

'FORGET ME KNOT' DRESS



E-PATTERN
SIZES 2 - 6 YRS.



MATERIALS NEEDED:

- 1.25 - 1.5 yd Exterior Fabric
- .5 yd Lining Fabric
- Basic Sewing Essentials

FABRICS:

Cotton & Cotton Blends, Seersucker, Muslin, Broadcloth, Lined Eyelet, Denim, Linen & Linen Blends

KIDS SIZE CHART:

SIZE	2T	3T	4T	5T	6T
CHEST	21	22	23	24	25
HEIGHT	35"	38"	41"	44"	47"

****INCLUDES 1/2" SEAM ALLOWANCE****

CUT SKIRT PATTERN PIECES AS FOLLOWS:

Skirt Front:

Cut (1) of Exterior Fabric:

Mini / **Tea Length**

2T: 44"W x 10"L / **14"L**

3T: 44"W x 11"L / **15"L**

4T: 44"W x 12"L / **16"L**

5T: 44"W x 13.5"L / **18"L**

6T: 44"W x 15"L / **19.5"L**

Skirt Back:

Cut (2) of Exterior Fabric:

Mini / **Tea Lng**

2T: 22"W x 10"L / **14"L**

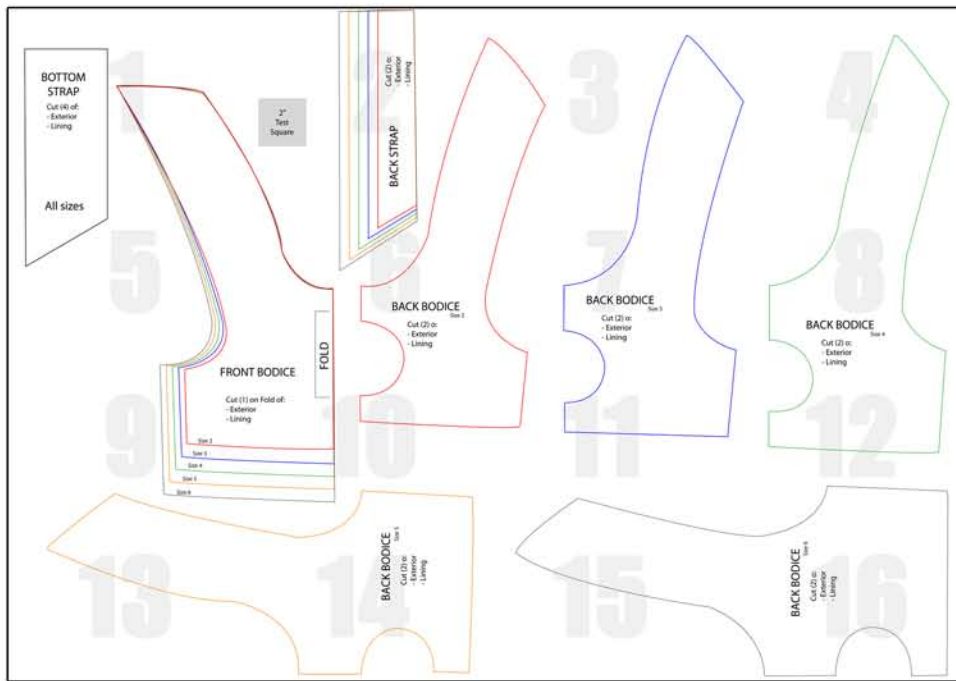
3T: 22"W x 11"L / **15"L**

4T: 22"W x 12"L / **16"L**

5T: 22"W x 13.5"L / **18"L**

6T: 22"W x 15"L / **19.5"L**

PATTERN DIAGRAM:



PRINTING AND PIECING INSTRUCTIONS

All pages should be printed on standard paper. Using Adobe Reader (free to download) is recommended but may not be necessary.

Make sure that “Auto Rotate and Center” is checked and that “Scaling” is NOT checked (scaling may be in a drop-down menu - make sure to find it and check the setting). If you have a newer version of Adobe Reader, your options might look like “Fit to Size” or “Actual Size”. If that is the case, make sure you choose “Actual Size”.

To make sure you’re printing the right size pattern, measure the 2 inch by 2 inch test square. Do your troubleshooting here so you don’t print out the wrong size pages.

If you live outside Canada or the US, print the pages to your standard paper size.

To connect each page, trim to the grey border (do not cut the grey border off), and match up the numbers of each page with the pattern image diagram above.

Tape the pages together.

Once the whole pattern is printed and taped, cut along your size line according to the size chart. You may prefer to trace your size onto tracing paper and then cut it out.

Sewing it Together:

Cut out pattern pieces from your fabric as instructed.



First, finish all side edges of your skirt pieces. It is not necessary to use a serger, you can also use pinking shears to cut down on fraying - or zig zag stitch along the edge. Once you have finished your side edges, you can start sewing the skirt pieces together.

Take the front of your skirt & 1 panel of the back of your skirt and place right sides

together along the side edge. Pin and sew along edge, stopping 4" short of the bottom. See Photo Above. Repeat for other side.

Now, take your side seam and Press open. Stitch down the open end seam that was left unsewn. See Photo:

Start from the bottom of one edge, and sew up and around, securing the open raw edge of the seam to the wrong side of fabric.

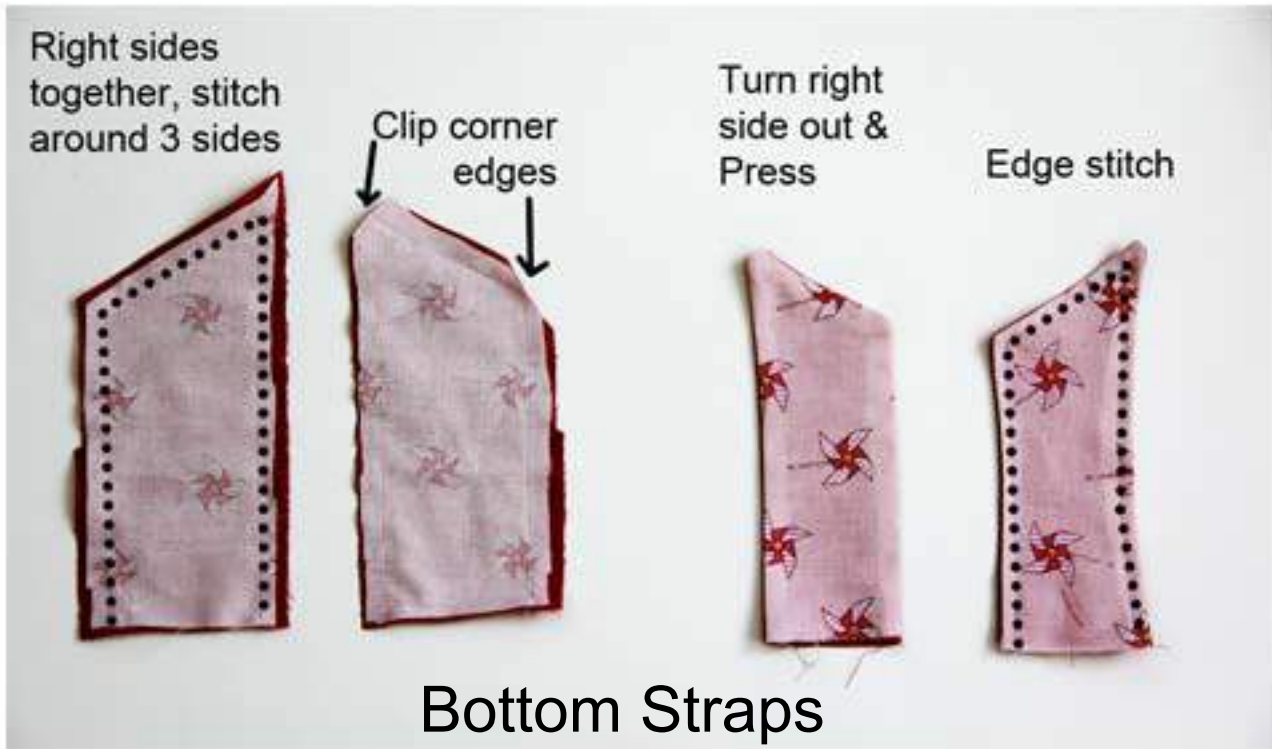


Right Side of Fabric



Wrong Side of Fabric

Hem all around the bottom of the skirt, the front piece & the back pieces. Turn under $\frac{1}{4}$ " towards wrong side. Press. Turn under again $\frac{1}{2}$ ", Press and Sew.



Now, take (1) exterior bottom strap piece, and (1) lining bottom strap piece and place right sides together - matching all edges. Pin & sew

around the sides and top diagonal, leaving the bottom straight edge open. Clip the corner seams close to the stitching. Turn right side out and Press. Edge Stitch. Repeat for (3) remaining bottom straps pieces - giving you (4) completed pieces altogether.

Turn the bottom edge of each strap towards EXTERIOR fabric $\frac{1}{4}$ " & Press.

Place 1 strap along the bottom edge of the side seam of your skirt, and pin along bottom edge, with the inside of the strap along the wrong side of your skirt fabric. Sew the strap on in a rectangle enclosing the side raw edge of the strap. Repeat for all bottom edge sides of the skirt.



Now, place the skirt right sides together matching up the back seam and Sew. Finish seam with either a serger, zig zag stitch or pinking sheers. Set aside skirt for the moment.

Take your bodice back piece and (1) bodice strap. Place the short, straight edge right sides together to the upper back center and Pin. Sew, and repeat for other bodice back side and bodice strap. See Photo on right.



Take the Front Bodice Dress piece and place right sides together with the Back bodice dress piece, matching up the side seam. Pin and Sew. See Photo on Left.

Repeat for other side.

You will now have something that looks like this:





Fold bodice in half right sides together, and match up the back centers.

Pin the very bottom of the back together, underneath the circle. Sew.

See Photo on left.

Take the bottom of the bodice now, and fold under $\frac{1}{4}$ " towards wrong side of fabric and Press. See Photo on Right.

Repeat for Lining.



Place the lining and the exterior bodice right sides together, matching all edges. Pin & sew around entire outer / upper edge, leaving only the bottom of the bodice open.



Trim all seam allowance close to sewn edge, and turn. Use your finger or a blunt edge pointer to be sure to get the corners out. Press and edge stitch all around. See Photos on Left.



Now, picking back up your skirt, sew a line of gathering stitches around top edge, starting and stopping at the back seam opening. Gather stitches until skirt is approximately the same length as the bottom of your bodice.

See Photo on Left.

Now you can attach your skirt to the bodice in one of two ways.

The time saving method:

Sandwich your skirts gathered edge in the middle of your bodice pieces and pin. Line up the back seam of the skirt with the back bodice seam, as well as the skirt side seams and bodice side seams. All of the



skirt should be tucked up under the bodice. Try to make gathers as even as possible. This may take some trial and error getting it just right. Pin the bodice and skirt together, making sure you catch the exterior bodice and the lining bodice together in your pin.

Sew along the bottom of the bodice, as close to the edge as possible (about $\frac{1}{8}$ " seam allowance). This will ensure that you catch the back of the bodice as well.



Or the more professional method:

Slip the bodice over the top of the skirt right sides together, matching the raw edge seams. Pin the skirt to the exterior bodice - be sure to match all side

seams and back seams. See Above Photo.

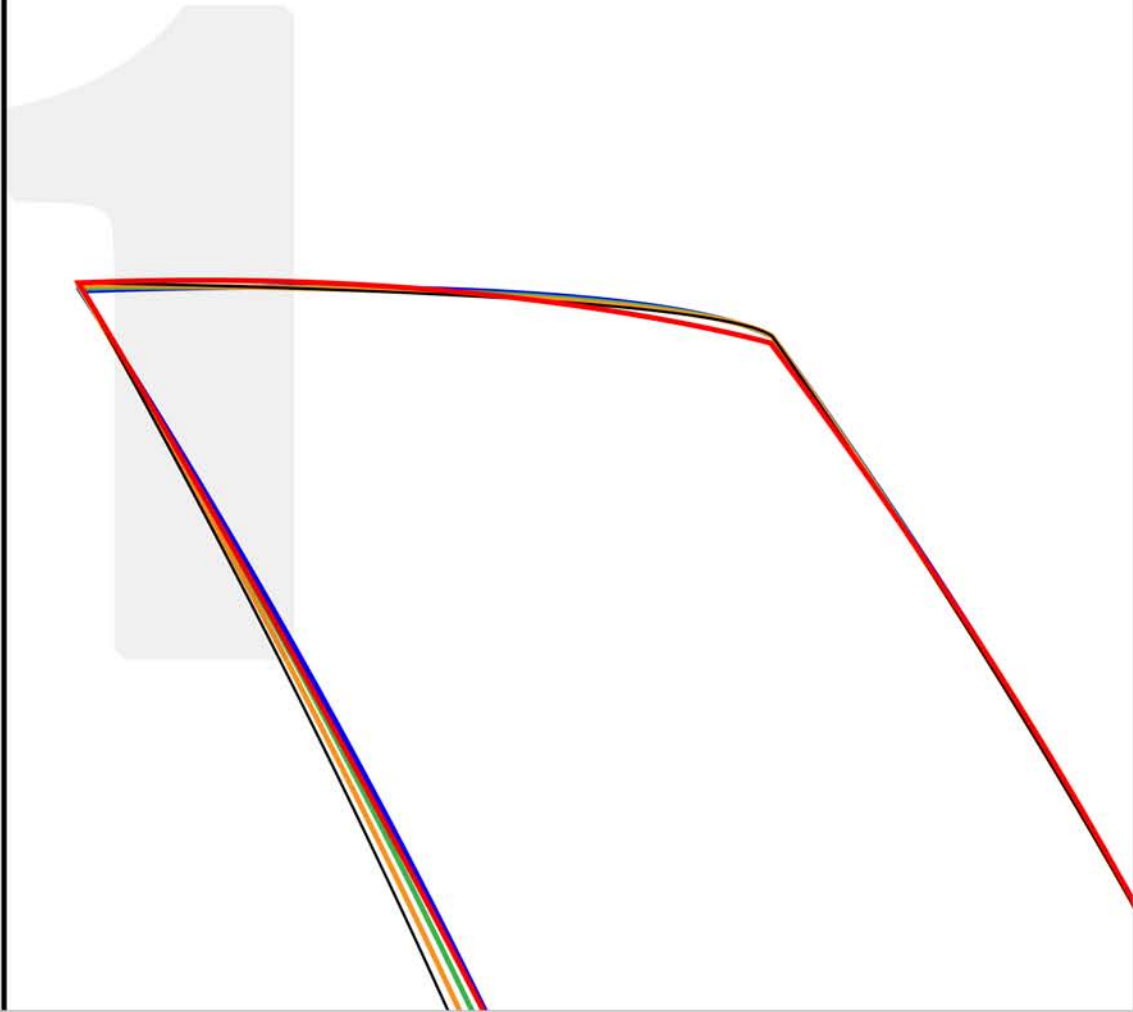
Sew together. Flip bodice right side up, and whipstitch lining down to secure.

Simply tie all the straps in knots, and you are finished!



BOTTOM STRAP

Cut (4) of:
- Exterior
- Lining



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DRESS EPATTERN
SZ. 2T - 6

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2"
Test
Square

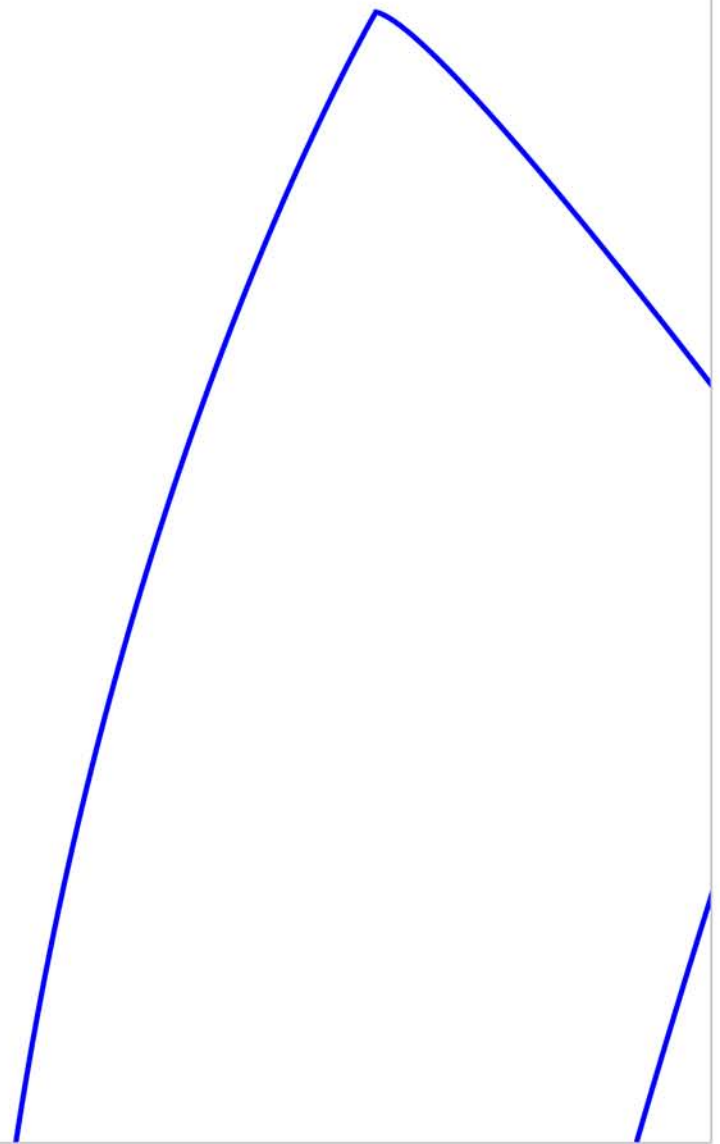
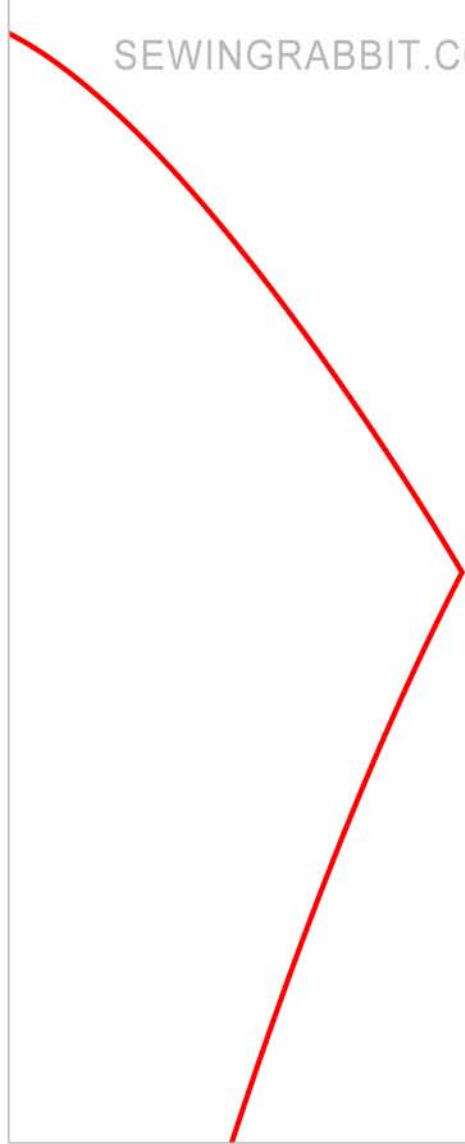
Cut (2) o:
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- Lining

BACK STRAP

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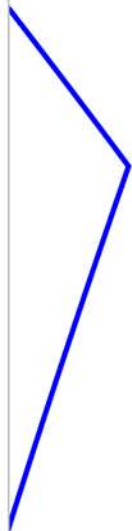
3



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4

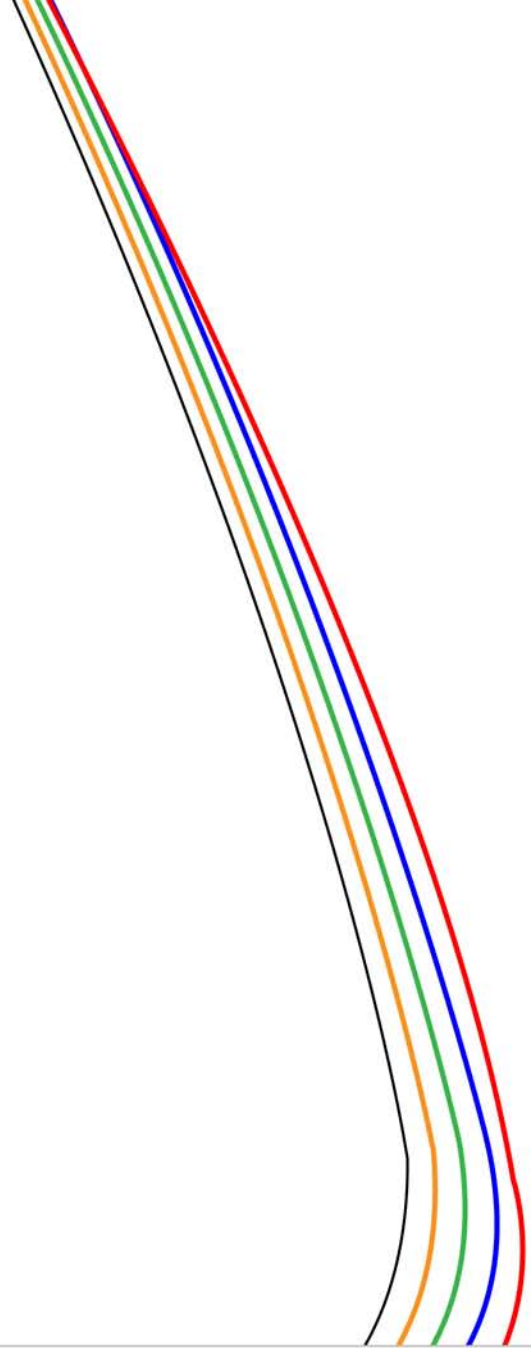


All sizes

5

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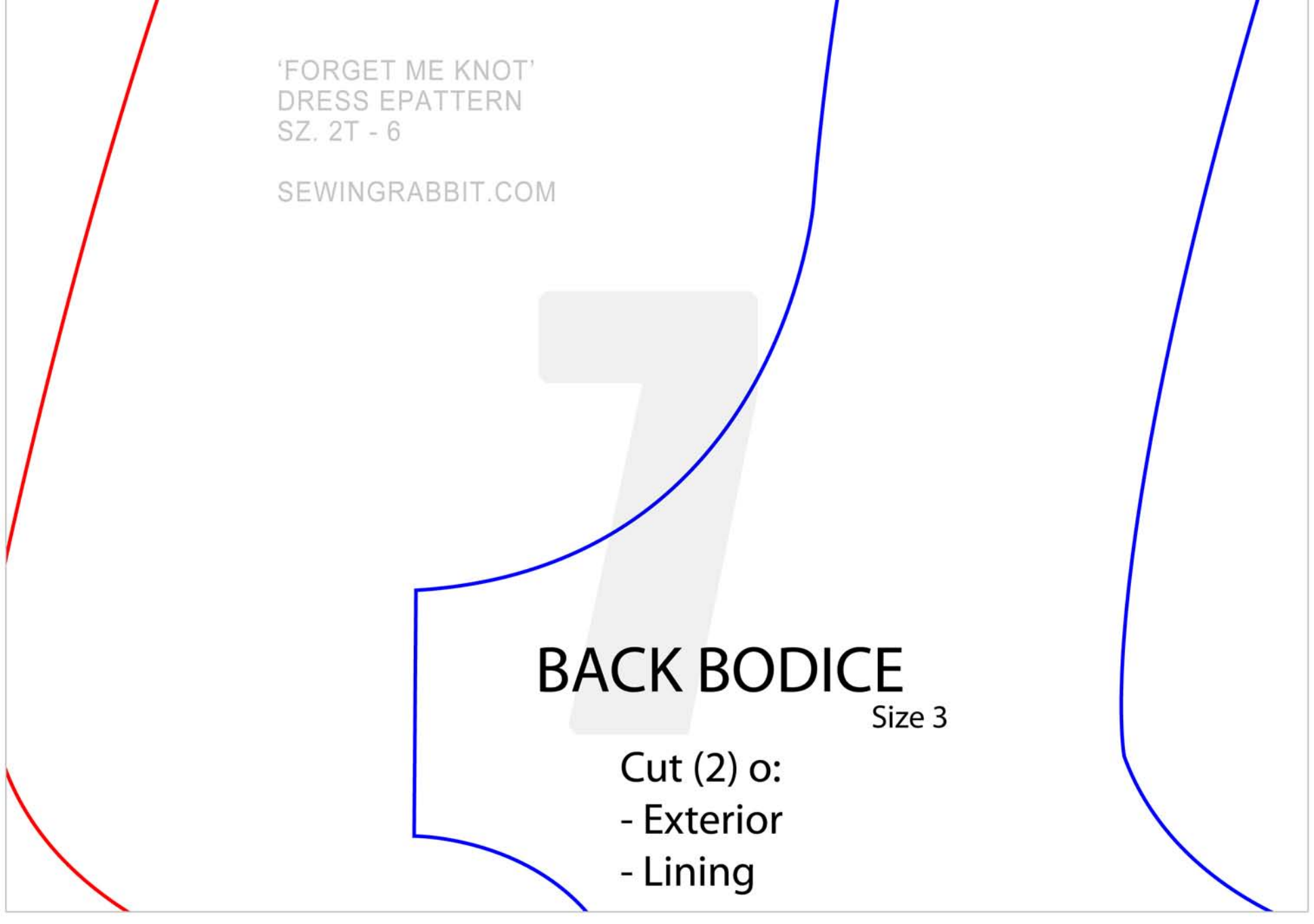
BACK BODICE

Size 2

Cut (2) o:

- Exterior

- Lining



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SZ. 2T - 6

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BACK BODICE

Size 3

Cut (2) o:
- Exterior
- Lining

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BACK BODICE

Size 4

Cut (2) of:

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FRONT

Cut (1)
- Exterior
- Lining

Size 2

Size 3

Size 4

Size 5

Size 6

T BODICE

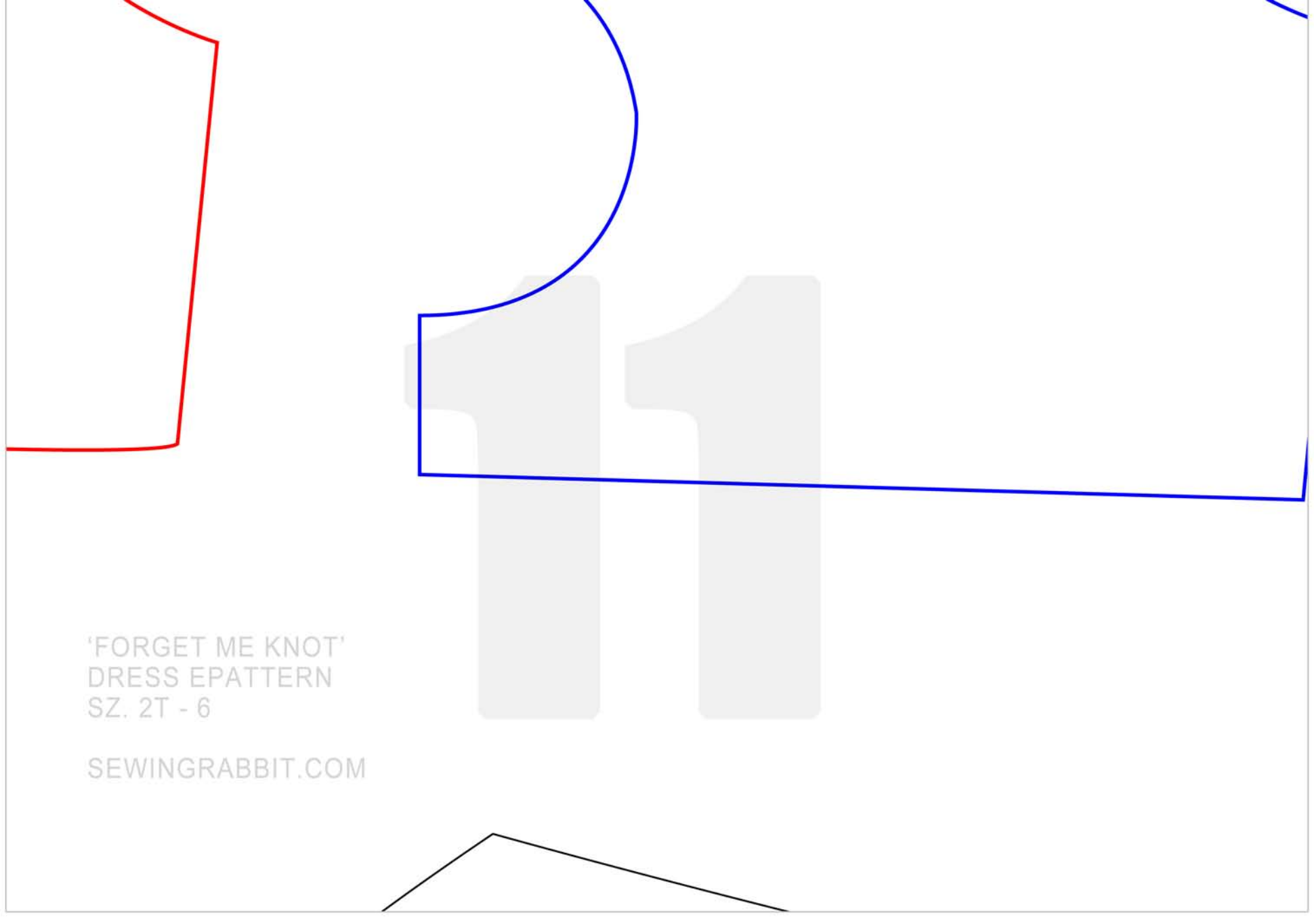
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FOLD

Lining

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- Cut (2) of:
- Exterior
 - Lining

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A thick orange line starts from the top left, curves down and to the right, then curves back up and to the right, ending near the top right corner.

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BACK BODICE

Size 5

Cut (2) o:

- Exterior
- Lining



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BACK BODICE

Size 6

Cut (2) o:

- Exterior

- Lining

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