



Размер Burda		32	34	36	38	40	42	44	46
Размер одежды, США (Россия)		0 (38)	2 (40)	4 (42)	6 (44)	8 (46)	10 (48)	12 (50)	14 (52)
Рост	Дюймы	66 $\frac{1}{4}$	66 $\frac{1}{4}$	66 $\frac{1}{4}$	66 $\frac{1}{4}$	66 $\frac{1}{4}$	66 $\frac{1}{4}$	66 $\frac{1}{4}$	66 $\frac{1}{4}$
	Сантиметры	168	168	168	168	168	168	168	168
Обхват груди	Дюймы	30	31 $\frac{1}{2}$	33	34 $\frac{3}{4}$	36 $\frac{1}{4}$	37 $\frac{3}{4}$	39 $\frac{1}{2}$	41
	Сантиметры	76	80	84	88	92	95	100	104
Обхват талии	Дюймы	23	24 $\frac{1}{2}$	26	27 $\frac{3}{4}$	29 $\frac{1}{4}$	30 $\frac{3}{4}$	32 $\frac{1}{2}$	34
	Сантиметры	58	62	66	70	74	77	82	86
Обхват бедер	Дюймы	32 $\frac{1}{2}$	34	35 $\frac{1}{2}$	37	38 $\frac{3}{4}$	40 $\frac{1}{4}$	41 $\frac{3}{4}$	43 $\frac{1}{2}$
	Сантиметры	78	86	90	94	98	102	106	110
Длина спины до талии	Дюймы	15 $\frac{3}{4}$	16	16 $\frac{1}{4}$	16 $\frac{1}{2}$	16 $\frac{1}{6}$	16 $\frac{3}{4}$	17	17 $\frac{1}{4}$
	Сантиметры	40	40 $\frac{1}{2}$	41	41 $\frac{1}{2}$	42	42 $\frac{1}{2}$	43	43 $\frac{1}{2}$
Длина рукава	Дюймы	23 $\frac{1}{4}$	23 $\frac{1}{4}$	23 $\frac{1}{4}$	23 $\frac{1}{4}$	23 $\frac{1}{4}$	24	24	24
	Сантиметры	59	59	59	59	59	61	61	61
Обхват шеи	Дюймы	13	13 $\frac{1}{2}$	14 $\frac{1}{4}$	14 $\frac{1}{2}$	14 $\frac{3}{4}$	15	15 $\frac{1}{2}$	15 $\frac{3}{4}$
	Сантиметры	33	34	35	36	37	38	39	40
Длина ноги сбоку	Дюймы	39 $\frac{3}{4}$	40 $\frac{1}{4}$	40 $\frac{1}{4}$	40 $\frac{3}{4}$	41	41	41 $\frac{1}{2}$	41 $\frac{1}{2}$
	Сантиметры	101	102	102	103	104	104	105	105
Длина переда до талии	Дюймы	16 $\frac{1}{2}$	17	17 $\frac{1}{4}$	17 $\frac{3}{4}$	18 $\frac{1}{4}$	18 $\frac{1}{2}$	19	19 $\frac{1}{4}$
	Сантиметры	42	43	44	45	46	47	48	49
Высота груди	Дюймы	9 $\frac{1}{2}$	9 $\frac{7}{8}$	10 $\frac{1}{4}$	10 $\frac{3}{4}$	11 $\frac{1}{8}$	11 $\frac{1}{2}$	11 $\frac{7}{8}$	12 $\frac{1}{4}$
	Сантиметры	24	25	26	27	28	29	30	21
Обхват плеча	Дюймы	9 $\frac{7}{8}$	10 $\frac{1}{4}$	10 $\frac{3}{4}$	11 $\frac{1}{8}$	11 $\frac{1}{2}$	11 $\frac{7}{8}$	12 $\frac{1}{4}$	12 $\frac{3}{4}$
	Сантиметры	25	26	27	28	29	30	31	32

131 Dress

Burda sizes 44, 46, 48, 50, 52

Length from waist 65 cm (25 ¾ ins)

(skirt attachment seam = waist)

Materials

Recommended fabrics: Lightweight, softly draping dress fabrics, with or without elastane.

Stretch crêpe, with widthwise stretch

Interfacing: Vilene/Pellon G 785 and fusible batting H 630.

1 invisible zip, 60 cm (24 ins) long, and a special presser foot.

Buttonhole thread in a contrasting colour for top-stitching.

Size	44	46	48	50	52
Fabric Width cm ins	Fabric Yardage (Meter/yds)				
135 53 ⅞	1,80 2	2,35 2 ⅝	2,40 2 ⅝		

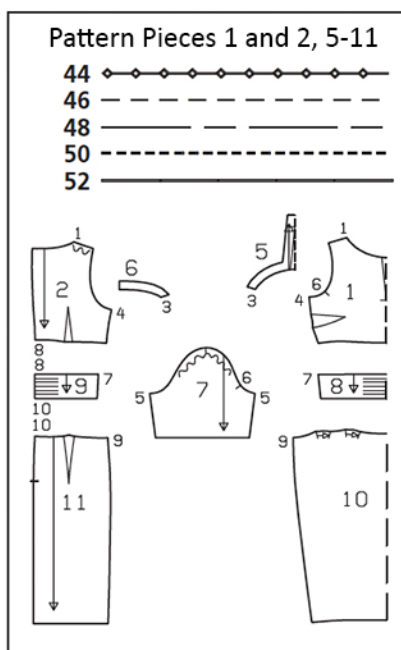
Preparations

Print the pattern out on letter or A4 sized paper. It is **very** important to not scale the document. Your pattern will print on multiple pages, which you will then tile together. Arrange the sheets on a large, hard and flat surface matching up the numbers and letters (i.e. 6A to 6A). Cut or fold one of the sides and match the edge to it's corresponding side. Then, tape down in place so paper is secure.

Trace the pattern pieces from the pattern sheet following the lines and markings for style 131 and your size.

burda style magazine patterns do not have seam allowance included.

Seam and hem allowance to be added: Seams and edges 1.5 cm (⅝ in), hem and sleeve hems 4 cm (1 ⅝ ins) (flare sleeve hem allowances).



Cutting Out

- 1 front, on a fold 1x
- 2 back 2x
- 5 front neck facing, on a fold 1x
- 6 back neck facing 2x
- 7 sleeve 2x
- 8 front band, on a fold 2x
- 9 back band 4x
- 10 front skirt piece, on a fold 1x
- 11 back skirt piece 2x

Interfacing: See shaded area on pattern layout. Interface facing pieces with G 785. Iron batting H 630 to wrong sides of outer band pieces.

Sewing

Stitch darts in front and back pieces. Press bust darts down. Press back darts toward centre back.

Stitch side seams on bodice. Stitch shoulder seams on bodice and on facing. Press seam allowances open.

Lay facing on bodice, right sides together, and pin to neck edge and to marked front slit. Stitch along neck edge and angled front slit edges. Trim seam allowances, trimming diagonally across corners. At centre front, clip close to end of slit. Clip curves close to line of stitching. At neck edge, turn facing up and understitch to seam allowances, close to seam, stitching as far as possible. Turn facing to inside and press edges.

Stitch sleeve seams. Press sleeve hem allowances to inside and sew in place by hand. Set in sleeves, easing sleeve caps.

Topstitch interfaced outer band piece as marked (use buttonhole thread). Stitch side seams on interfaced band and on band with no interfacing. Press seams open.

Baste lower front and back edges to upper edge of outer band, right sides facing. Lay inner band on outer band, over front and back pieces. Stitch along upper edge of band. Trim seam allowances. Turn bands down and press attachment seam.

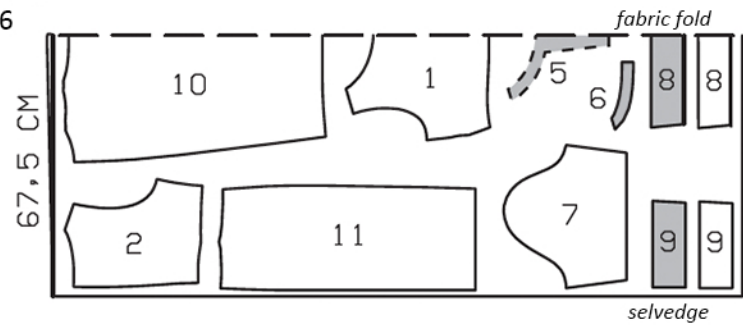
On skirt front, lay pleats in direction of arrows and baste in place. Stitch darts in skirt backs and press toward centre back. Stitch side seams on skirt.

Stitch skirt to lower edge of outer band. Press seam allowances toward band. Turn edge of inner band under and sew to attachment seam. Baste ends in place.

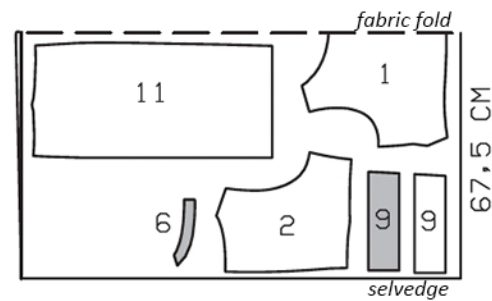
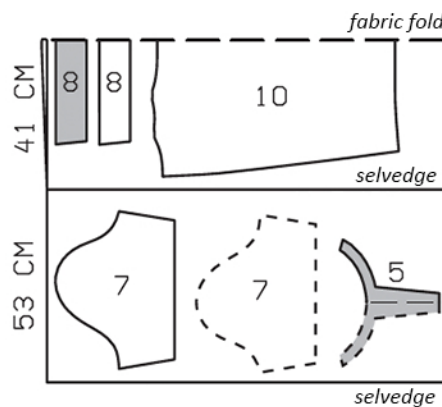
On zip, turn upper ends of zip tapes under. Sew invisible zip to back slit edges, see the "Helpful Hint". Stitch centre back seam from lower edge to zip. Turn narrow back facing edges under and sew to zip tapes. Hand sew inner facing edge to shoulder seams.

Press hem allowance to inside and sew in place by hand.

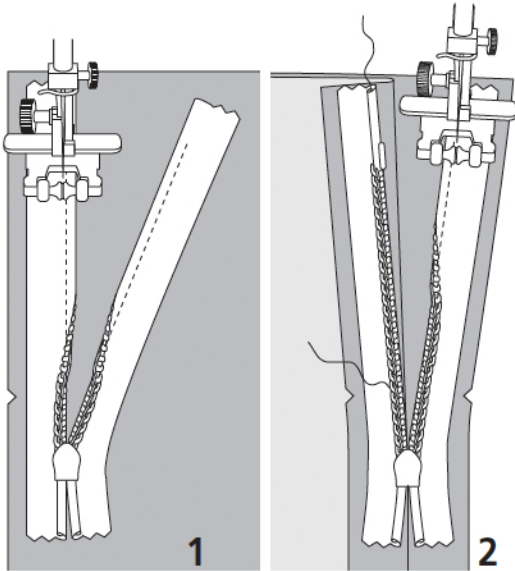
Stretch crêpe, 135 cm wide
Sizes 44, 46



Sizes 48 – 52



Fold the fabric as shown in the pattern layout. Right side faces in on a double layer of fabric; right side faces up on a single layer. Cut right and left sleeves as opposites.



These special zippers come in various lengths. The zipper should be at least 2 cm (3/4 in) longer than the slit. It is sewn in place before the seam below the slit is stitched. A special presser foot is required to sew the zipper in place.

Sewing the zipper in place:

Open the zipper and push the coil back with your thumbnail to reveal the seam marking between the tape and the coil. Place the open zipper right side down on the right fabric side of one slit edge.

In order to stitch the zipper in place exactly along the marked seam line, you must first calculate the distance between the tape edge and the fabric edge as follows: width of seam allowance minus 1 cm (3/8 in) tape width = distance from edge of fabric. This will yield a value of 5 mm (3/16 in) if the width of the seam allowance is 1.5 cm (5/8 in).

Pin the top end of the zipper tape in place, the calculated distance from the edge of the fabric. The bottom end of the zipper will extend past the marked end of the slit. Place the presser foot on the zipper so that the coil is in the notch to the right of the needle (1). Stitch zipper in place, from the top to the marked end of the slit. Close zipper.

Place the other zipper tape face down on the opposite slit edge and pin in place at the top. Open zipper again. Place the presser foot on the top end of the zipper so that the coil is in the notch to the left of the needle (2). Sew the zipper in place, from the top to the end of the slit. Close zipper.

Now stitch the seam below the zipper, from bottom to top. Turn the loose lower end of the zipper out of the way, over the seam allowance. Stitch as close as possible to the last stitches of the zipper seams. Trim away excess zipper and bind the end with a scrap of fabric.

Additional Information:

Burda patterns do not include seam and hem allowances. We recommend adding 1-2 cm (3/8 - 3/4 inch) for seams and 2-5 cm (3/4 - 2 inch/es) for hems. Refer to your specific pattern instructions for exact measurements.

The fabric requirements are based on the fabric used for the original designs. These amounts will change if you use fabric of a different width. The pattern of the fabric determines whether all the pieces must be cut in the same direction or whether some can be reversed to save fabric.

The cutting layout printed with the instructions shows the best way to place the pattern pieces on our original fabric. Fold the fabric double with the right side facing in. The fabric then has a fold edge and a selvedge edge. When cutting from a single fabric layer, the right side should face up.

Pattern pieces which are shown in the cutting layout with broken outlines should be pinned to the fabric with their printed side facing down.

Grey shaded areas in the cutting layout indicate which pieces are to be interfaced.

Transfer the pattern piece lines to the wrong side of your fabric with dressmaker's carbon paper. Hand-baste along lines (e.g. for pockets or centre front) to make them visible on the right side of the fabric.

Have fun sewing, and make sure to upload pictures of your finished sewing project to [BurdaStyle.com/projects](https://www.burdastyle.com/projects) and link it to the pattern you made it from!

If you have any questions about the pattern or specific instructions please email answers@burdastyle.com and your inquiry will be forwarded to one of our sewing pattern experts.

TIP Fabrics may shrink when laundered for the first time, especially those made of cotton, linen, and rayon. To avoid shrinkage of the finished garment, these fabrics should be pre-treated (washed and dried before cutting out the fabric pieces). Use the temperature settings you plan to use for the finished garment. If you want to test the amount of shrinkage of your fabric, cut a square of the fabric and measure it exactly. Finish the edges, then wash it, and compare the size after washing with the original size.

Symbols

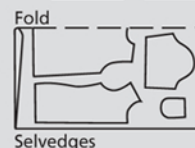
Armhole markings

These small lines at the edges of the sleeve and front armhole pieces must meet when the sleeve is set in.



Broken line

In the cutting layout, the broken line indicates the fold edge of a double layer of fabric.



Button



Buttonhole



Eyelet opening



Fold line

In the pattern overview box, this broken line means that the pattern edge must be placed on a fold and not cut.



Joining line

Large pattern pieces that cannot fit on the pattern insert sheet will be in two pieces. These pieces must be taped together after they have been traced onto pattern paper. A double line indicates the joining line and small triangles indicate match points.



Lengthening

If a pattern piece is too long to fit on the pattern insert sheet, you will need to lengthen it when you trace the pattern piece onto pattern paper. Lengthen the pattern from the point of the arrow by the amount indicated in centimeters at the arrow.



Pleat symbol

Fold the pleat in the direction of the arrow.



Presser foot

A presser foot image indicates seam and topstitching lines.



Scissors

Scissors indicate slash lines, such as welt pocket openings. (On downloadable patterns, scissors indicate edges to be cut without an added seam allowance.)



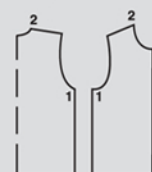
Seam marks

Shown on long seams, these small lines perpendicular to the cutting line indicate edges to be matched. Match the seam marks to one another.



Seam numbers

Adjacent pattern pieces that must be sewn together are indicated with the same seam numbers. Match pieces with the same numbers.



Slit/Placket mark

This small, thick line that intersects the cutting line indicates beginning or end of a slit or placket.

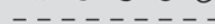


The following symbols will only be found on the pattern pieces in the pattern overview box. On the pattern insert sheet and on the downloadable pattern pieces, the words are written out.

Ease

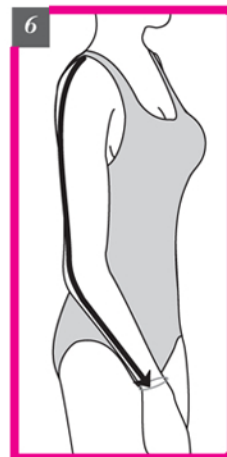
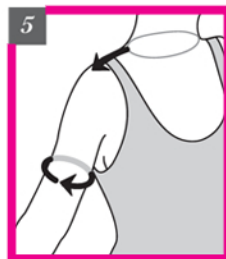
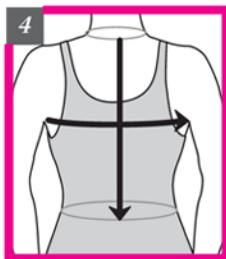
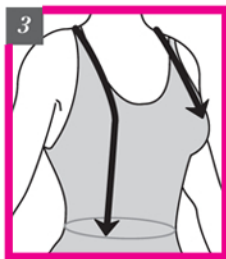
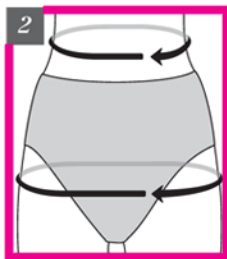
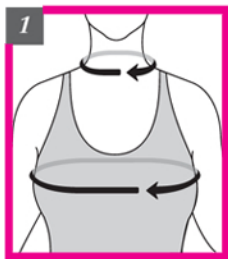


Gather



Stretch





For the best fit, it's important to take precise measurements. Measure your body while wearing underwear or close-fitting garments, and have someone assist you if needed. Use a flexible measuring tape to measure around your body, ensuring the tape is taut but not tight and parallel to the floor. Stand upright with a relaxed posture, and breathe normally while you measure.

1 Bust: Measure around the fullest part of your bust. **Neck circumference:** Measure the circumference at the base of the neck and above the collarbone.

2 Waist: Measure around your natural waist, the narrowest part. **Hips:** Measure horizontally around the fullest part of your bottom and upper thighs.

Additional measurements:

3 Front waist length: Measure from the side base of the neck over the apex of the bust to the natural waistline. **Bust depth:** Measure from the side base of the neck to the apex of the bust.

4 Back waist length: Measure from the base of your neck to the natural waistline. **Back width:** Measure horizontally between your arm attachment points.

5 Shoulder: Measure from the base of your neck to the tip of your shoulder. **Upper arm:** Measure around the fullest part of your upper arm.

6 Arm length: With your arm slightly bent, measure from the tip of your shoulder over the elbow to the natural waistline.

Important: Compare your body measurements to the appropriate Burda size chart here or on BurdaStyle.com. Circle each of your body measurements on the size chart since you may want to adjust your pattern to fit a range of sizes. Your Burda size will be different from your regular store-bought clothing size.

INFANTS' AND TODDLERS' SIZE CHART (based on height) inches

BURDA SIZE	56	62	68	74	80	86	92	98	104	110	116
US size	newborn	3mo	6mo	12mo	18mo	2T	3T	4T	5	6	6x
CHEST	17½	18½	19¼	20	21	21¾	22½	23	23¾	23½	23¾
WAIST	16½	17½	18½	18½	19¼	20	20½	21	21¼	21¼	22
HIP	18½	18¾	19¾	20½	21¼	22	23	23¾	24	24¾	25¼
BACK LENGTH	6½	6¾	7	7½	8	8½	9	9½	9½	10½	10½
ARM LENGTH	6½	7½	8¼	9	10½	11¼	12¼	13½	14½	15½	16½
NECK	8½	9	9½	9½	9½	10	10½	10½	11	11	11½

WOMEN'S SIZE CHART (Regular) inches

BURDA SIZE	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60
HEIGHT	66¼	66¼	66¼	66¼	66¼	66¼	66¼	66¼	66¼	66¼	66¼	66¼	66¼	66¼	66¼
BUST	30	31½	33	34¾	36¼	37¾	39½	41	43½	45½	48	50½	52¾	55¼	57½
WAIST	23	24½	26	27¾	29¼	30¾	32½	34	36¼	38¼	41	43½	45½	48	50½
HIP	32½	34	35½	37	38¾	40¼	41¾	43½	45½	48	50½	52¾	55¼	57½	60
BACK LENGTH	15¼	16	16¼	16½	16¾	17	17½	17¾	17¾	17¾	18	18¼	18½	18½	18½
SLEEVE LENGTH	23¼	23¼	23¼	23¼	23¼	24	24	24	24	24¼	24½	24¾	24¾	24¾	24¾
NECK WIDTH	13	13½	13½	14½	14½	15	15½	15¾	16½	16½	17	17¼	17¾	18½	18½
SIDE LEG LENGTH	39¾	40¼	40¼	40¾	41	41	41½	41½	41½	41¾	41¾	41¾	42¼	42½	42½
FRONT WAIST LENGTH	16½	17	17¼	17¼	18½	18½	19	19¼	19¼	20¼	20½	21	21¼	21¼	22¼
BUST POINT	9½	9½	10¼	10¼	11½	11½	11½	12¼	12¼	13	13½	14¼	14½	14¼	15
UPPER ARM CIRCUMFERENCE	9½	10¼	10¾	11½	11½	11½	12¼	12¼	13½	14½	15	15¼	16½	17¼	18¼

WOMEN'S SIZE CHART (Petite) inches

* These sizes are Burda petite sizes and differ in height from the regular sizes. The height measurements are from 63 to 66¼ inches. If you are taller than 66¼ inches, you can make alterations to the length of the garment, the sleeve length, etc. to fit your measurements.

BURDA SIZE	16	17	18	19	20	21	22	23
HEIGHT	63	63	63	63	63	63	63	63
BUST	30	31½	33	34¾	36¼	37¾	39½	41
WAIST	23	24½	26	27¾	29¼	30¾	32½	34
HIP	32½	34	35½	37	38¾	40¼	41¾	43½
BACK LENGTH	15	15¼	15½	15¾	16	16¼	16½	16¾
SLEEVE LENGTH	22½	22½	22½	23	23	23¼	23¼	23¼
NECK WIDTH	13	13½	13¾	14½	14½	15	15½	15¾
SIDE LEG LENGTH	38¾	38¾	38¾	39	39½	39½	39¾	39¾
FRONT WAIST LENGTH	15¾	16¼	16½	17	17¼	17¾	18½	18½
BUST POINT	9½	9½	9½	10¼	10¼	11½	11½	11½
UPPER ARM CIRCUMFERENCE	9½	10¼	10¾	11½	11½	11½	12¼	12¾

WOMEN'S SIZE CHART (Tall) inches

* These sizes are Burda tall sizes and differ in height from the regular sizes. The height measurement is 69¼ inches and up. If you are shorter than 69¼ inches, you can make alterations to the length of the garment, the sleeve length, etc. to fit your measurements.

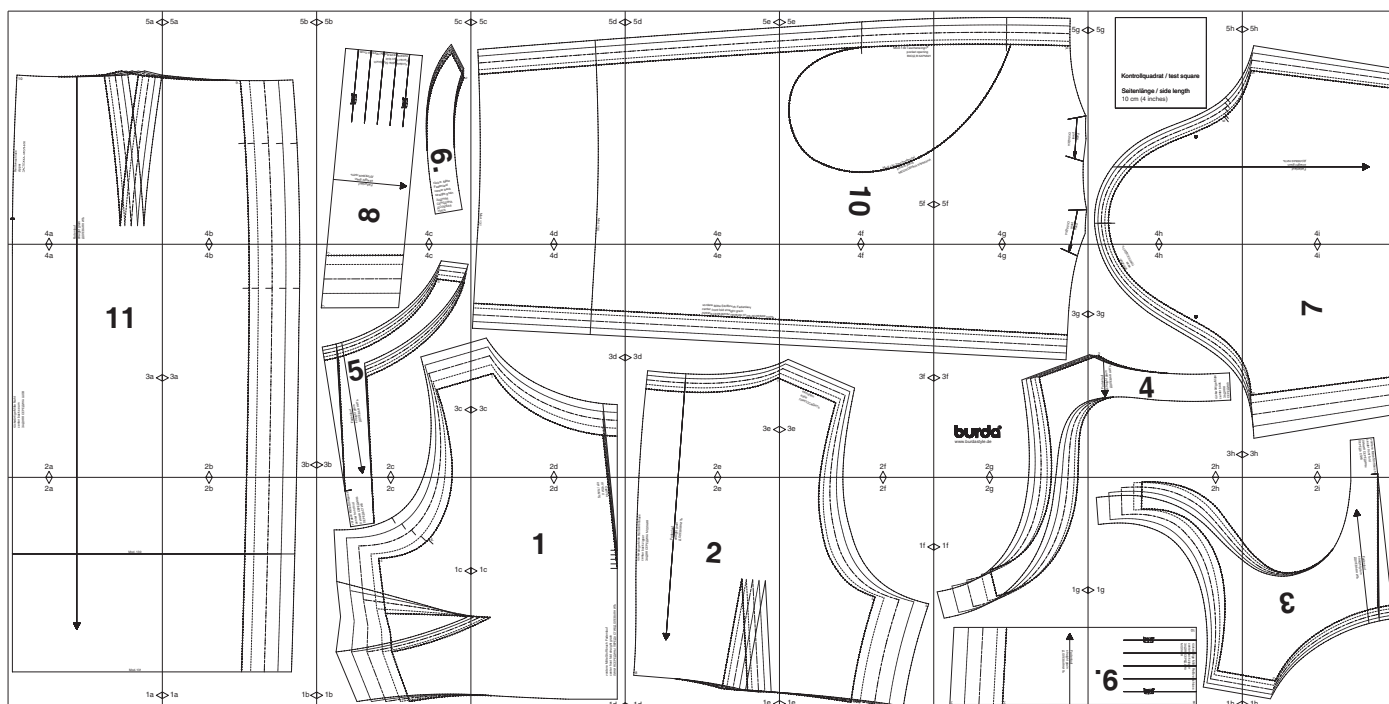
BURDA SIZE	64	68	72	76	80	84	88	92
HEIGHT	69¼	69¼	69¼	69¼	69¼	69¼	69¼	69¼
BUST	30	31½	33	34¾	36¼	37¾	39½	41
WAIST	23	24½	26	27¾	29¼	30¾	32½	34
HIP	32½	34	35½	37	38¾	40¼	41¾	43½
BACK LENGTH	16½	16¾	17	17½	17¼	17½	17¾	18
SLEEVE LENGTH	24	24	24	24½	24½	24¾	24¾	24¾
NECK WIDTH	13	13½	13¾	14½	14½	15	15½	15¾
SIDE LEG LENGTH	41½	41¾	41¾	42¼	42½	42½	43	43
FRONT WAIST LENGTH	17¼	17¾	18½	18½	19	19¼	19¾	20¼
BUST POINT	9½	10¼	10¾	11½	11½	11½	12¼	12¾
UPPER ARM CIRCUMFERENCE	9½	10¼	10¾	11½	11½	11½	12¼	12¾

MEN'S SIZE CHART (Regular) inches

BURDA SIZE	44	46	48	50	52	54	56
HEIGHT	66¼	67¼	68½	69¾	71	71¾	72½
CHEST	34¾	36¼	37¾	39¼	41	42½	44
WAIST	30¾	32¼	34	35½	37	38½	41
SEAT	35½	37	38½	40	40¾	43½	45¼
BACK LENGTH	16½	17	17¼	17½	17¾	18	18¼
ARM LENGTH	24	24½	24¾	25¼	25½	26	26½
NECK	14½	15	15¼	15¾	16	16½	17

burda Download–Schnitt

Modell 131 Burda Style 07/2016



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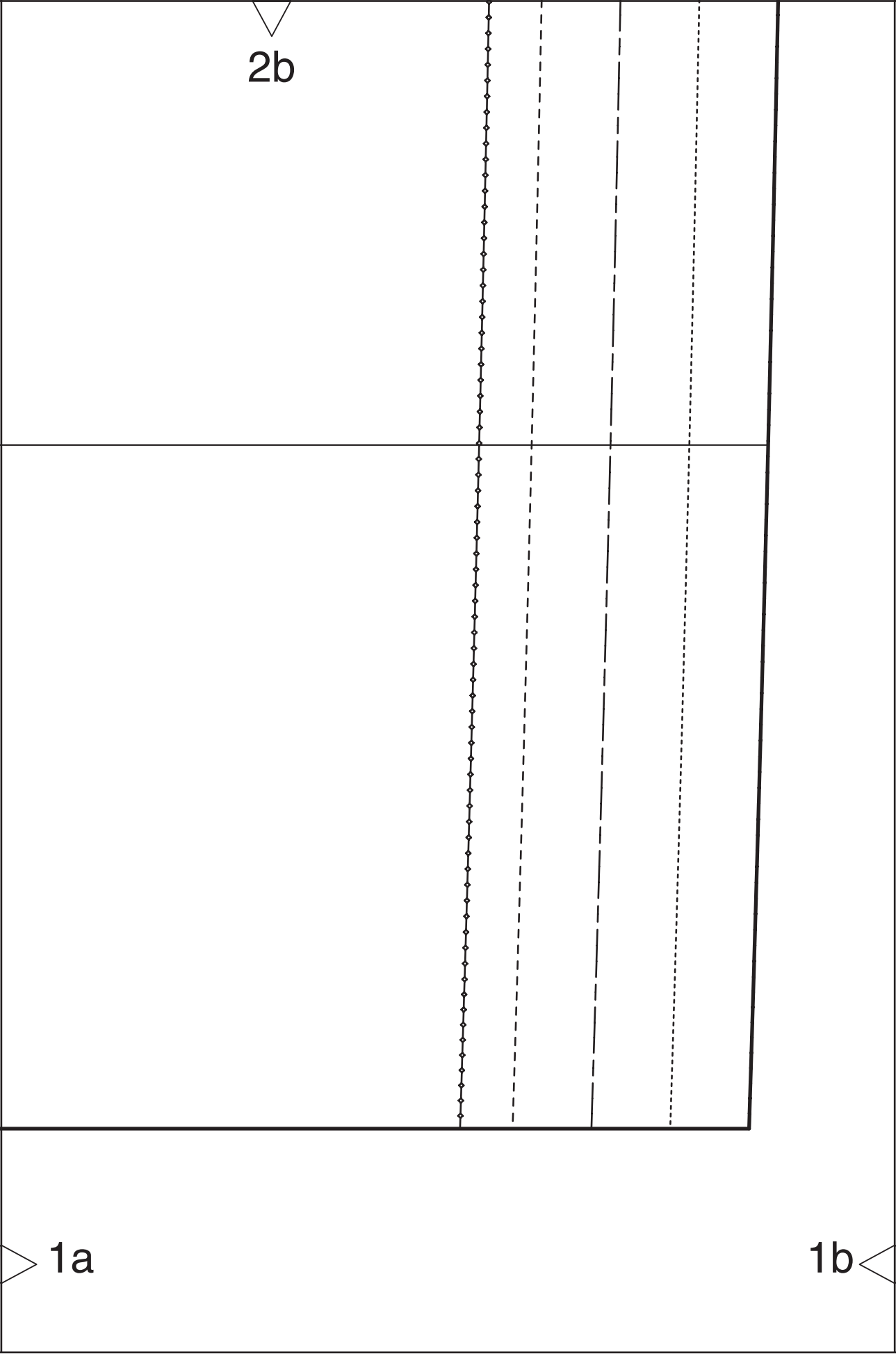
2a

Mod. 130



Mod. 131

1a



vordere Mitte Stoffbruch
center front fold
ЛИНИЯ СЕРЕДИНЫ
ПЕРЕДА СГИБ

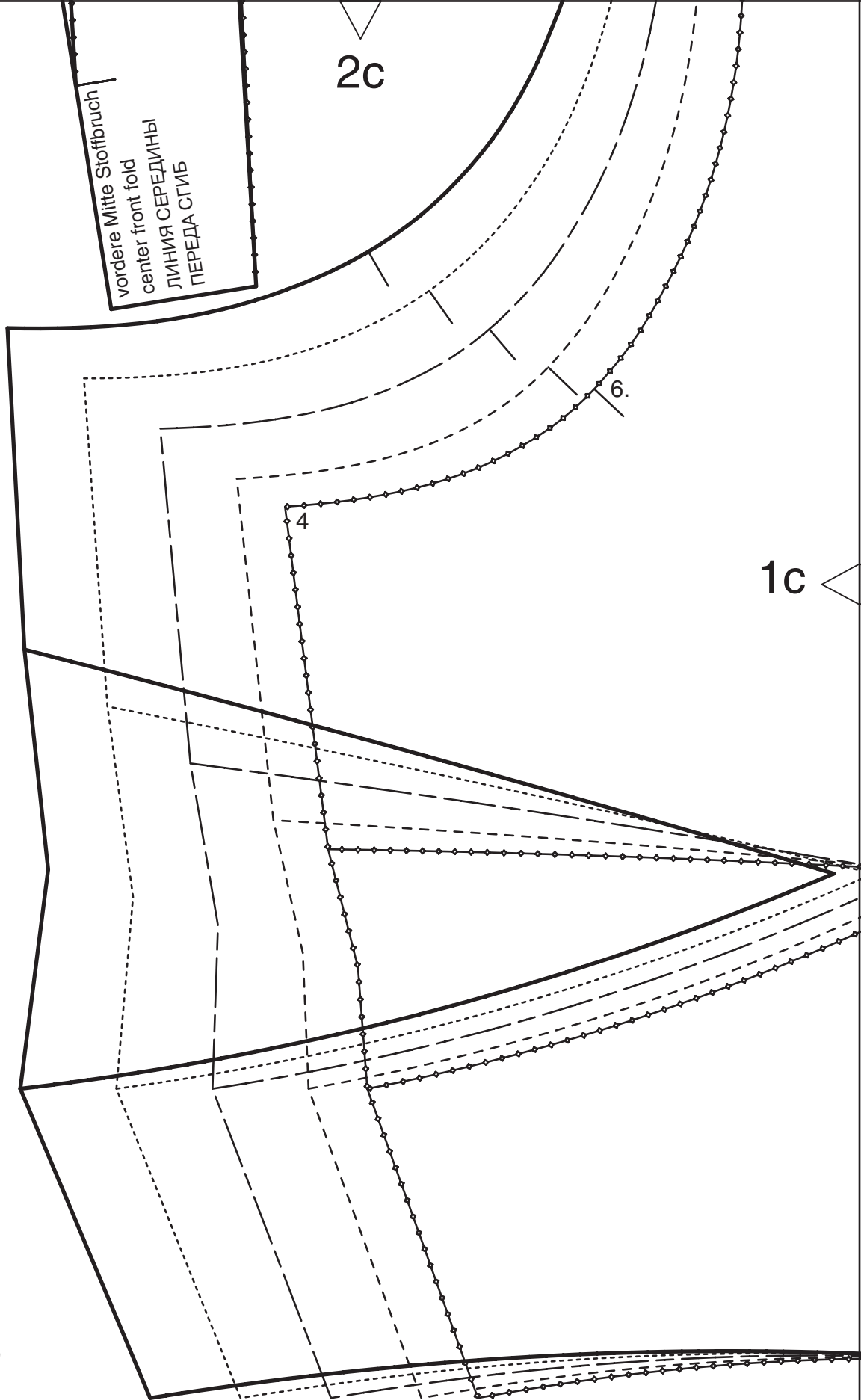
2c

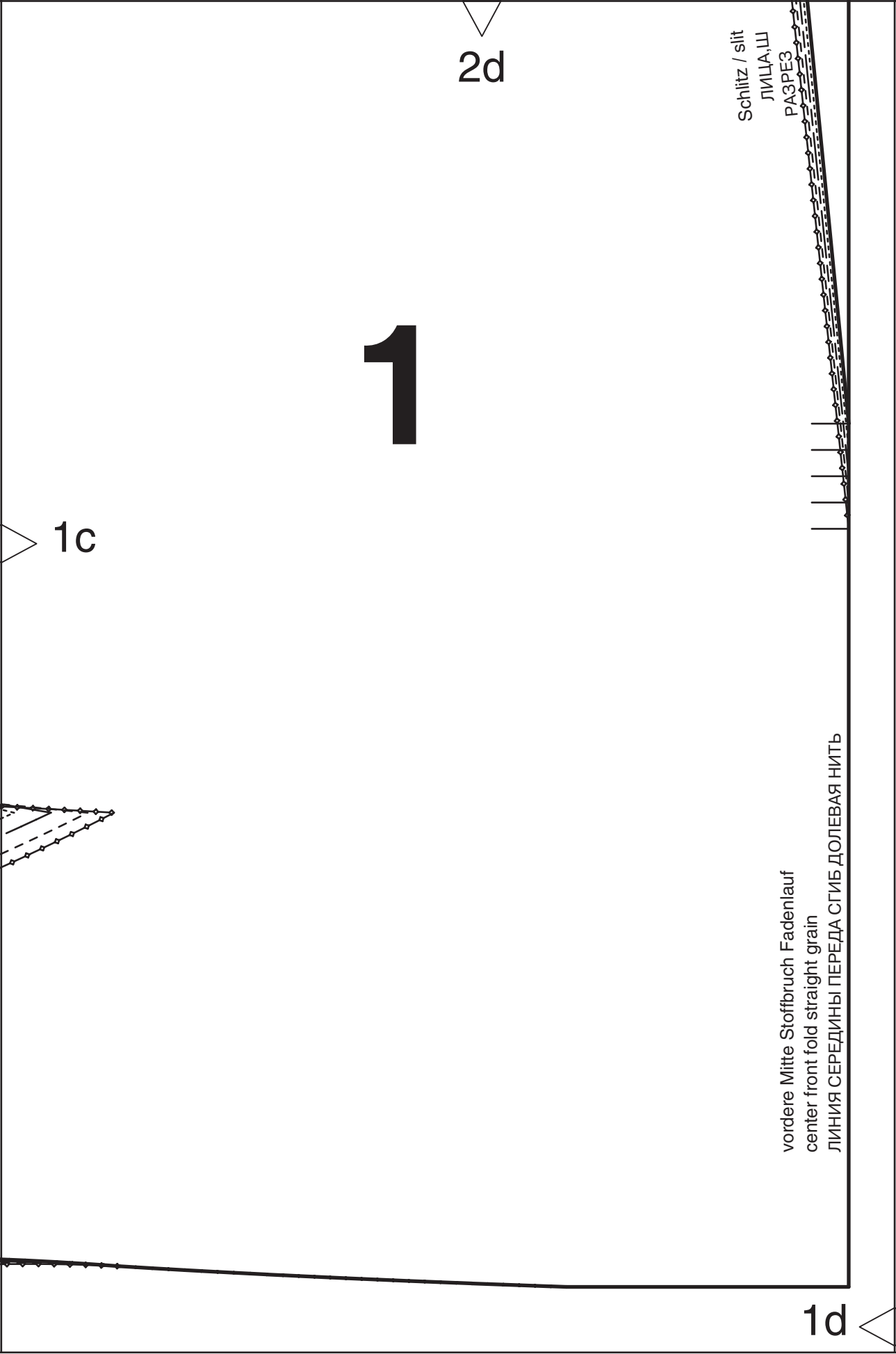
1c

4

6.

1b





2e

2

rückwärtige Mitte Reißverschluss
center back zipper
ЗАДНЯЯ СЕРЕДИНА МОЛНИЯ

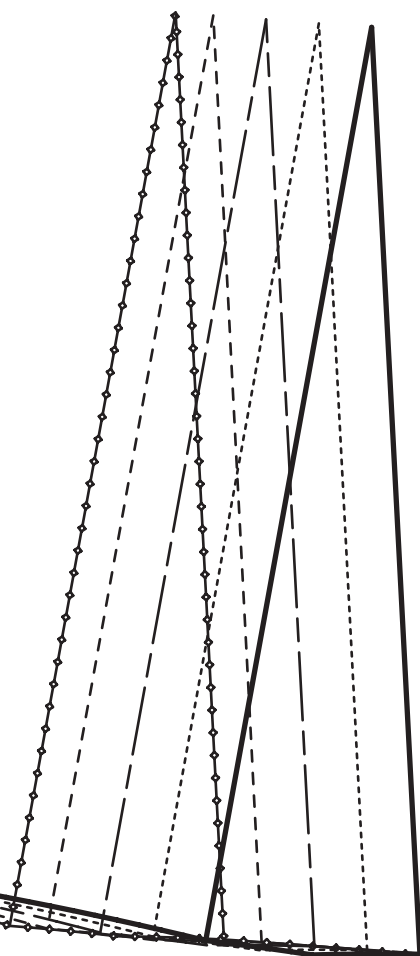
Fadenlauf
straight grain
ДОЛЕВАЯ НИТЬ

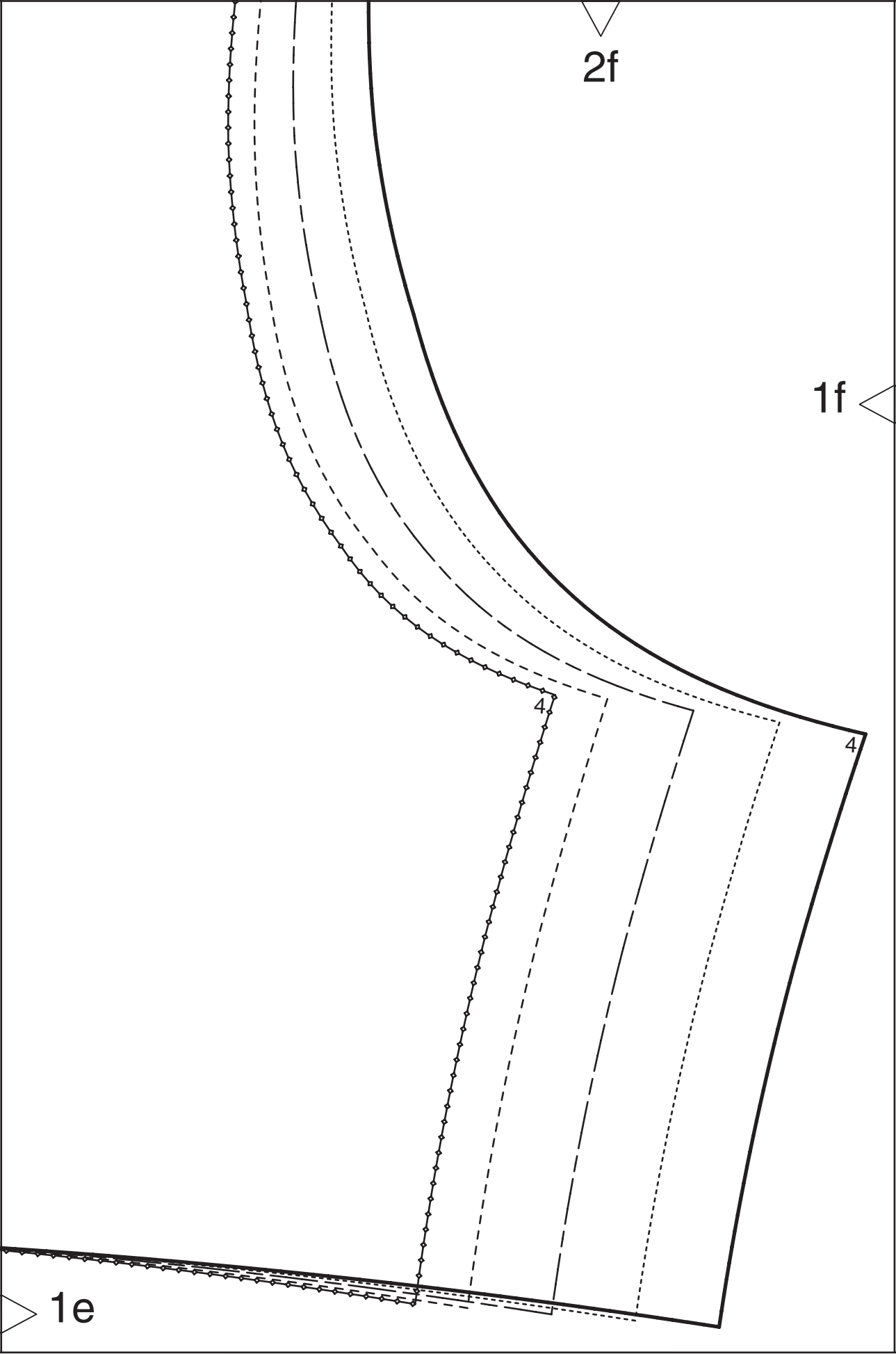


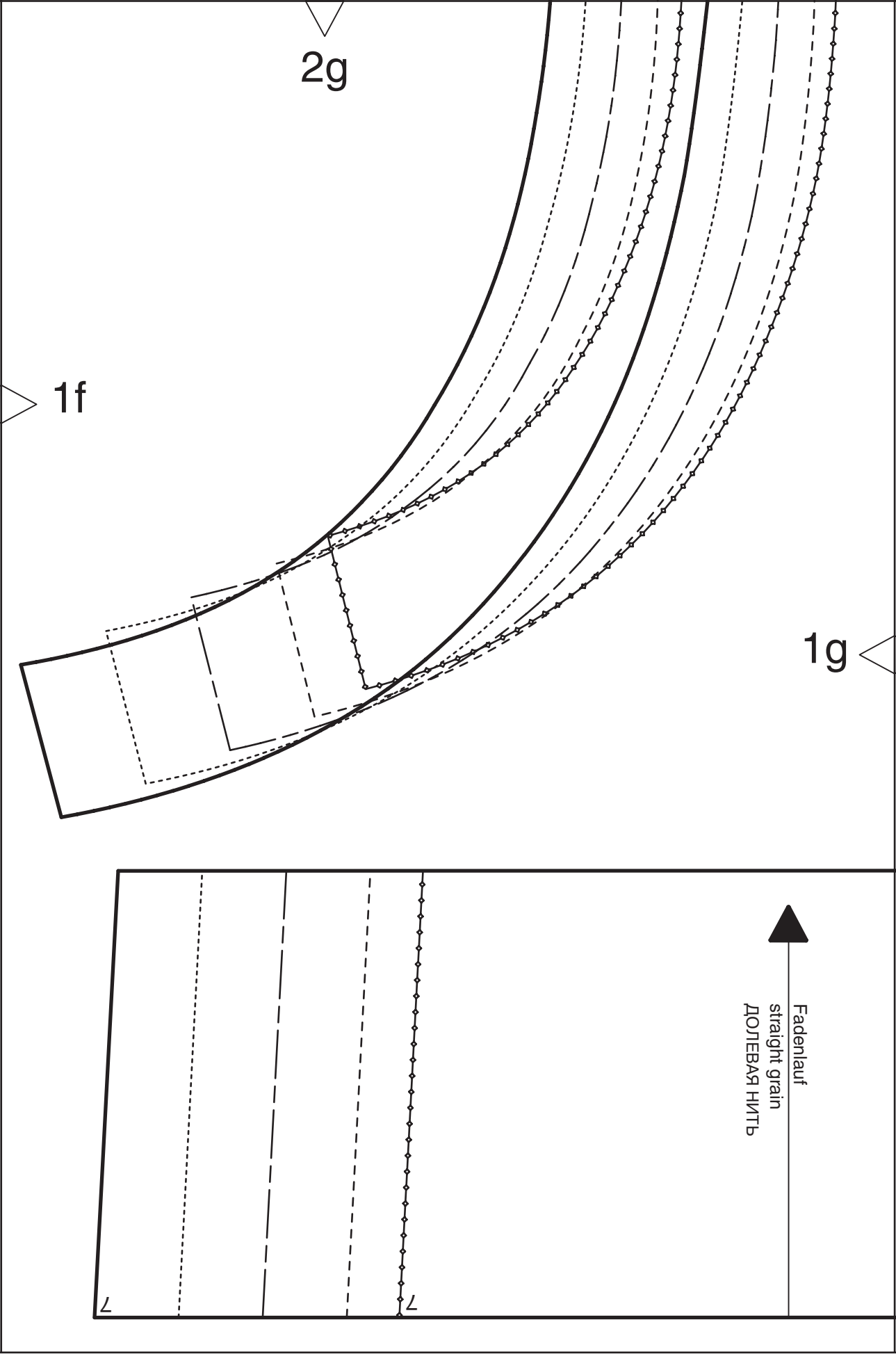
8

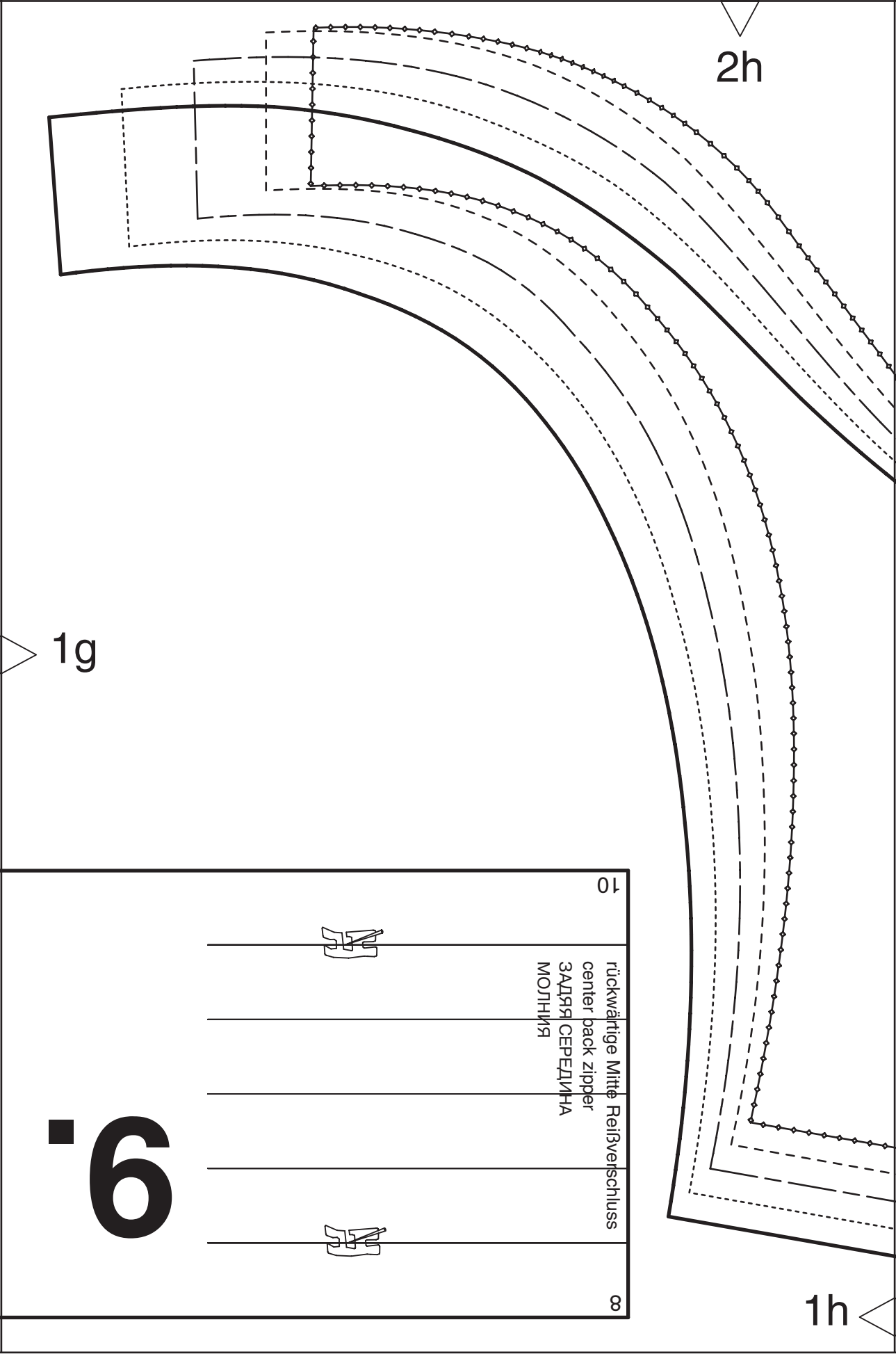
1d

1e









2h

1g

1h

10

rückwärtige Mitte Reißverschluss

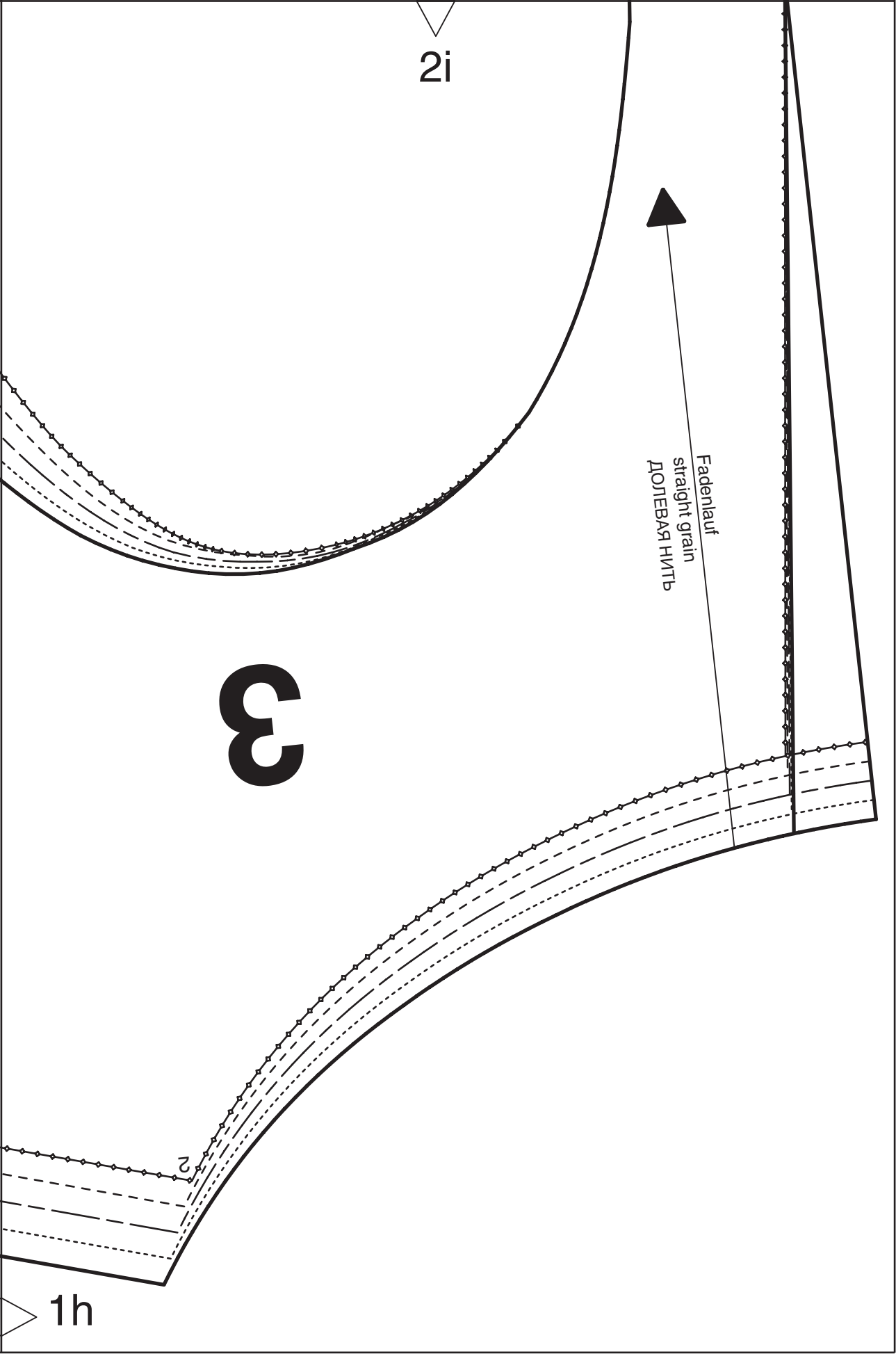
center back zipper

ЗАДНЯЯ СЕРЕДИНА

МОЛНИЯ

8

6



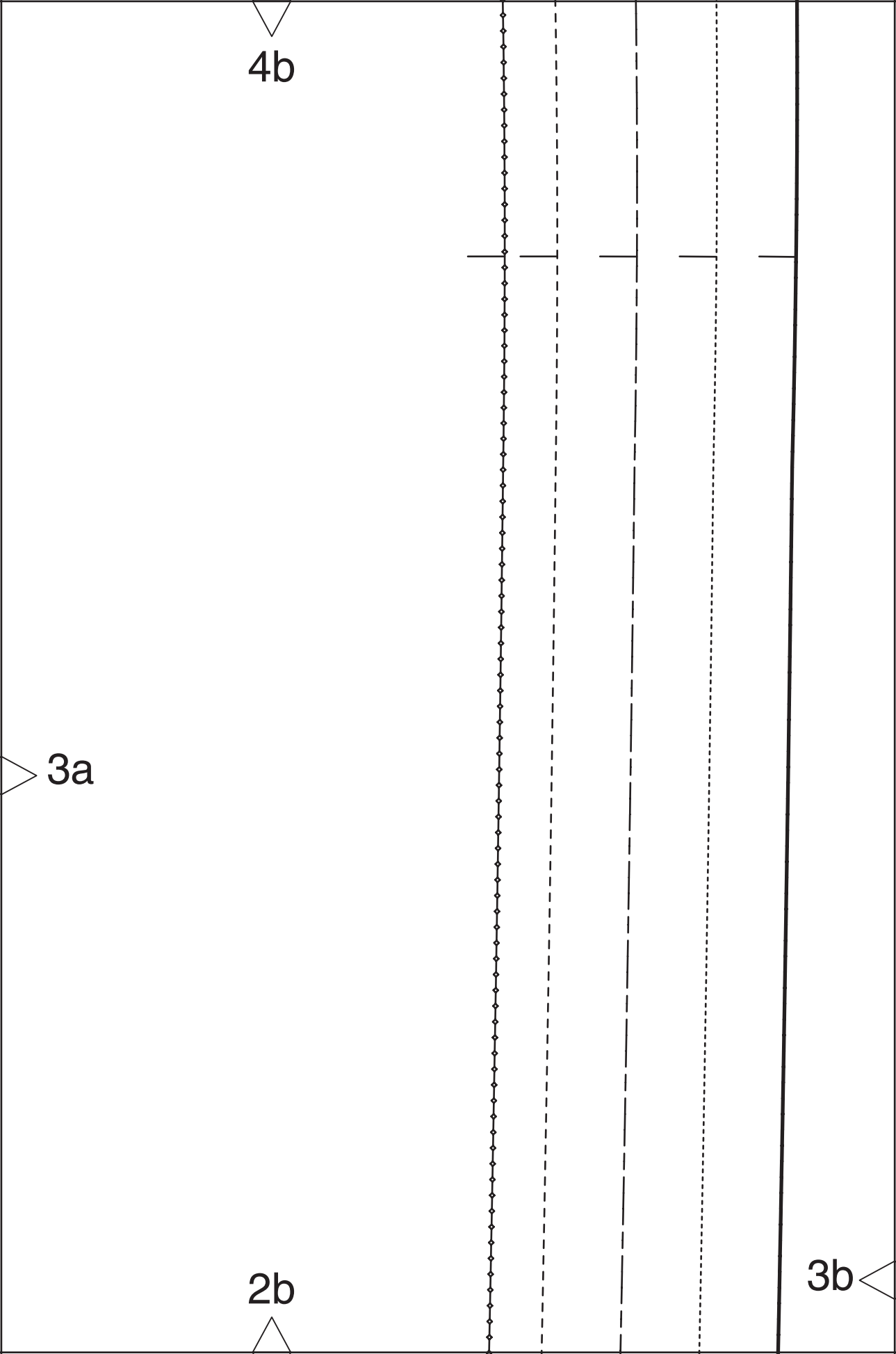
rückwärtige Mitte Naht
center back seam
ЗАДНЯЯ СЕРЕДИНА ШОВ

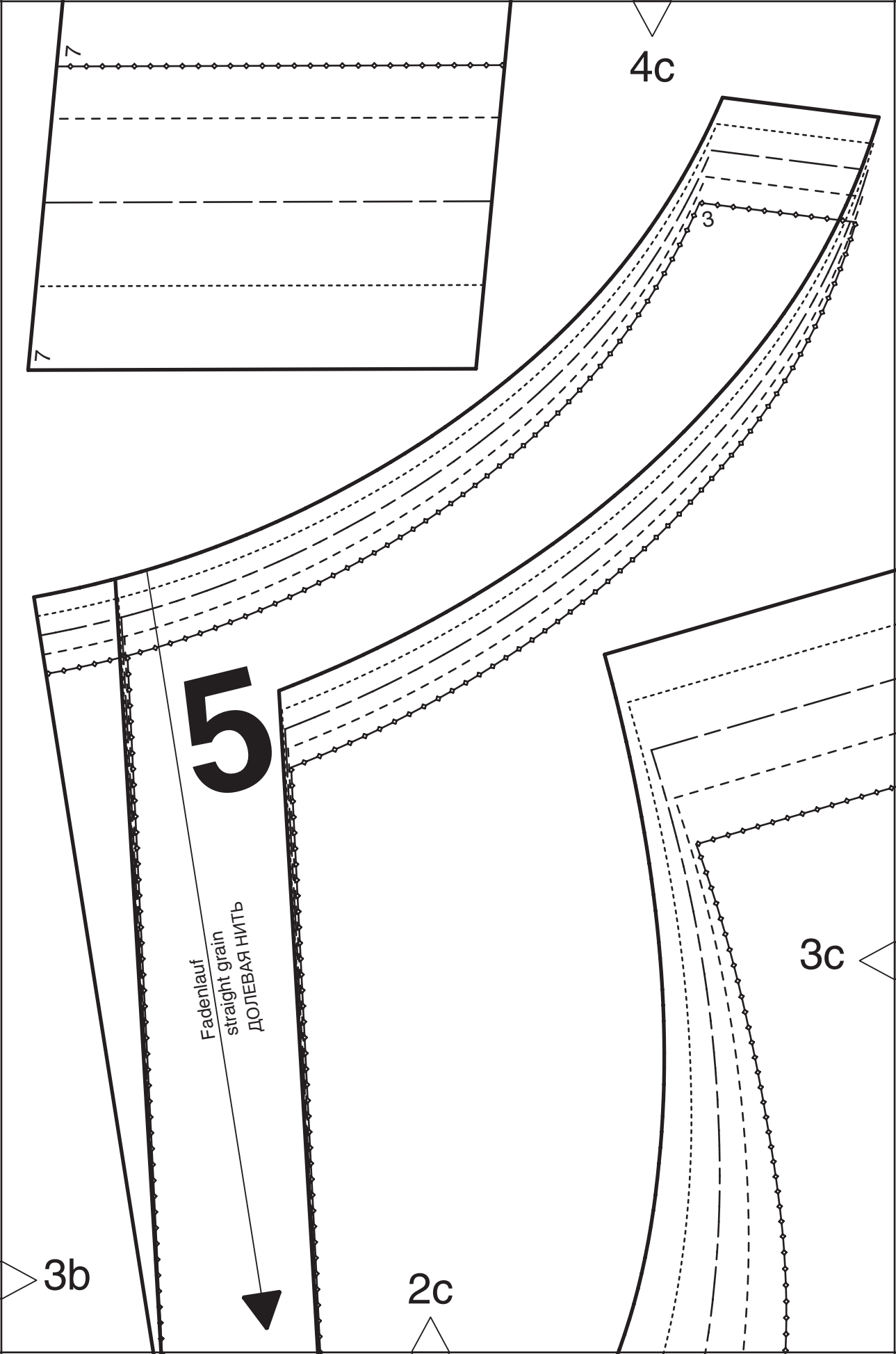
4a

2a

11

3a





7

4c

3

5

Fadenlauf
straight grain
ДОЛЕВАЯ НИТЬ

3b

2c

3c

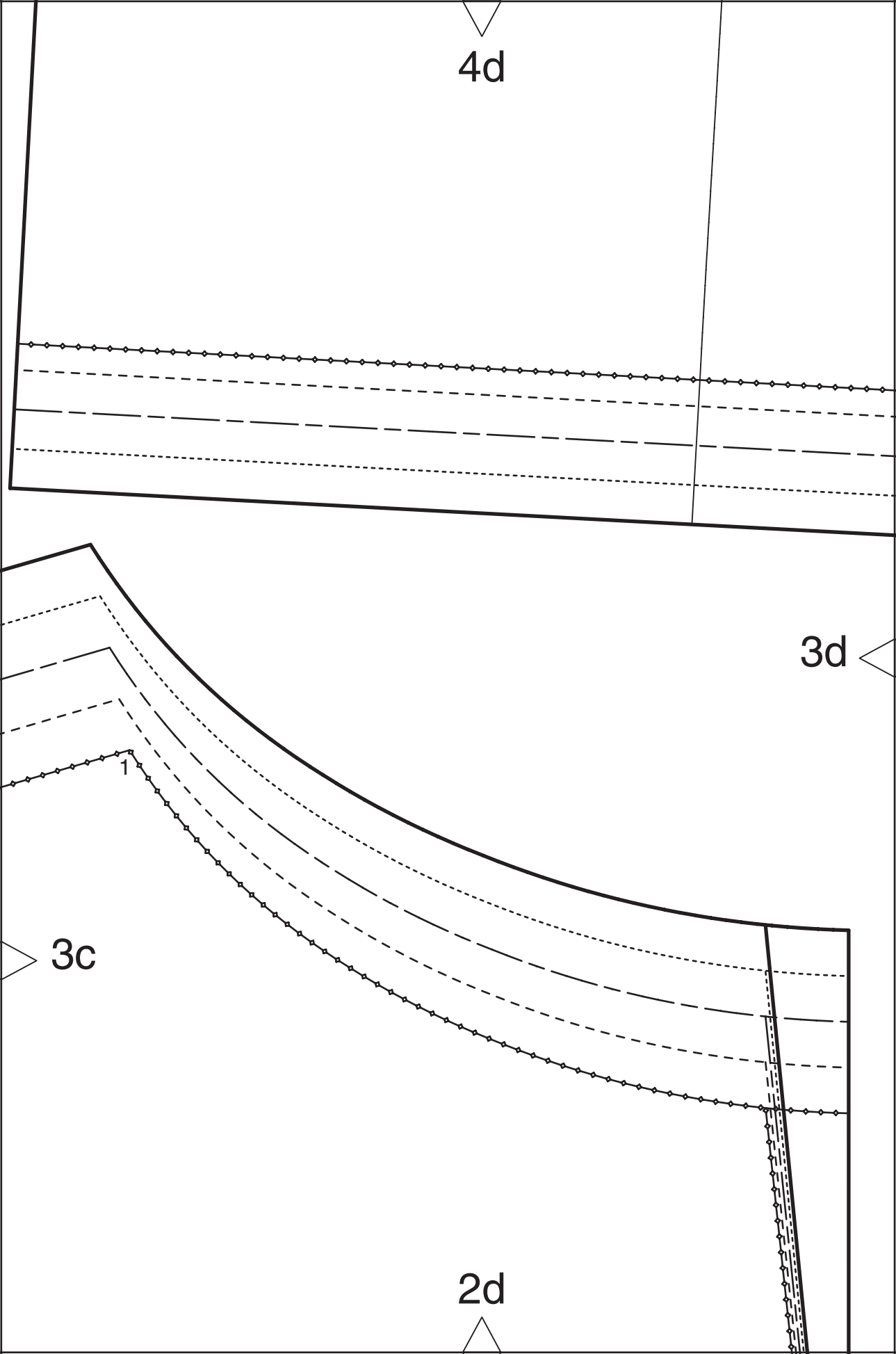
4d

3d

2d

3c

1



4e

vordere Mitte Stoffbruch Fadenlauf
center front fold straight grain

ЛИНИЯ СЕРЕДИНЫ ПЕРЕДА СГИБ ДОЛЕВАЯ НИТЬ

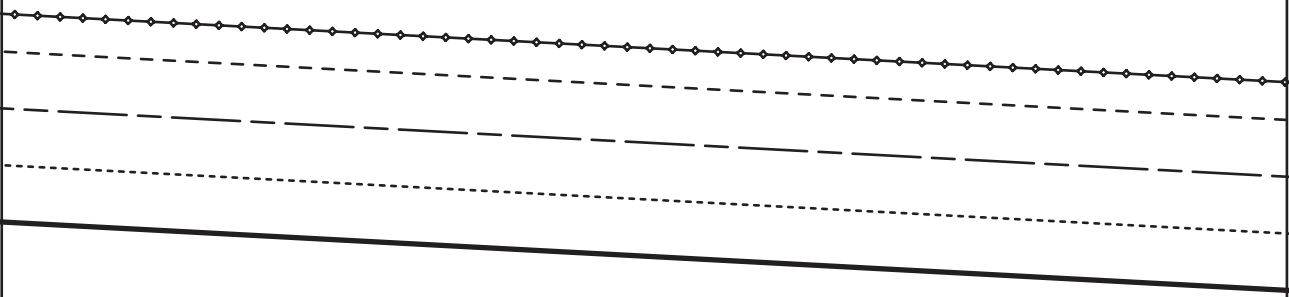
3d

3e

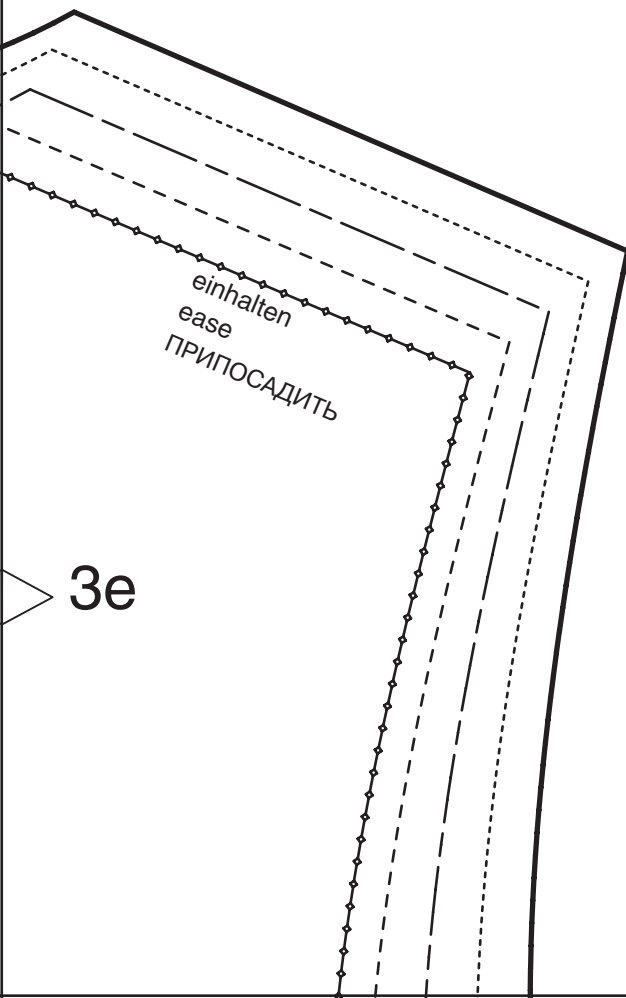
2e

1

4f



3f



3e

2f

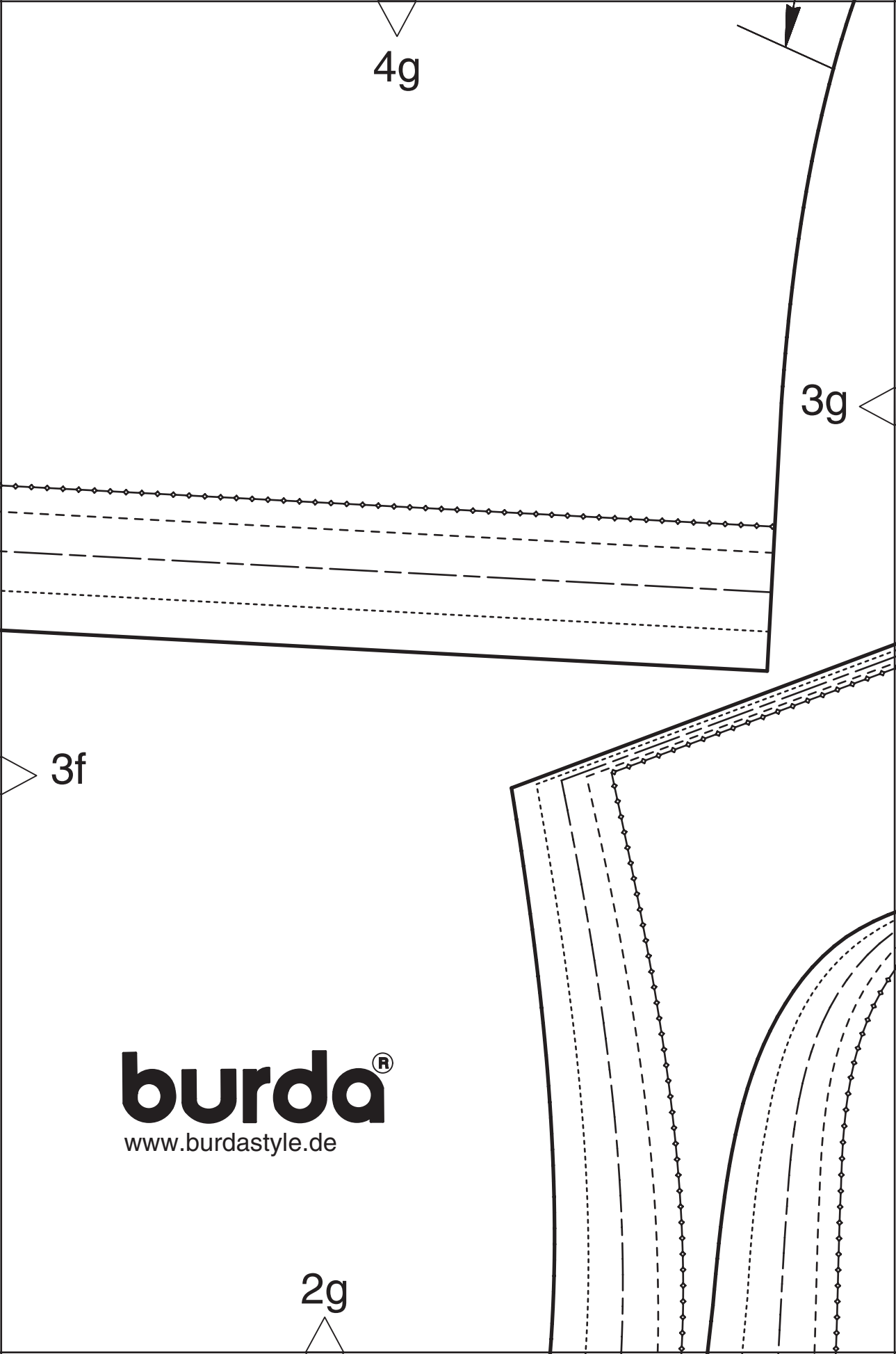
4g

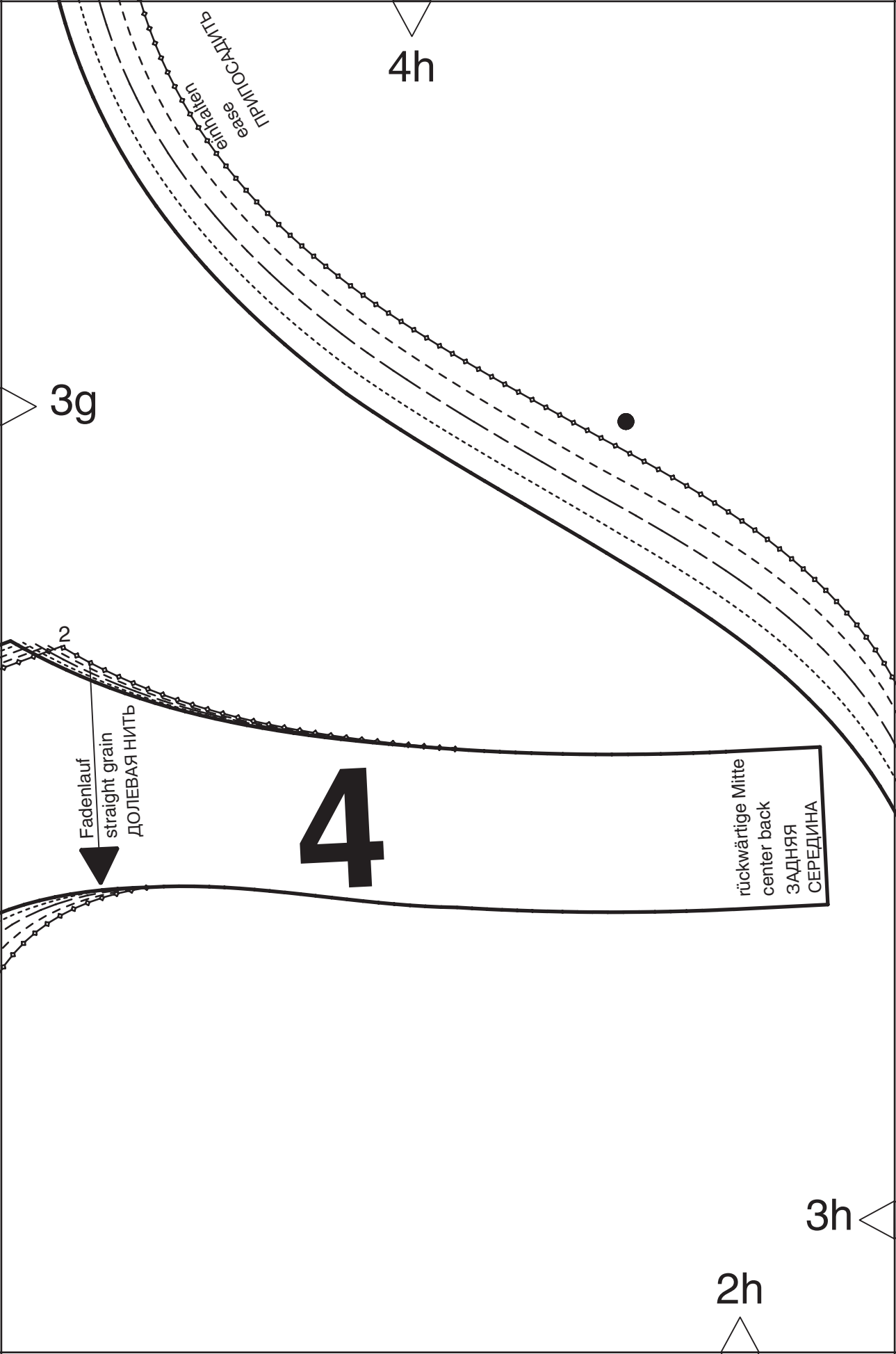
3g

3f

burda[®]
www.burdastyle.de

2g





4i

2

5

3h

2i

vordere Mitte Stoffbruch
center front fold
ЛИНИЯ СЕРЕДИНЫ
ПЕРЕДА СЛИЗ

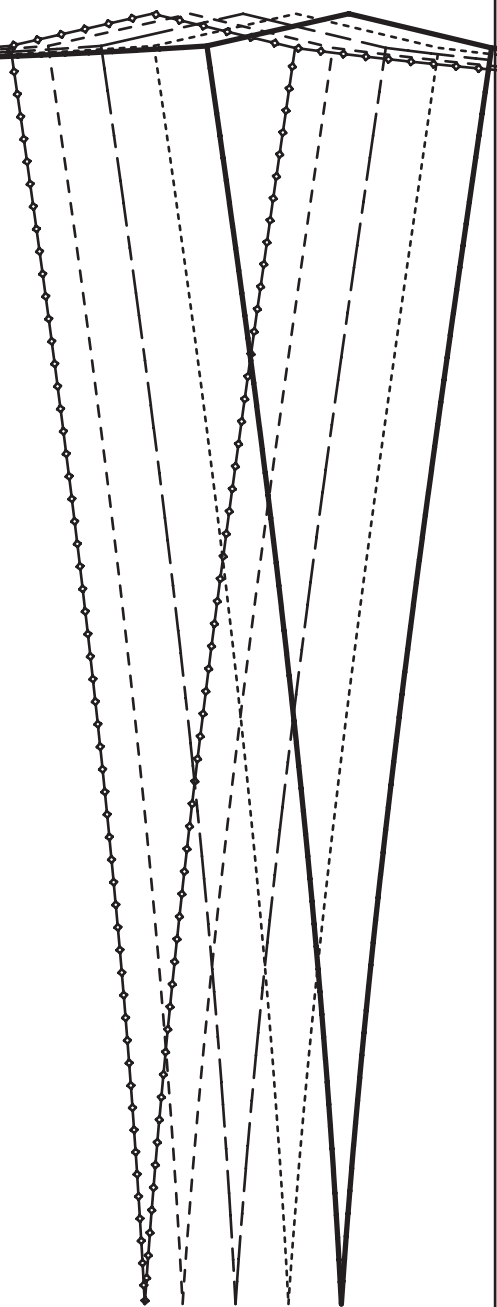
Reißverschluss
zipper
ЗАСТЕЖКА- МОЛНИЯ

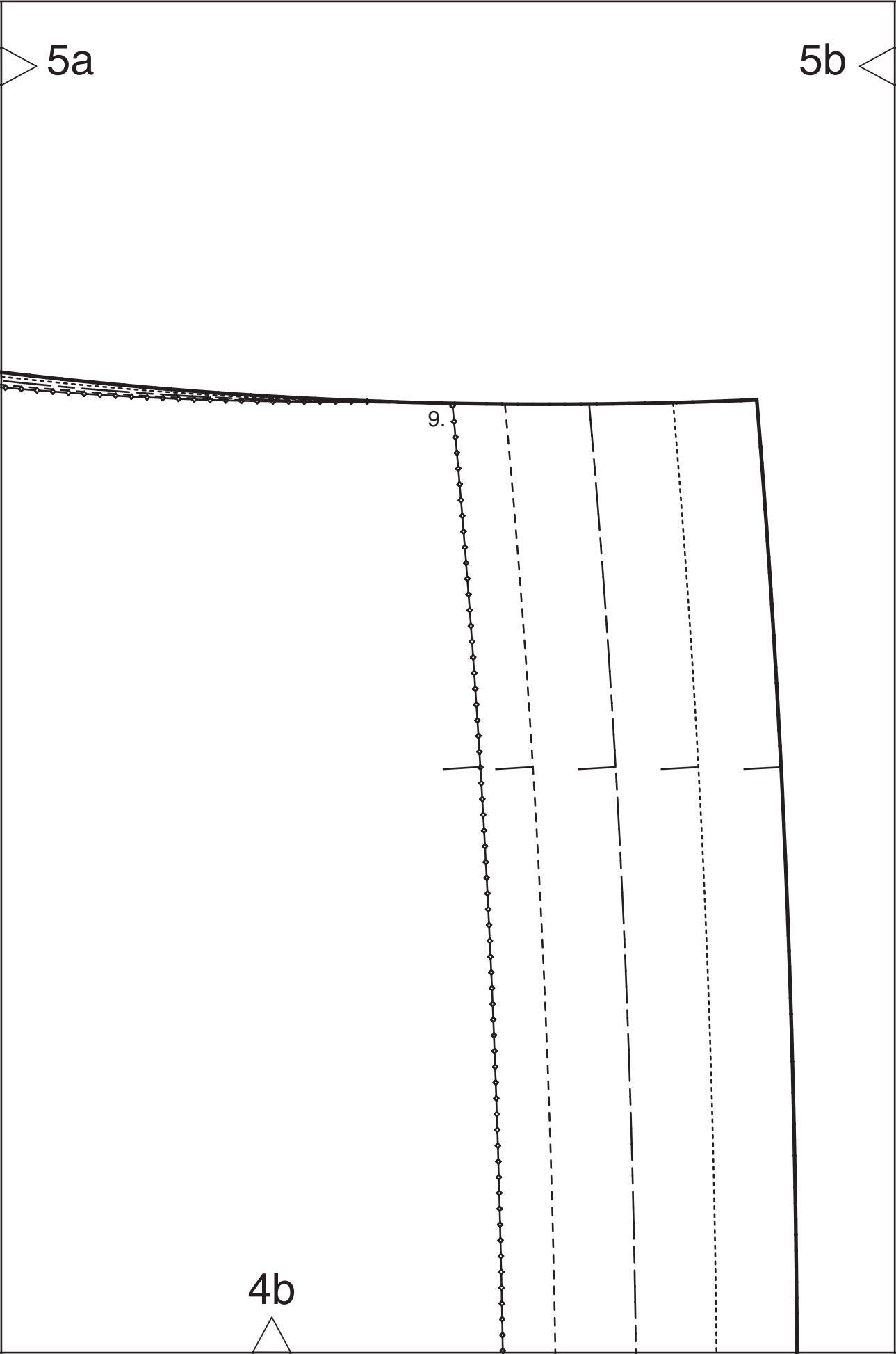
10

4a

Fadenlauf
straight grain
ДОЛЕВАЯ НИТЬ

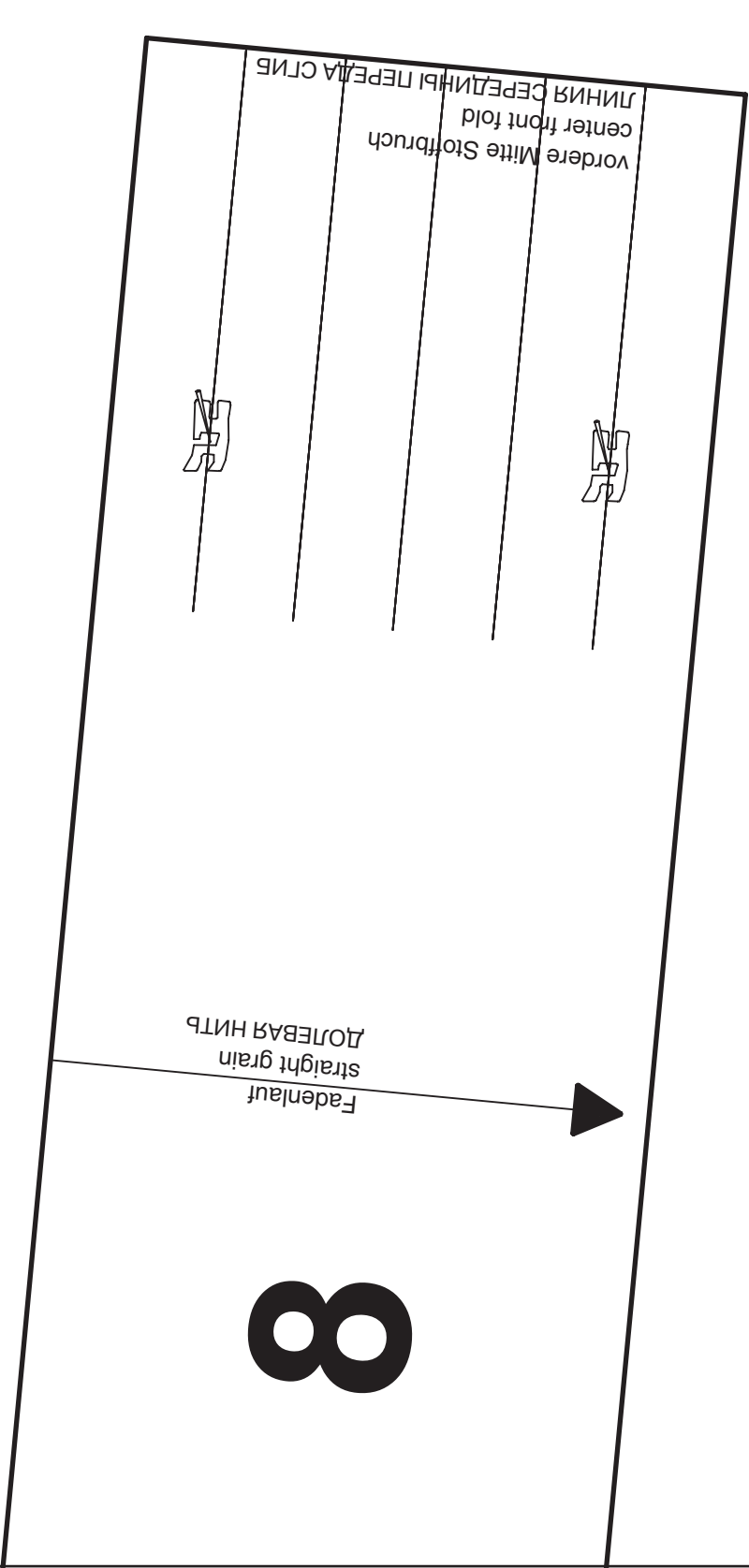
5a





5b

5c



4c

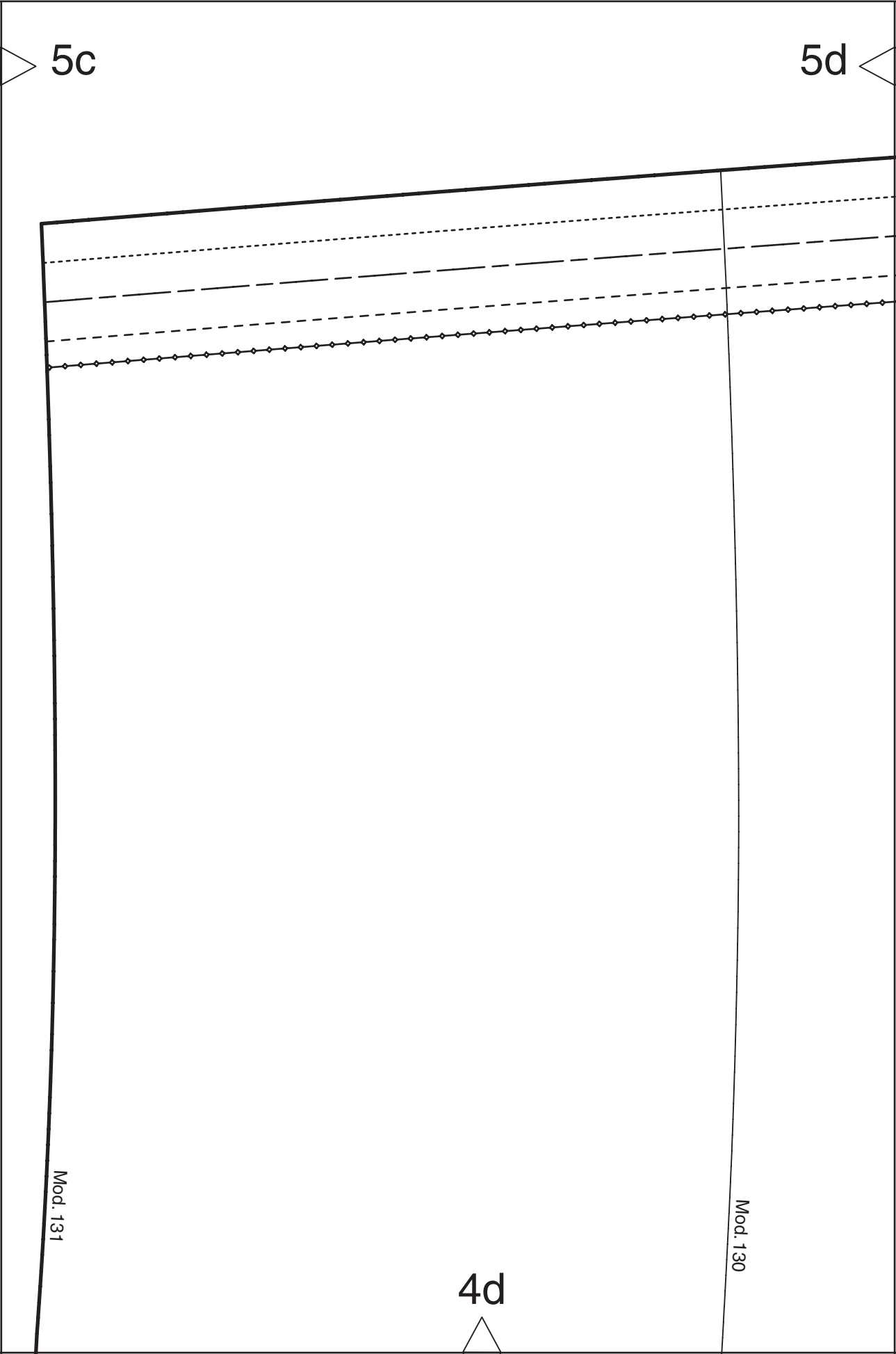
5c

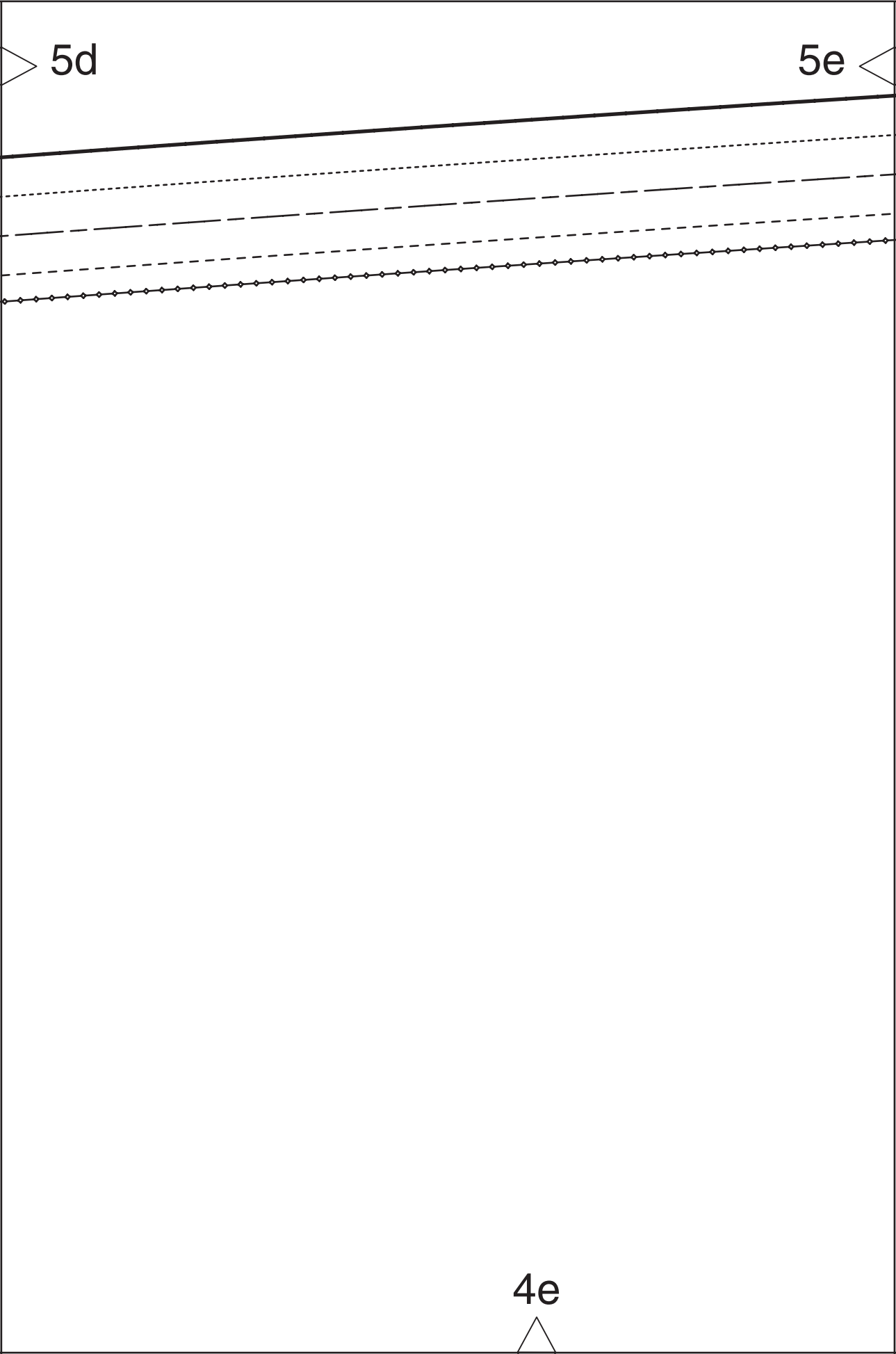
5d

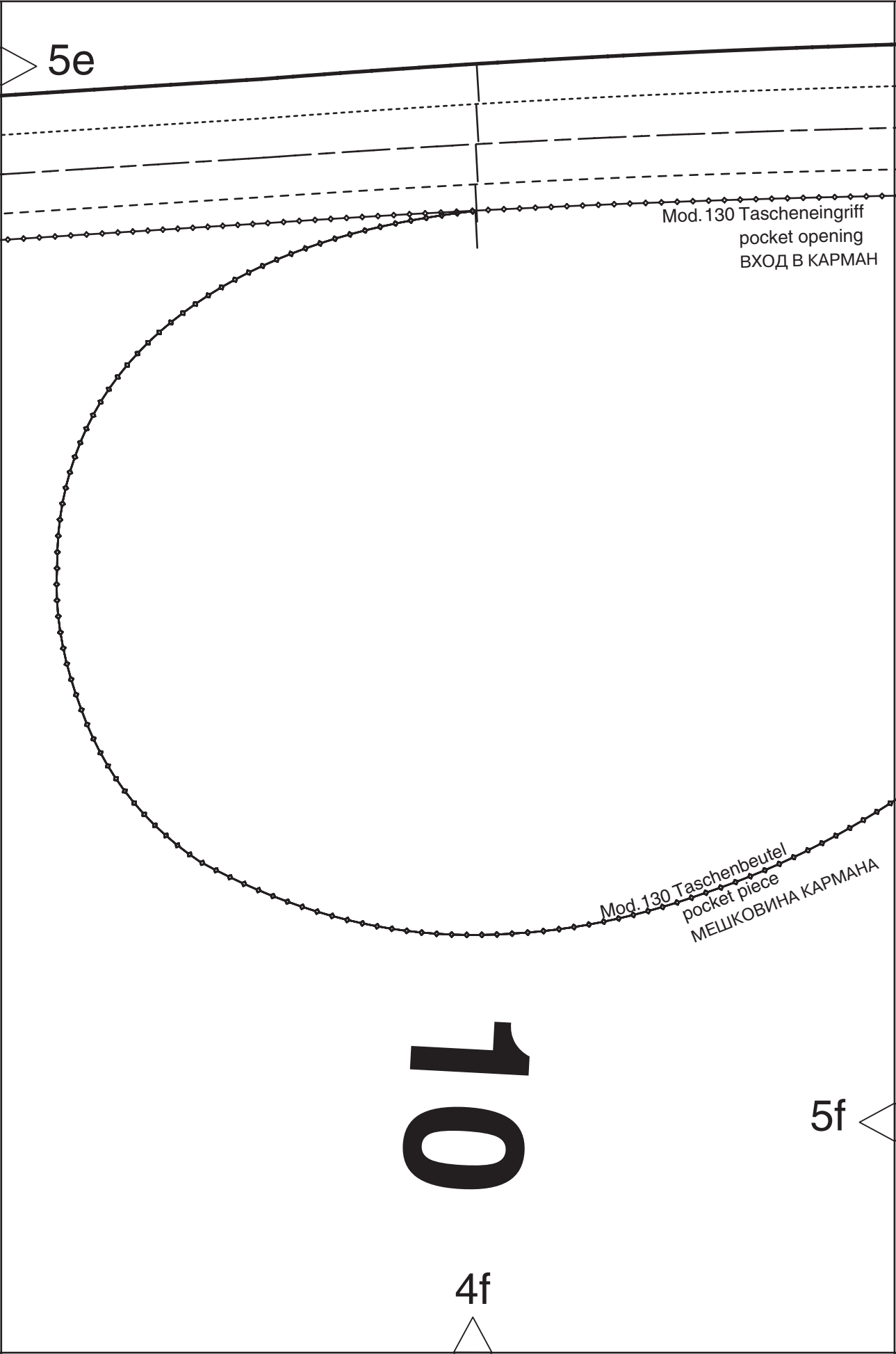
Mod. 131

Mod. 130

4d







5e

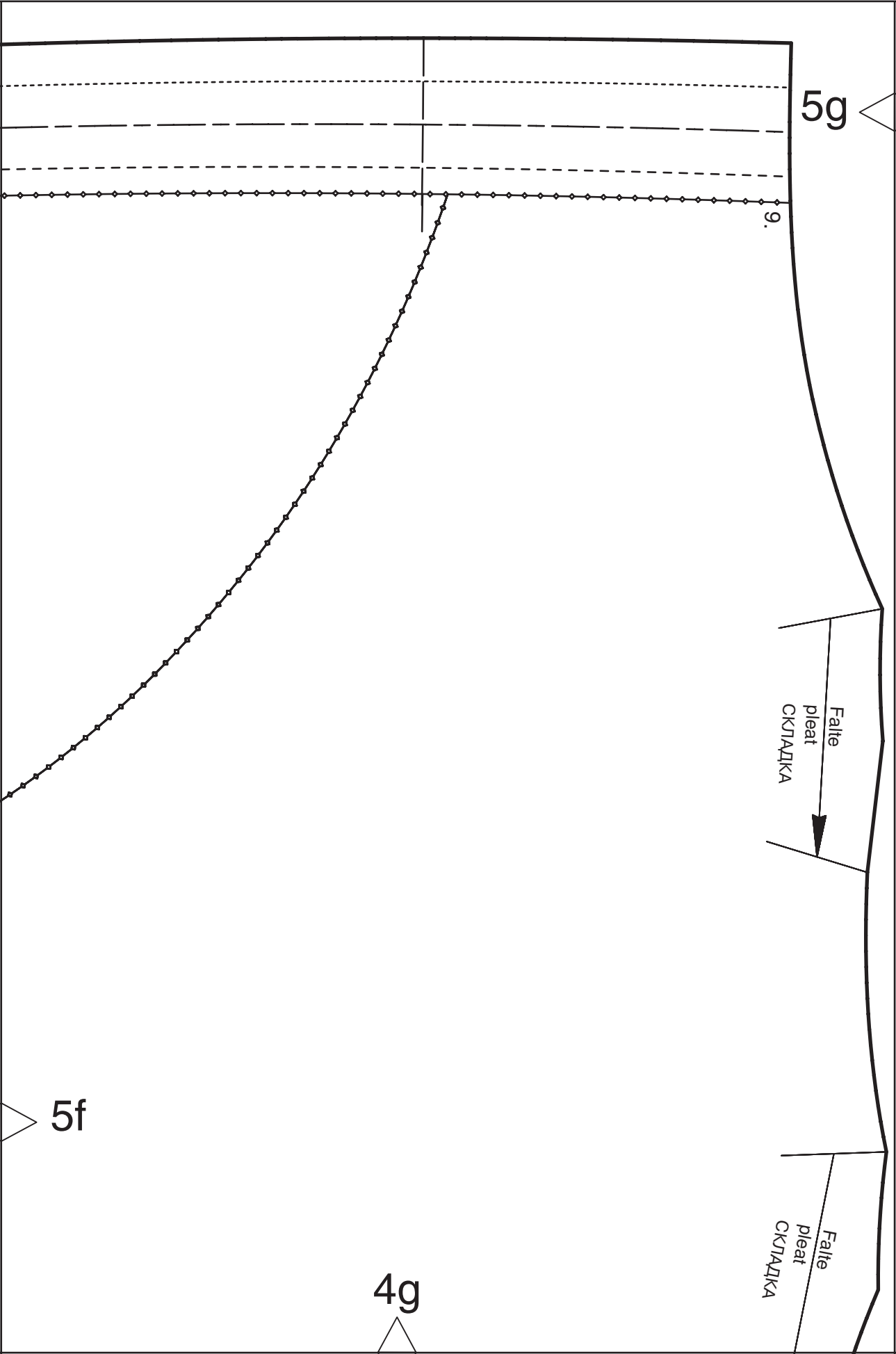
Mod. 130 Tascheneingriff
pocket opening
ВХОД В КАРМАН

Mod. 130 Taschenbeutel
pocket piece
МЕШКОВИНА КАРМАНА

10

5f

4f



5g

5h

Kontrollquadrat / test square

Seitenlänge / side length
10 cm (4 inches)

4h

