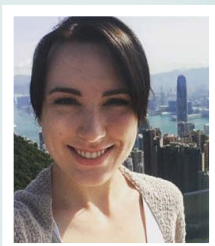


Jersey MAXI DRESS

*Super quick to sew, this easy
maxi dress is the ideal throw-on
for home or away*

Project LAUREN ELBERT
www.sadiandsam.com

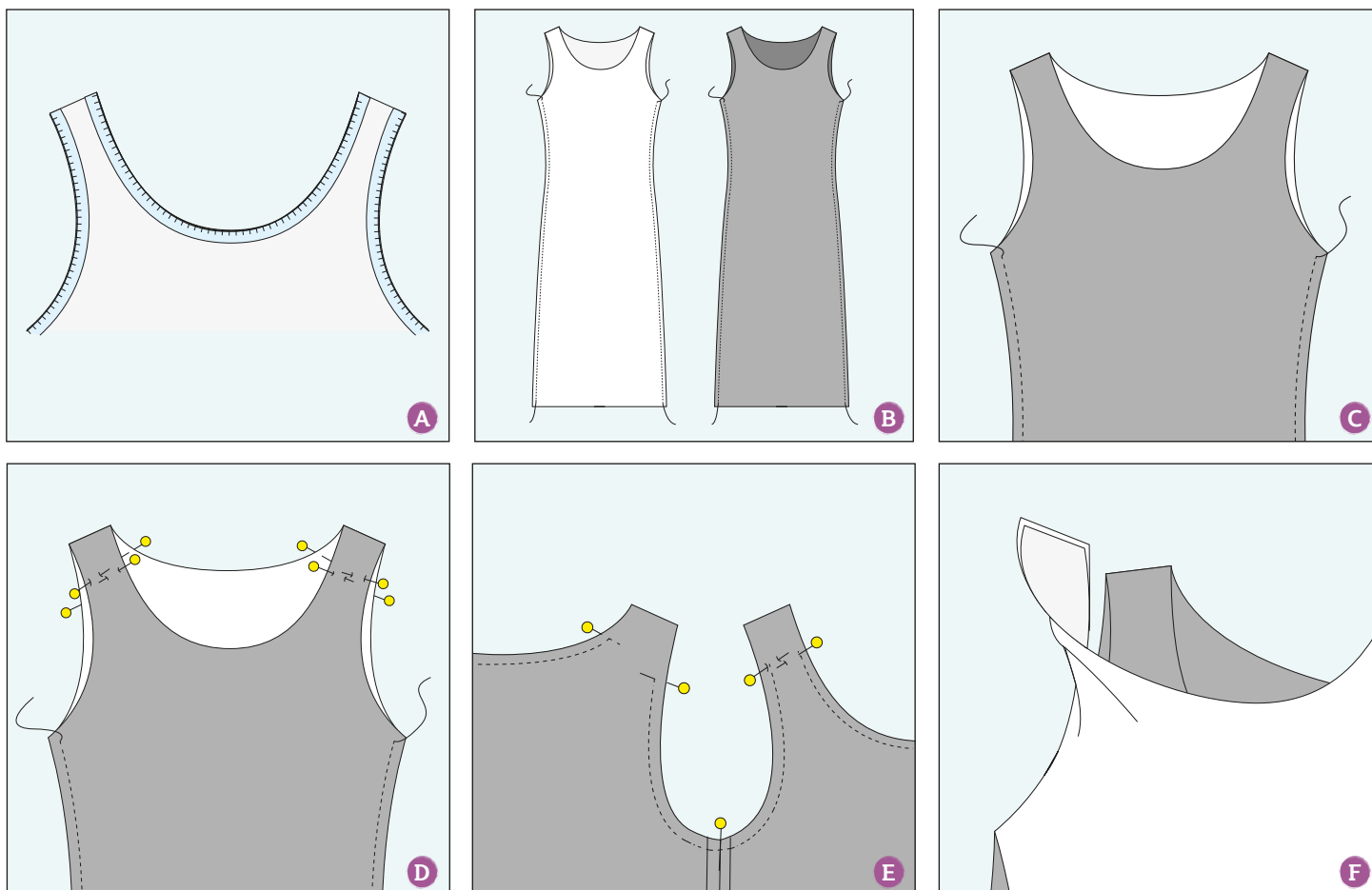


Lauren

Use your
template
download

Sadi + Sam is a
pattern company that
focuses on easy-to-
sew childrenswear in
woven and knit fabric





SKILL LEVEL: :: :: ::

MATERIALS:

- 2.5m 45"- or 60"-wide knit fabric (if you are using a stripe or a plaid you will need an extra 45cm to 1m of fabric)
- 10m 9mm-wide clear elastic
- template from www.sewnowmag.co.uk

FABRIC TYPES:

Light to medium-weight knit fabric with good resistance is ideal for this project, such as knits with Lycra. If you want to make a dress from heavier jersey, leave out the lining

CUTTING:

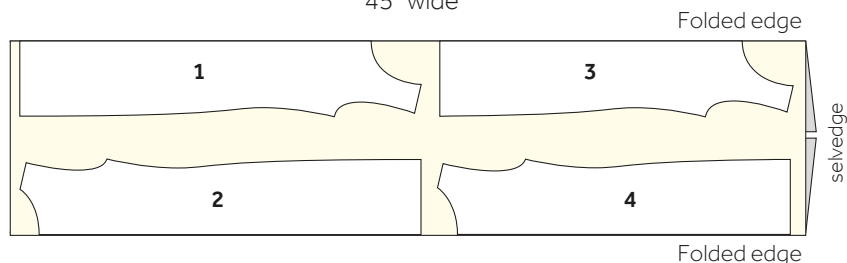
1 front piece
1 back piece
1 front lining
1 back lining

NOTES:

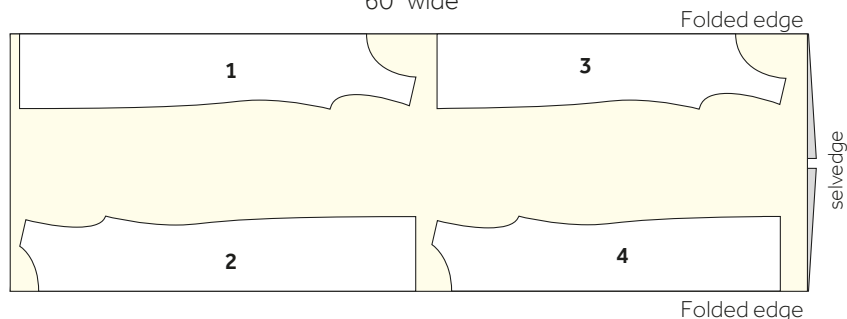
This pattern includes $\frac{3}{8}$ " seam allowance unless otherwise stated. The dress can be sewn using an overlocker or regular sewing machine. If using straight stitch, try a tricot or stretch stitch. For finishing seams try a zigzag or overcasting stitch

LAYPLANS

45" wide



60" wide



1 = Front/back skirt

	XS	S	M	L	XL
Bust	33-34"	35-36"	37-38"	39½-41"	43-45"
Waist	25-26"	27-28"	29-30"	31½-33"	35-37"
Hips	35-36"	37-38"	39-40"	41½-43"	45-47"

“

If you're up for a challenge, make a reversible dress by choosing two co-ordinating fabric types - a plain and a printed fabric would work well. Although the lining may be slightly visible it will make a great easy-wear holiday dress!



Sam

HOW TO MAKE:

1 On the wrong side of the Front and Back pattern pieces, sew the clear elastic along the neckline and armhole edges. (See Pic A.)

2 With RST stitch the Front and Back pattern pieces and Front Lining and Back Lining pieces together at the side seams. NB: The Front and Back pieces will be referred to as the dress and Front Lining and Back Lining will be referred to as the lining from here on. (See Pic B.)

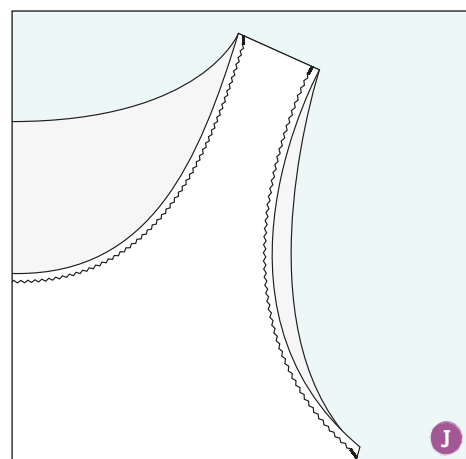
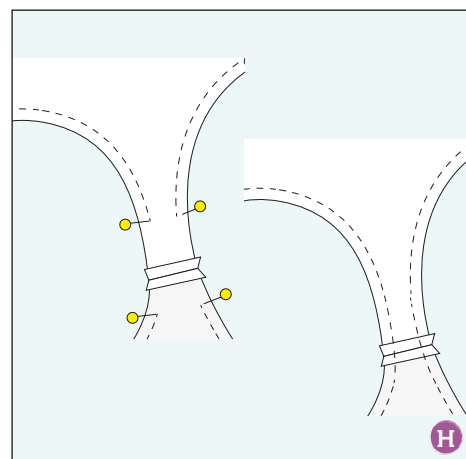
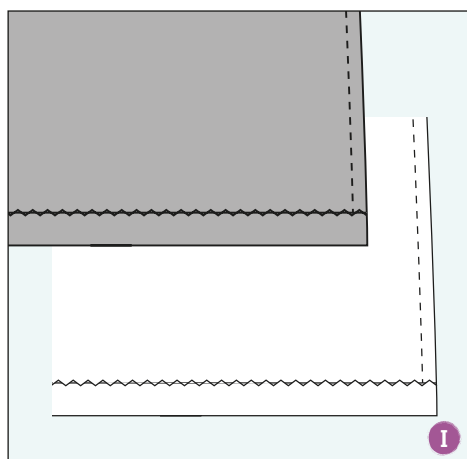
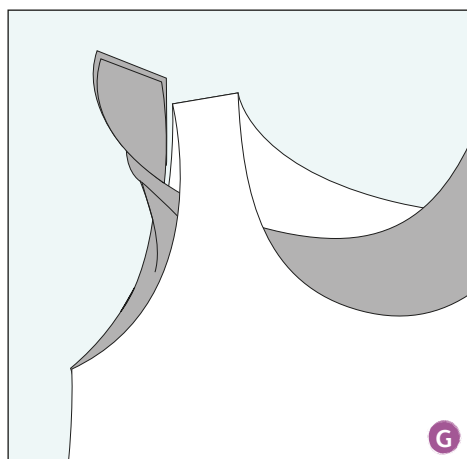
3 Turn the dress RS out, keeping the lining WS out. Slip the lining over the dress RST, lining up all neck and armhole curves. (See Pic C.)

4 Secure the lining to the dress by placing a pin 2" down from the shoulder on each side. (See Pic D.)

5 Pin the lining and dress side seams together. Bear in mind the lining is slightly smaller than the dress.

6 Sew the lining to the dress by sewing between all the pinned areas and over the side seams. The shoulder seams will be left open. Turn the dress RS out by pulling it through the bottom. (See Pic E.)

7 Twist the dress straps until they are RST, and pin. Sew the shoulder seam. Repeat for the opposite side. (See Pic F.)



8 Repeat Step 7 for the lining and sew the lining shoulder seams together.

9 Turn the dress RS out. Reach your hand up between the lining and bodice and pinch the dress and lining shoulder seams. Pull down as you remove your hand (still holding the shoulder seams) and stop when you see the two unfinished shoulder strap seams on each side and the shoulder seam is lying flat. (See Pic G.)

10 With a clear view of the sewn shoulder seams previously sewn 2" shy of the shoulder seam, position a pin where each of those seams end. Sew between the pins to connect the stitch lines and closing up the raw edges. Repeat these steps for the other shoulder strap. (See Pic H.)

11 On the lining, fold up a 1" seam allowance and pin. Using a hemming or zigzag stitch, sew down the hem edge. Repeat on the dress. If you need to make any hem adjustment, do it prior to this step. (See Pic I.)

12 Around the neckline and armholes, use either a twin needle or zigzag stitch ¼" from the edge to secure the dress and lining layers together. (See Pic J.)

Get the look



Gramercy Ponte Roma jersey

This softly draping jersey has a lovely handle and is ideal for skirts, tunics and wraps

£8.50 per metre

www.clothspot.co.uk



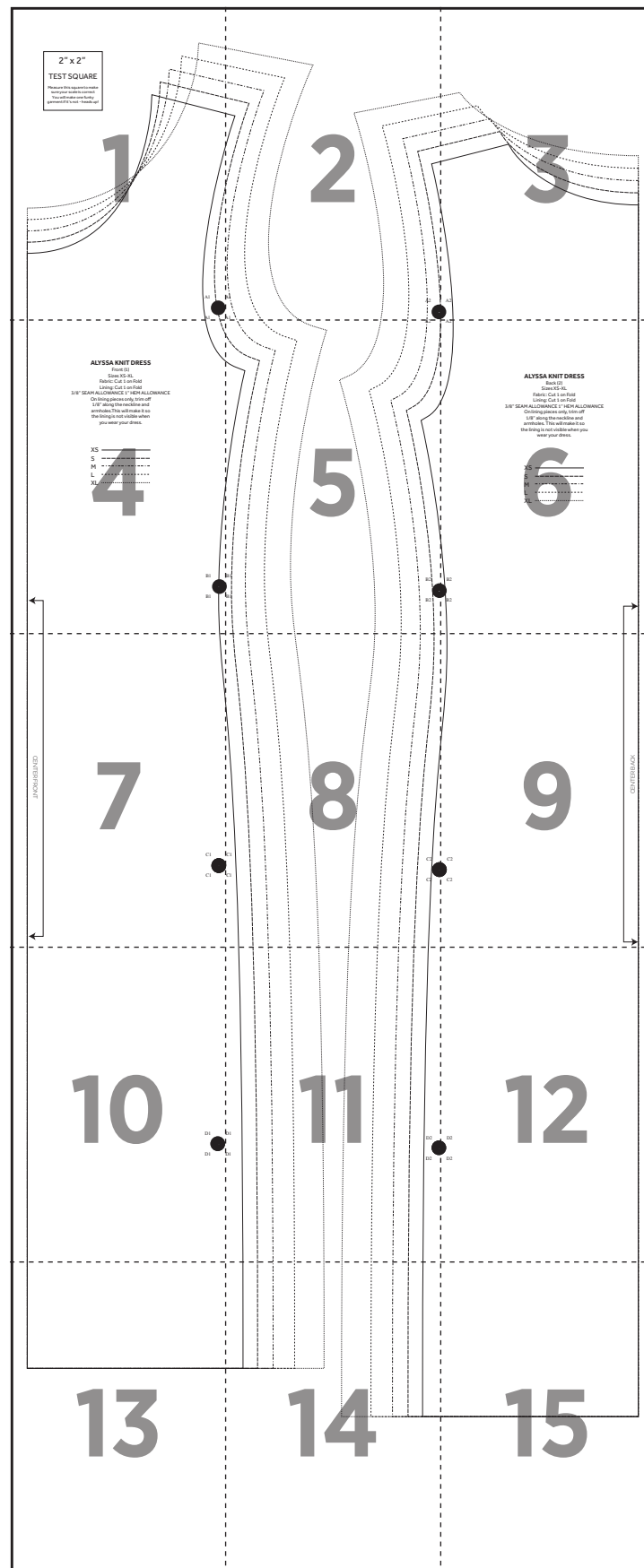
Clear Hemline 9mm elastic tape

This clear elastic tape can be used for stabilising hems and for swimwear thanks to its resistance to chlorine

£2.36 per pack

www.sewandso.co.uk

Jersey maxi dress

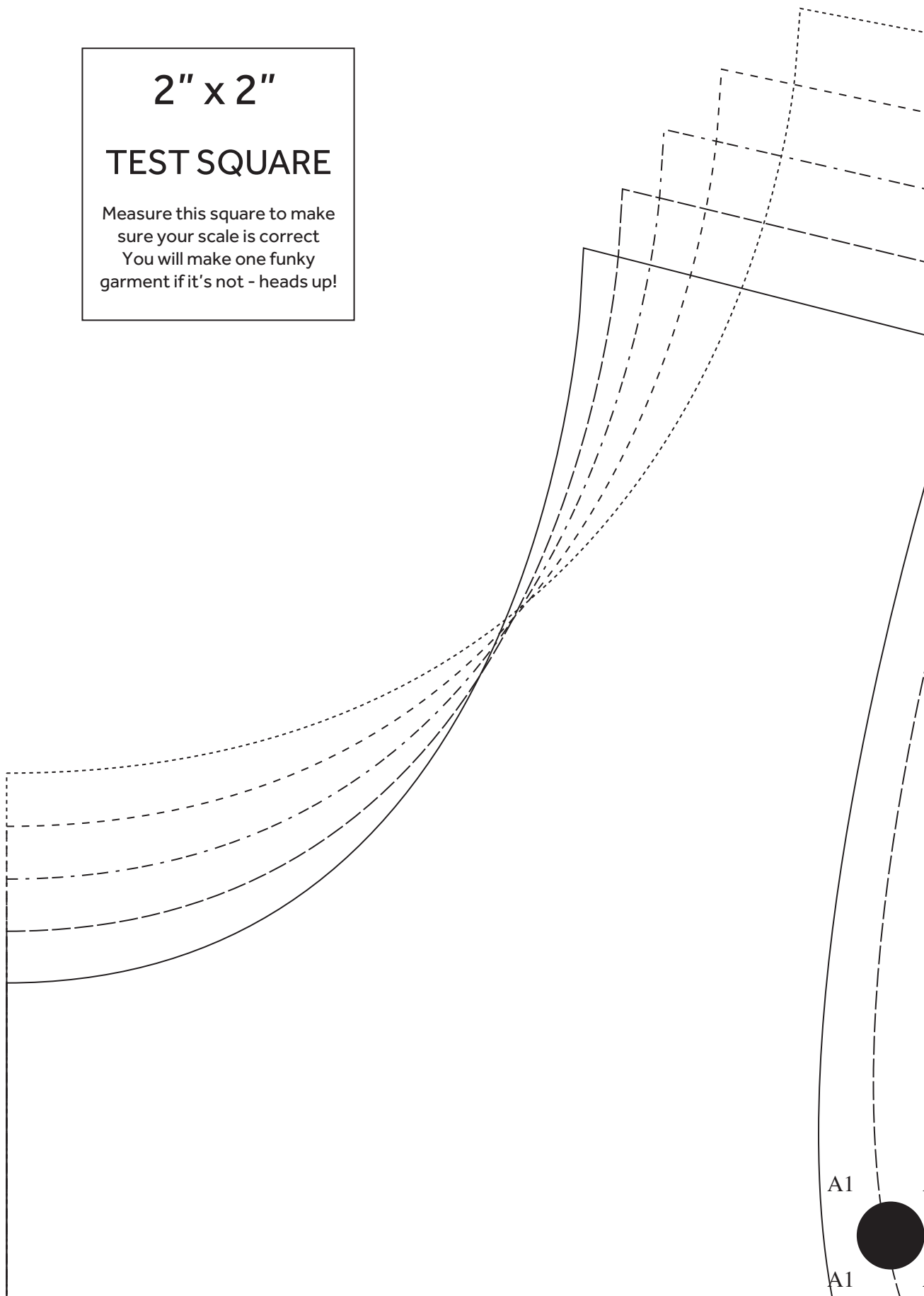


1

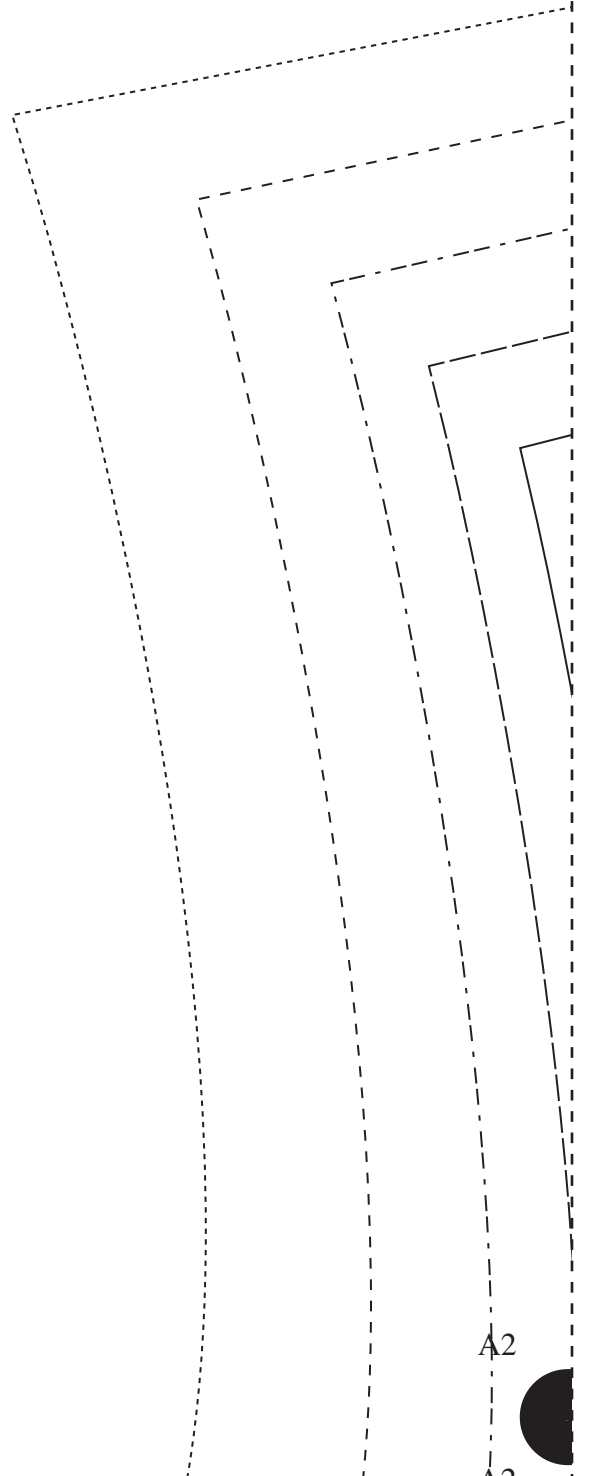
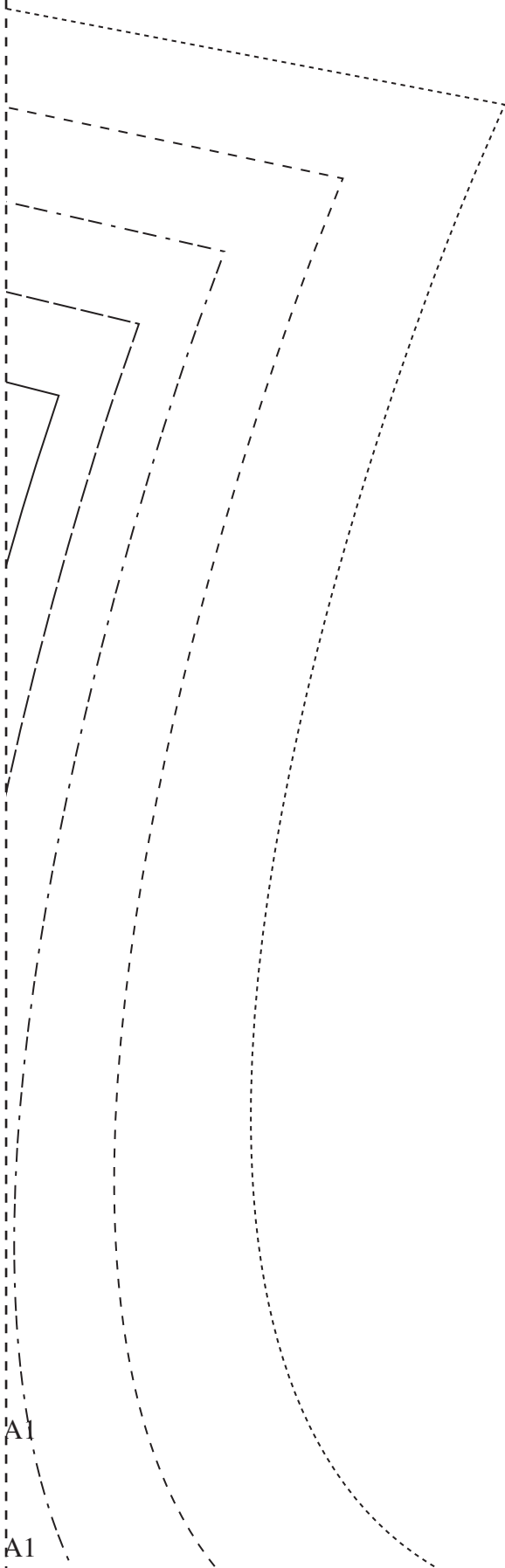
2" x 2"

TEST SQUARE

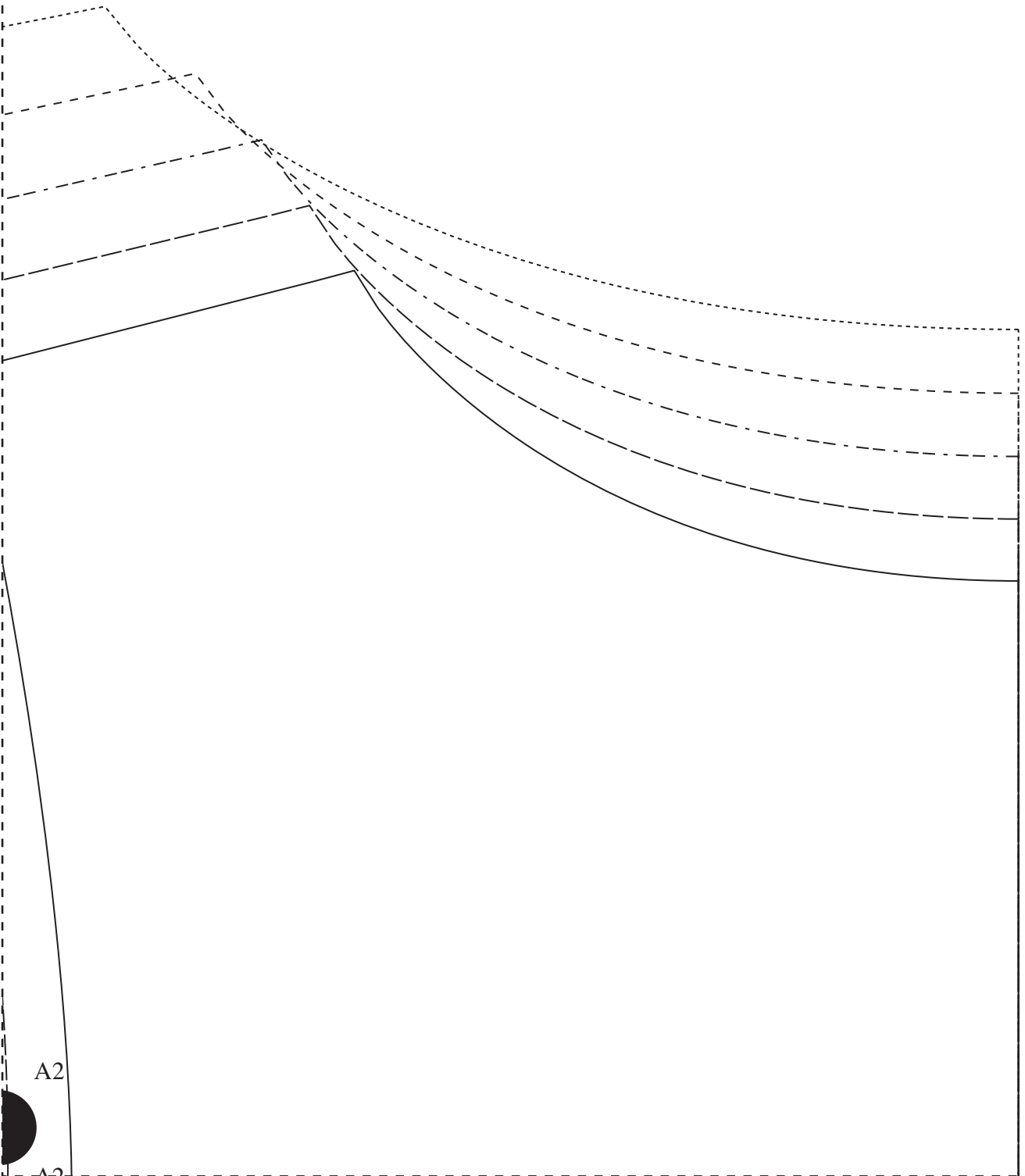
Measure this square to make
sure your scale is correct
You will make one funky
garment if it's not - heads up!



2



3



A2

4

ALYSSA KNIT DRESS

Front (1)

Sizes XS-XL

Fabric: Cut 1 on Fold

Lining: Cut 1 on Fold

3/8" SEAM ALLOWANCE 1" HEM ALLOWANCE

On lining pieces only, trim off
1/8" along the neckline and
armholes. This will make it so
the lining is not visible when
you wear your dress.

XS _____
S -----
M -----
L -----
XL -----

B1

B1

5



B1

B1

B2

B2

6

ALYSSA KNIT DRESS

Back (2)

Sizes XS-XL

Fabric: Cut 1 on Fold

Lining: Cut 1 on Fold

3/8" SEAM ALLOWANCE 1" HEM ALLOWANCE

On lining pieces only, trim off
1/8" along the neckline and
armholes. This will make it so
the lining is not visible when you
wear your dress.

XS _____

S - - - - -

M -

L - - - - -

XL - - - - -

B2

B2



7

CENTER FRONT



C1



C1

8



C1

C1

C2

C2



9

C2



C2

CENTER BACK



10



D1



D1

11



D1

D1

D2



D2

12



D2

D2



14



