

Anchors Aweigh Sailor Dress

Sizes:

3 mos. - 12 years

Includes bonus
sleeveless option



peek-a-boo
PATTERN SHOP



Materials:

- Fabric: light to midweight cottons
- 1/4" Ribbon (see yardage chart) for skirt, sleeve, and sash trim
- 1 package (3 yards) narrow bias tape or ric rac for collar trim. **(Ribbon will not work on the collar because of the curve)**
- 3-4 Buttons or Snaps
- Optional: 1 yard double fold bias tape for Sleeveless Option

Dress Size	Fits Chest Size		Finished Dress Length		Main Fabric	Lining Fabric	1/4" ribbon
3 mos.	18"	46 cm	14"	35.5 cm	1 yard 90 cm	1/4 yard 25 cm	6 yards
6 mos.	19"	48 cm	15"	38 cm			7 yards
12 mos.	20"	51 cm	17"	43.25 cm			
18 mos.	20.5"	52 cm	18"	45.75 cm			
2T	21"	53.5 cm	20"	50.75 cm	1 1/2 yards 140 cm	1/3 yard 30 cm	8 yards
3T	22"	56 cm	21"	53.5 cm			
4T	23"	58.5 cm	22"	56 cm			
5	24"	61 cm	24"	61 cm	2 yards 180 cm		9 yards
6	25"	63.5 cm	27"	68.5 cm			
7	26"	66 cm	29"	73.75 cm			
8	27"	68.5 cm	31"	78.75 cm			
10	28.5"	72.5 cm	33"	83.75 cm	2 1/2 yards 230 cm		10 yards
12	30"	76.25 cm	35"	8 cm			

***Yardage is listed for a 44" bolt. You may need additional fabric for directional prints. Metric conversions are approximate and provided for your convenience. For an exact fit you may want to work in inches.

You may sell items made with this e-Book. You may not copy, sell, or redistribute this e-Book in any form.

Choosing Your Size

Measure your child's chest and choose the corresponding size from the size chart. You can easily alter the Anchors Aweigh Sailor Dress to fit perfectly. Use the size to fit your child's chest measurement and then lengthen or shorten the skirt pieces for a tall or petite child.

Printing Your Pattern

Patterns should be printed at 100% scale.

- Print Pages 15-17 for All Sizes and Pattern Variations
- Pages 12-14 for Standard Bodice (you do not need page 14 for sizes 3-12 mos.)
- Print Pages 18-20 for Sleeveless Bodice (you do not need page 20 for sizes 3-12 mos.)

Cutting Out Your Pieces

Cut out your pieces using the pattern provided at the end of the tutorial. Tape your pattern pieces together along the dashed lines. Lay out all of your pattern pieces before you begin cutting to ensure the most efficient use of your fabric.

You will also need to cut out the skirt pieces and sash using the measurements in the chart below. For your convenience this chart is also included on Back Bodice Piece 1.

Size	Skirt Front (l x w)		Skirt Back (l x w)		Sash*	
	Cut 1		Cut 2		Cut 2	
	inches	cm	inches	cm	inches	cm
3 mos.	10.75 x 19"	27.25 x 48.25	10.75 x 10"	27.25 x 25.5	2 x 56"	5 x 142.25
6 mos.	11 x 24"	28 x 61	11 x 12.5"	28 x 31.75	2 x 57"	5 x 144.75
12 mos.	12.75 x 25"	32.5 x 62.75	12.75 x 13"	32.5 x 33	2 x 58"	5 x 147.25
18 mos.	13.25 x 26"	33.75 x 66	13.25 x 13.5"	33.75 x 34.25	2 x 59"	5 x 149.75
2T	14.75 x 27"	37.5 x 50	14.75 x 14"	37.5 x 35.5	2.5 x 60"	6.5 x 152.5
3T	15.5 x 29"	39.5 x 73.75	15.5 x 15"	39.5 x 38	2.5 x 61"	6.5 x 155
4T	16 x 30"	40.75 x 76.25	16 x 15.5"	40.75 x 39.5	2.5 x 62"	6.5 x 157.5
5	17.75 x 31"	45 x 78.75	17.75 x 16"	45 x 40.75	3 x 63"	7.5 x 160
6	20.5 x 33"	52 x 83.75	20.5 x 17"	52 x 43.25	3 x 64"	7.5 x 162.5
7	22 x 36"	56 x 91.5	22 x 18.5"	56 x 47	3 x 65"	7.5 x 165
8	23.5 x 38"	59.75 x 96.5	23.5 x 19.5"	59.75 x 49.5	3 x 66"	7.5 x 167.75
10	25 x 40"	63.5 x 101.5	25 x 20.5"	63.5 x 52	3 x 68"	7.5 x 172.75
12	26.5 x 42"	67.25 x 106.75	26.5 x 21.5"	67.25 x 54.5	3 x 70"	7.5 x 177.75

*You will need to piece multiple lengths together for your sash. Make sure you place the seam so it will be on the side/back of the dress and not front and center.

Sewing Guidelines

Use a 1/2" seam allowance unless otherwise noted.

Prewash and dry all fabric

Press all seam allowances flat and open and trim to reduce bulk.

Assembly

Collar

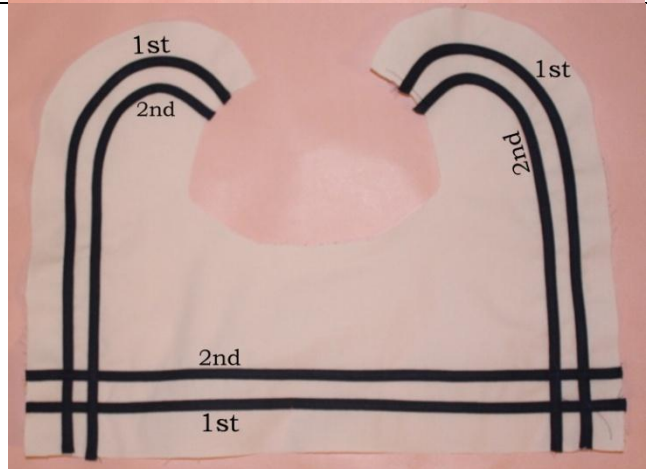
1. On the right side of one collar piece topstitch a piece of bias tape along the outer curved edges and bottom edge $\frac{3}{4}$ " in from the raw edge.

*Tip: Topstitch along both edges of the bias tape and steam and press to help it curve around the corner.



2. Optional

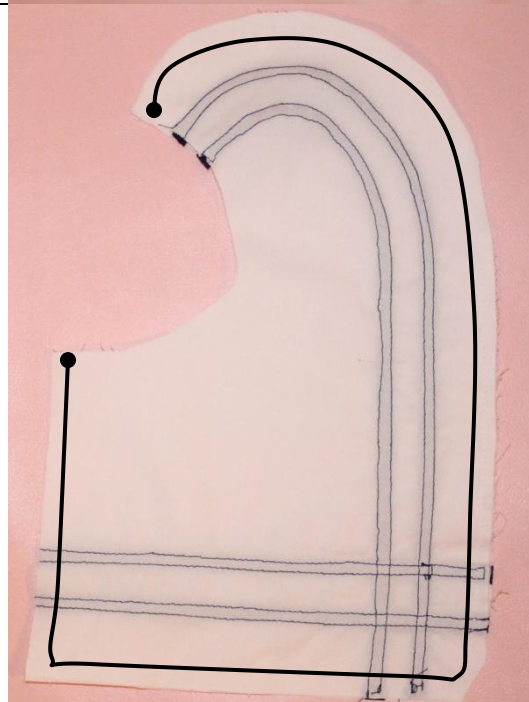
Add a 2nd row of bias tape leaving a $\frac{1}{4}$ " gap between the 2 rows.



3. With right sides together (RST) lay the collar lining on top of the embellished collar piece and cut in half straight up the middle.

Sew the lining piece to the outer collar along the center back, bottom edge and outer edge. Trim your seam allowance.

*Note: By starting with one piece instead of two this guarantees your trim lines up at the center back when you're finished.



4. Turn right side out and press flat.

Optional: Topstitch along the finished edges.



Bodice

5. With right RST sew the front and back bodice pieces together at the shoulder and side seams.

Repeat with the lining. Press the bottom edge of the lining up 1/2" towards the wrong side.



6. With the underside of the collar (side without the trim) against the right side of the bodice sew both layers of the collar pieces to the dress **using a 1/4" seam allowance**.

Make sure your two collar pieces meet up at the center front of the dress. The center back of the collar will end approximately 1" before the center back of the bodice.



7. With RST slide the bodice lining over the bodice with the collar in-between the 2 layers. Sew together along the center back seams and neckline stopping 1/2" before the bottom edge. Keep the bottom 1/2" of the lining (remember you pressed it in step 6) and the collar free from this seam.

Clip your seam allowance at the corners and along the neckline so the collar lays smoothly when turned in step 9.



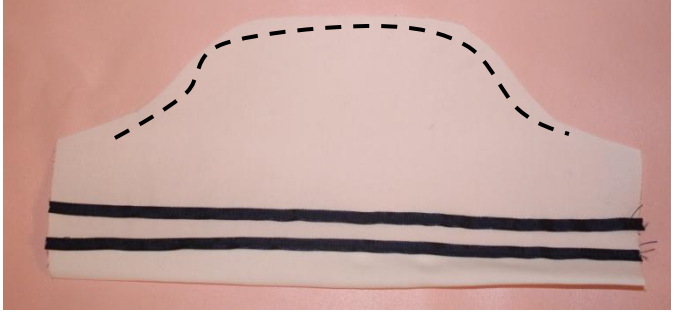
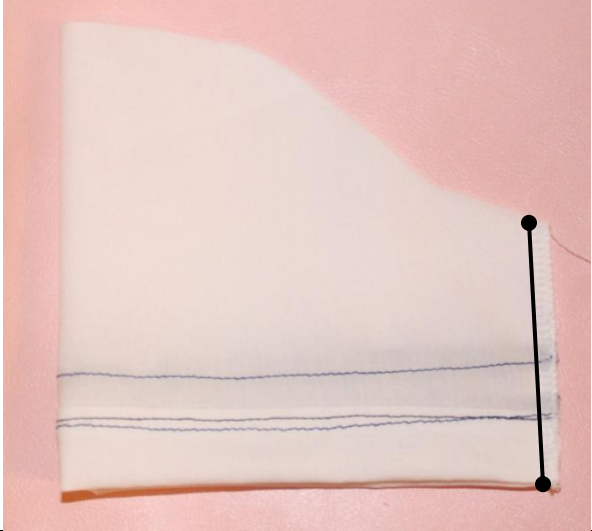
8. Flip the bodice lining inside the bodice and press flat. Topstitch along the center back and neckline leaving the bottom 1/2" free.



Sleeves: Skip to Step 13 for Sleeveless Option

9. Press the bottom edge of each sleeve up 1/4" and then another 3/4" towards the wrong side. Topstitch in place along the 1st fold line to hem.



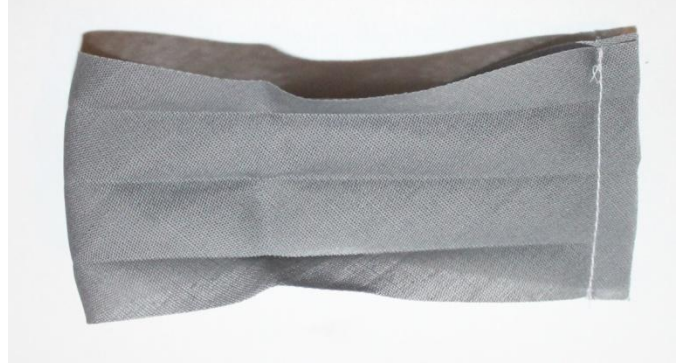
10. Topstitch a piece of ribbon in place on the right side of the sleeve right on top of your stitching line from the sleeve hem (step 3). Topstitch a 2nd piece of ribbon in place leaving a 1/4"-1/2" gap in-between the 2 ribbons. Sew a basting stitch across the top edge of the sleeve stopping 1" before the inseam on each side.	
11. With RST sew up the sleeve inseams. *Tip: Make sure you line up your stripes.	
12. With RST line up the sleeve inseam with the bodice side seam. Pull on your bobbin thread and gather the sleeve slightly to fit the arm opening. *Note: You will be sewing the sleeve to the outer bodice and bodice lining. Finish your seam allowance with a serger, zig-zag stitch, pinking shears, or bias tape.	

Sleeveless Option: Skip to Step 16 for Skirt Assembly

13. Cut a length of bias tape for finishing each arm opening. A recommended length is included in the chart below.

	inches	cm
3 mos.	8.5"	21.50
6 mos.	9"	22.75
12 mos.	9.5"	24.25
18 mos.	10"	25.50
2T	10.75"	27.25
3T	11.25"	28.50
4T	11.5"	29.25
5	12.5"	31.75
6	13.75"	35.00
7	15"	38
8	15.5"	39.50
10	17.25"	43.75
12	18.5"	47.00

Unfold the bias tape and with RST sew the short ends together **using a 1/4" seam allowance**. Trim each corner.

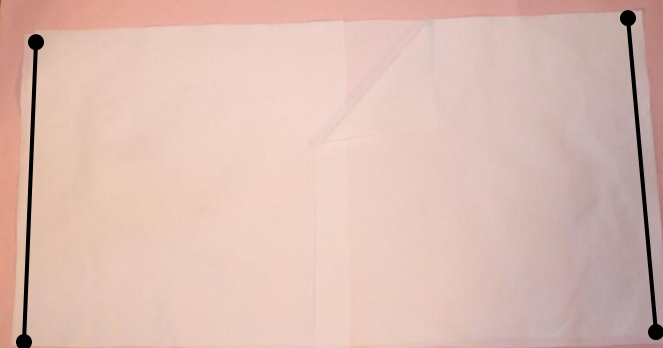
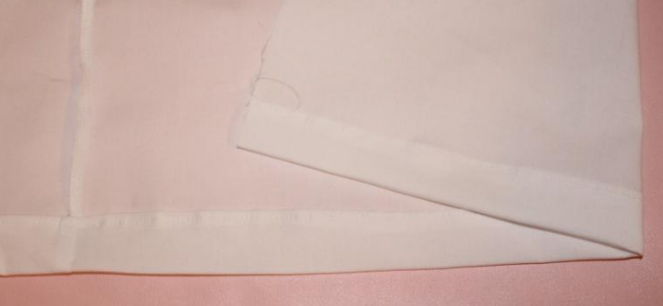
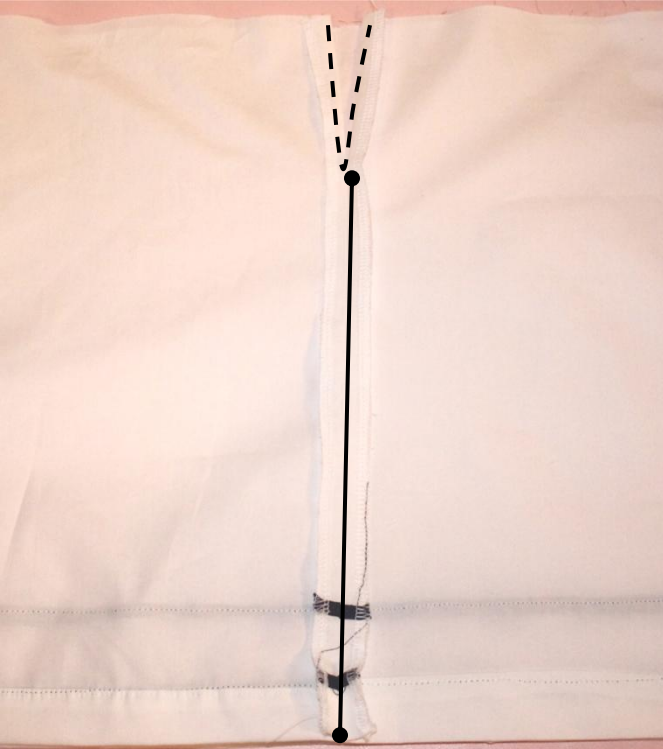


14. Slide the bias over the arm opening with the right side of the bias against the bodice lining and the seam from step 10 aligned with the bodice side seam. Sew together along the 1st fold line in the bias tape.



15. Refold the bias tape so the seam from step 11 is fully enclosed and the bias tape is now on the right side of the bodice. Topstitch in place.



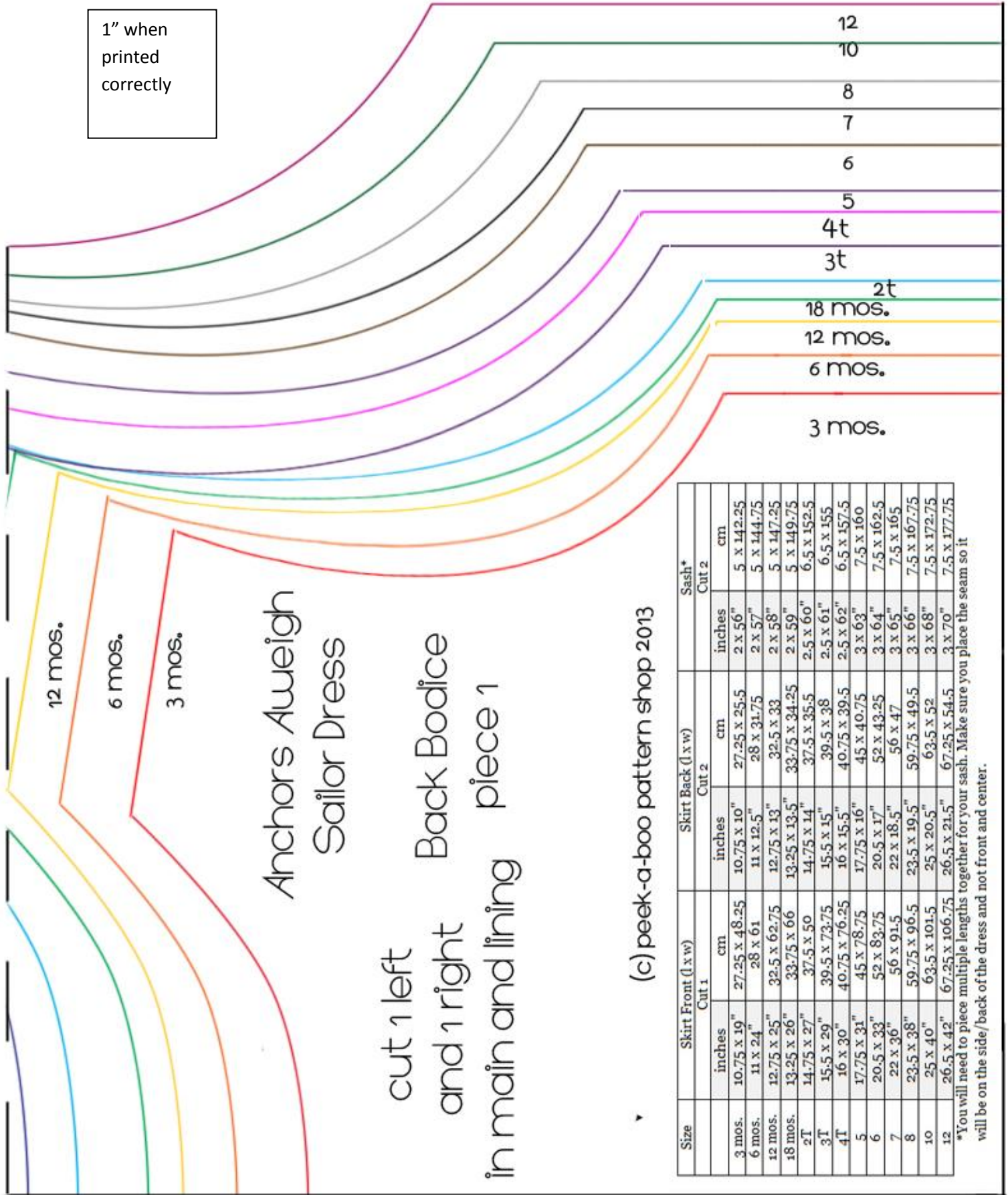
Skirt Assembly	
16. With RST sew the 2 back pieces to the front piece along the side seams.	
17. Press and fold the bottom edge of the skirt up 1/4" and then another 3/4". Topstitch along the 1st fold line to hem.	
18. Topstitch a piece of ribbon to the skirt directly on top of your hemline from step 14. Optional: Add a 2nd row of ribbon leaving a 1/4- 1/2" gap between the 2 rows.	
19. With RST sew up the center back seam of the skirt stopping 2-3" before the waistline. For sizes up to 18 mos. I recommend a 2" opening. Press your seam flat and open and finish each side of the seam allowance with a serger, zig-zag stitch or pinking shears. Topstitch the seam allowance to the skirt along the back opening (dashed line).	

20. Sew a basting stitch 1/4" from the top edge of the skirt. Pull on the bobbin threads and gather to match the width of the bodice.	
21. With RST sew the outer layer of the bodice (NOT the lining) to the top edge of the gathered skirt.	
22. Tuck the seam allowance from step 18 inside the bodice. Topstitch or hand stitch the pressed edge of the lining in place.	
23. Add a row of buttonholes to one side of the center back and buttons to the corresponding side. When the dress is buttoned shut the edges of your collar should meet in the middle. Alternatively you can use snaps.	
	
24. Topstitch a row of ribbon to each long edge of the sash 1/2" from the raw edge.	

25. With RST sew the 2 sash pieces together along the long edges using a 1/4" seam allowance. leave a 3" gap for turning near the center. For tapered points sew across the short edges at an angle and then trim away the excess fabric.	
26. Turn the sash right side out. Tuck in the raw edges 1/4" and press flat. Hand sstitch the gap in the sash shut or topstitch across both long edges with your machine. You can leave the sash free for easy washing or tack it down at the side seams.	

Stuck? Email peekaboopatternshop@gmail.com for help or to make suggestions for improving this pattern.

1" when
printed
correctly



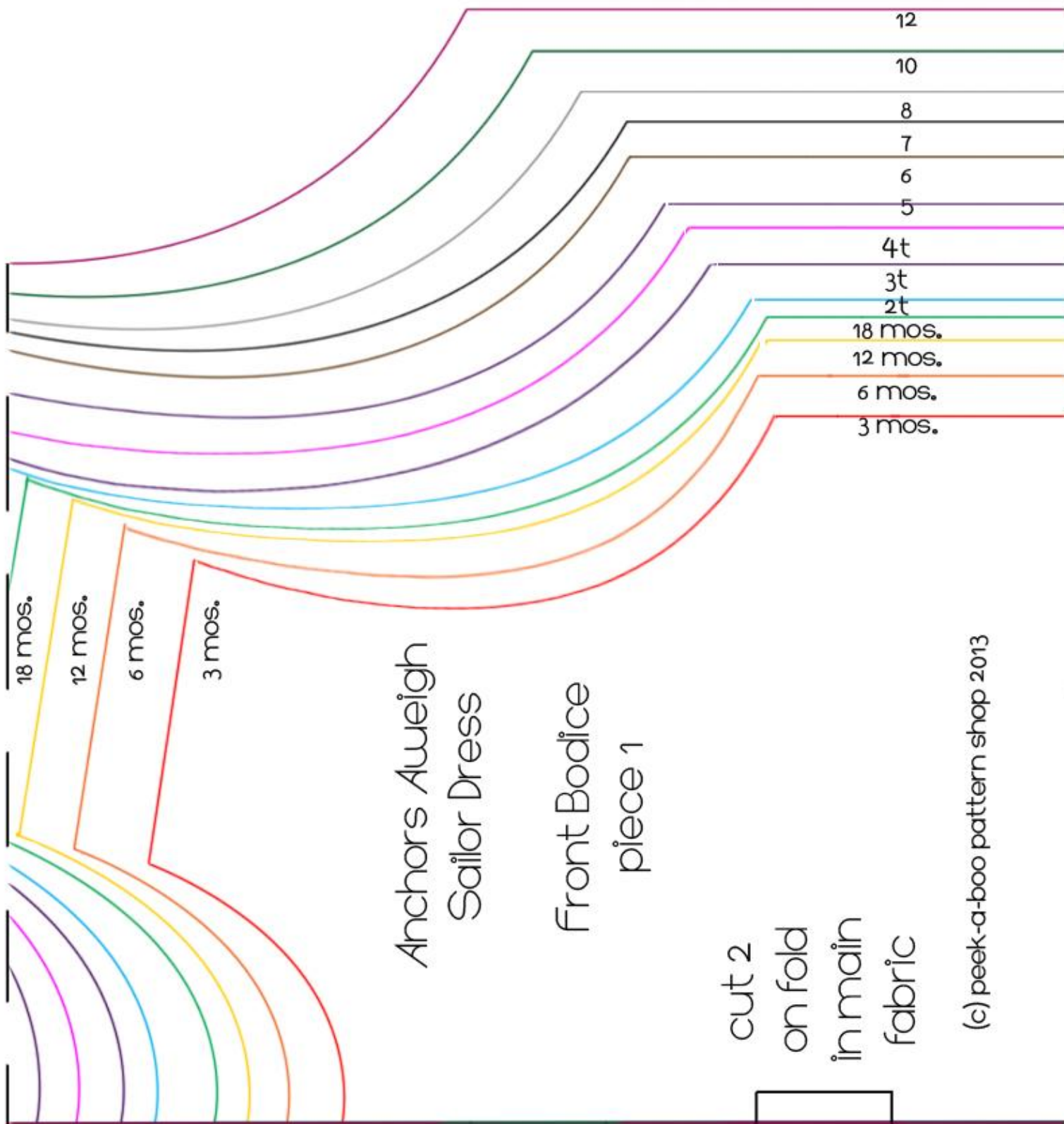
Anchors Aweigh Sailor Dress

cut 1 left
and 1 right
in main and lining piece 1

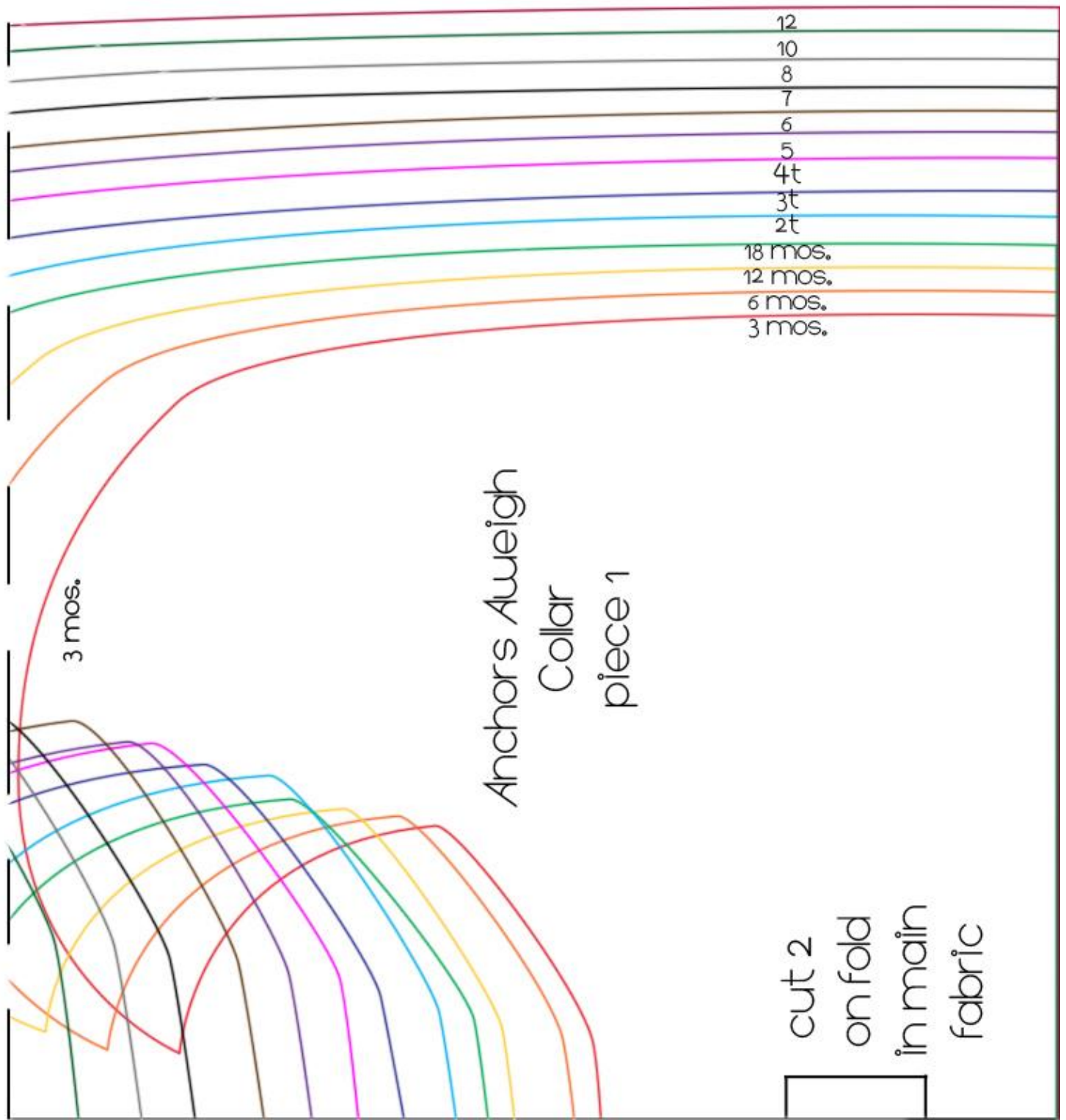
(c) peek-a-boo pattern shop 2013

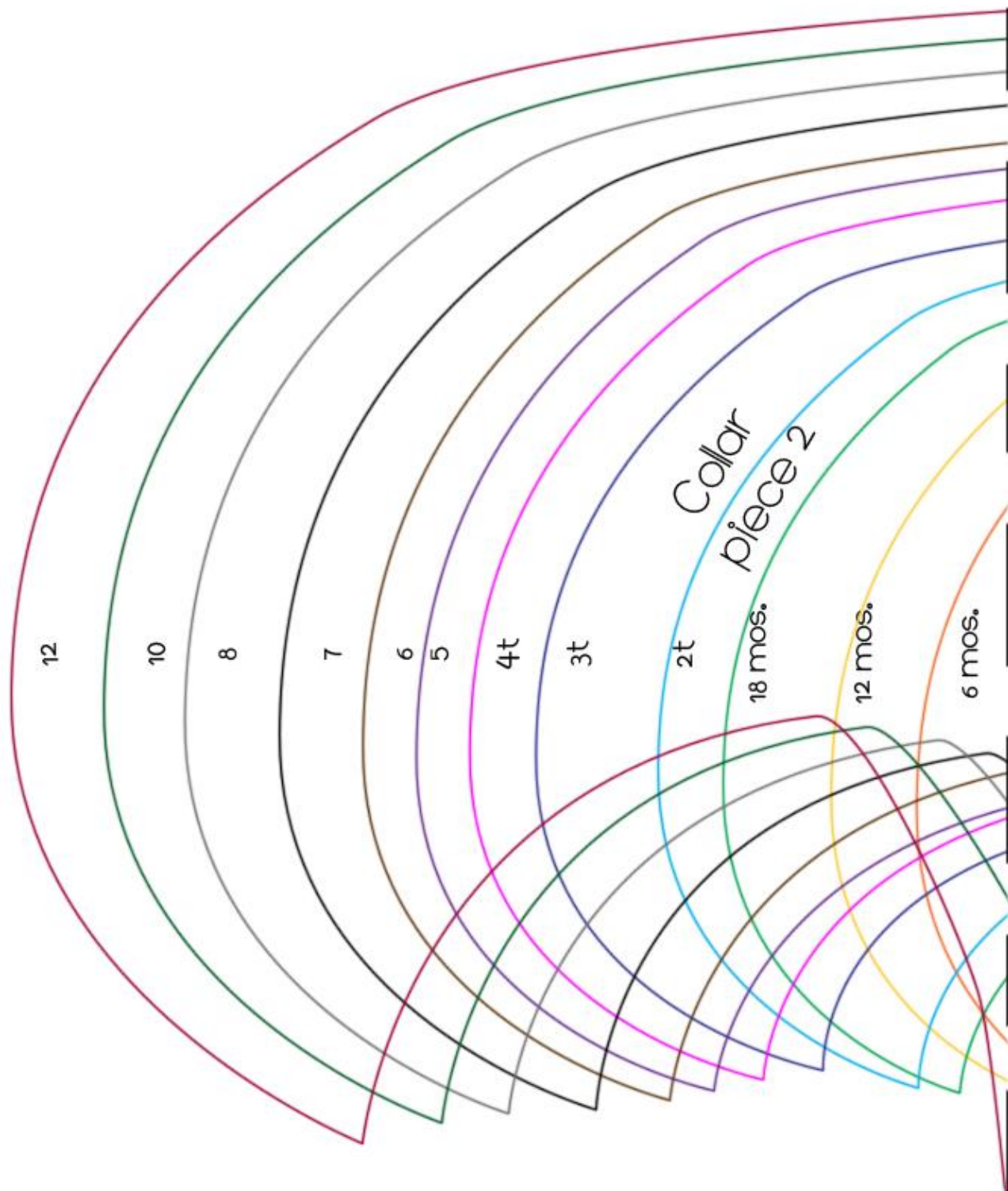
Size	Skirt Front (l x w)		Skirt Back (l x w)		Sash*	
	inches	cm	inches	cm	Cut 2	cm
3 mos.	10.75 x 19"	27.25 x 48.25	10.75 x 10"	27.25 x 25.5	2 x 56"	5 x 142.25
6 mos.	11 x 24"	28 x 61	11 x 12.5"	28 x 31.75	2 x 57"	5 x 144.75
12 mos.	12.75 x 25"	32.5 x 62.75	12.75 x 13"	32.5 x 33	2 x 58"	5 x 147.25
18 mos.	13.25 x 26"	33.75 x 66	13.25 x 13.5"	33.75 x 34.25	2 x 59"	5 x 149.75
2t	14.75 x 27"	37.5 x 70	14.75 x 14"	37.5 x 35.5	2.5 x 60"	6.5 x 152.5
3t	15.5 x 29"	39.5 x 73.75	15.5 x 15"	39.5 x 38	2.5 x 61"	6.5 x 155
4t	16 x 30"	40.75 x 76.25	16 x 15.5"	40.75 x 39.5	2.5 x 62"	6.5 x 157.5
5	17.75 x 31"	45 x 78.75	17.75 x 16"	45 x 40.75	3 x 63"	7.5 x 160
6	20.5 x 33"	52 x 83.75	20.5 x 17"	52 x 43.25	3 x 64"	7.5 x 162.5
7	22 x 36"	56 x 91.5	22 x 18.5"	56 x 47	3 x 65"	7.5 x 165
8	23.5 x 38"	59.75 x 96.5	23.5 x 19.5"	59.75 x 49.5	3 x 66"	7.5 x 167.75
10	25 x 40"	63.5 x 101.5	25 x 20.5"	63.5 x 52	3 x 68"	7.5 x 172.75
12	26.5 x 42"	67.25 x 106.75	26.5 x 21.5"	67.25 x 54.5	3 x 70"	7.5 x 177.75

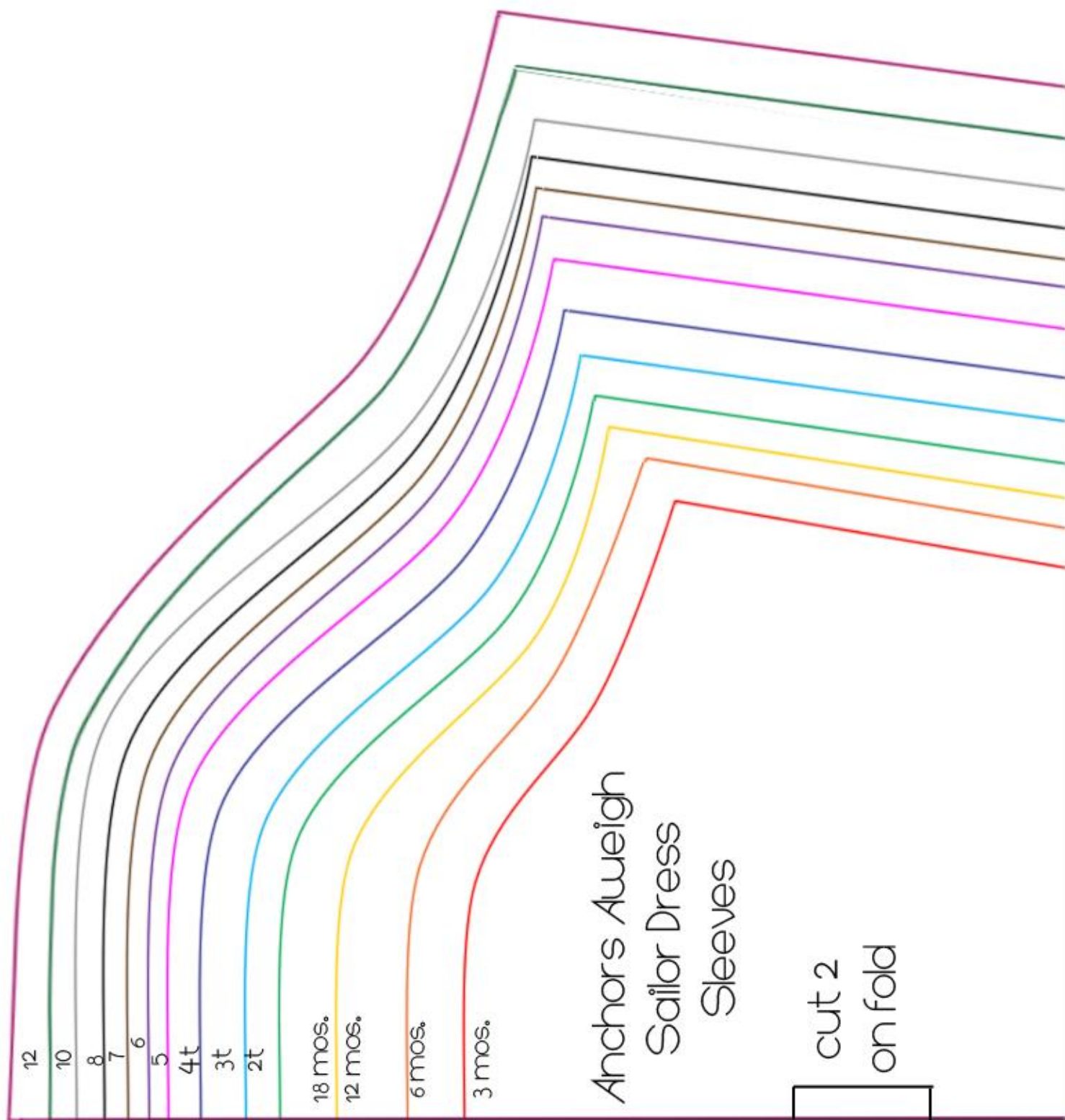
*You will need to piece multiple lengths together for your sash. Make sure you place the seam so it will be on the side/back of the dress and not front and center.

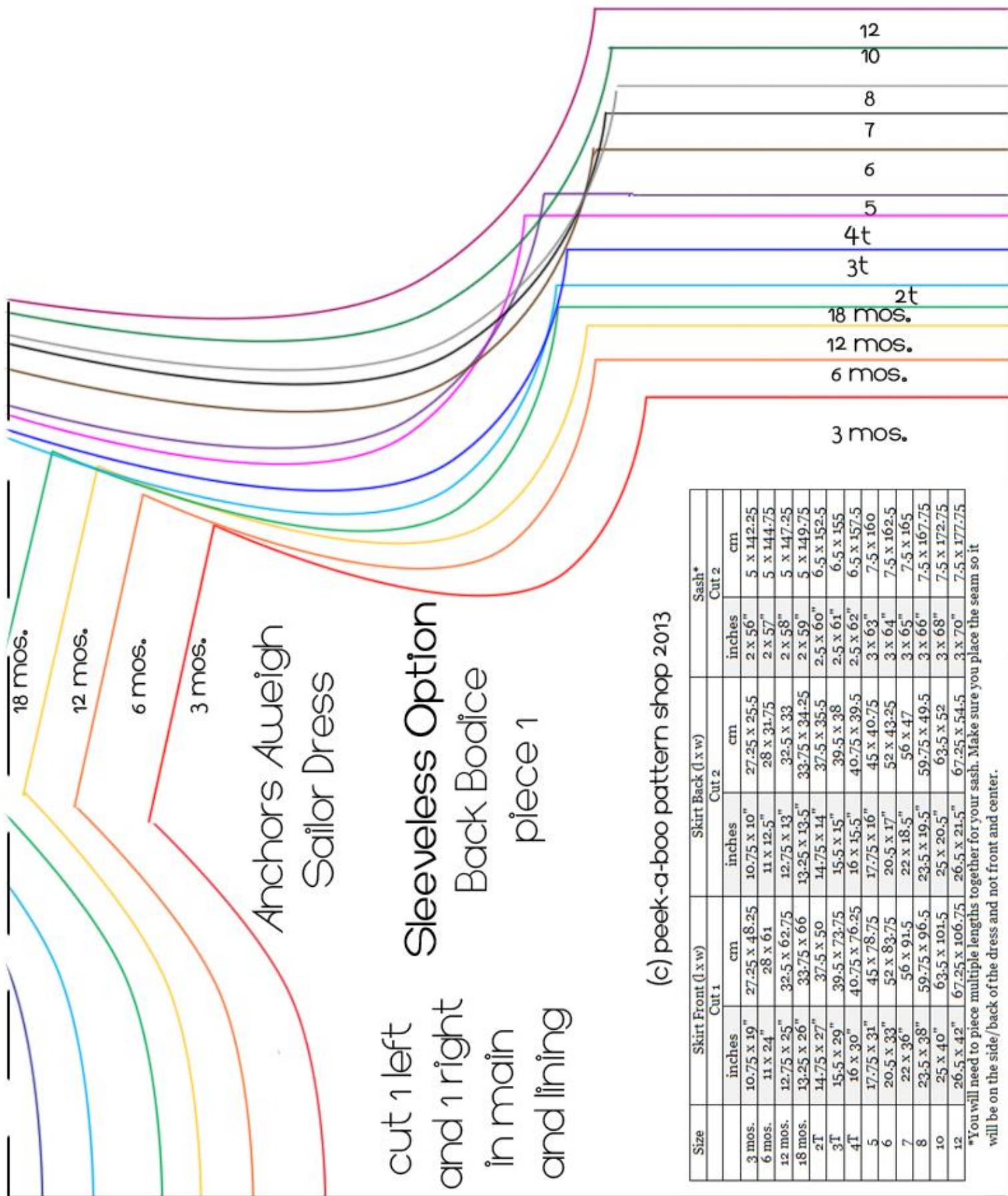




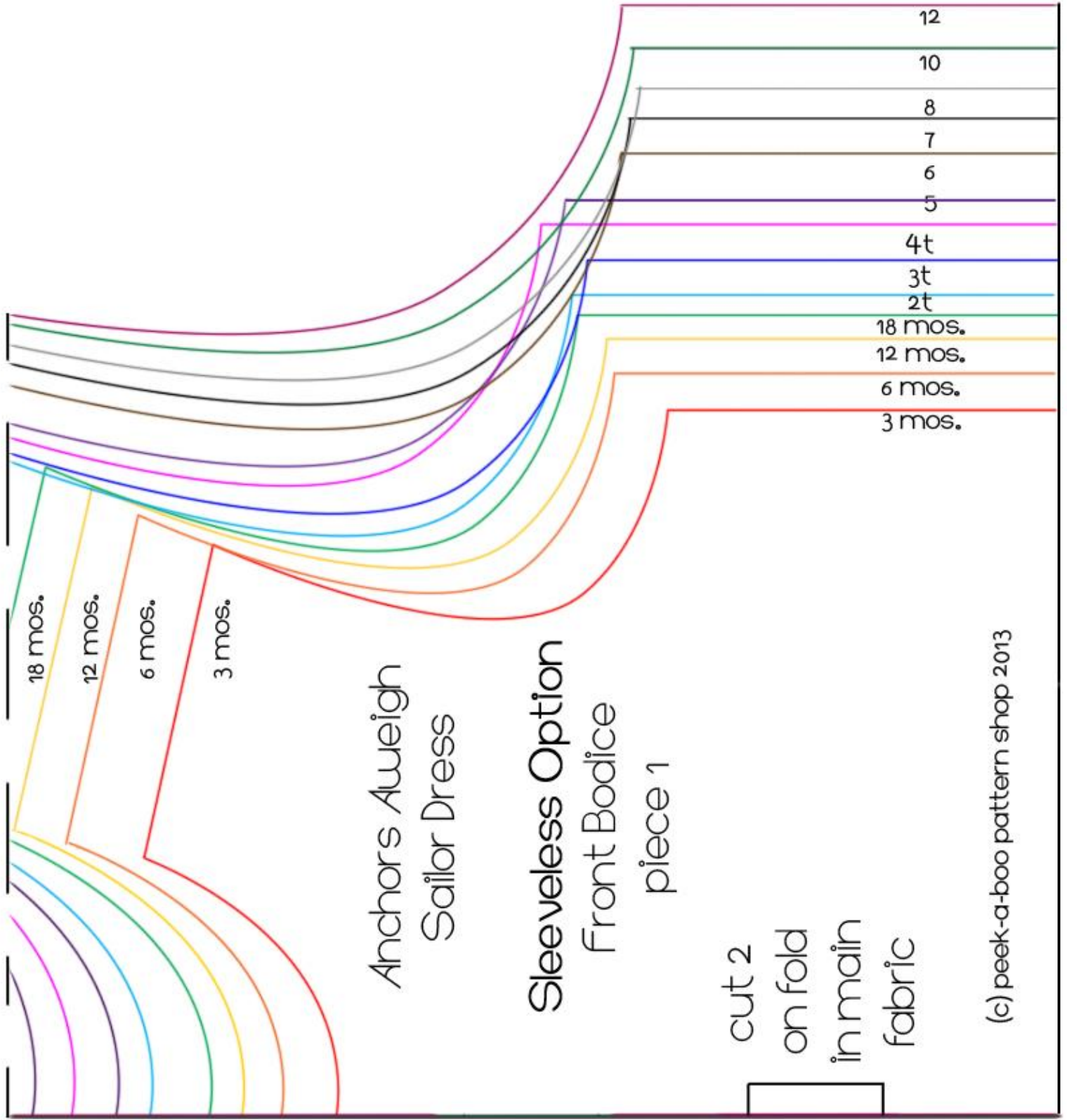








(c) peek-a-boo pattern shop 2013



(c) peek-a-boo pattern shop 2013

