

5 Place one arm piece, right sides facing, against the top. Start by pinning each end and work your way towards the middle, ensuring it is secured evenly. Sew using a 6mm seam allowance. Repeat for the second sleeve. Place the front and back cowl pieces, right sides together, then pin and sew along the top longer curved edge. Turn the cowl right side out and press. Topstitch 25mm from the edge just sewn using a stretch stitch.

6 Fold the cowl in half and mark the centre of the raw edge of the back. Fold the top in half and mark the centre of the back neckline. Match the mark on the back of the cowl to the back neckline mark and pin in place. Pin around the neckline until you reach one end of the cowl, then pin the other way around the neckline. The two ends of the cowl will overlap across the whole front.

7 Turn to the back of the top. Pin the neck facing to the back of the neckline with the right side of the facing against the fabric of the cowl. The facing should reach almost shoulder to shoulder. Sew the cowl and facing to the top, stitching around the entire neckline using an overlocker or long, narrow zigzag stitch – taking care to catch all the layers as you sew. Begin and end the stitching in the middle of the back as it will eventually be hidden by the facing.

8 Fold the neck facing down, so it is inside the top with the right side of the fabric facing you. Pin in place. Sew the facing down using a medium straight stitch, 2mm-3mm from the edge of the facing. Pin the top along the arms and down each side, right sides together. Sew from the end of the arm to the bottom of the garment in one go, using a 6mm seam allowance.

9 Fold each arm cuff in half, matching the two short ends, to form a ring of fabric. Sew using a 6mm seam allowance. Fold the bottom half of each cuff up to make a double layered ring. Place one cuff over the end of a sleeve so that all the raw ends face the same way. Stretch the cuff gently, pin evenly around the end of the sleeve and sew in place with an overlocker on a stretch setting, or a zigzag stitch on a regular sewing machine, using a 6mm seam allowance. Repeat for the second arm cuff, plus the waist cuff at the bottom of the garment.



the haberdashery



Puffins in light blue

This adorable organic sweatshirt knit by Andrea Lauren is also available in yellow. £22 per metre, www.jellyfabrics.co.uk



Essentials

- Light to medium-weight knit fabric
- Cotton elastane ribbing or jersey

Dimensions

Custom sized

Cutting guide

Front: cut one on fold

Back: cut one on fold

Cowl neck: cut two on fold

Back neck facing: cut one on fold

Sleeve: cut two on fold

Semi-circle through pocket: cut one on fold

Sizing chart:

Size	Height	Waist
2 yrs	90cm	51cm
3 yrs	97cm	52cm
4 yrs	103cm	53cm
5 yrs	109cm	55cm
6 yrs	115cm	57cm
7 yrs	121cm	59cm
8 yrs	127cm	61cm
9 yrs	133cm	62cm
10 yrs	140cm	63cm

Fabric amounts (based on 140cm wide)

2 yrs: 80cm	3 yrs: 90cm	4 yrs: 90cm
5 yrs: 100cm	6 yrs: 100cm	7 yrs: 100cm
8 yrs: 140cm	9 yrs: 160cm	10 yrs: 170cm

Ribbing Measurements

Size	Waist Cuff (cut one)	Arm Cuff (cut two)	Edges of Semi-Circle Through Pocket (cut two)
2 yrs	8.5cm x 57cm	7cm x 14cm	3cm x 15cm
3 yrs	8.5cm x 60cm	7cm x 16cm	3cm x 16cm
4 yrs	8.5cm x 64cm	8cm x 17.5cm	3cm x 17cm
5 yrs	9cm x 68cm	8cm x 19cm	3cm x 18.5cm
6 yrs	9cm x 71cm	8cm x 19.5cm	3cm x 18.5cm
7 yrs	9cm x 75cm	8.5cm x 20cm	3cm x 19cm
8 yrs	9cm x 78cm	8.5cm x 21cm	3cm x 19.5cm
9 yrs	10cm x 80cm	8.5cm x 22cm	3cm x 20cm
10 yrs	10cm x 83cm	9cm x 23cm	3cm x 20.5cm



Sew with stretch fabric

cosy cowl top

Your littl'un will love this soft and cosy sweatshirt!

Young Jack looks very smart and snug in this cowl necked top, made by his mum Sarah Gledson. The fun puffin print in light blue and yellow will appeal to many kids, but any kind of cotton/bamboo French terry, light sweatshirting, velour or jersey fabric with at least 50% stretch would work well for this garment.

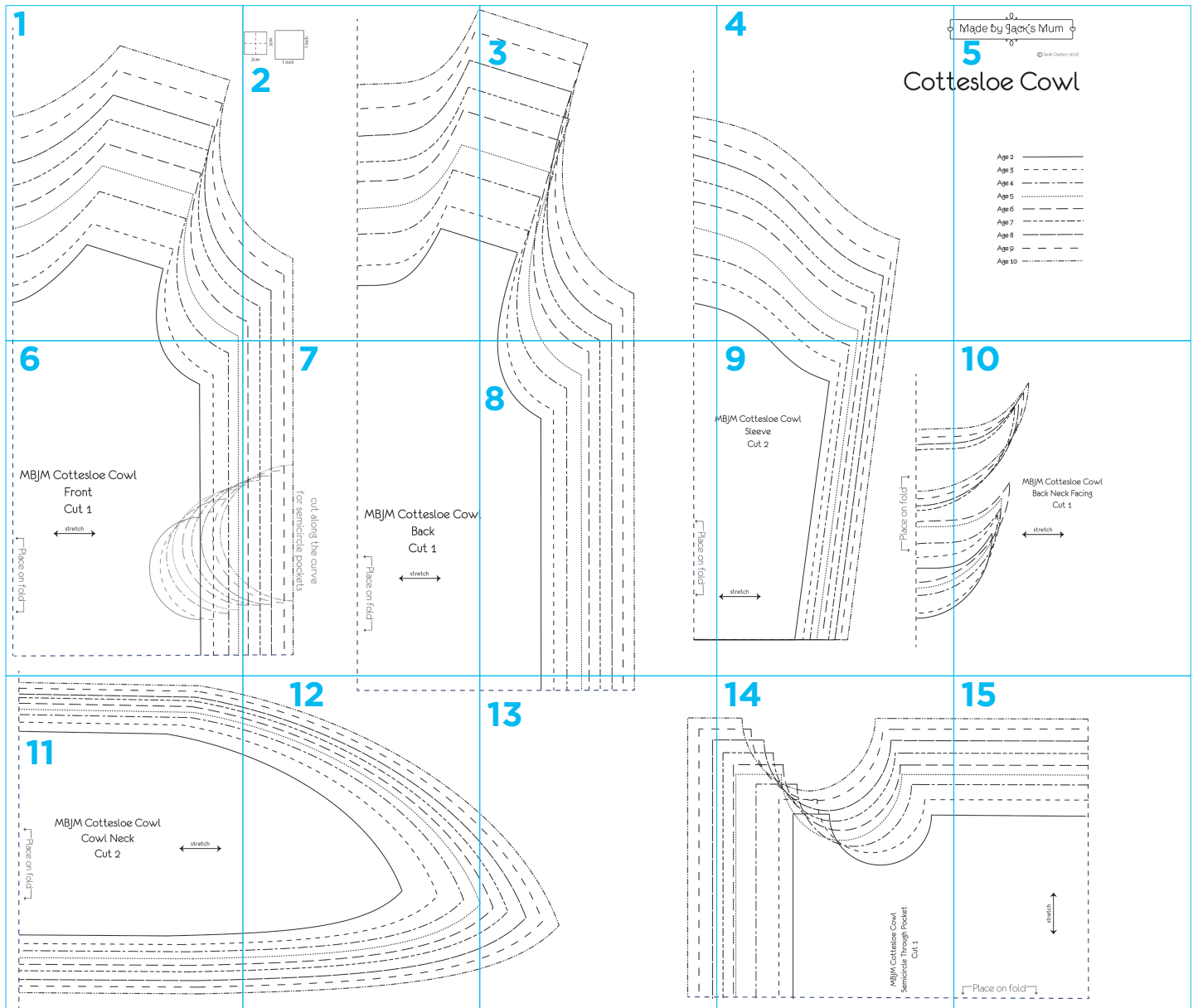
sew a day out essential

1 Download and print the pattern at www.sewmag.co.uk/templates and cut out all the top pieces from fabric, and the waist cuffs, arm cuffs and pocket strips from ribbing. Fold one pocket strip in half lengthwise with wrong sides together to form a double layer strip. Place the strip on the right side of the top front, along the edge of one pocket opening. All the raw edges should point the same way. Stretch the ribbing a little, let it hang off the edge at the beginning and end by a few millimetres, and pin. Repeat with the second strip on the opposite side [1].

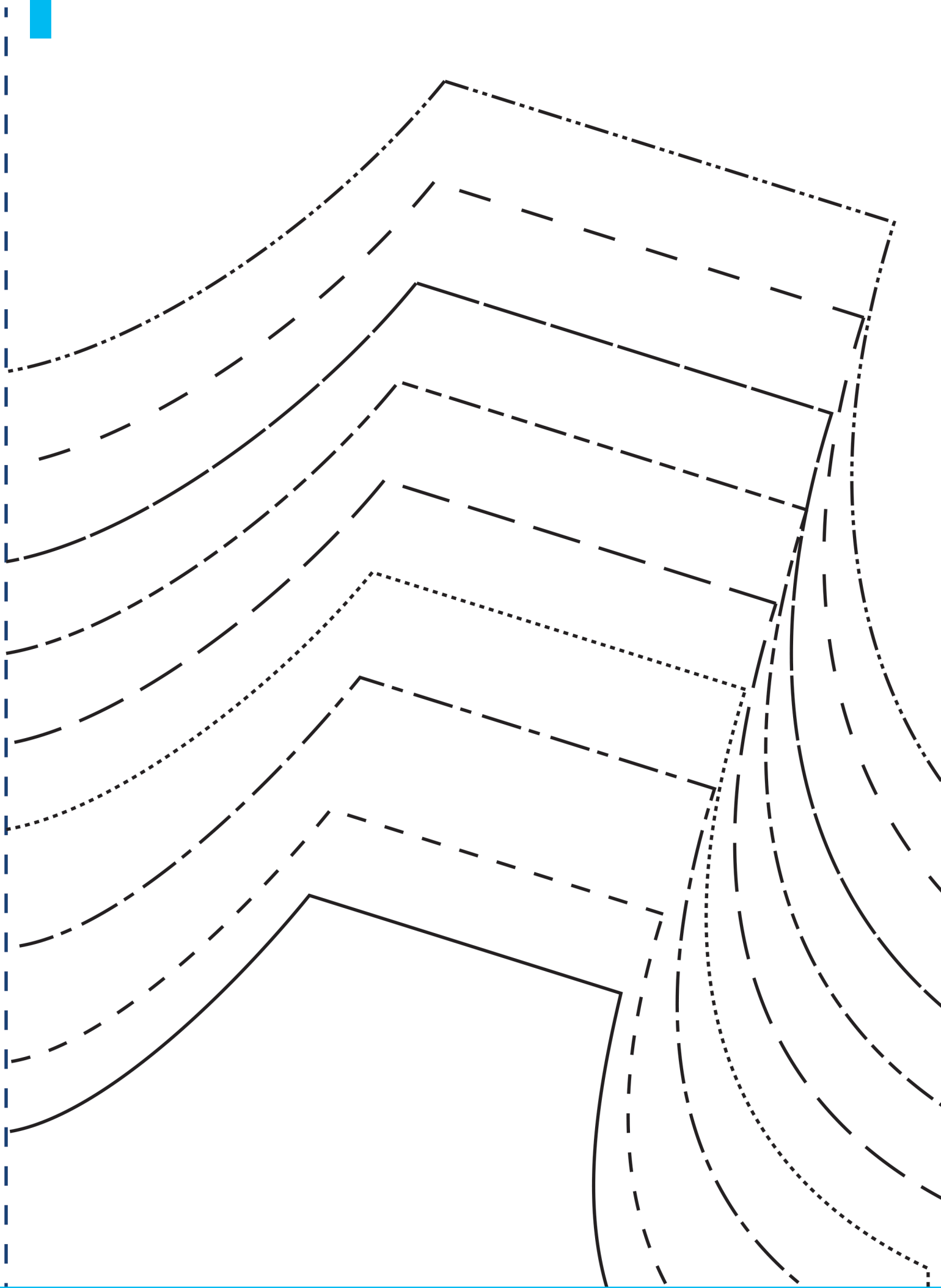
2 Place the through-pocket lining piece so that it's right sides together with the top. If using a directional fabric, your pattern will appear upside down. The main fabric and pocket fabric will be right sides together, with the pocket trim sandwiched in the middle [2]. Sew along the semi-circle curves with an overlocker on a stretch setting or a sewing machine with a stretch or zigzag stitch, using a 6mm seam allowance.

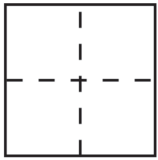
3 Turn the fabric right side out and press the curves. Topstitch the seams just sewn, ideally using a twin needle, and sew with one needle either side of the seam. Alternatively use a zigzag, stretch or long straight stitch [3]. Turn the fabric so you are looking at the pocket lining. Fold the lining down so the top straight edge meets the bottom straight edge. Pin or tack this long edge so all three layers remain together [4-6].

4 Place the front and back pieces right sides together. Pin and sew at the shoulders with a 6mm seam allowance. The front piece will appear shorter than the back. Press the seam towards the back and topstitch with a stretch or long straight stitch. This seam will now sit towards the front of the body rather than on the top of the shoulder.



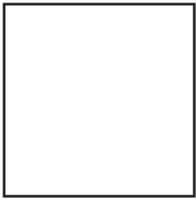
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2cm

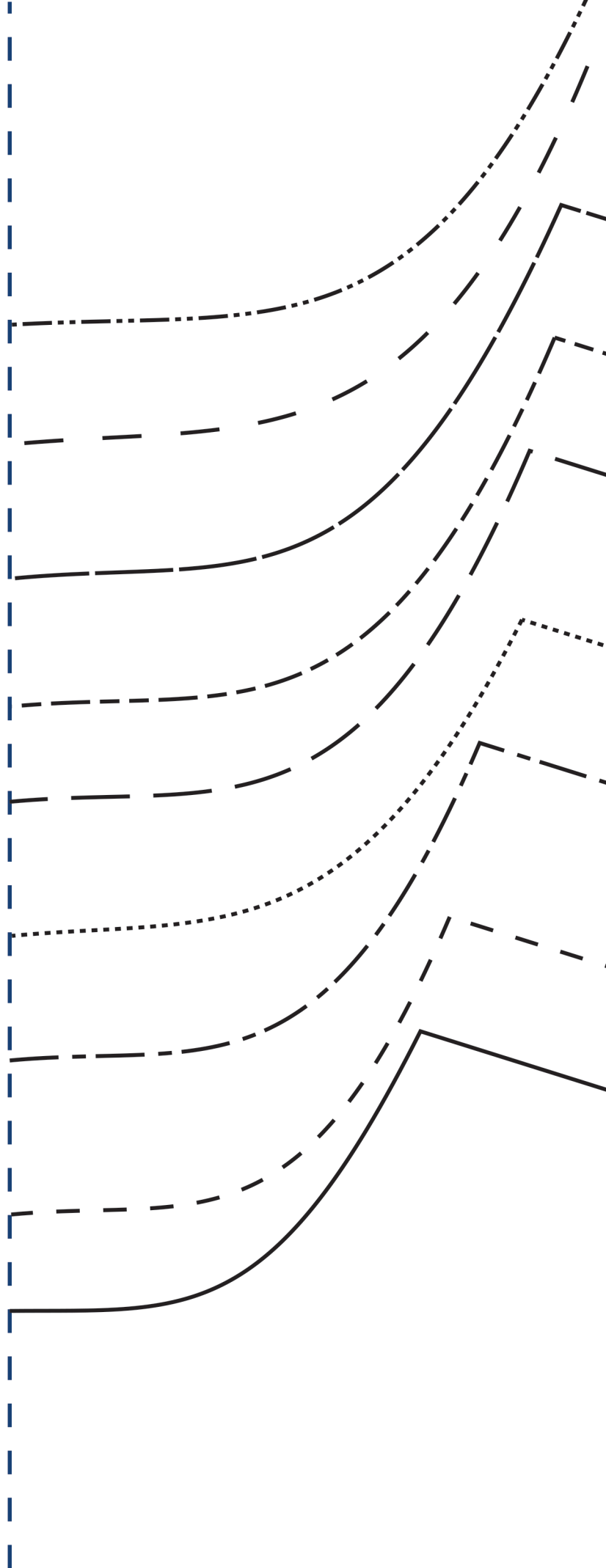
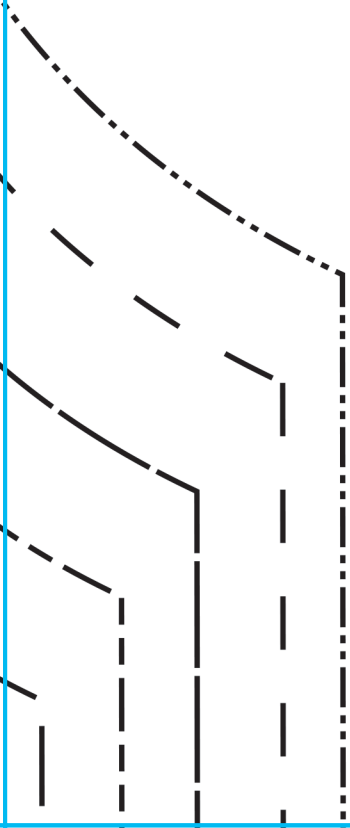
2cm



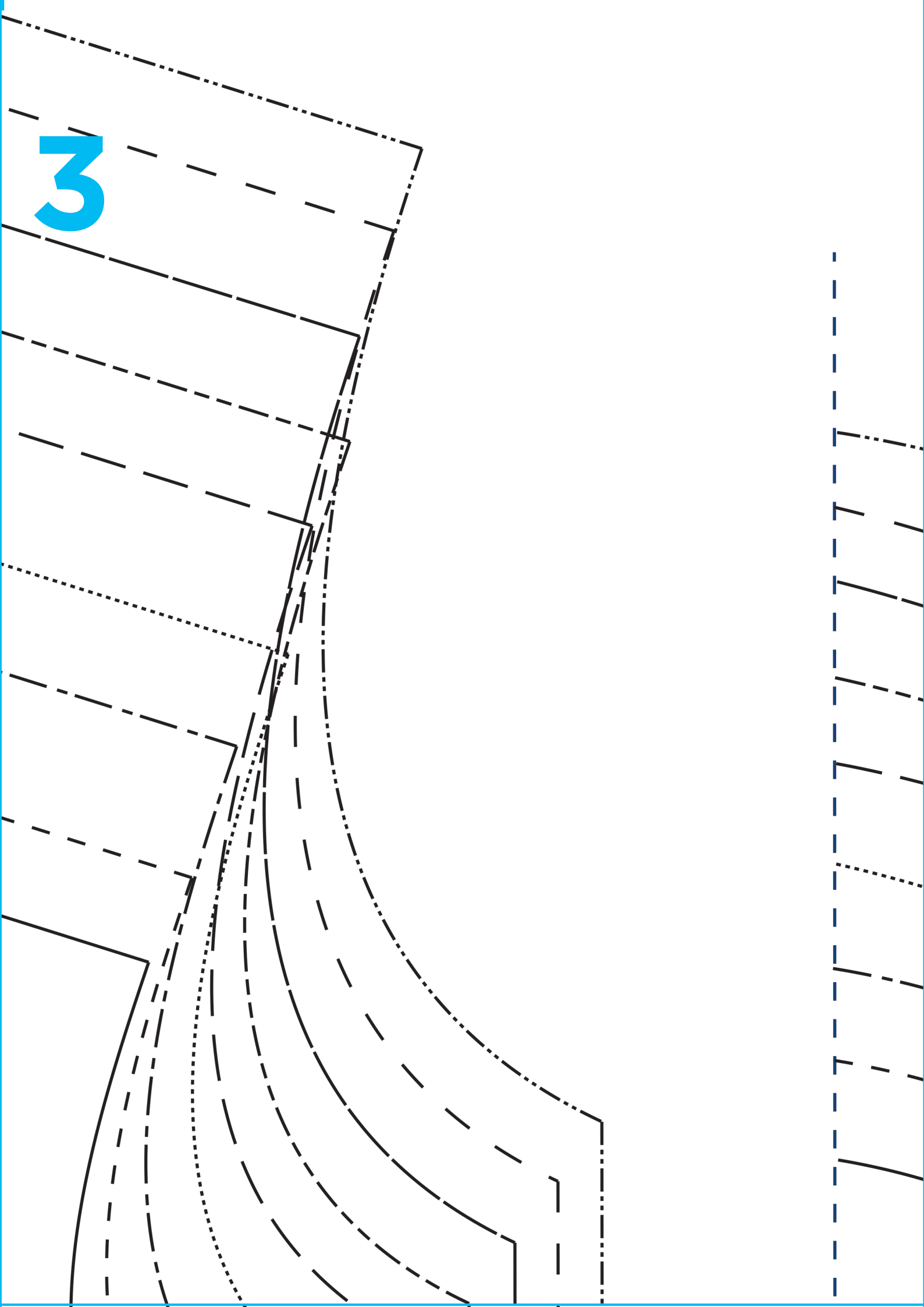
1 inch

1 inch

2

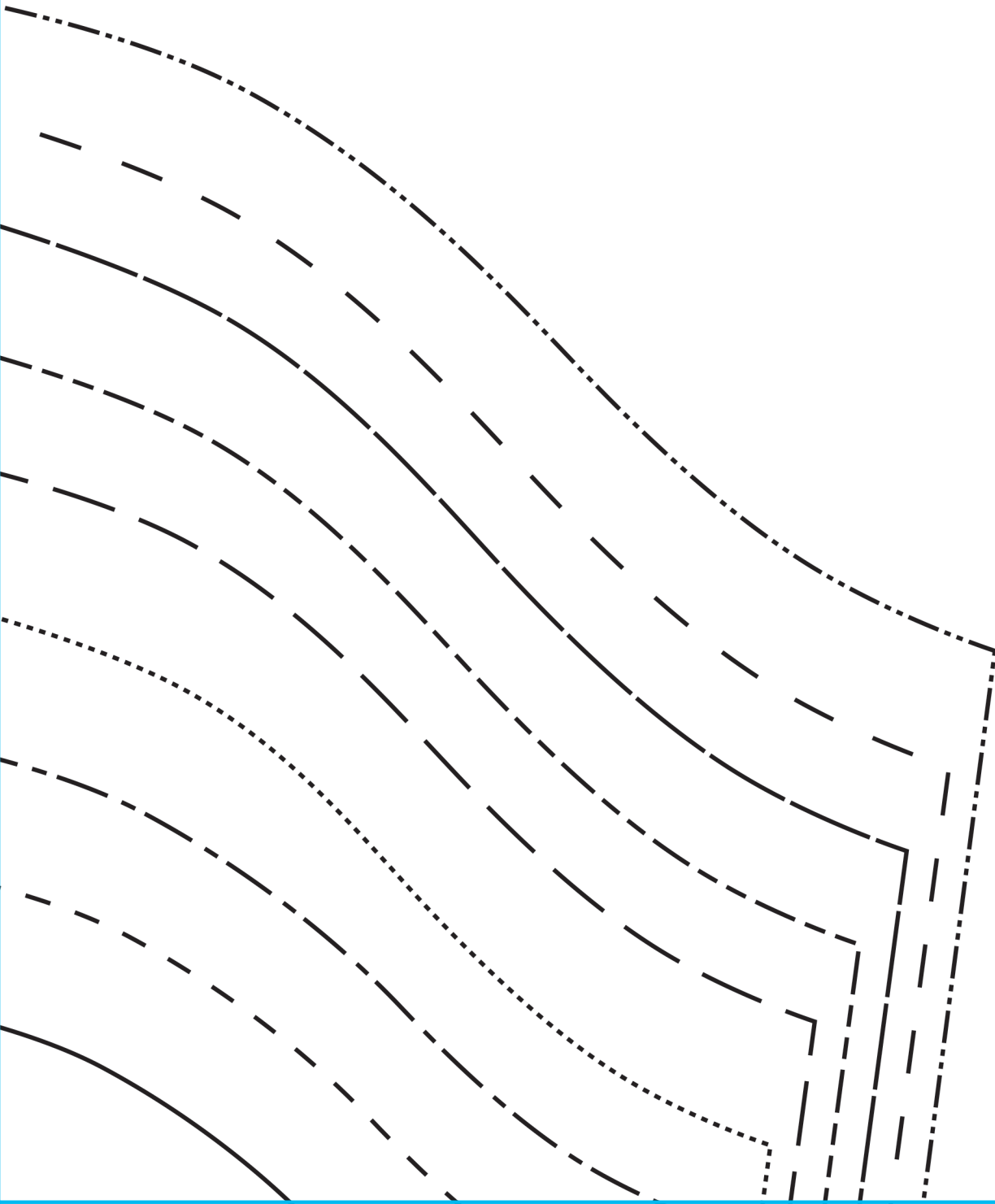


3





Cott



Made by Jack's Mum

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Lesloe Cowl

Age 2 _____

Age 3 - - - - -

Age 4 _ - _ - _ - _

Age 5

Age 6 _ _ _ _

Age 7 - - - - - .

Age 8 _ _ _ _

Age 9 _ _ _ _

Age 10 - . . . -

6

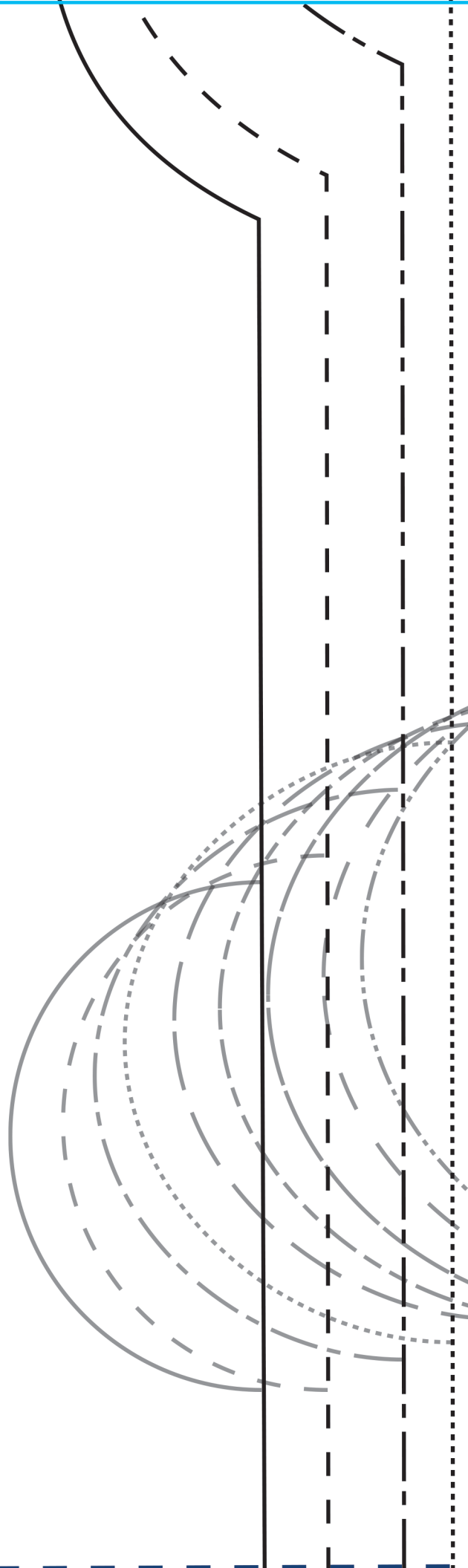
MBJM Cottesloe Cowl

Front

Cut 1



Place on fold



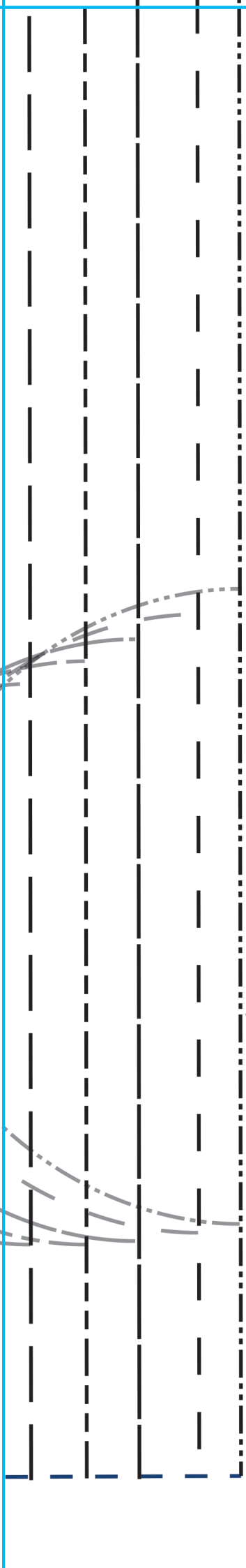
MBJM Cottesloe Cow Back Cut 1

stretch

Place on fold

7

cut along the curve
for semicircle pockets



Place on fold

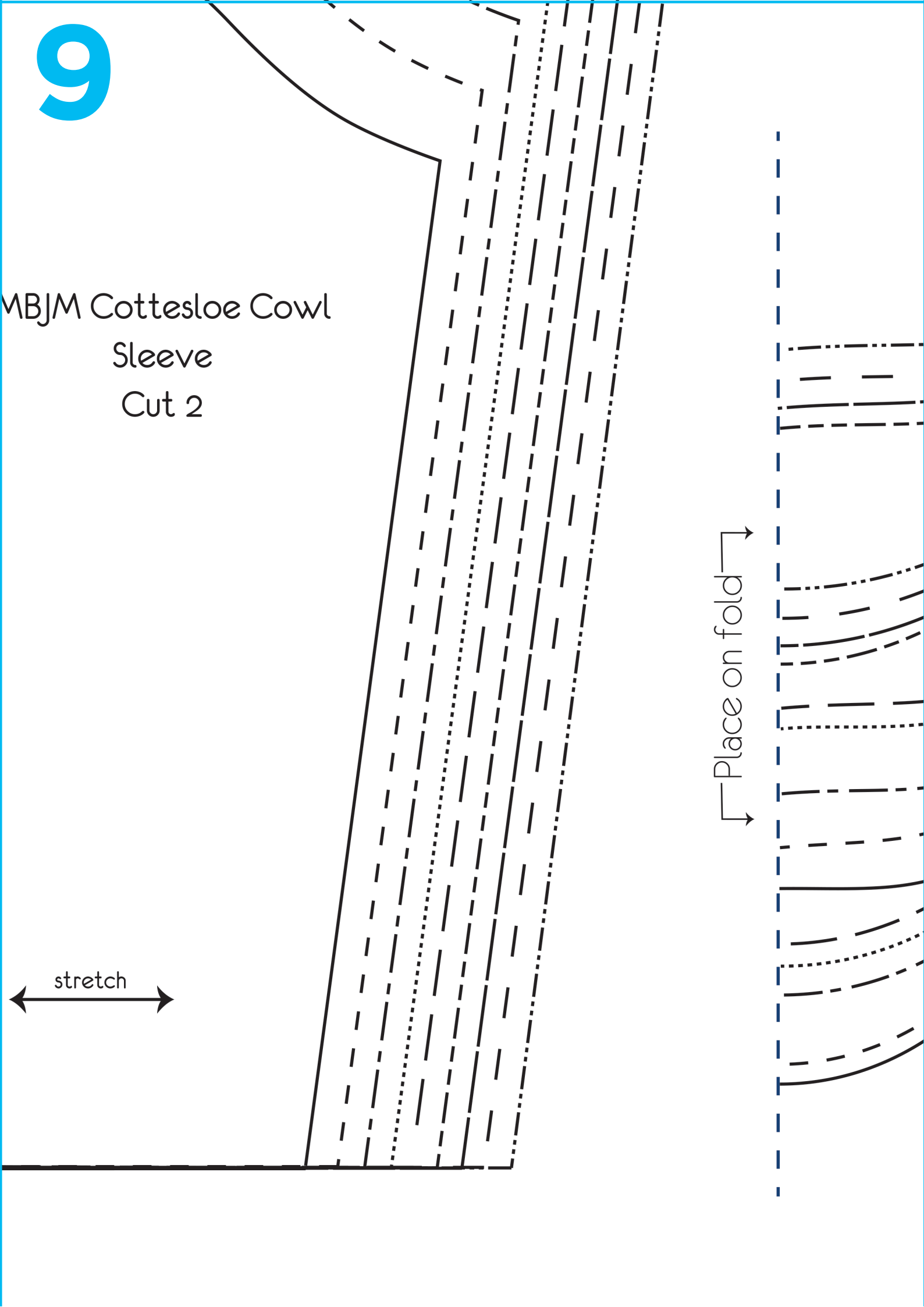
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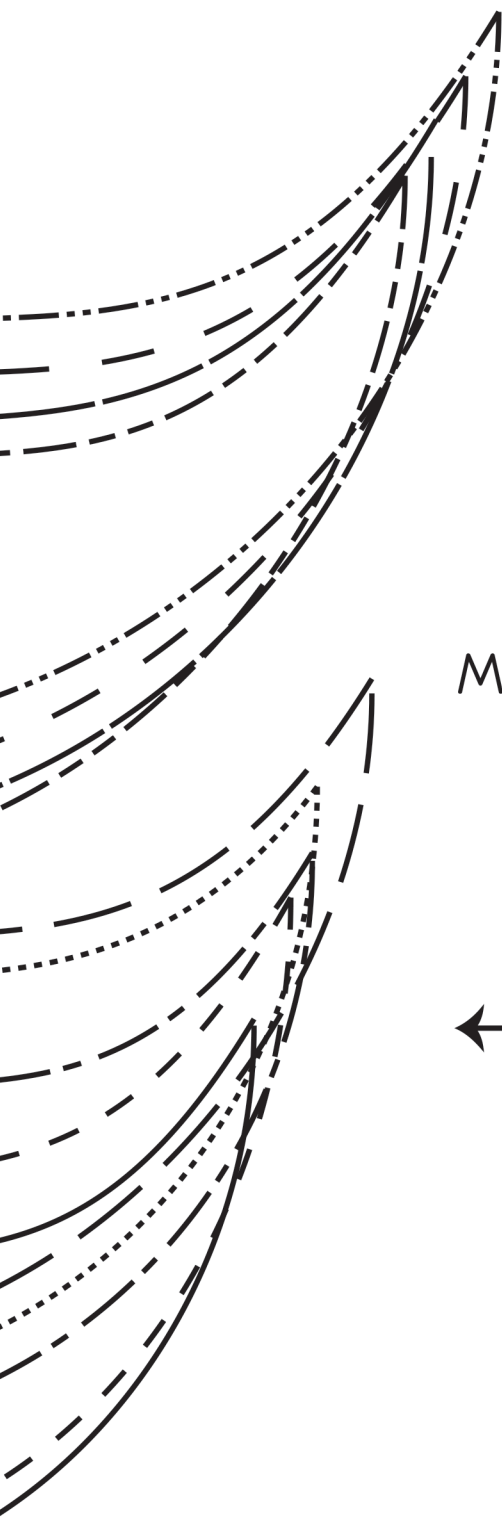
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MBJM Cottesloe Cowl
Sleeve
Cut 2

stretch

Place on fold





MBJM Cottesloe Cowl
Back Neck Facing
Cut 1



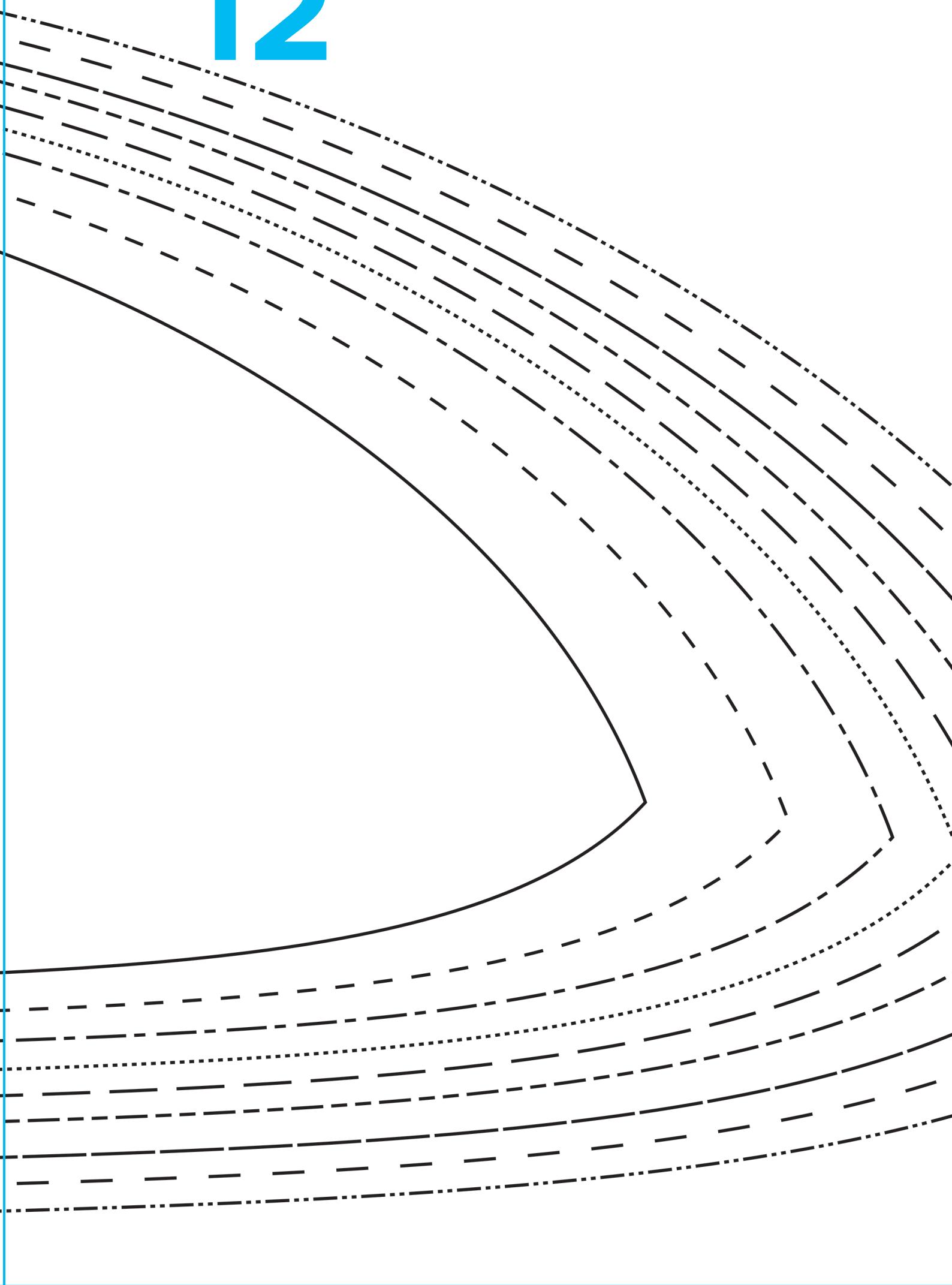
11

MBJM Cottesloe Cowl
Cowl Neck
Cut 2

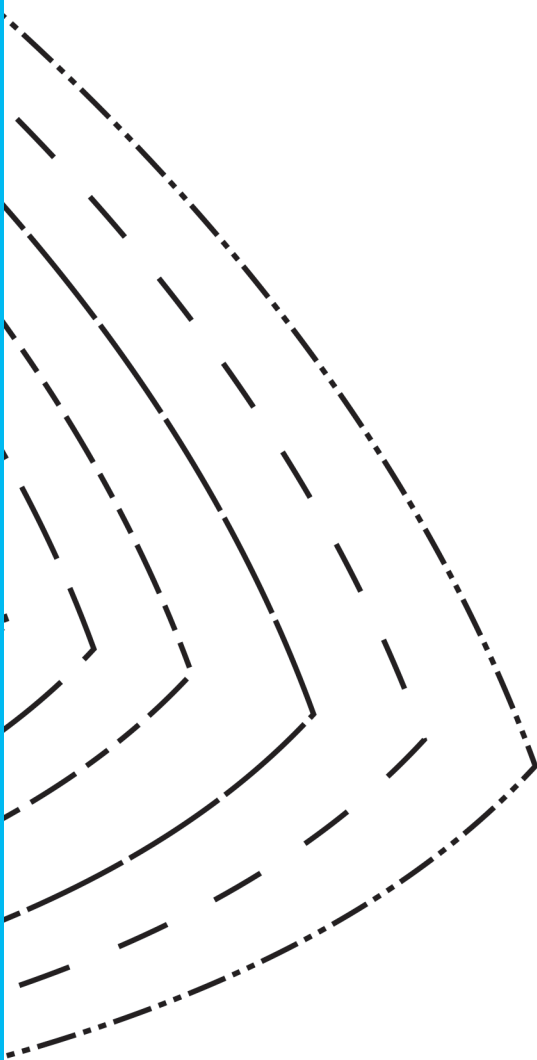
Place on fold

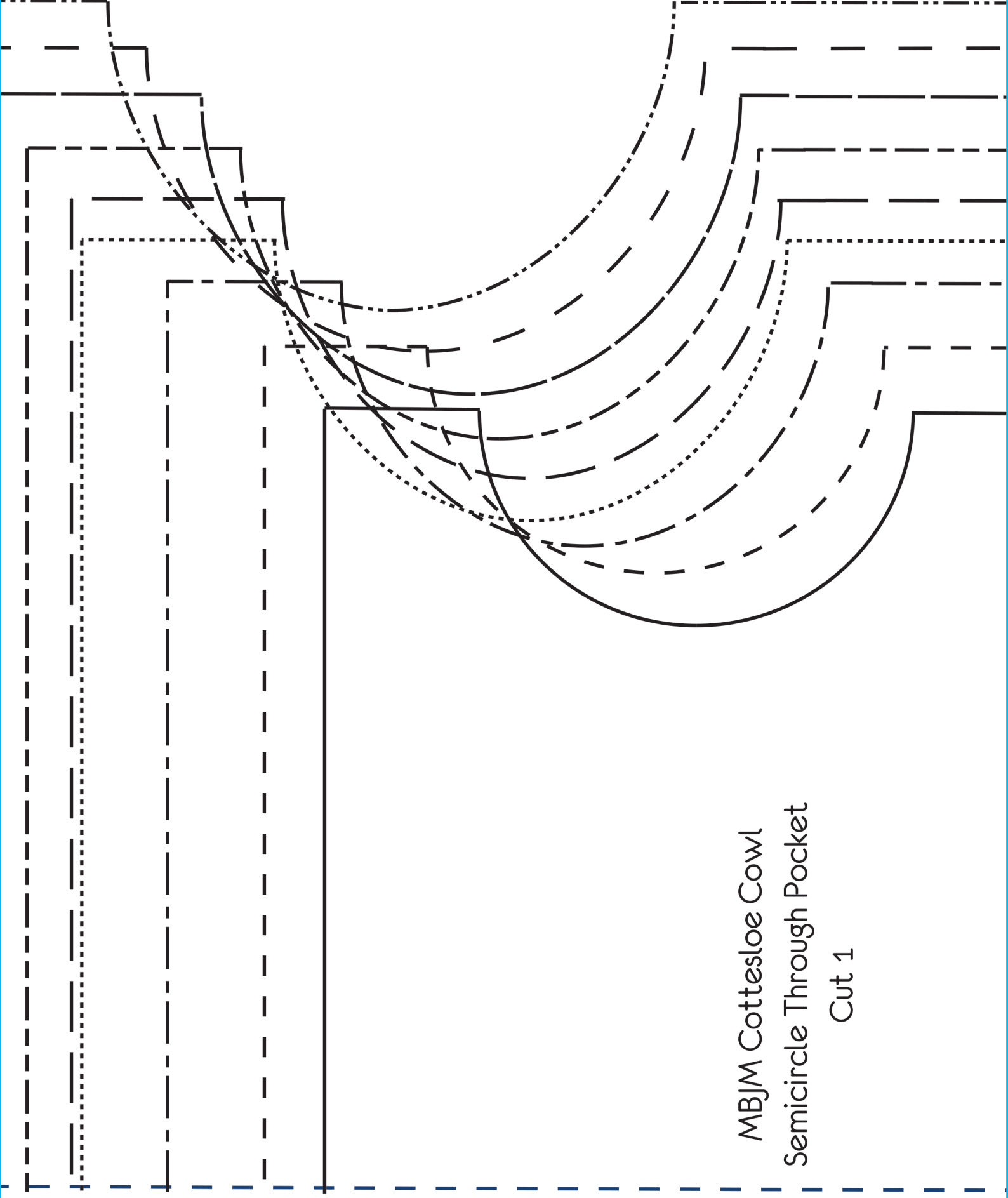
stretch

12



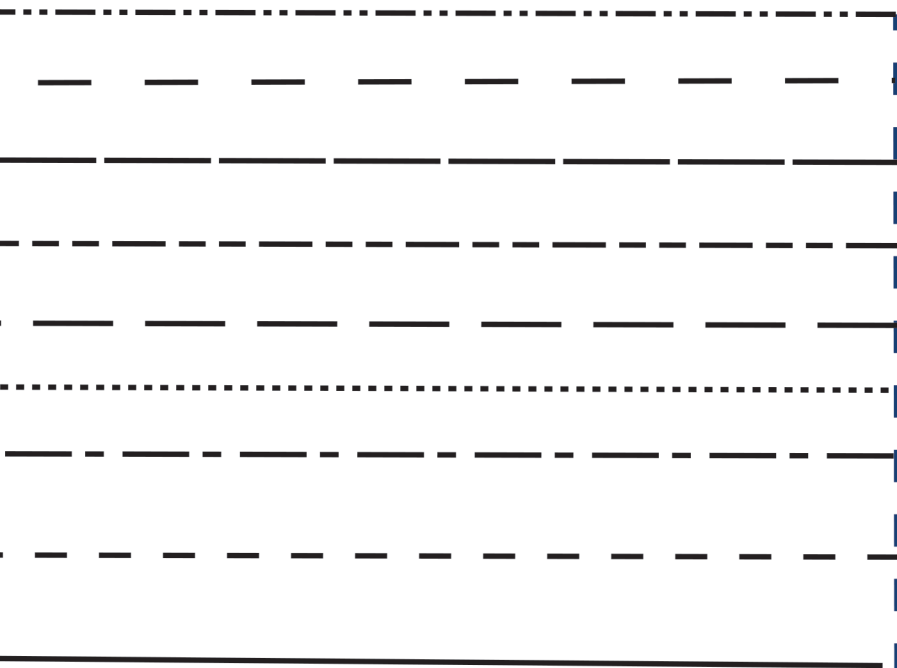
13





MBJM Cottesloe Cowl
Semicircle Through Pocket
Cut 1

15



Place on fold