

Rompalones

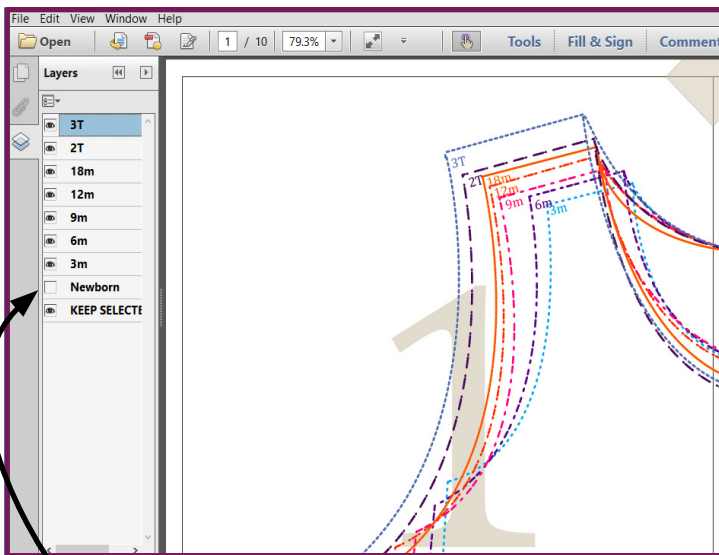
Max & Meena Patterns



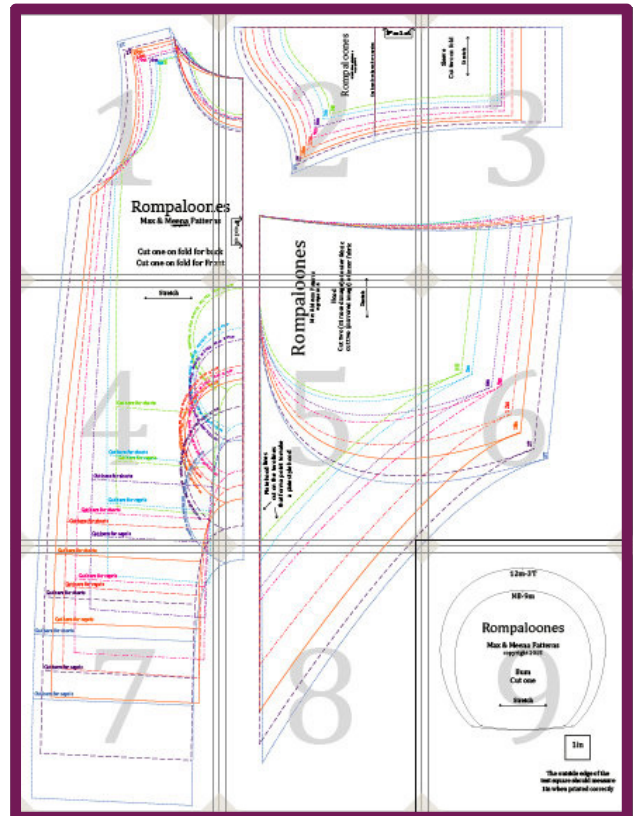
Options

tank top, short sleeve, long sleeve
shorts, capris, pants
pixie hood, rounded hood
with or without the bum circle

Sizes Newborn-3T



To print only the size you want click on all of the eyes to unselect the sizes you do not want. Keep the bottom selection selected.



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Max&Meena Patterns

Cutting Guide

This guide is to help you cut your pattern pieces to the correct size.

- Cut two of each piece with the exception of the necking binding in which you only need one.
- You will not need to cut the tank top sleeve binding if you do not plan on using that option.
- If you are adding a hood you do not need to cut the neck binding.
- If you are doing the tank top, short sleeve, shorts, or capri lengths then you do not need to cut the extra pieces that are not associated with those.
- Use cotton lycra or shirt ribbing for the neck and sleeve binding.
- Make sure the stretch goes across the longest measurement.
- The snap support strip can be made from fleece, microfleece, knit fabric.

Newborn:

Neck binding: 2in x 9.5in (cut 1)
 Pant length bidding: 2.5in x 12in
 Capri length binding: 2.5in x 8.25in
 Short length binding: 2.5in x 4
 Tank top sleeve binding: 2in x 7in
 Wrist cuff: 3in x 4.75in
 Ankle cuff: 5in x 6in
 Snap support strip: .5in x 8.25in

12 Months

Neck binding: 2in x 12in (cut 1)
 Pant length bidding: 2.5in x 17.75
 Capri length binding: 2.5in x 11.25in
 Short length binding: 2.5in x 6in
 Tank top sleeve binding: 2in x 9.3in
 Wrist cuff: 3in x 6in
 Ankle cuff: 6in x 7.5in
 Snap support strip: .5in x 17.75in

3 Months

Neck binding: 2in x 10in (cut 1)
 Pant length bidding: 2.5in x 14.25in
 Capri length binding: 2.5in x 8.5in
 Short length binding: 2.5in x 5in
 Tank top sleeve binding: 2.5in x 7.25in
 Wrist cuff: 3in x 5in
 Ankle cuff: 6in x 6.5in
 Snap support strip: .5in x 14.25in

18 Months

Neck binding: 2in x 13in (cut 1)
 Pant length bidding: 2.5in x 18.8in
 Capri length binding: 2.5in x 12.8in
 Short length binding: 2.5in x 7.6in
 Tank top sleeve binding: 2in x 10in
 Wrist cuff: 3in x 6in
 Ankle cuff: 6in x 7.5in
 Snap support strip: .5in x 18.8in

6 Months

Neck binding: 2in x 10.7 (cut 1)
 Pant length bidding: 2.5in x 16.7in
 Capri length binding: 2.5in x 9.65in
 Short Length binding: 2.5in x 5.5in
 Tank top sleeve binding: 2in x 8in
 Wrist cuff: 3in x 5in
 Ankle Cuff: 6in x 6.5in
 Snap support strip: .5in x 16.7in

2T

Neck binding: 2in x 13.5in (cut 1)
 Pant length bidding: 2.5in x 21.6in
 Capri length binding: 2.5in x 15.1in
 Short length binding: 2.5in x 9.6in
 Tank top sleeve binding: 2in x 10.4in
 Wrist cuff: 3in x 8in
 Ankle cuff: 6in x 8
 Snap support strip: .5in x 21.6in

9 Months

Neck binding: 2in x 11.2in (cut 1)
 Pant length bidding: 2.5in x 17in
 Capri length binding: 2.5in x 11.2in
 Short Length binding: 2.5in x 5.9in
 Tank top sleeve binding: 2in x 8.5in
 Wrist cuff: 3in x 5.25in
 Ankle Cuff: 6in x 7in
 Snap support strip: .5in x 17in

3T

Neck binding: 2in x 14.5in (cut 1)
 Pant length bidding: 2.5in x 22.4in
 Capri length binding: 2.5in x 14.4in
 Short length binding: 2.5in x 9.4in
 Tank top sleeve binding: 2in x 11in
 Wrist cuff: 3in x 5.8in
 Ankle cuff: 6in x 9.5in
 Snap support strip: .5in x 22.4in

Getting Started



Supplies:

Cotton Lycra or ribbing for binding

Cotton knit for romper

Scissors

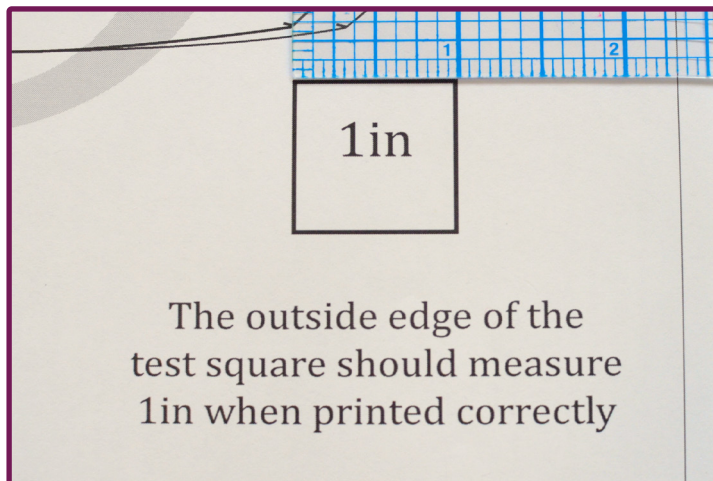
Pins or clips

Size 16 snaps (recommended)

Sewing machine with ballpoint needles

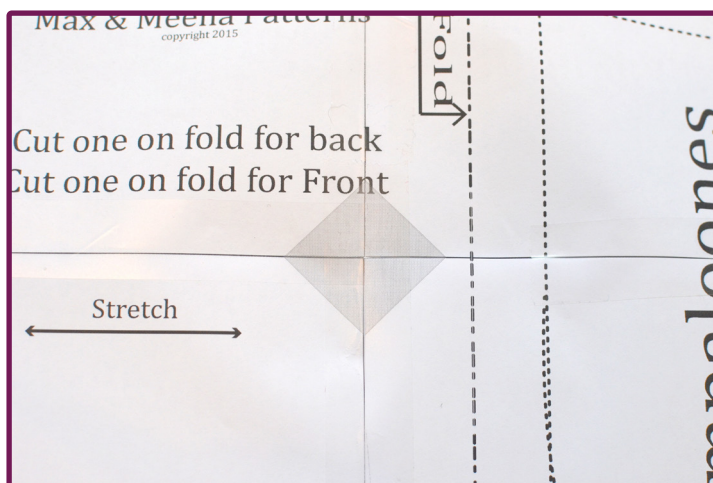
Serger (optional)

Snap support (fleece, or knit fabric)



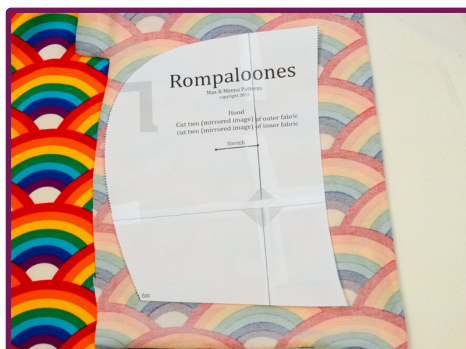
Print your pattern and check the test square to be sure you are printing the pattern pieces correctly.

The outer edge of the square should measure one inch.



Tape pattern pieces together. Each page corner should form a diamond.

Cutting Pattern Pieces



- Cut two sleeves on the fold.
- (If not doing neck binding.) Cut two sets of hood pieces as mirrored images for the outer hood and inner hood if doing the hood option.
TIP: fold fabric with right sides together and cut two hood pieces at once. They will be mirrored images.
- Cut one bum circle (if you are doing the bum circle option). Newborn to 9 months use the smaller circle. 12 months to 3T use the larger circle.
- Cut neck binding, leg bindings, wrist cuffs, and ankle cuffs according to the cutting chart on page two.
TIP: If you are doing the tank top, short sleeve, shorts, or capris you will not need to cut wrist/ankle cuffs.



Cut one romper front and one romper back on the fold.

TIP: The pattern pieces are nested together. If you do not like this style just reprint a second copy of the pattern pieces. If you do not want to use the bum circle option do not cut out bum circle on romper piece.



You should have:

- four hood pieces (if doing hood option)
- two sleeves cut to desired length
- one front
- one back
- one bum circle (if doing bum circle option)
- two leg binding pieces
- two ankle cuffs (if doing long sleeves)
- two wrist cuffs (if doing long sleeves)
- two snap support strips for leg bindings
- one neck binding (if not doing a hood)

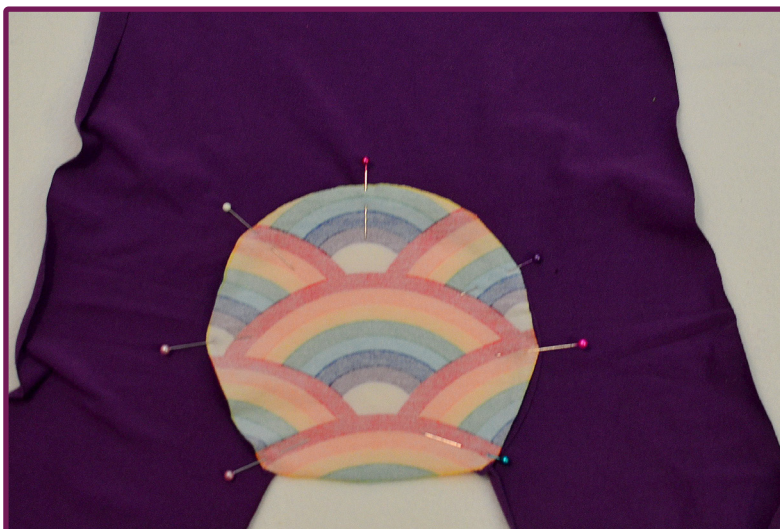
Attaching bum circle



Mark the top center of the bum circle and the top center of the bum circle curve on the the romper back.



With right sides together pin the top bum circle center to romper bum circle marking.
Pin the bottom corners of the bum circle to the romper bum circle opening.



You will need to stretch the romper fabric slightly to line it up with the unpinned portions of the bum circle.

TIP: It works best to work from the bottom edge of the bum circle to the top center then repeating on the other half of the bum circle.



Sew or serge the bum circle to the romper back.

TIP: To serge the curve of the bum circle, feed the fabric through the serger as if you were serging in a straight line.



Top stitch the bum circle. This is an important step. It prevents the seam from stretching out.



Sew Pretty!

Main body and sleeve construction



With right sides together pin and sew the romper shoulders together.

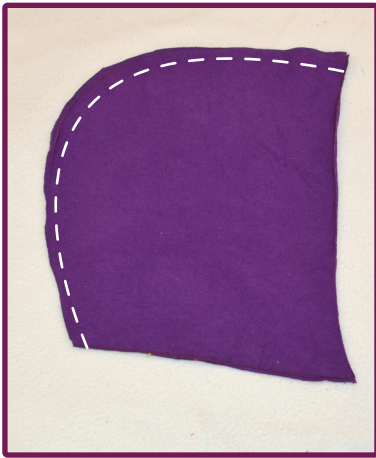


With right sides together pin the center of the sleeve to the seam on shoulder and pin in place along the edge of the shoulder/sleeve edge.
Sew in place and repeat for the other sleeve.



Once you have sewn the sleeves to the romper sew the side seams of the romper together from the wrist hem to the ankle hem.

Adding a hood



With right sides together sew the hood together from top to bottom along the large curve of the hood. Repeat for hood lining.



Place the right side of the hood lining over the right side of the outer hood and sew the front of the hood pieces together. flip the hood so that the wrong sides touch and then slide the hood lining into the outer hood piece.



Top stitch the front edge of the hood.



Mark the front and back centers of the romper.



With right sides together pin the center seam of the hood to the back of the romper.



Line up one corner of the hood front to center of the romper front neckline. Repeat for the other corner. You will want to overlap them about 1/4 of an inch. Gently stretch the romper to fit the hood size and pin in place.



Sew hood to romper.



TA DAH!

Attaching leg bindings



Take one snap stabilizing strip and sandwich it between the leg binding fabric.
Repeat for other leg binding.



With right sides together, pin the ends of the leg bind to the end of the leg openings. You will need to evenly stretch the binding along the edge of the leg opening.
Repeat for other leg binding.



Press binding seams towards leg portion of romper.



Top stitch the bindings.

Adding snaps and cuffs



Starting up one inch from the ends of each leg hem make a mark for your first snap set.

The female snap will go through the top of the binding to the inside of the leg and the male snap will need to be pushed through the back of the opposite leg binding.

Mark snap placement every 1.75 inches after first ankle snaps.

For SHORTS/CAPRIS: hem edges up before placing snaps.

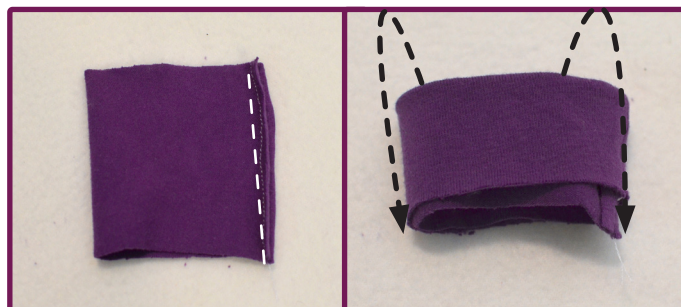
You will measure up 1/4 of an inch on from the edge of the shorts/capris to place your first snaps and repeat snap placement every 1.75 in

The binding should overlap when snapped together.

TIP: Use Kam snaps size 16 or Dritz size 16 metal snaps found at your local craft store. Larger snaps will work but are harder to unsnap.



Pin leg bindings together at the ankles to keep them lined up.



To make the leg cuffs and the wrist cuffs fold each cuff section in half with right sides together lining up the short ends of the cuff.

The stretch should go across the cuff.

Sew the ends opposite of the fold together then fold top edge of the cuff down around the bottom half off the cuff. Wrong sides of the cuff should touch.



Insert the leg or arm (depending on which you are doing) into the coordinating cuff as shown with right sides together.

TIP: It helps to line the seams up and then stretch the cuff out to match up with the sleeve.



The cuffs are easiest to sew together when you sew the inside edge of the pieces.

(Don't serge over pins... it will make your machine angry!)

Repeat for the remaining cuffs.

Attaching Neck binding/ Tank top binding



With right sides together fold your binding in half so the shortest ends meet to form a loop.



Sew the shortest ends together



Fold the top of the binding down on itself so the wrong sides of the fabric are touching each other.



Your binding should look like this after you fold it.



Find the center point of the front and back romper neckline (or underarm if doing the tank top option) and mark it.

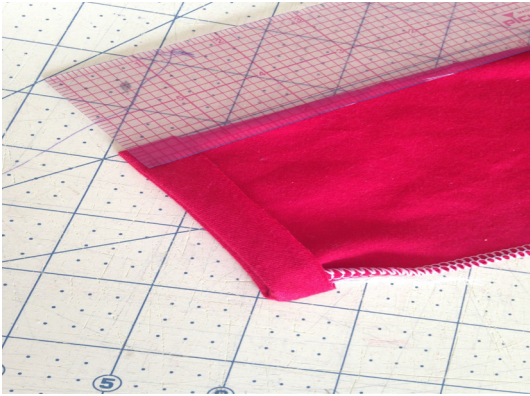
Line the seam of the binding up with the middle back marker point with right sides together.

Repeat for the front.

Stretch the binding to fit the neck hole (arm hole if doing tank top) and sew binding to the neck (or arm hole).

If doing the tank top option repeat on other arm hole.

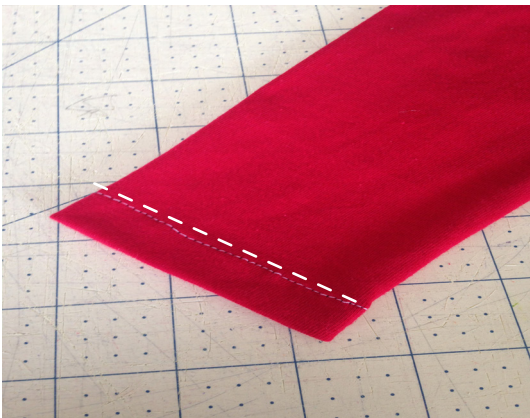
Hemming short sleeve/short/capri hems



To hem the short sleeve, shorts, or capris fold the hem up half an inch so that wrong sides are together.



Pin hem in place.



Topstitch using a zigzag stitch or short straight stitch.

AMAZING testers



Rompaloones



Rompaloones