

## Bottom (Sizes 00 to 20)

### Body Measurements

|       | inch |                                |                                |                                |                                |                                |                                |                                |                                |                                |                                |                                |                                |
|-------|------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
|       | cm   | 00                             | 0                              | 2                              | 4                              | 6                              | 8                              | 10                             | 12                             | 14                             | 16                             | 18                             | 20                             |
| Waist |      | 25 <sup>3</sup> / <sub>8</sub> | 26 <sup>3</sup> / <sub>4</sub> | 28 <sup>1</sup> / <sub>8</sub> | 29 <sup>1</sup> / <sub>2</sub> | 30 <sup>7</sup> / <sub>8</sub> | 32 <sup>1</sup> / <sub>4</sub> | 33 <sup>5</sup> / <sub>8</sub> | 35                             | 36 <sup>3</sup> / <sub>8</sub> | 37 <sup>3</sup> / <sub>4</sub> | 39 <sup>1</sup> / <sub>8</sub> | 40 <sup>1</sup> / <sub>2</sub> |
|       |      | 64.5                           | 68                             | 71.5                           | 75                             | 78.5                           | 82                             | 85.5                           | 89                             | 92.5                           | 96                             | 99.5                           | 103                            |
| Hip   |      | 33 <sup>1</sup> / <sub>8</sub> | 34 <sup>1</sup> / <sub>2</sub> | 35 <sup>7</sup> / <sub>8</sub> | 37 <sup>1</sup> / <sub>4</sub> | 38 <sup>5</sup> / <sub>8</sub> | 40                             | 41 <sup>3</sup> / <sub>8</sub> | 42 <sup>3</sup> / <sub>4</sub> | 44 <sup>1</sup> / <sub>8</sub> | 45 <sup>1</sup> / <sub>2</sub> | 46 <sup>7</sup> / <sub>8</sub> | 48 <sup>1</sup> / <sub>4</sub> |
|       |      | 84                             | 87.5                           | 91                             | 94.5                           | 98                             | 101.5                          | 105                            | 108.5                          | 112                            | 115.5                          | 119                            | 122.5                          |

### How to choose your size

1. Compare your waist circumference (narrowest part) to the “Body Measurements” table. Choose the size that best fits your waist. If you are between sizes, choose the smaller size if you like your garment more fitted; otherwise, choose the bigger size.
2. Compare your hip circumference (widest part) to the “Body Measurements” table. Choose the size that fits your hip best. If you are between sizes, choose the smaller size if you like your garment more fitted; otherwise, choose the bigger size.
3. It’s OK to use different sizes for the bust, waist and hip. The instructions for blending sizes are included in the pattern.
4. If you are taller or shorter than 5’6” (168 cm), you should consider lengthening or shortening the garment. The instructions for lengthening or shortening are included in the pattern.

