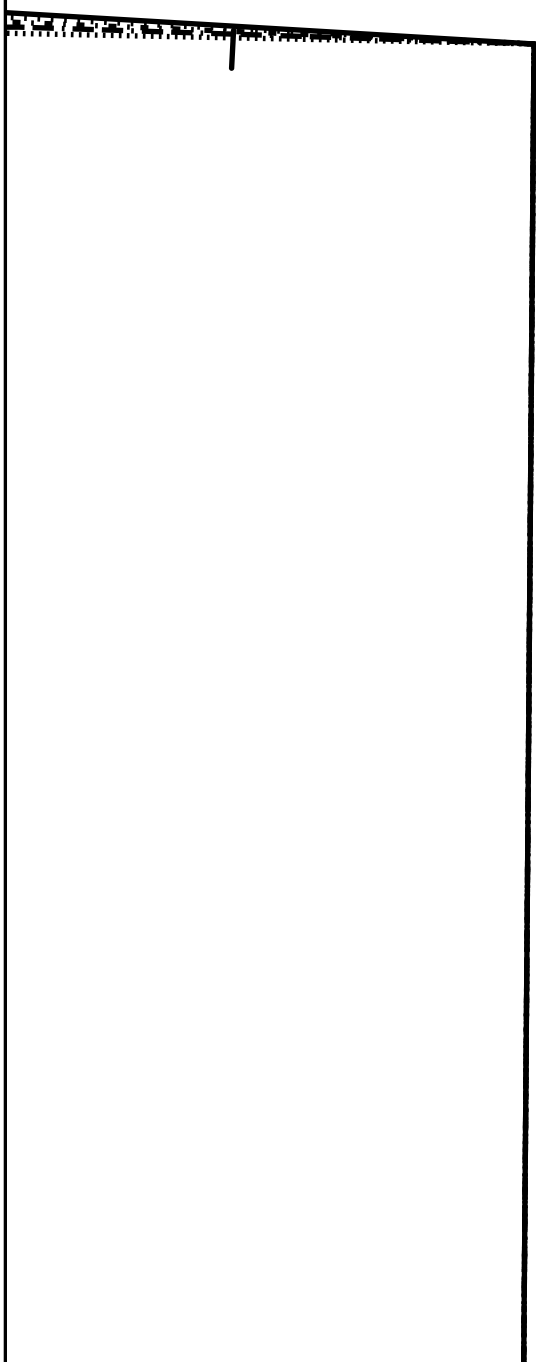






**Crafty
Sew & So.**





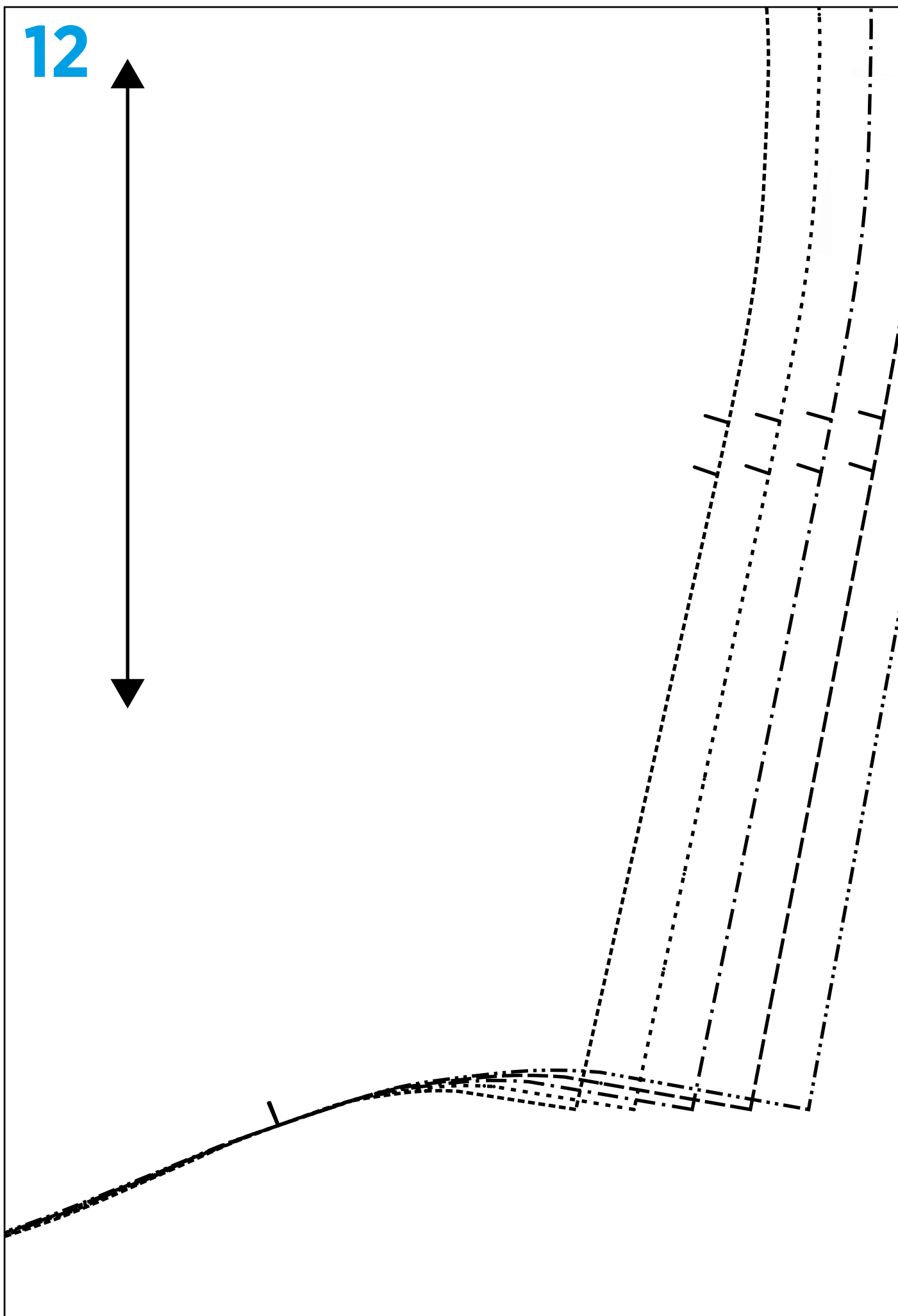
**Crafty
Sew & So.**

DRESSING GOWN
KIDS SIZES
HOOD
CUT 2

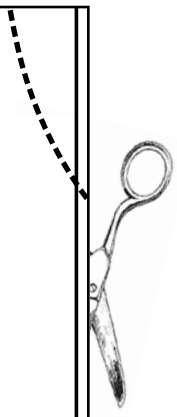
1.5CM SEAM ALLOWANCE
INCLUDED



12







**Crafty
Sew & So.**

DRESSING GOWN
KIDS SIZES
FRONT
CUT 2

1.5CM SEAM ALLOWANCE
INCLUDED

15



16



PLACE ON FOLD



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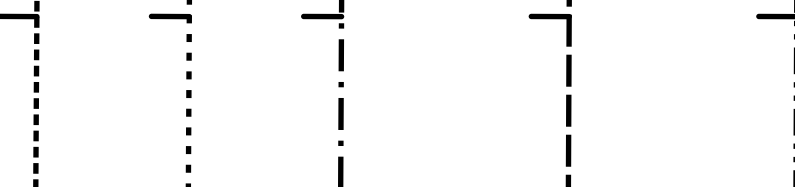
CUT

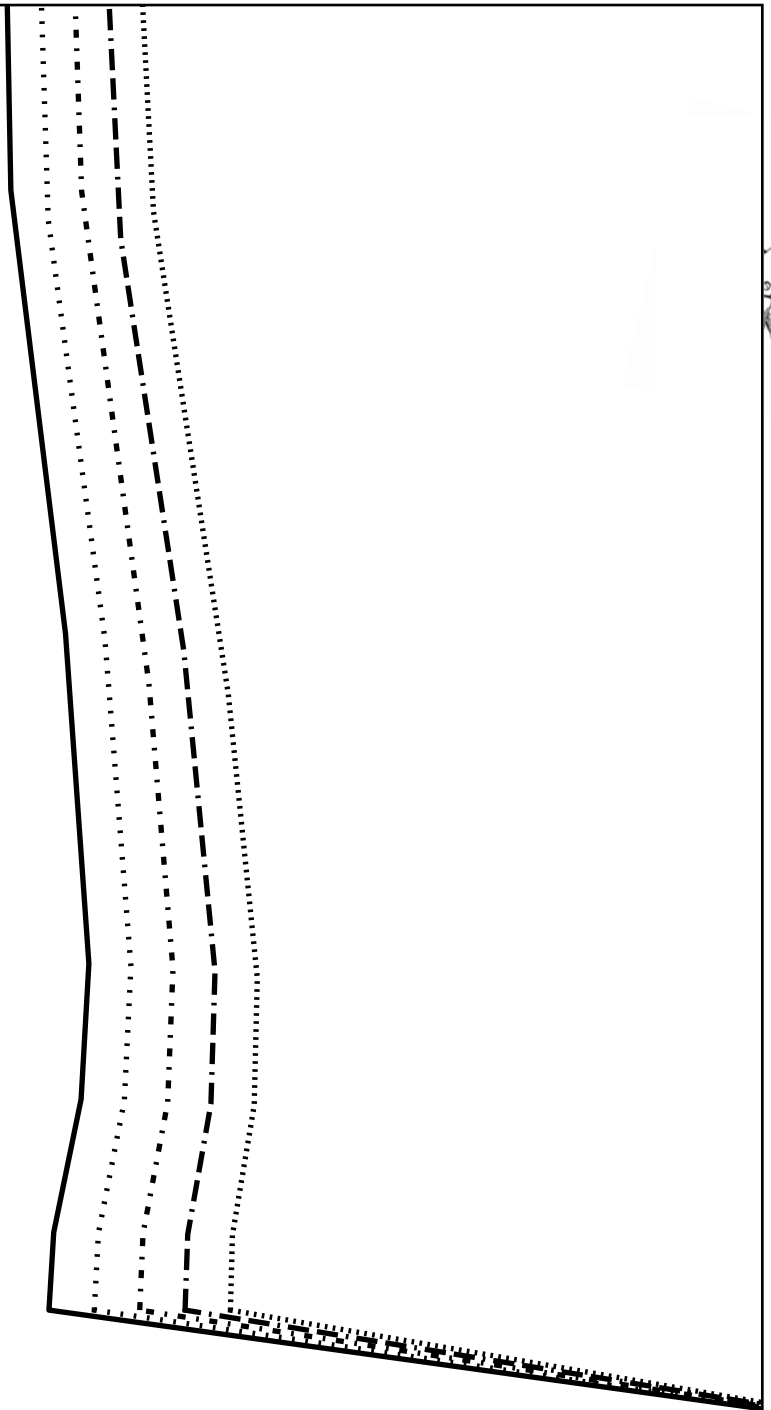
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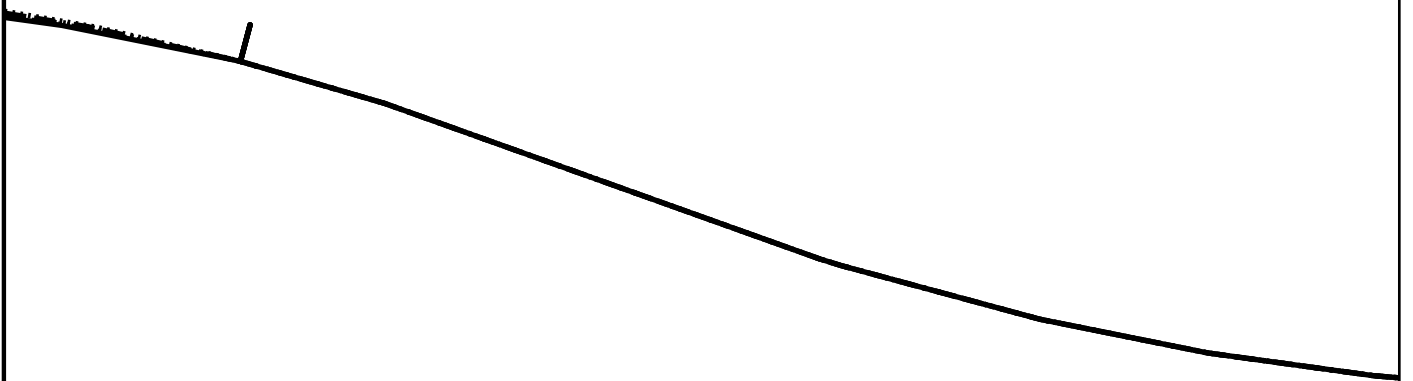




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DRESSING GOWN
ADULT SIZES
HOOD
CUT 2

1.5CM SEAM ALLOWANCE
INCLUDED







5-10 YEARS

1-4 YEARS





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DRESSING GOWN
KIDS SIZES
POCKET



**Crafty
Sew & So.**

DRESSING GOWN
KIDS SIZES
BELT
CUT 2

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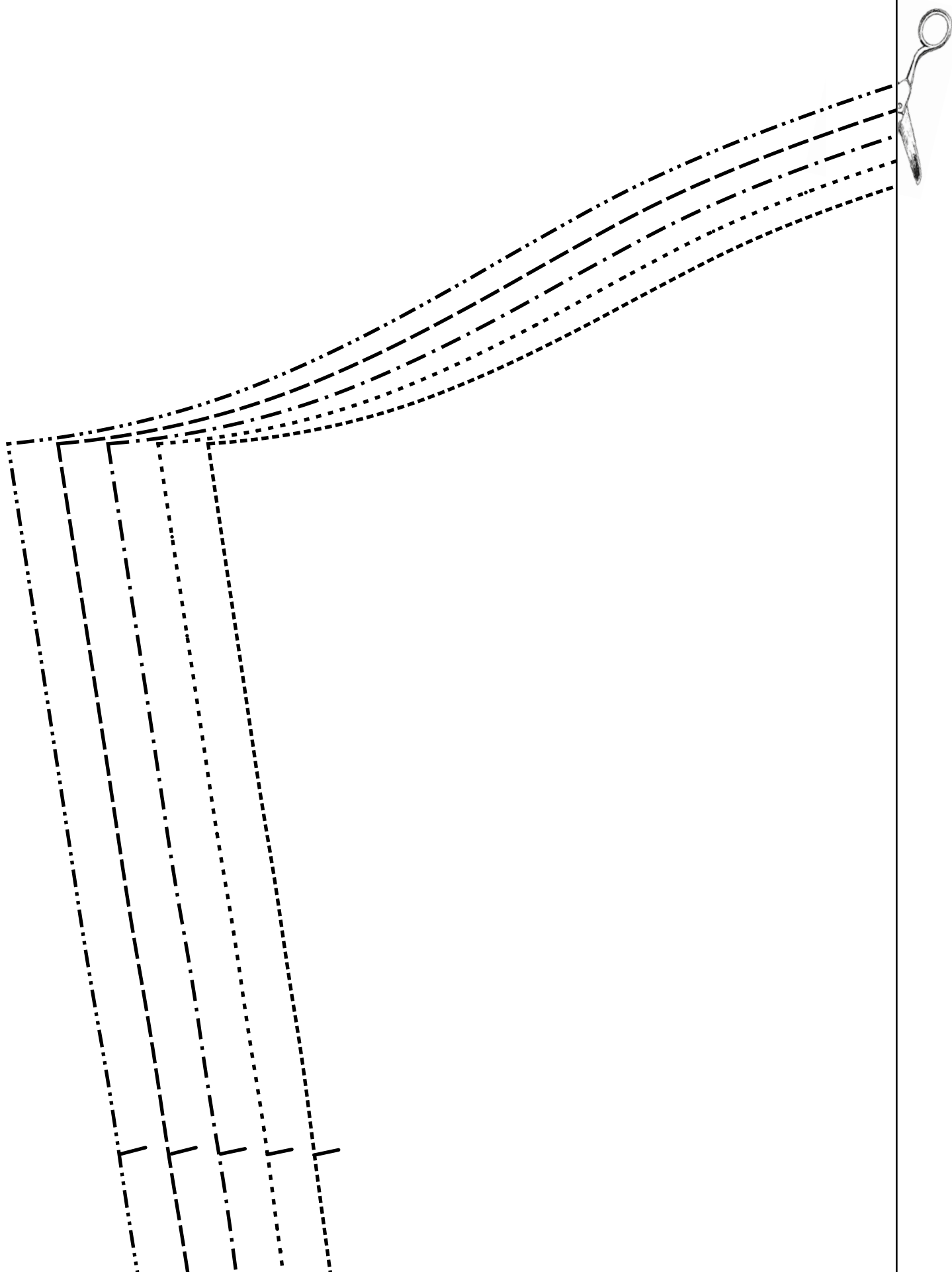


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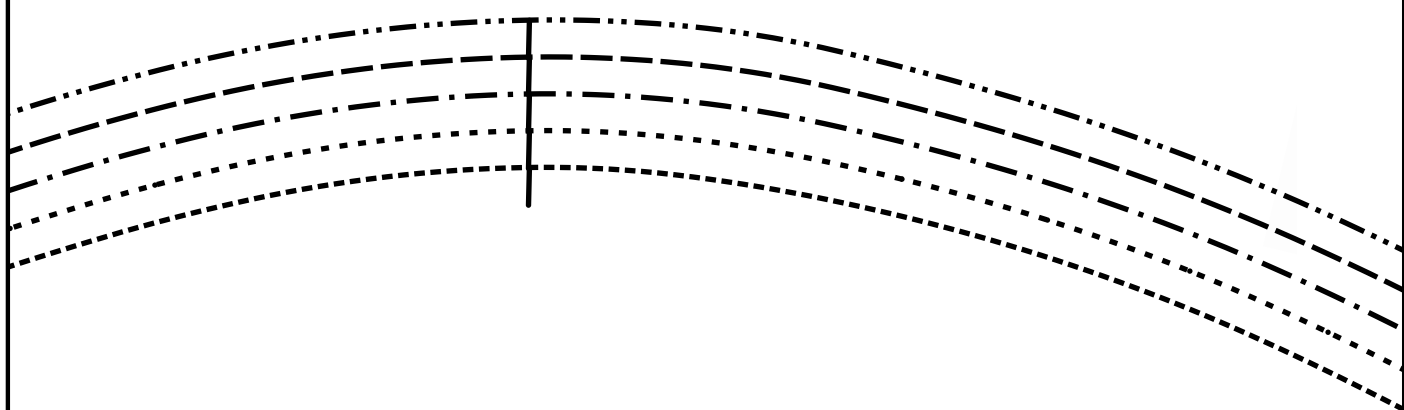


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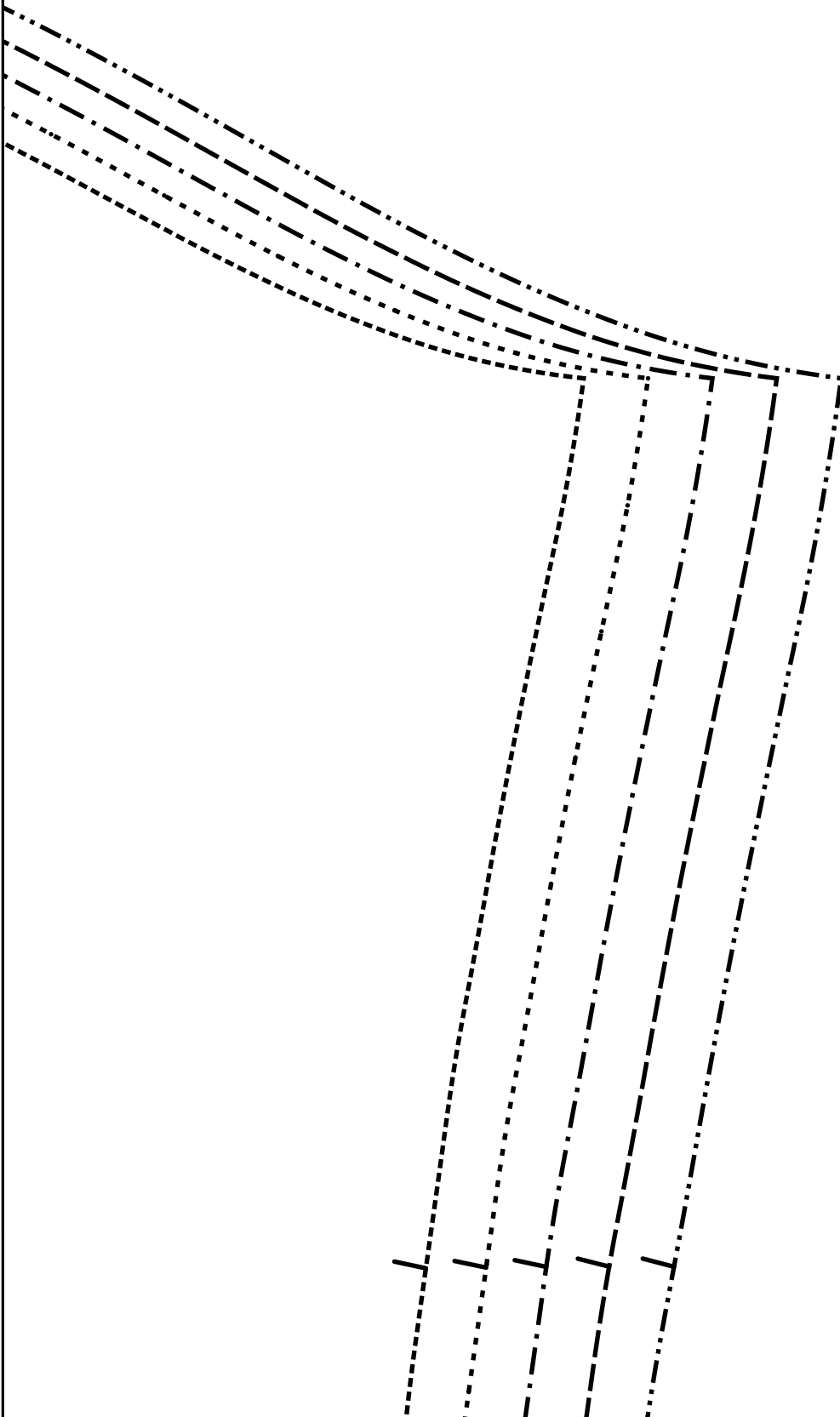


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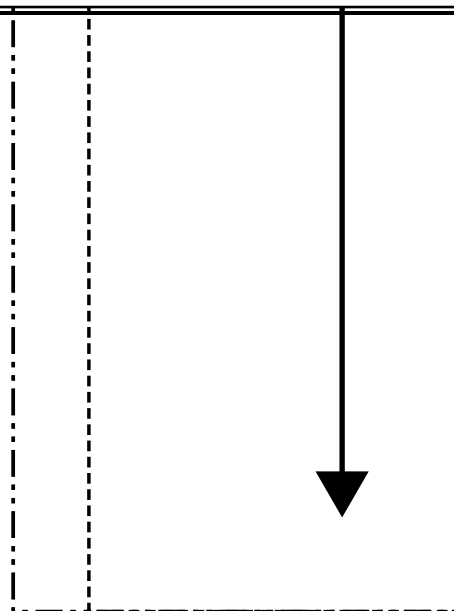


**Crafty
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DRESSING GOWN
KIDS SIZES
SLEEVE
CUT 2



31



**Crafty
Sew & S**

DRESSING G
ADULT SIZE

32

CUT 2

1.5CM SEAM ALLOWANCE
INCLUDED



So.
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33

1.5CM SEAM
ALLOWANCE
INCLUDED





35





37





39

1.5CM SEAM ALLOWANCE
INCLUDED



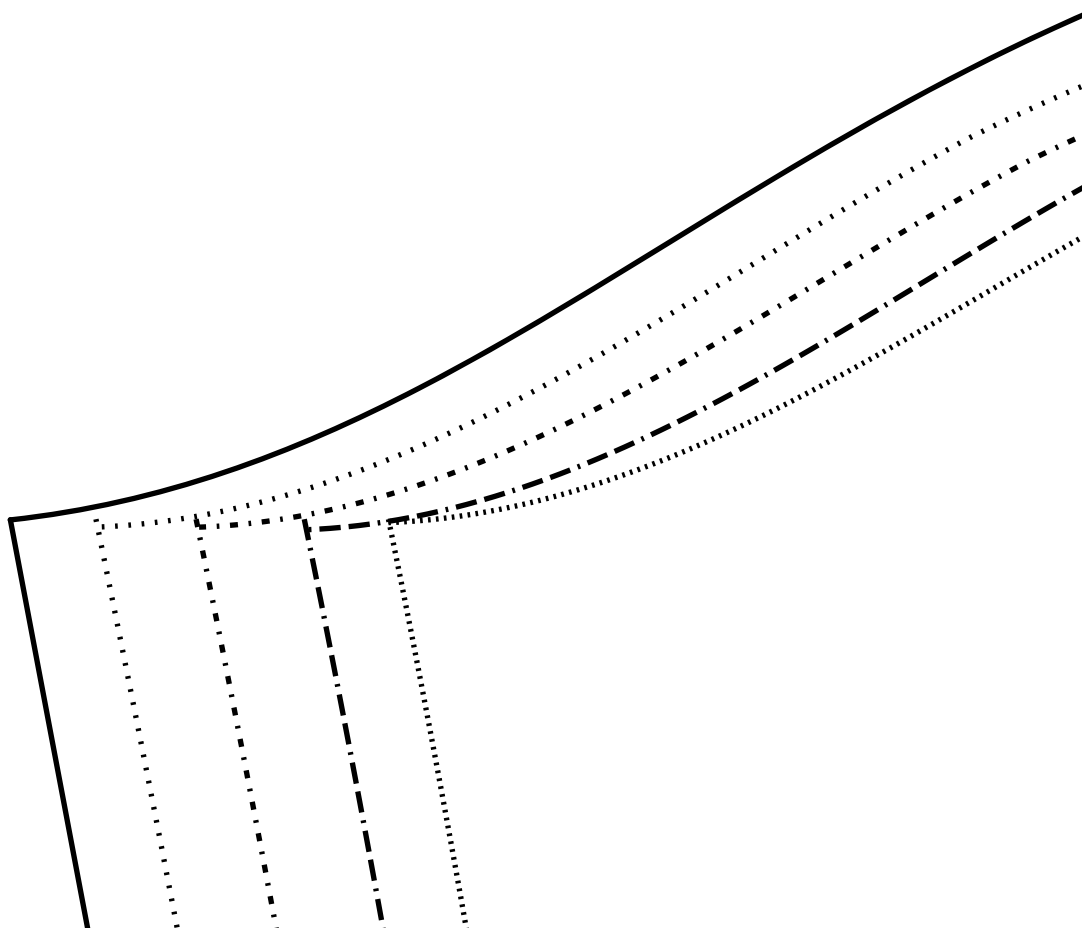
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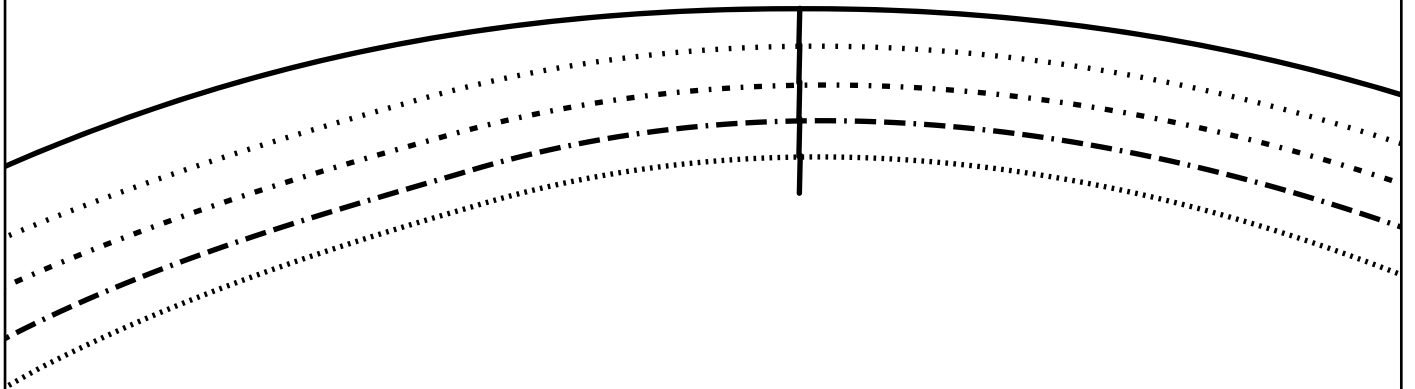
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CUT 2

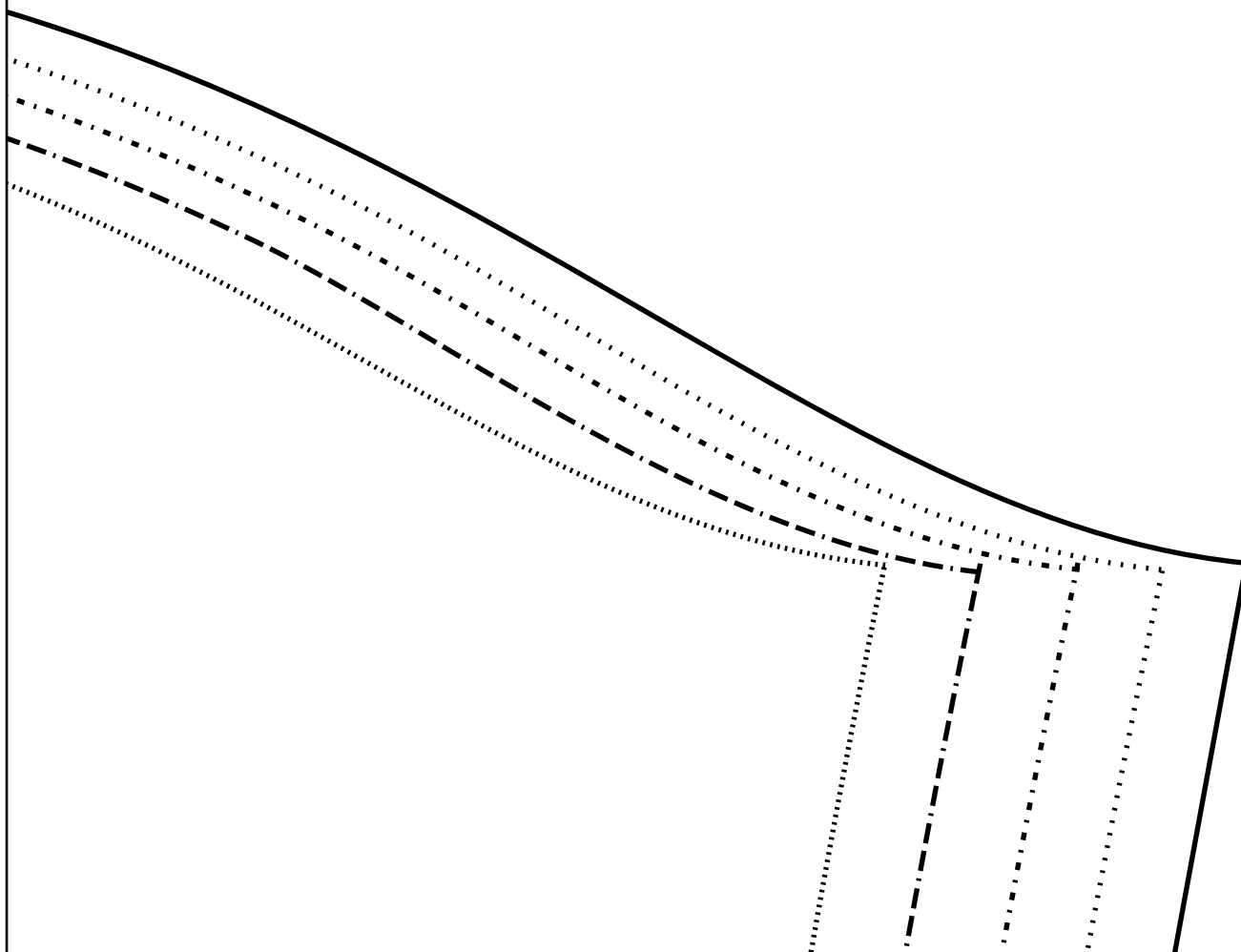
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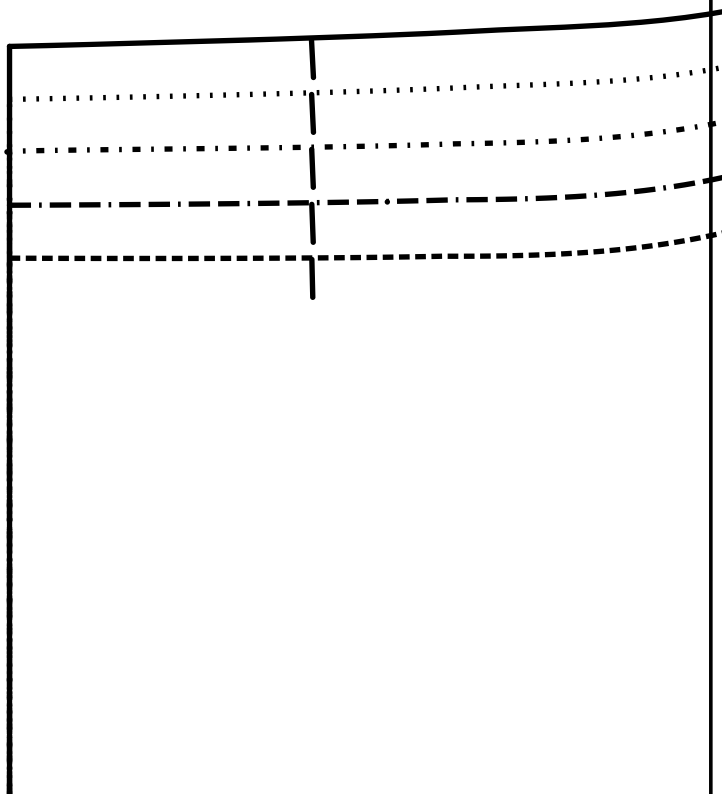
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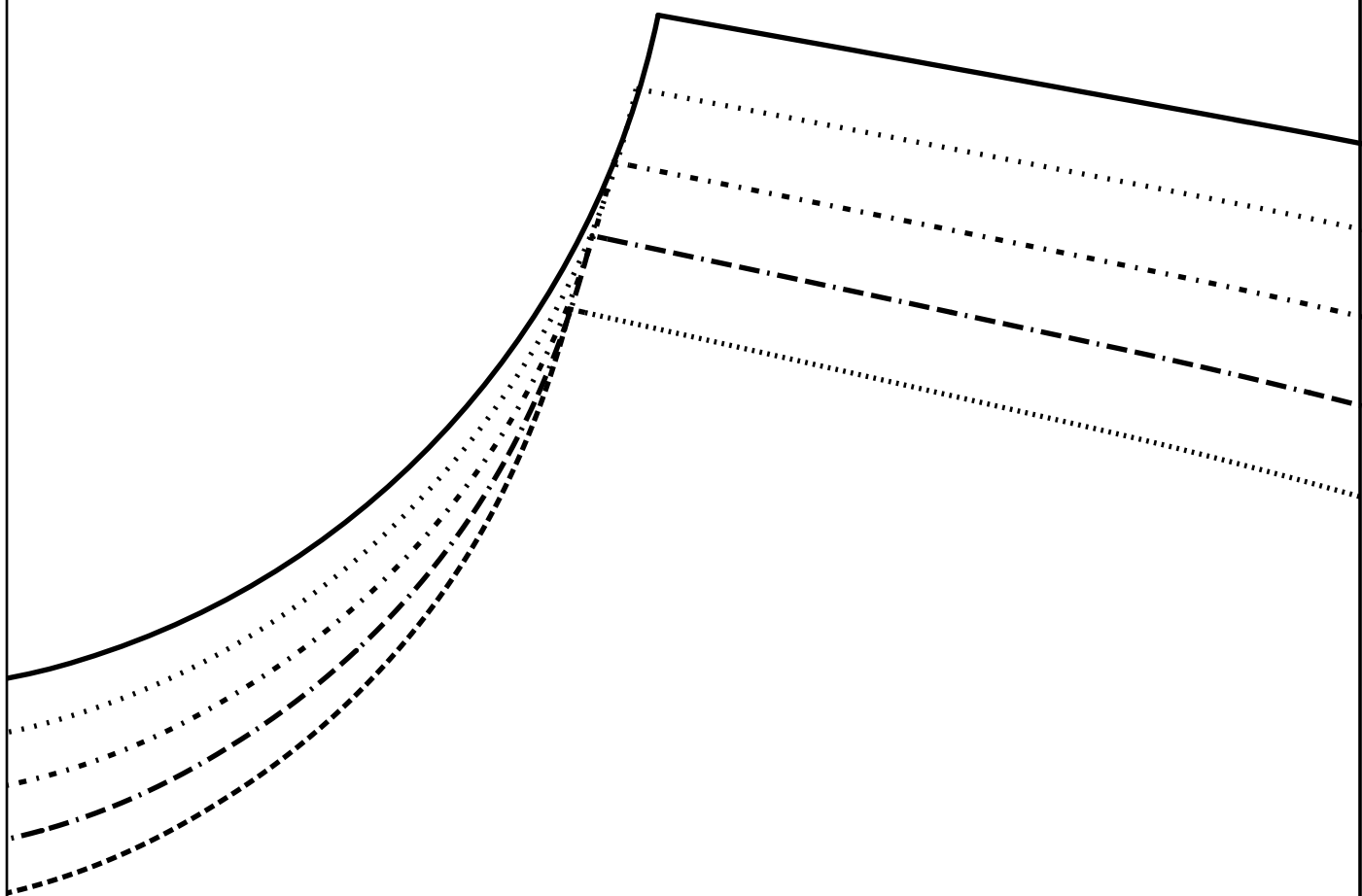
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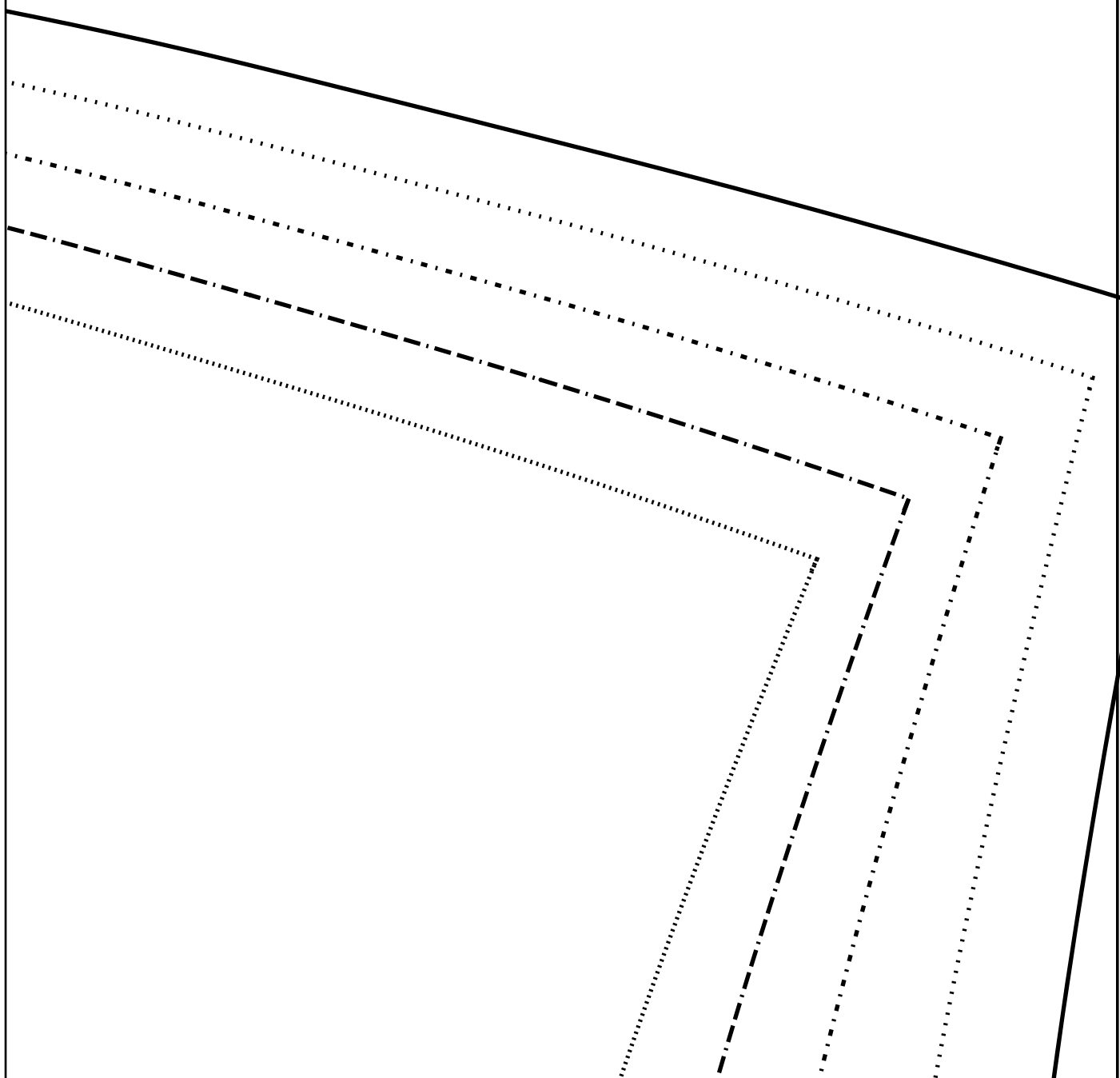


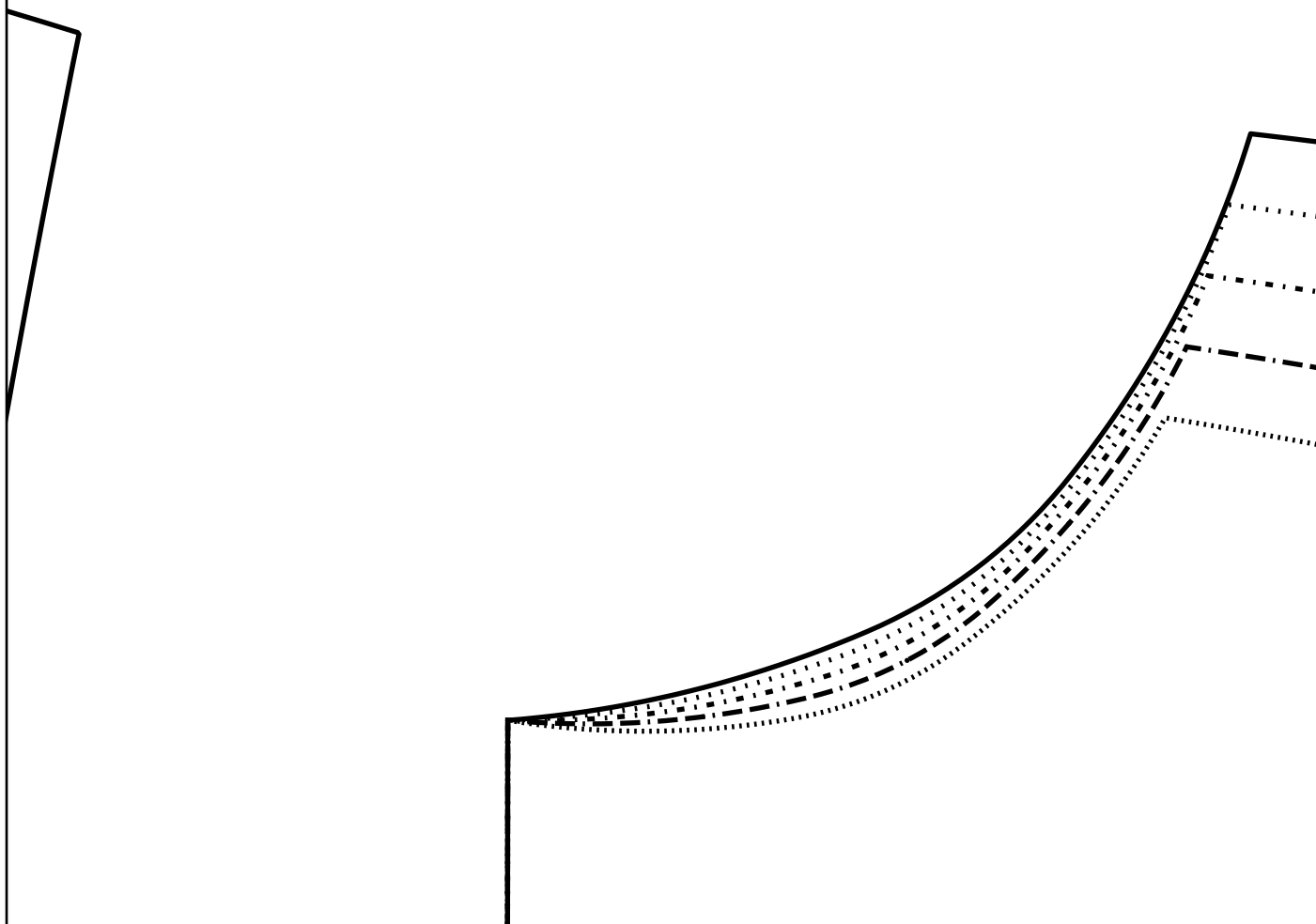
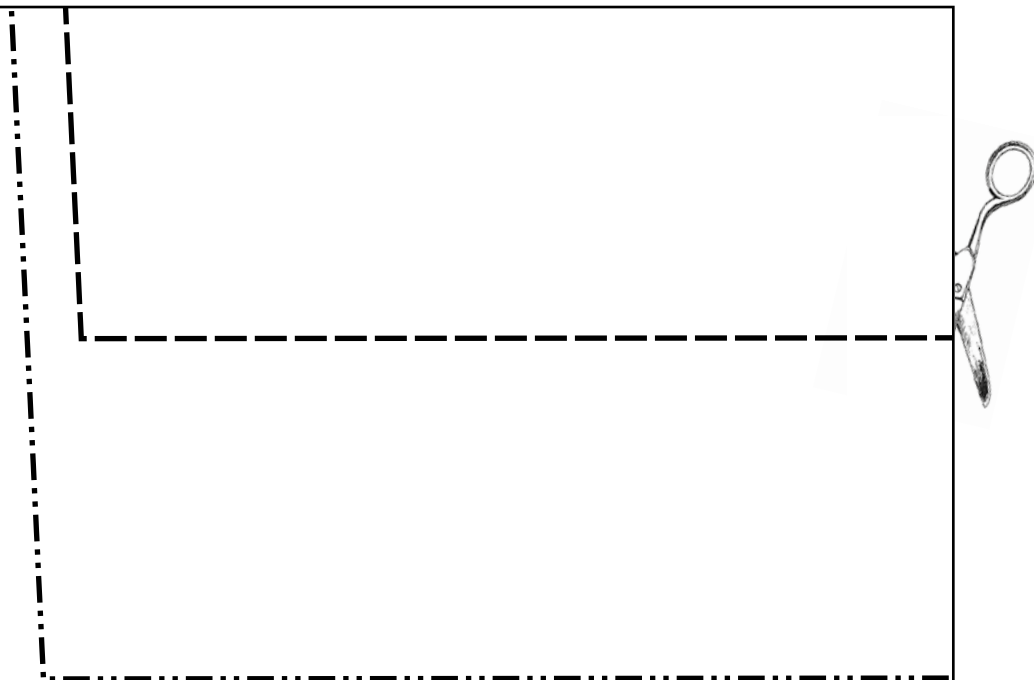


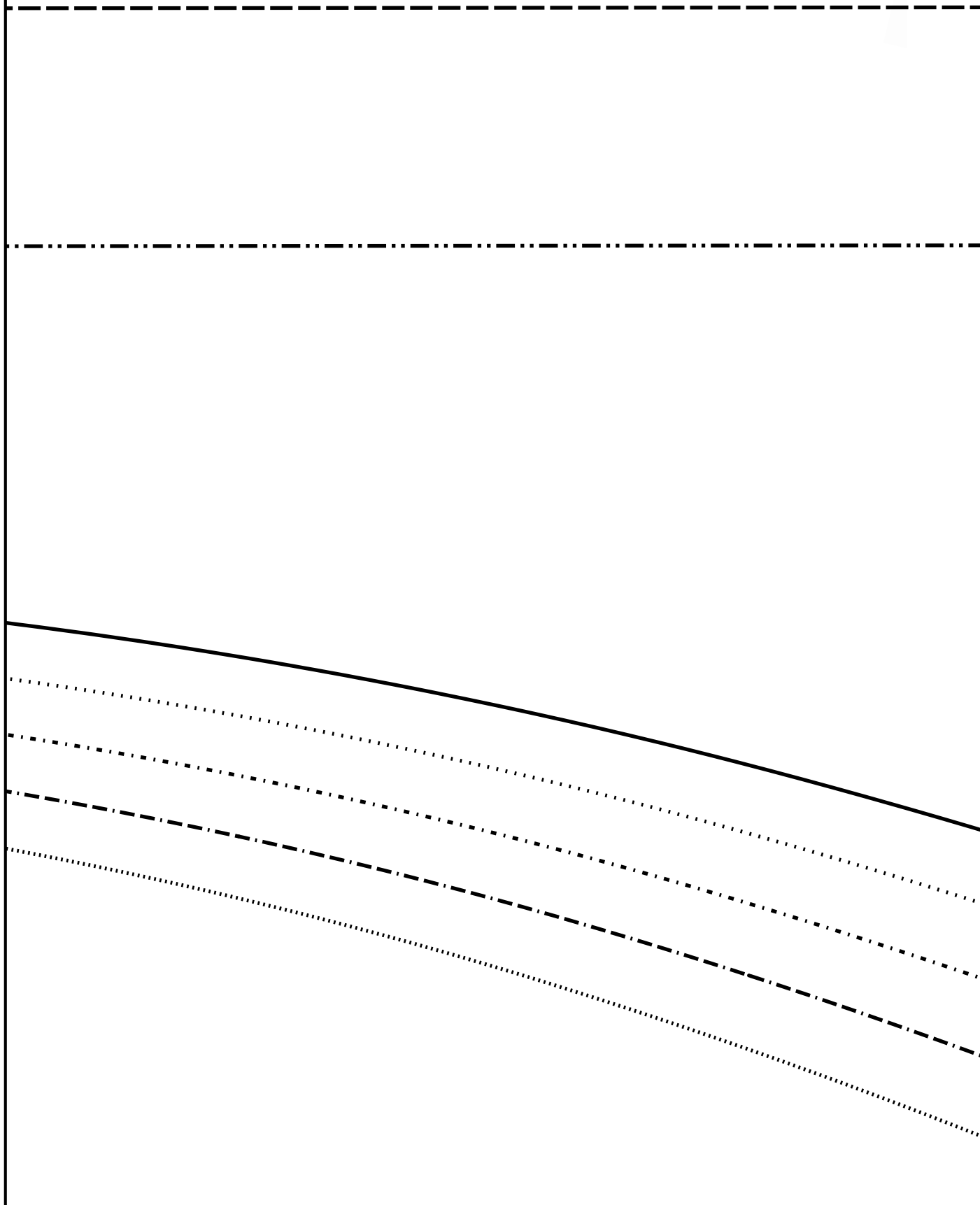




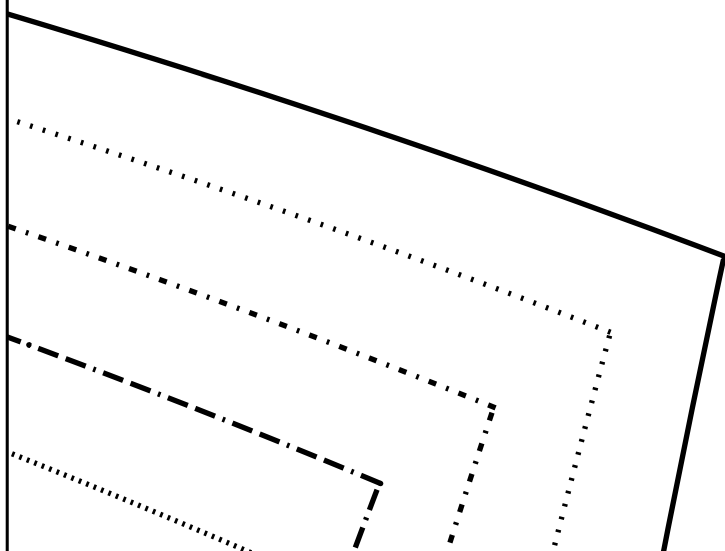








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**Crafty
Sew & So**

**DRESSING GOWN
ADULT SIZES
SLEEVE
CUT 2**

**1.5CM SEAM ALLOW
INCLUDED**



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**Crafty
Sew & So.**

DRESSING GOWN
ADULT SIZES
BELT
CUT 2

1.5CM SEAM
ALLOWANCE





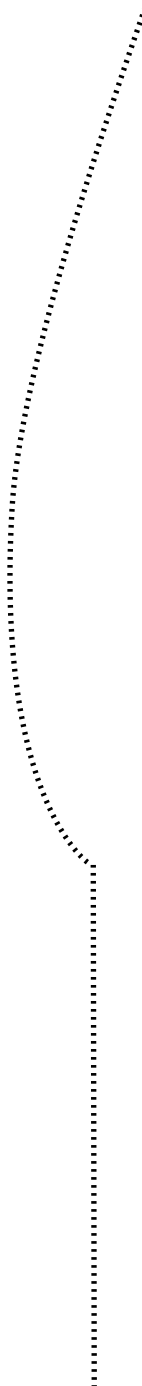
**Crafty
Sew & So.**

DRESSING GOWN
ADULT SIZES
FRONT
CUT 2

1.5CM SEAM ALLOWANCE

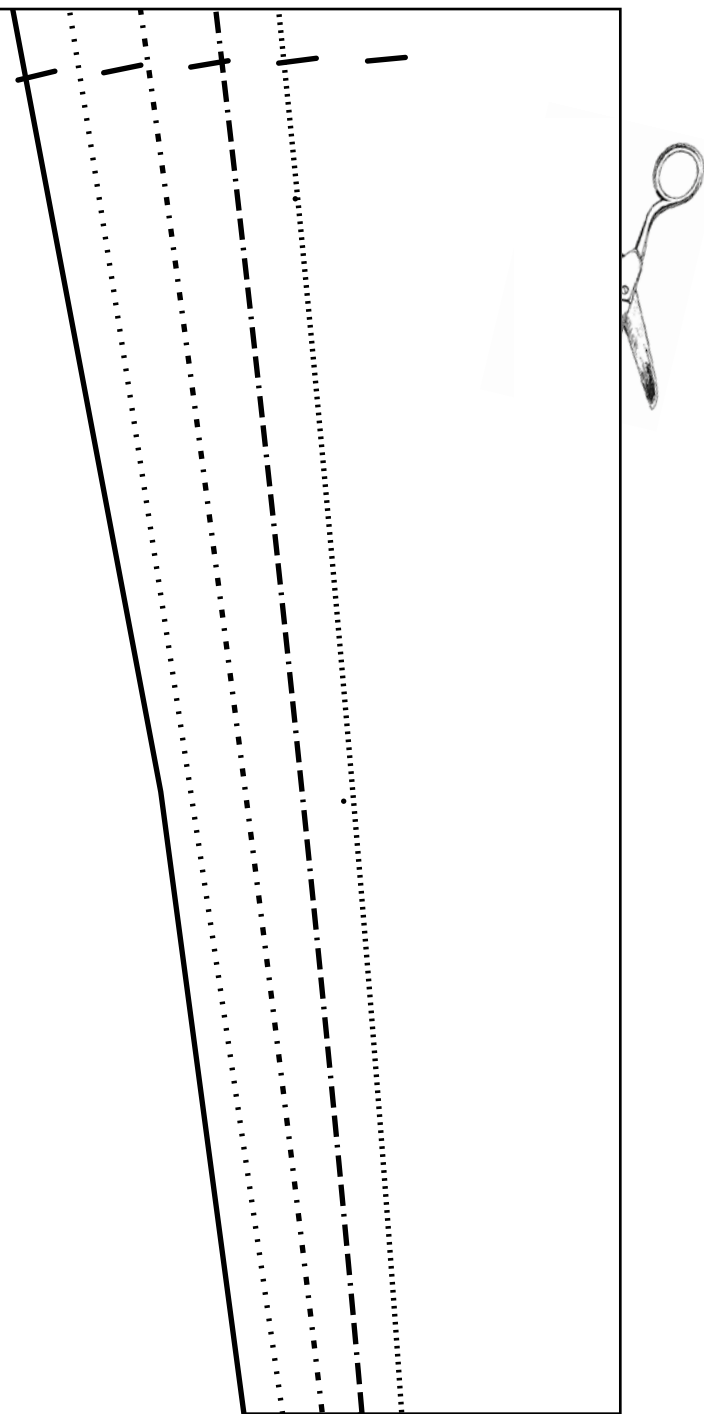




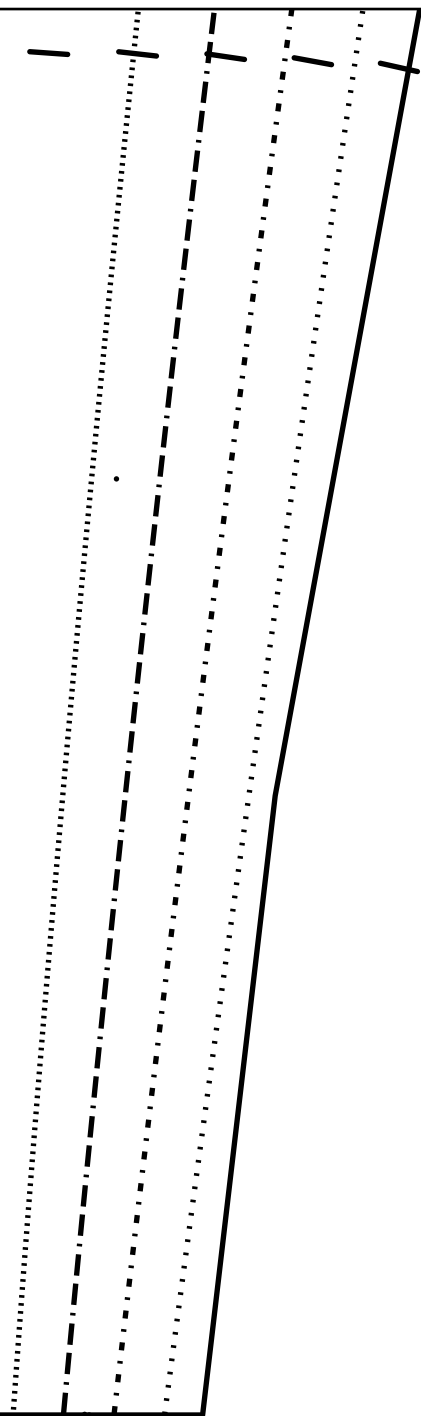


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INCLUDED









PLACE ON FOLD



DRESSING GOWN
ADULT SIZES
BACK
CUT 1 ON FOLD

.5CM SEAM ALLOWANCE
INCLUDED













75



















