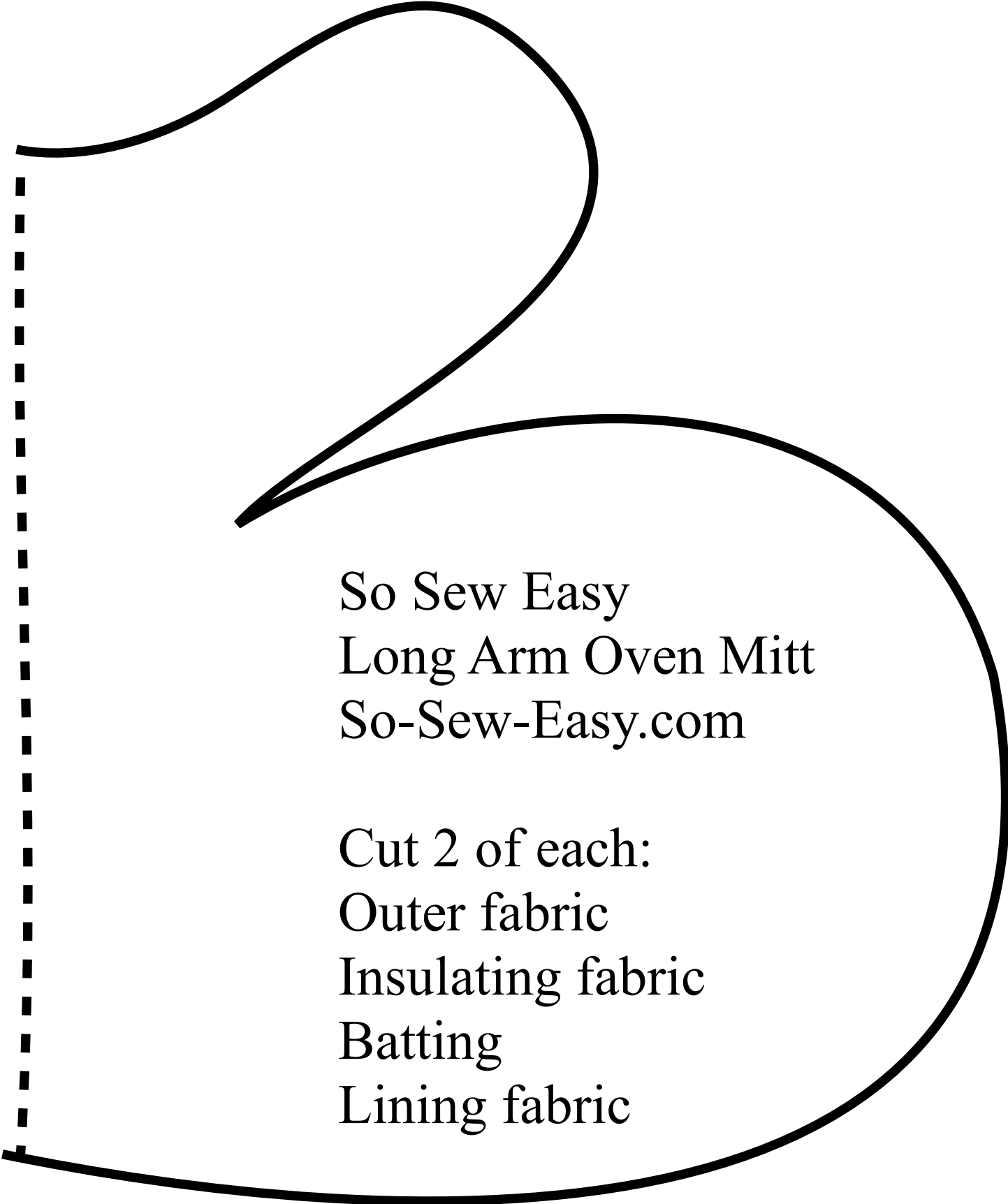




So Sew Easy
Long Arm Oven Mitt
So-Sew-Easy.com

Cut 2 of each:
Outer fabric
Insulating fabric
Batting
Lining fabric

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So Sew Easy

Long Arm Oven Mitt

I was happy to make up a matching pair of new oven mitts and retire my old and very worn oven mitts for good. But these aren't your standard oven mitts (oven gloves if you are from the UK). I get fed up with burning my wrists on the upper shelf when I take things out of the oven, so these are drafted extra long in the arm to make sure your wrists and arms are protected too.

Features:

- Longer length to protect your wrists and arms
- Can be shortened for regular length too
- Quilted
- Insulating layer and batting for heat protection
- Full sewing instructions are downloaded with the pattern pieces



Long Arm Oven Mitts

Free PDF sewing
pattern

So-Sew-Easy.com

Skill level – Beginner.

Read through all of these instructions before starting your project and cutting your fabric.

Useful tutorials

You can find a range of useful sewing tutorials and videos at So Sew Easy – [tutorials page](#).

Pattern pieces.

One pattern piece only. Print both pages and join together to create glove template. Check length of glove and shorten to a regular length if you like, by removing length at the end.

Materials needed

- Outer fabric 20 x 15 inches
- Inner lining fabric 20 x 15 inches
- [Insult-Bright](#) insulating lining 20 x 15 inches
- Fabric for loop and binding 4 x 22 inches
- Cotton batting, old sweatshirt, fleece, towelling for lining
- Useful – [overcasting foot](#), [disappearing fabric marker](#), [quilting guide](#)

Directions

1. Cut your fabric as follows:

- Outer fabric – two pieces 10 x 15 inches
- Inner fabric – two pieces 10 x 15 inches
- Insul-bright or other insulating liner – two pieces 10 x 15 inches
- Batting, fleece or other lining fabric – two pieces 10 x 15 inches
- Hanging loop – one piece 3 x 6 inches
- Wrist binding – two pieces 4 x 8 inches



2. Layer your fabrics starting with the lining fabric right side down, then the batting or fleece, then the Insul-Bright with the metallic reflective side facing upwards, then the outer fabric right side up. Pin through all of the layers to prevent them shifting as you quilt.

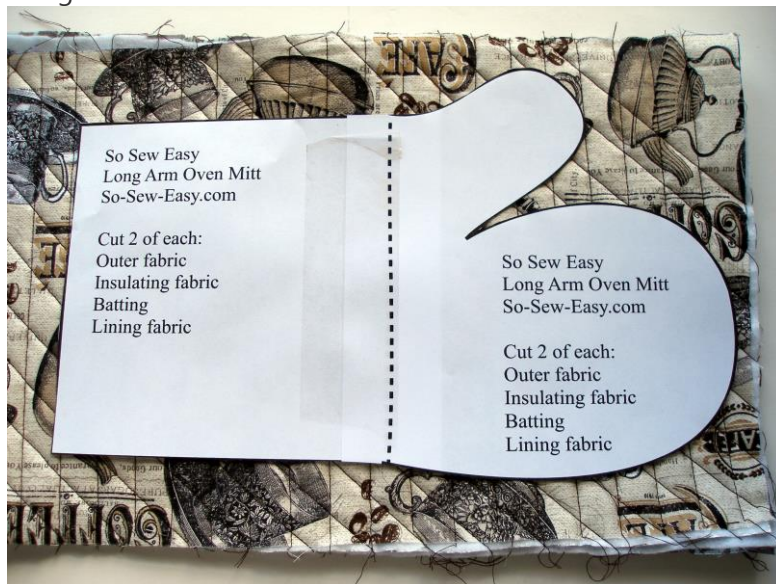


3. Starting in the middle, quilt through all layers. This was my very first time quilting, and I used the quilting guide attachment that came with my machine to keep my lines even. I started with a cross-wise line, then worked out from the center. Then I started at one corner and did a line across at 45 degrees to form a diamond shape and working again from the center, spaced out lines equally until the entire piece was quilted. Repeat the same for the other set of fabrics, using the same width for your quilting lines.





4. Now place, mark and cut out your pattern. IMPORTANT – don't cut both sides with the pattern facing up, you need a mirror image, so cut one side with the pattern facing up and one side with the pattern facing down to get a mirror image.



5. Take your pieces of wrist binding and make them into double fold binding tape by pressing in half, then pressing each half into the center.



6. Open out the binding tape, pinning one raw edge to the wrist edge of the mitt, right sides facing. Pin in place and then stitch in the fold of the binding.



7. Turn the binding over to the inside of the glove, pin in place. Then stitch from the outside, just inside the seam line catching the edge of the binding on the reverse. You will find useful binding tutorials on the [sewing tutorials](#) page.



8. Trim the binding even with the edge of the glove, then use a serger, zig-zag stitch or overcasting stitch to neaten all the way around the edge of both halves. I used my overcasting foot for a neat finish.



9. Make the hanging loop by folding the piece in half length-ways, then bringing the edges into the center and folding in half again to make a long strip of fabric. Sew close to each of the folded edges. Then fold in half to create a loop and baste it to the side of one glove, just underneath the binding.



10. Now place both halves together, right sides facing and stitch around the edge with a narrow hem. I used about a 1/4 inch, keeping my line of stitching just to the outside of the neatening stitches. My [Clover Wonder Clips](#) helped me keep the thick layers in place better than regular pins.



At the thumb, snip close to the stitches, but not through, to create room for movement.



11. Turn your oven mitt the right side out. You will need some kind of pokey tool to help in turning the thumb.



12. Cook, wear and enjoy!



Thank you for downloading this **Long Arm Oven Mitt** pattern and tutorial. I hope you enjoyed making this project and remember that I love to share your creations at So Sew Easy so drop me an email with a photo at

deby@so-sew-easy.com

or upload your completed projects to the pattern page on Craftsy.

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[Easy Summer Dress](#)

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