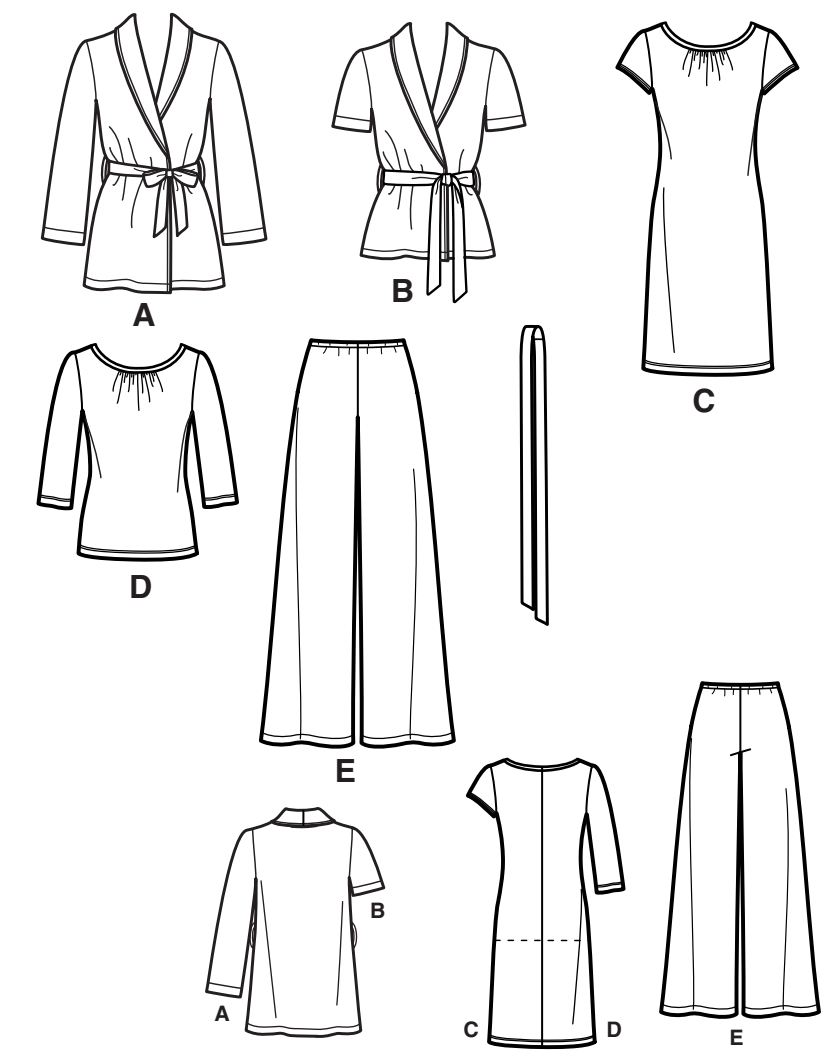
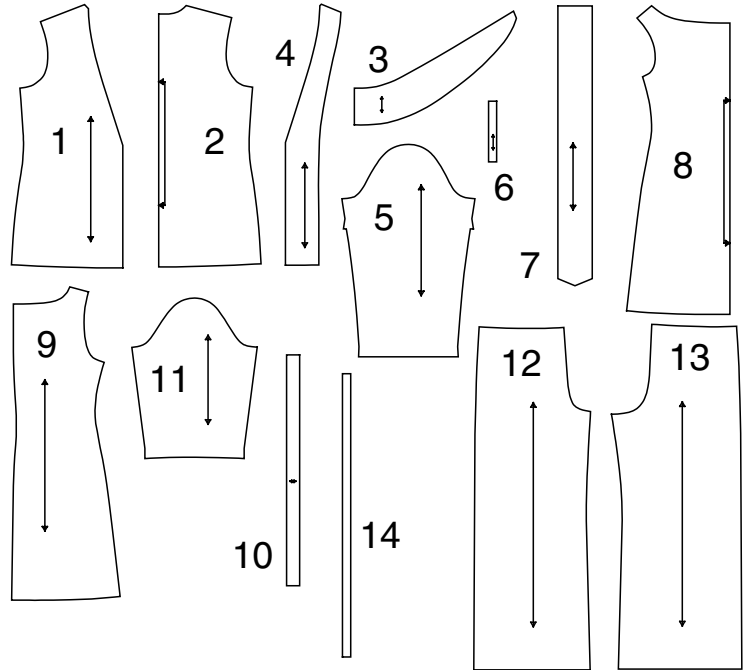


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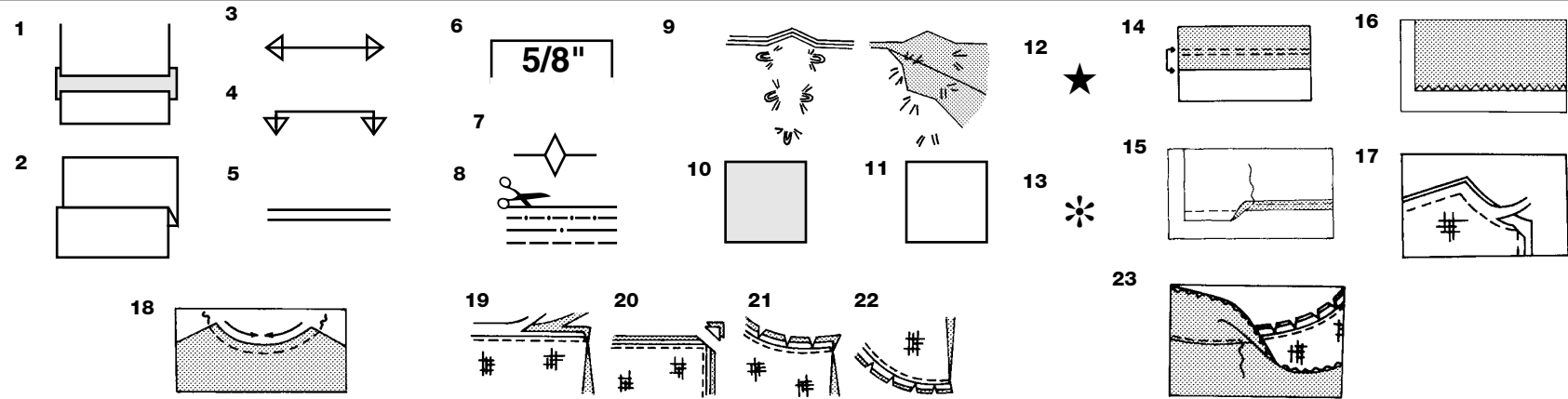


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14 pieces given



- 1-FRONT -A,B
2-BACK -A,B
3-COLLAR -A,B
4-FRONT FACING -A,B
5-SLEEVE -A,B
6-CARRIER -A,B
7-TIE BELT -A,B
8-FRONT -C,D
9-BACK -C,D
10-NECK BINDING -C,D
11-SLEEVE -C,D
12-PANTS FRONT -E
13-PANTS BACK -E
14-ELASTIC GUIDE -E



How To Use Your Multi Size Pattern

First Prepare Your Pattern
Select the pattern pieces according to the view you are making.

This pattern is made to body measurements with ease allowed for comfort and style. If your body measurements differ from those on the pattern envelope adjust the pieces before placing them on the fabric.

Check your back neck to waist and dress length, if necessary, alter the pattern. Lengthening and shortening lines are indicated.

- TO LENGTHEN:** Cut pattern between printed lines and place paper underneath. Spread pattern the required amount and pin to paper.
- TO SHORTEN:** Fold at the printed lines to form a pleat half the amount to be shortened, ie 1/2" (1.3cm) deep to shorten 1" (2.5cm).

Study Your Pattern Markings

- STRAIGHT GRAIN:** Place an even distance from selvage or a straight thread.
- FOLD:** Place on fold of fabric.
- LENGTHENING AND SHORTENING LINES.**
- SEAM ALLOWANCE:** 5/8" (1.5cm) unless otherwise stated.
- NOTCHES:** Match notches.
- CUTTING LINES:** Multi patterns have different cutting lines for different sizes.
- TAILOR-TACKS:** With double thread make two loose stitches forming loop through fabric layers and pattern leaving long ends. Cut loop to remove pattern. Snip thread between fabric layers. Leave tufts.

Cutting Layouts

Cutting Directions

FOR FOLDED AND DOUBLE LAYER FABRIC - Place fabric with right side inside and pin pattern on wrong side of fabric.

FOR SINGLE LAYER - Pin pattern on right side of fabric.

NOTE: Pattern pieces may interlock more closely for smaller sizes. Cut notches out from cutting line.

BEFORE removing pattern from fabric, transfer all pattern markings using tailor tacks or dressmaking tracing paper.

- KEY: pattern printed side down
- KEY: pattern printed side Up
- KEY: Cut out all pieces except pieces that extend beyond folded fabric, then open out fabric and on RIGHT side of fabric, cut in positions as shown.
- KEY: For with and without nap layouts ensure fabric is placed with nap or design running in same direction.

Before pinning to fabric, press tissue pattern with a warm dry iron to remove creases.

Sewing Directions

Fabric Key

Sew garment following **Sewing Directions**.

PIN or machine-baste seams matching notches.

STITCH 5/8" (1.5cm) seams unless otherwise stated.

PRESS seams open unless otherwise indicated, clipping when necessary so seams will lie flat.

14. **EASE-STITCH** or **GATHER** - Loosen needle tension slightly. With RIGHT side up, stitch 5/8" (1.5cm) from cut edge using a long stitch. Stitch again 1/4" (6mm) away in the seam allowance.

EDGE FINISH - Neaten raw edges of seams, hems and facings using one of the following methods.

- Stitch 1/4" (6mm) from edge, turn under along stitching and stitch.
- Zig-zag or overlock raw edges.
- INTERFACING** — Pin interfacing to WRONG side of fabric. Cut across corners that will be enclosed with seams. Machine-baste 1/2" (1.3cm) from cut edge. (Shown only on first illustration). Trim interfacing close to machine-basting. For FUSIBLE interfacing, follow manufacturer's directions.

18. **STAY-STITCH** —Stitch 1/2" (1.3cm) from cut edge, in direction of arrows: (Shown only in the first illustration).

LAYERING — Trim seam allowance in layers.

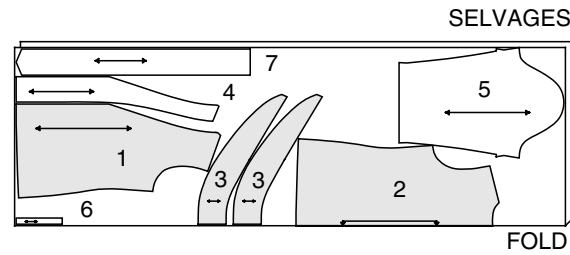
- Layer enclosed seams
- Trim corners
- Clip inner curves
- Notch outer curves
- UNDERSTITCH** —Press facing away from garment; press seam toward facing. Facing side up, understitch close to seam through facing and seam allowances.

Cutting Layouts

ALL VIEWS ARE SIZED FOR STRETCH KNITS ONLY

A
USE PIECES 1 2 3 4 5 6 7
CUT ONE OF PIECE 6

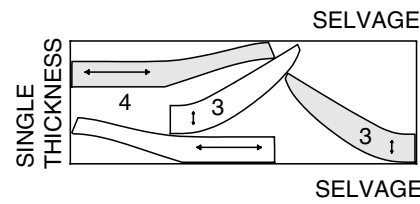
1A 58" 60" (150CM)
WITH NAP



INTERFACING

USE PIECES 3 4

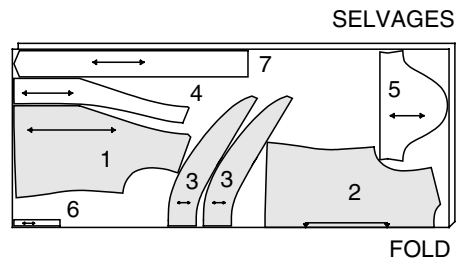
1B 20" TO 25" (51CM TO 64CM)
FUSIBLE



B

USE PIECES 1 2 3 4 5 6 7
CUT ONE OF PIECE 6

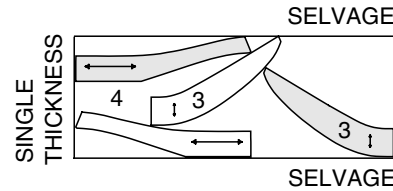
2A 58" 60" (150CM)
WITH NAP



INTERFACING

USE PIECES 3 4

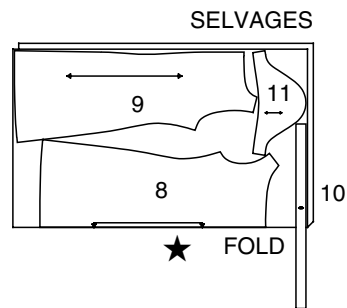
2B 20" TO 25" (51CM TO 64CM) FUSIBLE



C

USE PIECES 8 9 10 11

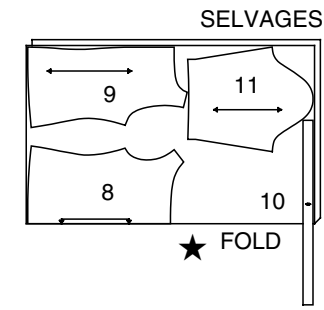
3 58" 60" (150CM)
WITH NAP



D

USE PIECES 8 9 10 11

4 58" 60" (150CM)
WITH NAP

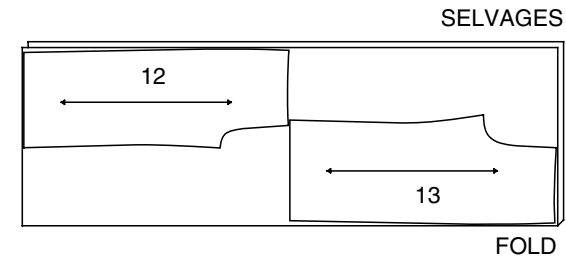


E- WORN 1 1/2" (3.8CM) BELOW WAIST

USE PIECES 12 13

PIECE 14 IS CUT OF ELASTIC

5 58" 60" (150CM)
WITH NAP



Español

TODOS LOS MODELOS EN MALLAS ESTIRABLES
SOLAMENTE

A USE LAS PIEZAS 1 2 3 4 5 6 7
CORTE UNA PIEZA 6

1A 58" 60" (150CM) CON PELUSA

ENTRETELA USE LAS PIEZAS 3 4

1B 20" A 25" (51CM A 64CM)
ADHESIVA

B USE LAS PIEZAS 1 2 3 4 5 6 7

CORTE UNA PIEZA 6

2A 58" 60" (150CM) CON PELUSA

ENTRETELA USE LAS PIEZAS 3 4

2B 20" A 25" (51CM A 64CM) ADHESIVA

C USE LAS PIEZAS 8 9 10 11

3 58" 60" (150CM) CON PELUSA

D USE LAS PIEZAS 8 9 10 11

4 58" 60" (150CM) CON PELUSA

E- SE LLEVA 1 1/2" (3.8CM) DEBAJO DE LA CINTURA

USE LAS PIEZAS 12 13

CORTE LA PIEZA 14 EN ELASTICO

5 58" 60" (150CM) CON PELUSA

Selvage (s) = Orillo(s)
Fold = Doble
Single Thickness= Espesor Sencillo

SIMPLY THE BEST TECHNIQUES FOR SEWING KNITS

NEEDLES

- Use a ball point or stretch needle in a medium-weight size.

MACHINE SETTINGS

- Narrow zigzag stitch or a stretch stitch.
- Decrease pressure on presser foot for heavy sweater knits; increase pressure for lingerie knits.

SEAMS

- Stretch knits need seams that are supple enough to “give” with the fabric. You can sew them with straight stitches, zigzag stitches or one of the stretch stitches built into many conventional machines, or on your serger.

CARDIGAN A, B

1. **STAY-STITCH** neck edges of front and back.

2. Pin front to back at shoulder seams. To prevent shoulder seam from stretching, pin center of straight seam binding along seam line on front shoulder edge. Stitch. Stitch front to back at side seams.

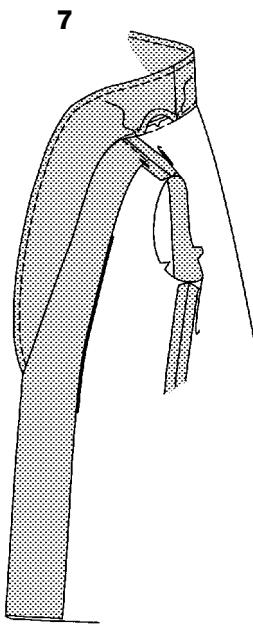
NOTE: You have cut out four collar sections. Two sections will be used as facings.

3. Apply **INTERFACING** to collar sections. Stitch center back seam of collar. Trim seam. Machine-stitch 5/8" (1.5cm) from notched edge of collar. Clip notched edge of collar to stitching at small dots.

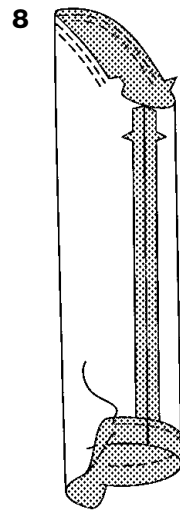
4. Press under 5/8" (1.5cm) on raw edge between clips. Trim to 1/4" (6mm). Stitch center back seam of collar facing. With **RIGHT** sides together, stitch facing to collar, leaving notched edges open. **LAYER** seam.

5. Turn collar; press. Top-stitch collar 1/4" (6mm) from finished edge. Clip back neck edge of garment to stay-stitching. On **OUTSIDE**, pin collar (facing side) to neck edge, matching centers back, large dots and placing small dot at shoulder seam. Baste both collar and facing sections to front neck edge as far as small dot. Baste only the collar facing section to remaining neck edge between small dots.

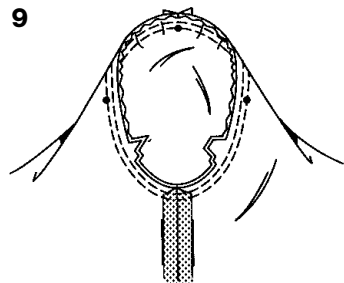
6. Apply **INTERFACING** to front facing sections. Stitch under 1/4" (6mm) on shoulder edge. With **RIGHT** sides together, pin facing to front (over collar), matching large dots. Baste. Clip neck edge through all thicknesses at small dots. Stitch front and neck edge as basted, being careful not to catch in free edge of collar. **LAYER** seam.



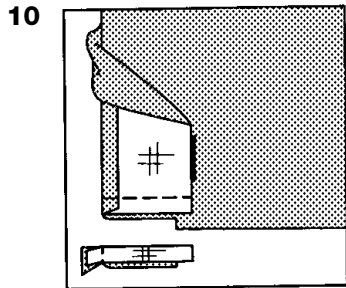
7. Turn facing to **INSIDE**, turning back neck seam toward collar; press. Stitch pressed edge of collar over neck seam. To keep the facing in place, tack facing to shoulder seam allowances by hand or with a small piece of fusible web.



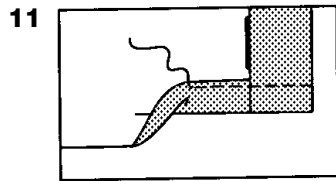
8. **EASE-STITCH** top of sleeve between notches. Stitch underarm seam. Press up hem. Stitch **OR** zig-zag 1/4" (6mm) from raw edge.



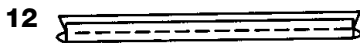
9. Turn sleeve **RIGHT** side out. Hold garment **WRONG** side out with armhole toward you. With **RIGHT** sides together, pin sleeve to armhole edge with center small dot at shoulder seam, matching underarm seams and remaining small dots. Pull up ease stitches to fit. To distribute fullness evenly, slide fabric along bobbin threads until there are no puckers or tucks on the seam line. Baste. Stitch. Stitch again 1/8" (3mm) from first stitching. Trim seam below notches close to stitching. Press only the seam allowance, shrinking out fullness.



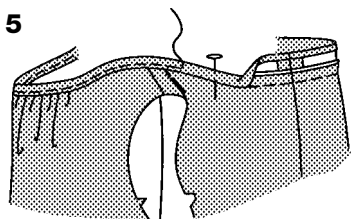
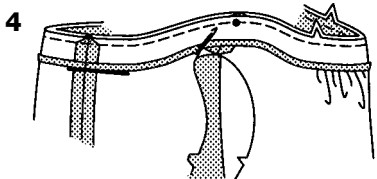
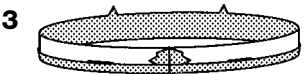
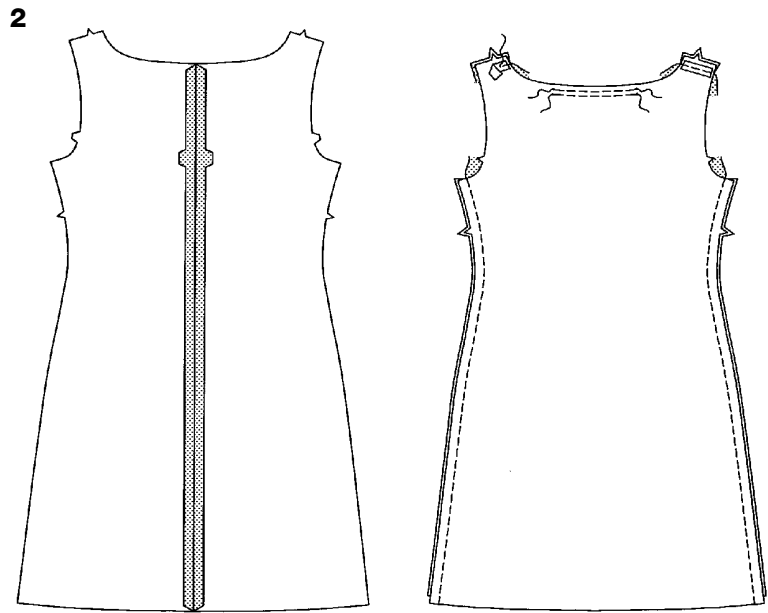
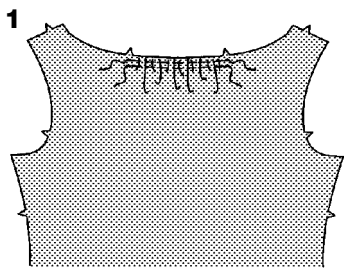
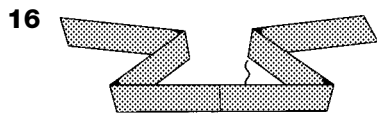
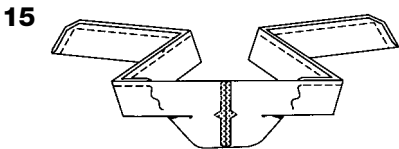
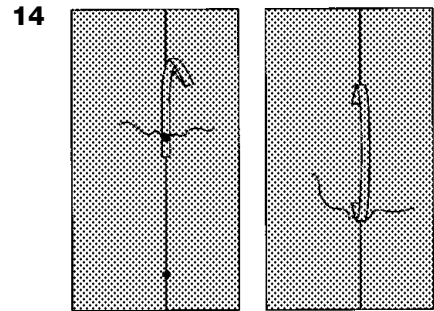
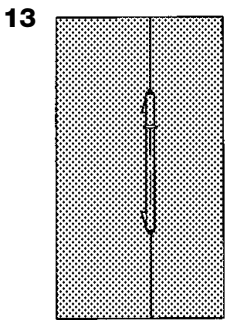
10. Turn facing to **OUTSIDE**. Stitch across facing exactly 1-1/4" (3.2cm) from lower edge. Trim facing close to stitching. Trim garment to within 5/8" (1.5cm) of inner edge of facing.



11. Turn facing to **INSIDE**; press, pressing up hem. Stitch **OR** zig-zag 1/4" (6mm) from raw edge, continuing to front edges.



12. Fold carrier in half lengthwise, with **RIGHT** sides together. Stitch long edges in a 1/4" (6mm) seam.



13. Turn RIGHT side out; press. Cut carrier in half. Turn under 1/2" (1.3cm) on ends of each carrier. On OUTSIDE, center carrier over side seam, placing turned under ends at small dots.
14. Working on one end, unpin carrier and stitch across underside of carrier 1/2" (1.3cm) from raw end, as shown. Stitch remaining end in same manner by pulling carrier down so that you have room to stitch.

15. Stitch notched ends of tie belt sections in 3/8" (1cm) seam. Fold tie belt in half, lengthwise, with RIGHT sides together. Stitch in 3/8" (1cm) seam, leaving an opening to turn. Trim seam and corners.

16. Turn tie belt; press. Slip-stitch opening edges together.

DRESS C OR TOP D

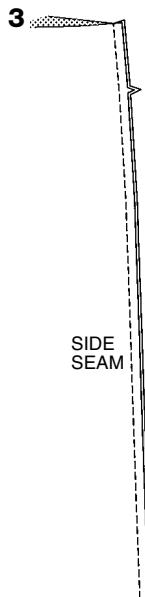
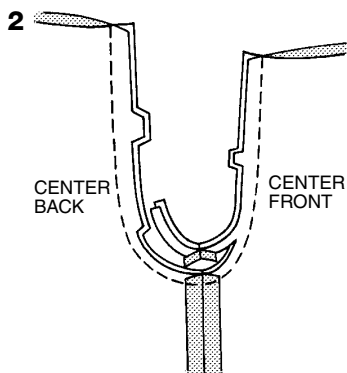
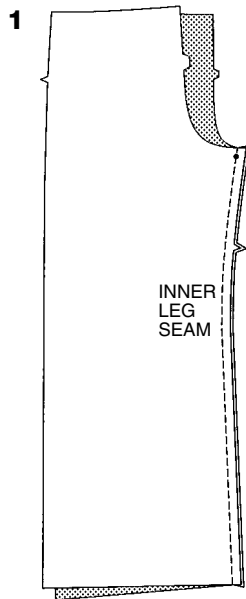
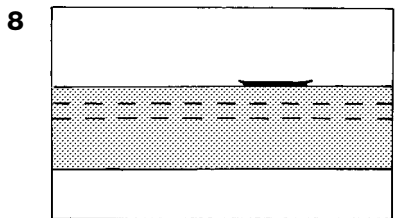
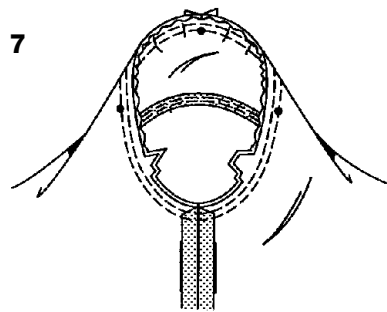
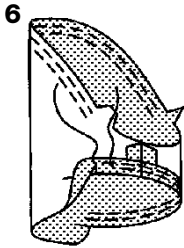
1. **GATHER** neck edge of front between notches 3/8" (1cm) from raw edge. Pull up gathering stitches to fit neck binding tissue pattern between notches. Securely fasten thread ends.

2. Stitch center back seam. Pin front to back at shoulder and side seams.
To prevent shoulder seams from stretching, pin center of seam binding along seam line on front shoulder edge. Stitch. Stitch side seam.

3. Stitch center back seam of neck binding. Press under 3/8" (1cm) on unnotched edge of binding.

4. Pin RIGHT side of binding to WRONG side of garment neck edge, matching centers and placing small dots at shoulder seams. Stitch in a 3/8" (1cm) seam, stretching binding to fit.

5. Press seam toward binding, pressing binding out. On OUTSIDE, pin pressed edge of binding over seam, encasing raw edges and stretching binding to fit. Stitch binding close to pressed edge, removing pins as you come to them.



6. **EASE-STITCH** top of sleeve between notches. Stitch underarm seam. Press up hem. Stitch OR zig-zag 1/4" (6mm) from raw edge and 1/4" (6mm) below first stitching.

7. Turn sleeve RIGHT side out.
Hold garment WRONG side out with armhole toward you. With RIGHT sides together, pin sleeve to armhole edge with center small dot at shoulder seam, matching underarm seams and remaining small dots. Pull up ease stitches to fit.
To distribute fullness evenly, slide fabric along bobbin threads until there are no puckers or tucks on the seam line. Baste. Stitch. Stitch again 1/8" (3mm) from first stitching. Trim seam below notches close to stitching. Press only the seam allowance, shrinking out fullness.

8. Mark length. Press up hem along marking. Mark depth of hem; trim evenly. Stitch OR zig-zag 1/4" (6mm) from raw edge and 1/4" (6mm) below first stitching.

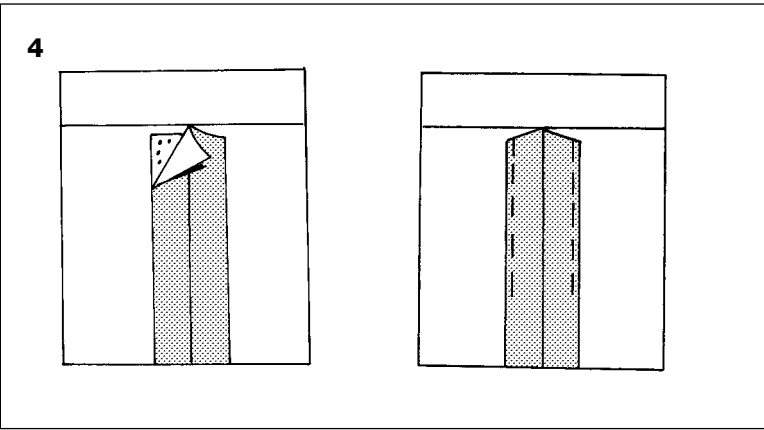
PANTS E

NOTE: Garment is worn 1-1/2" (3.8cm) below waistline.

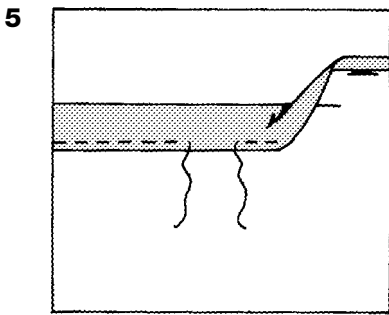
1. Pin pants front to pants back at inner leg seams, matching notches and small dots. Stitch seam, stretching back to fit.

2. With RIGHT sides together, pin center seam, matching inner leg seams and notches. Stitch. To reinforce seam, stitch again over first stitching. Trim seam in curved area to 1/4" (6mm). Press remaining seam open.

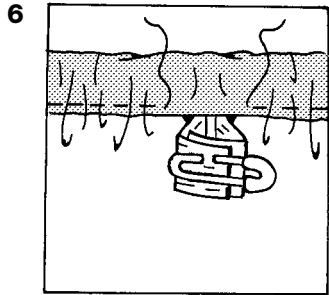
3. Stitch front to back at side seams.



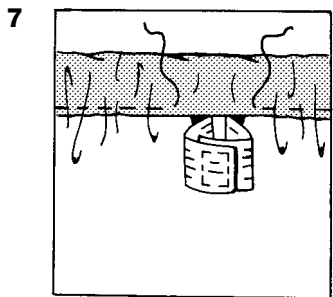
4. To keep elastic from getting stuck in the seam allowances as it's inserted, use fusible web or machine-basting to anchor them to garment within the casing area. Be sure to remove basting after casing is finished.



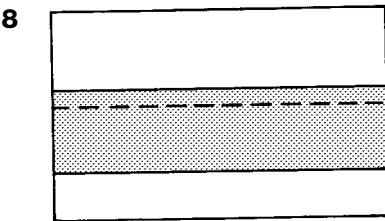
5. Press 1" (2.5cm) on upper edge to INSIDE, forming casing. Press under 1/4" (6mm) on raw edge. Stitch close to lower edge of casing, leaving an opening to insert elastic.



6. Cut a piece of elastic the length of elastic guide. Insert elastic through casing. Overlap ends and hold with a safety pin. Try on garment and adjust to fit.



7. Stitch ends of elastic together securely. Stitch opening closed. Distribute fullness evenly. Remove basting.
TIP - To secure elastic so it won't twist in wearing, stitch through all thicknesses of casing in the groove of each seam.



8. Mark length. Press up hem along marking. Mark depth of hem; trim evenly. Stitch OR zig-zag 1/4" (6mm) from raw edge.

CHAQUETA DE PUNTO A, B

1. Haga una **PUNTADA DE SOSTÉN** en el borde del escote del frente y de la espalda.
2. Prenda con alfileres el frente en la espalda por las costuras de los hombros. Para prevenir que se estire la costura del hombro, prenda con alfileres un pedazo de cinta recta para costura, a lo largo de la línea de la costura del hombro del frente. Cosa.
- Cosa el frente en la espalda por las costuras de los lados.

NOTA: Ud. ha cortado cuatro secciones de cuello cuyas dos serán usadas como forro.

3. Coloque la **ENTRETELA** en las secciones del cuello. Cosa la costura del centro trasero del cuello. Recorte la costura. Cosa a máquina a 5/8" (1.5cm) del borde con muescas del cuello. Haga cortes hasta el pespunte en el cuello, en los puntos pequeños.

4. Planche un dobléz de 5/8" (1.5cm) en el borde no terminado, entre las muescas. Recorte a 1/4" (6mm). Cosa la costura del centro trasero del forro del cuello. DERECHO CON DERECHO, cosa el forro en el cuello dejando abiertos los bordes con muescas. **RECORTE** la costura **A DIFERENTES NIVELES**.

5. Vuelva el cuello; planche. Haga un pespunte de adorno en el cuello, a 1/4" (6mm) del borde terminado. Haga cortes hasta la puntada de sostén en el borde del escote trasero de la prenda. En el EXTERIOR, prenda con alfileres el cuello (lado del forro) en el borde del escote, casando los centros traseros y los puntos grandes y colocando el punto pequeño en la costura del hombro. Hilvane solamente el forro del cuello en el resto del borde del escote, entre los puntos pequeños.

6. Coloque la **ENTRETELA** en las vistas del frente. Cosa un dobléz de 1/4" (6mm) en el borde del hombro. DERECHO CON DERECHO, prenda con alfileres el forro en el frente (sobre el cuello), casando los puntos grandes. Hilvane. Haga cortes en el borde del escote en los puntos pequeños, atrapando todos los espesores. Cosa los bordes del frente y del escote siguiendo el hilván y teniendo cuidado de atrapar el borde suelto del cuello. **RECORTE** la costura **A DIFERENTES NIVELES**.

7. Voltee la vista hacia el INTERIOR, volviendo la costura del escote trasero hacia el cuello; planche. Cosa el borde planchado del cuello en la costura del escote. Para mantener la vista en su sitio, cósala en los márgenes de las costuras de los hombros o fíjela con un pequeño pedazo de materia adhesiva.

8. **SOSTENGA** la parte superior de la manga entre las muescas. Cosa la costura del debajo del brazo. Planche el dobladillo. Cosa con puntadas rectas O de zig-zag a 1/4" (6mm) del borde no terminado.

9. Vuelva la manga al DERECHO. Mantenga la prenda sobre el REVÉS, con la sisa hacia usted. DERECHO CON DERECHO, prenda con alfileres la manga en la sisa con el punto pequeño del centro en la costura de los hombros, casando las costuras del debajo del brazo y los puntos pequeños restantes. Tire de los hilos de frunce para ajustar. Para distribuir la amplitud uniformemente, deslice la tela por los hilos de la canilla hasta que no haya arrugas ni pliegues en la línea de costura. Hilvane. Cosa. Vuelva a coser 1/8" (3mm) del primer pespunte en el margen de costura. Debajo de las muescas, recorte la costura a ras del pespunte. Planche solamente el margen de la costura, sosteniendo la amplitud.

10. Vuelva la vista hacia el EXTERIOR. Cosa a través de la vista a exactamente 1-1/4" (3.2cm) del borde inferior. Recorte la vista a ras del pespunte. Recorte la prenda a 5/8" (1.5cm) del borde interior de la vista.

11. Vuelva la vista hacia el INTERIOR; planche volviendo el dobladillo hacia arriba. Cosa con puntadas rectas O de zig-zag a 1/4" (6mm) del borde no terminado, siguiendo en los bordes del frente.

12. Doble la banda para las presillas por la mitad y por su largo, DERECHO CON DERECHO. Cosa los bordes largos con una costura de 1/4" (6mm).

13. Vuelva al DERECHO; planche. Corte la banda por la mitad. Vuelva hacia dentro 1/2" (1.3cm) en los extremos de las presillas. En el EXTERIOR, coloque la presilla en la costura del lado, colocando los extremos vueltos en los puntos pequeños.

14. Quite los alfileres de la presilla y cosa por debajo, a 1/2" (1.3cm) del extremo no terminado, como se muestra. Cosa el extremo restante de la misma manera volviéndolo hacia abajo para coser mas fácilmente.

15. Cosa juntos los extremos del cinturón de lazo con una costura de 3/8" (1cm). Doble el cinturón de lazo por la mitad y por su largo, DERECHO CON DERECHO. Cosa con una costura de 3/8" (1cm) dejando una abertura para volver. Recorte la costura y sesgue las esquinas.

16. Vuelva el cinturón de lazo; planche. Cosa juntos los bordes de la abertura con puntadas falsas.

VESTIDO C Ó BLUSA D

1. **FRUNZA** el borde del escote del frente entre las muescas, a 3/8" (1cm) del borde no terminado. Tire de los hilos de frunce para ajustar el ribete del escote entre las muescas. Anude los hilos firmemente.

2. Cosa la costura del centro trasero. Prenda con alfileres el frente en la parte trasera por las costuras de los hombros y de los lados. Para evitar que se estiren las costuras de los hombros, prenda con alfileres un pedazo de cinta recta para costura a lo largo de la línea de la costura del hombro del frente. Cosa. Cosa la costura del lado.

3. Cosa la costura del centro trasero del ribete del escote. Planche un dobléz de 3/8" (1cm) en el borde sin muescas del ribete.

4. Prenda con alfileres el DERECHO del ribete en el REVÉS del borde del escote de la prenda, casando los centros y colocando los puntos pequeños en las costuras de los hombros. Cosa con una costura de 3/8" (1cm) estirando el ribete para ajustar.

5. Planche la costura hacia el ribete y el ribete hacia el exterior. En el EXTERIOR, prenda con alfileres el borde planchado del ribete en la costura encerrando los bordes no terminados y estirándolo para ajustar. Cosa cerca del borde planchado del ribete, quitando los alfileres a medida que cosa.

6. **SOSTENGA** la parte superior de la manga entre las muescas. Cosa la costura del debajo del brazo. Planche el dobladillo. Cosa con puntadas rectas O de zig-zag a 1/4" (6mm) del borde no terminado y a 1/4" (6mm) debajo del primer pespunte.

7. Vuelva la manga al DERECHO. Mantenga la prenda sobre el REVES, con la sisa hacia usted. DERECHO CON DERECHO, prenda con alfileres la manga en la sisa con el punto pequeño del centro en la costura de los hombros, casando las costuras del debajo del brazo y los puntos pequeños restantes. Tire de los hilos de frunce para ajustar. Para distribuir la amplitud uniformemente, deslice la tela por los hilos de la canilla hasta que no haya arrugas ni pliegues en la línea de costura. Hilvane. Cosa. Vuelva a coser 1/8" (3mm) del primer pespunte en el margen de costura. Debajo de las muescas, recorte la costura a ras del pespunte. Planche solamente el margen de la costura, sosteniendo la amplitud.

8. Marque el largo. Planche el dobladillo a lo largo de la marca. Marque el ancho del dobladillo; recorte uniformemente. Cosa con puntadas rectas O de zig-zag a 1/4" (6mm) del borde no terminado y a 1/4" (6mm) debajo del primer pespunte.

PANTALÓN E

N.B - : La prenda se lleva 1-1/2" (3.8cm) debajo de la cintura.

1. Prenda juntos con alfileres el frente y la parte trasera del pantalón por las costuras interiores de las piernas, casando las muescas y los puntos pequeños. Cosa la costura estirando la parte trasera para ajustar.

2. DERECHO CON DERECHO, prenda con alfileres la costura del centro, casando las costuras interiores de las piernas y las muescas. Cosa. Para reforzar la costura, vuelva a coser sobre el primer pespunte. Recorte la costura a 1/4" (6mm) a lo largo de la curva. Planche abierta la costura restante.

3. Cosa juntos el frente y la parte trasera por las costuras de los lados.

4. Para evitar que el elástico quede atrapado bajo los márgenes de la costura al insertarlo en la jareta, péguelos en la prenda con materia adhesiva o hilvánelos en la sección de la jareta. No olvide de quitar el hilván una vez la prenda esté terminada.

5. Planche 1" (2.5cm) hacia el INTERIOR, en el borde superior, par formar la jareta. Planche un dobléz de 1/4" (6mm) en el borde no terminado. Cosa cerca del borde inferior de la jareta, dejando una abertura para insertar el elástico.

6. Corte un pedazo de elástico midiendo el largo de la guía para el elástico. Inserte el elástico en la jareta. Cruce los extremos y manténgalo juntos con un imperdible. Pruébese la prenda y ajústela.

7. Cosa juntos los extremos del elástico firmemente. Cierre la abertura cosiéndola. Distribuya la amplitud uniformemente. Quite el hilván.
CONSEJO: Para asegurar el elástico de tal manera que no se enrolle con el uso, cosa por todos los espesores de la jareta, en la hendidura de cada costura.

8. Marque el largo. Planche el dobladillo a lo largo de la marca. Marque el ancho del dobladillo; recorte uniformemente. Cosa con puntadas rectas O de zig-zag a 1/4" (6mm) del borde no terminado.