

ESSENTIAL KITFABRIC: FLORAL COTTON,
112CM WIDE X 2M

CO-ORDINATING THREAD

INVISIBLE ZIP, 55CM

PLUS:

PINS

BIAS BINDING MAKER

OVERLOCKER (OR USE
ZIGZAG STITCH)

IRON

MEASUREMENTS:

SIZE 10

PATTERN FROM
MAKEIT TODAY.CO.UK**FITTED DRESS**

1 Download the pattern from makeittoday.co.uk and cut out the fabric following the online placement guide. Stay-stitch the neckline and armholes 0.5cm from the edge. With right sides together, pin the front side panels to the front panel, matching up the raw edge. Create Princess seams (see our guide) by stitching together using a 1cm seam allowance. Overlock the raw edges together, clip the curves and press the Princess seams towards the side seam.

2 Placing right sides together, pin the back panels, matching the raw edges. Stitch with a 1cm seam allowance, stopping 56cm down from the neckline to allow for the zip to be inserted. Overlock the raw edges and press the seam open.

3 With right sides together, pin the front side pieces to the back pieces to create the side seams and stitch together with a 1cm seam allowance. Overlock the raw edges and press seams towards the back. With right sides together, pin the shoulder seams and stitch with a 1cm seam allowance. Overlock the raw edges and press the seam to the back.

4 Pin the right side of the zip to the right side of the dress with the teeth 1cm away from raw edge along the centre back opening. Ensure the teeth at the top of the zip are 1cm away from the neckline of the left-hand side, sewing right down until you reach the zip pull.

TEST YOUR
TAILORING
SKILLS WITH A**FITTED
DRESS***created using
Princess seams*

No matter what the occasion, you simply can't go wrong with a versatile dress made in a delightful patterned fabric. The best thing about this style is that it will flatter your figure as it is constructed with a series of fabric panels and curve-enhancing seams. Use a pretty printed cotton or one block colour to create the perfect wardrobe staple.



Repeat the process with the right-hand side. Close the zip and sew the gap between the bottom of the zip where the stitching starts and neaten as necessary.

5 Using a bias binding maker, press the strips of fabric into 2.4cm-wide tape, then fold in half to create double-fold binding. Starting at the centre back, begin binding your neckline by folding the short end of the bias tape over by 0.9cm to hide the raw edges. Slip the neckline between the folds of the tape, placing the raw edge against the centre crease.

6 Stitch the tape in place from outside, being sure to catch in the folded edge on the underside and overlap the ends of the binding to complete. Press in place. Repeat the binding step for both armholes.

7 Turn the hem up 2cm with wrong sides together, and press in place. Turn up a further 2cm and press again. Pin and stitch in place using a 0.8cm seam allowance and press once more.

CUTTING GUIDE:

Front Panel: Cut One on Fold

Front Side Panel: Cut Two

Back Side Panel: Cut Two

Back Panel: Cut Two

THE KNOWLEDGE: PRINCESS SEAMS

These graceful curves closely follow the shape of the body and are just the ticket for adding a tailored fit to ladies' garments

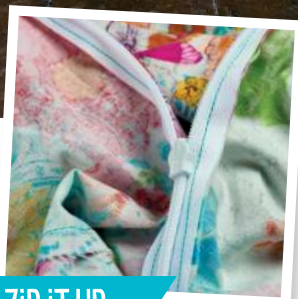
♥ Princess seams are used instead of darts and allow you to manipulate the fabric for a better fit around the bust, back, waist and hips.

♥ Created by joining two pieces of fabric with opposite curves; when stitched together, they produce the shaping necessary to follow the line of the figure.

♥ They allow for easy adjustment across the entire garment, creating graceful, flattering curved vertical lines that skim and slim the torso.

♥ Curves are more difficult to pin and stitch than a straight edge. The edges must stay together, so use plenty of pins, especially around the inward curve, so it does not move away from the seam.

♥ Raise your presser foot once in a while to make sewing the curve easier, clipping and pressing regularly to get the Princess seams completely smooth.



ZIP IT UP

An invisible (or concealed) zip is the perfect way to add a discreet fastening. The teeth are on the inside of the outfit so all that can be seen from the outside is a delicate seam line. For a great range of zips, visit finefabricsofharrogate.co.uk

STITCH TIP

If you don't have an overlocker to hand, no worries: a simple zigzag stitch will work just as well to neaten and prevent raw edges fraying.

FABRIC LOVE

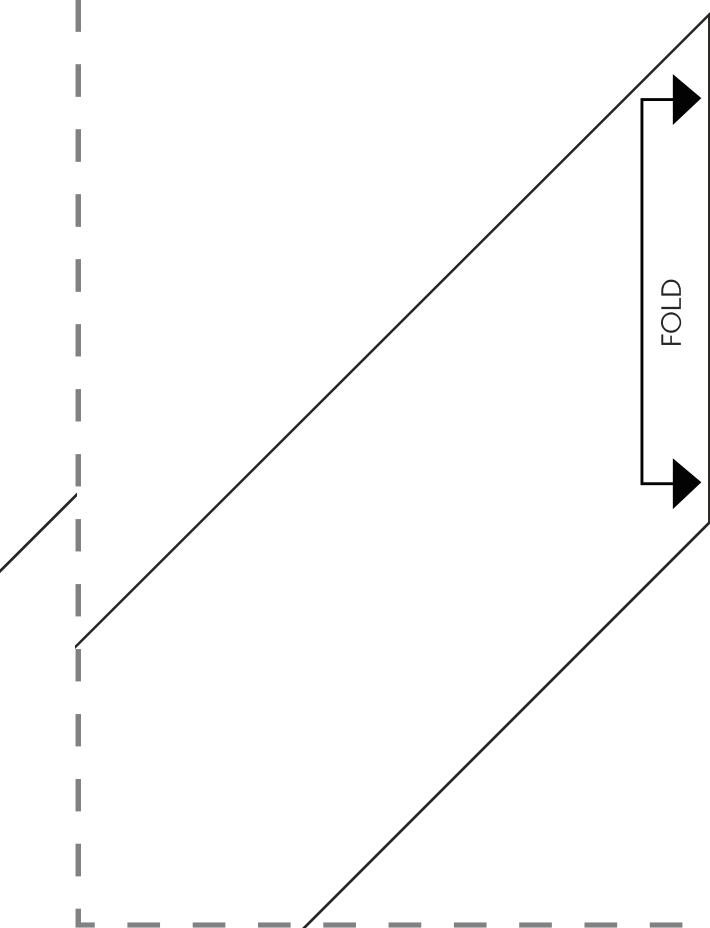


WINDHAM MARIPOSA FLOWERS

This delightful print features bright florals and butterflies in vivid pinks, blues and oranges on a white scripted background. £12 per metre, sewscrumptious.co.uk

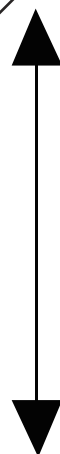


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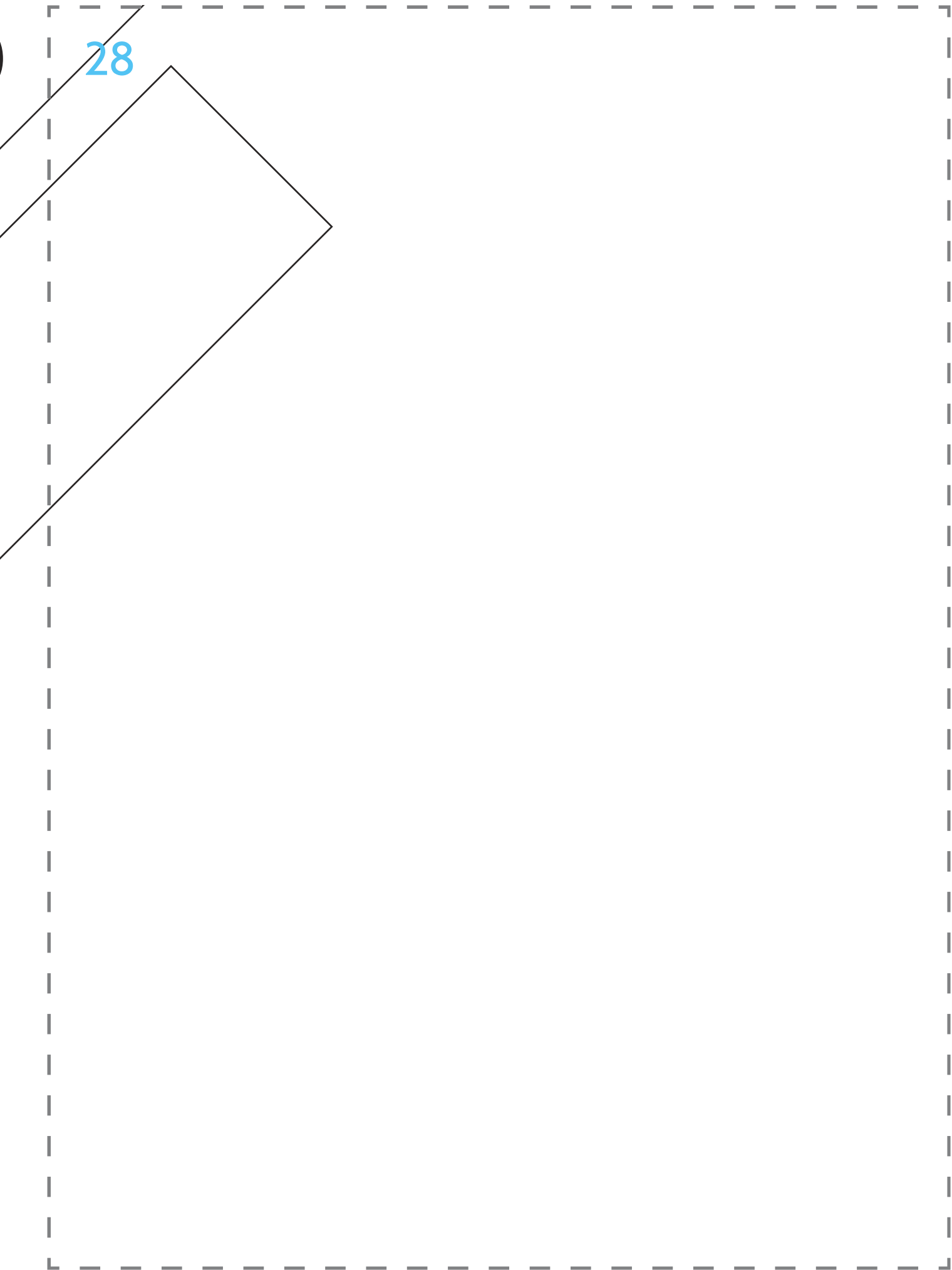
NECK BINDING
CUT ON FOLD CUT 1



6

SOLE BINDING
CUT 2

28



30

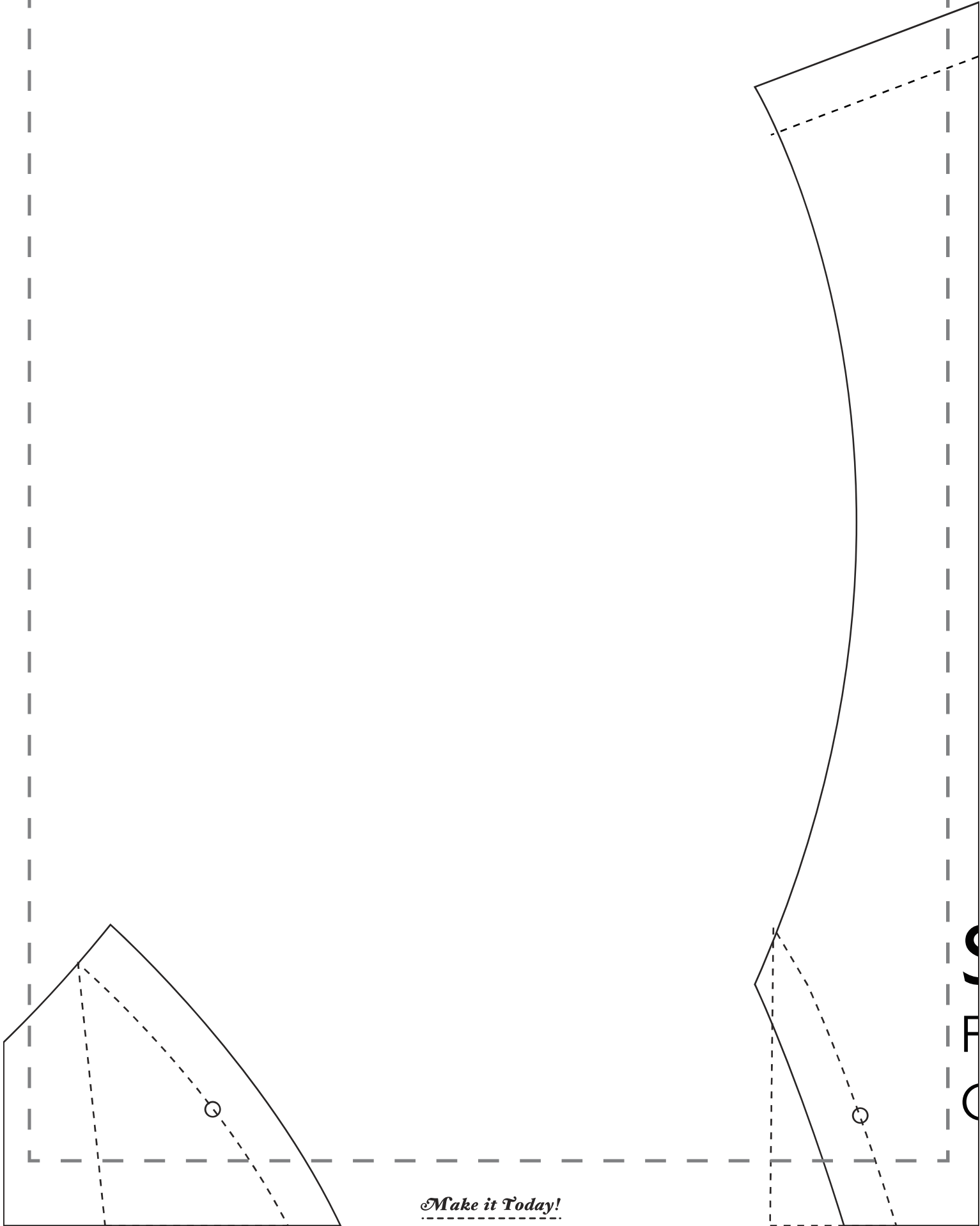
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31

ARM
CUT ON B

SIZE
SH

ZE 10 HIFT DRESS



34

1

SHIFT DRESS

FRONT PANEL

CUT 1

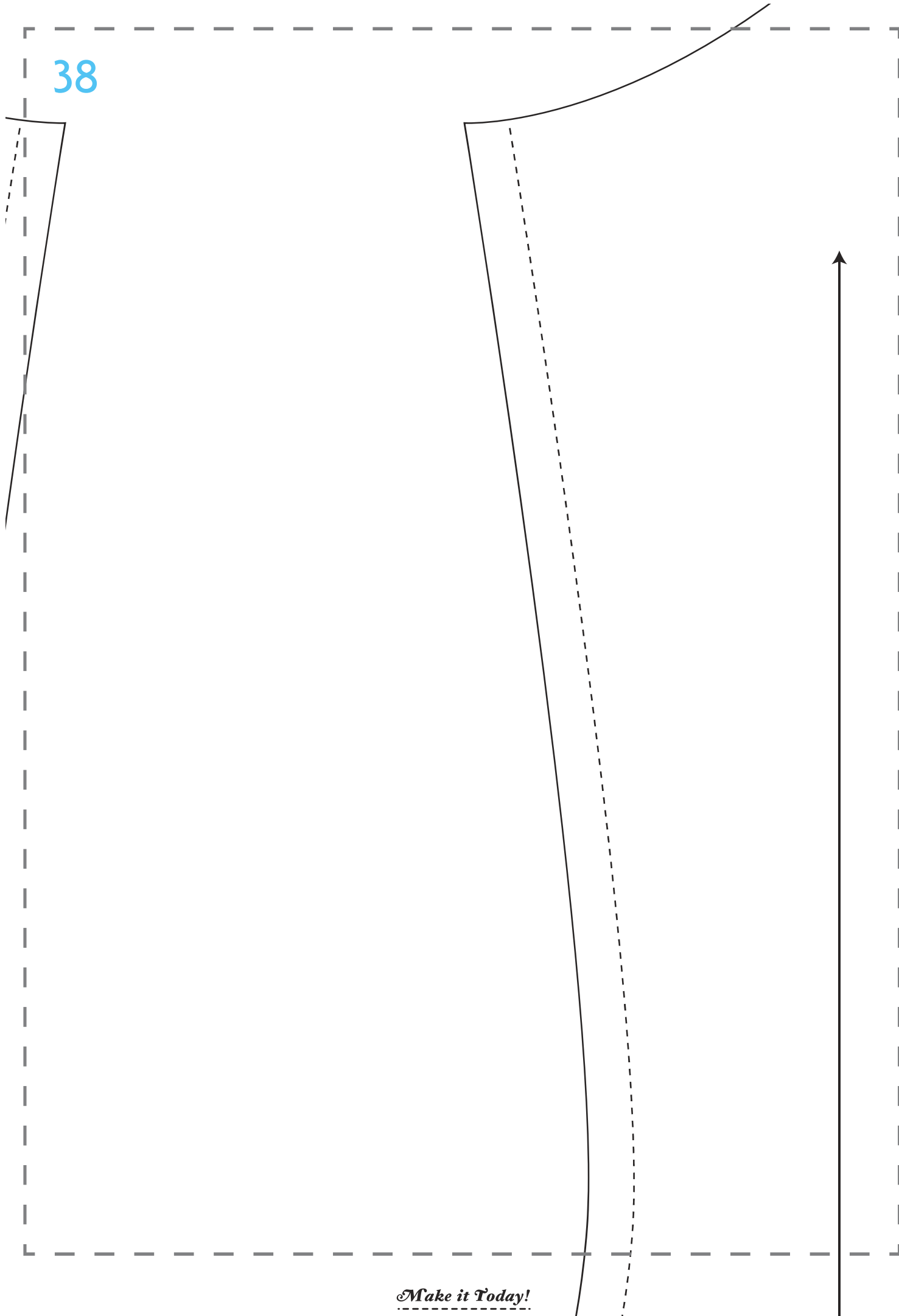
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37

4

38



39

2

10MM
SEAM ALLOWANCE

40

41

①

SH
BAC
CUT

42

SHIFT DRESS

BACK PANEL

CUT 2

43

SHIFT DRESS

BACK SIDE PANEL

CUT 2

44

SHIFT DRI

FRONT SIDE PA
CUT 2

45

RESS PANEL

46

CUT ON FOLD

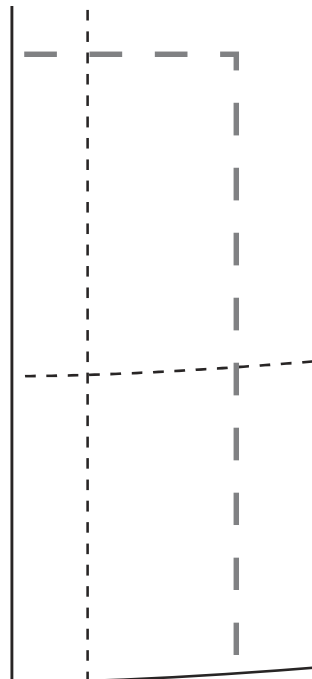
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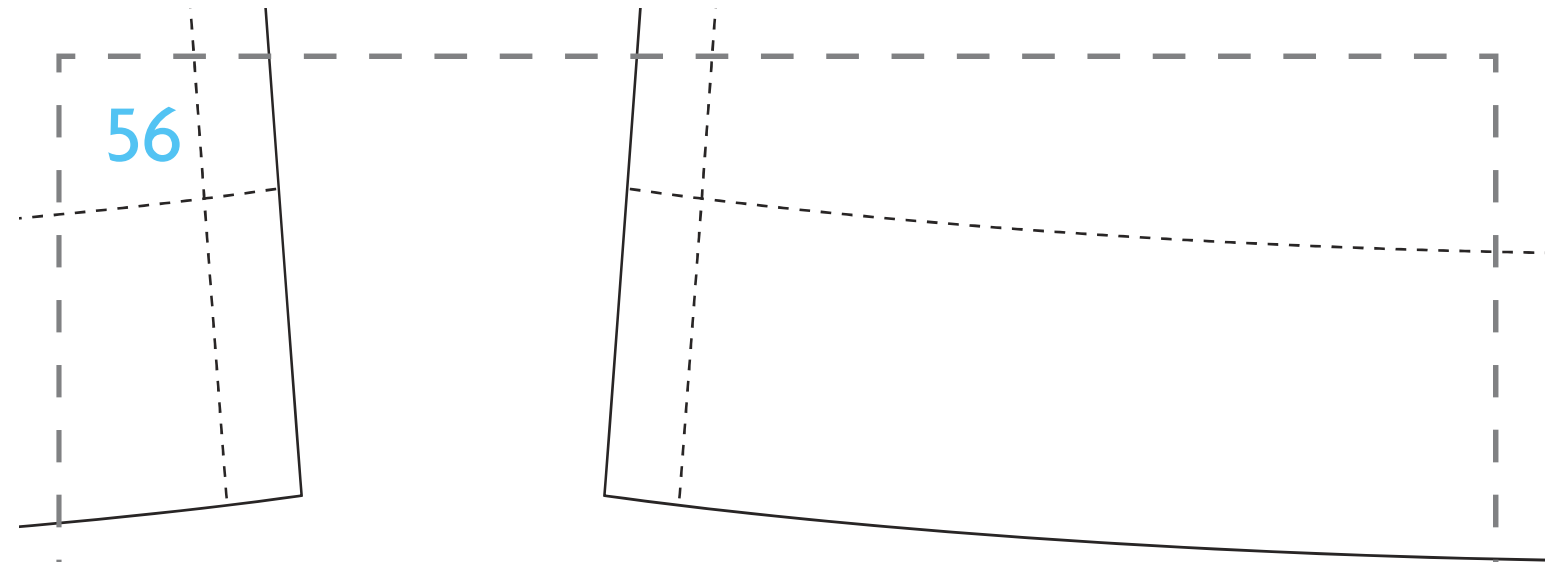
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54

55

40M
FOR
DOI



56

0MM SEAM ALLOWANCE
OR 20MM
DOUBLE TURN HEM

57

58

