



posey PARTY DRESS

SIZES 1-12 CONFIDENT BEGINNER  app-1401

REMOVABLE SASH, LINED BODICE, BUTTON BACK,
METRIC & IMPERIAL MEASUREMENTS



Start Here . . .

SEW YOUR POSEY DRESS WITH A: 1CM (3/8") SEAM ALLOWANCE UNLESS OTHERWISE STATED.



I Read the pattern through to get a feel for the steps.



II Print (pages 16-21) & assemble your pattern pieces (assembly guide on page 15).



III Choose your size based on the "Childs Measurement Table" (on page 3). Double check your size by looking at the "Finished Garment Measurements Table" (on page 3).



IV Cut out fabric - the skirt, frill & sash pieces as per the "Additional Pieces to cut out table" (on page 4) and the other pieces as per the pattern pieces. Check you have cut the correct pieces as below.



FRONT (CUT FROM MAIN FABRIC):

- 1 x front skirt (per additional pieces to cut table)
- 1 x front bodice (pattern piece)

FRONT (CUT FROM LINING FABRIC):

- 1 x front bodice lining (pattern piece)

FRONT (CUT FROM SHOULDER FRILL FABRIC - I HAVE USED THE SAME FABRIC FOR MY SHOULDER FRILLS AS MY SASH):

- 2 x shoulder frills (per additional pieces to cut table)

FRONT (CUT FROM SASH FABRIC):

- 2 x sash front panel (per additional pieces to cut table)



BACK (CUT FROM MAIN FABRIC):

- 2 x back skirt (per additional pieces to cut table)
- 2 x back bodice (pattern piece)
- 1x skirt placket (pattern piece)

BACK (CUT FROM LINING FABRIC):

- 2 x back bodice (pattern piece)

BACK (CUT FROM SASH FABRIC):

- 4 x sash side pieces (per additional pieces to cut table)



V Gather your other supplies (as per page 3) - interfacing, 3-6 buttons, coordinating trims to decorate your front sash panel, approximately 40cm (16") or 2-2.5cm (3/4-1") wide bias binding for covering the shoulder frill seam allowance (you could use regular fabric folded to this width, but I find bias is easier to work with).



GOT QUESTIONS OR WANT TO SHARE YOUR CREATIONS? Check out the 'Ainslee Fox Sewing Den' Facebook group OR email me ainsleefox@live.com.au

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FABRICS Medium to lightweight quilting or cotton fabrics and washable blends.

NOTIONS & TOOLS Sewing machine, scissors, sewing machine thread, tape measure or ruler, fabric pen/pencil, pins, ironing board & iron, hand sewing thread & needle.

For front sash panel: Coordinating trims. I used approximately 40cm (16") ribbon & a bow in this tutorial.

For shoulder frills: 40cm (16") of 2-2.5cm (3/4"-1") bias binding.

Other: 3-6 buttons, 5cm (2") x 40cm (16") medium weight interfacing.

Optional – Overlocker, Rotary cutter & mat.



CHILDS MEASUREMENTS TABLE

SIZE	1	2	3	4	5	6	7	8	9	10	11	12
AGE	12m	2yr	3yr	4yr	5yr	6yr	7yr	8yr	9yr	10yr	11yr	12yr
HEIGHT	80cm 2' 7 1/2"	92cm 3'	98cm 3' 2 3/8"	104cm 3' 4 6/8"	110cm 3' 7 1/8"	116cm 3' 9 1/4"	122cm 4'	128cm 4' 2 3/8"	134cm 4' 4 3/4"	140cm 4' 7 1/8"	146cm 4' 9 1/2"	152cm 5'
CHEST	50cm 19 11/16"	54cm 21 1/4"	55cm 21 5/8"	57cm 22 3/8"	59cm 23 1/4"	61cm 24"	63cm 24 3/4"	66cm 25 7/8"	69cm 27 1/4"	72cm 28 3/8"	75cm 29 1/2"	78cm 30 3/4"
WAIST	47cm 18 1/2"	51cm 20"	52cm 20 1/2"	54cm 21 1/4"	56cm 22"	58cm 22 3/4"	60cm 23 5/8"	61cm 24"	62cm 24 1/2"	63cm 24 7/8"	64cm 25 1/4"	65cm 25 1/2"

FINISHED GARMENT MEASUREMENTS TABLE

SIZE	1	2	3	4	5	6	7	8	9	10	11	12
CHEST	52cm 20 1/2"	56cm 22"	58cm 22 3/4"	60cm 23 5/8"	62cm 24 3/8"	64cm 25 1/4"	66cm 26"	68cm 26 3/4"	71cm 28"	74cm 29 1/8"	77cm 30 3/8"	80cm 31 1/2"
WAIST	51cm 20 1/4"	55cm 21 3/4"	56cm 22"	58cm 22 3/4"	60cm 23 5/8"	62cm 24 3/8"	64cm 25 1/8"	65cm 25 5/8"	66cm 26"	67cm 26 3/8"	68cm 26 3/4"	69cm 27 1/4"
SHOULDER TO HEM	45cm 17 3/4"	51cm 20 1/4"	55cm 21 3/4"	59cm 23 1/4"	63cm 24 3/4"	67cm 26 3/8"	70cm 27 1/2"	73cm 28 3/4"	76cm 30"	78cm 30 3/4"	80cm 31 1/2"	82cm 32 1/4"

FABRIC REQUIREMENTS This is an approximate guide (based on 115cm 45" wide fabric)

It will depend on whether the fabric you choose is directional or if you need to match patterns, plaids or stripes & how many fabrics you are choosing to use – it is always best to have more fabric so you can 'play' with fabric layout to get the best look for your finished dress.

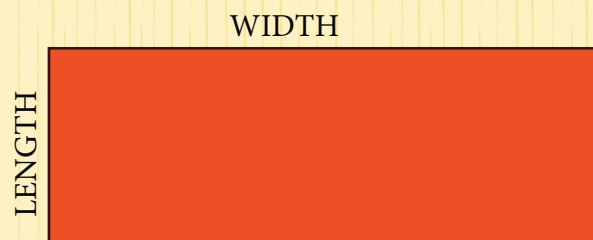
SIZE	1	2	3	4	5	6	7	8	9	10	11	12
MAIN	95cm 36"	100cm 40"	110cm 40"	115cm 45"	120cm 48"	120cm 48"	125cm 50"	130cm 51"	135cm 53"	140cm 55"	140cm 55"	150cm 59"
LINING	25cm 10"	30cm 12"	30cm 12"	30cm 12"	30cm 12"	30cm 12"	35cm 14"	35cm 14"	35cm 14"	35cm 14"	35cm 14"	40cm 16"
SASH/ FRILLS	45cm 18"	45cm 18"	45cm 18"	50cm 20"	50cm 20"	55cm 22"	55cm 22"	55cm 22"	55cm 22"	60cm 24"	60cm 24"	60cm 24"

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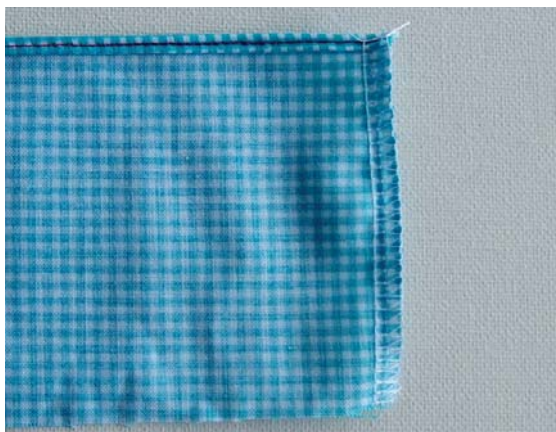
ADDITIONAL PIECES TO CUT TABLE

SIZE	FRONT SKIRT LENGTH	FRONT SKIRT WIDTH	BACK SKIRT LENGTH	BACK SKIRT WIDTH	SASH SIDE PIECES (length x width)	SASH FRONT PANEL (length x width)	SHOULDER FRILLS (length x width)
	CUT 1 SKIRT FRONT		CUT 2 SKIRT BACK		CUT 4	CUT 2	CUT 2
1	32cm 12 1/2"	89cm 35"	32cm 12 1/2"	46.5cm 18 1/4"	7cm x 75cm 2 3/4" x 29 1/4"	7cm x 28cm 2 3/4" x 11"	7cm x 40cm 2 3/4" x 16"
2	36cm 14"	95cm 37 1/2"	36cm 14"	49.5cm 19 1/2"	7cm x 78cm 2 3/4" x 30 3/4"	7cm x 30cm 2 3/4" x 11 3/4"	7cm x 40cm 2 3/4" x 16"
3	37.5cm 14 3/4"	98cm 38 1/2"	37.5cm 14 3/4"	51cm 20 1/4"	7cm x 80cm 2 3/4" x 31 1/2"	7cm x 31cm 2 3/4" x 12 1/4"	7cm x 40cm 2 3/4" x 16"
4	39.5cm 15 1/2"	101cm 40"	39.5cm 15 1/2"	52.5cm 20 3/4"	8cm x 82cm 3 1/4" x 32 1/4"	8cm x 32cm 3 1/4" x 12 1/2"	8cm x 45cm 3 1/4" x 18"
5	41.5cm 16 1/4"	103cm 40 1/2"	41.5cm 16 1/4"	53.5cm 21 1/4"	8cm x 84cm 3 1/4" x 33 1/4"	8cm x 33cm 3 1/4" x 13"	8cm x 45cm 3 1/4" x 18"
6	43cm 17"	106cm 41 1/2"	43cm 17"	55cm 21 3/4"	9cm x 86cm 3 1/2" x 34"	9cm x 34cm 3 1/2" x 13 1/4"	9cm x 50cm 3 1/2" x 20"
7	45cm 17 3/4"	106cm 41 1/2"	45cm 17 3/4"	55cm 21 3/4"	9cm x 88cm 3 1/2" x 34 3/4"	9cm x 35cm 3 1/2" x 13 3/4"	9cm x 50cm 3 1/2" x 20"
8	47cm 18 1/2"	106cm 41 1/2"	47cm 18 1/2"	55cm 21 3/4"	9cm x 90cm 3 1/2" x 35 1/2"	9cm x 36cm 3 1/2" x 14 1/4"	9cm x 50cm 3 1/2" x 20"
9	49cm 19 1/4"	106cm 41 1/2"	49cm 19 1/4"	55cm 21 3/4"	9cm x 92cm 3 1/2" x 36 1/4"	9cm x 37cm 3 1/2" x 14 3/4"	9cm x 50cm 3 1/2" x 20"
10	50.5cm 20"	108cm 42 1/2"	50.5cm 20"	56cm 22"	10cm x 94cm 4" x 37"	10cm x 38cm 4" x 15"	10cm x 55cm 4" x 22"
11	52.5cm 20 3/4"	108cm 42 1/2"	52.5cm 20 3/4"	56cm 22"	10cm x 96cm 4" x 37 3/4"	10cm x 39cm 4" x 15 1/4"	10cm x 55cm 4" x 22"
12	54.5cm 21 1/2"	108cm 42 1/2"	54.5cm 21 1/2"	56cm 22"	10cm x 98cm 4" x 38 3/4"	10cm x 40cm 4" x 15 3/4"	10cm x 55cm 4" x 22"

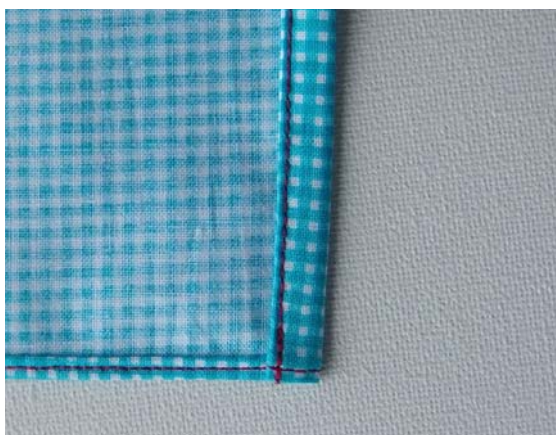




PREPARE YOUR SHOULDER FRILLS...



- a. Rolled hem or narrow hem one of the long sides of each of the shoulder frills.
- b. Overlock (or otherwise finish) both of the short ends of each of the shoulder frills.



- c. Fold over the overlocking twice, iron in place then topstitch.



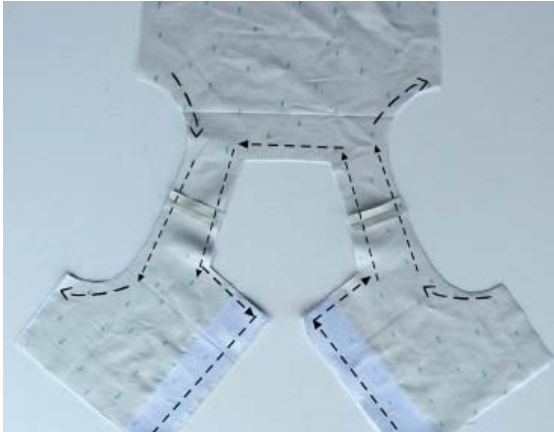
- d. Sew two rows of gathering stitch along the other long side of each of the shoulder frills. I do my first row about 3mm (1/8") from the edge and my second row about 6mm (1/4") from the edge.



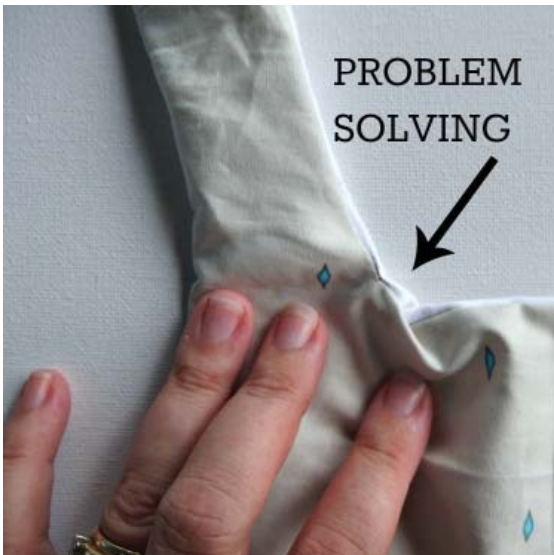
PREPARE YOUR BODICE...



- a. Iron 5cm (2") wide strips of interfacing along the centre back on the wrong sides of the main and lining back bodice pieces.
- b. Sew your main front and main back bodice pieces together at the shoulders.
- c. Repeat with the lining.
- d. Iron the shoulder seams open.



- e. Lay the main bodice on top of the lining bodice, right sides together, and pin along the centre back, neck & armholes.
- f. Sew together along the centre back, neck and armholes.
- g. Clip the curves & corners.



- h. Turn right side out.
- i. Iron your bodice flat.



ATTACH YOUR SHOULDER FRILLS TO YOUR BODICE...



- a. Gather your shoulder frills so they will fit along the neck side of the shoulder piece.
- b. Sew them in place with the wrong side of the shoulder frill matching the right side of the bodice main. Your stitching should be about 0.5cm (1/4") away from the edge. This way the basting stitching won't show after your dress is complete.



- c. Turn your bodice over and open out one side of your bias binding.

I like to work with more bias binding than necessary and trim it to size when my stitching gets close to the end. There's nothing worse than doing all this fiddly stuff just to find your bias is too short!

Fold the short end of the bias binding in by about 1cm (3/8"). Match the raw edge of the bias binding to the neck (right side of bias to right side of bodice lining).

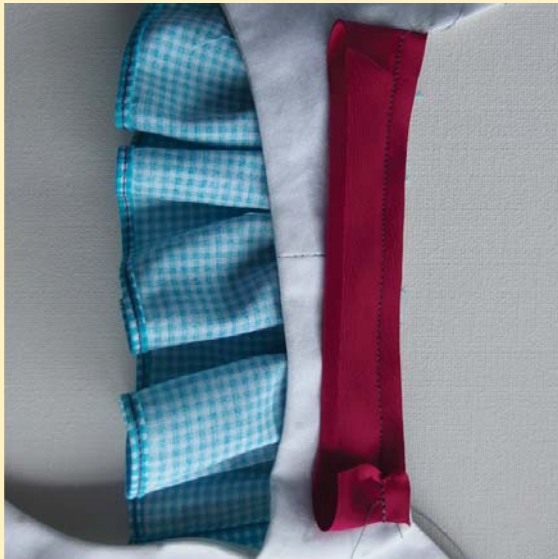
- d. Sew along the fold line on the bias binding.



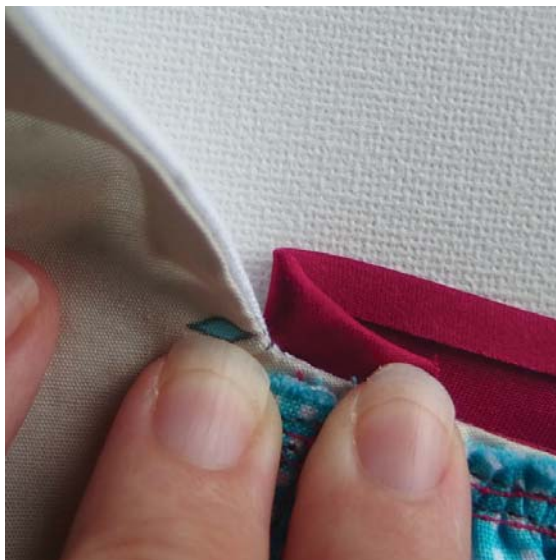
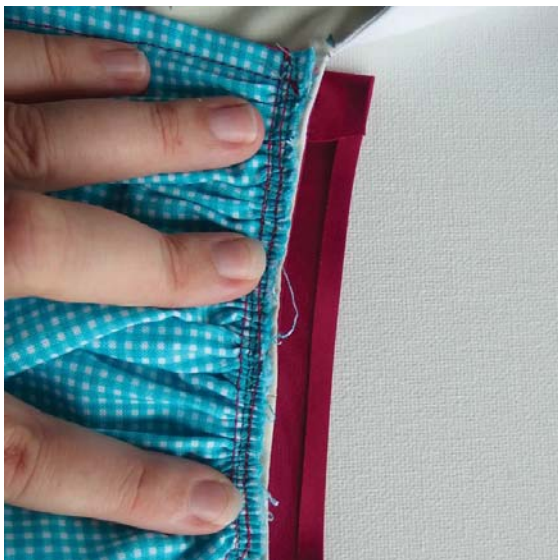
- e. When your stitching gets close to the end, trim your bias so that it is 1cm (3/8") longer than you need. You want the bias and the frill to be the same length. Lift your work slightly so you can see how long it should be.
- f. Fold up the end of the bias (the same way you did in step 3c) and continue stitching to the end.

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CHECK HOW YOU'RE GOING..

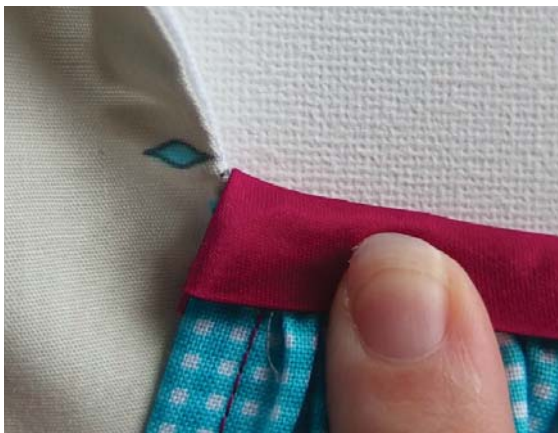


Your work should look like this.



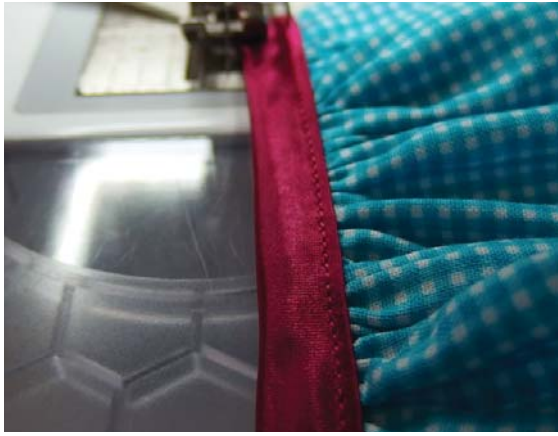
9. Working from the right side pull tightly on the bias so it sticks out as far as possible.

H. Fold in a corner at the end of the bias.



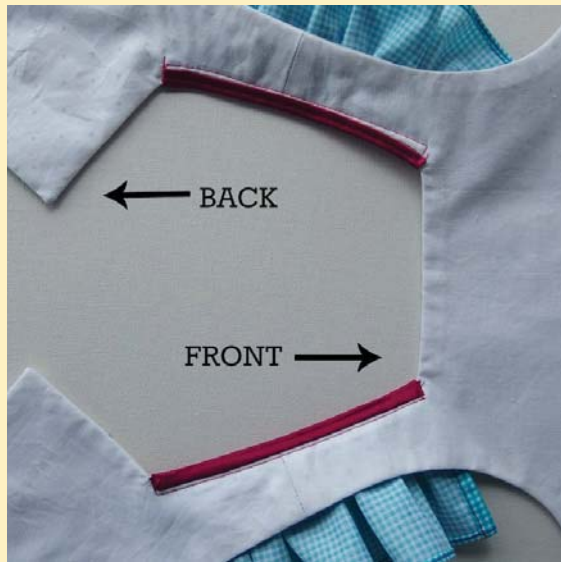
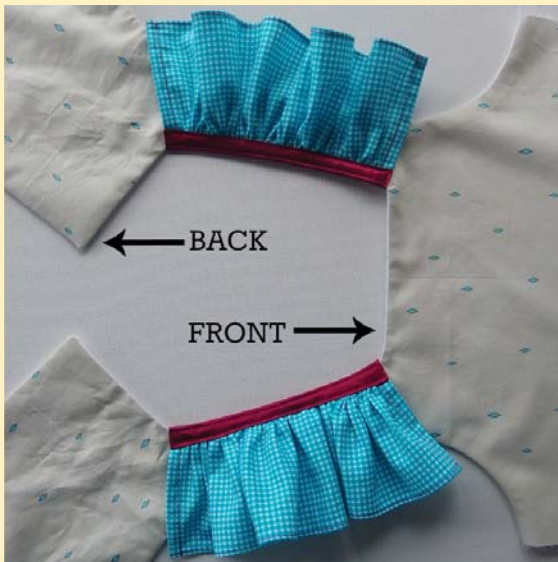
I. Fold the bias over to the front of the shoulder. It will now cover the frill seam allowance. Make sure everything is nice and neat and even. We want the bias to cover the frill exactly and the ends of the bias to not stick out.

J. When you are happy with how your bias is looking iron it in place (make sure your iron is not too hot if you are using satin bias). If you can squish the frill seam allowance to get a nice fold in the bias it makes the next step easier.



- K Topstitch along the four sides of your bias. Poking in any bits which are sticking out at the ends.
- L Repeat step 3c-3k for the second shoulder frill.

CHECK HOW YOU'RE GOING..



With main side up it should look like the picture on the left and with lining side up it should look like the picture on the right.



COMPLETE YOUR BODICE...

- a Match & pin the bodice side seams, right sides together.
- b Sew the side seams together.



- c Iron the side seams open.
- d Sew your buttonholes on the left side back of the bodice. The first should be 2cm (3/4") from the top and the last should be 2.5cm (1") from the bottom. Evenly space your other buttons in between.



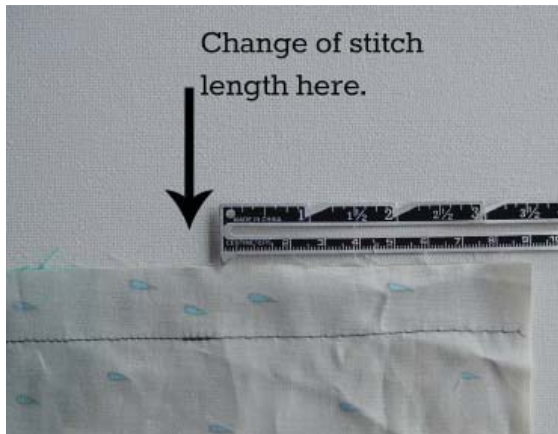
PREPARE YOUR SKIRT...

- a. Fold your skirt placket piece in half lengthwise, right sides together and sew along one short side and one long side.



- b. Clip the corners.

- c. Turn out and iron.



- d. Starting at the hem sew the two back skirt pieces together using a 2cm (3/4") seam allowance. Stop 9cm (3 1/2") from the top and swap to your machines longest stitch then complete the seam.
- e. Sew the front skirt piece to the back skirt pieces at the side seams using a 1.5cm (5/8") seam allowance.
- f. Overlock (or otherwise finish) BOTH SIDES of these seams (7a & 7b) separately. Iron these seams open.



- g. Overlock (or otherwise finish) the bottom of the skirt.
- h. Fold up over the overlocking once and iron.
- i. Iron up your 2cm (3/4") hem.
- j. Topstitch along the edge.

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- K. Working from the inside of your skirt - align a long side of the skirt placket with the left back skirt overlocking. Pin in place, just through the placket and the skirt seam allowance (ie not through the main fabric of the skirt).
- L. Fold the skirt out of the way and sew the skirt placket to the skirt seam allowance.



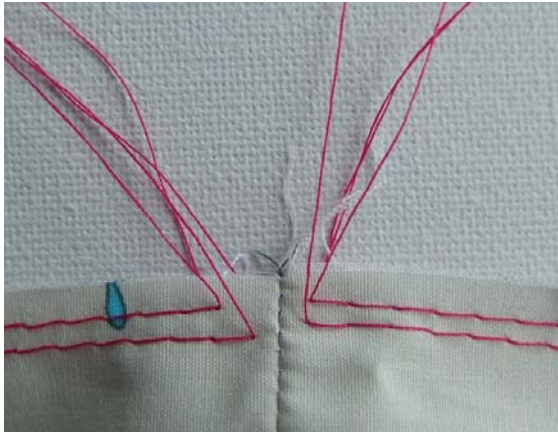
- M. Open out the skirt and sew along the bottom of the skirt placket through all the layers
- N. Unpick the long stitch at the top of the centre back skirt seam down to where you sewed through all the layers in step 5m.



- O. Working from the right side, topstitch along the left side of the centre back seam.
- P. Turn your work around and topstitch up the right side of the centre back seam through the skirt.

THIS IS HOW IT WILL LOOK WHEN DONE ...





- a. Sew two lines for gathering stitch along the top of the skirt. Break your stitching at the side and back seams of the skirt. I do my first row about 3mm (1/8") from the edge and my second row about 6mm (1/4") from the edge.



ATTACH YOUR BODICE TO YOUR SKIRT...



- a. Iron the bottom of the main fabric on the bodice up by 0.5cm (3/16"). Take particular care at the centre back to make sure that when the dress is buttoned up (ie when the back is overlapped by 3cm or 1 1/4") that the back bodice main fabric will be the same length. If necessary you may need to adjust the foldline at the centre back. ie one side may need to be ironed up 0.6cm (1/4") and the other may need to be ironed up 0.5cm (3/16") so that they appear even.

WHY? We will be attaching the skirt to the bodice lining in the next few steps. After the bodice lining & the skirt are sewn together we will fold the main bodice fabric over the bodice lining/skirt seam allowance and topstitch along the fold line we have ironed in this step. Thereby fully enclosing the bodice/skirt seam.



- b. Using the gathering threads you sewed in step 5q gather the skirt to match the bodice.
- c. Pin the right side of the bodice lining to the wrong side of the skirt.
- d. Hold the main bodice fabric out of the way. With the skirt on top (so that you can evenly distribute the gathers as you sew) stitch the wrong side of the skirt to the right side of the bodice lining.



- c. The bodice will now be joined to the skirt via the bodice lining only. The bodice main fabric will be flapping around loose. Turn the dress right side out.
- f. Working from the right side of the dress pin the main bodice fabric to the skirt (thereby covering up the skirt/bodice lining seam) along the fold you made in step 6a. If necessary reiron it. Recheck it will be even at the centreback when the buttons are done up.



- h. Topstitch along the foldline.



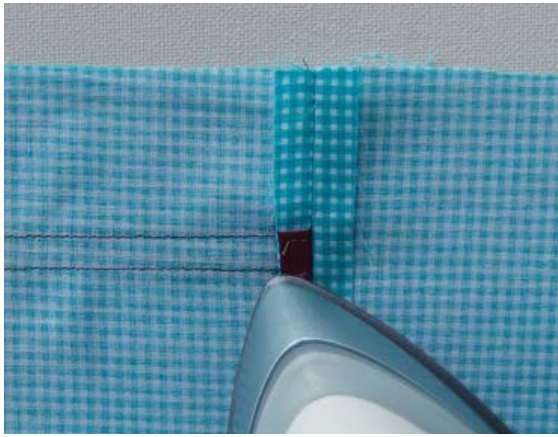
COMPLETE YOUR SASH...



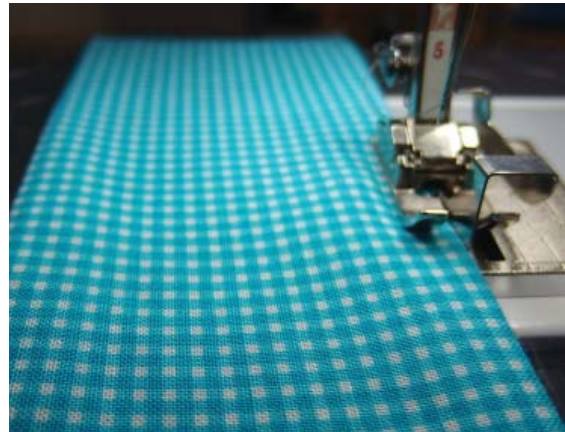
- a. Design your sash front panel. I use sewline glue to stick my embellishments in place before sewing.
- b. Sew your trim and embellishments on to one of the sash front panel pieces.
- c. Take two of your sash side pieces and pair them up - right sides facing.
- d. Cut a diagonal line at the end of each pair. I fold one short corner across to meet the opposite long side and cut along that line.

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- e.** Sew a sash side piece on either side of the sash front panel, right sides together.



- f.** Iron this seam open.
- g.** Repeat step 7c-7f for the second sash front panel and the other two sash side pieces.
- h.** Pin your two long sash pieces (sash side piece - sash front panel - sash side piece) to each other right sides together.
- i.** Sew around the edge. Remember to leave a 10cm (4") gap in the centre for turning out.
- j.** Clip the corners and turn out.



- k.** Roll the seam between your fingers so it "pops out" and iron flat.
- l.** Tuck in the seam allowance along the gap you left for turning.
- m.** Topstitch around your sash.



8 SEW ON YOUR BUTTONS ...

- a.** Cut your button holes. I use "fray-stop" over my buttonholes before I cut them to stop the threads coming loose. I put a pin at one end of the button hole and then cut with a quick-unpick. The pin at one end prevents me accidentally cutting too far.
- b.** Arrange the back of the dress as though it were done up with the back overlapping by 3cm or 1 1/4".
- b.** Mark the button placement by putting a fabric pencil through the buttonhole.
- c.** Sew on your buttons.



9 SHARE YOUR CREATION ...

I love to see what you sew with my patterns. Feel free to share your photos in the 'Ainslee Fox Sewing Den' Facebook group or email me ainsleefox@live.com.au

Assembly:

Cut along the left and bottom of pieces and join to the adjacent pieces with the same letter.

Seam allowance IS INCLUDED on all pieces.

25mm x
25mm
test square



4 inch test line

