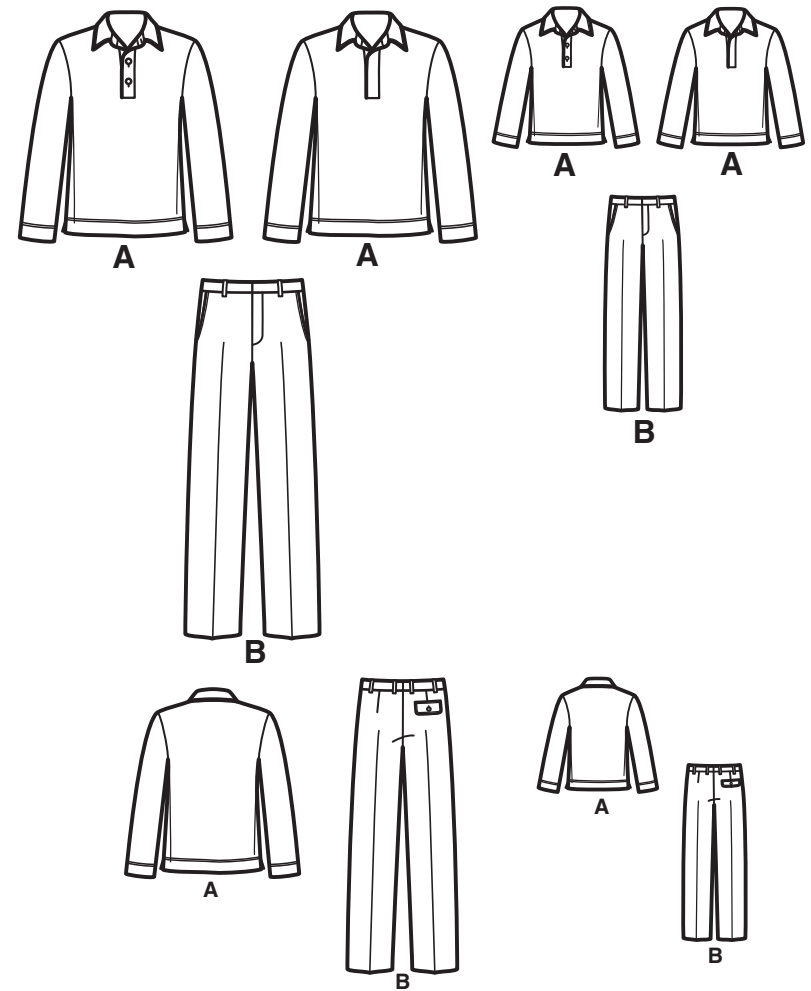


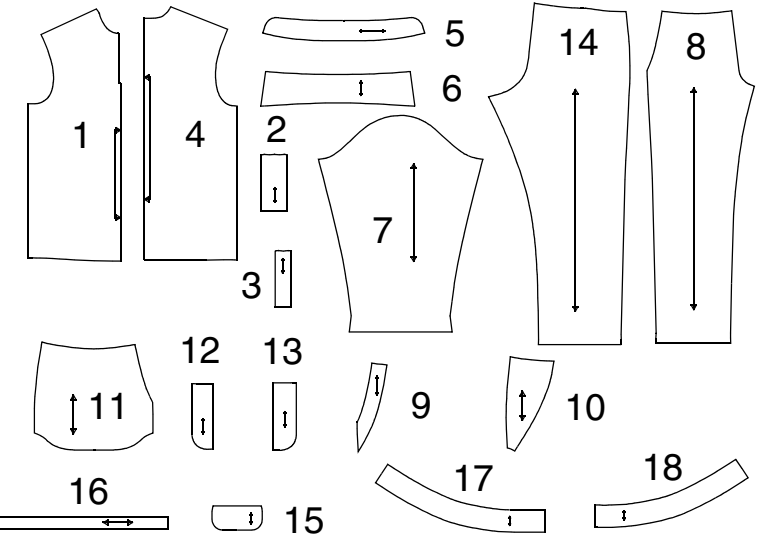
Simplicity®/MD 1286 1 / 4

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18 pieces given



- 1-FRONT -A
- 2-RIGHT FRONT BAND -A
- 3-LEFT FRONT BAND -A
- 4-BACK -A
- 5-NECK BAND -A
- 6-COLLAR -A
- 7-SLEEVE -A
- 8-FRONT -B
- 9-POCKET INTERFACING -B
- 10-FRONT YOKE -B
- 11-FRONT YOKE AND POCKET -B
- 12-FLY -B
- 13-UNDERLAP -B
- 14-BACK -B
- 15-FLAP -B
- 16-CARRIER -B
- 17-RIGHT WAISTBAND -B
- 18-LEFT WAISTBAND -B

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General Directions

The Pattern

SYMBOLS

- GRAIN LINE: Place on straight grain of fabric parallel to selvage
- PLACE SOLID LINE on fold of fabric.
- CENTER FRONT OR BACK of garment.
- NOTCHES
- DOTS
- CUTTING LINE
- LENGTHEN OR SHORTEN LINES

ADJUST IF NEEDED

Make adjustments before placing pattern on fabric.

TO LENGTHEN: Cut pattern between lengthen or shorten lines. Spread pattern evenly, the amount needed and tape to paper.

TO SHORTEN: At lengthen or shorten lines, make an even pleat taking up amount needed. Tape in place.

When lengthen or shorten lines are not given, make adjustments at lower edge of pattern.

SEAM ALLOWANCE: 5/8" (1.5cm) unless otherwise stated is included but not printed on MULTI-SIZE PATTERNS. Mark your size with colored felt tip pen. See chart on tissue for how to use MULTI-SIZE PATTERNS.

Cutting/Marking

BEFORE CUTTING:

PRESS pattern pieces with a warm dry iron. PRE-SHRINK fabric by pre-washing washables or steam-pressing non-washables.

CIRCLE your cutting layout.

PIN pattern to fabric as shown in Cutting Layouts.

FOR DOUBLE THICKNESS: Fold fabric with RIGHT sides together.

FOR SINGLE THICKNESS: Place fabric RIGHT side up.

FOR PILE, SHADED OR ONE WAY DESIGN FABRICS: Use "with nap" layouts

AFTER CUTTING:

Transfer markings to WRONG side of fabric before removing pattern. Use pin and chalk method or dressmaker's tracing paper and wheel.

To Quick Mark:

- Snip edge of fabric to mark notches, ends of fold lines and center lines.
- Pin mark dots.

SPECIAL CUTTING NOTES

★ If layout shows a piece extending past fold, cut out all pieces except piece that extends.

✱ Mark small arrows along both selvages indicating direction of nap or design. Fold fabric crosswise with RIGHT sides together, and cut along fold (a).

Turn one fabric layer around so arrows on both layers go in the same direction. Place RIGHT sides together (b).

Sewing

- SEW garment following **Sewing Directions**.
- PIN or machine-baste seams matching notches.
- STITCH 5/8" (1.5 cm) seams unless otherwise stated.
- PRESS seams open unless otherwise indicated clipping when necessary so seams will lie flat.
- TRIM seams to reduce bulk, as shown below.

Trim enclosed seams into layers

Trim corners

Clip inner curves

Notch outer curves

Cutting Layouts

pattern printed side down

pattern printed side up

★ See SPECIAL CUTTING NOTES

BOYS' A SHIRT- SIZED FOR STRETCH KNITS ONLY

USE PIECES 1 3 4 7

1A 58" 60" (150CM) WITH NAP ALL SIZES

CONTRAST COLLAR AND BANDS

USE PIECES 2 3 5 6

1B 44" 45" (115CM) WITH NAP ALL SIZES

INTERFACING

USE PIECES 2 3 5 6

1C 20" TO 25" (51CM TO 64CM) FUSIBLE ALL SIZES

B PANTS- WORN 1" (2.5CM) BELOW WAIST

USE PIECES 8 10 12 13 14 15 16 17 18

2A 44" 45" (115CM) WITH NAP ALL SIZES CUT ONE OF PIECE 16

2B 58" 60" (150CM) WITH NAP ALL SIZES

CONTRAST

USE PIECES 11 13 17 18

2C 44" 45" (115CM) WITH NAP ALL SIZES

INTERFACING

USE PIECES 9 12 13 15 17 18

CUT ONE OF PIECES 13 15

2D 20" TO 25" (51CM TO 64CM) FUSIBLE ALL SIZES

A SHIRT- SIZED FOR MEN'S STRETCH KNITS ONLY

USE PIECES 1 3 4 7

3A 58" 60" (150CM) WITH NAP ALL SIZES

CONTRAST COLLAR AND BANDS

USE PIECES 2 3 5 6

CUT ONE OF PIECES 2 3

3B 44" 45" (115CM) WITH NAP ALL SIZES

INTERFACING

USE PIECES 2 3 5 6

3C 20" TO 25" (51CM TO 64CM) FUSIBLE ALL SIZES

B PANTS- WORN 1" (2.5CM) BELOW WAIST

USE PIECES 8 10 12 13 14 15 16 17 18

4A 44" 45" (115CM) WITH NAP SIZES 34 36 38 CUT ONE OF PIECES 12 13 16

Español NIÑOS

A CAMISA- PARA LAS MALLAS ESTIRABLES SOLAMENTE USE LAS PIEZA S 1 3 4 7

1A 58" 60" (150CM) CON PELUSA /TODAS LAS MALLAS

CUELLO Y BANDAS CONTRASTANTES USE LAS PIEZAS 2 3 5 6

1B 44" 45" (115CM) CON PELUSA / TODAS LAS TALLAS

ENTRETELA USE LAS PIEZAS 2 3 5 6

1C 20" A 25" (51CM A 64CM) ADHESIVA /TODAS LAS TALLAS

B PANTALÓN- SE LLEVA A 1" (2.5CM) ABAJO DE LA CINTURA USE LAS PIEZAS 8 10 12 13 14 15 16 17 18

2A 44" 45" (115CM) CON PELUSA/TODAS LAS TALLAS CORTE UNA PIEZA 16

2B 58" 60" (150CM) CON PELUSA/ TODAS LAS TALLAS

PARTE CONTRASTANTE USE LAS PIEZAS 11 13 17 18

2C 44" 45" (115CM) CON PELUSA / TODAS LAS TALLAS

ENTRETELA USE LAS PIEZAS 9 12 13 15 17 18 CORTE UNA PIEZA 13 15

2D 20" A 25" (51CM A 64CM) ADHESIVA / TODAS LAS TALLAS

HOMBRES

A CAMISA- PARA LAS MALLAS ESTIRABLES SOLAMENTE USE LAS PIEZAS 1 3 4 7

3A 58" 60" (150CM) CON PELUSA /TODAS LAS TALLAS

CUELLO Y BANDAS CONTRASTANTES USE LAS PIEZAS 2 3 5 6 CORTE UNA PIEZA 3

3B 44" 45" (115CM) CON PELUSA /TODAS LAS TALLAS

ENTRETELA USE LAS PIEZAS 2 3 5 6

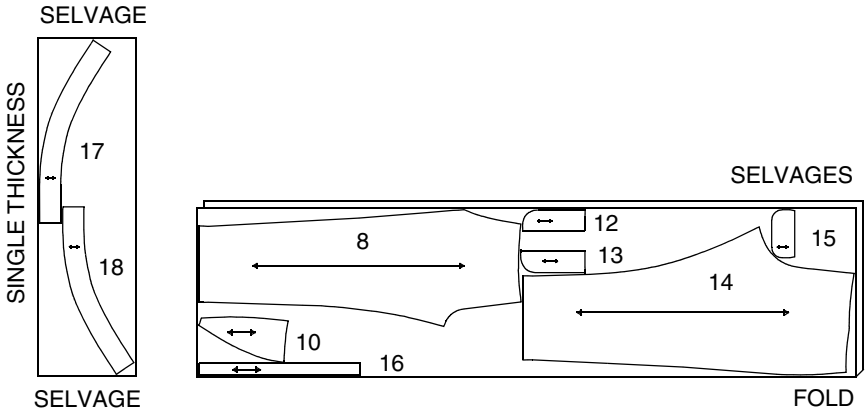
3C 20" A 25" (51CM A 64CM) ADHESIVA / TODAS LAS TALLAS

B PANTALÓN- SE LLEVA A 1" (2.5CM) ABAJO DE LA CINTURA USE LAS PIEZAS 8 10 12 13 14 15 16 17 18

2A 44" 45" (115CM) CON PELUSA / TODAS LAS TALLAS CORTE UNA PIEZA 12 13 16

SELVAGE(S) / SEL.(S)=ORILLO(S)
FOLD=DOBLEZ
SINGLE THICKNESS=ESPESOR SENCILLO
SIGA EL DIAGRAMA DE CORTE PAGINA 2

4B 44" 45" (115CM)
WITH NAP
SIZES 40 42 44 46
CUT ONE OF PIECES 12 13 16



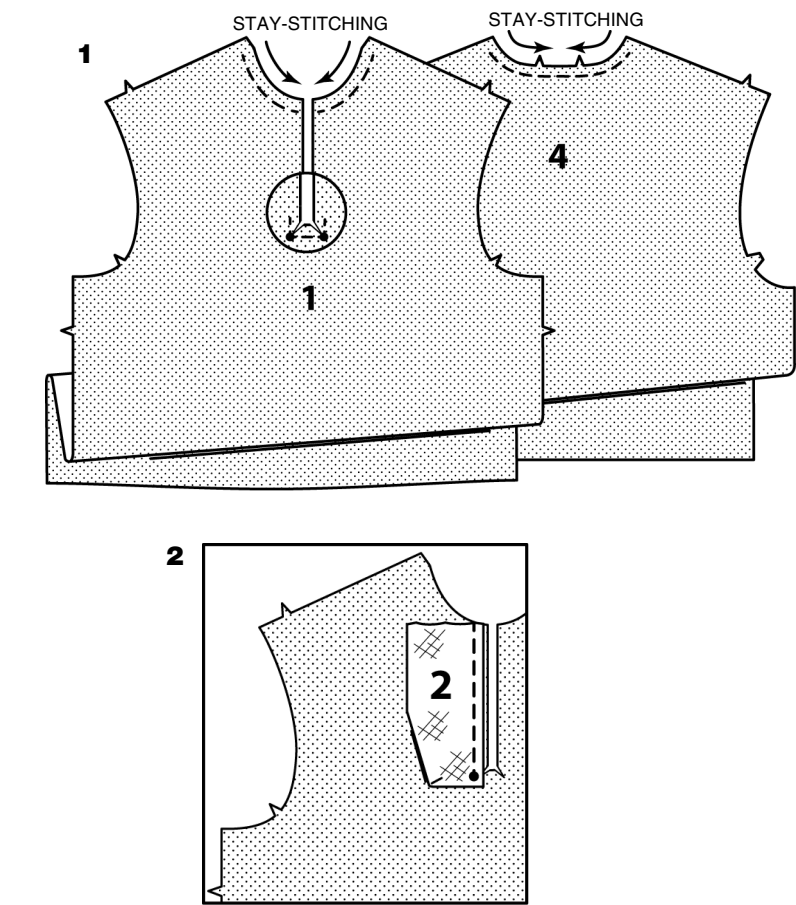
Sewing Directions

FABRIC KEY	RIGHT SIDE	WRONG SIDE	INTERFACING	LINING
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Read **General Directions** on page 1 before you begin.

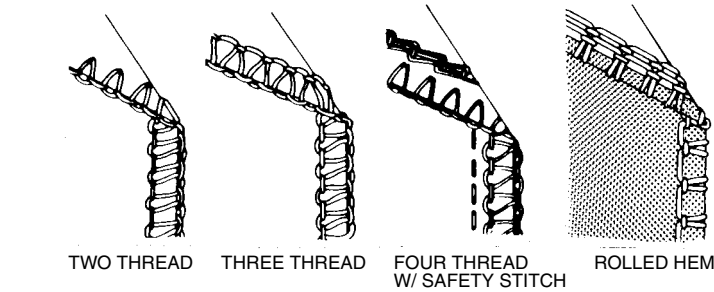
SIMPLY THE BEST TECHNIQUES FOR SEWING KNITS

- NEEDLES
- Use a ball point or stretch needle in a medium-weight size.
- MACHINE SETTINGS
- Narrow zigzag stitch or a stretch stitch.
 - Decrease pressure on presser foot for heavy sweater knits; increase pressure for lingerie knits.
- SEAMS
- Stretch knits need seams that are supple enough to “give” with the fabric. You can sew them with straight stitches, zigzag stitches or one of the stretch stitches built into many conventional machines, or on your serger.



SIMPLY THE BEST TECHNIQUES FOR OVERLOCK/SERGER

The Serger can be used alone or as a supplement to your conventional sewing machine as a Fast, Efficient, Functional way to sew these garments.



Seams: The three thread overlock is ideal for major seams such as shoulder, side, underarm, and sleeve seams.

APPLY INTERFACING- Apply fusible interfacing to **WRONG** side of piece mentioned, following manufacturers directions.

UNDERSTITCH - Understitch by pressing seam toward facing and stitching through facing and seam allowances close to seam.

EDGE FINISH - To edge-finish stitch 1/4" (6mm) from raw edge, turn under along stitching and stitch, OR zig-zag over the edge, OR overlock/serge over the edge.

PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

SHIRT A

NOTE: Buttons and button holes are optional.

1.

Stay-stitch front (1) and back (4) neck edges 1/2" (1.3cm) from cut edge in direction of arrows.
This stitching stays in permanently and helps prevent stretching on curved edges.
Stay-stitching will not be shown in the following illustrations.
To reinforce inward corners of front, stitch along stitching line through small dots as shown. Clip to corner dots, being careful not to cut through stitching.
2.

APPLY INTERFACING to right band (2).
With **RIGHT** sides together, pin band to **RIGHT** front opening, matching small dots. Stitch from neck edge to small dot in a 3/8" (1cm) seam.

CONTRAST

USE PIECES 11 13 17 18

- 4E

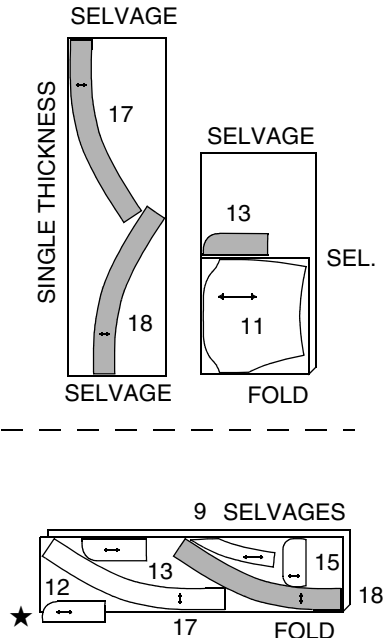
44" 45" (115CM)
WITH NAP
ALL SIZES

INTERFACING

USE PIECES 9 12 13 15 17 18
CUT ONE OF PIECES 13 15

- 4F

20" TO 25" (51CM TO 64CM) FUSIBLE
ALL SIZES



Español

- 4B

44" 45" (115CM) CON PELUSA
TALLAS 40 42 44 46
CORTE UNA PIEZA 12 13 16
- 4C

58" 60" (150CM) CON PELUSA
TALLAS 34 36 38 40
CORTE UNA PIEZA 12 13
- 4D

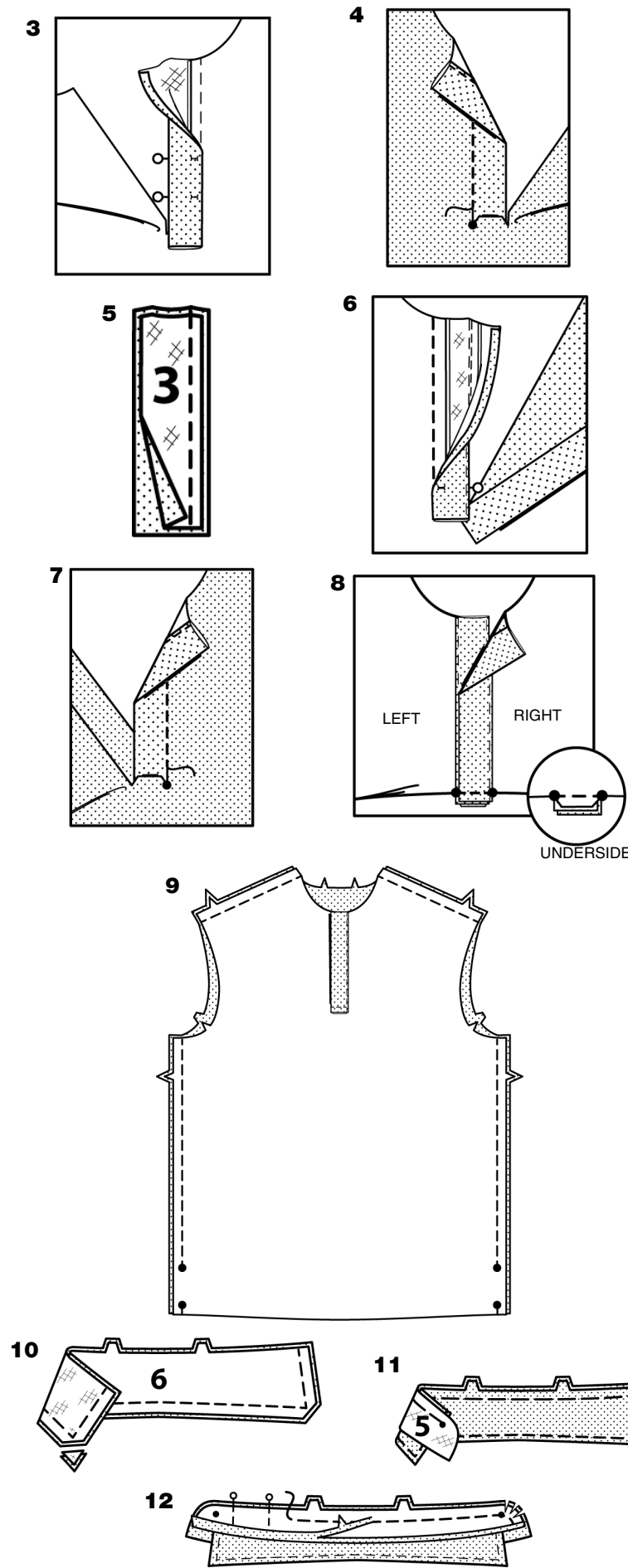
58" 60" (150CM) CON PELUSA
TALLAS 42 44 46
CORTE UNA PIEZA 12 13

PARTE CONTRASTANTE

USE LAS PIEZAS 11 13 17 18
4E 44" 45" (115CM) CON PELUSA /TODAS LAS TALLAS

ENTRETELA

USE LAS PIEZAS 9 12 13 15 17 18
CORTE UNA PIEZA 13 15
4F 20" A 25" (51CM A 64CM) ADHESIVA
TODAS LAS TALLAS



3.

Press band out, pressing seam toward band.
Press under 1/4" (6mm) along remaining long edge.
Fold band in half, bringing pressed edge slightly over seam.
Pin in place, placing pins on the **OUTSIDE**.
4.

On **OUTSIDE**, stitch in the ditch of right band seam from neck edge to small dot, catching in pressed edge on underside.
5.

APPLY INTERFACING to left band (3).
With **RIGHT** sides together, pin band to contrast band facing, having raw edges even. Stitch as shown, from neck edge to lower edge in a 3/8" (1cm) seam.
6.

UNDERSTITCH. With **RIGHT** sides together, pin band to **LEFT** side of front opening, matching small dots. Stitch from neck edge to small dot in a 3/8" (1cm) seam. Press seam toward band.
Press under 1/4" (6mm) along remaining long edge of facing.
Turn band facing to **INSIDE**, bringing pressed edge slightly over seam. Pin in place, placing pins on the **OUTSIDE**.
7.

On **OUTSIDE**, stitch in the ditch of left band seam from neck edge to small dot, catching in pressed edge of facing on underside.
8.

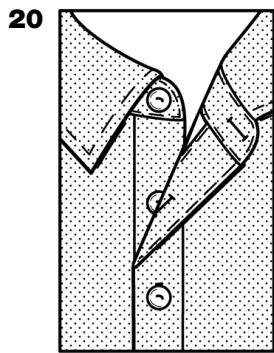
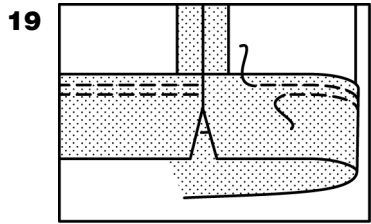
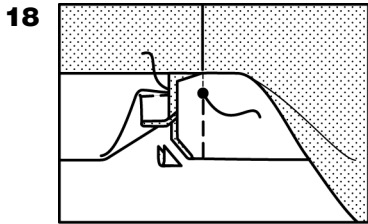
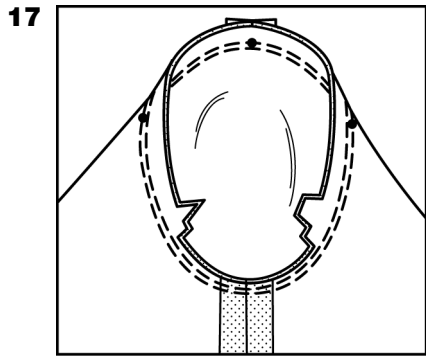
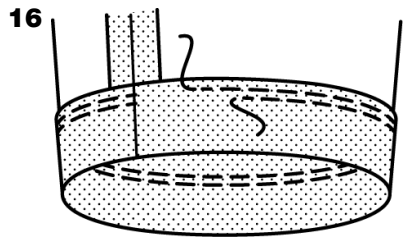
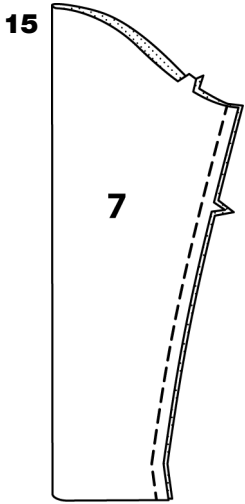
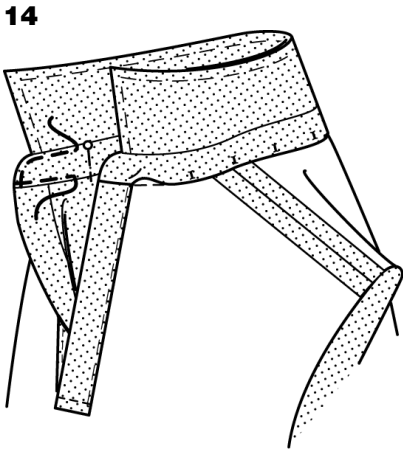
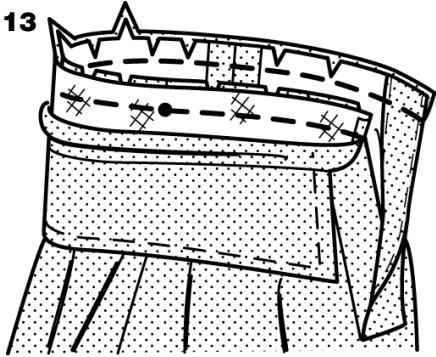
Bring extension at lower edge of opening to the **INSIDE**.
Lap and pin right band over left band, matching centers and small dots, and having lower edges even with extension.
Fold lower half of shirt front upward and away from extension.
Stitch across end of bands between small dots in a 3/8" (1cm) seam, catching extension on underside. Back-stitch to reinforce seam.
9.

With **RIGHT** sides together, pin front to back at shoulder.
Stitch/Serge shoulder seam.
Stitch/Serge side seams, leaving seam open between large dots.
10.

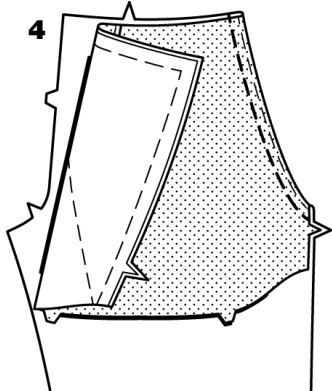
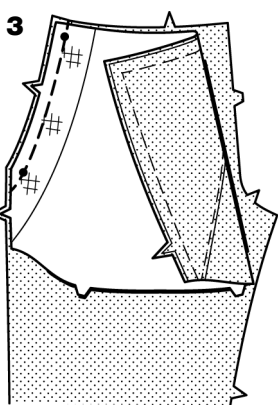
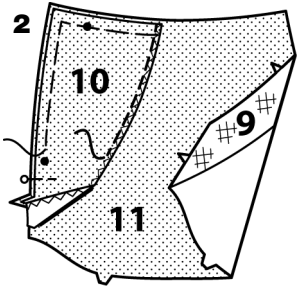
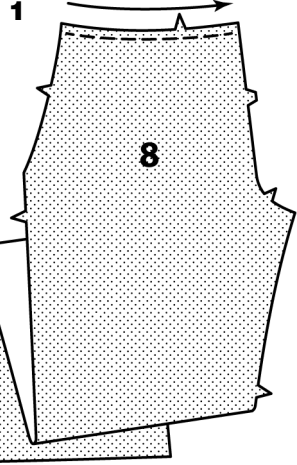
APPLY INTERFACING to one collar (6) section.
Remaining collar will be referred to as facing. With **RIGHT** sides together and raw edges even, stitch facing to collar, leaving notched edges open. Trim seam and corners.
11.

Turn collar **RIGHT** side out; press. Machine-baste raw edges together. On **OUTSIDE**, stitch 1/4" (6mm) from finished edge, pivoting with needle in the fabric at corners.
APPLY INTERFACING to one neckband (5) section.
Remaining neckband will be referred to as facing.
With **RIGHT** sides together and raw edges even, pin facing side of collar to neck band, matching centers back, double notches and having finished edges of collar at small dots. Baste.
12.

Machine-stitch 3/8" (1cm) from single notched edge of neck band facing. Press under along stitching line. Trim seam to 1/4" (6mm).
With **RIGHT** sides together, pin neck band facing to neck band (over collar), matching centers and small dots. Stitch front and neck edge. Trim seam. Clip curves.



STAY-STITCHING



13. Turn band RIGHT side out.
Clip garment neck edge to stay-stitching.
On OUTSIDE, keeping pressed edge of band facing free, pin neck band to neck edge, matching centers back. Place small dots at shoulder seams and ends of neck band at finished edge of front bands.

14. Turn band facing to INSIDE and pin pressed edge of facing over seam, placing pins on OUTSIDE.
On OUTSIDE, stitch close to lower edge of band catching pressed edge on inside.
On OUTSIDE, stitch close to remaining outer edges of band.

15. With RIGHT sides together, **Stitch/Serge** underarm seam of sleeve (7).

16. Press up hem. Stitch OR zig-zag 1/4" (6mm) from raw edge and 1/4" (6mm) below first stitching.

17. Turn sleeve RIGHT side out.
Hold garment WRONG side out with armhole toward you.
With RIGHT sides together, pin sleeve to armhole edge with center small dot at shoulder seam, matching underarm seams, notches and remaining small dots. Baste.
Stitch/Serge.
For conventional machine - Stitch again 1/8" (3mm) from first stitching. Trim seam below notches close to stitching. Press only the seam allowance, shrinking out fullness.

18. Fold shirt hem to OUTSIDE along hem line at side seams, matching large dots. Stitch from each folded edge to large dot, breaking stitching at dot. Trim corners.

19. Press hem to INSIDE. Stitch OR zig-zag 1/4" (6mm) from raw edge and 1/4" (6mm) below first stitching.

20. If desired, make button hole on LEFT bands at markings. Lap LEFT front over RIGHT front. Sew buttons under buttonholes.

PANTS B

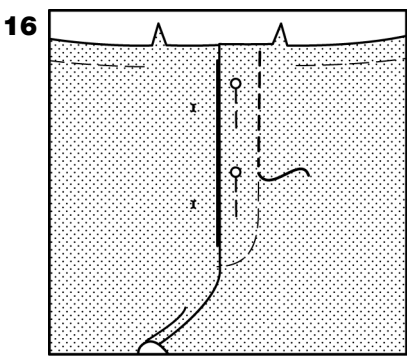
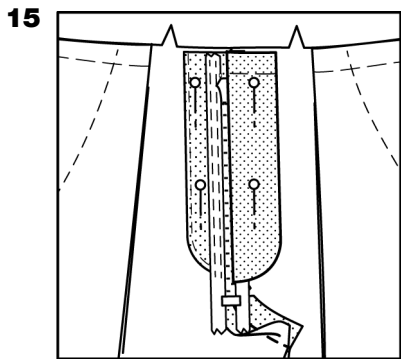
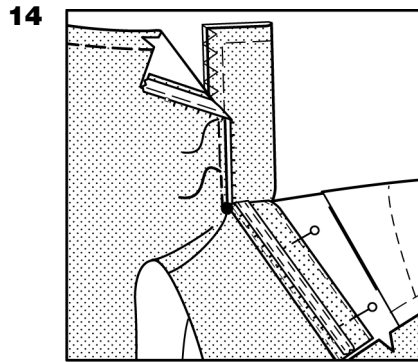
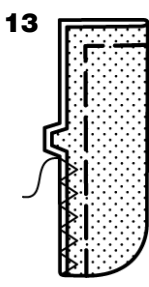
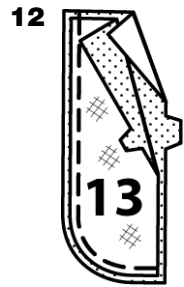
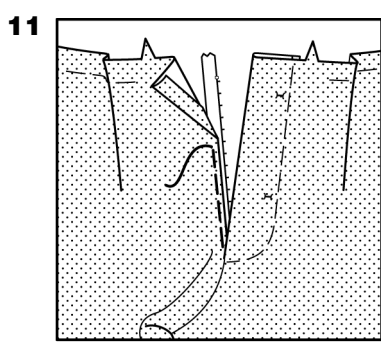
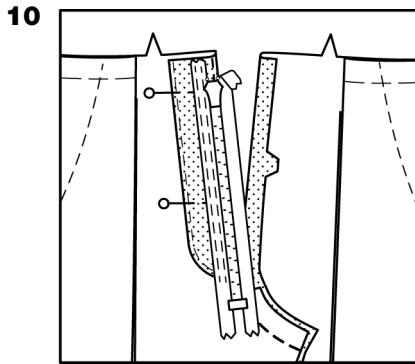
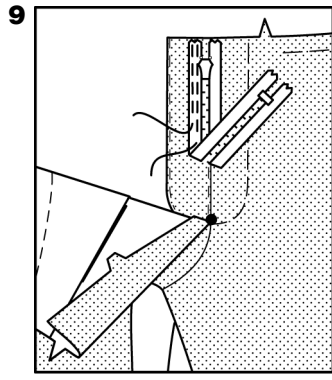
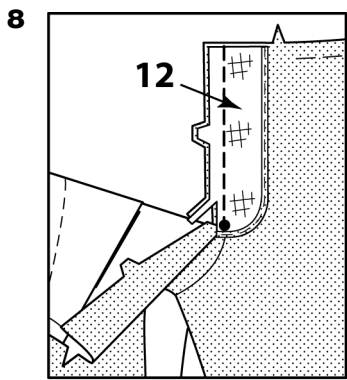
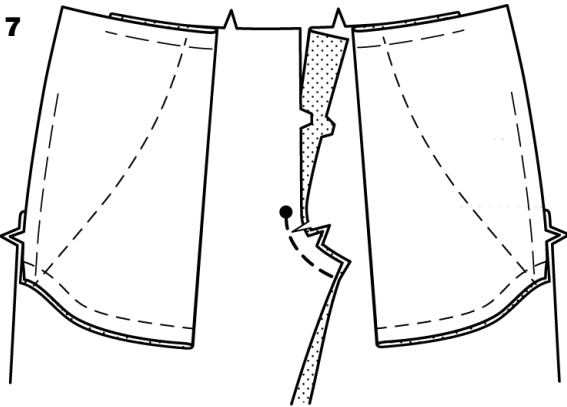
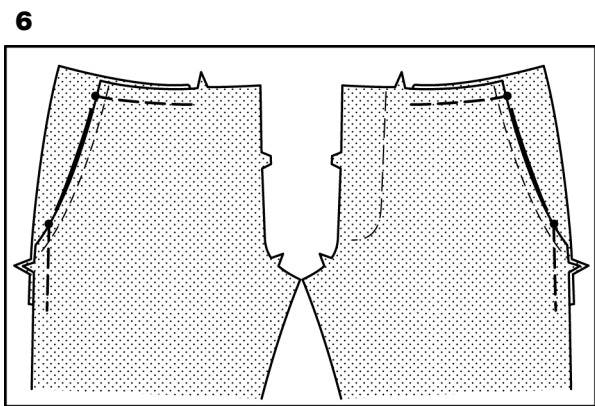
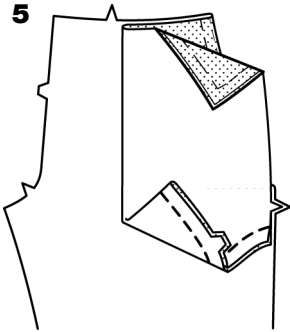
NOTE: *Pants are worn 1" (2.5cm) below waist.*

1. Stay-stitch upper edge of front (8) 1/2" (1.3cm) from cut edges in direction of arrows.
This stitching stays in permanently and helps prevent stretching on curved edges.
Stay-stitching will not be shown in the following illustrations.

2. Apply pocket interfacing (9) to wrong side of front yoke and pocket (11) following manufacturer's directions.
To finish inner edge of front yoke(10), zig-zag OR overlock/serge over raw edge.
Pin WRONG side of front yoke to OUTSIDE of front yoke and pocket, matching small dots, notches and having raw edges even. Stitch front yoke close to finished inner edge. Baste raw edges together.

3. With RIGHT sides together, pin front yoke and pocket section to front, matching notches and small dots. Stitch. Trim seam.

4. UNDERSTITCH. Turn pocket to INSIDE. Press. Stitch 1/4" (6mm) away from finished edge.



5. On INSIDE, fold pocket along fold line, bringing RIGHT sides together; matching notches and having raw edges even. Stitch double notched edge.

6. On OUTSIDE, lap front over yoke and pocket, matching small dots, having raw edges even. Baste side and upper edges together.
Transfer stitching line on LEFT front to OUTSIDE with a water soluble fabric marking pen OR by hand-basting. This will serve as a guide for the fly stitching later on.

7. With RIGHT sides together, pin front sections together, matching large dots. Stitch center front seam between inner leg edge and large dot. Back-stitch at dot to reinforce seam. Clip below dot.

8. APPLY INTERFACING to fly (12).
EDGE FINISH unnotched edge.
With RIGHT sides together, pin fly to LEFT front edge, matching large dots. Stitch above large dot. Trim seam above large dot to 1/4" (6mm). **UNDERSTITCH.**

9. Open out fly. Place closed zipper face down over fly, with tab 3/4" (2. cm) from upper edge and zipper teeth along the seam, as shown.
Using an adjustable zipper foot, stitch from upper edge to lower edge of fly. Stitch again close to first stitching, along outer edge of tape.

Lower end of zipper will extend below lower end of fly. DO NOT trim away excess at this time.

10. Turn fly to INSIDE; press. Pin in place. Press under 3/8" (1cm) on RIGHT front edge above large dot.

11. Open zipper. Pin RIGHT front over zipper tape close to teeth. Baste. When zipper is closed, the LEFT front will lap 1/4" (6mm) over RIGHT front and large dots at lower end of opening should match. Close zipper and make sure zipper is aligned in both fronts.

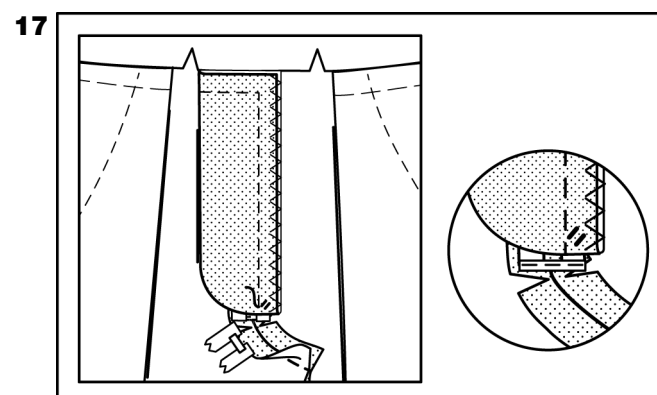
12. APPLY INTERFACING to underlap (13). With RIGHT sides together, pin contrast facing to underlap, having raw edges even. Stitch un-notched edge in a 1/4" (6mm) seam. Clip curves.

13. Turn RIGHT side out. Machine-baste raw edges. To finish notched edge, zig-zag stitch or overlock/serge over raw edge.

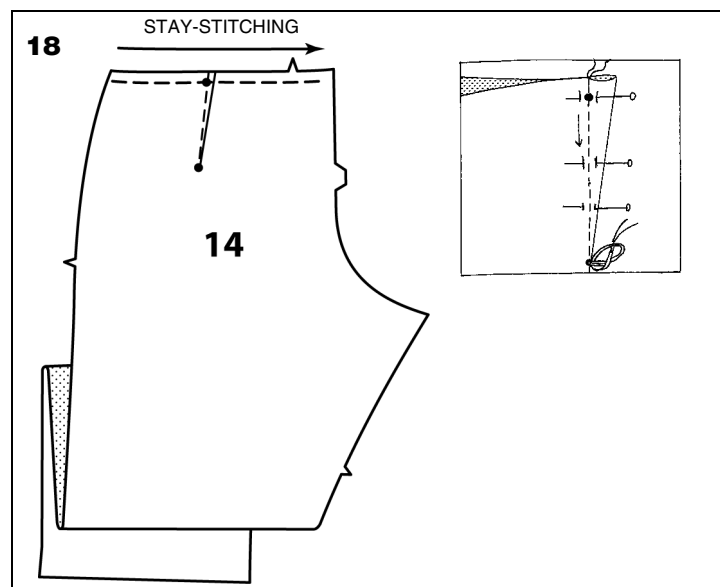
14. Open zipper. Pin RIGHT front edge over notched edge of underlap, having upper edges even and coil just over seam line. Baste through all thicknesses from large dot to upper edge. Close zipper and lightly press in place using a press cloth. On OUTSIDE, check to make sure that the fly and underlap lay smoothly in place. Open zipper; using an adjustable zipper foot, stitch RIGHT side in place as basted.

15. Close zipper. On INSIDE, fold underlap back and pin out of the way so that it will not get caught in the fly stitching.

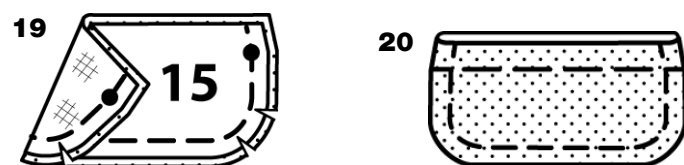
16. Re-pin fly in place so that the pins are on the OUTSIDE. Hand-baste fly in place along the marked line or basting. Stitch fly as basted, back-stitching to reinforce, using an adjustable zipper foot. Remove basting.



- 17.** On INSIDE, hand-tack or machine-stitch fly and underlap together, as shown. Trim away excess zipper tape even with lower edge of fly.
- TIP** - Encase lower end of zipper between the folds of a small piece of bias tape.



- 18.** Stay-stitch upper edge of back (14), same as front.
- To make darts in back, with RIGHT sides together, fold the fabric through the center of the dart, bringing broken lines and small dots together. On INSIDE, place pins at RIGHT angles to the broken lines. Stitch the dart from wide end to point.
- TIP**- To prevent a “bubble” at the point, make the last few stitches right on the fold and leave the thread ends long enough to tie a knot. DO NOT back-stitch at the point.
- Press the dart flat along the stitching to “blend” the stitches, then press dart toward center.



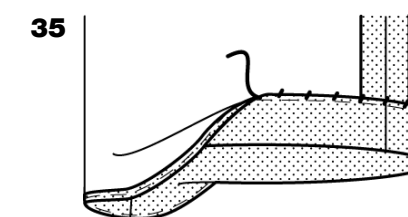
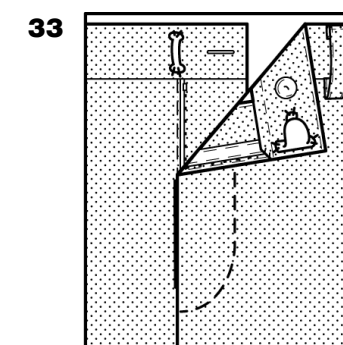
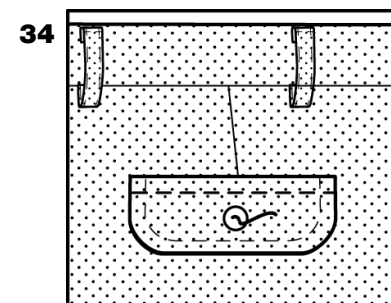
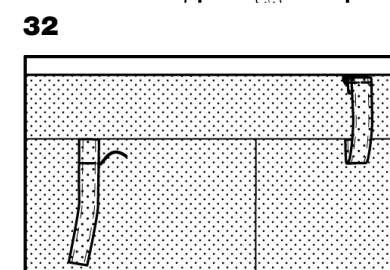
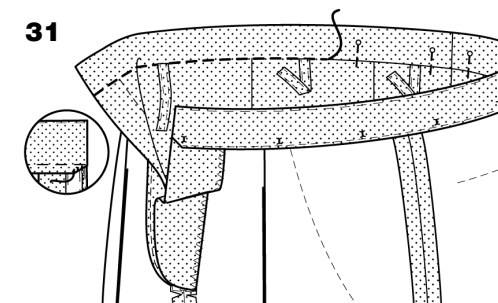
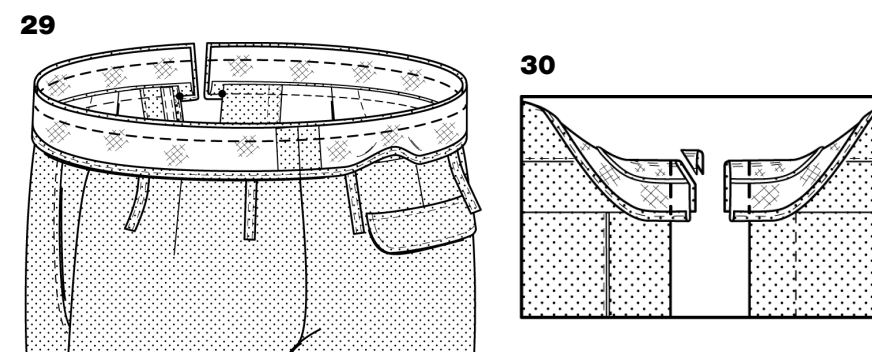
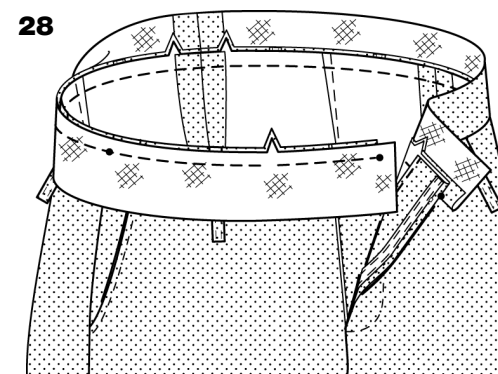
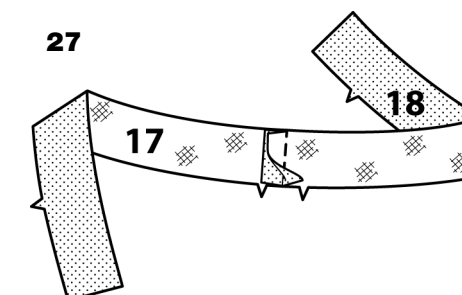
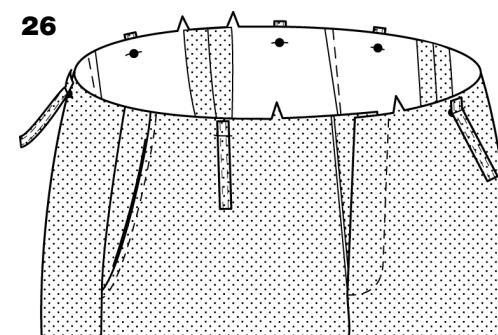
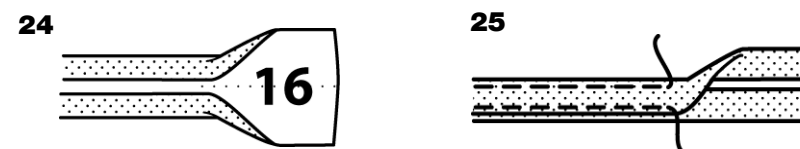
- 19. APPLY INTERFACING** to flap (15). With RIGHT sides together, stitch facing to flap in a 3/8” (1cm) seam, matching small dots, and leaving upper edge open. Clip curves.

- 20.** Turn flap RIGHT side out; press. Baste raw edges together. On OUTSIDE, stitch 1/4” (6mm) from finished edge.

- 21.** On OUTSIDE, pin flap to RIGHT back, placing basting along flap line, matching small dots, as shown. Stitch along basting. Trim close to stitching. Turn flap down; press. Stitch 1/4” (6mm) from upper edge.

- 22.** With RIGHT sides together, stitch center back seam starting with a 1” (2.5cm) seam at waist, tapering to 5/8” (1.5cm) at small dot nearest triple notch. To reinforce curve, stitch again over previous stitching between small dots. Press.

- 23.** With RIGHT sides together, pin front to back at inside leg edges, matching seams, small dots and notches. Stitch, stretching back to fit between notches. Stitch front to back at side seams. Press.



- 24.** Fold carrier(16) in half, lengthwise with WRONG sides together. Press, setting in a crease. Open out long edges of carrier and loop and turn them to WRONG side so that they meet at the crease. Press.

- 25.** Fold carrier in half lengthwise, bringing pressed edges together. Stitch close to both long edges. Cut six carriers each 3-1/2” (9cm) long.

- 26.** On OUTSIDE, center and pin one end of carrier to pants at each large dot, having raw edges even. Machine-baste in place.

- 27. APPLY INTERFACING** to right waistband (17) and left waistband (18) sections.
- Stitch right waistband to left waistband along center back in a 1” (2.5cm) seam.

- 28.** With RIGHT sides together, pin waistband to upper edge of pants (over carriers), matching notches, centers, and having finished edges of front opening at small dots; placing remaining small dots at side seams. Stitch. Press band out pressing seam toward band.

- 29. APPLY INTERFACING** to right and left contrast waistband facing sections. Stitch center back seam in a 1” (2.5cm) seam.
- EDGE FINISH** lower edge.

- With RIGHT sides together, pin facing to waistband, matching center, and small dots at front opening edges (lower edge of facing extends 3/8” (1cm) beyond waistband seam). Stitch along upper edge.

- 30. UNDERSTITCH** facing. Fold ends of facing to OUTSIDE, over waistband, at front opening edges. Stitch from upper edge to waistband seam as shown. Trim corners.

- 31.** Turn facing to INSIDE and pin in place, placing pins on the OUTSIDE, along waistband seam. (Lower edge of facing will extend 3/8” (1cm) below seam).

- On OUTSIDE, stitch in the ditch or groove of waistband seam, catching facing on underside, and being careful not to catch carriers. Press.

- Tuck under and slip-stitch facing at front opening.

- 32.** On OUTSIDE, stitch across each carrier 1/4” (6mm) from waistband seam.

- Turn under 3/8” (1cm) on remaining end of carriers, then press carriers upward, centering pressed ends over large dots on waistband. Stitch across pressed ends. Backstitch to reinforce.

- 33.** Make buttonhole on right band at marking. On INSIDE, sew button to left band at small dot, being careful not to have stitching show on OUTSIDE.

- Lap ends of band; fasten with hook closure.

- 34.** Sew button to flap at small dot, catching pant underneath.

- 35.** Mark length.

- Press up hem along marking.

- Mark depth of hem; trim evenly.

- EDGE FINISH.** Slip-stitch hem in place.

- If you prefer to crease pants, fold leg edges together, matching side and inner leg seam; press.