

Size 00 - 20
2 Sleeve Options



Uvita Top

Digital PDF Sewing Pattern
itch-to-stitch.com

DESCRIPTION

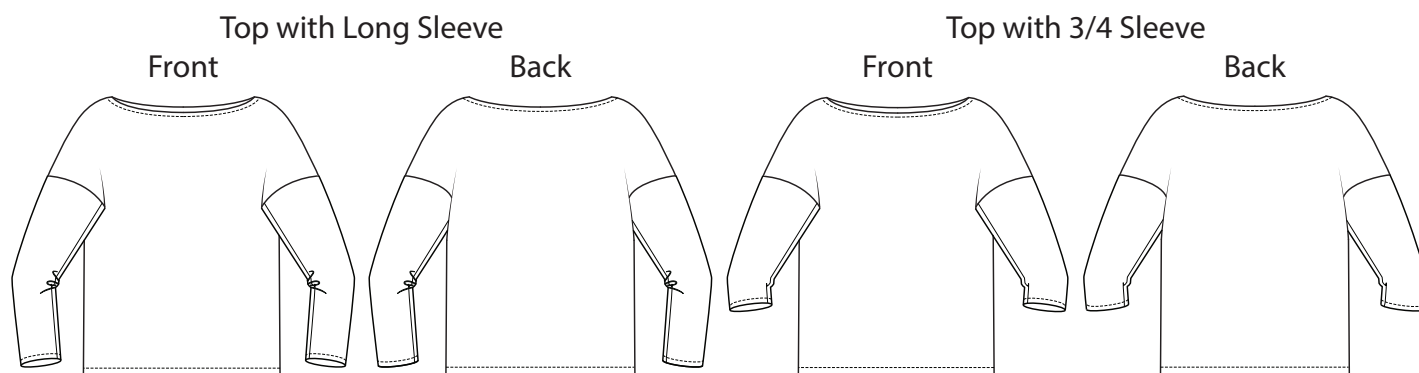
The Uvita Top is a relaxed, dropped-shoulder top that is designed for maximum comfort and style. The minimalist style is a blank canvas that is perfect for showcasing your interesting fabric. You can choose between the long sleeve or three-quarter sleeve, too!

UVITA TOP FEATURES

- ◇ Relaxed fit
- ◇ Dropped shoulder
- ◇ Wide neckline
- ◇ Two sleeve options—long sleeve and three-quarter sleeve
- ◇ Layers feature (print only the sizes you need)

What is the “layers” feature?

In this PDF, you can choose to turn off the sizes you don't need, so there are no more distracting lines in the pattern! See page 4 for instructions.



TERMS OF USE

You may make garments from this pattern for personal use and for sale. However, you may not sell or distribute the pattern or instructions in their digital or printed form. If your friends or family would like to have a copy, please refer them to Itch-to-Stitch.com to get a copy of the PDF pattern for their individual use.

SIZING

This pattern includes twelve women's sizes from 00 to 20. The Uvita Top is very relaxed and the hem should hit about the fullest part of the hip. Check both the “Body Measurements” and “Finished Garment Measurements” tables to find your best fit.

CHOOSING YOUR SIZE

1. Compare your bust circumference (fullest part) to the “Body Measurements” table. Choose the size that best fits your bust. If you are between sizes, choose the smaller size if you like your garment more fitted; otherwise, choose the bigger size.
2. Compare your waist circumference (narrowest part) to the “Body Measurements” table. Choose the size that best fits your waist. If you are between sizes, choose the smaller size if you like your garment more fitted; otherwise, choose the bigger size.
3. Compare your hip circumference (widest part) to the “Body Measurements” table. Choose the size that best fits your hip. If you are between sizes, choose the smaller size if you like your garment more fitted; otherwise, choose the bigger size.
4. It's OK to use different sizes. See “Blend Sizes” (Page 6) for details.
5. If you are taller or shorter than 5'6" (168 cm), you should consider lengthening or shortening the top (see “Lengthen/Shorten” on page 6).

I highly recommend that you **check your fit by making a test garment with inexpensive fabric** that has similar weight, stretch and drape as your final garment fabric.

BODY MEASUREMENTS

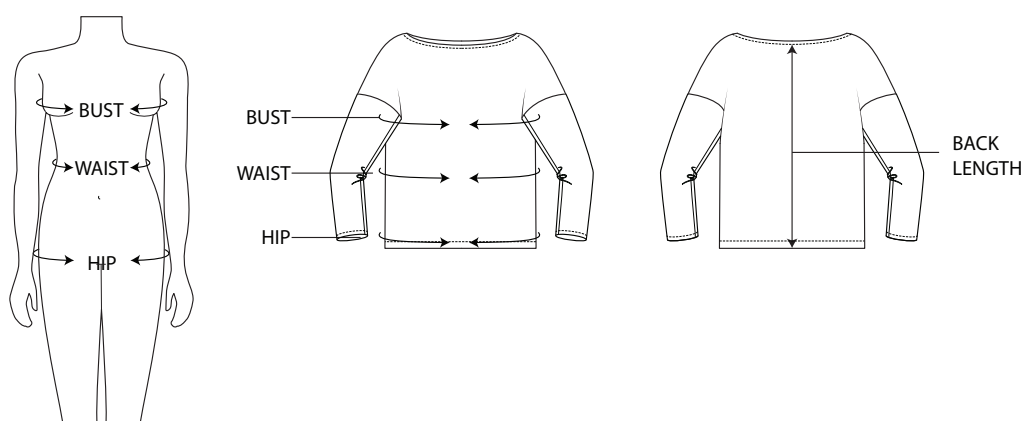
(in)	00	0	2	4	6	8	10	12	14	16	18	20
Bust	31 ⅛	32 ½	33 ⅞	35 ⅛	36 ½	37 ⅞	39 ¼	40 ⅝	42	43 ¼	44 ⅝	46
Waist	25 ⅜	26 ¾	28 ⅛	29 ½	30 ⅞	32 ¼	33 ⅝	35	36 ⅜	37 ¾	39 ⅛	40 ½
Hip	33 ¼	34 ⅝	35 ⅞	37 ¼	38 ⅝	40	41 ¼	42 ⅝	44	45 ⅜	46 ⅝	48

(cm)	00	0	2	4	6	8	10	12	14	16	18	20
Bust	79	82.5	86	89	92.5	96	99.5	103	106.5	110	113.5	117
Waist	64.5	68	71.5	75	78.5	82	85.5	89	92.5	96	99.5	103
Hip	84.5	88	91	94.5	98	101.5	105	108.5	112	115.5	118.5	122

FINISHED GARMENT MEASUREMENTS

(in)	00	0	2	4	6	8	10	12	14	16	18	20
Bust	32 ¾	34 ⅛	35 ⅜	36 ¾	38 ⅛	39 ½	40 ⅞	42 ⅛	43 ½	44 ⅞	46 ¼	47 ⅝
Waist	31 ⅛	32 ½	33 ⅞	35 ¼	36 ½	37 ⅞	39 ¼	40 ⅝	42	43 ¼	44 ⅝	46
High Hip	32 ⅝	34	35 ⅜	36 ¾	38 ⅛	39 ⅜	40 ¾	42 ⅛	43 ½	44 ⅞	46 ⅛	47 ½
Back Length	23 ¾	23 ¾	23 ⅞	23 ⅞	24	24	24 ⅛	24 ⅛	24 ¼	24 ¼	24 ⅜	24 ⅜

(cm)	00	0	2	4	6	8	10	12	14	16	18	20
Bust	83	86.5	90	93.5	97	100.5	103.5	107	110.5	114	117.5	121
Waist	79	82.5	86	89.5	93	96.5	99.5	103	106.5	110	113.5	117
High Hip	83	86.5	90	93.5	96.5	100	103.5	107	110.5	114	117.5	120.5
Back Length	60.5	60.5	60.5	60.5	61	61	61	61.5	61.5	61.5	62	62



MATERIALS

PRIMARY FABRIC Two-way or four-way stretch knit fabric with 25% to 50% horizontal stretch. French terry, cotton Lycra jersey and double brush poly are good choices. If using rayon spandex knit, you may need to go down one size or more. Do not use woven fabric.

OTHER MATERIAL

- ◇ 42" (107 cm) of 3/8" or 1/2" (1 cm or 1.25 cm)-wide bias fusible stay tape (or you may cut your own using lightweight woven fusible interfacing on the bias grain)

TOOL

- ◇ Ball-point or stretch machine needles

OPTIONAL TOOLS

- ◇ Walking foot for your sewing machine
- ◇ Serger machine

FABRIC REQUIREMENTS

Most natural fibers shrink in the wash; be sure to have enough fabric. The requirements below assume that the fabric is already pre-shrunk.

IMPERIAL/YARDS

Primary Fabric	00	0	2	4	6	8	10	12	14	16	18	20
54" WIDE												
Long Sleeve	1 3/8	1 3/8	1 3/8	1 3/8	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2
3/4 Sleeve	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4

METRIC/CM

Primary Fabric	00	0	2	4	6	8	10	12	14	16	18	20
135CM WIDE												
Long Sleeve	130	130	130	130	130	130	130	130	130	140	140	140
3/4 Sleeve	110	110	110	110	120	120	120	120	120	120	120	120

PRINTING INSTRUCTIONS

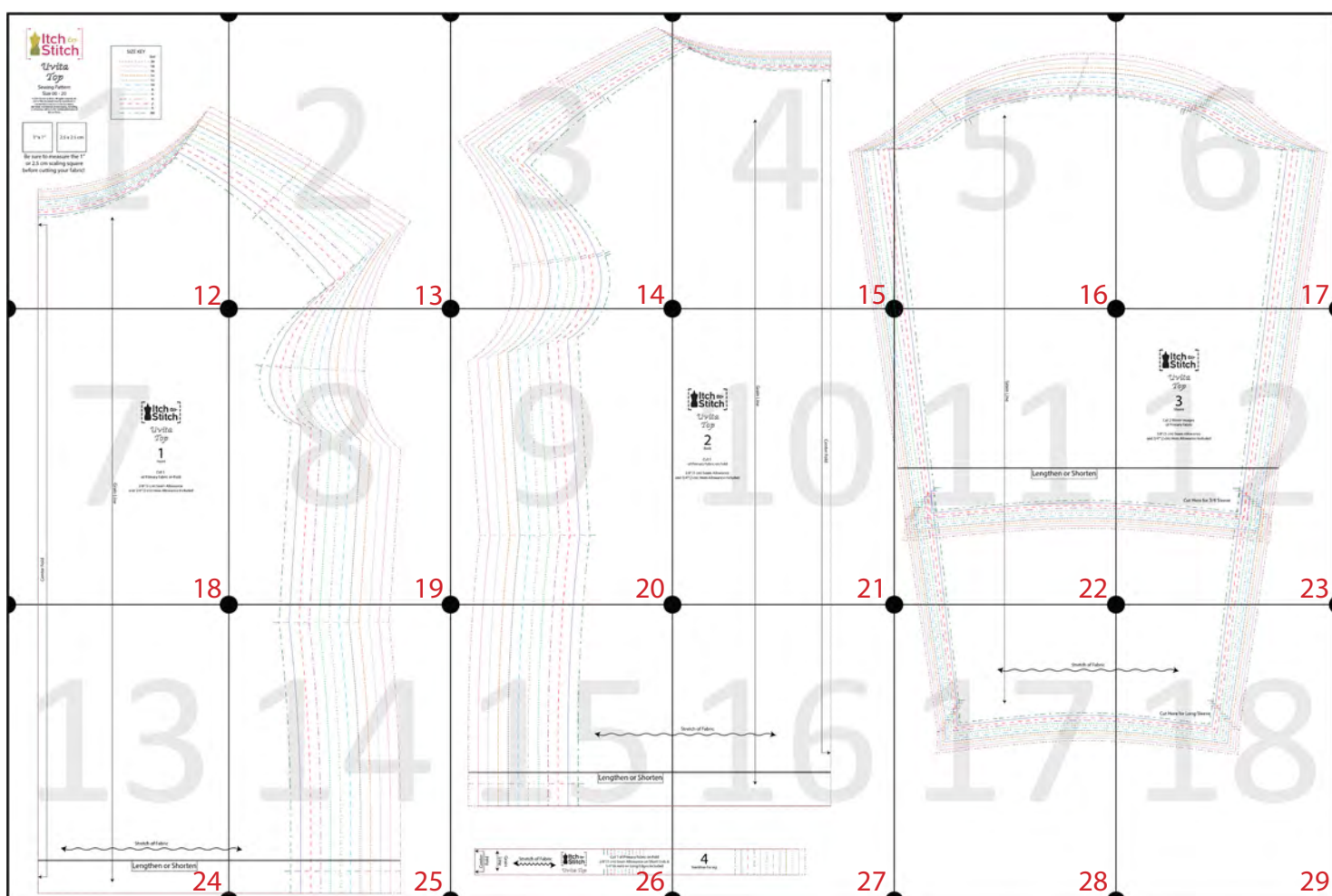
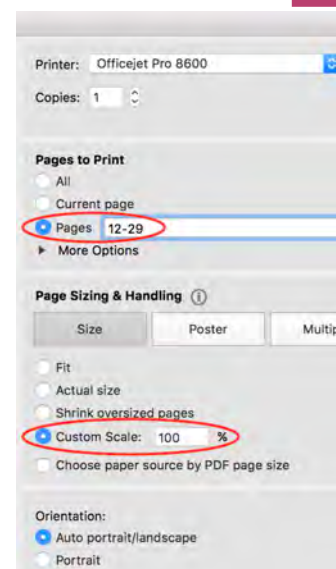
1. This pattern includes layered pattern tiles that allow you to print only the sizes you need. In Acrobat Reader, click on the Layers icon on the left tab. Expand "Itch to Stitch Uvita PDF Sewing Pattern." Next to each size is an eye icon. Uncheck the sizes you don't need, and leave the eye icon on for the size(s) that you want. As you toggle the eye icons on and off, you can see the pattern lines (on any page from 12 to 29) appear/disappear as a result.
2. Print page 12 first to check the size by measuring the 1" x 1" or 2.5 x 2.5 cm scaling square printed on the pattern.
3. If you wish to print the pattern tiles without the instructions, print pages:

Option	Pages
Long Sleeve	12 - 29
3/4 Sleeve	12 - 27

4. Make sure that you choose "Actual Size" or scale to 100% in the print dialog box.
5. Select "Auto portrait/landscape" or "Auto Rotate and Center" under Orientation.
6. The pattern can be printed on either A4 or US Letter (8.5" x 11") size paper. A large format print shop version of the pattern is provided in a separate file.
7. Print from Adobe Acrobat Reader only. Make sure you have the latest updates (go to Help -> Check for updates). Do not print from a browser or Preview (Mac OS).

TILE TAPING INSTRUCTIONS

- ♦ The pattern contains 18 pattern tiles.
- ♦ Each tile contains a watermark number. See the image below for an overview of where the tiles should be placed. You will have to fold or cut the paper in order to align the circles/tile edges.
- ♦ The page numbers are stated in red below for your convenience; they are not printed on the pattern tiles.



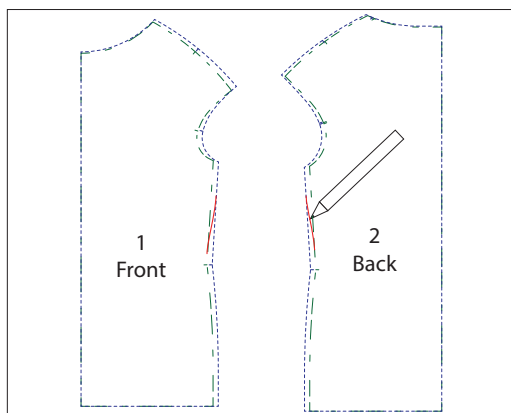
FABRIC CUTTING INSTRUCTIONS

Remember to pre-shrink fabric by pre-washing washables or steam-pressing non-washables.

Pattern Piece	Primary Fabric
1 - Front	1 on fold
2 - Back	1 on fold
3 - Sleeve	2 mirror images
4 - Neckline Facing	1 on fold

BLEND SIZES

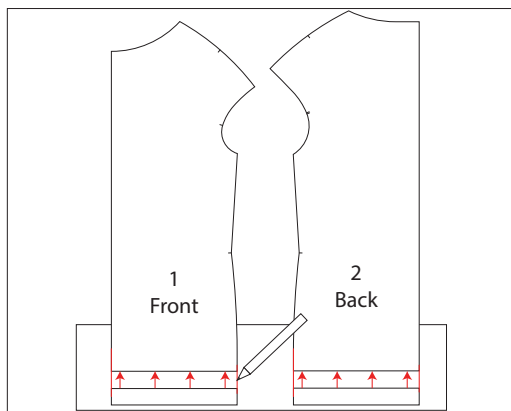
You may need to choose different sizes for the bust, waist and hip by blending sizes. First, print the sizes using the Layers function (see Printing Instructions on page 4). Then follow these instructions to blend sizes.



1. On Front (1) and Back (2), draw a very gentle curve from one size in the bust to another size in the waist (and then to another size in the hip if necessary). Make sure the transitions of the lines are very smooth.

LENGTHEN/SHORTEN

The lengthen/shorten lines are included in this pattern to adjust the length of the garment.



1. Cut at the lengthen/shorten lines.
2. Spread them apart for the desired added amount. Be sure each pair is still vertically aligned.
3. Draw lines to connect each pair. Make sure the transitions are very smooth.
4. The same method is used to shorten; overlap the pieces instead of spreading them apart.

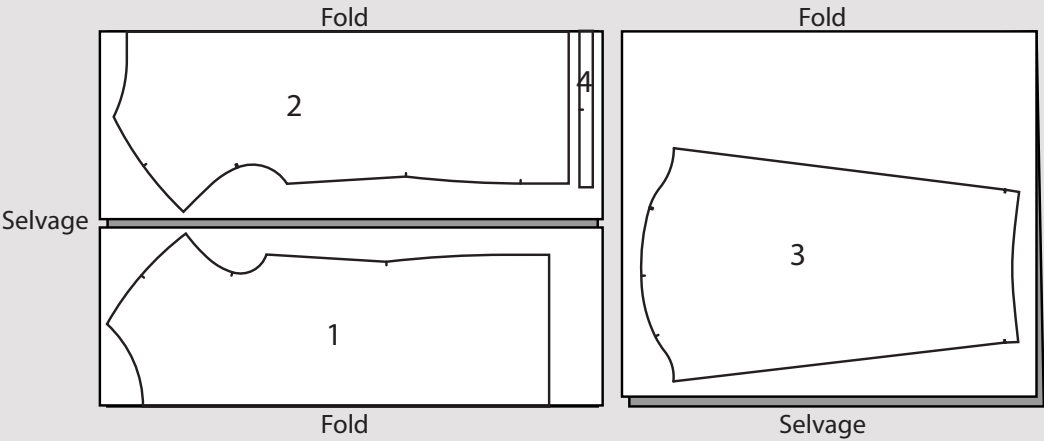
LAYOUT DIAGRAMS

PRIMARY FABRIC

TOP WITH LONG SLEEVE

54" (135 cm) Wide

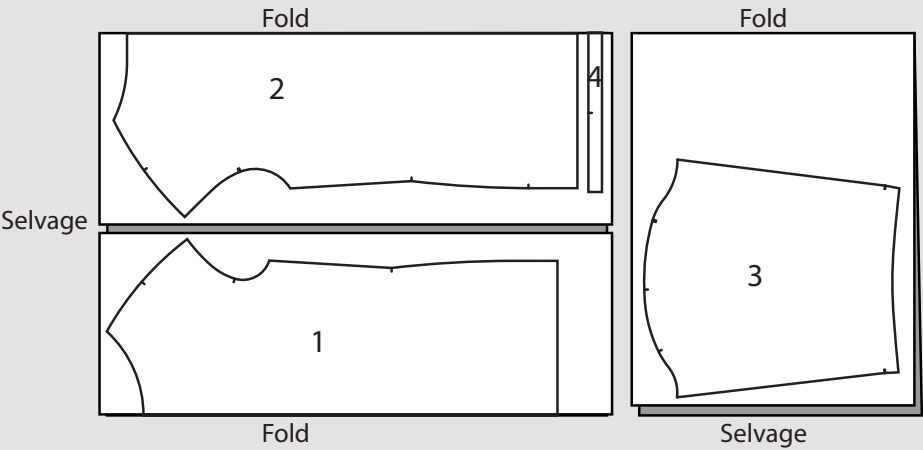
All Sizes



TOP WITH 3/4 SLEEVE

54" (135 cm) Wide

All Sizes



SEWING INSTRUCTIONS

- ◇ It is important to transfer markings to the wrong sides of fabric before removing the pattern pieces from the fabric. Also mark the center front and back on the fold of the Front, Back and Neckline Facing.
- ◇ Seam allowances are 3/8" (1 cm) and hem allowances are 3/4" (2 cm), except where noted in the instructions.
- ◇ When sewing with knit fabric, be sure to use ball-point or stretch machine needle for best result.
- ◇ You may choose to finish the seams by zigzagging, serging or other methods.
- ◇ In some parts, you could use a serger to serge or a sewing machine to stitch the seams. The instructions will specify to "stitch" - which means use a sewing machine; "serge" - use a serger; or "stitch/serge" - use either a sewing machine or a serger.
- ◇ Although not required, when using a sewing machine to sew knit fabric, a walking foot will give you the best result as it will feed the top and bottom fabric evenly and prevent stretching.
- ◇ If the fabric gets stretched out during sewing, pressing with plenty of steam may restore the shape.
- ◇ For professional results, be sure to press your seams as you sew. It's really worth your time!

SEWING INSTRUCTIONS KEY

↔ Grain Line

↓ Place on Fold of Fabric

┌ Notch (or Single Notch)

┌┌ Double Notch

══ Lengthen or Shorten Line

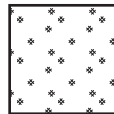
~~~~~ Stretch of Fabric - place stretchier part of fabric in this direction



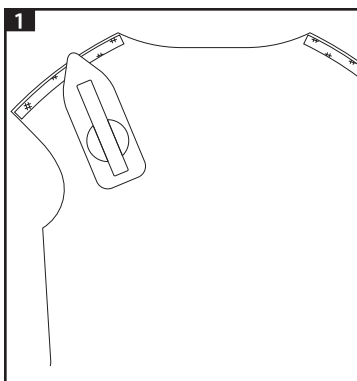
Right Side



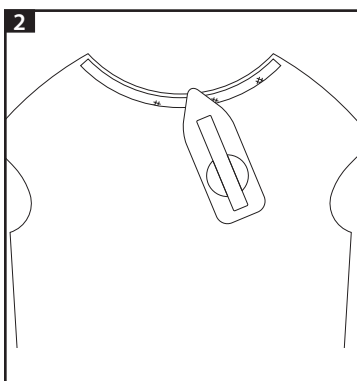
Wrong Side



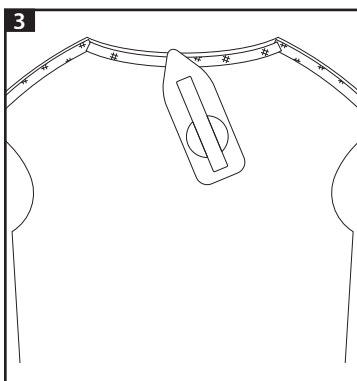
Fusible Stay Tape



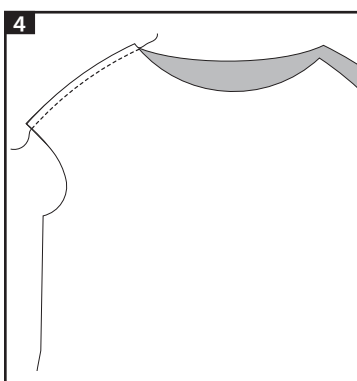
1 Cut two pieces of fusible stay tape and apply over both shoulder seam lines of Back (2) on the wrong side. Stay tape will not be shown in the illustrations below.



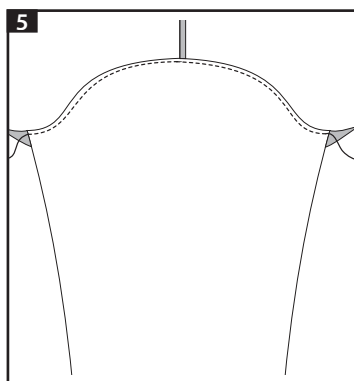
2 Cut a piece of fusible stay tape and apply over neckline seam of Front (1) on the wrong side.



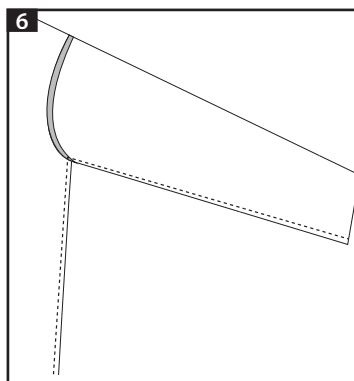
3 Cut a piece of fusible stay tape and apply over neckline seam of Back. Stay tape will not be shown in the illustrations below.



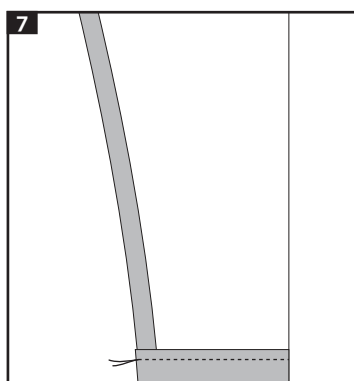
4 With right sides together, pin Front to Back at the shoulder. Stitch/serge. Press stitched seam open or serged seam toward the back. Repeat for the other shoulder.



5 With right sides together, pin Sleeve (3) to armhole, matching center notch to shoulder seam, and notches on front and back armholes. Stitch/serge. Finish seam as desired (if not already serged). Press seam toward Sleeve. Repeat for the other sleeve.

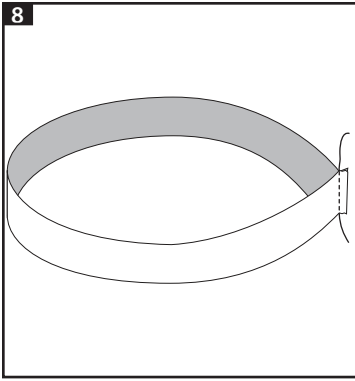


6 With the right sides together, pin Side Front to Back, matching notches and underarm seams. Stitch/serge from the bottom edge of the side seam to the bottom edge of the sleeve. Press toward the back. Finish seam as desired (if not already serged). Repeat for the other side.

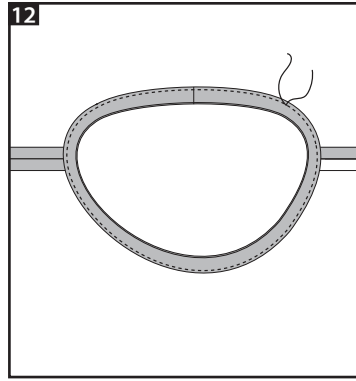


7 Finish bottom edge of Sleeve as desired. Hem Sleeve by folding up 3/4" (2 cm) and topstitch.

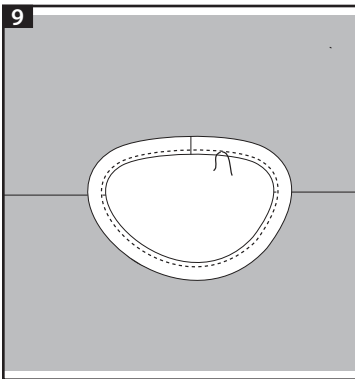
**Long sleeve and 3/4 sleeve are constructed the same way. The following illustrations show the long sleeve only.**



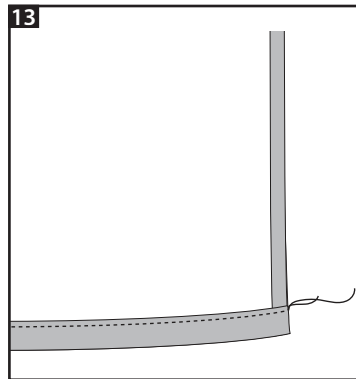
With the right sides together, pin and stitch/serge Neckline Facing (4) on the short ends to form a loop. This is the center back seam. Press stitched seam open or serged seam to one side.



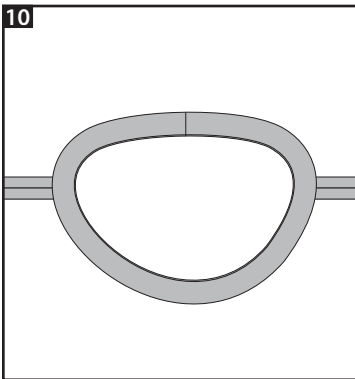
Stitch turned-under edge to neckline with straight stitch close to edge. Press with plenty of steam.



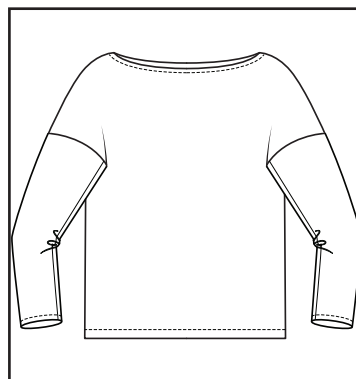
With right sides together, pin Neckline Facing to neckline, stretching to match center backs, center fronts and notches to shoulder seams. Stitch with a 1/4" (6 mm) seam allowance.



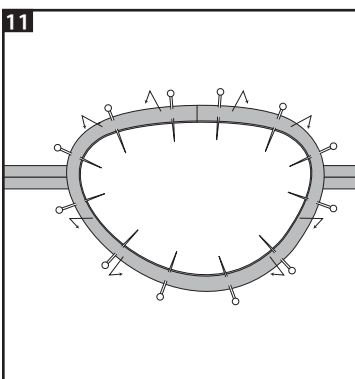
Hem the bodice by folding up the bottom 3/4" (2 cm). Topstitch.



Fold Neckline Facing to wrong side of neckline until the seam rolls slightly toward the wrong side (not visible from right side).



You are done! Put on your awesome top, admire your handiwork, smile and take a picture!



Turn Neckline Facing at its free edge under, wrapping the seam allowances. Pin. Note: narrow Neckline Facing is drafted so the bound edge lays smoothly; use your pins and take your time! Alternatively, coverstitch raw edge without turning it under.

**Check out others' Uvita Tops, show off your own creation, discuss the pattern and trade tips with your fellow sewists.**

**Website** [ITCH-TO-STITCH.COM](http://ITCH-TO-STITCH.COM)

**Facebook** [FACEBOOK.COM/GROUPS/ITCHTOSTITCHDESIGNS](https://FACEBOOK.COM/GROUPS/ITCHTOSTITCHDESIGNS)

**Instagram** [#UVITATOP](https://www.instagram.com/#UVITATOP) [#ITCHTOSTITCHDESIGNS](https://www.instagram.com/#ITCHTOSTITCHDESIGNS)

**Pinterest** [PINTEREST.COM/SEWITCHTOSTITCH](https://PINTEREST.COM/SEWITCHTOSTITCH)





# Uvita Top

Sewing Pattern  
Size 00 - 20

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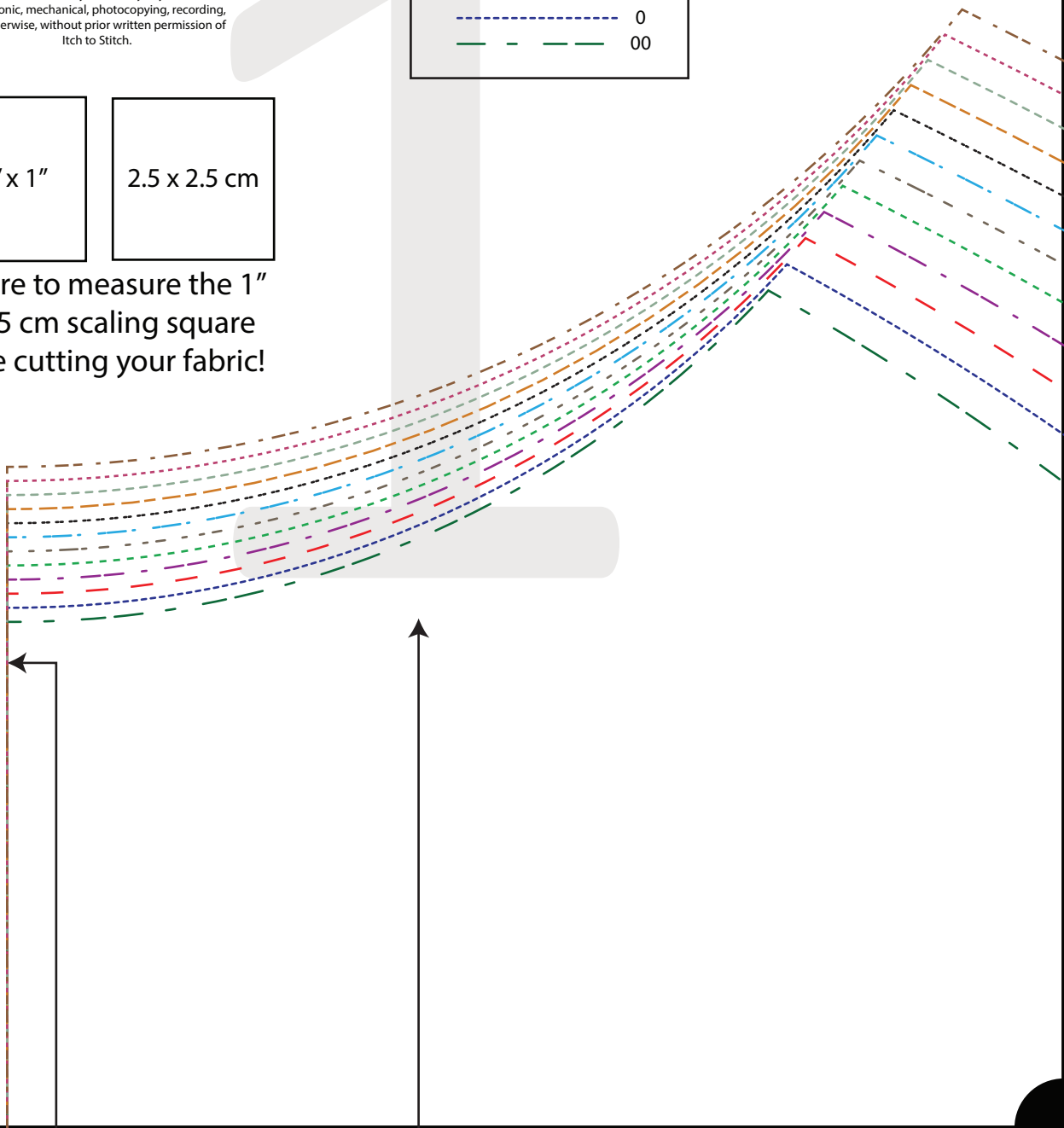
## SIZE KEY

|       | Size |
|-------|------|
| ----- | 20   |
| ----- | 18   |
| ----- | 16   |
| ----- | 14   |
| ----- | 12   |
| ----- | 10   |
| ----- | 8    |
| ----- | 6    |
| ----- | 4    |
| ----- | 2    |
| ----- | 0    |
| ----- | 00   |

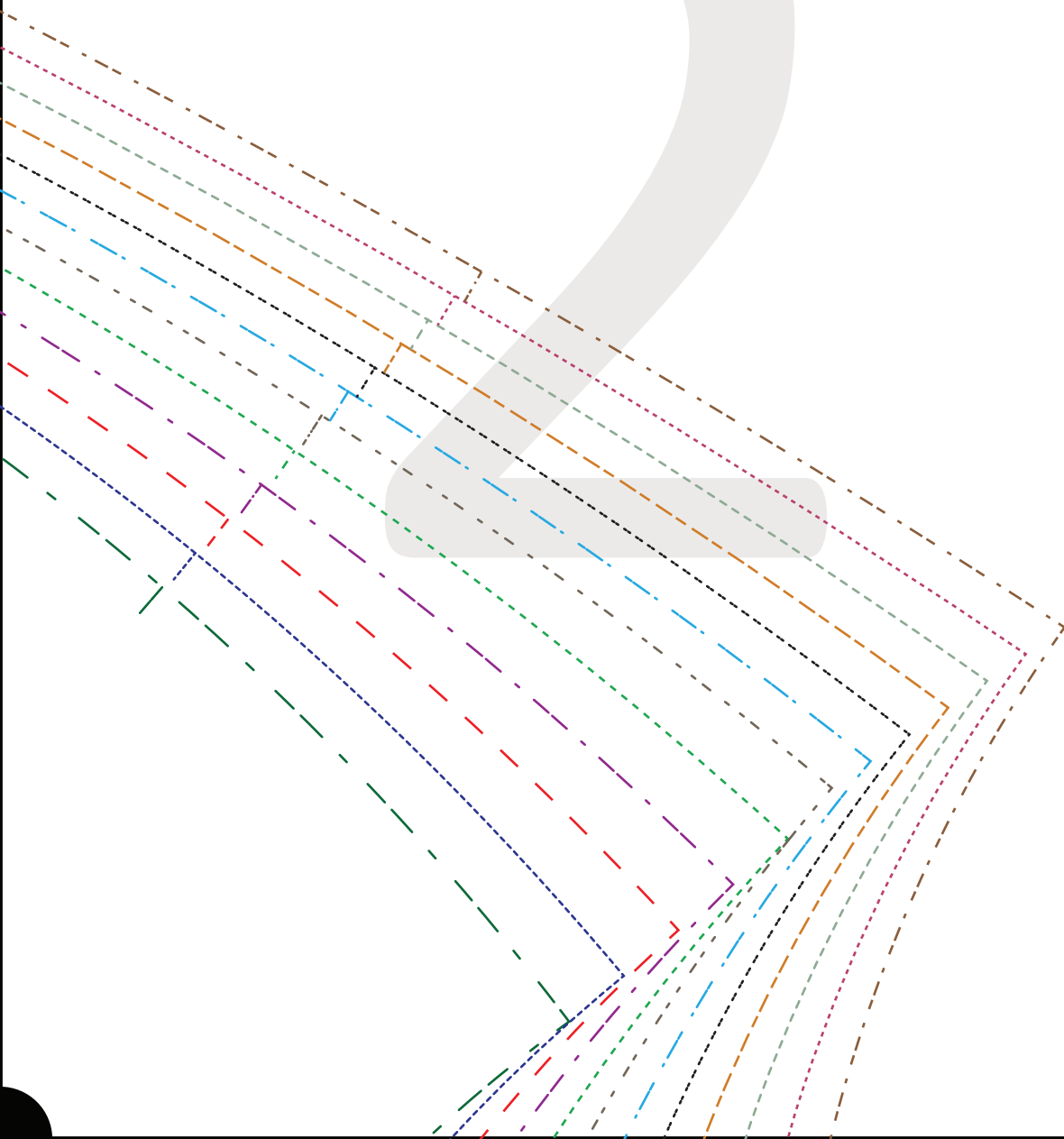
1" x 1"

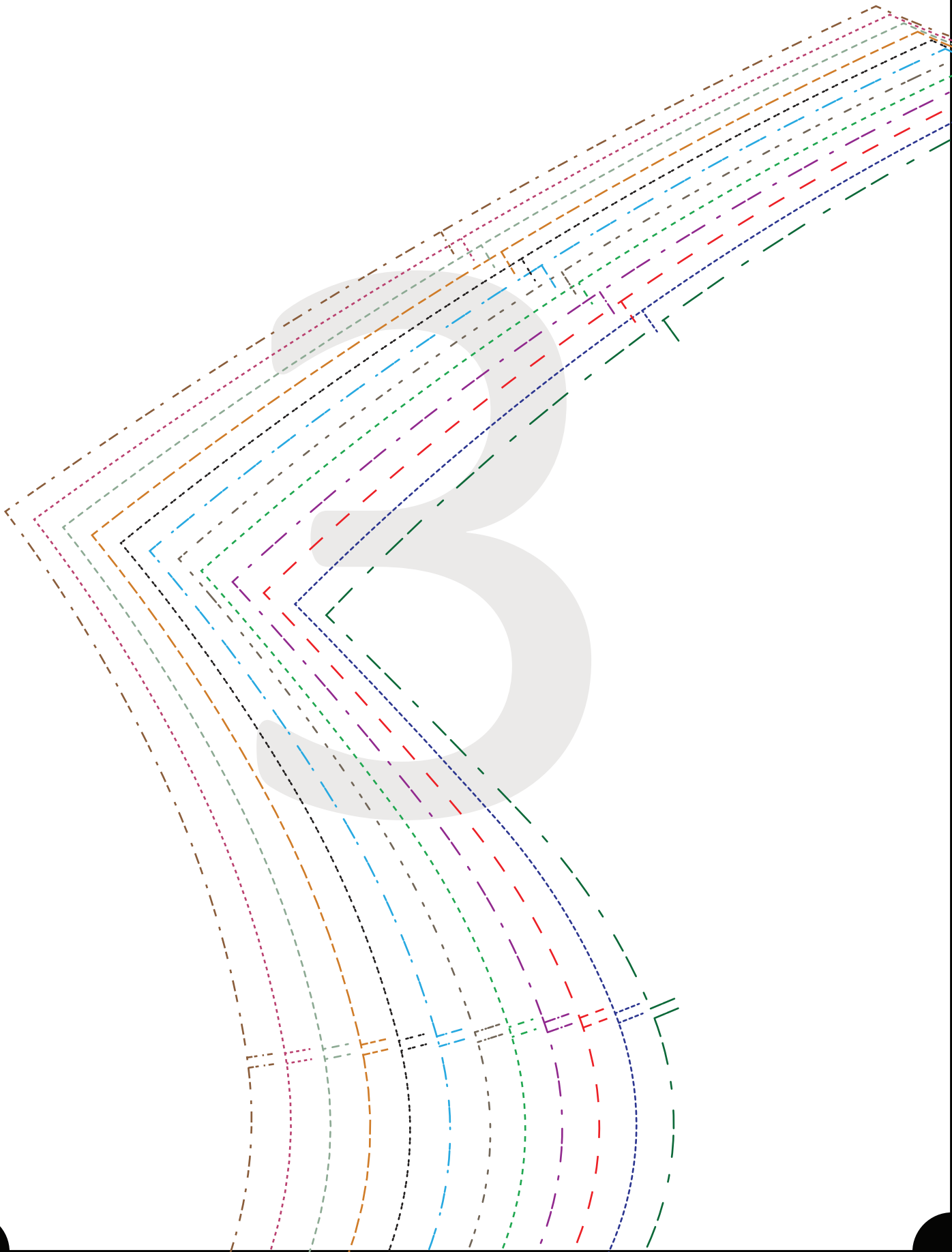
2.5 x 2.5 cm

Be sure to measure the 1"  
or 2.5 cm scaling square  
before cutting your fabric!

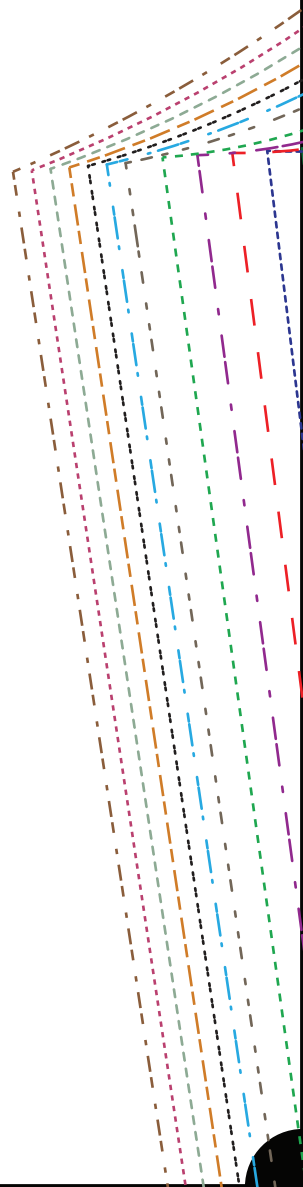
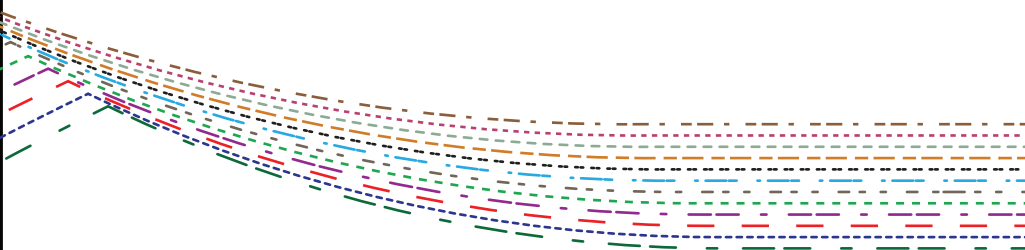


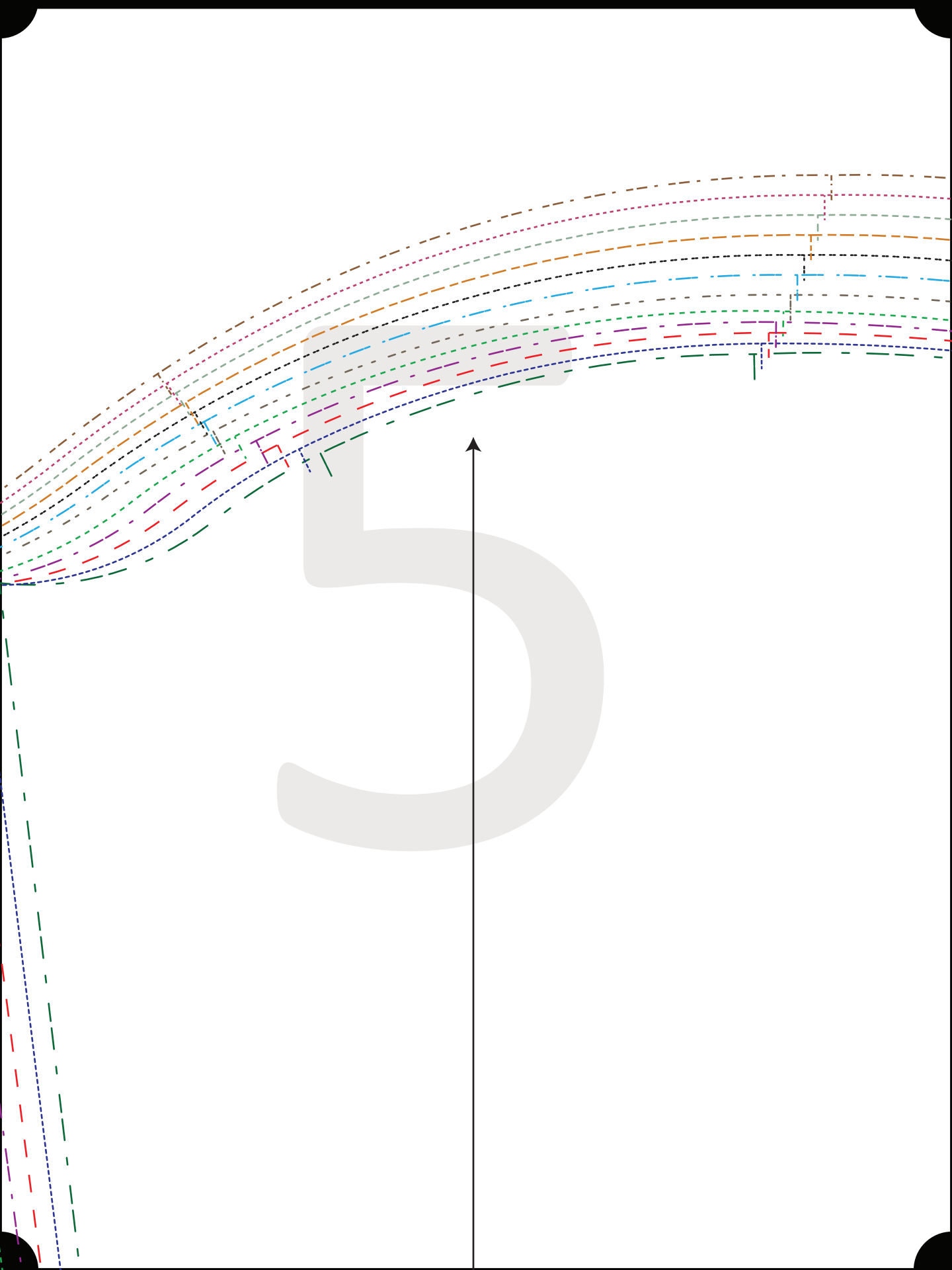
2

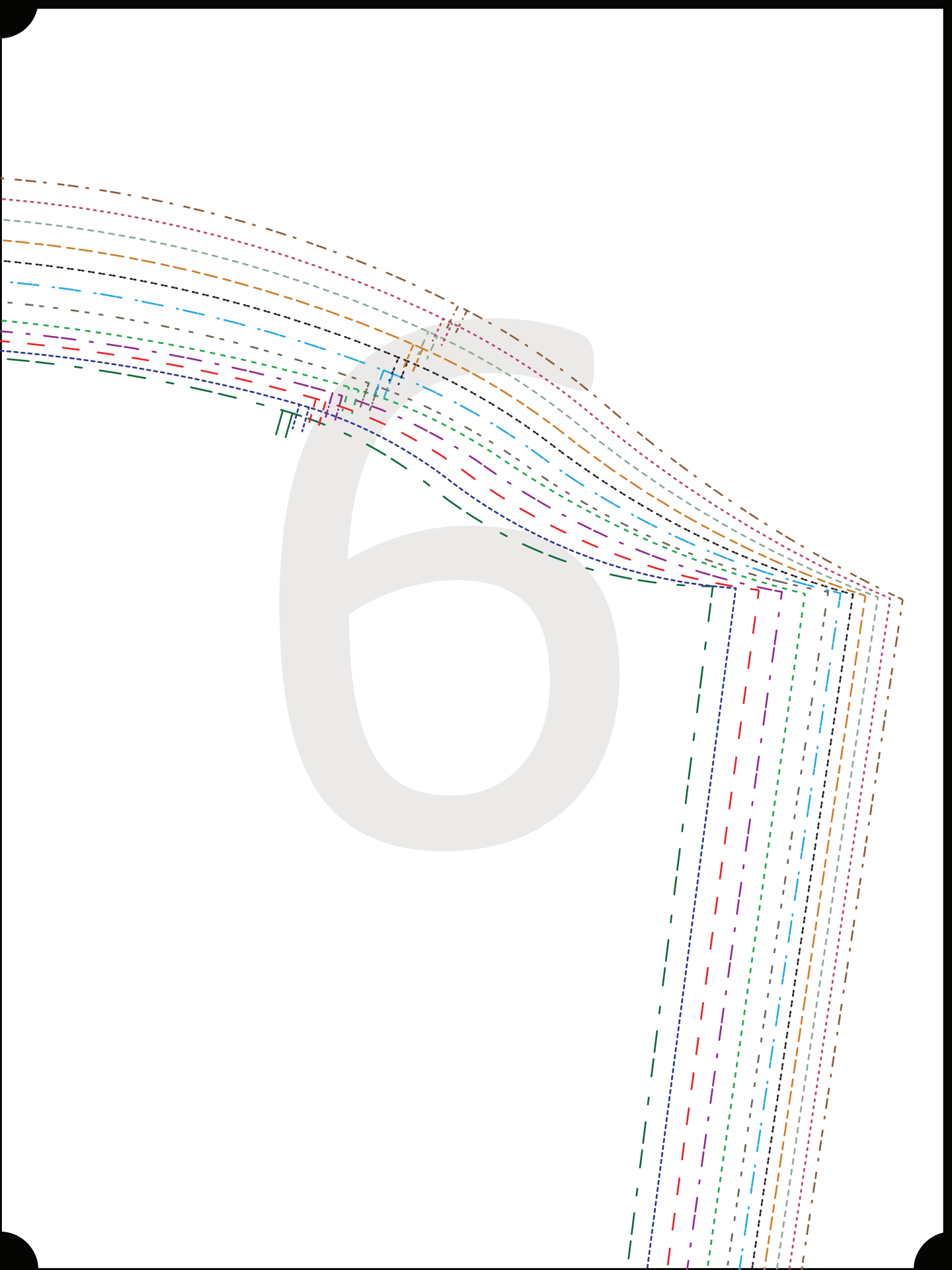




4







Center Fold

Grain Line

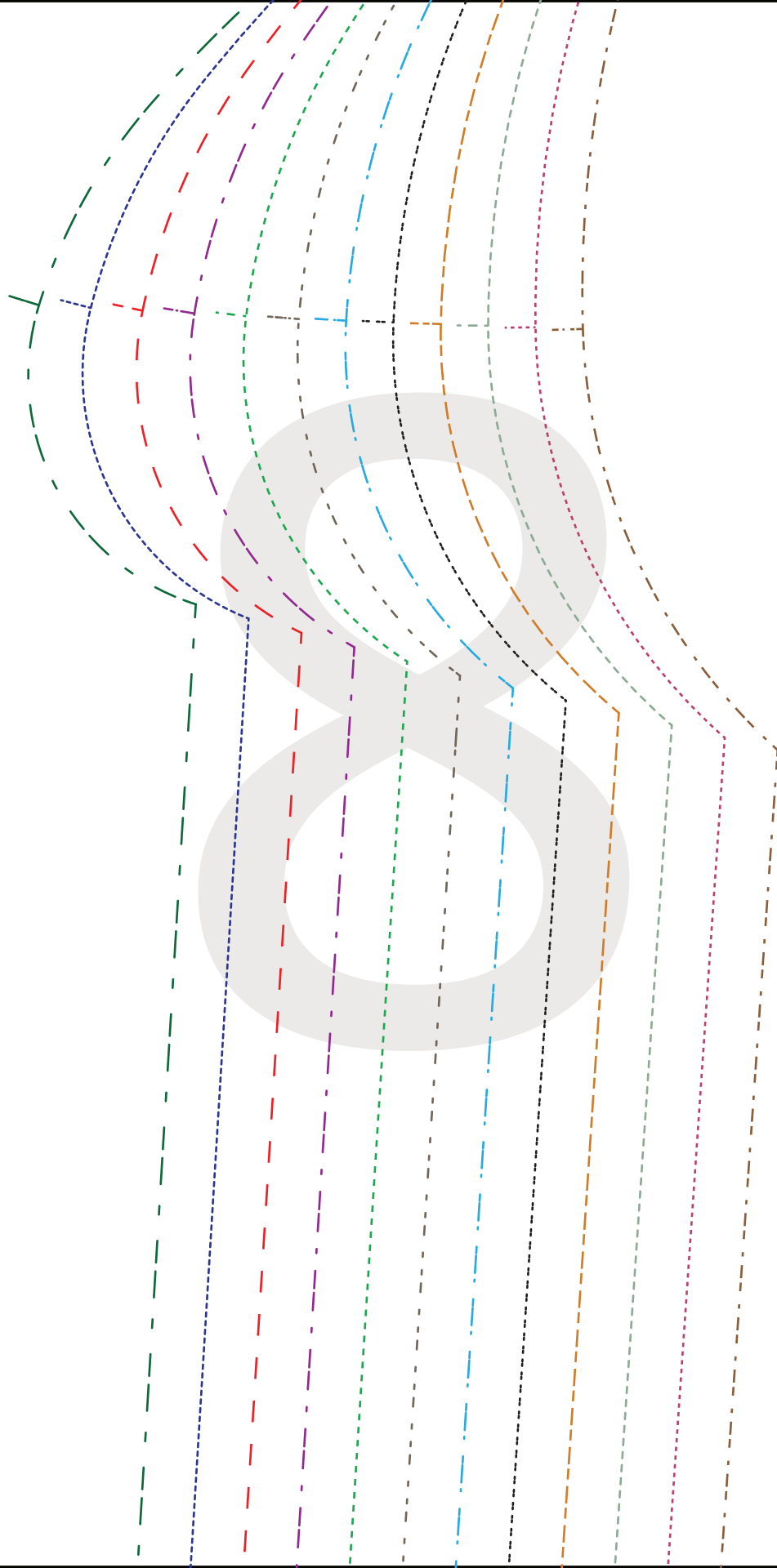


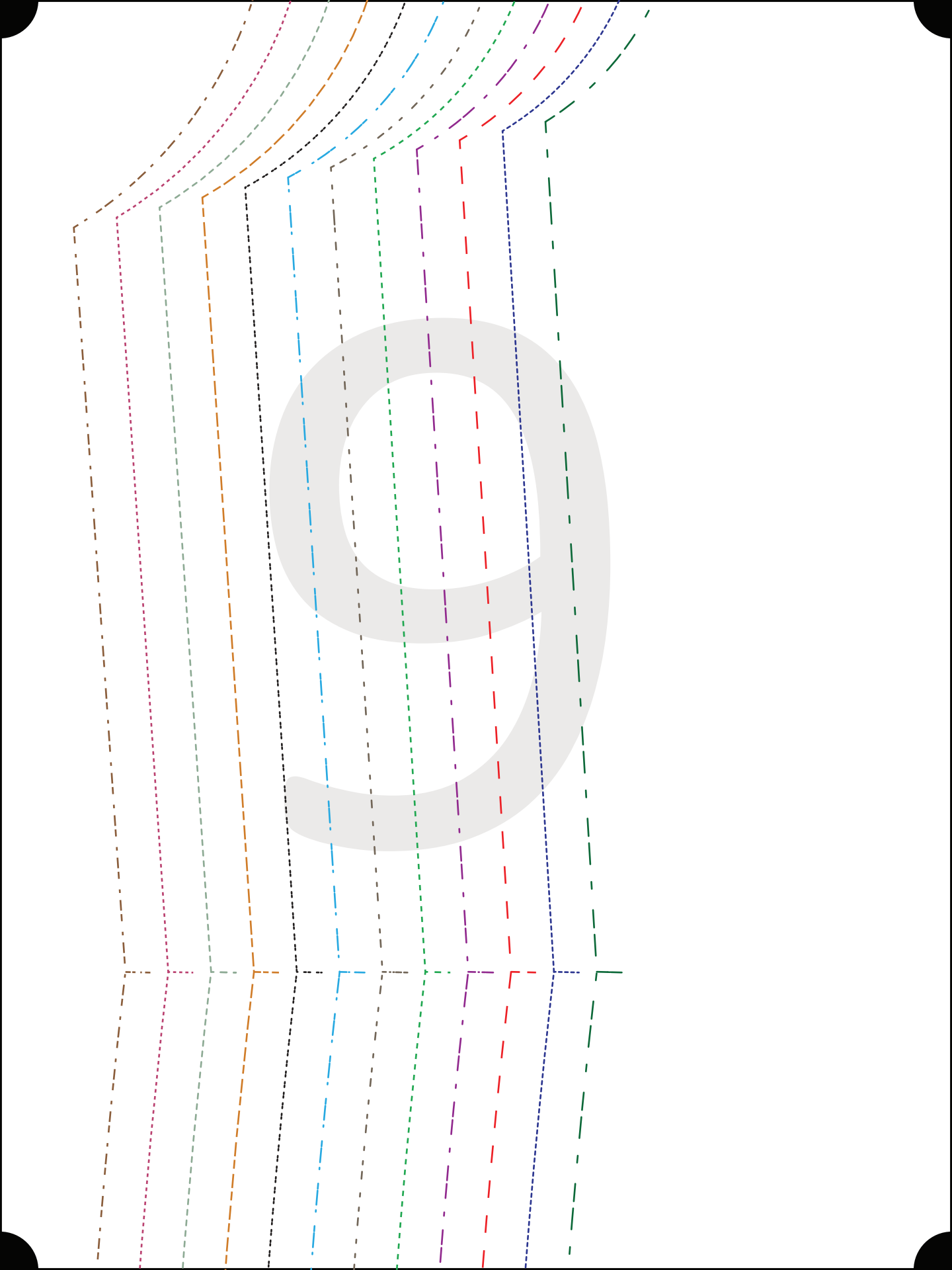
*Uvita  
Top*

**1**  
Front

Cut 1  
of Primary Fabric on Fold

3/8" (1 cm) Seam Allowance  
and 3/4" (2 cm) Hem Allowance Included







*Uvita  
Top*

2

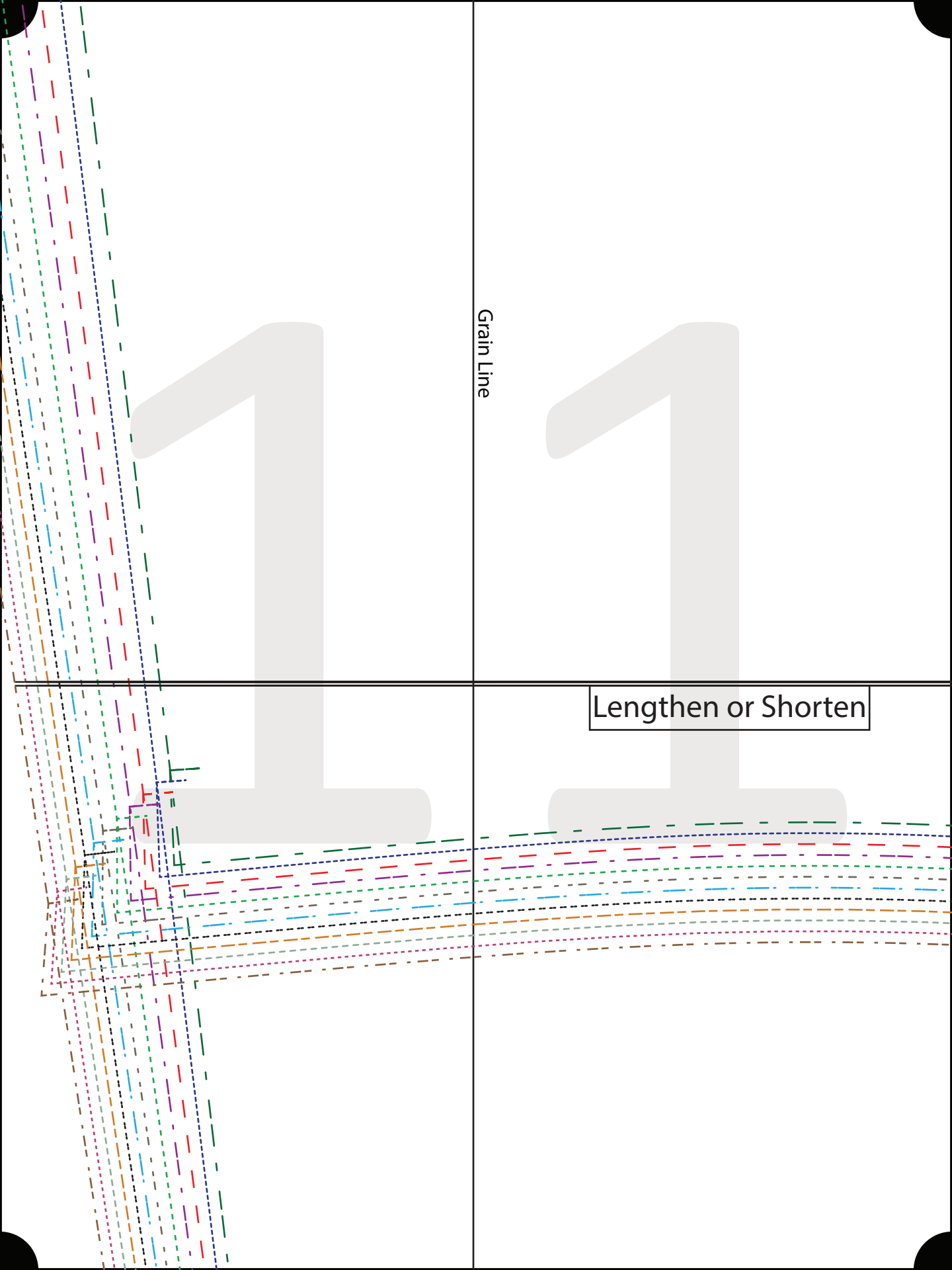
Back

Cut 1  
of Primary Fabric on Fold

3/8" (1 cm) Seam Allowance  
and 3/4" (2 cm) Hem Allowance Included

Grain Line

Center Fold



Grain Line

Lengthen or Shorten



*Uvita  
Top*

**3**

Sleeve

Cut 2 Mirror Images  
of Primary Fabric

3/8" (1 cm) Seam Allowance  
and 3/4" (2 cm) Hem Allowance Included

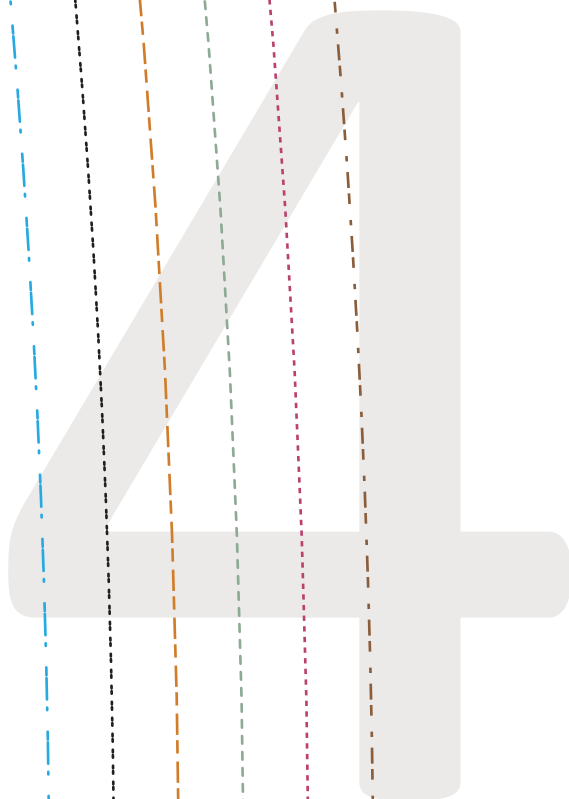
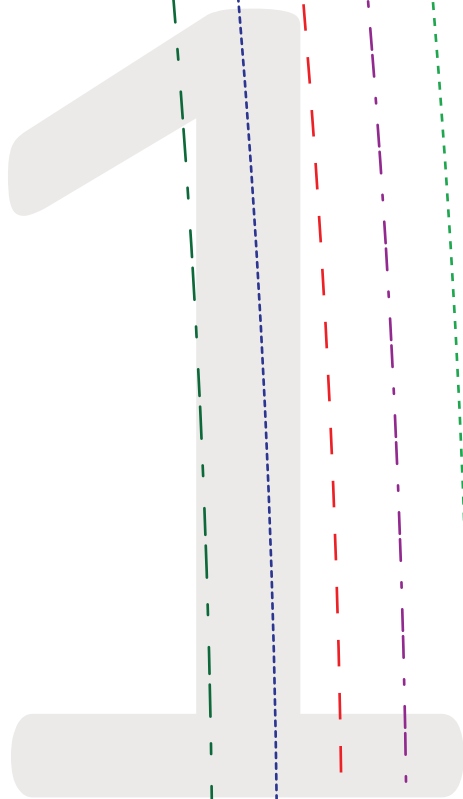
Cut Here for 3/4 Sleeve

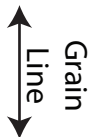
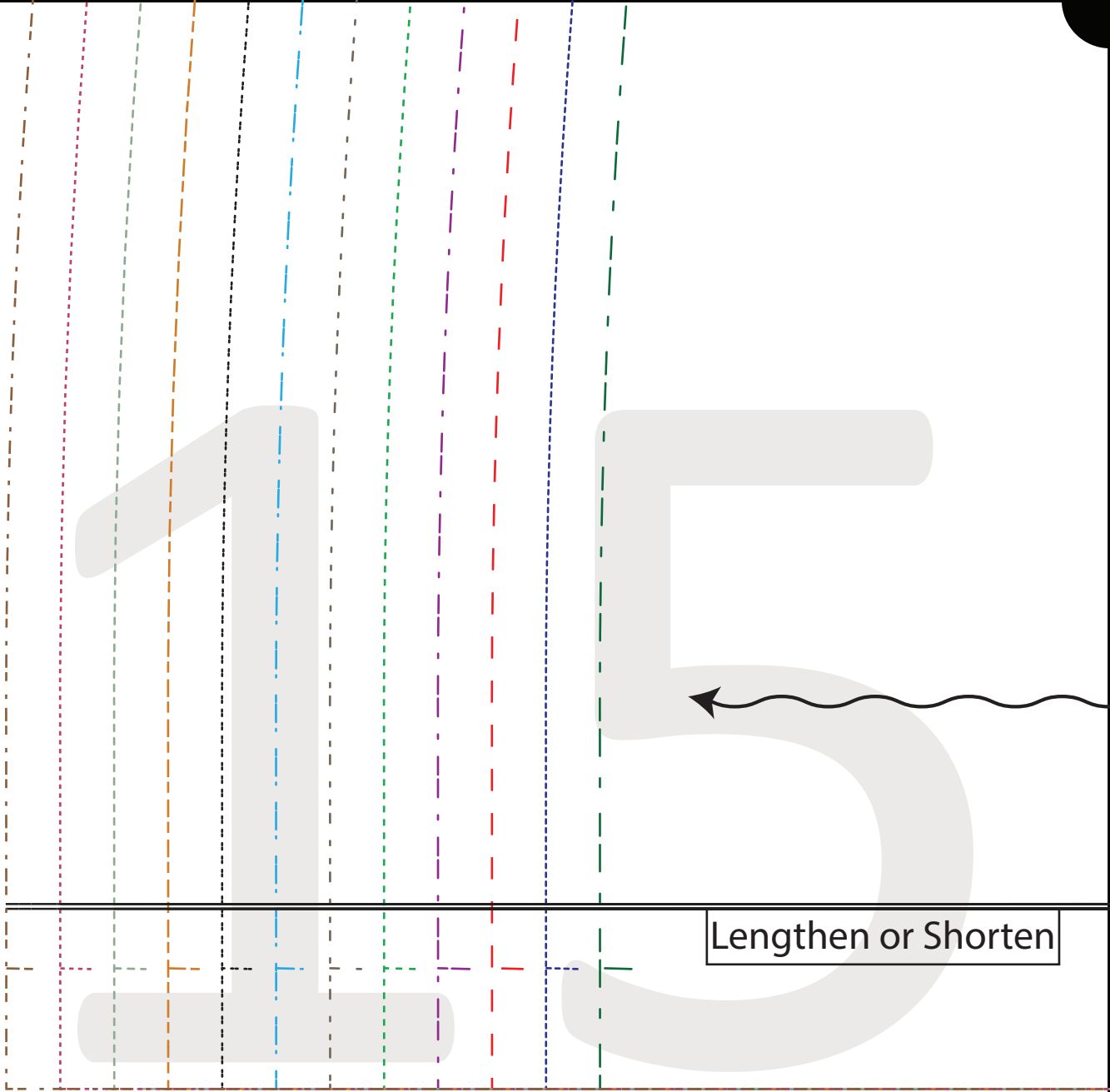
1

3

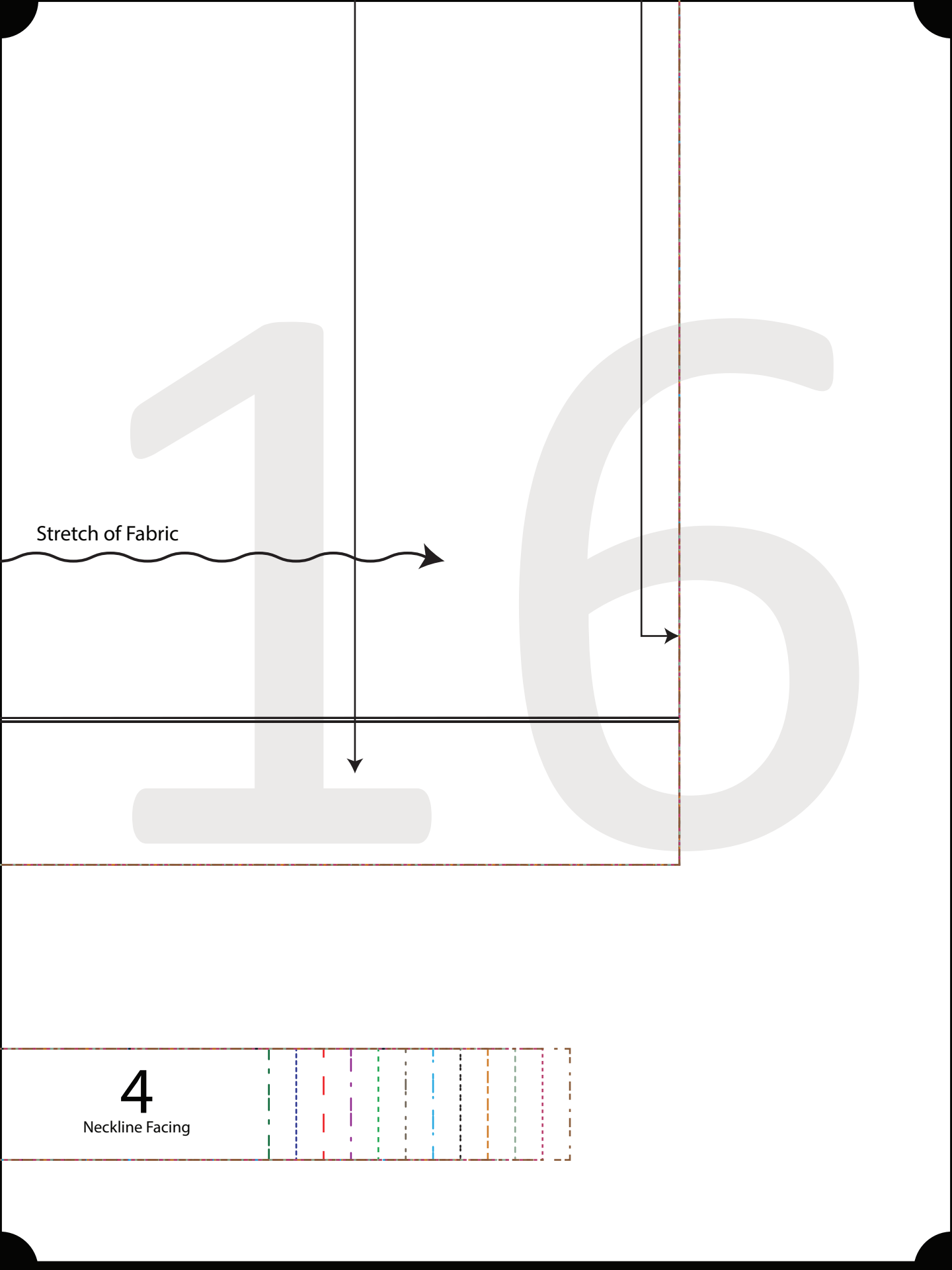
Stretch of Fabric

Lengthen or Shorten





Cut 1 of Primary Fabric on Fold  
3/8" (1 cm) Seam Allowance on Short Ends &  
1/4" (6 mm) on Long Edges Included

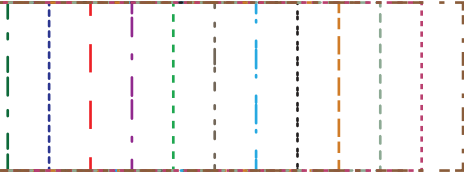


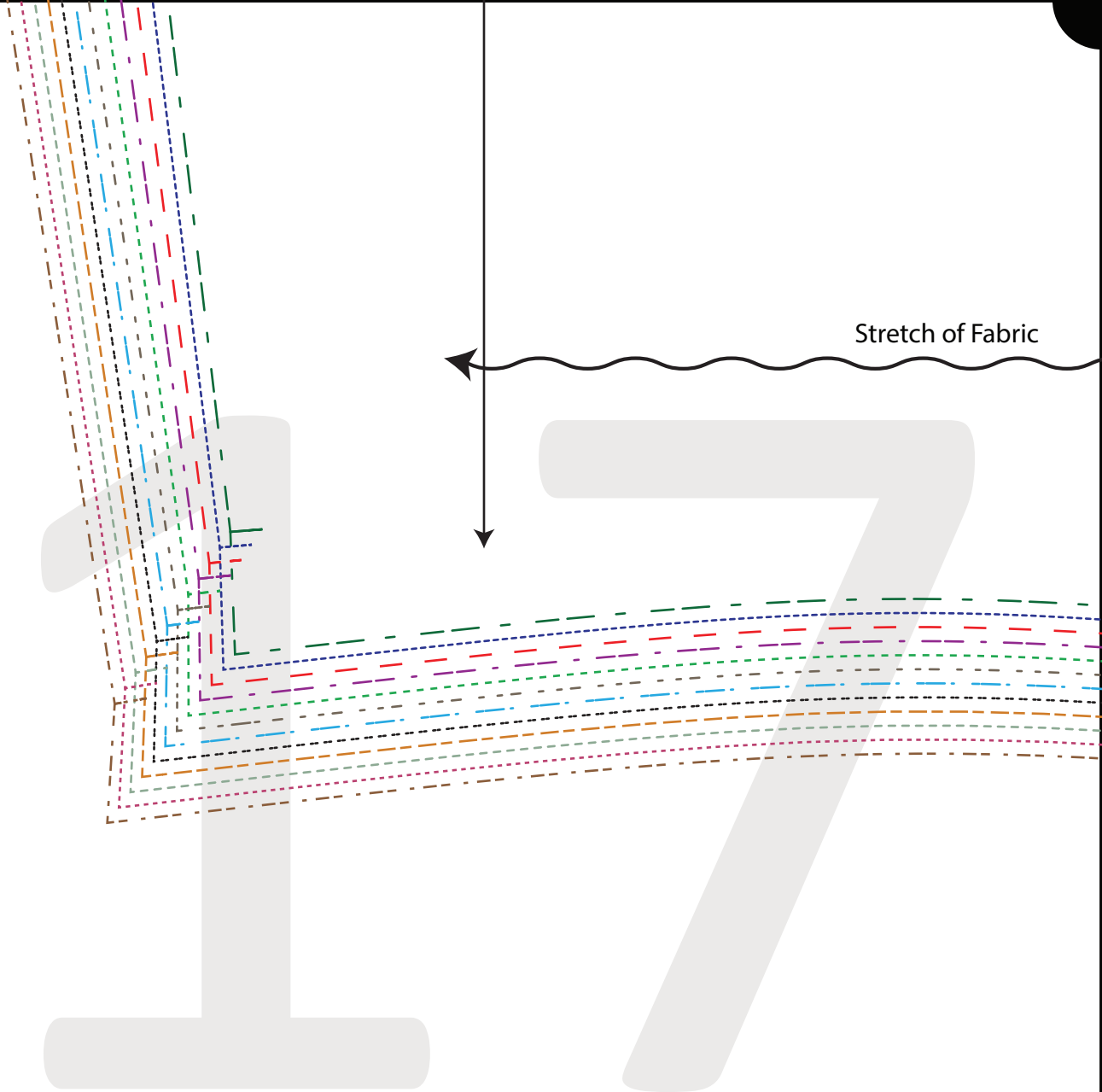
Stretch of Fabric

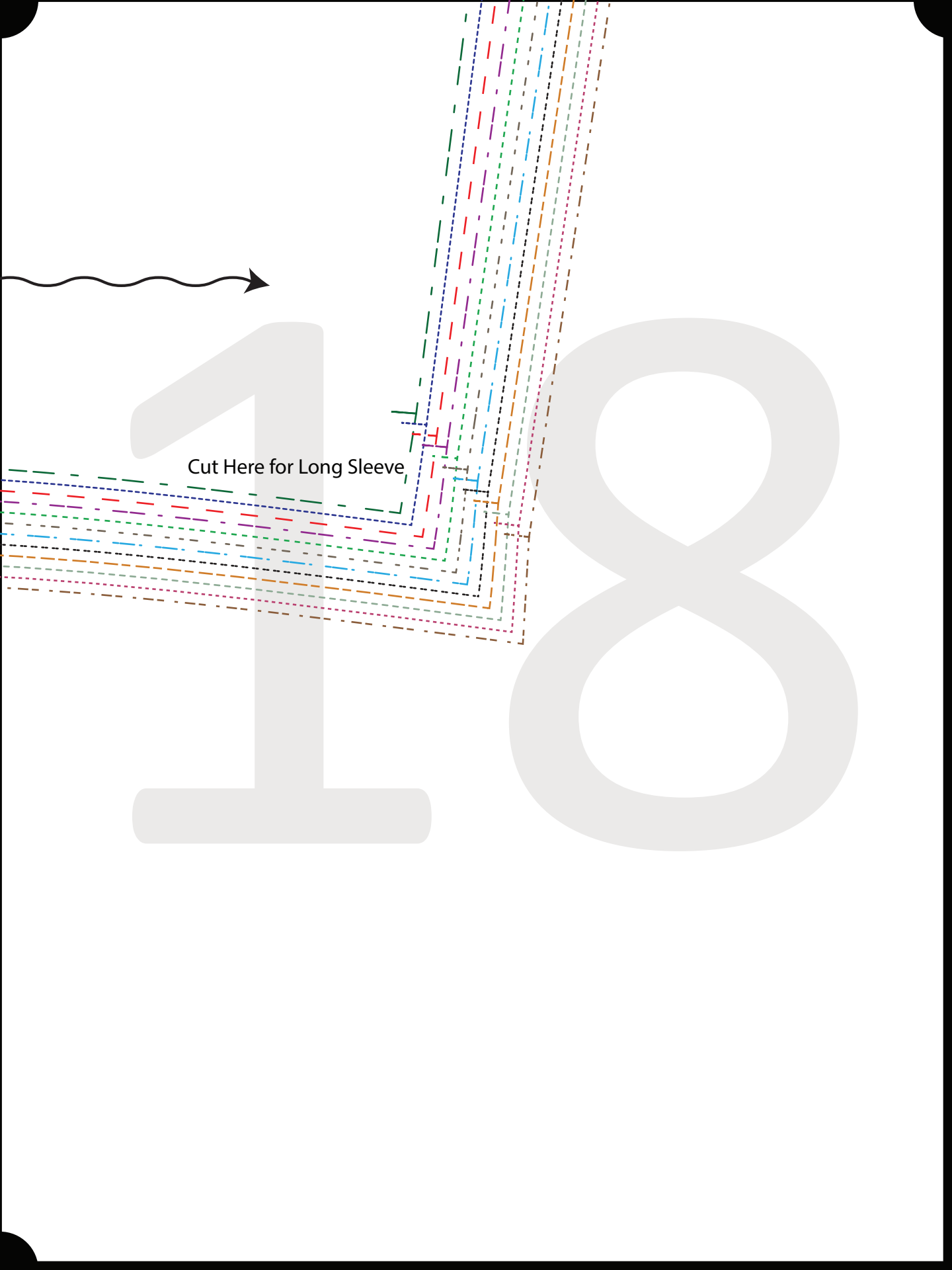


4

Neckline Facing







Cut Here for Long Sleeve