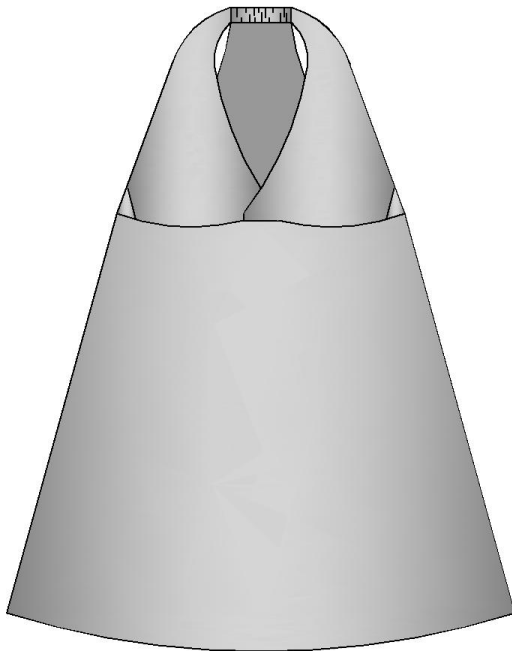


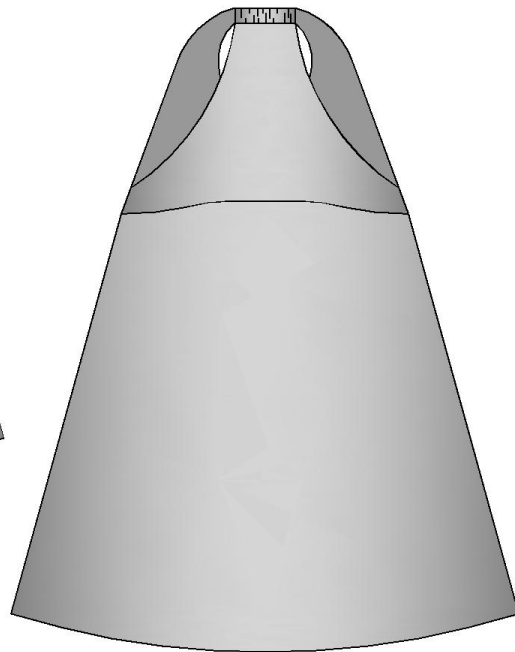
GEORGE + GINGER

THE LOUNGE GOWN PDF PATTERN

FRONT



BACK



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GEORGE + GINGER

THE LOUNGE GOWN PDF PATTERN

INCLUDES SIZES
TWEEN - 5X



COVER PHOTO: GEORGE + GINGER PATTERN CO.

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Glossary of Common Sewing Terms...

Armhole – The opening in the bodice to which the sleeve is attached.

Baste – Temporarily joining fabric together with long removable stitches.

Bias – The “cross-grain” of the fabric...45 degrees to the threads.

Casing – A fabric tunnel through which elastic or a drawstring can be threaded.

Dart – Common technique used for shaping fabric, usually around the bust and waist.

Gather – A technique for shortening the length of a strip of fabric so that the longer pieces can be attached to a shorter piece.

Gusset – A triangular or square piece of fabric inserted into a seam to add breadth or reduce stress from tight-fitting clothing.

Hem – Folding up the cut edge, folding again and sewing, completely enclosing the cut edge of the fabric.

Interfacing – A common term for a variety of materials used on the unseen or “wrong” side of fabrics.

Lining – An inner layer of fabric or other material that provides a neat finish, conceals seam allowances, interfacing and construction details.

Notions – Small tools or accessories used in sewing.

Overlay – The top layer of fabric when a different fabric is underneath.

Placket – An opening in the upper part of trousers or jerseys, or at the neck or sleeve of a garment, allowing clothing to be put on or removed easily.

Pleat – A type of fold formed by doubling fabric back upon itself and securing it in place.

Right Side – The “front” of a piece of fabric having a distinct front and back.

Ruching – A gathered overlay.

Seam Allowance – The area between the edge of fabric and the stitching line.

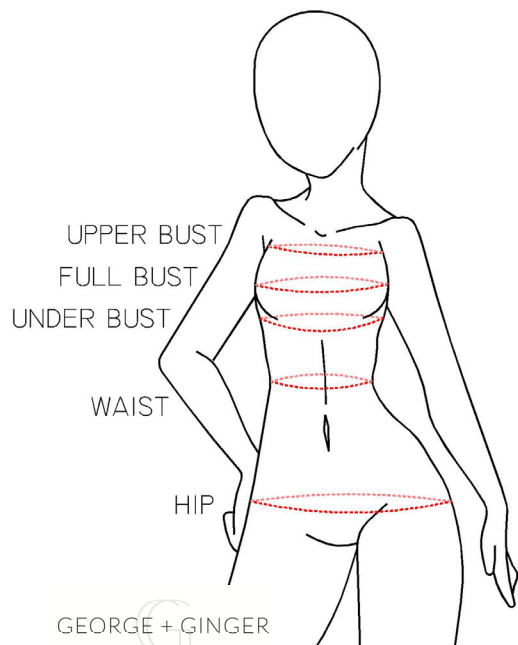
Selvedge – The self-finished edges of fabric.

Wrong Side – The “back” of a piece of fabric having a distinct front and back.

PICK YOUR SIZE (IN INCHES)

	TWEEN (12)	TWEEN (14)	XXS (0)	XS (2)	S (4)	S (6)	M (8)	M (10)	L (12)	L (14)	XL (16)	1X (18)	2X (20)	3X (22)	4X (24)	5X (26)
UPPER BUST	27- 28	28.5- 29	29.5- 30	30.5- 31	31.5- 32	32.5- 33	33.5- 34	34.5- 35	35.5- 36.5	37- 38	38.5- 39.5	40- 41	41.5- 44	44.5- 47	47.5- 50	50.5- 53
FULL BUST	28.5- 29.5	30- 31	31.5- 32	32.5- 33	33.5- 34	34.5- 35	35.5- 36	36.5- 37	37.5- 38.5	39- 40	40.5- 41.5	42- 43.5	44- 46.5	47- 49.5	50- 52.5	53- 55.5
UNDER BUST	25	25.5	26- 26.5	27- 27.5	28- 28.5	29- 29.5	30- 30.5	31- 31.5	32- 33.5	34- 35	35.5- 37	37.5- 39	39.5- 42	42.5- 45	45.5- 48	48.5- 51
WAIST	23.5- 24	24.5- 25	25.5- 26	26.5- 27	27.5- 28	28.5- 29	29.5- 30	30.5- 31	31.5- 32.5	33- 34	34.5- 35.5	36- 37.5	38- 39.5	40- 42	42.5- 45	45.5- 48
HIPS	30- 31.5	32- 33.5	34- 34.5	35- 35.5	36- 36.5	37- 37.5	38- 38.5	39- 39.5	40- 41	41.5- 42.5	43- 45	45.5- 47	47.5- 50	50.5- 53	53.5- 56	56.5- 59

*YOU WILL MAKE THIS PATTERN ACCORDING TO YOUR FULL BUST SIZE.
THIS PATTERN IS WRITTEN FOR AN AVERAGE HEIGHT 5'0" TWEEN MODEL
AND 5'6" WOMENS MODEL.*

HOW TO MEASURE

UPPER BUST – MEASURE ABOVE THE BUST, ACROSS THE WIDEST PART OF THE BACK AND UNDER THE ARMS.

FULL BUST – PLACE THE TAPE MEASURE UNDER YOUR ARMS AND AROUND THE FULLEST PART OF YOUR BUST WITH ARMS SLIGHTLY RAISED.

UNDER BUST – MEASURE JUST BELOW THE BUST, MAKING SURE THE TAPE IS LYING STRAIGHT ACROSS THE BACK.

WAIST – MEASURE AROUND THE NARROWEST PART OF YOUR NATURAL WAIST, APPROXIMATELY 1" ABOVE YOUR NAVEL.

HIPS – STAND WITH HEELS TOGETHER AND MEASURE THE FULLEST PART OF YOUR HIPS.

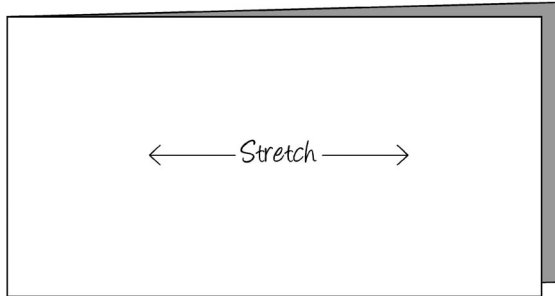
(IN INCHES)	TWEEN (12)	TWEEN (14)	XXS (0)	XS (2)	S (4)	S (6)	M (8)	M (10)	L (12)	L (14)	XL (16)	1X (18)	2X (20)	3X (22)	4X (24)	5X (26)
FINISHED BUST WIDTH	27	28	29	30	31	32	33	34	35.5	37	38.5	40.5	42.5	45.5	48.5	51.5
FINISHED BABYDOLL LENGTH	26.5	27.5	28.75	29	29	29.25	29.5	29.75	30	30.25	30.5	30.75	31	31.25	31.5	31.75
FINISHED REGULAR LENGTH	31	32	33.25	33.5	33.5	33.75	34	34.25	34.5	34.75	35	35.25	35.5	37.75	36	36.25

**THE FINISHED LENGTH IS FROM SHOULDER SEAM TO HEM.*

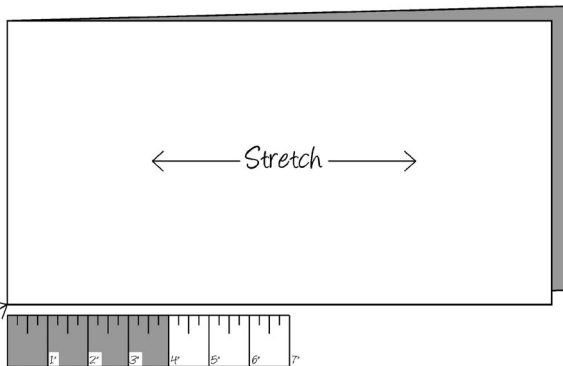
TYPES OF FABRICS

SUGGESTED FABRIC FOR THIS DRESS IS A 2-WAY LIGHTWEIGHT JERSEY KNIT FOR BETTER DRAPE. HOWEVER, ANY KNIT WITH AT LEAST 50% STRETCH WILL WORK.

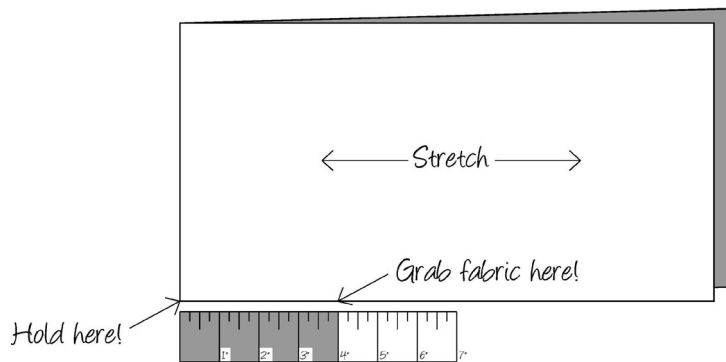
HOW TO MEASURE KNIT STRETCH PERCENTAGE



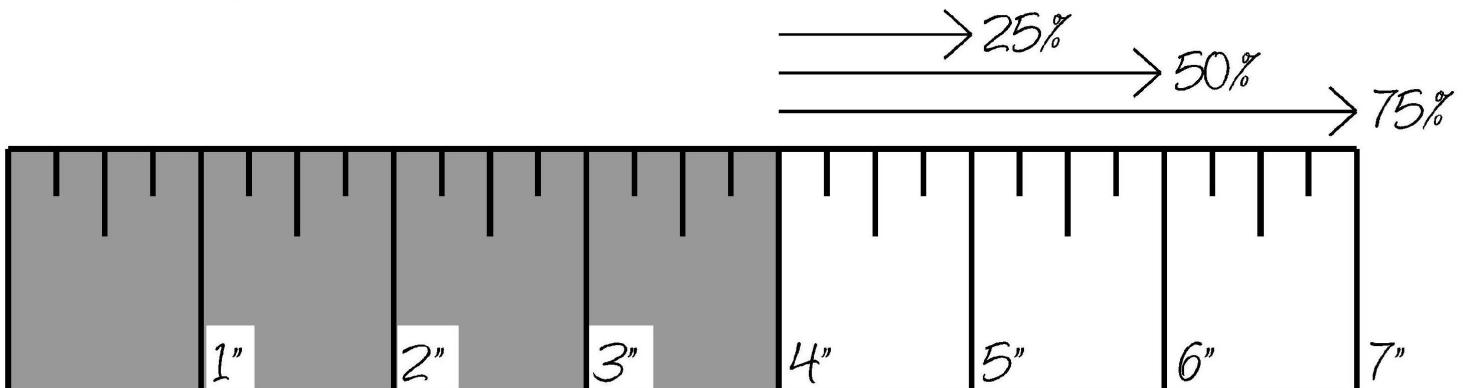
Fold the knit fabric across the stretch of the fabric so that the selvage edges meet.



Line up the fold of the fabric with the left side of the ruler located at the bottom of this page. Hold that corner with your left hand.



Grab the fabric with your right hand at the 4" mark. Be sure you are grabbing both layers of the fabric. Pull the fabric to the right until it stops stretching. The ruler will tell you the percentage of stretch!



SEWING WITH STRETCH FABRIC TIPS AND TRICKS

1. Ballpoint needles (or jersey needles) and Stretch needles can make or break results. Ballpoint needles are best for sweater knits or knits with a more open weave. Stretch needles work best for tightly woven knits or knits with a high lycra content.
2. If your machine only has a straight stitch, set your stitch length to a medium (usually a 3) setting. You will need to stretch the fabric SLIGHTLY and gently as it goes under the pressure foot.

If your machine has a zig-zag stitch, set your stitch length to the smallest zig-zag setting (usually .5) and your stitch length to a 3. Do not stretch the fabric as you sew!

3. Since most knits do not ravel, finishing exposed seams is optional.
4. Coverstitch machines and sergers make sewing with knit easier and less time consuming.
5. Invest in a twin needle! If your machine can zig-zag, it can usually fit a twin needle. The best part of a twin needle is it builds stretch as you sew and gives a professional look to your stitches.
6. A walking foot can help tremendously while sewing with knits. It moves both the top and bottom layers of fabric at the same time, making it easier to avoid stretching the fabric as you sew.

ALL SEAM ALLOWANCES ARE 1/4" UNLESS OTHERWISE NOTED. ALL PATTERN PIECES INCLUDE THE SEAM ALLOWANCE. PLEASE READ ALL INSTRUCTIONS BEFORE YOU BEGIN.

YARDAGE (IN YARDS)

	TWEEN (12)	TWEEN (14)	XXS (0)	XS (2)	S (4)	S (6)	M (8)	M (10)	L (12)	L (14)	XL (16)	1X (18)	2X (20)	3X (22)	4X (24)	5X (26)
BODICE	2/3															
BODICE LINING	2/3															
*BABY DOLL SKIRT	1															
*REGULAR SKIRT	1 1/4															

ALL YARDAGE IS BASED ON 60" WIDE FABRIC.

*YOU WILL NEED FABRIC FOR ONE TYPE OF SKIRT, NOT BOTH.

NOTIONS

SEWING MACHINE

SCISSORS

THREAD

PINS

IRON

SERGER (OPTIONAL)

3/8" ELASTIC (SEE PAGE 20 FOR LENGTHS)

PRINT SAVER

FRONT BODICE PIECE

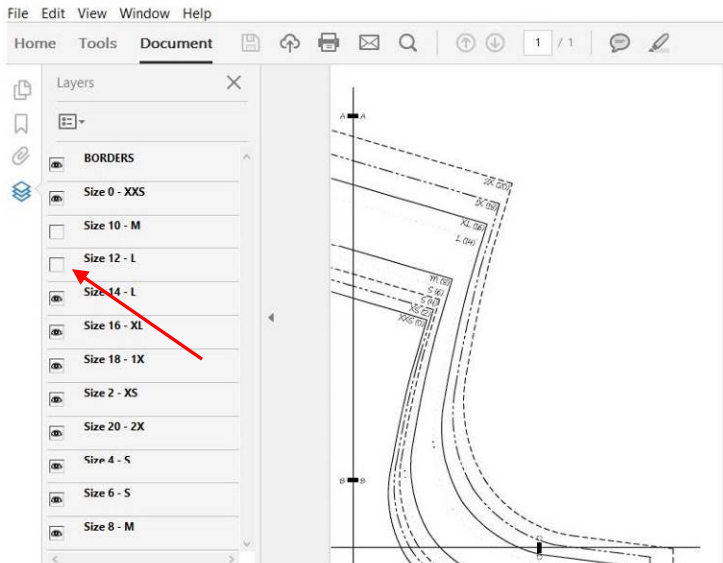
PAGES 25-29

BACK BODICE PIECE

PAGES 30-32

SKIRT PIECE

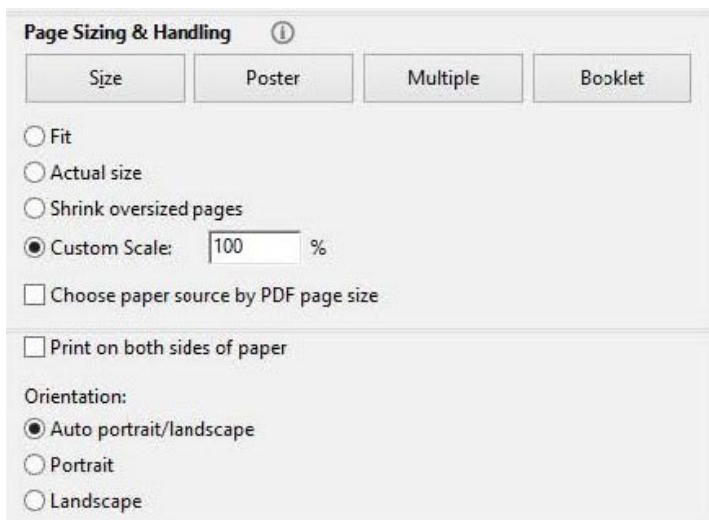
PAGES 33-42



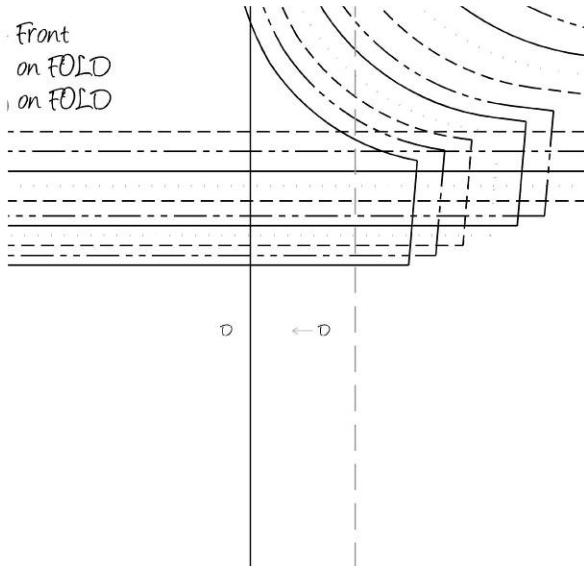
PRINTING

All George and Ginger patterns are drafted with a layer feature that allows you to “turn off” the sizes you do not need to print, saving time and ink. Simply unselect the sizes that are not your own and watch them disappear from the print screen !

NOTE: The layer “BORDERS” should always be on !



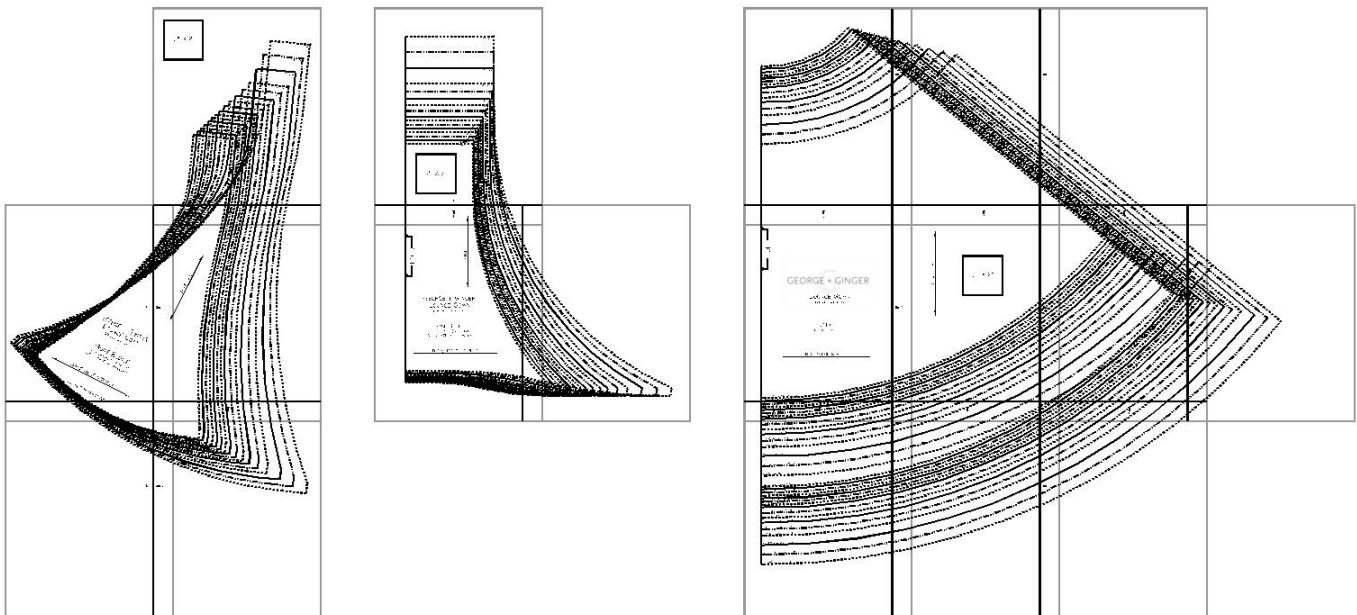
When you are ready to print, be sure your printer is set to 100% with no scaling and the orientation is set to auto portrait/landscape in the print screen !



TAPING

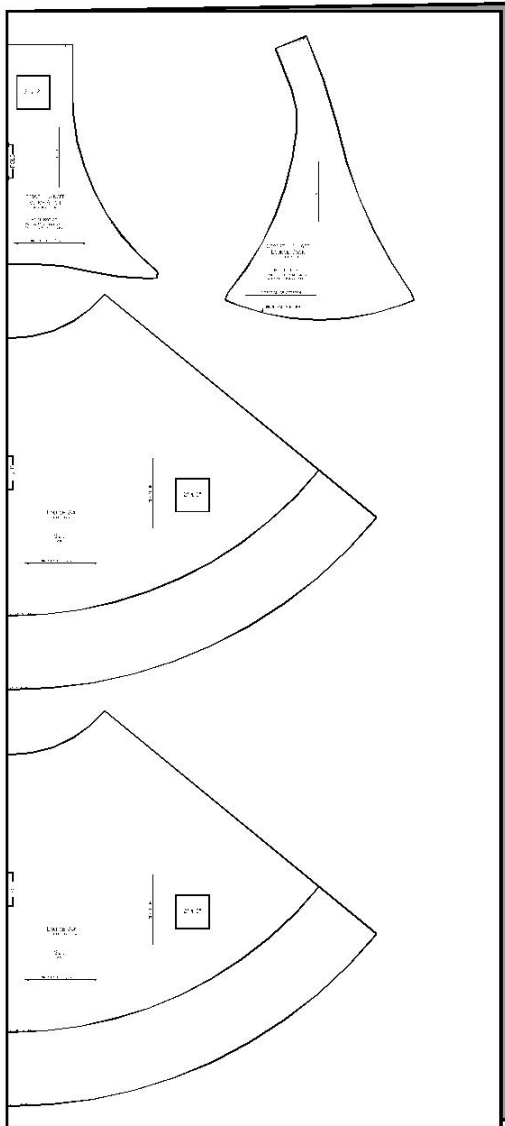
Before printing all pages, print one page with the 2 inch square to measure to be sure the pieces are the correct size. With a convenient no-trim feature, overlap the corresponding letters so the edge of the page with the letter arrow lines up with the solid line on the previous page.

PATTERN PIECE LAYOUT

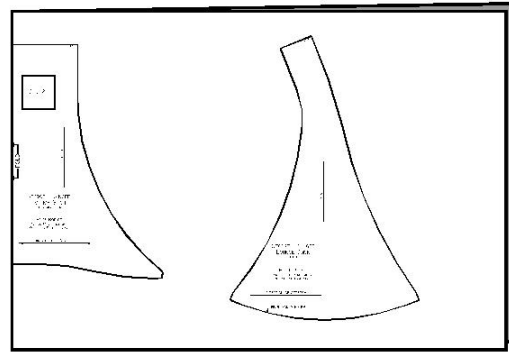


CUTTING

MAIN FABRIC



LINING FABRIC



The back bodice and skirt pieces will be cut on the fold of the fabric.
The front bodice piece will be cut with the fabric folded over, giving you mirrored pieces.

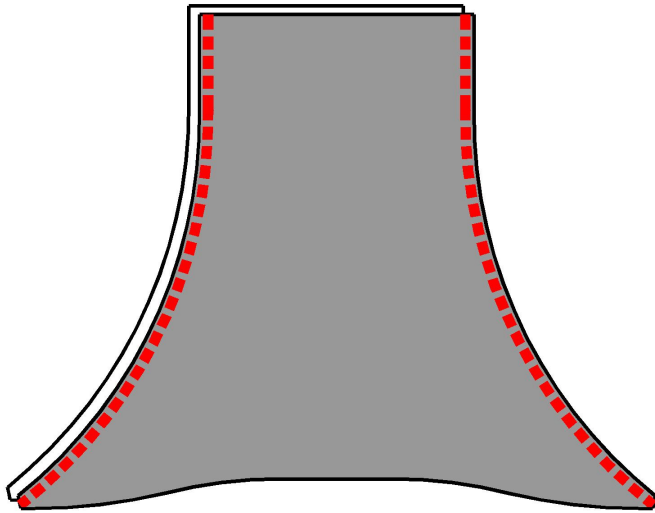


RIGHT SIDE OF FABRIC

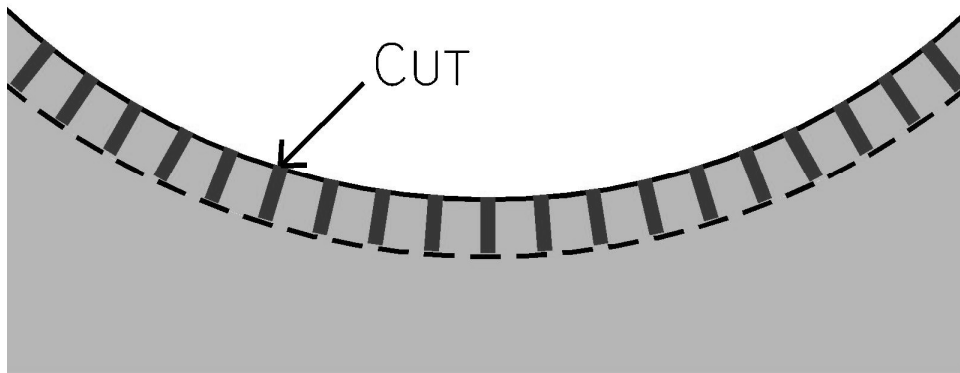


WRONG SIDE OF FABRIC

Creating the back bodice...



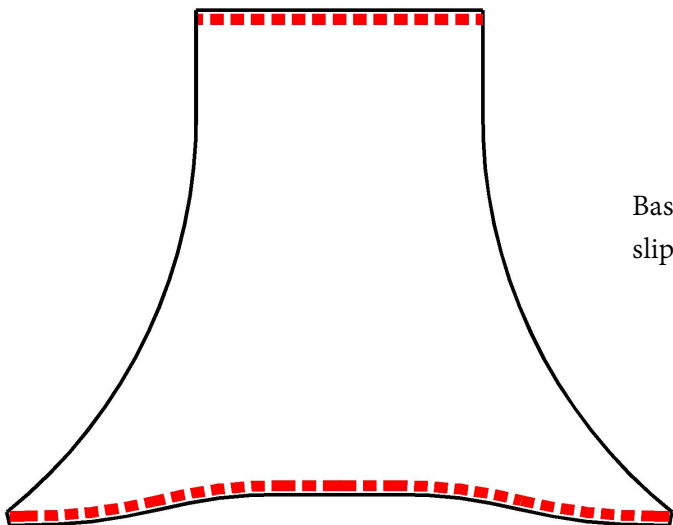
Place the back bodice and back bodice lining right sides together. Sew along the side curves, as shown.



Once sewn, you will need to clip the curves. When clipping curves, you will cut into the seam allowance every 1/4".

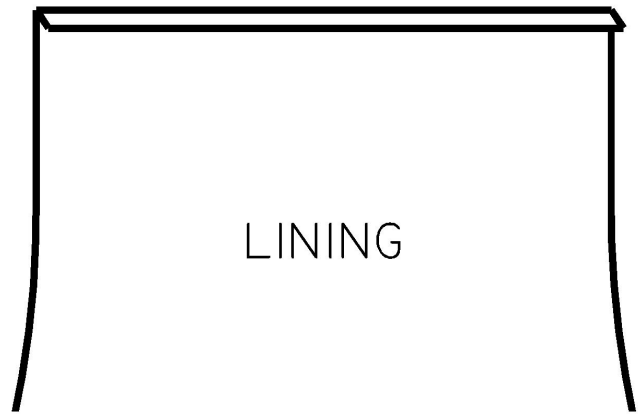
You will cut very close to the stitches, but not cutting INTO the stitches.

Steam and press this seam before turning right sides out. Steam and press again after turning.

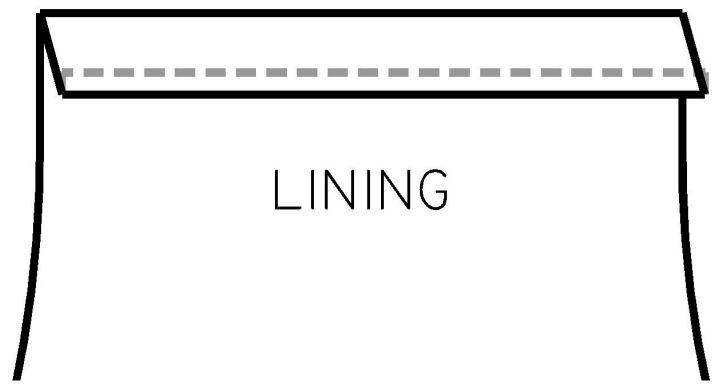


Baste along the top and bottom of the bodice to prevent slipping and shifting in future steps.

Place the back bodice lining side up. Fold the top of the bodice down 1/4" towards the lining and press.

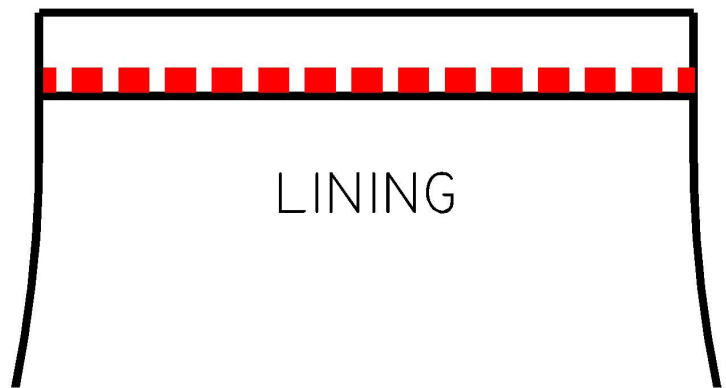


Now fold the top down 1" more and press.

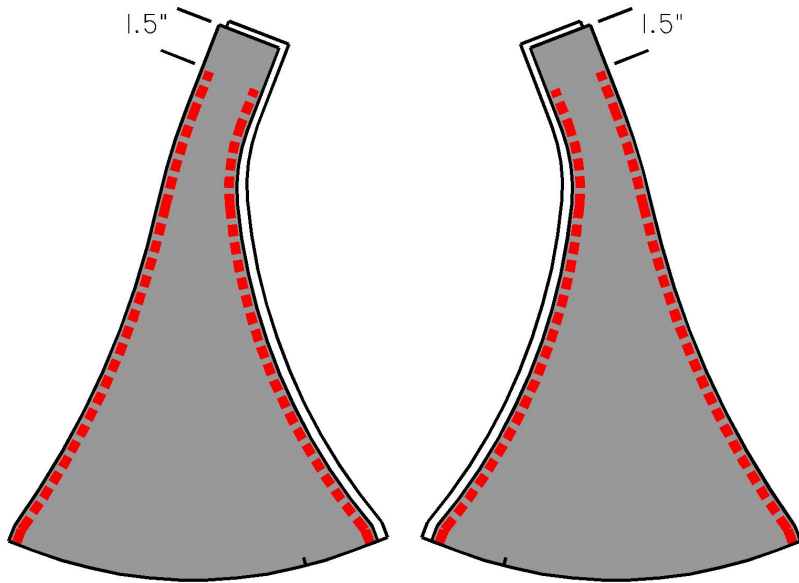


Sew 1/8" away from the bottom folded edge, creating a casing.

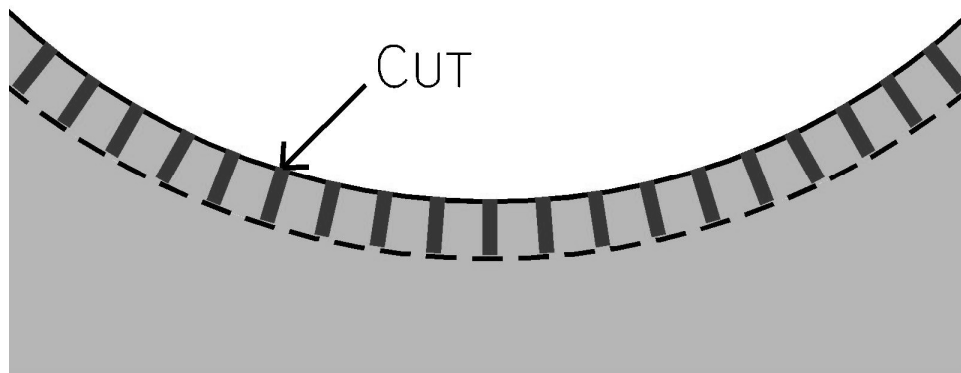
Set the back bodice aside for now.



Creating the front bodice...



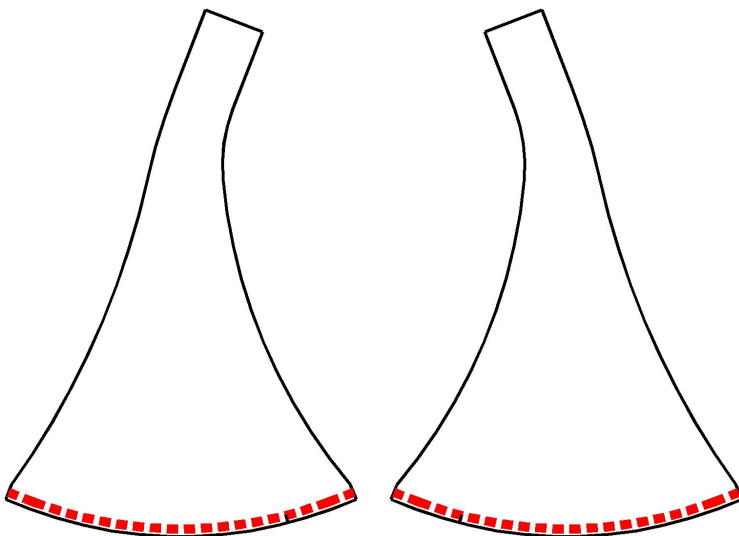
Place the front bodices and front bodice lining pieces right sides together. Sew along the side curves, as shown, stopping 1.5" from the top.



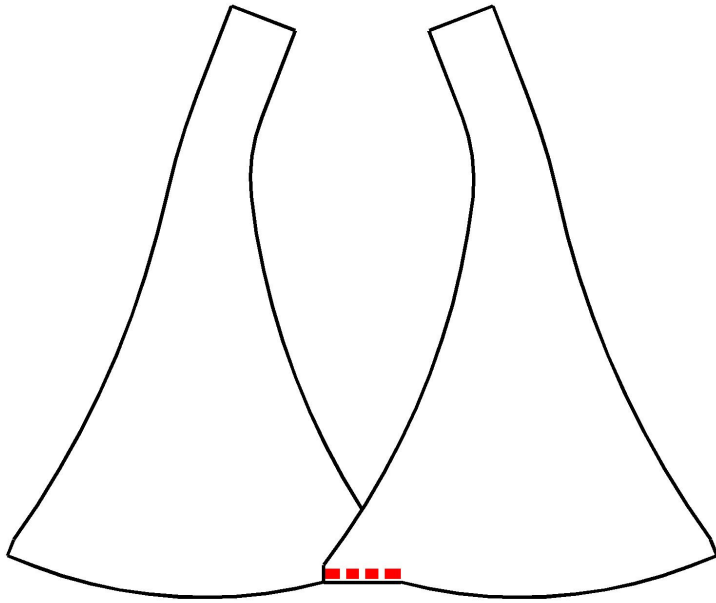
Once sewn, you will need to clip the curves. When clipping curves, you will cut into the seam allowance every 1/4".

You will cut very close to the stitches, but not cutting INTO the stitches.

Steam and press this seam before turning right sides out. Steam and press again after turning.



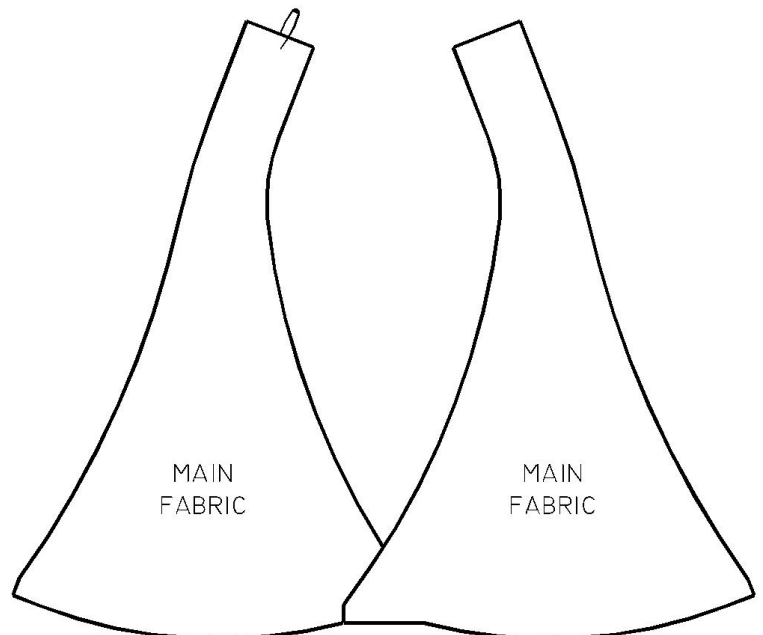
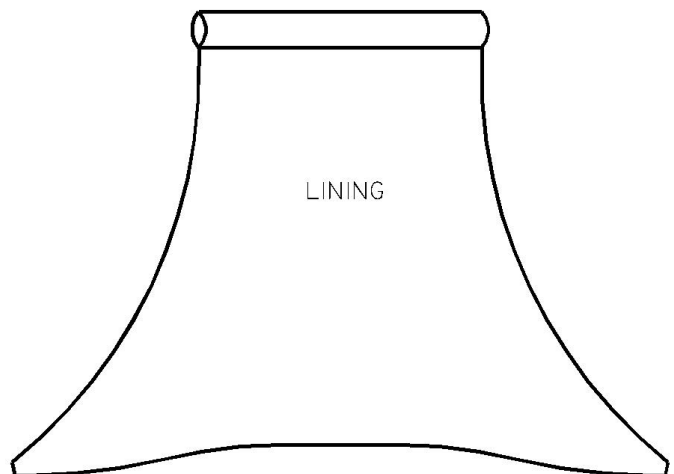
Baste along the bottom of the bodice pieces to prevent slipping and shifting in future steps.

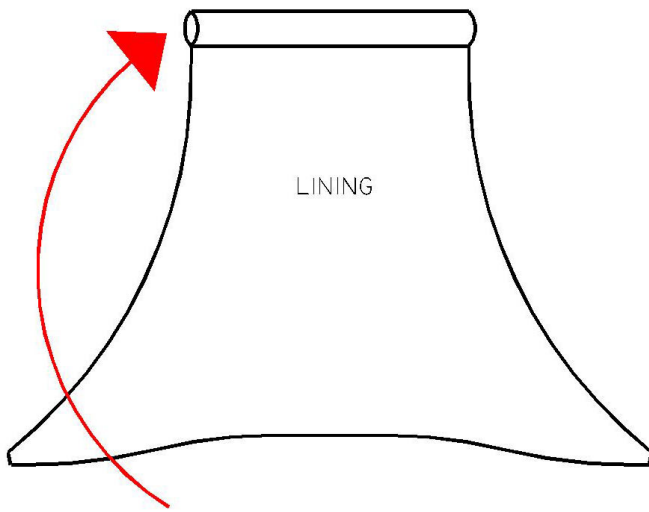


Place the front bodice pieces main fabric side up. Using the marks from the pattern piece, overlap the bottom of the bodice pieces to the marks. **FIT NOTE: For a looser fit that is easy to pull on and off, overlap the corner of the bodice up to the mark. For a more fitted bodice, overlap the marks.**

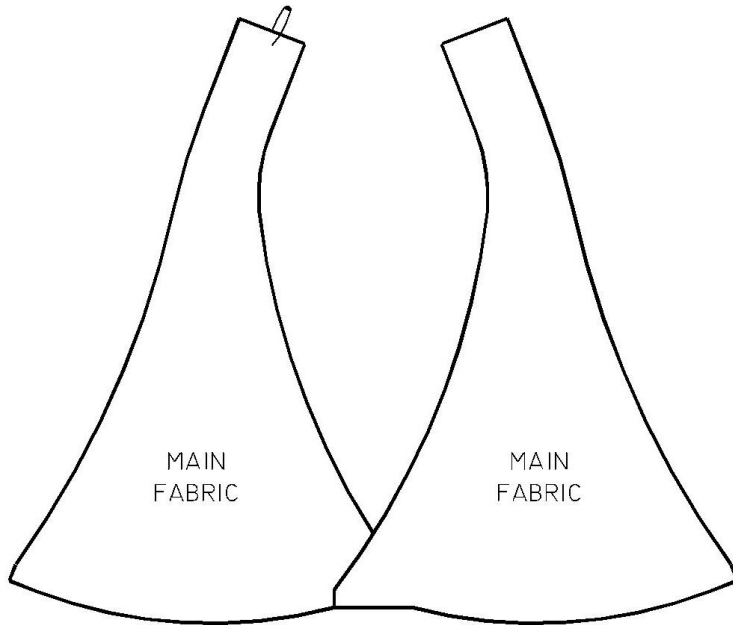
Baste all four layers of fabric in place.

Place the back bodice lining side up. Place the front bodice main fabric side up. Hook a safety pin through the top of the left side of the front bodice.

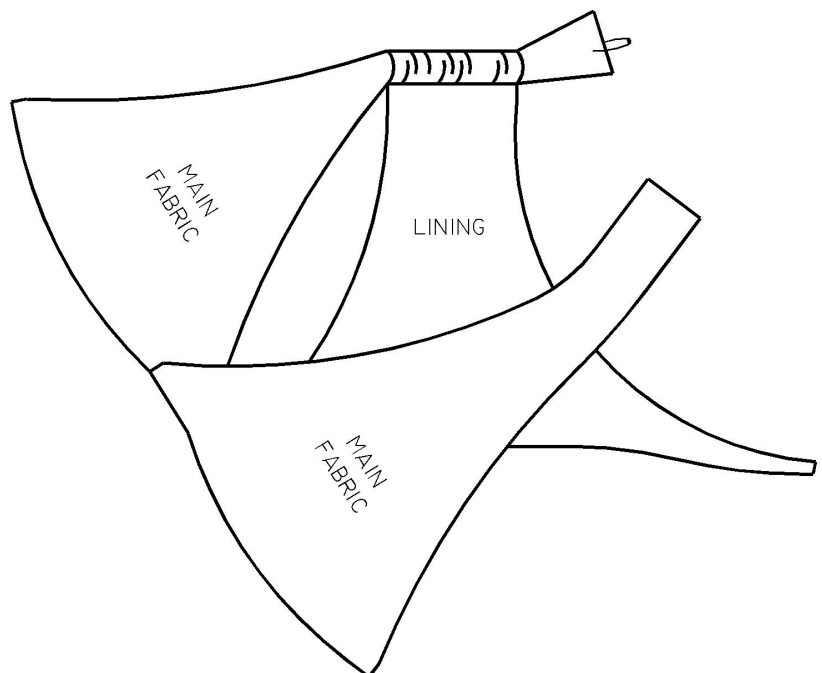


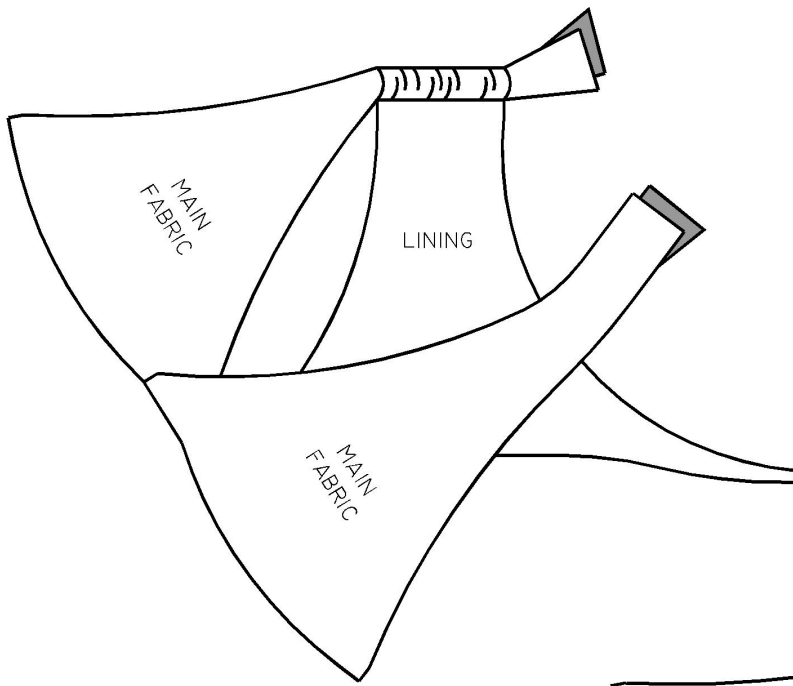


Using the safety pin to help guide, slide the left side of the bodice through the back bodice casing.

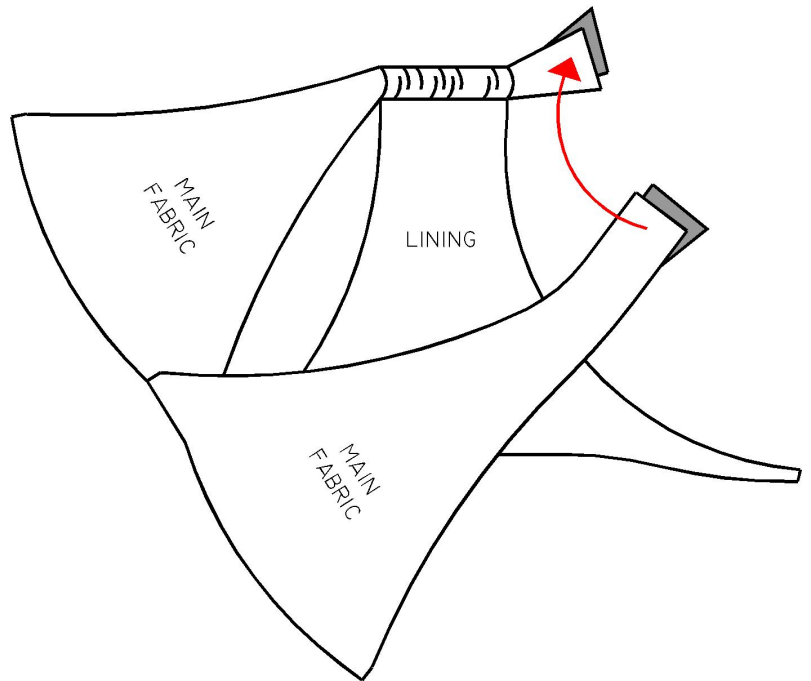


Keep sliding the front bodice piece through the casing until it comes out the other end.

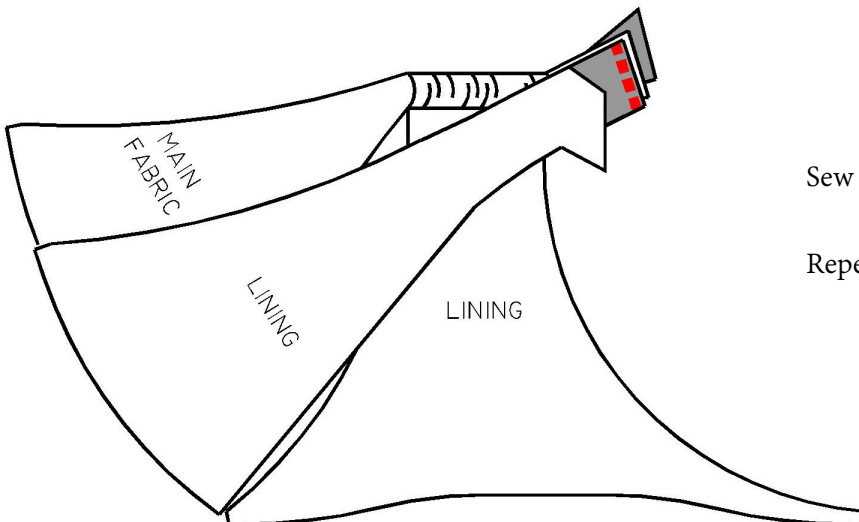




Separate the main fabric from the lining at the unsewn 1.5" edge on both sides of the front bodice.

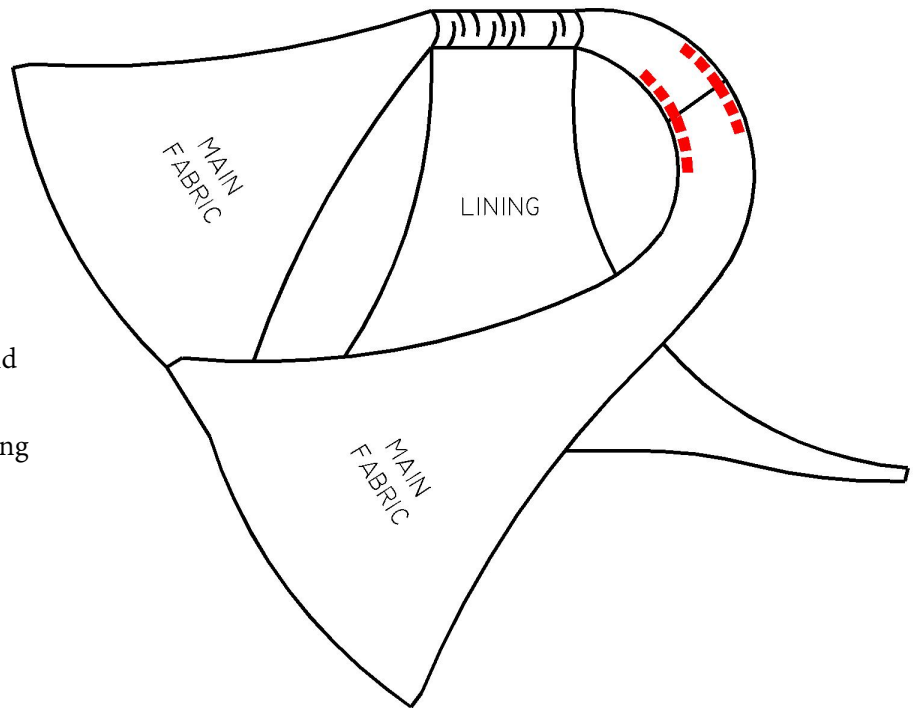


Fold the main fabric side of the right side of the front bodice over to be right sides together with the left side.

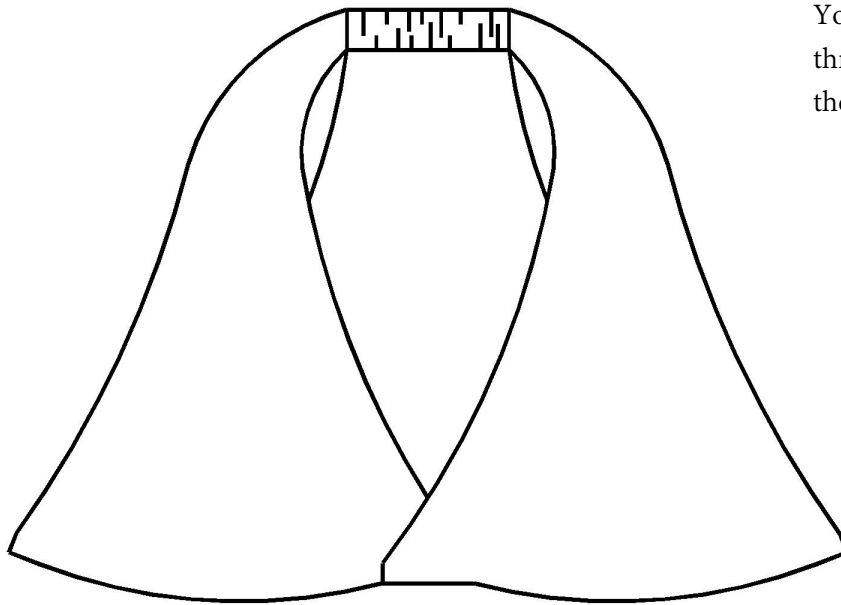


Sew the main fabric tab ends together.

Repeat this process for the lining tabs.

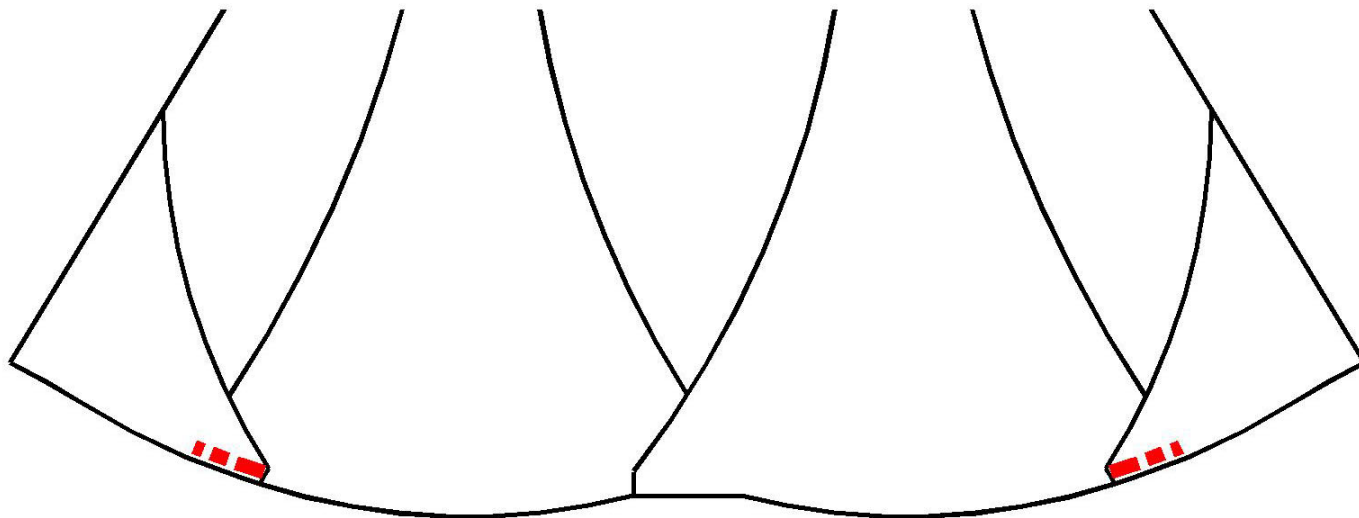


Now that both ends of the main fabric and lining are connected, fold the raw edges back 1/4" in line with the previous stitching done on the front bodices and place the main fabric and lining together. Sew the "strap" closed.



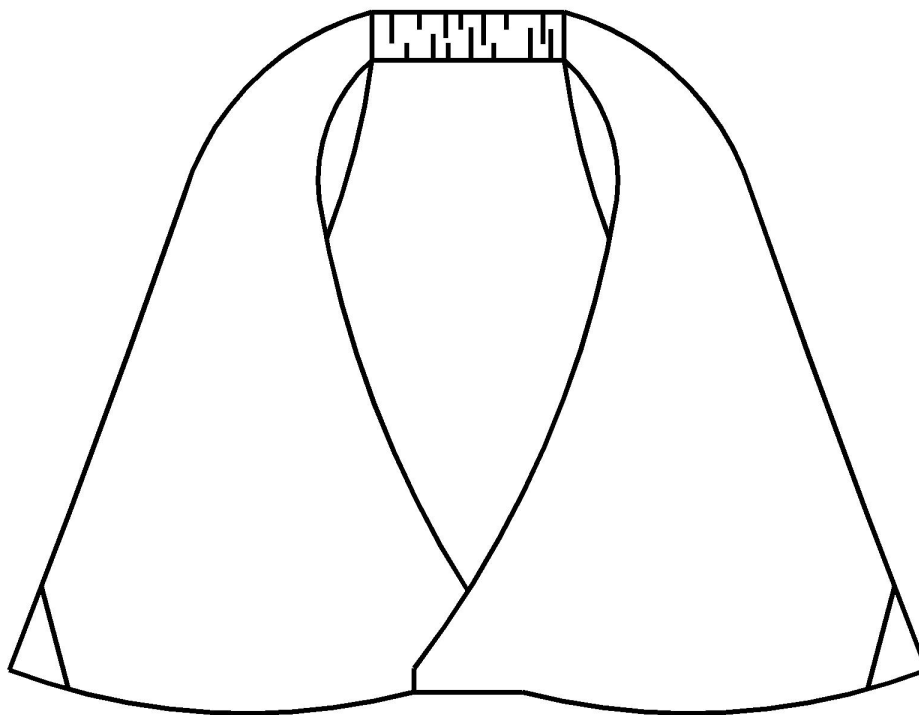
You can now slide the bodice strap back through the casing a bit so the casing hides the strap seam and stitching.

Finishing the bodice...



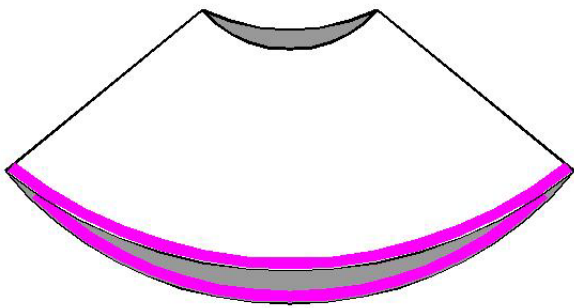
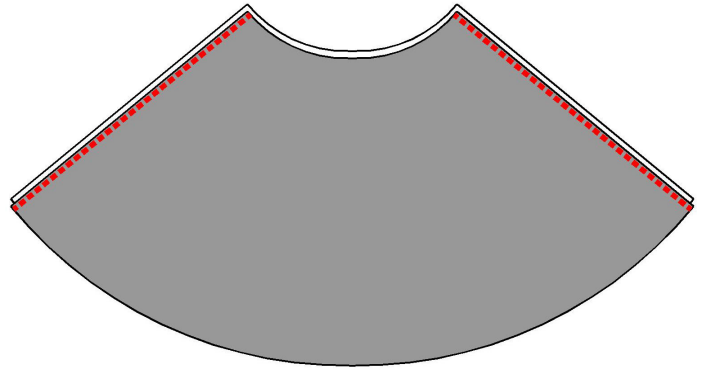
Overlap the back bodice and front bodice by 1.5" on both sides—it makes no difference if the back overlaps the front or the front overlaps the back.

Baste into place.



Adding the skirt...

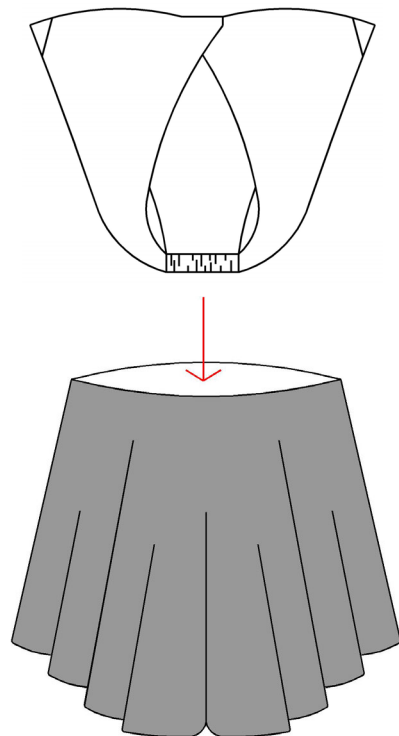
Place the two skirt pieces together and sew along the straight edges. Finish the seams.

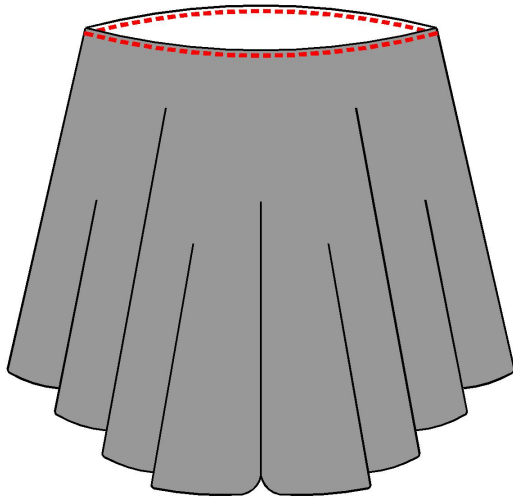


Fold the hem raw edges back 1/2" and press. Fold back another 1/2" and sew 1/8" away from the top fold.



With the skirt wrong sides out, slide the bodice inside the skirt, right sides together, stretching the skirt evenly around the bodice. Line up the skirt side seams with the center of the side overlaps on the bodice. Pin the bodice in place.



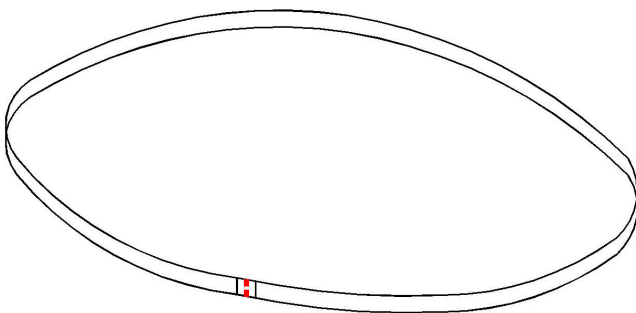


USING A 1/2" SEAM ALLOWANCE, sew around the top of the skirt, attaching the bodice. Finish the seam.

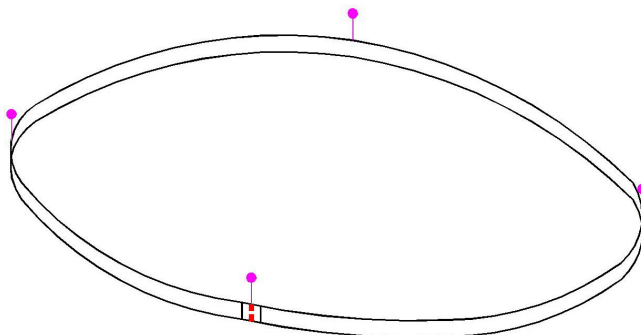
Adding elastic...

	TWEEN (12)	TWEEN (14)	XXS (0)	XS (2)	S (4)	S (6)	M (8)	M (10)	L (12)	L (14)	XL (16)	IX (18)	2X (20)	3X (22)	4X (24)	5X (26)
WAIST ELASTIC (CUT 1)	22"	22.5"	23"	24"	25"	26"	27"	28"	29.5"	31"	32.5"	34"	36"	38"	40"	42"

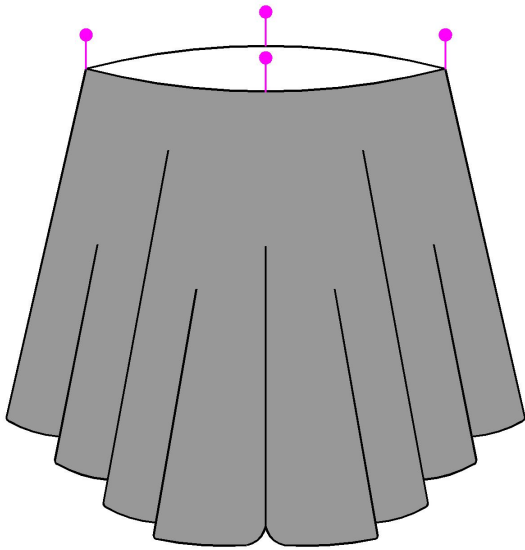
Cut a piece of 3/8" elastic the length for your size indicated in the chart above.



Overlap the elastic 1/2" and sew the two ends together, forward and backstitching several times to secure it.

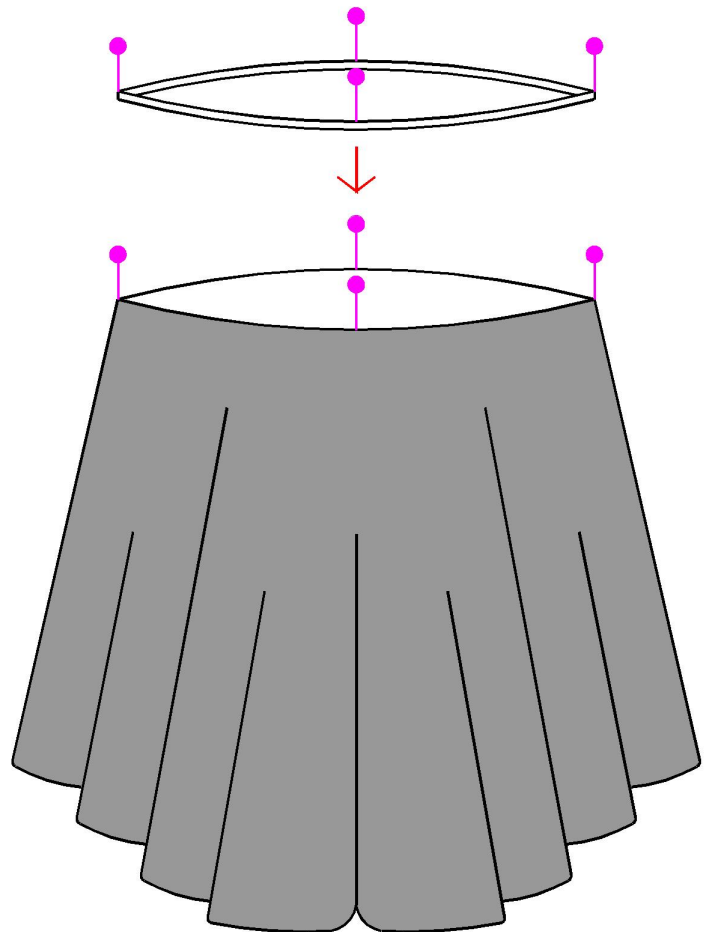


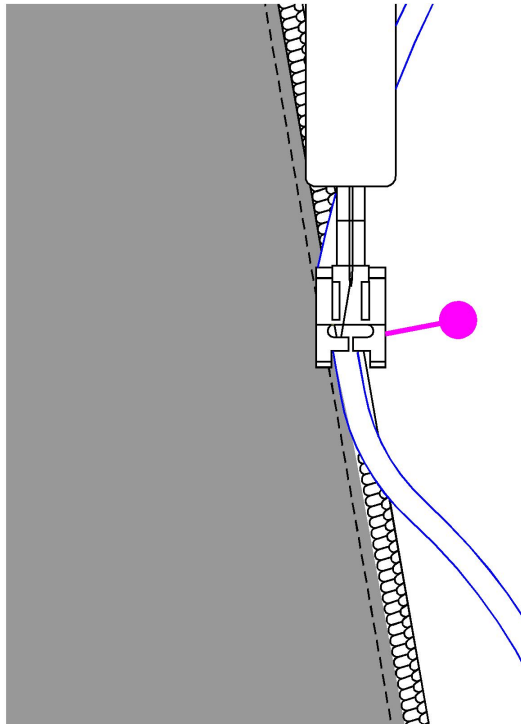
Mark the elastic in quarters with pins, starting at the seam.



With the dress still wrong sides out, divide the waist seam into quarters with pins as well, starting at the side seams.

Slide the elastic onto the seam allowance of the dress waist seam. Overlap the quarter marks and pin in place. The elastic should be centered on the seam allowance.



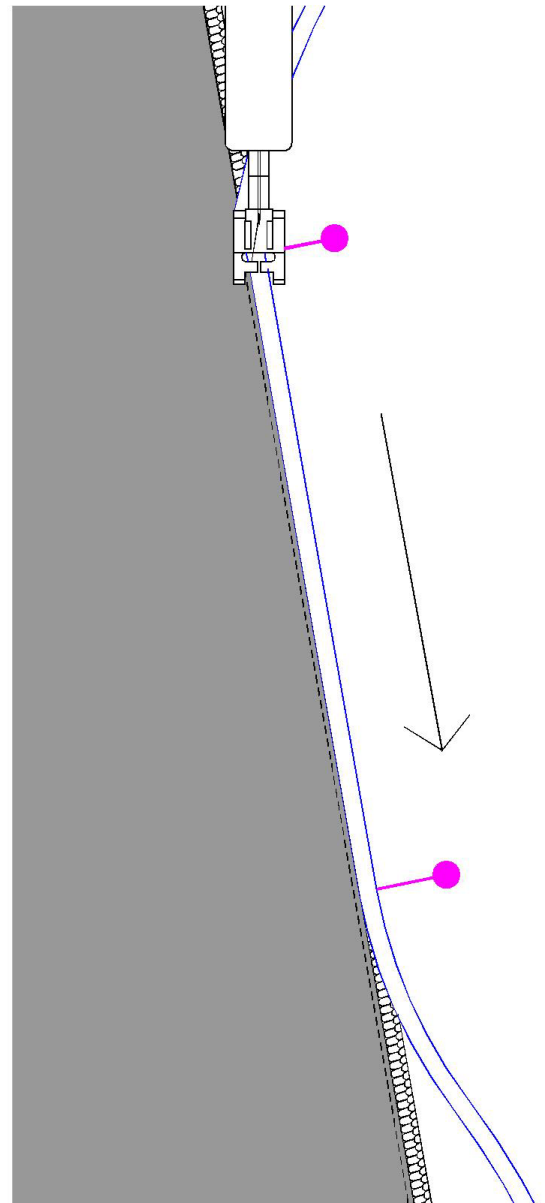


Place the seam allowance under the presser foot on your machine, wrong side up, at one of the pins. Using a zig-zag stitch, forward and backstitch a few times to secure the elastic to the seam allowance.

With your needle in the 'down' position, stretch the elastic so the elastic sits flat between the presser foot and the next pin. While still using a zig-zag stitch and keeping the elastic stretched flat, sew down the elastic to the pin.

It helps to grab the fabric behind the presser foot and pull slightly, helping glide the elastic through the stitching.

Continue pulling the elastic flat and zig-zag stitching all the way around the waist.



GEORGE + GINGER

INSPIRATION



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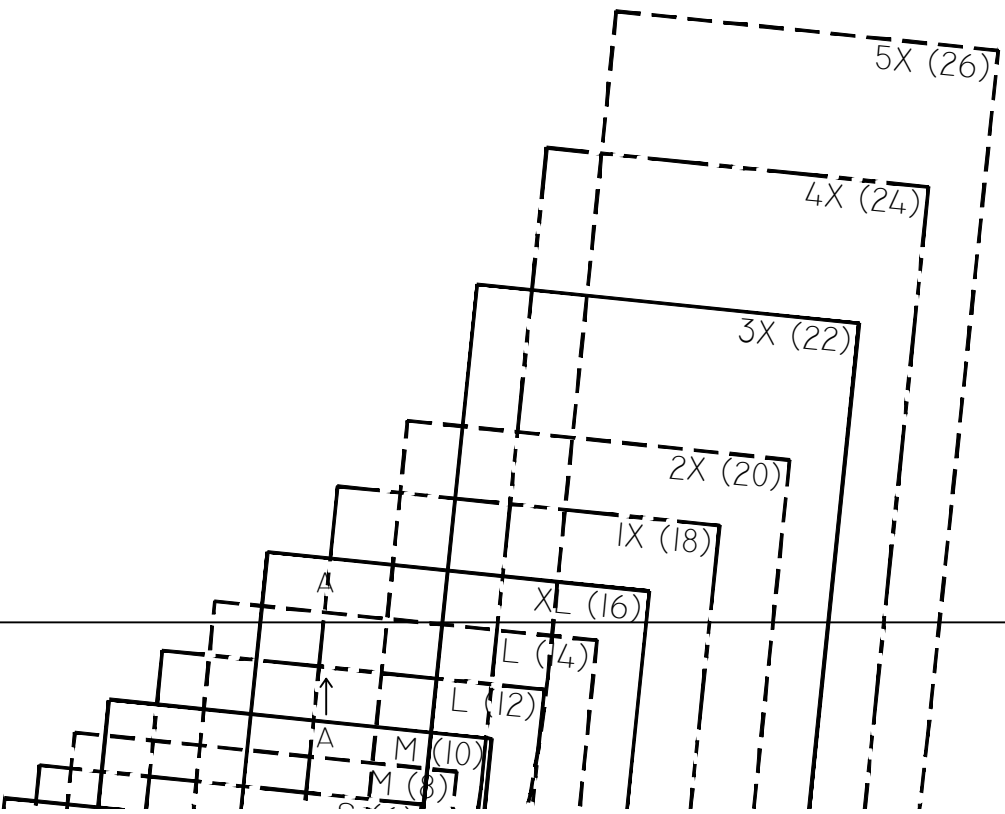
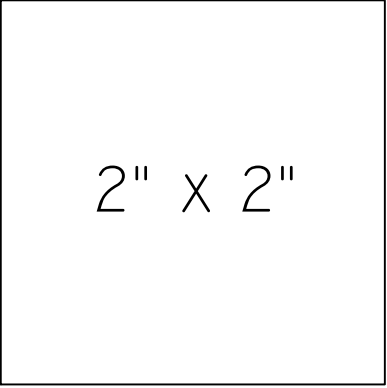
Website:
www.georgeandgingerpatterns.com

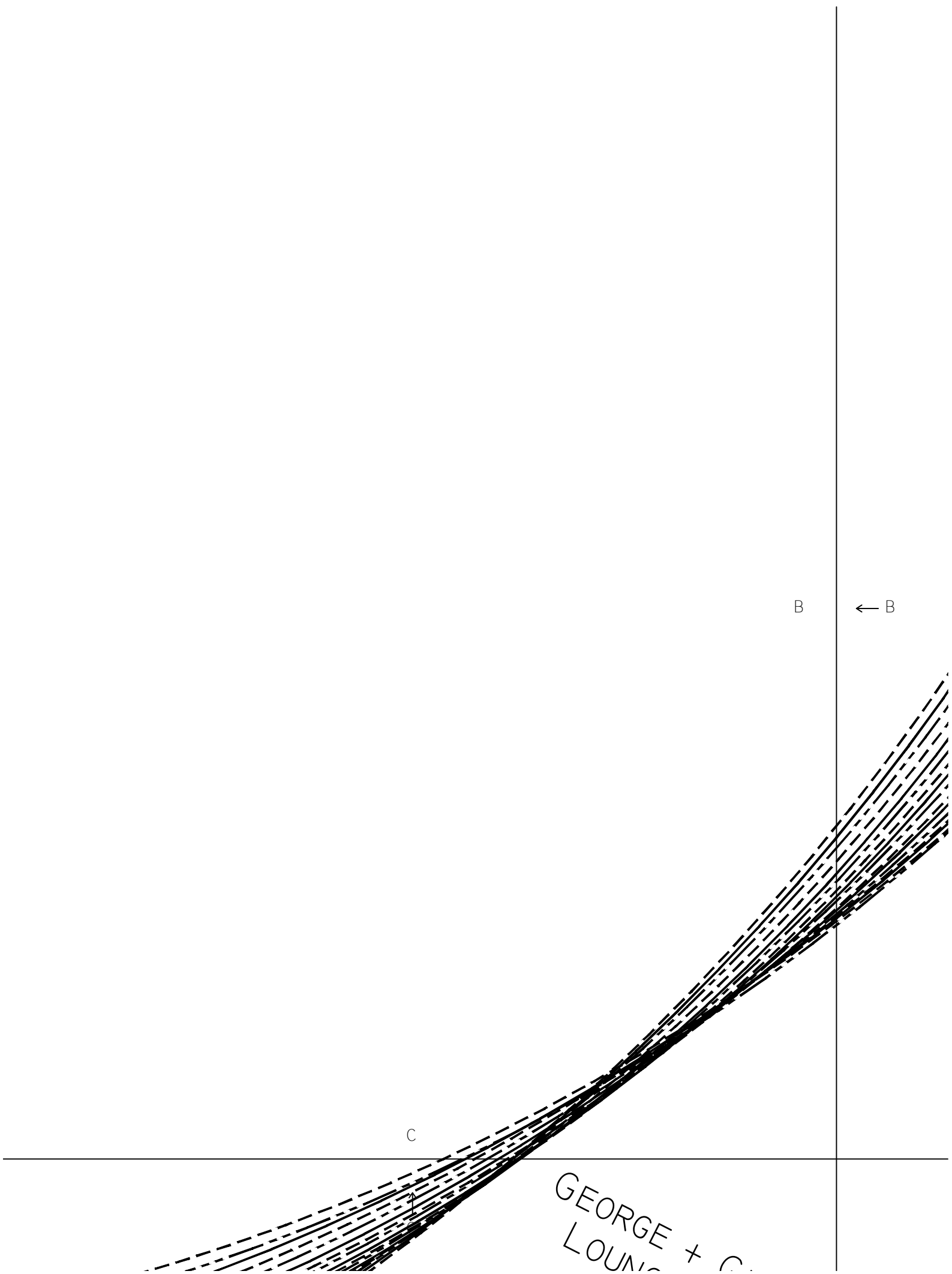
Facebook Page:
<https://m.facebook.com/George-Ginger-Pattern-Co-415698898625195/?ref=bookmarks>

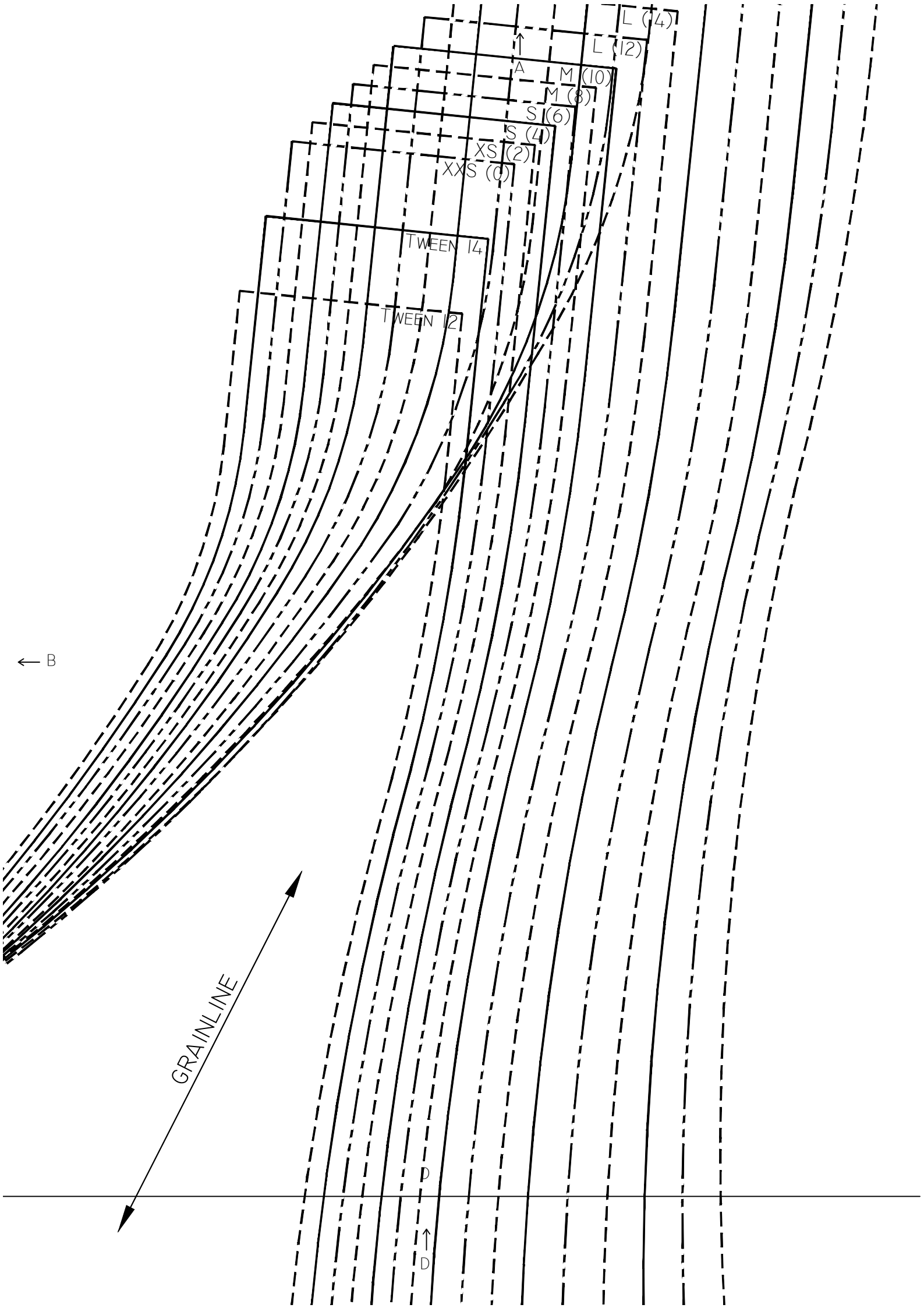
Facebook Pattern Group:
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Instagram:
<https://instagram.com/georgeandgingerpatternco/>

Pinterest:
<https://www.pinterest.com/georgeandginger/>







GEORGE + GINGER
LOUNGE GOWN
SEAM ALLOWANCE 1/4"

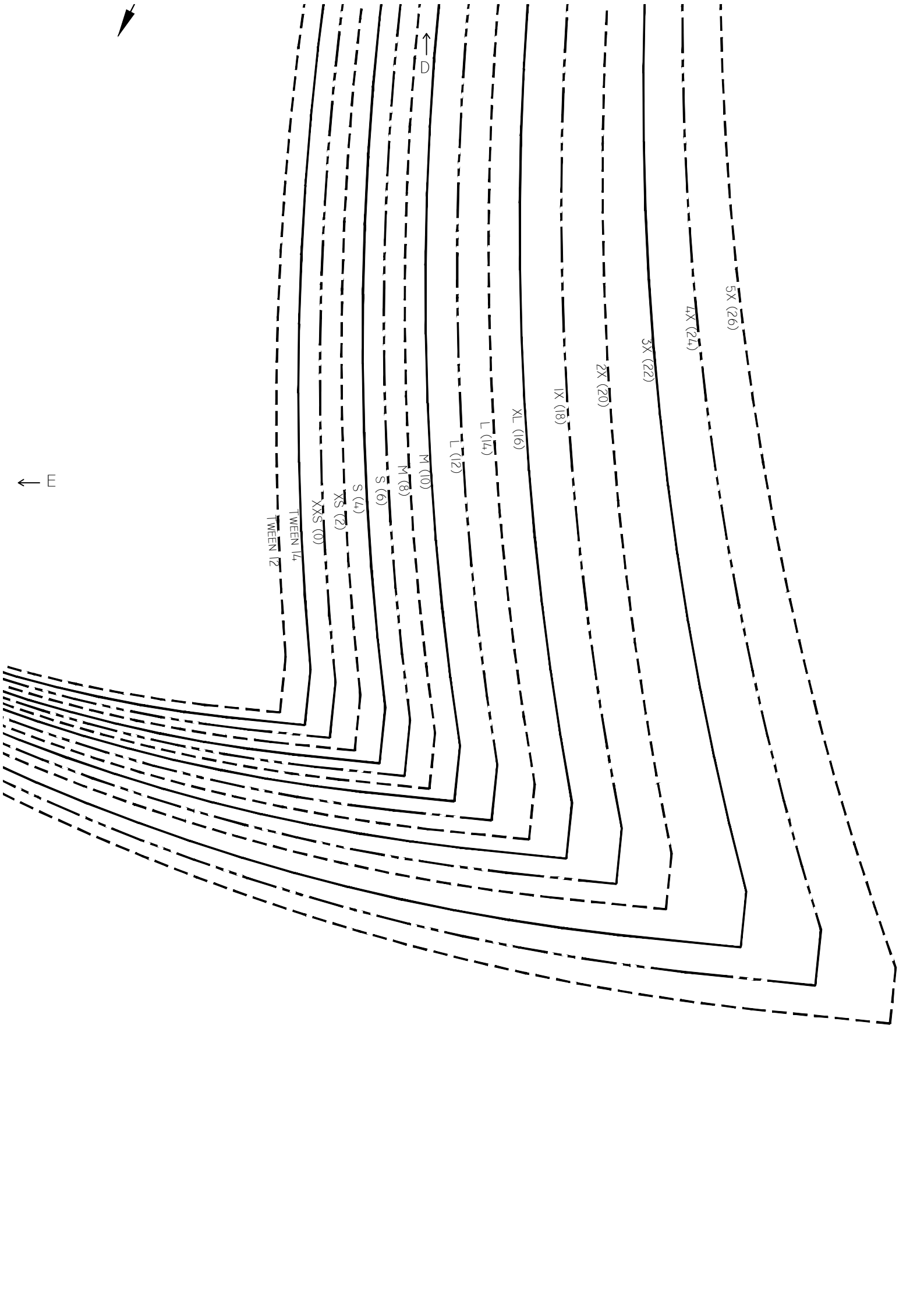
FRONT BODICE
CUT 2 MIRRORED (MAIN FABRIC)
CUT 2 MIRRORED (LINING FABRIC)

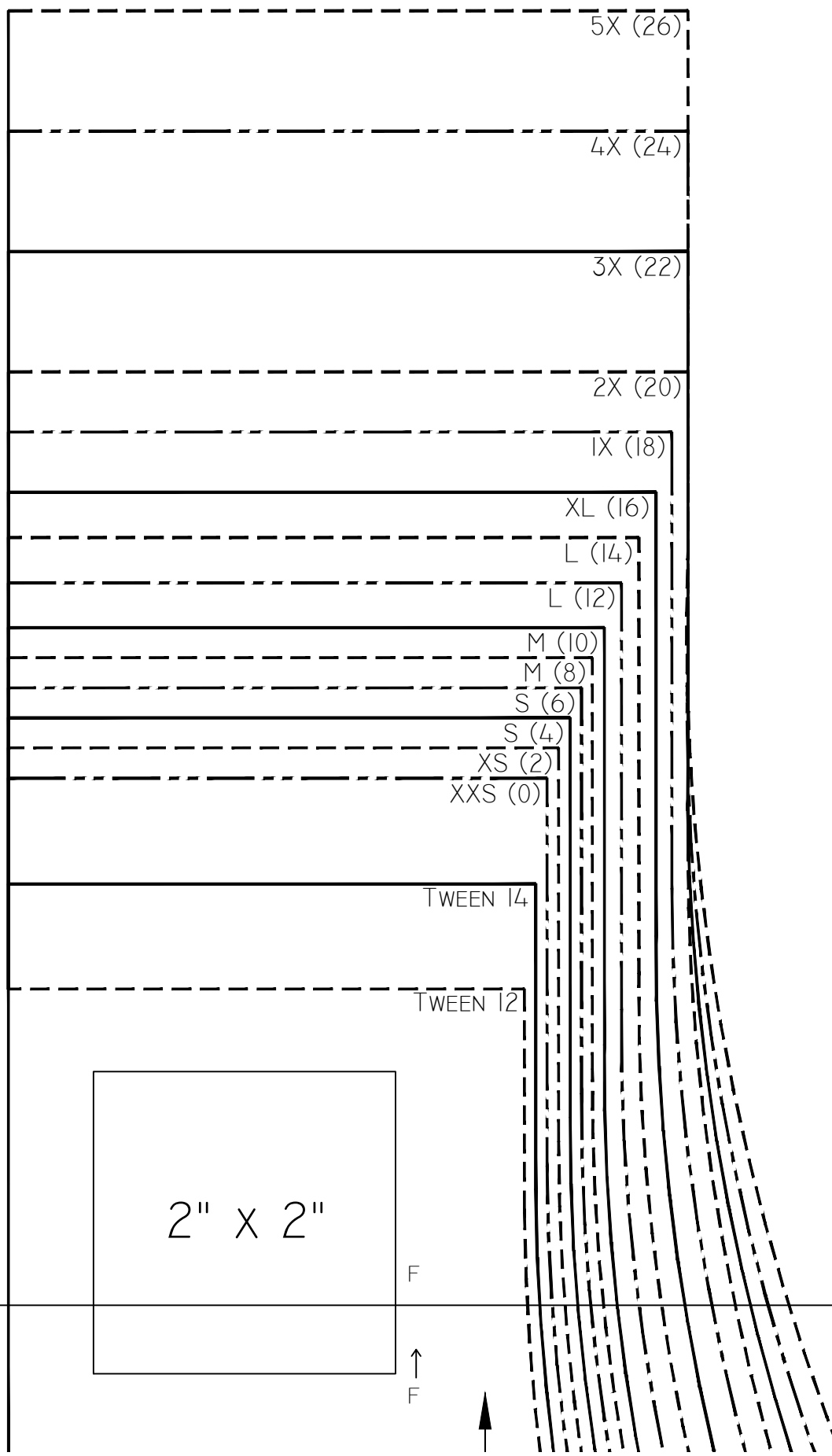
DIRECTION OF STRETCH

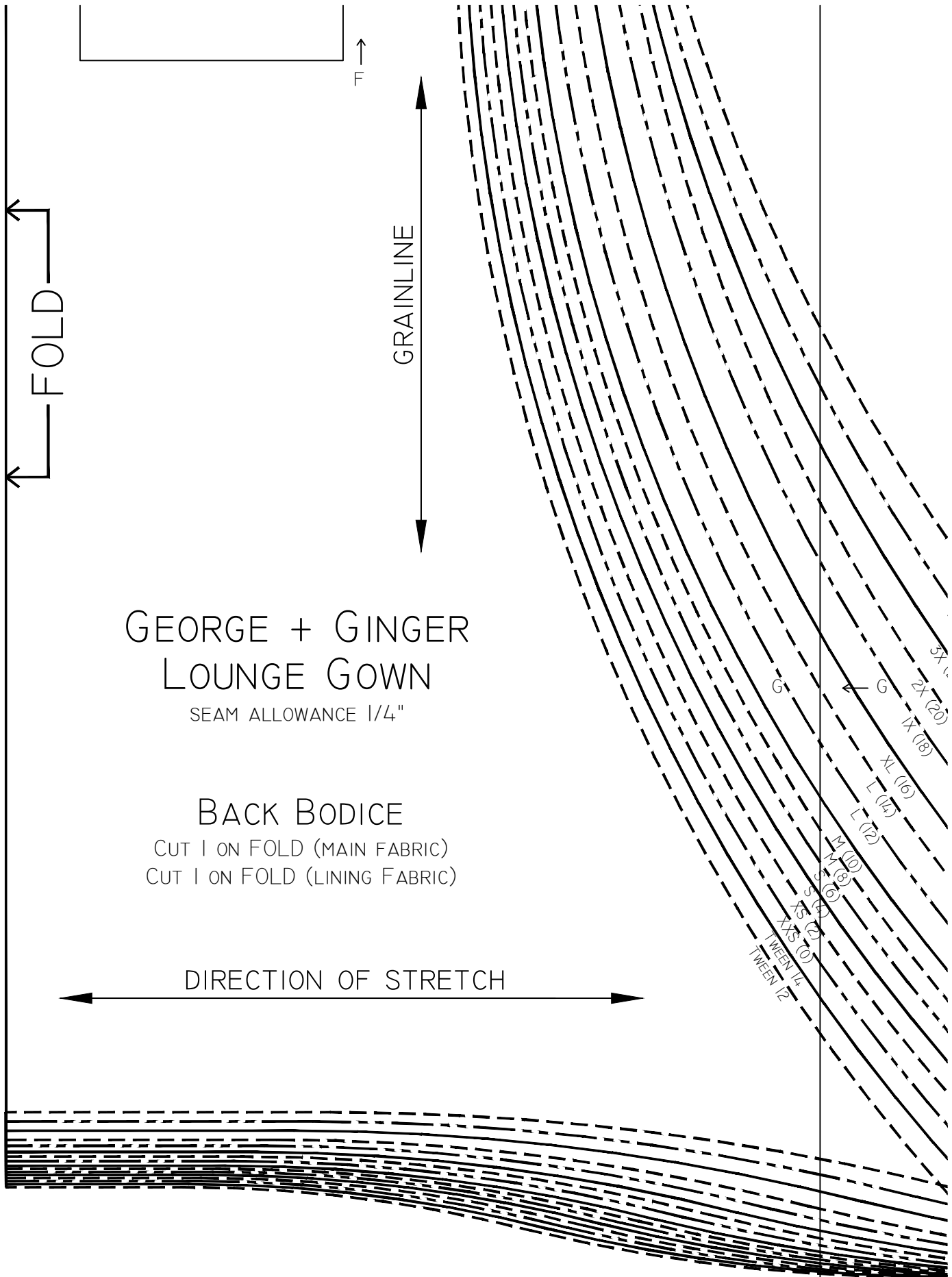
MARK FOR OVERLAP

E

← E







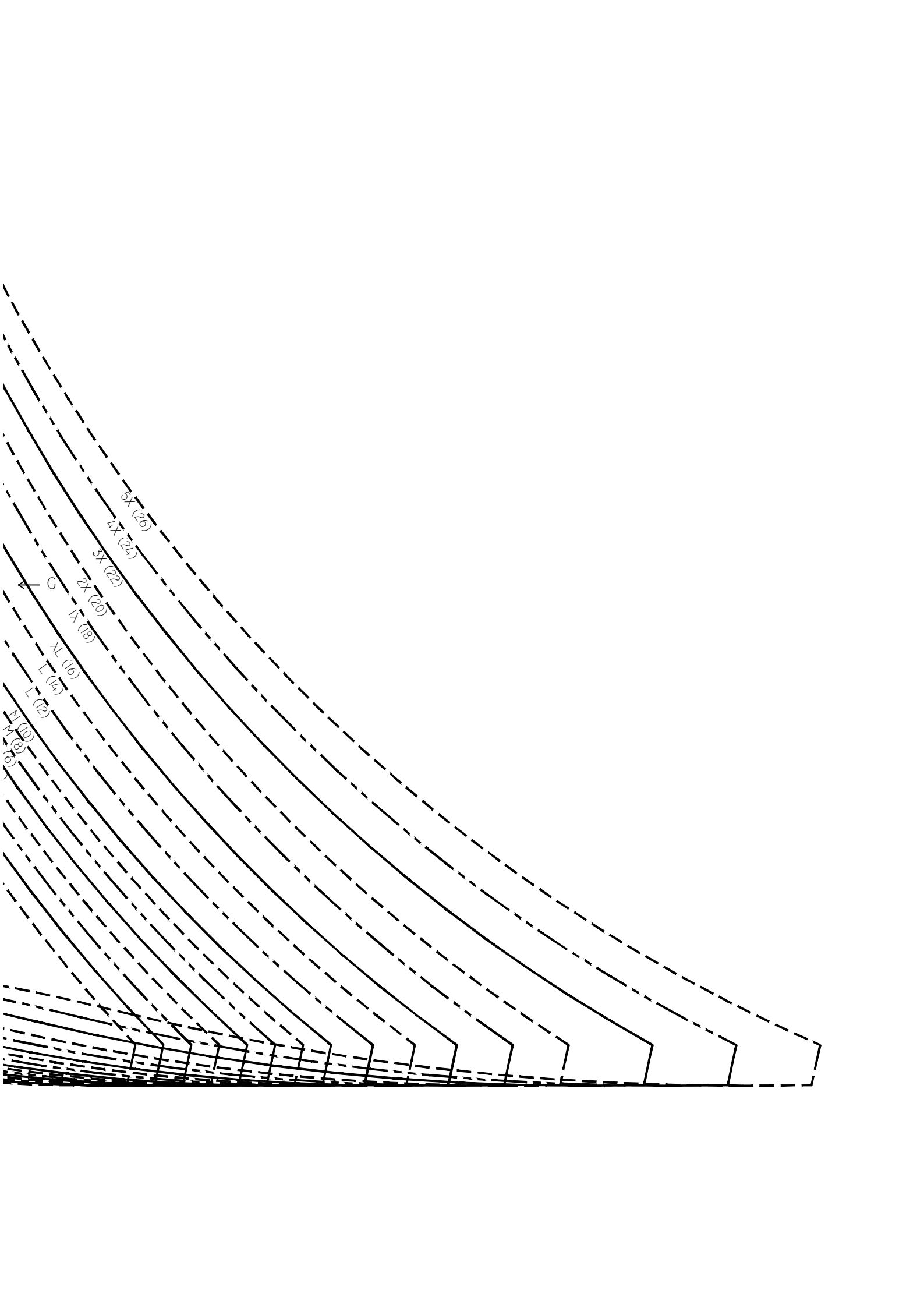
GEORGE + GINGER LOUNGE GOWN

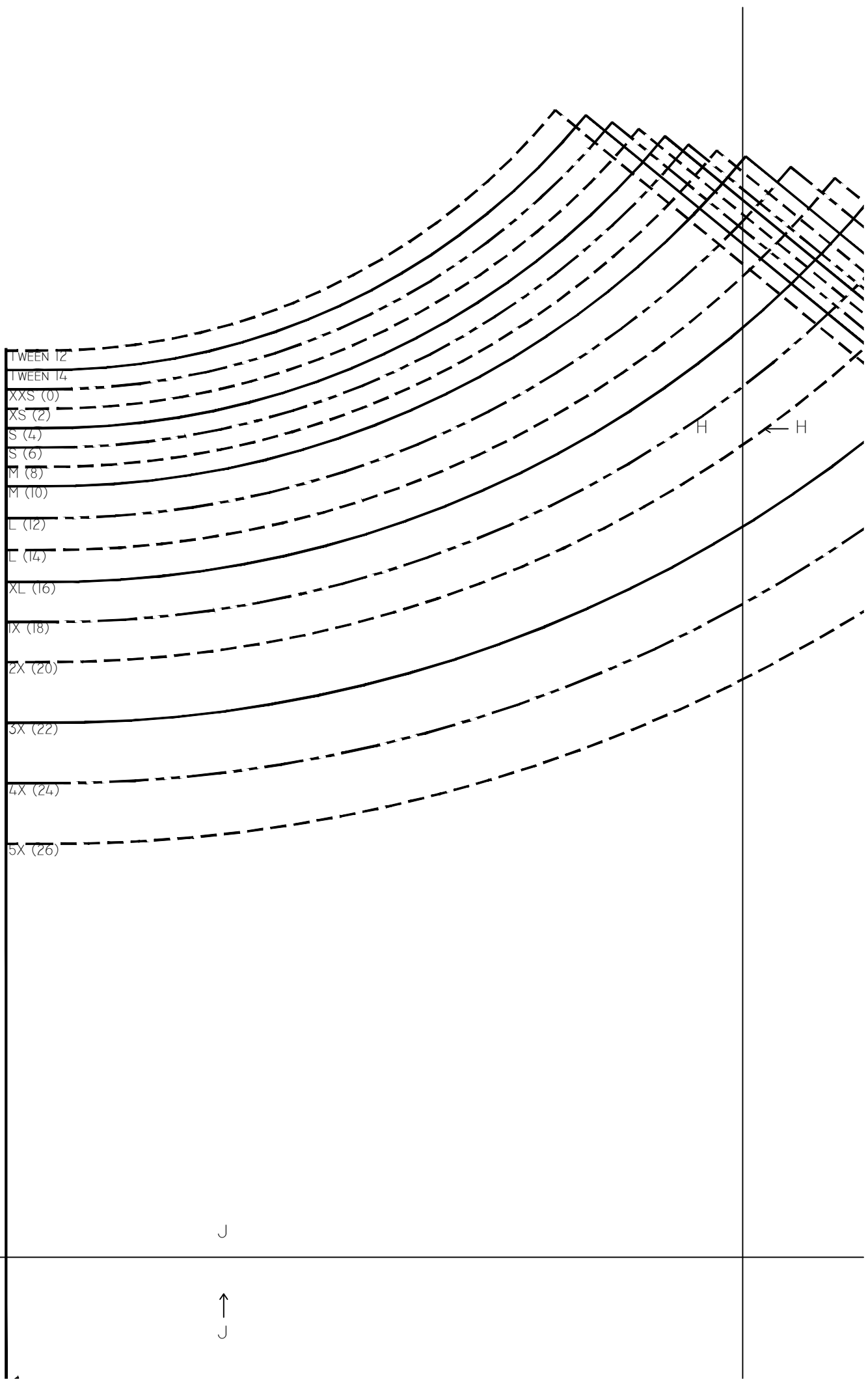
SEAM ALLOWANCE 1/4"

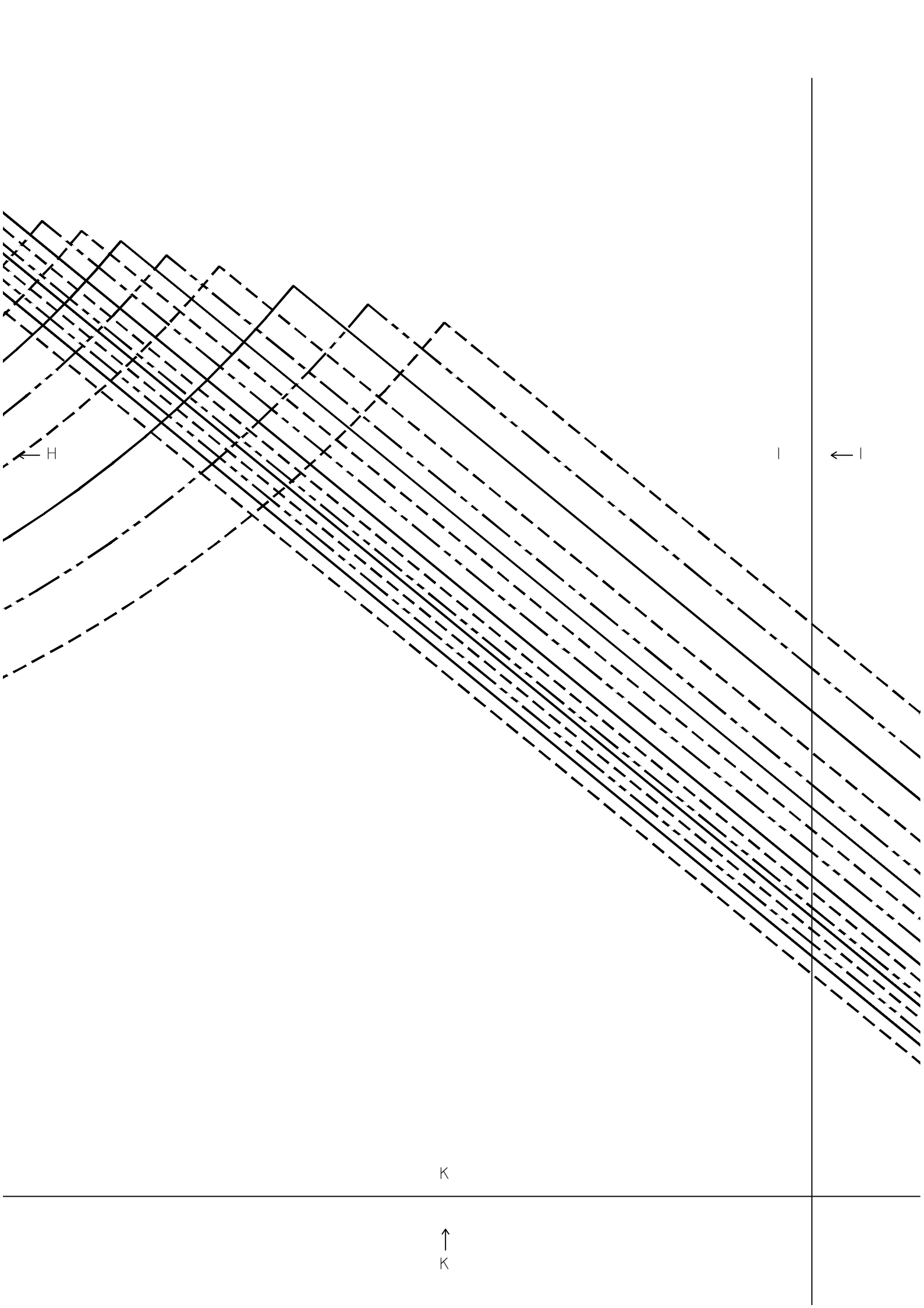
BACK BODICE

CUT 1 ON FOLD (MAIN FABRIC)
CUT 1 ON FOLD (LINING FABRIC)

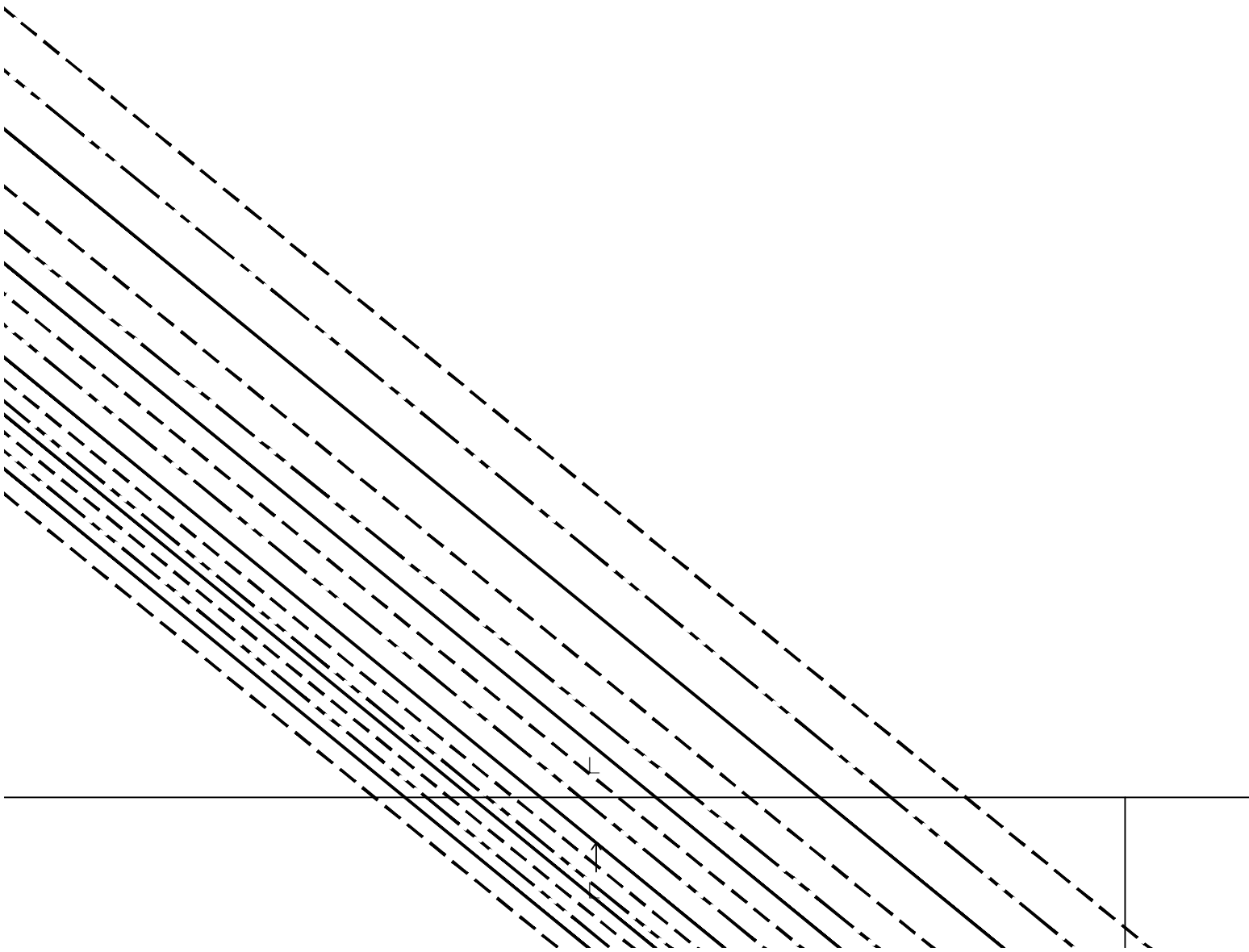
DIRECTION OF STRETCH

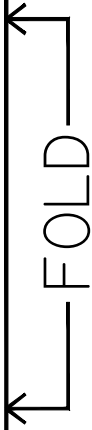






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GEORGE + GINGER

LOUNGE GOWN

SEAM ALLOWANCE 1/4"

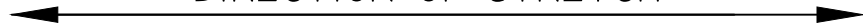
M

← M

SKIRT

CUT 2 ON FOLD

DIRECTION OF STRETCH



TWEEN 12 BABYDOLL CUT LINE
TWEEN 14 BABYDOLL CUT LINE
XXS (0) BABYDOLL CUT LINE
XS (2) BABYDOLL CUT LINE
S (4) BABYDOLL CUT LINE
S (6) BABYDOLL CUT LINE
M (8) BABYDOLL CUT LINE
M (10) BABYDOLL CUT LINE

L (12) BABYDOLL CUT LINE
L (14) BABYDOLL CUT LINE
XL (16) BABYDOLL CUT LINE



P

