



"Poppy" is a loose, over-sized t-shirt designed for knits. If you are looking for a tighter fit, look at the "Finished Garment Measurement" chart to see how much ease is in the shirt and size down accordingly.

Terms of Use: You may not redistribute this pattern in either printed or electronic format. This pattern is for personal use only



Thanks for downloading this free pattern. I hope you enjoy sewing, wearing, and adding a new garment to your handmade wardrobe. Grab some of your favorite knit fabric, scissors, and head over to your sewing machine with a cup of tea or your favorite go-to sewing snack/beverage, and let's get going! For all the latest pattern news, sew-alongs, styling tips, tutorials, and additional patterns head over to www.kzjostudio.com

Happy Sewing,

Sewing Level: **Beginner**

Materials Needed:

- Works well with most knits: double knit, ponte de roma, sweater knits, jersey, sweatshirt, etc.
- Basic Sewing Supplies

Size Chart

Note: KZJO'S STUDIO patterns are designed with a C cup

Size (in.)	xx-small	x-small	small	medium	large	x-large	xx-large
bust	32	34	35	37	38	42	44
waist	24	26	27	29	30	34	36
hip	34	36	37	39	40	44	46

Size (cm.)	xx-small	x-small	small	medium	large	x-large	xx-large
bust	82	86	89	94	97	107	112
waist	61	66	69	74	77	86	91
hip	87	91	94	99	102	112	117

Finished Garment Measurements

Size (in.)	xx-small	x-small	small	medium	large	x-large	xx-large
bust	34	36 1/2	38 3/4	42	44 3/4	47 1/2	50
waist	34 3/4	37 1/4	40	42 3/4	45 1/2	48 1/4	51
hip	35 1/2	38	41	43 1/2	46	49	51 1/2
length from center back	22	22 1/2	23 1/4	23 3/4	24 1/4	25	25 3/4

Size (cm.)	xx-small	x-small	small	medium	large	x-large	xx-large
bust	87	94	98	107	114	121	127
waist	88	95	102	109	116	123	129
hip	90	97	104	111	117	124	131
length from center back	56	58	59	61	62	64	66

Fabric Requirements

Size	xx-small	x-small	small	medium	large	x-large	xx-large
44" (yards)	1 5/8	1 5/8	1 5/8	1 5/8	1 3/4	1 3/4	1 3/4
54" (yards)	7/8	7/8	7/8	7/8	1 3/4	1 3/4	1 3/4
60" (yards)	7/8	7/8	7/8	7/8	1	1	1
115cm	150	150	150	150	160	160	160
150cm	80	80	80	80	90	90	90

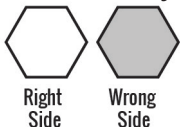
Poppy

After sewing up your "Poppy", I bet you're ready to show it off! I would love to see your finished garment, how you styled it, and how much fun you had while making it. Use the hashtags #thepoppyshirt and #kzjostudio to share your take on "Poppy".

General Sewing Instructions

A few quick things before you get started:

- All seam allowances are 1/2" unless otherwise stated.
- Make sure that you have your coordinating thread and bobbins ready to go along with a ballpoint needle.
- You may want to use the knit stitch on your sewing machine, it looks like a lightning bolt.
- When sewing with knits make sure you aren't stretching the fabric as you go. You may want to use a walking foot especially if using a bulkier knit fabric.
- Use spray starch to help aid with sewing and pressing slippery or rolling knits, as needed.
- Make sure to mark notch at the bottom of each armscye.



Printing & Cutting Out the Pattern Pieces

1A // Print out the pattern pieces (pages 3-17) *Make sure to print at actual size. Assemble the pattern pieces matching the hexagons and numbers. Cut out desired size of Front and Back bodices. Cut out Neckline and Armscye binding pieces.

2A // Cut from the fabric:
1 Front Bodice (cut on fold)
1 Back Bodice (cut on fold)
1 Neckline binding
2 Armscye binding

Prep Bindings

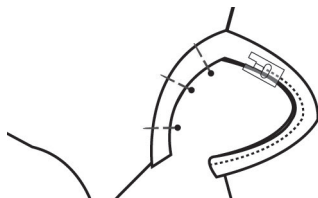
1B // Take your Neckline binding and fold in half lengthwise, wrong sides together. Press. Repeat process with the remaining 2 Armscye binding pieces.

Constructing Your "Poppy"

1C // Place the front and back bodice right side together, aligning the left shoulders, and pin. Sew, and serge or mock overlock the raw seam allowance; press seam toward the back bodice.



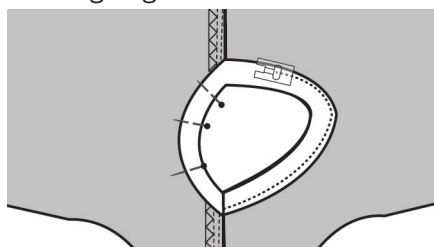
2C // Starting at one side of your neckline, pin the neckline binding right sides together aligning raw edges; continue pinning around the neckline. Sew and trim excess binding at the end of the neckline.



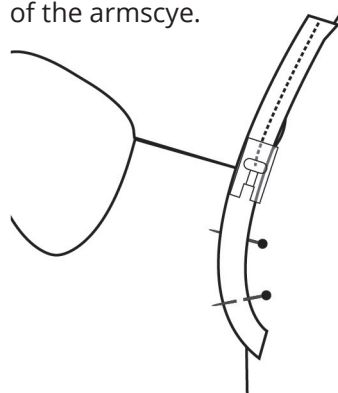
3C // Sew the shoulder as in step 1C, include the binding as an extension of the shoulder.



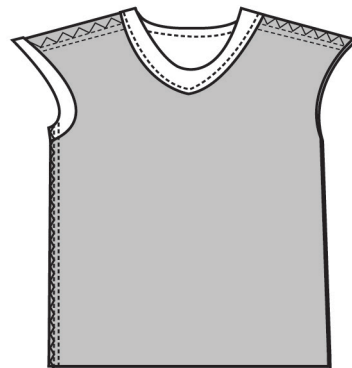
4C // Trim seam allowance to 1/8", flip the binding all the way to the wrong side, encasing the raw seam allowance. Topstitch along the binding edge.



5C // Starting at one side of one of the armscye, pin one armscye binding right sides together aligning raw edges; continue pinning around the armscye. Sew and trim excess binding at the end of the armscye.

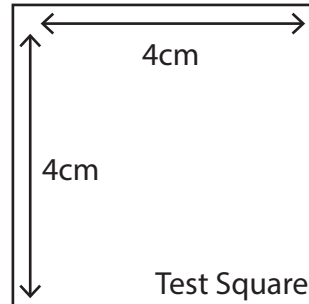
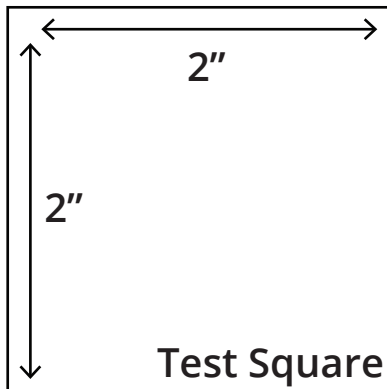


6C // Sew the side seam the same as in step 1C, include the binding as an extension of the side seam. Trim seam allowance to 1/8", flip the binding all the way to the wrong side, encasing the raw seam allowance. Topstitch along the binding edge. Repeat with remaining armscye and side seam.



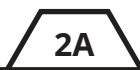
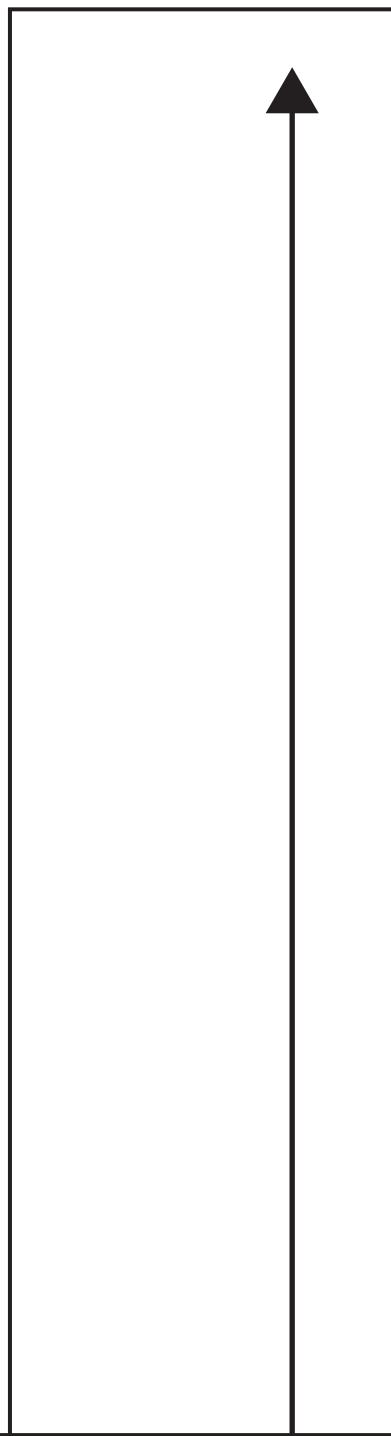
Hemming

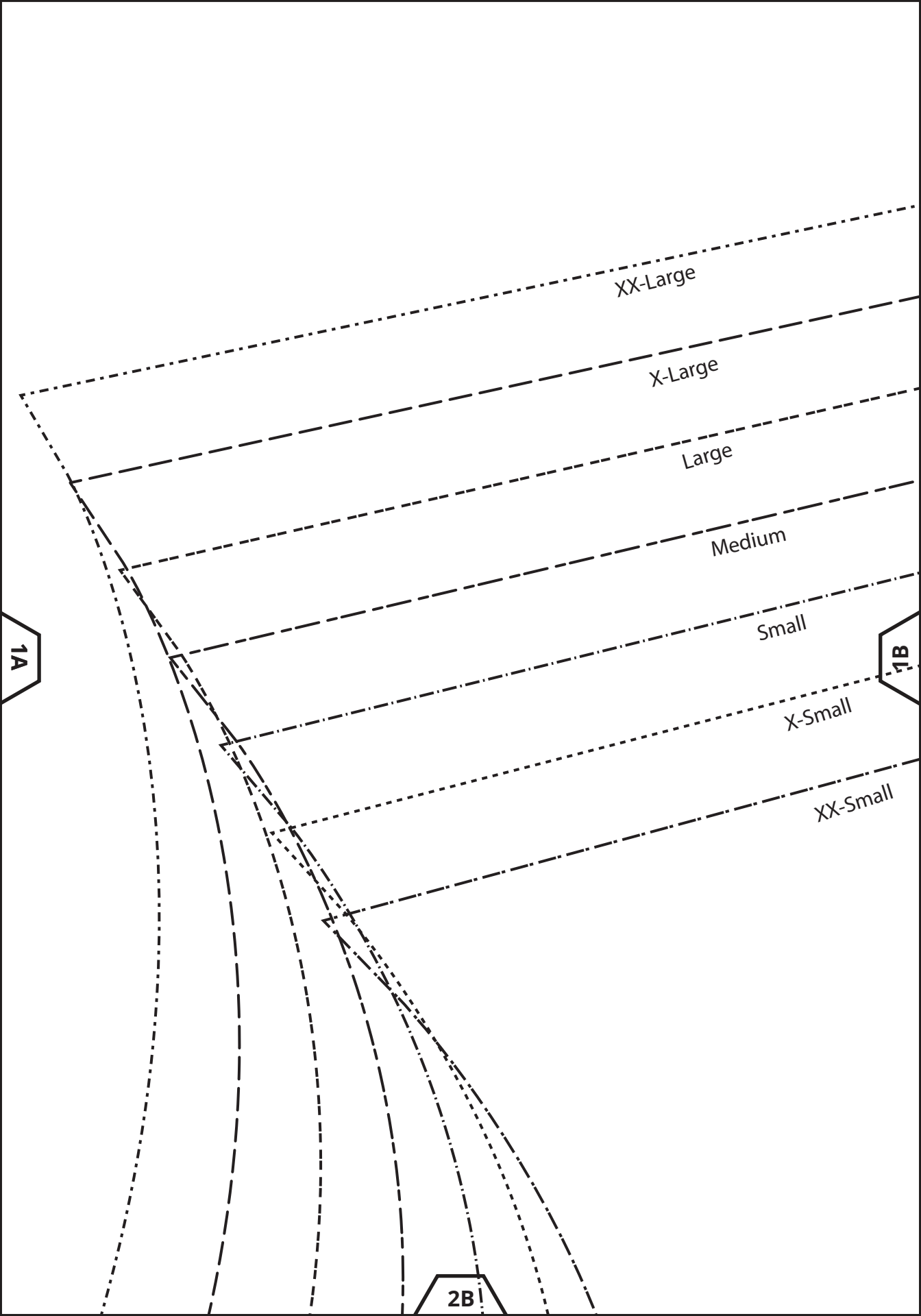
1D // Fold hem up 1/2" press well. Fold hem up another 1/2" and press well. Pin if needed. Sew in 3/8" from the edge catching the seam allowance as you sew backstitching at each end along the bottom of the shirt! Press and you're done!
You can also hem your "Poppy" using a coverstitch machine or the double needle method.



Copyright ©2015 KZJO'S STUDIO by Kaysie Provence
All rights reserved.
Distributing and/or copying this pattern is strictly prohibited.
For any questions or comments please contact
thoughtsorquestions@kzjostudio.com

Size Key	
XX-Small	-----
X-Small	-----
Small	-----
Medium	-----
Large	-----
X-Large	-----
XX-Large	-----





XX-Large

X-Large

Large

Medium

Small

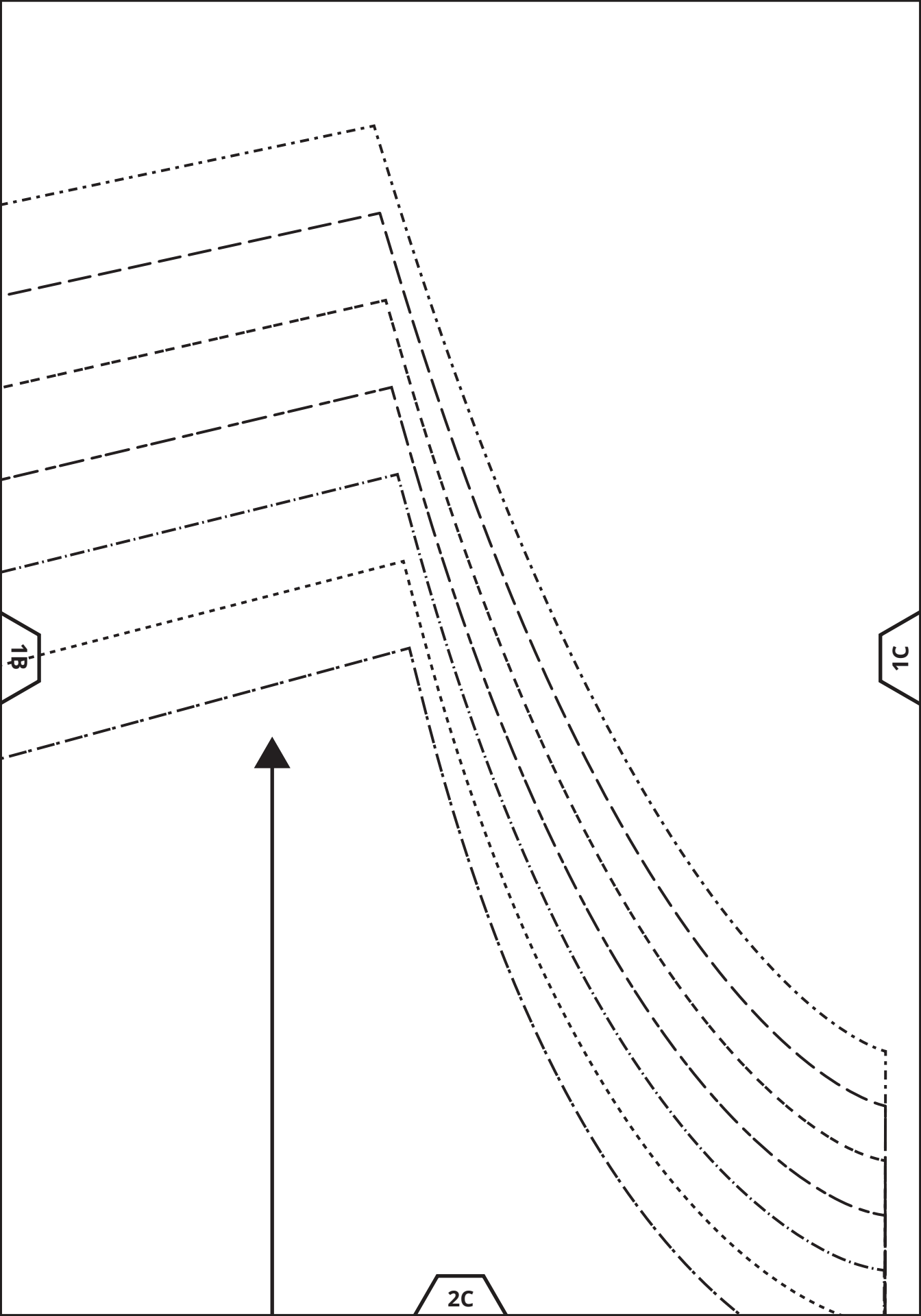
X-Small

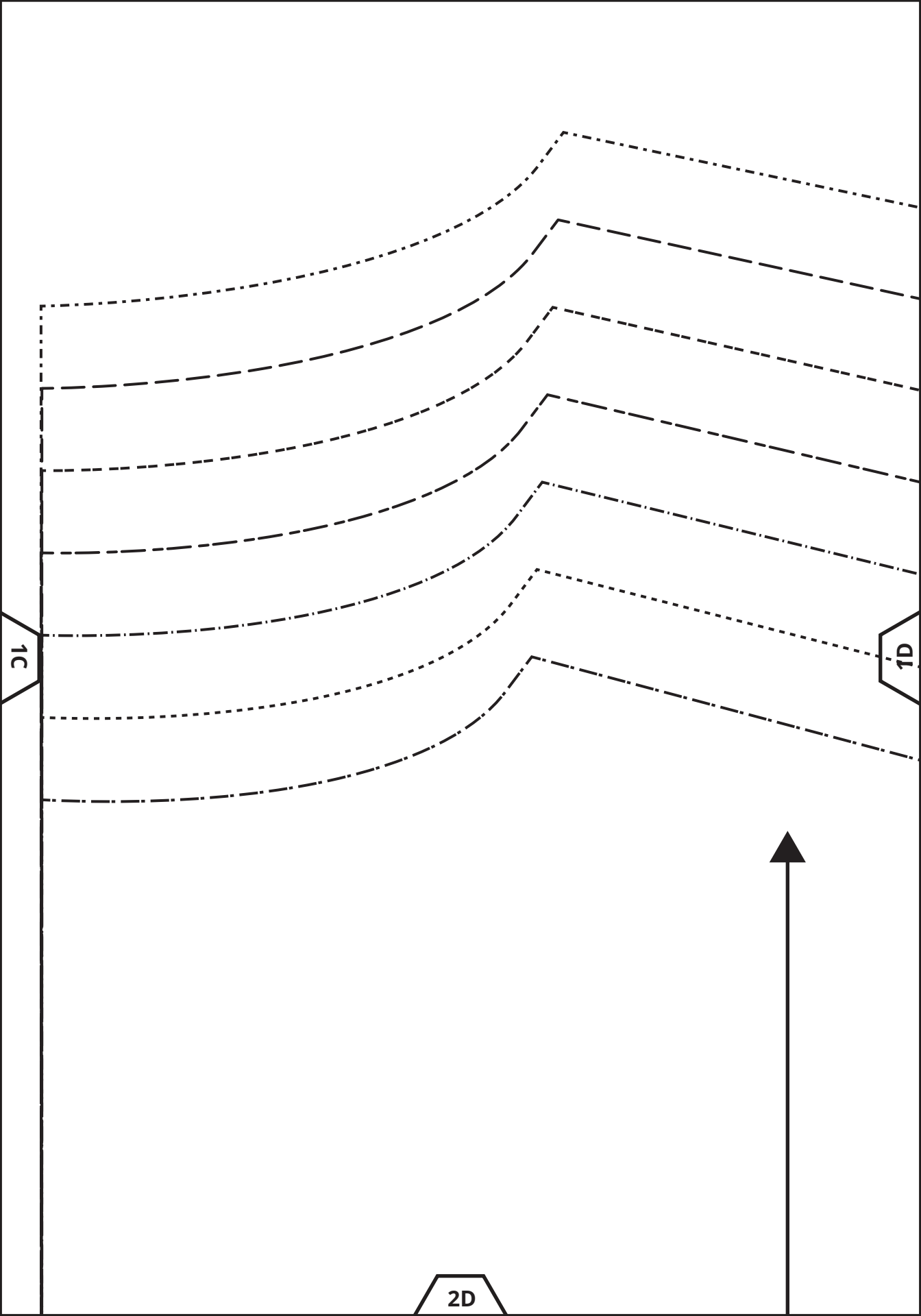
XX-Small

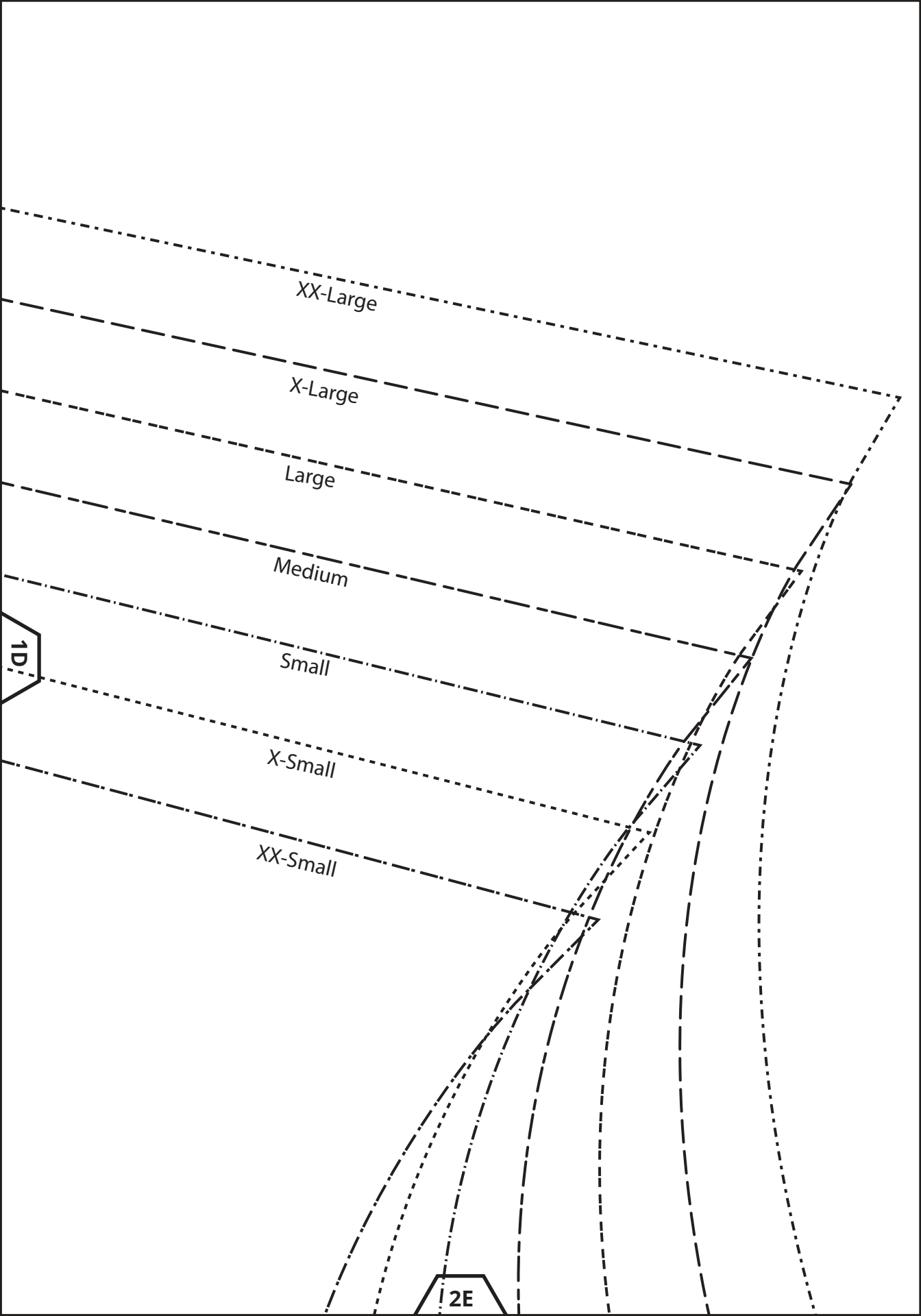
1A

1B

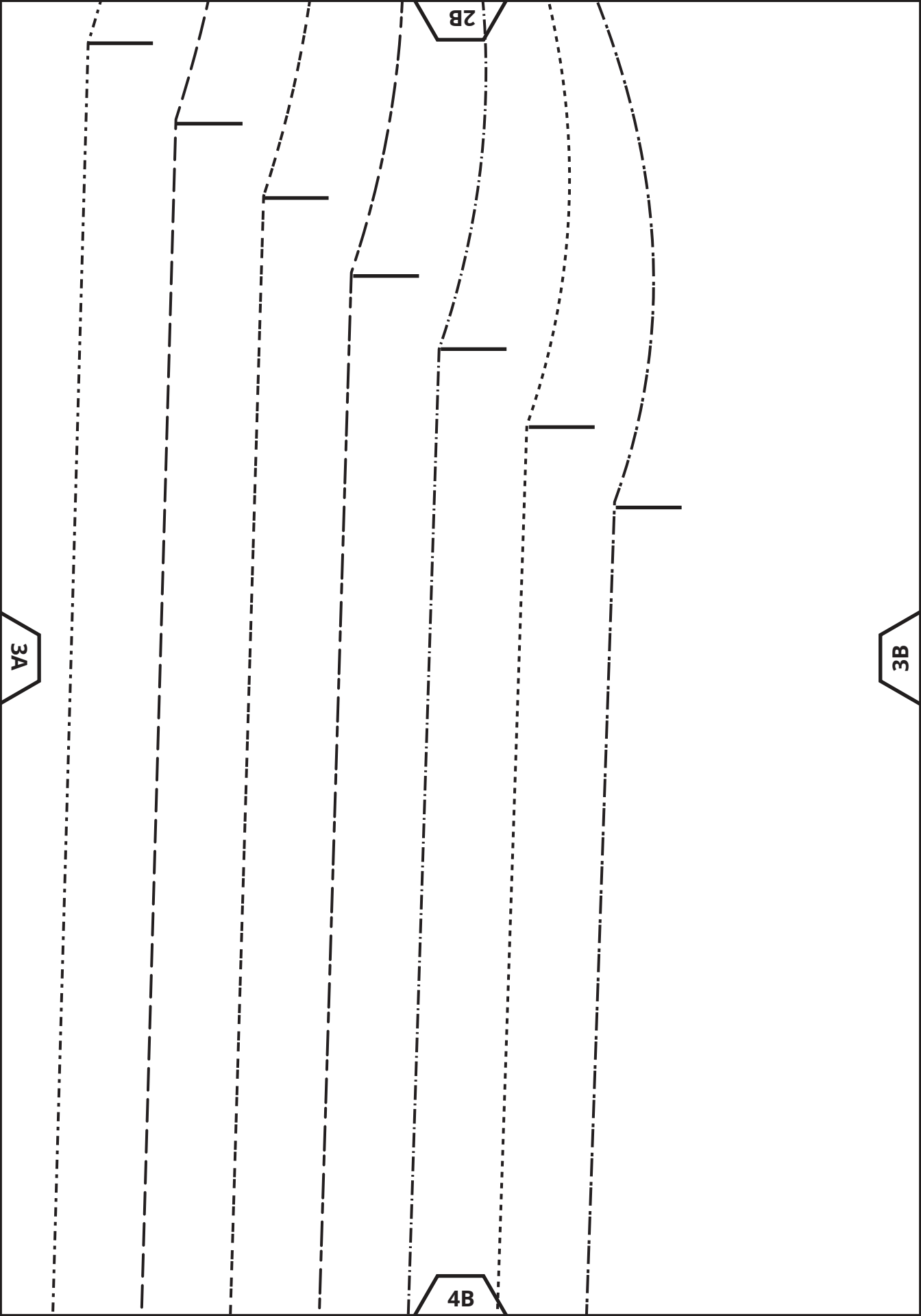
2B







	Direction of Greatest Amount of Stretch A black arrow pointing upwards, indicating the direction of greatest stretch.		Direction of Greatest Amount of Stretch		3A
	4A				2A



2B

3A

3B

4B

2C

Lippy

Front Bodice
Cut 1 on fold



Center Front Cut on Fold



3C

4C

3B

2D

Lippy

Back Bodice
Cut 1 on fold



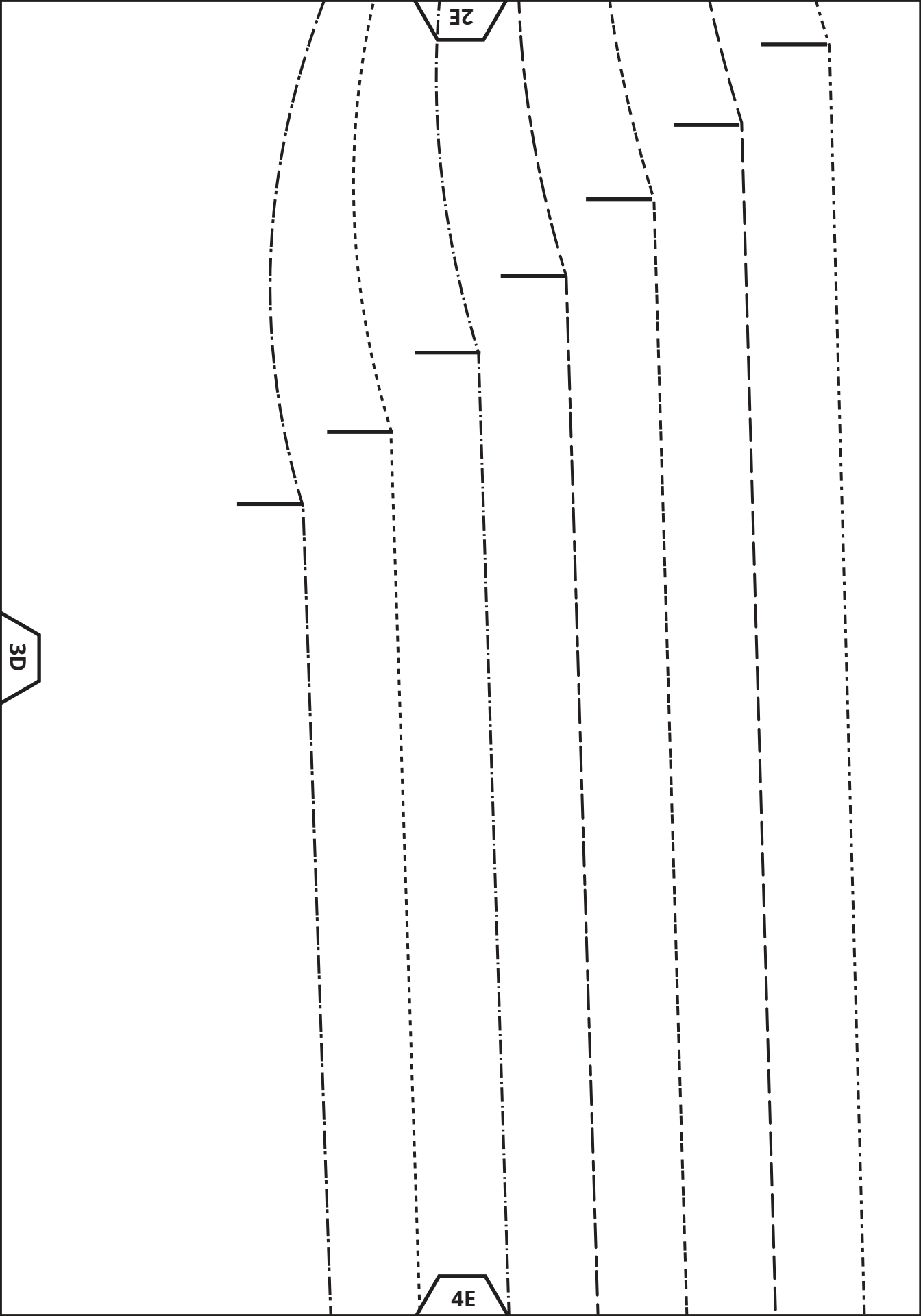
3D

3C

Center Back Cut on Fold

Grainline

4D



2E

4E

3D

Joppu

Armscye Binding
Cut 2



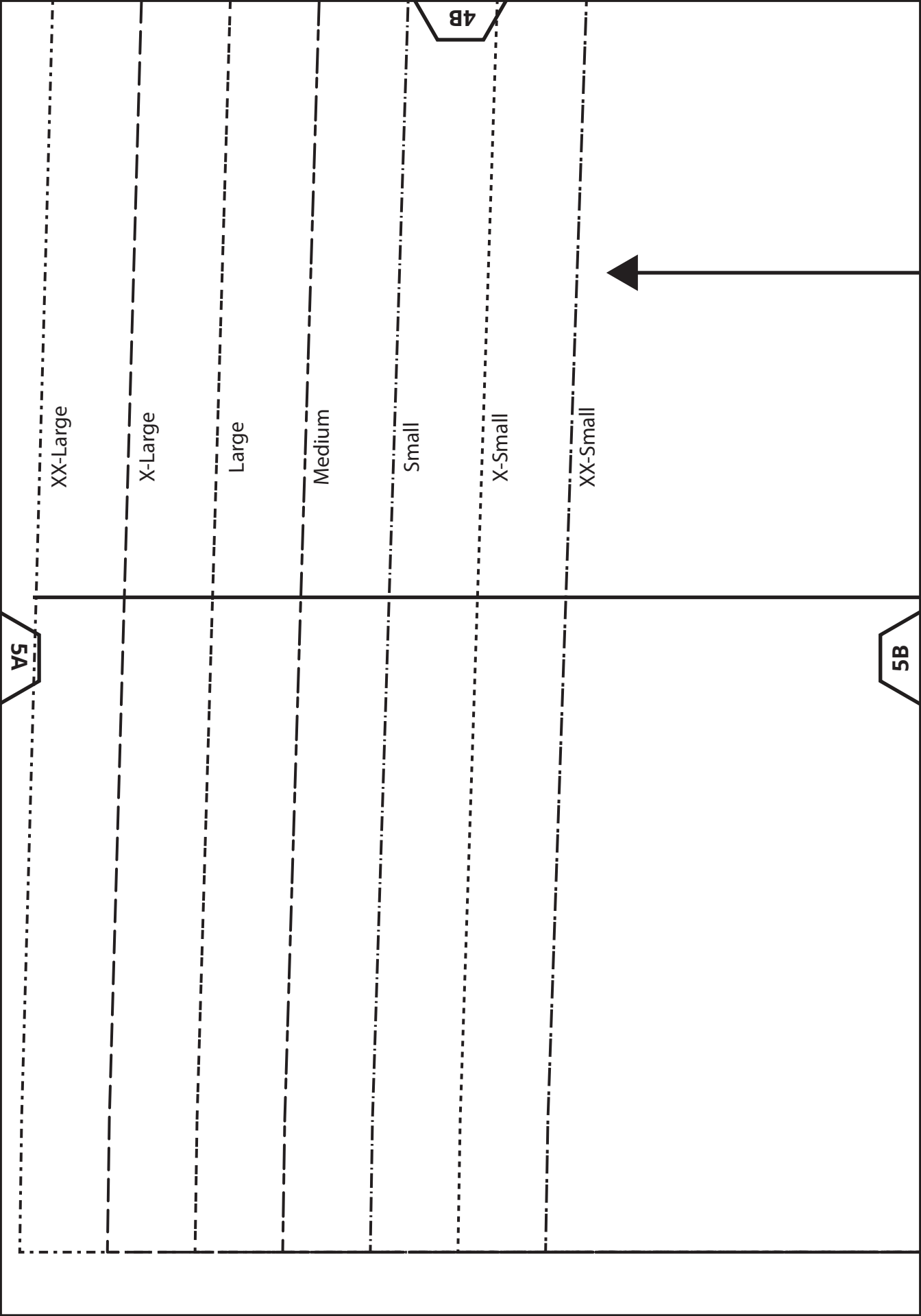
4A

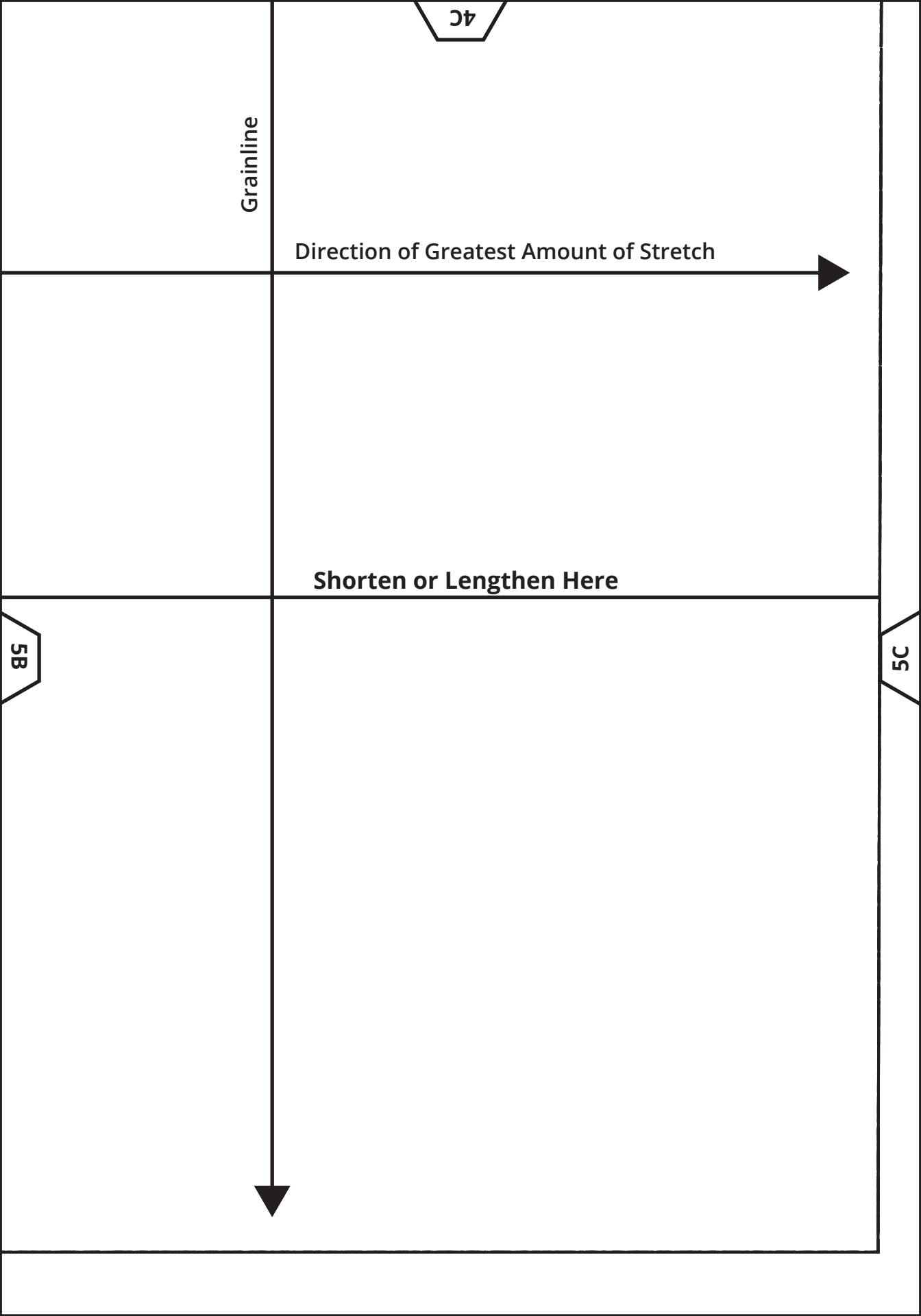
Joppu

Neckline Binding
Cut 1



5A





4D

Direction of Greatest Amount of Stretch



Shorten or Lengthen Here

5D



5C

XX-Large

X-Large

Large

Medium

Small

X-Small

XX-Small

4E



5D