

EARN

*your
stripes*

This exclusive design features dropped sleeves and a neckband, perfect for playing with striped fabric

Project **CLAIRE-LOUISE HARDIE**
Thrifty Stitcher

Illustrations **ROSIE MARTIN**

Shopping list

All striped jersey fabric shown is available from www.raystitch.co.uk. Prices start at £10 per metre

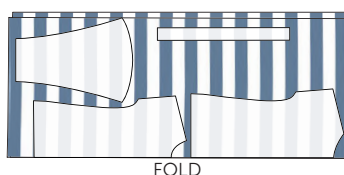
Top tip

Draw a 20cm line on paper and cut a 10cm square of fabric. Without forcing things, if your fabric easily stretches to 12cm then it has 20% stretch!

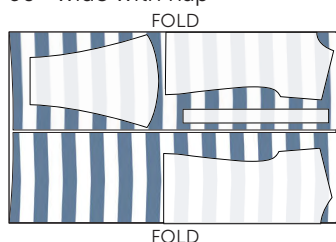


CUTTING:

45"-wide with nap



60"-wide with nap



SIZING:

	Bust	Finished bust	Finished back length
8	32" (81cm)	35" (89.05cm)	22½" (58cm)
10	34" (86cm)	37" (94.24cm)	23" (58.65cm)
12	36" (91cm)	39" (99.4cm)	23¼" (59.3cm)
14	38" (96cm)	41" (104.64cm)	23½" (59.95cm)
16	40" (101cm)	43" (109.84cm)	23¾" (60.6cm)
18	42" (106cm)	45" (115.04cm)	24¼" (61.25cm)
20	44" (112cm)	47" (120.06cm)	24½" (61.9cm)
22	46" (116.84cm)	49" (125.44cm)	24¾" (62.55cm)

MATERIALS & TOOLS:

- 1.5m stretchy jersey fabric with at least 20% stretch
- stretch or ballpoint needle
- co-ordinating thread
- templates downloaded from www.lovesewingmag.co.uk

NOTES:

Seam allowance of 1cm is included unless otherwise stated
This project is best sewn on an overlocker

HOW TO MAKE:

- 1 Lay the front and back pieces RST.

- 2 Pin and sew the two shoulder seams either on the overlocker, or a with a zigzag stitch on the sewing machine, using a 1cm seam allowance. (See Pic A.)

- 3 To use a zigzag stitch on a standard sewing machine your stitch should be 2mm wide and 2.5mm deep, but test these settings first.

- 4 Sew the neckline band into a tube by overlocking or zigzag-stitching the two short ends together. Press the seam open or to one side then fold the band in half widthways, ensuring the RS is facing out. (See Pic B.)

- 5 Mark quarter and half points on both the neckband and the neckline of the garment with pins.

- 6 Match up the markers on the neckband and neck edge, then pin them together. The seam in the neckband should line up with the centre back of the neck edge. The neckband is slightly smaller than the neckline, so you'll need to stretch it to fit the neck edge. (See Pic C.)
- 7 Overlock/stitch in place with a 1cm seam allowance. Press the neckband away from the top, so the seam sits neatly inside. This is essential for your tee to look professional.

- 8 Top-stitch or twin needle-stitch next to the band to add a really professional finish.

- 9 Lay your top flat on the table with the RS facing up.

- 10 Pin each sleeve into its armhole flat with RST, starting



at the centre of the sleeve and matching up all the notches. (See Pic D.)

11 Sew the sleeves with a 1cm seam allowance on either an overlocker or the sewing machine.

12 Flip the bottom front of your top over to the bottom back with the RST.

13 Pin the side seams and the underarm seam of the sleeves, matching up the notches.

14 Stitch the side seams with a 1cm seam allowance. (See Pic E.)

15 Press a 2.5cm hem on the bottom edges of the sleeves and the body of your tee, and pin into place from the RS.

16 Sewing from the RS of your garment, sew the hems with a twin needle, using the 2cm seam groove on your machine to make sure your stitches are landing in the right place. (See Pic F.)

Dress HACK

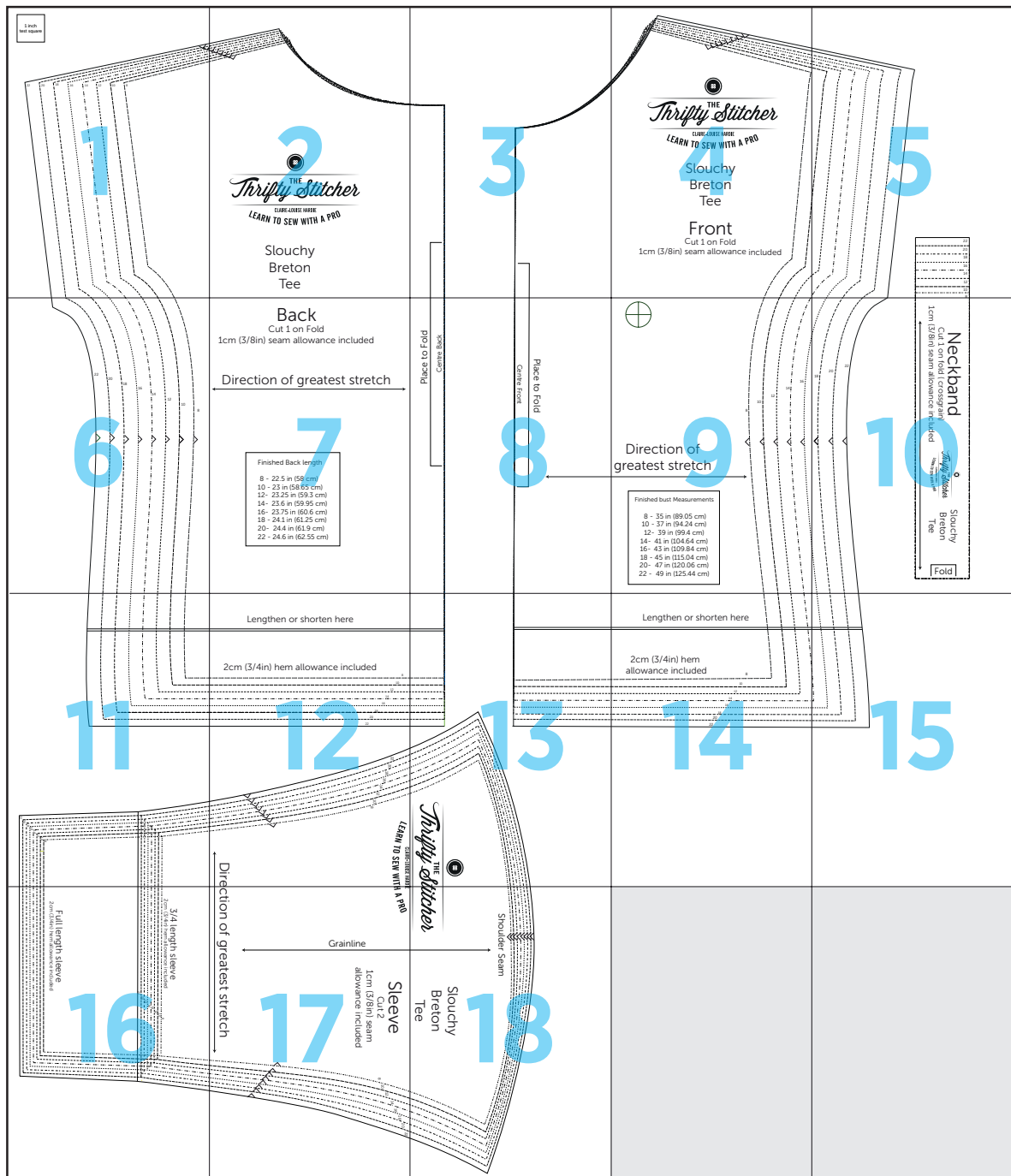
This classic boxy tee makes a great T-shirt dress too.

To extend the pattern, use your favourite T-shirt dress, folded in half along its length. Lay the dress on top of some pattern paper, lining up the folded edge to the edge of the paper. Place the tee pattern over the top half of your dress, aligning the shoulders.

Trace around the lower part of your dress, and then stick this piece along the bottom of your tee shirt pattern. It's a good idea to flare the lower half a little wider from the waist down, to allow for your bum!

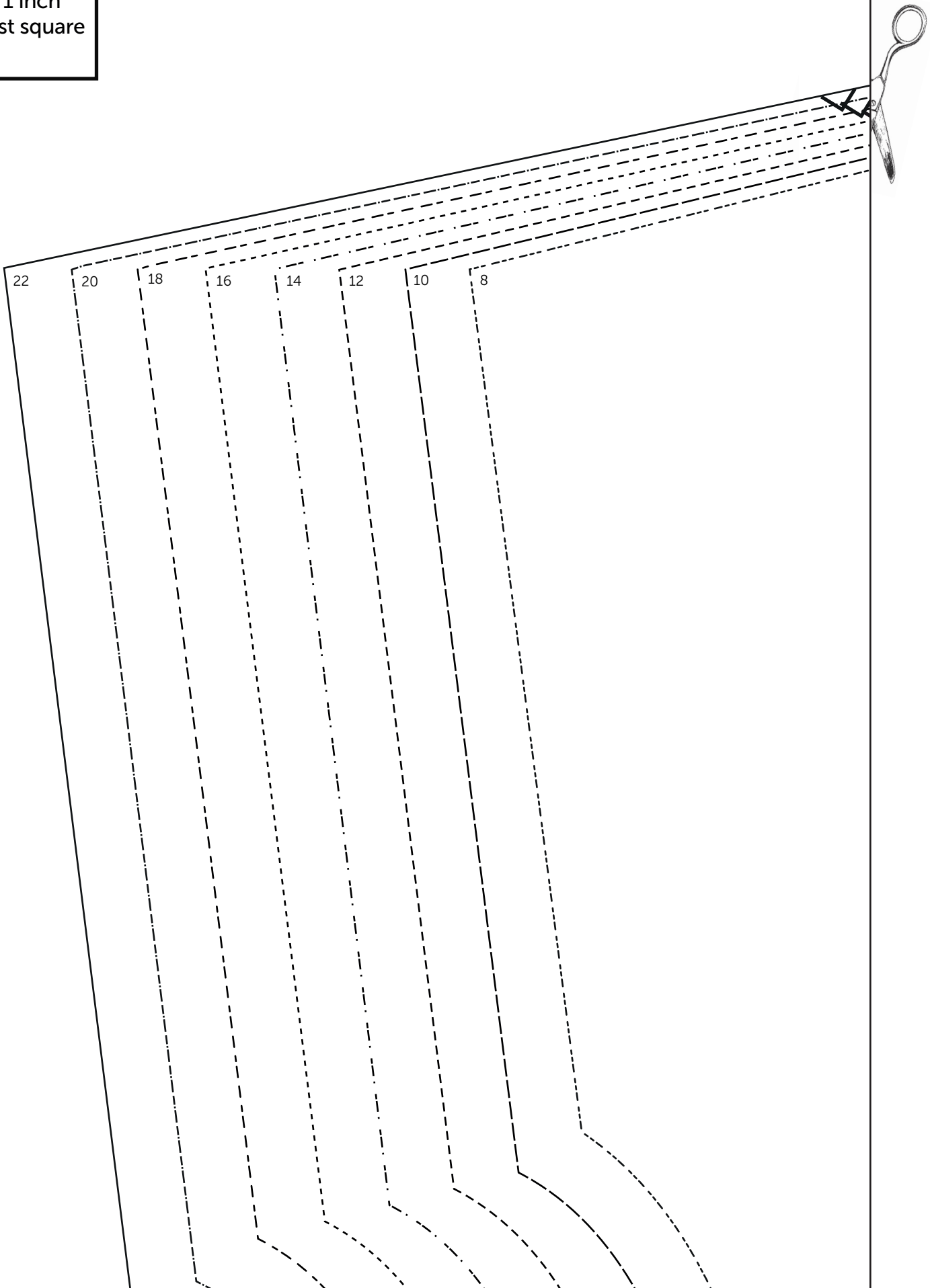


Breton Tee

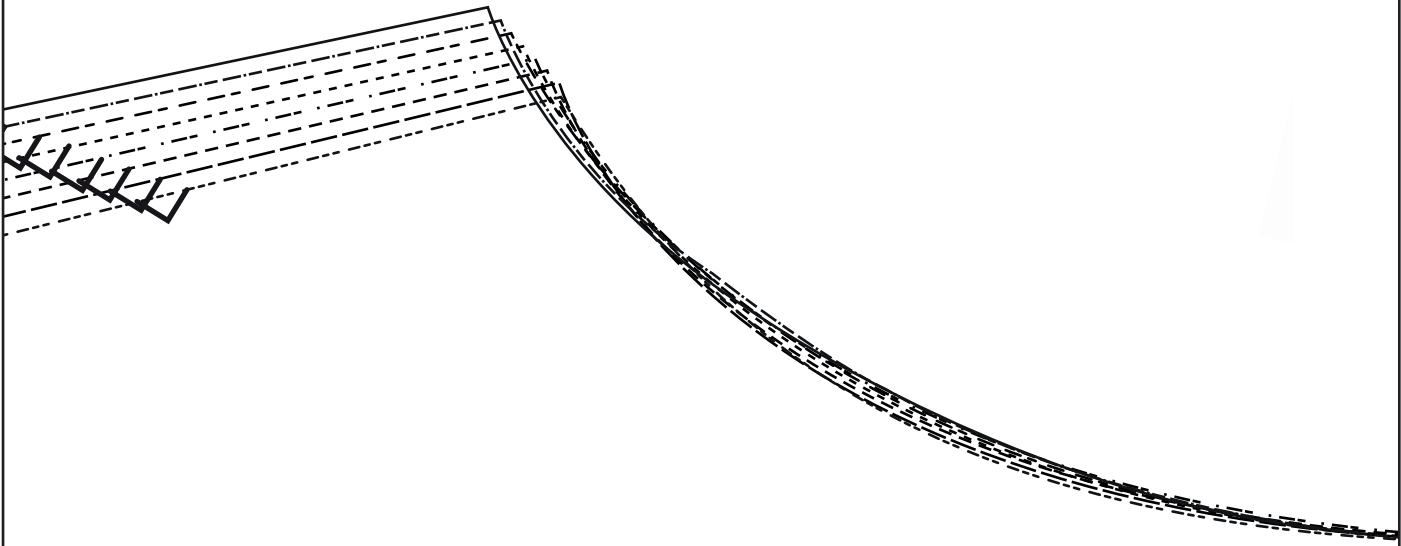


1

1 inch
test square



2



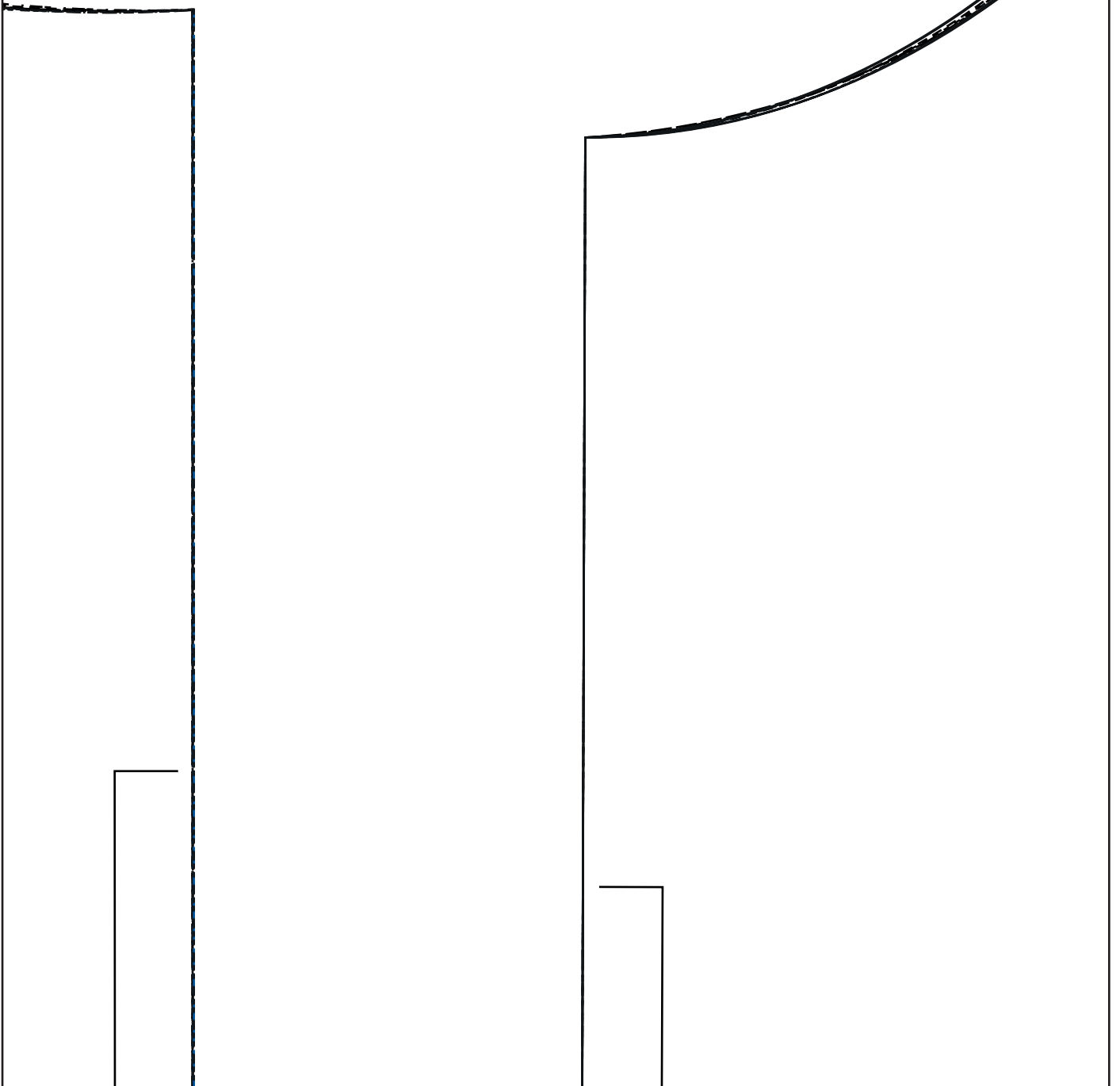
Thrifty ^{THE} *Stitcher*

CLAIRE-LOUISE HARDIE

LEARN TO SEW WITH A PRO

Slouchy
Breton
Tee

3



4



THE *Thrifty Stitcher*

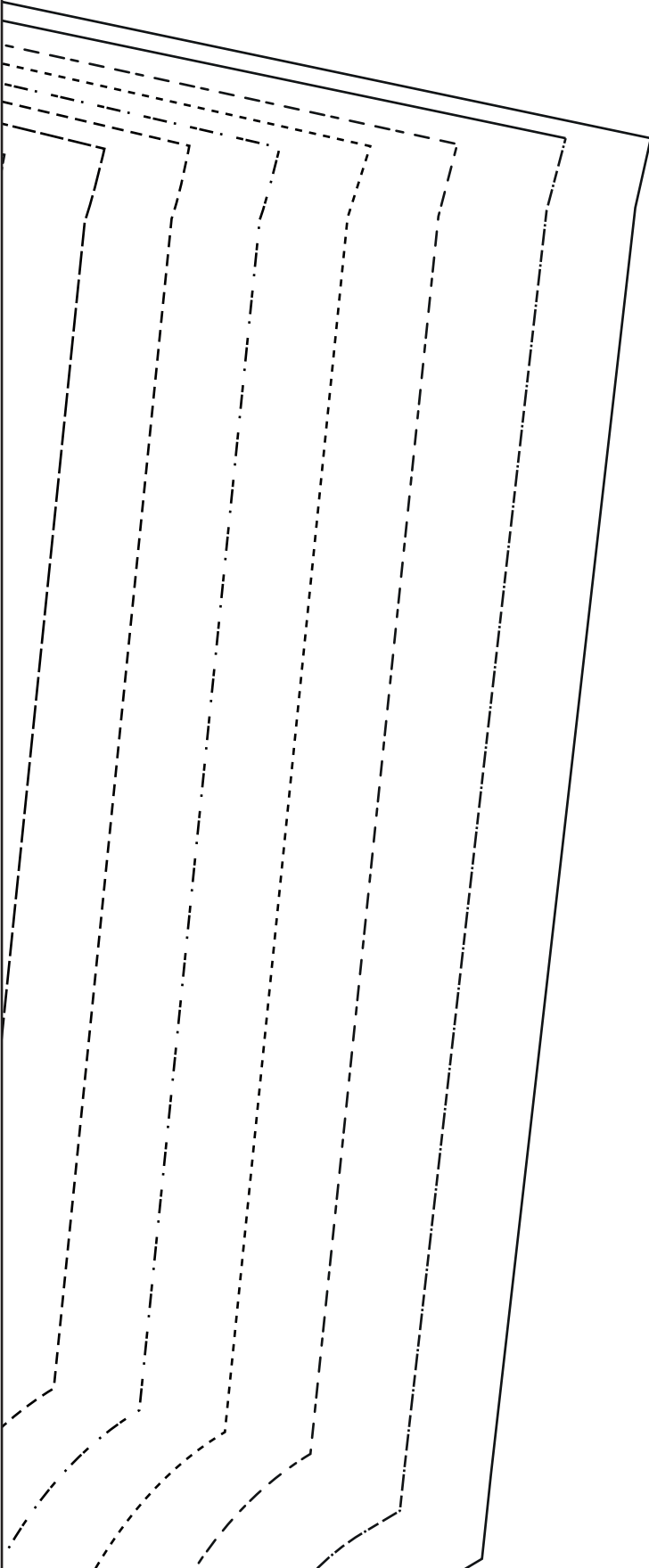
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Breton
Tee

Front

Cut 1 on Fold

1cm (3/8in) seam allowance included



22
20
18
16
14
12
10
8

6



22

20

18

16

14

12

10

8



7

Back

Cut 1 on Fold

1cm (3/8in) seam allowance included



Direction of greatest stretch



Finished Back length

8 - 22.5 in (58 cm)
10 - 23 in (58.65 cm)
12- 23.25 in (59.3 cm)
14- 23.6 in (59.95 cm)
16- 23.75 in (60.6 cm)
18 - 24.1 in (61.25 cm)
20- 24.4 in (61.9 cm)
22 - 24.6 in (62.55 cm)



Place to Fold

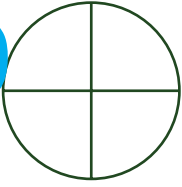
Centre Back

Centre Front

Place to Fold



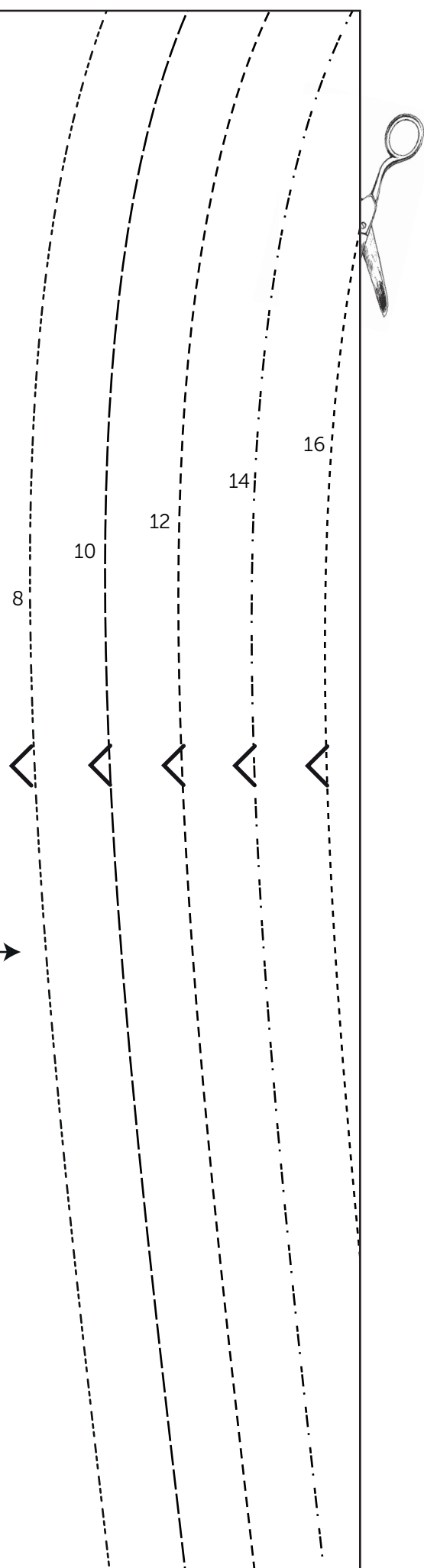
9



Direction of greatest stretch

Finished bust Measurements

8 - 35 in (89.05 cm)
10 - 37 in (94.24 cm)
12 - 39 in (99.4 cm)
14 - 41 in (104.64 cm)
16 - 43 in (109.84 cm)
18 - 45 in (115.04 cm)
20 - 47 in (120.06 cm)
22 - 49 in (125.44 cm)





Neckband

Cut 1 on fold (crossgrain)

1cm (3/8in) seam allowance included



The Slippy Stitcher

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Slouchy
Breton
Tee

Fold

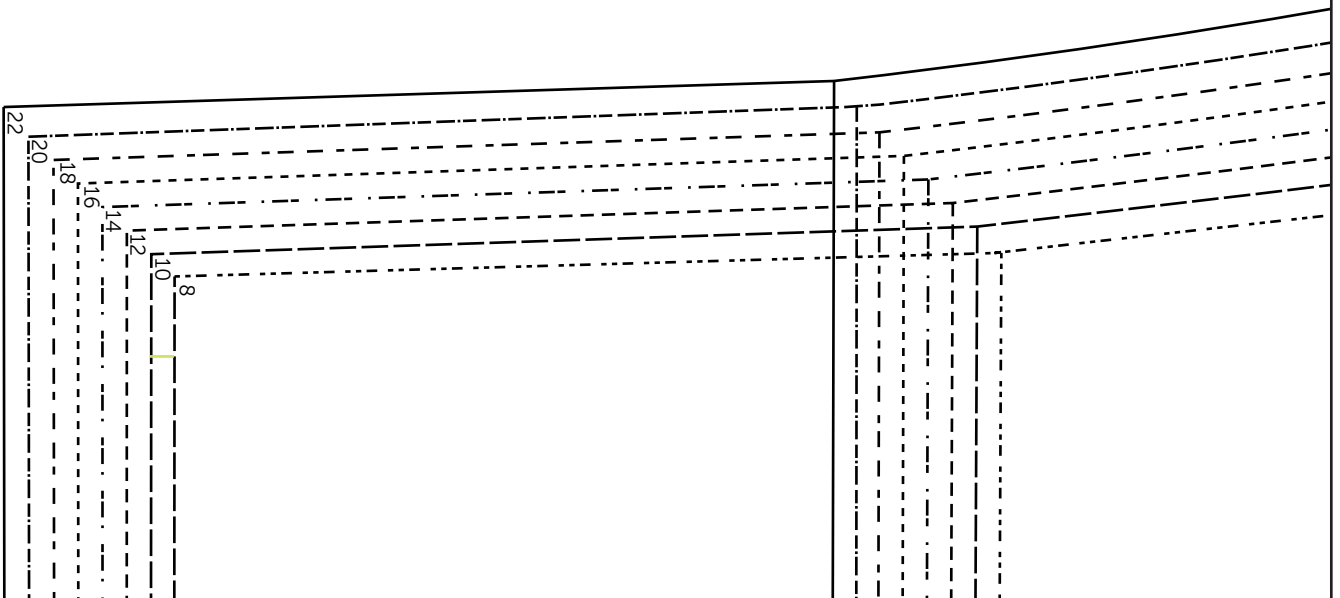
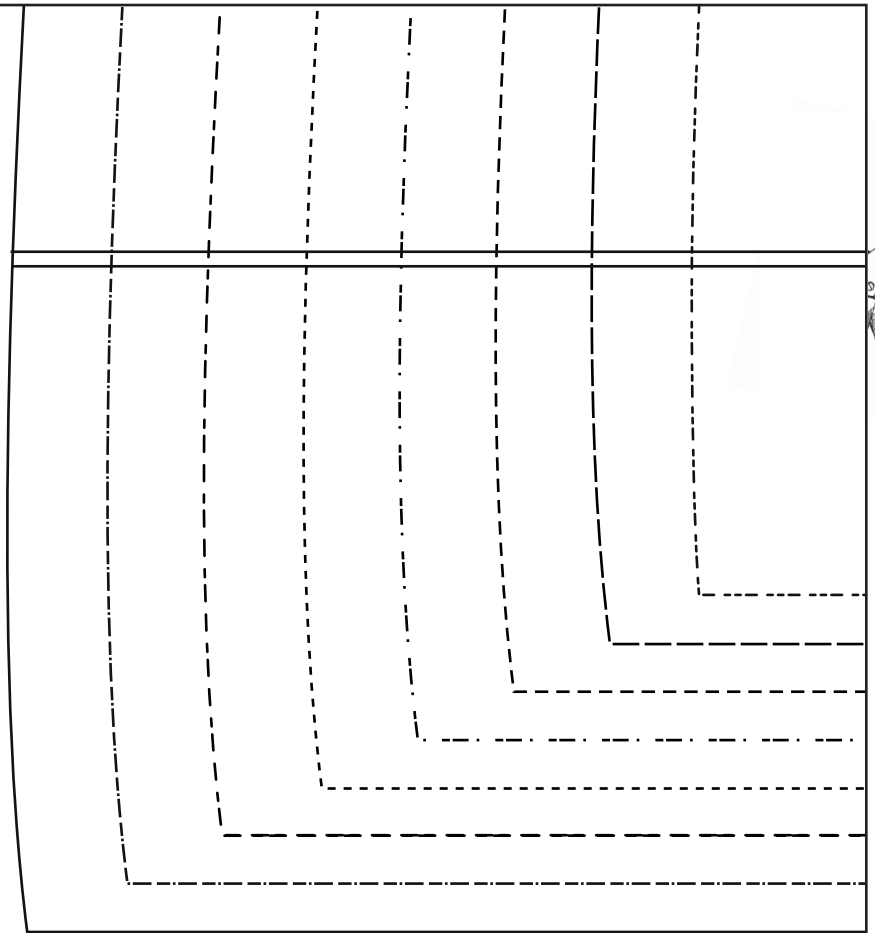
10

18

20

22

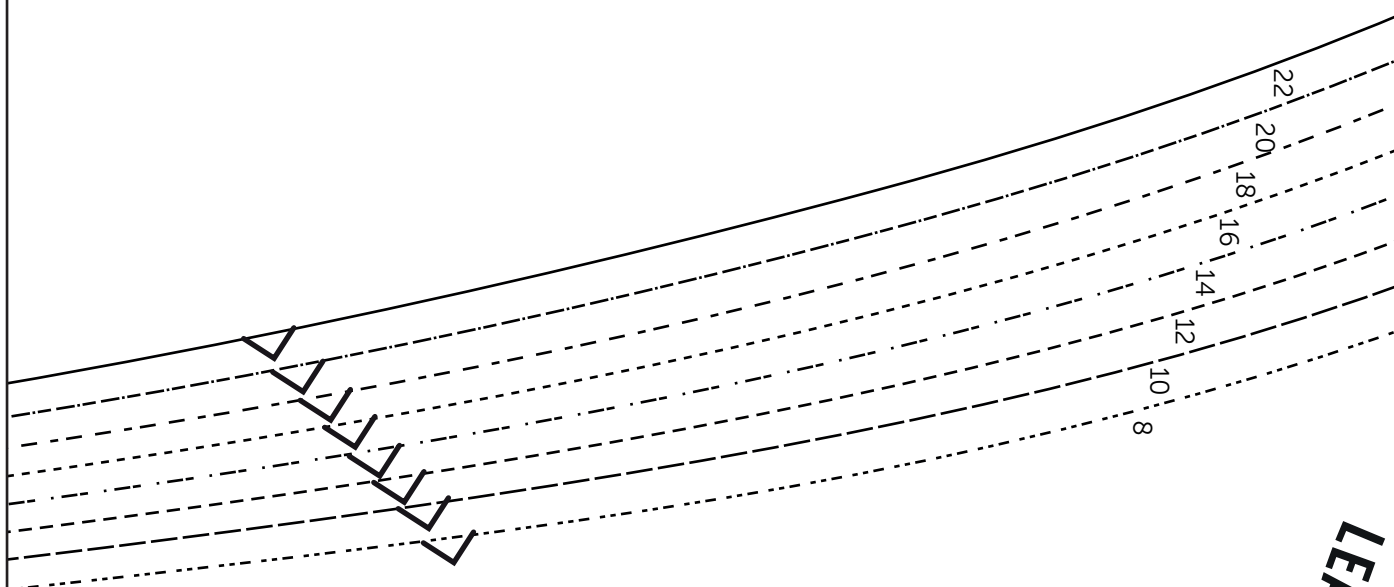
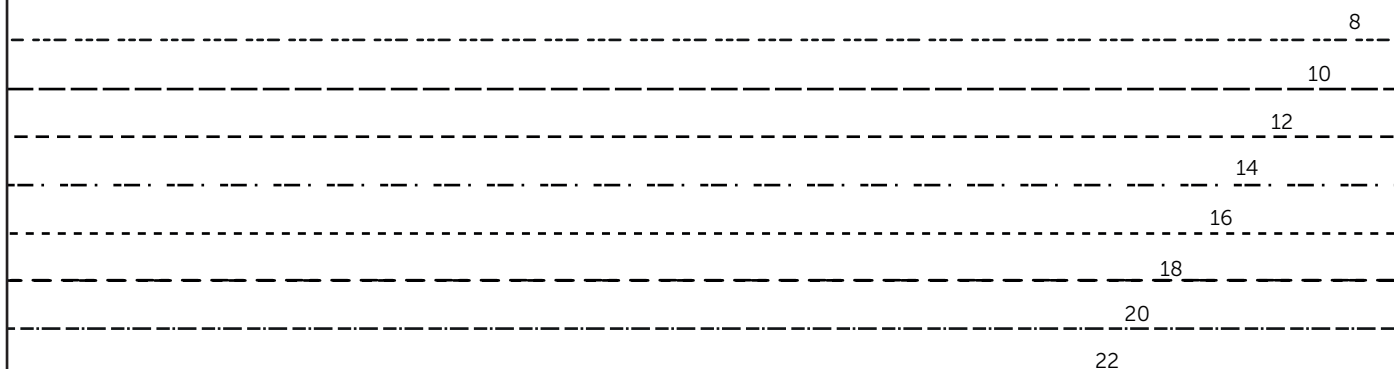




Lengthen or shorten here



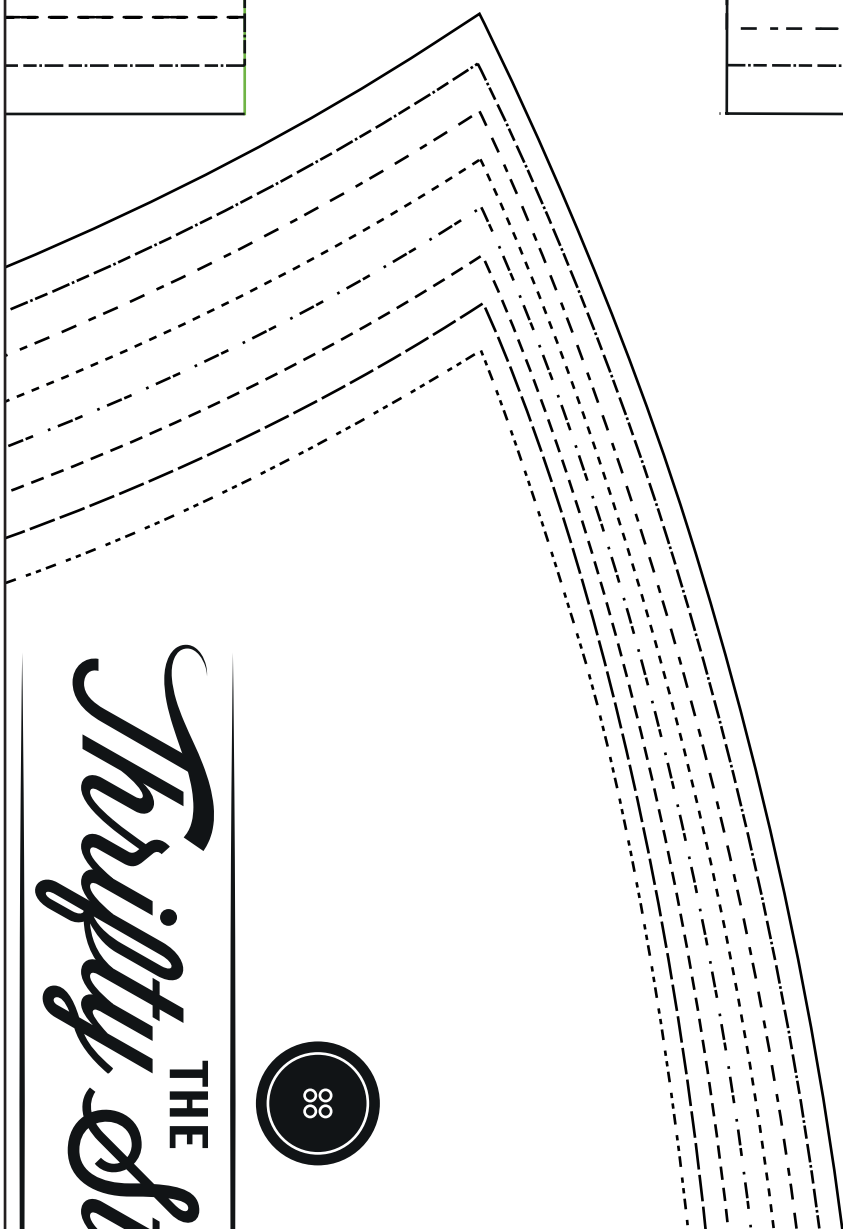
2cm (3/4in) hem allowance included



Direction
↑

CLAIRE-LOUISE HARDY
LEARN TO SEW WITH

13



THE
Thriftly & Co



14

Lengthen or shorten here

2cm (3/4in) hem
allowance included

8

10

12

14

16

18

20

22



15





3/4 length sleeve

2cm (3/4in) hem allowance included

8
10
12
14
16
18
20
22

Full length sleeve

2cm (3/4in) hem allowance included



H A PRO

Sleeve

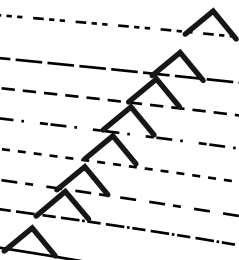
Cut 2

1cm (3/8in) seam
allowance included

Grainline



8
10
12
14
16
18
20
22



17
Direction of greatest stretch





Shoulder Seam



Slouchy Breton Tee

100
Stitches