

Blouse "Megan"

Model 121-12

Size 36–48



PRINT THE CUT

1. Open the pattern PDF and set the control square to Page 1 with the setting "Original size" on DIN Print A4 paper (US-Letter). (Do not click on "Adjustment to page size"!))
2. Check the square – if it is 10×10 cm, print out the whole cut sheet.
3. Place all pages next to each other as indicated by the arrows and adhere them row by row along the boundary lines, then glue the rows together.
4. Compare the body measurements with the table measurements and cut out the cut parts in the appropriate size. (The overview of the cut parts is on the pattern sheet.)

Important: Instructions do not include seam allowances, unless otherwise indicated!

SUPPLIES

- 1.8–2.0 m shirting, 150 cm wide
- Fabric lining G 710
- 8 buttons, 15 mm
- 1 decorative button, 18 mm

OPTIONAL ACCESSORIES

- BERNINA Embroidery machine
- Spray glue
- Washable stabiliser, Soluvlies
- Edgestitch Foot #10
- [Free embroidery file](#)

CUTTING

Cut the paper of the back part for the middle strip at the vertical dividing line.

- 1 2× front part
- 2 2× button border
- 3 4× flap
- 4 2× back part
- 4 1× centre strip of the back part on the fold in 45° thread run
- 5 2× collar on the fold
- 6 2× collar stand on the fold
- 7 2× sleeve
- 8 2× cuff on the fold

2× pocket for sizes 36–42: 16×18 cm and for sizes 44–48: 17×19 cm. 2 bias straps for sleeve slits (seam allowances included here) 26×4 cm, final width 1 cm.

INSTRUCTIONS

1. Reinforce the button border, cuffs, flaps and each one part of collar and stand with fabric lining. Hem the upper edges of the breast pockets. Iron the seam allowances to the wrong side and sew on the pockets. Place 2 flap parts each right side on right side on top of each other and finish the sides and the lower edges. Cut back the seam allowances and turn them over. Narrow-topstitch the flaps. Iron the seam allowance along the upper edge to the wrong side and sew the flap centrally aligned 1 cm above the pocket.
2. Sew the centre back part strip right side on right side on the back parts. Finish the allowances, iron them towards the back parts and narrow-topstitch them. Close the shoulder and the side seams. Hem the blouse.



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INSTRUCTIONS

3. Iron the button border lengthwise along the fold line. Finish the lower edges. Sew the allowances of the lower border part right side on right side on the front edges. Fold the allowance of the upper border part back and narrow-topstitch it.
4. Embroider the collar: Hoop the stabiliser in the embroidery hoop. Embroider the placement line and fix the right collar corner there with spray glue. Embroider the basting line and the motif. Mirror the embroider file for the left collar corner.
5. Sew the collar, please refer to the **Tips pages**. Stitch the front and the outer edges of the collar. Cut back the seam allowances and clip them along the curves. Turn the collar over and narrow-topstitch the edges. Place the stand parts right side on right side on top of each other. In doing so, place the collar between upper edges. Sew the front edges of the stand together and continuously sew the upper side. Cut back the allowances and turn the stand. Topstitch the outer stand part along the neckline edge. Fix the inner stand part with folded back allowance with pins and sew it on from the right in the seam shadow.
6. Sew the sleeve slits and the cuffs as described on the **Tips pages**. Slightly gather the top shaping along the upper half and sew in the sleeve.
7. Sew a buttonhole on the stand. Sew the top edge of the first buttonhole of the button border at a distance of 4.5 cm to the stand seam. Use the embroidery file with the buttonhole for the second buttonhole, if required. Mark a distance of 5 cm from the first buttonhole. Hoop 2 layers of Soluvlies in the hoop. Embroider the placement lines and fix the button border along the long line with spray glue. Embroider the basting line and complete the motif. Wash out the Soluvlies. Sew another 4 buttonholes below at 5 cm distance each. Sew on the buttons.



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SHIRT BLOUSE COLLAR WITH STAND

BE IT A COLLAR IN 70'S STYLE, A STANDARD BUSINESS BLOUSE OR EVEN A CLASSIC MEN'S SHIRT, WHOEVER KNOWS HOW THIS TYPE OF COLLAR IS BEST SEWN WILL EASILY MANAGE.

In the illustrations the darker colour is the right side of the fabric.

1. When **cutting** an upper collar, it should be considered that the thicker the fabric used, the more must be added in comparison to the lower collar, especially at the collar corners. This makes the collar easier to fold down afterwards and the collar corners do not bend upwards when worn. With thin blouse fabric about 1 mm is enough.

2. The stabiliser is usually cut with a seam allowance of only about 3 mm. Iron the stabiliser on the middle of the wrong side of the undercollar and the outer stand.

Tip: You will find it easier to work if you mark the back centre and shoulder seams on the stand with small cuts.

3. **Sewing:** Place the collar parts right side on right side, while gathering the increased width of the upper collar. First pin the collar corners, then the back centres one on top of the other. Spread the extra width evenly in between and fix it with pins. Finally, roll the corner of the collar down slightly with a finger and pin the front narrow edges together.

4. Sew the upper and lower collar together on the stabiliser.

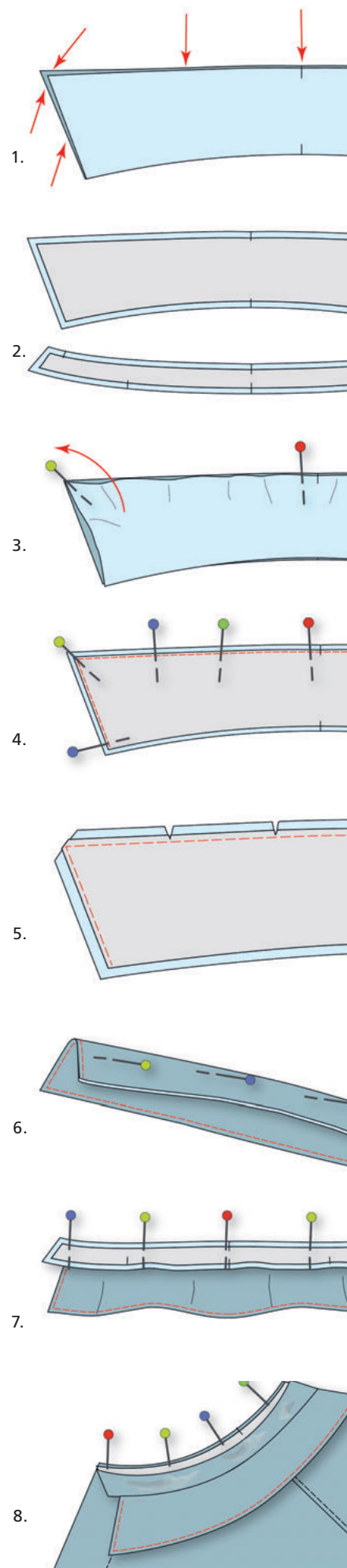
5. Cut back the allowances at the collar corners. If the upper edge is rounded, the seam allowance is cut at larger intervals. With thicker fabrics cut back the additions in layers. Turn collar over, iron it and topstitch the edges.

6. Fold the collar lengthwise; the upper collar is on top. Pin the lower edges on top of each other. This may cause the upper collar to be a little shorter than the lower collar.

7. Place the stand parts right side on right side on top of each other with the collar in between at the upper edge. The parts with stabiliser lie on top of each other, i.e. the outer stand part lies on the lower collar. Sew the front edge of the stand and the top edge on top of each other. Trim the allowances in the curves and turn the stand over.

8. Topstitch the outer stand part to the neckline edge. The front edges of the stand are exactly aligned with the edge of the front parts. Clip the allowances vertically along the neckline. Fold in the loose stand part, pin it and sew it from the right side in the seam shadow. Topstitch the stand.

Tip: If the collar is worn open, the inner side of the stand can be sewn to the neckline first and the outer side can be turned down and topstitched.

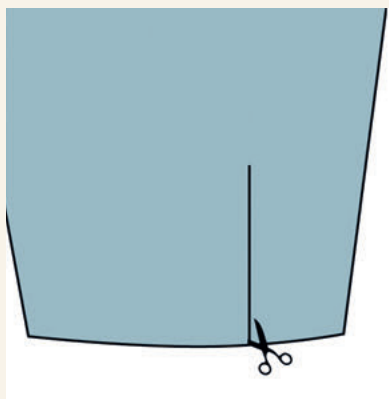


SEWING A SIMPLE SLEEVE SLIT AND A CUFF

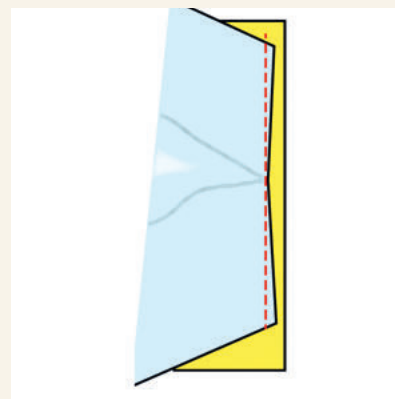
HERE WE SHOW YOU THE EASIEST METHOD HOW TO SEW A SLEEVE SLIT.

In the illustrations the darker side is the right side of the fabric.

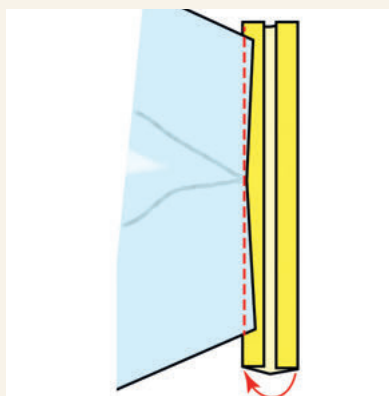
1. Cut the slit open at the marking. The illustrations show the right sleeve.
2. Place a bias strip (yellow), slightly longer than twice the length of the slit, right side on right side under the turned up slit. Sew parallel to the bias strip edge, making sure that the seam at the top slit end just hits the sleeve.
3. Place the allowances in the bias strip, fold in the opposite allowance of the bias strip, then turn it up again along the fold.
4. Stitch on the loose edge from the right side of the fabric in the seam shadow.
5. Place the slit edges right side on right side on top of each other and topstitch the upper corner of the bias strip diagonally.
6. Fold the bias strip inwards at the overlap (upper sleeve). Shorten the remaining strip. A very small pleat at the upper end of the slit is absolutely normal. Close the sleeve seam.
7. Depending on the model, pleat or gather the lower edge of the sleeve or work it flat. Sew cuff reinforced with stabiliser right side on right side along the lower sleeve edge, so that it is flush at the overlap (in the illustration on the left side) and the extra length of the cuff runs over the underlap of the sleeve. Place the allowances in the cuff.
8. Place the cuff along the fold right side on right side and close the narrow edges of the cuff.
9. Turn the cuff over. Pin the loose cuff edge and topstitch from the right in the seam shadow or topstitch the cuff all around. Add the button-hole and sew on the button.



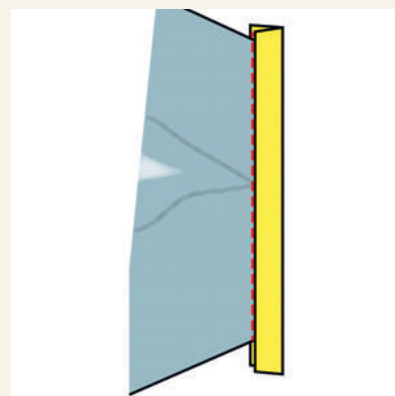
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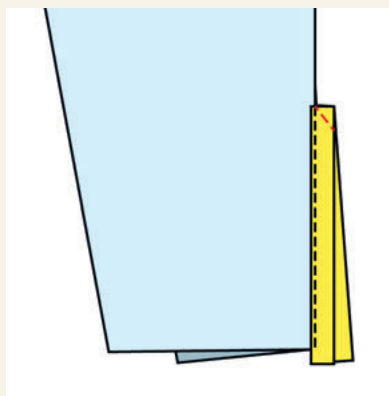
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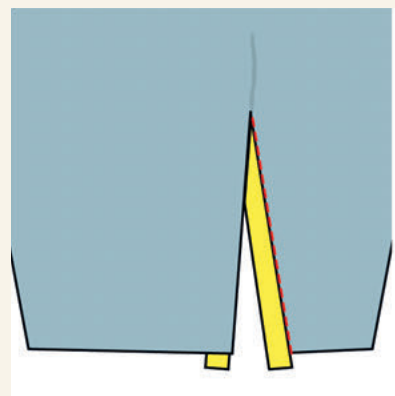
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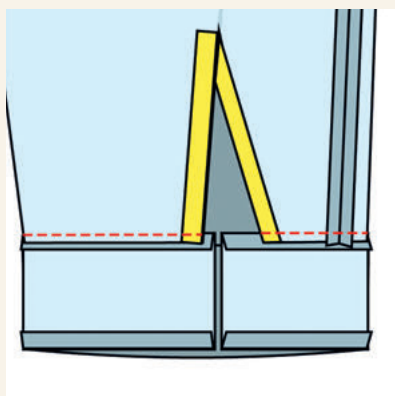
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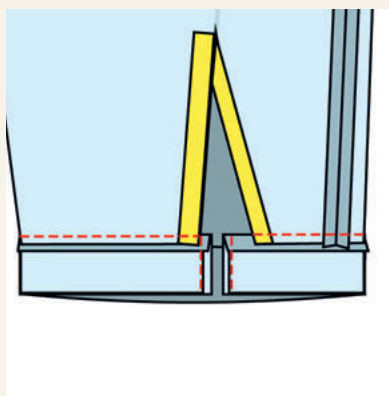
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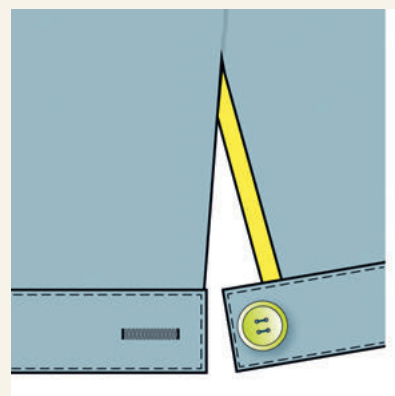
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