

All **AT SEA**

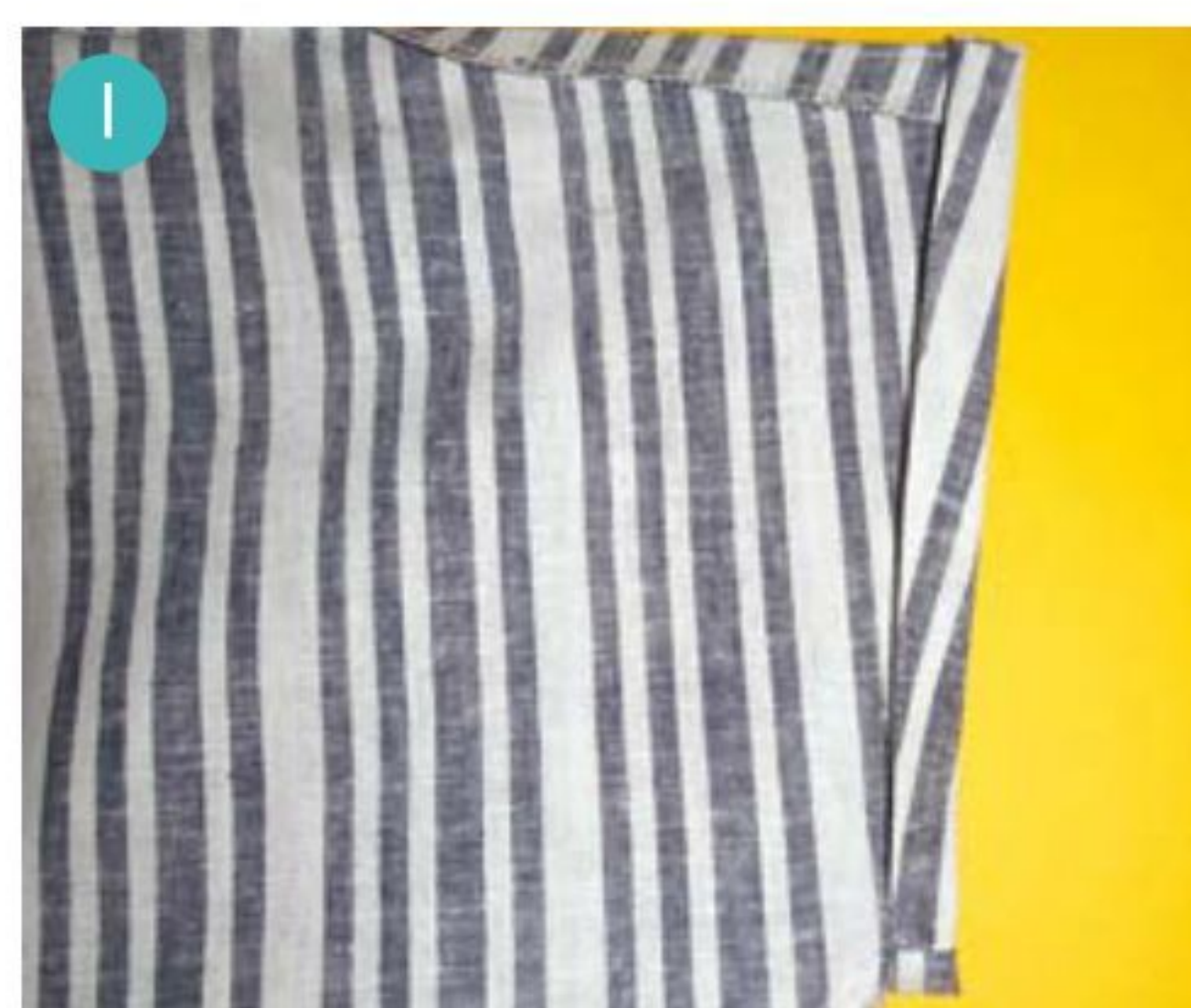
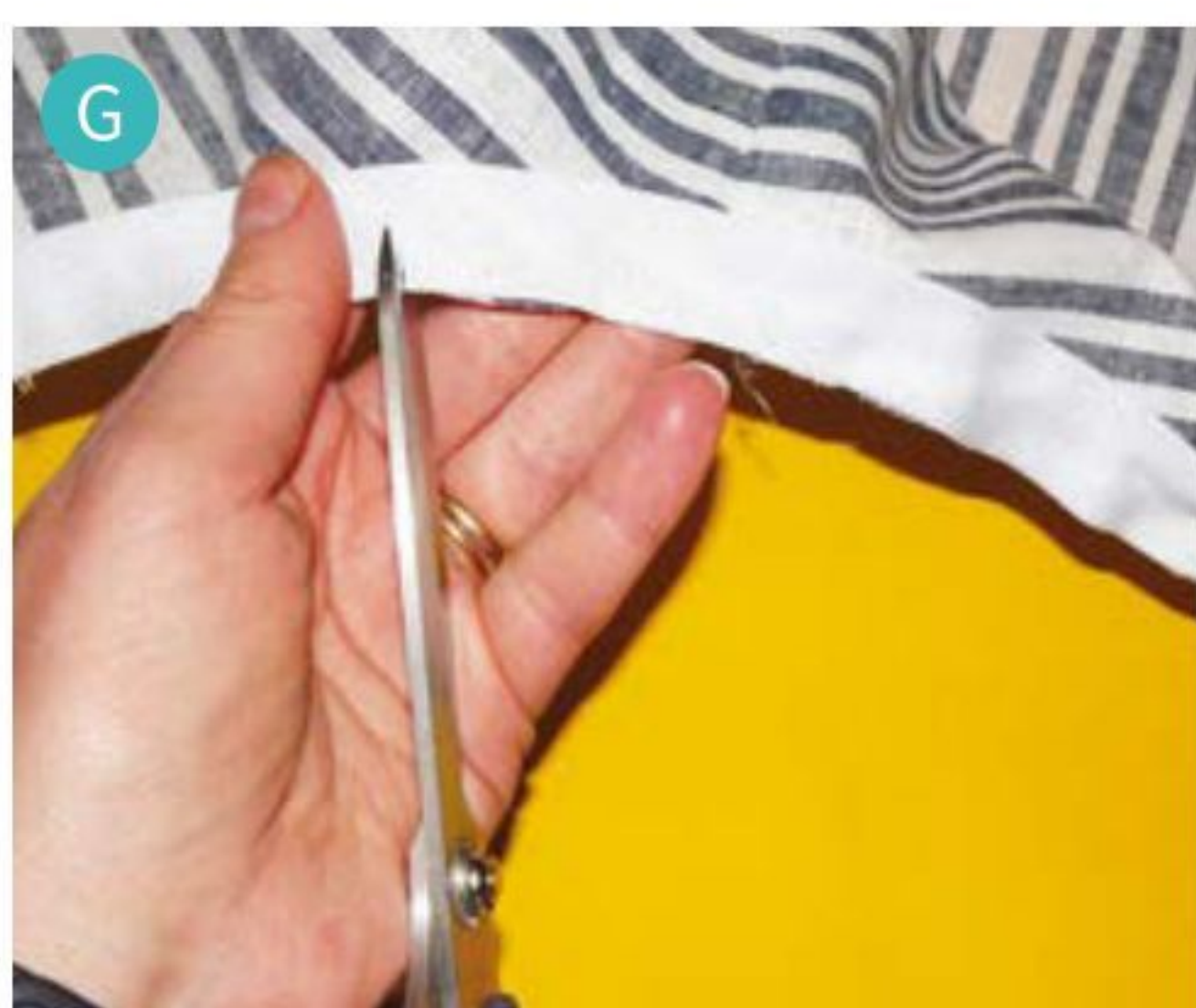
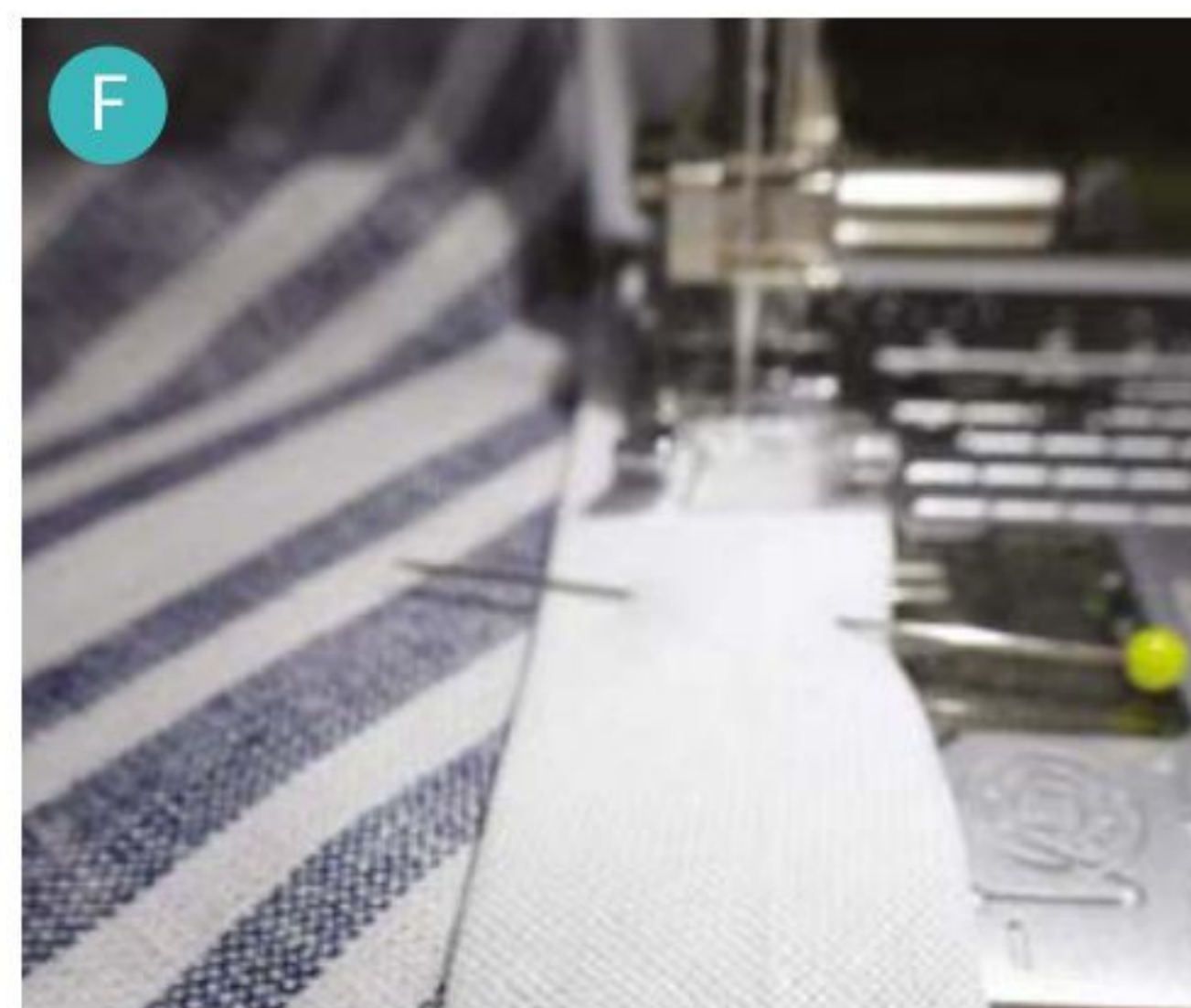
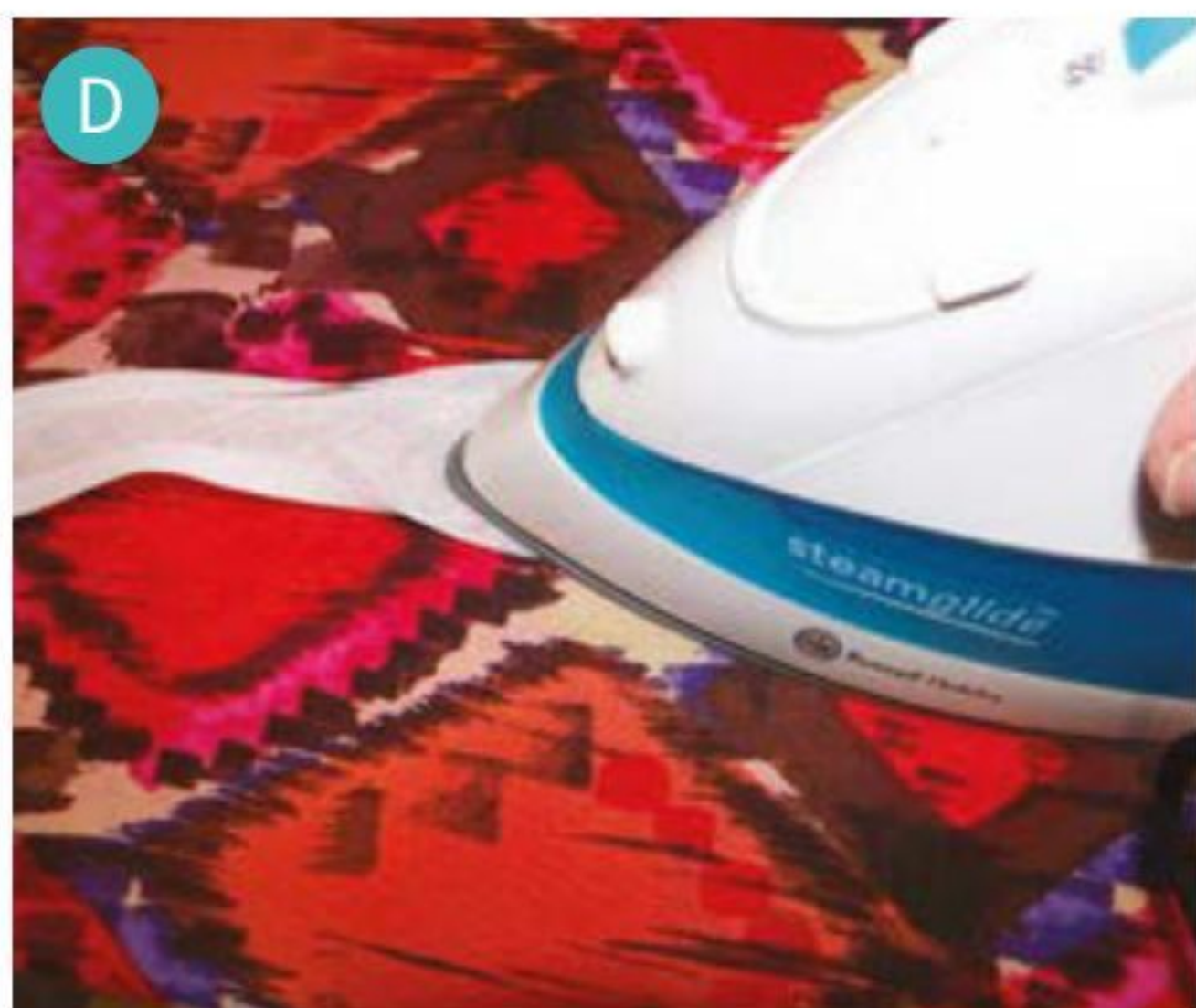
This flattering elasticated waist playsuit features a comfortable wrap front. With its roomy fit and wide cropped legs, it will be great for lounging around the house or going for a walk in the park on a warm, sunny day

Project **FREYA GILBERT & SARAH WADEY**
My Handmade Wardrobe Patterns



Shopping list

Fabric used for the sample is navy and white stripe linen, £12 per metre from www.craftysewandso.co.uk



MATERIALS & TOOLS:

- 3m 60"-wide fabric
- Your waist measurement in 1"-wide elastic
- 2m pre-made 1"-wide bias binding
- universal needle to suit weight of fabric selected

NOTES:

Suitable for light to medium-weight woven fabric – cotton lawn or poplin, viscose, linen
All seam allowances are 1.5cm unless stated otherwise
We recommend using an overlocker or a zigzag stitch on a sewing machine to finish the edges of the seams

HOW TO MAKE:

- 1 Stay-stitch around the back neckline and front necklines starting at the shoulder and sewing to the centre/waist. (See Pic A.)
- 2 Join the front and back bodice at the shoulder seams.

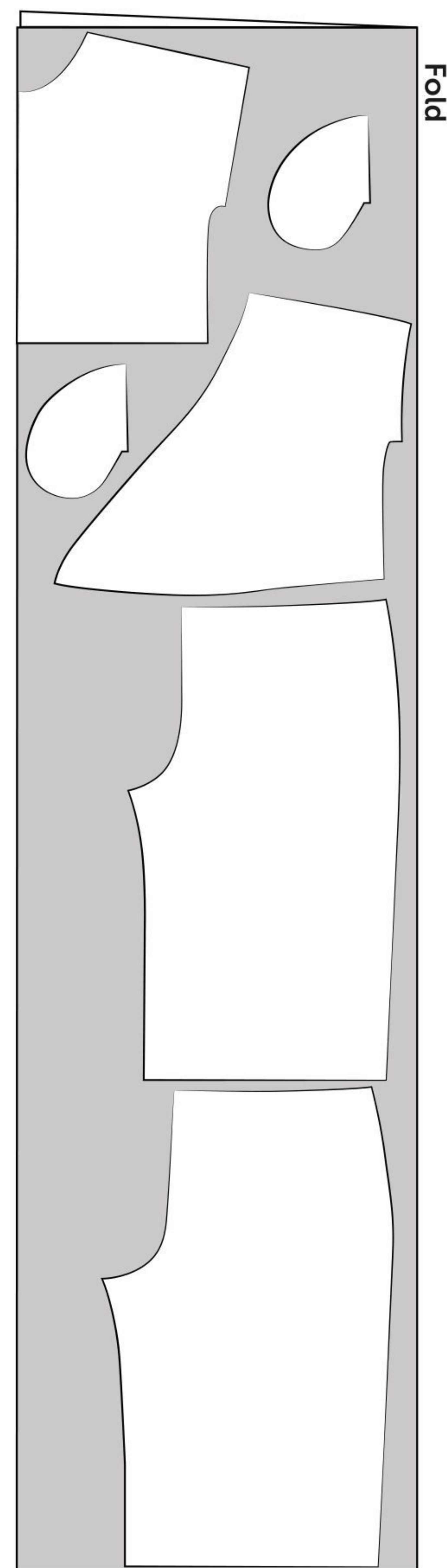
Finish the edges and press the seams open.

- 3 Join the front and back bodice at the side seams. Finish the seams together and press towards the back. (See pics B & C.)
- 4 Press the binding flat, taking care not to stretch it. (See Pic D.) Then fold and press it in half.
- 5 Lay the binding around the neckline matching the raw edges. (See Pic E.)
- 6 Stitch in place 7mm from the edge of the neckline. (See Pic F.)
- 7 Snip into the seam allowance all the way around the curved neckline edge. (See Pic G.)

- 8 Press the binding to the wrong side of the neckline and stitch in place at the edge. (See Pic H.)
- 9 Finish the sleeve with a 3cm double turned hem (1.5cm and 1.5cm). (See Pic I.)
- 10 Finish the curved edges of the pocket bags with overlocking or zigzag stitching.
- 11 With right sides together, place one pocket bag on the leg back side seam where marked aligning the notches and raw edges. Stitch inside the seam allowance between the notches approximately 1.2cm from the edge. Repeat for the other side and the two fronts. (See Pic J.)
- 12 Press the pocket bags away

LAYPLAN:

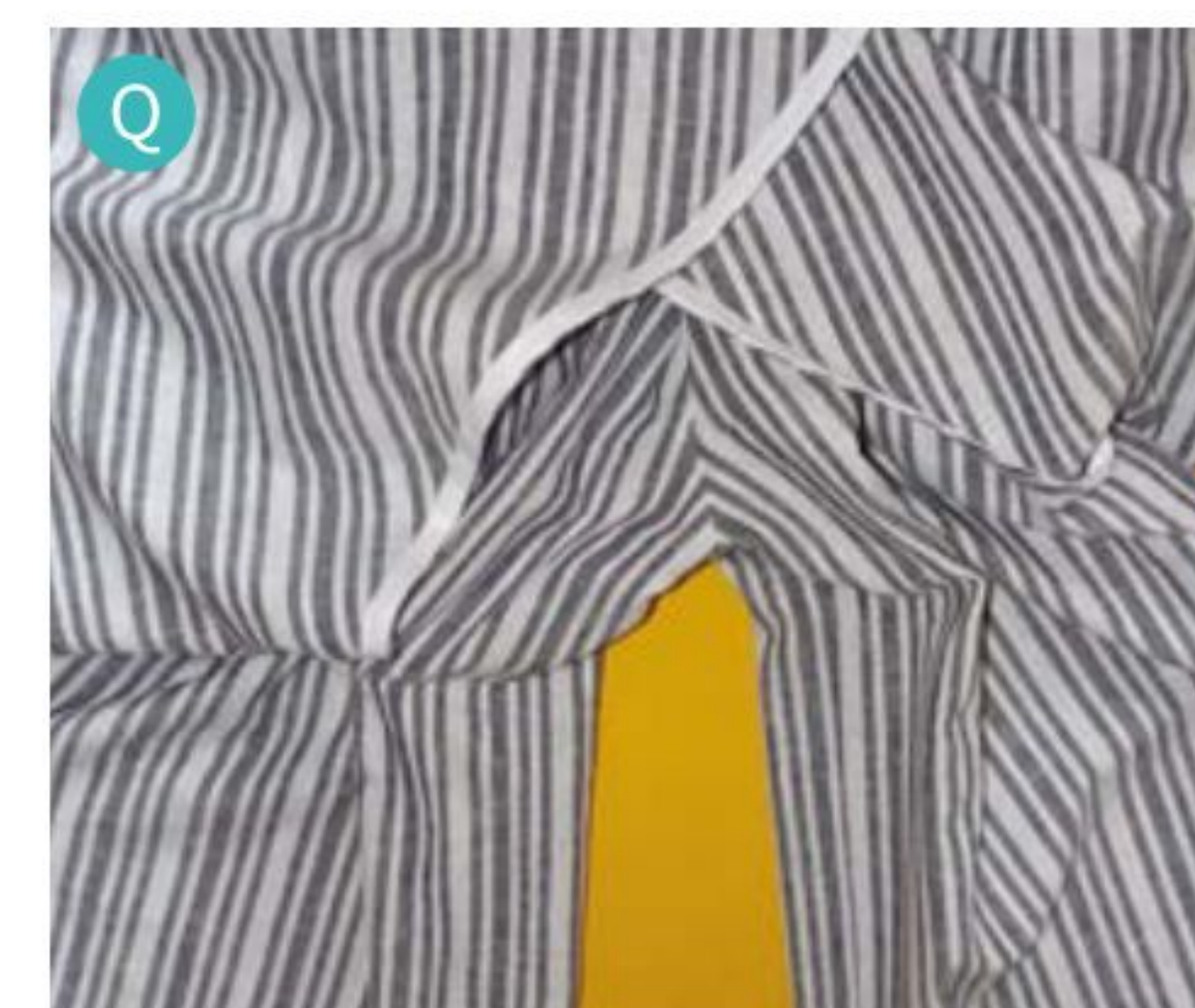
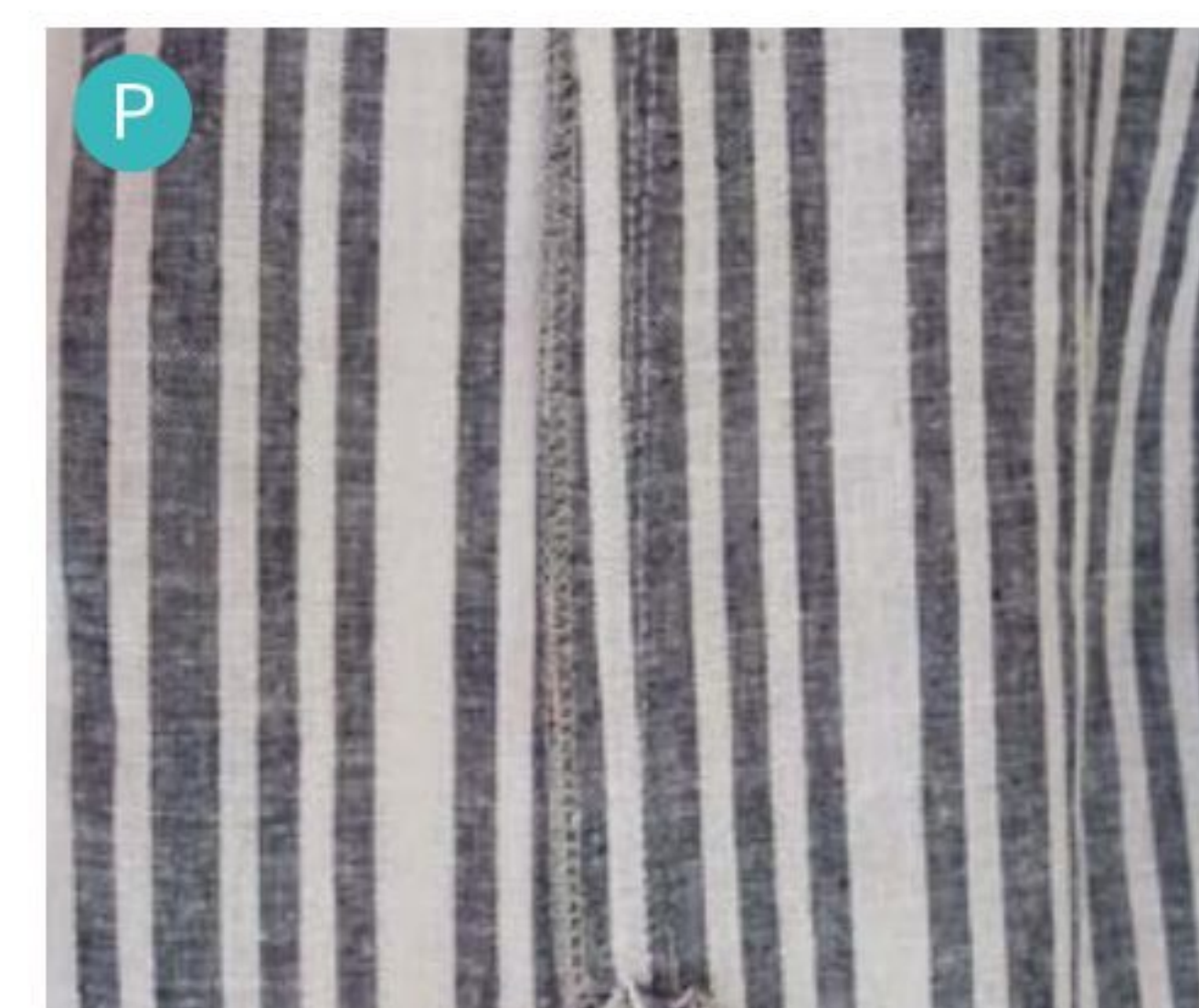
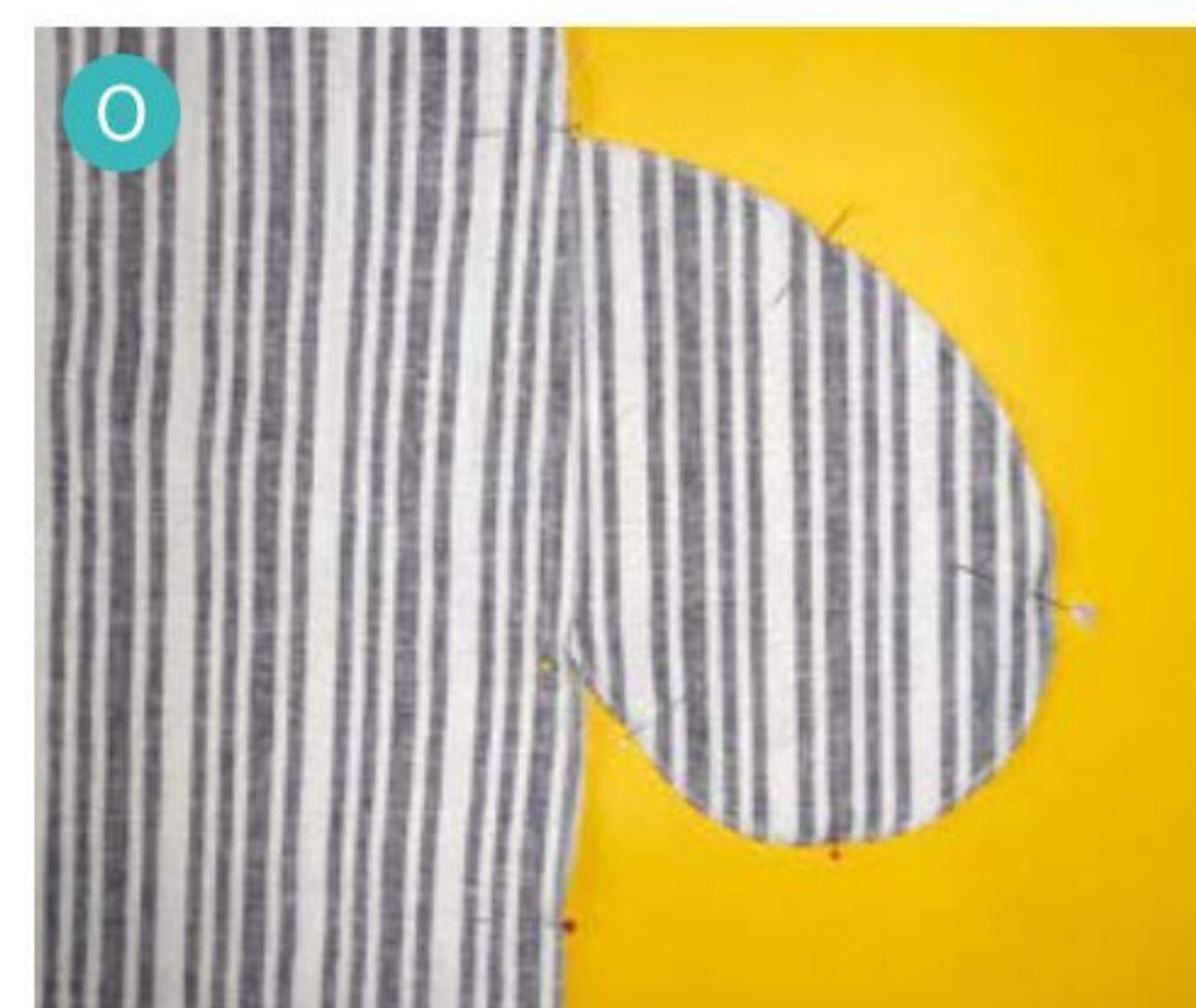
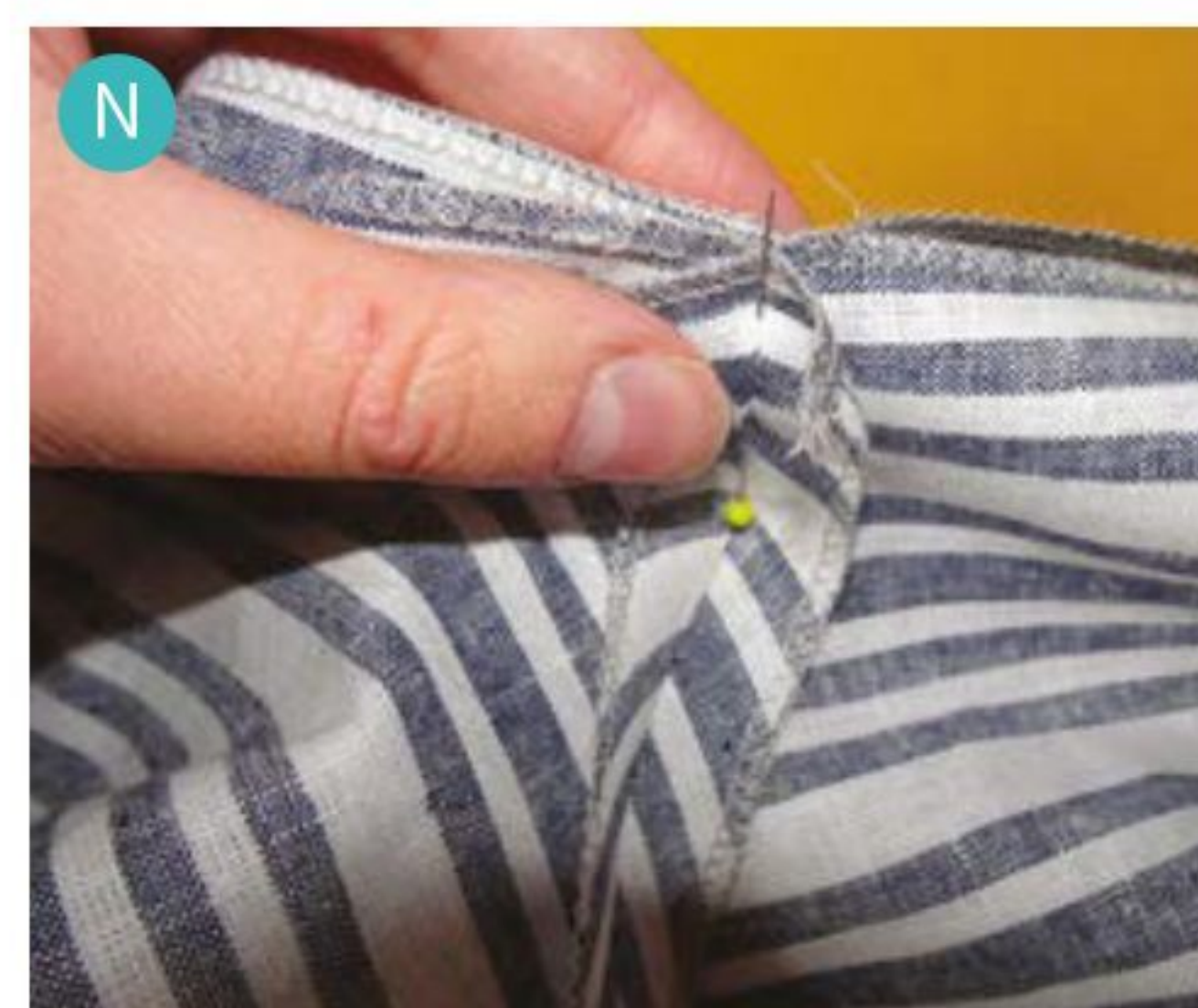
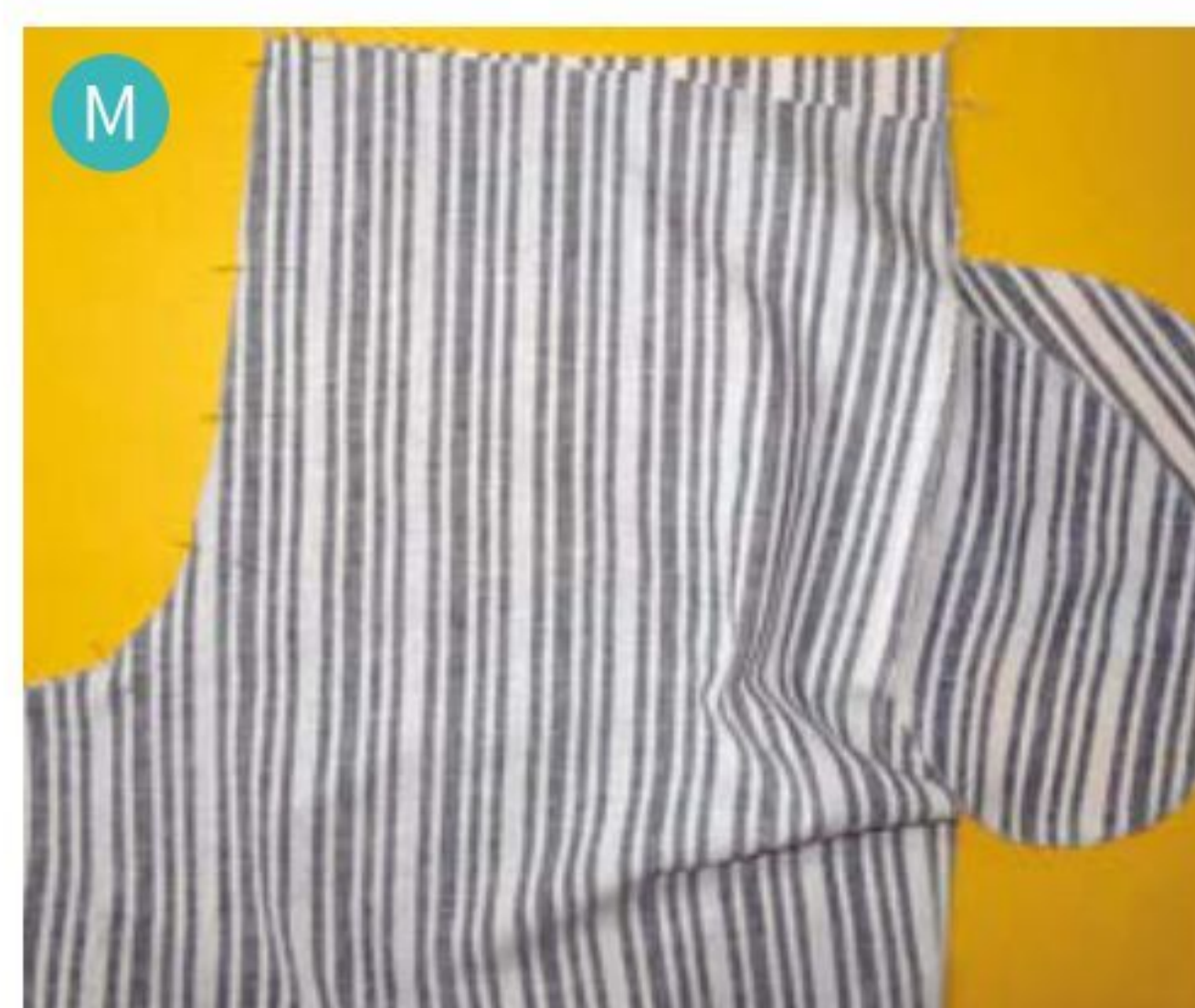
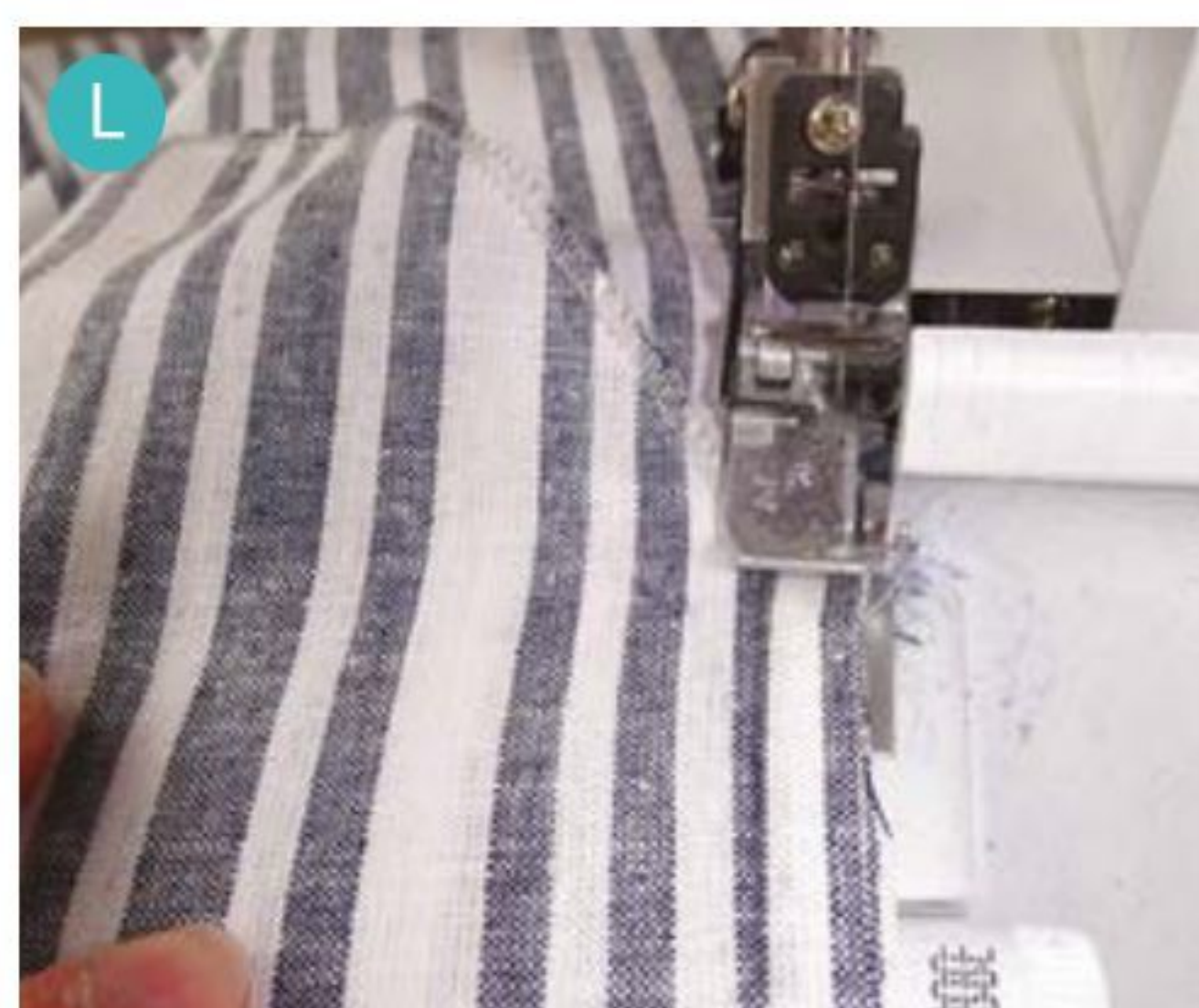
150cm x 60"-wide fabric



SIZING:

SIZE	WAIST	HIPS
1	66cm	90cm
2	71cm	95cm
3	76cm	100cm
4	81cm	105cm
5	87cm	110cm
6	93cm	115cm
7	99cm	120cm
8	109cm	130cm

from the main leg panels and under-stitch the seam allowance to the pocket bag. (See Pic K.)



13 Taking care to hold the pocket bag out of the way, finish the outside leg edges of the back and front trouser legs with overlocking or zigzag stitching. (See Pic L.) Also finish the rise and inside leg edges.

14 Matching the notches, join the leg fronts and the centre front seam. (See Pic M.) Repeat for the leg backs.

15 Matching the seams, join the front to the back at the inside legs. (See Pic N.)

16 Aligning all raw edges including the pocket bags, join the back to the front at the side seams, pivoting at the

pocket notches and stitching around the pocket edge. (See Pic O.)

17 Snip into the seam allowance of the back leg where you have joined the pocket. Press open the side seams. (See Pic P.)

18 Matching the notches at the waist seam, wrap the bodice front and secure the wrap with basting stitches at the waist inside the seam allowance.

19 With the trousers the right way out and upside down and the bodice the wrong way out slip the bodice over the trousers aligning the waist seam raw edges. (See Pic Q.)

20 Pin and baste together at the edges and then sew together with a 3.5cm seam allowance. Finish the edges together. (See Pic R.)

21 Press the waist seam down towards the trousers. Pin and topstitch to create a channel for the elastic, leaving a gap to insert the elastic. (See Pic S.)

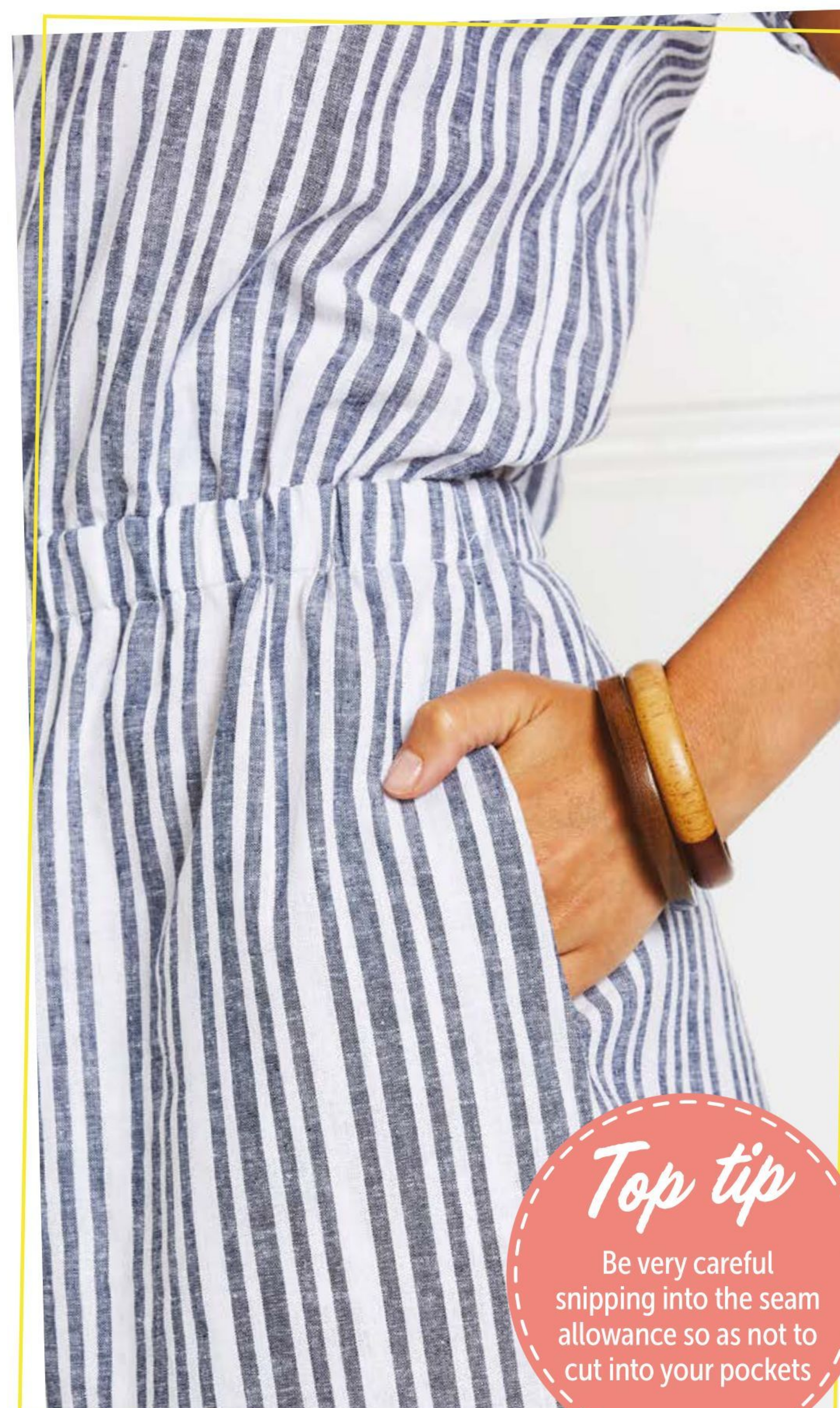
22 Insert the elastic using a bodkin, elastic threader or safety pin. Join the elastic. Try on your playsuit to check the fit of the elastic, adjust if necessary and then finish topstitching the channel to close it.

23 Hem the legs - turn up the hem 1cm and then 2cm and top-stitch.



MY HANDMADE
WARDROBE

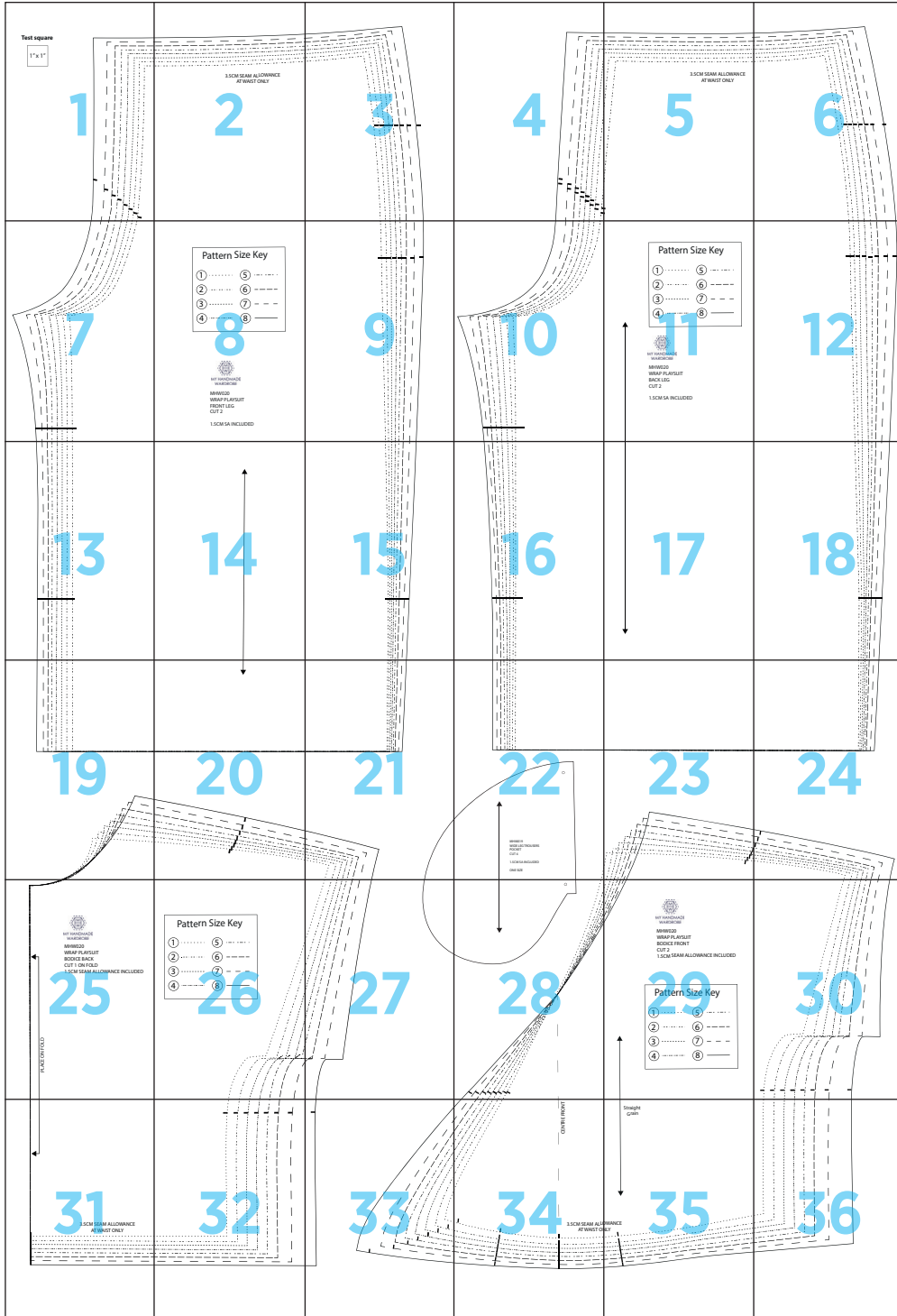
Freya and Sarah co-own Crafty Sew & So, a Leicester based fabric shop and sewing studio. They launched their pattern range My Handmade Wardrobe Patterns in January 2018 and design modern sewing patterns to help you sew a wardrobe full of clothes you'll love to make and wear every day!



Top tip

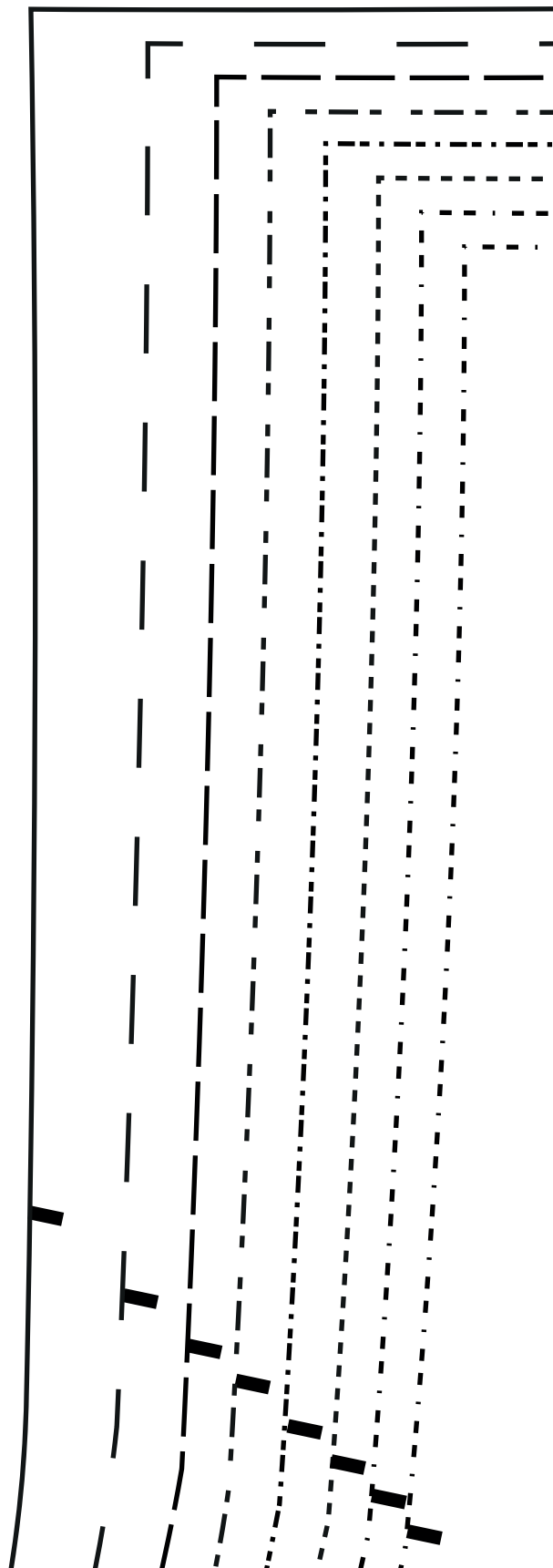
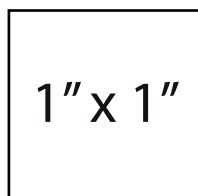
Be very careful snipping into the seam allowance so as not to cut into your pockets

All at sea jumpsuit

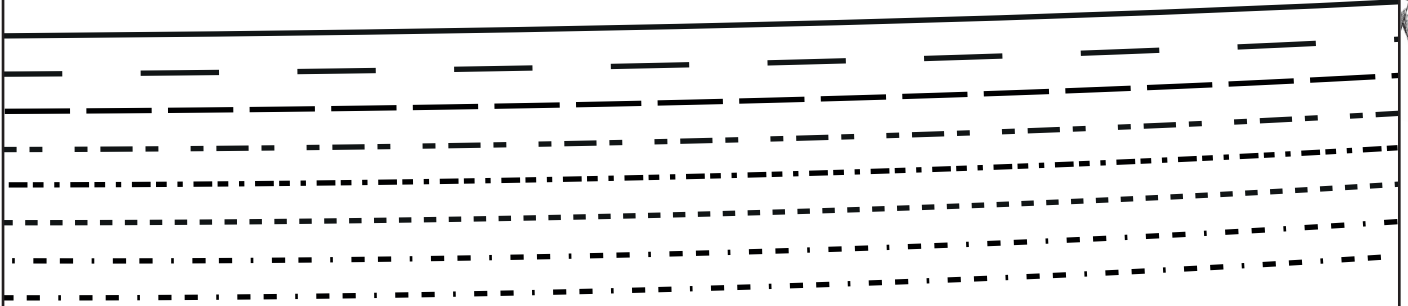


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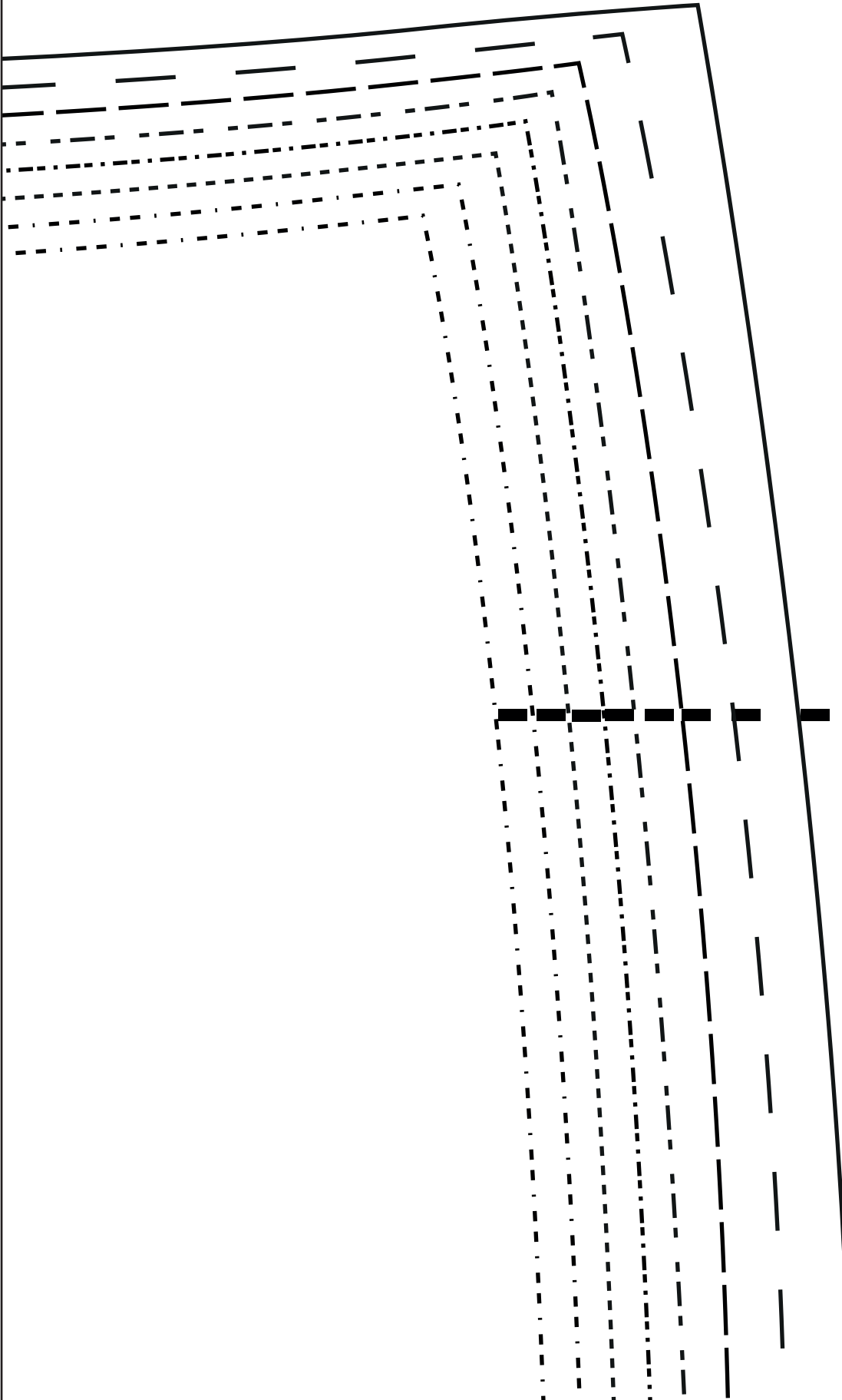
Test square



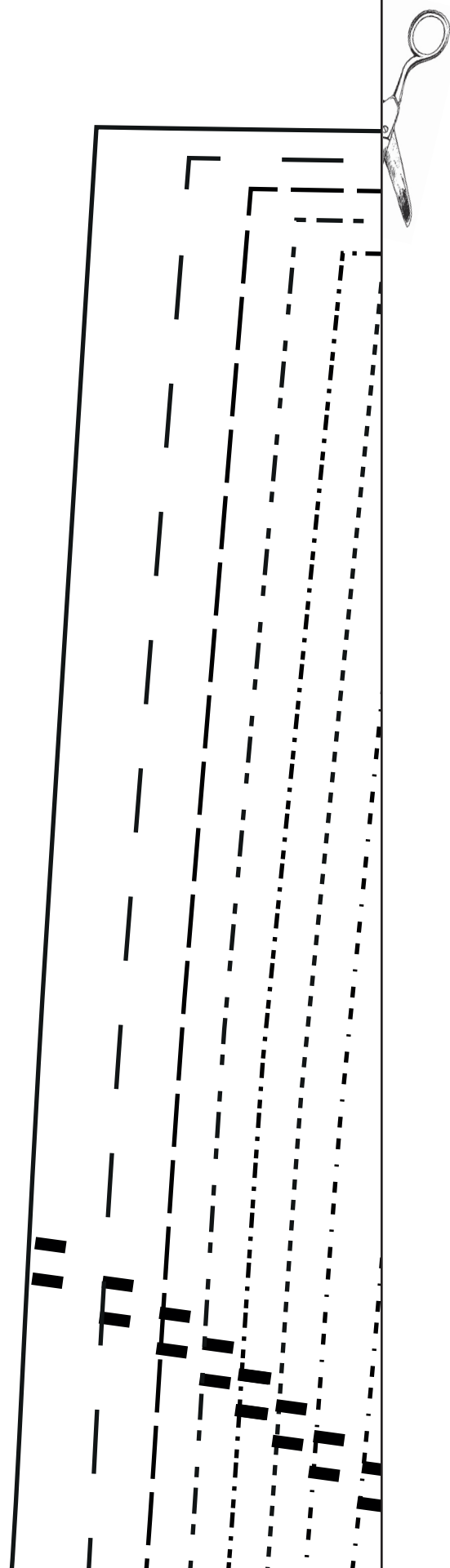
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3.5CM SEAM ALLOWANCE
AT WAIST ONLY



4

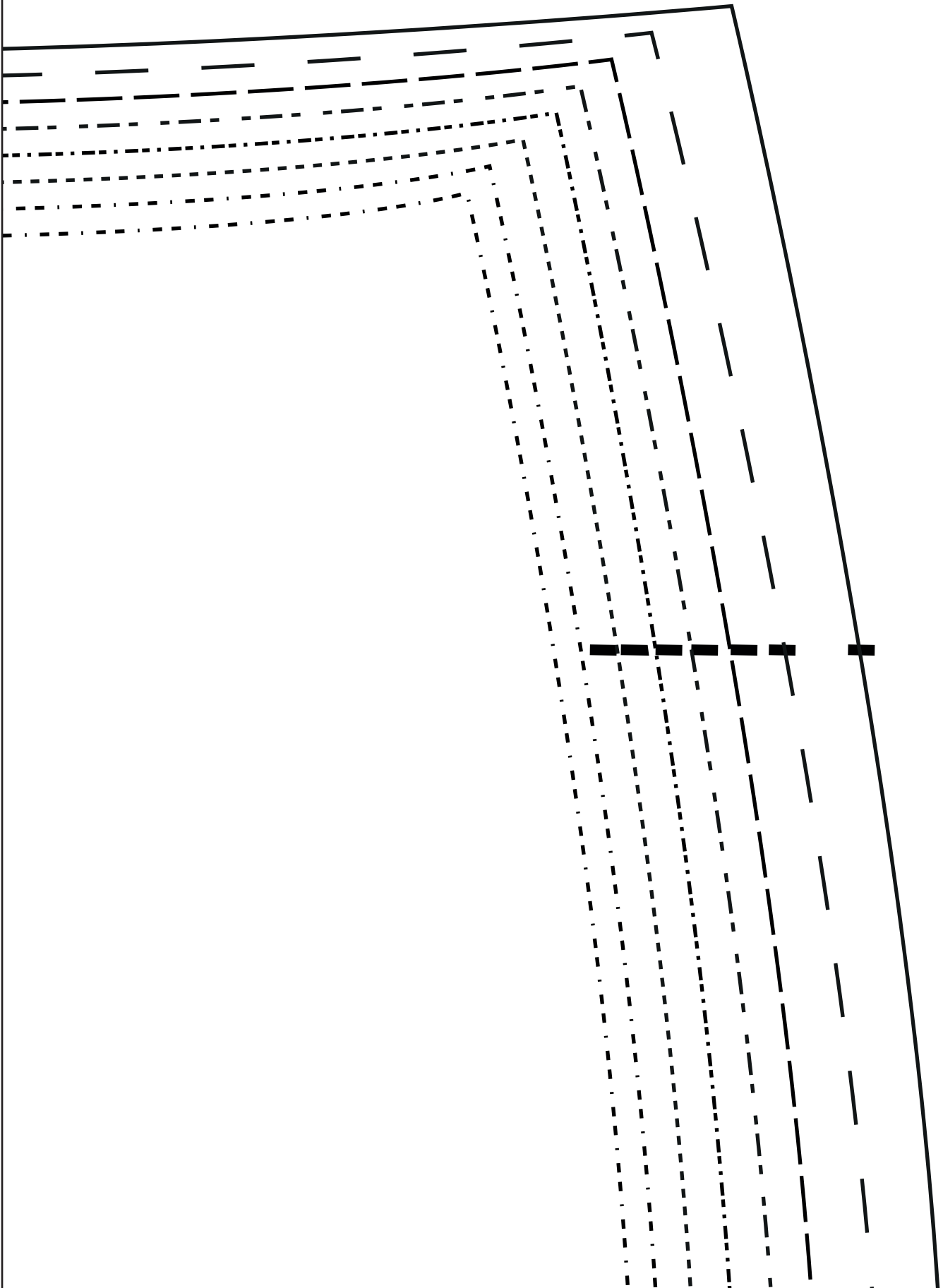


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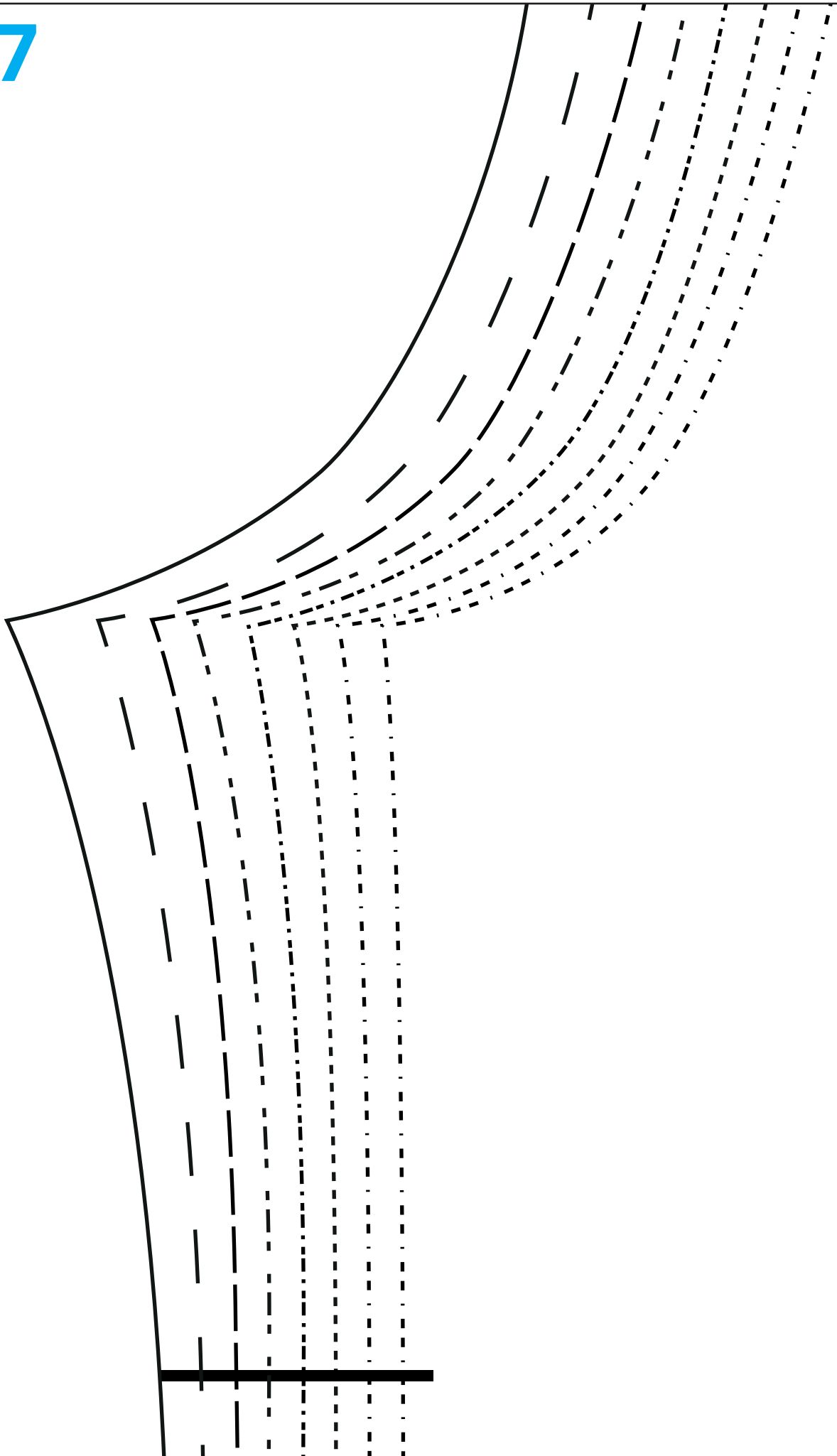


3.5CM SEAM ALLOWANCE
AT WAIST ONLY

6



7





Pattern Size Key

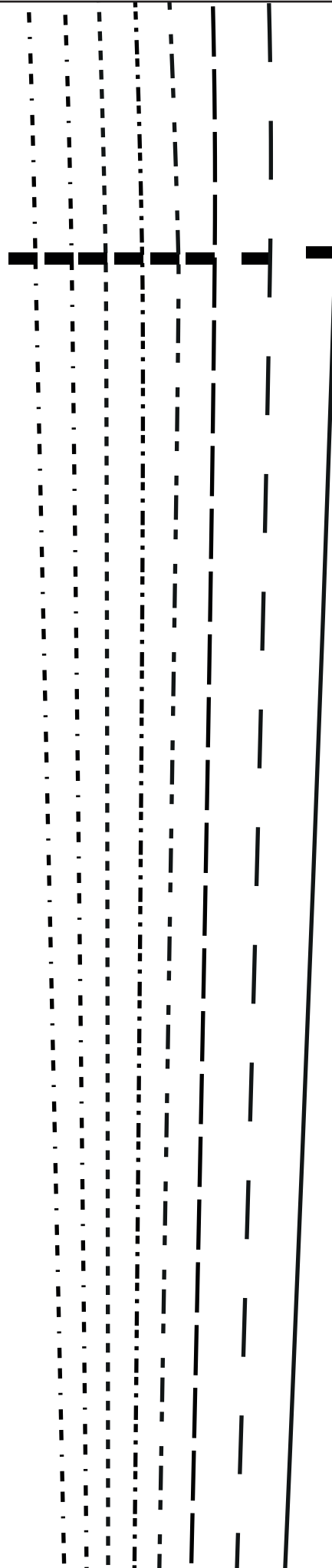
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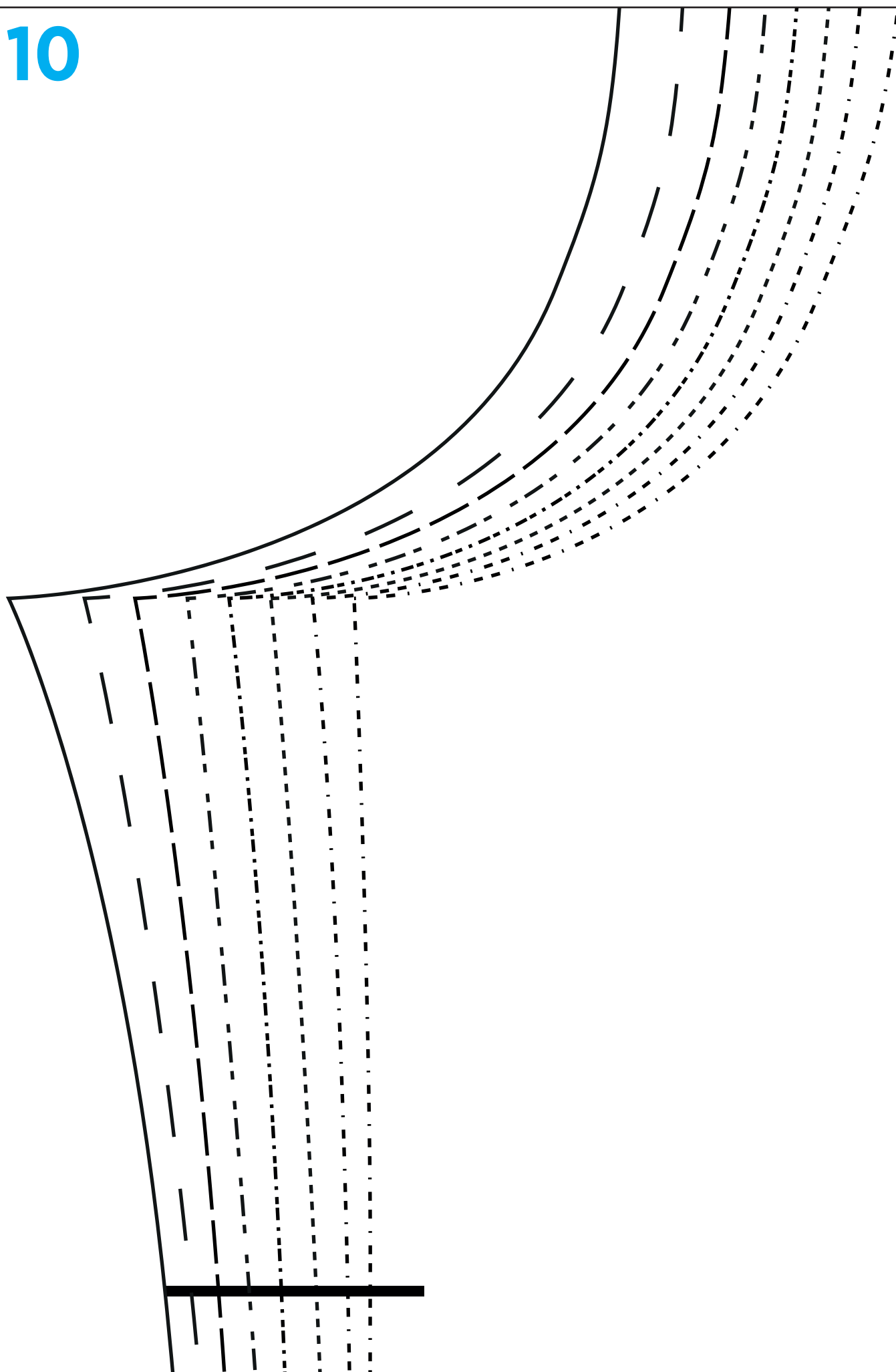


MY HANDMADE
WARDROBE

MHW020
WRAP PLAYSUIT
FRONT LEG
CUT 2

1.5CM SA INCLUDED





Pattern Size Key

①		⑤	-----
②		⑥	-----
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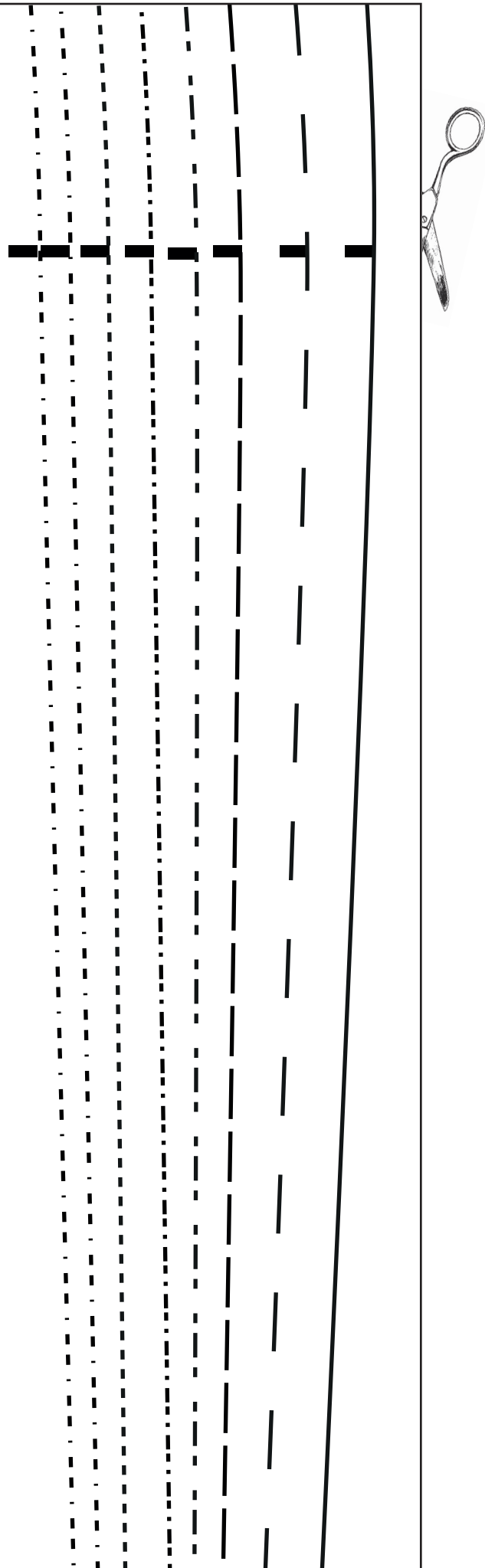


MY HANDMADE
WARDROBE

MHW020
WRAP PLAYSUIT
BACK LEG
CUT 2

1.5CM SA INCLUDED

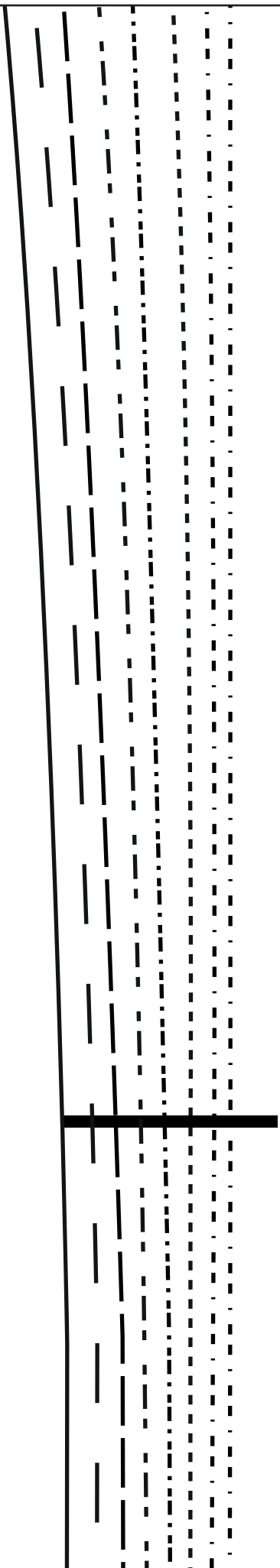




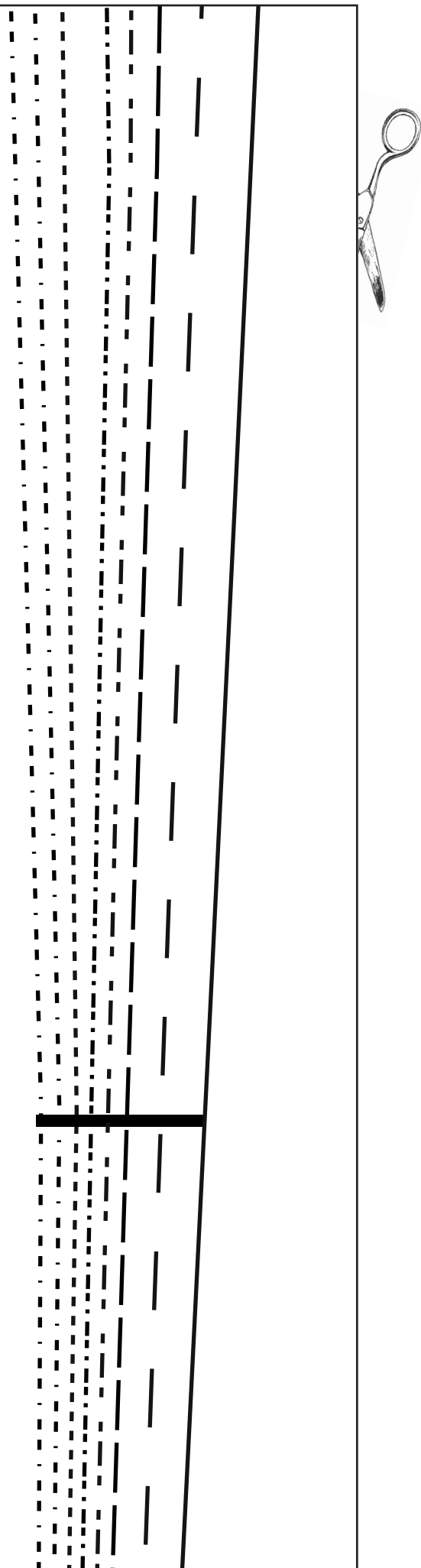


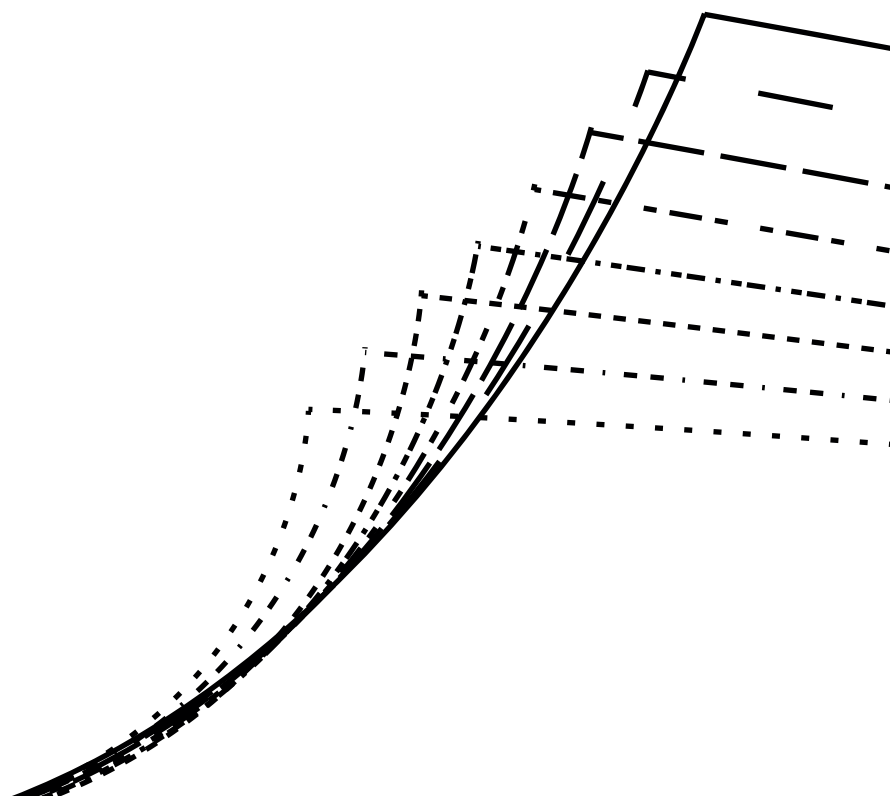
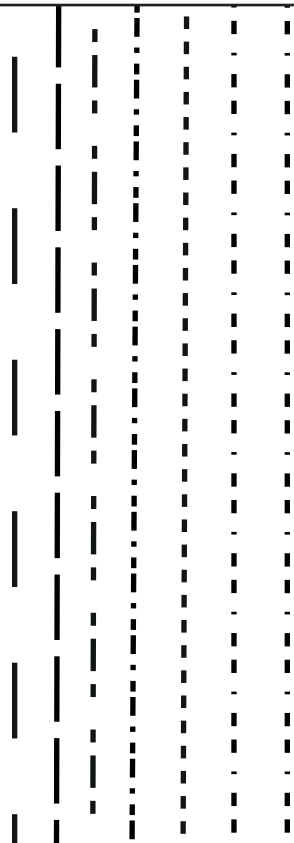




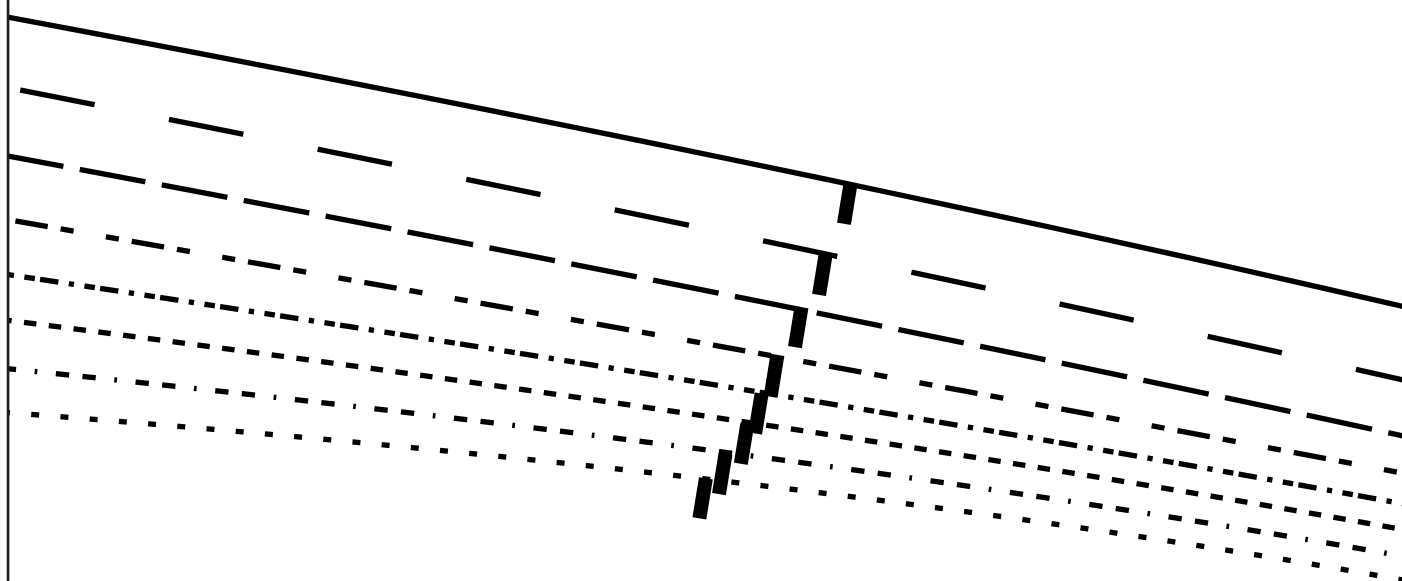


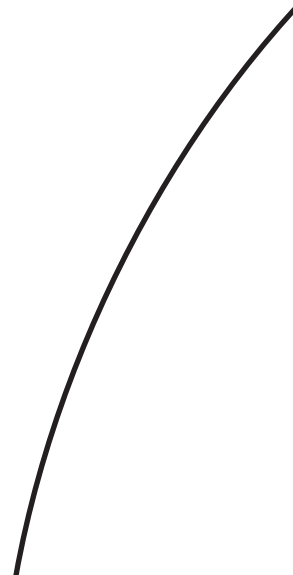
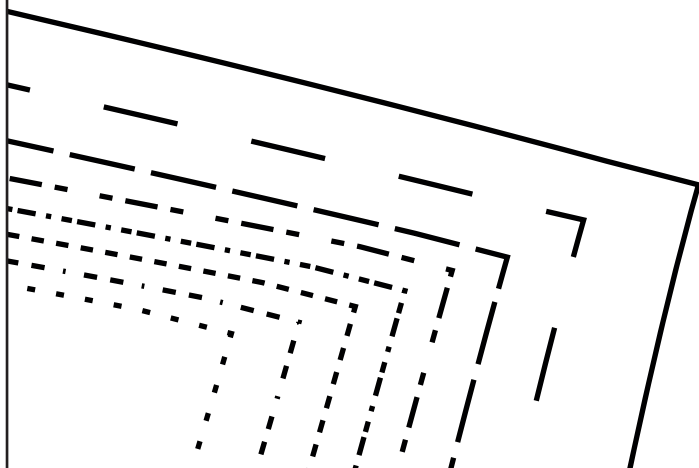
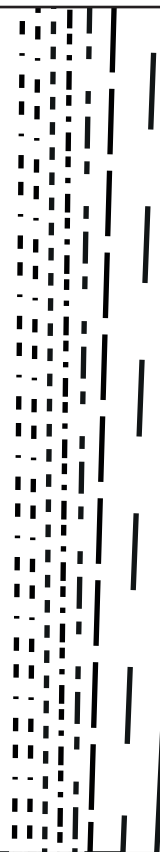




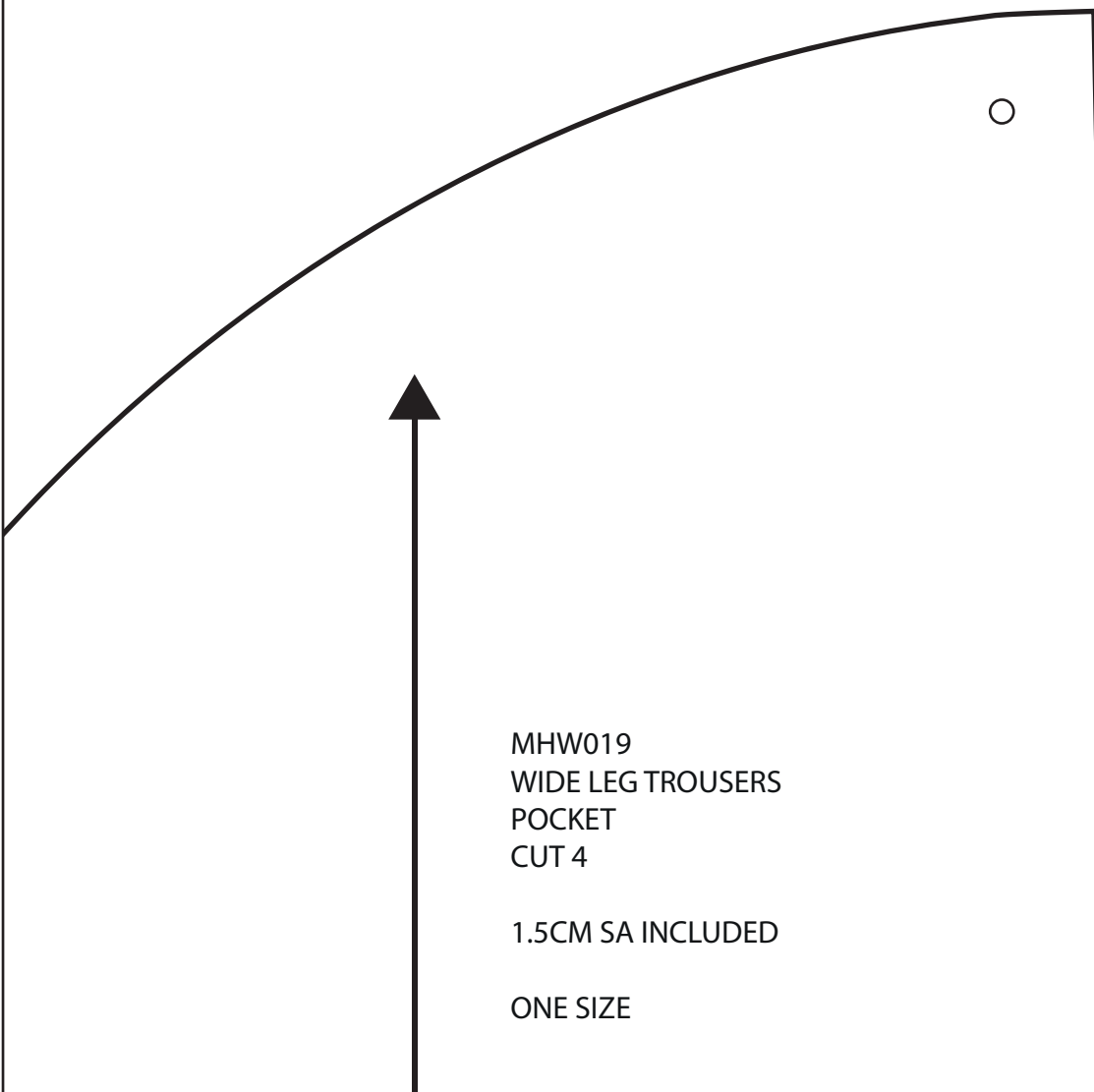
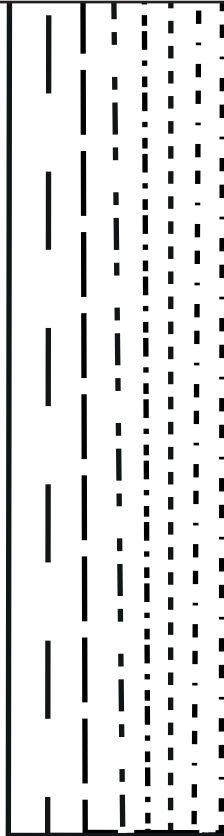


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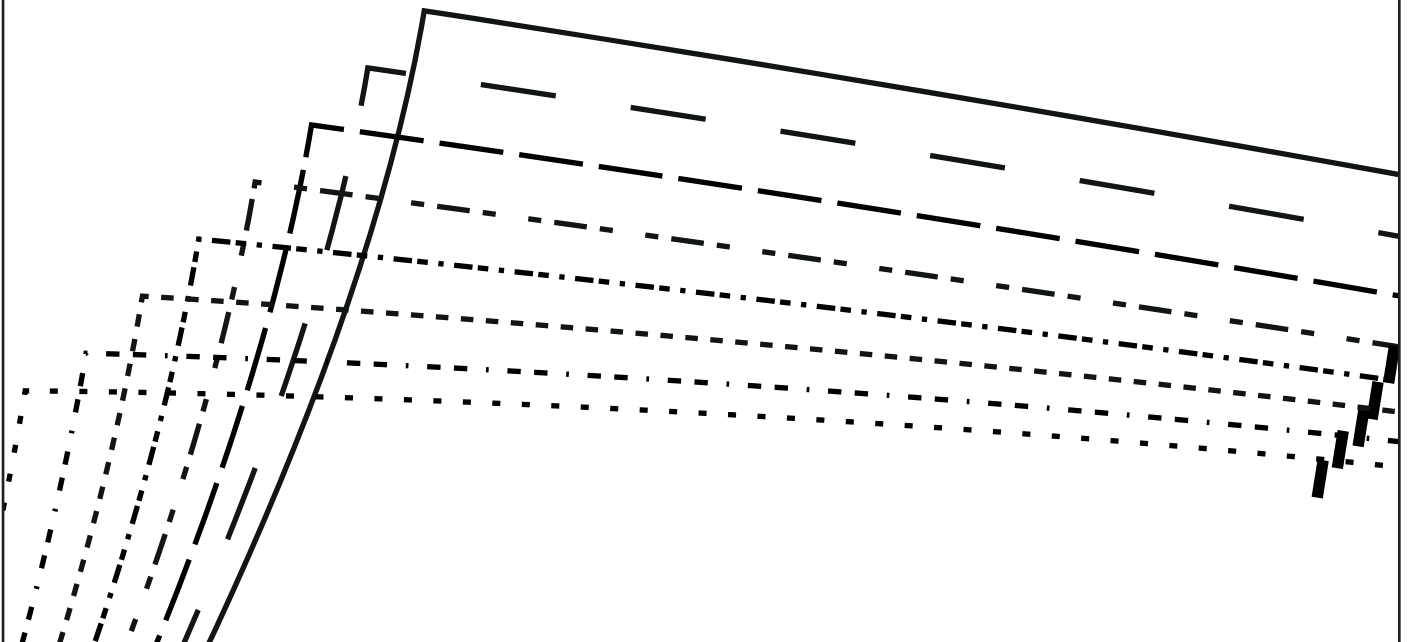
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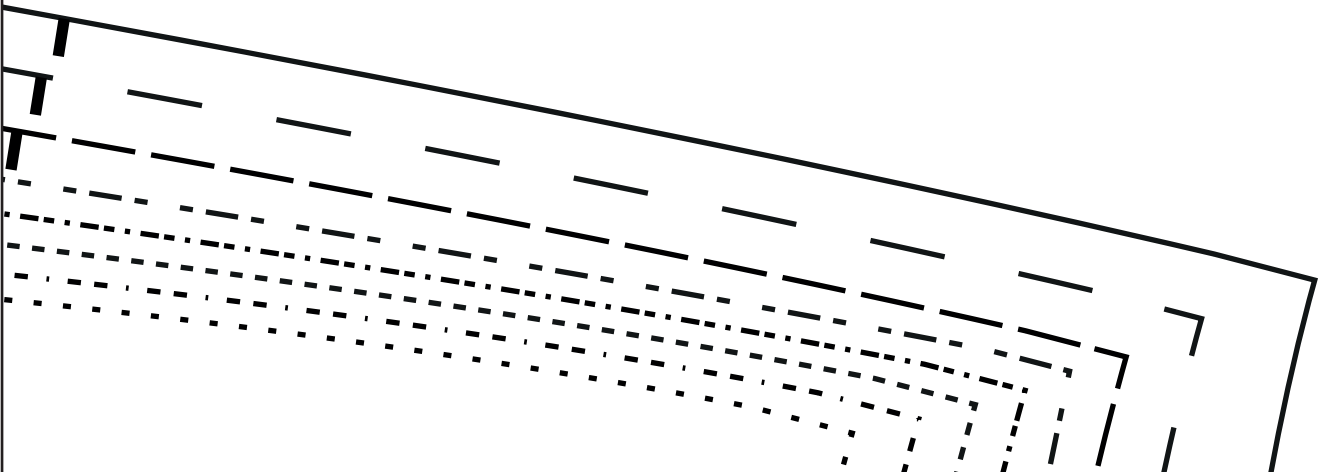
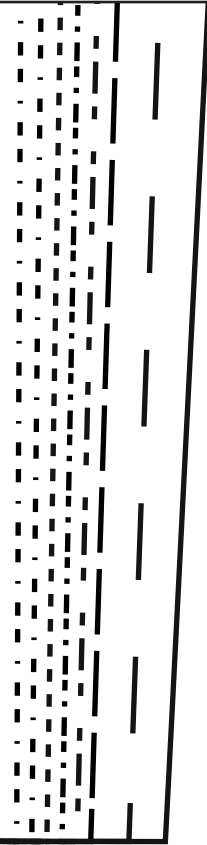


MHW019
WIDE LEG TROUSERS
POCKET
CUT 4

1.5CM SA INCLUDED

ONE SIZE







MY HANDMADE
WARDROBE

MHW020
WRAP PLAYSUIT
BODICE BACK
CUT 1 ON FOLD
1.5CM SEAM ALLOWANCE INCLUDED



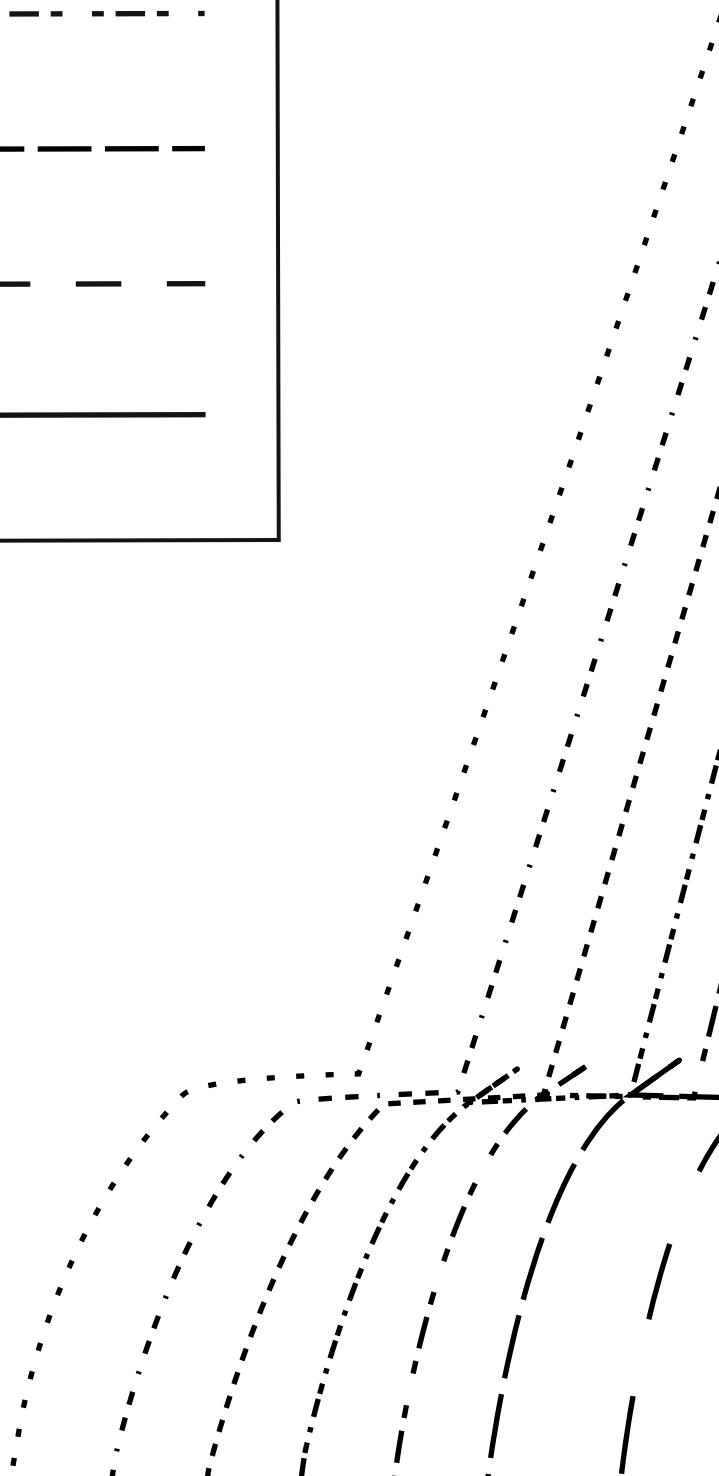
PLACE ON FOLD





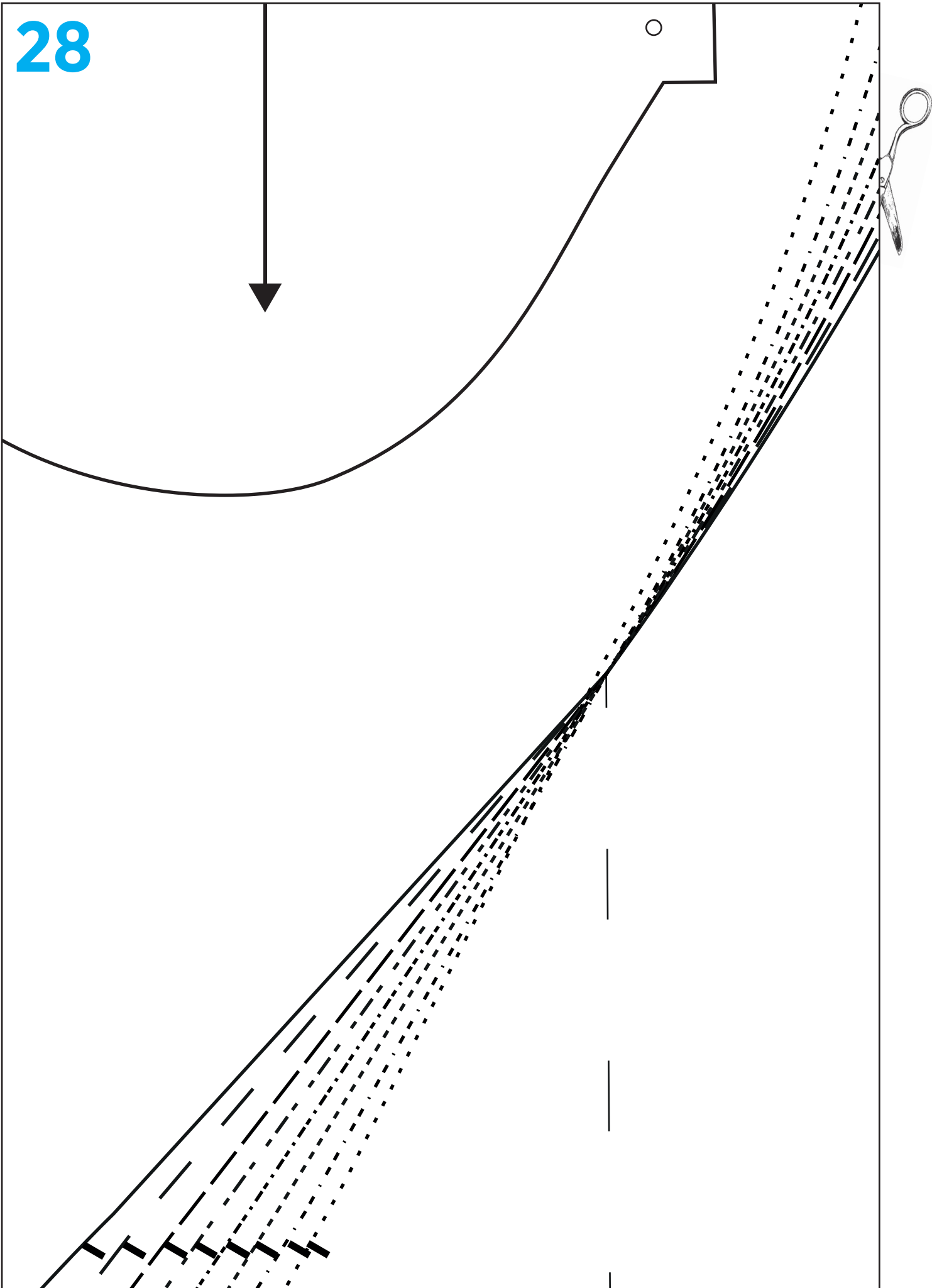
Pattern Size Key

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28





MY HANDMADE
WARDROBE

MHW020
WRAP PLAYSUIT
BODICE FRONT
CUT 2

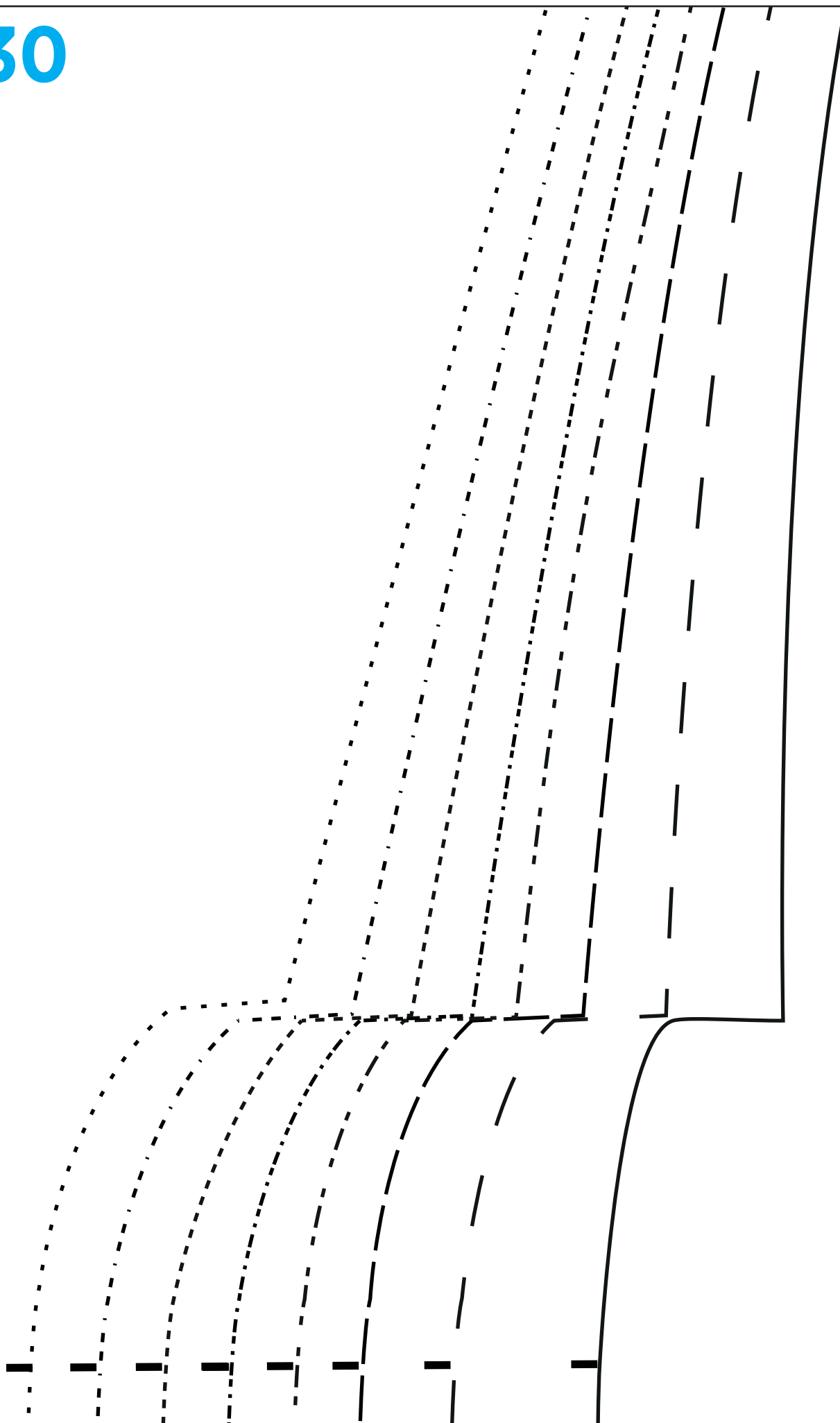
1.5CM SEAM ALLOWANCE INCLUDED



Pattern Size Key

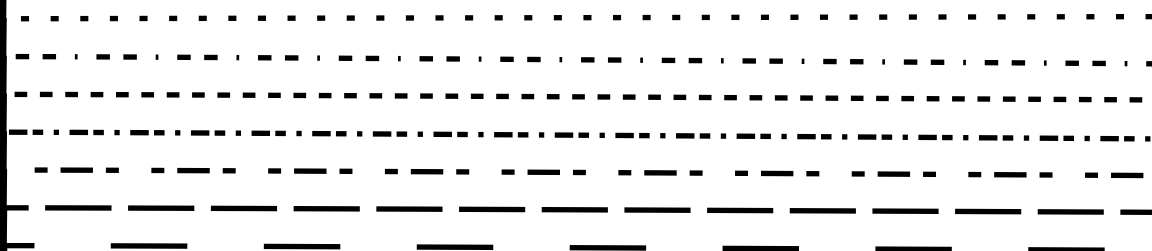
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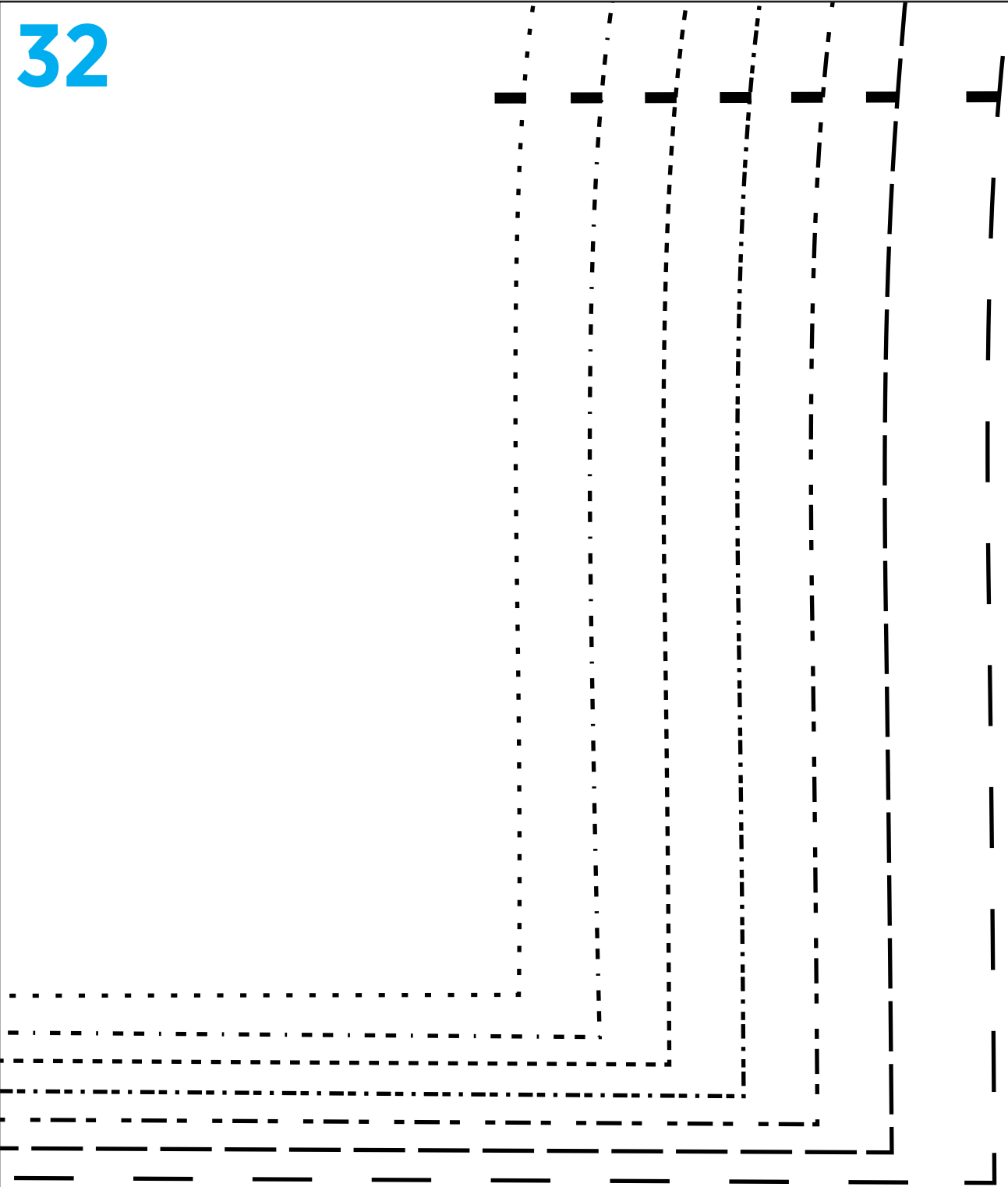


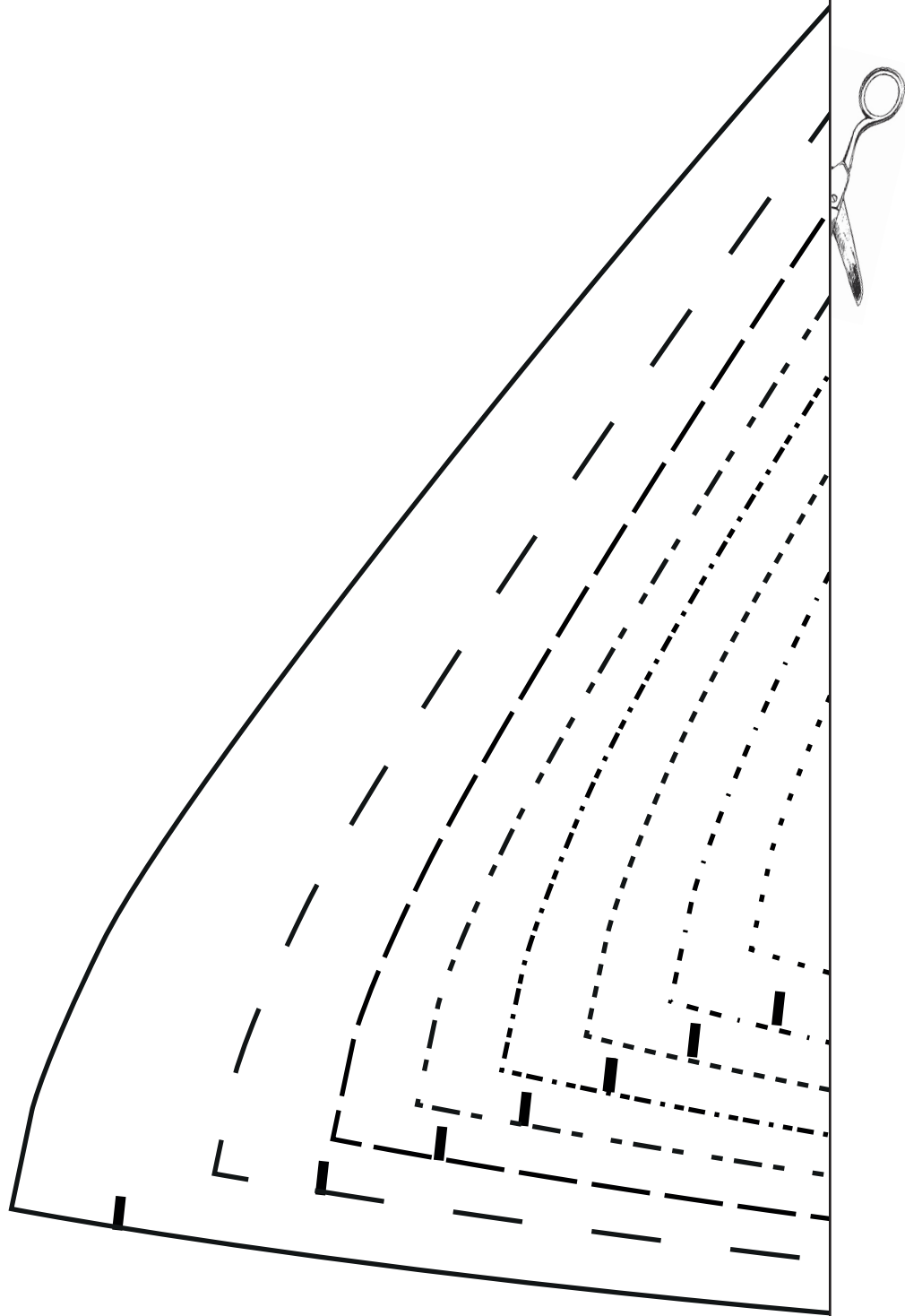




3.5CM SEAM ALLOWANCE
AT WAIST ONLY







34

CENTRE FRONT



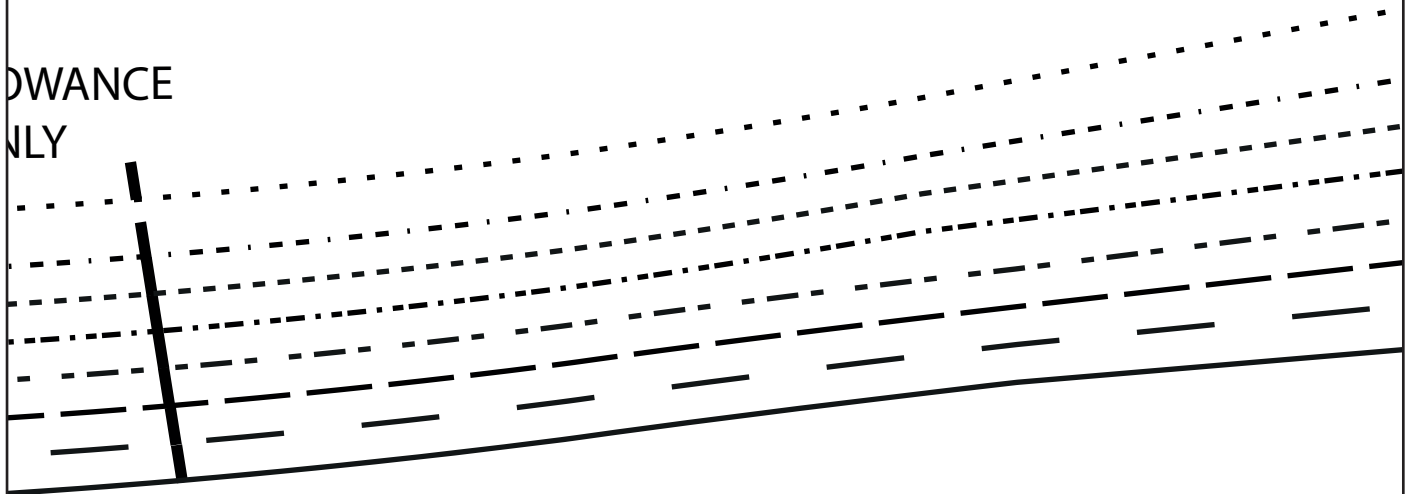
3.5CM SEAM ALLOW
AT WAIST ON

35

Straight
Grain



ADVANCE
ONLY



36

