

DOWNLOAD
YOUR
FREE
TEMPLATE

*Smart black and white
always makes an
impression, but add
ruched sleeves and a bias
bow neckline and you
have a knockout top!*



Julia

GET THE LOOK



Off white chalk cotton

This 140cm-wide soft cotton cambric dress fabric is lightweight cotton similar to a lawn with a slight sheen finish

£17.00 per metre

www.fabricgodmother.co.uk



Plain cotton lawn dress fabric

Lightweight cotton lawn which is part of Minerva's clearance range, giving excellent value for money

£7.99 per metre

www.minervacrafts.com

Monochrome TIE BLOUSE

Project **JULIA CLARIDGE** www.bobbinsnbuttons.co.uk

Photographer **RENATA STONYTE**

Model **LANNA** for BOSS

Hair and make-up **NINA ROCHFORD**

FINISHED GARMENT MEASUREMENTS:

Size	8-10	10 -12	12-14	14-16	16-18
Chest	100cm	105cm	110cm	115cm	120cm
Side neck to hem length	62cm	63cm	6cm	65cm	66cm

SKILL LEVEL: ● ● ● ●

FABRIC TYPES:

Lightweight cotton or linen for the main blouse. Lightweight cotton is the most suitable option for self-made bias tape

MATERIALS:

- 130x170cm main fabric
- 50cm contrast fabric for bias binding
- 2.5cm bias binding folder
- free template from www.sewnowmag.co.uk

CUTTING:

- 1 back piece
- 1 front piece
- 1 pair of sleeves
- 2 plackets
- 3.5-4m of bias strips cut to 5cm wide (to give a finished width of 2.5cm)

NOTES:

Use 1.5cm seam allowance throughout

HOW TO MAKE:

1 With RST stitch the bias strips together at right angles until you have one continuous piece. (See Pic A.)

2 Stitch the bust darts. With RST join the shoulders and neaten the raw edges. (See Pic B.)

3 Press the bias tape join seams open before making the cut bias strips into bias binding using a bias binding maker. (See Pic C.)

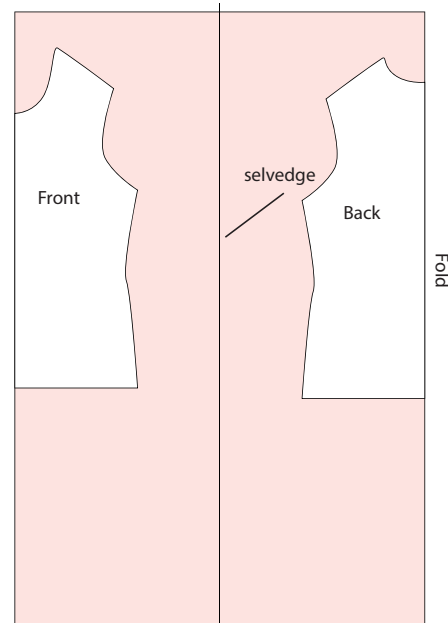
4 To make the sleeve ties cut three 70cm pieces of prepared bias tape. With RST pin each piece along the crease lines of the tape. Fold the raw ends in by approximately 1cm. Stitch the length of each tape, leaving the ends open. Turn through to the right side (a loop turner is useful for this). Press. (See Pic D.)

5 With RST, starting at the back neck near one shoulder seam with raw edges matched, pin the bias tape

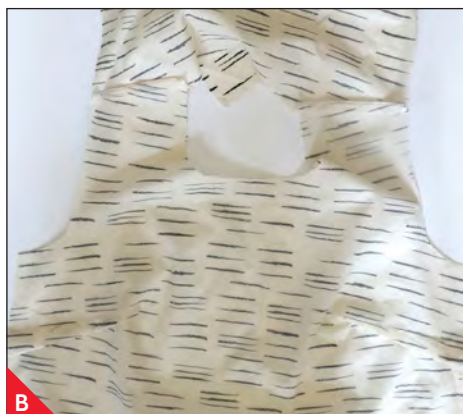
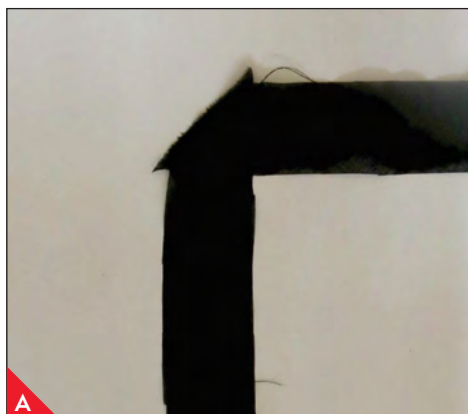
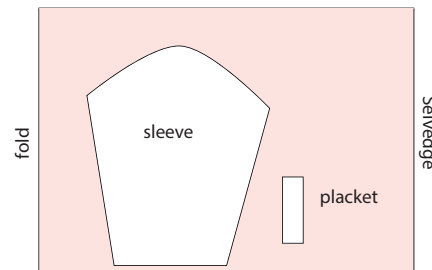
LAYPLAN

60" layplan all sizes

Fold to cut front and back



Refold to cut sleeve



around the neck edge. Turn in the raw edge of the bias tape and overlap by 1.5cm where the tape meets. Stitch in the crease line. Fold the binding to the inside covering the raw edge, matching the folded edge to the stitch line. Pin and tack in place. Top-stitch from the outside close to the inner edge. (See Pic E.)

6 Prepare the sleeves. Using the same method, pin a piece of bias tape along the sleeve cuff edge. Stitch. Leave the other edge open at this stage. (See Pic F.)

7 Prepare the plackets. Turn and press a 1cm turning along all sides. (See Pic G.)

8 Matching the centres of the placket to the centre of the sleeve (pressing both in half can help find the centre line), pin the placket so the folded edge is just above the bias-binding seam. Stitch the placket down each side and down the centre, leaving the upper and lower edges open. (See Pic H.)

9 Use a safety pin to thread one tie through each sleeve placket, up one side and down the other. Check the tie

ends are level and cut the tie at the top of the placket. Pull gently so the tie lies flat and just within the upper turning of the placket. Stitch a small box around the upper edge of the placket catching the tie ends in. Repeat with other sleeve. (See pics I and J.)

10 With RST join the underarm of the sleeve, opening the binding out. Neaten the raw edges. Turn the edge of the binding to inside, pin and tack as for the neck edge before machine stitching from the right side. (See Pic J.)

11 Stitch two rows of ease stitches around the sleeve head. With RST, matching notches and seams, pin the sleeve to the armhole, adjusting ease stitch to fit. Stitch and neaten the raw edges. (See Pic K.)

12 Turn a narrow double-turned hem around the bottom. Tie a bow with the remaining tie and stitch it discreetly to the centre of the neck edge. Slip-stitch the ends of the ties to complete. (See Pic L.)

HOW TO CUT BIAS STRIPS

Lay the fabric squarely on the cutting mat and place the 45° mark on the ruler on the straight edge of the fabric. Cut along the ruler edge. (See Pic A.)



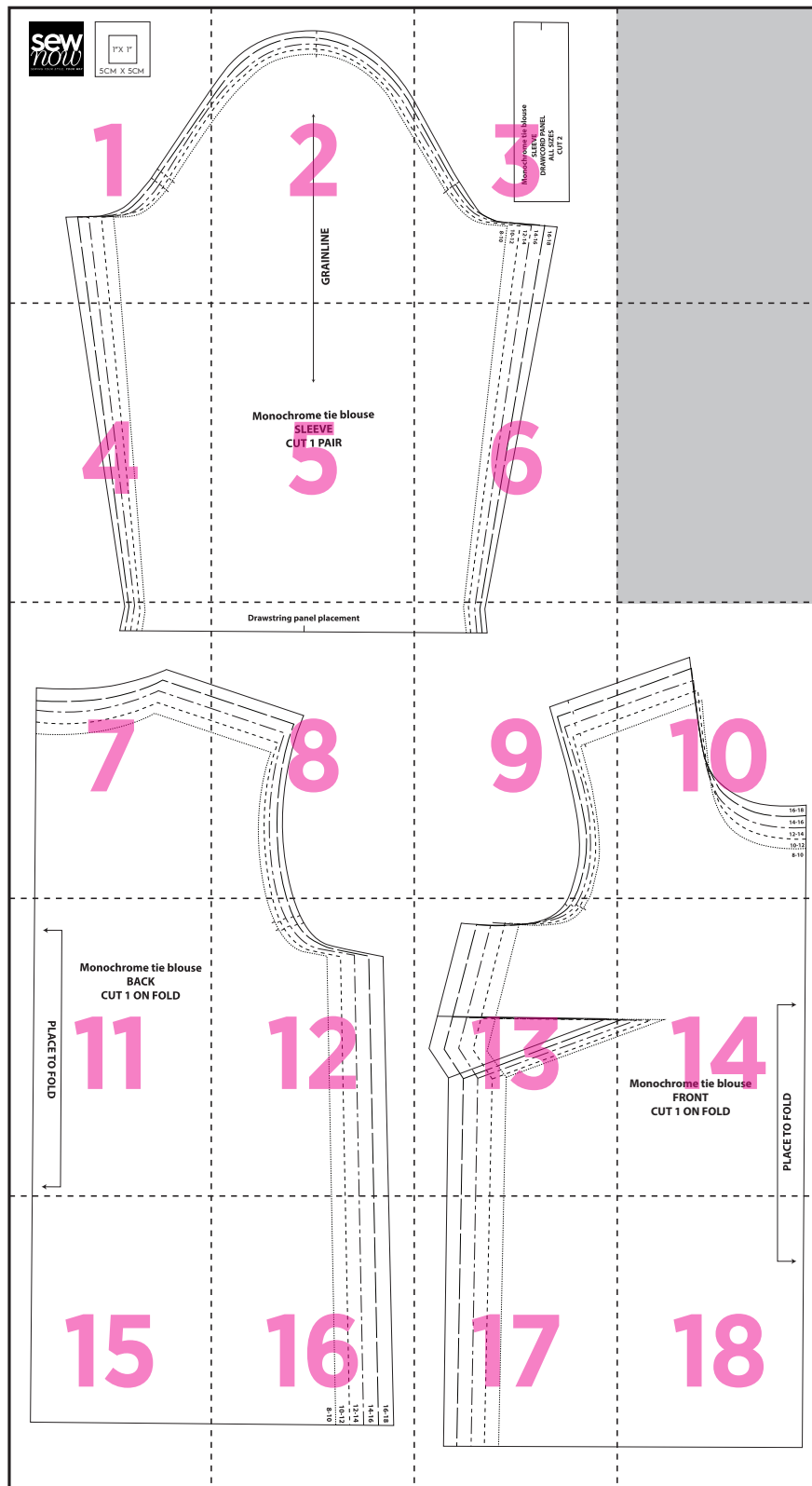
Turn the fabric over and use the straight side of the ruler to measure the width. For 2.5cm bias binding you need to cut 5cm of fabric. The more you handle the strips the more the fabric will stretch, so fold it in half diagonally and cut through two, three or four layers at a time to minimise this effect



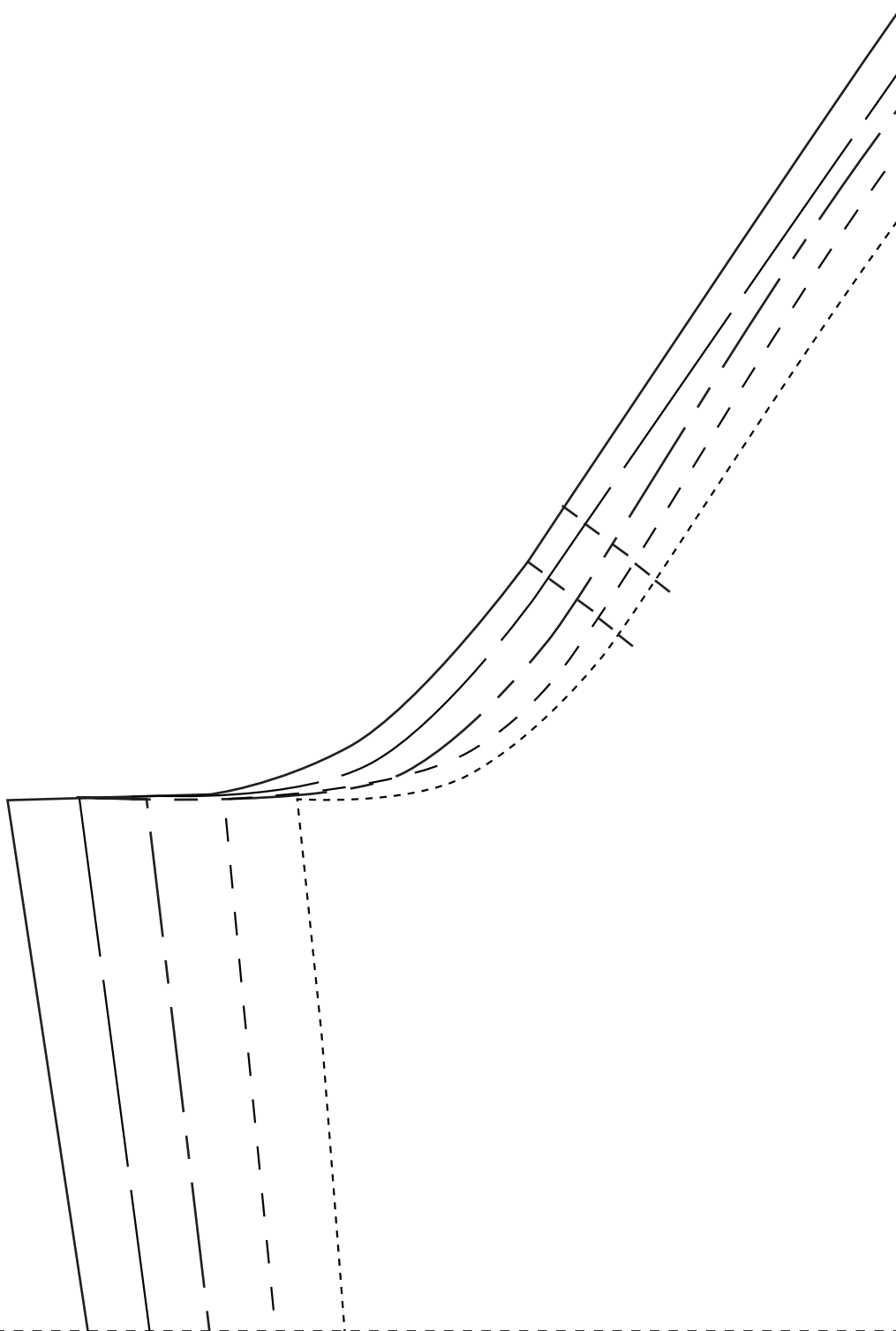
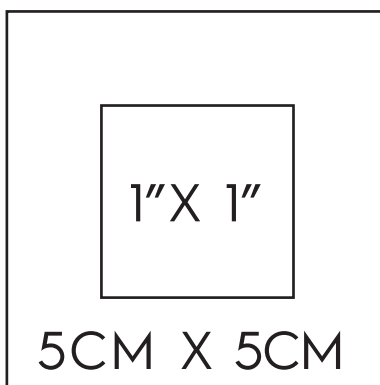
To join the strips, lay two pieces RST, overlapping at right angles as shown (it can help to trim the ends of the strips so they are square). Use an air-soluble marker to draw a diagonal line from the top-left to the lower-right corner. Pin, then sew along this line. (See Pic B.) Trim the raw edge back to around 3mm and press the seam open.



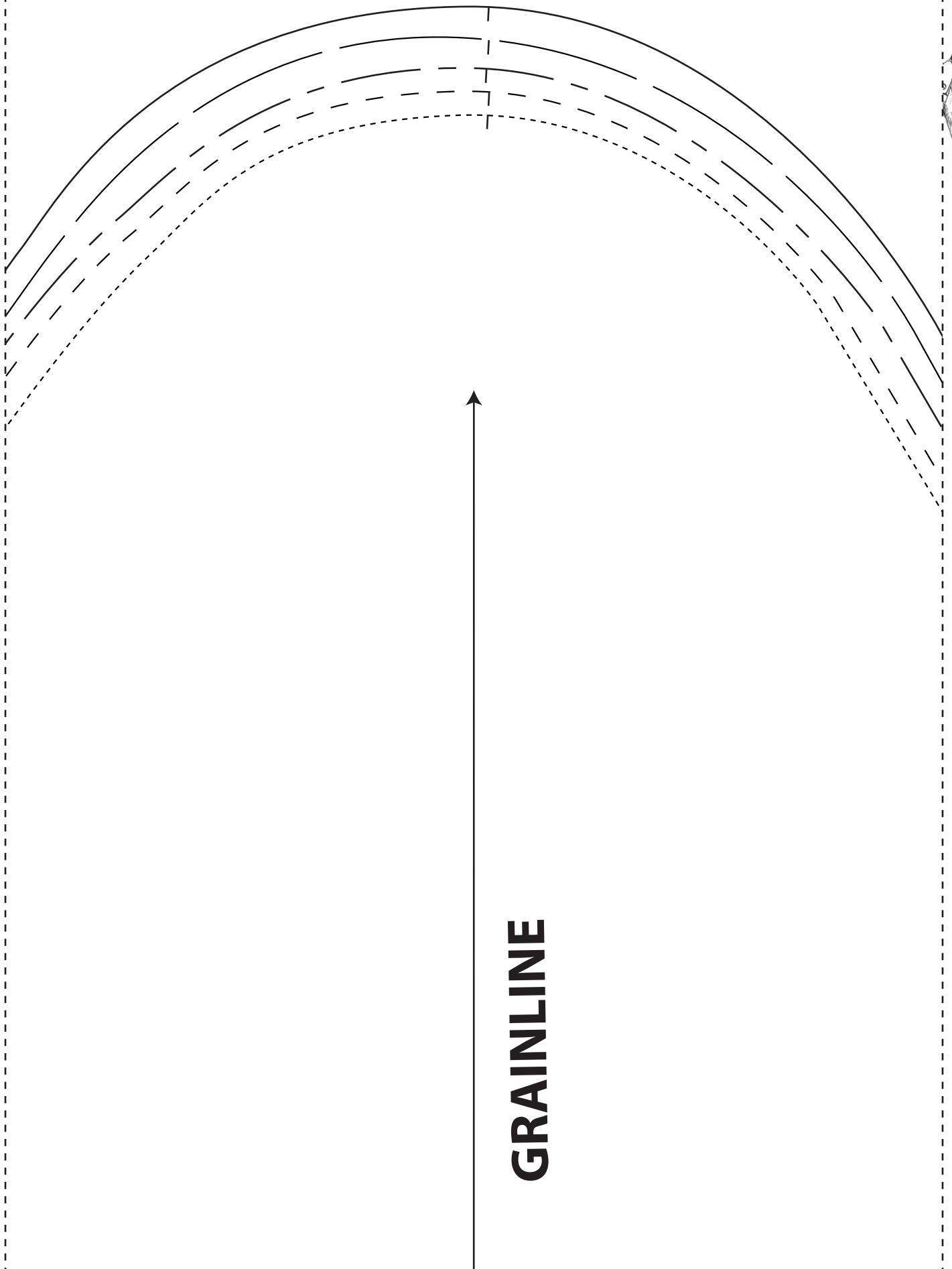
Monochrome tie blouse



1



2



3

Monochrome tie blouse
SLEEVE
DRAWCORD PANEL
ALL SIZES
CUT 2

16-18
14-16
12-14
10-12
8-10



4



5

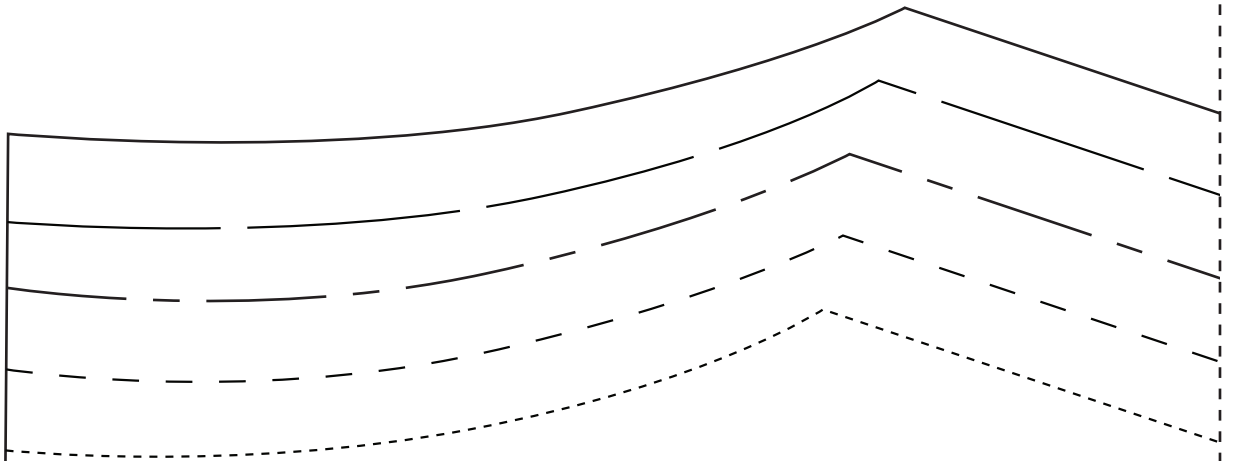
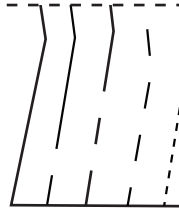


**Monochrome tie blouse
SLEEVE
CUT 1 PAIR**

6

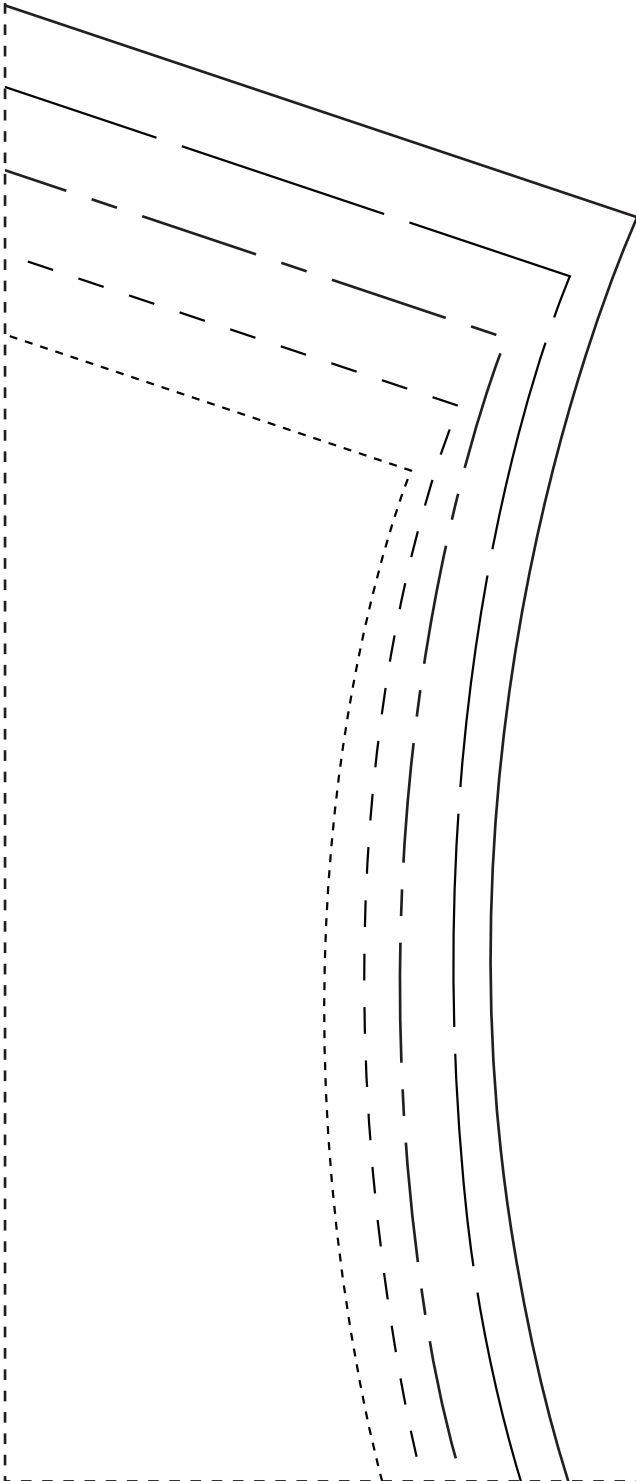


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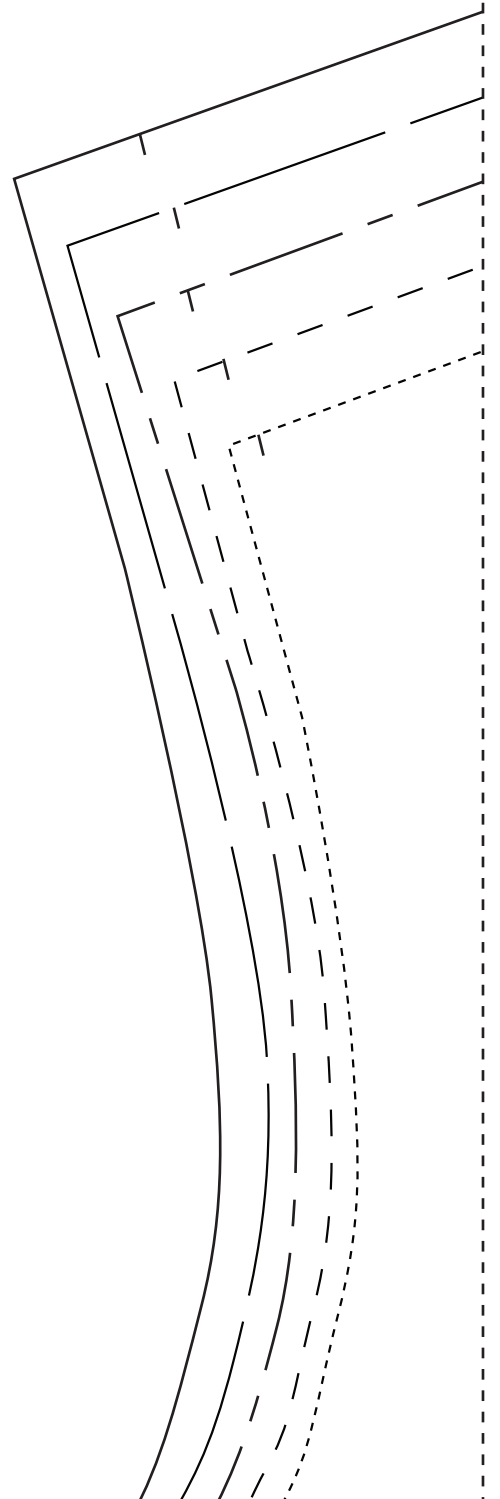
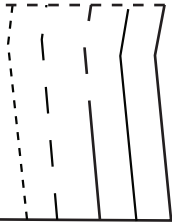


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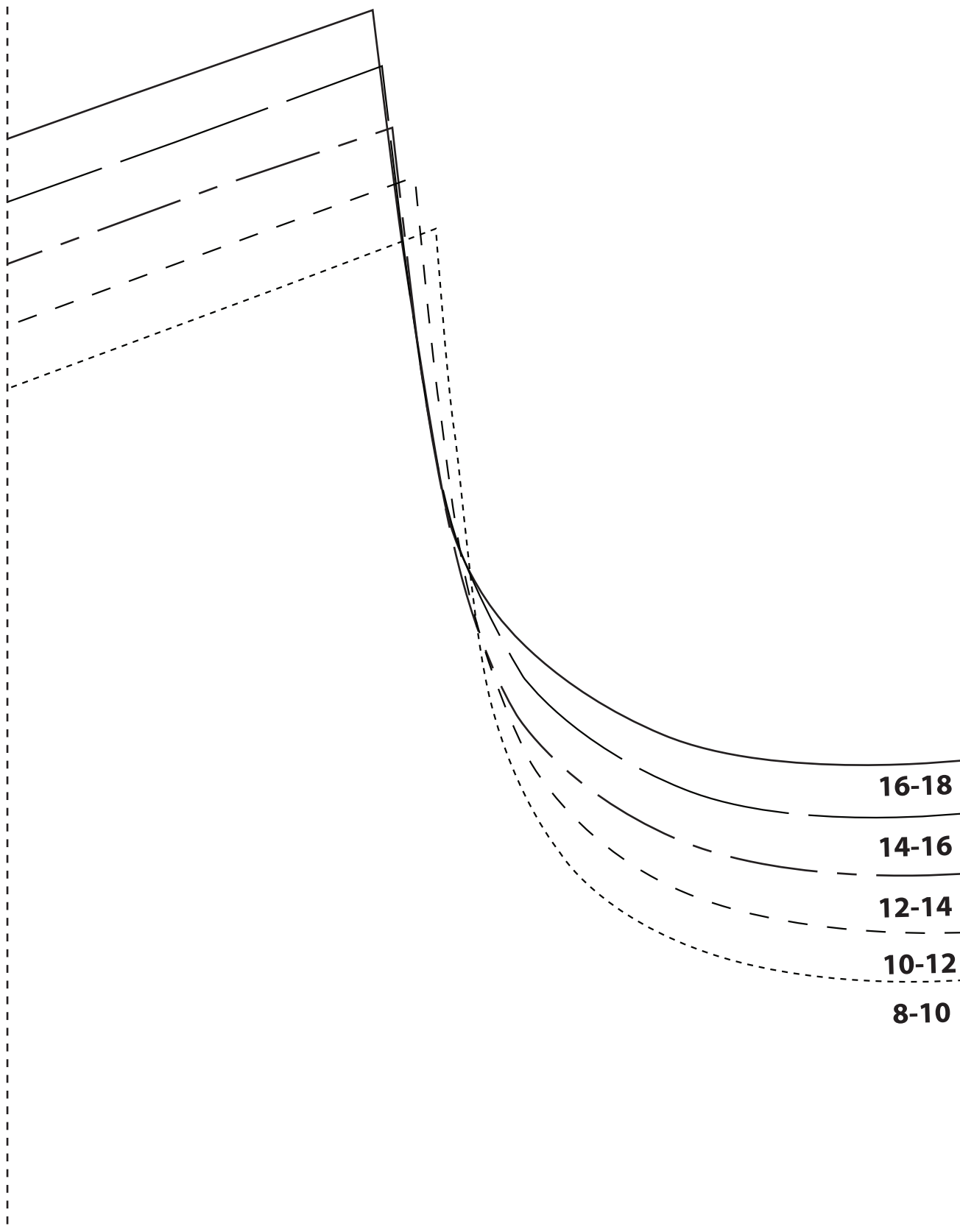
Drawstring panel placement



9



10



11



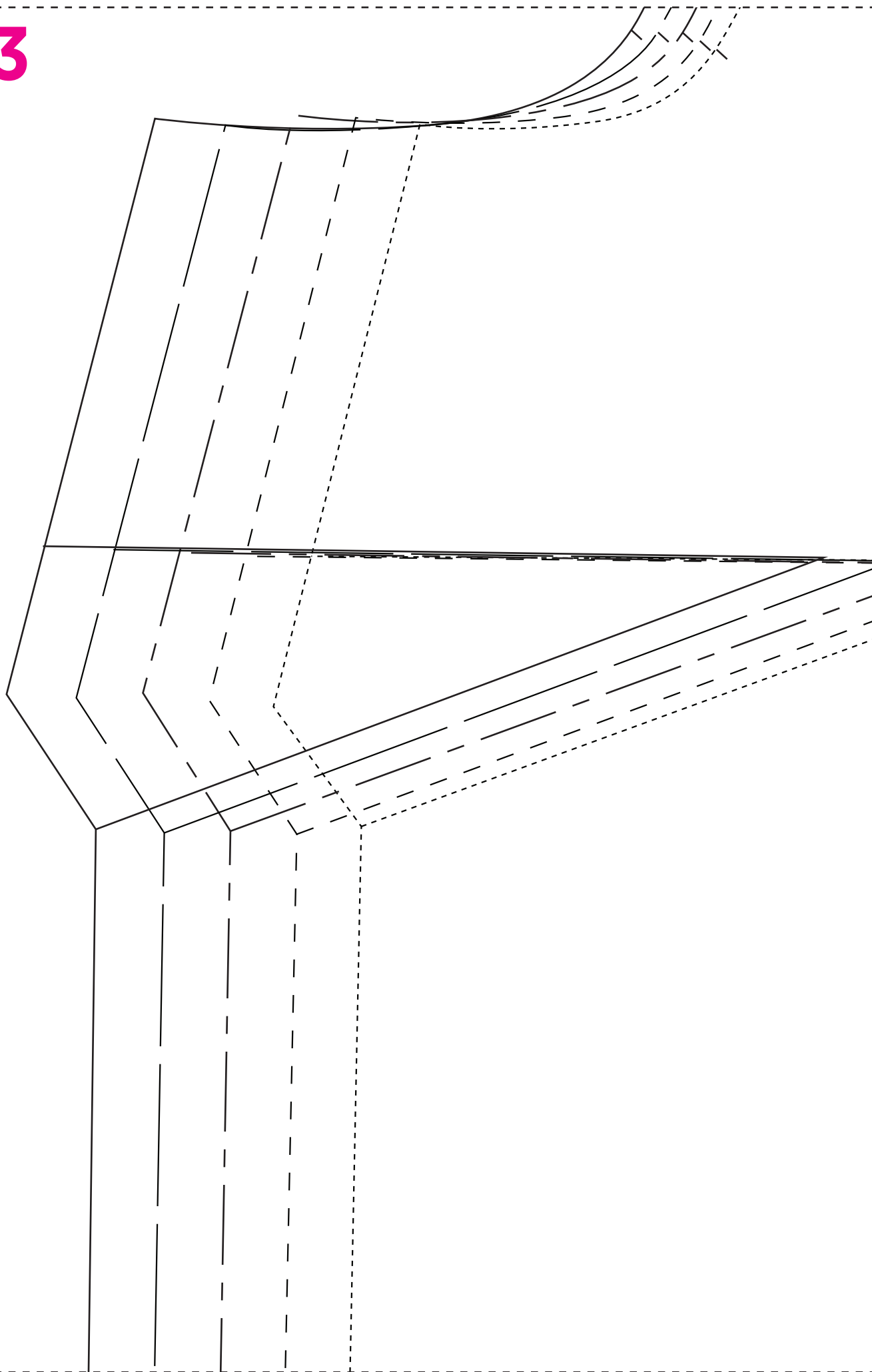
**Monochrome tie blouse
BACK
CUT 1 ON FOLD**

PLACE TO FOLD

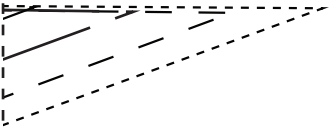
12



13



14



Monochrome tie blouse
FRONT
CUT 1 ON FOLD

PLACE TO FOLD





16-18

14-16

12-14

10-12

8-10

16

17



18

