



Submarine Pullover PDF Pattern By: Shwin Designs Copyright 2013

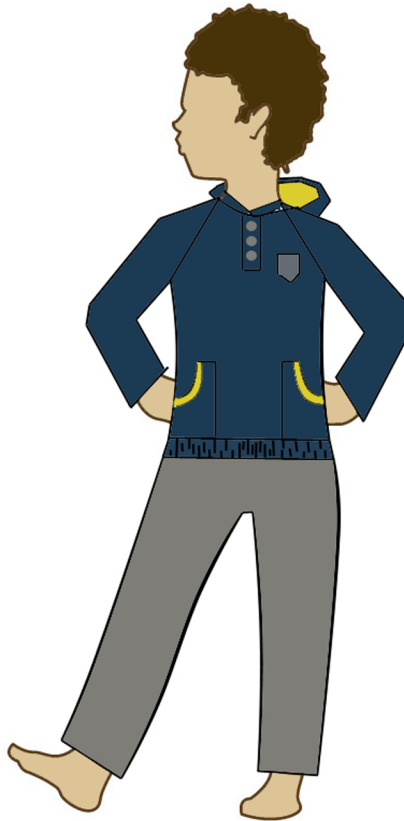
Print Pattern at 100% Do not scale

Cut at grey lines and then tape pages together to match the guide

Trace or cut pattern in the size desired

Pattern includes 3/8" seam allowance

Submarine Pullover



Fabric Requirements:

Size:	Chest:	Finished Length:	Yardage:	Hood:	Elastic:
2T	21"	15.5"	1 yrd.	1/2 yrd	19"
3T	22"	17"	1 yrd.	1/2 yrd	20"
4T	23"	19"	1 yrd	1/2 yrd	21"
5	24"	20.5"	1 1/4 yds	1/2 yrd	22"
6	25"	22"	1 1/4 yds	1/2 yrd	23"
7	26"	24"	1 1/4 yds	1/2 yrd	24"
8	27"	25.5"	1 1/4 yds	1/2 yrd	25"

*Chest measurement is child's measurement not finished garment

Fabric recommendations:

To be used with a light weight woven fabric, such as linen, chambray, or cotton. Hood may be lined with any fabric, although woven fabrics work best.

Other Notions:

5 buttons

1/2 yard bias tape

Elastic (3/4 inch non roll used)

Scraps of Interfacing

Sewing Glossary & Tips

Top Stitch: Stitch along the top side (right side) of the garment, often used to secure a seam in place, either for decoration or reinforcement.

Right Sides Together: Fabric has a right and wrong side, the right side is the side that you want seen on the outside, right sides together is when two pieces are placed with the right sides of the fabric face to face.

Seam Allowance: The amount of fabric that is between the edge and the stitch line for seams. All ShwinDesigns patterns use 3/8" seam allowance unless otherwise noted in the pattern.

"Fold Under": When the pattern notes to fold under an edge, you will fold the edge of the fabric from the right side towards the back or wrong side of the fabric. Folds should be 3/8" unless otherwise noted in the pattern.

Button hole help:

<http://shwinandshwin.blogspot.com/2011/09/sewing-101-machine-button-hole.html>

Seam Finishing:

<http://shwinandshwin.blogspot.com/2011/08/sewing-101-seams.html>

Other Pattern Suggestions or Options:

Convertible sleeves can be switched out for elastic in the cuffs. Simply fold the sleeve under to create a casing and add elastic in the casing.

Elastic in the waist may be switched out for a draw string waist simply add two button holes in the elastic band piece before folding it under and sewing it in place, then add a ribbon through the button holes

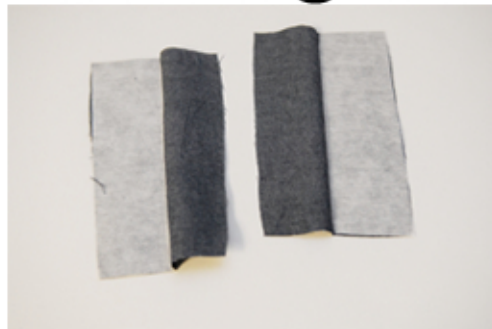
A zipper may be added in lieu of a placket. Skip cutting the notch out of the front and cut the front pattern piece straight up and then over to the neck line. Cut the front piece down the center and add a separating zipper following installation instructions on the zipper. Finish pullover as instructed.

You may add rivets, or a button to pocket details. Follow the instructions that come with the rivets.

Pattern could easily be made from rip stop for a windbreaker or sweatshirt knit for a hooded sweatshirt

If buttons make you nervous, you can easily swap them out for snaps, or leave them off all together.

Sewing the Submarine Pullover



Step 1:

Press fusible interfacing on to half of the placket pieces. Then press the pieces in half. Open them up again.



Step 2:

With right sides together sew the placket pieces to both sides of the front opening. Sew just down to the edge of the cutout leaving the bottom part unsewn.



Step 3:

Fold up the bottom edge of the placket. Also fold the side edge in by 3/8 inch.



Step 4:

Fold the left side of the placket piece in half. Sandwich the triangle piece from the bottom of the front cut out in the inside of the placket fold. Then top stitch around the placket edge to secure in place. All raw edges should be folded under.



Step 5:

Then with the right side fold the placket piece in half so all the raw edges are to the inside, align the placket over the left side. Then top stitch along the bottom and side. Careful to NOT sew through the left side of the placket when top stitching the side.

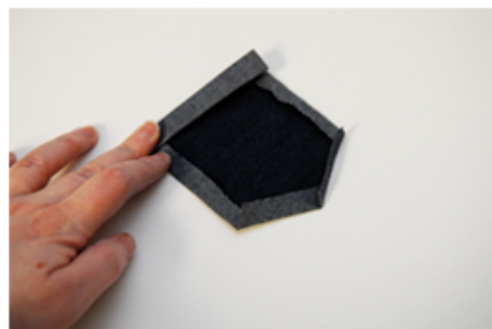


Step 6:

Next top stitch a rectangle with an X through it to secure the placket in place at the bottom



*Your placket should be two pieces overlapping but not sewn shut. All the raw edges except at the top should also be covered at this point.



Step 7:

Take the chest pocket and fold the side and bottom edge in by $\frac{1}{2}$ inch and then fold the top down by $\frac{1}{4}$ inch and then down by $\frac{1}{2}$ inch. Press well.



Step 8:

For the pocket 1 pieces sew bias tape along the curve of the pocket.



Step 9:

Fold the top and side edge of the "Pocket 1" pieces under by $\frac{3}{8}$ "

*Note you do NOT need to press the bottom edge of the pocket.



Step 10:

Sew the "pocket 1" pieces to the bottom edge of the front piece by sewing the top and side folded edge, you may also tack the side in place to hold the pocket where it should be.



Step 11:

Sew the Chest pocket in place on the chest next to the placket.



Step 12:

With right sides together sew the front and back bodice pieces to the sleeves.



Step 13:

For the optional convertible sleeve fold the sleeve tab in half with right sides together and then sew along top and side. Clip the corners and then turn tabs right side out.



Step 14:

To sew the tabs in place sew them to the WRONG side of the sleeve. Start by sewing them facing up toward the neck at the top of the marking on the pattern. Then fold the tab down as pictured and sew a box with an X through it to secure. Repeat with both tabs.



Step 15:

With right sides together sew up the sleeve and down the side. Sew both sides. For the convertible sleeve option finish the arm sleeve, either by serging the edge or covering with bias tape. Hem sleeve edge by turning edge up 1/4" and then 1/2" and sew to secure.



Step 16:

With right sides together sew the elastic band pieces together at the sides.



Step 17:

With right sides together sew the elastic band to the bottom of the bodice. Then fold the bottom edge of the band up by 3/8" and then fold the band up so the folded edge covers the seam.



Step 18:

Sew along the folded edge leaving an opening to slip in the elastic. Then slip in elastic. For best results find a measurement of elastic that is comfortable around the waist of the child, or use guide for length.



Step 19:

With right sides together sew the hood pieces for the outer hood along the curved edge. Do the same for the lining hood. Fold front edge of the hood pieces under by 3/8" and press.



Step 20:

With right sides together sew the outer hood to the neckline. To place the hood, match the center back to the back seam in the hood. The front fold should end at the edge of the placket.



Step 21:

With the right side towards the wrong side sew the hood lining along the neckline following the same seam as the outer hood.



Step 22:

Place the hood pieces into each other top stitch the two hood pieces together.



Step 23:

Sew button holes and buttons to the placket. Measure between the buttons to evenly space the buttons on the placket.

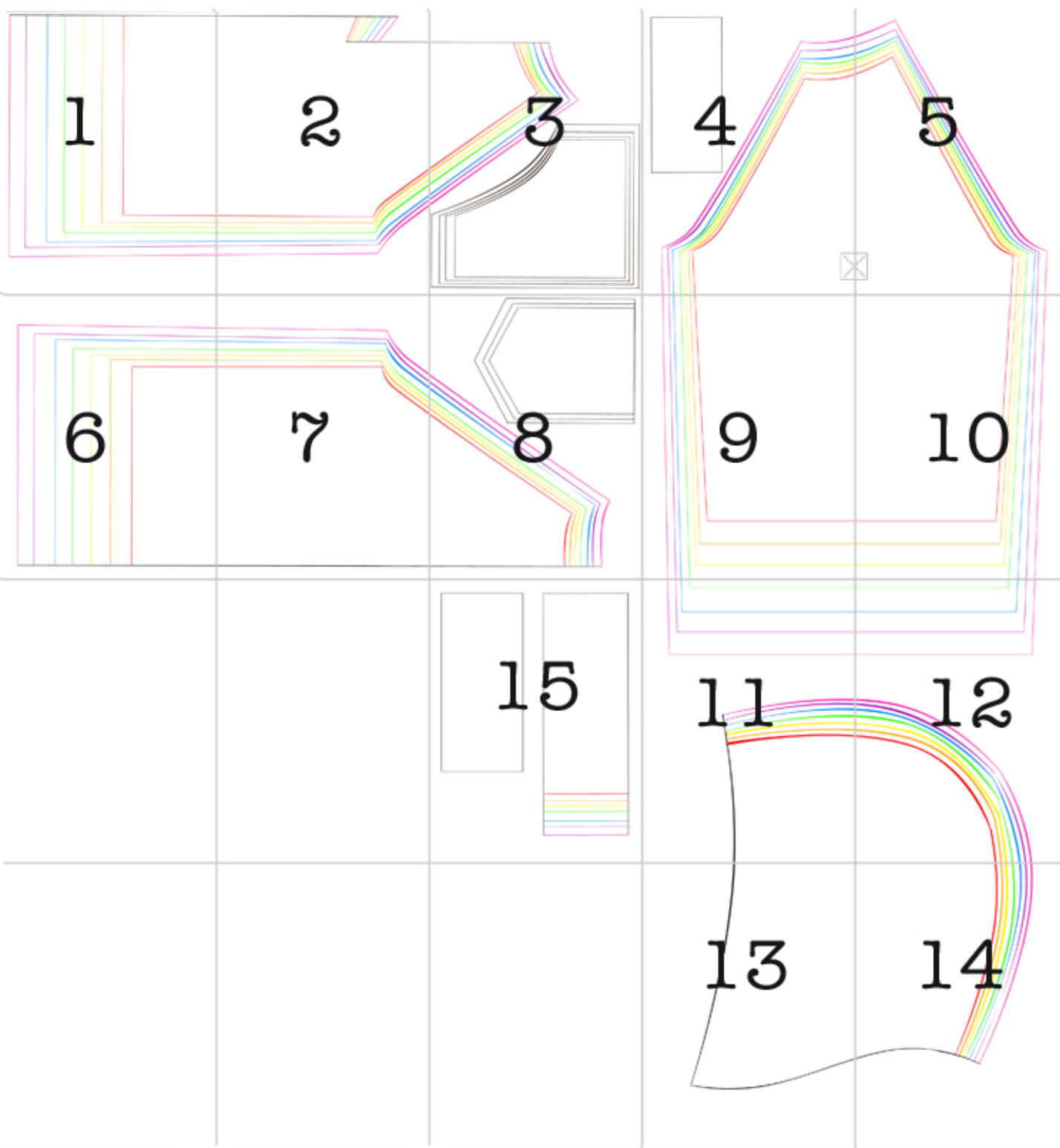


Step 24:

Lastly add a button hole to the sleeve strap and a button to the sleeve where you stitched the strap down.

Then you are done!

Submarine Pullover Guide



Fold Line

Submarine Pullover
Front Bodice
Cut 1 on fold at fold line

1

2T

3T

4T

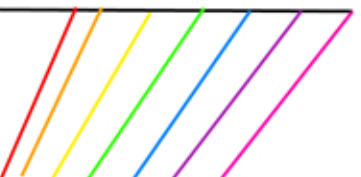
5

6

7

8

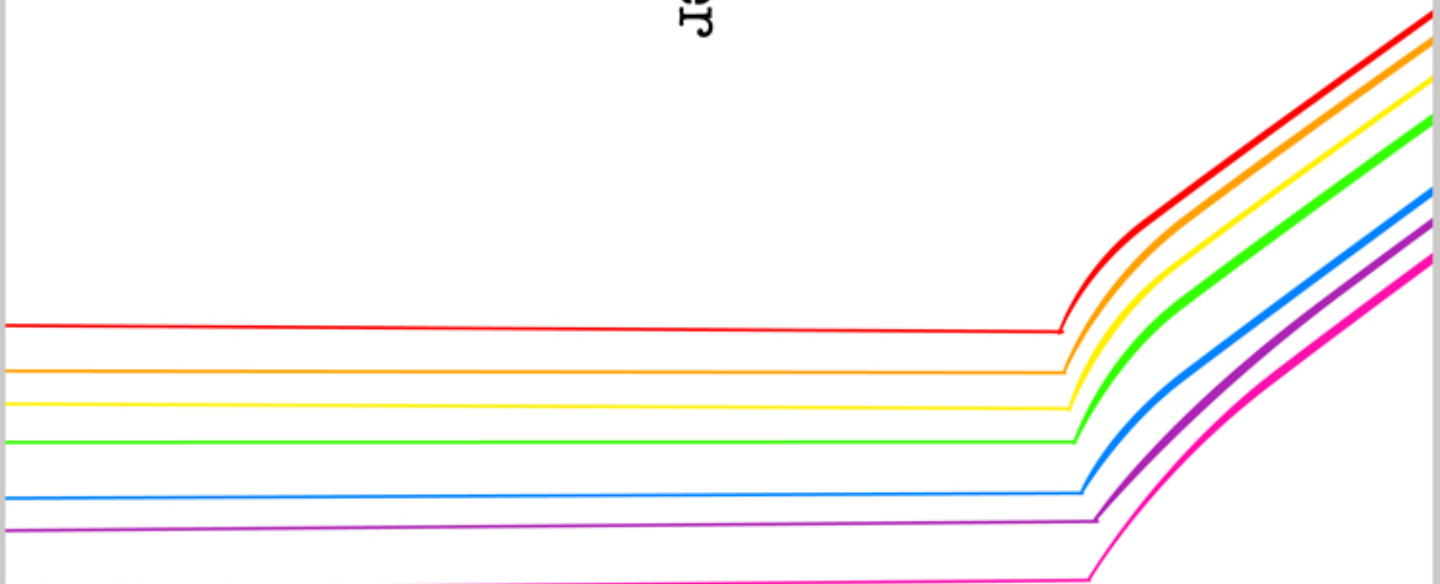
The Submarine Pullover
By ShwinDesigns



Fold Line

Submarine Pullover Front

2



Test
Square
1"X1"

3

Submarine Pullover
Front

8
7
6
5
4T
3T
2T

Submarine Pullover
Pocket 1
Cut 2(reverse one)

8
6-7
4-5
2-3

Submarine Pullover
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Submarine Pullover
Sleeve Strap
cut 2

4

8

7

6

5

4T

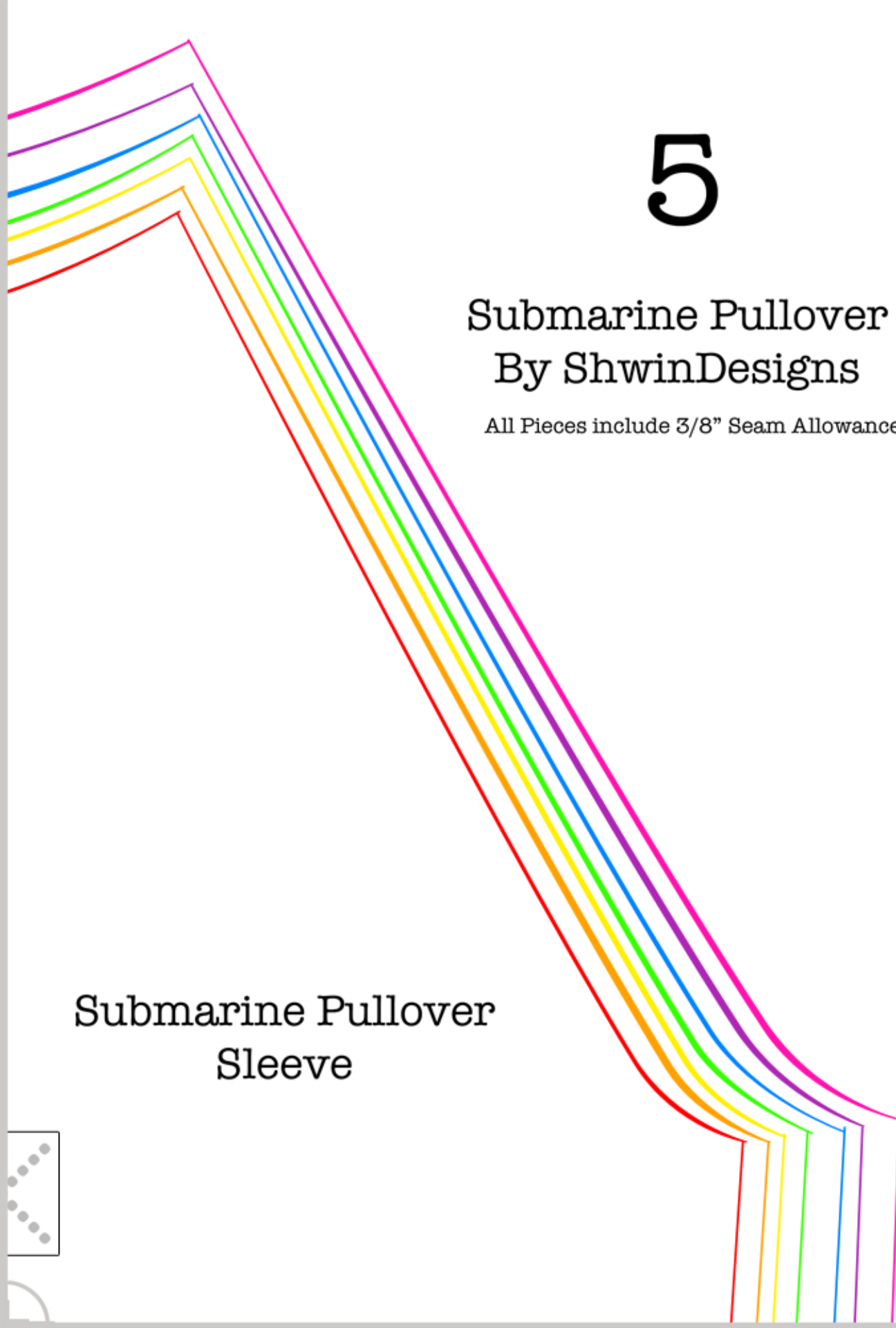
3T

2T

Front Side

Submarine Pullover
Sleeve
Cut 2
(reverse one)





5

Submarine Pullover By ShwinDesigns

All Pieces include $\frac{3}{8}$ " Seam Allowance

Submarine Pullover
Sleeve



Fold Line

Submarine Pullover
Back

2T

3T

4T

5

6

7

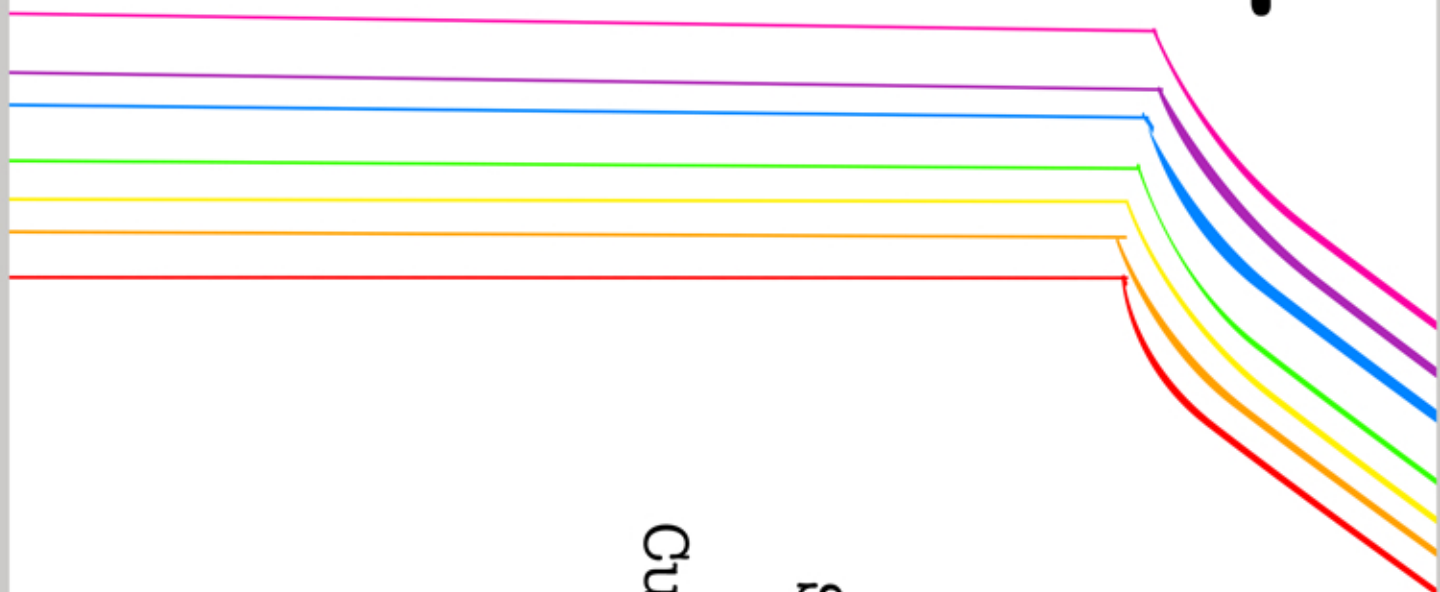
8

9

2

Submarine Pullover
Back
Cut 1 on fold at fold line

Fold Line



Submarine Pullover
Chest Pocket
Cut 1 per pocket

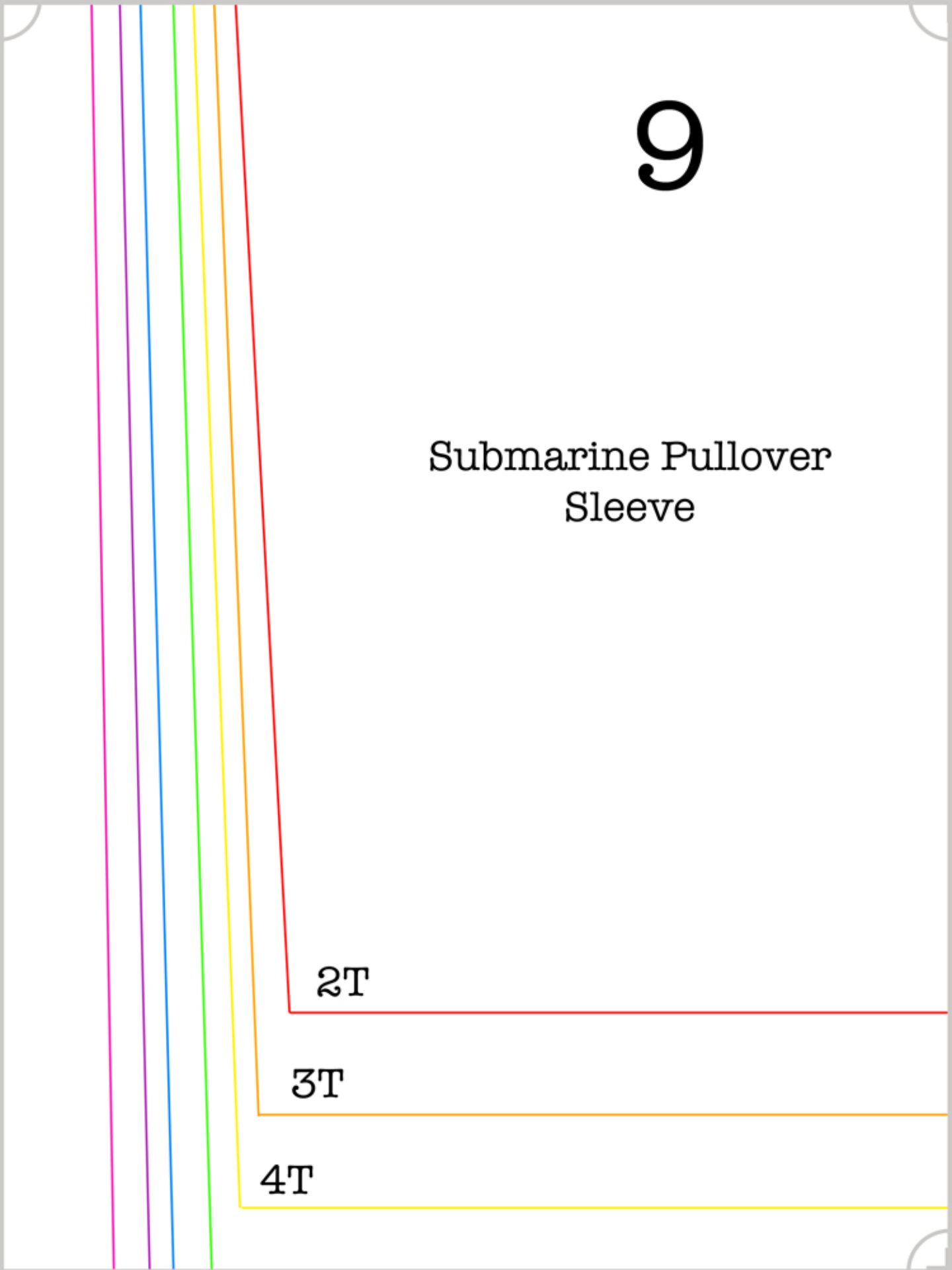
2-3
4-6
7-8

8
7
6
5
4T
3T
2T

Fold Line

Submarine Pullover
Back

8



The diagram shows a schematic of a submarine pullover sleeve. On the left, there are seven vertical lines of different colors: pink, purple, blue, green, yellow, orange, and red. The red line is the outermost and has a horizontal segment at the bottom labeled '2T'. The orange line is the next one inward and has a horizontal segment at the bottom labeled '3T'. The yellow line is the innermost of the colored lines and has a horizontal segment at the bottom labeled '4T'. The text 'Submarine Pullover Sleeve' is centered in the upper half of the diagram, and the number '9' is in the top right corner.

9

Submarine Pullover Sleeve

2T

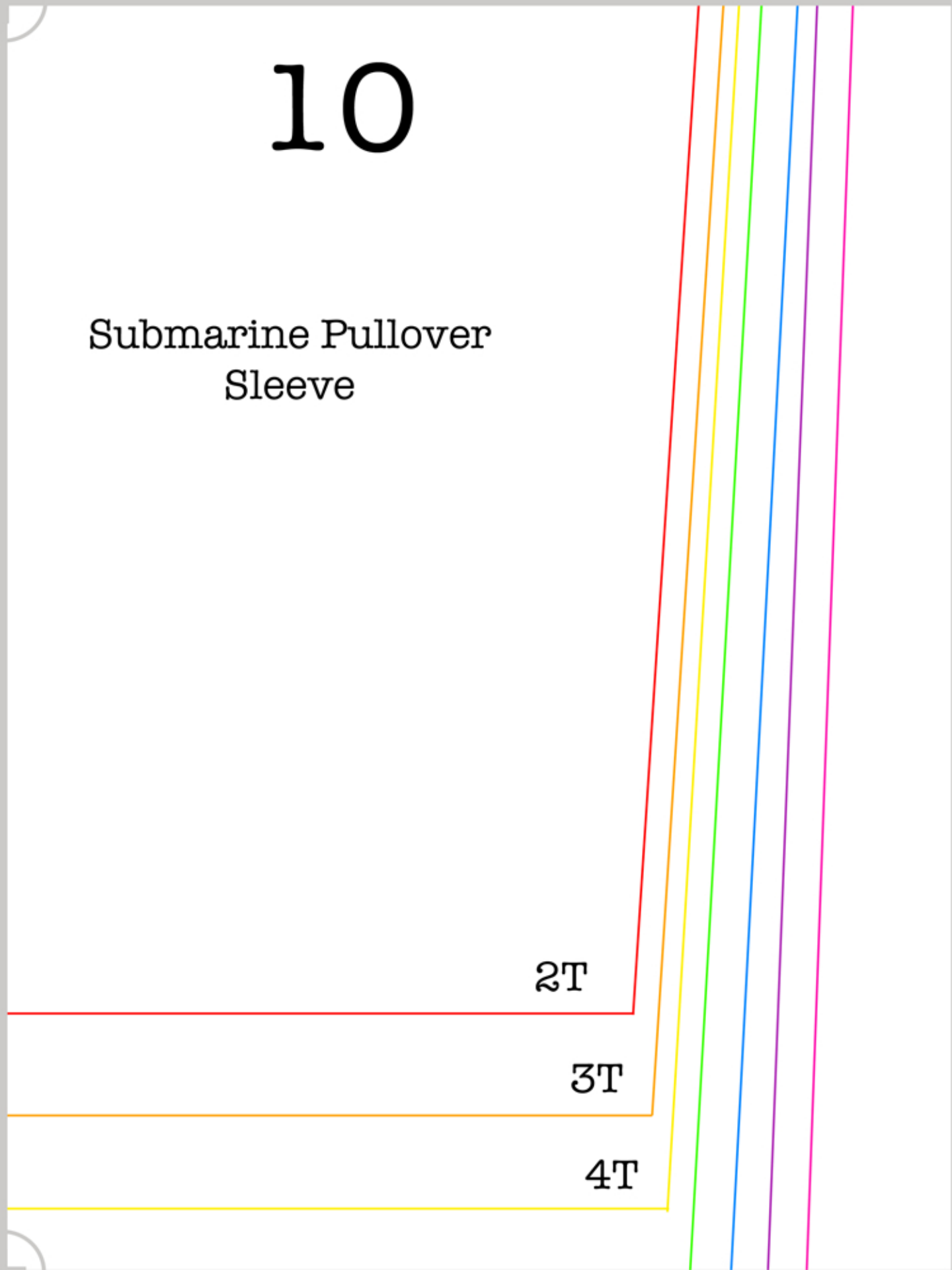
3T

4T

10

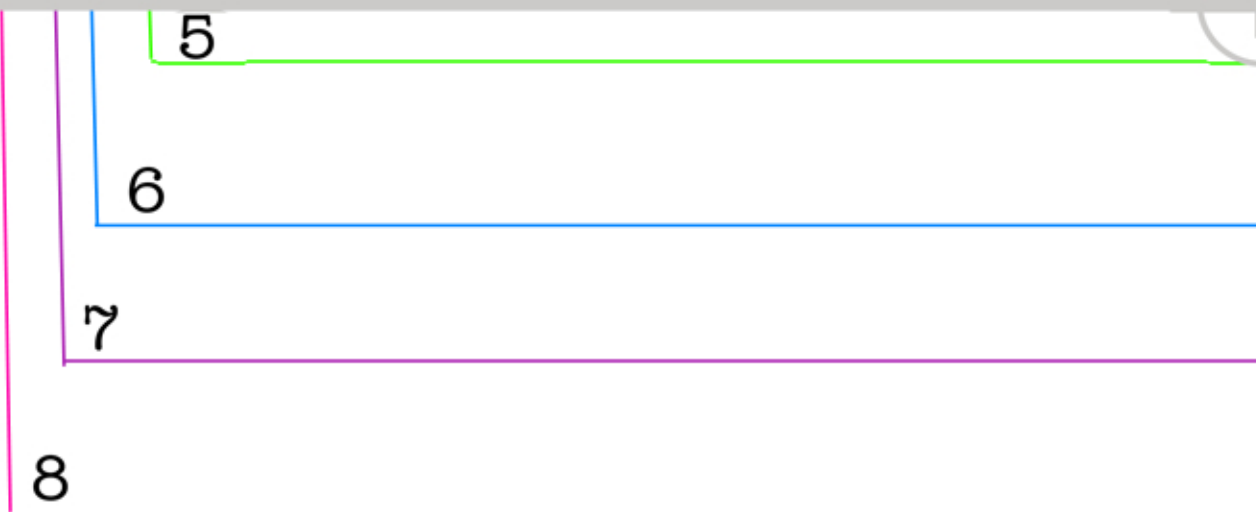
Submarine Pullover Sleeve

2T

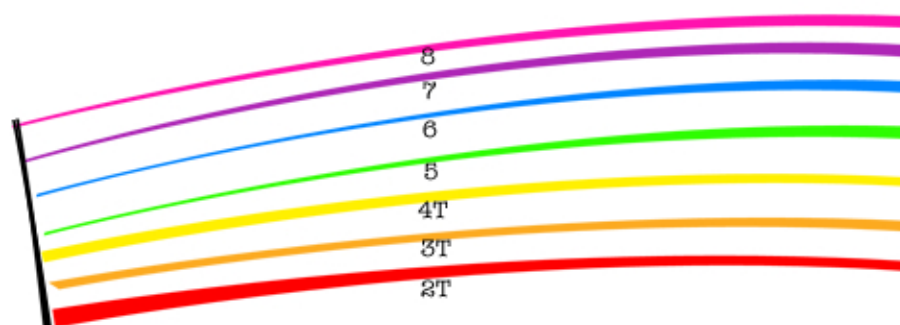


3T

4T



11



Submarine
Pullover
Hood
Cut 4 (reverse 2)

5

6

7

8

12

Submarine Pullover
Hood



13

Submarine Pullover
Hood

14

Submarine Pullover
hood



Submarine Pullover
By ShwinDesigns

Submarine
Pullover
Placket

Cut 2 on fold

Cut 2 not on fold
from interfacing

Fold Line

Fold Line

Submarine Pullover

Elastic Band

Cut 2 on fold

2T

3T

4T

5

6

7

8