

E & E Patterns

create classic children's clothing



Ruffle Top

in Three Styles: Tunic, Swing Dress, A Line Dress

Sewing e-pattern in sizes 18 months to 8 years

Ruffle Top

Loose-fitting princess seam tunic or dress with two armhole finishing variations, button/loop back keyhole closure, back ties or ribbon sash, and bias tape neckband. Dress has A line or gathered skirt options.



Sewing Level



Fabric Recommendations

lightweight fabrics: cotton, cotton lawn, quilters cotton, linen & linen blends

Notions

Coordinating Thread

One 1/2" or 13mm button

Fabric marker/pen

Ribbon for sash -2 yards/1.8m (Swing Dress only)

Terms of Use

- The resale or distribution this pattern in part or in whole is not permitted.
- Mass production is not permitted
- The purchaser of this pattern has permission to sell items made from it if the following guidelines are met:
 1. Items made from this pattern are constructed by the pattern purchaser only.
 2. Pattern purchaser identifies in the item selling description that it has been made using the Ruffle Top pattern by E & E Patterns.



Pattern Pieces

(Print all pattern pieces and printing/piecing diagram from pages 23 -33)

Front (cut 1 on fold)

Back (cut 1 on fold)

Side (front and back - cut 4)

Ruffle (cut 2 on fold)

Additional Pieces

(print measurements on page 23)

Neckband Bias Tape

Button loop

Back Keyhole Closure placket

Back ties (Tunic and A Line Dress)

Skirt (front and back - Swing Dress)

Armhole Bias Tape (optional)

Fabric Requirements

	18m - 4T	5yr - 8yr
Tunic	1 yd 0.9m	1 1/4yd 1.05m
A Line Dress	1 0.9	1 1/4yd 1.05m
Swing Dress	1 5/8 1.5	2 1/8 2

Sizing Chart

	18 m	2T	3T	4T	5	6	7	8
chest	20in 51cm	21 53	22 56	23 58	24 61	25 64	26 66	27 69
waist	19 48	20 51	20.5 52	21 53	21.5 55	22 56	22.5 57	23 58
hip	22 56	22 56	22 56	23 58	24 61	25 64	26 66	27 69

1.



Seam allowances
are included 3/8" (1cm)
unless stated
otherwise

Back Keyhole Closure

1. Serge or zigzag bottom and sides
of back keyhole placket (optional).

2.

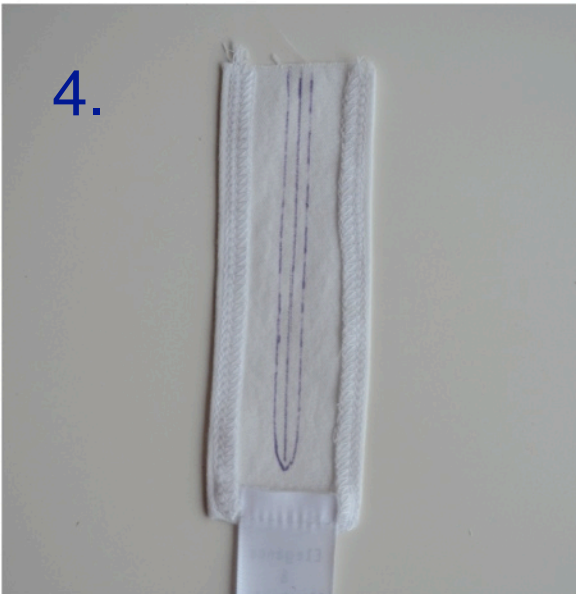


2. Press bottom and sides in
3/8" (1cm) (leave top unfinished).

3. Topstitch the edges (add tag if you
use one).

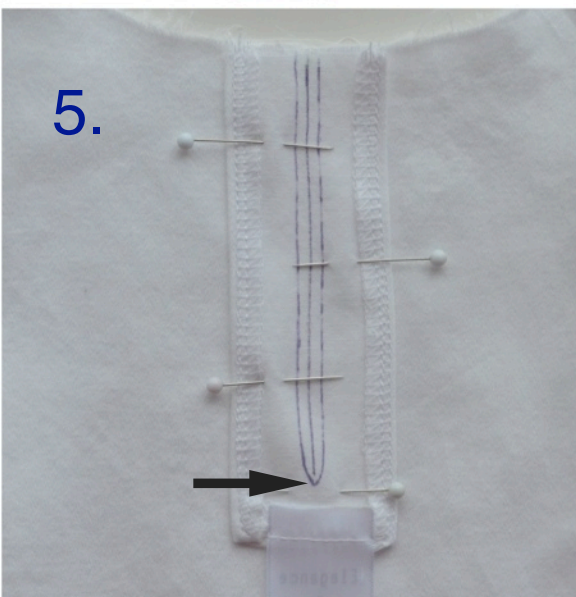
3.





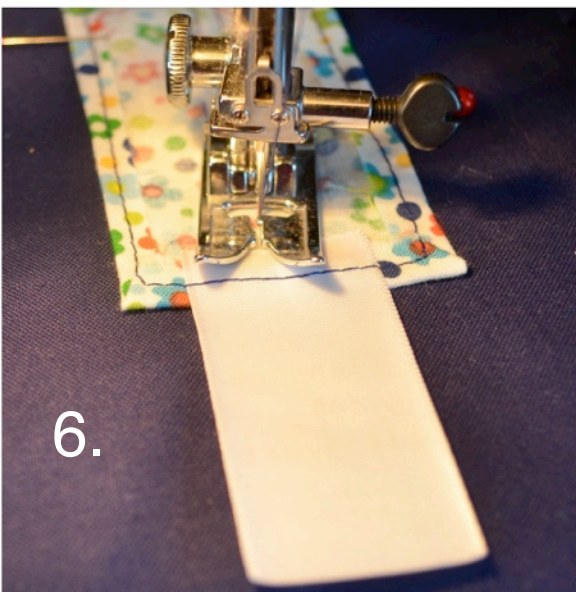
Back Keyhole Closure

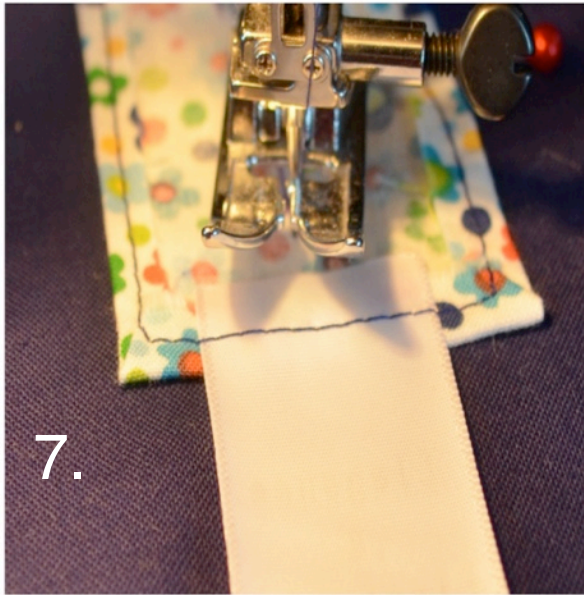
4. Fold in half to find centre, then draw a line with fabric marker from top of centre of facing to 1" (2.5cm) from the bottom. Draw curved V-shaped line around the centre line.



5. Pin to centre of Back piece with right sides together.

6. Stitch on the V-shaped line and stop at the bottom (at the arrow) while needle is down.

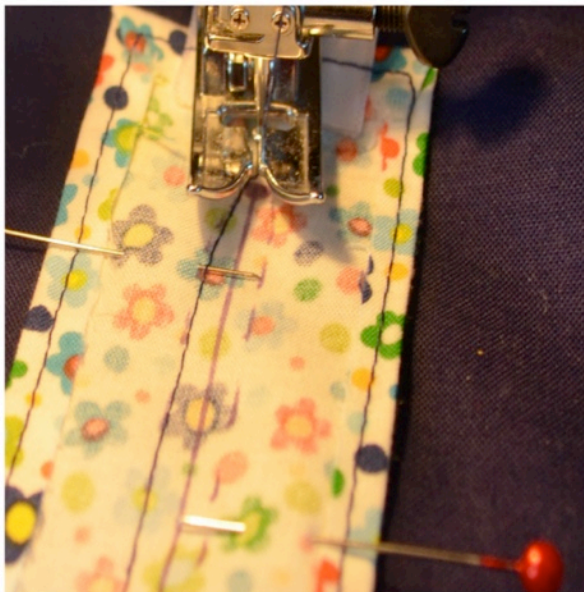
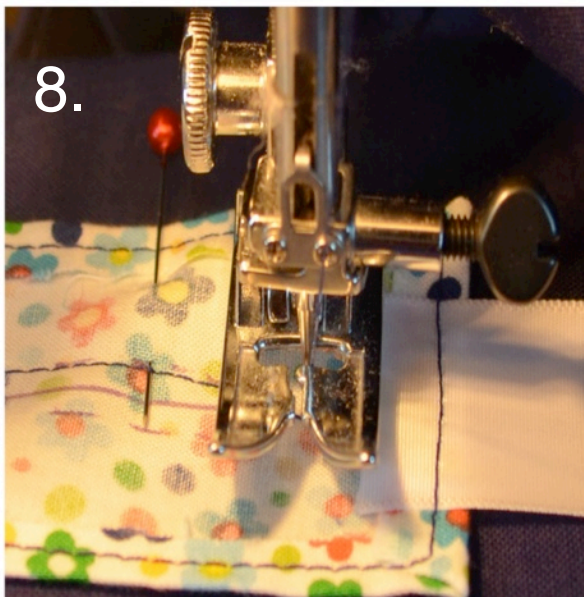




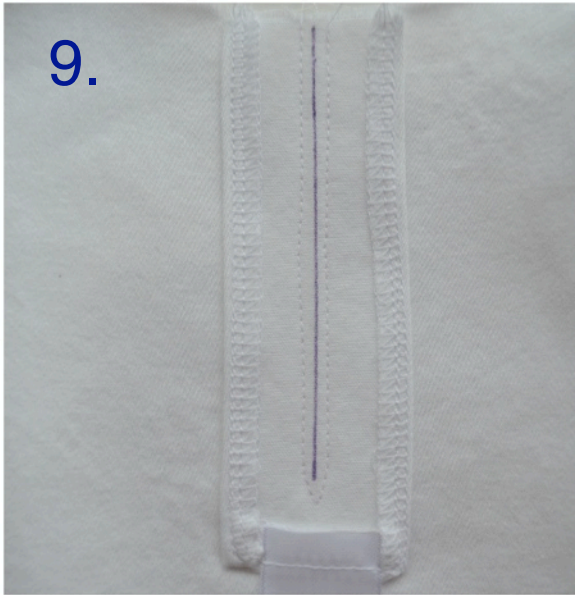
Back Keyhole Closure

7. Lift presser foot with needle down.

8. Turn fabric while presser foot is lifted until the top of the back piece is closest to you.



9.



Back Keyhole Closure

9. Lower presser foot. Finish sewing over the V-shaped line.

10. Cut down the centre line, being careful not to cut any stitches.

11. Turn the placket to the **wrong side** of the back piece (now it should wrong sides together), and press.

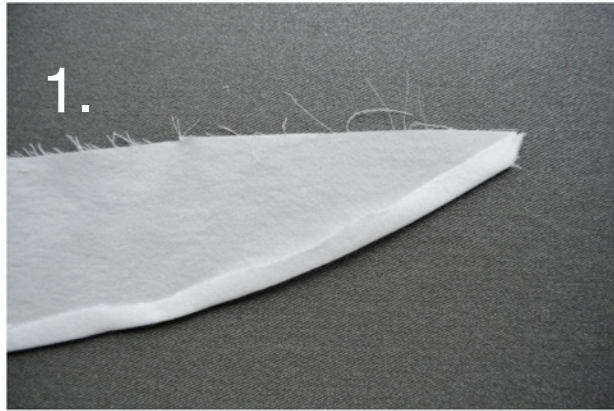
12. Stitch placket to Back around the edges over previous topstitching (optional).

10.



11.





Ruffles

1. Iron each ruffle piece over about a 1/4" (1/2cm) twice on the curved edge.

2. Topstitch the curved edge on each piece.



3. Baste (stitch length 4) 1/4" (1/2cm) in from the straight edge of each piece. Do not backstitch.

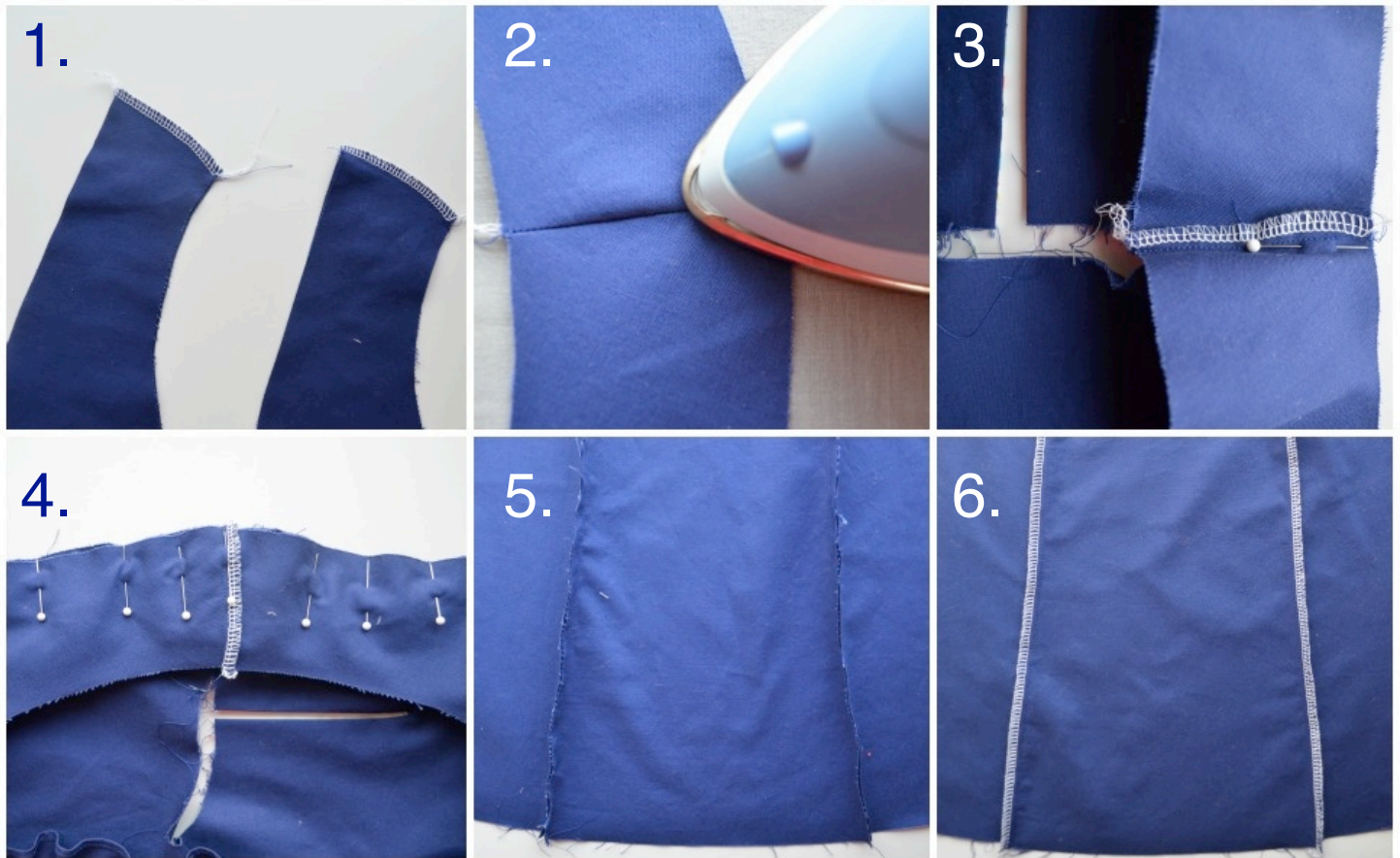
4. Pull the bobbin thread gently on each to gather the ruffle.





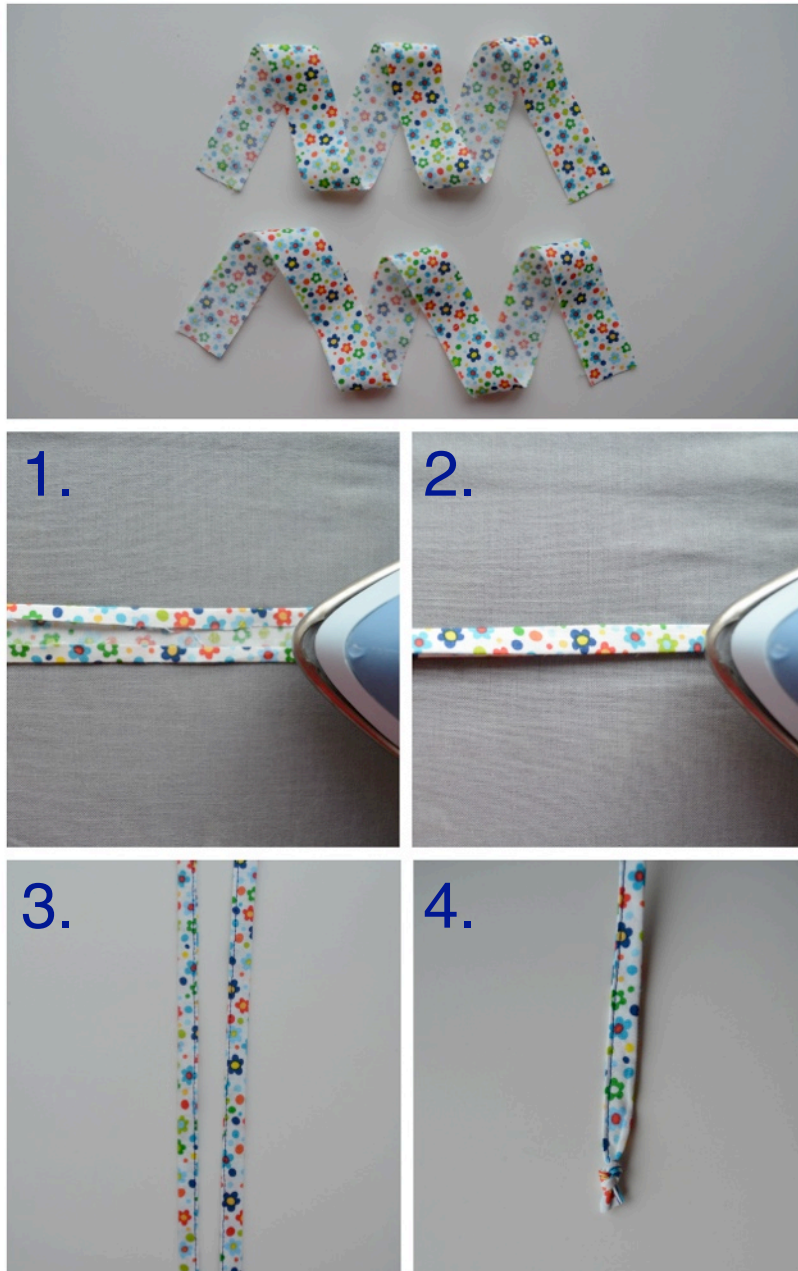
Ruffles

5. Stitch each Front to each Back at shoulders.
6. Press towards the Back.
7. Place ruffle onto Front and Back piece, right sides together, placing centre of ruffle at shoulder and pinning until the circle marking (transferred from pattern piece).
8. Stitch as close to basting stitch as possible.
9. Repeat on opposite side.



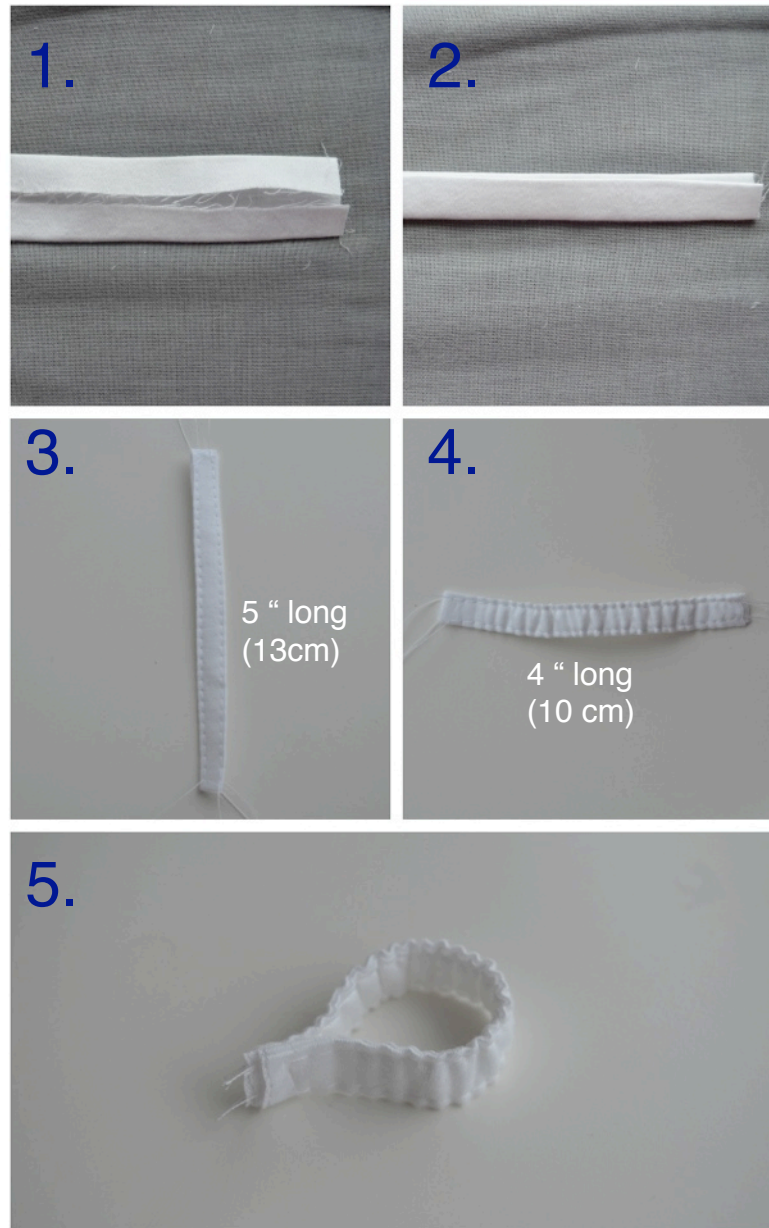
Assembling Side Pieces

1. Stitch each Front Side piece to each Back Side piece at shoulder.
2. Press toward back.
3. Match shoulder of Side pieces to shoulder of Front and Back pieces, right sides together. Pin.
4. Pin the remainder of pieces.
5. Stitch carefully through all layers (Front/Back, Ruffles, and Side Front/Back).
6. Serge or zigzag raw edges.



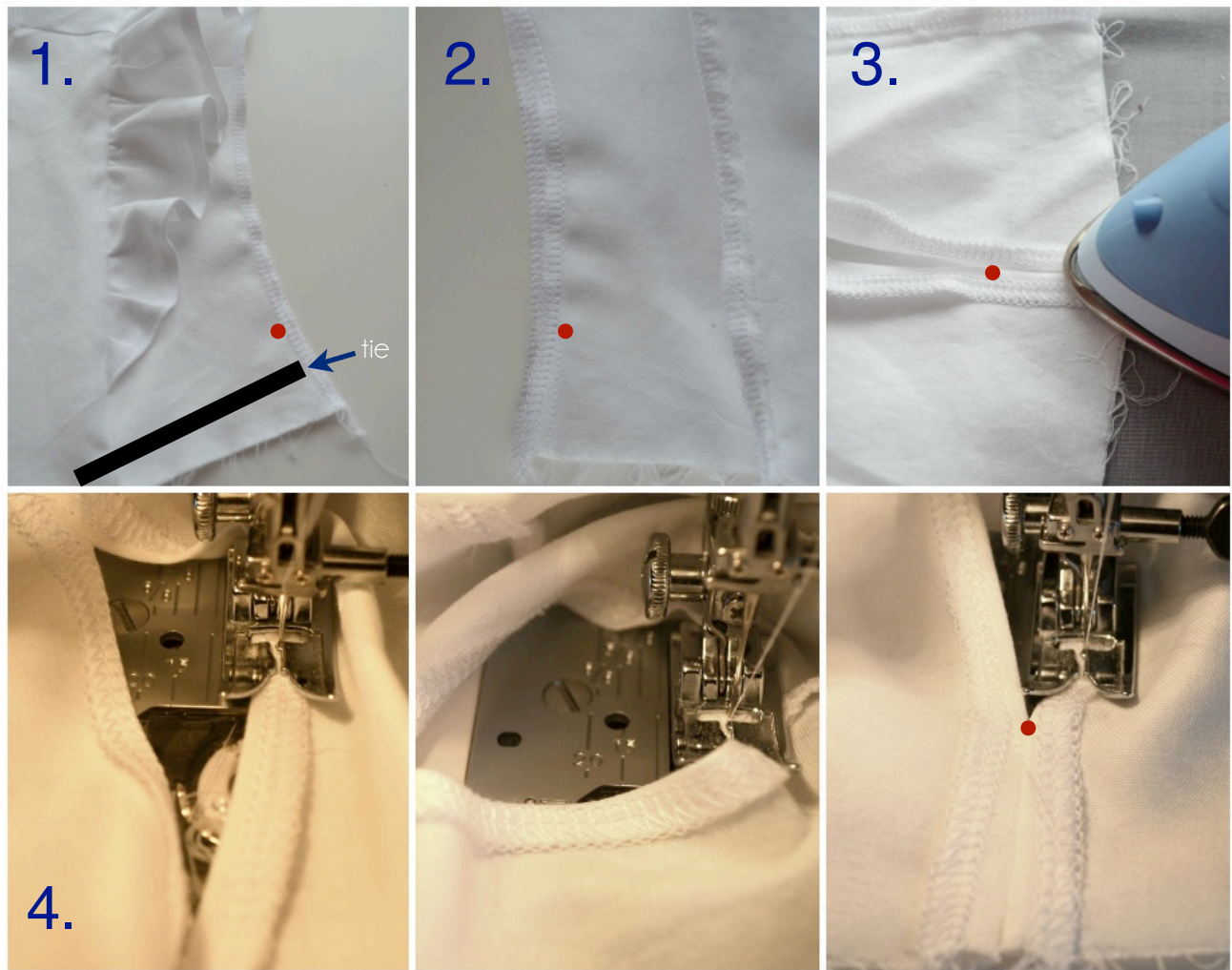
Back Ties (Tunic or A Line only)

1. Press 1/4" (1 cm) in on each side.
2. Press in half.
3. Stitch as close to the edge as possible on open end.
4. Knot and trim to finish end.



Sash/Ribbon Loop (Swing Dress only)

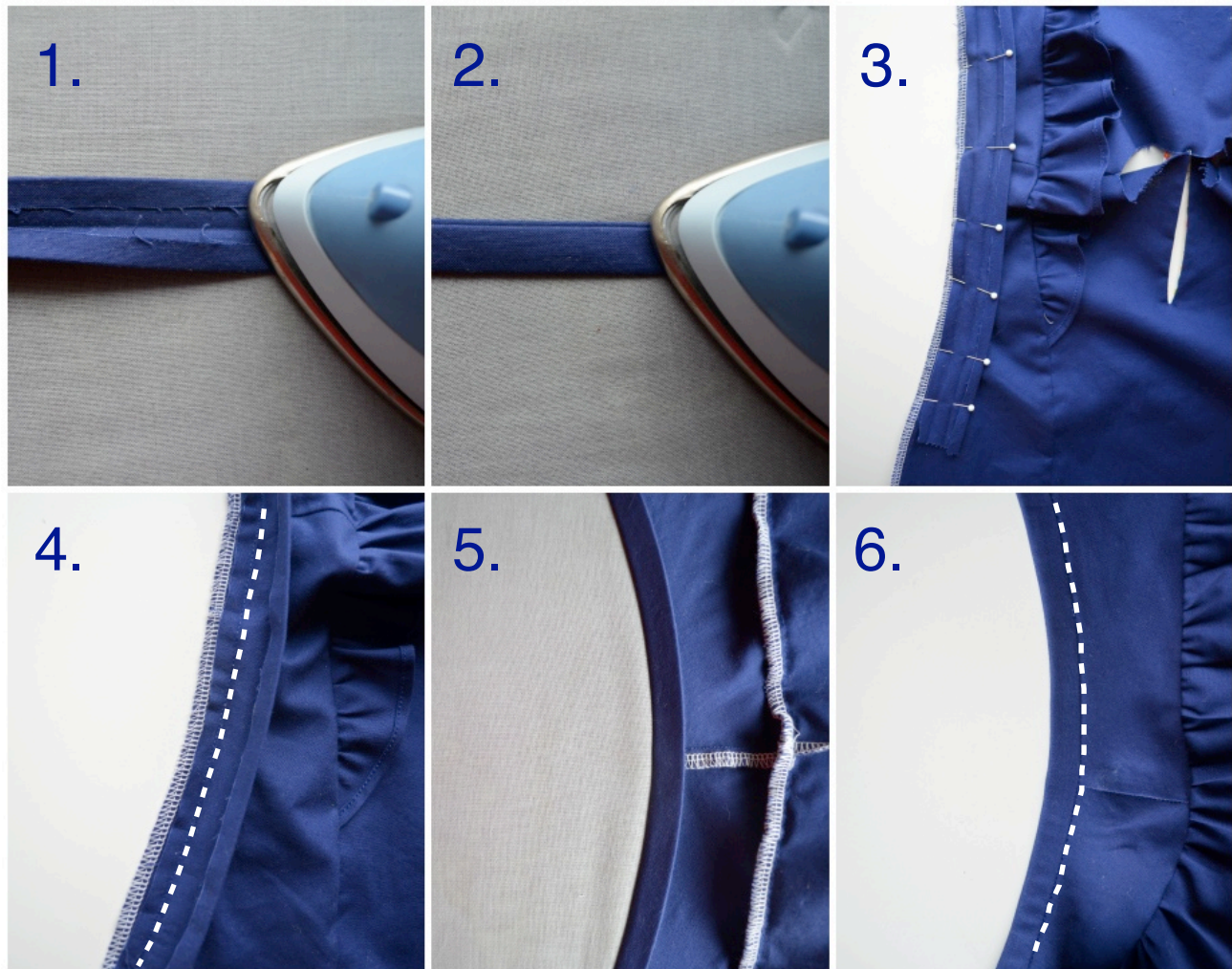
1. Press edges to the centre.
2. Press in half lengthwise.
3. Topstitch on each side using a basting stitch length (4).
4. Gather (pull bobbin thread) on each side until the piece measures 4" (10cm).
5. Stitch ends together.



Armhole Option 1 (Topstitched)

1. Finish raw edge of Side pieces. You may want to try dress on to determine whether you wish to change the location of the armhole marking (●) for a better fit.
2. For Tunic or A Line Dress only, place and pin ties $5/8''$ (1.5 cm) below marking. With right sides together, stitch from bottom to the marking with $1/2''$ (1.3 cm) seam allowance.
3. Press open stitches and sleeve opening.
4. Topstitch around sleeve opening.
5. Repeat on other side.

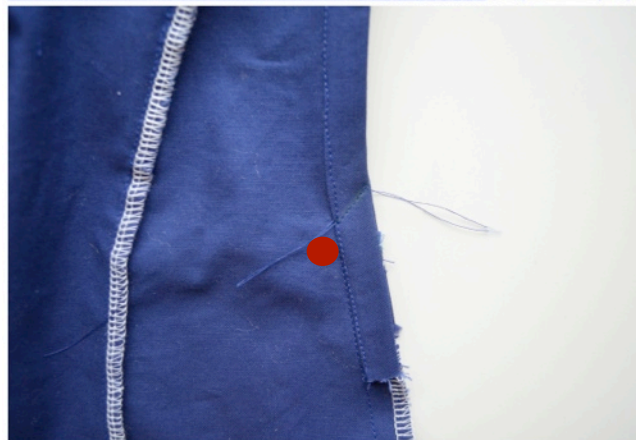
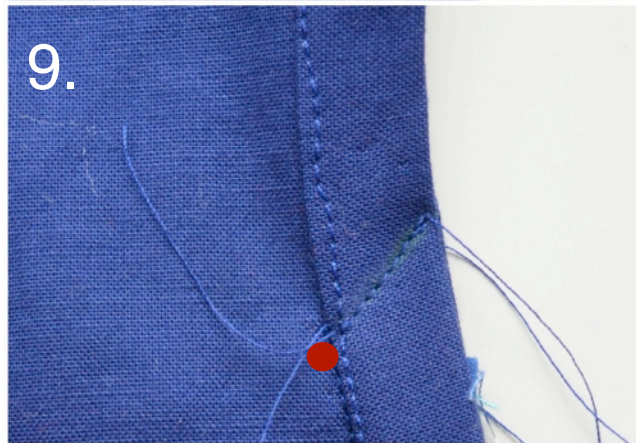
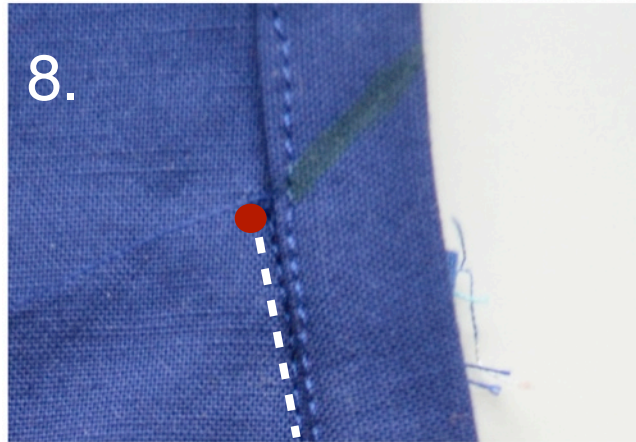
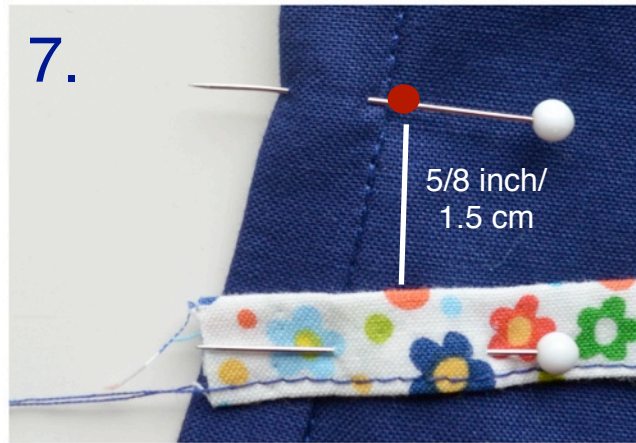




Armhole Option 2 (Bias Tape)

1. Press armhole bias tape in 1/4" (1/2cm) on each edge.
2. Press in half lengthwise, overlapping one edge slightly.
3. Open Bias Tape, and pin to armhole 3/8"(1cm) from the edge (**right sides together**) with the wider edge closest to the ruffle.
4. Stitch along the fold, slightly closer to the edge (not in the fold).
5. Wrap bias tape around armhole, and press on centre fold (of bias tape). Make sure bias tape extends past stitching line.
6. Stitch in the ditch of the bias tape on the right side, making sure to stitch through tape on wrong side.





Armhole Option 2 (Bias Tape)

7. For Tunic or A Line Dress, place and pin back ties 5/8" (1.5cm) below marking to the right side. You may want to try dress on to determine whether you wish to change the location of the armhole marking (●) for a better fit.

8. With right sides together, stitch from bottom until marking with **1/2" (1.3 cm) seam allowance**. Draw a line at 45 degree angle from marking to edge

9. Stitch, backstitching at each end.

10. Press side seam.



Skirt (Swing Dress only)

1. Stitch skirt Front to Back
2. Baste 2 lines of stitching 1/8" and 1/4" from top edge.
3. Pull bobbin threads gently, gathering the skirt until it fits into the Front and Back pieces.





Skirt (Swing Dress only)

4. Place/pin sash loops to top edge of each side seam (on right side of fabric).

5. Baste sash loops to each side seam (right side of fabric).



6. With right sides together, insert top of dress into the skirt, matching side seams. Pin in place.



7.



Skirt (Swing Dress only)

7. Stitch top of dress to skirt.

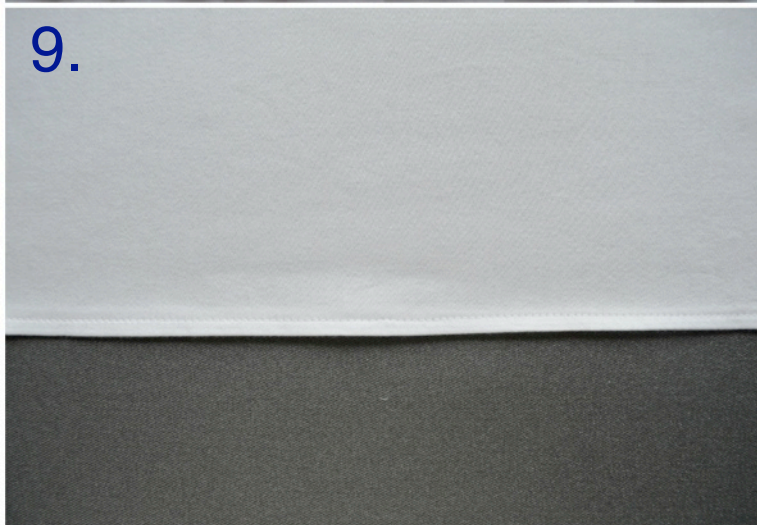
8.



8. Serge or zigzag edge (optional).

9. Hem (there is a 2 inch/5 cm hem allowance, but try dress on to determine desired length).

9.





Neckline

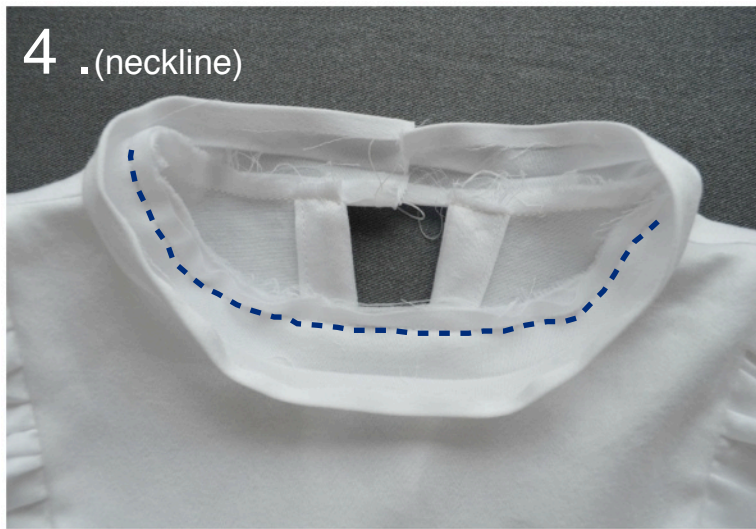
1. Press neckline bias tape to the centre, 1/4" (1/2cm) from each edge.



2. Press in half lengthwise, overlapping one edge slightly.

3. Open Bias Tape, and pin to neckline (**right sides together**) with the wider edge of the bias tape closest to the ruffle. Leave at least 3/4" (2 cm) past the back opening on both ends (cut off extra fabric).

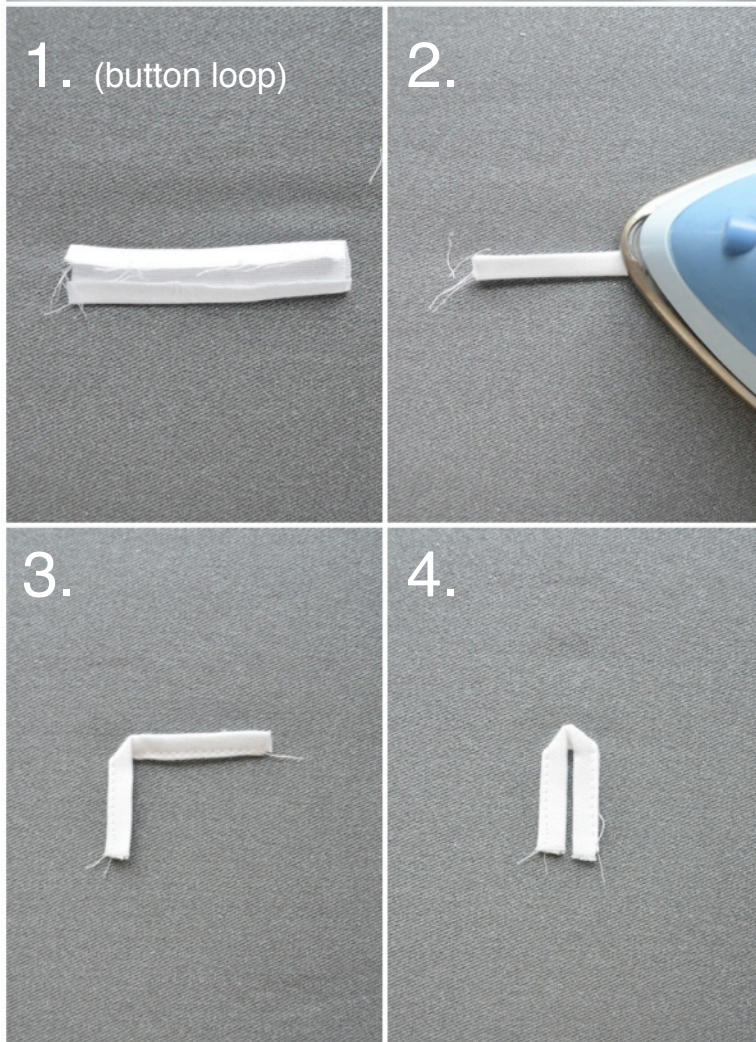




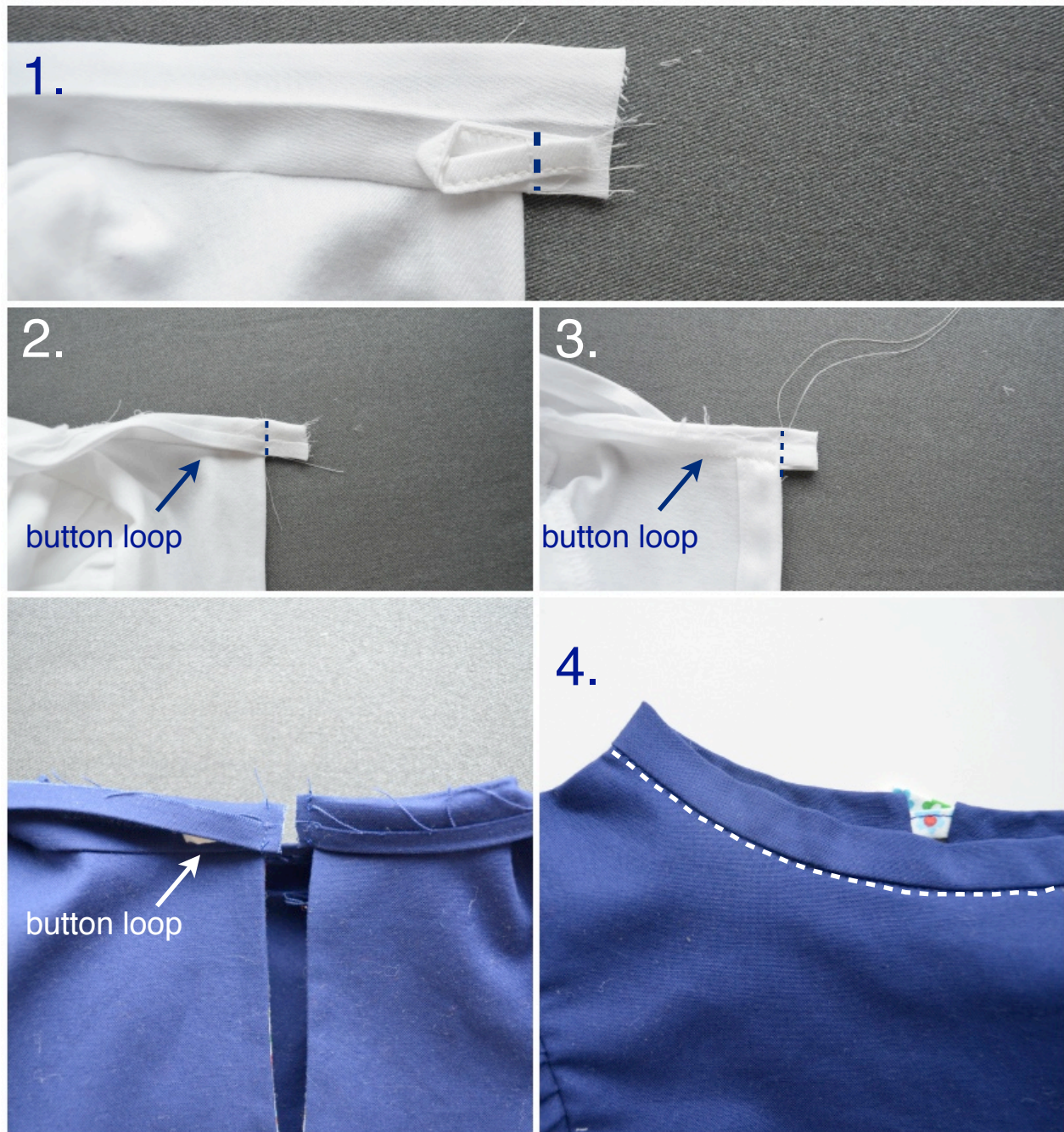
Neckline

4. Stitch along the fold, slightly closer to the inside edge (not in the fold).

Button loop



1. Press Button loop piece outer edges to the centre.
2. Press in half lengthwise.
3. Topstitch.
4. Press into buttonhole shape.



Button loop and Neckline Finishing

1. Baste button loop with ends overlapped onto the neckline bias tape past the back opening.
2. Fold over the neckline bias tape (encasing the button loop on the left side of garment) and stitch. Repeat on other end.
3. Trim ends. Turn over the neckline bias tape (right side and button loop facing out).
4. Stitch in the ditch on the right side, making sure to stitch through tape on wrong side.



Finishing

1. Sew on button.

2. (Tunic & A Line only)

Hem (there is a 2 inch/5 cm hem allowance, but try dress on to determine desired length).



Enjoy your new
Ruffle Top
dress or tunic!



Additional Pieces Measurements

- print this page with pattern pieces for further reference

Neckband Bias Tape - Cut 1 (Tunic, A Line, Swing Dress)

18 inches X 1 1/2 inches or 46cm X 4cm (18m - 4T)

22 inches X 1 1/2 inches or 56cm X 4 cm (sizes 5 - 8)

Button loop - Cut 1 (Tunic, A Line, Swing Dress)

2 1/2 inches X 1 inch or 6cm X 2.5 cm (all sizes)

Back Keyhole Closure placket - Cut 1 (Tunic, A Line, Swing Dress)

5 inches X 2 inches or 13cm X 5 cm (all sizes)

Back ties - Cut 2 (Tunic and A Line Dress)

26 inches X 1 1/4inches or 66 cm X 4 cm (all sizes)

Sash Loop - Cut 2 (Swing Dress only)

5 inches X 1 1/2 inches or 13cm X 4 cm (all sizes)

Armhole Bias Tape (optional) - Cut 2 (Tunic, A Line, Swing Dress)

Skirt - Cut 2 (front and back - Swing Dress only)

	18 m	2T	3T	4T	5	6	7	8
Skirt (Swing Dress) Cut 2	44"X18" 127cmX46cm	44"X18" 127cmX46cm	44"X19" 127cmX48cm	44"X20" 127cmX51cm	44"X21" 127cmX53cm	44"X23" 127cmX58cm	44"X25" 132cmX64cm	44"X27" 134cmX69cm
Armhole Bias Tape (optional) Cut 2	14"X1 1/2" 35cmX4	14"X1 1/2" 35cmX4	14"X1 1/2" 35cmX4	14"X1 1/2" 35cmX4	14 1/2"X1 1/2" 37cmX4	15"X1 1/2" 38cmX4	15 1/2"X1 1/2" 39cmX4	15 3/4"X1 1/2" 40cmX4

1. All pages should be printed on standard paper. Using Adobe Reader (free to download) is recommended but may not be necessary.
2. Make sure that "Auto Rotate and Center" is checked and that "Scaling" is NOT checked (scaling may be in a drop-down menu - make sure to find it and check the setting). If you have a newer version of Adobe Reader, your options might look like "Fit to Size" or "Actual Size". If that is the case, make sure you choose "Actual Size".
3. To make sure you're printing the right size pattern, measure the 2 inch by 2 inch (5 cm x 5 cm) test square. Do your troubleshooting here so you don't print out the wrong size pages.
4. If you live outside Canada or the US, print the pages to your standard paper size. The pattern lines may be shifted slightly but you should be able to match up the symbols and lines.
5. To connect each page, trim to the grey border (do not cut the grey border off), and match the circle symbols at the edge of each page. Do not overlap the border.
6. Tape the pages together.
7. Once the whole pattern printed and taped, cut along your size line according to the size key on the pattern. You may prefer to trace your size onto tracing paper and then cut it out.
8. Transfer circle markings for your size onto pattern piece. Size indications are marked in each circle.

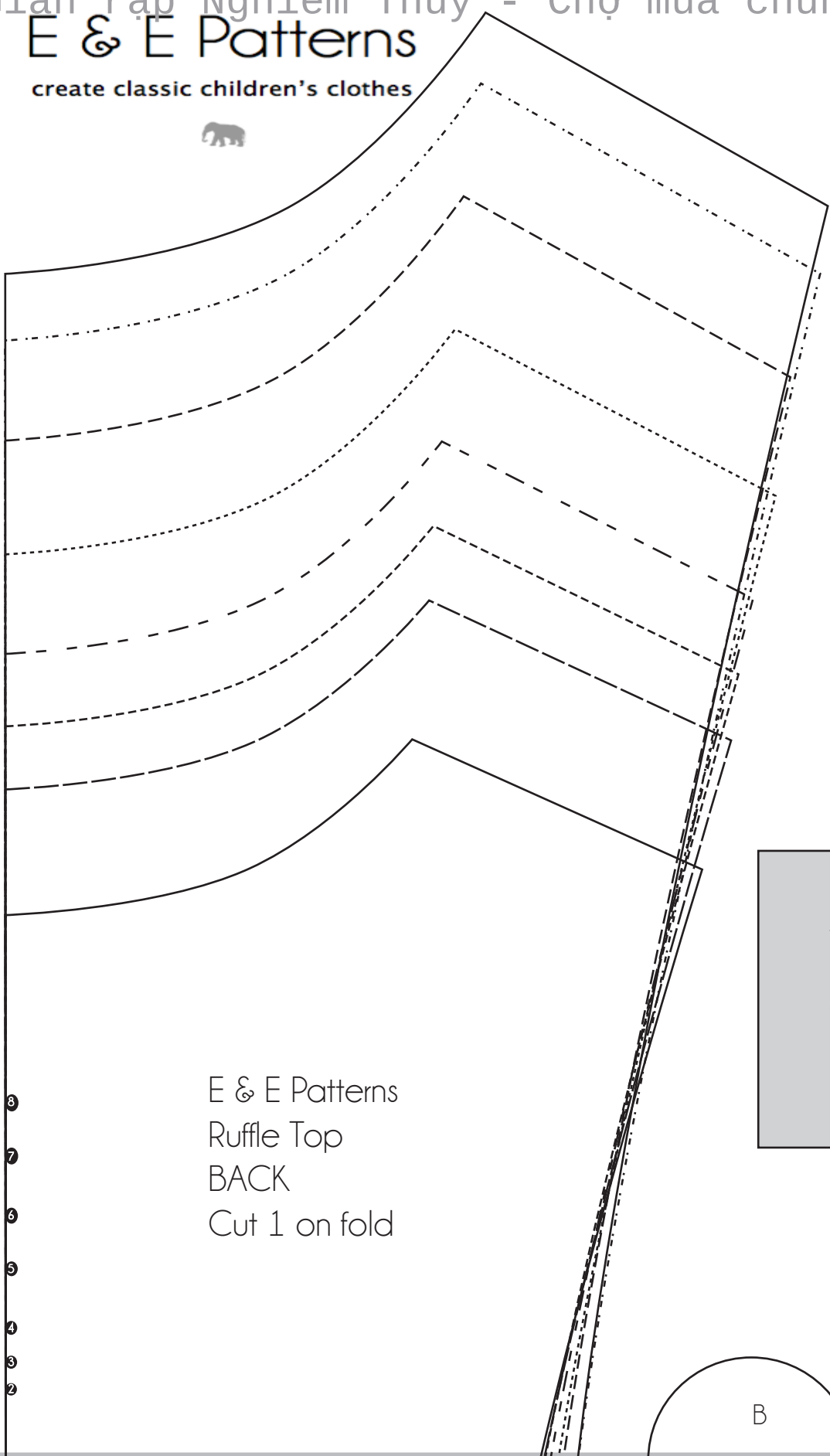
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Size Key

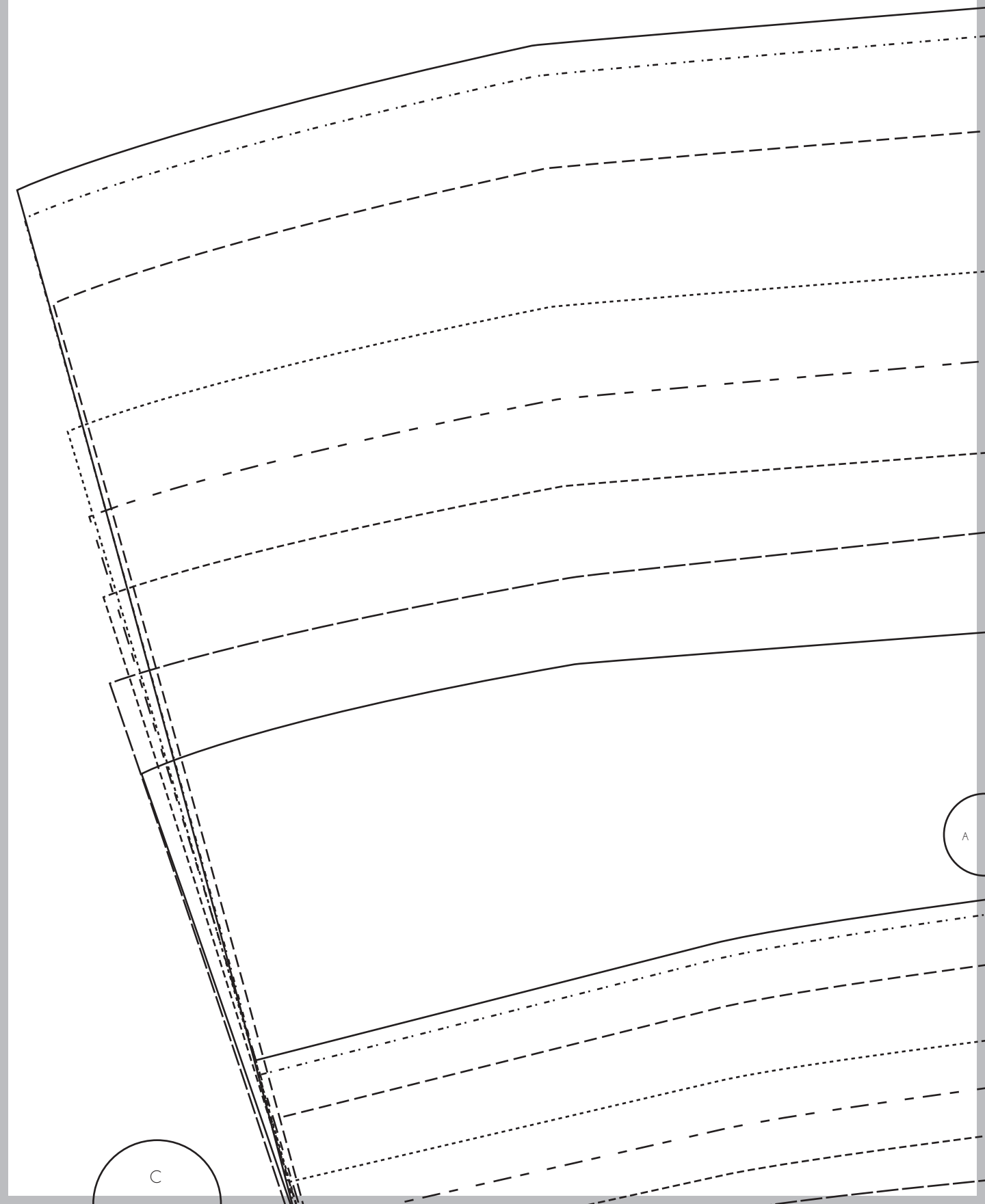
18m	—————
2T	———
3T	- - - - -
4T	- - - - -
5	
6	- - - - -
7	
8	—————

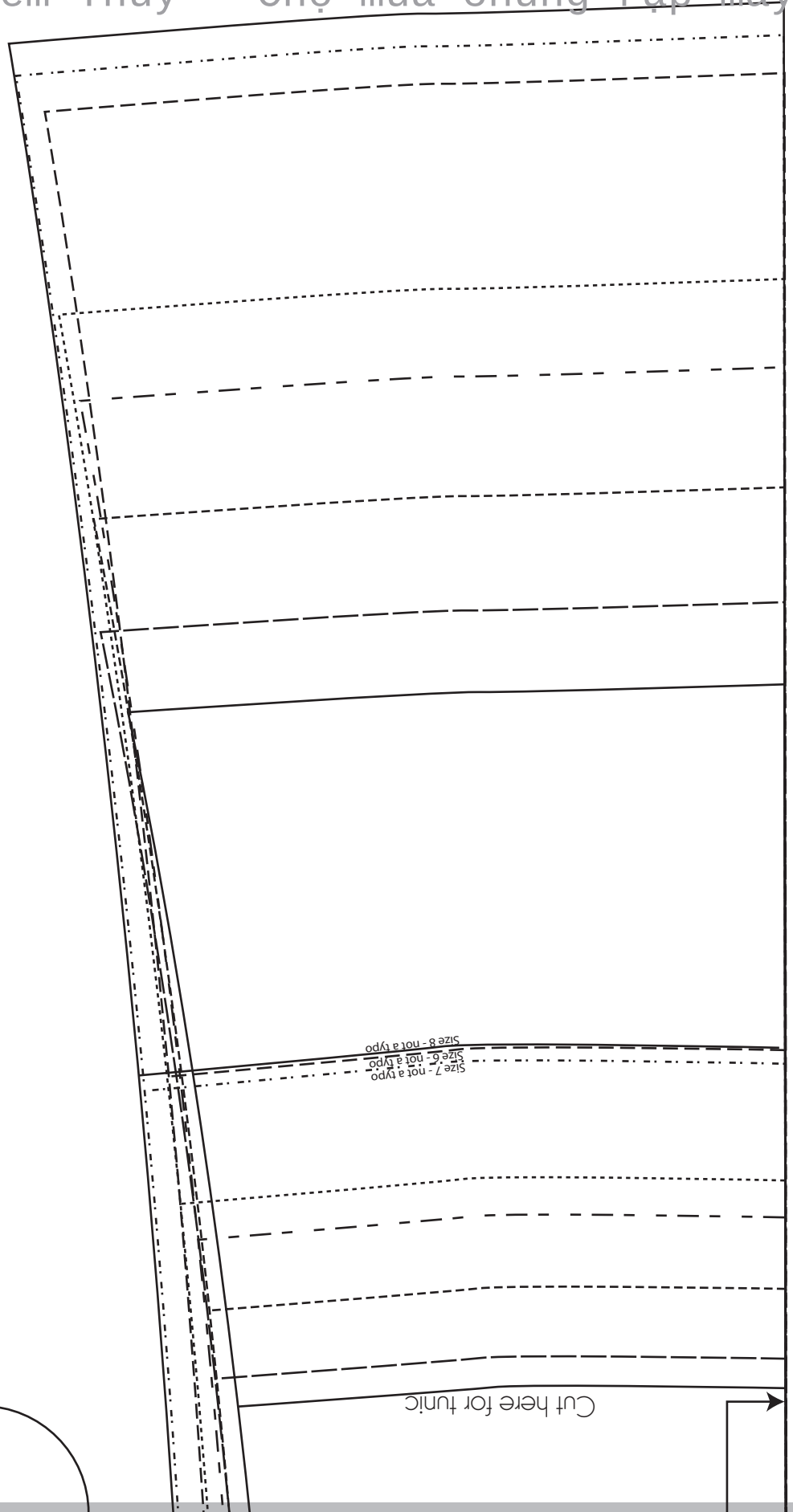
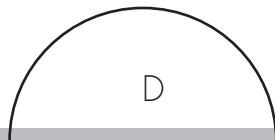
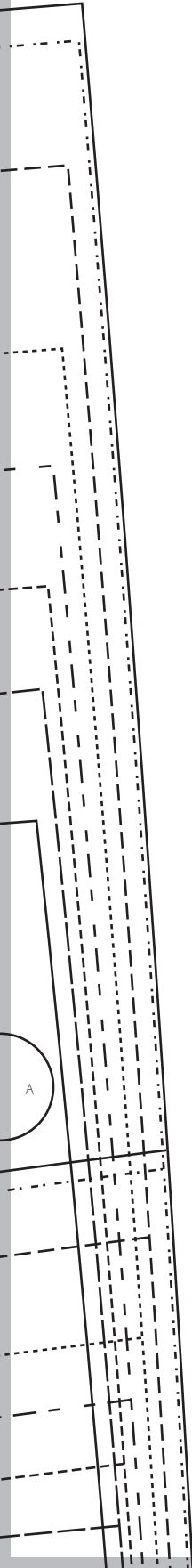


E & E Patterns
Ruffle Top
BACK
Cut 1 on fold

Test Square
2 in x 2 in
(5cm x 5cm)

B





Size 8 - not a typo
Size 6 - not a typo
Size 7 - not a typo

Cut here for tunic

B

Cut here for swing dress

15

1
2
3
4

5

6

7

8

E

FOLD



Cut here for tunic

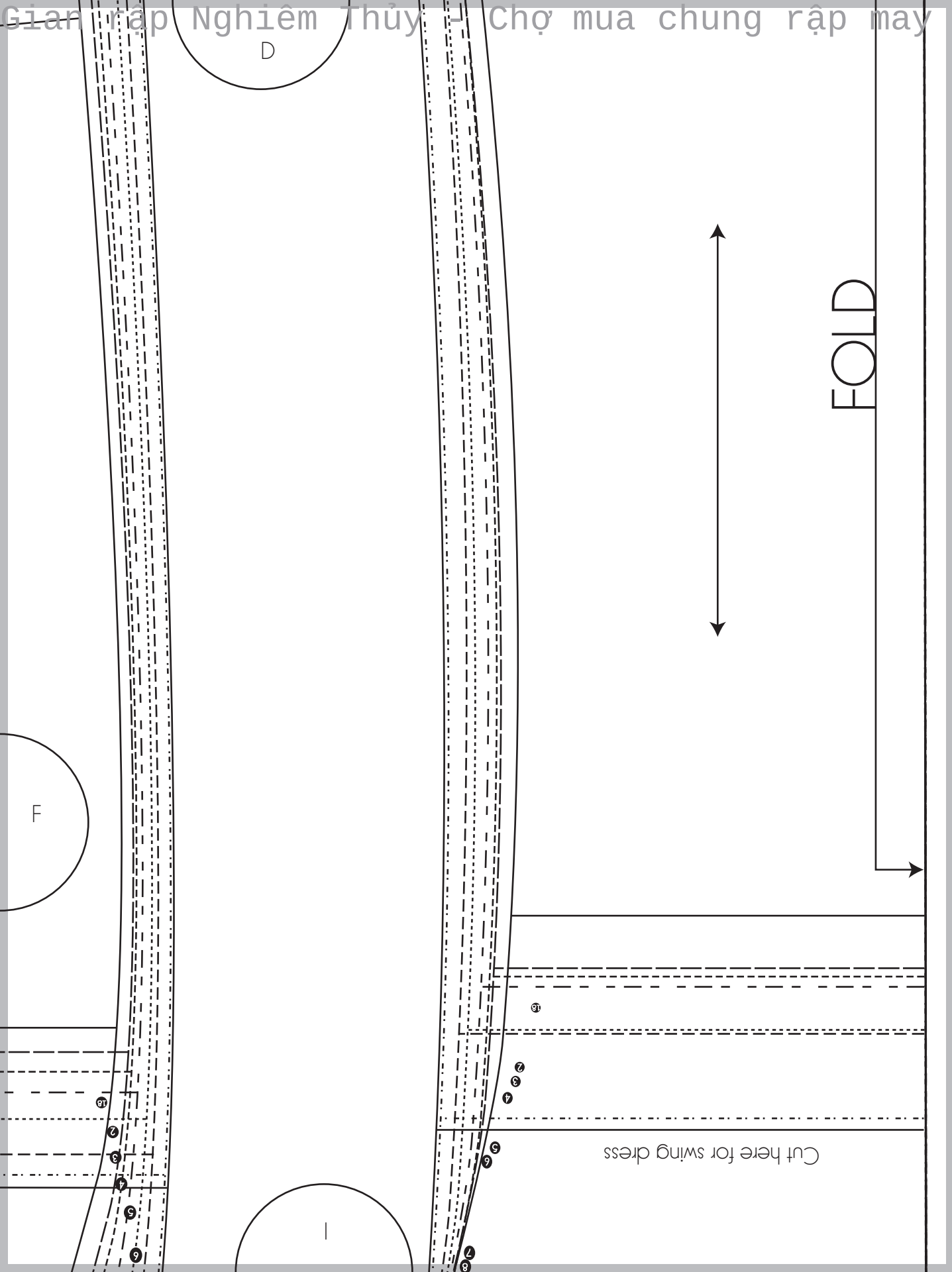


F

Cut here for swing dress

1
2
3
4
5
6
7
8

H

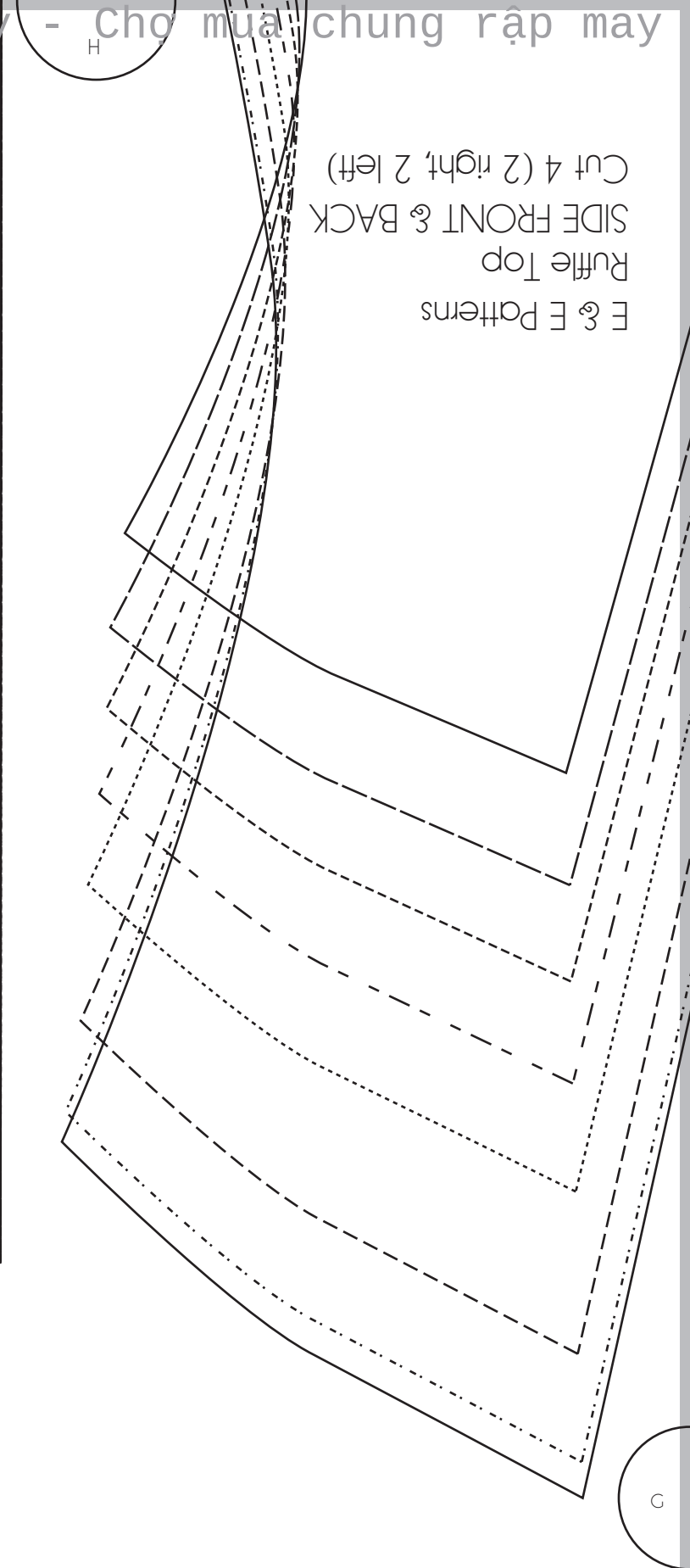
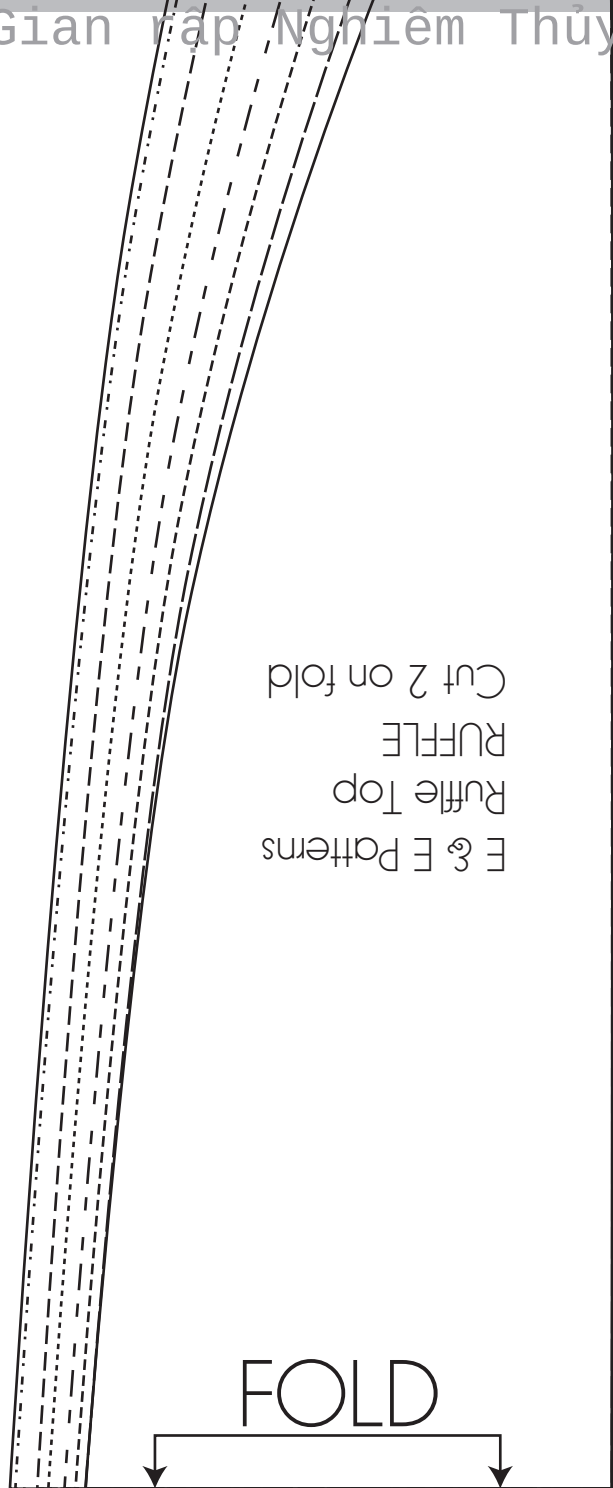


Cut here for tunic

E

Size 8 - not a typo

Size 7 - not a typo



E & E Patterns
Ruffle Top
FRONT

Cut on fold

