



See yourself in PRINT

Become your own fabric designer with our clever printing tutorial, perfect for making a breezy tunic dress

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Photography **JEN SISKKA**

MATERIALS & TOOLS:

- tracing paper & pencil
- at least ½ cup of ink
- block cut to approximately 6x7¼"
- 2½ yards 44"-wide or 1⅔ yards 60"-wide lightweight or medium-weight woven fabric
- ¼ yard fusible interfacing
- 13" invisible zipper
- invisible zipper foot
- co-ordinating thread
- templates downloaded from www.lovesewingmag.co.uk

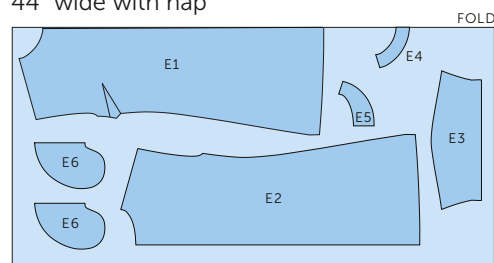
block and use your finger to rub the image to transfer the graphite. Your block is ready to be carved! (See Pic A.)

2 Carve away anything that is not shaded with a wide blade. Turn your cutting tool so that the blade looks like a 'U' or a 'V'. Rest your index finger on the metal band – this posture helps you create smooth, fluid lines to prevent you from gouging or tearing the block.

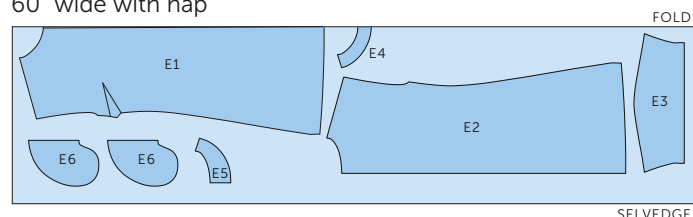
3 To carve, place your cutting tool almost parallel with the surface of the block and use enough pressure to carve at least ⅛" deep. (See Pic B.) There should be a

LAYPLANS:

44" wide with nap



60" wide with nap

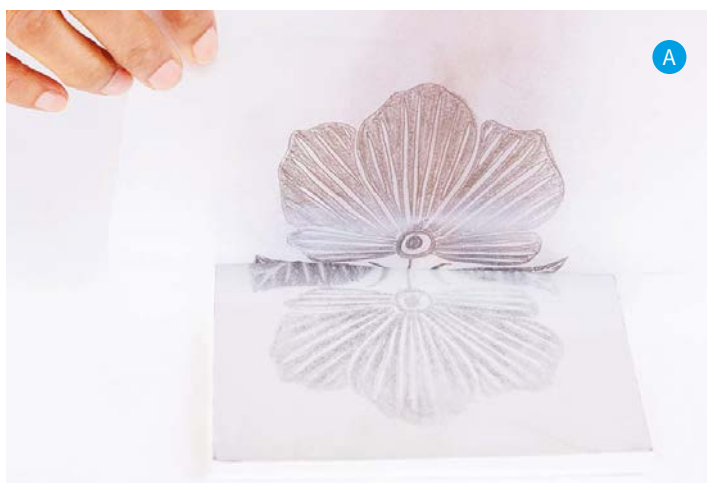


HOW TO MAKE:

1 Trace the template using a #2 or softer pencil and shade in the shape. Place your tracing paper face down on your

SIZING:

	XS	S	M	L	XL
BUST	30"	32"	34"	37"	40"
WAIST	24"	26"	28"	30"	33"
HIP	33"	34"	37"	40"	43"



A



B

visible difference between the height of the printing area and original block.

4 Trim the block around the edge of the image, leaving at least a ¼" border between the edge of the image and the edge of the block. Bevel the block edges by carving a 45° angle around its edge.

5 Using a spatula, scoop out about a tablespoon of ink and place it onto a corner of the inking plate. Use a roller to roll a small amount of the ink from the corner into the centre of the inking plate. (See Pic C.) Continue until there is a thin layer of ink on the plate and your roller is evenly coated. The ink you've rolled out on the plate should make a sticky sound when you roll it, and your roller should be evenly coated but not overloaded with ink.

6 Evenly coat the block with your roller. Your ink should be light enough so the printing surface of your block is still visible. Place the block onto your cut-out fabric. Press down using the palms of your hands, applying pressure to all parts of your block before removing it. (See Pic D.)

7 You must reapply ink for every print. You may need to add more ink to the middle of the inking plate by pulling a bit more from the ink in the corner. This is a bricked repeat pattern. The horizontal offset is 7", and the vertical offset is 6½". The horizontal offset from the first row to the first bricked row is 3½".

8 Allow the ink on your fabric to dry, then heat-set it using your iron and following the manufacturer's instructions.

9 Sew the bust darts on the dress front and press down.



Jen says...

This is a sophisticated yet incredibly comfortable update of my favourite woven dress



Then place the front and backs RST and sew the shoulder seams. Using an overlocker or zigzag stitch, finish the seam allowances together and press them toward the back.

10 Finish each of the pocket pieces along their rounded edges. Place on the dress front, RST, matching the markings and sew the straight edges with a $\frac{1}{2}$ " seam allowance. Repeat the process for the back pocket pieces. Finish the dress side seams and press the pockets away from the body.

11 Finish the side seams of both sleeves. Then with the dress open and flat, align the midpoint marking on one sleeve to a shoulder seam, RST, and pin. Match the remaining marks with the corresponding marks and pin evenly. Sew in place and using an overlocker or zigzag stitch, finish the seam allowances together and press them down, toward the sleeve. Repeat for the other sleeve.

12 Arrange the dress RST matching the sleeves, and the pocket pieces and pin. Starting at the sleeves, sew each side seam $\frac{1}{2}$ " past the

top edge of the pocket piece, and back-stitch. Start sewing again $\frac{1}{2}$ " before the bottom of the pocket, and sew to the bottom hem of the dress. Then sew the pockets together at the outer edges.

13 Position the zipper on the dress RST. Place the top zipper stopper $\frac{1}{4}$ " from the top of the dress, and the side edge of your zipper tape $\frac{1}{8}$ " from the edge of your fabric. Sew in place with an invisible zipper foot then switch to your regular zipper foot, and continue the seam to the bottom of the dress.

14 Fuse interfacing to the WS of the neck facings following the manufacturer's instructions. With RST, sew the facings shoulder seams. Using an overlocker or zigzag stitch, finish the bottom and back side edges of the facing.

15 Pin the neck facing to the dress neckline RST, matching the shoulder seams. The facing ends will cover the top of the zipper tape. Starting from the bottom of one short facing edge, sew upwards with a $\frac{1}{4}$ " seam allowance. Stop $\frac{1}{4}$ " from the neckline, pivot, then sew the facing to the neckline, again using a $\frac{1}{4}$ " seam allowance. Stop when you are $\frac{1}{4}$ " from the seam allowance on the other side, and again pivot, sewing just to the bottom of the neck facing. Clip and grade the seam allowance then top-stitch around the neckline $\frac{1}{4}$ " from the edge.

16 Fold the dress hem under $\frac{1}{4}$ " toward the WS of the dress and press. Fold the hem under another 1", and press again. Top-stitch the hem by sewing close to the inside fold.

Top tip

Printing onto cut-out pattern pieces will mean you don't print more fabric than you need and can help you visualise the finished garment better



Hear more about the book on page 36

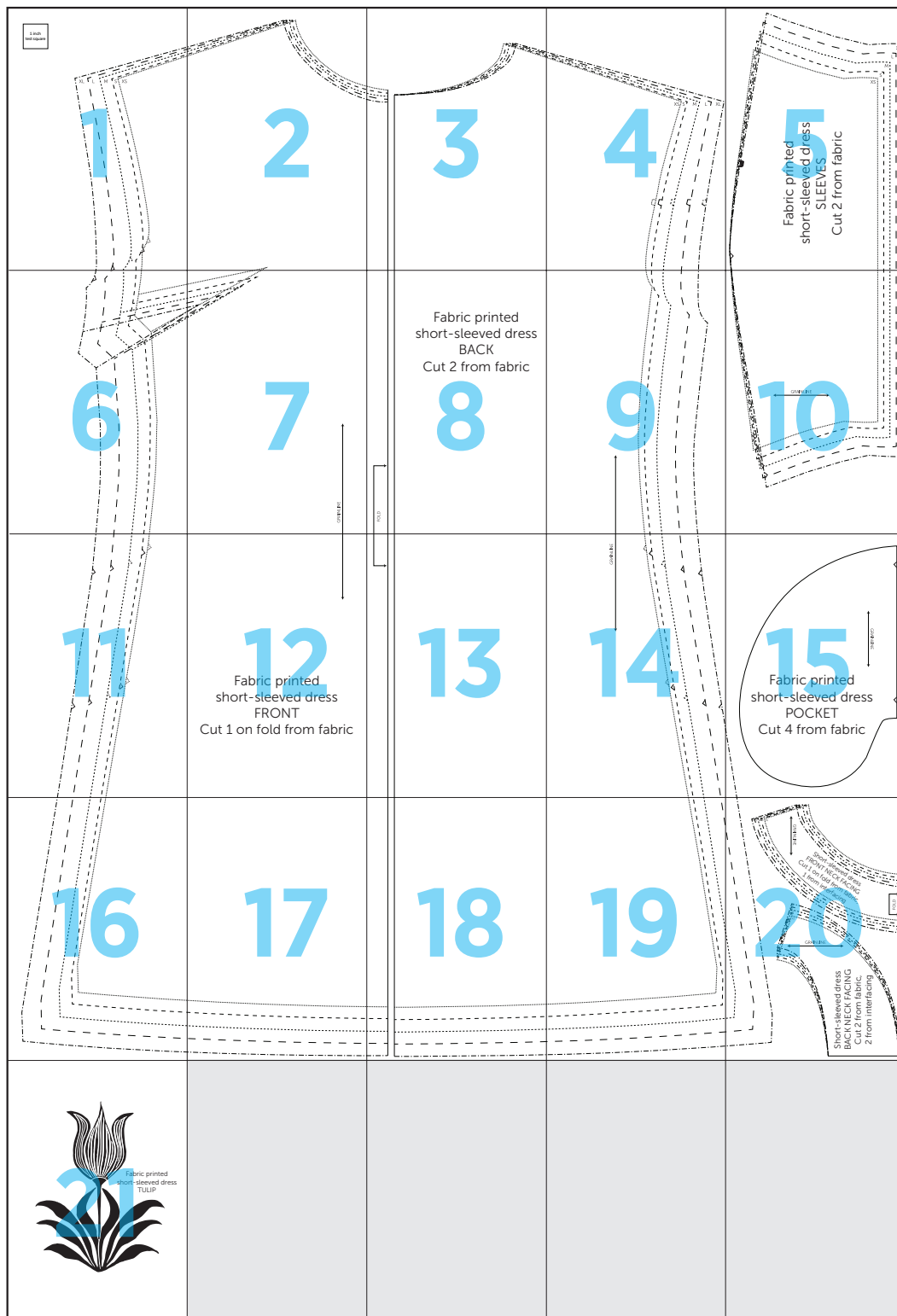
ABOUT THE BOOK



Print, Pattern, Sew by Jen Hewett, £25. Reprinted in arrangement with Roost Books, an imprint of Shambhala Publications, Inc

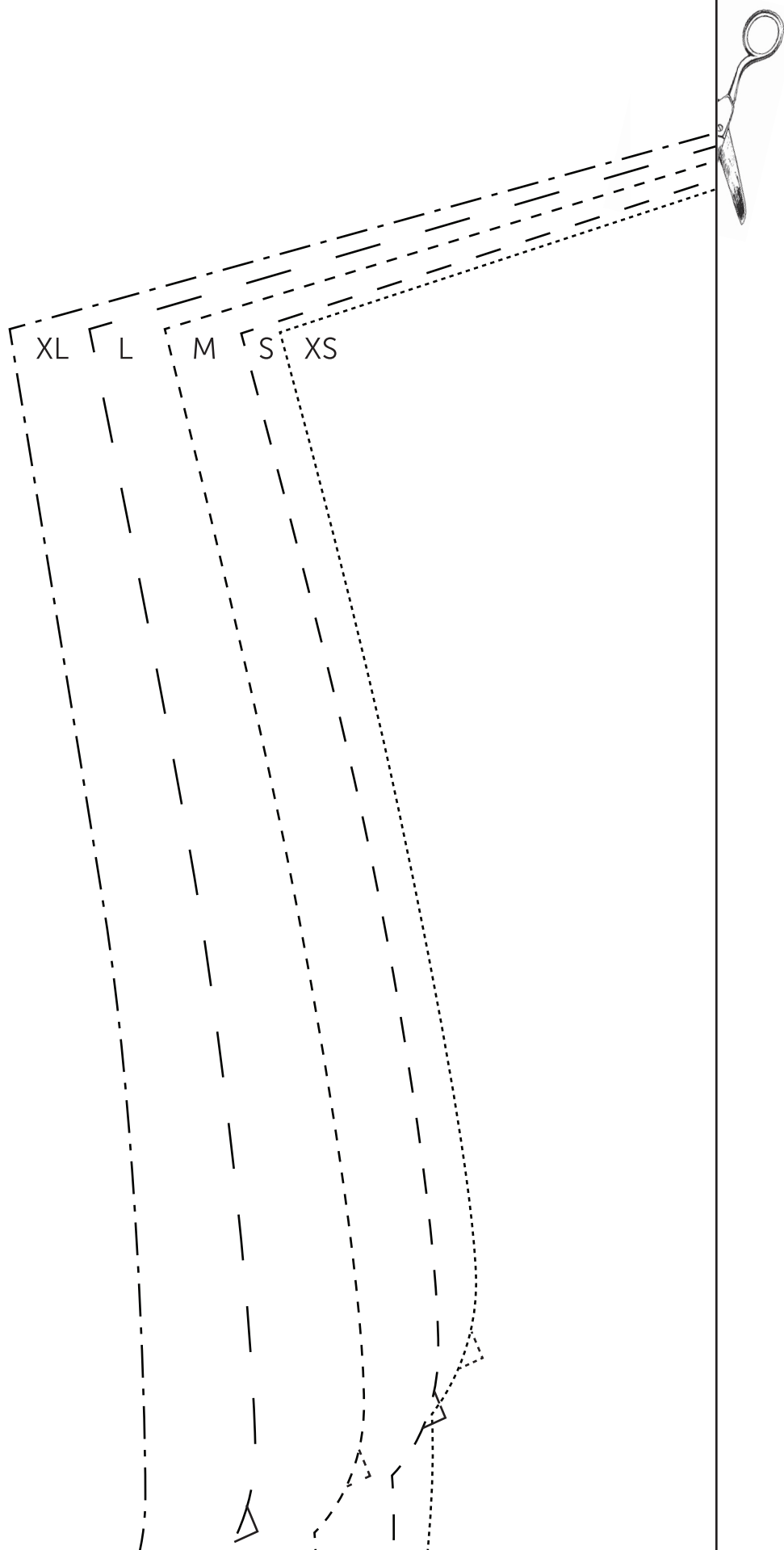


Fabric printed short-sleeved dress

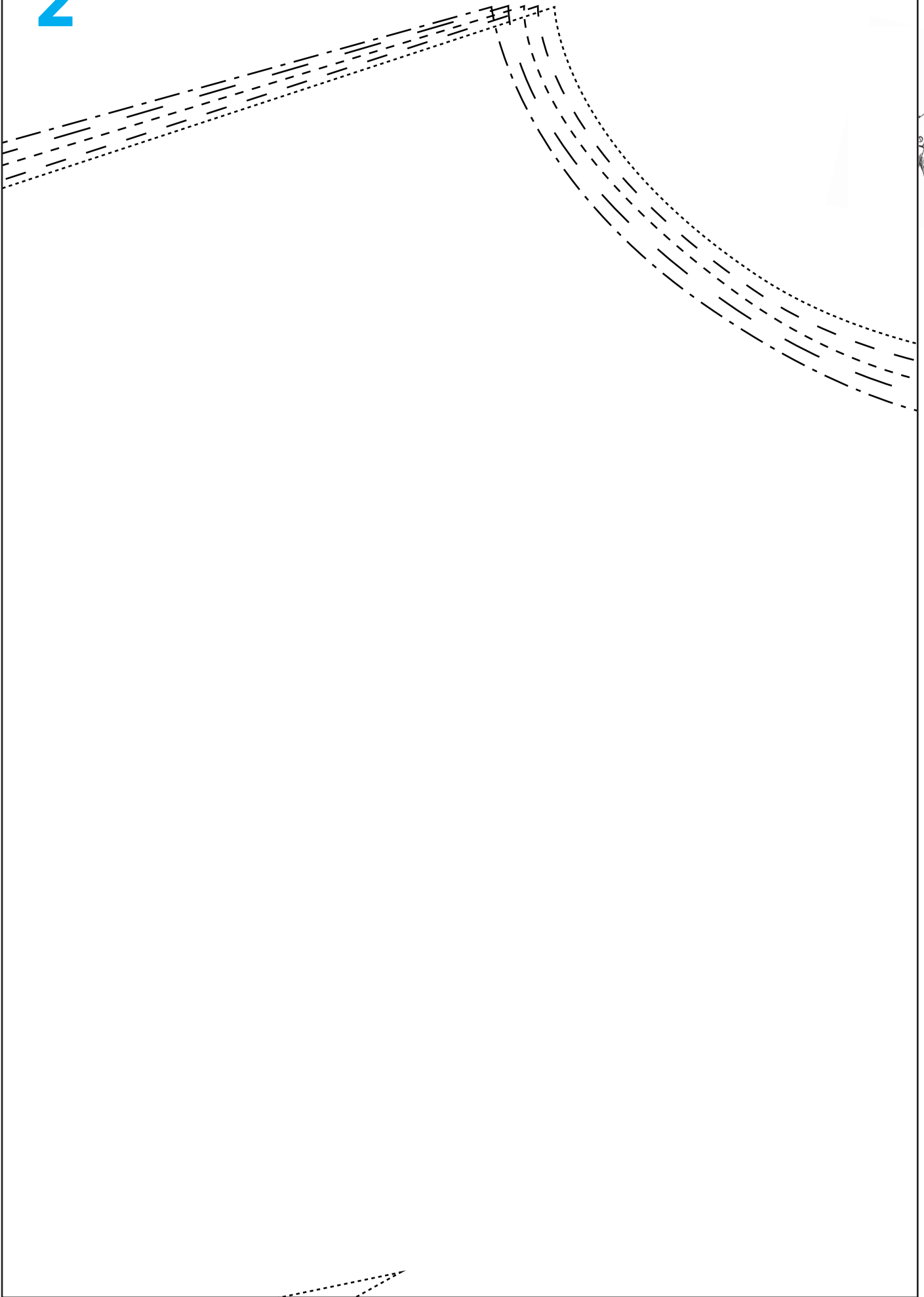


1

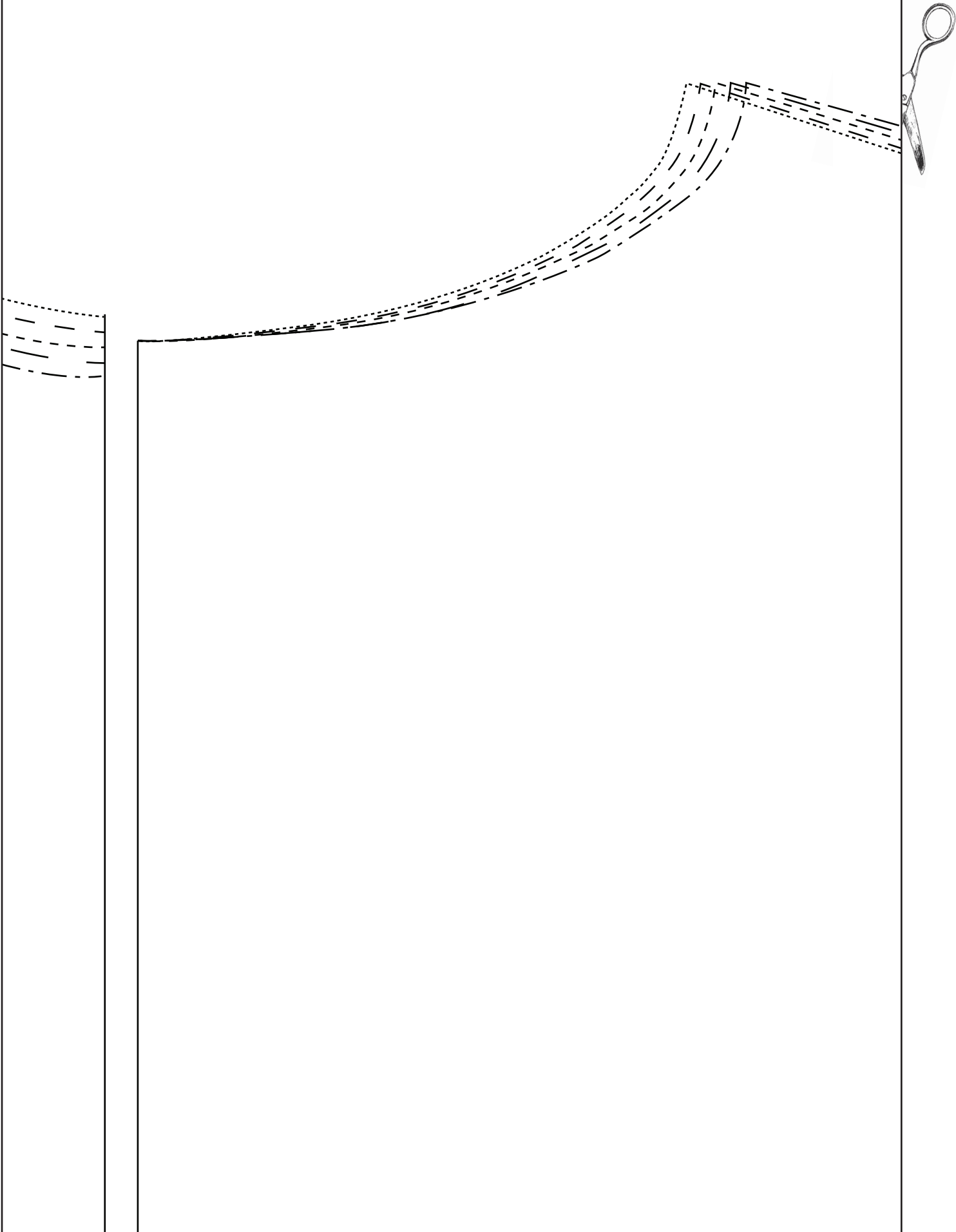
1 inch
test square



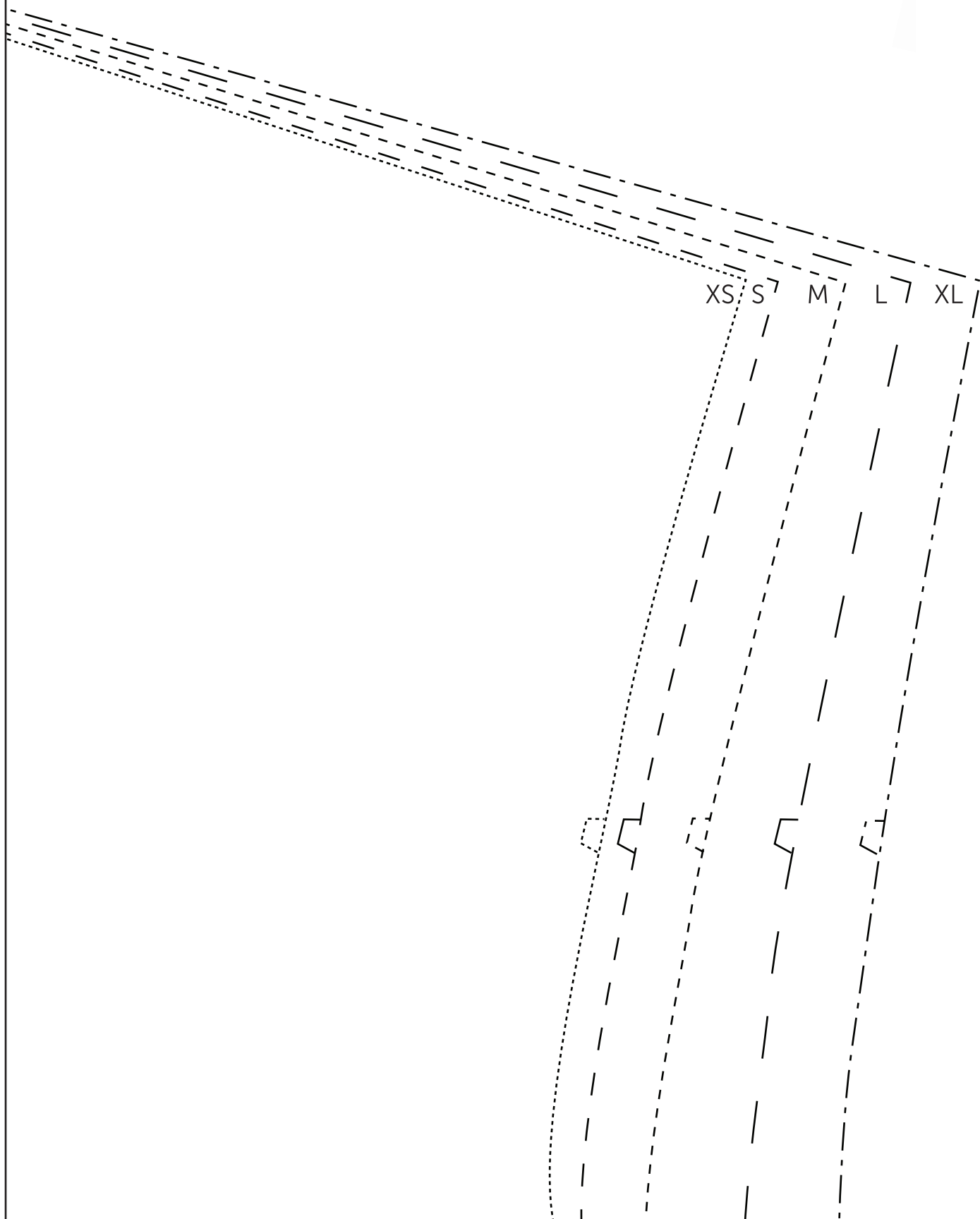
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3



4



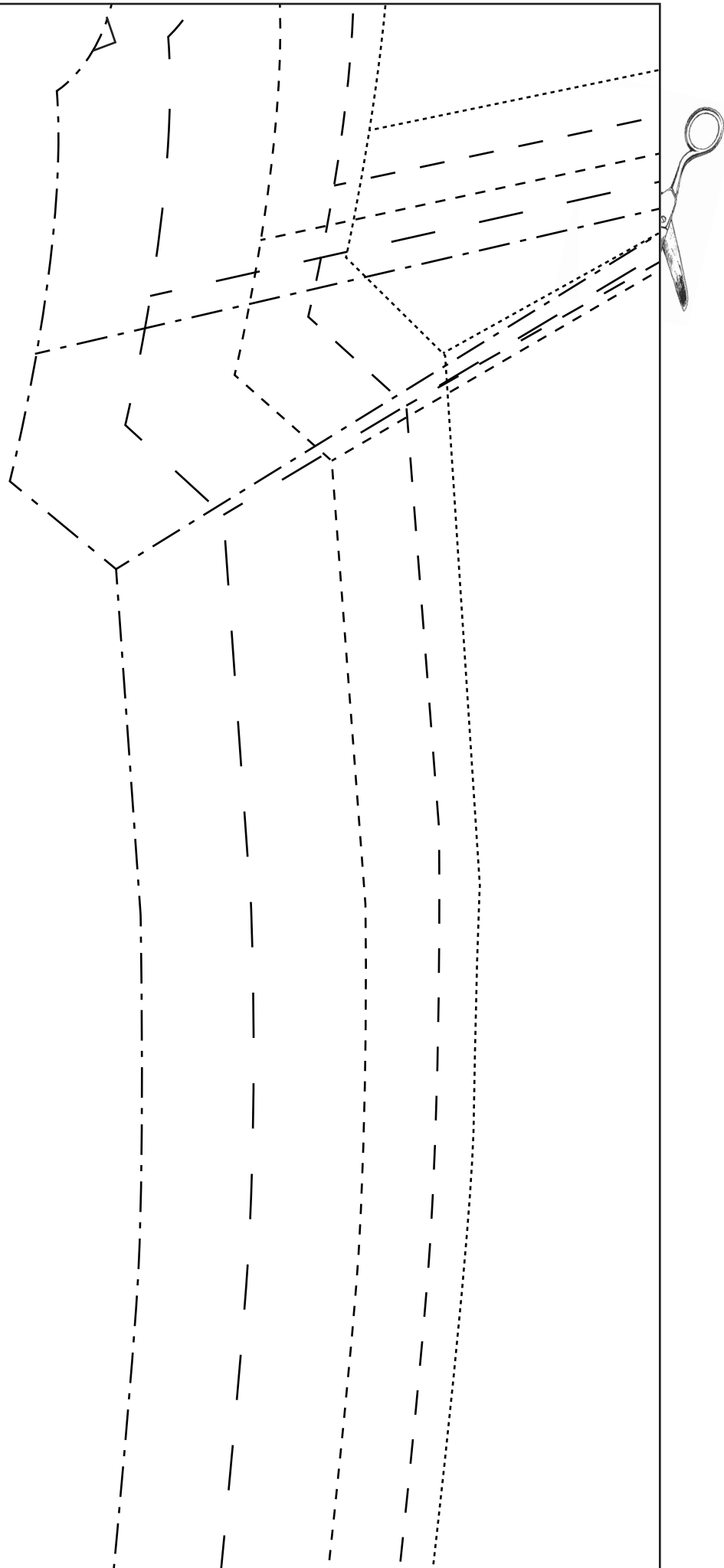
5

Fabric printed
short-sleeved dress
SLEEVES
Cut 2 from fabric

XS
S
M
L
XL



6



7



GRAINLINE



Fabric printed
short-sleeved dress
BACK
Cut 2 from fabric



FOLD



10

GRAINLINE

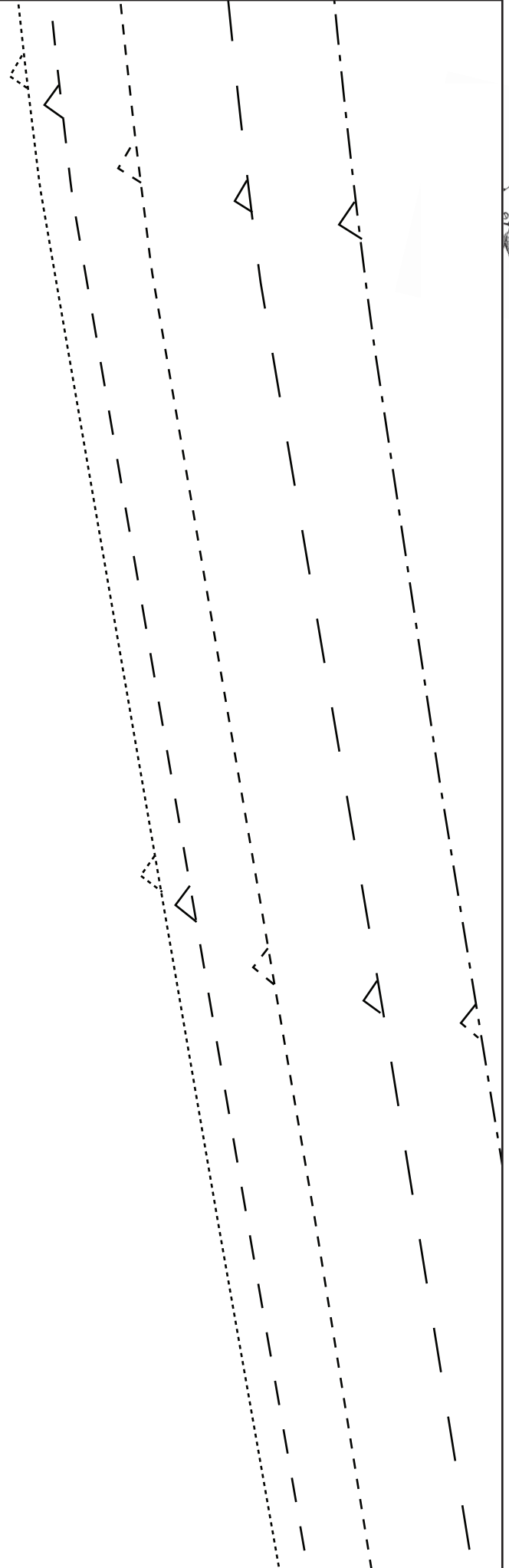






Fabric printed
short-sleeved dress
FRONT
Cut 1 on fold from fabric

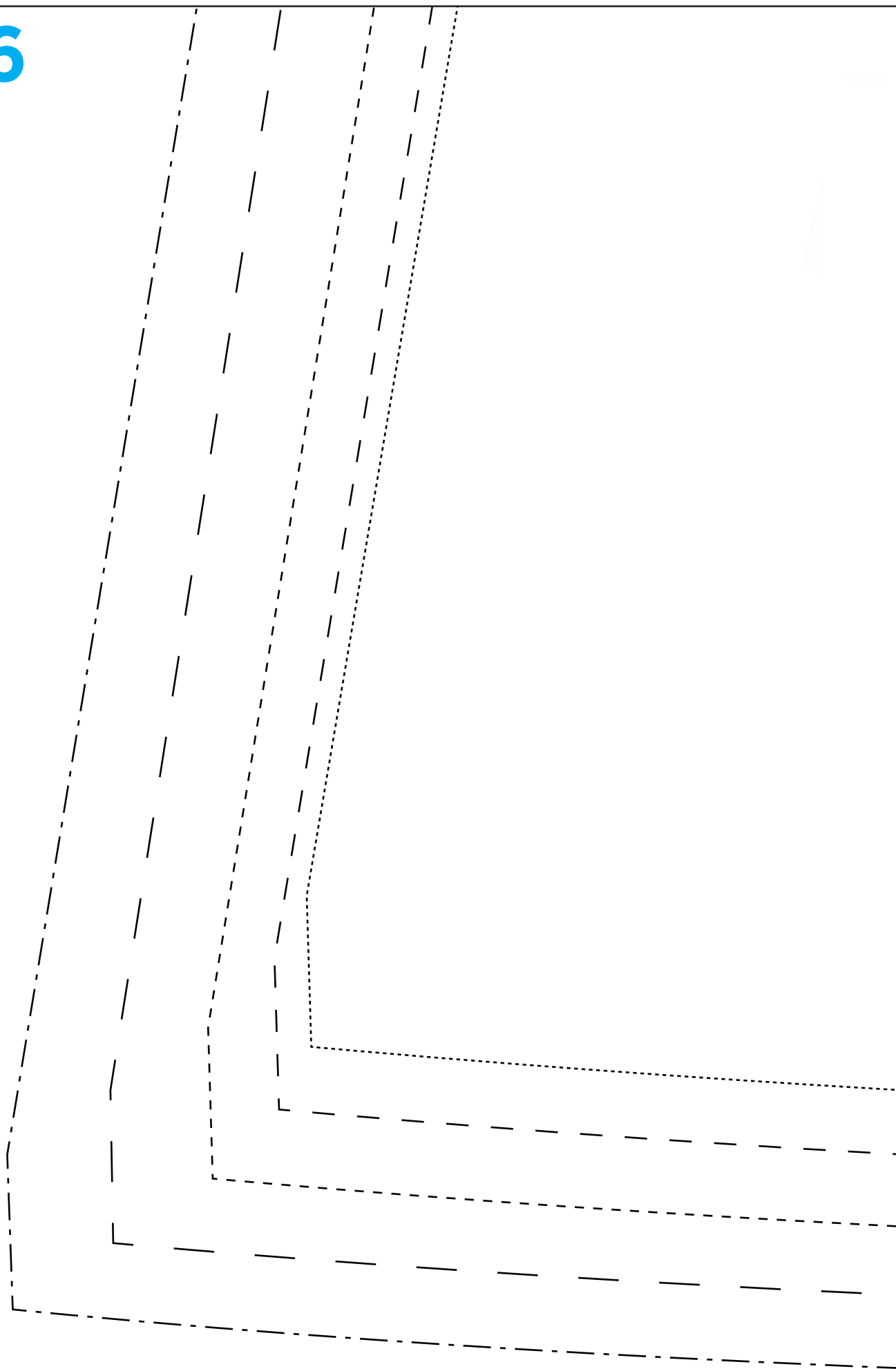


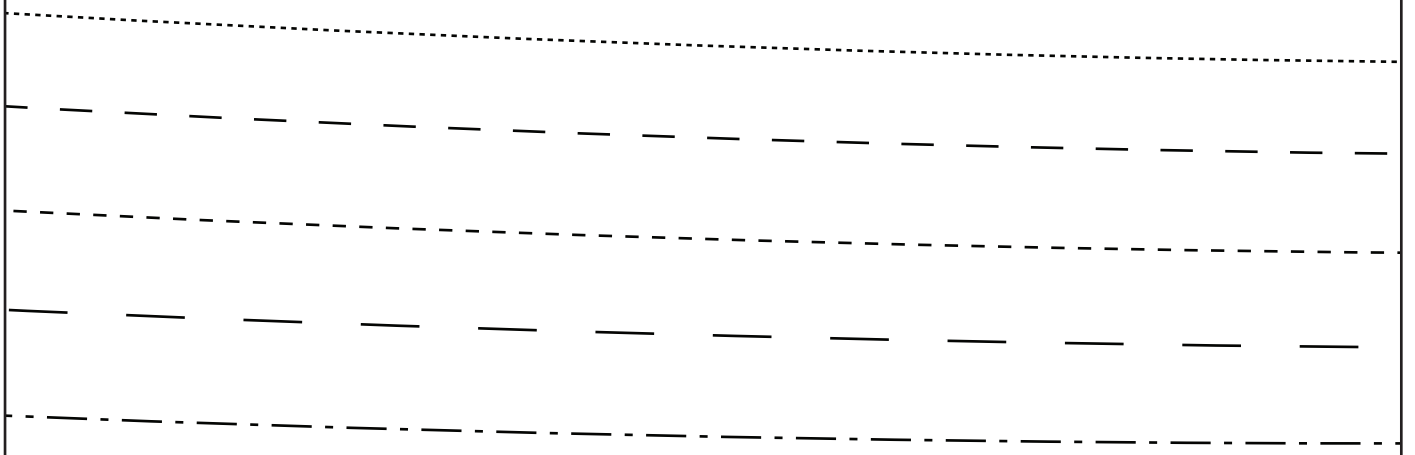
GRAINLINE


15



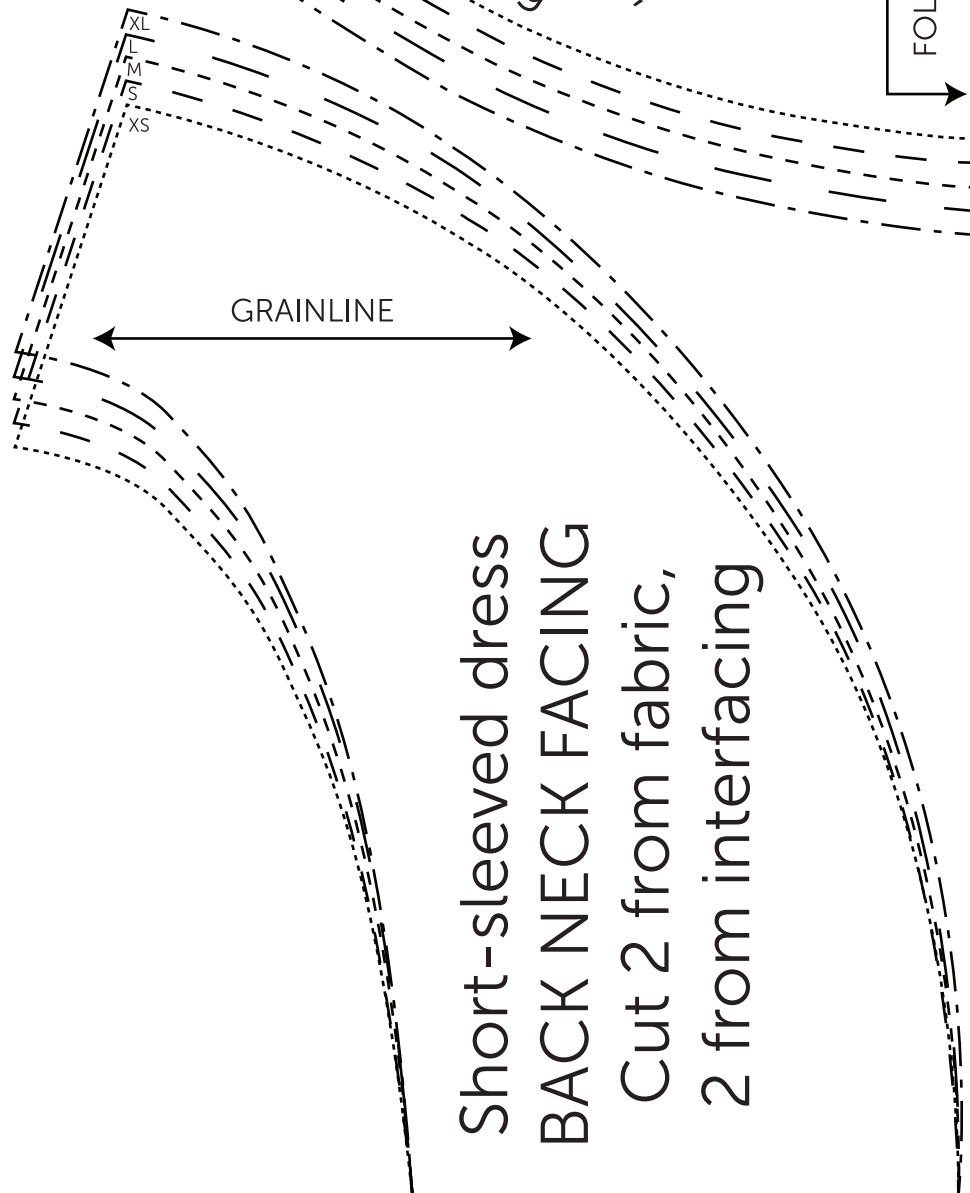
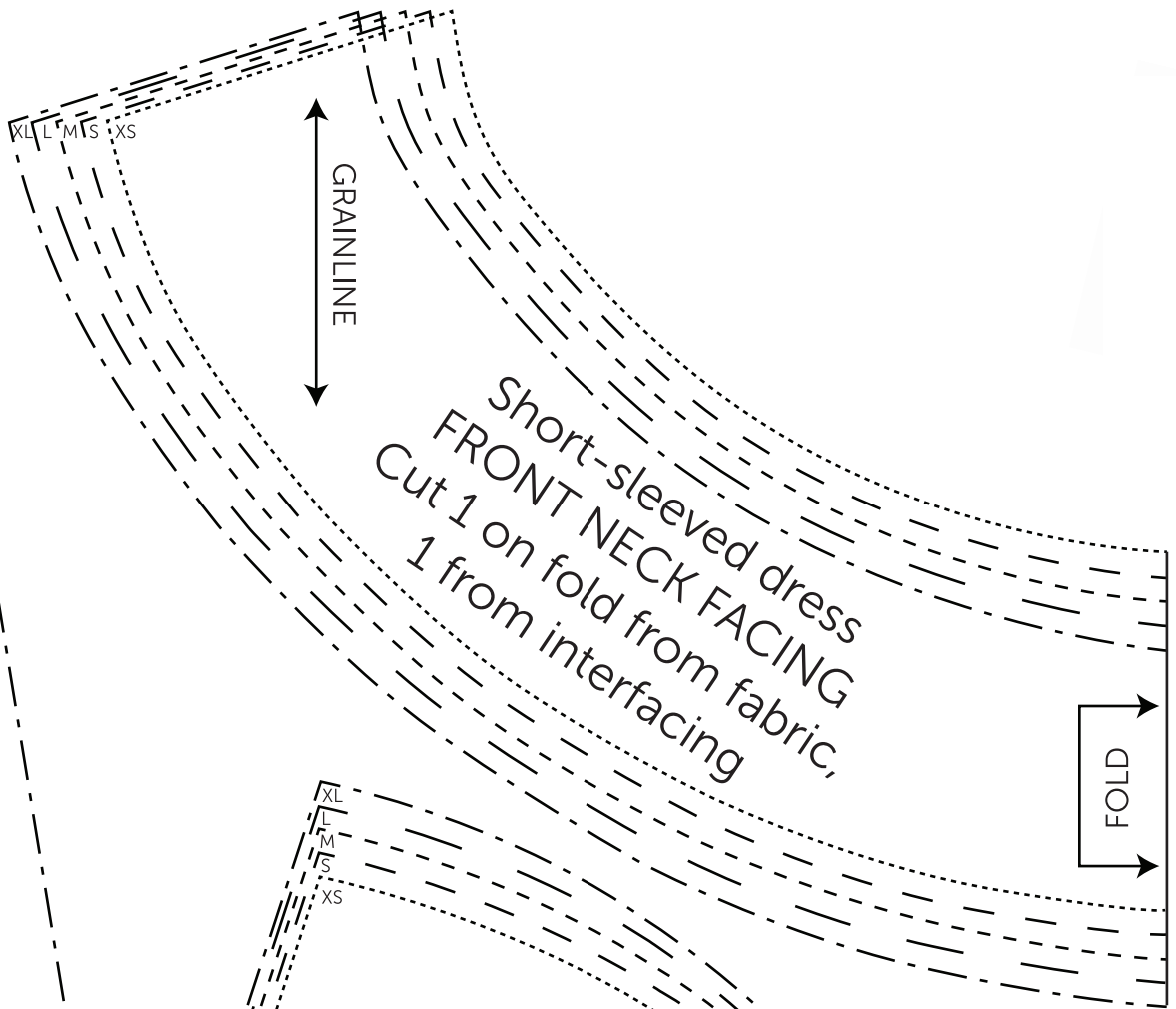
Fabric printed
short-sleeved dress
POCKET
Cut 4 from fabric













Fabric printed
short-sleeved dress
TULIP