



For View A, use pattern pieces 1 through 4.  
For View B, use pattern pieces 5 through 11.

HOW TO USE A KWIK•SEW MULTI-SIZE PATTERN

For optimum results, **READ ALL INSTRUCTIONS** before beginning this project.

Pattern includes five sizes and the lines are color coded for the different sizes.  
Pattern is made to fit specific body measurements with ease allowed for comfort and style.  
**Compare** your **body measurements** to **measurements listed** on the back of the pattern envelope and **choose** the **size** closest to your body measurements.  
**Compare** the measurement of the **finished garment**, printed on the pattern piece, to your **body measurements**. If garment is loose fitting you may want to choose the smaller size.  
**Select** the **pattern pieces** for the view you have chosen and **press** pattern pieces with a dry iron.  
**Cut** out **paper pattern pieces**, following the lines for the selected size and view.  
**Check** for **correct length** and **make** any **necessary adjustments** on pattern pieces.  
Visit [www.kwiksew.com/support](http://www.kwiksew.com/support) for more information

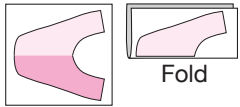
CUTTING

**Preshrink** and **press** fabric if necessary.  
Fabric layouts are shown for fabric with nap, one-way design, or shading.  
Layouts are given as a guide, if adjustments are made on the pattern pieces, this may change the position of the pattern pieces.  
**Find** the layout by garment view, fabric width, and size. **Circle** chosen layout.  
**Fold** fabric double, **right sides together**, unless otherwise indicated on the layout, and **place** pattern pieces on the **wrong side** of fabric. If placing pattern pieces on a single layer of fabric, place pattern pieces on **right side** of fabric.  
**Place** pattern pieces on the fabric with the arrow on top of the grain line in the same direction. **Follow** arrows for **correct grain**, placing ends of grain line an even distance from the selvage.  
**Hold** pattern pieces in place with weights or pins.  
**Cut** out pattern pieces, using scissors or rotary cutter.  
**Transfer** all construction lines, dots and notches to fabric. The easiest way to **mark** notches, center front, center back and fold lines is to make tiny clips on the seam allowances. Or, **mark** with chalk or water soluble pen. If marking is needed on right side of fabric, mark with pins or hand basting stitches.  
**Label** pieces on **wrong side** with tape.

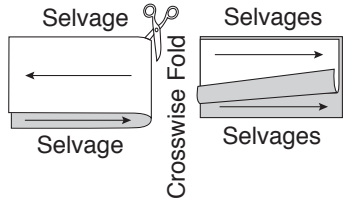
LAYOUT CODE

| Right side of fabric | Wrong side of fabric | Pattern piece with printed side of pattern up | Pattern piece with printed side of pattern down | Interfacing |
|----------------------|----------------------|-----------------------------------------------|-------------------------------------------------|-------------|
|                      |                      |                                               |                                                 |             |

If a pattern piece is marked "Place on Fold" and is shown in the following manner, cut all the other pattern pieces first, allowing fabric where the shaded half is shown. Then fold fabric and place the piece on the fold and cut.

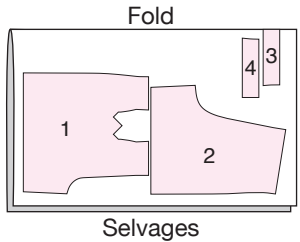


If the layout is shown with a **★** fold fabric crosswise, right sides together, and cut apart along the fold from selvage to selvage. Turn one layer of fabric around and place right sides together, so the arrows on both layers are in the same direction.

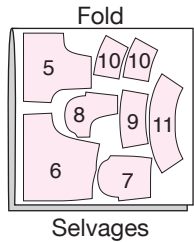


FABRIC 60" (152 cm) WIDE

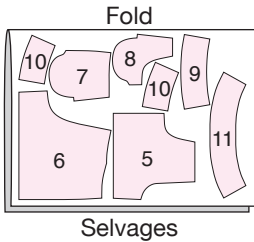
VIEW A All Sizes



VIEW B Sizes: XS-S

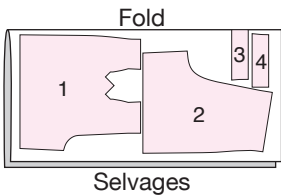


VIEW B Sizes: M-L-XL

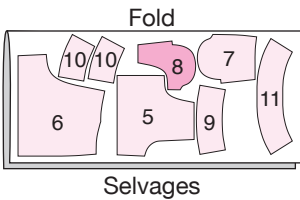


FABRIC 45" (115 cm) WIDE

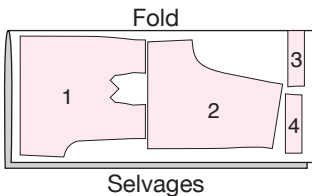
VIEW A Sizes: XS-S-M



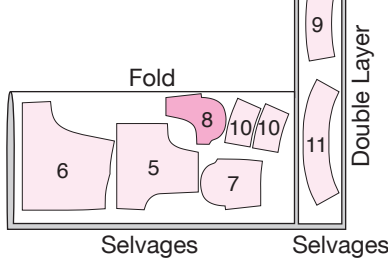
VIEW B Sizes: XS-S-M



VIEW A Sizes: L-XL



VIEW B Sizes: L-XL

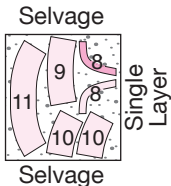


INTERFACING 22" (56 cm) WIDE

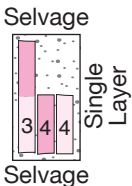
VIEW A Sizes: XS-S-M-L



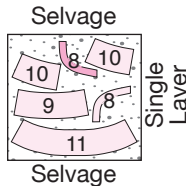
VIEW B Sizes: XS-S-M-L



VIEW A Sizes: XL

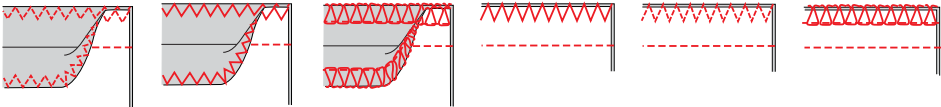


VIEW B Size: XL



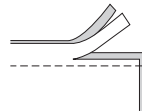
SEWING PROCEDURES

Use an all purpose thread and a size 12/80 sewing machine needle for light to medium weight fabric or a size 14/90 sewing machine needle for medium to heavyweight fabric.  
Sew the seams with a medium length straight stitch.  
Press seam allowances open or to one side. **If pressing open**, overcast the raw edges **before** sewing the seam. **If pressing to one side**, overcast the raw edges together **after** sewing the seam. To **overcast** use a wide zigzag stitch, three-step zigzag stitch or serger (overlock machine).

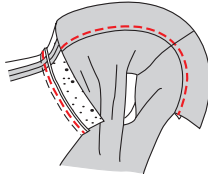


GRADING SEAMS reduces bulk in the seams.

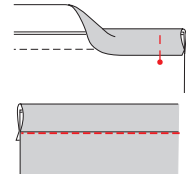
Trim seam allowances to graduated widths, leaving the seam allowance next to the outside of the garment the widest.



**UNDERSTITCHING** keeps facings and bindings from rolling to the outside of garment. Fold the seam allowance toward the facing and stitch on facing close to seam through facing and seam allowances.



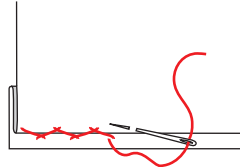
**STITCHING IN THE DITCH** secures inside waistbands, facings and bindings to the garment. Stitch on the outside of the garment through all layers in the groove (ditch) of the seam, or as close as possible to the seam.



BLIND HEM

**By machine** — refer to your sewing machine manual.

**By hand** — use a catch stitch, turn hem back, working from left to right, make a small horizontal stitch on the garment, make another stitch in the hem diagonally across from the first stitch, making your stitches in a zigzag pattern.



**SEAM ALLOWANCES – 5/8" (1.5 cm) seam allowances** are included for all seams, unless otherwise specified in the following instructions:

PRESSING

**Steam press** each seam as sewn. Press seam allowances open, unless otherwise specified in the following instructions.

**Clip** seam allowances where necessary so seams are flat.



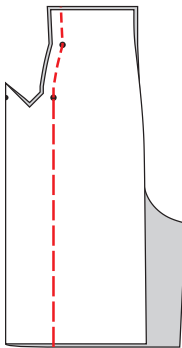
FABRIC ILLUSTRATION CODE

| Right side | Wrong side | Interfacing |
|------------|------------|-------------|
|            |            |             |

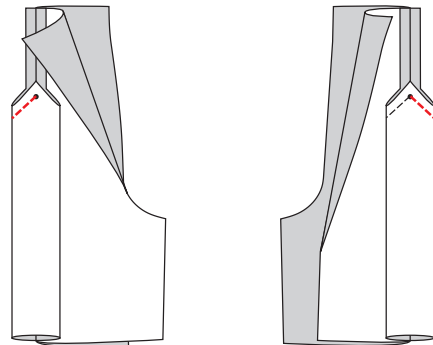
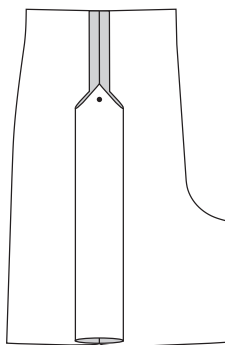
VIEW A

**5/8" (1.5 cm) seam allowances are included.**

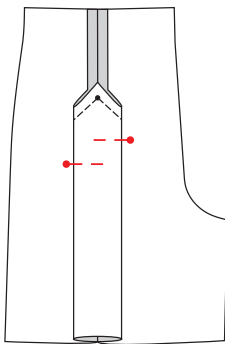
1. To make pleat on front, fold front, right sides together, matching dots and lines. Stitch from waist to dot, following stitching lines marked and lock stitches. **Baste** pleat from dot to bottom edge.



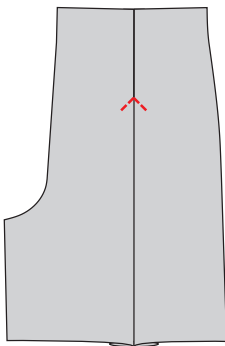
Open pleat and center over seam line and press. To keep pleat in place, stitch across each side of **pleat only** from dot to fold (see illustration).



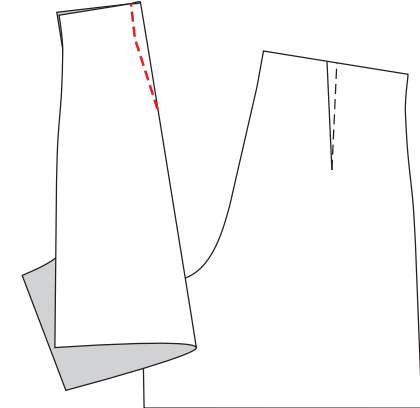
Pin pleat to hold in place.



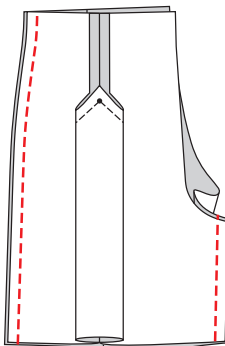
On right side, stitch 3/4" (2 cm) on each side of dot (end of stitches) through all layers at a 45 degree angle (see illustration). Repeat for other front.



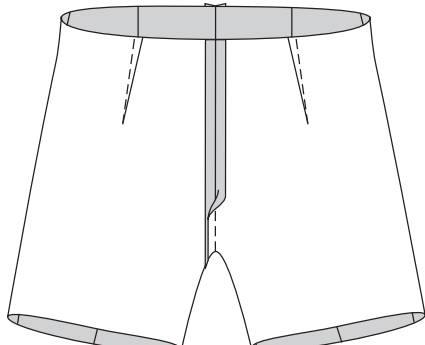
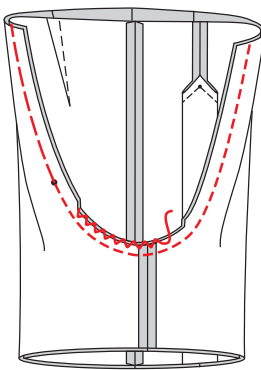
2. Stitch darts on backs and press toward center back.



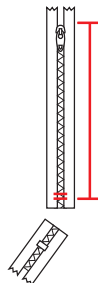
3. Stitch front to back, right sides together, at side seam and inside leg seam. Repeat for other leg.



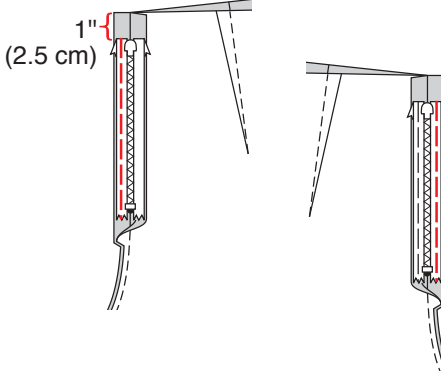
4. Turn one leg right side out. Place this leg inside other leg, right sides together. Pin center front and center back seams, matching inside leg seams and dots for end of zipper. Stitch from front waist to dot for end of zipper, lock stitches, and **baste** from dot to waist. Trim crotch seam allowances to 3/8" (1 cm) and overcast seam allowances together. Press center back and center front seam allowances open.



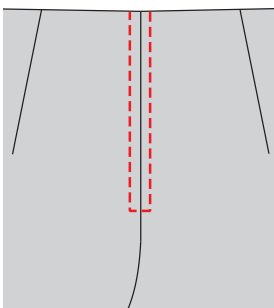
5. **Note:** If zipper is too long, measure 8" (20 cm) for sizes XS, S and M, and 9" (23 cm) for sizes L and XL from zipper pull and mark. Hand stitch zipper closed at mark and trim (see illustration).



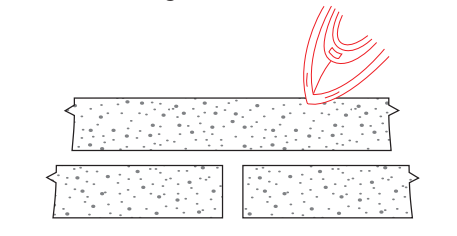
Pin right side of zipper to center back seam allowances with zipper stop at dot, zipper teeth along basted seam, and zipper pull 1" (2.5 cm) below waist. Fold under zipper tape at top edge. Baste zipper to **seam allowances only**, one side at a time.



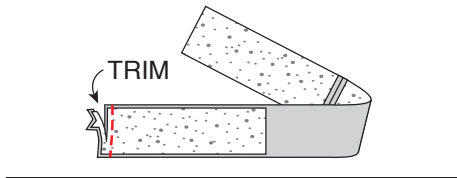
Using a zipper foot, topstitch on both sides of zipper 1/4" (6 mm) from center back and across bottom of zipper. Remove basting stitches.



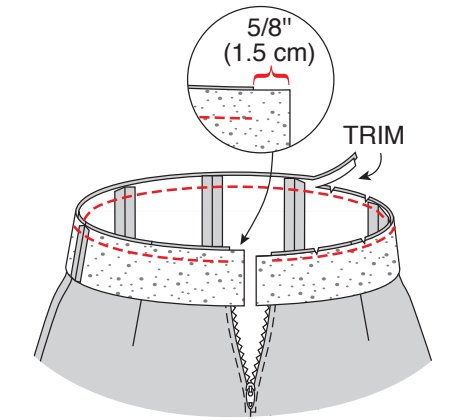
6. Fuse interfacing to wrong side of front and back facings.



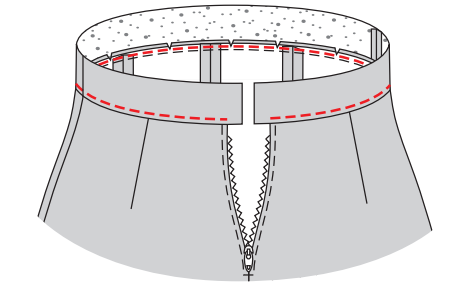
7. Stitch back facings to front facing, right sides together, at side seams, matching notches. Trim seam allowances and press open. Overcast outer edge of facing.



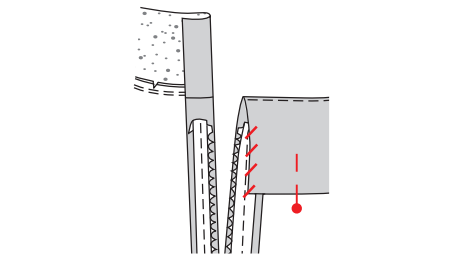
8. Pin facing to shorts, right sides together, at waist, matching center front, side seams, and ends of facing extending 5/8" (1.5 cm) past back edges. Stitch, trim, and grade seam allowances (see Grading seams in Sewing Procedures).



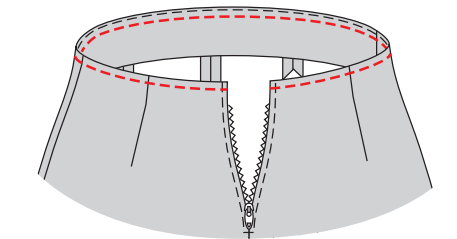
Understitch waist seam allowances to facing (see Understitching in Sewing Procedures).



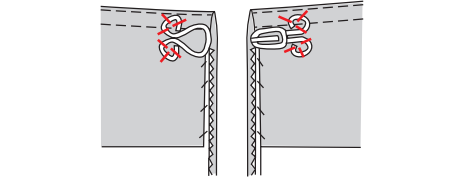
Turn facing to wrong side and press. Fold under back edges of facing to clear zipper teeth and secure with hand stitches.



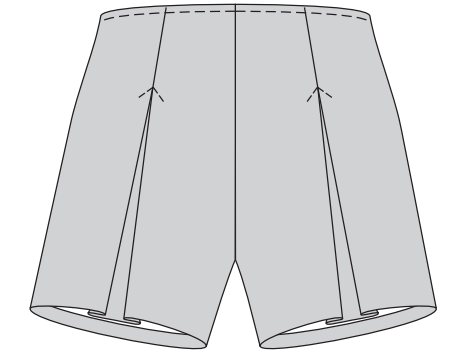
Topstitch 1/4" (6 mm) from waist.



Sew a hook and eye set to inside above zipper.



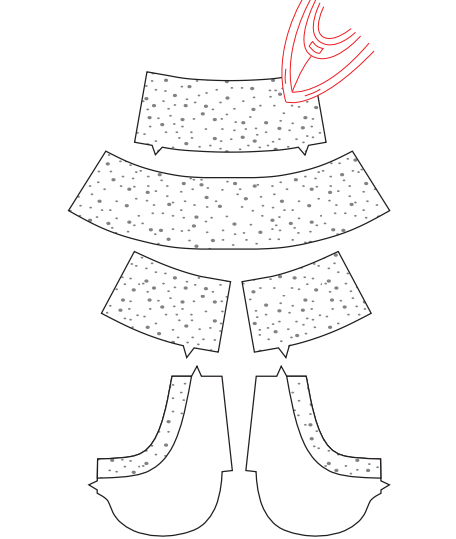
9. Remove basting stitches on front pleats. Overcast bottom edges of legs. Fold 1 1/2" (4 cm) hems to wrong side and press. Hem with a blind hem (see Blind hem in Sewing Procedures). Repress pleats.



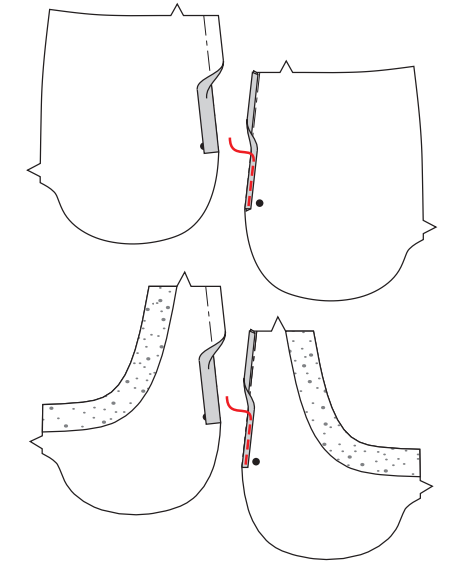
## VIEW B

5/8" (1.5 cm) seam allowances are included.

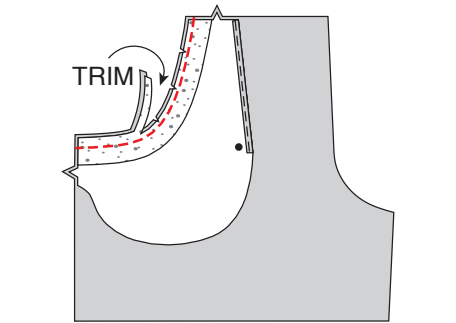
1. Fuse interfacing to wrong side of one front waistband, one back waistband, one pair of side waistbands, and pocket facings.



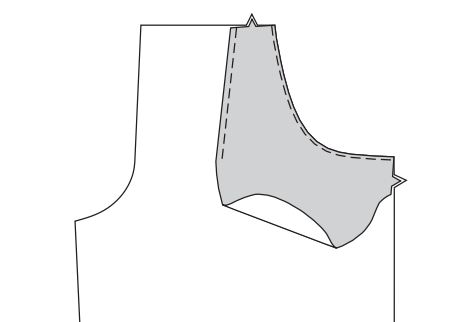
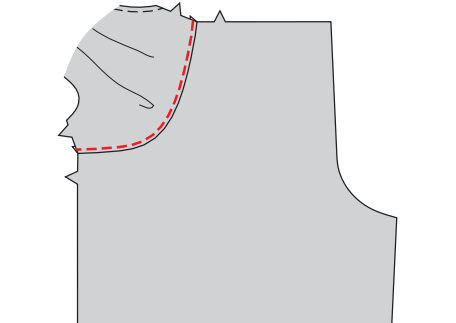
2. On each pocket and pocket facing, fold extension on fold line to wrong side and press. Fold raw edge to crease to form a double hem and press. Stitch close to edge of hem.



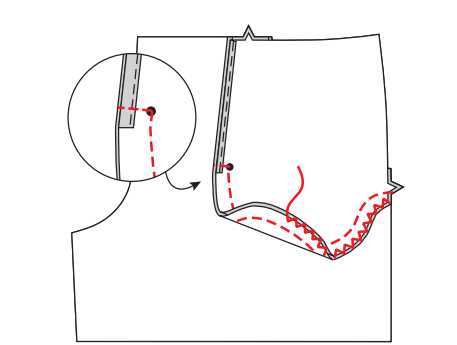
3. Pin pocket facing to front, right sides together, at pocket opening, matching notches at waist and side seam. Stitch. Trim and clip seam allowances.



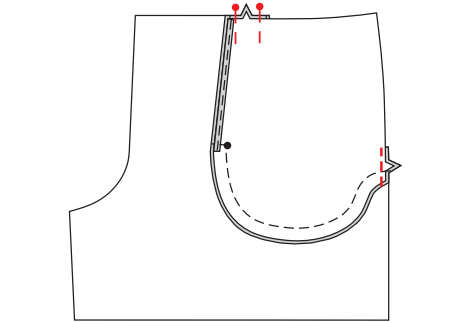
Understitch seam allowances to facing (see Understitching in Sewing Procedures). Fold facing to wrong side and press.



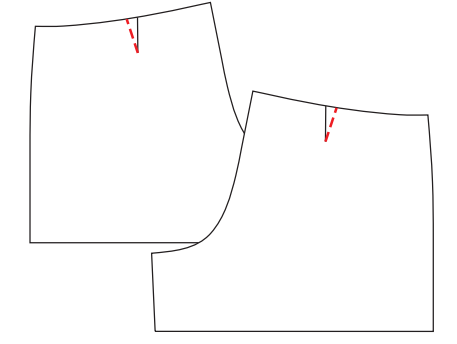
Pin pocket to pocket facing, right sides together, matching notches and raw edges even. Stitch bottom edges of pockets together from side seam to dot, pivot, and stitch across hem (see illustration). Overcast seam allowances together.



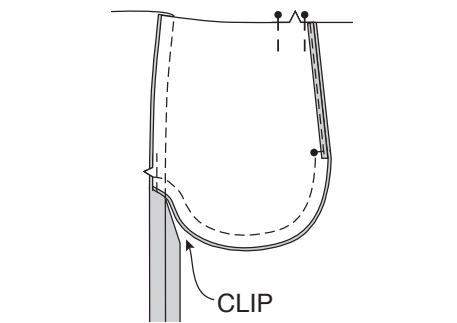
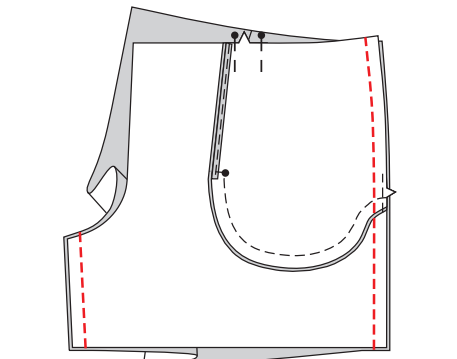
Pin pockets to waist and side seam, matching notches. Stitch close to side seam edge to keep together. Repeat for other pocket.



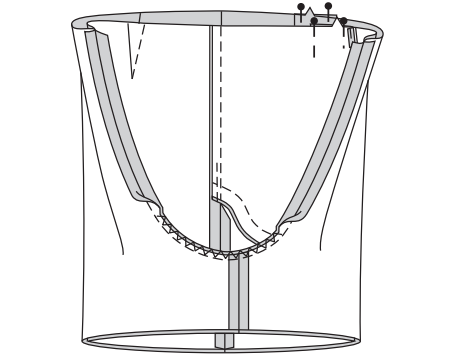
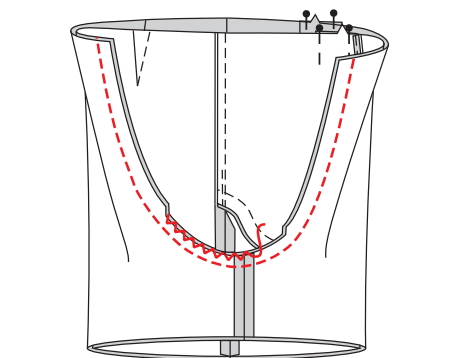
4. Stitch darts on backs and press toward center back.



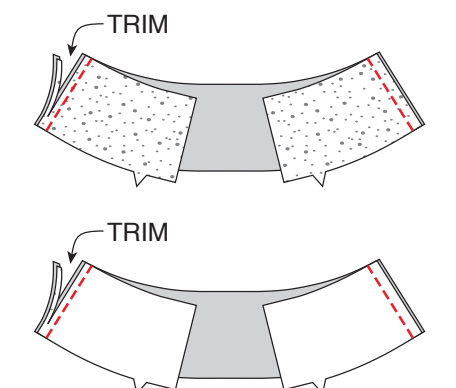
5. Stitch front to back, right sides together, at side seam and inside leg seam. On front, clip seam allowance below pocket, press side seam allowances open and pocket seam allowances toward back. Repeat for other leg.



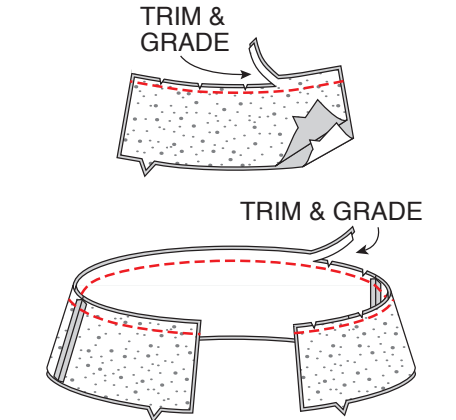
6. Turn one leg right side out. Place this leg inside other leg, right sides together. Pin center front and center back seams, matching inside leg seams. Stitch from front waist to back waist. Trim crotch seam allowances to 3/8" (1 cm) and overcast seam allowances together. Press center back and center front seam allowances open.



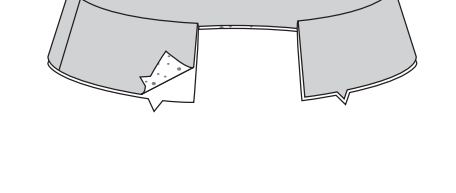
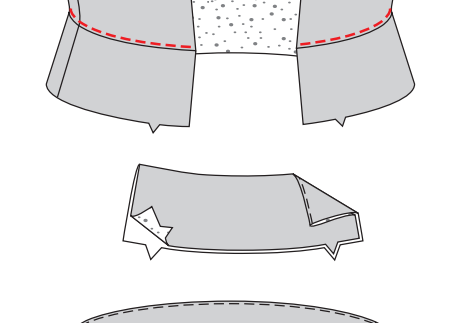
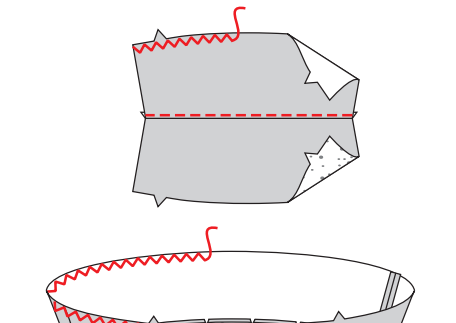
7. Stitch interfaced side waistbands to interfaced back waistband, right sides together, at side seams. Trim seam allowances and press open. Repeat for non-interfaced side and back waistbands.



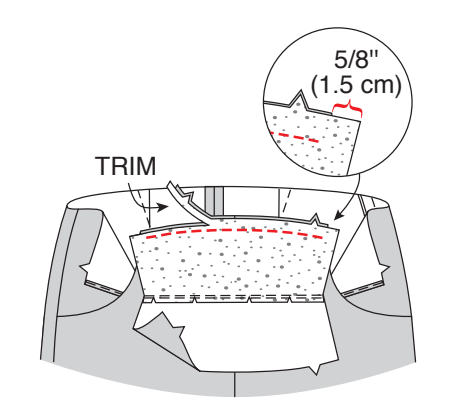
Stitch interfaced waistbands to non-interfaced waistbands, right sides together, at top edges. Trim, clip, and grade seam allowances.



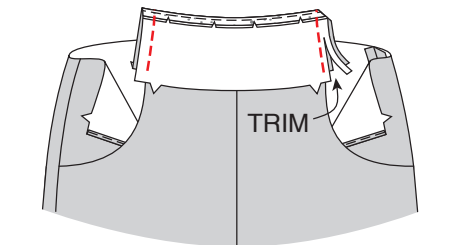
Understitch seam allowances to non-interfaced (inside) waistbands. Overcast free edges of inside waistbands. Fold waistbands wrong sides together and press.



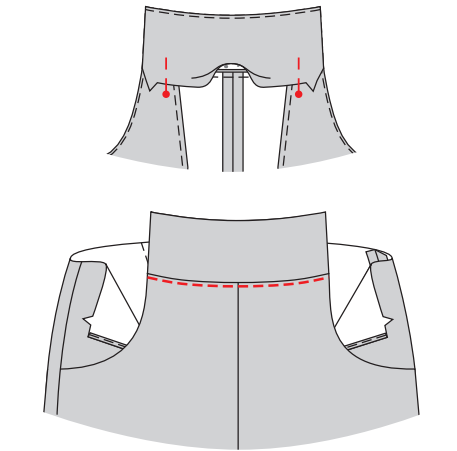
8. Pin interfaced side of front waistband to front, right sides together, at waist seam, matching notches, and ends extending 5/8" (1.5 cm) past pocket opening. Stitch. Trim waist seam allowances and press toward waistband.



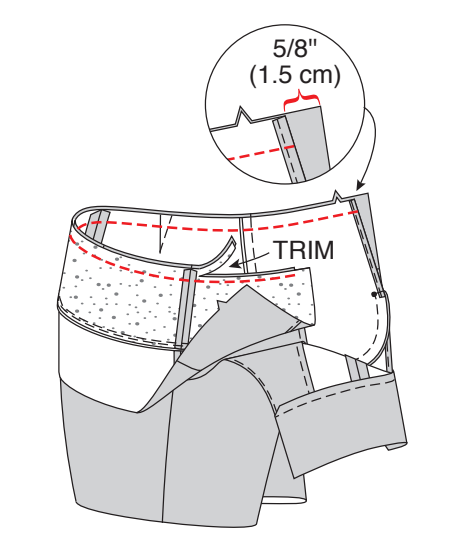
Fold ends of waistband, right sides together, and stitch in line with pocket opening edges. Trim seam allowances and corners.



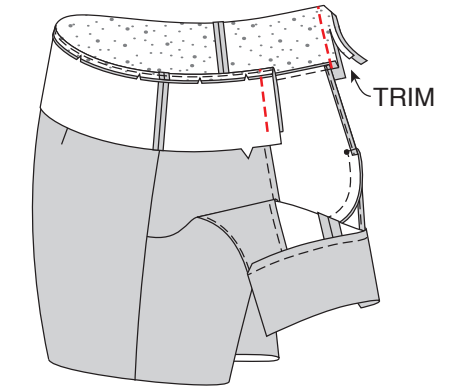
Turn ends of waistband right side out and press. Fold free edge of waistband over seam allowances and pin in place. On right side, stitch in the ditch (see Stitching in the ditch in Sewing Procedures).



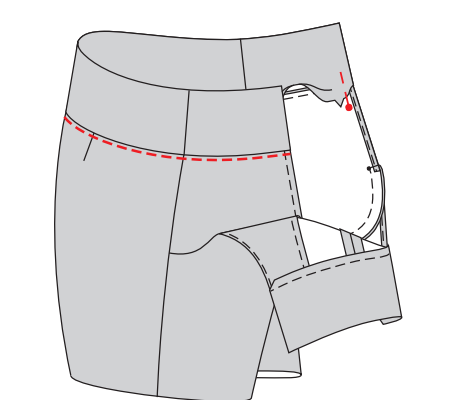
9. Pin interfaced side of back waistband to back, right sides together, at waist seam, matching center back, side seams, and ends extending 5/8" (1.5 cm) past pocket opening. Stitch. Trim waist seam allowances and press toward waistband.



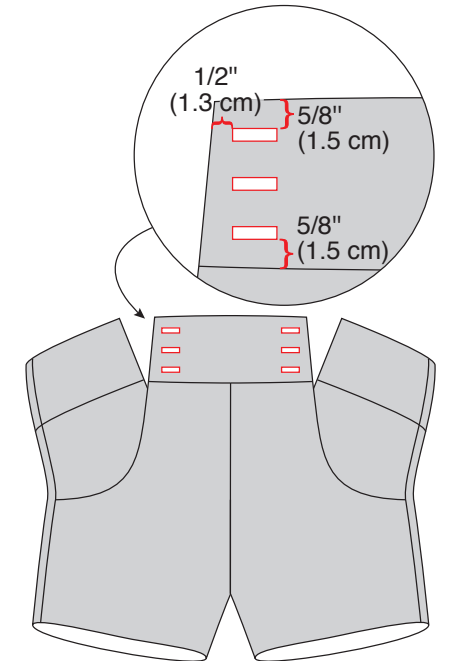
Fold ends of waistband, right sides together, and stitch in line with pocket opening edges. Trim seam allowances and corners.



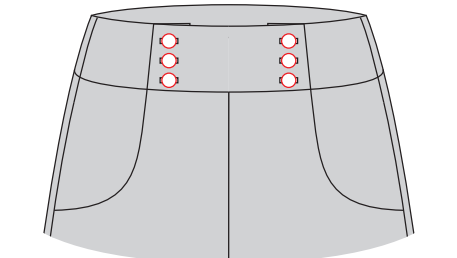
Turn ends of waistband right side out and press. Fold free edge of waistband over seam allowances and pin in place. On right side, stitch in the ditch.



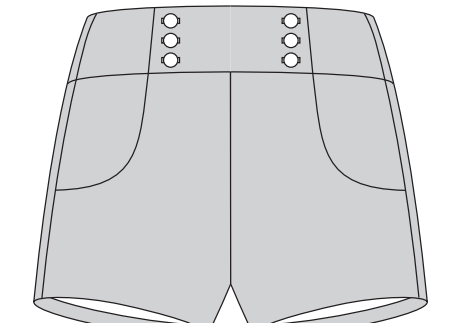
10. Mark three horizontal buttonholes at each end of front waistband 1/2" (1.3 cm) from edge; top buttonhole 5/8" (1.5 cm) below top edge, bottom buttonhole 5/8" (1.5 cm) above waist seam, and third centered in between. Make buttonholes.



Lap front waistband 2" (5 cm) over back waistband and sew on buttons to match buttonholes.



11. Overcast bottom edges of legs. Fold 1 1/2" (4 cm) hems to wrong side and press. Hem with a blind hem (see Blind hem in Sewing Procedures).



Congratulations on completing your **KWIK SEW** sewing project!

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