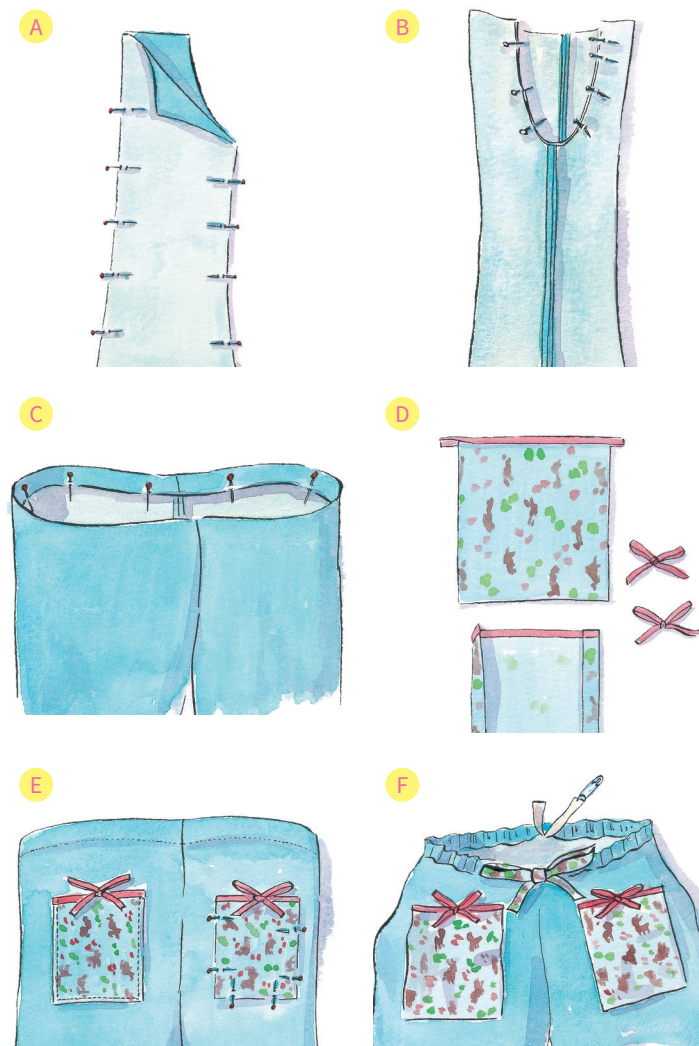


Room to GROW

These pull-on trousers are great for the little ones in your life and can be customised with fun-print pockets!

Project **EMMA HARDY**



MATERIALS & TOOLS:

- 56x36" (142x90cm) main fabric
- scraps of fabric for pockets & tie
- 26" (65cm) bias binding
- 23" (58cm) of 1/2"-wide (13mm-wide) elastic
- co-ordinating thread
- templates downloaded from www.lovesewingmag.co.uk

NOTES:

This patterns comes in three sizes for ages 2-3, 3-4, and 4-5 years
Take 1/2" (1cm) seam allowances throughout, unless otherwise stated

HOW TO MAKE:

- 1 Using the pattern pieces, cut out two front and two back pieces, making sure that there are two left and two right leg pieces. Overlock or zigzag stitch along the outer edges of each piece.
- 2 With RST, pin and machine-

stitch the left front and back pieces together along the outer edge, and then the inner leg. (See Pic A.) Repeat with the right leg pieces. Press the seams open.

- 3 Turn one leg RS out and slip it inside the other leg so that the RS are together. Pin together, aligning the inner and outer seams on both legs, and machine stitch around the crotch. (See Pic B.)
- 4 Trim the seam allowance to 1/4" (5mm) and overlock or zigzag stitch around it.
- 5 Turn over 3/8" (1cm) and then another 3/4" (2cm) to the WS along the top edge. Pin and machine stitch close to the bottom fold, leaving an opening of about 1" (2.5cm) at the back. (See Pic C. This forms the channel for the elastic.) Press.

MASTERCLASS EASY ELASTIC



- 1 Make sure you've left a large enough gap to easily work with.
- 2 Attach a small safety pin to one end of the elastic and feed it through to the other end. Take care not to twist the elastic as you go.
- 3 Pull it all the way through and overlap the ends of your elastic, then secure with a few strong stitches.
- 4 Hand-stitch the opening closed, making sure to sew through the elastic at the end to secure it.

- 6 Cut two 5 1/2 x 4 3/4" (14 x 12cm) rectangles of pocket fabric.

- 7 Cut two pieces of bias binding the width of the pockets. Pin and machine stitch one strip across the top of each pocket.

- 8 Tie a small bow from bias binding and hand stitch it onto the middle of the pocket top. (See Pic D.)

- 9 Press over by 3/8" (1cm) to the WS along the remaining three pocket sides, taking care to make neat corners.

- 10 Pin and top-stitch the pockets onto the front of the trousers. (See Pic E.)

- 11 To make the tie, cut an 18 x 1 1/2" (45 x 4cm) strip of the pocket fabric and fold it in half along the length. Fold over 3/8" (1cm) at each short end. Fold each long side of the strip in to the centre, press, pin and top-stitch all around.

- 12 Thread the elastic through the waist channel, secure the elastic, and machine stitch the opening closed. (See Pic F.)

- 13 Check the length of the trousers and hem by press up 3/8" (1cm) and then another

- 3/4" (2cm) to the inside. Press, pin, and machine stitch in place, stitching as close to the last fold as possible.

- 14 Hand-stitch the tie from the previous step onto the front, below the elastic to complete.

ABOUT THE BOOK



Making children's clothes
by Emma Hardy, £12.99
(CICO Books)