

We love
STYLE



Foxhill **DRESS**

Master comfortable style with this ponte dress
featuring a princess-seamed bodice, faced
V neckline, short sleeves and swishy gored skirt

Project **JENNY RUSHMORE** CASHMERETTE www.cashmerette.com
Photography @**BROOKE HARWOOD**

MATERIALS & TOOLS:

- mid-weight ponte knit or lightweight scuba/neoprene with at least 40% stretch (see fabric requirement table for measurements)
- 115cm/45" wide, all sizes: 30cm/3/8 yard lightweight woven fusible interfacing
- co-ordinating thread
- ballpoint or jersey needle
- template downloaded at www.craftworld.com/cms/love-sewing

PATTERN INVENTORY

- 1 – Centre front bodice
- 2A – Side front bodice, C/D cup
- 2B – Side front bodice, E/F cup
- 2C – Side front bodice, G/H cup
- 3 – Centre back bodice
- 4 – Side back bodice
- 5 – Front facing
- 6 – Back facing
- 7 – Sleeve
- 8 – Centre front skirt
- 9 – Side front skirt
- 10 – Centre back skirt
- 11 – Side back skirt

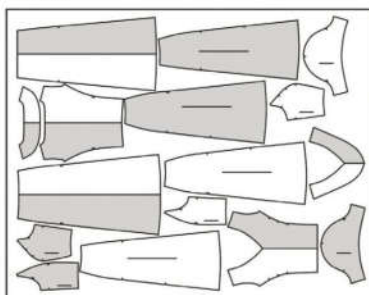
NOTES:

If your fabric is heavier, use a lighter knit for the neck facing

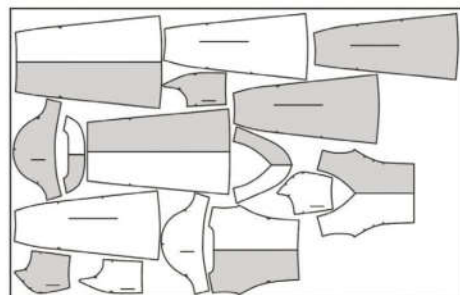
Use a 6mm seam allowance unless otherwise stated

LAYPLANS

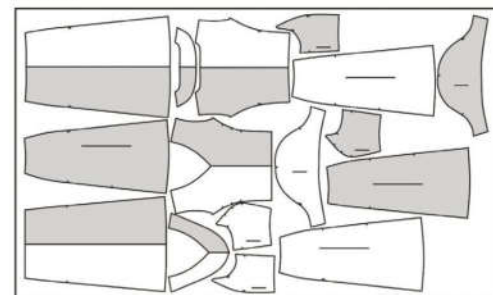
16-20



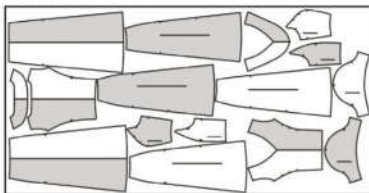
22-28



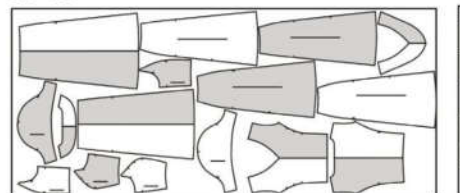
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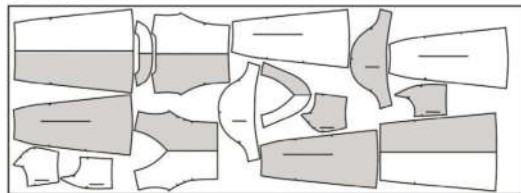
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22-28



32-36



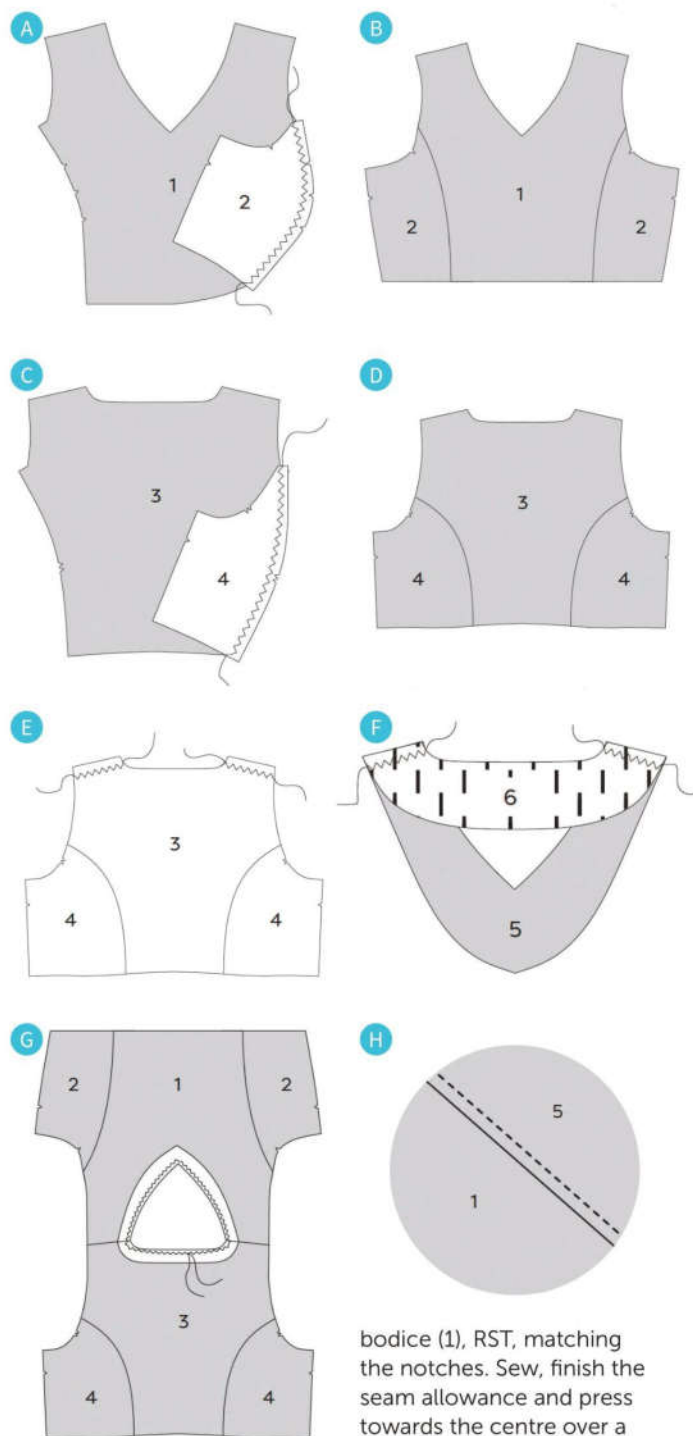
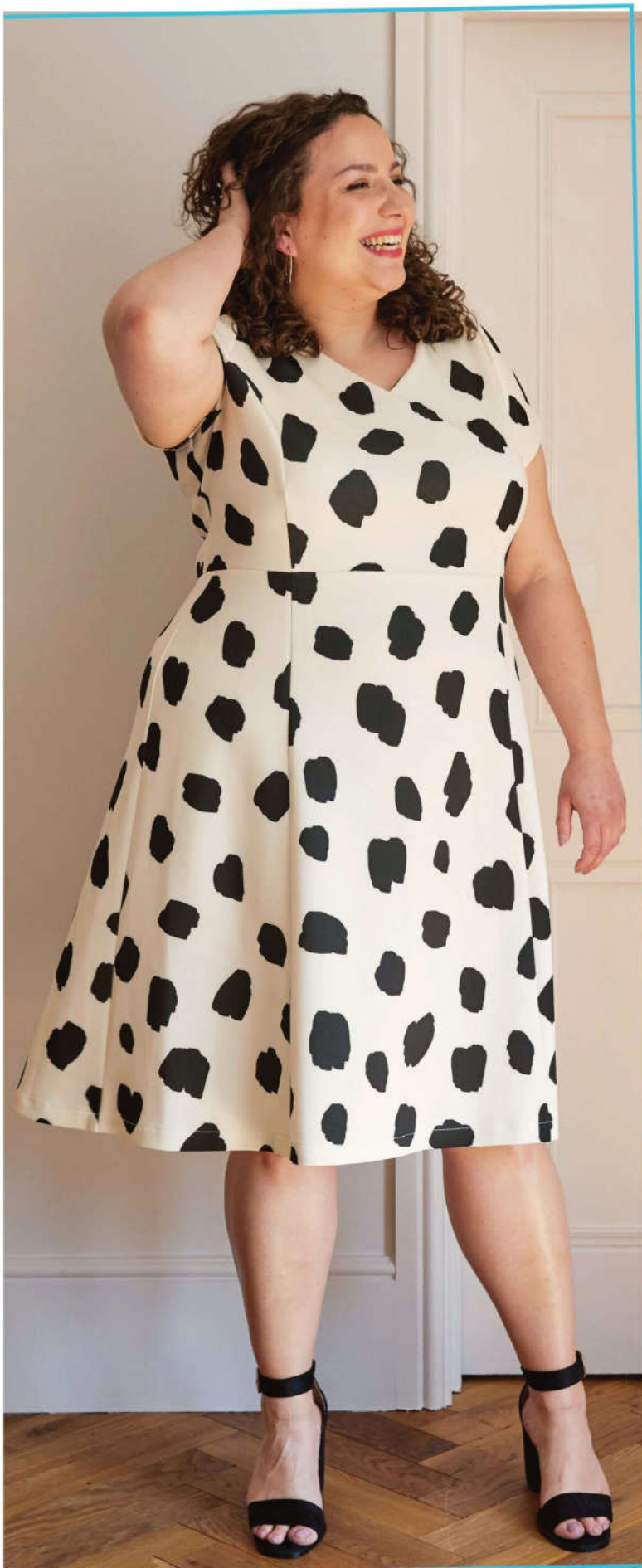
FABRIC REQUIREMENTS (IN M)

Size	16	18	20	22	24	26	28	30	32	34	36
115cm-wide fabric	2.5	2.5	2.5	2.9	2.9	2.9	2.9	3.4	3.4	3.4	3.4
140cm-wide fabric	2	2	2	2.4	2.4	2.4	2.4	2.6	2.6	2.6	2.6

FINISHED GARMENT MEASUREMENTS (IN CM)

Size		16	18	20	22	24	26	28	30	32	34	36
Full bust	C/D cup	88	93	98	104	109	114	119	124	129	134	139
	E/F cup	91	96	101	106	111	116	121	126	131	137	142
	G/H cup	93	98	104	109	114	119	124	129	134	139	144
Waist		79	84	90	95	100	105	110	115	120	125	130
Hip		118	123	128	133	138	143	148	153	158	164	169
Bicep		100	100	101	102	102	103	104	104	105	105	106
Back length		30	32	35	37	39	42	44	47	50	52	54





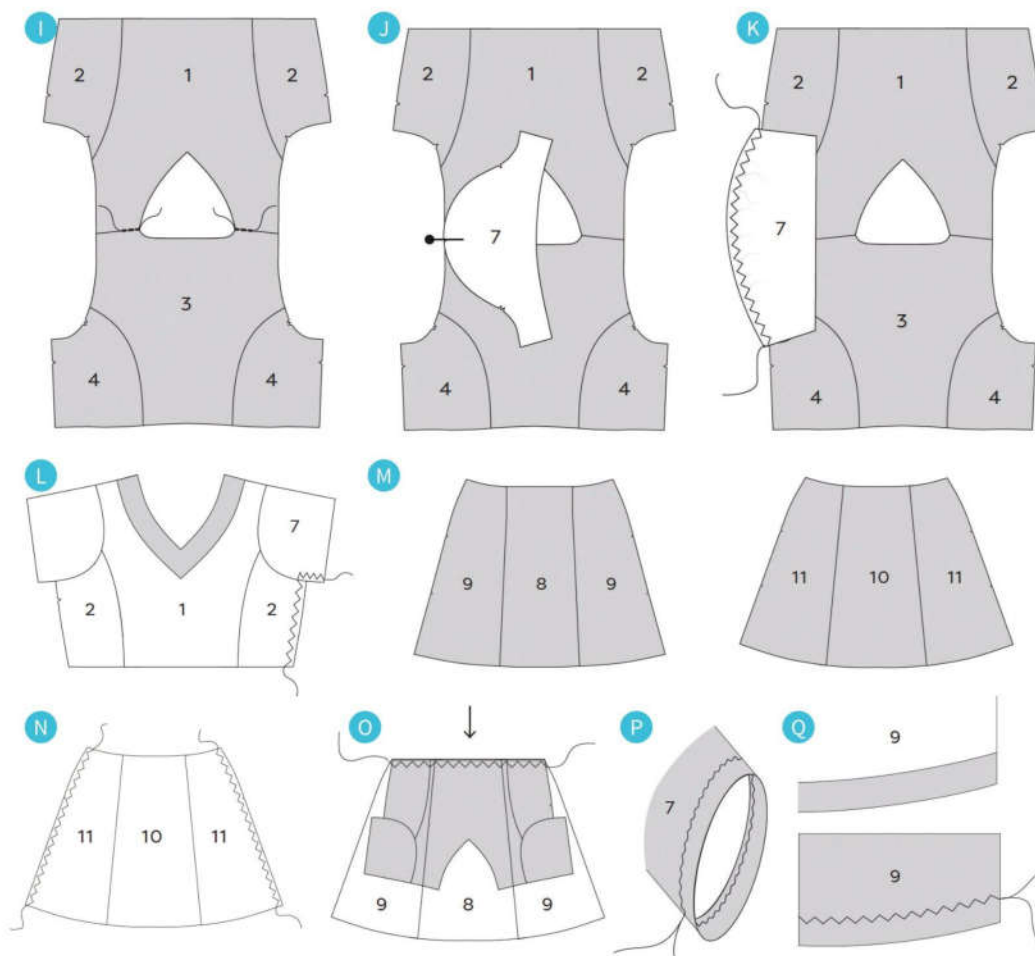
HOW TO MAKE:

For your toile, you can skip the neckline facing (steps 5-7), but you should either trim the neckline seam allowance off or sew a 1cm seam, snip into the seam allowance, and press it over to the inside. You can also skip hemming and simply press up the hems.

1 Pin the side front bodice (2 A/B/C) to the centre front

bodice (1), RST, matching the notches. Sew, finish the seam allowance and press towards the centre over a tailor's ham or a rolled-up towel. Repeat with the second side front bodice (2 A/B/C). (See pics A & B.)

2 Pin the side back bodice (4) to the centre back bodice (3), RST, matching the notches. Sew, finish the seam allowance and press towards the centre over a tailor's ham or a rolled-up towel. Repeat with the second side back bodice (4). (See pics C & D.)



3 Pin the assembled front to the assembled back at the shoulders, RST. Sew, finish the seam allowances and press towards the back. (See Pic E.)

4 Apply fusible interfacing to the wrong side of the front facing (5) and back facing (6), following the manufacturer's instructions (note that the interfacing is not shown in the rest of the instructions for clarity). Optional: finish the outer edge and short edges of facings using an overlocker or zigzag stitch.

5 Pin the front facing (5) to the back facing (6) at the short ends, RST. Stitch, then press the seams open. (See Pic F.)

6 Pin the facing to the bodice

neckline, RST, matching the shoulder seams and around the neckline edge. Sew, using a straight stitch, pivoting at the 'V', and then press. Trim the seam allowance down to 6mm and snip into the 'V', up to but not through the stitching. (See Pic G.)

7 Flip the facing over the seam allowance (into the neck opening). From the right side, under-stitch the facing to the seam allowance underneath, about 3mm from the seam. (See Pic H.)

8 Flip the facing to the inside of the bodice and press. 'Stitch in the ditch' at the shoulder seams: in other words, sew in the valley of the existing shoulder seam, using

a straight stitch, to secure the facing to the shoulders. (See Pic I.)

9 Lay one sleeve (7) on top of the bodice, RST, matching the shoulder notch on the sleeve with the shoulder seam, and pin in place. (See Pic J.)

10 Match the remaining notches on the bodice with the sleeve and pin the rest of the sleeve to the armscye. Sew, finish the seam allowance and press the seam towards the sleeve. (See Pic K.)

11 Repeat with the second sleeve (7).

12 Fold the top in half, with RST. Sew the side seam from the hem to the end of the sleeve, pivoting at the underarm. Finish the seam allowance and press the seam towards the back. Repeat with the second side. (See Pic L.)

13 Sew the side front skirt (9) to the centre front skirt (8), RST, matching the notches.

Finish the seam allowance and press the seam towards the centre. Repeat with the second side front skirt (9).

14 Sew the side back skirt (11) to the centre back skirt (10), RST, matching the notches. Finish the seam allowance and press the seam towards the centre. Repeat with the second side back skirt (11). (See Pic M.)

15 Pin the front skirt to the back skirt at the side seams. Sew, finish the seam allowances and press the seams towards the back. (See Pic N.)

16 Place the bodice inside the skirt, RST. Pin, matching the princess seams and side seams (make sure the front of the bodice is facing the front of the skirt). Sew around the waistline. Finish the seam allowance and press the seam down. (See Pic O.)

17 Fold up the edge of the sleeve by 1.5cm and press. Top-stitch from the right side. Repeat with the second sleeve. (See Pic P.)

18 Fold up the hem by 2.5cm and press. Top-stitch the hem from the right side to finish your dress.

Top tip

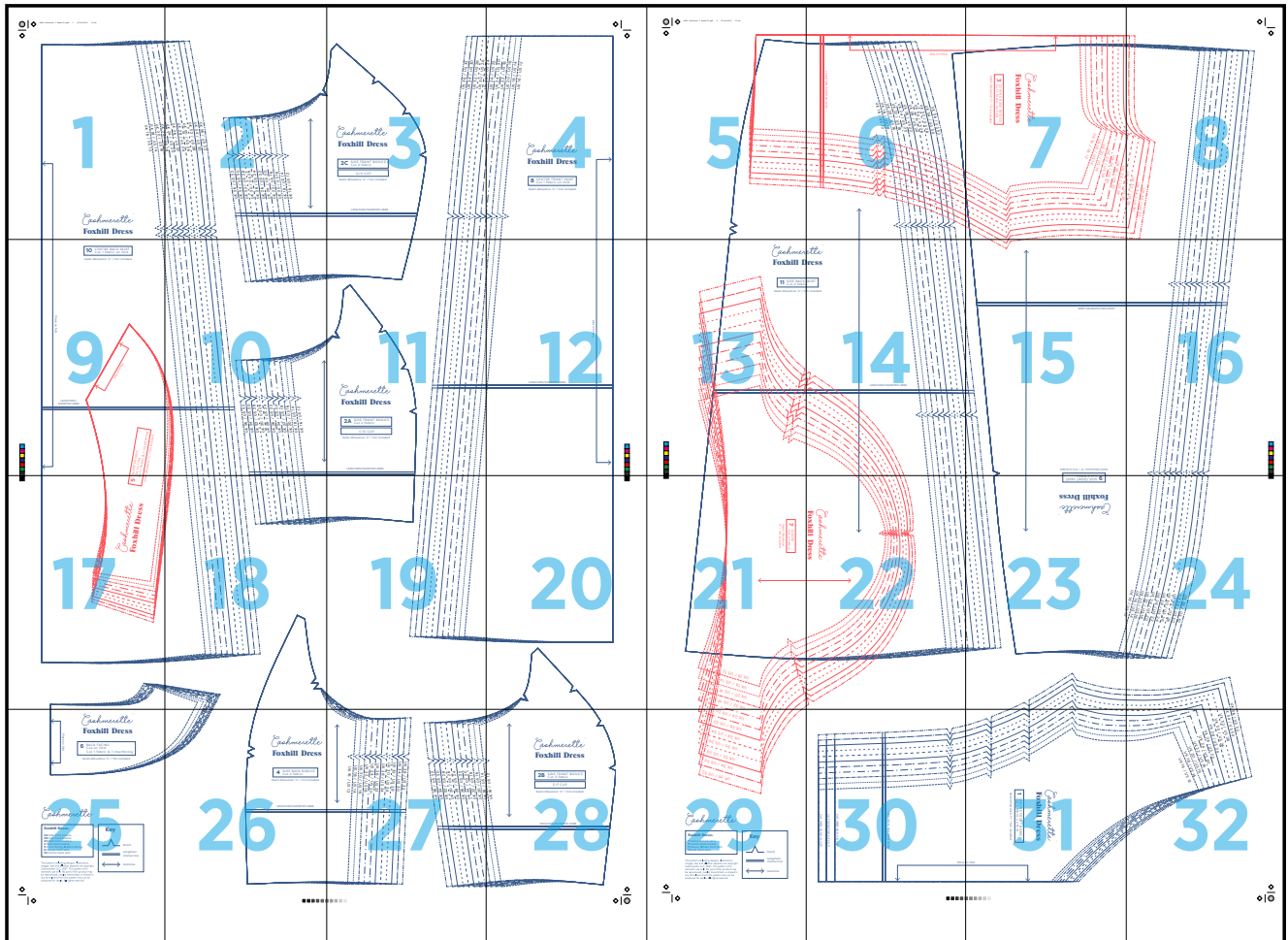
Baste the princess seams and make any adjustments to the bodice before machine stitching to get the perfect fit!



ABOUT THE BOOK

Ahead of the Curve by Jenny Rushmore (Quadrille, £26)
Photography ©Brooke Harwood

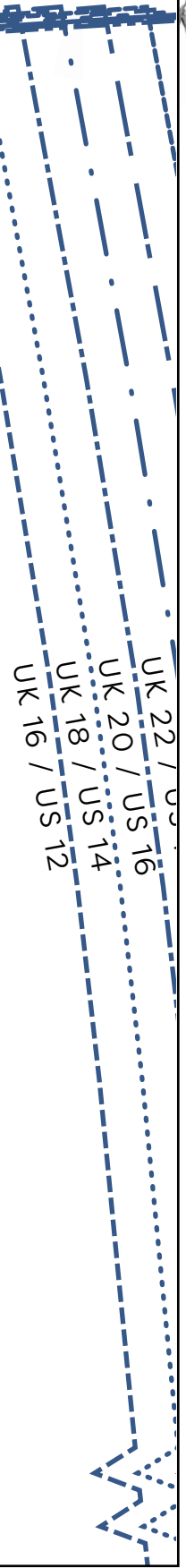
Foxhill Dress



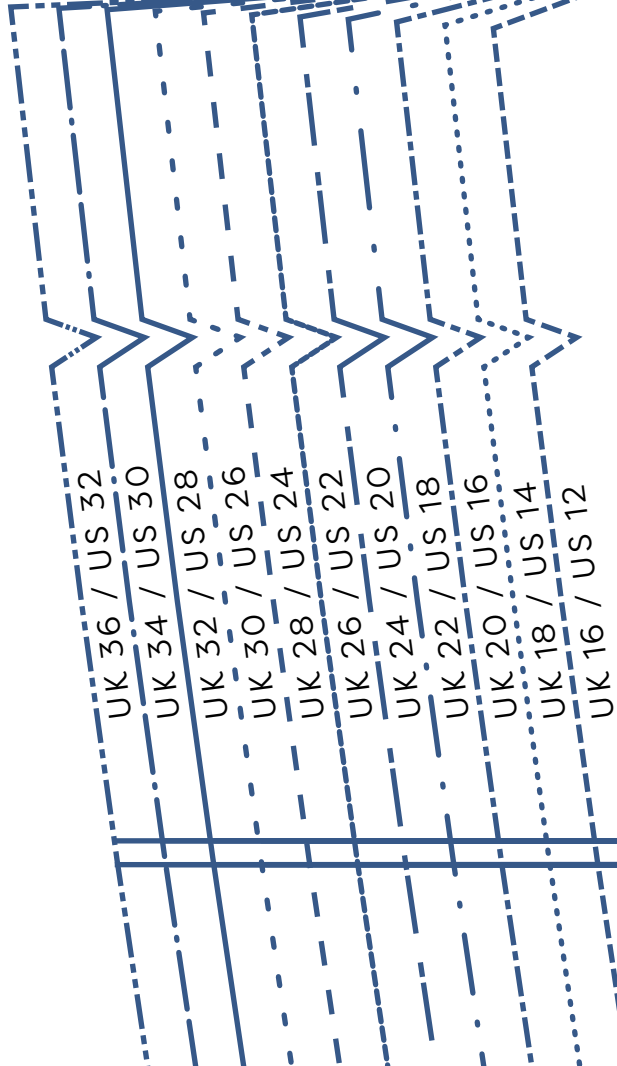
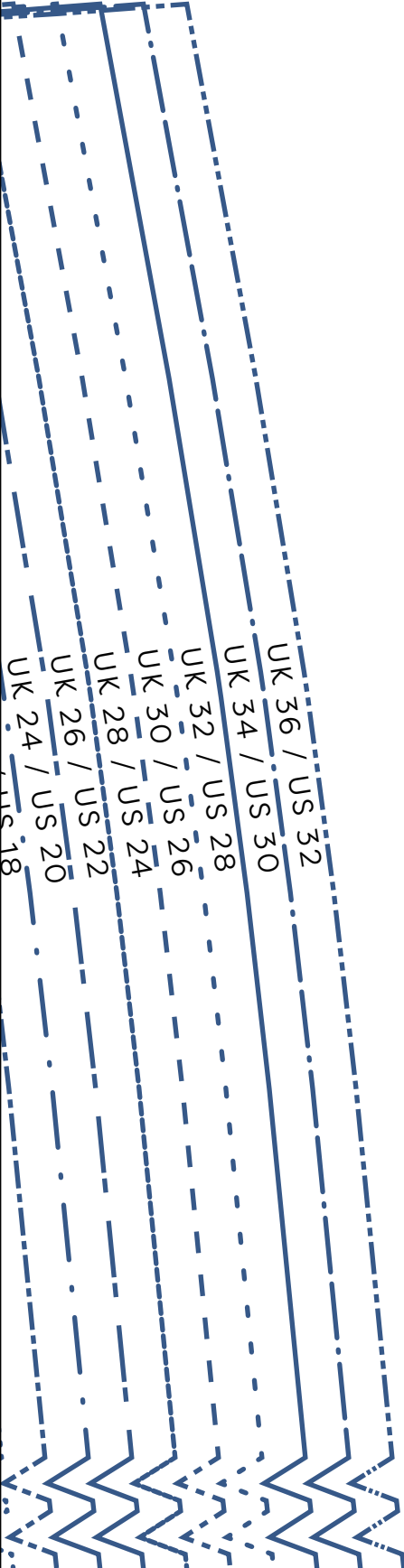
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*Cashmerette*TM
Foxhill Dress



3

*Cashmerette*TM
Foxhill Dress

2C SIDE FRONT BODICE
Cut 2 fabric

G/H CUP

Seam Allowance: $\frac{3}{8}$ " / 1cm included

LENGTHEN/SHORTEN HERE

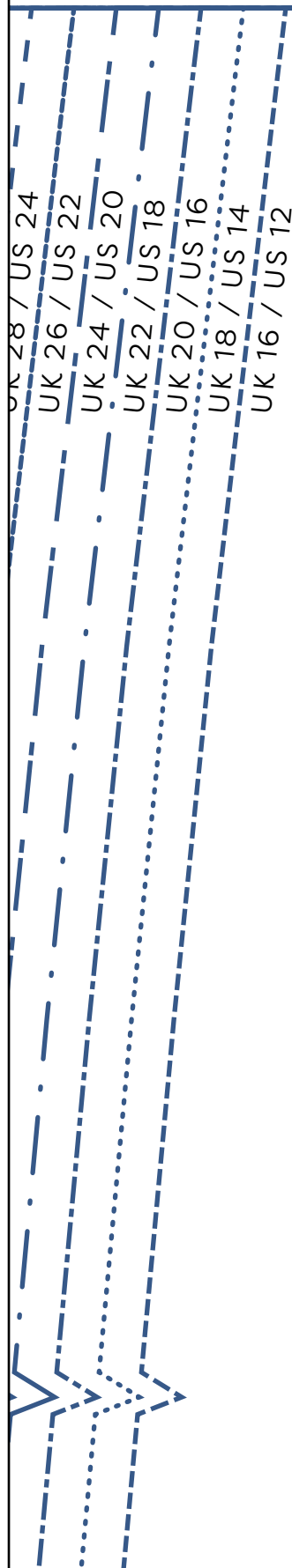
UK 36 / US 32

UK 34 / US 30

UK 32 / US 28

UK 30 / US 26



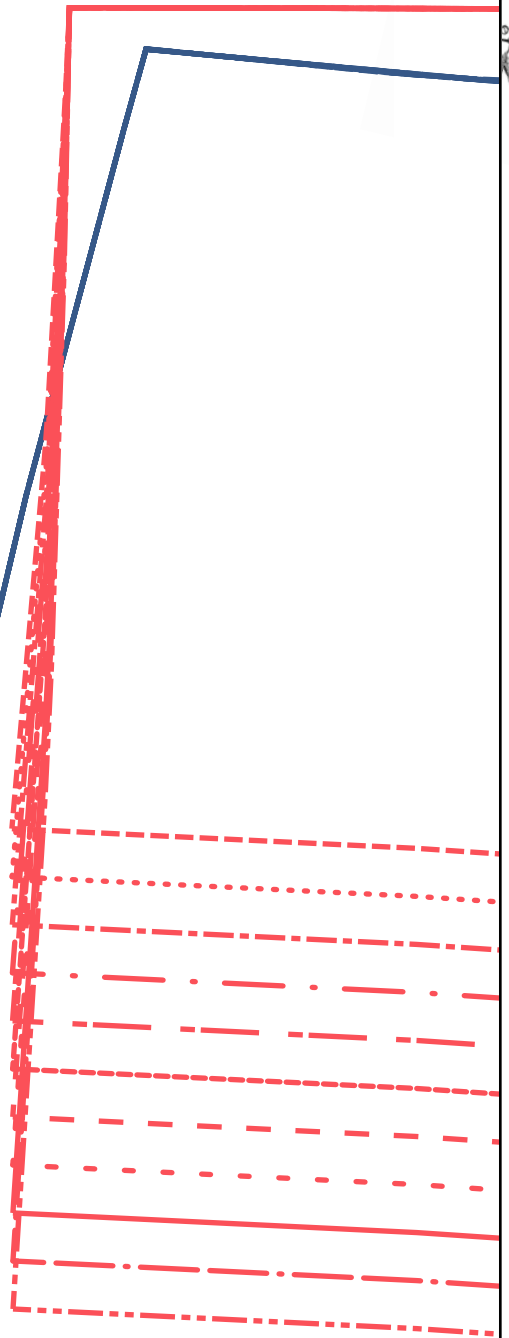


*Cashmerette*TM
Foxhill Dress

8 CENTRE FRONT SKIRT
 Cut 1 fabric on fold

Seam Allowance: $\frac{3}{8}$ " / 1cm included



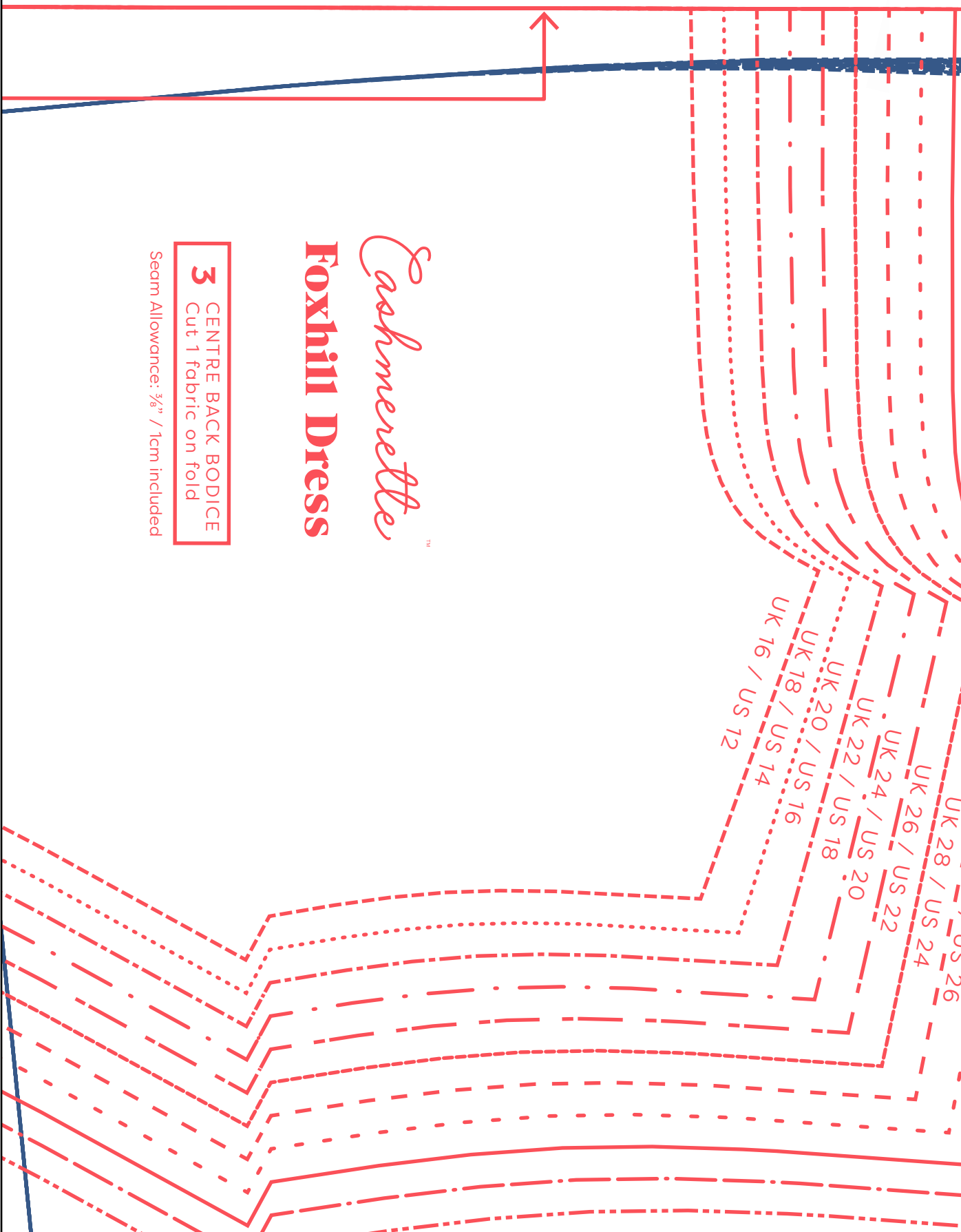




Place on fold

LENGTHEN/SHORTEN HERE

UK 36 / US 32
 UK 34 / US 30
 UK 32 / US 28
 UK 30 / US 26
 UK 28 / US 24
 UK 26 / US 22
 UK 24 / US 20
 UK 22 / US 18
 UK 20 / US 16
 UK 18 / US 14
 UK 16 / US 12

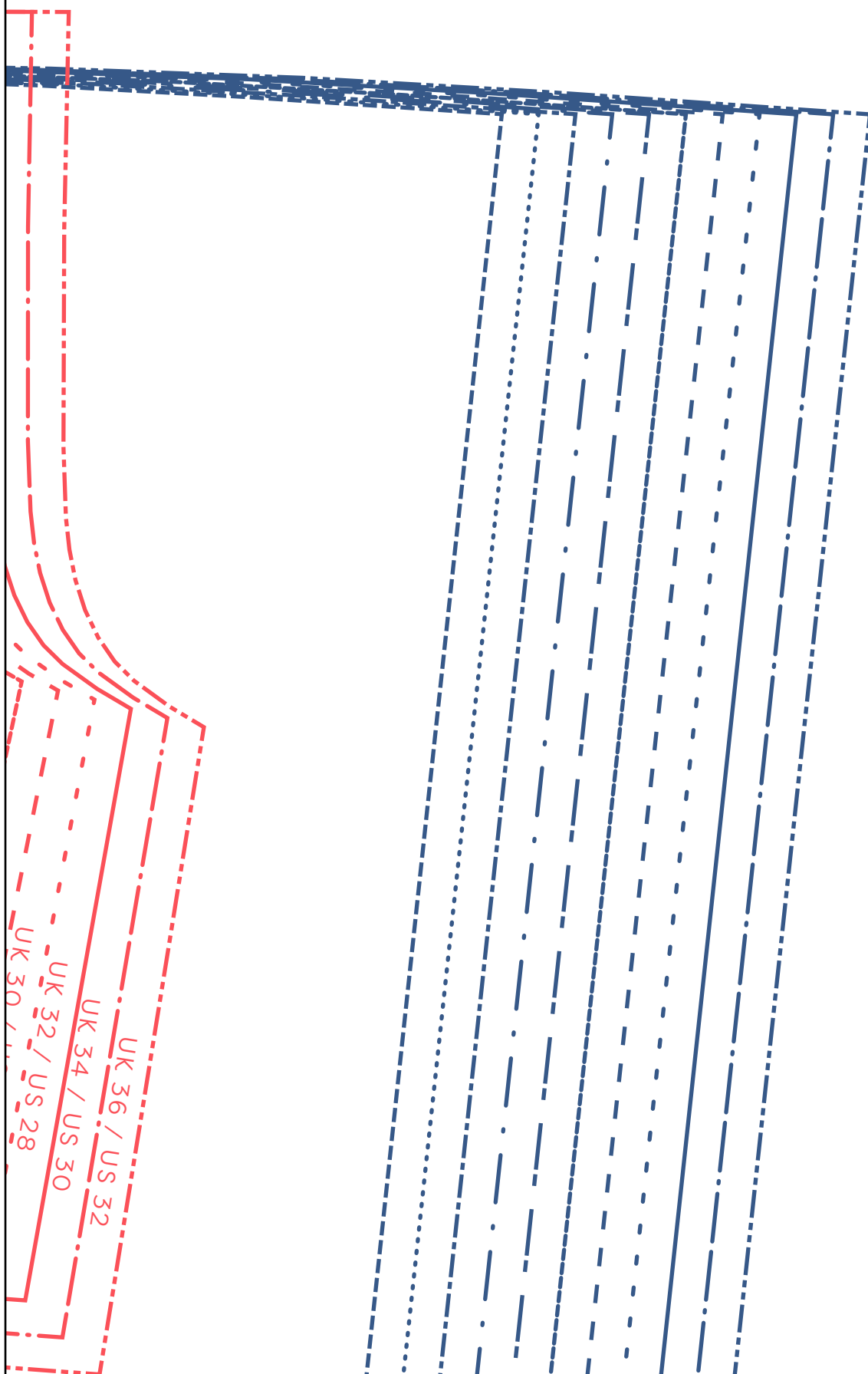


Lashmerette™

Foxhill Dress

3 CENTRE BACK BODICE
Cut 1 fabric on fold

Seam Allowance: $\frac{3}{8}$ " / 1cm included



10 CENTRE BACK SKIRT
Cut 1 fabric on fold

Seam Allowance: $\frac{3}{8}$ " / 1cm included

Place on fold

LENGTHEN/
SHORTEN HERE

Place on fold

FRONT FACING
Cut on fold
Cut 1 fabric & 1 interfacing
Seam Allowance: $\frac{3}{8}$ " / 1cm included



10

UK 36 / US 32
UK 34 / US 30
UK 32 / US 28
UK 30 / US 26
UK 28 / US 24
UK 26 / US 22
UK 24 / US 20
UK 22 / US 18
UK 20 / US 16
UK 18 / US 14
UK 16 / US 12



*Cashmerette*TM
Foxhill Dress

2A SIDE FRONT BODICE
 Cut 2 fabric

C/D CUP

Seam Allowance: $\frac{3}{8}$ " / 1cm included

LENGTHEN/SHORTEN HERE



12

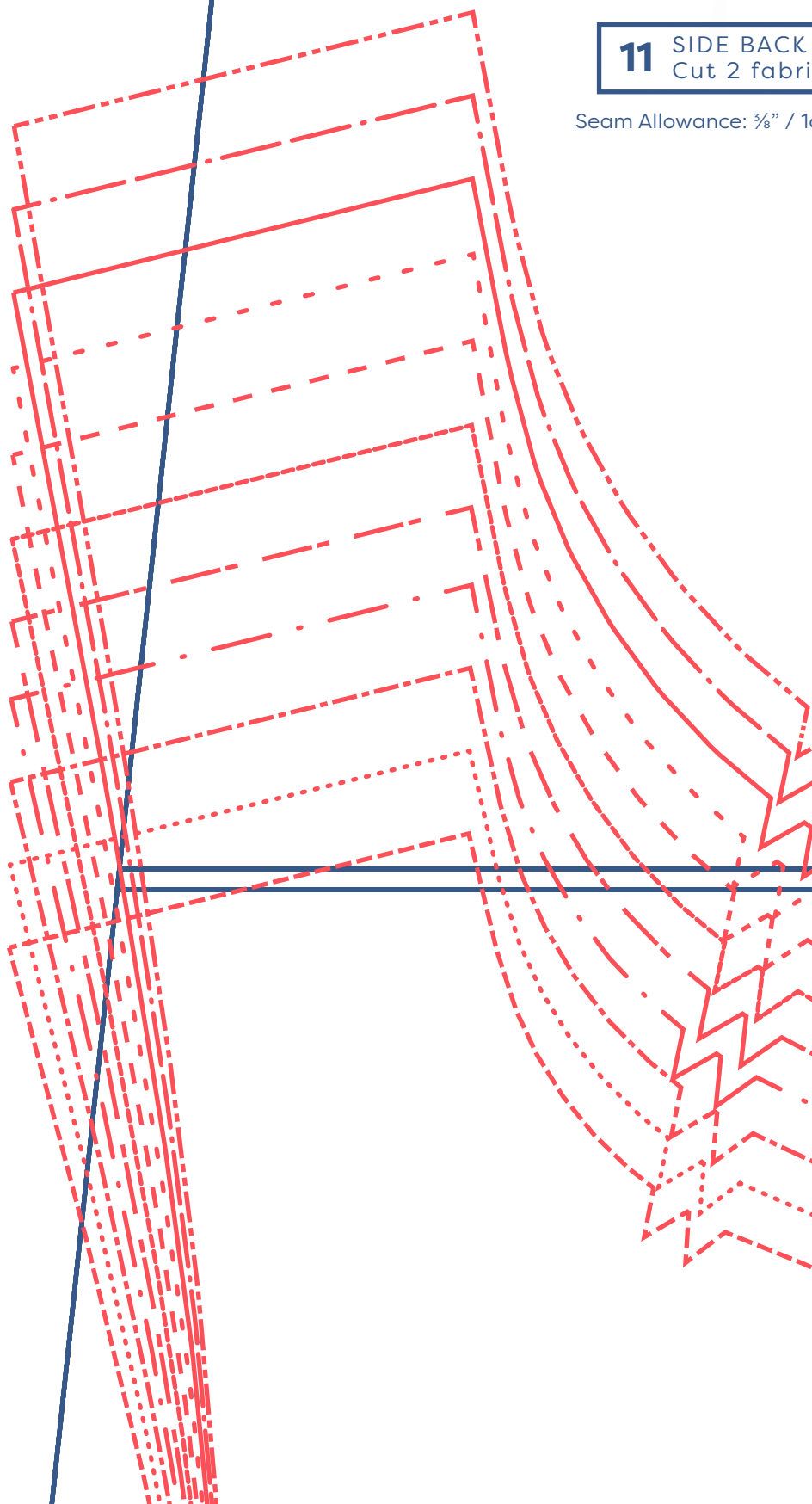
Place on fold

LENGTHEN/SHORTEN HERE



11 SIDE BACK
Cut 2 fabric

Seam Allowance: $\frac{3}{8}$ " / 1cm



SKIRT

m included



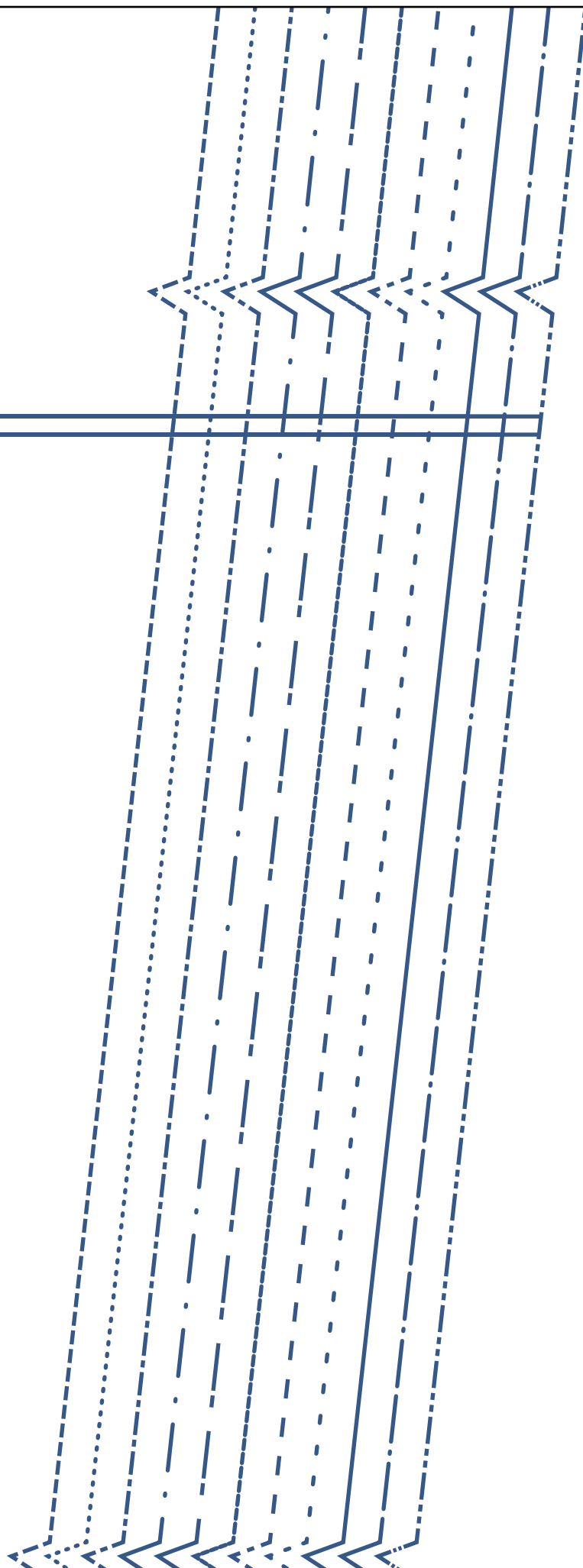
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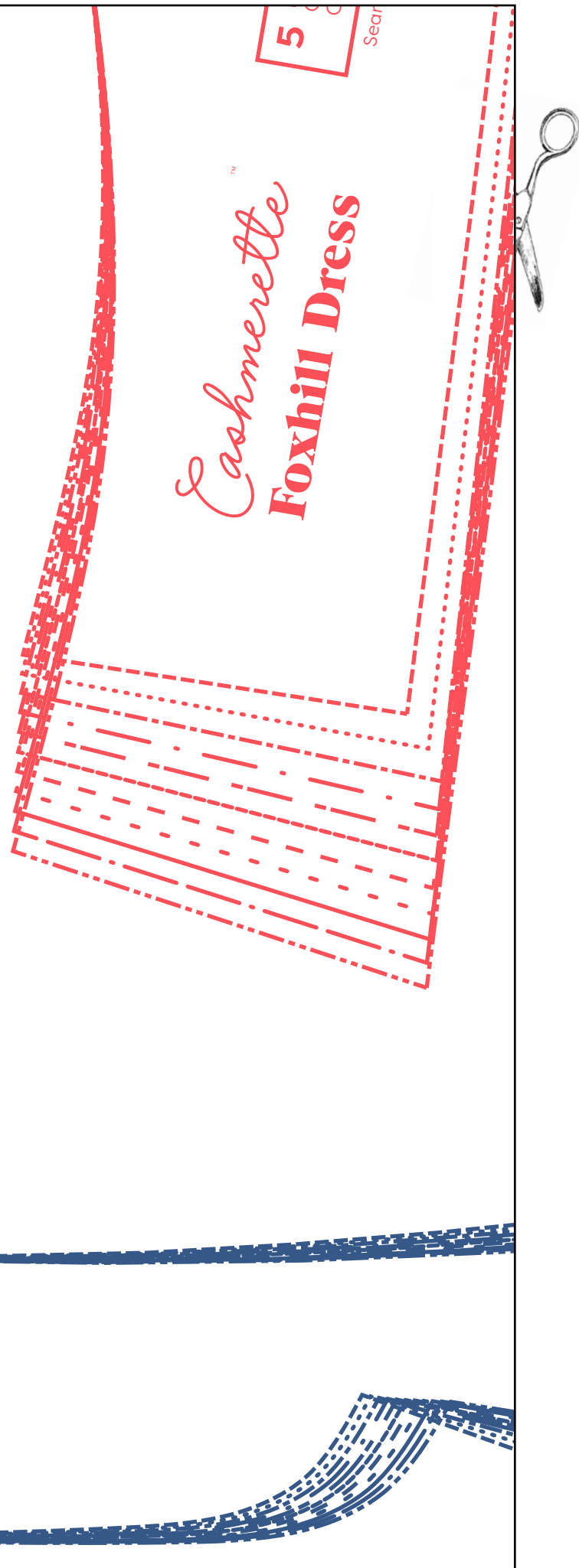
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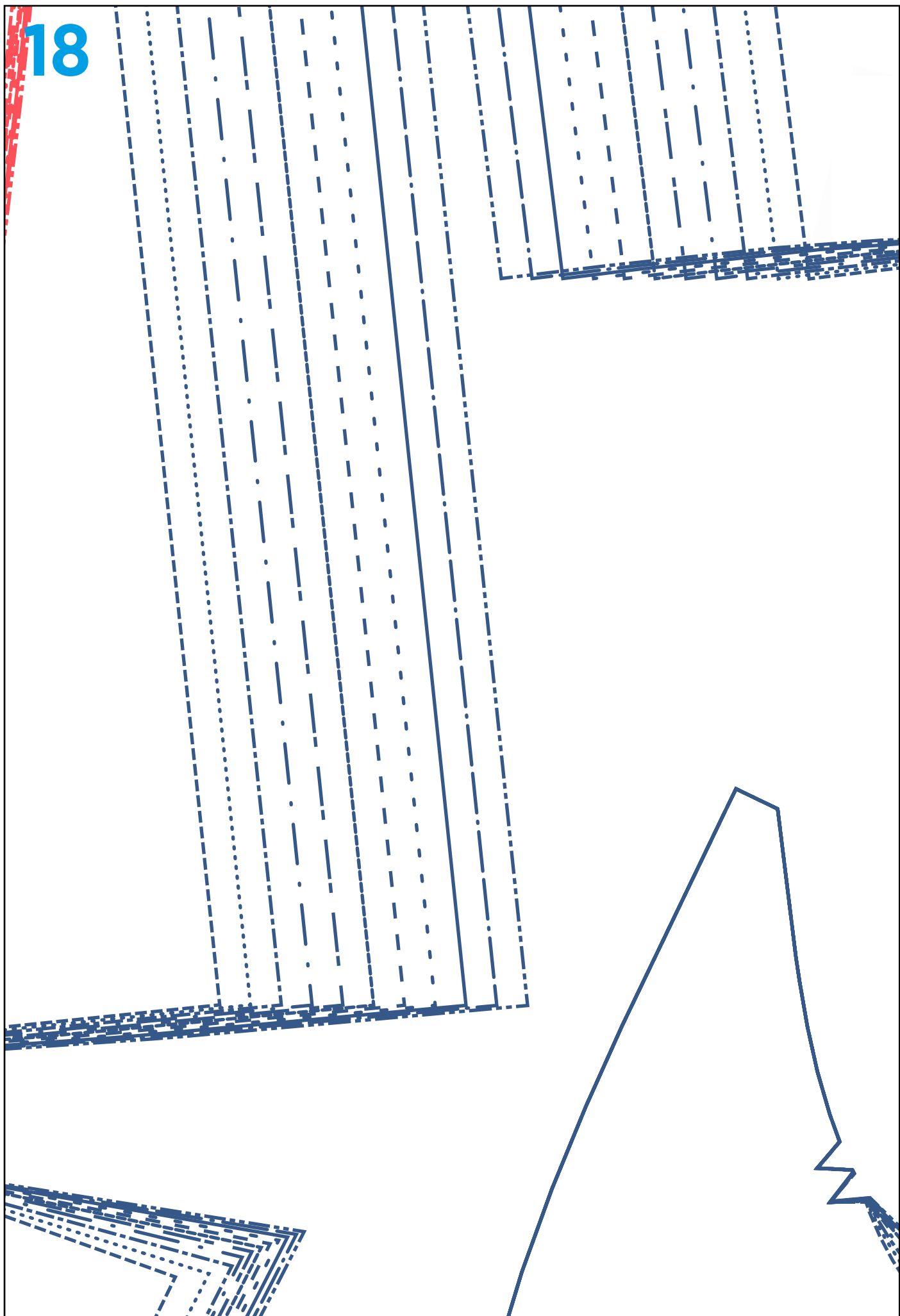


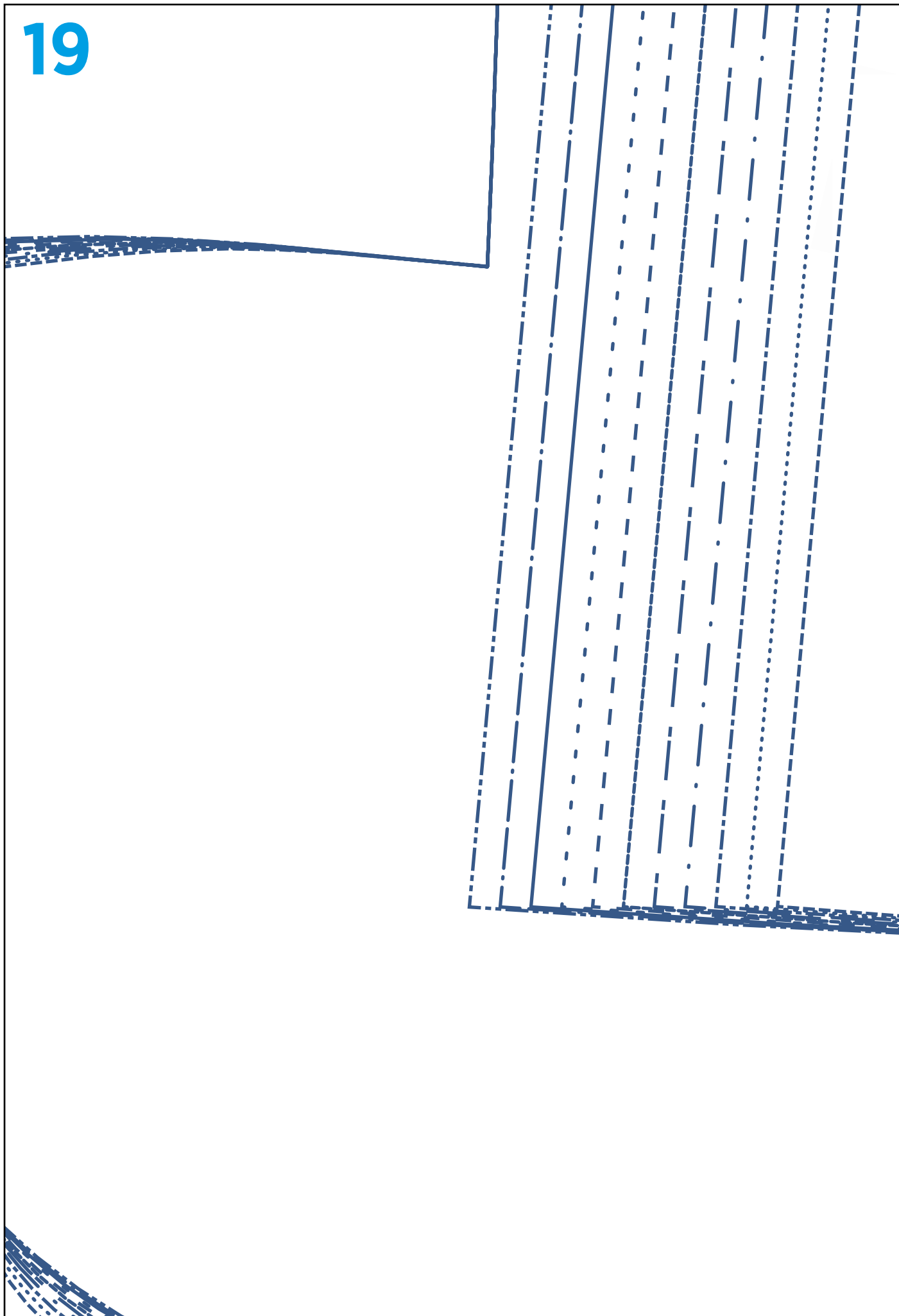
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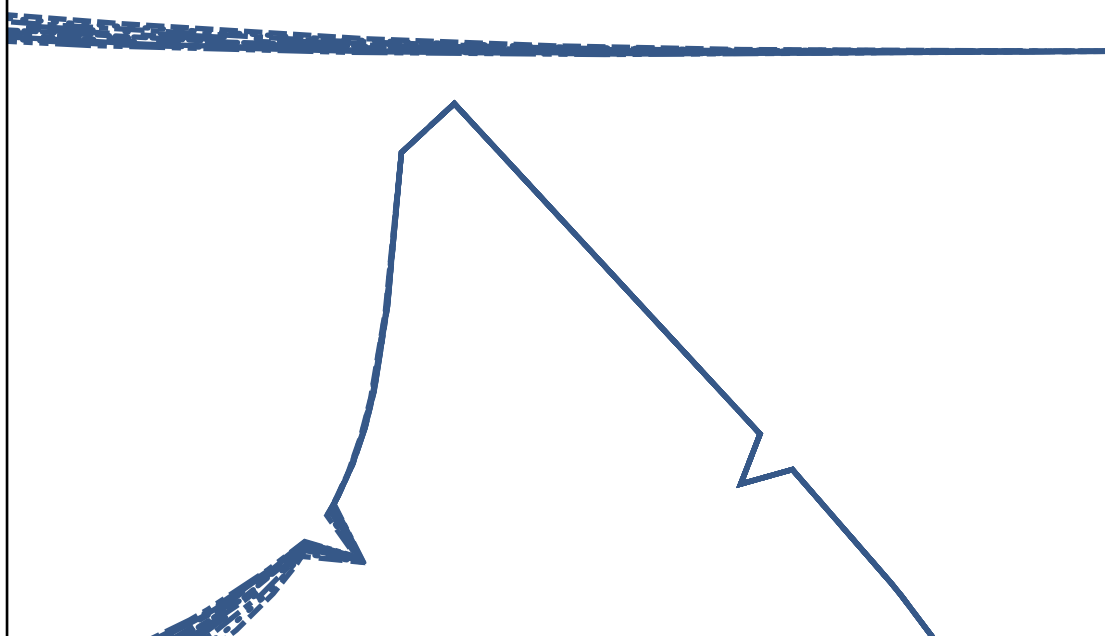
Seam Allowance: $\frac{3}{8}$ " / 1cm included













7 SLEEVE Cut 2 fabric

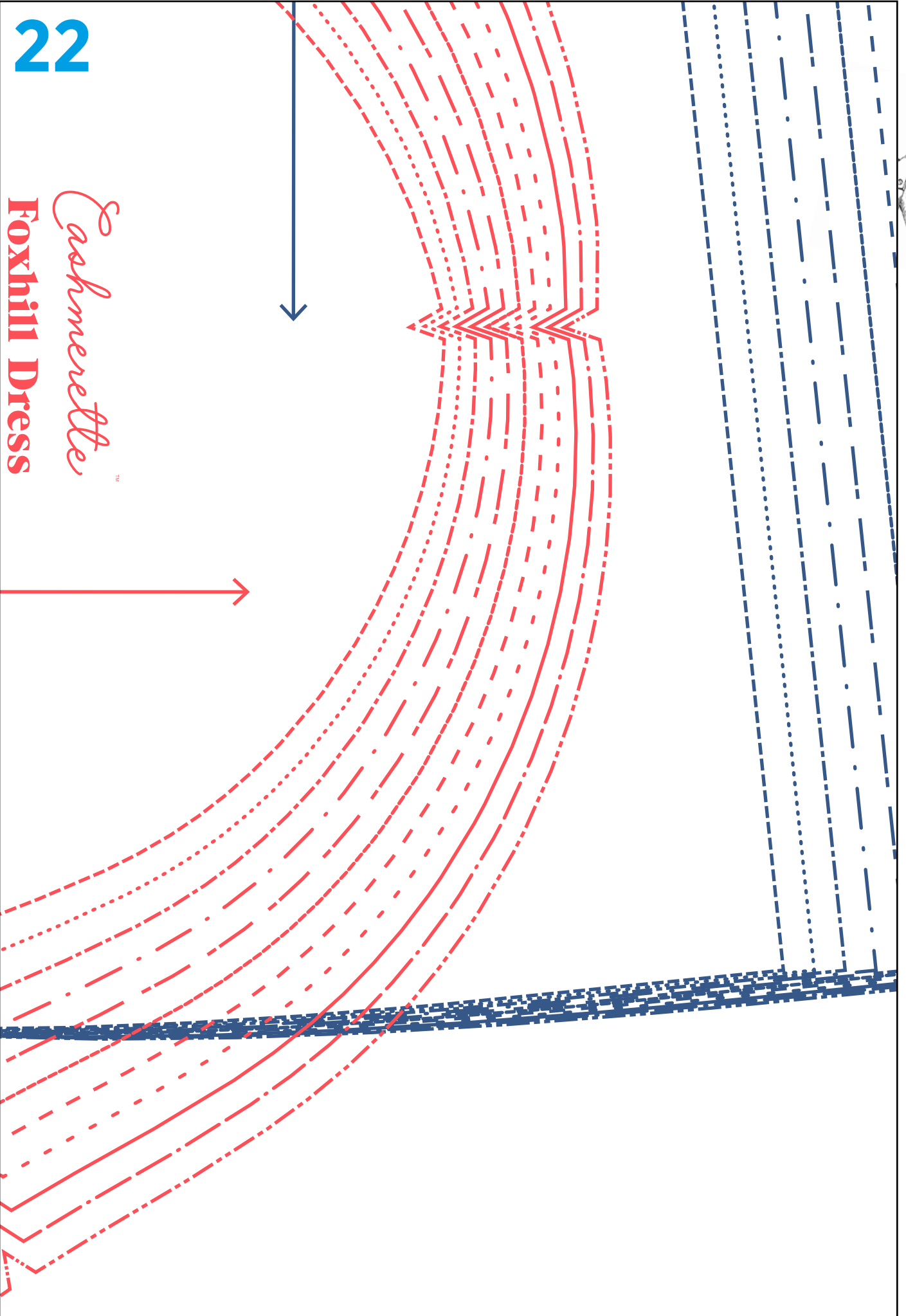
Seam Allowance:
 $\frac{3}{8}$ " / 1cm included

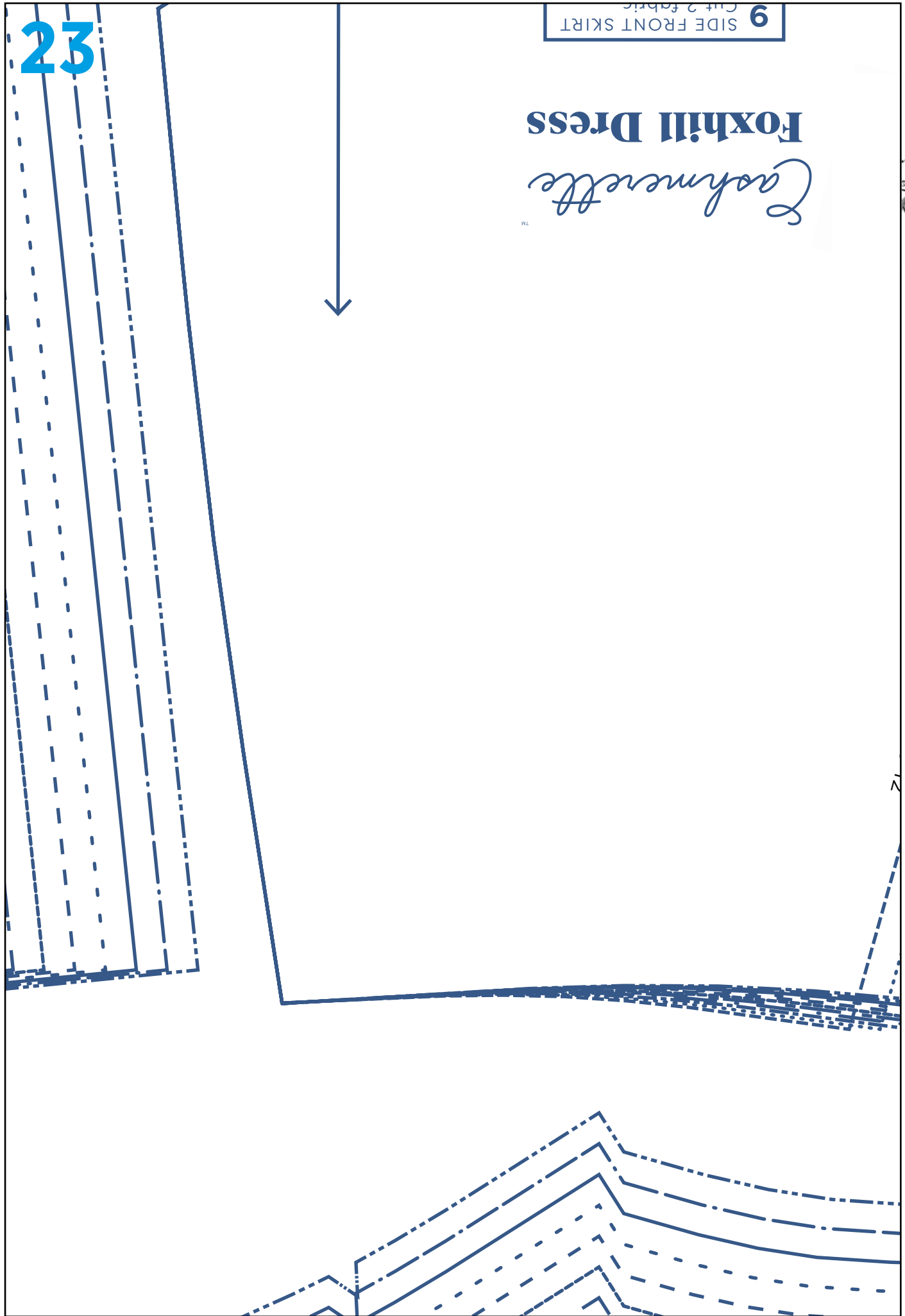


UK 22 / US 18
UK 20 / US 16
UK 18 / US 14
UK 16 / US 12

22

Cashmerette
Foxhill Dress







UK 36 / US 32
 UK 34 / US 30
 UK 32 / US 28
 UK 30 / US 26
 UK 28 / US 24
 UK 26 / US 22
 UK 24 / US 20
 UK 22 / US 18
 UK 20 / US 16
 UK 18 / US 14
 UK 16 / US 12

UK

CashmeretteTM Foxhill Dress

6 BACK FACING
Cut on fold
Cut 1 fabric & 1 interfacing

Seam Allowance: $\frac{3}{8}$ " / 1cm included

Place on fold

CashmeretteTM

Foxhill Dress:

2A Side front bodice,
2B Side front bodice,
2C Side front bodice,
4 Side back bodice,
5 Front facing, **6** Back facing,
8 Centre front skirt,
10 Centre back skirt

Key



Notch



Lengthen/
shorten line



Grainline

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Foxhill Dress

4 SIDE BACK BODICE
Cut 2 fabric

Seam Allowance: $\frac{3}{8}$ " / 1cm included

LENGTHEN/SHORTEN HERE



27



UK 36 / US 32
 UK 34 / US 30
 UK 32 / US 28
 UK 30 / US 26
 UK 28 / US 24
 UK 26 / US 22
 UK 24 / US 20
 UK 22 / US 18
 UK 20 / US 16
 UK 18 / US 14
 UK 16 / US 12

UK 36 / US 32
 UK 34 / US 30
 UK 32 / US 28
 UK 30 / US 26
 UK 28 / US 24
 UK 26 / US 22
 UK 24 / US 20
 UK 22 / US 18
 UK 20 / US 16
 UK 18 / US 14



28

CashmeretteTM Foxhill Dress

2B SIDE FRONT BODICE
Cut 2 fabric

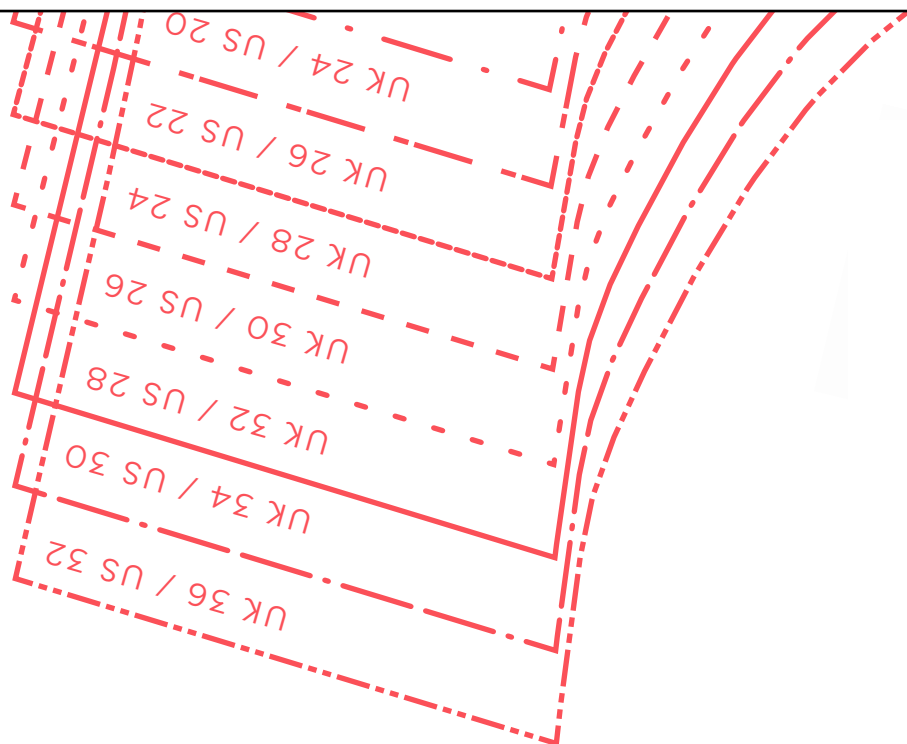
E/F CUP

Seam Allowance: $\frac{3}{8}$ " / 1cm included

LENGTHEN/SHORTEN HERE

UK 16 / US 12





Cashmerette™

Foxhill Dress:

1 Centre front bodice,
3 Centre back bodice,
7 Sleeve, **9** Side front skirt,
11 Side back skirt,

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Key



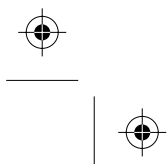
Notch

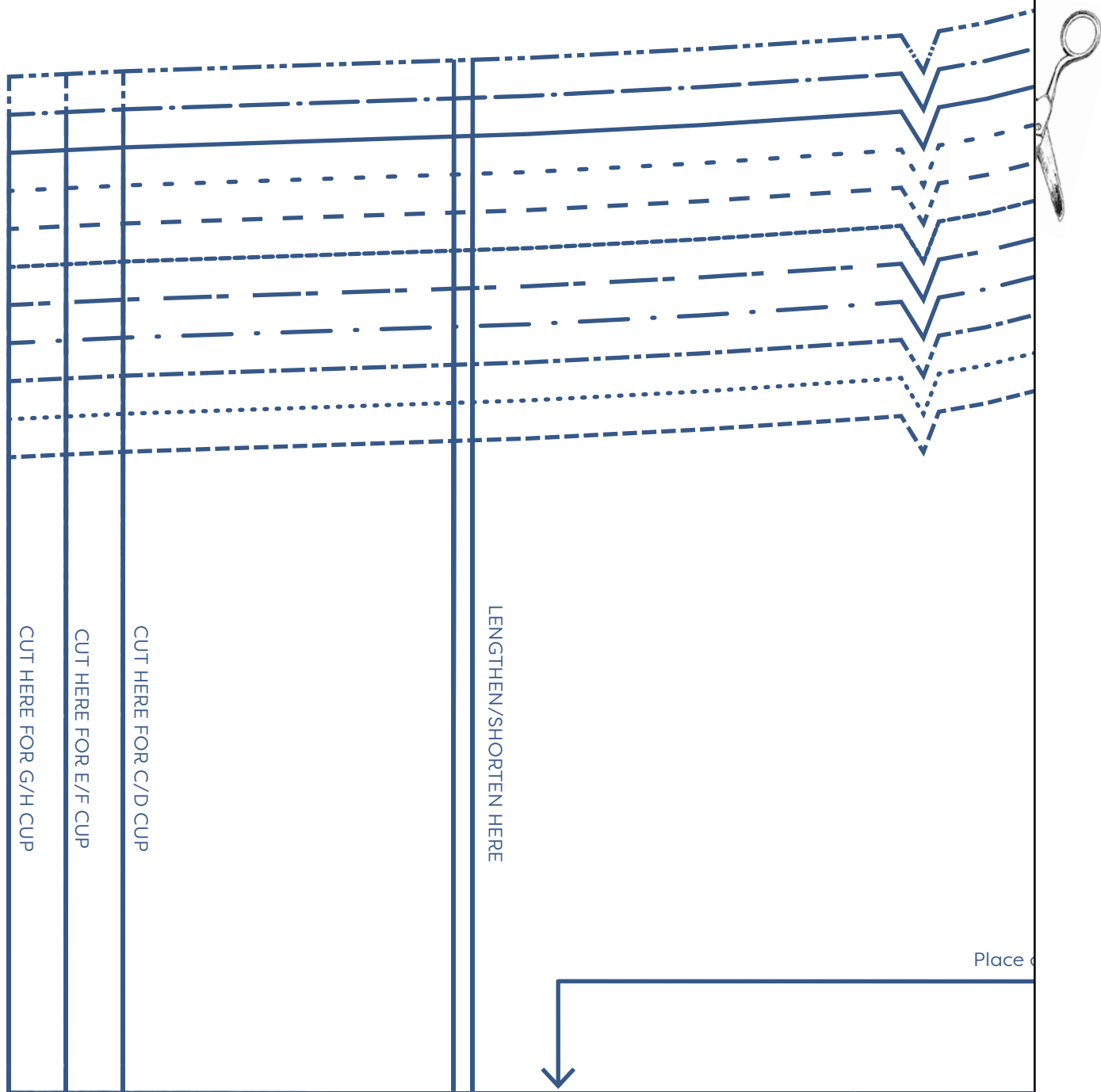


Lengthen/
shorten line



Grainline







Cashmerette™

Foxhill Dress

1 CENTRE FRONT BODICE
Cut 1 fabric on fold

Seam Allowance: $\frac{3}{8}$ " / 1cm included

on fold





32

UK 36 / US 32
UK 34 / US 30
UK 32 / US 28
UK 30 / US 26
UK 28 / US 24
UK 26 / US 22
UK 24 / US 20
UK 22 / US 18
UK 20 / US 16
UK 18 / US 14
UK 16 / US 12

